

Chebucto News

Vol.24 • No.12
August 2023

Armdale • Bald Rock • Ferguson's Cove • Harrietsfield • Herring Cove • Jollimore • Ketch Harbour
• The Pennants • Purcell's Cove • Portuguese Cove • Sambro • Spryfield • Williamswood

Working For You In Your Community
902-479-NEWS (6397)

FREE

**Summer On-Ice
Development Camps**
Defensive Skills / Offensive Skills,
Power Skating, Pre-Tryout Camps
Goalie Camps & Checking Camp
Centennial Arena



Email: info@outsideedge.ca to Register

JOIN A BOWLING LEAGUE TODAY!
Visit bowlarama.ca for more info.

BOWLARAMA.ca

BATTER'S BOX

Includes 5 Pieces of Signature Chicken, Fried Potatoes, Pickles, Ketchup & 3 Biscuits

Limited Time Only

Only **\$19.99**

Locations: Spryfield Mall - 16 Dentith Rd, Halifax
19 Alma Crescent, Halifax

LAWYER Clyde A. Paul & Associates Inc.

Clyde A. Paul, K.C.
N. Kent Clarke
Peter J. Katsihtis
Barristers and Solicitors

Preferred Practice Areas:
Real Estate • Family Law
Wills & Estates • Criminal Law
Business Law

902-477-2518 • info@clydepaul.ca



Spryfield Days Duct Tape Boat Race finalists set off in one last race to find the fastest boat.
More photos on page 5

PHOTO: SAM RAMSAY

Update on the proposed Herring Cove building development

by Bruce Holland

I would like to provide an update on our proposed building in Herring Cove, in the 100 block of Ketch Harbour Road.

As with all projects, there is a period to allow for 'due diligence'. This gives proponents the opportunity to assess 'fit' with the community, research the site, determine feasibility and other fundamental criteria.

As a result of our due diligence, it was revealed that the community of Herring Cove underwent an extensive public participation process to develop a planning document, which is better known as The Herring Cove Area Settlement and Servicing Strategy. The strategy was developed in anticipation of the extension of municipal services. This began in 1999, with the final document approved by Council on February 13th, 2001.

Three public meetings were held, with 80-100 residents attending each meeting. The input was extensive, and the recommendations were clear. Herring Cove residents wanted to ensure their community was protected and that unwanted development could not occur.

It is my position that we must protect and respect the intent of The Herring Cove Area Settlement and

(See Update on page 2)

Williams Lake stocked for Learn2Fish Program

by Cathy Vaughan

Rods, hooks, bobbers, tackle, sinkers, swivels and spinners were at-the-ready on Cunard Pond beach, on Williams Lake for the Learn2Fish (L2F) to get ready for fishing season. Sportfish Development Officer at NS Fisheries and Aquaculture, Sabrina Wolthers, kitted-out a group of eager anglers from Le Marchant-St. Thomas Elementary school for their first fishing lesson.

The Trout-Truck from the McGowan Lake Fish Hatchery was loaded with flapping trout, eager to be released into their new watery home in Williams Lake. Fish Hatchery Manager Marielle Turner helped the grade four students bring scoop-nets full of fish from the trout-tubs on the truck to the lake to release the speckled trout into the water. Squeals of astonishment burst from the enthusiastic kids as they watched the trout flip and

splash out of the nets and into the clear waters of Williams Lake.

The Learn2Fish program is one of the department's most popular interactive activities that prepares the next generation of fishers and environmental stewards by teaching safe and ethical angling skills to youth. According to their website, events have been held annually in the spring and summer since 2006 and are geared towards

(See Learn2Fish on page 2)

**Design • Manufacture • Install
Custom & Commercial Signage**

- Illuminated
- LED
- Electronic
- Pylon/Free Standing
- Dimensional Letters
- Carved - Gold Leaf
- Sandblasted
- Digital Printing
- Banners
- Braille
- Wayfinding
- Awnings
- Architectural
- Vehicle Graphics & Wraps
- 65' Crane - 65' Bucket Truck
- Install and Maintenance Services

NEW CENTURY SIGNS
Harrietsfield, N.S.
902.455.3001
info@ncsigns.ca

A mortgage broker can save you thousands!

- Purchases
- Debt consolidation
- Renewals
- Renovations
- Great rates
- Free consultant services o.a.c.
- And more

jbright@eastlink.ca

MORTGAGE INTELLIGENCE
A MIB Company

Call me for trusted personal mortgage service!
Jason Bright
(902) 880.4622

BEAVER
Enviro-Depot
NOW OPEN

479-3900 • 479-3900

251 Herring Cove Road

BOWLING. ARCADE. EVENTS. FOOD & DRINKS.
We have all of your entertainment needs covered.

BOWLARAMA.ca

Learn2Fish

(continued from page 1)

youth in grades four through high school. L2F programs are also available for schools, Cubs, Scouts, Guides, 4-H groups, and young folks at recreation summer day camps. More than 15,000 youth now have introductory angling skills and environmental stewardship training.

The care of our beautiful lakes and rivers in Nova Scotia belongs to all of us and keen stewardship of our environment is central to the L2F teachings. Officer Wolthers talked to the eager anglers about the destructiveness of invasive species of fish – the chain pickerel and the smallmouth bass.

“Once these invasive fish are put into a body of water that they are not supposed to be in, they eat the other fish and their food source. Once they are in a body of water it is almost

impossible to take them out,” warned Wolthers. She showed the kids photographs of the chain pickerel and smallmouth bass.

Spryfield’s Williams Lake provides recreation all year and is considered an important sport fishing location in HRM. The McGowan Lake Fish Hatchery stocks Williams Lake in the early spring and late fall with hundreds of Speckled Trout. While waiting for the trout to bite, you will notice that Williams Lake is also teeming with other interesting water creatures like frogs, turtles, beavers, and otters as well as feathered pals like bald eagles, hawks, kingfishers and loads of songbirds.

There are four Community Access Areas on Williams Lake for non-motorized boats: on Acorn Road off the Williams Lake Road, Pine Bluff Islands Park on Wyndrock Drive, Cunard Pond on Williams Lake Road and the Shaw Wilderness Park on

Purcell’s Cove Road. Life’s too short to only fish on the weekends!



SportFish Development Officer Sabrina Wolthers PHOTOS: CATHY VAUGHAN



Trout-Truck from the McGowan Lake Fish Hatchery at Cunard Pond, on Williams Lake.



Fish Hatchery Manager Marielle Turner helps kids

Update

(continued from page 1)

Servicing Strategy. We must protect and respect the integrity of Crown lands and those lands zoned Protected Area. And above all, we must respect the wishes of the residents who developed this strategy and those who count on us to uphold it.

As the president and CEO of the Spryfield Social Enterprise and Affordable Housing Society, I recommended to our board that we abandon the location in Herring Cove and pursue a more appropriate site. Our board voted and agreed, unanimously.

We are now working on an alternate location, which is not in Herring Cove.

Chebucto News

Publisher: Dan Doherty, 902-479-6397
Fax to 902-477-NEWS (6397)

Editor: Tangelene Ramsay,
chebuctoeditor@gmail.com

Mailing Address: P.O. Box 20141
Halifax N.S. B3P 1L1

Circulation:

12,500 copies
Agent: Canada Post
Printer: Advocate Printing

Delivered free-of-charge to households in; Armdale, Bald Rock, Ferguson’s Cove, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell’s Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer’s full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

Email to: “The Editor”
chebuctoeditor@gmail.com

Advertising Inquiries:

Dan Doherty 902-479-6397
dan@dandoherty.ca

Design and Layout:

Sharon Ward Graphic Design
Phone: 902-406-1305
wards@eastlink.ca

Additional copies of Chebucto News are available at Spryfield Water’N’Wine, while they last.

Notice: The publisher and the production service assume no responsibility for the contents of any advertisement or editorial materials. Any warranties or representations made by any printed material contained herein are those of the advertisers or writers and not those of the publisher or the production service. The publisher reserves the right to refuse, edit or cancel any advertising or editorial submission at any time and for any reason. Materials can be reprinted only with the expressed permission of the publisher.

