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FREE







Peter Saulnier Heart and Soul award presented to Dan Doherty



Dan Doherty, centre, receives the Peter Saulnier Heart and Soul award at the Spryfield Santa Claus Parade. According to Santa, he has been a very good citizen this year. Photo by Sam Ramsay

Free basketball programs now available

All Nova Scotia Basketball is pleased to offer more free programs to the children in the Chebucto Loop.

We have added free monthly camps for grades P-6. Here's the address to the registration form. https://form.jotform. com/222715996411258.

We invite parents to join us in the

last hour of the camp to have a meal and chat about what everyone would like to see in the community and how we can make it happen.

We have created a leadership program and have opened it up to ages 14 and older. We are seeking individuals to help us throughout the year. We are committed to helping grow the game

of basketball and will train our members in coaching, stats, how to use a scorer clock and anything else our members show an interest in.

We would love to discuss sponsorship possibilities with the local businesses and hear their ideas on how they can help us grow.

(See Basketball on page 2)

Rediscover our home

by Diana Dibblee @dibbsondining Winter is almost here. Does the cold weather make you feel like curling up in a warm blanket with a hot drink? Instead of doing that, why not venture into the great outdoors or rediscover the incredible things to do close to

When the temperatures drop and the ice freezes, grab your skates and head to the Frog Pond or Williams Lake. Make a day of it with friends and hot cocoa. If you are a dog owner, a visit to McIntosh Run or Purcell's Cove Backlands is a great way to get some exercise and let your pup have a good run. You can also stop at the Herring Cove look off, York Redoubt or Duncan's Cove for a glorious view of the Harbour. Don't forget a winter trip to the beach; Crystal Crescent is open year-round if you fancy a cold dip, or a hike along the cliff.

If outdoor adventures in the winter really aren't your thing, our area has lots of indoor options too. Let's start with the Captain William Spry Pool and Fitness Center, which offers great prices for students and seniors. When our lakes are too cold to go swimming in, the William Spry Pool is a great alternative. Once the roads become icy, the Fitness Center is a great spot to get your daily steps in. Don't forget about our Library! It is the perfect place to go looking for a good book to read when you are curled up in a blanket with a warm drink. Do you have an adventurous spirit? Take the whole family to Upshaw's Roller Dome for a nostalgic blast from the past. Don't forget Bowlarama; with food, and an arcade, the Bowlarama is more than

(See Rediscover on page 4)



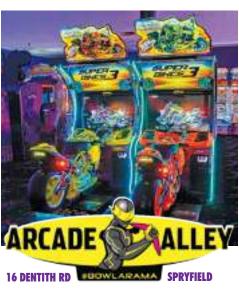
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Time Capsule opened at William King



32 years ago, a time capsule was placed in the wall of William King Elementary School. Last week it was opened at a ceremony at the school.

The capsule was laid by four grade seven students at the time, Juli Gillard, Laura Latham, Sherisse O'Leary, and Shannon (O'Neill) Greek. It was meant to be opened by them in November 2020, but the COVID-19 pandemic prevented that from happening.

The capsule contained students work from grades P-5, as well as "gummy bracelets", a perfectly preserved Teenage Mutant Ninja Turtle, and a Remembrance Day poppy with a green centre. But the most treasured piece of all was the VHS tape containing footage of all of the students and teachers in their classrooms at both William King and Herring Cove

Junior High in 1990.

Some of the items will be displayed at the school, and as for the time capsule, it will be re-filled, and re-laid, to be opened once again in 2050.

Just before the big reveal of the William King Time Capsule, Laura Latham, Shannon Greek, Sherisse O'Leary, and Juli Gillard strike the same pose they did 32 years ago as seventh graders

Basketball

(continued from page 1)

These new camps are geared towards grades P through 6, and, as with our other camps, these ones are segregated by gender with male camps on Saturdays and female camps on Sundays. Camps are usually held the middle of the month: Dec 10th/11th, Jan 14th/15th, Feb 11th/12th, March 11th/12th, April 29th/30th, and May 20th/21st).

All students will participate in sessions that consist of three key areas fostering player growth.

First is Training fundamentals. Basketball is a fast-paced game requiring knowledge and instinct to perform quickly and correctly. The sport of basketball requires five basic skills: dribbling, shooting, running, jumping, and passing. We will introduce the game in a fun way through drills. Second is Game play/scrimmages. It's important that the children have an opportunity to compete in a competitive and positive environment. They learn how to collaborate, communicate, interact, and work in a team environment, and most importantly, they learn that basketball is a fun sport to play.

The final session is an Education/ Community Component. We will do this through food. Food can be closely linked to culture. Each culture has special flavours and dishes that make it unique. We will use our taste buds to explore other cultures. We will cover Turkey, Greece, Italy, Mexico, Canada, Brazil, and Morocco. The children can learn about new ingredients and why they are used.

Parents are invited to eat with us; this will allow everyone to meet and discuss what activities they want in their community, how they can help achieve it, and fill their bellies while networking.

