



Armdale • Bald Rock • Ferguson's Cove • Harrietsfield • Herring Cove • Jollimore • Ketch Harbour • The Pennants • Purcell's Cove • Portuguese Cove • Sambro • Spryfield • Williamswood

Working For You In Your Community 902-479-NEWS (6397)

**FREE** 



## Atlantic Superstore

**LAWYER** Clyde A. Paul & Associates Inc. Preferred Practice Areas: Clyde A. Paul, Q.C. Tim Cranston, LL.B, MTEI Real Estate • Family Law Peter J. Katsihtis Wills & Estates • Criminal Law Barristers and Solicitors

902-477-2518

info@clydepaul.ca

The rabbit is the favorite pet to cuddle at the Harvest Fair/School Farm Day held at the Urban Farm. More photos inside on pages 6 and 7 Photo by Joshua Barss Donham

## **Hike Nova Scotia offers** Fall guided hikes and walks throughout province

Ever want to explore the trails in your community? Participate in a guided hike or walk in your area to enjoy the fall colours and see where the trails lead you!

"Fall is a perfect time to experience nature in our beautiful province. Whether you are a seasoned hiker or someone who enjoys less strenuous outings, our guided hike and walk series has you covered," says Janet Barlow, Hike Nova Scotia Executive Director.

Hike NS and 18 host organizations have partnered to offer the Fall Guided Hike and Walk Series from September 17th to November 20th. There are 39 walks scheduled province wide. Local folks lead the walks, and participants qualify to win trail prizes. Some of the free or low-cost walks require pre-registration.

The full schedule with registration details and directions can be found at www.hikenovascotia.ca. Hikes are listed by month and region: Annapolis Valley, Halifax, Highland, Fundy, and South Shore. The schedule includes hike/walk lengths and difficulty levels.

(See Hike NS on page 2)

#### Design • Manufacture • Install **Custom & Commercial Signage**

- · Illuminated
- Electronic
- Pylon/Free Standing
- · Carved · Gold Leaf
- Wayfinding
- Dimensional Letters · Architectural · Vehicle Graphics & Wraps
- · 65' Crane · 65' Bucket Truck **Digital Printing** Install and
  - **Maintenance Services**



#### A mortgage broker can save you thousands!

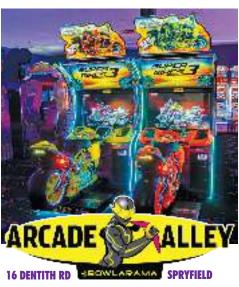
- Purchases
- Debricanso idation
- Renewals
- Renovations
- Great rates • Free consultant
- services ava And more



(A) SICKE-WEINTHLIDENCE Call me for trusted personal mortgage service! Jason Bright (902) 880.4622

jbright@eastlink.ca





Page 2 October 2022 • Chebucto News

## New beginnings at St. Paul's United Church around the Loop. His first day with doors will get to know

by Carolyn Mont

For most people, September seems like the end of summer, not necessarily because the weather changes but rather, because people's schedules change. Students go back to school and most adults have used up their allotted summer vacation time. At St. Paul's United Church something similar happens.

Our Family Resources Institute (FRI) popular Soup's On program returns. This is a free lunch open to all who wish to join us and is an opportunity to touch base with friends we haven't seen since the spring. Lunch is served at noon.

Another program that is returning is our Fellowship Tea. This began as a way for members of our congregation to re-engage with those they haven't seen for some time. On the third Wednesday of the month, congregants are encouraged to join us for tea at 2:00.

We are very excited at St. Paul's this fall. We have been without a permanent minister for over a year and are now very happy to announce that we have hired Max Martin. He is a young man filled with enthusiasm, faith and joy. He grew up attending Knox United Church in Sackville and is a recent graduate of the Atlantic School of Theology.

He is looking forward to getting to know our church family and we are looking forward to getting to know him. He began his first day on the job with a tour of the communities around the Loop. His first day with us happened to be a Tuesday, the day our Family Resources Institute (FRI) hosts their free lunch program. Max was able then to meet some of our wonderful volunteers.

The community beyond our church

doors will get to know Max as a football coach. He played football in high school and in university and is now delighted to be a volunteer assistant coach for the JL Ilsley football team.

Our Sunday worship is at 11:00 am. All are welcome to join us.

## Fall at the Spryfield Market

Cooler temperatures mean warm, cozy sweaters and hot, tasty soup. Find all the ingredients for your favorite soup, pie and other delectable treats at the Spryfield Market. Your local, community shopping experience awaits. We are located in the Guardian parking lot at 205 Herring Cove, every SUNDAY from 12-3. Pick up apples, zucchini, tomatoes, potatoes, squash, carrots and all fall foods, fresh from the farm. Need supplies for Thanksgiving dinner, looking for dessert, gifts for the holidays, or need a break from cooking; these are just a few reasons to stop in and say Hi. FYI, from October 23- December 18, we will be changing locations and moving indoors to St. Paul's United Church, 173 Old Sambro Road. Along with yummy treats, you can find crafts, cider, tea, home and body products, clothes and much more.

Big news: The Spryfield Market supports the 'Public Pantry', a community pantry coming soon to our neighborhood. Created as a part of HRM's Neighborhood Placemaking program, the Pantry engages our community to contribute in simple ways. "A little goes a long way, a little can change a lot." Everyone is welcome to take something they need or leave something they can spare for someone else. It's all about neighbors supporting one another. If you want to contribute to the Pantry, bring your donations of non-perishable foods such as cans, dry pasta, jars, etc. to the Market any Sunday. We hope to see you there and happy fall! Diana Dibblee, Dietitian and teacher. Find her at @dibbsondining

## **Hike NS**

(continued from page 1)

Hike NS thanks its local partners on the ground for organizing the walks as well as The Trail Shop, Goose Lane Editions, and the NS Department of Communities, Culture and Heritage for their support. Hike NS encourages and promotes a growing walking and hiking culture throughout the province, striving to be the voice for those who hike, walk and snowshoe.