© 2023 The Chebucto News, Spryfield, Nova Scotia

ANDY FILLMORE

Member of Parliament
Halifax

Follow me on Twitter,
Facebook & Instagram:
@andyfillmorehfx

902.426.8691
andy.fillmore@parl.gc.ca
1888 Brunswick St, Rm 808

MLA HALIFAX
ATLANTIC

BRENDAN MAGUIRE

Sambro
East/West
Pennant
Ketch Harbour
Duncans Cove
Portuguese Cove
Bear Cove
Halibut Bay
Herring Cove
Fergusons Cove
Purcells Cove
Jollimore
Spryfield
Harrietsfield
Williamswood

902 444-0147

brendan@brendanmaguire.ca
349 Herring Cove Rd
Halifax, NS, B3R 1V9

B B CUSTOM FINANCIAL SERVICES LTD.

Where Experience Makes the Difference

- 1ST & 2ND MORTGAGES
- CREDIT COUNSELLING
- PERSONAL LOANS
- MONEY MANAGEMENT

We STOP Financial Pain
“Creative Financing is Our Business”

902-455-1240
info@bbcustomfinance.ca
Fax 902-455-1427
5536 Kaye St., Halifax

personal, corporate & trust accounting services

We specialize in:

Small Business and Non Profit Bookkeeping
Personal Taxes • Corporate Taxes
Year End Financial Statements

Angela Pellerine, CPA CMA
30 Alabaster Way • Halifax • 902-499-8076
info@additup.ca • www.additup.ca

MacLeod's Auto Service

Computer Diagnostics, Brakes,
Welding, MVI, Exhaust,
Undercoating & Tires.

Servicing all Makes and Models.

Monday to Friday 8 am - 6 pm
44 Herring Cove Rd.
902-477-4682 / 902-431-2886

Sammy says

Our fave time of year is here! Sambro Sou'Wester Days will run from August 7-13, and you can check out the full schedule in this paper.

Our local kids enjoy watching their adults play in the Skip Horton Memorial Ball Tournament every year, but this year they're playing in their own Children's Ball Tournament. They'll gather at the James McPhee Memorial Ball Field on Monday and Wednesday evenings, with the final games on Sunday morning. Adult games are Tuesday, Thursday and Friday evenings, with final games on Sunday afternoon.



New this year is a Workout On The Beach sponsored by The Fitness Room, and Meghan Thorne and Lori Hennessey with Elite Realty Group. Come on out to the first beach at

Crystal Crescent Beach for this free class. Donations gratefully accepted.

The Corn Boil and Ceilidh on Friday night, sponsored by Jill Hann with Castle and Cove Real Estate Group, features delicious corn on the cob, hotdogs and non-alcoholic beverages, live local entertainment, and the presentation of the Sambro Spirit Awards. Come join us to see who is being honoured this year. You can check out past winners at www.sambro.ca/sambro-spirit-awards.

Our Community Parade, sponsored by Edmonds Landscape Services, will be on Saturday morning. This event always draws a crowd, so you can expect traffic delays in the area. Plan your travels accordingly to keep

everyone safe.

After presentation of awards and prizes, the action moves over to the ballfield for the Washer Toss Tournament (adults only) sponsored by Meghan Thorne and Lori Hennessey with the Elite Realty Group, and the Family Carnival sponsored by Rob Thorne at Beneva featuring games, human hamster balls, and bouncy castle. To keep everyone fed, we'll have the Barbeque on site, sponsored by Sambro Fisheries.

Kyle's Tailgate Party, sponsored by the Family of the Late Kyle MacKay, features live music from Kyle's beloved uncle, Ed Oakley. Patrons MUST be 19 years or older. The \$8 admission includes a chance to win a great door prize.

Sunday morning's Community Breakfast, sponsored by Oceanview Fisheries, fuels everyone up before heading off to St. James United Church's Service of the Sea, the Blessing of the Fleet, and the Rubber Duck Race sponsored by Mishoo's Kwik Way. St. James' Fish Chowder dinner with rolls and dessert rounds off the afternoon.

Festively decorated boats participate in the Parade of Sail in advance of the Closing Fireworks at Crystal Crescent Beach, sponsored by Fairview Dairy Queen, James Gray Fisheries, and Seaside Seniors Home Care Services. Admission is by freewill donation. All vehicles must exit the park promptly after the fireworks.

50/50 tickets and Rubber Duck tickets are available from Mishoo's Kwik Way or from SACA volunteers. All funds raised go towards Sou'Wester Days expenses, our future community centre, and a mobility accessible fishing wharf and picnic area at Grand Lake.

We're so excited to be back after a three year hiatus, and can't wait to see you all there! *Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.*

TAG: renewing membership for 2023-24

Please note that all 2022-2023 season memberships will expire on August 30th. Membership renewals may be processed online at tagtheatre.com/membership (no form required). Or, if you prefer, the membership form can be downloaded from our website and mailed or dropped off at the theatre along with your payment.

If you have already renewed your membership for the 2023-2024 season, Thank you! Should you need any assistance or have any questions or comments about your membership or benefits, please feel free to call me, Valerie Dubois, at 902-422-8176 or email membership@tagtheatre.com.

If you renew your membership by August 21st, you will be automatically entered into a prize draw for two tickets to TAG's first show of the season, Norm Foster's On A First Name Basis.



SAMBRO SOU'WESTER DAYS 2023 SCHEDULE



Monday, August 7 & Wednesday August 9

5:00 pm & 7:00 pm Kids' Co-Ed Community Baseball Games Age 8-13 and BBQ with hot dogs (\$2), beverages (\$1) and treats @ Ball Field

Tuesday, August 8 & Thursday, August 10

6:00 pm & 7:30 pm Skip Horton Memorial Ball Tournament Co-Ed Adult Baseball Games @ Ball Field

Friday, August 11

7:00 am - Workout On the Beach Sponsored by The Fitness Room, and Meghan Thorne and Lori Hennessey with Elite Realty Group. Freewill donations gratefully accepted. @Crystal Crescent Beach First Beach

6:30-8:30 pm All Ages Corn Boil and Ceilidh Sponsored by Jill Hann with Castle and Cove Real Estate Group @ Community Tent. Corn on the cob (\$2), hotdogs (\$2) and non-alcoholic beverages (\$1). Presentation of the Sambro Spirit Awards and local musical entertainment @Community Tent

6:00 pm & 7:30 pm Skip Horton Memorial Ball Tournament Co-Ed Adult Baseball Games @ Ball Field

Saturday, August 12

10:00 am-11:30 am Community Parade Sponsored by Edmonds Landscape Services. From Atlantic View Dr. in Sambro Head to the Community Tent. Expect traffic delays between 10 am-12 noon from Atlantic View along Ketch Harbour Road to Old Sambro Road and then to West Pennant Road. Prizes will be awarded @ Community Tent following at 11:30 am.

12:00-2:30 pm BBQ sponsored by Sambro Fisheries with hot dogs (\$2), hamburgers (\$3) and beverages (\$1) @Ball Field

12:00-2:00 pm Family Carnival sponsored by Rob Thorne at Beneva, with bouncy castle, human hamster balls and games @ Ball Field

12:00 noon Washer Toss Tournament sponsored by Meghan Thorne and Lori Hennessey with the Elite Realty Group @ Ball Field \$25 per 2 person team. Cash and prizes to be won. MUST BE 19 YEARS OR OLDER

4:00-8:00 pm Kyle's Tailgate Party Sponsored by the family of the Late Kyle MacKay, Live Music by Kyle's uncle Ed Oakley @Community Tent. MUST BE 19 YEARS OR OLDER. \$8 admission includes chance to win door prizes. Beer & coolers \$6. Pizza slices around 5 pm for \$4 per slice

Sunday, August 13

9:00-11:00 am Community Breakfast sponsored by Oceanview Fisheries @ Community Tent. Scrambled

eggs, pancakes, sausage with juice or tea/coffee. Adults \$7/Youth 5-12 years \$4/Kids under 5 free.

8 am & 10 am Kids' Co-Ed Final Baseball Games Age 8-13 @ Ball Field

10:00 am Service of the Sea Church Service @ St. James United Church

12:00 pm Blessing of the Fleet @ Sambro Government Wharf, Weather permitting. Arrive at the wharf for 11:30 am.

2:00 pm Skip Horton Memorial Ball Tournament Co-ed Adult Consolation Baseball Game @ Ball Field

3:00-3:30 pm Rubber Duck Race Sponsored by Mishoo's Kwik Way @ Grand Lake. Numbered ducks may be purchased in advance from Mishoo's store in Sambro or SACA volunteers for \$5 each. Win up to \$500!