To register, email Allnovascotia-basketball@gmail.com



Publisher: Dan Doherty, 902-479-6397 Fax to 902-477-NEWS (6397)

Editor: Tangelene Ramsay, chebuctoeditor@gmail.com Mailing Address: P.O. Box 20141

Halifax N.S. B3P 1L1

Circulation:

12,500 copies Agent: Canada Post Printer: Advocate Printing

Delivered free-of-charge to households in; Armdale, Bald Rock, Ferguson's Cove, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

Email to: "The Editor" chebuctoeditor@gmail.com

Advertising Inquiries: Dan Doherty 902-479-6397 dan@dandoherty.ca

Design and Layout:

Sharon Ward Graphic Design Phone: 902-406-1305 wards@eastlink.ca

Additional copies of Chebucto News are available at Spryfield Water'N'Wine, while they last.

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December at St. Paul's United Church

by Carolyn Mont

Coming into December, like most churches, St. Paul's United Church is facing one of its busiest months. We have traditionally held a service of worship on or around the longest, darkest, night of the year and that will happen again this December. This service is held at St. Paul's but is in conjunction with St. James United Church in Sambro, with the clergy from each church taking part. The Longest Night service is focused on those who find the Christmas season hard, for a variety of reasons. At the time of writing, the final date has not yet been decided upon, but once it has been decided, the date and time will be available on our Facebook page.

Our Christmas Eve service will be at 4:00 on Saturday, December 24 and there will be no service on Sunday, December 25. The first service of worship in the new year will be on New Year's Day at 11:00 am and this will be a hymn sing.

Many of you have attended our Tuesday lunch, Soup's On, and the last one for the season will be on Tuesday, December 6 at 12:00-1:30. This will resume on Tuesday, January 10. These delicious lunches are well attended and, best of all, they are free.

There is a reason that there is just the one Soup's On in December and that is that the space is needed to prepare for the Christmas Food Bank event that the St. Paul's Family Resources Institute (FRI) offers. On Wednesday, December 14, those who are registered will come

to receive an amazing amount of food for the Christmas season. At the same time, there will be a toy store set up with a supply of new toys that parents can choose for their children. In order to take part in this program, please call the Food Bank line at 902-477-5090 to register.

I am always pleased to talk about FRI and the work that goes on there and certainly credit goes to the staff, Kristen Hollery and Rena Eldershaw. However, they acknowledge that they could not possibly get along without their volunteers. Those volunteers don't just come from the congregation at St.

Paul's but from throughout the community. The congregation of Stella Maris Roman Catholic Church have long been very generous in donating to the food bank and they also help with unloading the truck from Feed Nova Scotia. You can see some of the FRI volunteers at work by watching a You Tube video posted by Father Rob of Stella Maris. The video is Spillin' the Tea with Father Rob, November 2022.

We again have a lighted Christmas tree in our church yard. This is a memorial to loved ones lost over the years and with your donation of \$5.00 or

more, we recognize these people in our Christmas Eve Service. If you wish to take part in this, please call Carolyn at 902-477-0187.

For many years, St. Paul's United Church has offered free water for those people of Harrietsfield who do not have access to safe drinking water. We have an outside tap available to all who need it. However, in the winter, due to the risk of freezing, the outdoor tap is turned off and those wanting water will have to come during the day when someone is there to open the door. This will remain the case until the spring when the danger of frozen pipes is over.

The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

This past month Dr. Strang and Dr. Andrew Lynk, the chair and chief of pediatrics at the IWK Health Centre in Halifax, held a press conference to discuss the current situation at the IWK and the upcoming Influenza season. Dr. Lynk had some very stark words about the current situation.

"These are at historic levels which I have never seen before in my career here since 1990 as a young pediatrician," Lynk said. "Normally, a busy 24-hour shift at the IWK emergency department would be 120 to 140 kids. That would be very, very busy. We're consistently hitting between 150 and 180, even up to 200. And it's a big challenge, and parents have to wait hours and hours and hours."

Dr. Lynk also said, "acute care services for children are stretched, stretched, stretched."

They encourage people to get their influenza vaccine and stay home if sick.

In 1990, the students at William King Elementary School put a time capsule in the wall of the newly renovated school. Sherisse O'Leary, Laura Latham, and Juli Gillard, who helped create the time capsule, were on hand this past month for the opening. It was a glimpse back in time of VHS tapes, Teenage Mutant Ninja Turtles, and newspapers. Hundreds were on hand for this opening, and many memories were shared. The school will be creating a new time capsule for the current students.

The holiday season is upon us; I

wish you a Merry Christmas and a Happy Holiday season. We will all be attending many holiday parties; please remember to stay safe and not drink and drive. Grab a cab or an Uber and get home safely.

I would like to send my love out to the entire Sabine family: as this past month, Chris and Glenda lost their son Jacob. Jacob was a great young man who worked hard and loved his friends and family. My heart breaks for them, and I want them to know I will always be there for them.

As 2022 ends, I want to thank you for all your support. It wasn't always easy, but we made it. I hope 2023 is the best year ever for you. I can't wait to see you all out there.

