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November 2026

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New mural celebrates 100 years for Canadian Legion



The Spryfield Legion is sporting a new look! A mural has been painted on the end of the building facing Sussex Street celebrating the 100 anniversary of the Royal Canadian Legion. Special thanks to Councillor Patty Cuttle for her financial support of this project!



Sammy says

Christmas In Sambro Craft Market is set for November 7 from 10 a.m. to 2 p.m. at St. James United Church Hall, 3811 Old Sambro Road. This is a great chance to kick off the holiday season, support local crafters and pick

up some festive gifts for yourself or others.

On Wednesday, November 11 at 10:45 a.m., Sambro will hold its Remembrance Day Ceremony at the Cenotaph in the cemetery behind Sambro Ketch Harbour Elementary School. Let's take some time to remember those who fought for the

many freedoms we enjoy. St. James Church hosts its annual Gingerbread Tea on Saturday, November 14 from 1-3 in the Church Hall. Enjoy gingerbread cake with caramel or lemon sauce and tea/coffee, cake walk and ticket auctions. The annual Lobster Trap Tree (See Sammy on page 2)

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Clean Team tackles community entrance to Williams Lake



Williams Lake Conservation Company volunteer directors and Pine Bluff neighbours clean out the community entrance to Williams Lake. Photo: Cathy Vaughan, October 24, 2026

by Cathy Vaughan
Loads of mucky junk, bags of yucky plastic, several muddy tires, 5 large creosote-soaked railroad ties and pounds of broken glass were hauled out of Williams Lake at the Pine Bluff Islands Park community entrance by a team of determined volunteers.

The Williams Lake Conservation Company (WLCC) volunteer directors lead an enthusiastic group of volunteers to clear out trash at the popular HRM park at the end of October. The park is located on Wyndrock Drive, off the Williams Lake Road and is one of 4 community entrances to Williams Lake in Spryfield.

Garbage in the lake endangers not only the folks who use the lake - it

also harms wildlife, destroys habitat and affects the water quality. Plastics break down into tiny toxic particles and enter the freshwater food chain. Fish, turtles and birds mistake plastic bags, wrappers, and 6-pack rings for a food source. The creosote railroad ties leach toxic pollutants and heavy metals directly into the lake. To name just a few noxious issues!

Allison Kosick, head of the WLCC Clean Team and a volunteer director on its board, said “Williams Lake is a very popular, busy lake. Public access to this lake has always been an important part of our commitment to the community as caretakers of this lake. Removing the trash from this park makes it safer, more inviting and accessible for families, fishers, swim

teams, paddlers and nature lovers from all over HRM in all seasons.”
The lake level was temporarily lowered this year to accommodate the construction of a new dam at the east end of the lake in the Shaw Wilderness Park. The exposed rocky, muddy shoreline gave the volunteers access to trash that would otherwise rot, decompose and pollute the lake. According to the water quality testing data which WLCC volunteers have been collecting for over 25 years, the lake is relatively clean thanks to the vigilant efforts by the WLCC’s volunteer board and the continued commitment of the local community.
Besides its role in advocating with the government for a new dam, WLCC is engaged in many conservation practices and land protection projects with other environmental groups in the Spryfield area. From rescuing baby turtles, to surveying fall migrations of birds for national data bases, the WLCC takes its role seriously as caretaker of the lake and protector of its watershed.
Paddle more. Worry less!



Williams Lake Conservation Company <https://williamslakeecc.org/>



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dandoherty12@gmail.com

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Sammy

(continued from page 1)
Lighting is set for Sunday, November 15, at 5 p.m. for a 6:00 p.m. lighting in Mishoo’s parking lot. Come enjoy hot chocolate and sweet treats. Raffle tickets, 50/50, and Christmas ornaments will be available for purchase.
St. James United Church Memorial Christmas Tree will be lit in front of the church at 6:30 pm on Tuesday, December 1, followed by hot chocolate and cookies in the church basement. You’ll have the opportunity to purchase tree bulbs in memory of a loved one who has passed. Funds raised support the church.

Mark your calendars for this year’s Breakfast With Santa event on Saturday, December 5, from 8:30-11 am at St. James United Church Hall. We’ll have delicious scrambled eggs, pancakes, sausage, juice, tea or coffee, as well as face painting, cookie decorating, and a visit with the man of the hour - Santa! Christmas ornaments will be available for purchase (while supplies last), as well as raffle tickets.
Come on out and enjoy some or all of these events, gather some Christmas cheer, and support our community. *Sammy Sambro is SACA’s mischievous mascot. You can follow him on Facebook.*



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Religious Services for November

Send your submissions to chebucto-editor@gmail.com for December's issue by November 17.

City Church (276 Herring Cove Road)
Sunday Family service: 10:30am
Nursery and Children's ministry: 10:30am
Wednesday night prayer: 7-8pm

Hill Chapel (91 Thornhill Dr)
Formerly Spryfield Christian Community Church
Church services Sunday 11-12 am

Oromo Gospel Church
Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd., 902-477-1783 emmanuelanglican-church.net, Sunday Morning Worship:
8:00am Quiet, contemplative, traditional communion service
9:30am NEW TIME. Lively, contemporary communion service with music, Livestreamed. Children are welcome to join our Children's Choir, which meets during this service
Taizé Service: Sunday November 15, 7:00pm. A candlelit service of chanting, meditation, prayers

and readings. If you are looking for something deeply spiritual, this is for you!
Emmanuel Church is an affirming church. Everyone is welcome to join us for worship.

Stella Maris Roman Catholic Parish at St Michael's Catholic Church
Weekend Masses: Saturday: 4pm Sunday: 8am and 10am
Weekday Masses: Tuesdays: 7pm Wednesdays and Thursdays: 9am Fridays: 9am (followed by 1 hour of Eucharistic Adoration)
1st Saturdays: 9am Tuesday 7pm Masses: First Tuesday: Healing Mass Second Tuesday: Mass and Adoration Third Tuesday: Mass and Adoration Last Tuesday (Sep-May): Eventide Candlelight Prayer
All are welcome, wherever you are on your faith journey!

St. James United Church (3811 Old Sambro Rd)
10:30 am Sunday Services live streamed on Facebook: St James United Church Sambro NS.
Nov. 1: Daylight Saving Time ends so remember to change your clocks!
Nov. 8: Remembrance Sunday Service.

Nov. 11: At 10:45 am the community is invited to gather for a Remembrance Ceremony at the Cenotaph behind the school in Sambro followed by a free Chowder Social at St. James.

Nov. 15: Sunday School during worship followed by after-church social time.
Nov. 22: Annual Fishermen's Service.
Nov. 29: First Sunday in Advent Intergenerational "Hanging of the Greens" Service.
Weekly bulletins with the order of service on website: www.sambro-jollimore.com.
Our services are live streamed on Facebook (St James United Church Sambro NS) and YouTube. Weekly bulletins with the order of service are on our website: www.sambro-jollimorepc.com; email address: office.sambrojollimorepc@gmail.com; phone 902-868-2791.

St. James Anglican Church (1 Harrigan's Road)
Sunday mornings at 10:30am alternating each Sunday with Holy Eucharist and Morning Prayer
Priest in charge: Rev. Taunya Dawson (902) 240-7588
Lay Minister: John Richardson (902) 233-3465

Wayfarers' Church (328 Herring Cove Road)
Sunday Worship 10:30am
website: wayfarerschurch.ca
email: friends@wayfarerschurch.ca

Searching for Truth Church (2 Auburn Ave)
Church for everyday people. Fridays at 7pm
Apologetics Club. First Saturday of the month from 6 to 8pm. At 114 Bromley Road. Please join us for a delicious meal followed by a discussion. This is an outreach of Living Hope Community Church. For more information call Maggie at 418-264-7292

Christ Embassy Halifax (16 Sussex St.)
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Online Services on Zoom:
Sundays – 8:00 – 9:00 AM
Wednesdays – 7:00 – 8:00 PM

Living Hope Community Church
Sunday Services 10:30AM
Prayer: last Sunday of the month 6PM.
More information at livinghope-halifax.com 902-830-5669.
Always lots going on - and you are welcome!

