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Chebucto News

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November 2025

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Spryfield Attack season opener ceremonial face off and puck drop



Ceremonial opening faceoff for the 2025-26 season. Captain Aiden Marchand of Sackville, Stephen Adams, and captain Roman Joseph with Spryfield.



Lest we forget Poppy Day November 11

In Flanders Fields
by John McCrae

*In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

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The event of the season: J.L Ilsley’s Homecoming Dance

by *Camila Lopez Amezcua*
The homecoming dance is a well known tradition that started in 1911 at the University of Missouri. It is the event that happens after the home opener football game of the season; it intends to welcome back the students from the end of summer and build up the school spirit for the rest of the year. Since then, it has been one of the biggest events for universities and high school students in the U:S, and has even made its way into Canadian schools.

This year J.L Ilsley High School didn’t stay behind; 114 years later we hosted our first home coming dance, setting a new trend for the high schools of the area.

Proposed by the co-presidents and the executive team of J.L.’s Student Council, the event took place on the night of September 25th. The idea arose from the desire of a fresh and new event that would give students the opportunity to meet and connect with other community members, especially our new grade nine students. It was also thought to be a great way to start up the school year with great energy and enhance the school spirit. Thanks to incredible planning and help from amazing volunteers, I can say we made this dance to be a huge success. Students arrived with their best attire ready to have a great time, which we did. We danced and sang all night long.

As part of the student council and a grade 12, I can speak for my genera-



tion and say we are very excited to see all the energy and enthusiasm the new students are bringing to our school. We hope this becomes a long lasting tradition for future generations, one

that leaves behind a legacy of collaboration, respect and fellowship. Special thanks to all the teachers and staff members who made this possible!

Are there ghosts in Spryfield Episode 11

A farewell to you.
It has been a pleasure writing my spirit happenings and it has given me a push to work more on my book “Spirits Walk Here”. So, thank you for the inspiration to put my stories to pen and paper.
Three days ago, I was planting some garlic bulbs. I was feeling something about to happen, so I looked in the direction that I was pulled towards. About 20 feet away, I saw a shimmering form, shiny with different colours. I was busy with planting, so I looked away and carried on with my work. About 10 minutes later I could

still feel something, so I looked up. It was the shimmering thing again, but this time I seemed to get an image of my father in a suit with a hat that he used to wear. I thought ‘how nice’ and felt special that he chose to visit while I was planting garlic. My mom and dad loved garlic, especially in stuffed artichokes.
So, there you go. This is my world, and I wouldn’t change a thing. It makes me wonder and I often feel comforted.
The new year of 2026 will soon be upon us. May you all walk in peace and comfort.

Chebucto News

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Religious Services for November

Send your submissions to chebuctoeditor@gmail.com for December’s issue by November 10.

City Church (276 Herring Cove Road)
Sunday Family service: 10:30am
Nursery and Children’s ministry: 10:30am
Wednesday night prayer: 7-8pm

Hill Chapel (91 Thornhill Dr)
Formerly Spryfield Christian Community Church
Church services Sunday 11-12 am

Oromo Gospel Church
Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd., 902-477-1783 emmanuelanglican-church.net, Sunday Worship:
8:00 am: Quiet, traditional, contemplative communion service.
10:00 am: Lively, contemporary communion service with music. Livestreamed.
Emmanuel Church is an affirming church. Everyone is welcome to join us for worship.

St. Paul’s United Church (173 Old Sambro Road)
11am on Sunday mornings.

Stella Maris Roman Catholic Parish at St Michael’s Catholic Church
Weekend Masses: Saturday: 4pm Sunday: 8am and 10am
Weekday Masses: Tuesdays: 7pm Wednesdays and Thursdays: 9am Fridays: 9am (followed by 1 hour of Eucharistic Adoration) 1st Saturdays: 9am Tuesday 7pm
Masses: First Tuesday: Healing Mass Second Tuesday: Mass and Adoration Third Tuesday: Mass and Adoration Last Tuesday (Sep-May): Eventide Candlelight Prayer
All are welcome, wherever you are on your faith journey!

St. James United Church (3811 Old Sambro Rd)
Sunday worship services are at 10:30 am.
Nov. 2: Daylight Saving Time ends so remember to change your clocks!
Nov. 9: Remembrance Sunday Service.
Nov. 11: At 10:45 am the community is invited to gather for a

Remembrance Ceremony at the Cenotaph behind the school in Sambro, followed by refreshments and a Memorial Display in St. James hall.
Nov. 23: Annual Fishermen’s Service.
Nov. 30: First Sunday in Advent: an Intergenerational Service as we celebrate Hope with Hanging of the Greens.
Christmas Eve Service: 6:30 pm, Wednesday, December 24. Celebrate family, community and the Christmas message

Our services are live streamed on Facebook (St James United Church Sambro NS) and YouTube. Weekly bulletins with the order of service are on our website: www.sambrojollimorepc.com; email address: office.sambrojollimorepc@gmail.com; phone 902-868-2791.