3:00-5:00 pm Fish Chowder with Rolls and Dessert @ St. James United Church Hall \$15. Dine in or Takeout Available

4:00 pm Skip Horton Memorial Ball Tournament Co-Ed Adult Final Championship Baseball Game @ Ball Field

8:00-9:45 pm Parade of Sail off Crystal Crescent Beach. Decorate your boats with festive lights. Boats must respect the distance required to be off shore in order for the fireworks to be safely presented.

9:45 pm Closing Fireworks Display Sponsored by Fairview Dairy Queen, James Gray Fisheries and Seaside Seniors Home Care Services @ Crystal Crescent Beach Provincial Park. Freewill donations gratefully accepted outside the beach gates on Sambro Creek Road. Please note vehicles must exit the park promptly at the conclusion of the fireworks. Rain date Sunday August 20

Rubber Duck Race Tickets \$5 each and 50/50 Tickets \$2 each or 3 for \$5 available before and during festival from Mishoo's or SACA volunteers

Event Locations:

Mishoo's Variety Store and Takeout ("Mishoo's") 1 West Pennant Road, Sambro
James McPhee Memorial Ball Field ("Ball Field"), 133 West Pennant Road, Sambro
Community Tent, 160 West Pennant Road, Sambro
St. James United Church, 3811 Old Sambro Road, Sambro
Grand Lake, Williamswood
Crystal Crescent Beach, Sambro Creek

Cash Only. Exact Change and Small Bills Appreciated

DISCOVERING OUR PAST

by Iris V. Shea

During the 19th and 20th centuries, fishermen from several communities along our shore rowed against each other and against champion rowers from other provinces and other countries. Challenges were issued by individuals and teams, and each would be expected to wager \$150 to \$1000, “winner takes all.” Newspapers of the day were caught up in the excitement, printing course descriptions, race results and stories of the rivalries. Among those who brought excitement and fame to their respective communities and to their country were: from Ferguson’s Cove, John Lynch, his son Mathew Lynch, and his grandsons, Michael and Mark Lynch; Thomas and William Beazley, William Conway and John Brooks; from Herring Cove, George Brown, Thomas Hayes, the Dempseys, and the Scallion brothers (Gerald and James); from Duncan’s Cove, Jeremiah Holland; from Ketch Harbour, Bernard (Barney) Gallagher, William Flemming and John O’Neill; from Sambro, Warren and Obed Smith, John and Caleb Nickerson, and Albert Hamm. The races were held in Halifax Harbour, Bedford Basin or the Northwest Arm and attracted crowds of enthusiastic fans. Betting money on the outcome of the races was frowned upon, but a lot of money changed hands after each race.

The story of champion oarsman George Brown of Herring Cove is well documented, and his story may be seen in a display at the Maritime Museum in Halifax. He was a difficult rower to beat. Brown’s greatest achievement had to be the race in Bedford Basin, a six-mile course that saw him defeat John Biglin, the United States champion from Philadelphia. On September 22, 1873, thousands of spectators lined the course in anticipation. Throughout the day a great deal of “drunkenness and disorderliness” was reported in Halifax. Brown and Biglin, however, postponed the race until the following day. The fisherman from Herring Cove won the title “Champion Oarsman of the World” and the people who bet on Brown won a good deal of money.

Three years later, on September 7, 1876, another World Championship was scheduled, this time in Philadelphia, between the Thames crew of Great Britain and the Fishermen’s crew out of Sambro. The four oarsmen from Sambro were Warren Smith, Obed Smith, John Nickerson and Caleb Nickerson. William Flemming was the spare, and Jeremiah Holland was their trainer. Going into the race, the Sambro crew was the favourite, and bets were placed accordingly. The fans at home in Halifax thronged Hollis Street outside the telegraph office to await the race results.

The Fishermen crew got off to a poor start, but within three minutes they were ahead of the Thames four-some by two boat lengths. The spectators claimed they had never seen such strong rowing. On the home stretch, the Thames crew, seeing their chance of winning slip away, steered into the



Photo of Warren Smith, 1880, courtesy NS Sport Hall of Fame

oars of their rivals. To avoid a collision, the fishermen had to row into the former’s water. The Thames crew claimed a foul. The race continued and our fishermen were the first over the finish line. In Halifax, the results were reported to the gathering crowds, “Halifax Crew Came Ahead but the Thames Crew Claimed a Foul and the Judges Gave Them the Race.” A lot of money was lost that day.

Summer at St. Paul’s United Church

by Carolyn Mont

Most of you who are church goers will be aware that it is common to have church attendance a bit lighter in the summer. Members of the congregations are away on vacation or go to the beach on a sunny Sunday or something just comes up. We all understand this and indeed, most of us are away for some of those lovely summer Sundays.

At St. Paul’s United Church, we are fortunate to have a Lay Worship Team who assist when the minister is away. Yes, the clergy also have vacation and our minister, Max Martin, is back from a study leave followed by a much-deserved vacation. While he was away, the Lay Worship Team, Marea Prowse, Jackie Umlah and Greg MacKinnon, led the service. This team was created and trained by Rev. Carol Smith who was an interim minister at St. Paul’s last year.

Summer is a busy time for our St. Paul’s Family Resources Institute (FRI). The Food Bank continues as usual. If you need food assistance, call our Food Bank line at 902-477-5090. You will be asked to leave a voice mail message and calls are returned on Tuesdays. At that time, you will be told that you have been registered for a food order on Wednesday.

FRI also oversees our community garden. Gardeners rent their plots for a nominal fee and are free to grow flowers and/or vegetables. It is common to see both flowers and veg-

ables in most of the plots. Many of these gardeners have been planting here for many years but they certainly are welcoming of new gardeners. Another summer activity, again part of FRI, is Camp Paul, our summer day camp. This is a weekly camp with some children registered for the whole summer, while others may only come for one or two weeks. There are lots of interesting activities at camp and they are often off site for swimming, hikes, and trips on Metro Transit to various events in town. Call Kristen at 902-479-1015 to find out

two sons, Michael and Mark Lynch, proved themselves “invincible in flats” winning at home and abroad. On October 7, 1897, the Lynch brothers, challenged by John MacKay, competed in a double-sculled race, their first race ever in a shell. MacKay was a double-sculled world champion who, much to the dismay of the Lynch brothers, chose the experienced scull racer, R.N. Johnston, as his partner. The three-mile race in the Northwest Arm started in the area of Lawson’s Mill (now the Royal Nova Scotia Yacht Squadron) with a turning point in the vicinity of Jubilee Road. In their new shell, the “George Brown,” and wearing new racing uniforms, the Lynch brothers proved to be the stronger oarsmen and were awarded the stakes. John Mackay claimed it was the hardest race he ever rowed and considered the Lynch brothers “extra good men.” In 1909, John O’Neill of Ketch Harbour brought attention to the racing world when he beat the American champion, Dorando Miller, on the Detroit River. Halifax now had two “firsts.” George Brown was the first Canadian to become “Professional Sculling Champion of the World,” and John O’Neill was the first Canadian to win the title “Amateur Sculling Champion of the World.” Upwards of thirty thousand people were on hand to celebrate O’Neill’s home coming with a parade through the streets and illuminations on the Northwest Arm.

etables in most of the plots. Many of these gardeners have been planting here for many years but they certainly are welcoming of new gardeners.

Another summer activity, again part of FRI, is Camp Paul, our summer day camp. This is a weekly camp with some children registered for the whole summer, while others may only come for one or two weeks. There are lots of interesting activities at camp and they are often off site for swimming, hikes, and trips on Metro Transit to various events in town. Call Kristen at 902-479-1015 to find out

Legion honouring late members

Spryfield Legion to pay homage to deceased members on September 15, 2023:

During the pandemic period from March 2020, until July 2022, thirty-four members of the Earl Francis Spryfield Memorial Legion, Branch 152, passed away - most of whom were unable to be suitably remembered by having their lives celebrated at the legion.

On Tuesday, September 15, from 7 pm until 10 pm, the legion will provide an opportunity to pay homage to those members whose names follow:

Mike Littlejohn, Donald “Buster” Brown, Dave MacAulay, John White, Roland Rose, Douglas Young, Clyde

two sons, Michael and Mark Lynch, proved themselves “invincible in flats” winning at home and abroad.

