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What’s Happening at the Urban Farm



Seedy Saturday Plant Sale. Photo by Joshua Barss Donham



Gramps is in the Climbing Tree again! Photo by Joshua Barss Donham

by Ann Hart

The fun has begun! We have cleaned up, made new spaces, composted, laid out the irrigation hoses, and made rows in the plots. Seeds have been chosen and sown, companion plantings are being considered as well as growth timing and nutritional needs. We plant, water, watch and wait. Green comes up like magic!

From Jenna May, Summer Garden Assistant, “I’m excited to be a part of the farm this summer! I’m learning so much from all of our members. I’m currently going into my final year of my Bachelor of Environmental Sciences at Dalhousie University. I have a background in working with the natural environment, I have knowledge to share, and a desire to learn more from all of you. Come see me!”

Watering by hand is a big part of growing plants at the Urban Farm. When the seeds are in the ground and the tiny green shoots begin to emerge, we water consistently. We keep the water barrels full, with plenty of watering cans available, and we turn on the sprinklers and irrigation hoses in the cool of the day. Volunteers clean and fill the bird baths. Everyone weeds, weeds, weeds. Good home-grown food is a luxury in the city. Home grown flowers and natural plantings for birds and insects add to the ambiance and health of any location. Members who have plots at the UF are key in helping to maintain and harvest the market garden crops. We sell from the vine when things are ready. Our Come Grow With Us program for parents and children is designed to teach these skills.

According to Samantha J. Snow, Program Coordinator, “Our Come

Grow With Us family garden is beginning to come to life once again this season. We are excited to have five families and two community groups participate in our annual family gardening program. We have begun bringing our garden beds back to life from the cold, dark winter months and families are mapping out what we are going to plant.”

Five raised garden beds remain available for your family to plant in this season. Please email our Come Grow With Us Garden Program Coordinator, Samantha at urbanfarmprogrammer@gmail.com if you and your family are interested or would like a tour of the farm.

The public events at the UF are a highlight of our season. The Strawberry Shortcake Special and Evenings in the Garden are hosted by the members. Friends and neighbors come to enjoy the gardens, field and woods.

The Strawberry Shortcake Social, which will be held on Sunday, July 17, 2- 4 pm. is an afternoon of eating, music, visiting, wandering and buying produce and flowers from the gardens. You may see monarchs soaring! The climbing trees are full of children and occasionally daring adults.

Evenings in the Garden have been a favorite event for decades at the UF. This year they will be on Tuesday, July 26 and Tuesday, August 23, 6:30 - 8 pm. Music, refreshments, friends, evening magic, full vibrant gardens and lots of garden party costumes and big hats make the evenings such special occasions.

The Seedy Saturday Plant Sale in May was a great success. Having it outside at the Urban Farm was fun.

(See Urban Farm on page 2)

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Urban Farm

(continued from page 1)
We thank everyone who contributed, worked and came to enjoy the day! We work hard to give the community a taste of the fun and natural elements of the Urban Farm. Visitors are welcome on the grounds during daylight hours. There are many ways to participate, and new members are welcome.

For information about the Come Grow With Us Family gardening program, email us or contact Pat at 902-497-3683. Resources, information and membership forms to the 2022 Urban Farm season can be found on the Urban Farm of Spryfield Facebook group page or at urbanfarmspryfield@gmail.com. Our mailing address is 211-339 Herring Cove Road, Halifax, N.S. B3R 1V5. Annual membership fees: Seniors/Students \$5.00, Individuals \$10.00, Families \$15.00 and Groups \$25.00. Charitable receipts will be issued for all membership dues and donations over \$10.00. Your support is greatly appreciated.



Jenna May, our Summer Garden Assistant. Photo by Ann Hart



Jack Dawson, Assistant Supervisor, and Samantha J. Snow, Supervisor, for family programs Photo by Ann Hart

Like to write?

Chebucto News is looking for community writers to report on happenings in the area. This is a volunteer position.

Email the editor at chebuctoeditor@gmail.com to discuss.

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Changing seasons, changing programs

by Carolyn Mont

Have you ever wondered how we would get along without volunteers? You may have noticed the sign on Old Sambro Rd that recognized Spryfield as a Volunteer Community in 2002. If you look around the community, you may be amazed at how much is done by volunteers. Indeed, you may be a volunteer yourself.

At St. Paul’s United Church, we are very aware of how valuable our volunteers are. Rev. Carol Smith was our interim minister from Dec. 2021 to May 2022. While with us, she organized a group of volunteers called the Lay Worship Team. Certainly, we have been used to much of the work of the church being done by volunteers, but this particular group met regularly with her to enable them to conduct worship services if we were without a minister. They stepped up to the task and did a wonderful job of conducting worship services in the month of June.

As many of you are aware, we have a free lunch program, Soup’s On, on Tuesdays from September to June. The wonderful ladies who prepare and serve the meal are volunteers. They have been dedicated to running this program for several years and we hope to see them back when Soup’s On returns in the fall.

Another program that is over until the fall is our Fellowship Tea. These, organized by church volunteers, have been held once a month and will hopefully resume in the fall.

We have a very busy Food Bank

which operates with the assistance of wonderful volunteers, many of whom have been volunteering at St. Paul’s for years. In the past year or so, a group from Stella Maris Roman Catholic Church have been coming on Tuesdays, regardless of weather, to help unload the truck from Feed Nova Scotia; a physically demanding job. They also work with the seasoned volunteers to put the groceries away as well as supporting the Food Bank by donating food.

Sammy says



SACA had another successful Shay & MacKay Memorial Fishing Derby on Sunday, May 29. It was a gorgeous day filled with fun for all ages. 305 folks registered, and 45 of those were children.

Winners were: Adult Division: 1st Place Trout - Chad Brown; 2nd Place Trout - Paul Boutilier; 3rd Place Trout - Steven Clements; 1st Place Smallmouth Bass - Joe Baumgartner; 2nd Place Smallmouth Bass - John MacLeod; 3rd Place Smallmouth Bass - Kyle Drysdale. In the 12 & Under Division: 1st Place Trout - Deagan Smith; 2nd Place Trout - Tucker Clements; 3rd Place Trout - Stettson Henneberry; 1st Place Smallmouth Bass - Kassie Kirk; 2nd Place Smallmouth Bass - Brooks Frank; 3rd Place Smallmouth Bass - Sam Flemming. Our Grand Prize Winners were: 10’ Kayak - Tucker Clements;

Rena Eldershaw, the Food Bank Coordinator, says that this year there are slightly different needs as we head into summer. During the school year, many children take part in school lunch programs but will be in need over the summer. Rena asks that if you are considering donating to a food bank, keep this in mind. There will be a greater need for fresh fruit and food for quick lunches.

With summer vacation in mind, we are reminded of Camp Paul, the sum-

Kids’ Kayak - Blake Miller; Stihl Chainsaw - Justine Cowie; 4 Person Tent - Andi Flemming. Our 50/50 Winner Angie Fong took home \$741.