St. James Anglican Church (1 Harrigan’s Road)
Sunday mornings at 10:30am alternating each Sunday with Holy Eucharist and Morning Prayer
Priest in charge: Rev. Taunya Dawson (902) 240-7588
Lay Minister: John Richardson (902) 233-3465

Open Door Community Church (11 Aldergrove)
Open Door Community Church invites you to join us weekly for a time of fellowship, contemporary worship music and Bible based teaching for today’s life. Please join us Sunday mornings at 10:30am

Wayfarers’ Church (328 Herring Cove Road)
Sunday Worship 10:30am
website: wayfarerschurch.ca
email: friends@wayfarerschurch.ca
Searching for Truth Church (2 Auburn Ave)
Church for everyday people. Fridays at 7pm

Apologetics Club. First Saturday of the month from 6 to 8pm. At 114 Bromley Road. Please join us for a delicious meal followed by a discussion. This is an outreach of Living Hope Community Church. For more information call Maggie at 418-264-7292

Christ Embassy Halifax (16 Sussex St.)
Sunday Service – 9:30 AM
Online Services on Zoom:
Sundays – 8:00 – 9:00 AM
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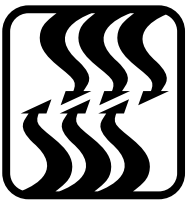


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DISCOVERING OUR PAST

Banners to be installed to honour those killed in two World Wars

by Iris V. Shea

The Mainland South Heritage Society began a project in 2017 to honour 24 local veterans who died while serving their country in World War I and World War II. The colourful banners were installed on poles along the Herring Cove Road for the month of November, and would become an annual tradition. Thanks to MSHS member, Jacqueline Brousseau (now deceased) who suggested the project and who contributed so much time and effort to its completion by 2017.

An article in the November 2016 issue of this newspaper included information on six Sambro veterans who were killed in action during the First World War. Their names are inscribed on a plaque in that community. The name of each of these men, Philip Findlay, Joseph Tough, Harold W.A. Smith, Clyde B. Deville, Lester B. Young and Everett Marryatt, appear on individual banners. Two more banners for World War I veterans are among the original 24: Cyril Oakley of Spryfield, died June 22, 1918, and Walter Billman from Armdale, died November 5, 1916. Plans are now underway for installing the original 24 banners on November 7th weekend. We may have more banners added this year (2025).

Information was collected by members of Mainland South Heritage Society on 16 local veterans who served in World War Two, their ages ranging between 18 and 38. Each man has been honoured with a banner. Since the beginning of the project other names have been brought to our attention, and plans are underway to have more banners installed each November as funds become available. The names of the following local World War II veterans have been on individual banners since 2017.

Jack Forward from Jollimore served as a gunnery instructor in England for four years before transferring to the Regina Rifles Regiment where he was a platoon sergeant. He died March 30, 1945 from injuries following a battle along the Rhine. Jack Forward was buried in the Groesbeek Canadian War Cemetery in the Netherlands, close to the German frontier.

Evatt Merchant, also from Jol-
limore, was a captain with a British
Regiment, the Queen's Own Cameron
Highlanders. He died November 18,
1944 and was buried in Mierlo War
Cemetery.

Daniel Serrick from Jollimore joined the Manchester Regiment in 1938, before war broke out. In 1942 he became part of the 1st Canadian Special Service Force, training Canadian and American paratroopers. He was killed in action in Italy on May 29, 1944 and was buried in Beach Head



Photo courtesy Mainland South Heritage Society. Photographer Allan Marryatt., 2017

War Cemetery, Anzio, Italy. He was awarded the Silver Star, posthumously, by the United States Government.

David Romans of Melville Cove became the first Nova Scotian in the war to receive the Distinguished Flying Cross. As a navigator and bomb aimer, his plane was shot down on September 8, 1941 off the coast of Norway. He was buried in Norway, in the Bygland church yard. Romans Avenue in Halifax was named in his honour.

Joseph “Leo” Lanigan of Armdale, a gunner in the Canadian Army, was lost at sea December 13, 1941. A park and a street, both in Kline Heights, Armdale, bear his name.

Patrick Terrance “Terry” O’Leary from Armdale, a flight lieutenant in the Canadian Air Force, died February 27, 1943. There is no known burial site but his name is inscribed on Runnymede Memorial, Surrey, England.

Edward Drillio, also of Armdale, was a private in the West Nova Regiment. He died May 23, 1944 and was buried in Cassino War Cemetery, Italy. In September 2004, Halifax Regional Municipality placed a plaque in his memory in the park adjacent to Springvale Elementary School.

John Frederick Duggan of Springfield was a sergeant in the Royal Canadian Air Force. He died October 4, 1941 and was buried in Gloucestershire, England.

Edward Charles Kidston of Spryfield was a member of the Royal Canadian Army Artillery, 2 Ante-Tank Regiment. He died July 25, 1944 and was buried in Bretteville-Sur-Laize War Cemetery in France.

Gordon MacDougall of Spryfield, a shipwright with the Royal Canadian Navy, was lost at sea 22 Oct. 1940 aboard HMCS Margaree when the ship hit a freighter in the North Atlantic.

Robert Yeadon of Spryfield was

a Royal Canadian Naval Volunteer
aboard HMCS Athabaskan when it
was torpedoed in the English Channel
April 29, 1944. He was buried in Isle-
De-Batz Cemetery, France.

James McPhee, from Sambro, a boatswain in the Canadian Merchant Navy, was lost at sea aboard SS Western Head, Nassau, May 28, 1942.

Private Gordon Mercer was from Sambro, the son of Henry and Elizabeth Mercer. He was a member of the Stormont, Dundas and Glengarry Highlanders. He died November 1, 1944, aged 20 years, and was buried

in Adegem Canadian Cemetery in Belgium.

Leonard Guy Thomas of Herring Cove was serving with the Royal Canadian Engineers when he died August 7, 1943. He was buried in Surrey, England.

Dougald Robert Gargan of Ferguson's Cove was a gunner in the Royal Canadian Army Artillery. He died November 2, 1939 and was buried in Ferguson's Cove Roman Catholic Cemetery.

John 'Jack' Claydon Goodman was from Ferguson's Cove. He was captured in Singapore February 15, 1942 while serving as a gunner with the 9th Coast Regiment RA. Jack died of cholera July 3, 1943 while a prisoner of war at Tonchan South Camp (Thailand-Burma Railway). He was buried in Kanchanaburi War Cemetery, Thailand.

