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Spryfield Days Duct Tape Cardboard boat races



The July 16th Spryfield Days Duct Tape Cardboard boat races celebrated summer.

Featured in this photo is Team EXIT Realty Metro, left to right: Linda Smardon, Harmonie Chafe-Webber and Deandra Howes. More photos from the races on page 2.

2022 Fall activities at Spryfield Legion

The Earl Francis Spryfield Memorial Legion continues to follow its Mission Statement and has been providing assistance to veterans and their families in our area throughout the year.

This assistance includes help with everyday necessities, medical apparatus, and other related items that enable us to honor and pay tribute to our veterans.

In June, the legion awarded \$13,500.00 in bursaries to JL Ilsley graduates who are descendants of veterans.

These bursaries assist the students with the cost of pursuing higher education.

As autumn approaches, the legion is preparing for the coming season as a number of activities are expected to come back into play - beginning in September.

Various sports leagues as well as other events are being planned - with darts and pool leagues at the forefront, along with crib tournaments.

(See Fall activities on page 2)

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Fall activities

(continued from page 1)

In addition, the legion is looking forward to bringing back the ever-popular Monday afternoon Seniors’ Dances.

Plans for Sunday afternoon bingo are also in the works and as soon as volunteers are in place, efforts will be made to start bingo again.

Karaoke has been taking place and hopefully that this will continue on a

monthly basis.

The legion kitchen is now open on Fridays from 4 - 7 pm and the hall is available to the general public for rentals.

Information on rentals can be obtained by visiting the legion at 7 Sussex St. or by phone at 902-477-0467.

At present, the legion’s hours of operation are M-W: 3 pm - 11 pm; Thurs/Fri: 1 pm - 11 pm; Sat: 10 am - 6 pm, and Sun: 1 pm - 10 pm.

Once again, the Spryfield legion

is inviting area residents, especially newcomers to the area, to visit the legion and obtain information as to what the legion has to offer. We are always looking for new members who wish to join the legion and volunteer some time to enhance the services the legion provides to the community.

Information on legion activities can be obtained by visiting us during opening hours, checking the legion sign, or going to the legion FaceBook site at: Royal Canadian Spryfield Legion.

Spryfield Days Duct Tape Cardboard boat races



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Summer at St. Paul’s United Church

by Carolyn Mont

If you were to stop in at almost any church on a sunny summer Sunday, you will most certainly find that there are seats to spare. Is that, however, what happens through the week? Maybe...

At St. Paul’s United Church in Spryfield, there is a lot of summer activity. We have our well established community garden. This, however, is in the field behind the church and unless you were looking for it, you might not see it. To the best of our knowledge, this is the oldest community garden in Nova Scotia. The gardeners are an eclectic group, many of whom have been gardening there for years, keeping the same plot from year to year. If you are interested, you do not have to be associated with the church in order to have a plot there. It is, after all, a community garden and is open to people from our community and beyond.

Camp Paul, our summer day camp, is a beehive of activity. The children are often off site, going swimming at Kidston’s Lake, or to various museums in town or attending activities at the Captain Spry library.

If I happen to be at the church on a weekday, I am surprised at how many times I see people coming in to drop off or pick up their income tax returns. Volunteers complete these forms for specific income groups.

If any of the above activities interest you, please call Kristen Hollery, Executive Director of our Family Resources Institute (FRI). The above are all programs of FRI and Kristen can be reached at 902-479-1015.

Due to Covid, there has not been a lot of recent fundraising at St. Paul’s but there are two events you may want to check out. These are both for FRI. If you are interested and want more information, please call Kristen at 902-479-1015.



by Subject to Change

Back in October, the Neighbourhood Placemaking grant offered by HRM was brought to my attention. For this grant, they ask for a group of citizens to propose a project that will bring people to create a sense of place and connect neighbours. I posted about the grant on Facebook and asked for ideas and interested team members. From there, a team of 8 volunteers was formed (we would eventually call

The first is a takeout spaghetti dinner Saturday, September 17, at 4:30 -6:30. The cost is \$15.00 for adults, \$10.00 for children 12 and under. A family of 4 can eat for \$ 40.00. This can be picked up at St. Paul’s United Church at 173 Old Sambro Rd.

