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**Chebucto News**

Vol.27 • No.12  
August 2026

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# 4th Annual Festival of Colours



by Sam Ramsay

The community room at the Spryfield Lions Rink was vibrant and filled with people on May 23rd, as the Spryfield Area Multicultural Society hosted its 4th Annual Festival of Colours. The event, which had an entry fee of \$2, included a variety of vendors selling food, clothes, eyebrow threading, and more. Attendees also received tickets for the prize drawings, which occurred multiple times over the course of the event, and could purchase tickets for a 50-50 draw for a chance at winning 50% of the funds collected.

The main draw, however, were the performances. All throughout the event, from 2-6 PM, a variety of performers took the stage to showcase their music and dancing. There were a wide range of dance styles, including Bhangra, Indian Classical Dance, Bollywood, and a group performance to a Taylor Swift number. There was also a combination fashion show, dance, choir, and theatre performance by a group from Ukraine, displaying their environmentally friendly fashion with a folk-story inspired performance. Musical performances included both lone singers and groups of performers, in a variety of languages and styles.

Interspersed between the performances, certificates of recognition were distributed to the performers by Society president Usha Goel, Councilor Patty Cuttell, and MLA Brendan Maguire. At the end of the event, certificates were given out to all of the volunteers, in recognition of their hard work to put the event together.

**More photos on  
page 2**

Left: Indian classical dance

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# More photos from the Festival of Lights



We at the *Chebucto News* would like to apologize for a publication error last month. We republished the Urban Farm article instead of the Festival of Colours article. Please enjoy the Festival article this month. We apologize for any inconvenience this may have caused.

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# Religious Services for August

Send your submissions to [chebuctoeditor@gmail.com](mailto:chebuctoeditor@gmail.com) for September’s issue by August 11.

**City Church** (276 Herring Cove Road)  
Sunday Family service: 10:30am  
Nursery and Children’s ministry: 10:30am  
Wednesday night prayer: 7-8pm

**Hill Chapel** (91 Thornhill Dr)  
*Formerly Spryfield Christian Community Church*  
Church services Sunday 11-12 am

**Oromo Gospel Church**  
Sunday worship service: 3 pm and Tuesday prayer: 10 am.

**Emmanuel Anglican Church** (322 Herring Cove Rd., 902-477-1783 [emmanuelanglican-church.net](http://emmanuelanglican-church.net),  
Sunday Morning Worship:  
8:00am Quiet, contemplative, traditional communion service  
10:00am Lively, contemporary

communion service with music. Livestreamed. Children are welcome to join our Children’s Choir, which meets during this service.  
Emmanuel Church is an affirming church. Everyone is welcome to join us for worship.

**Stella Maris Roman Catholic Parish at St Michael’s Catholic Church**  
Weekend Masses: Saturday: 4pm  
Sunday: 8am and 10am  
Weekday Masses: Tuesdays: 7pm  
Wednesdays and Thursdays: 9am  
Fridays: 9am (followed by 1 hour of Eucharistic Adoration) 1st Saturdays: 9am Tuesday 7pm Masses: First Tuesday: Healing Mass Second Tuesday: Mass and Adoration Third Tuesday: Mass and Adoration Last Tuesday (Sep-May): Eventide Candlelight Prayer  
All are welcome, wherever you are on your faith journey!  
**St. James United Church** (3811 Old Sambro Rd)

Sunday worship services are at 10:30 am.  
August 2nd worship will be led by friends, Garth & Milton.  
August 9 during Sambro Sou’Wester Days: at 10:30 am the Service of the Sea will be held at St. James and at 12 noon the Blessing of the Fleet will take place in Sambro Harbour.  
Our services are live streamed on Facebook (St James United Church Sambro NS) and YouTube. Weekly bulletins with the order of service are on our website: [www.sambrojollimorepc.com](http://www.sambrojollimorepc.com); email address: [office.sambrojollimorepc@gmail.com](mailto:office.sambrojollimorepc@gmail.com); phone 902-868-2791.  
**St. James Anglican Church** (1 Harrigan’s Road)  
Sunday mornings at 10:30am alternating each Sunday with Holy Eucharist and Morning Prayer  
Priest in charge: Rev. Taunya Dawson (902) 240-7588

Lay Minister: John Richardson (902) 233-3465  
**Wayfarers’ Church** (328 Herring Cove Road)  
Sunday Worship 10:30am  
[website: wayfarerschurch.ca](http://website.wayfarerschurch.ca)  
[email: friends@wayfarerschurch.ca](mailto:friends@wayfarerschurch.ca)  
**Searching for Truth Church** (2 Auburn Ave)  
Church for everyday people. Fridays at 7pm  
Apologetics Club. First Saturday of the month from 6 to 8pm. At 114 Bromley Road. Please join us for a delicious meal followed by a discussion. This is an outreach of Living Hope Community Church. For more information call Maggie at 418-264-7292  
**Christ Embassy Halifax** (16 Sussex St.)  
Sunday Service – 9:30 AM  
Online Services on Zoom:  
Sundays – 8:00 – 9:00 AM  
Wednesdays – 7:00 – 8:00 PM

## Inspiring message delivered to this year’s grads

### Valedictorian Address, J.L. Ilsley High School, June 29th, 2026

by *Tristan Antonio*  
Good morning, friends, families, staff, and most importantly, the Class of 2026.  
First, I want to thank my God for this wonderful opportunity. He guided us throughout this journey, and he witnessed every struggle and effort that we put in.  
I want to thank our Student Council Volunteers, thank you for coming out and decorating the school.  
I also want to thank all the people in this room right now; we would not have walked across the stage today if it weren’t for you.  
It is hard to believe that our educational journey began twelve years ago. Standing here today, I cannot believe we are holding a graduation diploma; it feels like just a few years ago, it was our parents’ hands that we were holding onto. When we first walked through those school doors, we were just a collection of nervous individuals trying to find our classrooms and hoping to make our first friends. Over the last four years, we experienced so many milestones: our first real high school classes, our first hallway crushes, learning how to drive, and getting our first jobs. We are constantly navigating these “firsts.”, but we also have to remember to enjoy your life and be gentle with yourself. After all, this is our first time living in this world, too.  
Being a senior is hard. For most of us, it is the year we turn into adults and start being responsible for things we aren’t used to doing. While we were incredibly excited to start senior year, the reality of growing up quickly set in. But looking back, J.L. became a place we can truly call home. This has been our community for four years. We built friendships, connections, and memories that will last a

lifetime.  
In the song *Landslide* by Fleetwood Mac, Stevie Nicks sings, “Well, I’ve been afraid of changing ‘cause I’ve built my life around you.” I think a lot of us feel that exact same fear today. We have built our daily lives around these hallways, these faces, and this community. Change is terrifying, but leaving this home doesn’t mean we lose it. The impact of what we built here stays with us as we move forward.  
We also experienced shared hardships. I know many of us hit a wall of “senioritis,” where we wanted to just stay home and tune out our classes—especially after those university offers started coming in. But our time here proved that showing up matters.  
Even when no one claps, even when the numbers don’t move, and even when you are terrified of Ms. McNeil’s legendary surprise pop quizzes, you have to keep showing up. Even if you are scared of getting caught by Ms. Kathy for using your phone in the hallways, or even if your schedule consists entirely of work periods, you must keep pushing forward. A version of you that achieves everything you want only exists on the other side of relentless effort.  
As we end today’s ceremony, I want to express our deepest gratitude to the people behind all of these achievements. Thank you to all of the teaching and non-teaching staff, the cafeteria workers, and the custodians. Thank you for making our school a safe, clean, and fun place to learn. To my first ever teacher, Mr. Langille, thank you so much for the encouragement you have given me and for showing up to my volleyball game. To my Lola, Imelda Domingo, thank you for all your help and support. To my friends (clap your hands if you’re