More names to be added to individual banners are: from World Two, Hugh MacLean Rowlings, Boulderwood; Donald Harrison White, Purcell's Cove; from World War One, John B. Nickerson, Coote Cove; Alonzo Conway, Ferguson's Cove; Edward Michael Sullivan, Herring Cove; Ronald Murray Darrach, Herring Cove; Roy Kenneth Brown, Herring Cove; Bernard Frederick Burke, Portuguese Cove; John Arthur Purcell, Portuguese Cove.

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International Students meet at Bayside Camp in Sambro

by *Diego Dueñas Garcia*

With over 1300 students, many of whom come from different corners of the world, JL Ilsley High School has become a hub not only for unparalleled education, but also for cultural enrichment. On September 18th, the community of incoming international students in Halifax Regional Centre for Education celebrated an orientation at Bayside Camp in Sambro, an opportunity to strengthen ties within high schools across the Halifax Regional Municipality.

From the very get-go, students were excited and curious as to what the day would bring.

Upon their arrival, the students were tasked by the staff at Nova Scotia International Student Program (NSISP), led by Shaugh Sheehan, with creating posters to present their countries in an attractive manner to their peers. After discussions over which country had the best beer, which national team would win the world cup in 2026, and even critiques about politicians worldwide, the time had finally come for the highly anticipated second part of the day. The students, now outside, were given the option to choose several activities to take part in throughout their time at the camp. These ranged from sports, including soccer, badminton, and archery, to bracelet-making workshops and the fan-favourite quirky games. Among the minigames in this last activity, two proved to be most memorable among the students: attempting to toss pudding into a partner's mouth from an elevated position and playing catch with water balloons without having them burst. Although night had already fallen by the time the international community had dinner together, the party wouldn't come to an end until two hours later, when the students gathered under



International Students at Bayside Camp
Photos by Terry Spearns

timeless songs to give it their all in a final celebratory dance.

After an unforgettable day filled with new friendships, cultural binding, and a taste of the magic Nova Scotia boasts, the international students returned to their host families with one lesson, perhaps the most important of them all: in Canada there is no such thing as strangers, but rather friendships waiting to be made. Regardless of where our roots lie, Canada awakens a sense of belonging within us all and makes us feel part of one big family.





*Earth
and Fire*



POTTERY
by Sharon Ward

Join me at the JL Ilsley Holiday Craft Show
on Saturday, November 8 from 10 'til 2



A seat at the table

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.....

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Application period: Nov. 5-26, 2025 **HALIFAX**

What’s happening at the Urban Farm

Photos by Joshua Barss Donham

by Joshua Barss Donham

At the Urban Farm the garden plots are being put to bed for the winter. With garlic planted, a thick layer of straw is spread to insulate and protect from frost. With the last of the carrots dug, the empty vegetable plots too are covered with straw.

At the same time our native pollinators prepare themselves for the cold to come. Adult female green metallic sweat bees and bumblebees overwinter in burrows in the ground, digging their way to the surface when the air warms again to lay the eggs that will become the new generation of bees. Mason bees, also overwintering as adults, lodge in hollow plant stems, wrapping themselves in a silk cocoon. Female leaf cutter bees construct capsules of tiny pieces of leaf and flower petals within a plant stem, each capsule housing an egg which will hatch into a larva and emerge as an adult in the spring. Other pollinating insects bore into rotten logs, creep under rocks, and worm their way into log crevices to ride out the winter.

These native pollinating insects have co-evolved with native plants over long periods of time. Just as the cardinal flower and the wild beebalm, plants with long tubular flowers, have co-evolved with Ruby-throated Hummingbirds offering the very high-sugar nectar they need, so native plants provide native insect species with just the right nutrients in the form of nectar and pollen. Without insects our cucumbers, squash and apples

are unable to bear fruit. Those native insects that we attract by growing native plants prove to be most efficient pollinators.

Songbirds primarily eat insects, particularly during the nesting season when they feed their young insects exclusively, providing the high protein the young need to grow and thrive. Insects that native plants attract in turn attract birds, and birds are crucial in controlling garden pests. Black-capped Chickadees eat aphids, potato beetles and flea beetles. American Robins feed on snails, grasshoppers, and cutworms. House Sparrows consume large quantities of cabbage butterfly caterpillars (cabbage worms). What is good for the ecosystem is good for the garden.

There are native plants growing throughout the gardens at the Urban Farm. More species are being added each year. Towering Joe Pye weed greet you in the front flower bed amid boneset and pearly everlasting. On the opposite side of the farm a treasured marsh marigold is one of the first flowers to bloom. At the north end of the gardens, next to a patch of squash and zucchini, is a plot dedicated exclusively to native plants. Pale lavender wild beebalm, harebell, and Canada anemone compliment the calico aster, New York aster, and Canada goldenrod that grow naturally nearby. Brilliant red cardinal flower and deep-blue great lobelia are favorites with the hummingbirds. Plant stems are left until spring to be cleared and the hol-

low stalked cut-leaf coneflower and swamp milkweed provide overwintering habitat for bees and the silk from the milkweed pods, nesting material for birds in the spring.

