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# Chebucto News

Vol.25 • No.9  
May 2024

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## Spryfield Scouts Annual Clean Up scheduled



Yes, even a sink (though not the kitchen one) was collected in last year's clean up

Our annual cleanup, spearheaded by 3rd Spryfield Scout Troop, will be held this year on Saturday the 25th of May 2024. Our Troop has been doing this community service for over 14 years. It involves about a 3km section of the Old Sambro Road starting at the "4 Way Stop" by St. Paul's United Church and continuing South to the Fish Brook Bridge just beyond the Irving Service Station.

Thanks to all Volunteers who came out for last year's Clean Up in May. It was a great success after missing the opportunity for at least two years due to Covid. We managed to pick up everything from a Child's Car Seat to a Kitchen Sink. We hope that this year will be an even bigger success.

Members of the community or groups who would like to participate can let Dan Drabble (ddrabble88@gmail.com, 902-210 8286) know in advance of their intention to participate. Or, on the day of the event, just arrive at St. Paul's United Church's lower parking lot by 8:30am or join us anywhere along the route wearing

*(See Clean Up on page 2)*

## Sammy says



This year, SACA's Mother's Day draw has three gorgeous prizes. First Prize is a Large Quilt made by Ellyn Jennison; Second Prize is a Crib Quilt made by Sandra Tough; Third Prize is a Sambro Lighthouse Cross Stitch Made by Carol Clark-Scallion. We'll be drawing the winners on Thursday, May 9. Tickets are available at Mishoo's Store in Sambro, \$2 each or 3 for \$5.

Planning for the Shay & MacKay Memorial Fishing Derby is well under-

way, and that's always a huge event.

The derby is set for Sunday, May 26, rain or shine. In addition to prizes for fish catches, there will be a barbeque, 50/50 tickets, raffle items and a kiddie fish pond.

Registration is \$10 for adults, \$5 for children 12 and under. Send payment to TreasurerSACA@gmail.com. In the memo section include the name(s) and age(s) of who is registering. Please use the password DER-

BY2024. Anyone registering before May 13 will be eligible for a draw for a \$100 gift card.

If you're on the fence about whether to register, have no fear! Everyone who registers will get in on the draw, whether they attend the derby or not.

Registration will also be available at the lake from 8-10 a.m. the morning of the derby.

We're gratefully accepting raffle

*(See Sammy says on page 2)*

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# Sammy says



(continued from page 1) prize donations, as well as monetary contributions, which help offset the cost of hamburgers, hot dogs, trophies and kids' treats.

If you can help out with any of the above, please call Kim at 902-475-1583. SACA thanks everyone in advance for your support and we look forward to seeing you on May 26th for a fun-filled day in the great outdoors. It's a great way to support our mobility accessible wharf and picnic area at Grand Lake. We expect Phase 1 work to begin very soon!

Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.



Left to right: Hank Bird, Andy Fillmore, Bob Henneberry, Scout Maharshi Thota, Scout Juztyce Letourneau, Dan Drabble, Joyce Henneberry, Lisa Thompson, Michael Zinck  
Missing from the Group Photo: Joanne Macrae (who was taking the photo), Jennefer Zinck, Onika Drabble

## Clean Up

(continued from page 1)  
sturdy boots or shoes, long sleeves & pants (no shorts or skirts for safety

reasons), and gloves. The Scouts will provide high-visibility vests and trash bags. Any amount of time on site to help will be appreciated.

Pizza and Pop on completion



Clean-up Crew in front of a trailer full of freshly pulled garbage

# Chebucto News

**Publisher:** Dan Doherty, 902-478-4023

**Editor:** Tangelene Ramsay,  
chebuctoeditor@gmail.com

**Mailing Address:** P.O. Box 20141  
Halifax N.S. B3P 1L1

### Circulation:

12,500 copies  
Agent: Canada Post  
Printer: Advocate Printing

Delivered free-of-charge to households in; Armdale, Bald Rock, Ferguson's Cove, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

### Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

Email to: "The Editor"  
chebuctoeditor@gmail.com

### Advertising Inquiries:

Dan Doherty 902-478-4023  
dandoherty12@gmail.com

### Design and Layout:

Sharon Ward Graphic Design  
Phone: 902-406-1305  
**NEW EMAIL:** s.ward2024@outlook.com

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# Religious Services Directory for May

Send your submissions to [chebuctoeditor@gmail.com](mailto:chebuctoeditor@gmail.com) for June's issue by May 17.

**City Church** (276 Herring Cove Road)  
 Sunday Family service: 10:30am  
 Nursery and Children's ministry: 10:30am  
 Wednesday night prayer: 7-8pm

**Hill Chapel** (91 Thornhill Dr)  
 Formerly Spryfield Christian Community Church  
 Church services Sunday 11-12 am

**Oromo Gospel Church**  
 Sunday worship service: 3 pm and Tuesday prayer: 10 am.

**Emmanuel Anglican Church**  
 (322 Herring Cove Rd.  
[emmanuelanglican-church.net](http://emmanuelanglican-church.net), 902-477-1783.  
 Sunday Worship:  
 8:00 am: Quiet, traditional, contemplative communion service.  
 10:00 am: Lively, contemporary communion service with music.  
 Sunday May 5th will be Rev. Michelle Bull's last service as minister.  
*Special Services:*  
 Messy Church, Saturday, May 4th 4-6, informal time of worship,

socializing, crafts and dinner for children and their significant adults. RSVP.

Taizé Service: 7:00pm, Sunday, May 19th. Contemplative candlelit service of chanting, readings, and meditation, suitable for those who are spiritual but not religious.

Emmanuel Church is an affirming church. Everyone is welcome to our services. Masking is optional but if you are sick, please join us online.

**St. Paul's United Church** (173 Old Sambro Road)  
 11am on Sunday mornings.

**Stella Maris Roman Catholic Parish at St Michael's Catholic Church**  
 Weekend Masses: Saturdays 4:00 pm Sundays at 8:00am and 10:00 am  
 Weekday Masses: Tuesday to Friday 9 am

Monthly Tuesday Night Prayer: 7 PM each month  
 First Tuesday: Healing Mass  
 Second Tuesday: Upper Room Praise and Worship  
 Third Tuesday: Mass and Adoration  
 Last Tuesday (Sept-May): Evening Candlelight Prayer  
 All are welcome, wherever you

are on your faith journey!

**St. James United Church** (3811 Old Sambro Rd)  
 Sunday services held at 11am.  
 Sunday school held at 11am.  
 Services are livestreamed on our Facebook page (St James United Church Sambro NS) and Youtube.  
 Our website is [www.sambrojollimorepc.com](http://www.sambrojollimorepc.com) and our email address is [office.sambrojollimorepc@gmail.com](mailto:office.sambrojollimorepc@gmail.com)  
 Our phone number is 902-868-2791

**Open Door Community Church** (11 Aldergrove)  
 You are invited to join us weekly for a time of fellowship, contemporary worship and Bible based teaching for today's world on Sunday mornings at 10:30 am. Visit us at <http://opendoorhalifax.ca> for more information.

