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FREE







Bottle drive underway to send gold medallists to championship



Wyatt Redmond, owner of Beaver Enviro-Depot, stands between Christian and Noah as the boys show off their gold medals

Christian & Noah just finished the Ontario Jiu-Jitsu International Championship. Both Christian and Noah won gold representing Nova Scotia. We are now holding bottle drives every second weekend at Beaver Enviro-Depot, located at 251 Herring Cove

Rd. All funds raised will help the boys as they will move on to a bigger IBJJF jiu-jitsu championship in Toronto in September. We appreciate all the help they have received from the community. We could not have attended these tournaments without all your help.

Spryfield Legion notes

The Earl Francis Spryfield Memorial Legion continues to contribute to the community through various endeavours.

Bursaries totaling \$12,150 have been awarded to 2024 graduating [SL1] JL IIsley students who are children or descendants of military veterans.

These bursaries are to assist students with the cost of higher education.

The legion was pleased to host a free Canada Day BBQ and Dance

from 1-4 pm on July 1.

We would like to advise the community that there are a number of medical equipment aids available at the legion for use by veterans and legion members, as well as members of the general public. The equipment available for borrowing includes canes, crutches, walkers, wheelchairs, bath chairs, and battery-operated scooters, among other items. Anyone interested in borrowing items should contact the legion at (902) 477-0467 [SL1]

What's happening at the Urban Farm

by Janet and Corinne
The Urban Farm is in the midst of summer. Hello July!

The Urban Farm has a new raffle basket ready to be snatched up by a lucky person! This year's basket, "One AWESOME Basket", is not made up of garden items this time, just a lot of different items, valued at \$600. Tickets are available for sale at our Urban Farm site. \$2 each or 3 for \$5. (Permit # AGD-341019-24) Draw will be held at our Harvest Fair, September 21, 2024 @ 4 PM.

Our plot holders have planted their transplants and seeds. Our Market Garden has been enlarged and planted, with various vegetables, and we hope to see you when our vegetables are ready to sell. We will put out a sidewalk sign on Rockingstone Rd at our farm entrance to let you know what we have for sale. You can also check our Facebook page for "up to date" sale items. This is one of the ways we

raise funds to pay for the upkeep of the Urban Farm.

House construction has begun on our Fairy Door Trail. However, more fairy houses are needed for the growing demand from resident fairies. Please make a house, place it, but watch where you step, for the fairies are small and sometimes will hide under leaves or behind rocks.

If you happen to walk through our farm, you will see our new obelisks, ready and waiting for the Scarlet Runner flowers which humming birds flock to and sip the sweet nectar from the scarlet-colored flowers.

Our Come Grow With Us teaching garden has a new instructor for teaching garden lessons, and if you are still interested in a raised garden bed, we have 3 left. Our own published Come Grow With Us garden book is for sale at \$15.00, and can be purchased at our garden site.

(See Urban Farm on page 2)

personal mortgage service!

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Sammy says



On June 18, the Sambro Area Community Association ("SACA") held its annual general meeting.

SACA talked about the various things they do, including organizing and hosting the annual Sambro Sou'Wester Days Festival and the Shay & MacKay Memorial Fishing Derby; implementing, fundraising and managing the Sambro Imagination Library; managing the Jamie McPhee Memorial Ball Field; liaising with government, consultants and experts; applying for grand and permits; awarding two scholarships annually; and hosting various events throughout the year such as pancake suppers, lunch with Santa and children's movie nights.

SACA's Officers and Directors reoffered and were affirmed.

Co-treasurer Courtney MacKay presented the financial report and gave an enlightening explanation of the vast expenses incurred to host Sou'Wester Days. She discussed the provincial grant from MLA Brendan Maguire in the amount of \$150,000. \$100,000 will go towards the community centre and \$50,000 towards the

fishing wharf.

President Leslie Harnish talked about the land acquisition and the Community Centre and presented a timeline of the steps that SACA has gone through and what remains to be done. Consultation will begin this summer to discover what the community wants and needs in a centre.

Vice President Kim MacKay talked about the fishing derby and the status of the accessible wharf and picnic area. Work is set to begin soon on Phase 1, which includes an all steel 20' x 10' building and a paved area to ensure easier access for those with mobility challenges. Phase 2 allows for a boardwalk and wharf along the water's edge, with a place for boats to dock.

Lorrie Boylen, Coordinator of the Sambro Imagination Library reported they have sent out 382 books so far. 67 children in total have been served, with 60 currently active and 7 gradu-

Urban Farm

(continued from page 1)

Our next event, Strawberry Short-cake Social, will be held on Sunday July 14th, 2 pm to 4 pm. Rain date Sunday, July 21st, 2 pm to 4 pm. Looking forward to meeting you there, as you sit and enjoy our wonderful strawberry shortcake, while chatting with your neighbours.

We are happy to report on our resident deer. We have seen two new fawns this year, along with lots of birds and butterflies flitting about. We have our bird baths cleaned daily for all the birds to use, including bees.

While visiting our garden site, stop and have a look at our Interpretive

ated out of the program. The program is open to all children in the Sambro Ketch Harbour Elementary School catchment area under age 5. To check availability, go to www.imaginationlibrary.com/ca.

Steve Adams has generously offered his extensive expertise to assist in any way needed. Several other folks have recently stepped up to help the committee, including Brandy Reyno's fundraising for the community centre and Alyssa Findlay's bottle drive for the Sou'Wester Days fireworks. An account has been opened at Beaver Enviro Depot and bottles can be dropped off there with a request that the funds go to the Sambro Days

Stay tuned for what is bound to be a year filled with exciting developments in the Sambro area.

Sammy Sambro is SACA's mischievous mascot. You can follow him on X and Facebook.

Panel, and sign our guest book. After which, you can view our vegetable and flowers gardens. Be on the lookout for our owl house, the different species of birds and butterflies, and check out our Geocache. Maybe you can find it and leave a message. And if you want to know what a Geocache is, go online and visit with people around the world who search and find Geocache sites.

Urban Farm Memberships: Individuals \$10, Students/Seniors \$5, Families \$15, Groups/Organizations starting at \$25. Contact us with any questions you may have about our Urban Farm: urbanfarmspryfield@gmail.com

Abebacto Neas

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Email to: "The Editor"

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Advertising Inquiries:

Dan Doherty 902-478-4023 dandoherty12@gmail.com

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Religious Services Directory for July

Send your submissions to chebuctoeditor@gmail.com for August's issue by July 19.

City Church (276 Herring Cove Road) Sunday Family service: 10:30am Nursery and Children's ministry:

10:30am Wednesday night prayer: 7-8pm

Hill Chapel (91 Thornhill Dr) Formerly Spryfield Christian Community Church Church services Sunday 11-12 am

Oromo Gospel ChurchSunday worship service: 3 pm and

Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd. emmanuelanglican-church.net, 902-477-1783. Sunday Worship:

8:00 am: Quiet, traditional, contemplative communion service.

10:00 am: Lively, contemporary communion service with music.

Emmanuel Church is an affirming church. Everyone is welcome to our services. Masking is optional but if you are sick, please join us online.

St. Paul's United Church (173 Old Sambro Road)

11am on Sunday mornings.