If you are looking for such plants, the Harriet Irving Botanical Gardens has a wonderful native plant sale in Wolfville each year during the first week of June. Another good source for native plants is Baldwin Nurseries

in Falmouth, near Windsor.
Farm Memberships available:
Individuals \$10.00, Seniors/Students \$5.00, Families \$15.00, Groups/Organizations \$25.00 - \$50.00.
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A bicolor striped sweat bee, dusted with pollen, visits the evening primrose patch Photo Joshua Barss Donham



A riot of colour, great lobelia and cardinal flowers after an overnight rain shower Photo Joshua Barss Donham



Ruby-throated Hummingbird sipping nectar from a cardinal flower Photo Joshua Barss Donham

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A Bumblebee on great lobelia with a full pollen basket (corbicula) visible on her hind leg



Monarch butterfly feeding on swamp milkweed nectar, cardinal flowers in the background

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Birds of the Backlands: Yellow-rumped Warbler

Description: When you are out birding in the late fall and see a warbler, most likely it is a Yellow-rumped Warbler. It is one of the first warblers to arrive in the spring and the last to leave in the fall. It is also the most common warbler in North America. Despite warbler’s reputation for being difficult to identify in their winter plumage, hence the phrase ‘confusing fall warbler,’ look for the yellow patch ahead of each wing (see photo) and the yellow ‘rump’ patch at the base of its tail, highly visible in flight.

Habitats: Yellow-rumped warblers prefer coniferous or mixed forest habitat and usually nest on a spruce tree branch. They construct a cup-shaped nest out of twigs and grasses, sometimes incorporating lichen, and line it with feathers and hair. During nesting season, they hunt for insects, working along tree branches probing the bark for insect larva, searching the ground for beetles and ants, and catching insects on the wing as flycatchers do.

Habits: What really sets the Yellow-rumped Warblers apart from most warbler species is that they eat seeds and fruit. During the spring and fall migration they travel in large groups, often near water where they find insects and fruit-bearing shrubs. In the Backlands, they can be found feed-



Yellow-rumped Warbler at Colpitt Lake, Shaw Wilderness Park Photo Joshua Barss Donham

ing around the outlet of Colpitt Lake, along the McIntosh Run, and near the shore of East Pine Island Pond.

Yellow-rumped Warblers have evolved to digest the wax coated berries of the Northern Bayberry bush, enabling them to stay farther north longer. Many migrate south along the Eastern Seaboard. Some intrepid individuals overwinter along our Nova Scotia coast where bayberry bushes grow in abundance. They may even show up at your bird feeder looking

for suet and sunflower seeds!

Song: During fall they most often make a short ‘chep’ call. To hear a male Yellow-rumped Warbler and learn more about forest birds in the Backlands follow the links below.

Learn More:
Yellow-rumped Warbler singing:
<https://tinyurl.com/2exptyye>
Forest birds in the Backlands:
<https://tinyurl.com/243zhxzm>



Northern Bayberry at East Pine Island Pond, Backlands. Photo Joshua Barss Donham.

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A Rotary moment From The Rotary Club of Halifax North West



Can we Talk? It’s tough being a Rotarian!

We have to meet once a week with close friends. We often have to listen to fabulous guest speakers. We often can be seen in the community raising funds, just so we can give money to worthy causes. We partner with organizations like Atlantic Superstore and the Salvation Army to support countless people who are less fortunate than us. We have fun, like taking part in the Spryfield Santa Claus Parade, while we collect donations for a local food bank.

Just kidding!
Yes, we really do all those “diffi-

cult” things and have fun!

We love what we do. But we need help. All service clubs are having trouble recruiting new members and retaining them. We are not unique. We get it: it’s a busy world. But what if you found something that made you feel good, instead of losing the rat race? What if part of your life was focused on the well-being of others? Are you retired and looking for something meaningful to do? Are you passionate about some cause and looking for some way to help?

Have we piqued your interest? Are you curious enough to join us for lunch – just to “kick the tires”? We are friendly, and we love meeting people. Do you have any preconceived ideas about what being a Rotarian feels like? Is it a clique? No! Will you fit in? Yes! We are very friendly, diverse, curious, and we have a passion for giving back.

OK, we do have a few rules and

values, but there are no secret handshakes and no rituals. One of our rules is the Four Way Test. It’s how we live up to our ethics.

As for values, our overriding principle is Service Above Self. It’s how when we are “active Rotarians” we remind ourselves that we are not selfish, we park our egos at the door, and we focus on doing good. It encourages us to prioritize service in our personal, professional and community lives.

Still Hesitant?
If you are itching to contribute to a greater cause, we can talk!

We currently meet virtually or in person every Tuesday from 1145 to 1 pm at Station Six Restaurant, 247 Herring Cove Rd. in Spryfield. We’d love to see you! For more information contact Roger Chiasson at rogerchiasson305@gmail.com or call 782 234 9408.



Are we on a slippery slope?

by Michele Hovey Raymond
It’s been a long time since I left the NS Legislature (twelve years this month), and a lot has changed in our world since then, not least the nature of relationships between citizens and elected officials.

I’m sometimes asked if I miss being “in politics”. (For the record: No, though I do miss the chance to talk to anyone about anything, and to work on ideas).

Similarly, people often asked me, when I was first elected, if I was having fun. (For the record: Not often). Having fun wasn’t the point though. As I understand it, I was engaged by a large number of people to carry out a contract: listening, helping, answering and asking questions on their behalf, finding ways to solve current problems and avoid others in future, weighing alternatives and ultimately, ideally, bringing the best ideas forward for consideration by the legislature. When things went well, it was terrific; when they didn’t, it could be heartbreaking.

During my time in the Assembly there was a strong move to regularize the occupation of elected representative, though nobody has yet come up with a job description, or even a satisfactory definition of what elected officials do. (I’m pretty sure though, that being elected doesn’t suddenly transform you into a doctor, architect, electrician, lawyer or plumber, and representatives shouldn’t be asked to do those functions).

At the same time, myriad different channels opened up for moving information and opinions among hundreds of thousands of people and groups of people. Enter the internet: Facebook, instagram, TikTok, snapchat, What’sapp, Blackberry PIN, texting, gmail, googleDrive and countless other digital media, each with its own passionate adherents, started informing public policy in Nova Scotia and in legislative bodies around the world. The strict rules about hard copies and tabling documents referenced in debate started breaking down.

