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# Chebucto News

Vol.25 • No.10  
June 2024

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## LakeWatchers, caretakers and stewards of our lakes



Citizen Scientists Stephen Glazier and Katie Studholme take water samples next to the Williams Lake dam for the LakeWatchers program. May 2024. Photo: selfie, Stephen Glazier

by Cathy Vaughan

It's all connected. Paving a wetland for a car park, bulldozing a forest for a subdivision, and spreading road salt for winter maintenance - all impact the wildlife habitat, sensitive ecosystems, and the environmental health of the surrounding bogs, streams, ponds and lakes. Ultimately, your healthy outdoor lifestyle.

There are over a thousand lakes in HRM, many of which are impacted by

the way we use the land around them. So, in 2022, the city reinstated a lake water monitoring programme. The community led "LakeWatchers" program tracks and monitors the health of its surrounding lakes. The municipality's Environment & Climate Change team is now monitoring 72 lakes in collaboration with community groups and citizen scientists. Williams Lake is on their roster of 'vulnerable' lakes to be monitored.

Williams Lake Conservation Company (WLCC) directors Katie Studholme and Stephen Glazier geared up with HRM's testing kits and equipment to take measurements for the LakeWatcher's program by testing in two sites on Williams Lake. Studholme is a wildlife biologist and Glazier's background is in physics so both scientists were eager to use the sampling gadgets and measuring equipment supplied by HRM.

Studholme and Glazier explained how important the LakeWatchers program is because it enables us to collect and chronicle important data on the biological, chemical, and physical properties that support the life of a lake.

"We're really excited to be part of the LakeWatchers program. We spend a lot of time on Williams Lake paddling, hiking and birding and we are passionate about the health of our many amazing lakes and rivers. We're really fortunate to live close to so many here in HRM! LakeWatchers supports public awareness and transparency about the health of our lakes, and monitoring long-term trends will help inform future conservation and municipal planning and decisions," stated Glazier.

When lakes become unhealthy, the result is often an overgrowth of plants and algae and a lack of oxygen to support life in deeper waters. By monitoring lakes regularly, we can detect signs of declining health of a lake and take corrective action early.

(See LakeWatchers on page 2)

## Sammy says

SACA will be holding its Annual General Meeting on June 18 at 7 p.m. at St. James United Church, 3811 Old Sambro Road in Sambro. We'll be providing an update on the state of our finances, the land acquisition, community centre, and board of director positions.

In what has been an incredibly long wait, full of twists and turns and hoops jumped through, SACA is pleased to share that we've signed a Letter of Offer to purchase the lands (See Sammy on page 2)

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# LakeWatchers

(continued from page 1)

Some of the many measurements that Studholme and Glazier are taking in Williams Lake include water clarity, phosphorus levels, and salt content. Water clarity and the pigment ‘chlorophyll a’ indicate how much algae is in the water. Increases in phosphorus levels are often caused by detergents, fertilizers or sewage entering the lake. High salt levels are typically due to runoff from winter road maintenance and disrupt the lake’s natural ability to distribute oxygen and nutrients by creating a dense layer of water at the bottom. Over time, this leads to uninhabitable layers of water and can dramatically reduce the lake’s ability to support life. Your favourite secret fishing spot is threatened!

Williams Lake and Cunard Pond are also tested for E. coli and fecal coliform bacteria during the summer months. These bacteria originate from runoff from the land contaminated with human or animal waste such as dog poop and can make the water unsafe for human contact. If unsafe levels are detected, HRM will notify the public and close beach access.

You don’t have to be a white-coat scientist to understand that what these chemical levels and readings tell us is if sensitive aquatic ecosystems and wildlife survive and thrive, then the lakes are healthy for us too. They also indicate that we need to be “Caretakers and Stewards” of our lakes and work with HRM’s Environment & Climate Change team to do our part to protect the lakes in our neighbourhoods.



# Sammy

(continued from page 1)

where the former Sambro Fire Station sat, where we’d like to build a new community centre.

It’s important to note that it’s not a done deal yet. There are more steps to the process. We’ve submitted the requested business plan and we’re waiting on a land survey. We’ll need to get an environmental consultation to ensure there is no remaining contamination as a result of an oil spill that happened on the property years ago. We’ll be setting up a community consultation to discuss our community needs for the space, so watch for more information on that date.

SACA has been on the fence regarding having closing fireworks at this year’s Sambro Sou’Wester Days. The reality of it is that the \$8,600+ expense for the fireworks cuts a huge

slice out of our funds, and now that our ownership of the land is imminent, we need every penny to put towards our future community centre. We typically obtain some sponsors and a small amount of donations, but historically it hasn’t been enough.

We debated not having the fireworks event, but after much discussion, we’ve decided to attempt to raise the money via several 50/50 draws. If you’d like to help us continue to host this fan favourite event, you can get your tickets at <https://www.rafflebox.ca/raffle/sambro>

If we’re unsuccessful in raising sufficient funds, the fireworks will not go ahead and any funds raised will be put in our community centre account.

Sammy Sambro is SACA’s mischievous mascot. You can follow him on X and Facebook.

# Chebucto News

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# Religious Services Directory for June

Send your submissions to [chebuctoeditor@gmail.com](mailto:chebuctoeditor@gmail.com) for July's issue by June 21.

**City Church** (276 Herring Cove Road)  
 Sunday Family service: 10:30am  
 Nursery and Children's ministry: 10:30am  
 Wednesday night prayer: 7-8pm

**Hill Chapel** (91 Thornhill Dr)  
 Formerly Spryfield Christian Community Church  
 Church services Sunday 11-12 am

**Oromo Gospel Church**  
 Sunday worship service: 3 pm and Tuesday prayer: 10 am.

**Emmanuel Anglican Church** (322 Herring Cove Rd. [emmanuelanglican-church.net](http://emmanuelanglican-church.net), 902-477-1783.  
 Sunday Worship:  
 8:00 am: Quiet, traditional, contemplative communion service.  
 10:00 am: Lively, contemporary communion service with music.  
 Emmanuel Church is an affirming church. Everyone is welcome to our services. Masking is optional but if you are sick, please join us online.

**St. Paul's United Church** (173 Old Sambro Road)  
 11am on Sunday mornings.

**Stella Maris Roman Catholic Parish at St Michael's Catholic Church**  
 Weekend Masses: Saturdays 4:00 pm Sundays at 8:00am and 10:00 am  
 Weekday Masses: Tuesday to Friday 9 am  
 Monthly Tuesday Night Prayer: 7 PM each month  
 First Tuesday: Healing Mass  
 Second Tuesday: Upper Room Praise and Worship  
 Third Tuesday: Mass and Adoration  
 Last Tuesday (Sept-May): Evenside Candlelight Prayer  
 All are welcome, wherever you are on your faith journey!

**St. James United Church** (3811 Old Sambro Rd)  
 Sunday services held at 11am.  
 Sunday school held at 11am.  
 Services are livestreamed on our Facebook page (St James United Church Sambro NS) and Youtube. Our website is [www.sambrojollimorepc.com](http://www.sambrojollimorepc.com) and our email address is [office.sambrojollimorepc@gmail.com](mailto:office.sambrojollimorepc@gmail.com)  
 Our phone number is 902-868-2791

**Open Door Community Church** (11 Aldergrove)  
 Open Door Community Church invites you to join us weekly for a time of fellowship, contemporary worship and Bible based teaching. Please join us, starting July 3, for Wednesdays at

7:00 pm, in July and August at 11 Aldergrove Drive. We will return to Sunday morning services in September.