Stella Maris Roman Catholic Parish at St Michael's Catholic Church

Weekend Masses: Saturdays 4:00 pm Sundays at at 8:00am and 10:00 am Weekday Masses: Tuesday to Friday 9 am Monthly Tuesday Night Prayer:

7 PM each month
First Tuesday: Healing Mass
Second Tuesday: Upper Room

Praise and Worship

Third Tuesday: Mass and Adoration Last Tuesday (Sept-May): Eventide Candlelight Prayer

All are welcome, wherever you are

on your faith journey!

St. James United Church (3811 Old Sambro Rd)

Sunday services held at 11am. Sunday school held at 11am.

Services are livestreamed on our Facebook page (St James United Church Sambro NS) and Youtube. Our website is www.sambrojollimorepc. com and our email address is office. sambrojollimorepc@gmail.com

Our phone number is 902-868-2791

Open Door Community Church (11 Aldergrove)

Open Door Community Church invites you to join us weekly for a time of fellowship, contemporary worship and Bible based teaching. Please join us, starting July 3, for Wednesdays at 7:00 pm, in July and August at 11 Aldergrove Drive. We will return to Sunday morning services in September.

Wayfarers' Church (328 Herring Cove Road)

Sunday Worship 10:30am website: wayfarerschurch.ca email: friends@wayfarerschurch.ca

Searching for Truth Church

(2 Auburn Ave)

Church for everyday people. Fridays at 7pm

Apologetics Club. First Saturday of the month from 6 to 8pm. At 114 Bromley Road. Please join us for a delicious meal followed by a discussion. This is an outreach of Living Hope Community Church. For more information call Maggie at 418-264-7292

Christ Embassy Halifax

(16 Sussex St.)

Sunday Service – 9:30 AM Online Services on Zoom: Sundays – 8:00 – 9:00 AM Wednesdays – 7:00 – 8:00 PM

Kids connect curriculum to their community





Grade 3/4 students from John W. MacLeod school attend Learn2Fish program with Sabrina Wolthers and help release fish into Cunard Pond on Williams Lake. Photos: Cathy Vaughan.

by Cathy Vaughan

Exploring your neighborhood and its natural habitats is all part of the science curriculum for grade 4 students in the Halifax Regional Centre for Education. Learners are encouraged to have a "hands-on minds-on" approach to learning about the characteristics of different habits and their interconnectedness in their own neighbourhoods. Cunard Pond, on Williams Lake in Spryfield, was a lively community classroom for students from local John W. Macleod school to learn about fish habitats in their community.

"We've been coming to the Learn-2Fish program here on Cunard Pond year after year. The pond is really important to us. It's part of our community and we can walk here. The kids can see how they can use their community to be together and celebrate their environment. It also helps to reinforce our curriculum as part of grade 4 science on habitats and protecting our environment. We really appreciate it." said Ms. Steeves, grades 3-4 teacher at John W. Macleod school on the Purcell's Cove Road.

The "Learn2Fish" program offered by NS Fisheries and Aquaculture hooks into kids' natural curiosity about fish and their watery habitats. Sportfish Development Officer, Sabrina Wolthers, explained to newbie anglers and junior naturalists about the environmental issues that impact our lakes and ponds. She showed the eager anglers photographs of invasive fish species that threaten the native fish populations in our lakes. She also outlined good fishing attitudes and environmental protection practices that all anglers should follow so that natural habitats can survive and thrive with our conservation practices.

The "hands on" component of the lesson got noisy and very interactive as students scrambled to help carry dip-nets full of flapping speckled trout from the Trout Truck to release into Cunard Pond. The McGowan Lake Fish Hatchery supervisor Marielle Turner provided over 300 trout for the

'Learn2Fish' program as well as the Trout-a-Rama derby scheduled for the Cunard Pond on the June 1 weekend.

"There is huge public demand for trout stocking," said Turner, "and we are trying to keep up with stocking over 200 lakes. Today we are stocking 10 lakes for the many 'Fish-Free' derbies this weekend. June first is a free fishing weekend as you don't need an angling licence to catch fish."

Fishing is an outdoor classroom that connects kids to nature's many and varied habitats in their own community. Time spent in nature helps children's social, emotional, physical and intellectual development. Fishing is fun. Get hooked!

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DISCOVERING OUR PAST



20th century development in Spryfield had a slow start

by Iris V. Shea At the turn of the 20th century, Spryfield's population, according to the 1901 census record, was made up of 30 families consisting of 127 men, women and children. Many of their descendants continue to live in Spryfield. Most families farmed their land, keeping at least one cow which provided enough milk for their own use. They churned their own butter by hand, raised hens and chickens for eggs and poultry, grew fresh produce for use in the summer, and stored root vegetables for use in the winter. John Kidston and his brother William had enough cows to produce milk for their dairy route in Halifax. Shortly after 1900, John Kidston and his brotherin-law, Foster Giezer, operated Rockingstone Dairy. The Roche family of Spryfield, in addition to delivering milk to neighbouring communities, also delivered milk to the residents of Halifax.

Yeadon's quarry continued to acquire contracts to cut stone for Halifax walls and buildings, employing many local men. William and Mary Anne (Umlah) Yeadon subdivided their quarry among their three surviving sons, Amos, Andrew and Isaac. Each son operated a separate quarry in the area from Old Sambro Road to Cowie Hill.

The Church of England was the only religion in Spryfield that had a building for worship. In 1912 Reverend A.F. Dentith became the minister for Spryfield, Harrietsfield and Terence Bay. In 1913 a steeple and an extension were added to the former church school at the top of Church Road (Sussex Street) and the building became known as Emmanuel Church. A photograph of the original church may be seen on the gate of Emmanuel Cemetery.

George Sutherland, son of the original Sutherland settler, had died in 1889, his wife in 1903. The Sutherland farmhouse was occupied by their daughter, former schoolteacher Elizabeth Sutherland, and their granddaughter, Caroline Sutherland. The youngest of the three Sutherland sons, George, Jr., lived on the Herring Cove Road; James Sutherland and his wife died in Boston in the 1880s, leaving three-year old Caroline in the care of her grandparents and aunt; John, the eldest son, inherited the farm but lived in Hamilton, Ontario. Elizabeth was the last surviving member of her family when she died in 1925.

1918-1940: The heirs of the original families began to subdivide their farmland and new families arrived. Land on Long Lake Road (now Dentith Road), formerly Sutherland property, was sold by the Ontario Sutherland heirs and several new families from Halifax built their homes along that stretch of road. In 1918, the Lemarchants bought Yeadon land on the Herring Cove Road and later established a store (between Layton



Photo courtesy Mainland South Heritage Society. Title Herring Cove Road about 1948

Road and Mont Street). In 1921 Edward Frazee was operating a grocery store on the Herring Cove Road near the Pinegrove Hotel. He later moved his store to the corner of Old Sambro Road and Herring Cove Road. Omar Drysdale of Halifax bought the remaining Sutherland land in 1927, later subdividing it into small building lots along Old Sambro Road and Rockingstone Road. The Kidston Farm, following the death of John Kidston in 1928, was deeded to John's nephew, another John Kidston. Roche's Dairy continued to operate for many years before it was bought out by Charles T. Drysdale who operated Hyland Dairy from 1935 until it was sold in the 1950s to Maple Leaf Dairy. Eldon Drysdale, son of Charles T., delivered milk in a horse drawn wagon to the communities from Armdale to Pennant.