Early newspaper publishers in England could be imprisoned for daring to report on proceedings at Westminster. Eventually though, Parliament accepted journalists, and realized broadsheets provided publicity (and notoriety), and a useful permanent record. Promises, jokes and blunders, once reported, could never be expunged, only corrected or modified, as openly and permanently as when first published. Newspapers became the essential companion to parliamentary process.

Three centuries later, the idea of televising proceedings was contentious at first but soon became standard practice, bringing a more visual culture to debate, while producing a new type of record.

So publication taboos were long gone by the early 2010s and I don’t think anyone really noticed the web of

impromptu connections growing in the public policy arena, or registered that many leave no trace, or only deeply buried traces. Documents were still tabled; newspapers still printed and TV stations still recorded broadcasts.

I was amazed when I first saw an MLA read a text-message in the House as support for his position, though nobody saw the text. It was background for that day’s decision, but nothing was put on the record.

I had refused to supply a digital copy of my signature to be applied to letters I might never see before they were sent out as mine, and I dreaded missing messages, so always kept my communications vectors to the bare minimum. I mistrusted the facelessness of Facebook; I’d heard too many stories about accounts of things that

The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

I hope everyone had a warm and memorable Thanksgiving surrounded by family and friends. This is a time of year that brings people together and reminds us of how important it is to slow down and appreciate those who mean the most to us. I also hope that everyone enjoyed a safe and fun Halloween. The streets were full of excitement, laughter, and costumes, and it’s always wonderful to see families out making lasting memories together.

I’m very proud to share that a request for proposals has officially gone out for a new football field at JI Ilsley. This project will expand the existing field and give students and the community a true home field for their games and events. This was something I promised the community, and I am proud to say that promise is being kept. I know how much this means to the students, parents, coaches, and everyone who has been waiting for this moment. I look forward to the day we can gather as a community and watch the kids play and celebrate on their new field.

The fall legislative session has wrapped up, and it was a significant one. A large number of bills were passed, many of which will have real impacts on Nova Scotians in the months and years ahead. It was a unique session in that there was very little debate from the opposition. While they voted against the bills, the total debate time was only 21 minutes across ten pieces of legislation in second reading. To put that in perspective, when I was in opposition, I once spoke for six hours on a single bill that I strongly disagreed with. I firmly believe healthy debate matters.

November is also a month of remembrance. It’s a time when we come together to honour and reflect on the service and sacrifices made by the men and women who have served and continue to serve our country. Their courage and dedication have given us the freedoms we enjoy today. We also

might or might not have happened, and things that might or might not have been said by people who might or might not exist.

By now, “Artificial Intelligence” is almost a proper noun, like “V. Putin”, “Mother Theresa” or “Myles Goodwyn”. Decision-making is increasingly based on the unstated assumptions in undisclosed algorithms, and official processes recorded as data points instead of statements by identifiable individuals. Without names attached to actions, there’s a prevailing impression of secretiveness that erodes public trust.

The Covid years taught us to worry about being near others, and to rely on virtual conversations which can’t produce the same neural effects as person-to-person eye contact. The combination of physical fear, anonymity in public processes, and

the mass of conflicting information coming at us, often in sensorily restricted environments, seems to have produced a collective lassitude that’s close to paralysis. Civic engagement is a struggle.

People sometimes ask what I’ve been doing since leaving the Legislature. I spend time with family, I do housework, I try to be helpful if asked, and I think a lot about the elected experience, and that new media don’t change old habits, and how we can recover the trust that is basic to the co-operation that makes a community, or a society, work.

It’s hard to trust someone you can’t identify, and it takes courage to be identifiable, but that courage is in all of us. Ask someone a real question today and listen to the answer; answer someone’s question tomorrow. It’s how we begin.

dened by the tragic loss of young Fraser Lake. In times like this, we are reminded of the strength of our community. So many came together to support the Lake family, to offer love, comfort, and a helping hand. My heart goes out to his family and friends. Rest in peace, Fraser.

I’m incredibly proud to represent this community. Every day, I see kindness, resilience, and a shared commitment to making our home a better place. From new opportunities for our youth to standing together in moments of hardship, we continue to prove what community truly means.

Proud to be your MLA.

passed legislation to make it clear that members of the military are allowed to wear their uniforms in provincial buildings. It’s a small but meaningful way to show our respect and gratitude to those who serve.

As the temperatures drop and the days grow shorter, winter is on the way. I encourage everyone to take extra care on the roads. The ice and snow can come quickly, and a little extra caution goes a long way toward keeping everyone safe.

Our community was deeply sad-

Sammy says



Like many other communities in Nova Scotia at this time of year, Sambro will see many events bringing folks together in a variety of different ways.

On Tuesday, November 11 at 10:45 a.m., Sambro’s Remembrance Day Ceremony will be held at the Cenotaph in the cemetery behind Sambro Ketch Harbour Elementary School, followed by a reception and Remembrance Display just up the road in St. James United Church Hall, 3811 Old Sambro Road.

St. James Church will once again host its Gingerbread Tea, Cake Walk and ticket auction from 1-3 pm on Saturday, November 15, serving gingerbread cake with caramel sauce and tea/coffee, Adults \$5.

Join SACA for the annual Lobster Trap Tree Lighting on Sunday, November 16, 2025 at 5:30 for a 6:00 p.m. lighting in Mishoo’s parking lot. There will be hot chocolate and sweet treats - a great way to kick off the festive season. Raffle tickets will be available for purchase, and donations will be collected for St. Paul’s Food Bank.