With love, Proud to be your MLA Brendan Maguire, 349 Herring Cove Road • 902 499 5500



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DISCOVERING OUR PAST



Jollimore residents experience loss of their places of worship

by Iris V. Shea

The past five years have seen many changes in religious worship in local communities as congregations watched the closing of their historic churches. The Roman Catholics in Ketch Harbour and Herring Cove experienced this. Roman Catholic residents of Jollimore attended the last church mass at St. John the Baptist Church in Armdale on September 27,

Since the closing of St. John the Baptist Church, two more churches, St. Augustine's Anglican and Parkhill United, both located in Jollimore, will hold final services. At the time of this publication St. Augustine has had its final service in November, 2022. Parkhill United Church will hold its last service on Christmas Eve, 2022.

St. John the Baptist Church has been sold to Armour Group, a local development company. On a happier note, a request has been made on behalf of the developer to have this historic building given municipal heritage designation. The application and the results may be read online by going into the Halifax Regional Municipality website or copy the case number into your browser, Case



ROYAL CANADIA LEGION

Earl Francis Spryfield Memorial Branch 152



WE CARE

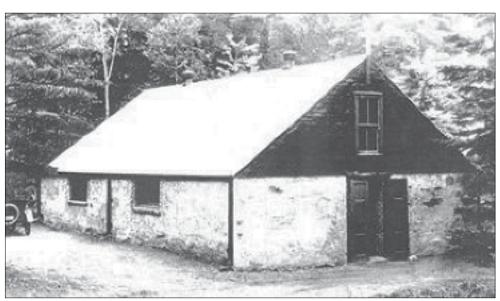


St. John the Baptist Church, ca. 1954

H00537. The file is lengthy but worth reading as it contains a great history of the church, photographs, and how the Heritage Advisory Committee arrived at their assessment of 62 points, enough points to qualify for heritage designation. The public is now waiting for the final decision and recommendation.

St. Augustine's Anglican Church on Purcell's Cove Road dates back to its construction, beginning in 1963. Its opening and dedication took place in the spring of 1964. The history of St. Augustine's Mission Church goes back to 1887 when St. Luke's Cathedral in Halifax held services in the first school building in Jollimore. When that building became dilapidated and was torn down in 1891, cottages on the shore were rented for Sunday services. In 1895 Sandford

Fleming donated a half acre of his land to Anglicans living on the western side of the Northwest Arm. Fleming's specific instructions were that a chapel be erected "within twelve months for the purpose of conducting regular services of Divine Worship." The opening service was celebrated September 27, 1896. This small stone building on Parkhill Road saw an increase in parishioners over the years as subdivisions were built in the area and the congregation grew. It was time to build a larger church. A new and larger St. Augustine's officially opened on the Purcell's Cove Road in 1964 and the old stone building was deeded to the City of Halifax. The building sat idle for many years and on 8 June 1976 became a centre for outdoor recreation and environmental education. Now called the Adventure



Powder Magazine, the original St. John the Baptist, ca. 1920s

Earth Centre, it continues to be used for that purpose, making full use of Sir Sandford Fleming Park with its beaches, Frog Pond and nature trails. Old St. Augustine's was registered as a Municipal Heritage Property on 26 September 1985.

The current Anglican Church building on Purcell's Cove Road replaced the small stone church 58 years ago. This building provided many shared memories for the people of its congregation as they worked together, raising funds for improvements and repairs over the years. Many of us will recall attending the amazing Christmas Dinners which sold out so quickly. Handmade crafts were sold at many events. Tickets to the Annual Art Shows were always in demand as local artists exhibited and sold their donated paintings. The building, I have been told, was sold to a "faith group". This may be good news for its future. Mainland South Heritage Society was pleased to accept the framed lists of the local veterans who served.

Parkhill United Church is now awaiting closure. It is unknown what will happen to the building but most likely a Real Estate Company will be given the opportunity to sell it. On December 30, 1951, at 2:30 PM, the United Church in Jollimore held a Christmas service, its very first service, in a building that was once used as the Northwest Arm Co-op. Mr. Frederick J. Bignell donated the use of the building for one month, and the rental fee after that was ten dollars each month. The building was purchased by the congregation in 1952 for \$2000. In addition to its closing service on December 24th, 2022, other dates to note are: White Gift Service on December 4th and Star Lighting and Carol Sing on December 14th at 6:30 pm. The date for amalgamation with St James, Sambro, is December 31st, 2022.

Rediscover

(continued from page 1) just a bowling alley.

Preparing special foods for a holiday feast? Visit the Spryfield Market Sundays (12-3) until December 18. Located in St Paul's Church, you will find fresh veggies, delicious goodies, and gift ideas for your special someone. Other cool spots include Khan's foods on Hartlen for tasty Halal foods, and Italian treats at Pavia on Herring Cove. Got a sweet tooth? Stop into Mrs. P's bakery for their famous pies or cookies to go. There are also great restaurants close by including Martin's Kitchen in Hatchet Lake and local favorite Station Six, next to the fire hall. There are so many other great places to check out and yummy foods to sample. Where will you go first? Enjoy your time exploring this diverse and wonderful place we call home.

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New assisted living wing at Melville Heights



Comfy breakfast nook

Community dining in elegant surroundings



from the Board Members,

Staff, Members and

Associate Members of the

Spryfield Business Commission

GEM Healthcare Group is excited to announce the completion and opening of its new Assisted Living wing as part of the Melville Heights community in Spryfield. Overlooking the beautiful northwest arm in Halifax, Melville Heights is now offering 21 new living spaces for seniors with additional support to live independently.