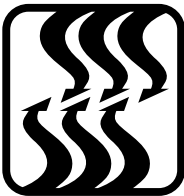


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DISCOVERING OUR PAST

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Ferries on the Northwest Arm a fond memory

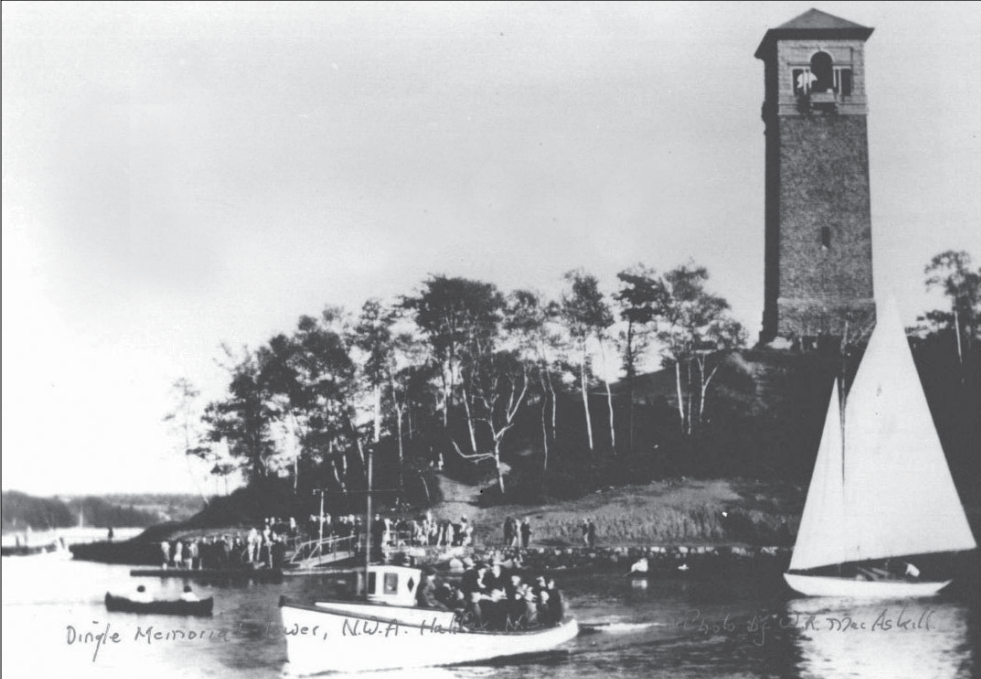
by Iris Shea

If you lived in Jollimore prior to the 1960s, you will probably remember catching one of the ferries to and from Halifax, either the Armdale Ferry or the Oakland Road Ferry. Samuel Jollimore and Daniel Boutilier were listed in McAlpine’s 1901 Directory as ferrymen in Jollimore. Josiah Boutilier, according to the Halifax City Council Minutes of November 9, 1948, is credited with operating the ferry to Oaklands as early as 1904. In its early years, the ferry landed in the cove at Oaklands, a private estate owned, first, by William Cunard, Esquire, followed by P.C. Hill, then by Roderick MacDonald. Ferry users from Jollimore, with permission of the estate’s owners, would walk across the Oaklands estate to get to Oxford Street.

Council Minutes of April 4, 1913 brought forth an issue of the Oaklands ferry landing on the Halifax side of the Northwest Arm. In a letter to Mr. Boutilier, Mr. Roderick MacDonald cancelled permission for the use of his lands and Mr. Boutilier requested assistance from Halifax City Council. The ferry could relocate to the landing at the foot of South Street but that extra distance in winter would sometimes make it impossible to cross. In rough and windy weather Mr. Boutilier claimed his passengers, especially the ladies, would be exposed to the wind and rain for a longer period (the boats used by Mr. Boutilier in those early years were open row rowboats). The problem, however, solved itself when, in 1913, the decision was made to make the Railway cut through Oaklands and a large section of MacDonald’s land was expropriated for that purpose. The City of Halifax took over the Oaklands landing place and the extension to the Arm, allowing access for ferry passengers to walk to Oxford Street.

Other ferries operated on the Halifax side of the Northwest Arm. In 1902 William Robinson operated his ferry service from a boat landing at the foot of South Street. Adam Marr did the same from the foot of Coburg Road. The annual permit fee for ferry operators was \$10. Robinson and Marr catered to Halifax residents who wished to travel to other points on the Halifax side of the Northwest Arm while Josiah Boutilier provided transportation for Jollimore residents who worked, shopped, or attended school in Halifax. Robinson’s ferry service was active until 1932 and Mr. Marr continued until 1943.

In 1908 another entrepreneur arrived on the Northwest Arm. Charles Longley, a business owner in Halifax, had recently purchased Deadman’s Island and the forested land on the shore. Longley established an Amusement Park and built a two-storey house on Deadman’s Island. He



Joe Mont’s Ferry, about 1940
Mr. Mont operated this ferry from the Dingle wharf to the Head of the Northwest Arm during the summer months. He charged 15 cents per passenger.

Photo by W.R. MacAskill, courtesy MacAskill descendants, Mainland South Heritage Society. Joe Mont operated the Armdale Ferry from Quinpool Road to the landing in Fleming Park from 1937 to 1947

subdivided his woodland on the shore into 70 cottage lots which he sold to many Halifax residents. This was the beginning of Melville Park and the community we know as Melville Cove. The City of Halifax granted Longley permission to use the public boat landing at the foot of Jubilee Road for a ferry, the sole purpose of which was to provide convenient access to his Amusement Park on Deadman’s Island. Longley paid the usual annual fee of \$10 for his permit. The 15 cent fee he charged the ferry passengers also covered admission to his Amusement Park, open seven days a week. Charles Longley, it seems, overextended himself and by 1920 his business ventures began to suffer resulting in one less ferry on the Northwest Arm.

Josiah Boutilier passed his Oakland Road/Jollimore Ferry on to his son, Foster, who was granted a ferry license in 1944. Other men of Jollimore were employed to help run the ferry in the evenings and on week-ends. Allan White, George Rockwell and Ray Bignell were among them. Lloyd Bignell was granted a ferry license to operate the Oakland Road ferry in 1956. He transferred his ferry license to George Mont in 1960 who continued to hold that lease until 1966. Mr. Mont set up an Esso gas pump at the Jollimore Ferry landing where owners of motor boats could buy gas.

Ferry users remember paying five cents a trip, then 10 cents and, in the 1950s, 15 cents. You could catch the Jollimore Ferry until 10 pm (sometimes until midnight if entertainment was taking place on the Arm or at the Dingle). If you were waiting for the ferry on the Oakland Road side after dark you could switch on a light that would alert the ferryman who was in the ferry shack on the Jollimore side.

to a boat landing in Fleming Park, just below the Memorial Tower. The landing still exists, used mainly by mackerel fishermen. Mr. Mont operated this ferry service until 1947, paying an annual fee of \$10.