On October 7, 1897, the Lynch brothers, challenged by John MacKay, competed in a double-sculled race, their first race ever in a shell. MacKay was a double-sculled world champion who, much to the dismay of the Lynch brothers, chose the experienced scull racer, R.N. Johnston, as his partner. The three-mile race in the Northwest Arm started in the area of Lawson’s Mill (now the Royal Nova Scotia Yacht Squadron) with a turning point in the vicinity of Jubilee Road. In their new shell, the “George Brown,” and wearing new racing uniforms, the Lynch brothers proved to be the stronger oarsmen and were awarded the stakes. John Mackay claimed it was the hardest race he ever rowed and considered the Lynch brothers “extra good men.”

In 1909, John O’Neill of Ketch Harbour brought attention to the racing world when he beat the American champion, Dorando Miller, on the Detroit River. Halifax now had two “firsts.” George Brown was the first Canadian to become “Professional Sculling Champion of the World,” and John O’Neill was the first Canadian to win the title “Amateur Sculling Champion of the World.” Upwards of thirty thousand people were on hand to celebrate O’Neill’s home coming with a parade through the streets and illuminations on the Northwest Arm.

about availability.

You may have noticed the sign saying WATER at our driveway at 173 Old Sambro Rd. This is a notice for the people of Harrietsfield. For many years, we have had our outdoor tap turned on for those people in Harrietsfield who do not have access to safe drinking water. In the summer, because there is no chance of the tap freezing, the water is available at any time. In winter, it is only available when the building is open and those in need can go inside to the kitchen tap.

Nicholson, Andrew Stevens, Bobby Hamlin, Dave Snyder, Bev Bobbitt, Dave Ryall, Rose Sweeney, Mary Roach, Pat Noftle, Bob McGee, Murray Stacey, Fred Bambury, Kenny Kline, Judy Duval, Jim Penny, Kenny Relf, Roland Saulnier, Alex Boudreau, Shirley Harnish, Charlie MacEachern, Donald LeBrasseur, Elaine Wells, Dorothy Wright, Helena Wiggins, Louise Conway, Charlie Norman, Paulette Cable, and Brian Hearn.

Pictures of all deceased members will be on display, and family and friends are invited to visit the legion to pay their respects and share stories. Table snacks will be available.

For additional information, please contact the legion at (902) 477-0467.

Spryfield Days 2023

PHOTOS BY SAM RAMSAY



Attendees gathered around the Quacky Mascot



The Lion's Club had hot dogs and hamburgers for sale



Games were set up for the kids to play and win prizes



No event is complete without cotton candy



All Aboard! Kids get to ride a train around the field



Duct Tape Boat Race participants bring their boat to the beach for judging



Children lined up to take a turn on one of three bouncy castles



The judges deliberate on their rankings of the boats' creativity before the launch



Multiple tables offered face painting



One Heat's boat returns victorious but has to navigate around the sinking wrecks of its competitors on the way back in the Duct Tape Boat Races

J.L. Ilsley High School student recognized for achievements in Nova Scotia



James MacNeil receiving the Lieutenant Governor's Education Medal



In Ottawa with the rest of the Adventure in Citizenship group

Grade 11 J.L. Ilsley High School Student James MacNeil was recently selected by the Halifax Northwest Rotary Club to participate in the Adventures in Citizenship Program. This program took place May 14 to May 17, 2023, in Ottawa -fully sponsored by the Rotary Club.

In 1951, the Rotary Club of Ottawa established its annual "Adventure in Citizenship" Program in which 150 senior high school students from across Canada spend four days in Ottawa experiencing tours, lectures, discussions and social events designed to enhance their understanding and appreciation of Canadian citizenship.

This program is designed for students who are excited to explore what Canadian citizenship means, are community-minded, demonstrate strong leadership, and are in excellent academic standing.

Public figures including former Governor General Adrienne Clarkson, the Right Hon. Joe Clark, and the Hon. Ed Broadbent participated in the program as students.

The 2023 program included a

presentation from the Speaker of the House of Commons and a visit to Parliament, meetings with aboriginal and local leaders and motivational speakers. Other activities included a visit to the Canadian War Museum, discussions with topical experts, a talent show and a French-Canadian meal. Students stayed at the University of Ottawa for this program.

James was also recently recognized for his academic excellence and leadership through being a recipient of the Lieutenant Governor's Education Medal. Students are nominated by their school based on academic performance, leadership and service demonstrated in their school and community. James was awarded for his leadership as Assistant Captain of the U16AAA Buccaneers Hockey Team, Sailing Instructor at the Royal Nova Scotia Yacht Squadron, coaching hockey and completion of his co-op with Halifax Regional Fire & Emergency.

This award was presented by The Honourable Arthur J. Leblanc at a special ceremony held in Halifax in June.

Spryfield Market launches Community Health Table

by Steph Osberg

Spryfield Farmers Market

In a bid to enhance community health and well-being, the Spryfield Market is excited to introduce its latest initiative, the Community Health Table.

This innovative project aims to create a dynamic platform where various organizations, service providers, not-for-profits, government organizations, and NGOs can come together to share their offerings, programs, and services related to health and well-being.

The Community Health Table, which launched on July 23rd, will serve as a central gathering point at the Spryfield Market, offering a diverse range of resources, information, and support to empower individuals on their health journey. By bringing together these vital community partners, the Spryfield Market aims to create an inclusive and collaborative space that supports the holistic well-being of its residents.

With a focus on addressing the social determinants of health, the Community Health Table will cover various key areas that influence health outcomes. These include income and social protection, education, employment, food security, housing, early childhood development, social inclusion, and access to quality healthcare services, among others. By tackling these determinants, the initiative aims to reduce health inequities and promote a healthier and more equitable community.

Local organizations and service providers are enthusiastically invited to participate and showcase their offerings at the Community Health

Table. This is an excellent opportunity to engage directly with community members, raise awareness about their programs and services, and foster connections with individuals seeking support.

The Spryfield Market recognizes that collaboration is key to achieving significant and sustainable improvements in community health. By uniting organizations and individuals who share a common goal, the Community Health Table will facilitate the exchange of ideas, resources, and expertise, amplifying the impact of each participant.

The Community Health Table will be open during the Spryfield Market's regular operating hours, providing ample time for visitors to explore the various offerings and interact with the participating organizations. Through this initiative, the Spryfield Market aims to create a welcoming and vibrant space where the community can discover valuable resources, learn about health-related programs, and connect with service providers who can support their well-being.

As the Community Health Table launches, the Spryfield Market invites the community to join in this exciting venture. Whether as visitors seeking information and support or as organizations and service providers wishing to participate, everyone has a role to play in creating a healthier, more connected community.

The Spryfield Market extends a warm invitation to organizations and service providers who are interested in participating in the Community

(See Market on page 8)

WELCOME HOME.

WELCOME TO MELVILLE HEIGHTS.

Our senior living accommodations are full of laughter, good friends, and easy access to everything you're used to. Call **902-477-3313** to book your tour today!



Melville Heights
A Retirement and Assisted Living Facility

Pervasive and Invasive Plants Around Williams Lake



Melanie Dobson cuts into Multiflora Rose bushes at Ravenscraig on the Williams Lake Road, with Williams Lake Conservation Company members, Andrea Lantz Powers and Robin Whyte. PHOTO: CATHY VAUGHAN

by Cathy Vaughan

Attacking prickly Multiflora Rose bushes and hacking out dense thickets of Japanese Knotweed takes a team of determined volunteers. Melanie Dobson, a member of the Williams Lake

Conservation Company (WLCC) has been leading the campaign against these pervasive and invasive weeds along the Williams Lake Road and the Purcell's Cove Road for many years. She is trying to stop the plants from

spreading further into the Williams Lake watershed.

"Multiflora Rose is a non-native, highly invasive species. Left unchecked, this rose sends out long branches that can entangle and strangle trees. It forms dense thickets that can overrun garden plantings and outcompete native Nova Scotia plants. They can be seen around Williams Lake in gardens and areas close to the lake. They are quite dangerous as the branches have numerous sharp barbed thorns, like fishhooks," states Dobson as she hacks at the thicket of thorny white flowers.

WLCC's volunteer Andrea Lantz Powers notes that "We are also very concerned about Japanese Knotweed, an invasive plant that is taking over many areas in our watershed as well as in HRM. Unfortunately, numerous examples of this invasive can be seen around Halifax in gardens, along roads and close to Williams Lake."

Knotweed is also a highly tenacious plant and very destructive of native habitats. It is capable of growing up to 10 cm per day, rapidly clogging water courses. Its deep root system makes it very difficult to eradicate. This invasive plant literally sucks the water out of many areas of the Williams Lake watershed.