1940-1950: A great number of changes took place in Spryfield after World War II. Properties were subdivided and sold to returning Halifax soldiers who took the opportunity to buy less expensive building lots in the community. Wallace Beazley operated a store where Frazee's store had been. Irene Slauenwhite opened Renie's Tearoom on the corner of Herring Cove Road and Long Lake Road (Dentith Road). Spryfield's first drug store and a Dry Cleaner were beside the Tearoom. The area was known to local residents as "the village." Foster Bezanson's service station was across the road from Renie's Tearoom. A volunteer fire department was formed in 1946 and operated out of the first fire hall which was located on the corner of Treetop Drive and Long Lake Road. The Kent movie theatre opened in 1946 on the corner of Pinegrove Drive and Herring Cove Road. The Pinegrove Hotel was on the other corner of Pinegrove Drive but had become a rooming house.

In 1947 Emmanuel Church completed a new building on the Herring Cove Road and the old church on Sussex Street was torn down. Roman Catholics in Spryfied worshipped in the Kent Theatre while awaiting the building of St. Michael's Church, a

former Army Quonset hut, in 1948. The United Church congregation of Spryfield met on November 24, 1940, in Spryfield's "Little Red Schoolhouse." One year later, construction began for their church on the Herring Cove Road, on land donated by Arthur Kidston (this building later became the IOOF Hall). In 1948, property on Long Lake Road, now the South Centre Mall parking lot, was purchased by the United Church.

The school situation in Spryfield was an ongoing nightmare. A new

two-room schoolhouse, often referred to as "the Bungalow", was built during the 1930s to accommodate the growing school population of Spryfield. In 1942, the School Board recommended that the schoolhouse in Spryfield (the original Little Red Schoolhouse) be condemned, and a new eight-room school, known as Central School, was built.

1950-1969: The Yeadon quarries handled their last contract in 1954. That same year, the Public Service Commission completed the expropriation of the lands we now know as Long Lake Provincial Park. Several families were forced to relocate. In 1959 the Pinegrove Hotel was torn down to make way for a service station; the Kidston family had their property expropriated in the 1960s and their Rockingstone Farm was reduced to seven acres. Large scale farming in Spryfield had come to an end. By 1967, there were nine schools located throughout Spryfield. Students were shuffled from school to school as more space became available. On the first day of January 1969, amalgamation took place which made Spryfield part of Halifax, and an even greater number of Halifax families moved to Spryfield.



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Raffle draw winner!



From left to right Deb Thompson (entertainment committee FYSC), raffle winner Marie Turner, and Chuck Martin (entertainment committee FYSC)

The Forever Young Senior's Club (FYSC) wish to announce the winner of our "money board raffle draw 2024" valued at \$800.00. The winner is Marie Turner.

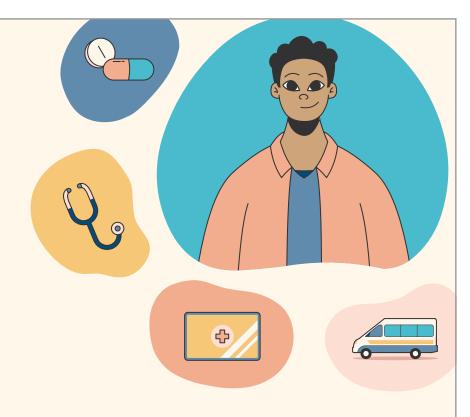
Congratulations.

We wish to thank Dylan, manager of Dylan's No-frills, for allowing our club members to sell raffle tick-

ets at the No-frill's front entrance.

We would also like to thank the people of Spryfield and surrounding areas for their support for our fundraising efforts.

Funds raised support programs provided to our club members. The Forever Young Senior's Club welcome new members. Thank you all.



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A different church service

by Carolyn Mont

I am sure that many of you will remember the record-breaking heat we had in the middle of June. The meteorologists were promising some relief with rain predicted for the weekend. Gardeners were looking forward to that rain so tender plants wouldn't burn up in the hot, dry weather. The folks at St. Paul's United Church, however, were hoping that the rain would hold off until after lunch on Sunday, in spite of the fact that we have a large community garden behind our church. The garden is a project of our Family Resources Institute (FRI).

As it turned out, we were fortunate indeed. The reason we wanted the rain to hold off was that the Sunday worship on June 23 was held in the

garden and part of the service was a blessing of the garden. Chairs were brought out, some people sat at picnic tables, our very adaptable organist, Skippy Mardon, brought her accordion on which to play the hymns and our minister, Max Martin, spoke loudly enough to be heard without amplification. Just by luck, I had a great spot, beside a rose bush where I could smell the roses as the church service began.

The message was meaningful, the rain, indeed, held off and, after the service, we had light refreshments of sandwiches, cookies and lemonade, served on our garden pergola. While this was going on, there were some gardeners who continued working in their plots, much to the delight of the church goers.







Spryfield - Sambro Loop -Prospect Road

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HALIFAX

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Volunteers building multicultural connections



Spryfield Area Multicultural Society volunteers enjoy an appreciation dinner Photo: Usha Goel

Volunteering is more than just lending a hand. As the Spryfield Area Multicultural Society shows, it's also about creating connections, fostering inclusivity and building a vibrant community.

Multicultural society president Usha Goel says the group's aim is to encourage diversity and culture in the growing Spryfield community. "We created the society in 2023 to promote different cultures and bring people together, so all community members feel they belong," Usha says.

The society's launch event in spring 2023 marked the Hindu holiday Holi, or Festival of Colours, featuring food, music and performances. Last August, the society followed up with a multicultural festival that showcased an array of talents, including First Na-

tions drummers, dancers from around the world, and a range of vendors sharing delicious foods and handcrafted goods. This year's multicultural festival is set for August 24th at St. George's Greek Orthodox Church on Purcells Cove Road, and is promising to be another big celebration of cultural diversity.

"All our events are made possible by our dedicated volunteers," Usha says. "We have five volunteer board members and another 15 active volunteers from various communities. They help with marketing, creating posters, and assisting during events. Without volunteers, none of this would be possible.

"Our volunteers are dependable, hardworking, and a delight to work with. It's not just about helping out; it's about feeling good and doing something meaningful for the community. I myself am a volunteer, and I feel immense satisfaction from contributing to our community."

For those eager to learn about different cultures, volunteering with the society offers a unique opportunity. "When different communities meet, they learn from each other and feel welcomed," Usha says. "Volunteers not only help organize events but also get to experience the richness of vari-



Usha Goel (right) from the Spryfield Area Multicultural Association welcomes Councillor Patty Cuttell to the 2023 Festival of Colours Photo:

ous cultures firsthand."

Usha's commitment to the community stems from her long-standing residence in the area. "I came to Halifax from India in 1979 and have been living here ever since. I love my community and want to give back." In addition to leading the multicultural society, Usha is also a past president of the local Indo-Canadian Association chapter, is active in her Hindu temple, and runs a monthly soup kitchen out of the Golden Age Centre on Herring Cove Road.

The Spryfield Area Multicultural Society's activities are supported by local businesses and elected representatives, but volunteers remain the heart of their operations. "We appreciate our volunteers immensely and will take them out for dinner to show our gratitude," Usha says. "We are always looking for more volunteers. Whoever comes, we welcome them. We are very open-minded and inclusive."