## Chabacto Neas

**Publisher:** Dan Doherty, 902-479-6397 Fax to 902-477-NEWS (6397)

Editor: Tangelene Ramsay, chebuctoeditor@gmail.com Mailing Address: P.O. Box 20141

Halifax N.S. B3P 1L1

#### Circulation:

12,500 copies Agent: Canada Post Printer: Advocate Printing

Delivered free-of-charge to households in; Armdale, Bald Rock, Ferguson's Cove, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

#### Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

Email to: "The Editor"

chebuctoeditor@gmail.com

#### **Advertising Inquiries:**

Dan Doherty 902-479-6397 dan@dandoherty.ca

#### **Design and Layout:**

Sharon Ward Graphic Design Phone: 902-406-1305 wards@eastlink.ca

## Additional copies of Chebucto News are available at Spryfield Water'N'Wine, while they last.

Notice: The publisher and the production service assume no responsibility for the contents of any advertisement or editorial materials. Any warranties or representations made by any printed material contained herein are those of the advertisers or writers and not those of the publisher or the production service. The publisher reserves the right to refuse, edit or cancel any advertising or editorial submission at any time and for any reason. Materials can be reprinted only with the expressed permission of the publisher.

© 2022 The Chebucto News, Spryfield, Nova Scotia









We specialize in: Small Business and Non Profit Bookkeeping Personal Taxes • Corporate Taxes Year End Financial Statements

#### Angela Pellerine, CPA CMA

30 Alabaster Way • Halifax • 902-499-8076 info@additup.ca • www.additup.ca



Computer Diagnostics, Brakes, Welding, MVI, Exhaust, Undercoating & Tires. Servicing all Makes and Models.

> Monday to Friday 8 am - 6 pm 44 Herring Cove Rd. 902-477-4682 / 902-431-2886

Chebucto News • October 2022

## Local Shoppers Drug Mart stores calls on customers to support women's shelters in Halifax

Shoppers Drug Mart is calling on their customers and community members in the Halifax region and across Nova Scotia to help local women's shelters support women who are fleeing domestic violence.

The LOVE YOU by Shoppers Drug Mart<sup>TM</sup> fall fundraising campaign, Giving Shelter, returns for its third consecutive year, running now to October 14. Funds generously donated by customers go directly to women's shelters in their area. Shoppers Drug Mart stores in the Halifax area are collecting donations for Bryony House, Adsum House and Alice House in our community.

A concerning 44 per cent of women have reported experiencing some form of psychological, physical, or sexual violence by an intimate partner in their lifetime. This means most Canadians likely know a woman affected by domestic violence, but who may be afraid to speak out.i

Historically, domestic violence increases at a time of economic downturnii, and the pandemic has exacerbated health and economic inequities already faced by women – creating a "perfect storm" for women's shelters and their clients.

As Canadians face the highest costs of living since the 1980s, many survivors of domestic abuse cannot "just leave" because they depend on their abusers for basic needs and have few means of escape.iii

Women's shelters offer critical help to women who experience intimate partner violence, providing a safe place to stay along with programming, advocacy, and other supports at an extremely vulnerable time in their lives. Community support of this work is more important than ever, and it is easy to donate during the LOVE YOU by Shoppers Drug Mart<sup>TM</sup> Giving Shelter campaign!

The in-store campaign gives customers the opportunity to purchase and personalize LOVE YOU by Shoppers Drug Mart<sup>TM</sup> icons, which are prominently displayed on the campaign tree in all participating stores. Customers can purchase a "leaf" for a toonie, a "butterfly" for \$5, an "apple" for \$10 or a "bird" for \$50, with 100 per cent of funds going to each store's local partner shelter.

The Giving Shelter annual fall fundraiser is one of the leading partnership campaigns of the LOVE YOU by Shoppers Drug Mart™ platform – the Company's commitment to putting women's health first. Please donate if you can!

In addition to the in-store fundraising campaign, the LOVE YOU by Shoppers Drug Mart<sup>TM</sup> program is also proud to announce a \$300,000 donation to Women's Shelters Canada. This will enable them to offer grants to women's shelters across the country to help address the significant increase in their needs since the start of the pandemic.

"Advancing women's health equity is an incredibly important issue, and something we are dedicated to supporting and raising awareness around," says Paulette Minard, Director, Community Investment, Shoppers Drug Mart. "We know that women are more susceptible to gender-based violence and, while the grant program is not a solution to the complex issue of domestic violence, it is an important first step in supporting women and families across Canada."

i https://www150.statcan. gc.ca/n1/daily-quotidien/210426/dq210426b-eng. htm

ii https://www.cbc.ca/
news/science/domesticabuse-on-rise-as-familiestry-to-cope-with-recession-1.778471, https://www.
thestar.com/news/canada/2020/10/31/
it-did-get-taken-out-on-me-domesticabuse-climbs-during-economic-downturn-pandemic.html

iii Tedx Talks, "A Mile in Her Shoes", Ryan Calvert, 2017.



(left) Cindy Landry and (right) Esme Lamont, employees at the Shoppers Drug Mart on Joseph Howe Drive in Halifax, show off the icons for the annual "Giving Shelter" fundraiser at Shoppers Drug Mart locations across the city. Now to October 14, customers can purchase an icon at the cash for as little as \$2, with all donations going directly to local women's shelters including Bryony House, Adsum House and Alice House.

Share your thoughts and opinions with us: chebuctoeditor@gmail.com

## **Legion Poppy Campaign 2022**

The Earl Francis Spryfield Memorial Legion, Branch 152 is now preparing for its busiest time of the year - the annual Poppy Campaign.

The 2022 campaign will run from Friday, October 28 until Thursday. November 10.

Plans are underway to have poppies distributed at 3 local area businesses and to have poppy trays placed in other venues throughout the Spryfield Loop.

Once again, Branch 152 is hoping that residents and businesses will continue to support the Poppy Campaign as they have done in past years.

Anyone who is able to make a donation is asked to put the donation in the tray or can.

The general public is encouraged to wear their poppies with pride to honor our veterans.

As always, the legion counts on its members as well as other volunteers to put their names forward to provide assistance to this very important legion endeavor which generates funds to enable the legion to provide help and support to area veterans and their families.

There is a signup sheet available at the legion for volunteers to put forth their names or people can contact the legion at 902-477-0467.

Wreaths and pins will be available for purchase during legion business hours beginning at 1 pm daily.

Details with regard to Remem-

brance Day activities are being worked on and, when plans are finalized, information will be made available on the Legion Sign, the Legion Face Book page, and in the November edition of the Chebucto News.

Spryfield Legion Autumn events In addition to the Poppy Campaign there are other events taking place at the legion which is located at 7 Sussey St

The ever-popular Seniors' Dances are back and will be held on the first Monday of every month. The next dance scheduled is on Monday, October 3rd from 1 - 4 pm. Admission is \$6.00 per person with a lunch served

Also, plans are in place to continue monthly crib tournaments. Information on these will be found on the legion sign or the website.

Various sport leagues are starting and information on these is available at the legion.

For bingo fans, it is expected to have Sunday Bingos up and running again on October 17th.