Arnold Burns was granted the lease to operate the Armdale Ferry in 1948 but paid an annual fee of \$30 because the city called it a temporary service, operating “as the occasion demands” (mainly week-ends and holidays). In 1953 Mr. Burns asked for permission to build a new ferry landing on the existing stone pier (known locally as Critchley’s Wharf). The city allowed Mr. Burns to construct, at his own expense, “a wooden ramp and float suitable for receiving and discharging passengers in connection with the Armdale Ferry”. Sarah Jane (Perry) Raine recalls taking the ferry to and from this landing. Lloyd Bignell was given permission to operate the Armdale Ferry in 1958 followed by Foster Boutilier in 1960, both using the original landing below the Memorial Tower. In 1964 the ferry landing at Quinpool Road was taken over by private and commercial boat tour operators.

The use of the Northwest Arm ferries for transportation had certainly dwindled by the 1960s. Regular bus service to and from Halifax was being offered to local communities and many residents owned motor vehicles. Riding the ferries on the Northwest Arm was a way of life that is now only a fond memory.

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Birds of the Backlands - Red-breasted Nuthatch



Red-breasted Nuthatch at Colpitt Lake in the Halifax Backlands, Spryfield.
Photo Joshua Barss Donham, July 2023

by Joshua Barss Donham

By November many of our songbirds, warblers, vireos, and thrush, have migrated, leaving the woods to its winter residents. These days we hear the high-

pitched notes of the tiny Golden-crowned Kinglets, Bluejays crying ‘thief, thief, thief’ from atop a tall tamarack, and the calls of roaming bands of chickadees. Amid these forest sounds you may

hear a peculiar nasal ‘yank, yank, yank’ ... the call of the Red-breasted Nuthatch.

The word nuthatch, evolved from the Middle English phrase “nut hack” referring to the bird’s method of breaking open seeds with its chisel-like bill. A nuthatch will wedge a seed into a crevice in tree bark and ‘hack’ it open to extract the contents. A lot of effort and energy for such a tiny bird - only 4 1/2 inches long and weighing less than half an ounce!

Habitat: Red-breasted Nuthatches prefer coniferous and mixed forest. In the Shaw Wilderness Park, they dwell among the mature stands of white and red pine, and throughout the Halifax Backlands, where there are stands of spruce and fir amid the more open mixed forest.

Nesting: Red-breasted Nuthatches also use their chisel bill to hollow out a cavity for their nest. Most of the work is done by the female while the male defends the nest site, chasing off birds much larger than themselves and bringing food to the female. Just before the female lays eggs nuthatches smear the entrance to the nest with balsam or spruce pitch. The pitch deters insects and large potential predators like squirrels from entering the nest. The pair travel long distances to find pitch and sometimes use a small piece of bark to carry it back to the nest. To avoid the getting pitch on themselves, they plunge in and nip out without touching the sides of the entrance.

Diet: Late fall and winter are the best times to see this year-round resident.

Coniferous trees, the seeds of which nuthatches depend on in winter, have years where they produce large quantities of cones and others when the yield is low. When cones are less plentiful some nuthatches move south to find food. Birds which remain often show up at your backyard bird feeders to supplement their diet. They may even eat seeds from your hand.

Quirks: Red-breasted Nuthatches are tireless bundles of energy working the surfaces of trees in quick, jerky movements in search of beetles, spiders, and insect larva concealed in nooks and crevices. Seemingly defying gravity, they effortlessly scurry down the trunks of trees headfirst and scamper along the underside of horizontal branches, aided by a large hind toe, a hallux, that anchors them and supports their weight.

While you are enjoying a fall walk in the Halifax Backlands, listen for the unmistakable nasal ‘yank, yank’ sound the nuthatches make. You may catch a glimpse of this tiny acrobat flitting along the length of a tree branch ... upside down!

Check out the Backlands Coalition website for an informative article on “Birds in the Backlands: Indicators of the Health of the Habitat.”
https://backlandscoalition.ca/?page_id=3963



Herring Cove writer publishes new book

Richard Fort lives in Herring Cove, and his book, *Foreign Whispers*, is a non-fiction psychological thriller about his personal battles with the paranormal and mental health, and also serves as an instruction manual for opening your third eye and empowering your own telepathy. *Foreign Whispers* is in over 40 bookstores across The Maritimes, is available online, and Richard attends local vending events regularly.

Richard loves his local community, and there is an emotional passage set in Crystal Crescent Beach in *Foreign Whispers*.

A photograph of Richard Fort, a man with a beard and brown hair, smiling and holding two copies of his book 'Foreign Whispers'. The book cover is dark with a purple and blue design. He is standing in front of a lamp and some books on a shelf.

A cartoon illustration of Santa Claus in a red suit, white beard, and red hat, holding a red bag. He is standing on a red and white striped background.The logo for the 'Spryfield Santa Claus Parade' features a circular design with a Christmas tree, snowflakes, and the text 'SPRYFIELD SANTA CLAUS PARADE'. Below the logo is the text 'Join us for the 2026'.

SANTA CLAUS PARADE

Sunday, November 29 at 2pm

If you are interested in participating or being a sponsor, contact Bruce at bruce@discoverspryfield.ca to get more information!

A photograph of a parade float decorated with Christmas lights and decorations, carrying several people in Santa Claus costumes.A photograph of a large crowd of people, many wearing Santa hats, gathered on a street for the parade.

The logo for 'Uncle Buck's Family of Good Food' features a cartoon illustration of a chef in a white hat and apron, holding a pizza. To the right of the chef is the text 'UNCLE BUCK'S' in a large, bold, red font, and 'FAMILY OF GOOD FOOD' in a smaller, bold, red font below it.

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Winter Fishing Season on Williams Lake – Fall Stocking



McGowan Lake Fish Hatchery supervisor Marielle Turner and Trout Truck Navigator Jeff Smith put 250 trout into Williams Lake for winter sports fishing. Photo: Cathy Vaughan - October 20, 2026

by Cathy Vaughan

Better survival rates and more successful integration into the lake for the fish are key factors why the McGowan Lake Fish Hatchery stocks about 200 lakes around Nova Scotia in the fall for winter sports fishing.

Williams Lake in Spryfield is one of those lucky lakes!

Cooler fall temperatures reduce the stress on fish during handling and transportation which improves their chance of survival when they are introduced into the lake according to the

Nova Scotia Department of Fisheries and Aquaculture, Inland Fisheries Division website.

For many years Williams Lake, a provincially designated sports fishing lake, has been stocked with hatchery trout in the spring and fall. This year with construction of the new dam to replace the 255-year-old deteriorating structure, lake levels have been temporarily lowered for the duration of the build for the protection of the work site and safety of construction crews. The new dam is projected to be completed at the beginning of the year, with the finishing touches of landscaping

with native plants and trees slated for next spring.

With the rockier lake shoreline exposed at the regular stocking sites, local residents stepped up and offered a safe path on their property to the shoreline so that hatchery staff could move the trout into the lake successfully. Leslie Randall and Philip

Howard live on the lake, are directors on the Williams Lake Conservation Company (WLCC) board of volunteers and are committed to the organization’s role of caretakers of the lake.

“We are fortunate to have a great relationship with the McGowan Fish Hatchery staff. Marielle Turner and her staff help us coordinate their annual fish stocking into an educational event for students at the local school on the lake as well as the province’s Learn2Fish program. We consider the stocking of the lake important and offered our help and the path through our property to the lake, so they could get the fish into the lake,” said Leslie Randall of Williams Lake.

Fish populations help lakes maintain a healthy ecological balance as well as contribute to biodiversity. Fortunately for Williams Lake, it has a strong, committed group of WLCC volunteers who advocate for protection and conservation of the lake and its huge watershed. They were instrumental in advocating to government for a new dam to retain lake water levels in support of both the lake’s biodiversity and its sport fishing recreational value.