If you're ready to make a difference and immerse yourself in a multicultural experience, contact the Spryfield Area Multicultural Society via their Facebook page or email Usha Goel at ushag79@gmail.com

A Rotary moment From The Rotary Club of Halifax North West



Welcome to the newsletter from the Rotary Club of Halifax Northwest, where we share the club's news with the community we serve. This issue covers our long-standing relationship with the Spryfield community.

We're Back!

Although venues for our weekly lunches have "wandered', from downtown, to Chocolate Lake and Clayton Park, Spryfield has been our adopted home for decades. Our relationship was particularly strong during pre-COVID years, when we ran our Toonies for Change fundraiser. Unfortunately, the pandemic took the wind out of our sails, but for over 7 years we welcomed over two dozen volunteers from Spryfield at our weekly draws. We miss those times with friendly chats while sorting and counting Toonies! Our revenues from Toonies enabled us to give back over \$300,000 to various local charities. But when our source of revenue evaporated, we wandered away from Spryfield physically and emotionally.

We are delighted to announce that we are back! Our weekly lunches are held at Station Six restaurant on Tuesdays from 1145 to 1300 (11:45am to1pm). We have joined the Spryfield Business Commission as a nonprofit. We will be participating in Spryfield Days this month - look out for our tent on Saturday July 13th, where we will hold a raffle for a basket of local goodies in support of projects in Spryfield. And we will also be at the Urban Farm Museum for their Strawberry Social on Sunday the 14th. We participate in the annual Santa Claus parade and collect for the Chebucto Family Centre food Bank. We partner with Chebucto Connections in Ribfest and donate the honorarium to them. We participated in the recent cleanup of Long Lake Provincial Park. And there is more to come!

As we start into a new Rotary year (1 July) we will be taking stock of our financial situation, and we will be looking at other ways in which we can positively impact the very proud and vibrant community of Spryfield. In addition to financial support, we are always looking for opportunities to get physically active in the community. We are also keen to partner with businesses, institutions and nonprofits to leverage our resources and our good intentions. If you have any ideas as to how we can best contribute to your community, please contact us (contact information below).

If you want to know more or you would like to "kick the tires" to see if being a Rotarian might be a good "fit" for you, contact our Membership Chair, Roger Chiasson at rogerchiasson305@ gmail.com or 782 234 9408. Or pop in for one of our lunches. We meet every Tuesday from 11:45 to 1 pm at Station Six restaurant at Herring Cove Road.

Spryfield Days

The Spryfield Business Commission, on behalf of our Member Businesses, is please to present the 2024 Spryfield Days Festival Schedule. This year the Festival will be held at Graves-Oakley Sports Field om Leiblin Drive. Should you be interested in volunteering, having a tent at the Community Expo/Business Trade Show, sponsoring the Festival, or helping out in any way, please send an e-mail to Bruce Holland, bruce@discoverspryfield.ca. We look forward to seeing you at the Festival!



Trout-a-Rama reels in family fun!



Happy fishers measure their speckled trout at the Trout-a-Rama on Cunard Pond first weekend of June. Photo: Cathy Vaughan

by Cathy Vaughan

The McNamara Trout-a-Rama has just resurfaced. The two-year Covidlockdown and the recent wildfire closure of forests and parks shut down this popular family fishing derby in

Spryfield. The Halifax Wildlife Association (HWA) revived the sport fishing event at the beginning of June on Cunard Pond on Williams Lake. Families with kids, folks from surrounding neighbourhoods, and en-

thusiastic groups of fishing buddies arrived early, eager to register, hook their free worms, and start casting.

The revival of this family recreational event coincided with the first of June, considered a "Fish for Free" day as fishers are not required to have a Nova Scotia Fishing Licence to throw their lines into local fishing holes. They are still required to fish responsibility and support the HWA's environmental and sustainability guidelines.

The HWA was established in 1853 and is one of the oldest wildlife organizations of its kind in North America. Through this type of family out-door event the HWA promotes conservation and protection of the environment, healthy outdoor lifestyles and the recreational fun of sport fishing for youth. Experienced volunteers focus on youth to ensure the future of a sustainable environment by teaching and modelling ecological principals of conservation.

HWA led a successful and innovative educational program to decrease the toxic effect on waterways of lead in fishing tackle. They also partnered with the government program "Field to Fork" and took interested young folks hunting and fishing to teach them skills and safety standards. HWA works with government departments to advocate for practical legislation and sound regulations for the sport to be sustainable.

HRM's Cunard Pond and Williams Lake in Spryfield are considered recreational lakes by NS Department of Fisheries and Aquaculture and are stocked each spring and fall by the McGowan Lake Fish Hatchery. At the end of May, while releasing speckled trout into Williams Lake, supervisor of the fish hatchery, Marielle Turner said, "We are stocking lakes for 10 different fishing derbies for this weekend. The public demand is huge." Turner released about 300 'catch and eat' sized speckled trout into Cunard Pond for the derby and more trout into Williams Lake from the community entrance at Pine Bluff Islands Park on Wyndrock Dr.

The president of the Halifax Wildlife Association, Robert Blom, was appreciative of having Cunard Pond stocked with speckled trout for the derby. "We've been extremely lucky to have the event here. The level of the lake water has been a challenge over the years because the Williams Lake dam has not been repaired. However, the Williams Lake Conservation Company is hopeful that the Public Works Minister will follow up on her commitment to fix the dam. This will secure the level of lake water required to put on these events into the future."

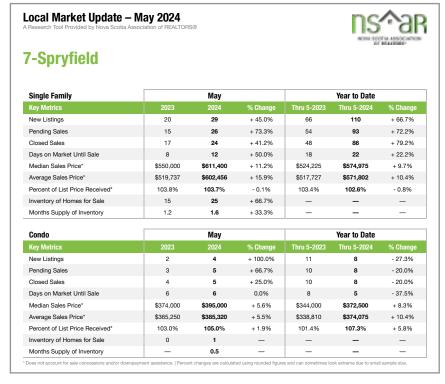
A bit of tackle and a whole lot of fun to get hooked on this sport. It's not just about the fish you catch, it's about the memories you reel in!

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In May, Spryfield family home sales averaged almost 16% above May 2023 at

\$602,456

with an average of 12 days on the market!



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Saturday, July 13, 2024

2-5 pm Festival Carnival for Children: Face Painting, Train Rides, Bouncy Castles, Games, Barbeque* & More (*Hotdogs or Burgers \$1, Pop \$1) 5-6 pm The Amazing Mr. J Magic Show (Children's activities end when Magic Show starts at 5:00 pm) Graves-Oakley Memorial Park (Rugby Field) Leiblin Park 2-5 pm Community Expo and Business Trade Show

> CONCERT 6:15pm-10:30pm On Stage at the Spryfield Days Festival Concert Direct from Herring Cove, The Johnsons' From Spryfield, Too Spry Roadside Scarecrow The Sullivans (Willie and Danny) Beer Tent on site

Sunday, July 14, 2024

Noon-2 pm Fun-DUCT-Raiser Duct Tape & Cardboard Boat Races Boaters need to pre-register online at www.funductraiser.org (75 Old Sambro Road) Proceeds to support LLPPA (Long Lake Provincial Park Association) 2-4 pm Strawberry Shortcake Social (Sponsored by Spryfield Urban Farm Museum, Rockingstone Road) Page 8 July 2024 • Chebucto News

TAG Celebrates Jollimore Day!

by Sam Ramsay

The Theatre Arts Guild, located at the Pond Playhouse in Jollimore, held its second annual Jollimore Day celebration on May 26th. People gathered in the Playhouse parking lot, where free food was provided by the Maritime Sikh Society, which has a temple next door. The Tartan Coffee truck was also set up for warm beverages, and a bar inside the theatre sold water, pop, and some snacks and alcoholic options. Out behind the theatre, some games were set up for the kids – volleyball seemed to be a particular hit, but there was also a homemade minigolf course available.