"I've been at Melville Heights for two years this month ... and the people that live here are very easy to know, and they're easy to love. I think the assisted living wing is going to be very important to the people that live here now and require some assistance."

- Jack Ingram, Resident

The Assisted Living level of care is designed to support Nova Scotians who are able to live independently but need some additional assistance with day-to-day activities and household chores. Residents can enjoy the many recreational activities and on-site amenities, while receiving assistance with tasks such as laundry services, bathing, grooming, and medication management. This level of support is offered at GEM Retirement Living homes across the province: Melville Heights in Halifax, Centennial Villa in Amherst, and Yarmouth Heights.

Seniors and families are invited to tour the new wing by contacting (902) 477-3313.

Remembrance Day at Spryfield Legion

November 11, 2022, was a beautiful sunny day as a large crowd gathered at the Earl Francis Spryfield Memorial Legion, Branch 152, for an outdoor Remembrance Day ceremony.

Unfortunately, a power surge put a damper on things as the outdoor sound system failed and most of those present were unable to hear any of the spoken words.

What people were able to hear loud and clear were the Anthems, played by the JL Ilsley High School Band and directed by Vanessa Mignault; the Last Post and Rouse performed on trumpet by Sue Mantin; and the Lament, done by Dartmouth Pipe And Drum Band piper John Gillis.

All of the traditional parts of the ceremony, including the 2 Minutes of Silence and the Laying of Wreaths took place.

What most in attendance were unable to hear were the prayers offered by clergy from Emmanuel Anglican Church, St. Paul's United Church, the Open Door Community Church, and the Wayfarers Church; The Act of Remembrance; and a touching rendition of a Commitment To Remember, recited in both English and French by JL Ilsley students Cadence Williams -Stavert and Sam Conrad.

In Flanders Fields was also done bilingually by Miss Williams-Stavert and Isabella Donnelly.

It was a very difficult morning for the handful of legion members who worked diligently to prepare for the ceremony, only to have the sound system problems negate their efforts.

The system is being revamped and hopefully, problems like today's will not happen again.

Branch 152 apologizes for the unfortunate situation and sincerely thanks all those who came out to commemorate and honor our veterans.

We also remind citizens that all present day military members, including those serving our country in areas of conflict, those taking part in operations to maintain peace, and those serving on humanitarian missions, can, and should, be remembered and thanked, not only on Remembrance Day, but throughout the year.

We will always Remember



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What's Happening at the Urban Farm

The Urban Farm Museum Society of Spryfield had it first ever Halloween Event on Saturday, October 29th from 5:30 pm to 8 pm. And...it was a spooky night, and lots of fun.

With lots of small children wearing unique costumes, the event was a big hit! After visiting a long dark tunnel with bats and spiders, it was on to a dungeon, werewolf, witches, scarecrows, games, hot chocolate, and goody bags. There were also two drawings for grocery bags filled with Halloween things, candy, and other interesting items. The winners of the bags were Emma and Charlie. We at the Urban Farm hope they had a fun time with their prizes and hope to see them again next year.

We also had a witch who crashed into an apple tree, and a very large spider crawling up our driveway. You will have to come out next year to see other very spooky things at the Urban Farm.

Thanks to all the volunteers who helped us make the scarecrows, carve many pumpkins, stuff a very large spider, hang spider webs, and accomplish the many other tasks which needed to be done. A good time was had by all the volunteers, and they were very much appreciated by the Urban Farm.

Autumn marches on

Thanks to a few warm sunny afternoons, we are getting the gardens ready for the winter. Garden beds are

being weeded before a layer of straw is put on top. The garlic has been planted. Strawberry plants have been put in for next season. Also, with the warmer weather, lots of herbs and weeds are starting to grow more than they should be. The deer are still munching away. And a surprise. A few clover flowers are blooming, the small violets called Johnny Jump Ups look lovely, along with fall asters. Our field grass is greener than usual. And on the day of November 11th, the temperature went as high as +20C or 70F. Imagine that!

A female pheasant made a startling flight out of the strawberry bed, the afternoon of November 11th, which made me jump. But it was a lovely sight to see. The male pheasant has been seen many times at the Urban Farm as well, and is quite regal in his strutting about.

Now, as our lovely fall season is winding down, we are packing the shed with items that do not do well outside in the snowfall of winter. We are storing the more delicate items away from the munching squirrels that like to nibble on everything, and scold us when we get too close.

Our gardening book - Come Grow With Us, would make a nice Christmas gift. It has been marked down to \$10 for the special Holiday Season that is on its way.

Happy Holidays!



The Garden Gravevard photo by Janet Kidston



The Skeleton Crew photo by Janet Kidston





Beware the Werewolf! Photo by Corinne Lacroix

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A once-in-a-lifetime opportunity as an exchange student

by Jarla Dix

Imagine being a young student traveling to another country, leaving everything familiar behind and taking a once-in-a-lifetime opportunity. This is what we as exchange students are experiencing right now.