one of them), thank you for always having my back and making me feel valued. To my sister, thank you for waking me up in the morning, because I never hear my alarms. Graduates, please don’t forget to thank the people who supported you today. To our parents and families: thank you for the unconditional love, the endless rides, and the constant encouragement. Give your parents and guardians a hug after this—this milestone belongs to them just as much as it does to us. And lastly, I would like to ask my hardworking parents to stand for everyone to see them. I came from a family of immigrants. My parents have crossed the world so I could cross this stage. My mom let go of her dreams, in exchange for my own. She is my best friend and will always be the most beautiful girl in my life. And my father’s hands, blistered from a long day’s work, sometimes I even think that he spends more time with his Milwaukee tools than me. Pa, I often say the word “I love you”, but always keep in mind that I will always love you and that I always keep all the

lessons and advice that you give me. I hope I made you proud today as my parents, because I couldn’t be prouder to be your son. And to all the immigrant parents out there, thank you for all your hard work and sacrifices. Be proud of yourself, Be proud of who you are and Be proud of where you came from.  
If people are doubting how far you can go, go far away so you cannot hear them anymore.  
As we all start our new journeys after today, I wish you all the absolute best. I want to leave you with a favorite saying from my language, “Ang buhay ay hindi karera” in English, it means “life is not a race.” Get out there. Try to see how far we can go and see what we can do in this life, because the world is full of endless possibilities. As Denzel Washington once said, “To get something you never had, you have to do something you never did.”  
Class of 2026, we did it! Good luck with all of your future endeavours. Thank you so much.

## Spry’s Showtime Rally

by *Diego Nicolás Dueñas García*  
On May 15, the long-awaited Spry’s Showtime Rally, sponsored by the Spryfield Business Commission, took place at the Herring Cove Community Centre. Performers from different artistic disciplines came together under the banner of solidarity, with all proceeds from the event being donated directly to the Chebucto Family Centre. As such, Spry’s Showtime Rally was more than a mere talent show; it was an event where every contribution supported a mission that puts local families at its centre. As far as the event itself is concerned, the night

was as lively as ever. Selfless individuals from across Spryfield gathered to enjoy a night in which young talent took the stage. Contestants competed for the audience’s votes, with the top three acts receiving grand prizes at the end of the event. In total, there were eleven performances, the majority of which were music related. The event featured young musicians skilled in the country and electric guitars, the drums, and even the tabla, a percussion instrument from India. The lineup also included singers, a dancer, and a motivational speaker, whose per-

(See Rally on page 4)

# DISCOVERING OUR PAST

Spectacle Island in Purcell's Cove played a major role in Halifax fishery

*by Iris Shea*

A 2018 advertisement on a local Real Estate website offered Spectacle Island for sale at a price of \$299,000, “an opportunity to own your own private island, minutes from the city”. This island may be seen as you drive through Purcell’s Cove, not far offshore. The name “Spectacle Island” is the popular name today, based on the fact that it looks like a pair of eye glasses.

The island has a long history that dates back to the founding of Halifax, occupied by fishermen who sold fresh fish to the residents of Halifax. In 1752 this 10 acre island at the mouth of the Northwest Arm, in addition to another 300 acres on the mainland, was granted to William Russell. At that time the island was called Russell's Island and was considered to be "ideally located for the Mackerel and Herring Fishery". William Russell, Esquire, placed an advertisement in the Halifax Gazette, October 13, 1765: "To be sold or leased an island called Russell's Island at the entrance to the Northwest Arm, with 300 acres of land close behind it, well known to be very advantageous for the Mackerel and Cod Fishery. Apply to John Margerum on the Parade". In 1774 a man by the name of Nathan Nathans occupied the island and ran a Mackerel and Herring Fishery from it.

Peter Martin, who settled in Halifax in 1749 and whose descendants still live on his original Crown Land Grant in Ketch Harbour, was granted a license in 1772 to occupy and build a wharf in Halifax “where formerly stood the Old Fish Market... and erect thereon fish Stalls or Sheds 2x6 feet square each in the front of said grounds next to the street which shall be and is expressly reserved for the use of any Fisherman who may be inclined to occupy the same in the Selling of their Fresh Fish to the Inhabitants and others in the Township of Halifax.” The location of this wharf on the Halifax waterfront was directly in front of Bedford Row. This convenient location certainly provided an opportunity for fishermen on Russell’s Island to sell their fish in Halifax. In 1804 a group of Halifax merchants leased Russell’s island as a place to dry their fish for the market in Halifax.

William Russell died before 1801, leaving his land, including the island, to his daughter, Maria Georgina Pernette, wife of Michael Pernette of LaHave, NS. The island became known as Pernette's Island. Maria Pernette died in December 1805 in LaHave. Her death announcement in the NS Royal Gazette, 19 December 1805, stated she was the daughter of the late William Russell, Esquire, Barrack-Master at Cape Breton.

Pernette's Island, the cove beside it and the 300 acres behind it were sold in 1828 by the heirs of Maria Georgina Pernette to Samuel Purcell and his wife, Mary. The price paid by the



Photo credit: Alfred Heartz Longard. He was a local historical photographer with a summer cottage in Purcell's Cove, photograph from the 1930s or early 1940s.  
Courtesy Mainland South Heritage Society

Purcells was 200 pounds. At that time Samuel and Mary Purcell's family consisted of five adult sons and three adult daughters. The Purcell family had relocated from Portuguese Cove.. Mary, Samuel's wife, was the daughter of Benjamin Vergie of Portuguese Cove. Samuel's parents were Samuel and Catherine (Withrow) Purcell.

In subsequent deeds, from 1830 to 1845, Samuel and Mary Purcell divided their land among their five sons. Their eldest son, John, and eldest daughter, Hannah Cartile, remained in Portuguese Cove and were given land there in 1830 and 1831, respectively, part of Samuel Purcell's inheritance from his father. The island became

# Rally

(continued from page 3)

performances created a welcoming and energetic atmosphere throughout the event. As a grand finale, professional musician John Spearns entered the scene. Accompanied by his signature cello, his trusty guitar, and his powerful voice, he recreated all-time classics such as John Lennon's Imagine to bring a memorable close to the entertainment section of the event.

After two hours of non-stop action, the audience's votes were counted, and the results were the following: Syesha Rivera, a talented singer with a remarkable voice, came in first place; John Spearns, the accomplished multi-instrumentalist, was awarded second place; and Anne Komar, a poet who also performed as a guitarist and a singer, placed third. These three individuals, the winners of the first-ever edition of Spry's Showtime Rally, were awarded certificates and gift cards, as well as Chebucto Family Centre-branded merchandise and McDonald's meal vouchers. To conclude the evening, Chebucto Family Centre Executive Christine Wall and Spryfield Business Commission Executive Bruce Holland offered some congratulatory remarks, marking the end of a memorable event that celebrated young talent, strengthened community connections, and supported an important local cause.

known as Purcell's Island and the cove near the island was known as Purcell's Cove. In 1845 Samuel and Mary Purcell divided the island into five equal shares, one of which was kept by Samuel and Mary. Each of their four youngest sons, Joseph, Benjamin, James and Samuel, received a share of the island. The cove and 300 acres on the mainland were similarly divided, with each of the four sons receiving one share and the fifth share being kept by Samuel and Mary. Church records for the Purcell family in later years often gave their address as Island Cove.

Mary Vergie Purcell's death was recorded in the Nova Scotian, 15 Sept. 1851, "died Saturday" in her 89th

year. Samuel Purcell was buried 17 Apr. 1855, age 86, as recorded at St. Paul's Church, Halifax. Their grave-stones may be seen in the cemetery at Ferguson's Cove.

The island received some attention again in Samuel's last will and testament. His four sons would share the island and the cove. Should any of them die, their share would be passed on to their survivors. Their widows would share in the profits from the mackerel caught in the cove. The last son who survived could do what he wished with the island. Samuel's will was written 14 November 1847 and witnessed by J.W. Turner. The inventory of his estate was valued at 250 pounds, all of which was to be equally shared by the same four sons.