The WLCC Weed-Team hauled out the tall, Knotweed bamboo stalks by the roots along the Williams Lake

Road and areas next to the Shaw Wilderness Park on Purcell's Cove Road. Leaving them at the side of the road to dry out in the heat will slow down or prevent roots and seeds from spreading further into the park's native wild lands. The team stressed that no portion of the Japanese Knotweed should be put in your compost, green bin or sent to the landfill.

Robin Whyte, former president of WLCC and volunteer with the Weed-Team said "WLCC are active stewards of Williams Lake and its huge watershed since 1968. We have led many environmental projects that have protected this lake, from shoreline clean ups to working with government to safeguard the water quality of the lake and public access to it."

WLCC's website features the many environmental projects they have accomplished as protectors of Williams Lake as well as updates on current issues related to the lake. There is useful information on how to control and remove the Multiflora Rose and Japanese Knotweed. Go to (<https://williamslakeecc.org/>) click on "Maps & Guides - Invasive Species in Williams Lake Watershed."

From backyard gardeners to neighbourhood associations, weed-whacking together is the only real solution to eradicate these destructive invaders and protect the health and vitality of Williams Lake and its watershed.

Recent Legion activities

The Earl Francis Spryfield Memorial Legion, Br. 152, was quite pleased to be able to present bursaries totaling \$18,000 to 11 students from the area to assist them with pursuing their studies at post-secondary institutions. The bursaries are awarded to family members and descendants of veterans and come from the legion's Poppy Trust Fund. Thanks to the generosity of the community residents and businesses during the Legion's annual Poppy Campaign, awards like this are made possible.

Canada Day at the Legion

On Canada Day at the Spryfield Legion the barbeque was sizzling, and the dance floor was hopping as area

residents took advantage of the legion's Free BBQ and Dance. The grill master Greg Meade, assisted by top-notch server Connie Bambury, cooked and served approximately 200 burgers and hot dogs to the hungry patrons.

Donations to the Nova Scotia Wildfire Relief Fund were encouraged and a total of \$585 was raised. This amount, coupled with the legion's \$500 donation, made for a total of \$1,085. With matching contributions from the provincial and federal governments, \$3,255 was donated to the Relief Fund. The Legion thanks all those who participated and contributed to this very successful undertaking.

OBITUARIES

(continued from page 10)

Reginald (Reggie) Fabian Anderson 62, of Upper Hammonds Plains - It is with profound sadness that we announce the passing of our loving brother, father, uncle, cousin and friend, who, after a courageous battle with cancer, went home to be with his Lord and Saviour on July 1, 2023 at the QEII Health Sciences Centre - Halifax Infirmity site.

Reg was predeceased by his parents Donald and Stella Anderson and many loved ones. He will be deeply missed by his loving partner and soulmate, Lori Gardiner. He is survived by his three daughters, Niesha Martell, Raytesha Martell and Raytell Martell; brothers, Robert (Linda), Terry (Charleen), Arnold (Stella), Eugene (Andrea), Patrick (Kathy); sister Julie Smith (Cyril) and several nieces and nephews.

He was employed with Wilson's Fuels in Spryfield as a gas station attendant for over 20 years. Even though he had many opportunities to transfer to a location closer to home, he never did because his heart was with the Spryfield community. He was known as the "Mayor of Spryfield" because

he touched so many lives with his big smile and kind demeanor. He had a way of making everyone in his presence feel his love and light. The joy that Reg brought to people's lives has been expressed in the many messages, tributes, condolences, and sorrow felt by his passing. We all feel blessed to have had Reg in our lives.

He lived a very simple life, and it didn't take much to make him happy. He was a man of his word; you could count on him to keep his promise. Reg had a heart of gold; he would give you the shirt off his back. He was a selfless guy and a hard worker.

Reg loved his family; he cherished those moments of many family barbeques and parties. He had a special relationship and bond with his niece, Cyrelle, who was his favourite roommate, singing partner, sounding board and best friend.

For those who knew him, he was known as the "vehicle" guy, and he drove the cleanest one in HRM. His happiest moments were cleaning his truck and cleaning his friends and family vehicles. He enjoyed watching television and his favorite programs were BET and TLC.

More locations for faster care at Nova Scotia pharmacies.

26 pharmacies are now offering a new, free service where pharmacists can assess and prescribe for health conditions like strep throat, eczema, diabetes, asthma, COPD, and more at new Community Pharmacy Primary Care Clinics.

To read a full list of services offered and to book appointments visit pans.ns.ca/cppcc



Update from the Premier

by Tim Houston, Premier of Nova Scotia

Healthcare recruitment efforts paying off

It's no secret we need more people working in healthcare. Recruitment and retention are the biggest challenges facing our system.

It impacts how quickly Nova Scotians get the care they need. And it affects the morale of hardworking medical professionals who are burning out and need support.

Here's the good news – every day more Nova Scotians are stepping up to help.

A record 233 resident doctors began training in July. That includes 80 new family practice residents and many more training in specialty care.

What does this mean for you? More doctors.

Some will be taking over from retiring physicians. Others will open new practices. This is great news!

It's the largest medical residency training class in the province's history. That's because people want to come here and work here. They see positive changes happening and want to be a part of it (our scenery and seafood doesn't hurt though!).

One of the first things our gov-



Premier Tim Houston

ernment did was offer a job to every graduating nurse in this province. I met with nursing students and was surprised to find that even with over a thousand vacancies, nurses were struggling to get hired.

Since we made this offer, more than 400 nursing graduates have joined the system.

Our government recently invested in a partnership with Cape Breton University, Acadia University and NSCC to create nearly 250 new nurse

training opportunities. This is in addition to the 200 nursing seats we announced last year.

I also visited the new class of paramedics who started training in July. They're part of more than 80 new paramedics currently training in the province.

We urgently need more paramedics. It's why we're providing an \$11,500 tuition rebate to paramedics who work here for three years. We also hired nearly 140 operators to handle routine transfers so our paramedics can be where they're needed most – responding to emergencies.

In February, we celebrated the halfway point to our goal to train

2,000 continuing care assistants (CCAs). Training more CCAs ensures seniors have the dignity and care they deserve. It means supporting people in their communities and freeing up hospital beds.

To our graduates and those starting their training – from the bottom of my heart, THANK YOU. You're part of the solution and we couldn't be prouder.

We'll continue to train more Nova Scotians and retain the incredible professionals we have. I wish it could happen overnight, but every day we're building a brighter future for healthcare.
Tim Houston
Premier of Nova Scotia

The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

Wildfires: The last week of May and first week of June were one of the most trying periods in Nova Scotia History as we dealt with devastating wildfires. The fires started on May 27 and grew to be the largest in the province's history.

The fire in Shelbourne County grew to more than 235 square kilometers, forced more than 6,000 people from their homes, and destroyed 60 houses and cottages and 150 other structures. In the HRM, the fire forced 16,000 people out of their homes and destroyed 151 homes and dozens of other structures, including local businesses.

I want to thank all the firefighters, the first responders, the Emergency measures office staff, the Department of Natural Resources staff, the police officers, and all the volunteers who worked day and night and risked their lives for Nova Scotians; you are all true heroes. A special thank you to the individual who runs the Twitter account Halifax Fire News for doing a fantastic job keeping everyone informed and up to date during the fires.

Reggie: I want to take a moment to recognize an extraordinary person who passed this past month, Reginald Fabian Anderson; we all knew him as Reggie from Wilson's Gas Station in Spryfield.

Reggie always greeted you with a smile and a greeting, but most didn't know that Reggie was always first to help out and volunteer. I was deeply saddened to learn about his passing, and I will miss his smile and our conversation, RIP my friend.

Ticks: This is just a reminder to check for ticks after spending any time outside. This year seems particu-

larly bad for them, and I, for one, have found many on myself, the kids and the dog.

Spryfield Days: Last but not least, I want to thank everyone involved in last month's Spryfield days event. I was proud to sponsor the family day portion with Councilor Patti Cuttelle, MLA Ali Dualie, and MP Andy Fillmore. What a fantastic community with have!

I hope you enjoy the month of August, and you get to spend time with friends and family.

With love, Brendan Maguire
Proud to be your MLA 902 499 5500

Chebucto News Community businesses serving community needs.