The annual lighting of the St. James United Church Memorial Christmas Tree will be held at 6:30 pm on Monday, December 1, followed by hot chocolate and cookies in the church basement.

Mark your calendars for this year’s Breakfast With Santa event on Saturday, December 6, 2025, from 8:30-11 am at St. James United Church Hall. Enjoy delicious scrambled eggs, pancakes, sausage, juice, tea or coffee for just \$8 for adults, \$5 for Children 5-12 years old, and children under 5 will eat for free. Kids will enjoy face painting, cookie decorating, and of course a visit with my pal, the big man himself, Santa! Christmas ornaments will be available for purchase (while supplies last), as well as raffle tickets.

We hope to see you out at some (or all!) of these events this fall season.

Sammy Sambro is SACA’s mischievous mascot. You can follow him on Facebook.

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Charles Bartlett

Charles Bartlett, age 87, passed away peacefully on September 15, 2025, at the QEII Halifax Infirmary.

Born in English Harbour, West Newfoundland, Charles was the son of the late Isaac and Ida Bartlett.

He started work in Newfoundland on a lobster pound and then on fishing draggers. He then came to Halifax and worked as a carpenter’s helper, then on the sea for Natural Sea Products for fourteen years. Finally, he worked for the Department of Fisheries & Oceans with the Coast Guard for twenty five years. He retired at fifty-five because of his health. Charles was a member of Emmanuel Anglican Church. He enjoyed dancing, bingo, and going to his son Richard’s place.

Charles is survived by his wife Gladys (the former Gladys Barnes); son Richard & companion Darlene; grandkids, Richard, Todd & Zachery; great-grandchildren, Nyla, Noah, Kingsley, Luke; sister, Evelyn (Will), Ontario; brother-in-law Bob (Thelma), Bedford; brother-in-law Melvin (Joyce), Halifax; sister-in-law Winnie; and many cousins, nieces & nephews.

Charles was predeceased by

brother, Jim; sister-in-law, Florence; brother-in-law, Frankie; sister-in-law, Shirley; Mike, Edgar, Mary & Joe; and great-granddaughter Nevaeh.

Charles’s family would like to thank Nicole and Tim, her companion, for their help. Thanks also to Ruth Wagner for the phone calls. Many thanks to the staff at QEII, and Dr. Nabha Shetty. Can’t thank you enough.

Kathleen Mary MacDonald

With profound sadness, we announce the peaceful passing on September 22, 2025, of our mother and wonderful beacon of light, Kathleen (Kay Sampson) MacDonald at the age of 96, at Northwood Care in Halifax.

Kay is survived by her daughter Lynn and her two sons, Michael (Jeanne) and Darrell (Anita). Also by her granddaughter, Julianna, and three grandsons, Alexander, Nicholas and Jeffrey, whom she loved so much, as well as her four great-grandchildren, Lachlan, Quinn, Malakai and McKenna. She is also survived by her sisters, Lilly, Bernice and Jeannie and her brother, Charles.

Mom was predeceased by her mother, Julia (Perry) Sampson and her father Abraham Sampson. She also painfully grieved the passing of her husband Joseph MacDonald and her three sons, Joseph, Bryan and Terrance (Terry). Mom was also predeceased by her sisters, Betty, Rita and Doreen, and brothers, Edward, Lawrence, Gerald, Clifford, and baby Clarence.

Mom was an incredibly strong woman, whose whole life was completely dedicated to her family and her faith in God. She loved children, animals of all kinds, especially cats and dogs, music, old movies and was an avid Bingo player. Her personality, sense of humour and sharp wit will be missed by all who knew her.

We, the family, want to extend our extreme gratitude for the amazing care, compassion and love shown to our mother by the entire staff of 3 Center, Northwood, especially Charge Nurse, Erin Ryan. We would also like to extend a huge thank you to co-resident, Audrey Wiseman for her continuing concern for Mom.

In lieu of flowers, please make donations in memory of our Mom to the Alzheimer’s Society.

Betty Hunt

It is with great sadness that the family of Caroline Elizabeth “Betty” Hunt announces her sudden passing on September 24, 2025. Born in Halifax on June 2, 1959, she was the daughter of the late Richard and Lillian Hunt.

Betty was a talented barber who worked at Starlite Barber Shop and Purcell’s Barbershop in Spryfield. Her warm, social nature made her a natural behind the chair—she loved to chat with everyone who sat down, and there was often a line waiting just to see her. Her passion for barbering extended far beyond the shop; she always carried her clippers, ready to give a trim, and if she wasn’t cutting someone’s hair, she was asking who had. After many years in the profession, Betty retired to lovingly care for her parents, a role she took on with immense pride.

Her greatest joy in life was her son, Bobby, who was truly her world and inspiration. She poured her heart into raising him, finding her life’s greatest purpose in motherhood. Her pride and devotion to him were evident to everyone who knew her.

Betty will also be remembered for her love of Halloween, her famously long text messages, her talents in the kitchen, and her passion for makeup and purses. She especially loved giving makeovers to her niece, Alyssa, creating countless moments of laughter and joy.

Beyond her own family, Betty touched the lives of many young people, offering kindness, encouragement, and support during challenging times in their lives—taking them in as they were and loving them as if they were her own. Her ability to make others feel valued and understood will never be forgotten.

She is survived by her son, Bobby, and his father, Bobby Sr.; sisters Janet, Kathy (Dave), Janie, and Lisa (Kevin); brother Jack (Mary-Lou); nieces Pamela (Kevin), Melinda, Emily, Kelly (Justin), Danielle, Hailey, Breanna (Jared); nephews Jason (Darcy), Troy (Cassandra), Bernie (Sheila), Charlie (Jill), Brandon, Justin (Shakisha), Jordan, Stephen, Chad, and Dylan; as well as her many beloved great-nieces and nephews-including the most recent additions she adored, Avery, Malikye, and Greyson; aunts, uncles, and cousins.