**Wayfarers' Church** (328 Herring Cove Road)  
 Sunday Worship 10:30am  
 website: [wayfarerschurch.ca](http://wayfarerschurch.ca)  
 email: [friends@wayfarerschurch.ca](mailto:friends@wayfarerschurch.ca)

**Searching for Truth Church** (2 Auburn Ave)  
 Church for everyday people. Fridays at 7pm  
 Apologetics Club. First Saturday of the month from 6 to 8pm. At 114 Bromley Road. Please join us for a delicious meal followed by a discus-

sion. This is an outreach of Living Hope Community Church. For more information call Maggie at 418-264-7292

**Christ Embassy Halifax** (16 Sussex St.)  
 Sunday Service – 9:30 AM  
 Online Services on Zoom:  
 Sundays – 8:00 – 9:00 AM  
 Wednesdays – 7:00 – 8:00 PM  
 @ Zoom meeting ID: 431 811 2246  
 Passcode: HALIFAX  
 May 2024 Global Communion Service with Pastor Chris  
 Sunday, May 5, 2024 – 11:00 AM  
 Email: [cehalifax.ns@gmail.com](mailto:cehalifax.ns@gmail.com)  
 Phone number: 782-882-1755

## Transplanting tomato seedlings

Tomato seedlings must be hardened off before they are transplanted outside. Start on a mild day and place your seedlings outside for about an hour, then bring them back in for the rest of the day. Increase the amount of time they spend outside each day until they're ready to move outside permanently. For the first week, keep seedlings out of direct sunlight and strong wind and don't move them outside if

the weather is harsh. When the seedlings are ready and the risk of frost has passed they may be transplanted into the garden. They can be planted deeply to encourage strong stems. When spacing your tomato plants, consider their mature size to allow for proper airflow between plants. *This tip reprinted with permission from Halifax Seed's website: [www.halifaxseed.ca/how-to-grow-tomatoes](http://www.halifaxseed.ca/how-to-grow-tomatoes).*



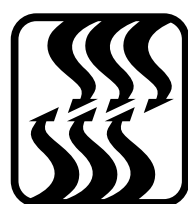
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## DISCOVERING OUR PAST

### A letter written in 1947 by teacher from Old Cunard School in Jollimore

by Iris Shea

Old Cunard School in Jollimore was destroyed by fire Wednesday, January 8, 1947. A letter, below, dated January 1947, was sent to the editor of the Evening Mail, a Halifax newspaper, and written by Kathryn (Martin) Hodgson, a former teacher at Old Cunard School in Jollimore. Her address in 1947 was Outremont, Quebec. Miss Kathryn Martin taught at the school for seven years during the 1920s.

Letter:

*I was so saddened by the radio broadcast that the school in Jollimore had been destroyed by fire. Since the passing of my old friends Mr. and Mrs. MacIlreith, with whom I stayed, I have had little news of Jollimore. However, I feel that I would like to express my sympathy with the community in their loss.*

*The Christmas season never fails to bring back memories of the Christmas closing of Cunard School. The Christmas tree, the programs presented by earnest pupils, and Mr. MacIlreith arriving, laden with prizes for about every pupil, so it seemed.*

*I like to remember the many little cherubs I taught there. When I look back, I think they were all very lovely children and even those I thought naughty then have become little angels in my memory. As I have added years I know they have too (many are now married and have children of their own), but I like to think of them as they were then.*

*I can recall Thelma and Marjorie Hunter looking like pictures from storybooks, and Myrna Hunter and Merle Hennesey of exceptional brilliance—all with perfect deportment; the MacIlreith boys, the little Jollimore boys, so close to me because I was so much a part of their daily lives—Fred and Foster Boutilier and Dick Innes, the Powell boys, the Jussup children; Clarence and Evelyn Slauenwhite, Hazel Topple and so many others.*

*I can never forget the highlight that marked the climax of my seven years spent with these children and the very kind parents. I like to recall the kindness that prompted the tribute paid to me at my journey's end in the teaching profession. I still remember the efforts of the late*



Cunard School 1928, Teacher Beulah Moren

Front Row (left to right): Bill Chaddock, Bill Barry, Clarence Slauenwhite, Herb Powell. Second Row: Hazel White, Lucy Jollimore, Helen Margeson, Dot Schmeisser, Annie Baigent, Laura McDermott, Florence McDermott, Kaye Jollimore. Back Row: Miss Moren (teacher), Ed Jollimore, Borden Porter, Clyde Northup, Parker Beaver, John Jollimore, Reg Schmeisser, Ches Chaddock. Photo courtesy of the Mainland South Heritage Society

*Chesley Milton to help make this a success.*

*I wish I were blessed with enough of this world's goods to help rebuild your school but can only send my very deep regards to the loss and sincerely hope that understanding and wise judgment will be exercised in building the new school. So, in closing may I wish you and all former pupils who remember me, God's blessing.*

In 1926 Kathryn Martin was one of the teachers at the school and the following marks for the Jollimore Village School Exams were posted in the Evening Mail for the Christmas exams written by the junior students. The names of some of the same students were mentioned in her 1947 letter.

Grade 3: Marjorie Hunter, 84; Herbert Powell, 77; Frank Romans, 76; Foster Boutilier, 61.

Grade 2B: Parker Beaver, 89; Willie Slauenwhite, 85; Laura McDermott, 85; Thelma Hunter, 79; Hazel White, 76; Annie Baigent, 76; Violet Topple, 67. (Author's note: Hazel Topple, mentioned in the teacher's letter, was Hazel White, but brought up by her grandparents in Jollimore, the Topples.)

Grade 2A: Lucy Jollimore, 75; Florence Northup, 74; Arthur Powell, 56; Roy Slauenwhite, 53; Jimmie Innes, 50.

Grade 1: Leo Jollimore, 76; John Barry, 64; Francis Melvin, 60.

Primary: Evelyn Slauenwhite, 76; Reggie Slauenwhite, 72; Earle Slauenwhite, 84; Wilhemina Jacobson, 57.

Beginners: names in order of merit, Freddie Bignell, Edith Topple, Mary Slaunwhite, Eleanor Powell, Roy Jollimore, Albert Innes, Herbert Lane, Beatrice Slaunwhite, Jimmie Slaunwhite.

Old Cunard School was not rebuilt and a playground is now located on the former school ground at the corner of Kirk and Albion Roads. You may still be able to see the remnants of the school foundation at the back of the lot.

The students were sent elsewhere to complete their grades that year. There were offers of temporary accommodation from Mrs. John Cruikshank and from the Dingle Canteen for some of the 165 pupils. The trustees decided to act on an offer to use St. James Church hall and the Kiwanis building at the head of the North West Arm for Grades Five to Eight. Thanks to the generosity of Father P.F. Martin of St. John the Baptist Church in Melville Cove, Grades One to Four were accommodated at Melvilla Hall, an old munitions building and former Roman Catholic Mission located behind the church. Grades nine to twelve had been attending LeMarchant Street School and Queen Elizabeth High School. Parents of some Grade Eight students decided to send their children to city schools rather than have them in half-day classes at St. James Church Hall. Gladys Redmond was principal of Old Cunard School at the time of the fire. Eight students remained in Mrs. Redmond's Grade Eight class and it was reported by Mrs. Redmond that all of them passed their entrance exam to the city schools that June. John W. MacLeod School opened in 1948 to accommodate the students from Old Cunard School.

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**WE CARE**

# HRM Adds Land to Shaw Wilderness Park

by Cathy Vaughan

The Shaw Wilderness Park (SWP) on Williams Lake in Spryfield just grew by 36 hectares of rugged forest barrens and increased its shoreline to 4.5 kilometres of protected land for this recreational lake. HRM just purchased four parcels of land next to the wilderness park and will add most of the land to the existing 153 hectares of the popular urban park on Williams Lake.