I am one of 1000 students in Nova Scotia who decided to study abroad in Canada. Throughout the last year, every piece of information I received about my exchange year has been exciting. My decision was to study in Nova Scotia, but everything else depended on my agency. Where do I go to school? With whom am I going to live? That brings us to today, a year later, me being a student at J.L. Ilsley High School. I am here with 17 other students from different countries, all of them are living with a host family they have never met before, speak a language that is not their first one and try to adjust to the Canadian culture. We are all different kinds of individuals, every one of us have been challenges

by some difficulties, overcome some fears, but all in all try to take every experience with us within this one year. We all left our home behind, came here to meet new people and expand our horizons. We are the first international students in Nova Scotia that can stay for the whole school year since covid. It not only makes it special for us to be here, to finally be able to participate in school activities like dances or other events, but for everyone else who is going to be part of our year abroad, our friends we will meet here, and the family we are living with.

Doing an exchange year has been a big challenge; probably the biggest in my life. But every struggle brings me to another great day. Another day I get to experience the Canadian High School dream, a day with a Canadian family and the interaction with Canadian people. If someone would ask me if I would recommend going abroad, I would say there is no reason not to do it. In a foreign country you are almost



Seated Left to Right: Natalia Ramos de Carvalho Cardoso, Lucas Paixao Franco, Jarla Dix and Paola Gresso

Standing Left to Right: Marcos Santos de Arruda, Yucham Kim, Amalia Saupe, Melina Molkenthin, Hugo Garcia Magillissen, Mirit Rabitti, Artemis Oriol Eleftheriou, Zuzanna Kruszyk, Ana Calvo Ezpeleta, Hanna Pauline Goerlach, and Sofhia Siqueira Vilela de Oliveira

Missing from photo: Anne Marie Schrader, Jan Michael Klassen and Efe Yorenc

continuously faced with new, strange and often challenging situations you must overcome. You get to experience your weaknesses and improve your strengths. But besides this, there is only one time in your life where you get to gain a Global Education, make lifelong friends around the world, hone your language skills and personally develop. Before I came to Canada, everyone told me that this is not going to be a year in my life but "a life in one year". Now I get what they meant. One year seems like such a long time to be away from home, but when I think

back in 50 years, I will be the person who is able to say, "I did it and did not miss out my opportunity!".

An exchange year during High School is a possibility for every student to gain more knowledge about the world. It has many different programs, and you can individually decide how you want it to happen. If I made you interested in that topic, you are more than welcome to look it up on the internet, tell your kids about it or convince your parents. Let's bring the world together.

Is the GED for you?



Brothers Bill and Dave show off their GED Diplomas

Were you not able to finish high school? Maybe a loved one is in that situation. There are many different reasons that adults have not been able to complete their high school education. If you would like to change this, the GED (General Education Development) program may be a solution. It is the equivalent of a high school diploma and is recognized by employers and post-secondary institutions. To participate in a GED program, you must be at least 18 years of age and have been out of school for a year. There is no upper age limit though! You may have left school many years ago and would just like to have your diploma. Whatever your motivation, further studies or self-satisfaction, the GED program may be for you. Take Tammy, for example. She left school without a diploma and soon became a mother. After many years of caring for her family, including a grandchild, she decided to try the GED program in Spryfield. Tammy was tired of temporary jobs that barely helped her pay the bills. She passed all five sections of the GED with flying colours and was accepted into a

program that would help her get a job with the Nova Scotia Health Authority. She didn't expect COVID 19 (who did?) but she now works as many hours as she wishes. Brothers Dave and Bill had their own reasons - and they both managed to graduate on the last day the GED Testing Centre was open at NSCC before a lockdown. In-person GED classes are once again being offered in Spryfield by the Halifax Community Learning Network, at the Captain William Spry Centre. Adults can progress at their own pace as they work towards completing the 5 tests that make up the GED diploma. There is no cost to the learner, as the program is supported by the provincial government. If you are not able to attend classes during the day, one-on-one tutoring may be an option. If you would like more information about the GED program, or improving your essential skills, please call 902-802-8954 or 902-422-7648. Get your GED for free! Who knows

what doors it will open for you? Let's

learn together.



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AGD-319284-22

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9th Annual Toy Trot collects toys for children in need

Many people brought their dogs to the event, to enjoy the bright November morning.

There were also volunteers with hot chocolate and chips available for the participants before the walk began, to help keep everyone warm. Once the walk started, the runners took off first, followed by those taking a more leisurely pace. Whatever speed they were going, everyone continued along the waterfront, chatting and enjoying the beautiful scenery, before turning around and returning back to DeWolfe Park for a participatory medal.

If you're looking for something nice to do this fall as it heads into winter, consider checking out the lovely Bedford Waterfront – the ocean remains beautiful even as the trees begin to lose their colour. Also consider donating to a charitable organization near you – this time of year or any other, as there are always causes worth supporting no matter the holiday!



Photos and article by Sam Ramsay

The Finish Line!



The Toy Trot brought lots of people together!