About 250 healthy, flapping 2-year-old trout were carefully escorted into the lake by hatchery supervisor Marielle Turner and Trout Truck Navigator Jeff Smith in October for the winter sport fishing season. Fishing is not just a hobby. It is a happy, state of mind all year round.

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Melville Heights
A Retirement and Assisted Living Facility

Harvest Fair/School Farm Day held in September

Article and photos by Sam Ramsay



Discovery Centre



Pat and Patty



Brendan at petting zoo



Craft Table

The Urban Farm Museum Society in Spryfield held their Harvest Fair/ School Farm Day on the afternoon of September 19th. The event, which lasted from 2 to 4 PM, had a variety of activities on offer for all ages and a beautifully sunny day upon which to enjoy them. The “Barnyard Bunch” allowed kids to interact with goats, ponies, and sheep, and a craft table was set up for kids who wanted to get creative. There were also some tables with things for sale, including plants, compost jars with worms, produce, and some miscellaneous flea market items – and of course, food and drink.

On display, as always, was the beautiful quilt commemorating the farm, in front of which was the cake for the farm’s 30th anniversary. The cake cutting was at 3 PM, and attendees quickly lined up to get a slice! Anyone looking for a break from the hustle and bustle of the

main event could take a trip through the fairy door trail, which showcases charmingly decorated “fairy doors”.

In addition to members of the Urban Farm itself, there were also representatives present from the Discovery Centre and the Boys and Girls Club of Greater Halifax. The Discovery Centre table had a microscope kids could look through, and the Boys and Girls Club was selling composting worms. And of course, back at the Urban Farm table, students could sign up to receive a free copy of the Urban Farm’s gardening book, “Come Grow With Us – A Family Guide to Growing Vegetables”. Copies of the book were also available to purchase, along with the Urban Farm cookbook, and a book about the history of Melville Cove.

The Urban Farm would like to thank the HRM Special Event Grant for supporting the event.

J.L. Ilsley Club Fair brings creativity to the next generation



by Jules Rabjohn
On Thursday, September 24th, J.L. Ilsley High School held their annual ‘Club Fair’. Once a year they gather the groups and committees within the school and give them creative freedom to build a booth. This booth can include information on their club, concerns that they would like help with, goals that they strive for, and many other things. These bright-minded individuals use the skills learned through their education to construct an intentional design that connects to their club.

Students involved in the clubs were also given an incentive; if they got the majority of votes for best booth, a \$100 prize would be awarded as an investment to benefit that club’s contribution to the school. A student named Bella Li from J. L.’s Newspaper Club, The Verdict, was asked how their club would use the prize should they win. Her answer was: “We are looking to do one of two things; One would be investing in a professional website and our other option is putting the money towards a physical copy at least twice a year.” Unfortunately, their booth did not win the popular vote this year, but they and all other booth’s efforts were nothing less than extraordinary.

In return for a second-time win, the Fine Arts club beat the competition with many votes from students within

the school. Their booth was lively and up-beat with decorations ranging from posters, sign spinners, and even a live guitarist. When asked what they would do with the prize funds, a student said, “With the 2026-27 fundings towards fine arts lowering, we will be using the money to collect more supplies to continue spreading creative freedom.”

This fair, as short as it was, brought the students of J.L. Ilsley together; connecting those who were looking for something new with groups they may not have known existed. One main example that encourages J.L. to continue this tradition is the sense of welcome it provides for the international students. During their time here they are more than welcome to join these clubs and share their unique perspectives to help build future traditions.

As September came to an end, the majority of clubs gained new members and brought members from previous years back, showing that the fair has, and will, continue to be an important event within the high school. With expectations that hold no pressure, we hope to see more of the kindness and social abilities of J.L. students and faculty in the following years. Not only do they build their club’s reputation, but also a lasting impact on Spryfield and surrounding communities.

Minister's Message

by Michelle Thompson, Minister of Health and Wellness Nova Scotia



Michelle Thompson
Minister of Health and Wellness Nova Scotia

Taking Action on Women's Health

For too long, many women have felt they needed to advocate harder, wait longer or try to navigate a more complicated path to get the healthcare they need.

Our government is taking action to ensure women are heard, their health is prioritized, and they can get the care they need, when they need it.

Over the past few years, our government has laid the foundation for this work by building up

healthcare. Our investments have resulted in more doctors, more nurses and more ways to access care.

It's because of this work that we have the resources to take action on women's health.

Our government has created a new dedicated Women's Health Program within the Department of Health and Wellness, and a new Provincial Women's Health Clinical Collaborative.

The Collaborative will include representatives from Nova Scotia Health, IWK Health and the Department. Together, they will work to improve women's health and ensure women's health remains the priority it should be.

A new Women's Health Summit will bring together patients, healthcare providers, community organizations, advocates, researchers and health-system leaders because we want the voices of those who use and deliver this care at the table.

Our three areas of focus are menopause care, breast screening, and gynecology.

We are working to increase access to breast screening services and reduce mammography wait times.

A review has already started and will specifically look at booking and waitlist management, scheduling,

standardizing services, and equipment and workforce opportunities.

Work is already underway to increase capacity and make more appointments available in areas with longer waits so more people can be seen, faster.

We are also creating a Menopause Centre of Excellence which will open in Spryfield this winter. This is just the first step. We will build on this centre to expand services across the province.

And we are funding a new

Women's Health Research and Innovation Grant to support new ideas to improve care for women, with an initial focus on menopause care.

These are tangible, short-term actions that will create real results for women in Nova Scotia.

Nova Scotia went from having some of the worst healthcare metrics in Canada to leading on doctor attachment and certain surgery wait times. With that same focus, we will ensure that women have access to the care they need and deserve.

The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

Residents continue to raise questions about sidewalks, paved shoulders, paving and traffic improvements on Herring Cove Road and Purcells Cove Road. I understand these concerns and the importance of having infrastructure that keeps pace with our growing communities. Both roads belong to the HRM. Their maintenance and upgrades are municipal responsibilities, with work such as sidewalks and routine repaving falling under HRM's responsibility and funding.

For larger projects where provincial or federal cost sharing is sought, HRM would need to prioritize the work and submit funding applications. I have been advised that no such applications have been submitted for these roads and that design and planning for the improvements being discussed have not yet begun.

Residents deserve clarity about who is responsible and what steps are needed. I will continue to seek answers and advocate for the infrastructure our communities need.

you have questions or concerns about snow plowing in your community, please reach out to me directly.

Winter preparations are also an opportunity to think about indoor air quality. Radon is an odourless, tasteless and colourless gas that can enter homes undetected. Long-term exposure increases the risk of lung cancer, and testing is the only way to know your home's radon level.

The Radon Reduction Grant Program, delivered by LungNSPEI with provincial funding, offers eligible low-income Nova Scotia households free test kits and up to \$2,500 in assistance to reduce high radon levels. Learn more at lungnspei.ca/radonreductiongrantprogram.

Following the court's ruling on Bill 148, the province negotiated with unions on a proposed remedy estimated at approximately \$470 million. That amount was recorded in the 2025–26 fiscal year and remains subject to finalization following the court's decision on the remedy. The estimate covers approximately 81,000 unionized employees.

Congratulations to Spryfield entrepreneur Basam Tahoore on being selected as an official delegate representing Canada and Nova Scotia at the G20 Young Entrepreneurs' Alliance Summit in Vienna, Austria. In Vienna, he met with Ambassador Alison Grant, connected with entrepreneurs from around the world and contributed to the official G20 Communiqué on Innovation and the Future of Work.

Basam founded Tahoors Creative Inc., a Spryfield-based agency specializing in digital marketing, website development, branding and creative design. It is wonderful to see a local entrepreneur building international connections and showcasing the talent we have here in Halifax Atlantic. Learn more about his business at tahoors.com.