Purcell's Island became known as Spectacle Island by the people of Halifax who often travelled by boat to the island for picnics. The Lear family of Fairmount in Armdale enjoyed rowing to Spectacle Island for picnics. The name Purcell's Island continued to be used by residents of Purcell's Cove well after 1950. I remember attending a Sunday School picnic on Spectacle Island from St. Augustine's Church in Jollimore in the early 1950s. We travelled from the Dingle to and from the island in Mr. Joe Boutilier's ferry boat. By this time, fishing from the island was mainly recreational as the island's owners found work in Halifax and elsewhere.

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# Birds of the Backlands – Northern Yellow Warbler

by Joshua Barss Donham

The Northern Yellow Warbler is our only small songbird that is entirely yellow, making it our most recognizable and easily identified warbler. Females are more subtly coloured than males - lemon rather than sunflower yellow – without the rusty-red streaks on the breast.

Yellow Warblers are one of the most widely distributed and numerous warblers in North America, second only to the Yellow-rumped Warbler. One of our smallest warblers, they are slenderly built for the long flight they make to Central and South America where they spend the winter. Begin listening for their song in May, a string of whistling notes for which the mnemonic is ‘see, see, see, I’m so sweet.’

Nesting: Yellow Warblers nest 10 feet or less from the ground in the vertical forked branches of shrubs or small trees. Robie Tufts, author of the classic guide Birds of Nova Scotia, writes of a woman in the Annapolis Valley who discovered Yellow Warblers nesting on her verandah in a large potted geranium. The female constructs a sturdy cup using strips of bark, grasses, and plant fiber mixed with spider webs which helps bind it together. She lines it with soft materials, deer hair and cottony down from plants like dandelions, aspen, and willow.

Menu: Yellow Warblers eat insects which they pick up from the foliage of bushes and small trees: leafhoppers, midges and caterpillars. Agile flyers, they dart about between branches and



Northern Yellow Warbler at East Pine Island Pond in Halifax Backlands, Spryfield  
Photo Joshua Barss Donham

hover in mid-air to pluck caterpillars from the undersides of leaves. Both parents feed the nestlings.

Habitat: Yellow Warblers prefer deciduous trees, disturbed areas (places with abundant regrowth) and water - the edges of streams and brooks, lake shores and marshes. They are an ‘indicator-species,’ one of the first to expand into early succession-habitat. The Halifax Backlands features 7 lakes, numerous ponds, marshes, and marginal wetlands. In 2009, of the approximate 1350 hectares that make up the Halifax Backlands, 800 hectares burned in a forest fire. Now,

large areas of forest are characterized by pioneer species such as white and grey birch, aspen, willow, and alder - perfect habitat for Yellow Warblers.

Bird Conservation: Despite a population decline of 0.4 percent per year between 1966-2019, representing a drop in population of 20%, their numbers are high. “Partners in Flight,” a collaboration of ornithologists and organizations that uses survey data to estimate bird population size and determine the conservation status of bird

species, numbers them at 97 million. Land Conservation: Numerous Yellow Warblers nest in the southern Halifax Backlands along the shore at East and West Pine Island Ponds (lakes). The Nova Scotia government is currently considering designating a 505-hectare area of Crown Land in the Backlands near Spryfield as a permanently protected area, including these lakes and most of the Lower McIntosh Run – more than 37% of the overall Halifax Backlands. Keep the Backlands wild. For more information check out Williams Lake Conservation Company website and July’s edition of Chebucto News on page 2.



# Community Meets Legacy



Left to right: Isabel Rutherford and Allie Aitchison-Rant

Members of the CEC Cougars Girls Rugby Team, Isabel Rutherford and Allie Aitchison-Rant, pose by a meaningful sign at Graves-Oakley Memorial Park after their rugby match on June 6. For Isabel, this park is more than a beautiful place to play rugby – it is a reminder of her grandparents’ commitment to giving back to the community. The Hon. John M. Buchanan and Mrs. Mavis Buchanan generously donated this land to help preserve a community space for future generations to enjoy. This was indeed a day when community met legacy!



CEC Cougars Girls Rugby Team



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# New Dam. New Design

by Cathy Vaughan

The life cycle of the old leaky Williams Lake dam has far exceeded its expiry date. The old relic has had a long productive life and played a central role in providing hydropower downstream to various industries on the shores of the Northwest Arm in the 1700s.

In more recent memory, the dam has held Williams Lake waters for many generations of folks and families, offering healthy outdoor recreation opportunities for the HRM community. It supported important biodiversity, multi-faceted ecosystems, abundant wildlife and globally unique flora and fauna for the past 255 years. Good job!! Well done! Appreciate your service to our community.

The new dam is very modern, built to Canadian Dam standards by Build Nova Scotia with Dexter Construction Company and will be managed by Halifax Regional Municipality. The new dam will look significantly different, control lake levels more efficiently and safely, and have some very cool modern features – like a split-spillway and a fishway channel.

Excavation of the area, located in the Shaw Wilderness

Park on Purcells Cove Road, began in May and is steadily progressing to where construction crews are now ready to remove the old dam. Preliminary digging and excavating of two trenches deep in the embankments on both sides of the old dam will be the location of the new dam. Wooden and metal forms will shape the concrete poured for these ‘wing-walls’ in the trenches. These concrete retaining walls act like a dam and work together with the new split-spillway in the centre of the structure. You won’t see



Build Nova Scotia's engineering schematic of the new and improved dam on Williams Lake

the concrete wing-walls as they will be covered with earth and eventually landscaped with native plants. While these wing-walls will disappear, they will do their duty as a dam is supposed to and protect the shoreline from flooding.

Once the old dam is safely removed crews will clear the area down to bedrock and drill rebar ‘shepherds hooks’ into the bedrock to secure the footings of the spillway structure to the site.

Check the schematic above and notice that the split-spillway has two sections – the main section is built to hold the lake to regular spring season level. The higher, wider section is several inches above the main spillway and designed for abnormal heavy rainstorms, or that rare 100-year-storm, when the lower section cannot handle the sudden huge volume of water. As the lake water rises and safely overflows the higher part of the spillway both sections will act in tandem to release lake waters safely. This type of

split-spillway ensures the lake levels do not exceed the top of the higher part of the spillway to protect the area from flooding.

Federal and provincial regulations require a fishway channel or fish ladder to give free movement of migratory fish to feeding and spawning areas in Williams Lake. Fishway channels are designed for specific fish. The “pool-and-weir” design used in the new Williams Lake dam duplicates a natural waterway to attract salmon, trout, gaspereau and eels. This necessitates careful calculations of its slope with the water velocity calibrated for these specific fish. The channel will include resting ponds big enough to hold several fish as they make their way into Williams Lake. With the unprecedented rise in global temperatures we are experiencing around the planet and in our own backyards, a modern dam will help protect our Williams Lake and its watershed for several more generations.

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Halifax Real Estate

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# Something for everyone at Spryfield Days 2026

Photos by  
Sam Ramsay

by Sam Ramsay

It was a hot and sunny weekend on July 11th and 12th for the Spryfield Days celebrations, as a number of family-friendly festivities were held around the community. The children’s carnival was held at the J. Albert Walker Sports field from 11 AM to 3 PM and featured, as usual, food, face-painting, bouncy castles, and a visit from Frozen princesses Elsa and Anna. There were also some open-mic performances, and a performance from Spiderman later in the afternoon. Food options included carnival favourites like cotton candy, popcorn, and burgers, but a tent selling Venezuelan arepas was also present, and quite popular.

Another children’s festival was also happening in Greystone starting at 1 PM, where some bouncy castles, a mobile playground, and a variety of foods were available for the local kids to enjoy. A fire truck was also in attendance, giving tours and hard-hats to interested children.