The Bedford Waterfront was filled

November 19th, for the 9th annual

Exit Realty Toy Trot. Participants

were asked to bring a toy to donate

to the Halifax Centre of Hope annual

Angel Giving Tree. People brought of-

ferings ranging from board games and dolls to sports equipment, all of which

The walk itself started at DeWolfe

will be given to children in need for

Park, in Bedford, and continued

along the waterfront for a couple of

kilometres before a sign instructed

participants to turn around at the 3- or

5-kilometre mark, as desired. Sterling

Stephens, the broker for EXIT Realty

Metro, gave instructions to partici-

pants when the walk started around

to turn around at the sign - "If you

keep going, we're not responsible,"

he joked. A representative from the Centre of Hope also spoke, thanking

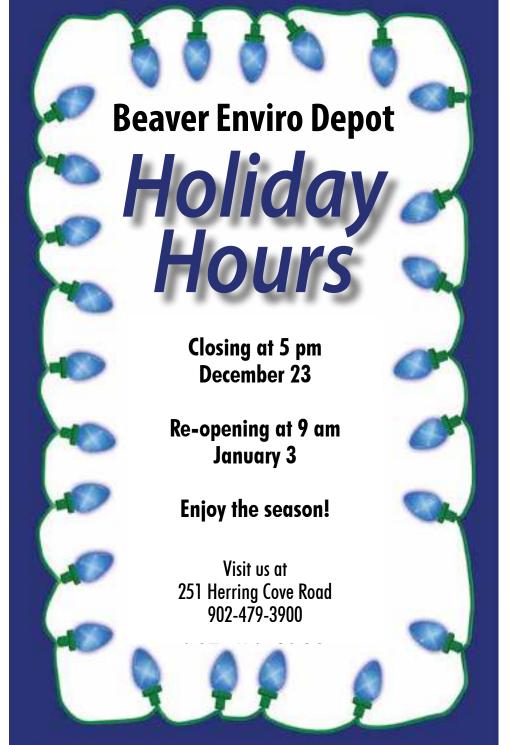
participants for being there.

10:00 AM, including a reminder

the holiday season.

with people the morning of Saturday,

is looking for community writers For details, email the editor at chebuctoeditor@gmail.com





Sterling Stephens welcomes everyone to the 9th Annual Turkey Trot



So many generous people will surely make a difference for a child in need this holiday season

Chebucto News • December 2022

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR DECEMBER Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9:30 and 10:30 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Anglican Church Hall (322 Herring Cove Rd) Food bank is open, with pick up on Wednesday, 9 am to 10 am. Orders may be called in up to 10:00 am Tuesday each week. Call 902-477-1954 and leave a message. We are grateful to our volunteer staff for their faithful work for the food bank and its clients. Our website: emmanuelanglicanchurch.net

Emmanuel Anglican Church Christmas Hamper pick up: Friday, December 16, 9:00-11:00 You must be pre-registered. Food Bank will be closed from Dec. 17 -Jan. 3

Donations of food (and toys until Dec. 14) will be gratefully received on Tuesday mornings from 8:30-10-30 or by arrangement. (Except when we're closed, see above).

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- St. Paul's Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup's On, is being offered as eat in or takeout
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

Harrietsfield Williamswood Community Centre events:

- Annual Tree Lighting will be December 6th at 7pm. This is a Free Community Event and Santa will light the tree! There will also be Cookie decorating and face painting. Our After School Program children will perform a song!
- \bullet Pre Teen Christmas Dance, Grades 3-5 Welcome, Thursday December 15th $\sim\!6:\!30$ PM-8:00PM \$5 Admission \$1 Canteen items. Dressing up is welcomed but optional! (no ball caps please)
- Currently taking bookings. Please call, email or message us through our FB page (902) 446-4847 email hwcc@outlook.com
- We are always looking for new Board members and volunteers!

Spryfield Lions Club events:

Regularly scheduled meetings on the 2nd and fourth Tuesday evenings, 7 pm at the Lions Rink Den. We are encouraging anyone who might be interested in attending to call ahead so we can ensure COVID health code regulations are met - 902-479-2917. We will also be starting up our bingos in the future but need more time to work out details. We want to thank the community for their support and wish everyone the best of health.

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www. citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church (322 Herring Cove Rd) events: emmanuelanglican-church.net, 902-477-1783.

Messy Church: An informal, fun time of

crafts, worship and dinner for children and their adults. A good introduction to the community of faith. Dec. 3, 5-7 pm. Please let us know by phone or email if you plan to come.

- Prayer Group: Meets the 2nd and 4th Thursday of each month for an hour of prayer for each other, the world and the church. All welcome.
- Food Bank will be closed from Dec. 17 to Jan. 3
- Donations of food (and toys until Dec. 14) will be gratefully received on Tuesday mornings from 8:30-10-30 or by arrangement. (Except when we're closed, see above).
- Carol Sing: Come sing your favourite carols, Sunday, December 18, 4 pm.

Salvation Army (328 Herring Cove Rd) events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish events:

• Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or stellamaristwelvebaskets@gmail.com

St James United Church, Sambro Events: Dec 1 at 630 pm Memorial Tree Lighting

Dec 1 at 630 pm Memorial Tree Lighting Dec 5 at 11:15 am White Gift and Mitten Tree

Dec 18 at 1115 am Holy Communion Dec 24 at 630 pm Christmas Eve Service Jan 1 at 11:15am Service of Carols and Readings

St. Paul's United Church (173 Old Sambro Road) events:

Outdoor tap has been turned off for the winter. Those who need water are invited to come by when the church is open and fill their bottles inside

Improve your reading, writing and math skills, work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let's get learning together!