**Wayfarers' Church** (328 Herring Cove Road)  
 Sunday Worship 10:30am  
 website: [wayfarerschurch.ca](http://wayfarerschurch.ca)  
 email: [friends@wayfarerschurch.ca](mailto:friends@wayfarerschurch.ca)

**Searching for Truth Church**  
 (2 Auburn Ave)

Church for everyday people. Fridays at 7pm

Apologetics Club. First Saturday of the month from 6 to 8pm. At 114 Bromley Road. Please join us for a delicious meal followed by a discussion. This is an outreach of Living Hope Community Church. For more information call Maggie at 418-264-7292

**Christ Embassy Halifax**  
 (16 Sussex St.)  
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 Wednesdays – 7:00 – 8:00 PM  
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 May 2024 Global Communion Service with Pastor Chris  
 Sunday, May 5, 2024 – 11:00 AM  
 Email: [cehalifax.ns@gmail.com](mailto:cehalifax.ns@gmail.com)  
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Share your thoughts and opinions with us:  
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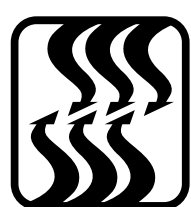
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## DISCOVERING OUR PAST

### Spryfield became a destination during the last half of the 18th century

by Iris V. Shea

The growth and development of Spryfield and surrounding area were dictated by what was happening in nearby Halifax. During the last half of the 18th century, Spryfield was a destination for early Halifax settlers.

1749: Colonel Edward Cornwallis arrived in Halifax with 13 transport ships that carried an estimated 2500 settlers from London, England, and parts of Europe. As an enticement, the British Government promised free land and rations for a year which drew a number of unsuitable settlers in addition to tradesmen, merchants and gentlemen. New Englanders soon began to arrive, attracted by commercial opportunities and the lucrative fishing grounds around Halifax.

1750-1752: The British Government sent agents to Europe to recruit hard working men and their families to settle in Nova Scotia. Among the 2700 or so Europeans arriving in Halifax during this time, the majority were French and German speaking Lutherans (referred to by historians as foreign Protestants). During their short stay in Halifax they helped clear land and build wooden structures to be used as forts and military barracks, part of the agreement made for their passage to Nova Scotia. The new settlers were transported to Lunenburg in May 1753 where they were given land and free rations until they became self-sufficient. The few who could afford to pay their own passage



The Brunt Homestead in Spryfield before 1940. The Brunt farm was located on both sides of the Herring Road, at Princeton Avenue. The farmhouse, owned and occupied by Alonzo and Annie (Topple) Brunt, was destroyed by fire on January 10, 1940, taking the life of Bruce Brunt, their 8-year-old grandson. Shortly after the fire, a second house was built nearby where number 8 Princeton Avenue stands today.

Photo courtesy of the author's family. The Brunt land was part of Lot Number Eight in Leiblin Manor, originally granted in 1767 to Halifax baker, Godfrey Jaich, a "foreign Protestant" who travelled from Germany to Halifax in 1752 on the ship Gale. He was a deacon at St. George's Church in Halifax and was buried in the church cemetery in 1776 at the age of 45 years. Brunt descendants have lived on the land since 1835.

soon realized that Lunenburg was not the place to be, and quickly set about establishing themselves as entrepreneurs in Halifax. This small group of German businessmen soon began to look for land "beyond the Northwest Arm".

1766: Land in the area of present day Spryfield was surveyed and granted to several German "foreign Prot-

estants". Until the name "Spryfield" became accepted (during the 1780s) the term "beyond the Northwest Arm" was used to describe this area. Nine adjacent 500-acre lots, numbered one to nine, were located on both sides of the Herring Cove Road (from present day Dentith Road south to a point just beyond Chambers' Hill, extending west to Sprucehill Lake and Henry Lake in Harrietsfield. The combined lots were referred to as Leiblin Manor, named for one of the grantees, Henry Leiblin. Until about 1900 the area from Dentith Road to Cowie Hill was not considered part of Spryfield and appeared in records as part of the North West Arm District. Henry Leiblin owned a bakery and a spruce beer brewery on Grafton Street in Halifax and used his 500 acres in Leiblin Manor (Lot Number Four) as a woodlot. Among the remaining landowners were a printer, a cordwainer (shoemaker), a farmer, and several bakers. All lived and owned businesses in Halifax and kept their lots for a very short time (accessibility to the land was no doubt a deterrent).

1769-1783: The next phase in the development of Spryfield took place with the arrival of Captain William Spry, a British military engineer and chief engineer for the province of Nova Scotia. Spry purchased lots number three, four and five of Leiblin Manor from the original grantees. He was also granted the adjoining 80 acres which today would include the land from Dentith Road to Punch Bowl Drive, Williams Lake Road and a small part of the western shoreline of Williams' Lake. He employed soldiers under his command to clear a road suitable for carriages to travel from the head of the Arm, up over "Cowie's hill", to his farm in Spryfield. In documents of that time his

land was referred to Spry's farm and Spry's fields and, through common usage, the name Spryfield evolved.

It was not long before other Halifax businessmen began to show an interest in the area. George Merlin, another foreign Protestant from Germany, owned a tannery in the south end of Halifax. During the 1770s he was granted 60 acres (where Dunbrack Street meets the Old Sambro Road) and used it as a woodlot.

When Captain Spry advertised his 1500 acre Spryfield farm for sale in 1780 and again in 1783, he described it as 50 to 60 acres of cleared land, two large barns, a mansion and other dwellings, a garden with all sorts of grafted fruit trees, a stable, a number of outhouses, and 30 head of cattle leased to Jacob Bauer for seven years. During his stay in Halifax, Spry and his wife, Mary, lived on Granville Street and attended St. Paul's Church where their six children were baptized. Spry returned to London, England, in 1783 where he rose to the rank of Lieutenant General before his death in 1802 at the age of 67 years.

(See *Spryfield* on page 5)

**Chebucto News** Community businesses serving community needs.

## Business Directory



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# Crystal Crescent Charters open for business

by Lorrie Boylen

A long-time dream has come true for former fisherman Dennis Garrison of Sambro, as he opened Crystal Crescent Charters Ltd. last month, offering competitively priced private and custom pleasure tours, dive charters, wildlife observation tours, shark fishing, deep sea fishing, all day charter services, and charters by the hour, with a two hour minimum. He also provides services to marine researchers and educational institutions for scientific expeditions and data collection projects.

Dennis spent most of his life on the water and has a deep knowledge of it, having the benefit of ocean secrets passed down to him from generations of fishermen. After fishing for over 40 years, back pain issues forced him to retire from the industry. However, he knew he belonged on the water and now he's sharing his passion for the sea with his passengers.