“The land being added to Shaw Wilderness Park will be incorporated into future park planning. This process will include public consultation, as well as collaboration with the Nature Conservancy of Canada (NCC), which partnered with the municipality in establishing the original Shaw Wilderness Park lands” according to HRM’s recent Public Service Announcement.

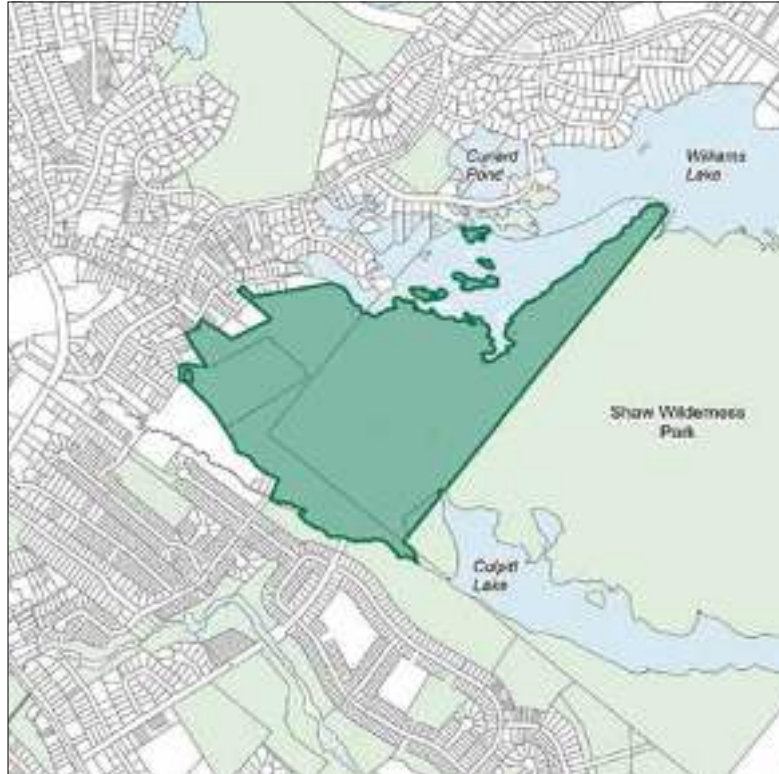
The Williams Lake Conservation Company (WLCC) as well as the Backlands Coalition of 9 local conservation-oriented groups applauded the city’s councillors, local politicians, MLAs, and mayor for their collective resolve and vision to protect the Backlands and the William Lake’s watershed forever.

Kathleen Hall, Chair of the Backlands Coalition and member of the board of directors of WLCC has been working on this acquisition of land and said “When the Backlands Coalition was created 10 years ago this property was viewed as the “Gateway” to the Backlands. For the past several years we have emphasized to HRM planning staff and local Councillors that this land is very special given the water features, ecology, topography and of course its neighbour, the Shaw Wilderness Park.”

Councillor Shawn Cleary, District 9 Halifax West Armdale, was also instrumental in working with HRM. “About a year ago, I put forward a motion to Halifax to buy these Church of Christ properties. Council agreed! Our real estate staff have spent the last year appraising and negotiating a purchase. We completed it this week. The Shaw Wilderness Park will be significantly expanded, and the entire southern shoreline of Williams Lake will be protected.”

With a fix for the leaky Williams Lake dam promised by Public Works Minister Kim Masland there will be a healthy and forever-protected shoreline, covering 4.5 kilometres of Williams Lake for HRM lake lovers to play in. There are four community entrances to Williams Lake for non-motorized boats: Pine Bluff Islands Park on Wyndrock Dr; Acorn Road Park; Cunard Pond on Williams Lake Road; and the Shaw Wilderness Park on Purcells Cove Road.

“HRM doesn’t purchase parkland every day!” says Patty Cuttell, Councillor for Spryfield-Sambro Loop. “These unique parcels of land provide critical connections for the park and are home to some very sensitive ecological systems. Thanks to work by local community members, the environmental importance of this area was well documented. When the



Above: HRM image of land purchased on Williams Lake to be added to the Shaw Wilderness Park.  
Right: Islands on Williams Lake to be added to Shaw Wilderness Park.  
Photo: Cathy Vaughan



opportunity to purchase came up, we were prepared to move. It’s a done deal now and the next steps will be to formally add this land to the Shaw Wilderness Park and consider the best use for the small parcel that abuts existing infrastructure.”

MLA for Halifax Atlantic Brendan Maguire expressed his gratitude to HRM for “their ongoing support in safeguarding and expanding the Shaw

Wilderness Park. They’ve been an essential ally as we strive to enhance our community’s protection efforts. Currently, we are collaborating with the Department of Environment to add more parkland to the Purcells Cove Backlands, and with the Department of Public Works regarding the replacement of the Williams Lake dam. Exciting developments are underway in our community all thanks to every-

one working together!”

Caring for our environment begins in our neighbourhoods in collaboration with doers and change-makers. The Nature Conservancy of Canada who helped shape this unique urban park are just such doers and believe that “together we can protect nature and champion its amazing ability to care for people and communities.” When nature thrives, we do too.

## A Rotary moment From The Rotary Club of Halifax North West



Welcome to the newsletter from the Rotary Club of Halifax Northwest, where we share the club’s news with the community we serve. This issue tells you what it means to be a Rotarian - everything you wanted to know but were afraid to ask!

### What Rotary is All About

- Promoting Peace—we train adults and young leaders to prevent and mediate conflict and help refugees who have fled dangerous areas.
- Fighting Disease—we improve and expand access to low-cost and free health care in developing areas.
- Providing Clean Water, Sanitation, and Hygiene—we support local solutions to bring clean water, sanitation, and hygiene to more people every day.
- Saving Mothers and Children—we expand access to quality care, so mothers and their children can live and grow stronger.
- Supporting Education—we strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy.
- Growing Local Economies—we strengthen local entrepreneurs and community leaders, particularly women, in impoverished communities.
- Protecting the Environment—we em-

power communities to access grants and other resources, embrace local solutions, and spur innovation in an effort to address the causes and reduce the effects of climate change and environmental degradation.

### The payoff

As a member of Rotary you will:

- Experience reward & satisfaction from service—bring your passions and ideas to the Club.
- Learn about your community and issues around the world.

- Develop leadership & organizational skills.
- Choose from a wide range of projects to participate in.
- Benefit from a business and social network...establish new contacts and make new friends.

### The commitment

As a member of Rotary you should:

- Be engaged – attendance is NOT compulsory! We would rather have you contribute your time and talents than feel obliged to show up at all lunches! That said, we have great guest speakers – and we’re a friendly group!
- Participate in committees, projects,

(See Rotary on page 6)

## COUNCILLOR PATTY CUTTELL

DISTRICT 11  
Spryfield - Sambro Loop -  
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HALIFAX

# Bird Walks–2024

by Cathy Vaughan

Raptors, songbirds, waterfowl and many other migratory birds consider Williams Lake and its watershed their home sweet home. They can be spotted in the treed canopy in the Shaw Wilderness Park and tucked in the globally rare Jack Pine-Broom Crowberry community along the glacier-sculpted granite ridges on the Osprey Ridge Trail in the Backlands next to the Williams Lake watershed.

Our third annual Bird Walk series continues to be a popular, educational family offering by Williams Lake Conservation Company in partnership with the Captain Spry Public Library. Newbie and seasoned bird watchers are coached by Fulton Lavender, our experienced bird identifier on what to listen and look for when developing bird watching skills. He also emphasizes how important the protection of the natural habitat is for the survival of the threatened bird populations in Nova Scotia.