The main excitement, however, was inside the theatre, where tours of the building were provided. The Pond Playhouse, which is the current home of the Guild, was originally a church hall. The Guild acquired it in 1966 and has been there ever since – but not without significant renovations. Judy Reade, the Guild's archivist, explained to visitors that the original building had an entrance so small that only three or four people could fit inside, which sometimes left people waiting out in the rain to get into a performance!

The Playhouse has seen significant overhauls since then though, with expansions made to the ground floor,

and a new upper floor added around twelve years ago. The tour took visitors from the main theatre space into the newer areas of the building, including the workshop, dressing rooms, and storage space for costumes. The upper floor includes a rehearsal space, which also doubles as a secondary performance area when necessary. In the technical booth, visitors got to see the sound, lighting, and production stations, as well as a new setup for video recordings.

The Theatre Arts Guild is completely volunteer-run, and therefore welcomes new volunteers when people are interested in helping out. The technical booth seemed to be of particular interest to potential volunteers, who were assured by the current techs that it's something anyone can learn to do.

Near the end of the festivities, which ran from 1:00 to 3:00 PM, there was a short announcement in the main auditorium by local Councillors Shawn Cleary and Patty Cuttell, who each donated some money to the theatre to help replace the shingles in the roof, which are starting to wear out. After the announcement, attendees had a few minutes to mingle before appreciating some live music to end the event.

The Theatre Arts Guild is the country's oldest continuously-



Photos by Sam Ramsay

Councillors announce financial support for a new roof

operating community theatre, and has been running since its founding in 1931. The pandemic put a bit of a wrench in the works, putting on hold the plays they were working on at the time, but the Guild continued online shows throughout the height of the pandemic. The Guild has been

back to in-person performances at the Playhouse for a couple of seasons now, and a new slate of performances is set to begin in September. More information about the Guild and its history, current projects, and volunteer opportunities can be found on their website at tagtheatre.com.



Sikh Society serving up delicious food

Volleyball was popular!



People chatting in the Pond Playhouse parking lot



Behind the scenes, Workshop tour





Behind the scenes, costume room

Cuttell Community Update

by Patty Cuttell, HRM Councillor, District 11, Spryfield-Sambro Loop-Prospect Road

Hope everyone had a great Kana'ta, Canada Day. The addition of Kana'ta (Mi'kmaq for Canada) to the Canada Day celebrations reflects the long and important history of the Mi'kmaq in our city. Greater recognition of the shared history between settlers, immigrants, and the original Mi'kmaq people is an important step in reconciliation. In June we celebrated National Indigenous History Month, a time to recognize and learn about the history, heritage, and cultures of First Nations, Inuit, and Métis peoples across Canada. Together, we all have a role to play in reconciliation, and I am very proud of what Halifax is doing to advance this work and honour our treaty commitments.

June was also an important milestone for all our students in Spryfield and around Sambro Loop, but in particular, for the JL Isley graduating class. While every year it is a special honour to congratulate our graduates and wish them well, this year was very special as I got to watch my youngest receive her diploma. This moment came with a lot of pride in my daughter and excitement for her future, but also a bit of sadness as my baby is about to venture out on her own. So, to all the parents and guardians out there, whether your child graduated from primary or high school, well done! Now it is time to enjoy the summer!

One of the most exciting announcements in Spryfield is the planning of a new arena to replace the existing Spryfield Lions Rink. This is a really significant project for Spryfield and the surrounding communities. The project aims to improve recreational opportunities in our community to ensure we meet our growing and changing needs. As part of the planning, all residents are invited to participate in a survey to help inform the design and programming of the new facility. Your feedback is important. The survey is led by the Spryfield Rink and Recreation Centre Project Committee, consisting of eleven dedicated community members from the Spryfield community. These members include representatives from Autism NS, Chebucto Connections, LifeSchoolHouse, Spryfield Community Association, Spryfield Farmers Market, Spryfield Lions, Spryfield Lions Rink and Recreation Society, high school students, and other community members. The aim is to have the project completed in 2027, with construction beginning in 2026. Please take a few minutes to share your thoughts about this exciting new facility to ensure it meets the current and future needs of our community. You can find the survey at https://sites.google.com/view/ spryfieldrink. The deadline is July 21.

The Captain William Spry Centre is also in line for some major renovations. Work to the centre is scheduled to be completed in 2026 and will include an interior refresh and general state of good repair projects. Renovations to the library are scheduled to be completed in 2027 and include improvements to the interior layout, program space, circulation room, and service desk. To help inform the renovations, HRM is conducting a recreation needs assessment for Spryfield. We are requesting public feedback to better understand the satisfaction with the existing design, layout and amenities of the centre, as well as to understand the community's diverse recreation needs and priorities.

You can access the survey at www.shap-eyourcityhalifax.ca/cwsccreeneeds. The deadline is also July 21.

Williamswood Bike Park had its grand opening on June 23. The completely redesigned bike track includes options for beginner, intermediate, and expert riders. It was custom designed by Dirt Love, and provides an exciting and super cool new outdoor recreational amenity for youth and the young at heart. Grab your bike and be sure to add this to your "must-do

list" for summer 2024. You can find the new track at Williamswood Park.

I am also excited to announce that HRM has purchased four parcels of land totaling approximately 46 hectares, located to the west of Shaw Wilderness Park. The municipality intends to add most of this land to the Shaw Wilderness Park, providing additional opportunities for wilderness recreation, as well as protecting environmentally significant areas. This is a huge win for further protecting the Backlands, and ensuring future generations continue to have wild places to experience – right here in our community.

This summer keep your eyes open for a brand-new accessible playground

at Graves Oakley Park. And watch for upgrades to the McIntosh Trailhead at Roche's Pond, to make the off-leash dog park more accessible. Lifeguard supervision and water quality testing at HRM beaches start on July 1. Know your swimming limitations and swim with a buddy if you choose to swim in unsupervised bodies of water.

Stay up-to-date on all things District 11 by following me on Facebook @pattycuttell11. It is a privilege to be your councillor and to work on making our communities better places for all. If there is a municipal issue you need help with, please call me at 902-221-6893 or email patty.cuttell@halifax.ca

Premier's Message

by Tim Houston, Premier of Nova Scotia



Premier Tim Houston

More Ways to Access Healthcare

Nova Scotians deserve access to healthcare when and where they need it. Now there are more ways to access care than ever before.

You can get care at your local pharmacy. Through the work of our government to expand their scope of practice, our pharmacists can now diagnose, treat and prescribe for a wide range of common illnesses, like strep throat, that would have otherwise required a doctor's office or emergency department visit.

There are now 25 pharmacy clinics offering appointments for patients with common illnesses and those who take medications for chronic diseases. There are also several pharmacy walk-in clinics and ALL pharmacies can renew some prescriptions.

More than 130,000 Nova Scotians have accessed care this way and the feedback they are providing has been very positive. Often, they can get diagnosed faster, closer to home.