With an easy smile, outgoing personality and a desire to share his love of the ocean with his passengers, you'll discover hidden coves and explore the rugged beauty of our coastline.

Tailor made adventures with flexible options are designed according to the client's needs following a conversation at the time of booking.

This much needed service is a welcome addition, as people coming to Sambro often want to visit the



The Witchy Woman

historically significant Sambro Island Lighthouse, the oldest lighthouse in the Americas. Unlike Peggy's Cove Lighthouse which can be reached by road, the Sambro Light is only accessible by boat.

The Witchy Woman is 34'11" long x 14'6" wide with a fly bridge, fully equipped with rods, reels, tackle for those booking fishing trips. With the skipper's knowledge of the best fishing spots, you're assured an incredible day, whether you're a seasoned or novice fisher. Most tours have a capacity of 10 passengers, except for sharking expeditions which can accommodate 8.

In the case of inclement weather,

the skipper will use his discrepancy on whether the tour will proceed or not. If you are prone to seasickness, or are inexperienced at sea, be sure to come prepared with medication as a precaution to ensure you enjoy your day.

During the Sambro Sou'Wester Days on August 10th, he'll be offering drop and go tours to Sambro Island and back to the Sambro Government Wharf.

Dennis' wife and business partner Nadine is assisting in the business as needed, and both feel that while there was a lot involved in getting this business set up, it will be worth it to be able to provide this service to the community and beyond.

Pleasure cruises will run through until the beginning of lobster season at the end of November.

To create and book your own adventure, or for more information, check out [www.crystalcrescentchartersltd.ca](http://www.crystalcrescentchartersltd.ca) or contact 902-471-2737 or [dennis@crystalcrescentchartersltd.ca](mailto:dennis@crystalcrescentchartersltd.ca).

(Lorrie Boylen is a Communications Professional, Coordinator for the Sambro Imagination Library, and CBC Radio's Community Contact for Sambro)

## Spryfield

(continued from page 4)

1784-1800: George McIntosh acquired all of Spryfield and part of Harrietsfield. A native of "North Britain", McIntosh played an important role in the development of Spryfield as a farming community. In 1784 he paid £1200 for all of Captain Spry's land and premises, and by 1790 had acquired most of the remaining 500-acre lots in Leiblin Manor as well as the lots along the western side of the Northwest Arm that we now know as Boulderwood, Jollimore and part of Fleming Park. He took up residence in Spry's "mansion house" and in 1799 built a grist mill on the stream that flows from the foot of William's Lake to the North West Arm. McIntosh Run, the stream system that flows from the foot of Long Lake to Herring Cove, was named for him.

# COVID-19 Vaccine Spring Dose Eligibility

Nova Scotia is following recommendations from the National Advisory Committee on Immunization (NACI) to provide people at highest risk a spring dose. This includes:

- people 65 years of age or older
- people aged 18 and older living in long-term care, nursing homes, senior congregate living settings or residential care facilities
- people six months and older who meet the criteria for being moderately to severely immunocompromised due to an underlying condition or treatment
- people aged 50 years and older who identify as Black, African Nova Scotian or First Nations

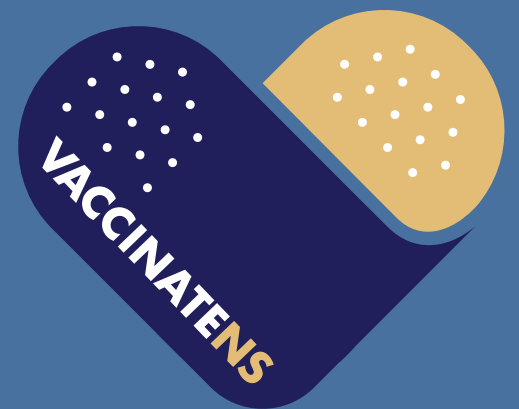
The COVID-19 Spring Dose is available through your primary care provider, Nova Scotia Primary Care Pharmacy Clinics and Public Health Mobile Units. It is recommended that people wait six months after their last COVID-19 vaccine or infection to get a vaccine dose but a shorter interval of at least three months is allowed for the spring dose.

**Those eligible can receive the spring dose until May 31, 2024.**

People who did not receive a dose in the fall or winter can continue to get the vaccine, even if they are not eligible for this specific spring campaign.

**To book your appointment:**

Visit [NovaScotia.ca/Vaccination](http://NovaScotia.ca/Vaccination) | Phone **1-833-797-7772**, seven days a week.



# What's Happening at the Urban Farm

by Patricia MacLean, "Come Grow With Us" Coordinator

Several years after the Urban Farm Museum Society of Spryfield was organized and our Urban Farm established on Kidston land, the board of directors discussed the lack of programming for children, families and youth. Our proposed program would teach basic information about organic urban agriculture and growing our own food. It would foster healthy lifestyles through physical activity, nutritious snacks and meals, and partnering with local groups to use the farm and its resources for community health and prosperity.

20 years ago in May 2004, "Come Grow With Us" (CGWU) leaders met with excited families for garden lessons at the Capt. Spry Centre followed by a walk with our garden tools up the MacIntosh path, picking up litter along the way to the Urban Farm. Guided by experienced gardeners, the families planted their first vegetable gardens in a heritage field.

Our CGWU expanded to include groups such as the Phoenix Youth. As time went on, local schools, day camps, Boys & Girls Club, Ironworks students at J.L. Ilsley & Centennial High Schools, IWK Youth Garron Centre, N.S. Autism and youth from Katimavik, Restorative Justice and Pathways to Education groups became actively involved in our CGWU program.

In 2006, we received the "Blue-nose Achievement Award" from Recreation N.S. and Alliance for Healthy Eating & Physical Activity. In 2007, we were honoured to receive the Lt. Governor's Intergenerational Award for our programming with children, families, students, youth and especially the seniors in our community. Her Honour, Mayann Francis became our Honorary Patron, and attended a Harvest Fair and 2 school picnics during her tenure at Government House.

From the very beginning we kept year end notes and reports from our summer students and gardeners who shared their recommendations for the following year. In 2013, we asked Marjorie Willison to please put all this information in a book we could use as a CGWU curriculum to be used by leaders and to share with new gardeners. Our "Come Grow With Us - A Family Guide to Growing Vegetables" was released in 2014 complete with 15 teaching lessons from planting seeds to a successful harvest, games, art projects, construction ideas and rainy day projects. Of special interest - our small UFMSS is the only society/museum in Nova Scotia to have a published curriculum.

We have always tried to bring education into our events, especially when we have visiting farm animals at School Farm Day. Andrew Hebda from the N.S. Museum has brought sheep to the Farm Day, Kate intro-

duced students to animal care with her mama goat. Students from Petit Riviere Elementary School in Lunenburg have even brought the chickens they raise at their school. At these events, children and seniors mingle and it is not uncommon to hear seniors share memories of when they were young, had gardens and often a farm animal or two.