TOPS (Take Off Pounds Sensibly)

Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

Mark your calendars now for TAG's Annual Pantomime Red Riding's In the Hood by Cheryl Theriault November 24-December 10, 2022

Tickets will go on sale in mid-October. Here is what you can look forward to: It's someday, sometime deep in the dark lush woods of Haligonia and there's a rumour of a rumble. Red Riding is reluctantly helping her mother, The Widow R, sell the family wares but Red has plans to launch herself in a more creative direction. When two tiny strangers enter the woods and decide to hang around for a bit they find themselves.

Spryfield Legion/Forever Young Seniors Club Chase the Ace draws on Mondays at 7 pm. Ticket sales at the bar during Legion open hours as well as Mondays by volunteers from 5 pm to 6:45 pm. Tickets \$5.00 each.

Religious Services Directory for December

To have your religious services added to our directory, please contact the editor: chebuctoeditor@gmail.com by December 23 for January's issue.

St. Augustine's Anglican Church (2010 Purcell's Cove Rd) Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road) Sunday Family service: 10:30am

Nursery and Children's ministry: 10:30am

Wednesday night prayer: 7-8pm

Spryfield Christian Community Church (91 Thornhill Dr) Church services Sunday 11-12 am

Oromo Gospel Church

Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322

Herring Cove Rd.) emmanuelanglicanchurch.net, 902-477-

8:00 am: Quiet traditional service of Holy Communion.

10:00 am: Lively, contemporary service of Holy Communion with choir. This service is livestreamed.

December 3: 4:00pm-6:00pm Messy Church. Informal gathering and worship geared to children and their significant adults.

December 11: 10:00am Advent Lessons and Carols with communion December 18: 4:00pm Carol Sing, all welcome, come sing your favourite carols.

Wednesday, December 21, 7:00pm Compassion and Hope service, a Christmas service with candle lighting and communion for those who are feeling sad.

Saturday, December 24, Christmas Eve: 2:00pm Christmas Eve Communion service with music

4:00pm Christmas Eve Children's program, blessing of the Creche, carols. 6:30pm Christmas Eve Communion service with music

December 25 (Christmas Day) no 8 am service, 10:00am communion. January 1, 10:00am Carols and Devotions

Prayer Group: Meets the 2nd and 4th Thursday of each month for an hour of prayer for each other, the world and the church. All welcome.

We are an affirming church. Everyone is welcome to all our services.

St. Paul's United Church (173 Old Sambro Road)

Worship at St. Paul's United Church is now in person, at 11am on Sunday mornings. Masks are still required, however. One will be provided if you have forgotten yours.

Stella Maris Roman Catholic Parish at St Michael's Catholic Church

Weekend Masses:

Saturdays 4:00 pm Sundays at 10:00 am

Weekday Masses Tuesday to Friday 9 am

Monthly Tuesday Night Prayer 7 PM each month

First Tuesday: Healing Mass Second Tuesday: Upper Room Praise and Worship

Third Tuesday: Mass and Adoration Last Tuesday (Sept-May): Eventide Candlelight Prayer

All are welcome, wherever you are on your faith journey!

Parkhill United Church (5 Kirk

Rd, Jollimore) and St. James United Church (3811 Old Sambro Rd)
Sambro-Jollimore Pastoral Charge consists of Parkhill United Church (5 Kirk Rd, Jollimore) and St. James United Church (3811 Old Sambro Rd, Sambro). Sunday services at 9:30 am at Parkhill and 11:15 am at St. James. We may ask that people wear face masks. Our 11:15 am service is live-streamed on St James United Church Sambro NS Facebook Page. Bulletins at www.sambrojollimorepc.com, 902-868-2791.

On Nov. 27, the first Sunday of Advent, Parkhill United will hold the Hanging of the Greens service and celebrate its ministry in the Jollimore community.

Open Door Community Church (11 Aldergrove)

You are invited to fellowship with us weekly for a time of contemporary worship and Bible based teaching, relevant to your life in today's world. Please join us on Sunday mornings at 10:30am

Please see http://opendoorhalifax. ca for more information and announcements about our midweek meetings and other events.