We want to give a HUGE shout out to our generous sponsors: Abu Garcia, AshMeg Seafoods, Canavan Fisheries, Castle & Cove Real Estate Group, EMCO Corporation, Fleet Brake, Kinsmen Club Sackville, MacLeod’s Auto Services, Mishoos Sambro, Nauti State of Mind, Oceanview Fisheries, Re Group, Rexo Construction Ltd., Reyno Fisheries, Richards Bait & Tackle (PEI), Seaside Metalworks, Sheldon Shay Development, Spryfield Head Shoppe, The Binnacle, and Victaulic (Sales Rep Luke MacDonald).

The derby raised over \$6,600 towards the Shay/MacKay scholarship for a J.L. Ilsley graduate, and toward our future barrier-free fishing area.

This event continues to grow each year. Thank you everyone who attended and participated, volunteered their time, donated goods, services, prizes and cash. You are ALL helping make a dif-

fer day camp for children between the ages of 5 and 12. This camp, a program of St. Paul’s Family Resources Institute, runs for the first 6 weeks of summer. For more information about cost and availability, call Kristen Hollery, our community ministry director. Her number is 902-479-1015.

While some programs end for the summer, others begin. Our community garden is well under way and, at the moment, there are no plots available. You may call Kristen to have your name added to a wait list.

ference in our community!

We were also excited to welcome a new ship to our local fleet, and even more excited to see that two SACA board members, Leslie Harnish and Kim MacKay, were on site to break the ceremonial bottle on the bow and dedicate the new CCGS Hare Bay to the fleet.

Also present were Gary Ivany, Assistant Commissioner for the Atlantic Region, Marc Mes, Director General for Fleet and Maritime Services, and Sipekne’katik First Nation Elder Joe Michael.

This vessel is part of 20 new search and rescue Lifeboats planned under the National Shipbuilding Strategy, and built by Canadian shipyards, which will help efficiently, safely and effectively conduct search and rescue operations while contributing to the safety of Canadians across the country.

You can catch a short video of the christening on the @SACApge on Facebook.

Sammy Sambro is SACA’s mischievous mascot. You can follow him on Twitter and Facebook.

Local non-profit bringing sports camps to Spryfield

by Jodi Brown

Nova Scotians Helping Nova Scotians Association (NSHNSA) is a non-profit organization planning free community services, activities & meals in low-income communities. We offer an opportunity to bring local businesses, organizations, government, and residents together who are all committed to help grow Nova Scotia through organized community programs. Building Stronger communities is important to us.

Almost 1 in 4 children in Nova Scotia live in poverty for an approximate total of 41 370 children. A report from the Canadian Centre for Policy Alternatives says the rate increased 1.7% between 2017 and 2018.

In 2017-18, across Canada, 12.7 percent of households suffered some level of food insecurity. In Nova Scotia, the number is 15.4 percent (almost one in six households) the highest rate recorded in any province.

The purpose of our ONE Sport Programs is to remove the economic and social barriers for children to participate in sports through camps, leagues and tournaments. All of our programs are free and open to the public; our top priority is to see the children out being active with no financial stress on the family. ONE programming is our effort towards reducing poverty in Nova Scotia by creating equal opportunities in sports at no cost to the youth and their families.

Our free annual ONE Basketball Camp is held in Spryfield which holds the highest poverty rate of 48.2% within HRM. (B3R postal codes) --That

percentage of children are living in families with incomes below the Low-Income Measure After Tax (2018 data).

To date we have completed 5 free camps in Spryfield since 2020.

Our short-term goal is to create year-round programming at no cost to

the youth and their families in Spryfield, with our long term goal being to own and operated a multipurpose gymnasium accessible to everyone with free programming.

We are committed to help grow Nova Scotia by providing a safe place

A Rotary moment From The Rotary Club of Halifax North West



Welcome to the newsletter from the Rotary Club of Halifax Northwest, where we share the club’s and Rotary’s news and activities with the communities we serve. This issue highlights Rotary’s Youth Exchange program.

The Rotary Youth Exchange study abroad programs provide international students from 15 to 19 years of age the opportunity to learn a new language, discover another culture, and truly become a global citizen. Individuals can choose to study abroad for a full academic year, or during a gap year immediately following high school graduation before beginning college or university. Students attend local school and live with multiple host families. These exchanges create a catalyst for service, cultural understanding, and lifelong connections to Rotary.

Statistics in a recent Rotary Youth Exchange annual report illustrate the impact that the program has on youth around the globe. A typical year in-

volves:
• Over 8,000 exchange students
• Over 5,000 Rotary Clubs in 68 countries
• Over 5,700 schools around the world
• Over 13,000 host families
Meet our poster student: Mauro!



In 2019 our club and several other clubs in the Metro area welcomed Mauro from Venezuela. In his exchange year Mauro attended Dartmouth High School, following which he studied journalism at Kings College. By then the political situation in his home country, compounded by COVID, made it very difficult for him to return home. The Rotary clubs rallied and raised the necessary funds to allow him to remain in Halifax and to continue his studies. He just completed his second year at Dalhousie University, having changed his focus to Actuarial Science studies (he excels in Math!). In his short time in Canada and Metro he

for children to flourish and grow through partnerships, sponsorships, advertising and donations. If you are interested in helping us reach our short-term and/or long-term goals, please feel free to reach out to us. Email us at NovaScotiansHelpingNS@gmail.com

has developed a mastery of the English language and has sustained a 3.8+ grade point average. He has worked steadily at several jobs while excelling academically and has covered over 25% of the costs of his education and accommodation. Through his gregarious personality, he has charmed everyone with whom he has come in contact and has developed a deep love for his adopted country.

Having served in a Rotary Interact (High School) Club in Venezuela, Mauro continues his involvement in Rotary through the Rotaract Club of Halifax at Dalhousie University. We in Rotary are extremely proud of Mauro’s accomplishments. He is a shining example of how Rotary changes young lives – one student at a time!

Our Rotary Club of Halifax Northwest welcomes everyone to explore community service with us! We pride ourselves on being diverse and inclusive – and we’re friendly! We currently meet virtually (in person when pandemic circumstances allow) every Tuesday from 1145 to 1 pm. at Freeman’s on Dutch Village Road in Fairview. For more information contact Roger Chiasson at rogerchiasson305@gmail.com or 782 234 9408.

DISCOVERING OUR PAST

The Roche family, with its roots in Ireland, settled in Spryfield in 1847

by Iris Shea

One hundred and seventy-five years ago, in 1847, Edward Roche arrived in Spryfield. He worked hard to create a productive farm out of his 300 acres surrounding Roche’s Pond on the Herring Cove. Several years ago a playground and park opened on the Herring Cove Road on the former Roche farm. More recently the ball field was converted to an off leash dog park. The sign says “Roach’s Pond Playground and Park” (note the spelling of the surname), but it was always meant to honour the memory of this entrepreneurial Roche family who contributed so much to Spryfield’s history as a farming community.

A diary and business ledger was kept by Edward Roche’s eldest son, Thomas, and provides an excellent history of the Roche family in Ireland and in Spryfield. The diary is now in possession of a Roche descendant and has been transcribed by a member of Mainland South Heritage Society.