You can also get care virtually, with the assurance that if you need more care, you'll be seen in person.

That's right. Virtual care is available for free to all Nova Scotians through the YourHealthNS app. Virtual care is working for many Nova Scotians, but there are times when we all need to be seen in person or to have our care monitored over time.

There is a solution for that. If you need more than virtual care, you can be referred to a primary care clinic.

These clinics provide in-person appointments for anyone on the Need a Family Practice Registry who goes through virtual care but needs more. These clinics can follow your care for as long as you need or refer you to the appropriate specialist.

And you can get care through a mobile

clinic. We worked with Dr. John Ross to create clinics that travel the province delivering care. More than 20,000 Nova Scotians have chosen to get primary care this way.

You can find out when they'll be in your area by visiting https://www.nshealth.ca/mobileprimarycareclinics or calling 811.

Or you can go to an urgent treatment centre. There are now seven across the province that offer care for those who don't have a life-threatening emergency, but require urgent treatment, like strains and sprains, earaches, mild respiratory issues or small lacerations.

In 2021 when we came into government, there were no expanded primary care clinics, no open urgent treatment centres, no mobile primary care clinics, no community pharmacy primary care clinics or pharmacy clinics.

They didn't exist.

But in just three years we've put all this in place and so much more. All new access points. All to get you the care you need.

And we'll keep going. There is so much more to come.

The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

Important Community News

Herring Cove Jr. High Renovations:
Many of you may have noticed surveyors on site recently. This is part of our ongoing effort to enhance the school's facilities. Several years ago, we began addressing issues with the roof and parking lot water runoff. With increased funding from the province's capital repair program, we are now able to continue this work and undertake additional interior and exterior renovations.

Herring Cove Jr. High has served our community for generations and holds a special place in many of our hearts. I am proud to see it receive these much-needed improvements. This is exciting news for all of us.

Equity/Anti-Racism-2SLGBTQIA+ Action Plan Engagement:

The Province is developing an action plan to address the needs and concerns of the 2SLGBTQIA+ community. The Office of Equity and Anti-Racism has commenced public engagement on this plan, as part of the Equity and Anti-Racism Strategy released in July 2023.

"Hate and inequity have no place in our province. As leaders in addressing these issues, it is important that we start by asking how we can better serve all Nova Scotians," said Barbara Adams, Minister responsible for the Office of Equity and Anti-Racism. "By listening and engaging directly with the 2SLGBTQIA+ community, we can make government policies and programs more inclusive and improve people's lives."

Community organizations will conduct engagement sessions, and there will be an online survey to gather ideas, demographic data, and information about experiences with government programs and services. The Office will also lead three virtual sessions open to the broader rainbow community.

The 2SLGBTQIA+ community has faced a concerning rise in acts of hate since

2019 and has identified other issues, including service gaps and barriers to accessing health, employment, and justice services.

Dennis Crotty's Retirement:

After 25 years of dedicated service, Dennis Crotty is retiring from William King Elementary School in Herring Cove. Dennis has been a cornerstone of the school and has positively impacted many lives. Thank you, Dennis, for all you have done for our school and community.

New Cell Phone Policy in Classrooms:
The Department of Education is
implementing a new student cell phone
policy starting this fall. Elementary
school students must turn off their phones
and keep them out of sight throughout the
school day. Junior and senior high school
students must have their devices turned
off and out of sight during class time,
unless directed otherwise by their teacher
for instructional purposes.

Congratulations to Troy Ryan: Congratulations to Spryfield's own Troy Ryan on being named PWHL Coach of the Year. Troy is excelling in his career, and we are immensely proud of his accomplishments.

Loop Wide Yard Sale:
Mark your calendars for July 13th—the
Loop Wide Yard Sale is back! Set up in front
of your house and join the community event.

In Memory of Lorne Abramson:

We end this month with the sad news of Lorne Abramson's passing. Known to many as "Abe," he was a legendary figure at JL Isley High School. Abe was not only an outstanding teacher but also a dedicated community volunteer who spent his time helping youth succeed. His guidance and support have set many on the path to success. In his final days, Abe expressed pride in our achievements and found peace in knowing he had made a difference. We love you, Abe, and will miss you dearly. You were a true leader and role model.

I am proud to be your MLA.

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LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

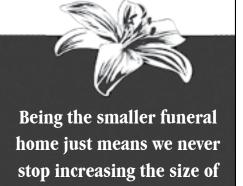
Darlene Bernadette Benedict

Age 62, It is with heavy hearts that we announce the passing of Darlene Bernadette Benedict, beloved mother, aunt, grandmother, sister, and friend, who departed from this world on May 29th, 2024, at the age of 62. She was born in Halifax, Nova Scotia, she was a daughter to the late Edward Benedict and Rita (Kelly) Benedict.

Darlene was predeceased by her brother, Bruce Benedict; nephew, Adam Swinamer; brother-in-law, Royce Tucker. She is survived by her brother, Tim (Donna) Benedict; sisters, Susan Benedict, and Heather Tucker; daughter, Vanessa Benedict; grandchildren, Ieshia and Mateo Benedict. She is also survived by numerous nieces, nephews, and supportive friends.

In addition to her roles as a beloved family member and friend, Darlene dedicated over a decade of her life at the Department of National Defense in Halifax, Nova Scotia. Her commitment to her work was unwavering, and her contributions were invaluable to her colleagues and community. Despite facing health challenges, Darlene remained steadfast in her dedication until she medically retired, leaving behind a legacy of professionalism and integrity.

Darlene's love for baking extended beyond her famous banana bread and pies; every Christmas, she gathered with family to bake batches of festive cookies, spreading warmth and joy during the holiday season. Her passion for karaoke filled



our service.

Some people think that bigger is better, but that just isn't the case when it comes to funeral homes.

Because we're a smaller firm, we can give more personalized service and attention to detail. Be assured that you will be treated like one of our own.



Proudly serving the community for over a decade

www.walkerfh.com 902.477.5601 many hearts with joy, and her talent for darts at the Spryfield Legion earned her well-deserved recognition. She found joy in playing bingo and was a familiar and respected presence in her community.

Her nurturing nature was evident in her devotion to raising her granddaughter for 14 years. Darlene was known for always prioritizing the needs of her family and others, earning her the love and respect of all who knew her. While she had a gentle and caring demeanor, she was not afraid to speak her mind and stand up for what was right.

We extend our heartfelt gratitude to the compassionate staff at the Halifax Infirmary for their unwavering care and support during Darlene's final days. Your dedication and kindness provided comfort to Darlene and her family during a challenging time, and we are forever grateful for your efforts.

Darlene Bernadette Benedict leaves behind a legacy of love, kindness, and strength. She will be deeply missed by all whose lives she touched. May she rest in eternal peace.

Judy Zinck-Young

The family wishes to announce the passing of our mom / grandmother / great-grandmother, Judy, on May 31, 2024 at the QEII, Halifax Infirmary, Halifax. Born on December 11, 1945, in Terence Bay, NS, she was a daughter of the late Gordon and Minnie Slaunwhite of Terence Bay.