On July 12th, the annual Fun-Duct-Raiser took place at Long Lake, where contestants raced boats made from cardboard and duct tape to raise money for the Long Lake Provincial Park Association. The fundraiser was under new management this year, and had fewer participants, but plans are in the works to ramp things up again for next year. Of the five boats that participated, only one – entered by the Spryfield Legion – made it back unscathed. The others were pulled unceremoniously out of the lake after sinking, as would-be rowers got a quick reprieve from the July heat. Sink or float, a good time was had by all. As is tradition, awards were given not just to the fastest boat (the Legion, by default), but also to the best sinking and the best decorated vessels. The Titanic award for best sinking went to The Snail, and the best decorated vessel was The Legion.



## Honouring Fraser Lake

The inaugural Fraser Lake Memorial Basketball Classic was held on Saturday, May 9, 2026, at J.L. Ilsley High School in Spryfield.

The tournament was created in memory of Fraser Rory Lake, a Grade 11 student at J.L. Ilsley who died suddenly in September 2025 at the age of 16. Known for his kindness, thoughtfulness, and ability to make everyone feel welcome, Fraser left a lasting impact on his school and community. He loved basketball, music, and friendship, and the event was designed to bring people together in the spirit of the things he loved most.

The one-day 3-on-3 basketball tournament featured boys’ and girls’ teams in two age divisions: Grades 6–8 and Grades 9–12. In addition to the tournament competition, participants enjoyed a variety of skills challenges throughout the day, including layup and shooting contests, an U10 partner challenge, and a Community Game that welcomed players of all ages and

abilities onto the court together.

The event served as a fundraiser for the Fraser Lake Memorial Society. Proceeds will support the newly established Fraser Lake Award at J.L. Ilsley High School, contributions to the J.L. Ilsley Food Pantry, and support for student graduation initiatives.

By every measure, the day was a tremendous success. The gym was filled with athletes, families, volunteers, coaches, sponsors, and community members who came together to celebrate Fraser’s memory while supporting local youth. The organizers are especially grateful for the support of community members and local representatives Brendan Maguire and Rod Wilson, whose support and advocacy helped make the event possible.

Tournament champions were:

- Grades 6–8 Girls: Fury
- Grades 6–8 Boys: Express
- Grades 9–12 Girls: JAB Steppers
- Grades 9–12 Boys: B-Bandits

The Fraser Lake Memorial So-



cety extends its sincere thanks to everyone who participated, attended, volunteered, donated, or sponsored the event. Special appreciation is extended to the referees, court marshals, scorekeepers, timekeepers, canteen volunteers, registration staff, and the many individuals who worked behind the scenes throughout the day.

Most importantly, thank you to the community for embracing Fraser’s memory and helping transform a day of basketball into something much

bigger than a tournament. The event reflected the very best of community spirit, people coming together to support one another, celebrate young athletes, and ensure that Fraser’s legacy continues to make a positive difference in the lives of others.

The Fraser Lake Memorial Society looks forward to building on this year’s success and welcoming everyone back for the second annual Fraser Lake Memorial Basketball Classic May 7-8, 2027.



# What’s Happening at the Urban Farm

## “Thank You!! Thank You!! Thank You!!!!”

Those have been the voices of happy children and youth receiving our “*Come Grow With Us - A Family Guide to Growing Vegetables*” garden books over the past few weeks! Next questions are - “Can we really keep it?” and “Can we colour in it?” To both questions, the answer - “YES, it is your book to read, colour the pictures and make notes about your gardening plans!”

Thanks to the great response we have received from members, family, friends, groups and organizations in our great community of Spryfield, we have given out over 150 of our garden books to the Boys & Girls Club, IWK Youth Garron Centre, YWCA Integrated Youth Services, Chebucto Connections Youth and CGWU families!! CGWU Garden books will now be given to students at our 3 local schools, Elizabeth Sutherland, Rockingstone Heights and Central Spryfield.

Our sincere “Thanks” to our donors - we could not do this without your financial support - Councillor Patty Cuttell, MLA Brendan McGuire, HRM Project Grant, Marel Eager, Cheryl Landry, Helen Lofgren,

Marlene May, Dale Mitchell, Karen Mountain, Jim & Pat MacLean, Michael MacLean, Michele Raymond - in memory of Richard & Jocelyn Raymond, Catherine Regan, Marta Robinson, Iris Shea, Janet Skiba, Christine Verhulp, Don & Carol Webb, Marjorie Willison, Earl Francis Spryfield Memorial Legion, From the Rotary Club of Halifax Northwest - Roger Chaisson, Dick Hodgson, Don Hunt, Tom McCaughney & Brendan McDonald, Mainland South Heritage Society, Chebucto Connections, Dan Doherty @ Chebucto News, Sean MacDonald @ Sobey's, and Wyatt Redmond @ Beaver Enviro Depot.

There will be one more opportunity for those still wanting to donate - starting now and ending April 2027. We will be going into our local schools starting in September with a special “request form” for students to complete if they would like to have our garden book which still sells for \$15/ \$10. They will have a chance to look through the book, ask questions, then tell us why they would like to have one. We look forward to sharing our garden knowledge with these young students to help them under-



Book excitement at Urban Farm

stand the importance of a healthy heritage and growing - even a few in a planter or pot - some of their own vegetables!

If you are interested in supporting our “Come Grow With Us” Giveaway Fundraising project to give every interested child, youth and youth leader in Spryfield a copy of our garden book, you may make a donation of \$100. to our UFMSS. You will receive a charitable receipt, 11 CGWU books given to students, one copy for

yourself and your name (if you wish) inscribed on the inside cover with the list of donors. This donation may be etransferred to - urbanfarmspryfield@gmail.com

Please mark it clearly for “CGWU BOOKS”.

Our UFMSS /CGWU sincerely appreciates your generosity and support for this project!

For further information, please call Pat at 902-497-3683 or email patriciabmaclean@gmail.com



# 2026 SAMBRO SOU'WESTER DAYS SCHEDULE



### Monday, August 3

10am-7pm Hourly Kids Community Baseball Games Sponsored by S-Henn Fishing Co. Ltd., Emry & Boys Ltd., Rainbow Net & Rigging Ltd. @ Ball Field

### Tuesday, August 4

6pm & 7:30pm Skip Horton Memorial Ball Tournament Co-Ed Adult Baseball Games Sponsored by Stephanie Napier, RMT, Heart & Home Realty, and In Memory of Dad/Paddy Gray @ Ball Field

### Wednesday, August 5

3pm-7pm Hourly Kids Community Baseball Games Sponsored by S-Henn Fishing Co. Ltd., Emry & Boys Ltd., Rainbow Net & Rigging Ltd. @ Ball Field

### Thursday, August 6

6pm & 7:30pm Skip Horton Memorial Ball Tournament Co-Ed Adult Baseball Games Sponsored by Stephanie Napier, RMT, Heart & Home Realty, and In Memory of Dad/Paddy Gray @ Ball Field

7pm (5:30pm doors open) Adult Bingo MUST BE 19+ Sponsored by Stephanie Napier, RMT. Single Books (3 cards) \$15, Double Books (6 cards) \$25, Triple Books (9 cards) \$30. Gift card prizes. 170 players max @Tent

### Friday, August 7

6pm & 7:30pm Skip Horton Memorial Ball Tournament Co-Ed Adult Baseball Games Sponsored by Stephanie Napier, RMT, Heart & Home Realty, and In Memory of Dad/Paddy Gray @ Ball Field

6:30-8:30pm All Ages Corn Boil & Ceilidh Sponsored by Castle & Cove Real

Estate Group @Tent. Corn on the cob, hotdogs & non-alcoholic beverages, raffle tickets available for purchase. Presentation of the Sambro Spirit Awards & local musical entertainment.