Edward Roche was born not far from Mallow, County Cork, Ireland, in 1806. Edward and his sister, Margaret, set sail from Ireland for Quebec on May 21, 1841, a voyage which took eight weeks. Ten days later they boarded a schooner for Halifax where their two brothers, David and Thomas, had previously settled. Over a period of six years (1841 to 1847) Edward Roche worked as a coachman for several prominent Halifax businessmen, namely Provincial Treasurer Charles Wallace, Church of England Archdeacon John



Photograph of Edward Roche, taken outside his farmhouse in about 1896.

Robert Willis, land surveyor John Wallace, and Halifax/Dartmouth merchant William Lawson. Edward purchased his land in Spryfield from William Gardiner in about 1845 but did not live on his land until after

his marriage in 1847. His wife, Elizabeth Connors, often called Ellen, was a native of Ventry Bay, County Kerry, Ireland.

In his diary Thomas Roche described his father’s Spryfield land as the “forest primeval”. To build his house his father cleared the trees and stones and dug many drains for drying the land. “He made a fair living by hard labor on the land and by repairing roads with money granted by the government of the Province of Nova Scotia”. Edward Roche died in Spryfield on February 3, 1897 at the age of 91 years. His wife, Elizabeth, was listed in the 1901 Ferguson’s Cove census, Spryfield District, as a widow, living with her son Richard and his family. She died November 10, 1906 at the age of 91 years. Both Edward and Elizabeth were buried in Holy Cross Cemetery, Halifax, NS.

Five children were born in Spryfield to Edward and Elizabeth Roche. Their eldest son, Thomas, was born 25 July 1848. In addition to writing an account of his family’s history, his ledger included accounts of his activities, including purchases and expenditures. An entry in his ledger for November 1896 shows that Thomas took a trip to Boston, New York, and Providence, Rhode Island. In preparation for the trip he had a suit “made to order” for which he paid \$16. He spent \$65 “visiting the States”. In New York he saw the Brooklyn Bridge, took a “horse car” to General Grant’s Tomb, and visited F. Scallion. His trip started on

November 17th and he arrived home on November 29th. For many years Thomas Roche served as Overseer of Roads for Spryfield. He never married and died September 23, 1940 on the family farm in Spryfield, aged 92 years. He was buried in the old Roman Catholic Cemetery in Herring Cove.

The second child of Edward and Elizabeth, Edward, Jr., was born July 17, 1851 and died January 16, 1871, aged 19 years. David Roche, the third child, was born April 23, 1853. All three of these boys attended school in Spryfield and were taught by Spryfield’s first school teacher, Elizabeth Sutherland, in her 1859 class. David moved to Halifax as a young man where he became a master painter and well-known stained glass artist. He owned and operated a popular stained glass and painting business. He married Annie Walsh of Dartmouth in September 1879 and had four sons and three daughters. David died September 14, 1908 at the age of 55 years. His wife died September 11, 1928 at the age of 73 years. Both are buried in Mt. Olivet Cemetery. Their daughter, Louisa Cecelia, was Sister Mary Casinier of the Sisters of Charity from Mount St. Vincent and resided in Wellesley Hills, MA, in 1929.

Bridget, the fourth child of Edward and Elizabeth Roche, was born August 31, 1856 and married Edward Hartnett on July 12, 1882. She died March 4, 1894 and was buried in the family plot in Holy Cross Cemetery.

Richard Roche, the youngest son of Edward and Elizabeth, was born November 23, 1857. He married February 6, 1899, Theresa Cecelia Doyle, daughter of John and Sarah (Brunt) Doyle of Harrietsfield. According to the diary of Thomas Roche, his brother, Richard, died Dec 19, 1913 at the Halifax Infirmary and was buried from 87 Dresden Row in the family plot in Holy Cross Cemetery. Richard’s widow, Theresa, died November 8, 1952 in Spryfield and was buried in Holy Cross Cemetery. Richard’s sons, Edward and Frank (Francis Richard) Roche, continued to run the family farm in Spryfield. Edward was a carpenter and, like his Uncle Thomas, was active in his community, serving as Overseer of Roads and representing Spryfield on the Board of Health. He died January 3, 1950 at the age of 42 years and was buried in Herring Cove. Frank, during the 1920s and 1930s, operated Roche’s Dairy from the farm in Spryfield. He served as County Councillor for Spryfield and died January 16, 1965, aged 54 years. He was buried in Gate of Heaven cemetery.

The Roche farm continued to operate for three generations and was one of the last surviving farms in Spryfield.



Photograph of Roche Farmhouse, Herring Cove Road, abt. 1940. Photographs courtesy of Roche family descendants.

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Apartment building is a done deal

by Cathy Vaughan

Spryfield residents were relieved that the application to re-zone 48-50 Old Sambro Road was rejected by the Halifax and West Community Council in November of 2021. But the developer appealed that decision. Despite the best efforts of the Williams Lake Conservation Company (WLCC) to oppose the rezoning, the Halifax and West Community Council was ordered to approve the rezoning.

WLCC’s president, Murray Coolican, was disappointed with the loss of their appeal and explained that “The NS Utilities and Review Board (NSUARB) has allowed an appeal by the owner of 48-50 Old Sambro Road to overturn the decision made by HRM Community Council to turn down an application for re-zoning. This means the zoning will be changed to enable the development of a multi-unit, 4-story dwelling with underground parking.”

WM Fares Architects submitted a planning application request to rezone lands on the Old Sambro Road from R-2P (General Residential Zone) to R-3P (General Residential and Low-Rise Apartment Zone) to enable the development of a 4-story, 13 unit apartment building with an underground parking garage.



48-50 Old Sambro Road – 4 story, 13 unit apartment building approved. Photo: HRM Planning

Coolican commented that “Many Spryfield residents were opposed to the rezoning of lands on Old Sambro Road. They were concerned that the 4-story building will interfere with wildlife in the area and will impact the water flowing off the property into Catamaran Ponds. In addition, the Catamaran Ponds are an important part of the Williams Lake watershed.”

The Spryfield community also expressed concerns with the unsafe flow of traffic from the site into the busy intersection, the potential of flooding basements once construction began, and the loss of the mature tree cover in the area. Blasting will also be problematic for the neigh-

bourhoods as the builder clears the site for the underground parking garage.

After the recent ruling, Martha Leary of the WLCC, noted that “the NSUARB decision reflects the current Halifax Municipal bylaws. The progressive environmental policies in the Halifax Green Network Plan or HalifACT that have been

Conservationists and developers

by Cathy Vaughan

Williams Lake Conservation Company (WLCC) has a long history of trying to work with developers who want to build on lands in the Williams Lake watershed which surrounds the small Spryfield lake. As caretakers of the lake since 1968, WLCC has fought, negotiated and consulted with developers to maximize public access to recreation on the lake, to mitigate any negative environmental impact, to protect water courses that filter pollutants from the lake, and to provide their substantial expertise in conservation and environmental science to protect Williams Lake. Some of their efforts have been successful.

“Creating public access to Williams Lake is a top priority for the WLCC,” says conservation advocate Kathleen Hall, a long-time member of the board of directors. “That is why we are currently following a recent request for zoning change on a 9.4-acre parcel of land on Purcell’s Cove Road that would potentially close an historically significant and well-used path, ‘Lover’s Lane,’ that leads to the shores of Williams Lake. This is an opportunity to work with the developer to preserve this culturally significant path through the HRM “Park Designation” by-law and we are asking to meet with the developer.”