Betty was predeceased by her parents; her brothers, Donald and Richard Hunt; her niece, Theresa Hunt; and her cousin, Joanne Hunt.

Above all, Betty will be remembered for her warmth, humor, and the love she so generously shared with her family, friends, and community.

James (Jimmie) Leo Jollymore

Jimmie went home to be with his Lord and savior, Jesus Christ, on September 16th, 2025 at the age of 76. He died peacefully in the palliative care unit, at the VG with his wife, Carol, by his side.

Jimmie worked at DND for nearly 30 years and was a former member of City Church in Spryfield. In his later years, he became quite

good at baking bread, rolls, and cookies. He also loved watching The Toronto Blue Jays.

Jimmie was a giver and loved his family dearly. He is survived by his wife, Carol (nee Eigeard), of 52 years; his daughter, Michelle Ward; his son, Steven Jollymore (Cylina); his grandchild, Nina Jollymore-Ward (Calum MacGregor); his granddaughters, Morgan Jollymore & Abby Jollymore (Joseph Muderhwa). He is also survived by brothers George (Diane), Frank (Brenda), Johnny, Tommy; and sister Cathy; Brother-in-law Ronnie MacDonald; and sister-in-law Linda LeBlanc; as well as many nieces, nephews, and their families. He was predeceased by his parents Frank and Gwen Jollymore, and sister Adele MacDonald.

Our family would like to give a special thanks to our GP Dr. Aamir Ansari and to the staff at the palliative care unit for their care and compassion that made a difficult situation easier. We will miss him very much but are happy that he is finally at peace.

Tom Edward Burke

It is with heavy hearts that we announce the death of Tom Edward Vurke who passed away peacefully at home surrounded by his family on September 20th, 2025, after a life filled with love, laughter, and adventure. Tom was predeceased by his father William Burke and brothers Billy and Kevin.

Tom is survived by his devoted wife Carol Burke (Todd), sons Jason (Katie) and Jeffery (Brandi) and his cherished granddaughters Josie (Nathan) and Hannah and Kayla. He was blessed with the greatest joy of being a great grandfather to Jace Nima who quickly became the light in his final years. He is also survived by his sister Laura Talbort (Ken), Julia Burke (Patrick) and brother Shawn Burke (Wanda).

Tom’s work life was varied and dedicated. He worked at Micmac Agencies and City of Halifax. He went on to have a long career as a taxi driver. He worked for Armdale and Casino Taxi where he eventually retired. He enjoyed chatting with the customers and was sure to get you where you were going with a smile.

A man with a big heart, Tom adored is pets and had a deep love for animals of all kinds. He was happy with a cold Keiths Beer in hand and watching the news. He also enjoyed boating around Halifax Harbour. He also travelled to many destinations with his wife Carol such as Cuba, Spain, Ireland, Hawaii, Dominican Republic, the United States and across Canada.

Tom will be remembered for his kindness, his humour, and unwavering love for his family. He leaves behind a legacy of warmth, adventure, and stories that will be told for generations.



Being the smaller funeral home just means we never stop increasing the size of our service.

Some people think that bigger is better, but that just isn’t the case when it comes to funeral homes.

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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



COMMUNITY EVENTS FOR NOVEMBER

Food Banks:

- St. Paul’s Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Tuesday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9 am and 10 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Food Bank: If you would like help with food, please call 902-477-1954 before 10 am and leave a message with your name and phone number. Our volunteers will call you back on Tuesday. Pick up time is Wednesday, 9:00-10 am, at the lower church hall behind the church.

If you would like to donate food, please drop it off on Tuesday morning before 10:30 or Sunday morning at the church.

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael’s Church Hall site. (while supplies last).

Spryfield Legion Events:

- Bingo Every Sunday. 1:00 pm. Doors open 11:00. Kitchen Open 11:30 -1:00 pm
- Chase The Ace Draw - every Monday 7:00 pm
- POOL - Beginning on Feb 1 ,2025: All Memorial pool tournaments will be open to members of any legion along with family members of the person being memorialized.
- Christmas Craft Fair. Homemade gifts, baked goods and entertainment. Vendors are welcome. \$15 per table. Contact Edna 902-477-5842 or Sandra 902-223-1833. November 15th from 10am to 3pm.

Harrietsfield Williamswood Community Centre events:

- We currently have full time spots in our After School Program! Please email hwcc@outlook.com for information.
- Currently taking bookings. Please call, email or message us through our Facebook page, phone at (902) 446-4847, or

email hwcc@outlook.com

- We are always looking for new Board members and volunteers!
 - Mobile Food Market. FREE Produce for Harrietsfield/ Williamswood/ Sambro residents. Nov 3, 1pm-3pm and Nov 21, 4pm-7pm
 - FREE Balance Basics Program
- Want to feel steadier on your feet? (by registration only) November 7th & 14th, 10am-noon
- Annual Craft Fair. Saturday November 15th, 2025, 9am-1pm. Now booking tables \$40.00 Contact Natasha call or text 902-293-7427
 - Pre-Teen Dance (grades 3-5) Thursday Nov 27, 6:30pm-8pm, \$5 at the door/ \$1-\$2 Canteen items

Emmanuel Anglican Church (322 Herring Cove Road) events:

- Our hall is available for rental. Please call 902-477-1783 or go to <http://emmanuelanglicanchurch.net/>
- Introduction to Line Dancing: Come and join us at Emmanuel Church hall on Saturday November 22, from 10:00am to 11:30am for Introduction to Line Dancing with instructor Janice. The cost is \$10 at the door. Canteen available for water and treats.
- Christmas Bazaar: Emmanuel Church Christmas Bazaar will be held on Saturday December 6th, from 10am -1:00pm in the Church Hall at 322 Herring Cove Road. A soup luncheon with rolls and dessert for \$15 will be served. We will have the very popular bake table, gift table, a cake bingo, and some surprises. There is no admission fee.