Under the proposal, the maximum individual payment would be \$5,000 for someone who worked all four years covered by Bill 148 and was eligible for a service award. Individual amounts would depend on eligibility. Payment timelines will follow the court's ruling, and the province will work with unions to keep affected employees informed. These workers provide essential services, and respecting their rights is an important part of moving forward.

The proposed Point Tupper data centre has raised questions about electricity, water and the environment. Premier Houston has outlined a proposal involving more than \$10 billion in private investment in the data centre and associated renewable energy development.

Heating costs can be a challenge during the winter months. The Heating Assistance Rebate Program offers eligible households a \$400 rebate to help with those costs. Learn more and apply at novascotia.ca/heatinghelp. If you need assistance applying, please call my office at 902-444-0147.

With colder weather approaching, please make arrangements to have your winter tires installed and prepare your vehicle for winter driving. If

Under the proposal, the first phase would require 95 megawatts of electricity. Its electricity supply would be interruptible, meaning power to the facility could be cut when needed to protect service to households. Any electricity rate agreement would require regulatory approval, with protections for existing customers.

The facility is being designed to recirculate cooling water and make extensive use of air cooling. According to the Premier's statement, *(See Maguire on page 9)*

The Parkinson Society of Nova Scotia

INVITATION

The Parkinson Society of Nova Scotia would like to invite the public to attend their upcoming event which will take place at the Keshen Goodman Library on Lacewood Drive:

Support Group Meeting - November 30
Rock Steady Boxing, Rock Steady Boxing is a non-contact boxing program designed specifically for people with Parkinson's disease. It aims to improve quality of life through exercises that enhance balance, strength, agility, and overall fitness.

For more information please call 902 404-0792.
<https://parkinsonsocietynovascotia.com/>



What’s Happening at TAG Theatre

Holiday Play

Bob’s Your Elf is a delightful holiday comedy by Norm Foster that brings together holiday magic, small-town charm, and plenty of laugh-out-loud moments. When Bob, an elf with a less-than-perfect attitude, is sent away from the North Pole to learn the importance of teamwork and cooperation, he finds himself helping a quirky amateur theatre group prepare their annual Christmas pageant. What follows is a series of hilarious mishaps, unexpected friendships, and heartwarming discoveries as Bob learns that the true spirit of Christmas is about more than getting things right. Perfect for audiences of all ages, Bob’s Your Elf is a heartwarming celebration of the holiday season that combines laughter, magic, and an uplifting message about the importance of working together and embracing the true meaning of Christmas. Tickets are on sale now. Performances run from November 19th through December 12th.

Starring: Jesse Robb as Gord Lise Renault as Fiona Jacob Wilson as Bob Mike Taylor as Santa/Howard Natalie Fournier as Amber Ryan Pulsifer as Les. Directed by Michele Moore. Produced by Kimberly Charron. Stage manager is Joshua Law.

Auditions for Upcoming Play Perfect Wedding, by Robin Hawdon.

Auditions taking place on Sunday

November 22nd from 1pm to 3pm and Monday November 23rd from 7pm to 9pm for the following roles:

Bill – (25+) A groom-to-be whose wedding morning spirals into chaos after an unexpected wake-up call. Charming but increasingly desperate, he scrambles to keep everything from falling apart.

Rachel – (25+) Bill’s bride-to-be, excited for her perfect wedding day. Smart and sincere, she’s at the centre of the whirlwind whether she knows it or not.

Judy – (25+) A young attractive woman who unexpectedly complicates Bill’s wedding plans. Quick-witted and independent, she becomes an essential player in the unfolding confusion.

Tom – (25+) Bill’s loyal best man and reluctant co-conspirator. Good-natured and resourceful, he’s

constantly pulled into outrageous cover-ups.

Julie – (25+) The hotel chambermaid with a knack for being in the wrong place at the right time. Her sharp observations and kooky, volatile nature add fuel to the farcical fire.

Daphne – (50+) Rachel’s mother, eager to ensure the wedding goes smoothly. Strong-minded and emotional.

Volunteers needed

Please consider volunteering for what is called Front of House during the run of our shows. We just don’t have enough people to help with what is a fun and low time commitment way to volunteer at TAG, so we are looking for new recruits!

Front of House crew come in before the show to make sure the theatre, lobby and bathrooms are

clean, stock the bar with drinks and snacks, stack up the programs so we can give them out to patrons, and welcome folks to the theatre when the doors open.

Ticket checkers can finish their shifts once the show begins, and bar folk after intermission, so it’s not a long-time commitment. AND, if there are empty seats during your shift, you can watch the show for free!

It’s also easy to do a shift even if you have tickets to see the performance. That’s a great way to help out.

People who come to our shows are always in a good mood, so it’s a very pleasant customer service experience! We can’t put on shows without folks checking tickets and/or working the bar! Please set in touch if you are interested or just curious and have questions at volunteer@tagtheatre.com

Fundraising events at Family Resources Institute

by Donna Martin

We at St Paul’s would like to send out a big thank you to everyone who has marked their recyclables for us when dropping them off at Beaver Enviro Depot. Those donations make a huge difference in our ability to run our programs.

With Thanksgiving behind us and Christmas around the corner, many of us long for a home cooked meal. We are hosting a turkey dinner fundraiser on Saturday, November 14th with pick up time between 4:30pm and 6pm. The cost is \$18 per plate and includes dessert. Please call ahead to place your orders so that you don’t miss out on this yummy meal.

A simple wreath placed in the entryway of your home nicely marks the festive Christmas season. This seasonal creation is another fundraiser that St. Paul’s Family Resources Institute is hosting. Wreaths are \$30 and funds will go to our Food Bank. Please call ahead to order your wreaths. Date and time of pick-up will be confirmed when you place your order.

For any of you wishing to make a difference in another’s Christmas holiday, donations of food, new or gently used toys, and/or monetary donations towards our Christmas Hampers is greatly appreciated. Also, your time is a valued gift, as many hands are needed to help create and distribute these hampers. Watch out for the posters with the QR code to register online for your Christmas Hamper.

If you are someone who would like to sit on a board, support your community, and are committed to a cause, we have a spot for you. Whether you have never sat on a board before, or have many years of experience behind you, we want to hear from you. Our board meets one morning a month and is active in our organization and our community.

As many of you are aware,

St. Paul’s United Church closed in November 2025. Those of us from St. Paul’s Family Resource Institute continue to work out of the lower level of the church building. For anyone wishing to contact us regarding any of the fundraising

events listed above, or to find out more about the Christmas Hampers program, please call Kristen Hollery, our Executive Director, at 902-479-1015. She can also be reached by email at khollery_stpaulsfri@hotmail.com

Maguire

(continued from page 8)

projected water use at full capacity would be approximately five per cent of the average amount currently withdrawn from the existing Point Tupper industrial water system.

The project must meet applicable environmental requirements and proceed through the required approvals. Residents must continue to receive clear information as the proposal moves forward.

As November 11 approaches, we pause to remember those who served, those who lost their lives, and the families who carry the weight of that sacrifice. We also recognize veterans and Canadian Armed Forces members

serving today.

I encourage residents to attend our local Remembrance Day ceremony at the Earl Francis Spryfield Memorial Royal Canadian Legion Branch 152, at 7 Sussex Street. Please check with the Legion for this year’s confirmed ceremony and parade arrangements.

Thank you to the Legion’s members and volunteers for preserving remembrance and supporting veterans and their families. Wearing a poppy, attending a ceremony and speaking with our children about service and sacrifice help ensure that those who served are never forgotten.

Lest we forget.

OBITUARIES

(continued from page 10)

what it is” attitude, and a great sense of humor that she kept until the very end. Colleen was wonderfully silly and never lost her sense of fun.