Our CGWU has been successful because of the support we have received from HRM, United Way, Chebucto West Community Health Board, Rotary Club of Halifax Northwest, Chebucto News, donations from family and friends, and our dedicated leaders. We sincerely thank all of you!

As all volunteer groups, we always have need of new members and volunteers. Our CGWU program especially needs 2 adult leaders for the 2024 gardening season, and we hope this article will ignite your interest in making sure this program continues. If you would like more information, please call me at 902-497-3683 or email [patriciaabmaclean@gmail.com](mailto:patriciaabmaclean@gmail.com). We would also encourage you to purchase our garden book at just \$15.00 a copy. All proceeds from the sale of this book are used for Come Grow With Us programming.



Membership fees remain the same for 2024 - Individuals \$10.00, Students & Seniors \$5.00, Families \$15.00, Groups/Organizations starting at \$25.00. Forms will be available on our CGWU table at Seedy Saturday, May 25th Noon - 2pm (raindate May 26th) to be held at our urban farm. If you are unable to attend this event and complete a membership form on our FaceBook or website, please note clearly that you wish to join/donate to the CGWU Program and I will contact you as soon as possible. We plan to start CGWU on Tuesday, June 4th from 6 - 7:30pm.

CONGRATULATIONS CGWU on your 20th. Birthday at the Urban Farm in Spryfield!!

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# TAG Spring Festival in Three Acts

Mark your calendar now!

Come out to celebrate Spring and the joy of local talent at the Pond Playhouse!

Two Weekends Only: May 24, 25 & 26, 2024 and May 31 & June 1, 2024

Two weekends of great talent, including live music (bring your dancing shoes!), youth performers who will knock your socks off with excerpts from popular musicals, improv demonstrations AND, the fun of the second annual Jollimore Day.

May 24-25

Act One - Live music with a dance

floor

7:30 pm Fri May 24 - Purcell's Cove String Band - Great harmonies, fabulous picking, a stand-up bass and sweet tunes!

7:30 pm Sat May 25 - The Retrobeats - Great covers from the 60's 70's and 2020's!!! A six-piece band that likes to rock and can also make you swoon to sweet ballads.

Sunday, May 26

Act Two - 2nd Annual Jollimore Day! (free admission all day)

1:00 to 3:00pm - Community gathering at Pond Playhouse that celebrates our historic neighbourhood. Tours

of the theatre, Tartan Coffee Truck, Maritime Sikh Society food stall, plant exchange, games for kids and more!

3:00 pm Local live music with a dance floor!

May 31-June 1

Act Three - Celebration of Local Talent

7:30 pm Fri May 31 - Youth Improv, excerpts from Mean Girls the Musical, JL Ilsley String Group, beloved duet Wayne and Maria, and The Parkhill Mob!

7:30 pm Sat June 1 - Youth Improv, excerpts from Mean Girls the Musical, JL Ilsley String Group, the

Maritime Conservatory of Performing Arts World Music group, beloved duet Wayne and Maria, and The Parkhill Mob!

Tickets on Sale soon on the TAG website

Members: April 19th (watch for your exclusive early access email; Non-Members: April 26

If you aren't a TAG member yet and want to secure your early access ticket, you can join at TAG Membership. All memberships are \$15, and any that are purchased for the Spring Festival will be valid for TAG's 2024-25 season!

Theatre Arts Guild's Pond Playhouse is at 6 Parkhill Road, Halifax

## Herring Cove Veterinary Hospital would like to welcome new patients

Dr. Jamey Erjavec joins Dr. Heather Mosher and Dr. Rob Doucette to service all your pet's needs. Hours of operation are Monday to Friday 8 AM - 6 PM.

Herringcovevethospital.com  
Info@herringcovevethospital.com  
751 Herring Cove Rd  
902-455-7292



## COUNCILLOR PATTY CUTTELL



DISTRICT 11  
Spryfield - Sambro Loop - Prospect Road

902.221.6893 | patty.cuttell@halifax.ca  
City Hall, 1841 Argyle St.  
PO Box 1749, Halifax, NS B3J 3A5

311

HALIFAX



### Spring into Summer with SBC's Beautification Program

Bruce Holland, Executive Director of the Spryfield Business Commission is pleased to announce a partnership with Councillor Shawn Cleary and local residents to expand our Summer Beautification Program and bring back the flower gardens at the end of Dunbrack Street, in addition to the hanging baskets and planters along the Herring Cove Road, sponsored by local businesses.



Bruce said, "It was always nice to see the vibrant colours and mix of flowers, and residents appreciated how these gardens welcomed everyone to our community".

The planting is scheduled for Saturday, June 8th at 9:00 am. The rain date will be Saturday, June 15th. All are welcome to join us.

Many thanks to all our businesses who sponsor this program! Should you wish to sponsor a basket or planter, please let Bruce know by e-mail at: [bruce@discoverspryfield.ca](mailto:bruce@discoverspryfield.ca)

LOOKING FORWARD TO ANOTHER BEAUTIFUL SUMMER IN SPRYFIELD!!

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# McNamara Trout- A -Rama Fishing Derby is back

Halifax Wildlife Association is holding its 28th Trout-A -Rama on Saturday June 1, 2024 from 9AM to 12 PM. The location is Cunard Pond, 121 Williams Lake Road in Halifax, behind Cunard Junior High School. The Trout-A-Rama is open to all children ages 3 to 16. Registration starts at 8 AM and it's free. Children under 12 years of age must be accompanied by an adult.

This is a great community family event held on the Nova Scotia Sport's Fishing Weekend when adults are not required to have a license. There will be many draw prizes as well as prizes for the longest trout, and tagged trout. The regular limit of 5 trout will apply. Halifax Wildlife Association will have fishing rods and tackle available for loan and will supply the bait. The trout are supplied by the Department of Fisheries and Aquaculture as part of their regular stocking program. There will be a free lunch of hot dogs and fruit drinks.

The objective of this event is to introduce children, parents or guardians to fishing as a family sport. Also to emphasize the need for catch limits and the importance of leaving the area clean. The Trout-A-Rama is a great community event and a fun day for the children, families as well as our organization and volunteers. There is no charge to attend due to the generosity of the sponsors. Dylan's Nofrills, Canadian Tire (Spryfield), Mr Fly, HFX Tire & Oil, Canadian Tire (Bayer's Lake), Royal Canadian Legion Branch 152 Spryfield, Steele Ford Lincoln, Steele Subaru, Green Diamond, Andy's Tire Shop, Blom Signs, Hnatiuk's Hunting and Fishing, Rubber Duck Car Wash, Kartbahn Go Cart Racing.

Halifax Wildlife Association was established in 1853 and is one of the oldest wildlife associations in North America and is celebrating the 171st year anniversary.