Look for this information on the legion sign or website.

### Like to write?

We are looking for community writers
For details email the editor at chebuctoeditor@gmail.com

Supporting Your Community

## ROYAL CANADIAN LEGION

Earl Francis Spryfield Memorial Branch 152



**WE CARE** 

Page 4 October 2022 • Chebucto News



## DISCOVERING OUR PAST



### The Brunts of Harrietsfield and Spryfield, "foreign Protestant" descendants

by Iris V. Shea

A group of European settlers known as "foreign Protestants" arrived in Halifax, Nova Scotia in 1752 and were moved to Lunenburg in 1753. If you descend from "foreign Protestants" you will find the arrival of these families well documented in Dr. Winthrop Bell's book "Foreign Protestants of Nova Scotia", available at local libraries. Another source, available at the Nova Scotia Archives, is Dr. Winthrop Bell's "Register of the Foreign Protestants of Nova Scotia", transcribed for easier reading by JC Young.

Johan Jacob Brand and his young wife, Anna Sophia Christina Fredericka, were among those early European settlers. The spelling of the Brand surname changed several times over the years. In Nova Scotia the accepted spelling is Brunt. Some of their descendants, however, moved to the eastern United States during the 1920s and adopted the surname of Brant.

The ship "Murdock" arrived in Halifax on 25 June 1751. Jacob Brand, aged 25 years, a cooper from the Palatinate in Germany, was listed as a passenger and indebted for two freights. The second freight would have been his wife who accompanied him on the journey. His signature



Emma (Marriott) Brunt, wife of William Henry Brunt, with school teacher Myrtle Forbes on the right, in front of the Brunt homestead on the old Harrietsfield Road. The Brunt house was later owned by the Vatchers and has since been torn down. Photo abt. 1910, courtesy Mainland South Heritage Society, Sally LeBlanc Collection

was difficult to read but Dr. Winthrop Bell thought it was written it as "Johan Jacob Brandt". In victualling lists from Halifax for August to October, 1752, Jacob and Anna Sophia Brand appeared among the many foreign Protestants living at the "Isthmus and Blockhouse" near the head of the Northwest Arm. Jacob's first child, Johan Caspar, was born on 8 March 1752 and baptized at St. Paul's Church, Halifax, but did not survive his first year. A second child,

Anna Mary Barbara, was baptized at St. John's Anglican Church in Lunenburg on 24 Mar. 1755, and son, Johan Philip, was baptized on 1 May 1757 at the same church.

When Jacob Brand settled in Lunenburg he received two town lots, one on York Street and the other on Lincoln Street. In 1756, Brand was given two 30-acre lots in Mahone Bay. By 1766, 300 acres of forest had been awarded to Jacob and his children.

In "The Foreign Protestants and

the Settlement of Nova Scotia," there is an account of an Indian raid in 1758 in Mahone Bay which killed Jacob Brand's neighbour, Joseph Lay, and two others. Shots were fired at Brand's house, next door to the Lays.

In 1760, after the death of his wife, Jacob married Anna Elizabeth Weyman at St. John's Anglican Church in Lunenburg. The couple had one child, Catherine Barbara, but no further record has been found for her. Jacob Brand died in 1770 and his land was divided among his heirs. His daughter, Anna Mary Barbara, married George Philip Rhodenizer in 1771 in Lunenburg. Jacob's one surviving son, Philip, carried on the Brunt surname in Nova Scotia.

Philip Brunt's marriage to Magdalene Salome (Sally) Clattenburg, the daughter of Peter Clattenberg and Anna Maria Margaretta Christina Wagner, took place in 1785 in Lunenburg. Six daughters and eight sons were baptized at Zion Lutheran Church in Lunenburg. Church records show several of their sons were given the first name of Johannes. In about 1811 the family moved to Spryfield where the youngest child, Edward, was baptized in 1813 at St. Paul's Anglican Church, Halifax.

(See Brunts on page 5)



Air is life. Make it perfect."

## PERFECTION IS IN THE AIR.

Receive up to \$1,200 in rebates

on a complete
Ultimate Comfort System.\*





## Mann Mechanical

**Heat Pump and Ventilation Experts** 

58 Portovista Dr., Portuguese Cove, NS B3V 1P4

902-868-1324

mannmechanical.ca

\*Rebate requires purchase and installation of qualifying items and submission of a completed online rebate form and proof of purchase to lennoxconsumerrebates.ca no later than December 23, 2022. Rebate is paid in the form of a Lennox Visa® Prepaid card. Card is subject to terms and conditions referenced on card and expires 12 months after the date of issue. Use your Visa prepaid card anywhere Visa cards are accepted worldwide. Card is issued by Peoples Trust Company pursuant to a license from Visa Int. \*Trademark of Visa International Service Association and used under license by Peoples Trust Company. Your use of the prepaid card is governed by the Cardholder Agreement, and some fees may apply. This is not a gift card. Please note that prepaid cards are subject to expiration, so pay close attention to the expiration date of the card. ©2022 Lennox Industries, Inc.

Chebucto News • October 2022 Page 5

## What's Happening at the Urban Farm



Making Fairy Doors Photo by Barbara Dunsworth

by Ann Hart

A few years ago, our forest school program created a Fairy Door Trail in the woods at the Urban Farm. The fairies have been wafting in and out since then, visiting through doors made of organic materials and lots of dreams by the children and adults who participate. This year we have a fairy circle and new doors for the public to enjoy as they walk the woods trails and search for hidden portals. We think it is important to keep imaginations growing along with veggies and flowers, butterflies and wildlife.

Board member Barbara Dunsworth helped with the project. If you've ever been to the Urban Farm of Spryfield, you probably know that much of it is surrounded by old growth forest. Not



Fairy Doors Photo by Barbara Dunsworth

a lot of it mind you, but what remains is a treasure! And it is said by many that in this ancient woodland many fairies make their homes. So, it was with great excitement that several children gathered at the farm a couple of weeks ago to collect organic materials from the forest floor and create the most magical of fairy doors. The doors were then placed by the children along the farm's famed Fairy Trail, usually at the base of trees, so fairies then know that these are very good places to make their homes. The Fairy Trail has been at the Urban Farm for 6 years and is a fun and creative way to invite children and their parents to walk through the woods, enjoying the beauty of nature and the excitement of finding fairy doors along the way!