She set an example of living with integrity, being authentic, and being compassionate; giving her time or help to anyone who needed it, without judgment or any expectation of thanks.

She will be remembered with love and gratitude by all who had the privilege of knowing her. She touched the lives of many, and those who knew her will carry her impact and legacy forward.

Colleen is survived by her husband of 52 years, Philip Lendell Findley; daughters, Julie Self (Edmonton, AB) and Erin Findley (Halifax, NS); special

son, Brad Krawchuk; grandchildren Estelle Self and Taighan Findley; siblings, Leo (Peggy) Tough, George (Shirley) Tough, Jean Glover, David (Karen) Tough, and Paul (Marilyn) Tough; sister-in-law, Sandra Tough; special niece, Heather Tough; and many nieces and nephews.

She was predeceased by brothers, William and Michael, their wives Joan and Irene, Patrick Tough; sisters, Mary Darrach, Anna Bosselle, Betty McPhee, and Theresa Tough; brothers-in-law, Victor Darrach, Hector Bosselle, Jim Glover, and James McPhee; sisters-in-law, Marion Tough, Irene Tough and Debbie Tough.

Special thanks to Dr. Adrienne Watson for the care she provided over the years.

Supporting Your Community

ROYAL CANADIAN LEGION

Earl Francis Spryfield Memorial Branch 152



WE CARE

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Matilda Mary Britten

It is with profound sadness and heavy hearts that we announce the sudden passing of Mary “Matilda” Britten, age 86, of Halifax, Nova Scotia, on September 17, 2026, at the QEII Health Sciences Centre.

Born on February 9, 1940, in Poirierville, Cape Breton, Matilda was the beloved daughter of the late Alma and Pascal Landry.

A woman of deep Catholic faith, Matilda lived her life with a kind heart, a generous spirit, and a love for those around her. She dedicated over 20 years to the Housekeeping Department at the Victoria General Hospital, where she worked as a cleaner before her retirement.

Standing at just 4’10”, Matilda may have been small in stature, but she had a personality that was truly larger than life. She had a wonderful sense of humour, a love for laughter, and a special way of bringing happiness to those around her. Her warmth, kindness, and generous nature made her a joy to know. She will be remembered not only for the laughter she shared but also for the love and kindness she so freely gave.

Matilda leaves behind her loving daughter, Carol Ann Bateman (Jason); her cherished grandson, Jonathan Bateman; and her dear sisters, Theresa and Lena, who will forever hold her memory close to their hearts.

She was predeceased by her beloved parents, Alma and Pascal Landry, and her brothers, Ceasear, Douglas, and Everett.

The family wishes to express their sincere and heartfelt gratitude to the wonderful staff of Melville Gardens Nursing Home for the compassion, kindness, and dedicated care shown to Matilda over the past year. Your support and thoughtfulness will always be remembered and deeply appreciated.

In lieu of flowers, memorial donations may be made to the Alzheimer Society of Nova Scotia in Matilda’s memory.

Although Matilda’s passing leaves a tremendous emptiness in the hearts of those who loved her, the beautiful memories she created will remain forever. Her laughter will be remembered, her kindness will never be forgotten, and the love she shared will continue to live on through her family and friends.

Small in stature, but mighty in spirit, Matilda leaves behind a lifetime of love, laughter, and cherished memories. May she now rest peacefully in God’s loving embrace, reunited with those who have gone before her.

Sherry Dawn Smith

1974 – 2026

Sherry Dawn Smith, a beautiful, strong-willed, and fiercely independent soul, passed away peacefully, leaving behind a legacy of love, warmth, and resilience. Born in Spryfield, Halifax, in 1974, Sherry touched the lives of those who knew her. She was a devoted mother to her own children and a caring, nurturing mother figure to many others.

Sherry found happiness in the simple beauty of nature. She had a lifelong love of the ocean, finding peace in the sound of the waves and the salty coastal air, and treasured time spent camping under the stars. Her compassion extended to all animals, especially her beloved pets, who held a special place in her heart.

Above all, Sherry cherished her family. Her mother, brother and children, Morgan and Brandon, were her greatest pride and joy. She leaves behind her loving partner, Mike; her stepdaughter, Maggie; and her son-in-law, Cameron. She was also a proud and devoted grandmother to Avery, Mackenna, Noah, and Sophia, each of whom brought immense joy to her life.

Sherry is survived by her loving mother, Patricia Smith, and her dear brother, Brian Smith. She was a loving aunt to her nephew, Carter, granddaughter of Alfred Charles Ernst, and niece of Karen Covell. She was predeceased by her beloved father, Glenn Pennycook, with whom she is now reunited.

Her life was enriched by the love and loyalty of her closest friends, including Keleigh Woodcock and Margaret Foley, along with many other dear family members and friends.

Sherry’s strength, laughter, and unconditional love will live on in the memories of those who knew her. Deeply missed and forever cherished, she remains in our hearts as we hold on

to the comforting promise of seeing her again one day.

John Joseph Orman

It is with heavy hearts that we announce the passing of John Joesph Orman, age 52, on October 2, 2026, at the QEII Victoria General Site in Halifax.

Born in Halifax, Nova Scotia, John was the son of Melvin and Nancy Orman. He had a love for life and enjoyed spending time in the company of those around him. He could often be found at the Spryfield Legion, a favourite gathering place where he enjoyed familiar faces, conversation, and the companionship of friends.

John was an avid sports fan with a particular passion for hockey. A devoted supporter of the Pittsburgh Penguins, he loved cheering on his favourite team and sharing his enthusiasm for the game.

Above all, John was dearly loved by his family and friends. His presence will be deeply missed, and the memories of time spent together will be treasured by those who knew and loved him.

Betty Joyce Rhyno Minick (Bell)

age 93

It is with great sadness that Betty’s family announces that she passed away peacefully with her family by her side on October 4, 2026, on a beautiful Sunday afternoon, with the sun shining on the new colours of the trees.

She was predeceased by her loving husband, Wylie Minick, of 48 years; her brother, Murdoch; sisters Ruth, Mary, Dolly, Jean, and Muriel; and her son-in-law, Wayne.

She is survived by her four children, Daniel (Andrea) of Mill Cove, Christopher (Shelley) of Head of St. Margaret’s Bay, Gina of Queensland, and Susan (Jim) of Head of St. Margaret’s Bay; her beautiful grandchildren, Michelle, Melissa, Paul, Nicholas, Jason, Jeremy, Lucas, Cammie, Chad, Sam, and Molly; and her much-loved great-grandchildren, MacKenzie, Khloe, Kaylee, Amia, Lilly, Lincoln, and Lyla.

Betty was born in Halifax and lived in Lakeside before moving to Head of St. Margaret’s Bay, where she built her home and started her family. She dedicated her life to her family and her faith.

She loved music and laughter. She was very involved in her church at Head of St. Margaret’s Bay Baptist Church, where she was a member of the choir with her beautiful alto voice. She was very dedicated to her Women’s Missionary Group all through the years.

She was known for her baked bread, as she would make ten loaves a week and give most of it away.

Betty was a diva who never went out the door without her hair done and her lipstick on. She loved to shop with Gina for many, many years. She loved her daughters-in-law and her son-in-law.

Betty was a member of her church for 70 years and was very active in keeping her church going.

Betty stayed in her home as her children lived close by and made sure this could happen. Thank you to the Bayshore girls for always checking in and keeping her laughing.

Also, a special thank you to the neurological team at the QEII Hospital

for providing such care for our mother during the past two weeks of her stay there.

Donald Joseph Hiltz

76 of Sambro

It is with sadness that the family of Donald Joseph Hiltz announces his passing on October 8, 2026.