It was formed for the purpose of protecting the inland Fisheries, Game and Habitat of the Province of Nova Scotia. Over the years it's members, who are primarily anglers and hunters, have taken an active role in developing sustainable wildlife and habitat. The activities of the association have included the annual Trout-A-Rama, Dollar Lake Parks Day events, participation in shows such as Atlantic Outdoor Sports & RV. Show, undertake programs to protect wildlife such as the very successful and innovative nonlead education and exchange program. Environmental cleanups. Members' Nights at which invited speakers deliver educational talks to its members.

To celebrate this occasion, Halifax Wildlife Association is offering any new annual family memberships for only \$ 20.00. All new members shall receive an HWA cap or Tshirt and a chance to win a One Hundred Dollar Gift Certificate.

Halifax Wildlife Association is looking for new members to carry on the legacy.



If you would like to join and/or support Halifax Wildlife Association, please contact the president John Lynch 902-240-0787, johnwilliamlynch1@gmail.com for any additional information or an application form. Application forms will also be available at the Trout - A- Rama site.

## Spring at St. Paul's United Church

by Carolyn Mont

Here around the Sambro Loop, we see strong ecumenical activity among all the local churches. An example of that support in our community is through food banks. This is seen at St. Paul's Family Resources Institute, FRI, where we have volunteers from Stella Maris Roman Catholic Church who bring food from their congregation and help with much needed work unloading food and helping to stack the shelves.

Sadly, those shelves are not nearly as full as they have been in the past. The increased cost of food has meant that, as families struggle to fill their own pantries, donations are way down. Much of the food comes from Feed Nova Scotia but their donations are down also. We would gladly accept food donations on Tuesday, Wednesday and Thursday from 10:00 to 2:00.

Unfortunately, this needs to be said: No one is living off the food they get from a food bank. Clients must register with their Nova Scotia Health Card and then are eligible for three days emergency food a month. Once they are registered, they are in the system and cannot go from food bank to food bank.

Some people turn to gardening to supplement food cost. We have a large community garden behind St. Paul's United Church, and this is overseen by FRI. Kristen Holley, our community ministry director, tells me that there are plots of various sizes available for this coming season. If you are interested, call her at 902-477-1015 for information.

Another program offered by FRI is assistance with filing income tax papers. We have a volunteer who does this year-round for people with low income. There is a formula, but it begins with single people whose income is less than \$35 000 and couples whose combined income is below \$45 000. For more information, call Kristen.

Summer day camp at St. Paul's FRI will be starting on July 2 and will run for 6 weeks. It is not necessary to sign up for all these weeks. The day camp, Camp Paul, is economically priced and spots fill up quickly. Accommodations can be made for early drop off and late pick up. For more information and registration, call Kristen at 902-479-1015.

There are some homes in Harrietsfield that don't have safe drinking water and we offer that at St. Paul's.

In the winter months, the outdoor tap is turned off and folk must go into the building during office hours to get water but with the warmer weather, the outdoor tap is now turned on again.

On April 12, Hal Bruce entertained a crowd at St. Paul's. This was his third concert in our sanctuary and it was certainly a wonderful evening.

Our thanks go out to Hal for providing a great evening for all who attended.

On Tuesday, May 21, we will have another concert featuring the Tuesday Night Band. This is a group of talented jazz musicians. The concert begins at 7:30 and there will be a free will offering, meaning that you pay what you can. We hope to see you there.

## J.I. Ilsley Judges Boy's Hockey Team gives back



The 2023-24 J.L. Ilsley Judges Boy's Hockey Team put a focus on giving back to their community of Spryfield this season. The team was involved in organizing a number of activities to show their appreciation to the community that supports them.

In November, the Judges were out in full force for a Community Cleanup on Drysdale Road around the Spryfield Lions Rink, which they call home, as well as the high school and surrounding areas. They collected 38 bags of garbage.

In December, the team was welcomed by the staff at Melville Lodge for an afternoon visit with the residents to do Christmas Crafts and spend time with the residents during the holiday season. They also showed their holiday spirit by participating in the Spryfield Santa Claus Parade.

Some of the players also organized a Habitat for Humanity fundraiser and



Children's Hat and Mitten Drive in January where 201 pairs of Children's mittens and 103 hats were donated to Chebucto Connections and the Chebucto Family Centre.

Although the J.L. Judges' season came to a close in February, plans are in place for several of the players to continue giving back to their community by volunteering at the Spryfield Urban Farm this Spring.





# Cuttell Community Update

by **Patty Cuttell, HRM Councillor, District 11, Spryfield-Sambro Loop-Prospect Road**

Spring. That amazing time of year for birds and potholes.

Once again, the Bird Friendly Halifax Coalition is hosting a guided bird walk in District 11 later this month. Last year, HRM officially became a Bird Friendly City under Nature Canada's bird-friendly cities framework. The Bird Friendly Halifax Coalition continues to work under this framework, and beyond, to make HRM a safe place for wild birds, and a place where residents can engage with our fine feathered friends. This year the walk will be later in May than last year, meaning we will be more likely to see returning migratory birds. Thank you so much to everyone who participated last year, and I hope to see you again this year. The date and time is still being confirmed, so please check the Bird Friendly Halifax Coalition for details.

Spring is a terrible (terrible!) time for roads. The thaw, coupled with rain, causes our roads to heave and creates dreaded potholes. HRM prioritizes potholes based on width and depth. Priority 1 potholes are at least 25 centimeters in diameter and 8 centimeters in depth and are addressed before all others. This means some potholes will be fixed before others. The time to fix a pothole on a municipal street ranges from 7-30 business days depending on the width and depth of the pothole, the weather, and if the pothole is considered a Priority 1. Crews aim to repair priority potholes on main arterial roads within 7 business days. Learn more about potholes via our website: [halifax.ca/potholes](http://halifax.ca/potholes) and please (please!) call 311 to report a pothole.

Last year I was very pleased to approve District Funding to the Pathways program to purchase new computers. Pathways to Education is a national, community-based program, supporting youth education and helping students reach high school graduation. Run by Chebucto Connections, the program brings community resources together to achieve a common goal of providing students the extra support they need to be successful in school. This program has been a fixture here in Spryfield for many years, improving the graduation rates and supporting student transitions to post-secondary education. Recently I paid a visit to the Pathways Program where I met some of the tutors and saw the computers in action. I was told they have made a big difference in helping students with their studies.