Business Directory

BUY LOCAL! SUPPORT YOUR COMMUNITY

SIGNS VEHICLE GRAPHICS

NEW CENTURY SIGNS
860 Old Sambro Rd.
902.455.3001 info@ncsigns.ca

STEVE MURPHY'S AUTO SERVICE
- Wilson's Fuels -
3.5¢ per litre off for cash/debit every day
225 Ketch Harbour Road - 902-477-4160
Complete Collision & Mechanical Shop Services
Body Repairs and Painting • Bench Frame Straightening
Undercoating • Sandblasting • Mig Welding • Furnace Oil

Mary BROWNS CHICKEN

📍 Spryfield Mall
16 Dentith Rd, Halifax
📍 19 Alma Crescent, Halifax

MacLeod's Auto Service

Computer Diagnostics, Brakes, Welding, MVI, Exhaust, Undercoating & Tires. Servicing all Makes and Models.
Monday to Friday 8 am - 6 pm
44 Herring Cove Rd.
902-477-4682 / 902-431-2886

B B CUSTOM FINANCIAL SERVICES LTD.
We STOP Financial Pain
"Creative Financing is Our Business"
902-455-1240
info@bbcustomfinance.ca
Fax 902-455-1427
5536 Kaye St., Halifax
See our ad on page 2

Lewis Fancy Trucking & Excavation

- Topsoil \$375.00 tandem load (taxes extra)
- Fill, gravel, drainage work, culverts & driveways
- Excavation for foundations & additions • Demolition

902-477-2460

To advertise with Chebucto News, call Dan at **902-479-6397**

50/50 Online Fundraiser supporting Long Lake Quarterly Draw
www.rafflebox.ca/raffle/llppa

LLPPA
LONG LAKE PROVINCIAL PARK ASSOCIATION

Supporting Your Community

ROYAL CANADIAN LEGION

Earl Francis
Spryfield Memorial
Branch 152

WE CARE

Market

(continued from page 6)

Health Table. To reserve a spot or learn more about this initiative, interested parties are encouraged to contact Steph Osberg at outreach@spryfield-market.ca.

Let us come together and embrace the power of collaboration to foster community well-being. With the Community Health Table, the Spryfield Market takes a significant step towards building a healthier and more vibrant future for all.

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 902-477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR AUGUST

Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9:30 and 10:30 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Food Bank: If you would like help with food, please call 902-477-1954 and leave a message. Our volunteers will call you back on Tuesday. Pick up time is Wednesday, 9:00-10 am, at the lower church hall behind the church.

If you would like to donate food, please drop it off on Tuesday morning before 10:30 or Sunday morning at the church.

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

Spryfield Legion Events:

- Bingo - Every Sunday - 1:00pm - doors open at 11:30.
- Kitchen Open every Friday - 5 - 7 pm. For more information about legion events, please contact the legion at (902) 477-0467.
- Monday August 14th Seniors Dance and BBQ from 1 to 4pm. Music by Joe Mackinnon. Admission \$6.
- Sat. August 5th Dance with DJ Herman Peterson. 8pm to 12am. Limited Seating. Admission is \$6.
- Wed. August 16th Wrestling. 7pm start. Adults only. Must be 19 or older

Harrietsfield Williamswood Community Centre events:

- REC van will be at Harrietsfield Elementary every Tuesday at 1pm from July 4th to August 22nd. Everyone welcome! Currently taking bookings. Please call, email or message us through our FB page (902) 446-4847 email hwcc@outlook.com

Spryfield Lions Club events:

Spryfield Lions Club would like to invite members of the public to join us at our regularly scheduled meetings at 7 pm on the fourth Tuesday of every month in the meeting room of our signed entrance. Our regularly scheduled weekly bingos will continue to be suspended until further notice. Please call 902-479-2917 if you are interested in attending.

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church (322 Herring Cove Rd) events:

- Prayer Group: Meets the 2nd and 4th Thursday of each month for an hour of prayer for each other, the world and the church. All welcome.

Salvation Army (328 Herring Cove Rd) events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish events:

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or email

stellamaristwelvebaskets@gmail.com

St. Paul's United Church (173 Old Sambro Road) events:

- Now that the temperatures are warming up, the outdoor tap has been turned back on for those who need safe drinking water.

St. James United Church (3811 Old Sambro Road, Sambro) events:

- Fish Chowder Supper. Dine In or Takeout. Includes Roll and Dessert. Sunday August 13th from 3:00-5:00 PM Adult \$15.00 (Cash Only)

Improve your reading, writing and math skills,

work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let's get learning together!

TOPS (Take Off Pounds Sensibly)

Monday evening - 6:15 to approximately 7:30 at the Golden Age Centre, 212 Herring Cove Rd.

Our mission statement is "to help and support our members as they take off pounds sensibly. We are a non-profit organization which exists to provide you with support when needed. We welcome new members. Come sit in on a meeting some Monday night.

For information, please contact shay@ns.sympatico.ca or check out the TOPS org website at www.tops.org

TOPS (Take Off Pounds Sensibly)

Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

Spryfield Legion/Forever Young Seniors Club Chase the Ace

draws on Mondays at 7 pm. Ticket sales at the bar during Legion open hours as well as Mondays by volunteers from 5 pm to 6:45 pm. Tickets

\$5.00 each and support programs that are offered to members of the community at large. Please Note: Tickets must be clearly filled in with just one person's name and phone number. You are not required to be present at the draw in order to win.

Urban Farm Museum Society of

Spryfield 2023 memberships are now available - Individuals \$10.00, Students & Seniors \$5.00, Families \$15.00 and Groups & Organizations \$25.00. We look forward to sharing our ideas and hearing your suggestions for the future. For more information, please call Pat at 902-497-3683 or email urbanfarmspryfield@gmail.com

New members and volunteers are invited to attend a Farm Committee meeting on Monday, August 14th (7pm) at our Urban Farm to plan upcoming events including our annual School Farm Day/ Harvest Fair to be held Saturday, September 16th (2-4pm), raindate Sept. 17th.

Special guests will be the "Barnyard Bunch" Farm Animals and Farmer Richard. Along with some delicious harvest food, we will also have cake to celebrate the 27th birthday of our UFMSS.

"Thank You" to everyone who prepared, served and volunteered at our Strawberry Shortcake Social, as part of the Spryfield Days Festival in July. It was a huge success and your financial support will be used for our continuing garden repairs. We are still looking for volunteers to help with the "finishing touches". If you are able to do so, please let us know.

Our next event will be an "Evening in the Garden" on Tuesday August 14th from 6-8pm at the Urban Farm. Details will be posted on our Facebook page.

Spryfield Multicultural Festival will take place on August 26th from 10am to 6pm at the Greek Church (38 Purcells Cove Rd). For more information, contact Usha Goel at 902-817-9192, Sandra Martin at 902-233-1833, Or Shreya Mondal at 902-223-1602.

Religious Services Directory for August

Send your submissions to chebuctoeditor@gmail.com for September's issue by August 18.

City Church (276 Herring Cove Road)

Sunday Family service: 10:30am
Nursery and Children's ministry: 10:30am
Wednesday night prayer: 7-8pm

Spryfield Christian Community Church (91 Thornhill Dr)

Church services Sunday 11-12 am

Oromo Gospel Church

Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd. emmanuelanglican-

church.net, 902-477-1783.

Sunday Worship:

8:00 am: Quiet, traditional, contemplative communion service.

10:00 am: Lively, contemporary communion service with music

We also livestream our 10:00am service and Holy Week services. Please join us online if you are sick. Emmanuel is a welcoming and affirming church. Everyone is welcome to join us for worship.

St. Paul's United Church (173 Old Sambro Road)

Worship at St. Paul's United Church is now in person, at 11am on Sunday mornings. Masks are still required, however. One will be provided if you have forgotten yours.

Stella Maris Roman Catholic Parish at St Michael's Catholic Church

Weekend Masses: Saturdays 4:00 pm Sundays at 10:00 am

Weekday Masses: Tuesday to Friday 9 am

Monthly Tuesday Night Prayer: 7 PM each month

First Tuesday: Healing Mass

Second Tuesday: Upper Room Praise and Worship

Third Tuesday: Mass and Adoration

Last Tuesday (Sept-May): Eventide Candlelight Prayer

All are welcome, wherever you are on your faith journey!

St. James United Church (3811 Old Sambro Rd)

Sunday services held at 11am.

Sunday school held at 11am.