“Park Designation” is an HRM by-law to obtain land from a developer to encourage them to protect public access by deeding parcels of their land to the city for parks for people. According to the Halifax Regional Subdivision Bylaw, Section 82 and 83, developers can deed parcels of their land to HRM to be used as public “parks” allowing the community to continue to use routes through the land to be developed. Unfortunately, this by-law is often not taken advantage of by developers as the municipality can also accept ‘cash-in-lieu.’ The park by-law is often not invoked early enough in the development process to ensure that land is secure for public use, particularly when it is close to, or on, a body of water.

passed by Council have no power until they are in the Municipal bylaws. Without changes to these bylaws, environmental concerns are not considered in a rezoning. The environment always comes in last. We can’t win.”

In an article in The Coast, June 6, 2022, Matt Strickland reported on a

presentation to Councillors made by “Our HRM Alliance.” Afterwards he summarized the dilemma, “Climate plans should have, and need to have, associated bylaws to be effectively implemented. They frequently do not. Development plans always do.”

Until the municipal by-laws reflect the Halifax Green Network Plan, the environment will come last, and we won’t win this fight.



Lover’s Lane path to Williams Lake could be lost in the proposed development on Williams Lake. Photo: Provincial Landscape Viewer. Text edits: Cathy Vaughan

“HRM has asked WLCC for information about this particular 9.4-acre parcel on Williams Lake because we know the land well, have scientific and conservation expertise and understand the community’s stake in any changes in this unique land,” said Martha Leary, a member of the board of directors of WLCC. “A traditional path, called Lover’s Lane, to the lake goes across these lands. The path provides access to swimming in the summer and skating in the winter. Especially during our hot summers, hundreds of people from all parts of Halifax use this path to get to Williams Lake to seek comfort in the cooling waters. As a part of any rezoning agreement, it should be possible for HRM to retain the use of this path for the public.”

Leary submitted documentation to HRM that addressed WLCC’s environmental concerns such as “preventing the substantial loss of old growth forest of huge, 200-year-old hemlocks; the importance of non-interference with the vernal ponds and rigorous protection of the several watercourses that are important sources of water for the lake.”

“We are also seriously concerned about the impact on the health of the lake of development on the shoreline. The lake is at a tipping point now with so many builds in its watershed and cannot sustain further disturbance to the wetlands and peatlands on its shoreline,” states Leary.

Historical Researcher and local resident Iris Shea knows the documented stories of the use of Williams Lake from the 1800s. “This path (Lover’s Lane) has been used by multiple generations of families from the city, surrounding communities, and villages. Generations of local residents, the Jollimore and Boutilier families, dating back to the first permanent settlers of European descendants, on the western side of the Northwest Arm in 1827 used this path to Williams Lake. They can’t possibly close this old path after so many years of use by so many people,” says Shea.

An example of a successful application of this “park dedication” by-law is the Pine Bluff Islands Park on Williams Lake on Wyndrock Drive. These islands contain heritage paths, picnic spots and swimming areas that have been used for 100s of years by multi-generations of families from the surrounding villages

and communities. These islands were deeded to the city by the developer of the Pine Bluff subdivision on Williams Lake and protect traditional access to this recreational lake.

This community entrance to Williams Lake is also a companion park to the popular HRM recreational park on Cunard Pond on Williams Lake, which features a supervised sandy beach, tennis court, volley ball pit, two baseball pitches and grassed picnic areas. This combination of two parks provides residents with access to Williams Lake for fun all year.

Williams Lake also has four HRM public park entrances for all-season recreational activities. The Acorn Road Park non-motorized boat launch, Williams Lake Beach, Pine Bluff Islands Park and the Shaw Wilderness Park provide the surrounding communities and HRM with convenient access to wilderness and recreational activities all year.

Conservation groups, citizen-action organizations, home-owner associations, nature coalitions, and taxpayers want a say in how their communities should look and function. With the environment being a controversial issue, the need for access to nature and a voice in the development process is critical. Consultation needs to be part of shaping our path forward for our communities.

WLCC’s president, Murray Coolican, summarized the group’s sentiments on the potential loss of this path with these questions and a suggestion. “This path is a heritage trail that has been part of our community for generations. Do you want this path to the lake kept open to the public? Do you want to save 200-year-old hemlocks? Do you want to keep this access to Williams Lake open? Then e-mail your local councillor and ask them to help HRM save this path!”



Councillor Patty Cuttell
District 11
Spryfield - Sambro Loop - Prospect Road

City Hall - 1841 Argyle Street
PO Box 1749, Halifax, NS B3J 3A5

902.221.6893
patty.cuttell@halifax.ca

Learn more:
View: Video Lover’s Lane – WLCC’s website
Read: Submissions to HRM on Backlands Coalitions FaceBook
Act: Contact your local councillor and ask them to save Lover’s Lane
Email: patty.cuttell@halifax.ca
shawn.cleary@halifax.ca



Saturday, July 16, 2022

1pm Fun-DUCT-Raiser: duct tape & cardboard boat races
(75 Old Sambro Road)

3-7pm Children's Events, Train, Bouncy Castles,
Cotton Candy, Popcorn, Barbeque
(J. Albert Walker Community Sports Field)
(51 Mountain Road)

3-7pm Business Trade Show/Community Expo
(J. Albert Walker Community Sports Field)
(51 Mountain Road)

3-9:30pm Beer Tent and Food Truck Rally with
Roll On Two Chimney Cakes
Miller's Gourmet Kettle Corn
Abhi's Curry N More
Hook The Cook
Jamaica Lee Style Cuisine
The Golden Boba Bubble Tea
(J. Albert Walker Community Sports Field)
(51 Mountain Road)

On Stage at the J. Albert Walker Community Sports Field
(51 Mountain Road)

3-4pm The Roadside Trio
4:30-6pm Caity & the Crowns
6-7pm The Amazing Mr. J Magic Show
7:30-9:30pm 4 Way Stop

Sunday July 17, 2022

2-4pm Strawberry Shortcake Social
(Spryfield Urban Farm Museum, Rockingstone Road)
Entertainment by Marjorie Willison

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My philosophy is, you're never too old to do something.

- Rosie

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It's market time in Spryfield: make it, bake it, grow it!

by Diana Dibblee, Registered Dietitian and Market Volunteer @dibbssondining on Instragram and Facebook

Welcome back to summer in the Maritimes; let's hope for a season full of sun and fun in this beautiful area we call home. What better way to celebrate then enjoying delicious meals from Nova Scotia Farmers, and goodies made by craftspeople in our region? Join us every Sunday from 12pm until 3pm for the Spryfield Market. Conveniently located in the parking lot of the Guardian Drug Store, 203 Herring Cove Rd, the market has something for everyone. Shop local and enjoy fresh farm produce, home-made treats and fresh bread, clothes and other household items like soap and cards. It's One Stop shopping for your week at your friendly, neighbor-

hood Market.