Last month we celebrated Volunteer Week by recognizing several amazing people in District 11 who help make our communities better places every day. It was a privilege to present the recipients with an award certificate and a special volunteer pin. Honoured were Dylan Thomas Wambolt (youth) for dedicating over 200 hours packing and delivering fresh produce bags to seniors; Abdulrazig Alarabi for his tireless efforts establishing and advancing the Alnaas Community and Youth Development Association to support newcomer youth in Halifax; Pam Burke for her leadership and dedication to the Take Pride Youth Program in the Prospect Area; Cong Chen for his commitment to fostering cultural connections and inclusivity, especially through the Chinese Society

of Nova Scotia; Danny Slade for his unwavering dedication to spreading joy and kindness in Spryfield and reminding us that simple acts of kindness can uplift and unite a community; Linda Slaunwhite for her tireless efforts toward the success of the Terence Bay Community Hall; and Kaarin Tae and Lawrence Plug who are described as the backbone of the McIntosh Run Watershed Trail Association which has built 27km of world-class single track trails within the Herring Cove and Purcell's Cove Backlands. As well, the JL Ilsley High

School Indigenous Student Program received one of only three Volunteer Group Awards handed out. Big shout out to Tish Sock-Sachetti, the school's Mi'kmaw/Indigenous Student Support Worker, who makes a difference in the lives of so many young people every day.

I've noted spring clean-ups are starting to be announced around the District. If you are planning an event, please be sure to register with the "Great Nova Scotia Pick-Me-Up". You can find all registered events on the Pick-Me-Up Map at [www.nsadoptahighway.ca/maps/nova-scotia-pick-me-up-map/](http://www.nsadoptahighway.ca/maps/nova-scotia-pick-me-up-map/) So far I see events planned in Spryfield and Sambro Creek. Thanks to everyone who helps to keep our district clean. Your ef-

forts are appreciated by many!

Later this month on May 25, 12-5pm, the Spryfield Area Multi-Cultural Society is hosting a Holi Colour Festival at the Spryfield Lions Arena. If you have never experienced a colour festival before, I encourage you to check it out. There will also be music, dancing, food, and family-friendly activities for all. Hope to see you there!

It is a privilege being the HRM Councillor for District 11. If there are any municipal issues I can help you with, please call me at 902-221-6893 or email [patty.cuttell@halifax.ca](mailto:patty.cuttell@halifax.ca). Find me on social at [@pattycuttell11](https://www.instagram.com/pattycuttell11). Enjoy the spring weather and remember to listen for the birds.

## Premier's Message

by **Tim Houston, Premier of Nova Scotia**



Premier Tim Houston

**Health Homes, Access Options Mean More Care, Faster**

When I talk to Nova Scotians about healthcare, I often hear two things: Nova Scotians are open to new ways to receive primary care and they want access to a family doctor.

The good news is that the changes we're making focus on both.

Many Nova Scotians are used to the traditional approach – find a doctor, make an appointment, get care. It wasn't

even all that long ago that a family doctor would make house calls.

But with a global shortage of doctors and healthcare professionals, we need to modernize our system.

What if your doctor retires? What if they move? What if you move? For too long the options were limited.

We're changing that. We are recruiting more family doctors, nurse practitioners and healthcare professionals to expand and strengthen more than 60 clinics across the province to become 'health homes.'

So, what's a health home?

Health homes are made up of teams of healthcare professionals, like doctors, nurse practitioners and nurses, working together collaboratively.

Health homes mean a shift toward patients belonging to a practice, rather than a single doctor. They may also have additional supports, such as dietitians or social workers on-site. So, if you need medical attention, you have a home clinic to call for treatment, where they will have your files so that there is continuity of care.

This way, even if a doctor retires or moves, the patient remains with the practice and can be seen by other providers without interruption in care.

As we move in this direction, we

have also created many other ways for Nova Scotians to receive care. This includes YourHealthNS and free virtual care through the app, mobile care in communities and expanding the scope of practice for many healthcare professionals, including pharmacists, to be able to provide routine care by prescribing certain medications and conducting some tests.

We're already seeing impact. There are 60,000 more primary-care appointments available across the province every single month through these options.

But what if you have a condition that needs to be followed or monitored over time?

There is good news there, too. If you need more care than these services can provide, you can receive a referral through VirtualCareNS to a primary-care clinic or an appropriate specialist who will follow and manage your care for as long as you need.

The future of healthcare will look different – it has to. We need to use new solutions and a range of options to change how healthcare is delivered in our province.

Everyone's journey may be different, but our destination is the same. It's getting you more care, faster.

## The Maguire Report

by **Brendan Maguire, MLA for Halifax Atlantic**

I am delighted to share an update regarding my ongoing efforts to tackle road and ditching challenges within our community. This season, we are poised to make significant strides in resolving various concerns. Specifically, the following actions are in motion: Several road and culvert issues in Ketch Harbour are slated for resolution. Ditching along Ketch Harbour Road will be finalized, enhancing drainage and overall road conditions. Ditching work will commence along Old Sambro Road, beginning in Harrietsfield. The repair of the gravel cutout in Pennant is scheduled. Moreover, I have submitted requests for the repair of various potholes and other problematic areas on Provincial roads within our community. Your input is invaluable in identifying and resolving these issues. Should you have any further concerns or suggestions, please feel free to reach out without hesitation.

After careful consideration of public feedback, Nova Scotia has decided

against implementing a spring bear hunt at this time. Results from a recent public consultation highlighted a deep divide among Nova Scotians on the issue, with about 51% opposed, 47% supportive, and 2% neutral among the 17,000 respondents. The majority of additional feedback received through emails, letters, and organizational correspondence did not support a spring bear hunt. This input will inform future decisions regarding bear hunting in the province. The Department remains committed to maintaining a stable and healthy bear population in their natural habitat, ensuring ecosystem integrity, community safety, and ongoing efforts to improve bear management. This includes collaborative research projects, public consultations, regulatory improvements, stakeholder engagement, and enhanced public understanding of hunting management practices.

Troy Ryan has achieved an incredible milestone as the most successful coach

ever at the Women's World Tournament, boasting an impressive record of 25 wins. Congratulations on this remarkable achievement!

As the temperature rises, seize the opportunity to explore the abundance of attractions our community has to offer, including Long Lake, McIntosh Run, Crystal Crescent Beach, and many other scenic spots. Please remain vigilant and watch out for cyclists and motorcyclists as you enjoy your outdoor activities.

This month marked the 4th anniversary of the tragic mass shooting in Portapique, Nova Scotia, the deadliest in Canadian history. We solemnly honor and cherish the memories of the lives lost, as they will forever remain in our hearts and minds. To the families, friends, and fellow Nova Scotians impacted by this devastating event, we stand together as one community, offering support, strength, and solidarity.

I am so honored to be your MLA

# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

## Laura "Laurie" Jo Dockrill

67 of Halifax, The Dockrill family is saddened to share the news of the unexpected passing of their beloved sister and aunt Laura Jo Dockrill who passed away unexpectedly of heart complications at the QEII Halifax Infirmary Site on March 5, 2024, in Halifax, Nova Scotia, at the age of 67. Born on April 10, 1956, in Halifax, Laura was the devoted daughter of Reg and Jo (MacKay) Dockrill and was one of nine siblings.