The annual Harvest Fair/School Farm Day was an afternoon to enjoy being together and celebrate the diversity in the community. School Farm Days has long been an annual program to bring children and adults to the garden and teach them a bit about our agricultural heritage in Spryfield. This year we invited all area children and their chaperones to attend. The students played "old-time" games, planted seeds & had a hands-on visit with baby farm animals. We celebrated the harvest with farm produce, cut flower and crafts sales, information on the birds and butterflies in the area, woods walks, games, music, and a mobile animal petting area. Our special guest this year was Charlotte Bernard, Mi'kmaw Native Friendship Center who had a bead-making craft table for the children. The Barnyard Bunch Mobile Petting Farm brought



animals, and cake was served to celebrate our 26th Birthday. Many thanks to HRM Special Events for grants to partially cover the guest and the animal farm and to "Farmer Richard" for bringing us his amazing "Barnyard Bunch Mobile Petting Farm".

The days are becoming cool now and we have a lot of tasks to be done. Nourished by another year in the gardens with good food, friends, community, we have enjoyed a natural way of working together. Happy Autumn!!

Farm Memberships available: Individuals \$10.00, Seniors/Students \$5.00, Families \$15.00, Groups/Organizations \$25.00. For info: urbanfarm-spryfield@gmail.com, Pat MacLean: 902-497-3683.

https://www.facebook.com/ groups/117594394923932, urbanfarmmuseumspryfield.org

More photos on pages 6 and 7.



Councillor Patty Cuttell
District 11
Spryfield - Sambro Loop - Prospect Road

City Hall - 1841 Argyle Street PO Box 1749, Halifax, NS B3J 3A5

902.221.6893 patty.cuttell@halifax.ca

**H**ALIFAX

halifax.ca

311

## **Brunts**

(continued from page 4)

Philip Brunt's land, part of lot number eight in Leiblin Manor, extended on both sides of McIntosh Run and on both sides of Herring Cove Road at present day Princeton Avenue in Spryfield, a total of 250 acres. Philip Brunt was listed as a farmer in the 1827 census for Spryfield, with 12 acres of cultivated land, one horse, three pigs and four horned cattle. That year his farm produced ten bushels of grain, 150 bushels of potatoes and six tons of hay.

Two of Philip Brunt's sons, Jacob and Casper, died as infants; another two sons, David and John, settled in Harrietsfield where they married members of another foreign Protestant family, the Marriettes (later spelled Marriott); Philip's sons, George and Frederick, settled in Halifax; son, Paulus, settled in Spryfield on land formerly owned by his father; and Edward settled in Ferguson's Cove. Records show only two of Philip's six daughters lived to adulthood...Sophia Elizabeth married James Johnson in 1815; Elizabeth Margaret married John Glazebrook of Ferguson's Cove in 1834.

Philip Brunt died 31 May 1831 in Harrietsfield, Nova Scotia (St. George's Anglican Church, Halifax). His wife died 20 Oct. 1829 in Harrietsfield (St. George's, Halifax). Their descendants continue to own and occupy the same land in Spryfield and Harrietsfield on which their ancestors settled. Others Brunt descendants relocated to Halifax and to other parts of Canada and United States.





Page 6 October 2022 • Chebucto News

## **Harvest Fair/School Farm Days at Urban Farm**



Pat Maclean and Marjorie Williston have cake! Photo by Ann Hart



## Retirement Living that Feels Like Home

Discover Melville Heights, upscale independent living for those who wish to maintain their active lifestyle without the worries that come with owning a home.

902-477-3313 | www.melvilleheights.com 24 Ramsgate Lane, Halifax, NS

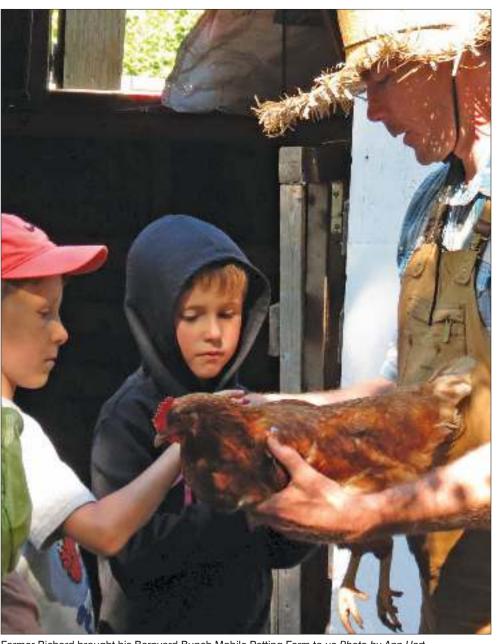




Beading Photo by Joshua Barss Donham



Harvest build-your-own bouquet flowers Photo by Ann Hart



Farmer Richard brought his Barnyard Bunch Mobile Petting Farm to us *Photo by Ann Hart* 

Chebucto News • October 2022 Page 7

## — photo essay

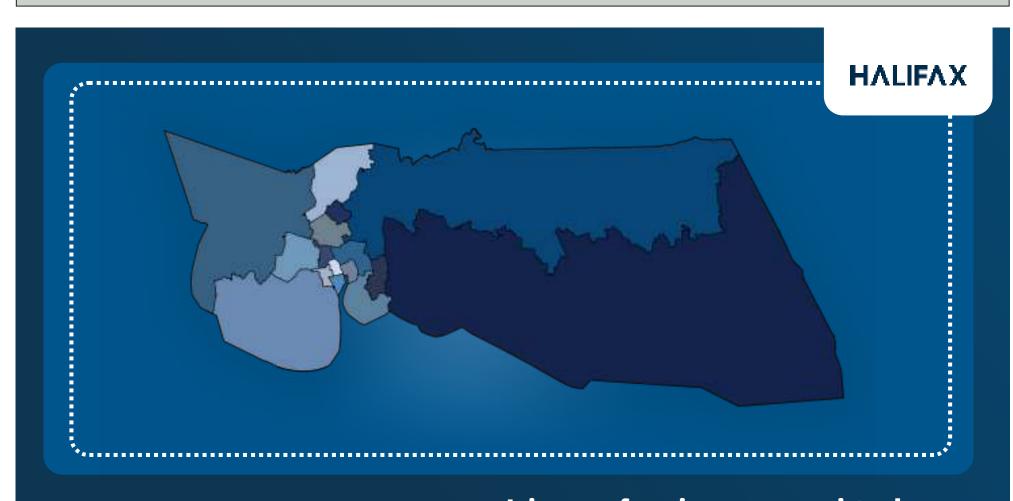






Charlotte Bernard, Mi'kmaw Native Friendship Centre Photo by Ann Hart

Community, nature and history came together at this year's annual Harvest Days/School Farm Days, held at The Urban Farm in Spryfield



2022 District
Boundary Review:
Phase 2

We want to hear from you!