Visit our Local Jam and Jelly maker Rhonda, The Jam Lady. She has an amazing selection of tasty jams such as grape, peach, strawberry as well as specialty jellies including hot red pepper, mango and blueberry. They are all delicious and made locally here in Spryfield. Once you have picked out your favourite jams, stop by some of our other vendors, such as Pickford Farms, The Cidery, or Hali-Made Crafts. You will find so many great vendors and are encouraged to support our Market Tokens Program which strengthens local food security.

Throughout the summer and into the fall, you will find a variety of fruits and veggies from local farmers. Carrots, apples, berries, potatoes, corn, lettuce and greens, peppers,

and so much more. You couldn't ask for fresher produce, as everything is harvested locally and brought right to the Spryfield Market.

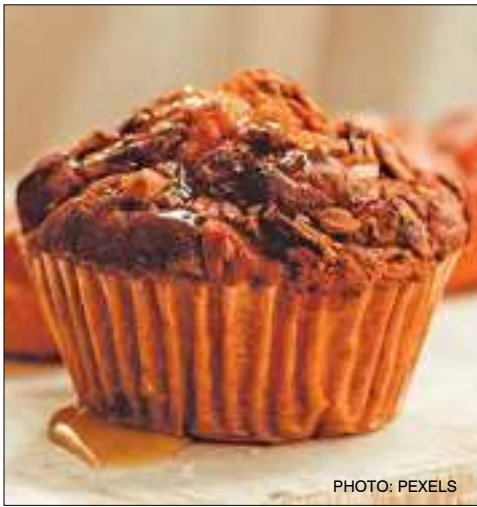
In the meantime, check out this recipe for yummy, and easy,

Carrot Apple Muffins:

Bowl 1: Combine 1 ½ cups flour, 1/2 cup oats, 2 tsp cinnamon, 1 tsp baking soda, 1 tsp baking powder, 1/2 tsp salt.

Bowl 2: Mix 1 cup grated apple (about 1 large apple), 1 cup grated carrots (approx 3 carrots), 1/2 cup maple syrup or honey, 1/2 cup melted butter, 1/4 cup milk of choice, 2 eggs, whisked, 1 tsp vanilla

Options to add in ½-1 cup raisins, nuts or chocolate chips.



Slowly add the dry ingredients to the wet bowl, and then gently fold in any options you choose. Cook in 12 greased muffin tins (or use liners) at 350F for 20-22 mins. Enjoy!

See you at the Spryfield Market!

The REC Van is coming to a location near you this summer!

The REC van is stacked with equipment for more than 50 different activities and sports, including baseball, basketball, soccer, washer toss, giant checkers, archery, skipping, and much more!

Check out our daily stops scheduled every Monday - Thursday from July 4 to August 26.

Visit halifax.ca/RECvan for schedule updates and weather cancellations

HALIFAX

Weekly Green Cart Collection

For the months of July, August, and September, green carts will be collected **every week** throughout the Halifax Regional Municipality.

halifax.ca/recycle

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LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Amy Charlotte Mills

It is with a heavy heart that the family of Amy Charlotte (Simpson) Mills announce her passing, Wednesday May 18, 2022 at the age of 93 in her home surrounded by her family. Born July 20, 1928, she was the daughter of the late Harry and Florence Simpson.

Mom was a loving wife, mother, mother-in-law, grandmother, great grandmother, sister and wonderful friend. She will be remembered warmly by all those who knew her. She had a beautiful spirit and warm loving heart.

Her family was her pride and joy. Throughout her life she loved to babysit her grandchildren and great-grandchildren. She also loved all animals especially cats (she rescued many of them), she loved listening to music, crochet and her favorite pastime was watching TV.

Mom loved to tell stories about her past and we loved to listen to her. She had a great sense of humor and could make you laugh when you least expected it. She loved to reminisce of days gone by. She grew up in the North End of Halifax, lived on Robie Street for many years, then moved to Cabot Street. Once she got married, her, Matt and her parents all moved

to Old Sambro Road where she fell in love with this little white house on a beautiful spring day where she raised her family and lived for 66 years.

She loved her family who will miss her dearly. She is survived by her daughter Linda (Don) Thornhill, son Stephen (Ginette) Mills. Her grandchildren, Nadine (Mike), Marc (Marri- anne), Luke (Vicky), Hayley (Darren), Jonathan (Nancy), step grandchildren Carmen (Maxime), Remi and her great-grandchildren Blake (Emily), Mason, Maggie, Layla, Fisher, Avery, Edmund and Libby. Sister Jean (Phil) Ellis and special niece Susan as well as her neighbors (friends) Richard and Angela.

She was predeceased by her husband Matthew F. Mills, beloved son Michael F. Mills, infant daughter Susan, granddaughter Michelle Mills and her brother George Simpson. The family would like to extend their deepest thanks to “Always Home Homecare” caregivers: Joyce, Nnenna, Betty, Emmanuela, Nawa, Sadiya, Chioma, Ekjot, Brenda and all Amy’s dedicated health care providers.

In lieu of flowers, donations in memory of Amy Mills may be made to Hope for Wildlife: 5909 Highway 207, Seaforth, Nova Scotia B0J 2L0 902-407-9453

Online condolences: www.walkerfh.com

Doreen Findley

Findley, Emily Doreen (Findley), Sambro, It is with great sadness that we, the family, announce the passing of Emily at Halifax Infirmary on May 25th 2022. Born in Sambro she was the daughter of the Late Joseph & Maude Findley.

Emily loved reading books as well as playing with her grandchildren and great-grandchildren. She is survived by her husband, Leslie; son Craig (Heather), granddaughter Amanda (Mark) and grandson; Michael (Jill) along with great-grandchildren; Cohen, Payton, and Sophia. She will be sadly missed by Goldie, Joyce, and many friends.

Along with her parents, Emily was predeceased by daughter; Dawn and siblings; Erna, Anita, Dalton, Ivan, Brenton and Berard.

Memories and condolences may be shared with the Findley family be visiting www.walkerfh.com

Kathy Ann Melvin

Kathy Ann Melvin (Feltham)- Age 65 of Halifax (Spryfield) NS, passed away peacefully at home in the early hours on Sunday, May.29th, 2022. Born in Halifax, she was the daughter of late Gwendolyn (Nicholson) Feltham, and Arthur Feltham.

She is survived by her loving husband, Stephen Melvin; 3 children- Janine (Brandon), Jillian (Jonny), & Andrew (Leah); 5 grandchildren-

Dylan & Kyleigh Melvin- Bannister, Mason Melvin, Jovie Anderson, and Maya Bailey; siblings - Ronnie (Sharon) Feltham, Bonnie (Derek) Firth, Earl (Doreen) Feltham, & Heather (Ricky) Lane; many nieces, nephews, family, and friends all who she loved with each ounce of her being.

Kathy was a proud Spryfielder, born and raised. She attended B.C Silver Jr. High and graduated from J.L. Ilsley, 1974. She moved on to Vocational school where she took Business Administration. She became a mother in 1983 & worked in various business administrative positions (Gulf, Blunden Construction, NSHA) for years. After her second and third children, she opened her home to outside childminding, while continuing care of her children, friends, and family, & aging parents,

Family was priority to Kathy. She loved family events, music, dancing, hosting Sunday dinner, thrift shopping, nature walks, paddle boats and sightseeing outings. She collected everything of sentimental value- gifts, cards, pictures, art, cherished teddies, trinkets, decorations.