### Saturday, August 8

9am-3pm Sambro Island Lighthouse Boat Tours @Wharf Presented by Crystal Crescent Charters. Boat leaves the wharf every two hours. Adults \$40/Children 5-16 \$20/Children under 5 free (must be accompanied by adult over 18 years of age) (Weather permitting)

10am–11:30am Community Parade Sponsored by Coastal Restoration & Masonry Ltd. and The Armview Restaurant & Lounge. From Atlantic View Dr. in Sambro Head to the Tent. Expect traffic delays between 10am-12 noon from Atlantic View along Ketch Harbour Rd to Old Sambro Rd & then to West Pennant Rd. Prizes will be awarded @Tent following at 11:30am

11:30am registration, Starts at 1pm sharp Washer Toss Tournament MUST BE 19 + Sponsored by Apex Core Protection and Boats First Ltd. @ Ball Field \$20 per 2 person team. Max 48 teams. Cash & prizes to be won.

12–2pm Barbeque Sponsored by Dylan’s No Frills with hot dogs, hamburgers & beverages @Ball Field

12-2pm Family Carnival Sponsored by Crowell’s Guardian Pharmacy, The Orb Factory, Sambro Fisheries and Tribune. Bouncy castle & games @ Ball Field

1-3pm Closest to the Hole Golf Game Sponsored by Emry & Boys Ltd. @ Ball Field. \$5 to play. Gift Card Prizes. All

### Sunday, August 9

8am-10am Hourly Kids Community Baseball Games Sponsored by S-Henn Fishing Co. Ltd., Emry & Boys Ltd., Rainbow Net & Rigging Ltd. Awards at 10:30am @ Ball Field

9-11am Breakfast Sponsored by Oceanview Fisheries and Mishoo’s @ Tent. Scrambled eggs, pancakes, sausage with juice or tea/coffee. Adults \$8/Youth 5-12 years \$4/Kids under 5 free.

10:30am Service of the Sea Church Service @Church

12pm Blessing of the Fleet @Wharf, Weather permitting. Arrive at the wharf for 11:30-11:45am

2pm Skip Horton Memorial Ball Tournament Consolation Baseball Game Sponsored by Stephanie Napier, RMT, Heart & Home Realty, and In Memory of Dad/Paddy Gray @ Ball Field

3-3:30pm Rubber Duck Race Sponsored by Mishoo’s @ Grand Lake. Numbered ducks may be purchased in advance from Mishoo’s or SACA volunteers for \$5 each. Win up to \$500!

3–6pm Fish Chowder Meal Including roll, dessert, tea/coffee @Church Hall \$20

4pm Skip Horton Memorial Ball Tournament Final Championship Baseball Game Sponsored by Stephanie Napier, RMT, Heart & Home Realty, and In Memory of Dad/Paddy Gray @ Ball Field

8–9:30pm Parade of Sail off Crystal Crescent Beach. Boats must respect the distance required to be off shore in order for the fireworks to be safely presented.

9:30pm Closing Fireworks Display Sponsored by B&G Plumbing, Dairy Queen on Dutch Village Road, Funnell Insurance Group, James Gray Fisheries Ltd., K&K Roofing, and The School of Port City Ballet @Beach. Freewill donations accepted at the Beach gates. All vehicles must exit the park promptly at the conclusion of the fireworks. Rain Date Sunday, August 16.

Rubber Duck Race Tickets \$5 each & 50/50 Tickets \$2 each or 3 for \$5 available before & during festival from Mishoo’s or SACA volunteers

Exact Change & Small Bills Appreciated. PLEASE NOTE: We are not able to accept \$100 bills

### Event Locations

Mishoo’s Variety Store & Takeout (“Mishoo’s”) 1 West Pennant Rd, Sambro

James McPhee Memorial Ball Field (“Ball Field”), 133 West Pennant Rd, Sambro

Community Tent (“Tent”), 160 West Pennant Rd, Sambro

Government Wharf (“Wharf”), Sambro Wharf Rd, Sambro

St. James United Church (“Church”), 3811 Old Sambro Rd, Sambro

Grand Lake, 3129 Old Sambro Rd., Williamswood

Crystal Crescent Beach Provincial Park (“Beach”), Sambro Creek



# Cuttell Community Update

by **Patty Cuttell, HRM Councillor, District 11, Spryfield-Sambro Loop-Prospect Road**

Happy August! I hope you are enjoying the heart of summer and finding time to relax with family, friends, and neighbours. While many residents are making the most of the warmer weather, work continues on several important projects that will help shape our community for years to come.

One project many residents are following closely is the Herring Cove Road Multi-Modal Corridor Project. The public open house originally planned for June and July has been moved to September. I met with project staff in July, and the delay is largely due to the need for additional outreach to property owners who may be directly affected by this significant project, as well as local stakeholder groups. Given the scale of the changes being considered, it is important that those most impacted have an opportunity to receive information before broader public engagement begins.

The need for improvements to Herring Cove Road is well known. It is a challenging corridor with limited right-of-way, geographic constraints, increasing traffic volumes, new development, few alternative routes, and growing demand for transit and active transportation infrastructure. What is being proposed is transformational. Combined with the Suburban Plan and Spryfield Mainstreet planning work, the changes being considered will influence how people move through our community for generations.

Property owners affected by the project will be contacted before the public open house. Project materials will also be available online in advance, along with a public survey. While the project remains subject to future design and budget approvals, and full construction is still many years away - work has already begun. Some residents may have noticed testing equipment around Chocolate Lake Dam earlier this summer. Replacing the dam is required before major road construction can proceed. I encourage residents to stay informed through the Herring Cove Road Multi-Modal Corridor webpage on [Halifax.ca](http://Halifax.ca) and to participate in the consultation process this fall.

Council also received the Regional Subdivision Connectivity Review in July. Safe access and evacuation routes from neighbourhoods on the Chebucto Peninsula have been a growing concern for many residents. The study examined communities across the municipality to identify areas that may face challenges entering or leaving their neighbourhoods during emergencies. Several areas in District 11 were identified as having connectivity concerns due to factors such as single access roads, long detour distances, limited roadway redundancy, and geographic constraints. It also highlights that solutions are not always straightforward. In many coastal communities, natural features and environmental constraints can make new road connections difficult, expensive, or impractical. As a result, community safety depends on more than building new roads. Emergency preparedness, evacuation planning, communication systems, and neighbourhood resilience

are also important considerations. I have been focused on voicing these concerns with Planning, Public Works, and Emergency Management staff for some time. Now that we have this report, the findings can help guide future action throughout our area to improve emergency preparedness.

The Rural Rec Van is back for another summer and continues to be a popular program for local youth. Every Tuesday until the end of August, the Rec Van visits Deep Run Playground in Ketch Harbour at 10 a.m. and the Harrietsfield-Williamswood Community Centre at 1 p.m. Participation is free, and the van is packed with activities including sports equipment, games,

## The Maguire Report

by **Brendan Maguire, MLA for Halifax Atlantic**

I hope everyone is enjoying their summer and taking advantage of the beautiful weather we’ve been having. August is usually one of the hottest months of the year, so please remember to stay hydrated, take breaks from the heat when you can, and never leave children or pets in a parked vehicle, even for a few minutes. If your pets spend time outdoors, make sure they always have plenty of fresh water and a shady place to cool down.

With the warmer weather also comes an increased risk of wildfires. Before lighting any outdoor fires, please take a moment to check the daily burn restrictions by visiting <https://novascotia.ca/burnsafe/>. It’s a simple step that helps protect our forests, our firefighters, and our communities.

Before I move on, I also want to acknowledge the passing of former Nova Scotia Premier Dr. John Hamm. Whether you agreed with him politically or not, there is no question that he devoted much of his life to serving Nova Scotians, first as a physician and later as Premier. Public service is never easy, and I want to offer my sincere condolences to his family, friends, and everyone who had the opportunity to work alongside him. His contributions to our province will not be forgotten.

I also want to thank Bruce Holland, the Spryfield Business Commission, every volunteer, and every sponsor who helped make another Spryfield Days such a success. Events like this don’t happen without months of planning and a great deal of hard work, and our community is fortunate to have so many people willing to give their time to make them happen.

I’ve also heard from many residents recently about speeding, pedestrian safety, and cyclist safety. These concerns are real, and I’ve raised them with Halifax Regional Municipality staff and our local councillor. I’m hopeful we’ll see increased police enforcement in some of the identified areas. In the meantime, I simply ask everyone to slow down, stay alert, and remember that we’re all sharing the same roads. Looking out for one another can prevent a tragedy.