Services are livestreamed on our Facebook page (St James United Church Sambro NS) and Youtube. Our website is www.sambrojollimorepc.com and our email address is office.sambrojollimorepc@gmail.com

Our phone number is 902-868-2791

Open Door Community Church (11 Aldergrove)

You are invited to join us weekly for a time of fellowship, contemporary worship and Bible based teaching. Please join us in July and August at 11 Aldergrove Drive on Wednesday evenings at 7:00 pm. We will return to Sunday morning services in September.

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Ed. note: due to limited space, obituaries for this month have been edited.

The original obituaries can be viewed at <https://chebuctonews.ca/obituaries/>

Alexander Sangster Cowie Jr.

of Spryfield passed away on Friday, July 14, 2023, at the age of 81. A devoted and loving husband, father, grandfather, and great-grandfather who fought courageously to have one more day with his family and friends, one more song he could sing and play on his guitar, and one more drink as he sat in his backyard looking out at the ocean.

At the age of nineteen Alex married the love of his life Dolly (Cox). They would share 61 wonderful years together, raise five children, nine grandchildren, and eight great-grandchildren. Nothing made Alex happier than to be surrounded by his crew.

A hard-working man who supported his family with his work in the Sheet Metal Trade. At the age of 27 he was elected to serve the members of his union Local 409 a job he proudly held for 16 years. Throughout his life, he served as a member of various Boards including the Building Trades Board of Referees for Employment Insurance and the Board of Trustees Pension. Alex was later appointed by the head office in Washington D.C. as the International Representative to several construction unions for Atlantic Canada, a position he held until his retirement in 2000.

He will be missed beyond words

by his wife Dolly; daughters Susan (Lee) Algee, Cathy (Bob) Inglis, Paula (George) MacDonald; sons Stephen (Nida), and Frankie; grandchildren Nicole, Colin (Kailee), Kyle, Justine (Adam), Stephen (Jan), Tiffany (Mason), Cory (Brooke), Lindsay (Craig), Katelyn; great-grandchildren Brayden, Madison, Dayva, Sky, Jack, Carver, Lily, Finley; brother Eddy; sisters-in-law Dianne, Patsy, Sherry; brother-in-law Terry (Heather); many nieces and nephews; long time buddies Ricky Smith, Paul Fahie, Doug Parsons. Apart from his parents Alexander and Mary, Alex was predeceased by brothers Alfred, Jim, and Frankie; sisters-in-law Sandra, and Rowena; daughter-in-law Karen.

Helen Smith

It is with great sadness that we, the family, announce the passing of Helen Smith at the QEII, on Thursday, July 20, 2023. Born in Sambro, NS, she was a daughter of the late George and Helen (Jollimore) Gray. Mom was married young and started a family that grew to four kids. Mom raised the kids while Dad was fishing, sometimes for weeks at a time. Out of necessity, Mom became very handy, learning to fix things on her own, and doing it all never driving. She was so proud when she got her license later in life. She worked at Sears in the '80's and enjoyed working with "the girls". In her younger years, Mom sewed and made dresses for the girls. She was a gifted knitter, and her socks and mittens were highly sought after, as were her chocolate chip cookies. Mom went into everything with a smile and never had a bad word toward anyone. She kept her sense of humour through it all.

Helen is survived by her daughters, Marsha Feltmate, Pat Dempsey (Barry), and Judy McGrath (Steve), her son, Steven "Chippy" (Ellen), grandchildren, Angela, Kelly, Melissa, Christy, Ashley and Steven Jr., 8 great-grandchildren, as well as sisters, Gladys Ashford (Don), and Margaret Gray (Keith), brothers, Marshall (Dolly), Wallace (Winnie), and Glen (Chrystal), as well as many nieces and nephews. Helen is predeceased by her husband, Douglas Ralph, her grandson, Matthew, her parents, George and Helen Gray, and her in-laws, Ralph and Minnie Smith. She was also predeceased by sisters, Dora, Marie Billard, Verna Myatt, and Gloria Stoner, and brothers, Gordon, Arthur and Herman.

Jina Kelly Frank

With immense sadness in our hearts, we announce our beloved baby girl Jina, has passed away at the young age of 23, on June 28, 2023. Her loving parents Scott McLellan and Kelly Frank, her older brother Michael, and twin brother Josh are devastated and filled with sorrow for the loss of our sweet angel girly-girl.

A dearly loved daughter, dedicated sister and loyal friend, Jina was born alongside her twin brother Josh on September 24, 1999 in Halifax, Nova Scotia. Jina was so proud to be a twin to her brother Josh. Her big brother Michael was her inspiration and she adored her mother Kelly and her father

Scott, her role models and providers. She was equally a Daddy's girl as much as her Momma's babygirl.

Jina was predeceased by so many loved ones; her grandparents Roland Frank, John-Archie and Jessie McLellan, her aunts Lisa and Lianne Frank, and our many Halifax and Cape Breton aunts and uncles.

Jina was known throughout the community for serving at Tim Horton's and East Side Mario's in Halifax, where she exuded her passion of uplifting, caring and making people happy, going above and beyond when she could.

Jina enjoyed watching movies and TV series, especially 'The Office', going for drives around the Sambro loop, laughing at funny videos with her friends and being the life of the party. Her vivacious personality drew people in.

Her signature, contagious laugh, could turn anyone's day around and force you to join with her no matter your disposition. Even if you heard it from across the room, her laugh made you smile.

Jina's life will forever inspire us to love our hardest, put forth our best efforts, connect with others like family and see the beauty in every situation.

Lillian Ferguson

76, Halifax, passed away on July 2, 2023 at the QEII, New Halifax Infirmary, Halifax, NS. Born in Halifax, NS, she was a daughter of the late Stanley and Maria (Scott) Evans. Lillian worked proudly and was dedicated to the residents of Northwood Enhanced Care, where she was a PCW and CCA. She loved her family dearly and was a devoted member of Emmanuel Anglican Church in Spryfield, NS. Lillian is survived by her two treasured sons, Scott (Desiree) and Ethan (Nikki); special friend, Dominique. She was predeceased by her parents, Stanley and Maria, as well as her former husband and best friend, Roy Ferguson.

Peter Albert McDonald

58 of Spryfield; it is with profound sorrow that we announce the sudden passing of our beloved Peter Albert McDonald on June 23, 2023. Born in Corner Brook, NF, he was a son of Phoebe (Bishop) McDonald and the late Joseph McDonald.

Peter loved the outdoors; especially camping, canoeing, and fishing with family and friends, and was very active with the Halifax Table Tennis community. He dedicated the last 17 years of his career to his work family at Vogue Optical.

Peter was a loving and caring soul who was always the first to lend a helping hand where needed and lit up a room with his joyful personality.

Peter adored his family, always boasting his greatest accomplishment was his beautiful daughter. He will be forever missed by his loving wife of 33 years Monahanna (Spence) McDonald; precious daughter, Vivian McDonald; brother, Joseph (Anne) McDonald; sisters, Sophia (George) Mountain, "favorite sister", Susan (Shawn) West, Annette McDonald, and Mary McDonald; countless nieces, nephews, and extended family; along with his international family.

William Kenneth Oldham Jr.

78, of Spryfield, Nova Scotia, passed away peacefully at home on June 27, 2023.

William, known fondly as Kenny, and was the son of the late Kenneth William Oldham Sr. and Eileen Rita (Keoughan). Kenny was born on October 16, 1944, in Halifax Nova Scotia. He was known as the "Mayor" of Bridget Avenue and was mighty neighbourly. Kenny was always willing to lend a hand to anyone that needed something done. He could often be found shopping and doing errands for his neighbours.

Kenny was a devoted family man and spent his life caring for his wife and daughter. He also enjoyed walking the family dog, Teddy. He worked for the Halifax Regional School Board for 32 years. Kenny was very proud of his time at Rocking Stone Heights School, with the fabulous staff and students.

Kenny is survived by his wife Clara (McNamara) and their daughter Shauna. He is also survived by his siblings, Jackie/Cookie (Elizabeth) Oldham, Carl (Joanne) Oldham, Ann (Eddy) McKinley, and Susie (Dan) Wannamaker. Also surviving are many nieces and nephews.

Kenny was predeceased by his parents Kenneth and Eileen and a younger brother, Ronny.

Theresa Young

It is with deep sadness that we announce the passing of our beloved mother, Theresa Gertrude Young, age 89, of Halifax on Friday, June 16, 2023 at the Q.E.II Infirmary Site. Theresa was born in Purcells Cove, Nova Scotia and was the youngest daughter of the late Jessie and Clarence Soward.