Families, Newcomers, and other bird lovers from all over HRM attended the four Bird Walks. In each walk participants were treated to over 48 different bird species as well as an enjoyable stroll through two of Spryfield's amazing parks—The Shaw Wilderness Park on Williams Lake and the Osprey Ridge Trail in the McIntosh Run Community of Trails in the Backlands.



Osprey Ridge Trail, Governor's Brook, Spryfield. Photo: C. Vaughan, May 2024

## Legion activities

The Earl Francis Spryfield Legion hosted a number of successful fundraising events during recent weeks for the benefit of multiple organizations, our local football team, and an individual in our community.

The 2nd annual Paul Sidney Memorial Dart Tournament, capably organized and run by Glenda and Steve Lawton with the support of Paul's wife, Bev, relatives and friends, raised \$1,733.00 for the Alzheimer's Society.

Two other tournaments—the Merrill Shadbolt Dart Tournament, run by Cyril Prime, raised \$368.05 which was donated to the Canadian Cancer Society, and the Dave MacAulay Memorial Pool tournament, organized by Morris Boudreau and capably managed by Greg Gardiner (with assistance from Dave's daughter, Deanna) donated \$305.00 to the Heart and Stroke Foundation.

In addition, a very successful Auction and Dance was held and raised funds to assist a young man, Clint Sock. Special thanks to Legion Secretary, Darrelyn Jennings, who played a pivotal role in the success of the auction.

Two events raised money to assist JL Ilesley High School with the purchase of helmets for the school's football team. A very well attended breakfast with the kitchen manned by legion cook Kirk Campbell along with football coach Cal Clark and a team of volunteers, served up delicious fare. Also, a highly successful raffle for lobsters and gift card prizes raised ad-

ditional funds for the helmets, which are an integral safety factor for the players.

The above events are examples of how the legion continues to show it follows its "WE CARE" motto by providing a venue as well as financial assistance to the community

## Rotary

(continued from page 5)

events in whatever ways you choose.

- Learn and offer leadership through service.
- Accept and be tolerant of people of diverse communities.
- Enrich the Club with your talents, knowledge & enthusiasm—and have fun in the process!

Interested—but not sure?

If you are not yet wowed by our story, we would like you to "kick the tires" to see if being a Rotarian might be a good "fit" for you. To find out more: Contact our Membership Chair, Roger Chiasson at rogerchiasson305@gmail.com or 782 234 9408. Or pop in for one of our lunches. We meet every Tuesday from 1145 to 1 pm at Station Six restaurant at Herring Cove Road in Spryfield.

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and opinions with us:  
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# What happens at Church from Monday to Saturday?

by Carolyn Mont

I think we all know that churches are primarily places of worship. At St. Paul's United Church, our worship service is on Sunday morning from 11:00 to 12:00. Before church on most Sundays, a group meets for prayer. There are, however, many other things that go on at the church.

On Monday evenings, a Sparks group gathers in the church hall. Sparks are the first step of the Girl Guides program.

On Tuesdays, we host a Soup's On lunch program. The program is under the auspices of our Family Resources Institute (FRI) and is a free lunch, usually soup and sandwich, tea/coffee and dessert. Volunteers do the cooking and serve the guests. This program runs from September to June.

On Wednesday evenings, there is a Scout group that meets. This is nothing new; there has always been a Scout troop at St. Paul's but as the scouting movement has evolved, they now welcome girls.

Once a month, we have a Fellowship Tea. This is on the third Wednesday afternoon and members of the congregation gather for tea/coffee, sweets, and conversation.

Wednesday seems to be a busy day at St. Paul's United. In the evening, the Worship Band meets. This is a group of people who just like to make music. This group sometimes provides

the music for Sunday worship, much to the delight of the congregation.

Every Wednesday, year-round, is Food Bank Day. People who need food call the Food Bank on Monday (902-477-5090) to register. On Tuesday, clients get a call back about their order and then pick it up on Wednesday. It is important to note that Food Bank clients can only access a food bank once a month. Donations to our food bank are always welcome.

As the seasons change, so do the activities. Gardeners have been very busy in our community garden. The gardeners return to the same plot year after year and their plots have taken on personal attributes. For many of the gardeners, the only association they have with St. Paul's is through FRI and the garden. If you are interested in a plot, please call Kristen at 902-479-1015.

I mentioned above that the Soup's On program ends in June. That is because in July and August, FRI runs a day camp. There are still a few places left. For information, please call Kristen at 902-479-1015.

Because the bills must be paid, there are often fundraising activities such as our takeout turkey suppers and various concerts. Another example would be the Flea Market and Barbecue that FRI is having on Saturday, June 10 from 9:00am to 1:00pm. If you wish to rent a table, call Kristen

at 902-479-1015.

I've mentioned things that take place at St. Paul's. Most churches offer a variety of activities. If you are

interested in meeting like-minded people, I would recommend checking out your local church, whatever religion that might be.

## Volunteering rewards the soul and the community



Addie Burkam, Chair, Spryfield Community Association

Volunteering brings people together. Volunteers are the quiet champions behind many groups and services in Spryfield. They help people in our community to connect, learn, grow, and access critical services. As Spryfield expands, so too do the opportunities for more of us to step up and give back.

Joining the Spryfield Community Association (SCA) can be a great first step on your volunteering journey. The SCA brings together people from across the community to share ideas and drive initiatives that make all of us stronger, healthier and happier.

To learn more about the SCA and volunteering, meet Addie Burkam.

Can you tell us a little about yourself?

I'm Addie Burkam, the SCA's new board chair. Originally from Mahone Bay, I'm now proud to call Spryfield home. I'm passionate about sustainability and making yummy food for my friends and family.

When did you start volunteering at the SCA?

I started volunteering with the SCA last fall, after I met one of the members at an event hosted at the Spryfield Community Center. It sounded like a fun and rewarding opportunity, so I thought I'd give it a go. Now, as the new board chair, I'm also getting to

learn and develop new skills.

What kinds of things do you do as a volunteer?

I've been helping design some posters to get the word out about what we do and how to get involved, and I also manage the association's Instagram account. Last Christmas, I walked in the Christmas parade, which was great. It was a lot of fun to see so many people out and cheering us on—and to meet Santa, of course.

How do SCA volunteers make a difference?

I like that I've been able to meet more people in the community, and I'm hoping that we can make a positive impact in Spryfield - whether it's big or small, it's still nice to do something for your community.

Why would you encourage others to volunteer?

It helps build connections and lets you meet others in your community. It's also a great way to learn about different events happening and how to get involved.

Where can people learn more about taking part?

Learn more on our website at [myspryfield.org](http://myspryfield.org), email us at [spryfield-communityassociation@gmail.com](mailto:spryfield-communityassociation@gmail.com) or follow and like the Spryfield Community Association on Facebook and Instagram @sprycommunity

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# What's happening at the Urban Farm?

Photos: Joshua Barss Donham

by Janet & Corinne

June has finally come to the Urban Farm field and woods, and we are very happy about this, as we have been waiting for all the trees and bushes to leaf out, along with the forsythia which has been in bloom for several weeks.

We can hear cardinals, robins, blue jays, flickers, warblers, pheasants, and gardeners as they pull weeds. Speaking of gardeners, we have a job opening, \$15.75 per hour, 12 weeks, 30 hours per week, available this month. Age limit of 18 to 30 years.

The Guided Bird Walk, hosted by the Bird Friendly Halifax Coalition took place at the end of May, starting at the Urban Farm and was just one of the few walks that are being offered this summer.

Although we had a very wet spring and summer last year, so far, we are enjoying a wonderful spring season, and hoping for a better summer.

Our renovated member plots are almost all taken for the growing season. Our market garden was enlarged, getting ready for planting. Our Seedy Saturday/Plant Sale was delightful.