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L OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Harry Millard "Joey" Wright

Age 98, died in Halifax on October 26, 2022. Born in Deep Brook, Annapolis County, on his grandfather's farm, he was the son of the late Dennis B. Wright and Harriet Nichols. Following graduation from MacDonald High School in Middleton, he attended Acadia University, Wolfville, from which he received an Engineering diploma and Bachelor of Science degree. Emigrating to the United States, he served in the United States Army in various locations. He attended the Montana School of Mines, Butte, Montana. He married his wife, Virginia ("Jinny") Margeson Eaton, Milton, Mass., in 1947. In October 2021, they celebrated their 74th anniversary. A noted Nova Scotia artist, she died in December 2021. He was founding director of the Annapolis Valley Peat Moss Company. Later, he joined L.E. Shaw Ltd. later becoming Vice President and President of Clayton Developments Ltd. In 1972, he formed his own company, Colonial Scientific Ltd. He was president of the Halifax Board of Trade, a director of the Atlantic Chamber of Commerce, director of the Canadian Chamber of Commerce and the Atlantic Provinces Economic Council (APEC) and active in community organizations. Following retirement from his company in



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1992, he began writing non-fiction books of which 10 were published, including "The Other Halifax Explosion" and "Nova Scotia Waldeckers". Surviving are his children, David (Teresa), Steven (Janice) and Douglas, Cynthia (Bernie) and Carolyn Sue (Brian); as well as 13 grandchildren and 13 great-grandchildren. He will be buried in Clementsvale in the Annapolis Valley where many of his ancestors are buried. The family thanks the staff at 7.1 floor at the Halifax Infirmary who were so kind and helpful to their father.

Vera Eveline Keating (Greencorn)



Mom left us peacefully on Nov 8, 2022 at the young age of 91 with her children by her side. She was born in Halifax to the late Nellie and Jacob

Greencorn. Vera was predeceased by both her parents Nellie and Jake, husband Collins, brothers James and Earl and grandson Raymond. Vera is survived by sons Kenneth (Lynn), Colin (Ruby), Raymond (Fay), Robin, Christopher (Nancy); daughters Colleen (Andy), Lorina and Vera; brother Reverend Carson Baxter. Vera is also survived by 16 grandchildren and many great and great great grandchil-

Vera worked at Moirs, Polar Ice Cream, Simpsons, Sears, Keddy's Canteen on Chocolate Lake, CAA and various Green Gables stores. The rest of the time Mom was a homemaker raising her family. She happily spent time with Dad in the garage helping him work on cars and preparing them for painting. She much preferred this to doing housework or cooking. Mom loved to pack up her van and take off to PEI and spend time with her best friend Kay and family. Mom enjoyed her animals. At various times in her life she had cats, dogs, horses, pigs, budgies and chickens.

Moms hobbies included dancing (in her younger years), going to bingo with her bingo buddies, knitting, crocheting, coloring, building puzzles, and playing games and coloring in her tablet. Anyone who knew Mom knew that her true passion was to hop in her vehicle and go shopping. She bought anything and everything that was on sale whether she needed it or not or if she already had two at home. Not many people may know that Mom went hunting one year. She, Colin and Dad applied to the government for a moose license. Of the three, Mom was the only one given a license. And she actually bagged her own moose. For many years Mom volunteered with the Harrietsfield Volunteer Fire Dept Ladies Auxiliary and at the Carlton Coleman Country and Western Jamboree in PEI where the proceeds were donated to the Canadian Cancer

The family would like to give a heartfelt "Thank You" to Dr Sutherland as well as Vena and Julie at the pharmacy. Without your kindness and hard work we would not have made it to 91 years of age. "Thank You" to Dr Miller, Rochelle and Lindy for your special care when looking after Mom's oral care. Mom had VIP status at all three locations. We would also like to thank the many wonderful nurses, doctors, care workers, ladies who filled the rooms with supplies, and the cleaners in ward 8.2 Halifax Infirmary. You became a second family to Vera and Colleen. Your smiles, kindness, care, compassion and respect meant the world to us.

Sit on your deck Mom. Watch your birds at the feeder and cars pass by. Have a nap too. You are loved and will be missed dearly.

In lieu of flowers, please make a donation to the Heart and Stroke foundation, Diabetes or the Cancer society.

Online condolences may be expressed to the family by visiting www. atlanitcfuneralhomes.com (Sackville Chapel)

Jacob Sabine

Jacob passed away suddenly November 8th in Halifax N.S. He is survived by his parents: Denise Beuree, Chris Sabine, and stepmother Glenda Sabine. His brothers; Corey Sabine and Nick Sabine, his stepbrother; Kirk Maltby, his stepsister; Kailey Maltby, his maternal grandparents; John and Florence Beuree, his paternal grandparents; Carol-Ann and Ray Sabine, and his step-grandparents; Clayton and Myrtle Hunt.

Jacob was born September 27, 1998, in Halifax, Nova Scotia. He graduated from C.P. Allen High School and made a career working as a Longshoreman and was a proud union member of ILA Local 269.

He was taken away from us way too soon. For those that knew him well knew him as a gentle giant, quick to defend others, and supported anyone in need. He believed in honesty, hope, and happily ever afters. He was passionate, fun loving, and searched for a deeper meaning in life through his self-learnings. He loved getting tattoos and showing them off while smoking the tires off his car.

Jacob had posted this song recently on social media.

The lyrics were;

"If I die young, I promise I will be okay. Nobodies meant to live infinite days. But I'm hopeful that when it's my time to go, I'll bring a smile with me to the grave. I hope I find the happiness I crave. I hope my heart is something I can save. Life is a journey, I'm grateful that I have the chance to live and then learn from the pain".

We believe Jacob was in a happy place when he passed. We know that wherever Jacob is he is truly loved and at peace.

His Motto in Latin was: Veni, Vidi, Vici. This translates in English to; I came, I saw, I conquered.



Community businesses serving

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