Kathy was a dedicated member and asset at Emmanuel Anglican Church, Spryfield her entire life. She was involved in many of the church activities; the mothers union, various community events, counting of donations, and was known widely for her loving work on the Baptismal Committee. Her faith was so inspiring and important to her.

Her thoughtfulness was known near and far. She sent hundreds of cards a year to friends and family, community, and church members for every occasion. She loved birthdays, and always made everyone in her life feel so special. At any given point there were 100s of gifts in her closet and attic, waiting to be sent off.

She was loved by and loved her grandchildren more than anything. They will tell you she was the best at playing toys. She could create magic out of any item; a box, a plastic coin, a trinket from Frenchie’s (she loved Frenchie’s!). She would sit in the little playroom on the floor and find the kids cool items from 1983 that she kept. She would “meow” like a cat to melt the kid’s hearts and had the ability to turn any frown upside down.

Kathy was a true angel here on earth, who would truly do anything for anyone. She was our rock, our backbone. She lived with so much zest and so much love. If everyone loved and cared the way Kathy did, the world would be a better place. Although we are broken and lost, we have peace in knowing she spent her last time on earth having a blast, dancing, and celebrating her wedding anniversary happily with Stephen. The wonderful night ended with her slipping to the other side deep in her dreams, just how she always said she wanted to come home.

In lieu of flowers we ask that donations be made her to beloved Emmanuel

Anglican church via cheque or Etransfer (emmanuelchurch@eastlink.ca)

Please embrace every moment graciously with friends and family, stay humble, see the silver linings, & spread love the way Kathy did.

Online condolences: www.walkerfh.com

Carol Anne Boutilier

It is with great sadness that we, the family, announce the passing of Carol Anne Boutilier of Spryfield, N.S.

Carol was a caring wife, mother, grandmother, sister, aunt, and friend. She left this world suddenly on June 1st, 2022, at age 75.

Carol was the daughter of the Late Clovis Landry and Alice (Catherine) Smith.

She lived a beautiful life. She dedicated her time to caring for others and helped raise her two grandchildren, Eryn and Franklin. The care and concern she had for her family was like none other. She left a legacy to her children and grandchildren for them to flourish and live prosperously.

Her optimistic outlook on life unequivocally impacted the people around her in the most positive way possible. She could build character, constructively criticize and be your best friend all at once. She was a guardian to all those she loved. She harnessed such a wonderful ability to paint an illustration in your mind. Her story-telling capabilities were impressively remarkable.

Her hobbies and interests included walks through nature and by the ocean, gardening, sewing, knitting, word puzzles and lover of music. Close to our hearts she will be loved, remembered, and honoured.

Carol was predeceased by her loving husband Robert (Raymond) and brothers Peter and Robert (Bobbie) Landry.

The surviving progeny and family of Carol Boutilier are her sister, Alice Purton of London Ont. also her daughters, Michelle Fiske, Christina Jorgensen, and husband Rolf, her son, Robert, and wife Trish (Hill). Also are her three grandchildren, Alex Boutilier, Eryn, and Franklin Fiske, as well as nieces and nephews.

A sincere thank you is extended to family, friends, neighbours, and health care professionals involved

Memories and condolences may be shared with the Boutilier family by visiting: www.walkerfh.com


Eva Gertrude Garrison

Eva Gertrude (Marryatt) Garrison, April 25, 1928 - June 3, 2022

Born in West Pennant to Samuel and Melvina (Zinck) Marryatt. Worked at Moir’s Confectionery before she was married. Predeceased by her husband Rexford (1999) and is the last surviving member of her family of 7 brothers and 6 sisters.

Survived by 3 children: Dale (June) Garrison, Astrid (Jim) Williams and Eric (Judy) Garrison; 7 grandchildren and 8 great grandchildren.


In lieu of flowers, donations may



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OBITUARIES

be made to St. James United Church, Sambro.

Online condolences: www.walkerfh.com

Colin Norman MacKinnon

Age 89, of Halifax, passed away in his sleep, May 31st in the Halifax Infirmary. Colin was born in Groves Point, Boularderie Island, Cape Breton. He was the 6th child of the late John Collins and Denise (Joiret) McKinnon.

Colin left home at a young age to join the Royal Canadian Navy, which was a career lasting 27 years. He was an Aero Engine Tech and served on the aircraft carriers HMCS Bonaventure and HMCS Magnificent with the rank of Sergeant. After a brief break, he went back to work at the Dockyard as a stores-man for another 12 years. He continued to attend the CNAG monthly meetings in Shearwater. He was also a member and treasurer for many years at the Fairview Cribbage League. His other hobbies were bowling, fixing anything, like washers, dryers, plumbing, heavy equipment, and carving, reading his newspaper and doing all the puzzles. All of his nieces and nephews fondly remember him. “He would always have peanuts for me to eat and give us toonies” We’re sure he will be remembered by many at the mall as “the man with the beard giving toonies to all the children”.

He is survived by his sons, Richard

(Vera Lynn) and Nathan and his close friend Anna Murray, all of Halifax, grandson, Kyle and granddaughter Brenda and great grandchildren, Jacob and Rebecca. Colin is survived by sisters, Denise Young (Ambrose) of Ontario, and Colleen Blom (Robert) of Halifax, and brother, Gilbert (Grub) in California. He was predeceased by his loving wife of 51 years, Joanne (Bennett). sisters, Elizabeth Gamble (Victor) and Ella Mae Cameron (Martin), and by brothers. John Byron (Romaine) James Edward (Marlene), Joseph (Janet), George (Anne), and Paul (Verna).

The family would like to thank the staff of VON Canada, Bay Shore Health Care and Paramed for all the home treatment the past few years. Also, a special thanks to the staff of the Halifax Infirmary in units 8.3 and 8.4 for their care in the past few months. Because of Colin’s love of animals and birds, in lieu of flowers, donations may be made to Hope for Wildlife - or a charity of your choice. Online condolences www.walkerfh.com

Carol Gay Mickelberg

It is with great sadness that we, the family, announce the passing of Carol Mickelberg on June 3rd, 2022.

Born on April 20, 1939 in Halifax she was the daughter of the late Robert and Matilda Doubleday. Carol loved music and would frequently attend the Bluegrass festivals and music Jams with her husband Ernest. She loved to sing and play her guitar, and

even though she was shy, she would still get up on stage with the other musicians. She was an avid animal lover and enjoyed watching the different species of birds that frequently visited her back yard. Her dog and cat were a great comfort to her during her time of illness. Her grandchildren and great grandchildren were her whole world, which she loved each and every one of them so much.

Surviving her is her husband of 66 years, Ernest (Vincent) Mickelberg, daughter Nancy Christian (Blair), Linda Saunders (Troy), her grandchildren Ernest Young (Lori), Cory Young (Robyn), Craig Christian (Amanda), Candice Reashor. Great Grandchildren Kendall Williams, Carter Christian, Jessica Christian and Samantha Christian; her sisters Geraldine Melnyk, Lorraine Turner, brothers Carl Doubleday and Clarence Doubleday. Predeceased by her daughter Valerie Reashor; sisters Jean, Doris, Margaret, Eileen (Mickey), Elizabeth (Betty); brother Clifford.