Join one of our in-person or virtual engagement sessions starting September 28 or participate in the online survey from October 3 – 17.

Visit halifax.ca/boundaryreview for more information about the survey and engagement sessions, or contact the Office of the Municipal Clerk by phone at 902-490-4210.

October 2022 • Chebucto News Page 8

## **Cuttell Community Update**

by Patty Cuttell, HRM Councillor, District 11, Spryfield-Sambro Loop-**Prospect Road** 

October. The month of changing leaves, cool evenings, and one of my favourite holidays of the year, Thanksgiving. This holiday challenges us to remember the many reasons we have to be grateful. I want to take a moment to thank my family (especially my son and daughter) for all their love; the local farmers, gardeners, food makers, food donors, and volunteers who keep our communities fed and strong; and all the residents of Spryfield, Sambro Loop and Prospect Road for making this such a wonderful place to work and call home. This is one of the most giving communities I have ever known, and I want to sincerely wish everyone a Happy Thanksgiving.

**ACTION ON FOOD SECURITY** is something we have been working on at City Hall. In September we approved a process to look at allowing market and sharing gardens throughout HRM. Market Garden is a term used to describe food that is grown or prepared to be sold or shared with neighbours and community members. Currently, many people choose to grow food in front and back yards, on balconies, rooftops, and indoors. Given the high level of food insecurity in our region and anticipated rising costs, HRM has a responsibility to develop sustainable food systems and promote access to good food. As part of the process, HRM will be look at what is necessary to simplify and remove barriers to the development of market gardens, including making it easier to garden on HRM owned land. As part of the process the public will be encouraged to provide input.

HRM's JustFOOD Action Plan is based on the principles of collective impact, recognizing that we all need to work together for positive change. The Plan is being developed in partnership with residents and stakeholders to develop "grown in Halifax" solutions that increase access to good food. I'm proud to be part of a council that is supporting this important work, and think we need to go even further, including getting access to water for gardens, making it easier to provide grants to community groups, and looking at how we extend the growing season through agricultural methods such as green houses and tunneling. Action of food security in District 11 to date includes providing district funds for the Terence Bay Community Hall kitchen renovation; working with the FeedSpryfield and the Spryfield Community Association on a community pantry and fridge; providing District Capital to the Spryfield Farmers Market (and shopping there a lot too!); providing funding to St Emmanuel Church in Spryfield for upgrades to support their food bank program; continuing support to the Urban Farm Museum and their food garden program; providing funding to the Harrietsfield School Garden Project for rain barrels; providing District Capital funds to various food distribution initiatives throughout District 11 including Joan's Table; and providing funds for community BBQs. If you are interested in starting a community garden, or, have a food security related project, please reach out. I'd be thrilled to work you.

NEIGHBOURHOOD PLACE-MAKING is another exciting HRM program. I would love to see a couple of projects in District 11 next year. This annual program supports initiatives encouraging neighbours to connect with one another through a community project. Recipients receive training, guidance, and up to \$1,500 in funding for their project. Projects may include street paintings, neighbourhood benches, community

film screenings, and more. This work aligns with the municipality's vision of supporting welcoming and livable communities. For more information, including this year's application form and eligibility criteria, please visit Halifax.ca. The deadline for applications is November 1.

THE OUTDOOR COMMUNITY RINK PROGRAM is also open for applications. Launched in 2021, this program allows community groups to operate a community rink on municipal-owned property. Applicants can also apply for up to \$5,000 to cover insurance associated with operating the rink. The Outdoor Community Rink Program was approved by Regional Council in November 2021 with an intention to support community groups while also encouraging residents to explore outdoor winter activities. The deadline is October 14.

THE DISTRICT BOUNDARY RESIDENT REVIEW PANEL continues its work with another round of public engagement sessions on the boundaries of municipal polling districts. Since its initial meeting in June 2022, the Panel has developed a map that proposes some significant changes, including changes to District 11. The new polling district boundaries considers factors such as the current and projected growth and development. The Phase 2 campaign will feature an online survey starting October 3, and in-person public engagement sessions. I encourage everyone to check the Halifax.ca website to ensure your community interests are being properly represented.

You can reach me via email at patty.cuttell@halifax.ca or phone (902)221-6893.

## The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

Save Williams Lake

Did you know that Williams Lake loses the equivalent of five Olympic sized pools worth of water every day due to the failing dam? And this number goes up during the winter when water levels are higher. During the months of August and September there is no access to the Lake via Acorn Road. Before the dam started leaking, this road was used year-round for recreational access. The recreational access via Wyndrock Drive is now also inaccessible because of the lowered water level.

A petition to save Williams Lake has seen great support with over 1100 signatures. So, what is being done?

During the last Provincial Election all three political parties PROMISED to address the dam issue at Williams Lake. All three parties said it was a priority and made videos saying they would address it immediately. A year later and we/the community are no further ahead. I have brought this issue to the attention of Department of Public Works and to the Premier dozens of times and have yet to be give a solution. In the meantime, another summer has gone by and Williams Lake, a gem in our community, is continuing to die.

Let me be clear; this is not a

partisan issue, it is an environmental issue, and one all three parties agreed to fix if they got in power. The PCs won and their word is only as good as their actions. We cannot wait years for this issue to be fixed, action is needed NOW.

Happy Halloween! This year we will be bringing back our annual Halloween party, and we will be partnering with the Urban Farm to do some extra spooktackular fun things for the kids. Keep an eye on social media for details!

Just a reminder that autumn is here and as it gets dark earlier, and the roads get slick from falling leaves, we all need to drive more cautiously.

It is an honour and a pleasure to be

Brendan Maguire 902-444-0147

## Maura Whitman learns to love herself through her debut album

by Johna Whitman

Maura Whitman learns to love herself through her debut album "Introspection", combining her passion for songwriting and mental health advocacy with Juno-Award Producer Corey

"Introspection" is the Debut Album from Maura Whitman an up-and-coming artist and songwriter from Herring Cove. A follow-up to her recent single "Anxiety" which reflects her personal journey of dealing with anxiety and the steps she took to cope with her intrusive thoughts. The tracks on the project explore themes of self-discovery, personal growth, and mental health with an emphasis on the beauty of learning to love yourself.

Co-written with Juno-award winning producer Corey Lerue, Whitman's debut album is a compilation of upbeat pop melodies that gives listeners an unfiltered look at her thought processes as she navigates through her struggles with anxiety and adapts to the pressures of being a young adult in a society that thrives on comparison. From vulnerable and uplifting tracks like "Anxiety" and "Who I Am," to an exploration of personal

flaws with funky bass lines in "Therapist," Whitman dedicates this album to her younger self and those who find themselves alone in their overwhelming thoughts.