Our teaching "Come Grow With Us" garden has plots that are available for families and groups. Reserve your plot now and come and join us to learn about growing your own vegetables, from seed to harvest. Our garden book is also available, with full instructions for planting your garden. Authored by Marjorie Willison for only \$15.00!

Our Farm Committee will be up and running the first week of June. We would like more volunteers to help us with flower/herb gardens, market garden, and a few repairs. We also need to replace the roof shingles on our tool shed and would really appreciate some "know how to" volunteers. For any regular volunteers we need some help with replacing chicken wire fencing, and constructing new trellises for growing peas and string beans that climb. To keep the deer out of our gardens, we need to replace the Artic Surveyors Tape, which seems to work



A male Northern Cardinal stakes out his nesting territory along one of the woods paths.

very well. If any of you gardeners out there want to know our secret, come on over and we will gladly explain our method.

We will be selling vegetables onsite as they become ready to harvest. Look for a sign by our driveway gate, just across from 73 Rockingstone Road, when we have vegetables for sale.

We are looking forward to our next event, the Strawberry Social on July 14th, 2 – 4 pm. Come on over, sit and chat with your neighbours while eating your delicious strawberry shortcake.

If you have a chance, drop by, visit, and see our new interpretive history panel.

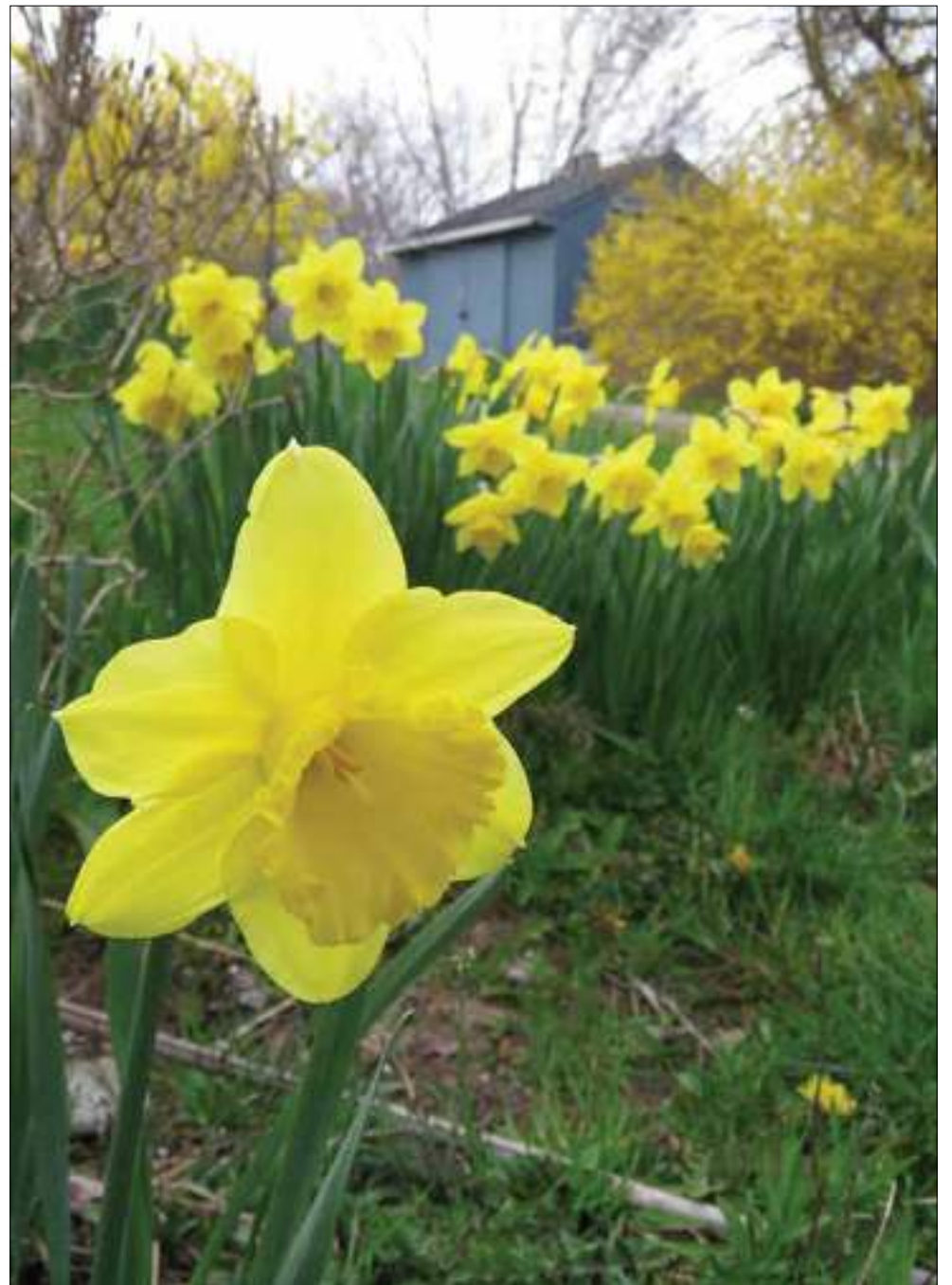
Urban Farm Memberships: In-

dividuals \$10, Students/Seniors \$5, Families \$15, Groups/Organizations starting at \$25.

Contact us with any questions you may have about our Urban Farm: [urbanfarmspryfield@gmail.com](mailto:urbanfarmspryfield@gmail.com)



One of the Mourning Doves that roosts in the northeast corner of the woods at the Farm.



Daffodils and blooming forsythia brighten an overcast spring day.

# Premier's Message

by Tim Houston, Premier of Nova Scotia



Premier Tim Houston

## Creating Opportunities in Healthcare at Home

One of our greatest challenges is making sure there are enough healthcare professionals in all of our communities.

We need healthcare professionals so we can attach more patients to family clinics, reduce ambulance wait times and help our emergency departments, hospitals and long-term care facilities run more efficiently.

The good news is all across the province, Nova Scotians are step-

ping up to be part of the solution.

Nova Scotians are training to be nurses.

Our government supported new nursing training opportunities at Acadia University, Cape Breton University and Nova Scotia Community College and we've invested more in this budget to keep them going.

We are also making the nursing school at Acadia permanent. This fall 42 students are enrolled in the program, but by 2027, that will increase to graduating 63 nurses every year.

Nova Scotians are training to be paramedics.

Paramedics are a critical part of emergency medical care and more Nova Scotians are answering the call. They're doing so with the help of an \$11,500 tuition rebate for paramedics who work here for three years.

We also hired nearly 140 operators to handle routine transfers to support our paramedics so they can be where they're needed most – responding to emergencies.

We recently started training emergency medical responders who can assess, stabilize and transport patients to hospital. They will

partner with paramedics to expand the number of teams responding to emergency calls.

This role is new to Nova Scotia but is working well to reduce ambulance wait times in many other provinces already. Over the next two years 200 will be trained.

Nova Scotians are training to be continuing care assistants (CCAs).

One of the first things our government did was provide free tuition to 2,000 CCAs. Many are already working in facilities across the province and more will be graduating soon.

This year we also introduced a new pilot program to train CCAs faster. A six-month training program with updated curriculum started in April and a second class starts in the

fall.

Nova Scotians are training to be doctors.

Our government just provided more funding for a second medical school campus, on track to open in the fall of 2025 at Cape Breton University. It will mean Nova Scotia will graduate 30 more doctors each year, with a focus on practising in rural Nova Scotian communities.

Nova Scotians are training in these areas and so many more.

Pharmacists. Physician assistants. Nurse practitioners. Medical lab technologists.

All training right now, right here in Nova Scotia.