Laura, affectionately known as Laurie, was a devoted daughter and found immense joy in gathering with her siblings, nieces, nephews, and their families when they returned to the family home in Halifax to visit. Laurie treasured and spoiled to perfection her Springer Spaniels Kelly, Katie, and Willow. She was blessed to have a group of wonderful friends who shared her love of animals and held a special place in her life. Never forgotten but forever remembered and missed by those fortunate to know her.

She is predeceased by her parents Reg and Jo Dockrill, her sister April, her brothers Brian (Cindy) and Mike (Natalie), and sister-in-law Leah (Chris). In her passing, she leaves family who will miss her deeply. Her brothers Peter (Patricia), Chris, Perry (Suzanne), Mark (Pauline), and Marty (Karin). As well, she leaves behind

many nieces and nephews: Susan, Sarah, Mike, Robin, Lauren, Nick, Tim, Erin, Sam, Maggie, Mya, Melissa, Andrew, Lauren, Heather, Ali, Megan, Holly, and Graeme.

## Gary Hanson Blaikie

82 of Herring Cove. It is with great sadness that the family of Gary Hanson Blaikie announces his passing on March 25, 2024. Born in Great Village, N.S., he was the son of the late Stanley and Lillian Olive (Rushton) Blaikie.

Gary lived most of his childhood in the town of Truro. He studied commerce at Mount Allison University and also played offensive guard for the Mounties Football team. He completed his MBA at Dalhousie University. In 1974, Gary started working for the Halifax/Dartmouth Port Commission. He eventually became Executive Director with responsibility for marketing and special projects, including the development of the South End Container Terminal. During that time, he purchased his home in Herring Cove where he created the home-stand for his wife and three children. In 1984, he started his own business designing computer software for local medical offices and accounting software for Caribbean port authorities.

He is survived by his loving wife of 43 years, Patricia (Hogan); children, Kathleen (Alan) Hoskins, Martha (Michael) Innocente, and Duncan (Katy) Blaikie; five beautiful grandchildren, Giorgia, Wendy, Ryan, Arthur, and William; brother, Richard; sisters, Brenda MacLeod, and Linda Dowell (Harry); many nieces, nephews, in-laws, and friends. He was predeceased by brothers, Gordon, Gloud (Carol), and Brian (Heather); sister-in-law, Roberta Blaikie.

Gary fought his illness until his last breath in his home, surrounded by family, with the most beautiful view of the cove from his bedroom window. He was grateful every day for the life he lived.

Special thank you to all of the medical staff, family, and friends who helped Gary during the last 18 months.

## Wayne Ernest Ossinger

Age 44 of Hants County, formerly of Williamswood; it is with utmost sadness we announce the passing of Wayne Ernest Ossinger at the age of 44 on March 31, 2024. Born in Halifax, he is the son of Christine and the late Calvin Ossinger. Wayne will be remembered for his love of animals and spending time outdoors. Nothing brought Wayne more joy than being in the woods, running the dogs, or going on a deer drive. Though Wayne may no longer be with us, his spirit lives on through the countless hearts he has touched.

He has left behind to mourn his passing; mother, Christine; loving wife, Kristen; cherished children, Jacklyn, and, Hunter; brother, Sherman; niece, Isabella; mother-in-law,

Mildred; father-in-law, Tim; brother-in-law, Darren; many aunts, uncles, cousins and friends. He was predeceased by his father, Calvin.

## Peter Lauchlan Dockrill

79, of Halifax. With very heavy hearts, we share the sad news that Peter passed away peacefully at Parkstone Enhanced Care on April 9, 2024. He fought a long and brave battle with Parkinson's Disease and Dementia with Pat by his side every step of the way.

Peter was a true entrepreneur, never settling in one place too long until he met Pat. He was extremely intelligent and was successful at everything he tried. He had an engineering mind with a flair for marketing and finance and his businesses took him far and wide. In 1997, soon after he met Pat, they got into real estate development, buying, building, renovating, flipping, renting, selling, until retirement in 2014 when Peter was diagnosed with Parkinson's.

They started travelling to see the places that were on their bucket list... Hawaii, Jamaica, Cuba, England, Scotland, and Italy, in addition to the many trips to Vancouver to see the West Coast family. Seeing new places, learning new things and meeting new people was something they both truly enjoyed. Peter would talk to anyone and always found a common thread. His sense of humour, wit, and love of family will be truly missed by all who love him. He had such empathy for people, and it was well recognized by so many people.

Peter is survived by his wife, Patricia Arthur, daughters, Susan (Jason), Sarah (Keith) and Robin, all of Vancouver Island, son, Michael of Vancouver, BC, and his step-children, Lauren and Nicholas Power. He is also survived by his grandchildren, Thomas, Madeleine, Claudia, Leah, Chase and Oliver, as well, his brothers, Chris, Mark (Pauline), Perry (Suzanne) and Martin (Karin), sisters-in-law, Cynthia and Natalie. along

with countless wonderful nieces and nephews.

He was predeceased by his parents, Reg and Jo Dockrill, sisters, April and Laura, brothers, Brian (Cindy), Mike (Natalie), and sister-in-law, Leah (Chris). He was also predeceased by his first wife, Anne Marie.

The family, in particular Pat, wishes to thank all the staff at Point Pleasant Way for their wonderful care of Peter during his 3-year residency. Everyone recognized Peter wherever he went in the facility and his beautiful blue eyes were mentioned often. A special thank you to Susan, who lovingly supported her dad in his final days and also to his sister-in-law, Janet Arthur, who was and continues to be such a comfort.

## Daisy Louise Dunbar

*"Those we have held in our arms for a short while we hold in our hearts forever."*

Our Little Angel, Daisy Louise Dunbar passed away peacefully on April 10, 2024. Daisy is the cherished daughter of Marilou Simons and Dylan Dunbar of Williamswood, NS.

Daisy was born in Halifax on February 25, 2024, at the IWK Health Centre. During her short life here on Earth, she brought us an abundance of joy, touched many lives, and was deeply loved by all who knew her. Her life was a brief gift and a bright light to all of us; she will live on in our hearts and memories forever.

Daisy will always be loved and remembered by her Mommy and Daddy; grandparents; aunts; uncles; cousins, and many family friends. As the first Great-grandchild, Daisy holds a special place in the heart of her Great-Grandmother, Margaret Dunbar, from Carman, Manitoba.

In lieu of flowers, Dylan, and Marilou request that donations be made to the IWK in Daisy's beautiful honor.

*"Sometimes the smallest things take up the most room in your heart."*  
~ A.A. Milne



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Councillor Patty Cuttell and Halifax MP Andy Fillmore hosted an event at the Purcells Cove Social Club April 22 to celebrate the stopping of infilling of pre confederation water lots in the North West Arm. The event was to recognise the hard work of so many people who put so much effort into this project over the last few years to protect such a wonderful part of our community.

# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



SPONSORED BY



## COMMUNITY EVENTS FOR MAY

### Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Tuesday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9 am and 10 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Food Bank: If you would like help with food, please call 902-477-1954 before 10 am and leave a message with your name and phone number. Our volunteers will call you back on Tuesday. Pick up time is Wednesday, 9:00-10 am, at the lower church hall behind the church.

If you would like to donate food, please drop it off on Tuesday morning before 10:30 or Sunday morning at the church.

### Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

### Spryfield Legion Events:

- Kitchen Open Fridays 5-7 pm
- Bingo every Sunday 1:00 pm Doors open 11:00 am
- Fri. May 3, Forever Young Seniors Bingo 6:30 pm Doors open 5:30 pm Kitchen open.
- Tues. May 7 Executive Meeting 6:30
- Sat. May 11 - Kitchen Party Cheryl Misener and friends 2:30-ish
- Mon. May 13 Seniors' Dance 1- 4 pm Music by Joe MacKinnon Adm. \$6.00 Lunch Served
- Tues. May 14 General Meeting 7:00 pm
- Thurs May 30 Crib 7:00pm Adm \$ 7.00 Bring a partner.

### Harrietsfield Williamswood Community Centre events:

- Currently taking bookings. Please call, email or message us through our FB page, (902) 446-4847, email hwcc@outlook.com
- We are looking for 2 students for our Summer Camp Program.

Ages 16-30yrs (must be a student in the fall)

Wage \$15.20/hr for 35 hours/ week  
\*No vacation time but scheduled to work only Monday-Friday between the hours of 7:30AM-6 pm\*\*

Term: July 2- August 23, 2024 (training June 29, 2024)

\*\*Must have own transportation as there is no bus system.

Must enjoy working with children from ages 4-11yrs old.

Please send your resume and references to: hwcc@outlook.com

- Pre-Teen Dance (grades 3-5) Thursday May 16th 6:30PM-8PM WESTERN THEME \$5 at the door/ \$1 Canteen items \*\*A parent must sign in children at the door.

We are always looking for new Board members and volunteers!

### City Church (276 Herring Cove Road) events:

- City Church Tel #: 902-479-CITY c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

### Emmanuel Anglican Church (322 Herring Cove Rd) events:

- Prayer Group: Meets the 2nd and 4th Thursday of each month for an hour of prayer for each other, the world and the church. All welcome.
- Messy Church: Saturday, May 4th, 4-6 pm. Informal time of worship, socializing, crafts and dinner in the church hall, aimed at children and their significant adults. Please RSVP if you would like to come.

### Salvation Army (328 Herring Cove Rd) events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

### Stella Maris Roman Catholic Parish events:

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or email stellamaristwelvebaskets@gmail.com

### St. Paul's United Church (173 Old Sambro Road) events:

- Now that the temperatures are warming up, we have turned on the outdoor tap for those of you who rely on us for clean drinking water.

### TOPS (Take Off Pounds Sensibly)

Monday evening – 6:15 to approximately 7:30 at the Golden Age Centre, 212 Herring Cove Rd.

Our mission statement is “to help and support our members as they take off pounds sensibly. We are a non-profit organization which exists to provide you with support when needed. We welcome new members. Come sit in on a meeting some Monday night.

For information, please contact shay@ns.sympatico.ca or check out the TOPS org website atwww.tops.org

### TOPS (Take Off Pounds Sensibly)

Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

### Spryfield Legion/Forever Young

**Seniors Club Chase the Ace** draws on Mondays at 7 pm. Ticket sales at the bar during Legion open hours as well as Mondays by volunteers from 5 pm to 6:45 pm. Tickets \$5.00 each and support programs that are offered to members of the community at large. Please Note: Tickets must be clearly filled in with just one person's name and phone number. You are not required to be present at the draw in order to win.

### Urban Farm Museum Society of

**Spryfield** 2023 memberships are now available - Individuals \$10.00, Students & Seniors \$5.00, Families \$15.00 and Groups & Organizations \$25.00. We look forward to sharing our ideas and hearing your suggestions for the future. For more information, please call Pat at 902-497-3683 or email urbanfarmspryfield@gmail.com

The “Come Grow With Us” program at the Urban Farm is celebrating its 20th Birthday and we will be accepting family (\$15.00) & group memberships at our Seedy Saturday event on May 25th 2-4pm (raindate May 26th). We have an urgent need for 2 adult leaders for the Tuesday programs. If you are interested, please contact Pat at 902-497-3683 or email: patriciaabmaclean@gmail.com

Upcoming Events at the Urban Farm

- Seedy Saturday / Plant Sale May 25, Noon - 2pm (raindate May 26th)
- Strawberry Shortcake Social July 14, 2-4pm (raindate July 20th)
- Evening in the Garden August 20, 6-8pm (raindate Aug 21)
- School Farm Day / Harvest Fair Sept. 21, 2-4pm (raindate Sept 22)
- Spooky Halloween at the Farm Oct. 26, 5-7:30pm (raindate Oct 27)

**The Spryfield Farmers Market** has moved to our fall indoor location in the lower hall of St. Paul's Church 173 Old Sambro Rd.

**Forever Fit for Seniors.** Mon, Wed, and Fri from 10 to 11am at Emmanuel Church Hall. Punch cards available from the YMCA. First class free.

**Crafts and Conversation** Tues and Thurs from 1:30 to 3:30 pm in the Shared Program Room at 16 Sussex Street. Free drop-in. Refreshments. For more information, check out info@halifaxweddingchapel.com. Funding by the Community Links Association and the NS Dept of Seniors and Long-term Care.

**Festival Of Colours** presented by the Spryfield Area Multicultural Society. May 25th from 12noon to 5pm. Performances, Music, Dhol, Variety of Delicious Food, Dance. Entry is \$2 per person at the Spryfield Lions Rink, 111 Drysdale Rd.

Tom Urbaniak, as a guest of Spryfield Community Association, is coming to Spryfield May 28, 7:00 pm at the Capt. Spry Library. Tom is a professor at Cape Breton University and has interests in public policy, municipal politics, and community development.

**Women for Music** will be holding their next Annual General Meeting on May 9, '24 at 1:00 p.m. at the Maritime Conservatory of Performing Arts Room 5 6199 Chebucto Rd. Halifax. There will be a short meeting followed by a presentation by Noam Koubi-Bahar, a first year student at Dalhousie University who will be playing violin and piano. He will be accompanied by Tal Koubi-Bahar, a grade 11 student who will sing. Tea and treats will follow.

**To have your Community Event listed call or fax us at 902-477-NEWS or send email to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals**

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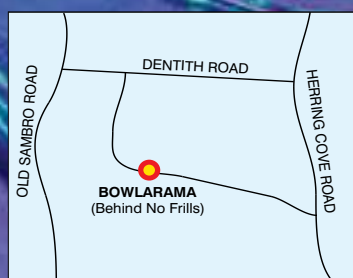


## **FOOD & BEV**



## **EVENTS & SO MUCH MORE!**

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