She was predeceased by her husband, Douglas of sixty-seven years; daughter, Sheila Elizabeth "Beth" in infancy.

Theresa will be lovingly remembered by her children, Kern (Karen); Shelly (Henry) and Pamela; grandchildren, Michelle (Thorsten); Dennis (Navina); Sharlene (Luc); great grandchildren, Maike, Marie, Sophie, Briana, Kaelynn; siblings, Clarence "Bud"; Dorothy "Dot"; Aurrel (Nora); many other family and friends.

The Youngs were a military family having lived in several places in Canada and for three years they lived in Germany. Theresa thrived on meeting people and met many who remained life-long friends.

Camping was a much-loved adventure and the time spent at Rayport in Martins River was very special due to the people there "Gailyn and Russell", "Betty and Ray", "Dorothy and Mike" and many others. Theresa loved it there.

Theresa loved her pets and found much pleasure and comfort in their presence through the years. Gardening was a great enjoyment for her and as soon as weather permitted, she was at it. She loved to bake and kept many happy with her treats. Theresa rarely missed baseball and curling on TV. Darts was a much-loved pastime at the Purcells Cove Club.

Theresa's family would like to say a special thanks to Dr. Jock Murray and team for their support and attention to their mom's needs. To the staff at the Q.E.II, Dr. Gu, Dr. Dunn, Dr. Joudrey, nurse Chelsea for their wonderful care and compassion and also to the paramedics who are in such great demand but who remain caring and professional.

(See Obituaries on page 7)



Being the smaller funeral home just means we never stop increasing the size of our service.

Some people think that bigger is better, but that just isn't the case when it comes to funeral homes.

Because we're a smaller firm, we can give more personalized service and attention to detail. Be assured that you will be treated like one of our own.



Eric D. Jennings, Managing Director

Proudly serving the community for over a decade

www.walkerfh.com
902.477.5601



Sizzling August Deals

Cru International California Chardonnay

This white wine features captivating flavours of green apple and tropical fruit which enhance an upfront floral bouquet that is expected from the finest California Chardonnays. It will develop to reveal layers of ripe fruit and integrated oak.

OR Washington Merlot

This deep intense wine exhibits classic flavours of cassis and chocolate. Dark and rich with complex notes of blackberries, the GenuWine Winery Dried Grape Skins bring velvety tannins enhancing the stature of this crimson wine.

5-WEEK WINE KIT
TROUSSE À VIN PRÊTE EN 5 SEMAINES
CLASSIC COLLECTION
8L / 3.17 US GAL
MAKES / DONNE 23 L / 6 US GAL

\$94.99

Special prices expire August 31, 2023

Visit waterwine.com and sign up for our newsletter to receive notification of monthly specials as well as Limited Time Flash Specials



SPRYFIELD Water's N' Wine

2 Mont Street • 902-477-9463

www.waterwine.com





Sharon Kenney REALTOR®
 902-483-7325
 Sharon@alreadyhome.ca
 www.alreadyhome.ca




Dan Doherty REALTOR®
 902-478-4023
 Dan@DanDoherty.ca
 www.DanDoherty.ca




Amanda Parsons REALTOR®
 902-930-3900
 amanda@exitmetro.ca



Spryfield single family home prices increased an average of 9.4% over June prices of last year, according to the June statistics from the Nova Scotia Association of Realtors. On average, properties were on the market just under 2 weeks before selling. List prices saw a return of 5.2% over the asking price, which. This is a decrease over June of '22 but still over the asking price.

Condos were virtually inactive in June of this year, compared to 2022.

The market hasn't settled down yet and if you are ready to sell, this is a good time to list your property.

Call Dan, Amanda or Sharon today to discuss your real estate needs.

902-478-4023

Local Market Update – June 2023

A Research Tool Provided by Nova Scotia Association of REALTORS®



7-Spryfield

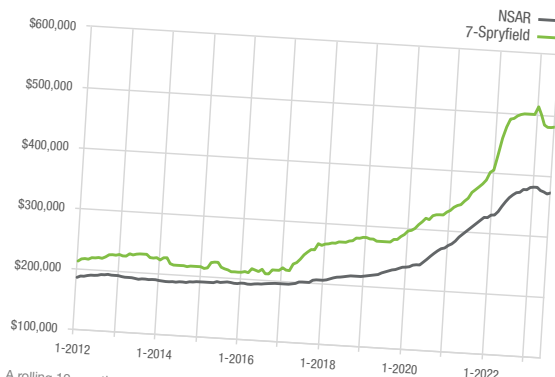
Single Family Key Metrics	June			Year to Date		
	2022	2023	% Change	Thru 6-2022	Thru 6-2023	% Change
New Listings	32	16	- 50.0%	151	82	- 45.7%
Pending Sales	22	13	- 40.9%	114	67	- 41.2%
Closed Sales	20	13	- 35.0%	109	61	- 44.0%
Days on Market Until Sale	11	13	+ 18.2%	8	17	+ 112.5%
Median Sales Price*	\$470,520	\$490,000	+ 4.1%	\$565,000	\$520,000	- 8.0%
Average Sales Price*	\$482,072	\$527,462	+ 9.4%	\$558,837	\$519,415	- 7.1%
Percent of List Price Received*	113.8%	105.2%	- 7.6%	118.6%	103.8%	- 12.5%
Inventory of Homes for Sale	20	15	- 25.0%	—	—	—
Months Supply of Inventory	1.0	1.3	+ 30.0%	—	—	—

Condo Key Metrics	June			Year to Date		
	2022	2023	% Change	Thru 6-2022	Thru 6-2023	% Change
New Listings	3	0	- 100.0%	16	11	- 31.3%
Pending Sales	3	0	- 100.0%	13	10	- 23.1%
Closed Sales	4	0	- 100.0%	12	10	- 16.7%
Days on Market Until Sale	7	—	—	7	8	+ 14.3%
Median Sales Price*	\$357,673	—	—	\$352,673	\$344,000	- 2.5%
Average Sales Price*	\$356,361	—	—	\$352,303	\$338,810	- 3.8%
Percent of List Price Received*	129.3%	—	—	135.9%	101.4%	- 25.4%
Inventory of Homes for Sale	2	1	- 50.0%	—	—	—
Months Supply of Inventory	0.7	0.6	- 14.3%	—	—	—

* Does not account for sale concessions and/or downpayment assistance. | Percent changes are calculated using rounded figures and can sometimes look extreme due to small sample size.

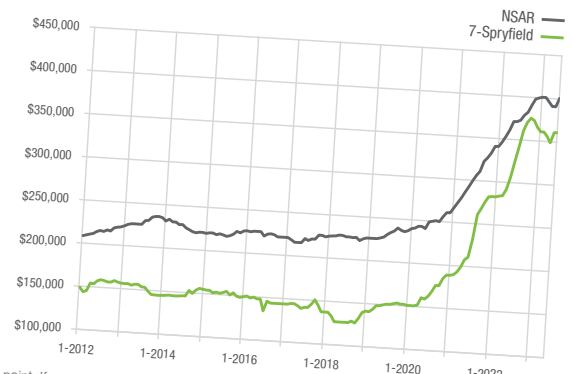
Median Sales Price - Single-Family

Rolling 12-Month Calculation



Median Sales Price - Condo

Rolling 12-Month Calculation



A rolling 12-month calculation represents the current month and the 11 months prior in a single data point. If no activity occurred during a month, the line extends to the next available data point. Current as of July 3, 2023. All data from Nova Scotia Association of REALTORS®. Report © 2023 ShowingTime.

What is your home worth?

FREE COMPARITIVE MARKET ANALYSIS

Whether you are thinking of selling now or later it is nice to know what your home is likely to sell for in today's complex marketplace.

Why not allow me to conduct a comparison of recent home sales in your area to give you a probable current market value of your home?

To take advantage of this FREE NO OBLIGATION offer you can: Give me a call at 478-4023 and set up an appointment; Text me your contact information to 478-4023 and I will respond; E-mail me at: dan@dandoherty.ca with your contact information. Visit me at www.dandoherty.ca—click on FREE Evaluation, fill in the form and send it to me.

NOT INTENDED TO SOLICIT A PERSON OR PROPERTY CURRENTLY UNDER CONTRACT WITH ANOTHER AGENT OR BROKERAGE

Call your Exit Realty Metro team today.

Dan Doherty

902-478-4023

www.dandoherty.ca