She describes the discovery of her self-worth in "With You" and what it's like to have inner voices with opposing beliefs in "Both Sides." As a fourth year Honours psychology student at Acadia University, Maura has combined her passion for mental health advocacy with her love of songwriting in hopes to connect with others who have gone through similar experiences.

With her powerhouse pop vocals, Whitman has created anthems to encourage others to seek help when they need it and to provide a sense of comfort for those going through a similar experience. "I hope that others can connect with this album as I believe that the message is powerful", says Whitman.

At the young age of 21, Maura, a Gordie Sampson Songcamp Alumni, has had the the opportunity to share the stage with many notable names in the industry including: Neon Dreams, Gordie Sampson, Brad Roberts (Crash



Test Dummies), Serena Ryder, Loud Luxury and most recently Walk Off The Earth. Her stage presence, unprecedented and captivating, is quickly proving that age is just a number. "Introspection" is available on Spotify and Apple Music.

Website: maurawhitman.com Instagram: https://www.instagram. com/maurawhitman/

Photography Rafe Ayub

Chebucto News • October 2022

## The Jason Doherty Memorial COMMUNITY EVENTS PAGE



## To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

## **COMMUNITY EVENTS FOR OCTOBER Food Banks:**

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9:30 and 10:30 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Anglican Church Hall (322 Herring Cove Rd) Food bank is open, with pick up on Wednesday, 9:30 to 10:30 am. Orders may be called in up to 10:00 am Tuesday each week. Call 902-477-1954 and leave a message. We are grateful to our volunteer staff for their faithful work for the food bank and its clients. Our website: emmanuelanglicanchurch.net

#### Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- St. Paul's Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup's On, is still operational but as takeout only
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last).

## Harrietsfield Williamswood Community Centre events:

• Christmas Craft Fair November 19 from 9am-1pm, \$30 per table Contact Natasha 902-293-7427 Email hwcc@

outlook.com

- Pre-teen Halloween Dance for students in grades 3 through 5 on Thursday October 20th from 6:30 to 8:30pm
- Currently taking bookings. Please call, email or message us through our FB page (902) 446-4847 email hwcc@outlook.com
- We are always looking for new Board members and volunteers!

#### **Spryfield Lions Club events:**

Regularly scheduled meetings on the 2nd and fourth Tuesday evenings, 7 pm at the Lions Rink Den. We are encouraging anyone who might be interested in attending to call ahead so we can ensure COVID health code regulations are met - 902-479-2917. We will also be starting up our bingos in the future but need more time to work out details. We want to thank the community for their support and wish everyone the best of health.

### City Church (276 Herring Cove Road)

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church (322 Herring Cove Rd) Events: emmanuelanglicanchurch.net, 902-477-1783.

**NEW: Messy Church**, Saturday, October 1, 5-7 pm. Informal worship, fellowship, crafts and dinner for kids and their significant adults, at Emmanuel Church Hall, behind the church. Free.

## Salvation Army (328 Herring Cove Rd) Events:

Family Services by phone call or walk

in 902-477-5393 ext 0.

• Immigration Support by limited appointments call 902-477-5393 ext. 226

## Stella Maris Roman Catholic Parish Events:

• Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or stellamaristwelvebaskets@gmail.com

## St. Paul's United Church (173 Old Sambro Road) Events:

Our outdoor tap is now turned on for the season. This is to allow the people in Harrietsfield who do not have access to clean drinking water to help themselves to our water.

Our first turkey dinner of the season will be on Saturday, October 1. Because this always sells out, you MUST preorder your meal by calling Valerie at 902-423-2441. The cost is \$15.00 per person.

## St. James United Church (3811 Old Sambro Rd) events:

Sat. Oct 15th. Swordfish Supper. Drivethrough Take-out only. Includes roll and dessert. 4 to 6pm \$15 per adult. Cash only

Improve your reading, writing and math skills, work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648

for more information. Let's get learning together!

### Urban Farm Museum of Spryfield events:

ANNUAL GENERAL MEETING Monday, November 14, 2022 7pm at the Capt. Wm. Spry Community Centre. Our UFMSS Board needs additional board members! If you are interested in the future of our Urban Farm, please call Pat at 902-497-3683 or email patriciabmaclean@gmail.com

#### TOPS (Take Off Pounds Sensibly)

Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

Mark your calendars now for TAG's Annual Pantomime Red Riding's In the Hood by Cheryl Theriault November 24-December 10, 2022

Tickets will go on sale in mid-October. Here is what you can look forward to: It's someday, sometime deep in the dark lush woods of Haligonia and there's a rumour of a rumble. Red Riding is reluctantly helping her mother, The Widow R, sell the family wares but Red has plans to launch herself in a more creative direction. When two tiny strangers enter the woods and decide to hang around for a bit they find themselves.

Chebucto News looks forward to returning to a robust community events page when the current crisis ends. In the meantime, we will endeavour to keep you informed.

## Religious Services Directory for October

\*\*To have your religious services added to our directory, please contact the editor: chebuctoeditor@gmail. com by October 22 for November's issue. Please note that due to Covid-19, many of these services may be postponed or cancelled.\*\*

**St. Augustine's Anglican Church** (2010 Purcell's Cove Rd) Service of Holy Communion every Sunday at 10 am

**City Church** (276 Herring Cove Road)

Sunday Family service: 10:30am Nursery and Children's ministry: 10:30am

Wednesday night prayer: 7-8pm

Spryfield Christian Community Church (91 Thornhill Dr) Church services Sunday 11-12 am

Oromo Gospel Church

Sunday worship service: 3 pm and

Tuesday prayer: 10 am.

#### Emmanuel Anglican Church (322

Herring Cove Rd.) emmanuelanglicanchurch.net, 902-477-1783.

8:00 am: Quiet traditional service of Holy Communion.

10:00 am: Lively, contemporary service of Holy Communion with choir. This service is livestreamed.

October 2: Season of Creation October 9: Thanksgiving service October 30: All Saints, Altar of Roses

**NEW: Messy Church**, Saturday, October 1, 5-7 pm. Informal worship, fellowship, crafts and dinner for kids and their significant adults, at Emmanuel Church Hall, behind the church. Free.

We are still following some covid protocols. Please be prepared to wear a mask when walking around or singing. If you are sick, please join us on our livestream.

We are an affirming church. All are welcome.