Born in Halifax, Donald worked as a fisherman in Sambro, where he spent his working years.

Donald is survived by his brothers, Gerald and Barry; his sisters, Jean and Barbara; as well as his nieces and nephews, and great-nieces and great-nephews. He was predeceased by his parents, Edward and Winnifred (Tully) Hiltz.

In keeping with Donald’s wishes, a private family burial will take place. There will be no visitation or service.

Colleen Angela Findley

31 January, 1954 – 5 October, 2026
A lifelong resident of West Pennant, Colleen was the daughter of the late Joseph William and Guida Lillian (Marryatt) Tough.

At age 15, Colleen met her future husband, Phil, and together they celebrated their 52nd wedding anniversary on October 4, 2026.

Colleen was most proud of her daughters, Julie Self and Erin Findley, and her grandchildren, Estelle Self and Taighan Findley. Her greatest joy was spending time with them.

She showed her love for her daughters in both practical and deeply personal ways. She nurtured their interests, was actively involved in their activities, sewed and knitted costumes and clothes for them, and made great sacrifices for their well-being and happiness. It was important to Colleen that her daughters be self-reliant and she made sure they had the knowledge, skills and resourcefulness they needed to do so.

Colleen was thrilled to assume the role of Nanny/Nana to her grandchildren and they adored her and the time they spent with her. She had a great imagination and could turn the ordinary into something special. She was a source of deep comfort and security to each of them. Estelle and Taighan benefited from the love and guidance she gave, the values she modelled, and the magical moments she created, just as their mothers had before them.

Colleen had a long and productive working life. She began her career as a dental assistant and spent the final 23 years as an office manager, a role in which her intelligence, organizational skills, and practical nature served her well.

When her daughters were grown, Colleen continued to participate in shared interests and activities with them. She also pursued a variety of interests on her own, including woodworking and pickleball. She and Phil had an opportunity to travel and enjoyed bowling in multiple leagues over the past ten years. A voracious reader, she also treasured quieter moments spent reading, completing jigsaw puzzles, and going for walks.

Colleen faced life with unmatched strength and determination, an “it is *See Obituaries on page 9*



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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



NOVEMBER

Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Tuesday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 10 am to noon
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Food Bank: (322 Herring Cove Rd). If you would like help with food, please call 902-477-1954 before 10 am Tuesday and leave a message with your name and phone number. Our volunteers will call you back on Tuesday. Pick up time is Wednesday, 9:00-10 am, at the lower church hall behind the church.

If you would like to donate food, please drop it off on Tuesday morning before 10:30 or Sunday morning at the church.

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

Spryfield Legion Events:

- Bingo Every Sunday. 1:00 pm. Doors open 11:00. Kitchen Open 11:30 -1:00 pm
- Chase The Ace Draw every Monday 7:00 pm
- POOL - All Memorial pool tournaments are open to members of any legion along with family members of the person being memorialized.

Captain William Spry Library Events:

- Friday, November 6th 9:30am to Noon: Keeping Energy Affordable: Improve Energy Efficiency.
- Saturday, November 7th, 10:30am to 4pm: Captain William Spry Library's 40th Anniversary.
- Sunday, November 8th. 3pm to 4pm: Celebrate Indian Dance
- Friday, November 13th. 9:30am to Noon: Keeping Energy Affordable: Improve Energy Efficiency.
- Tuesday, November 24th. 6:30pm to 7:30pm: The Science of Hypnosis for Stress, Sleep and Habit Change
- Saturday, November 28th. 10:30am to noon: Storytime: Oliver's Polish Christmas

To register for an event, or to get more information, please visit Halifax Public Libraries or call 902-490-5244

Harrietsfield Williamswood Community Centre events:

- Currently taking bookings. Please call, email or message us through our Facebook page, phone at (902) 446-4847, or email hwcc@outlook.com
- Our "Community Votes" Gold winning After school program has part time and full time spots available! Grades Pre-primary to six! Contact Cara at hwcc@outlook.com
- We are looking for new volunteer Board Members to join our team! Do you care about your community and want to make a difference? No experience needed- just a big heart and willingness to help!
- Christmas Craft Fair November 14th, 2026 9am-1pm If you would like a table they are

\$35.00 Please contact Natasha at 902-293-7427

Chebucto Family Centre (3 Sylvia Ave) events:

- Menopause Conversations with Dr Shawna O'Hearn and Dr Maria Migas - November 24th @ 6:00pm

Education and conversation about menopause in a safe and welcoming environment.

Free Community Meals:

- Cozy Breakfast - Nov 10th @ 10:30am
- Spry Cafe - Nov 18th @ 5:30pm

Free Food Program:

- Cooking Together - Nov 18th & 25th @ 10:00am

Free Fitness Programs:

- Aqua Fit - Nov 2nd & 23rd @ 10:00am - Meet at the Capt William Spry Wavepool
- Parent & Tot Swim - Nov 5th & 18th @ 10:00 am - Meet at the Capt William Spry Wavepool
- Chair Yoga - Nov 12th @ 10:00am
- Latin-Cardio - Nov 19th @ 10:00am
- New Parent & Baby Yoga - Nov 19th @ 1:15pm
- Long Lake Adventure - Nov 25th @ 10:00am - Meet at the Dunbrack St parking lot
- Yoga - Nov 26th @ 10:00am

Free Family Programs:

- Family Playgroup - Mondays @ 10:00am *No playgroup Nov 9th
- Baby Playtime - Tuesdays @ 1:30pm
- Tumble Time - Nov 4th & 25th @ 1:30pm
- Infant Massage - Nov 12th & 26th @ 1:15pm

Free Social Programs:

- Coffee & Cards - Nov 13th @ 10:00am
- Coffee & Chat - Nov 27th @ 10:00am

Special Events @ Chebucto Family Centre in November:

- Diwali Craft - Nov 5th @ 1:30pm

Celebrate the Festival of Lights with a fun Diwali craft for all ages.

- Museum Day - Nov 20th @ 10:00am

Meet at the centre, travel by bus downtown to explore the Maritime Museum of the Atlantic.

Emmanuel Anglican Church (322 Herring Cove Road) events:

- Christmas Bazaar: Emmanuel Church Christmas Bazaar will be held on Saturday November 28, from 11am -2:30pm in the Church Hall at 322 Herring Cove Road. A soup luncheon with rolls and dessert for \$17 will be served. We will have a bake table, gift table, cake bingo, balloon pop for adults and children, and a basket raffle. There is no admission fee.
- Introduction to Line Dancing: Come and join us at Emmanuel Church Hall on Saturday November 21, from 10:00am to 11:30am for Introduction to Line Dancing with instructor Janice. The cost is \$10 at the door. Canteen available for water and treats.
- Our hall is available for rental. Please call 902-477-1783 or go to <http://mmanuelanglicanchurch.net/>

Salvation Army (328 Herring Cove Rd) events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

St. James United Church (3811 Old Sambro Road, Sambro) events:

- Gingerbread Tea, Ticket Auction and Cakewalk

Includes Gingerbread Cake with Caramel Sauce, Tea/Coffee. Saturday November 14th 1:00-3:00 PM Cost: \$7.00 (Cash Only)

Stella Maris Roman Catholic Parish events:

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

For further information contact Stella Maris Parish office at 902 477-3530 or email stellamaristwelvebaskets@gmail.com

- Seniors Social Tea. Join us for refreshments, snacks, and friendly conversation in the Stella Maris Hall. The second Wednesday each month, 1-3pm. All are welcome. More info: david.h@stellamarishalifax.com

Meetings are held on the 4th Tuesday of each month. Phone 902-479-2917 for more information.