Construction continues at both Herring Cove Junior High School and J.L.

archery, skipping, road hockey, soccer, baseball, and much more. Please remember that this is an unsupervised program, and children requiring supervision must be accompanied by a guardian.

Community Playboxes in Portuguese Cove, Ketch Harbour, Sambro, Williamswood, and Harrietsfield have been restocked. These boxes provide free access to outdoor recreation equipment for everyone’s enjoyment. If you have gently used outdoor play equipment looking for a new home, please consider donating it. If you notice a damaged Playbox or one that needs replenishing, please let me know.

For local boaters, I have been working with Parks staff on improvements at the Dingle Boat Launch to address ongoing issues with vehicles blocking access. Blocking a boat launch is illegal and creates a safety concern. Weather

conditions can change quickly on the water, and boaters need reliable access to retrieve their vessels. Please be mindful of where you park.

I have also been discussing the possibility of creating a small-dog-only area at Roche’s Pond Dog Park. Several residents have requested this addition, which is a common feature in many off-leash parks. I welcome your ideas on how to make it a success.

Finally, I am pleased that the final section of the McIntosh Community Trail along Roche’s Pond is now complete. Residents can walk, run, or cycle from the Captain Spry Centre to the dog park using a continuous multi-use trail.

Enjoy the rest of your summer. Please contact me at [patty.cuttell@halifax.ca](mailto:patty.cuttell@halifax.ca) if there is a municipal matter I can help you with. It is a privilege to represent District 11.

and many of the projects I’ve worked on over the years began with someone simply stopping me for a chat.

If you see me around the community, please don’t hesitate to say hello. Whether you have a concern, an idea, or just want to talk, I always appreciate hearing from you.

Representing Halifax Atlantic has been one of the greatest honours of my life. Every day I am reminded how fortunate I am to serve a community filled with compassionate, hardworking, and generous people. Thank you for the trust you’ve placed in me over the years. It is a responsibility I never take lightly.

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WE CARE



# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

**David Leo Gaudet**  
May 11, 1968 – June 22, 2026  
It is with heavy hearts that we announce the passing of David Leo Gaudet, who passed away peacefully at home in Halifax, Nova Scotia, on June 22, 2026, at the age of 58, surrounded by family.

Dave was a loving son, father, brother, uncle, cousin, and friend whose kindness, sense of humor, and generous spirit touched the lives of everyone who knew him. Born and raised in Halifax, Nova Scotia, he also spent time living on Vancouver Island, BC, but no matter where life took him, he always felt most at home near the ocean.

Dave found happiness in life’s simple pleasures. He loved gardening, playing horseshoes, and spending time outdoors. Some of his happiest moments were kayaking with his cousin Shellie and nephew Dan, taking his daughter on bike rides, eating spaghetti and keeping busy with whatever project needed doing. He was known for his strong work ethic, his willingness to lend a hand, and his ability to make people feel welcome.

Dave leaves behind his loving mother, Jean Gaudet; his sister, Vicky Gaudet; his uncles and aunts John and Melissa Shadbolt, Joanna Shadbolt with Ken, Jane (“Bibbi”) Petrossie,

Jocelyn and Don Taylor, Barb Gaudet, Jeff and Donna Shadbolt, Barry and Debbie Gaudet, and Marie Gaudet; his cousins Shellie Petrossie, Sheri Petrossie, and Scott Taylor; his daughter, Chantelle Sutton; his nieces and nephews Dan Gaudet (who was raised more like a brother) with Holly, Desiree Paquin with Jordan, Michael Gaudet, Cory Gaudet, and Marcel Gaudet; as well as many beloved second cousins, including Joseph, Mateo, Devon, and Silas. He also leaves behind many extended family members and dear friends who will miss him deeply, and of course, his cat Sassy.

Dave was predeceased by his father, David Gaudet.

He will be lovingly remembered by his close friends Terry Willis, Rob Lang, Ken Parsons, lifetime partner Constance Sutton and many others whose lives were made better by knowing him, including his friends from SMU (Saint Mary’s University)

To Chantelle, Dave was simply Dad. Through his unwavering love, guidance, and support, he showed that family is not defined by blood alone, but by devotion, loyalty, and unconditional love.

In lieu of flowers, donations can be made out to your choice of charitable organizations in Davids memory.

**Wayne Gilbert Nickerson**  
It is with deep sadness that we announce the passing of Wayne Gilbert

Nickerson “Nick” on June 29, 2026, at the age of 90. Nick passed away peacefully at the VG Hospital with his wife of 68 years, Mona, by his side.

Nick was a long-time resident of both East Pennant and Halifax. He is survived and dearly missed by his loving wife, Mona; brother, Larry (Shirley); nieces and nephews; and family in Ontario and New York. Nick was predeceased by his parents, William and Nima; brother, Jerry (Pearl); sister, Jeanne (Herbert); and nieces Judy and Carol.

Nick attended Gorsebrook, Tower Road, and QEH public schools as well as Dalhousie University. He was an avid fan of both basketball and football, playing basketball for Dalhousie and the Clod Hoppers as well as football for the Buccaneers. Nick had a lifelong career in accounting. After working for several prominent companies in the Halifax area, he eventually opened his own accounting business.

He enjoyed hunting and fishing at his camp in Oben, Cape Breton, and always looked forward to the many fishing tournaments held each summer back at Ragged Lake with friends and family. Nick and Mona made many trips across both Canada and the US in various motorhomes throughout the years. Most of their winters were spent golfing, dancing at the Legion, and having fun times with all the new friends they made while living in Florida.

**Deborah Ann Kerr**  
August 30, 1954 - April 5, 2026  
Deborah Ann Kerr, nee Kane,

passed away peacefully with family by her side at the age of 71. Deb was a tenacious, creative and proud woman, always willing to lend a hand where she could. She was happy to open her door to all and would host with an open heart and plenty of fun and laughter. She was a resident of Mount Uniacke for many years and loved the area, forging many special friendships throughout the community. Known for being an eclectic collector, her home was a reflection of her playfulness and humour, and never stopped entertaining those who dropped by.

Deb was a long time business member in the Spryfield community and was known for being helpful, kind and fair. She would do anything she could to help out someone in need and her many years in business reflected this commitment to others.

Deb is survived by her loving husband, Calvin, and children Sean, Susie (Nancy Thompson) and Steve MacInnes (Heidi White). She loved her siblings, sisters, Jo-Anne Lani-gan, Dianne Burgess (Alan), and Julie White (Cory), and brother, Paul Kane (Cheryl). She also shared a wonderful relationship with many others, especially nieces, nephews, step children, and grandchildren.

She is predeceased by her mother, Gertrude (Hodie) Skidd (John McClure) and father, Ralph (Bud) Kane (Elaine).

Heartfelt thanks to the doctors, nurses and staff of the VG Hospital that were so compassionate throughout her care.



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## St. Paul’s Family Resources Institute plays a vital role in our community

*by Donna Martin*  
The sweet sound of children playing is what we hear these days at St. Paul’s Family Resources Institute. Day Camp started on July 6th and will offer weekday activity until August 14th. The weeks are full of on-site play, as well as off-site activities. These are busy weeks, guaranteed to offer the children in your life a summer full of lasting memories.

With swimsuits and lunches packed, our Camp Counsellors are able to transport the children to various activities in the city by riding the Halifax Transit, which offers free fare for children twelve and under. Other activities are a short walk away, and include the lifeguard supervised Kidston Lake Beach, and the Captain William Spry Recreation Centre.

Food Bank Day for the St. Paul’s Family Resources Institute is held every Wednesday, year-round, starting at 10am and running until 12pm for anyone registered. An order is three days’ worth of food and can be received once monthly. During the six weeks of Day Camp, an off-site activity is planned for that time frame.