She is survived by her daughter, Janice (Chris) Jefferies, her son, Laurie Zinck (Ruth), both of Terence Bay, her grand-children, Marcia, Erika, and Matthew, her great grandchildren, Bentley, Wyley, Anthony, and Keaton, sisters, Jeanette Brophy and Leona Schlay, both of Terence Bay, and Louise (Barry) Slaunwhite of Manitoba, along with many nieces and nephews. Mom was predeceased by her son, Christopher, daughters, Tanya and Michelle in infancy, her husband, Thomas Young, her children's father, Wayne Zinck, a sister, Helena and brothers, Colin, Garnet, and Gary Slaunwhite.

Mom loved spending time with her family and friends, playing cards, going to bingo and time spent at her cottage in Stewiacke. She had a sharp tongue and loved to laugh and listen to country classics. In her earlier years, she loved going in the boat for day excursions and dancing, especially jiving with her brother, Garnet. Prior to being a stay-at-home mom, she worked at O'Brien's Packers, Moir's and as a cleaner.

Special thanks to her caregivers, Mary, Della and Peggy, for caring for mom in her final days.

Norma Virginia Ferguson

Age 99 of Spryfield/Sackville, it is with great sadness we announce the passing of our beautiful, mother, sister, and nanny, Norma Virginia Ferguson on Wednesday, May 29th, 2024, at the QEII Halifax Infirmary Site. Born in Scot's Bay in 1924, she was the daughter of the late Ozrow and Maude (Webb) Huntley. Norma was a proud Spryfielder and in her younger years, she worked for the Spryfield IGA and Emmanual Save Easy. She was also a Spryfield Lioness.

She is survived by her children, Gwendolyn Huntley, Scott Ferguson, and Pamela Ferguson (Dale Oakley); grandchildren, Karen Huntley, Tammy Huntley- Barkhouse (Troy Barkhouse), Nicole Huntley

(Todd Welton), Shawn Ferguson, Jennifer Oakley (Korey Zwicker), and Stefanie Oakley- Curtis (Charles Curtis); greatgrandchildren, Makenzie Oakley, Mason Oakley and Jayden Curtis; and many other grandchildren and great-grandchildren. She is predeceased by her husband, Earle "Fergie" Ferguson; sisters, Abbie (Welsford) Arnold, Rev. Vesta (Perce) Legge, and Geraldine (John) Banks; brothers, Wilbur (Emily) Huntley, and James (Doris) Huntley; son-in-law, Phill Huntley; daughter-in-law, Pat Noftle.

Goldie Margaret Hart

Age 91 of Sambro. It is with great sadness we announce the sudden passing of Goldie Margaret Hart on May 25, 2024, with her loving family by her side. Born in Sambro Head, she was the daughter of the late Samuel and Margaret (Gaskin) Gray.

Goldie leaves behind her children, Donny (Mandy), Sambro Head, Michael (Debbie), Herring Cove, and Allie (Sharon), Herring Cove; grandchildren, Matthew (Jill), Kady (Douglas), Michael (Tiffany), Nicholas (Jessica), Abby (Justin), Brandon (Maria), Emma (Matthew), Maggie (Jacob), and Julia (Ryan); 13 great-grandchildren; siblings, Mary, Murray (Phyllis), Wayne (Glenda), and Shirley (Gary). Goldie was predeceased by her loving husband, Sherman; grandson, David Hart; brothers, Brenton, Arthur, and Donald Gray.

Mom was one of a kind. She spoke her mind and had a great sense of humor. Mom and Dad spent many fun times at dances with lots of friends dancing the night away. Above all, mom loved her boys. Any trips to town would include a special treat for them. She was a wonderful mother-in-law and was grateful for three "daughters". Mom deeply loved her grandchildren and great-grandchildren. She always had treats for them at the "store" to much delight.

At age 16, Goldie worked at Simpsons Sears for 5 years as an elevator operator, then worked in retail mail order. Besides her family, Goldie's greatest enjoyment was playing BINGO. She was an avid bingo player, playing up to 8 cards at once, and could often be found at the Spryfield Bingo Hall. Goldie also enjoyed cooking and organizing functions at the local "Silver Seas Social Club" then later at the Seniors Golden Age home.

Goldie wants to thank her special friends and her caregivers, Rhonda Gray and Gordon, along with her neighbors Sherry and Marty Henneberry who had dropped off numerous meals and kept her company over the later years.

Donations may be made to the St. James United Church, Sambro, in lieu of flowers

Riad Kamel Zakhour

It is with heavy hearts, our family wishes to announce the passing of Riad Kamel Zakhour at age 67 on Monday June 17th, 2024. Riad immigrated to Canada in 1976 and began working at a popular Halifax restaurant, Pepe's. It was during this time he discovered he was passionate about food, and the quality of food. Riad soon became a business owner himself, having operated a number of pizzerias over the years with his latest being Baba's. Riad became well known for his generosity and passion for cooking. He is adored by all that knew him especially in both the Lebanese and Greek communities as well as the community in Harriestfield, Williamswood, and Sambro - you were all family to him at Baba's.

The son of the late Kamel and Saadah Zakhour, Riad was a devoted and loving husband, father, brother, grandfather, and

friend to many whom walked in his path. He will be forever missed by his beloved wife of 45 years Nada Zakhour, son Terry (Janna); daughters, Caroline (Michel) Farah and Nicole Zakhour. He was adored by his grandchildren; Selina, Maria-Skye, Rosie, Alexander, and Sasha. Riad was predeceased by his brother Zaki (Salem) Zakhour and his sister Safira (Walid) Farid.

Riad is survived by brother's Zakhour (Sabah) Zakhour, Hatem (Dalal) Zakhour, Tarek (predeceased Kyova) Zakhour, Naja (Naziha) Zakhour, and sister Rahji (Saadallah) Ayoub, and many nieces and nephews both here and in Australia who loved and cared about him very much.

Riad had a very special bond with his mother in-law Nouha Saoud and brother in-law Elham (Naza) Saoud and their daughters Christina and Nicole.

Funeral arrangements were entrusted to JA Snow Funeral Home, 339 Lacewood Drive, Halifax. Funeral service was held on Friday June 21st at Saint Antonios Church, 2480 Windsor Street, Halifax. Father Maximos Saikali officiating. Burial in Saint Antonios Cemetery.

In lieu of flowers, donations can be made to Saint Antonios Building Fund.

Brian Cyril Hobin

(74) of Halifax, NS died at the QEII – Halifax Infirmary June 14, 2024. He was the son of Cyril Joseph Hobin and Edna (Anne) Elizabeth Hobin/Verge. Brother of Jean Margaret Hobin (all predeceased).

Brian attended St. Patricks High School and St. Mary's University. Graduate of CDI (programmer analyst). He was Deacon of the Roman Catholic Church. Worked in many trades, also as a sales associate at O.G.A; Kents; Home Depot and Canadian Tire. Purchasing agent, Forgies; Keddy's Enterprises; N.S Power and Sivaco (Assistant Manager).

Brian loved skiing, curling, sailing and baseball. He was a long-term Spryfield resident, moved to Fairview, Halifax. He was a past member of the Fairview Legion.

Survived by his wife, Marcia Coolen/ Hobin; sons, Sean Brian Hobin and Christopher Stuart Hobin; daughter in-law, Rebalyn Keating; grandson, Morgan Keating; niece, Pamela Sullivan/Grey, Brian Grey and family; cousins, Sharon Hobin, George Hobin and family; Barbara Verge and Family; Barry Twohig/Joyce; Deborah Twohig and family; Wayne Twohig and family; Gary Twohig, Novella and Family; Peter Twohig, Beverley and Family; Velma & Stephen Twohig & Family.