St. James United Church (3811 Old Sambro Rd) events:

- GINGERBREAD TEA, SILENT AUCTION AND CAKEWALK
- Includes Gingerbread Cake with Caramel Sauce, Tea/Coffee Saturday November 15th. 1:00-3:00 PM, Price \$5.00 (Cash Only)

Salvation Army (328 Herring Cove Rd) events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish events:

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael’s Church

Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or email stellamaristwelvebaskets@gmail.com

- Seniors Social Tea. Join us for refreshments, snacks, and friendly conversation in the Stella Maris Hall. The second Wednesday each month, 1-3pm. All are welcome. More info: david.h@stellamarishalifax.com

St. Paul’s United Church (173 Old Sambro Road) events:

- For those needing drinking water, the outdoor tap is now on.

Spryfield Legion/Forever Young Seniors Club

- Chase the Ace draws are conducted every Monday night at 7:00 pm. Everyone is welcome. Tickets are \$5.00 each. This round of Chase the Ace will have ticket sales at the Spryfield Legion bar during bar hours through the week, Mondays 5:00pm to 6:45pm by Forever Young Senior Club volunteers and Legion member volunteers, and for your convenience starting this round, Chase the Ace tickets are being sold at six satellite businesses.

These Satellite Businesses are:
Mishoo’s Take Out 1 W Pennant Rd, Now We’re Cookin’ Convenience Store 179 Hebridean Dr. Herring Cove Road, Cove Market 565 Herring Cove Road, Uncle Buck’s 5 Denith Road, Beaver Enviro Depot 251 Herring Cove Road, and Mike’s Kwik Way Convenience Store 486 Herring Cove Road. Ticket holders are not required to be present at the ticket draws on Monday night when a clearly filled in ticket is purchased. Ticket winners will be called at the phone number and name provided on the purchased ticket. Chase the Ace supports community programs at the Legion and at the Forever Young Senior’s Club, Spryfield. Thank you for supporting our Legion and the Forever Young Senior’s Club in Spryfield

Urban Farm Museum Society of Spryfield

- 2025 Memberships are still available - Individuals \$10.00, Students & Seniors \$5.00, Families \$15.00, Groups & Organizations \$25.00-\$50.00. For more information, please call Pat at 902-497-3683 or email urbanfarmspryfield@gmail.com

Forever Fit for Seniors. Mon, Wed, and Fri from 10 to 11am at Emmanuel Church Hall. Punch cards available from

the YMCA. First class free.

Crafts and Conversation Tues and Thurs from 1:30 to 3:30 pm in the Shared Program Room at 16 Sussex Street. Free drop-in. Refreshments. For more information, check out info@halifaxweddingchapel.com. Funding by the Community Links Association and the NS Dept of Seniors and Long-term Care.

Spryfield Lions Club invites you to get involved with the community by joining your Spryfield Lions! Meetings are held on the 4th Tuesday of each month. Phone 902-479-2917 for more information.

45 Card Social at the Golden Age Centre 212 Herring Cove Road (across from Guardian Drug Store). Every Monday afternoon 1:30pm. Cost: \$6.00/person. Bring a partner and if not, a partner will be provided. Increasing jackpot available to be won. Everyone is welcome to come. Contact: Sue Morrissey 902-229-5851

Board Members needed for Hand in Hand Thrift Store: Currently, we are seeking volunteers to serve on the new Board of Hand in Hand Located at 440 Herring Cove Rd, Spryfield, Halifax. Hand in Hand Thrift Store has long been a valued part of the Special Works of the Society of St. Vincent de Paul - Halifax Particular Council.

For the last 30 years plus, Hand in Hand has been providing clothing and household products to our neighbours in need. It also provides employment and volunteer opportunities. Funds raised support the Society of St. Vincent de Paul. Much more than just a retail outlet, it is a safe haven and meeting place for the community. Service would involve approximately 6-8 meetings annually. The focus of the new board will be to provide direction and a renewed vision.

Please consider contributing your time and talents to this very worthwhile cause. This is a great way to provide meaningful service to your community. Thank you for your consideration.

Contact: Ray Burke: Society of St. Vincent de Paul–Halifax Particular Council President at: 902-646-0155 or rhburke.54@gmail.com

To have your Community Event listed call or fax us at 902-477-NEWS or email chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals



Sharon Kenney REALTOR®

902-483-7325
Sharon@alreadyhome.ca
www.alreadyhome.ca





Dan Doherty REALTOR®

902-478-4023
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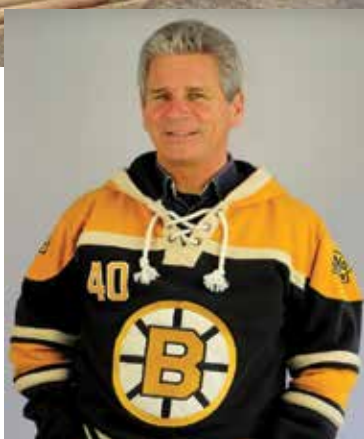


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Thank You With All My Heart -

Wyatt Redmond

Currently Buying All Beverage & Liquor Containers, Domestic Beer Bottles Plus Non-Ferrous Scrap Metals Such As Copper, Brass, Aluminum, Stainless, Lead Batteries Etc.

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