Soup’s On held its last free meal of the season on Tuesday June 23rd. The delicious meal was prepared by White Sails Bakery and served by our

committed volunteers. Soup’s On will resume in early September.

A big thank-you to all of you who donate your recycling to the St. Paul’s Family Resources Institute. By labeling your bags with our name and ensuring the caps have been removed from the bottles and dropping them off to Beaver Enviro-Depot, at 251 Herring Cove Rd., we can secure extra income.

Our annual Flea Market and barbecue was held on June 6th. It was a perfect day for an outside market, weather wise and otherwise, as many of you came to browse, chat, and purchase. The prices were right and the smell of the barbecue certainly tempted the tastebuds. Thank you for your support.

The John Umlah Community Garden sits to the rear of the church property. It hosts forty garden plots and was established in the mid-nine-

ties. Over the years we have supported gardeners from many other countries and backgrounds, bringing a host of growing techniques. Amongst them are a group of Bhutanese families. In the mid-nineties, a Bhutanese community, consisting of Nepali-speaking refugees, fled Bhutan, and resettled in Halifax. With strong agricultural backgrounds, our Community Garden became a hub for some of these newcomers. Growing food to support their families is vital and growing crops most of the year is helping to not only feed, but maintain, their culture.

We are blessed with learning from one another every day.

As we learn and grow together each day, I want to leave you with our contact information. Kristen Hollery is our Executive Director and can be contacted at khollery\_stpauls@hotmail.com, or by phone at 902-479-1015.

Share your thoughts and opinions with us. Email: [chebuctoeditor@gmail.com](mailto:chebuctoeditor@gmail.com)



# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



## AUGUST

**Food Banks:**

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Tuesday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9 am and 10 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Food Bank: (322 Herring Cove Rd). If you would like help with food, please call 902-477-1954 before 10 am Tuesday and leave a message with your name and phone number. Our volunteers will call you back on Tuesday. Pick up time is Wednesday, 9:00-10 am, at the lower church hall behind the church.

If you would like to donate food, please drop it off on Tuesday morning before 10:30 or Sunday morning at the church.

**Free meals for those in need:**

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

**Spryfield Legion Events:**

- Bingo Every Sunday. 1:00 pm. Doors open 11:00. Kitchen Open 11:30 -1:00 pm
- Chase The Ace Draw every Monday 7:00 pm
- POOL - All Memorial pool tournaments are open to members of any legion along with family members of the person being memorialized.

**Harrietsfield Williamswood Community Centre events:**

- Currently taking bookings. Please call, email or message us through our Facebook page, phone at (902) 446-4847, or email hwcc@outlook.com
- Our "Community Votes" Gold winning After school program has part time and full time spots available! Grades Pre-primary to six! Contact Cara at hwcc@outlook.com
- We are looking for new volunteer Board Members to join our team! Do you care about your community and want to make a difference? No experience needed- just a big heart and willingness to help!
- Mobile Food Market, Tuesday August 14th & 28th 1pm-3pm Affordable produce!

**Chebucto Family Centre (3 Sylvia Ave) events:**

**Free Meals:**

- Community BBQ - August 5th & 19th @ 11:00am-12:00pm
- Lunch To Go - August 12th & 26th @ 11:00am-12:00pm

**Free Drop-In Programs:**

- Family Playgroup - August 17th , 24th & 31st @ 10:00-11:30am
- Baby Storytime - Wednesdays @ 10:00-11:00am
- Loose Parts for Families with School Aged Children - August 12th & 26th @ 1:30-3:00pm
- Rock & Rhyme - August 13th @ 1:15-2:30pm
- Infant Massage - August 20th & 27th @ 1:15-2:30pm
- Summer Reading for Families with School Aged Children - Fridays @ 1:30-3:00pm

**Free Fitness Programs:**

- Aqua Fit - August 6th @ 10:00am; meet at the Captain William Spry Wavepool
- Latin-Cardio - August 13th & 27th @ 10:00-11:30am
- Yoga - August 20th @ 10:00-11:30am
- Parent & Tot Swim - Thursdays @ 11:30am-12:30pm; meet at the Captain William Spry Wavepool
- Struttin' With Steve, ideal for parents with children in strollers - August 21st @ 10:00-11:30am; meet at Long Lake Park on Dunbrack St

**Free Social Programs:**

- Draw & Chat - August 7th @ 10:00-11:30am
- Coffee & Chat - August 14th @ 10:00-11:30am
- Craft & Chat - August 21st @ 10:00-11:30am
- Coffee & Cards - August 28th @ 10:00-11:30am

**Free Special Events:**

- Beach Day - August 4th @ 11:00am-2:00pm; Chocolate Lake
  - The 6 Day Zoo - August 10th @ 10:30-11:30am
  - Public Gardens - August 11th @ 9:30am-1:00pm
  - Lego Night - August 13th @ 6:00-7:30pm
  - Halifax Commons Water Day - August 25th @ 10:00am-1:30pm
  - For more information please visit: <http://www.chebuctofamilycentre.ca/our-calendar/>
- Registration Opens July 27th @ 9:30am  
Call 902-479-3031 ext 302 to Register

**Emmanuel Anglican Church (322 Herring Cove Road) events:**

- Our hall is available for rental. Please call 902-477-1783 or go to <http://emmanuelanglicanchurch.net/>

**Salvation Army (328 Herring Cove Rd) events:**

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

**St. James United Church (3811 Old Sambro Road, Sambro) events:**

- Fish Chowder supper: Dine in or Take-out. Includes roll and dessert. Sunday August 9th. 3 to 6pm Adults \$20 cash only. Kids 12 and under eat free.

**Stella Maris Roman Catholic Parish events:**

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).
- For further information contact Stella Maris Parish office at 902 477-3530 or email [stellamaristwelvebaskets@gmail.com](mailto:stellamaristwelvebaskets@gmail.com)
- Seniors Social Tea. Join us for refreshments, snacks, and friendly conversation in the Stella Maris Hall. The second Wednesday each month, 1-3pm. All are welcome. More info: [david.h@stellamarishalifax.com](mailto:david.h@stellamarishalifax.com)

**St. Paul's United Church (173 Old Sambro Road) events:**

- Now that the freezing weather is behind us, the outdoor tap has been turned on and those in need may access it at any time.

**Spryfield Legion/Forever Young Seniors Club**

- Chase the Ace draws are conducted every Monday night at 7:00 pm. Everyone is welcome. Tickets are \$5.00 each. This round of Chase the Ace will have ticket sales at the Spryfield Legion bar during bar hours through the week, Mondays 5:00pm to 6:45pm by Forever Young Senior Club volunteers and Legion member volunteers, and for your convenience starting this round, Chase the Ace tickets are being sold at six satellite businesses.
- These Satellite Businesses are:  
Mishoo's Take Out 1 W Pennant Rd, Now We're Cookin' Convenience Store 179 Hebridean Dr. Herring Cove Road, Cove Market 565 Herring Cove Road, Uncle Buck's 5 Denith Road, Beaver Enviro Depot 251 Herring Cove Road, and Mike's Kwik Way Convenience Store 486 Herring Cove Road. Ticket holders are not required to be present at the ticket draws on Monday night when a clearly filled in ticket is purchased. Ticket winners will be called at the phone number and name provided on the purchased ticket. Chase the Ace supports community programs at the Legion and at the Forever Young Senior's

Club, Spryfield. Thank you for supporting our Legion and the Forever Young Senior's Club in Spryfield

**Urban Farm Museum Society of Spryfield**

Our UFMSS would like to invite you to our 2026 upcoming events to be held at our Urban Farm Site across from Kidston Estates on Rockingstone Road.

- Evening in the Garden - Wednesday, August 19th. 7-9pm
- Harvest Fair / School Farm Day - Saturday, September 19th. 2-4pm (Raindate Sept. 20th)

2026 is the 30th. Birthday of our UFMSS with special guests, the "Barnyard Bunch" of farm animals. Enjoy games, contests, harvest food, entertainment, bubbles and birthday cake! A special invitation to all students, families, seniors, past and present members, volunteers and everyone in our community!