Brian will be greatly missed! There will be no Service or Celebration of Life at his request. All prayers are welcome!

Christopher Stuart Hobin

age 47, of Halifax passed away on June 16, 2024 in the Halifax Infirmary.

Born in Halifax he was the son of Marcia Hobin and the late Brian Hobin.

Chris worked multiple places learning all kinds of different trades, but the last job was flooring. He loved being out in nature walking or enjoying the sound of water. He also loved to help others in need. He loved getting together with friends and family to have a good time no matter what it was.

He is survived by his mother; life-long partner, Rebalyn Keating of 22 years; son, Morgan Keating; brother, Sean Hobin.

He was predeceased by his father. Survived by family and friends, Chris will be sadly missed and hopefully remembered for the laughs and fun he had when he was alive.

No service or celebration of life. All prayers are welcomed.

The Jason Doherty Memorial COMMUNITY EVENTS PAGE





COMMUNITY EVENTS FOR JULY Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Tuesday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9 am and 10 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Food Bank: If you would like help with food, please call 902-477-1954 before 10 am and leave a message with your name and phone number. Our volunteers will call you back on Tuesday. Pick up time is Wednesday, 9:00-10 am, at the lower church hall behind the church.

If you would like to donate food, please drop it off on Tuesday morning before 10:30 or Sunday morning at the church.

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

Spryfield Legion Events:

- Kitchen Open Fridays 5-7 pm
- Bingo every Sunday 1:00 pm Doors open 11:00 am
- NEW Sundays Salsation Dance, Fitness, Fun 7-8 pm \$5.00. Co-Ed, come try it.
- Fri. July 12, Forever Young Seniors Bingo 6:30. Doors open 5 pm. Kitchen Open
- Mon. July 8 Seniors' Dance 1-4 pm \$6.00 Music by Joe MacKinnon. Lunch Served

Harrietsfield Williamswood Community Centre events:

• REC Van every Tuesday at Harriestfield Elementary! Start date July 2nd. End date August 27th.

We are always looking for new Board members and volunteers!

City Church (276 Herring Cove Road) events:

- City Church Tel #: 902-479-CITY c.citychurch@ns.sympatico.ca www. citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church (322 Herring Cove Rd) events: emmanuelanglicanchurch.net, 902-477-1783.

 Prayer Group: Meets the 2nd and 4th Thursday of each month for an hour of prayer for each other, the world and the church. All welcome.

Salvation Army (328 Herring Cove Rd) events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish events:

• Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or email stellamaristwelvebaskets@gmail.com

St. James United Church (3811 Old Sambro Rd) events:

• Sat. July 13th. Strawberry Tea, Ticket Auction, and Cakewalk 1-3pm Price \$5 cash only.

St. Paul's United Church (173 Old Sambro Road) events:

 Now that the temperatures are warming up, we have turned on the outdoor tap for those of you who rely on us for clean drinking water.

TOPS (Take Off Pounds Sensibly)

Monday evening – 6:15 to approximately 7:30 at the Golden Age Centre, 212 Herring Cove Rd.

Our mission statement is "to help and support our members as they take off pounds sensibly. We are a non-profit organization which exists to provide you with support when needed. We welcome new members. Come sit in on a meeting

some Monday night.

For information, please contact shay@ns.sympatico.ca or check out the TOPS org website atwww.tops.org

TOPS (Take Off Pounds Sensibly)

Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

Spryfield Legion/Forever Young
Seniors Club Chase the Ace draw

Seniors Club Chase the Ace draws on Mondays at 7 pm. Ticket sales at the bar during Legion open hours as well as Mondays by volunteers from 5 pm to 6:45 pm. Tickets \$5.00 each and support programs that are offered to members of the community at large. Please Note: Tickets must be clearly filled in with just one person's name and phone number. You are not required to be present at the draw in order to win.

• Summer dates for the Forever Young Seniors Club bingo. Held at the Spryfield Legion. June 7, July 12th, August 9. Doors open at 5pm. Canteen is open. Hope to see you all there.

Urban Farm Museum Society of Spryfield 2024 memberships are now available - Individuals \$10.00, Students & Seniors \$5.00, Families \$15.00 and Groups & Organizations \$25.00. We look forward to sharing our ideas and hearing your suggestions for the future. For more information, please call Pat at 902-497-3683 or email urbanfarmspryfield@gmail. com

Upcoming Events at the Urban Farm

- Strawberry Shortcake Social July 14, 2-4pm (raindate July 20th)
- Evening in the Garden
- August 20, 6-8pm (raindate Aug 21)
- School Farm Day / Harvest Fair Sept. 21, 2-4pm (raindate Sept 22)
- Spooky Halloween at the Farm Oct. 26, 5-7:30pm (raindate Oct 27

Forever Fit for Seniors. Mon, Wed, and Fri from 10 to 11am at Emmanuel Church Hall. Punch cards available from the YMCA. First class free.

Crafts and Conversation Tues and Thurs from 1:30 to 3:30 pm in the

Shared Program Room at 16 Sussex Street. Free drop-in. Refreshments. For more information, check out info@ halifaxweddingchapel.com. Funding by the Community Links Association and the NS Dept of Seniors and Long-term Care.

Youth Music Clinic - Young people ages 12-17 are invited to attend a Music Clinic July 16-18 with the Virginia Voices International/Living Hope Community Church. Clinic will run from 6:30-8PM at. 114 Downs Ave with performances on July 19 and 21st. \$10/person. Whether you are new to mucis or have performed before, join us for some fun skills development and opportunities to perform. Register / inquire at halifaxhal@hotmail.com or 902-830-5669.

Backyard Bible Club in the Park - For children ages 5-10, join this day-camp for some fun songs, games, lessons and crafts - July 16-18, Stanley Raine Park between Bromley Road and Ridge Valley Rd (Spryfield) 10-11:30AM. Free. Register / inquire at halifaxhal@hotmail.com or 902-830-5669.

Senior's Dinner and mini-concert -

Open to all seniors, a free dinner and mini concert hosted by Living Hope Community Church and the Virginia Voices International. Friday, July 19 at 5PM - 114 Downs Ave. Please RSVP at halifaxhal@hotmail.com or 902-830-5669.

Free concert - Enjoy spiritual and popular tunes with the Virginia Voices International in their final concert at 114 Downs Ave, on Sunday, July 21, 6:30PM.

Spryfield Lions Club invites you to get involved with the community by joining your Spryfield Lions! Meetings are held on the 4th Tuesday of each month. Phone 902-479-2917 for more information.

To have your Community Event listed call or fax us at 902-477-NEWS or email chebuctoeditor@gmail.com.

Check our Facebook page for updates & late arrivals









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16 oz. Real Milkshake's

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Only \$10.00 plus tax

Coupons Expire July 31, 24

Clip Coupon #4

Family Deal #1 Pick Up Only

4 x 6" Cold Cuts

4 x 6" Pizza Subs

4 x Pop or Water

4 x Cookies

Only \$21.73 +tax \$25.

Coupons Expire July 31, 24

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or Pizza Subs

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or Pizza Subs

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Medium \$6.50 Large \$12 Bucks

Butter Chicken Poutine



Medium \$9 Eucks Large \$11 Eucks