My heartfelt thanks goes out to every Nova Scotian stepping up to be the future of healthcare.

# The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

Last month, I proudly announced at the Annual Shay and MacKay event that Sambro and Community Association had been awarded funding for two very important projects. The funding announced will cover the design costs for a new Community Center in Sambro and the construction of accessibility access to Grand Lake. I extend my gratitude to all SACA volunteers who worked with me to help secure this funding. I remain committed to obtaining the necessary funds for a much-needed community center in Sambro and am enthusiastic about the future of this project.

Effective as of May, daily burn restrictions now apply to provincial, municipal, and private campgrounds (national parks fall under Parks Canada).

To prevent wildfires, open fires (e.g., campfires) are prohibited between 8 a.m. and 2 p.m. The Burn-Safe map is red during these hours daily. Updated at 2 p.m., the map indicates:

- Red: No burning allowed
- Yellow: Burning allowed after 7 p.m.
- Green: Burning allowed after 2 p.m.

Check restrictions via the BurnSafe map or 1-855-564-2876 (BURN). Fines for violations are \$25,000. Gas/charcoal stoves and barbeques are permitted anytime. Ensure fires are fully extinguished

and out by 8 a.m.

This past month I was pleased to announce that the Department of Community Culture and Heritage is providing \$49,500 to William King Elementary School for the development of a new playground. This significant project is a collaborative effort between the Province and HRM. Supporting our children remains a top priority, and this playground represents a valuable investment in their future.

This past month I attended the Macintosh Run Watershed Association AGM. This exceptional group has realized a vision that created one of Nova Scotia's premier trail systems. I am committed to supporting them, am honored to learn from their achievements, and truly in awe of their dedication and impact. A special thank you to Karren Taes and Laurence Plug, the originators of this remarkable project. After over a decade of dedicated volunteering, they are now stepping back.

Without their vision and commitment, this achievement would not have been possible.

Every day, I focus on how I can improve our community and your lives.

Every decision I make is based on what is best for you and our community.

I am deeply proud to serve as your MLA.

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# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

## Doris Eileen Poirier

January 7, 1947 – April 11, 2024  
Age 77, of Halifax, passed away peacefully on April 11, 2024 at the Q.E.II Infirmiry, with her loving sons by her side.

Doris was proud to be a Slaunwhite and loved her community of great friends and family. Throughout her life she enjoyed being social, through the Golden Age Social Centre (young at heart), Royal Canadian Legion Branch 152, and a lunch monitor at William King Elementary. Doris will be remembered for her love to dance and sense of humor. She was also an avid bingo player.

Doris is survived by her sons, Garrison Major, Harold Brightman (Tara-Lee Flemming); grandson, Riley Brightman; brothers, Donald (Rose) Slaunwhite, Bayside; Arnold Slaunwhite, Truro; sisters, Beverly Craig, Tatamagouche, Joan Clements (Wayne), Lakeside; Rose Williams (Rod), Whitehorse YK; aunt, Marie Morash, Terence Bay.

Waiting for Doris in Heaven, are her parents Clyde and Lillian (Findley) Slaunwhite; brothers, Irvin, and Weldon Slaunwhite; granddaughter, Olivia Brightman.

## Daisy Louise Dunbar

Our Little Angel, Daisy Louise Dunbar passed away peacefully on April 10, 2024. Daisy is the cherished daughter of Marilou Simons and Dylan Dunbar of Williamstown, NS.

Daisy was born in Halifax on February 25, 2024, at the IWK Health Centre. During her short life here on Earth, she brought us an abundance of joy, touched many lives, and was deeply loved by all who knew her. Her life was a brief gift and a bright light to all of us; she will live on in our hearts and memories forever.

Daisy will always be loved, and remembered by her Mommy and Daddy; grandparents; aunts; uncles; cousins, and many family friends. As the first Great-grandchild, Daisy holds a special place in the heart of her Great-Grandmother, Margaret Dunbar, from Carman, Manitoba.

In lieu of flowers, Dylan, and Marilou request that donations be made to the IWK in Daisy's beautiful honor.

## Cyril "Surry" Douglas Dempsey

91 of Herring Cove, passed away on April 22, 2024. Born July 1, 1932, the son of the late Everett and Theresa (Power) Dempsey, of Herring Cove NS.

Surry married the love of his life, Bernadine Orton, in 1955. They remained a happy couple for 65 years, until her death on February 1st, 2020. Surry and Bernie were the first up to dance and the last to leave after cleaning up when they put on events at Saint Paul's Catholic Church Hall and the Herring Cove Volunteer Firehall. The whole family and many neighbors gathered annually on Canada Day in the Dempsey back yard, which was Bernie's way of celebrating Surry's July 1st birthday, even though he didn't want the light shined on himself.

Surry was wise, resourceful, gentle, and capable. When he decided to build his family house, he figured out what to do by offering an acquaintance - who happened to be a skilled builder - a ride to work every day. Surry asked questions, learned, and built the home where he and Bernie raised their family, and where he lived until the end of his life. Surry started his work life early, fishing with his father while many of his peers were still in school. Later he became a sprinkler fitter, and then moved on to Halifax DND Dockyard pipe-fitting shop, until his retirement in 1993. After he retired, he kept busy reading, boatbuilding, furniture-making, gardening, and caring for his family. He also loved mayfly fishing. Surry made countless forays to a serene and somewhat

isolated lake. The fishing was fun, but it was truly about connecting with nature and with his brothers, sons, grandchildren, and a few fishing buddies.

Surry died peacefully at home on April 22, 2024, at 91 years of age, but his legacy of living and loving well will remain in the hearts of countless family and friends. When asked, "What would you do if you could live your life over again?" he replied, "You can't live your life over again." He lived his one life fully.

Surry is survived by siblings; Donny, Reggie, Dermot, Marina (Forrester), Carlton, and Lylie (Pelerine); children, Sherry Field (Steve), Herring Cove, Sean (Diane LeBlanc), Cyril Jr. "Surry" (Kathleen) both of Portuguese Cove, Liam (Katherin O'Carroll), New Westminster, BC and Seamus (Chrissy Gray), Herring Cove; grandchildren, Steven, Christopher, Lesley, Brennan, Erin, Conor, Kimberly, Caitlyn, Aiden, Layla, and Ciara; great-grandchildren, Rylie, Lily, Juliette, Lainey, Clara, Scottie, Blake. Surry was predeceased by siblings Caroline, Harry, and Christopher; and his infant daughter, Tina Marie.

## Francis Percy Gray

Age 77 of Sambro, it is with great sadness we announce the passing of Francis Percy Gray on April 22, 2024, surrounded by his loved ones. Born in Sambro, he was the son of the late Francis and Audrey (Smith) Gray. During Francis's younger years, he was a welder, you could find him in his garage tinkering on different projects or helping any friends or neighbors in need of any welding repairs. Francis also loved playing cards with family and friends or going out fishing and hunting.

Francis is survived by his loving wife of 31 years, Juanita Gray; daughters, Hayley Gray and Renee Harnish; siblings, James (Gail) Gray, Esther Gilkie, Evelyn (Gordon) Brown, and Joyce Richardson; sister-in-law, Shirley Gray, Eva May Gray, and Lorraine Gray. He was predeceased by siblings Maurice Gray, Albert Gray, and Randal Gray, and brother-in-law, Murray Richardson.