2026 Memberships are now available - Individuals \$15.00, Students & Seniors \$10.00, Families \$20.00, Groups & Organizations \$55.00. For more information, please call Pat at 902-497-3683 or email [urbanfamspryfield@gmail.com](mailto:urbanfamspryfield@gmail.com)

**Forever Fit for Seniors.** Mon, Wed, and Fri from 10 to 11am at Emmanuel Church Hall. Punch cards available from the YMCA. First class free.

**Crafts and Conversation** Tues and Thurs from 1:30 to 3:30 pm in the Shared Program Room at 16 Sussex Street. Free drop-in. Refreshments. For more information, check out [info@halifaxweddingchapel.com](mailto:info@halifaxweddingchapel.com). Funding by the Community Links Association and the NS Dept of Seniors and Long-term Care.

**Spryfield Lions Club** invites you to get involved with the community by joining your Spryfield Lions! Meetings are held on the 4th Tuesday of each month. Phone 902-479-2917 for more information.

**45 Card Social** at the Golden Age Centre 212 Herring Cove Road (across from Guardian Drug Store).  
Every Monday afternoon 1:30pm. Cost: \$6.00/person. Bring a partner and if not, a partner will be provided. Increasing jackpot available to be won. Everyone is welcome to come. Contact: Sue Morrissey 902-229-5851

**To have your Community Event listed call or fax us at 902-477-NEWS or email [chebuctoeditor@gmail.com](mailto:chebuctoeditor@gmail.com). Check our Facebook page for updates & late arrivals**



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# Bringing Convenience Home:

## Bluenose Laundromat 2 Fills Herring Cove's Urgent Need for Local 7 Days a Week Laundry Services and Dry Cleaning with Delivery

Residents of Spryfield now have a new, convenient option for their laundry needs with the opening of Bluenose Laundromat 2, located at 374 Herring Cove Road.

As an extension of Bluenose Laundromat, a trusted Halifax business serving the community since 1980, the new location brings over four decades of experience and a commitment to providing reliable, high-quality laundry services seven days a week.

The new laundromat is designed to meet the needs of everyone in the community. Whether it's a family whose washing machine has unexpectedly broken down, a busy professional looking to save time, a student, a senior, or someone who simply prefers the convenience of commercial laundry equipment, Bluenose Laundromat 2 offers flexible services to fit every lifestyle.

Customers can choose to drop off wash only, dry only, or take advantage of the full Wash, Dry & Fold service, allowing them to spend less time doing chores and more time with family, work, or other priorities.

Recognizing that every customer has unique needs, Bluenose Laundromat 2 also offers tailored services, including unscented laundry options for those with sensitivities, the laundromat also welcomes commercial customers, providing customized laundry solutions for local businesses such as barbershops, restaurants, pizza shops, and other service providers.

The new location aims to become more than just a laundromat—it is a community resource that supports busy families, single parents, seniors, essential workers, students, and anyone who values clean, fresh laundry without the hassle.



This opening also marks an important transition for the laundromat. After 17 years of faithfully serving the Spryfield community, Ted is handing the business over to Cinthia as he begins a well-earned retirement. Ted has been a familiar face to generations of customers, always ready to lend a helping hand and ensure

everyone felt welcome. His dedication has left a lasting mark on the community, and we thank him sincerely for his years of service.

On behalf of everyone at Bluenose Laundromat, we wish Ted a long, happy, and relaxing retirement. And who knows—maybe one day we'll have the pleasure of doing his laundry instead!

With its convenient location, extended hours, reliable equipment, and customer-focused services, Bluenose Laundromat 2 is ready to serve Spryfield and the surrounding communities, continuing the tradition of dependable service that has made Bluenose Laundromat a trusted name in Halifax for more than 45 years.

Residents are invited to stop by, explore the new facility, and experience the convenience of professional laundry services close to home. Or follow us on Instagram or Facebook.



A bank of shiny new washers and dryers ready for you

| Laundry Services<br>(plus tax)                      |         |
|-----------------------------------------------------|---------|
| Wash                                                | \$5     |
| Dry                                                 | \$5     |
| Fold Service                                        | \$5     |
| Wash, Dry and Fold                                  | \$15    |
| Large Washer                                        | \$10    |
| Large Dryer                                         | \$10    |
| (Large washer/dryer for blankets & Comforters only) |         |
| Comforters & Duvets                                 |         |
| Twin/Single Comforter                               | \$20    |
| Queen Comforter                                     | \$25    |
| King Comforter                                      | \$28.75 |
| Puffy King Comforter                                | \$30    |
| (Ready next day after drop-off)                     |         |
| Pick Up and Delivery                                |         |
| Per Trip                                            | \$11.99 |

| Hours of Operation |                 |
|--------------------|-----------------|
| Sunday             | 8 am to 2:30 pm |
| Monday             | 9 am to 3 pm    |
| Tuesday            | 9 am to 3 pm    |
| Wednesday          | 9 am to 3 pm    |
| Thursday           | 9 am to 3 pm    |
| Friday             | 8 am to 5 pm    |
| Saturday           | 8 am to 5 pm    |

| Dry Cleaning Services<br>(plus tax) |                       |
|-------------------------------------|-----------------------|
| <b>Mens Wear</b>                    |                       |
| 2 piece suit                        | \$26                  |
| 3 piece suit                        | \$37.50               |
| Trousers                            | \$13                  |
| Blazer                              | \$13                  |
| Shorts                              | \$11.50               |
| Suit Vest                           | \$11.50               |
| Tie                                 | \$7                   |
| Shirt                               | \$4                   |
| Shirt BOX                           | \$5                   |
| Silk Shirt                          | \$12                  |
| T Shirt                             | \$8                   |
| Heavy Sweater                       | \$18                  |
| <b>Coats/Jackets</b>                |                       |
| Winter Vest                         | \$18                  |
| Spring Jacket                       | \$20 and up           |
| Light/Spring Coat                   | \$23                  |
| Winter Heavy Jacket                 | \$25 and up           |
| Winter Coat/Parka                   | \$28 and up           |
| <b>Household Items</b>              |                       |
| Blanket Comforter Single            | \$40                  |
| Blanket Comforter Double/Queen...   | \$45                  |
| Blanket Comforter King              | \$50                  |
| Feather Double/Queen                | \$90                  |
| Feather King                        | \$100                 |
| Duvet Cover                         | \$22                  |
| Tablecloth                          | \$14 and up           |
| Drapes per pleat                    | \$3.50                |
| Sheers per pleat                    | \$2.50                |
| <b>Dresses/Skirts</b>               |                       |
| Dress (day)                         | \$20                  |
| Evening Dress long                  | \$30 and up           |
| Prom/Bridesmaid Dress...            | \$?? and up           |
| Skirt Regular                       | \$13                  |
| Skirt Long                          | \$15                  |
| Skirt Pleated                       | \$18                  |
| Kilt                                | price upon inspection |
| Blouse                              | \$12                  |
| <b>Specialty Items</b>              |                       |
| Wedding Gown                        | \$175 and up          |
| Wedding Gown cleaned and restored   | \$250 and up          |
| Leather/Suede Jacket                | \$80 and up           |
| Leather/Suede Pants/Skirt...        | \$50 and up           |
| No guarantee on leather/suede items |                       |
| <b>Press only</b>                   |                       |
| Blazer/Pant/Skirt                   | \$8                   |
| Blouse                              | \$4                   |
| Shirt                               | \$3.50                |
| Dress (day)                         | \$12 and up           |

### To celebrate the opening, Bluenose Laundromat 2 is introducing weekly community appreciation specials:

- **Mondays:** \$13 per load for Heroes, including nurses and firefighters.
- **Tuesdays:** \$13 per load for students.
- **Wednesdays:** \$13 per load for seniors.
- **Thursdays:** \$13 per load for unscented laundry service (customers are asked to bring their own unscented detergent).