## **St. Paul's United Church** (173 Old Sambro Road)

Worship at St. Paul's United Church is now in person, at 11am on Sunday mornings. Masks are still required, however. One will be provided if you have forgotten yours.

## Stella Maris Roman Catholic Parish at St Michael's Catholic Church

Weekend Masses:

Saturdays 4:00 pm Sundays at 10:00 am

Weekday Masses Tuesday to Friday 9 am

All current COVID protocols will be followed.

All are welcome, wherever you are on your faith journey!

Parkhill United Church (5 Kirk Rd, Jollimore) and St. James United Church (3811 Old Sambro Rd)

Sambro-Jollimore Pastoral Charge consists of Parkhill United Church (5 Kirk Rd, Jollimore) and St. James United Church (3811 Old Sambro Rd, Sambro). Sunday services at 9:30 am at Parkhill and 11:15 am at St. James. We may ask that people wear face masks. Our 11:15 am service is livestreamed on St James United Church Sambro NS Facebook Page. Bulletins at www.sambrojollimorepc.com, 902-868-2791.

## **Open Door Community Church** (11 Aldergrove)

You are invited to fellowship with us weekly for a time of contemporary worship and Bible based teaching, relevant to your life in today's world. Please join us on Sunday mornings at 10:30am

Please see http://opendoorhalifax. ca for more information and announcements about our midweek meetings and other events.

Page 10 October 2022 • Chebucto News

## LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

#### Barry S. Brackett

Brackett, Barry S., Herring Cove, Nova Scotia.

It is with great sadness that we, the family, announce the passing of Barry at home on Saturday September 10, 2022. Born in Halifax, he was the son of the late John H. and Sophie Brackett.

Music was Barry's passion. He played both acoustic and bass guitar. He enjoyed walking. He could easily walk for an hour every day. By trade, he installed flooring and carpet.

Surviving are his nephews Robert MacLean and Alan MacLean; niece Dayna MacLean.

Aside from his parents he is predeceased by his brother Tim Brackett and sister Lynn MacLean.

Messages can be directed to the family by visiting: www.walkerfh.

#### Rita Kathleen Derengoski

Derengoski, Rita Kathleen (MacDonald) – 71, of Halifax passed away peacefully at the Halifax Infirmary on September 13, 2022. Born in North Sydney, Cape Breton, she was the youngest child of the late Bernard and Annie (Lyle) MacDonald. She is the last surviving member of her immediate family. Kathy as she was known by, is survived by her loving son, Wal-



Being the smaller funeral home just means we never stop increasing the size of our service.

Some people think that bigger is better, but that just isn't the case when it comes to funeral homes.

Because we're a smaller firm, we can give more personalized service and attention to detail. Be assured that you will be treated like one of our own.



Proudly serving the community for over a decade

www.walkerfh.com 902.477.5601

ter B. and loving daughter, Jennifer. Kathy was predeceased by her loving Husband Walter J, as well as her older brother Charles (Bridget Power) and older sisters Bernice, Sharon (Bill Long), Elaine (Daniel MacKinnon) and Marilyn. She was also survived by many nieces and nephews.

Kathy was a trained hairstylist until she dedicated her life to raising her two children.

She was active in the PTA for Central Spryfield Elementary and later B.C. Silver Jr. High, where she also worked as a lunch monitor.

Kathy was also the program director of a Thursday after school youth bowling league at Spryfield Bowlarama, providing fun and putting smiles on hundreds of youth bowlers for 29 years.

Kathy enjoyed speed skating in her youth, and in her later life enjoyed travelling and going to bingo with friends. She was always hosting friends and family at her home, while serving as the official doorperson for her cat Oreo.

However Kathy's favourite activity above all else, was telling everyone how proud she was of her two children: her daughter who dreamed, and became, a Registered Nurse at Nova Scotia Health Authority, and her son who dreamed, and became, a member of a fighter squadron in the Royal Canadian Air Force.

Messages and memorials can be sent to the family by visiting www. walkerfh.com.

#### **Judith Margaret Drysdale**

It is with great sadness that we, the family, announce the passing of Judy at the Halifax Infirmary on August 25, 2022.

Born in Halifax, she was the daughter of the late Eldon and Charlotte Drysdale.

She was a nurse at Veteran's Memorial Hospital in Halifax for many years.

Predeceased by father Eldon, mother Charlotte and sister Brenda.

Online condolences: www.walk-erfh.com

#### Susan MacDonald-Messinger

It is with broken hearts that we announce the passing of Susan, age 51, on September 5, 2022, at the Victoria General Hospital, Halifax, NS. Susan is survived by the love of her life, Frank Messinger, and beloved daughter, Georgia Mae Messinger; her mother, Rhoda MacDonald; siblings, Frank (Cindy) MacDonald, Charlene (Sheldon) MacDonald-Clarke, Kathy (Dave Buffet) MacDonald, and Bobby MacDonald; special family friend, Doug Hollet; and many nieces and nephews. She was predeceased by her father, Donald MacDonald; and brothers Garv and David MacDonald.

Susan devoted her career to TD Insurance, where she spent 24 years, holding many positions, including her most recent, Business Process Officer. Susan's capacity to love and to help

others succeed was one of her greatest accomplishments.

She was a bright light, and if you were fortunate to know her, you were in for the ride of a lifetime. She possessed many talents, including painting portraits, decorating, singing, playing guitar, storytelling and especially making others laugh. She was an avid gardener and collector of all things. She loved camping and attended many outdoor concerts and folk music events, where she was in her element.

With her philanthropic nature, she shared her many talents by encouraging and teaching others to find their own creativity. She taught many to play guitar, to paint, and to spot a bargain. She possessed a giving nature and a desire to help those in need and did not back away from a challenge. Susan had the ability to help others to reorient their lives and to find a clear path to success. She touched everyone who knew her deeply, and if she stood by your side, you were in the best hands.

Susan's family and friends adored her. She enjoyed visiting her extended family in Philadelphia at every opportunity, and hosting visitors at her home. She had the ability to make people feel welcome and loved. She was one-of-a kind, as rare and as fine as a bee's wing.

A special thank you to the nurses at the QEII, and Tammy at the Palliative Care Unit, VG Hospital, who lovingly cared for Susan.

Donations in her memory may be made to the Canadian Cancer Society or the J.L. Ilsley High School, Art Department.