45 Card Social at the Golden Age Centre 212 Herring Cove Road (across from Guardian Drug Store).

Every Monday afternoon 1:30pm. Cost: \$6.00/person. Bring a partner and if not, a partner will be provided. Increasing jackpot available to be won. Everyone is welcome to come. Contact: Sue Morrissey 902-229-5851

Are you looking for a choir to join? Perhaps you sang in a choir in your school years or have sung more recently in a choir. **The Sorella Singers** are a women's choir with Soprano and Alto voices who sing a wide variety of musical styles. Rehearsals are conducted in a relaxed and fun atmosphere while working toward producing an excellent choral sound.

Rehearsals are held on Tuesday evenings from 7:15-8:45 at Melville Senior's Residence in the Armdale/Spryfield area.

For more information, contact director Shirley Gaudreau at 902.405.8333 or email: sgaudreau44@gmail.com.

A Refundable Bottle Drive in support of the Chebucto U13-B Atlantics Minor Hockey Team is being organized for November 14th from 10am to 1pm at Spryfield's Beaver Enviro Depot. The team and volunteers will be sorting during those hours. Refundables can also be dripped off any time during the month of November, marked for donation to the Chebucto U13-B Atlantics Hockey Team where they will be held and donated on your behalf to support the upcoming hockey season. Community pickup can also donate with a label inside as well designated for the team donation.

Spryfield Legion Flea Market
Saturday, November 7, 2026, from 9 a.m. to 1 p.m.; Spryfield Legion, 7 Sussex Street; Admission is free. Please bring a food donation if you can.

Sambro's Lobster Trap Christmas Tree Lighting; Sunday, November 15, from 5 to 6:30 p.m. Come enjoy this local holiday tradition with the Sambro community.

J. L. Ilsley Christmas Craft Fair
Saturday, November 21, 2026, from 10 a.m. to 2 p.m. Support local artisans and discover hand-crafted treasures at this Christmas tradition.

Breakfast with Santa
Saturday, December 5, from 8:30 to 11 a.m. St. James United Church, 3811 Old Sambro Road, Sambro

Join Santa for breakfast, cookie decorating, photos and more.

Got something to mend, make, or finish? Come learn, create, enjoy some snacks, and connect. No project or experience needed. First Monday of the month at 149 Herring Cove Rd (funeral home). To learn more, go to www.lifeschool-house.com.

To have your Community Event listed call or fax us at 902-477-NEWS or email chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

Dan Doherty REALTOR®

902-478-4023
Dandoherty12@gmail.com
www.DanDoherty.ca



Bringing Convenience Home:

Bluenose Laundromat 2 Fills Herring Cove's Urgent Need for Local 7 Days a Week Laundry Services and Dry Cleaning with Delivery

Residents of Spryfield now have a new, convenient option for their laundry needs with the opening of Bluenose Laundromat 2, located at 374 Herring Cove Road.

As an extension of Bluenose Laundromat, a trusted Halifax business serving the community since 1980, the new location brings over four decades of experience and a commitment to providing reliable, high-quality laundry services seven days a week.

The new laundromat is designed to meet the needs of everyone in the community. Whether it's a family whose washing machine has unexpectedly broken down, a busy professional looking to save time, a student, a senior, or someone who simply prefers the convenience of commercial laundry equipment, Bluenose Laundromat 2 offers flexible services to fit every lifestyle.

Customers can choose to drop off wash only, dry only, or take advantage of the full Wash, Dry & Fold service, allowing them to spend less time doing chores and more time with family, work, or other priorities.

Recognizing that every customer has unique needs, Bluenose Laundromat 2 also offers tailored services, including unscented laundry options for those with sensitivities, the laundromat also welcomes commercial customers, providing customized laundry solutions for local businesses such as barbershops, restaurants, pizza shops, and other service providers.

The new location aims to become more than just a laundromat—it is a community resource that supports busy families, single parents, seniors, essential workers, students, and anyone who values clean, fresh laundry without the hassle.



This opening also marks an important transition for the laundromat. After 17 years of faithfully serving the Spryfield community, Ted is handing the business over to Cinthia as he begins a well-earned retirement. Ted has been a familiar face to generations of customers, always ready to lend a helping hand and ensure

everyone felt welcome. His dedication has left a lasting mark on the community, and we thank him sincerely for his years of service.

On behalf of everyone at Bluenose Laundromat, we wish Ted a long, happy, and relaxing retirement. And who knows—maybe one day we'll have the pleasure of doing his laundry instead!

With its convenient location, extended hours, reliable equipment, and customer-focused services, Bluenose Laundromat 2 is ready to serve Spryfield and the surrounding communities, continuing the tradition of dependable service that has made Bluenose Laundromat a trusted name in Halifax for more than 45 years.

Residents are invited to stop by, explore the new facility, and experience the convenience of professional laundry services close to home. Or follow us on Instagram or Facebook.



A bank of shiny new washers and dryers ready for you

Laundry Services (plus tax)	
Wash	\$5
Dry	\$5
Fold Service	\$5
Wash, Dry and Fold	\$15
Large Washer	\$10
Large Dryer	\$10
(Large washer/dryer for blankets & Comforters only)	
Comforters & Duvets	
Twin/Single Comforter	\$20
Queen Comforter	\$25
King Comforter	\$28.75
Puffy King Comforter	\$30
(Ready next day after drop-off)	
Pick Up and Delivery	
Per Trip	\$11.99

Hours of Operation	
Sunday	8 am to 2:30 pm
Monday	9 am to 3 pm
Tuesday	9 am to 3 pm
Wednesday	9 am to 3 pm
Thursday	9 am to 3 pm
Friday	8 am to 5 pm
Saturday	8 am to 5 pm

Dry Cleaning Services (plus tax)	
Mens Wear	
2 piece suit	\$26
3 piece suit	\$37.50
Trousers	\$13
Blazer	\$13
Shorts	\$11.50
Suit Vest	\$11.50
Tie	\$7
Shirt	\$4
Shirt BOX	\$5
Silk Shirt	\$12
T Shirt	\$8
Heavy Sweater	\$18
Coats/Jackets	
Winter Vest	\$18
Spring Jacket	\$20 and up
Light/Spring Coat	\$23
Winter Heavy Jacket	\$25 and up
Winter Coat/Parka	\$28 and up
Household Items	
Blanket Comforter Single	\$40
Blanket Comforter Double/Queen...	\$45
Blanket Comforter King	\$50
Feather Double/Queen	\$90
Feather King	\$100
Duvet Cover	\$22
Tablecloth	\$14 and up
Drapes per pleat	\$3.50
Sheers per pleat	\$2.50
Dresses/Skirts	
Dress (day)	\$20
Evening Dress long	\$30 and up
Prom/Bridesmaid Dress...	\$?? and up
Skirt Regular	\$13
Skirt Long	\$15
Skirt Pleated	\$18
Kilt	price upon inspection
Blouse	\$12
Specialty Items	
Wedding Gown	\$175 and up
Wedding Gown cleaned and restored	\$250 and up
Leather/Suede Jacket	\$80 and up
Leather/Suede Pants/Skirt...	\$50 and up
No guarantee on leather/suede items	
Press only	
Blazer/Pant/Skirt	\$8
Blouse	\$4
Shirt	\$3.50
Dress (day)	\$12 and up

To celebrate the opening, Bluenose Laundromat 2 is introducing weekly community appreciation specials:

- **Mondays:** \$13 per load for Heroes, including nurses and firefighters.
- **Tuesdays:** \$13 per load for students.
- **Wednesdays:** \$13 per load for seniors.
- **Thursdays:** \$13 per load for unscented laundry service (customers are asked to bring their own unscented detergent).