## Margaret Marie Rogers (Day)

83, of Portuguese Cove, passed away peacefully, surrounded by her family, the morning of December 30, 2023. Born on November 25, 1940, she was raised in Stewiacke, NS by her foster parents, Alice Kempt and Margaret and Walter "Dee" Kelly, along with her sisters, Helen, Lydia and Muriel. She then spent her late teenage years with her uncle and aunt, George and Marg Curtis, and cousin, Bernie Curtis (Lynette). Margaret spent most of her working career in retail around

the Spryfield and Halifax areas, the majority at Sears. She could be found on Thursday nights with her CNR Via Bowling League. She was like a grandmother to everyone she met and was always ready to give a helping hand, as was evident when she won the lottery with her Sears group of friends and helped many family members with the winnings.

Margaret is survived by her loving husband of 63 years, Gerald, her only beloved daughter, Donna Conway, treasured granddaughters, Alicia MacDonald (David) and Michelle Ubsdell (David), and her cherished great-grandchildren, Pat (Maddy), Candace, Hanna and James. She is also survived by her sisters, Lydia Pannier (Rod) and Muriel Huelin, her foster brothers, Vernon Kelly (Bev) and Jimmy Kelly (Pat), as well as her many cousins, friends and "adopted" grandchildren.

She was predeceased by her adoptive parents, Alice, and Margaret and Walter, her aunt and uncle, George and Marg, a special son-in-law, David Conway, her sister, Helen McCormick, and a brother-in-law, Art Huelin.

Margaret's family would like to thank the many doctors and nurses at the hospital, especially the Palliative Care Team. A special thank you to Maddy, we would not have been able to keep her home without you.

## Jaddus "Jad" Poirier

of Halifax, passed away on May 9, 2024, after a brief bout with cancer. Jad was born on St. Patrick's Day, March 17, 1942, in Allardville, NB, the son of Romeo and Julienne (Gionet) Poirier.

Following high school graduation, he joined the RCAF and served for 22 years, becoming a jet pilot while rising to the rank of Captain. Following his military service, he completed a Masters Degree in Education and taught in public schools for 22 years. Jad was an active member of the Spryfield Legion for 20 years and in his role as Service Officer, he provided invaluable assistance to many veterans and their families. He also chaired the annual Poppy Campaign for a number of years and played a pivotal role in elevating it to become the success it continues to be today.

He was predeceased by his parents as well as a sister, Marie, and brothers, Emile, Paul, Romeo and Ralph,

Jad is survived by his adopted son, Matthieu Lavigne, (Alicia) granddaughter, Savannah, and Matt's brother, Michel Gauthier, as well as sisters, Yvonne, Georgette, and Jeannine and brothers, Howard, Gilbert and godson, Maurice.



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# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



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## COMMUNITY EVENTS FOR JUNE

### Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Tuesday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9 am and 10 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Food Bank: If you would like help with food, please call 902-477-1954 before 10 am and leave a message with your name and phone number. Our volunteers will call you back on Tuesday. Pick up time is Wednesday, 9:00-10 am, at the lower church hall behind the church.

If you would like to donate food, please drop it off on Tuesday morning before 10:30 or Sunday morning at the church.

### Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

### Spryfield Legion Events:

- Kitchen Open Fridays 5-7 pm
- Bingo every Sunday 1:00 pm Doors open 11:00 am
- NEW - Sundays - Salsation - Dance, Fitness, Fun 7-8 pm \$5.00. Co-Ed, come try it.
- Tues. June 4, Executive Meeting 6:30 pm
- Fri. June 7, Forever Young Seniors Bingo 6:30. Doors open 5 pm. Kitchen Open
- Sat. June 8, Sports Banquet
- Mon. June 10 Seniors' Dance 1-4 pm \$6.00 Music by Joe MacKinnon. Lunch Served
- Tues. June 11 General Meeting 7:00 pm \* Last meeting until September
- Sat. June 22 Kitchen Party with Terry and Lorna 2:30
- Thurs. June 27 Crib 7:00 pm \$ 7.00 Bring Partner
- Sat. June 29 Elvis Show- 8-12 \$10.00

### Tribute to Elvis and George Jones

### Harrietsfield Williamswood Community Centre events:

- Currently taking bookings. Please call, email or message us through our FB page, (902) 446-4847, email hwcc@outlook.com
- We are looking for 2 students for our Summer Camp Program.
    - Ages 16-30yrs (must be a student in the fall)
    - Wage \$15.20/hr for 35 hours/ week
    - \*No vacation time but scheduled to work only Monday-Friday between the hours of 7:30AM-6 pm\*\*
    - Term: July 2- August 23, 2024 (training June 29, 2024)
    - \*\*Must have own transportation as there is no bus system.
    - Must enjoy working with children from ages 4-11yrs old.
    - Please send your resume and references to: hwcc@outlook.com
  - Pre-Teen Dance (grades 3-5) Thursday, June 13th From 6:30 to 8pm. Theme is Glow \$5 at the door/ \$1 Canteen items \*\*A parent must sign in children at the door.
- We are always looking for new Board members and volunteers!

### City Church (276 Herring Cove Road) events:

- City Church Tel #: 902-479-CITY c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

### Emmanuel Anglican Church (322 Herring Cove Rd) events:

- Prayer Group: Meets the 2nd and 4th Thursday of each month for an hour of prayer for each other, the world and the church. All welcome.
- Saturday, June 22nd. 1 to 3pm. Luncheon. \$12 at the door. Wear your prettiest, fanciest hat and enjoy an afternoon of games, prizes, raffles, and delicious food. For advance tickets, contact 902-477-1783

### Salvation Army (328 Herring Cove Rd) events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

### Stella Maris Roman Catholic Parish events:

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or email stellamaristwelvebaskets@gmail.com

### St. James United Church (3811 Old Sambro Rd) events:

- Saturday, June 15th. 4 to 6pm Halibut supper. Dine in or take out. Includes roll and dessert. \$20 per adult. Cash only.

### St. Paul's United Church (173 Old Sambro Road) events:

- Now that the temperatures are warming up, we have turned on the outdoor tap for those of you who rely on us for clean drinking water.

### TOPS (Take Off Pounds Sensibly)

Monday evening – 6:15 to approximately 7:30 at the Golden Age Centre, 212 Herring Cove Rd.

Our mission statement is “to help and support our members as they take off pounds sensibly. We are a non-profit organization which exists to provide you with support when needed. We welcome new members. Come sit in on a meeting some Monday night.

For information, please contact shay@ns.sympatico.ca or check out the TOPS org website at www.tops.org

### TOPS (Take Off Pounds Sensibly)

Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

### Spryfield Legion/Forever Young

**Seniors Club Chase the Ace** draws on Mondays at 7 pm. Ticket sales at the bar during Legion open hours as well as Mondays by volunteers from 5 pm to 6:45 pm. Tickets \$5.00 each and support programs that are offered to members of the community at large. Please Note: Tickets must be clearly filled in with just one person's name and phone number. You are not required to be present at the draw in order to win.

- Summer dates for the Forever Young

Seniors Club bingo. Held at the Spryfield Legion. June 7, July 12th, August 9. Doors open at 5pm. Canteen is open. Hope to see you all there.

### Urban Farm Museum Society of

**Spryfield** 2024 memberships are now available - Individuals \$10.00, Students & Seniors \$5.00, Families \$15.00 and Groups & Organizations \$25.00. We look forward to sharing our ideas and hearing your suggestions for the future. For more information, please call Pat at 902-497-3683 or email urbanfarmspryfield@gmail.com

Upcoming Events at the Urban Farm

- Strawberry Shortcake Social July 14, 2-4pm (raindate July 20th)
- Evening in the Garden August 20, 6-8pm (raindate Aug 21)
- School Farm Day / Harvest Fair Sept. 21, 2-4pm (raindate Sept 22)
- Spooky Halloween at the Farm Oct. 26, 5-7:30pm (raindate Oct 27)

**Forever Fit for Seniors.** Mon, Wed, and Fri from 10 to 11am at Emmanuel Church Hall. Punch cards available from the YMCA. First class free.