#### **Shirley Mabel Marriott**

Marriott, Shirley Mabel - Halifax - It is with great sadness that we announce the passing of Shirley Marriott formerly of Lakeside, on Friday, September 2, 2022 at the age of 87. Shirley loved music and dancing and DJing dances at the Armdale Fire Hall. She loved bingo, darts, cards, and of course a nice cold beer. She volunteered and fought for many

Chebucto News

community services such as water and sewer, a community hall, as well as buses and bus shelters for her beloved Kline Heights. She was well known for her brownies and date squares. She really enjoyed her road trips with Nancy, Murdock and Florence. Shirley is survived by son Larry (Mary), grandchildren, Ryan, Jason, and Ashley, great grandchildren, Tyler, Peyton, and Cohen; son Stephen (Beverley), grandchildren, Brad and Dale; daughter, Christine (Donald) Gabriel, grandchildren Stephanie and Nicole; Sister Annette Parnell. She was predeceased by husband Ernie in 2010. In lieu of flowers donations can be made to Seaside FM.

#### **Shirley Marguerite Harnish**

Harnish, Shirley Marguerite- Age 86 of Halifax, it with great sadness that we announce the quick passing of Shirley Marguerite Harnish on August 20, 2022 at Melville Heights Nursing Home. Born in Halifax, she was a daughter of the late Wilfred Seaforth and Lillian May (Jollimore) Nicholas. She was the loving wife of the late Kenneth Joseph Harnish. Shirley was survived by her loving family; daughters, Linda (Tom) Dicks, Judi (Joe) Pearson; son, Scot (Ruth) Wagner, all of Halifax; stepsons, Steven, Andrew (Janet), Bruce (Lisa), all of Grand Prairie, AB; stepdaughter, Lorna (James) Curnew; stepbrother, Gerald (Jerry) Nicholas, Halifax; grandchildren, Meagan Wagner, Troy Wagner, Jennifer Pearson, Bobi Dicks, Halifax, Sarah Caldwell, St. John NB; great grandchildren, Kyle Dicks, Alexzandrya Henry, Jonah Caldwell, Isaac Caldwell, Jorja Dicks O'Rielly, Jillian Brace, Jayden Brace, Isabel Harnish, Miles Marriott, Caleb Webb; step grandchildren, Joseph Lyons Jamie Curnew, Jessica Prince, Cory Gorman; along with many nieces and nephews. She was predeceased by brother, Wilfred "Bub" Sinclair Nicholas; sister, Helen Armsworthy; stepson, Michael; step granddaughter, Stephanie. In lieu of flowers donations can be made to Alzheimer's Society of Canada.





902.455.3001

info@ncsigns.ca



58 Portovista Drive, Portuguese Cove, NS B3V 1P4

902-868-1324 mannmechanical.ca

## STEVE MURPHY'S AUTO SERVICE

Community businesses serving

- Wilson's Fuels -

3.5¢ per litre off for cash/debit every day

225 Ketch Harbour Road - 902-477-4160

Complete Collision & Mechanical Shop Services
Body Repairs and Painting • Bench Frame Straightening
Undercoating • Sandblasting • Mig Welding • Furnace Oil



Computer Diagnostics, Brakes, Welding, MVI, Exhaust, Undercoating & Tires. Servicing all Makes and Models.

Monday to Friday 8 am - 6 pm 44 Herring Cove Rd. 902-477-4682 / 902-431-2886

## www.Dandoberty.ca







# Exit Realty Metro is excited to welcome back Amanda Parsons.

After nine years in Calgary,
Amanda has recently
moved back home and is
eager to reconnect with past
clients and work with new
ones. She has a proven track
record for top-notch customer
service, client satisfaction, and
creative marketing.

As a complimentary service, she provides valuable information on topics ranging



from local Real Estate market updates, remodeling, and mortgage information to credit scores, identity theft, and home finances. If you would like to become part of her FREE Client Appreciation Program, or if you are in the market to buy or sell your home, don't hesitate, contact Amanda today!

# What is your home worth?

#### FREE COMPARITIVE MARKET ANALYSIS

Whether you are thinking of selling now or later it is nice to know what your home is likely to sell for in today's complex marketplace.

Why not allow me to conduct a comparison of recent home sales in your area to give you a probable current market value of your home?

To take advantage of this FREE NO OBLIGATION offer you can: Give me a call at 478-4023 and set up an appointment; Text me your contact information to 478-4023 and I will respond; E-mail me at: dan@dandoherty.ca with your contact information. Visit me at www.dandoherty.ca—click on FREE Evaluation, fill in the form and send it to me.

NOT INTENDED TO SOLICIT A PERSON OR PROPERTY CURRENTLY UNDER CONTRACT WITH ANOTHER AGENT OR BROKERAGE

Call your Exit Realty Metro team today.

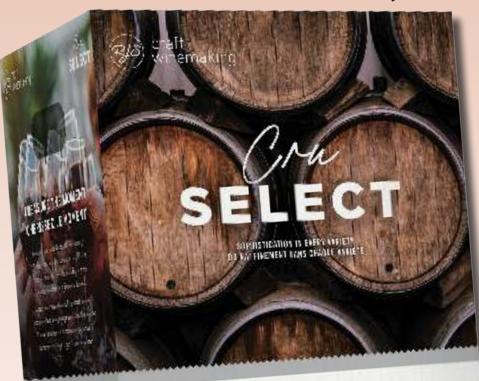
Dan Doherty
902-478-4023
www.dandoherty.ca





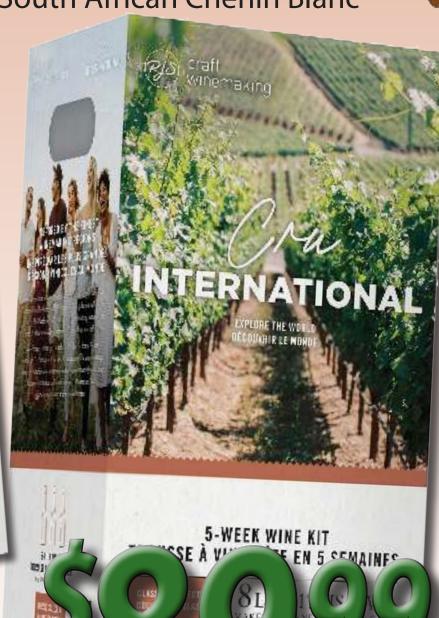
## **Cru Select**

Rosso Grande or Australian Chardonnay California Syrah or South African Chenin Blanc





Special prices expire October 31, 2022



SPRYFIELD STREET STORY OF THOMES AT HOME!

Visit waternwine.com and sign up for our enewsletter to receive notification of monthly specials as well as Limited Time Flash Specials

2 Mont Street 902-477-9463

www.waternwine.com