The family would like to extend a special thanks to all the staff of Hospice Halifax for their care and compassion, and also to Cindy Bell (Palliative care team) and all the VON nurses that helped us care for her while she was at home.

Donations in memory of Carol may be made to St. James Anglican Church.

Online condolences: www.walkerfh.com

Michael Alexander MacIsaac

It is with heavy hearts that we announce the passing of Michael Alexander MacIsaac, 46, of Sambro Creek, NS on June 8th, 2022. Born in New Waterford, Nova Scotia. Michael was the son of Alexander MacIsaac and the late Lynn (Corbett) MacIsaac. Michael had a true love of cars, fishing, camping, and relaxing by the fire; you could always find him enjoying the outdoors with his family and friends. Michael was a respected man. He was a pipefitter by trade. He was a very hard and dedicated worker. He adored and loved his family; he was an amazing father and a wonderful husband. Michael leaves behind his loving wife of 13 years, Jessica MacIsaac; Son, Aidan (Maya) MacIsaac; Daughters, Emily (Mathew) Bisson and Ivory MacIsaac; Grandsons, Nathaniel and Theodore Hogan, Grandmother Lorna Corbett; Mother-in-Law, Irene Hansen; Brother, Mark MacIsaac; Niece, Irallynn MacIsaac; including numerous family and friends all of whom he truly cherished. Michael was preceded by his grandfather, Harry Corbett who was a true role model for him.

In lieu of flowers, donations can be made to the Heart and Stroke Foundation.

Online condolences: www.walkerfh.com

Religious Services Directory for July

*****To have your religious services added to our directory, please contact the editor: chebuctoeditor@gmail.com by July 22 for August’s issue. Please note that due to Covid-19, many of these services may be postponed or cancelled.*****

St. Augustine’s Anglican Church (2010 Purcell’s Cove Rd)
Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road)
Sunday Family service: 10:30am
Nursery and Children’s ministry: 10:30am
Wednesday night prayer: 7-8pm

Spryfield Christian Community Church (91 Thornhill Dr)
Church services Sunday 11-12 am

Oromo Gospel Church
Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd.)
emmanuelanglicanchurch.net, 902-477-1783.

All our services are in person and also some are livestreamed. Please note, we will still be following Covid protocols with gradual loosening of restrictions, so you may be asked to wear a mask and distance. If you are ill, please join us online.

Sunday Worship 8:00am Quiet, traditional communion service
10:00am Lively, contemporary communion service with choir.
We are an affirming church. Everyone is welcome.

St. Paul’s United Church (173 Old Sambro Road)
Worship at St. Paul’s United Church is now in person, at 11am on Sunday mornings. Masks are still required, however. One will be provided if you have forgotten yours.

Stella Maris Church at St Michael’s Catholic Church
Weekend Masses:
Saturdays 4:00 pm at St Michael’s Church, Spryfield and
6:00 pm at St Paul’s Church, Herring Cove
Sundays 9:00 and 11:00 am at St Michael’s Church, Spryfield

Weekday Masses at St Michael’s Church, Spryfield:
Monday and Tuesday 12 Noon
Wednesday 7 pm
Thursday and Friday 9 am
All current COVID protocols will be followed.
All are welcome, wherever you are on your faith journey!


Parkhill United Church (5 Kirk Rd, Jollimore) and **St. James United Church** (3811 Old Sambro Rd) Sambro-Jollimore Pastoral Charge
In-person Sunday worship services in July will be at 10 am at St. James United Church, 3811 Old Sambro Rd, Sambro. We offer online Sunday worship on St James United Church Sambro NS Facebook Page and YouTube. Bulletins at www.sambrojollimorepc.com, 902-868-2791.

Open Door Community Church (11 Aldergrove)
You are invited to fellowship with us on Wednesday evenings, at 7:00 pm, for a time of contemporary worship and Bible based teaching, relevant to your life in today’s world. Please see <http://opendoorhalifax.ca> for more information.

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WE CARE

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR JULY

Food Banks:

- St. Paul’s Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9:30 and 10:30 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Anglican Church Hall (322 Herring Cove Rd) Food bank is open, with pick up on Wednesday, 10:30 am. Orders may be called in up to 10:00 am Tuesday each week. Call 902-477-1954 and leave a message. We are grateful to our volunteer staff for their faithful work for the food bank and its clients. Our website: emmanuelanglicanchurch.net

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- St. Paul’s Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup’s On, is still operational but as takeout only
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael’s Church Hall site. (while supplies last).

Harrietsfield Williamswood Community Centre events:

- Currently taking bookings. Please call, email or message us through our Facebook page, 902-446-4847 or email us at hwcc@outlook.com
- Currently looking for board members and volunteers
 - REC Van every Monday 1pm-3pm ALL SUMMER!!
 - Drop in Song Circle will meet Thursday evenings this summer (time to be determined)
 - Our After School program is looking for a staff member to join our team in September. Hours are 1-6pm daily. Staff children (school age only) attend free. Open for In service days, March Break and Summer. Please apply with resume by email or drop by.

Spryfield Lions Club events:

Regularly scheduled meetings on the 2nd and fourth Tuesday evenings, 7 pm at the Lions Rink Den. We are encouraging anyone who might be interested in attending to call ahead so we can ensure COVID health code regulations are met - 902-479-2917.

We will also be starting up our bingos in the future but need more time to work out details. We want to thank the community for their support and wish everyone the best of health.

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Salvation Army (328 Herring Cove Rd) Events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish Events:

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael’s Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or stellamaris-twelvebaskets@gmail.com

St. Paul’s United Church (173 Old Sambro Road) Events:

The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

Summer is here and things are opening up again

This past month I was happy to attend the Chebucto Heights, William King and Harrietsfield Elementary Spring fairs. The events were filled with bouncy castles, cotton candy, cakewalks, balloons and, most importantly, our children together having fun. I want to thank all the staff and volunteers who worked day and night to make these events possible. The fairs are always a fantastic way to kick off the summer season.

We have a new Coast Guard Boat for Sambro. I was proud to attend an event in Sambro to watch christening of a new Coast Guard ship. The event was well attended and filled with servicemen and women. The absolute best part of the event was that local Sambroians Leslie Harnish and Kim Mackay got to do the honours, a very proud moment for the community.

It is time to send in your nominations for the Platinum Jubilee Medal. Each MLA has been invited to nominate fifteen residents of their

Our outdoor tap is now turned on for the season. This is to allow the people in Harrietsfield who do not have access to clean drinking water to help themselves to our water.

Improve your reading, writing and math skills, work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let’s get learning together!

Chase the Ace Returns: The Spryfield Legion and Forever Young Seniors Club Spryfield Legion/Forever Young Seniors Club Chase the Ace has commenced at the Spryfield Legion.

Tickets are sold during legion hours every day and draws take place each Wednesday. Tickets are \$5 each

Urban Farm Museum of Spryfield events:

- July 17th: 2-4pm Strawberry Shortcake Social will be a part of Spryfield Days
- July 26th and August 23rd, from 6:30 to 8pm, we host Evenings in the Garden
- September 17th: School Farm Day will be a part of our Harvest Fair.