**Crafts and Conversation** Tues and Thurs from 1:30 to 3:30 pm in the Shared Program Room at 16 Sussex Street. Free drop-in. Refreshments. For more information, check out info@halifaxweddingchapel.com. Funding by the Community Links Association and the NS Dept of Seniors and Long-term Care.

Registration is now open for **Basketball Camp** for children ages 7-12 of all skill levels. Living Hope Community Church is pleased to offer this camp from Monday June 24 through Thursday June 27. The camp will be held every evening from 6:15-7:45 in the courts behind Springvale School (92 Downs Ave). Cost is \$5. Learn the game, improve your skills, listen to lessons for life, have a snack and play some basketball. To register, email halifaxhal@hotmail.com or text 902-830-5669. Space is limited.

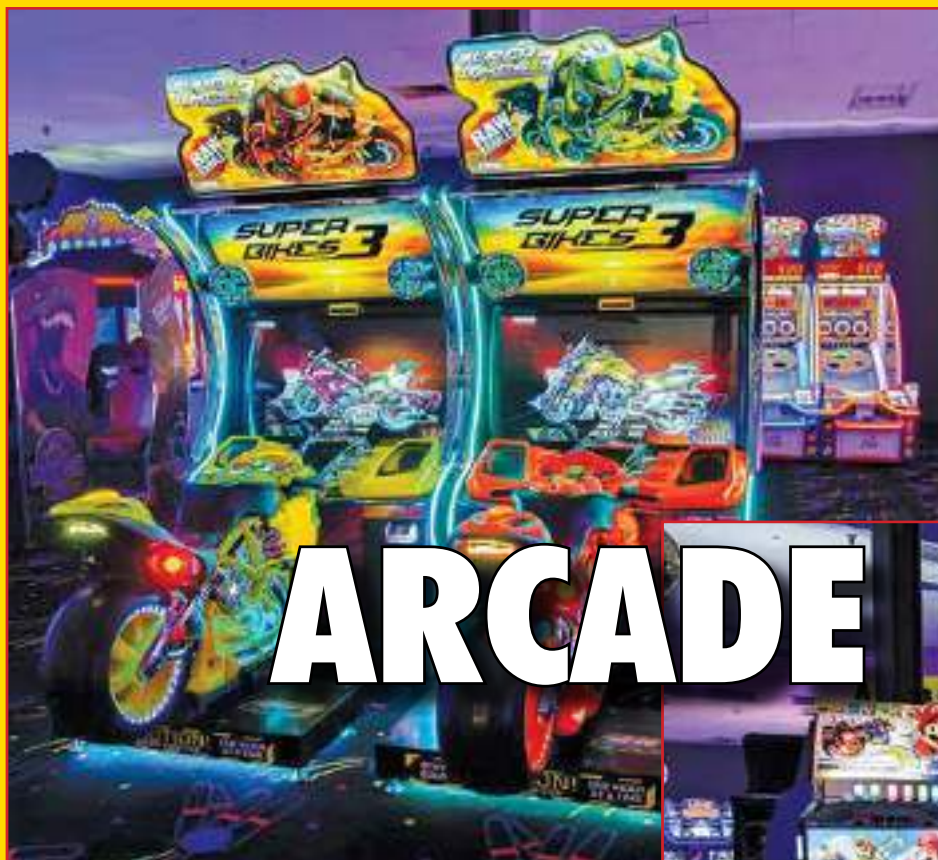
**To have your Community Event listed call or fax us at 902-477-NEWS or email chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals**

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**Dan Doherty REALTOR®**  
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## ARCADE

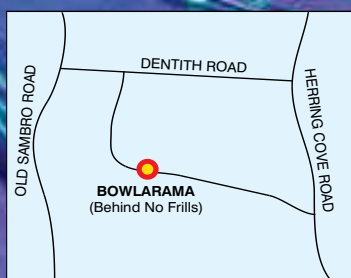
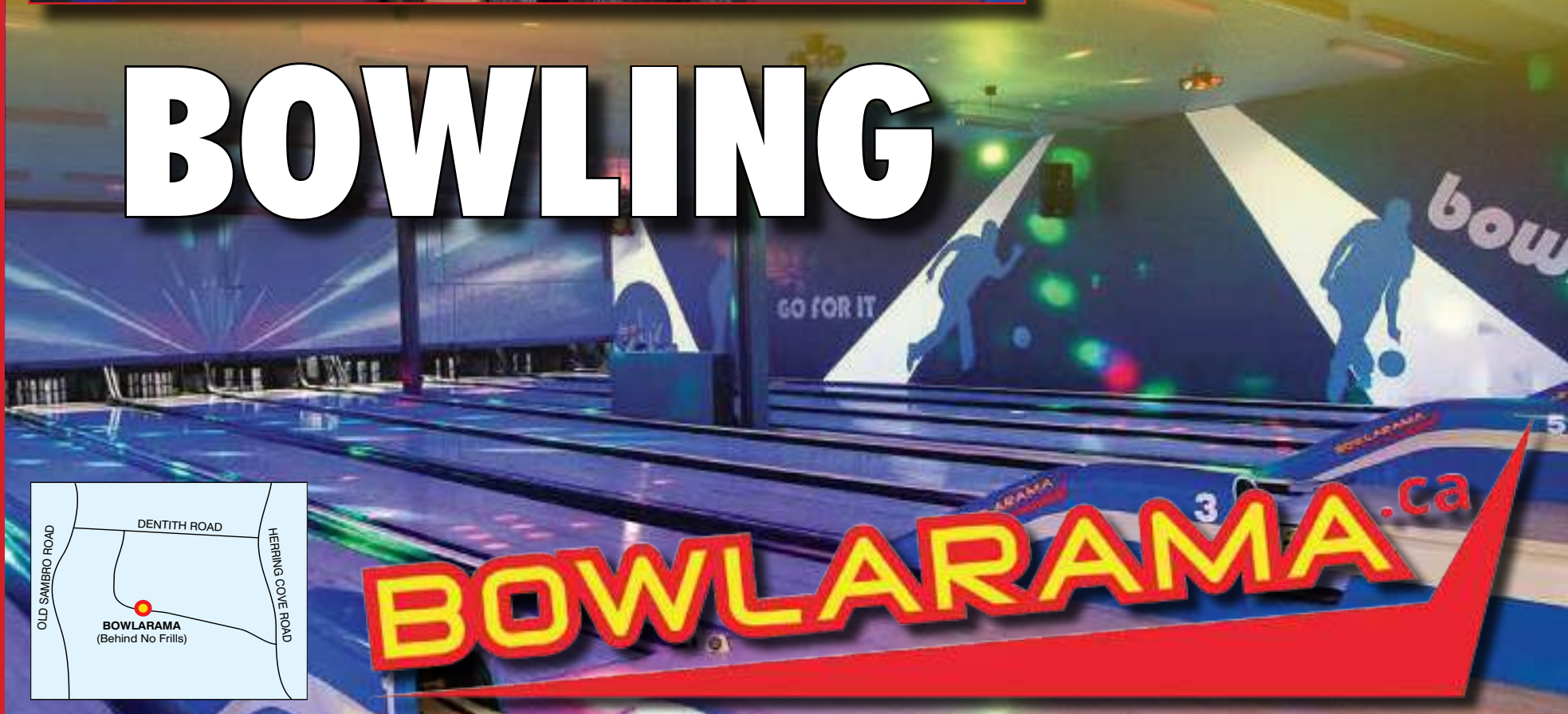


## FOOD & BEV



## EVENTS & SO MUCH MORE!

# BOWLING



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BEHIND SPRYFIELD SHOPPING CENTRE