We hope you will visit our Urban Farm often over the summer months. We welcome new members (\$5 for students and seniors, \$10 for individuals, \$15 for families and \$25 for groups) If you have questions, please call Pat at 902-497-3683 or email patriciamaclean@gmail.com

TOPS (Take Off Pounds Sensibly) Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

Free Basketball Camp, August 27th for all genders. Ages 5-12 from 10am to 1:30pm. Lunch and drinks included. Ages 13-18 from 2pm to 4pm for training and 5pm to 8pm for games. Supper and drinks included. If you have never played basketball before, this is your chance. All skill levels welcome. Register by email at allnovascotiabasketball@gmail.com

Chebucto News looks forward to returning to a robust community events page when the current crisis ends. In the meantime, we will endeavour to keep you informed.

constituency to receive a Platinum Jubilee Medal. Our office may also receive nominations from the general public, and these candidates can be considered for nomination as part of our allotment. I have to have the nominations in by Oct 21 2022. Email your heroes to my office at brendan@brendanmaguire.ca

This is your chance to nominate someone that you feel is deserving of this honour.

The focus of this program is to honour those who have devoted themselves to the service of others, especially throughout the pandemic, and/or is a hero as a result of their job, volunteer work, or contributions to their community.

To be eligible for this honour, a person must:

- Be a resident of Nova Scotia or have a strong direct connection with the Province.
- Have made a significant contribution to Canada, Nova Scotia or to a particular region or community
- Have been alive on 6 February 2022, the 70th anniversary of Her

Majesty’s accession to the Throne. Please provide:

- Nominator name, phone number and email address
 - Nominee name, gender, phone number, mailing address and email address
 - Provide a short citation on why you are nominating the individual
- Congratulations Pat Dempsey on your well-deserved retirement, all of us will miss seeing you at Sambro Elementary, but we know you will always be around.

Happy Canada Day everyone, I hope you got out and enjoyed the events.

Lastly a very Happy Birthday to my son Oliver.

The job of an MLA means you miss a lot of family stuff, and you need a very understanding and supportive family. Oliver, even at a young age, has been an amazing support for me; my son and my best friend, love you bud.

I am so proud to be your MLA
Brendan Maguire 902 444 0147
brendan@brendanmaguire.ca

Sharon Kenney REALTOR®

902-483-7325
Sharon@alreadyhome.ca
www.alreadyhome.ca



Dan Doherty REALTOR®

902-478-4023
Dan@DanDoherty.ca
www.DanDoherty.ca



Donna Flemming REALTOR®

902-430-3833
donna@donnaflemming.com



The Nova Scotia Association of Realtors statistics for May 2022 in Spryfield!



In May, the average price of a single family home was reported as 24+% higher than last year. The average price of a condo was almost 37% higher than last year.

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902-478-4023

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50/50 Fundraiser supporting Long Lake Park: Monthly Draw

Help support the Long Lake Provincial Park Association care for Long Lake Provincial Park. With Covid 19 making the rounds we were not able to hold any fundraising activities at the park for the past 18 months. We need to raise funds to keep the trails in tip top shape, the bathrooms clean and the garbage collected. As well as do spring cleanups prior to the park opening each spring. You can help by joining in on our 50/50 fundraisers that start on November 1, 2021, 7am.

To support us please check out our LLPPA Raffle – <https://www.rafflebox.ca/raffle/llppa>

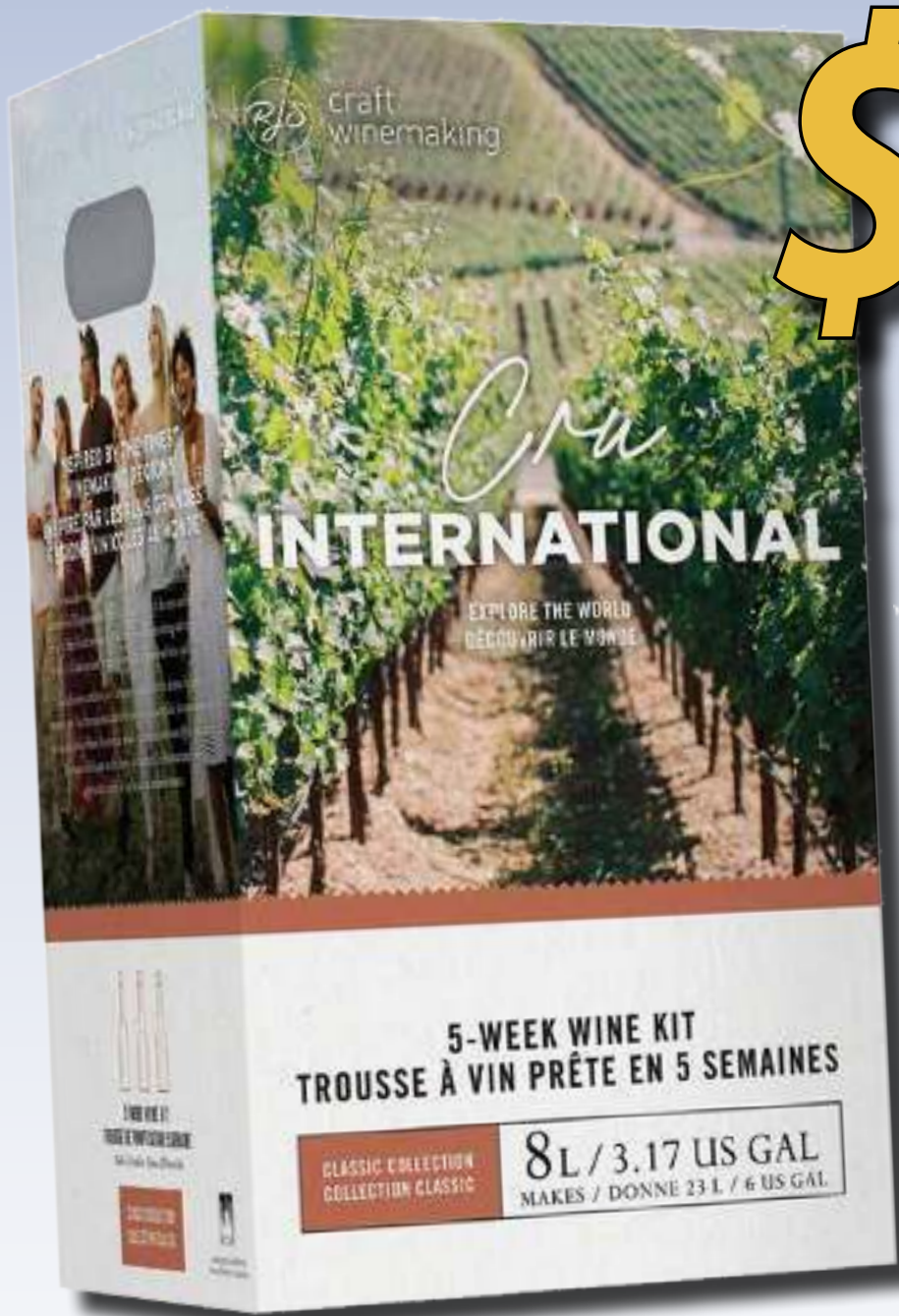
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