New Roller Dome is a great time

by Sam Ramsay

If you’re looking to try something new, or just enjoy colourful lights, fun music, and friendly people, the new roller dome in Spryfield might be worth checking out! I haven’t been roller skating since I was a child pulling myself around the kitchen in thrifted skates, but I decided to check Upshaw’s Roller Dome out with a friend and had a great time! The staff were friendly, helpful, and encouraging, and the Dome is open to people with all levels of skill (or lack thereof). I had no residual skating skill and a bad knee, but thanks to some guidance from the staff, by the end of the night I was able to make my way around the room without falling over, which felt like quite the accomplishment!

The Dome offers a variety of different skating sessions. The one I went to was a “Jam skate (19 and up)”, which featured lights and music for a full sensory experience as skaters circled the room on a Friday evening. They also have beginner skating, open skating, couple’s skating, family skating, and freedom 55 skating (for seniors ages 48 and up). If you don’t own roller skates you can rent them for \$5 each when you come in, or roller blades if you prefer. Once you’ve paid (generally \$18 for adults, \$12 for ages 15-10, and free for kids under 9 if accompanied by a skating adult) you can move from the lobby to the dome itself. The dome is a large room with smooth cement flooring,

The second fundraiser is a Hallowe’en Dance and Silent Auction at the Spryfield Lions Rink. This will be on Saturday, October 22, 8:00pm-12:00am. The DJ is Lee Rogers. Tickets are \$10.00 for a single and \$15.00 for a couple.

colourful moving lights, and a DJ booth in the corner. Skaters circle the room, with less experienced people like myself staying within grabbing distance of the outside wall while more experienced skaters had fun closer to the centre of the room. There are benches near the door for people to sit on while lacing up their skates, or to take breaks as needed, and a little half-wall separates the benches from the skating room, which is ideal for clinging to while learning to skate. A staff member in skates was cir-

Auditions for TAG’s Annual Pantomime

Red Riding’s In the Hood by Cheryl Theriault

Adapted from the 2004 script by Cheryl Theriault and Lorne Abramson Music Director, Wayne MacIntyre Stage Manager, Esther VanGorder.

It’s someday, sometime deep in the dark lush woods of Haligonias and there’s a rumour of a rumble. Red Riding is reluctantly helping her mother, The Widow R, sell the family wares but Red has plans to launch herself in a more creative direction.

Auditions Tuesday and Wednesday August 30 and 31 from 7-9 at Pond Playhouse 6 Parkhill Road Halifax (off the Purcell’s Cove Road, just past the Frog Pond).

The show will run from November 24-December 10, 2022

Rehearsals start date September 7th, 2022 and will be on Sundays 1-5 and Mondays and Wednesdays 7-9:30

Auditions Requirements: We are looking for people of all ages (minimum age 18), sizes and colours who love to play and sing (a bit) and laugh. And who will learn their lines...

At the audition, you will be provided with written scenes from the script and will be asked to read for various parts. You may certainly request to read for a particular part. Also you

You can also continue supporting the church by bringing your refundable containers to Beaver Enviro-Depot at 251 Herring Cove Rd. and saying that you wish to donate the refund to St. Paul’s United Church. Please remember to remove all bottle caps and do not include trash in your bag of refundables.

cling the floor, providing assistance as necessary to new skaters – perhaps the only reason I worked up the courage to leave the safety of the half-wall and make my way around the rest of the room. I’m grateful for the encouragement, because once I got going, I had a great time! Skating was an exhilarating experience that got my adrenaline going, and the environment was fun and supportive. I highly recommend checking it out if you get the chance! Upshaw’s Roller Dome is located at 16 Dentith Rd, below the No Frills.

will be asked to sing a short song of your own choice ...or “Oh Canada”. For our Musical Director.

For more information, contact the Director: Cheryl Theriault at cjoytheriault@gmail.com

Membership Prize Draw
Join or Renew your TAG membership by September 4, 2022, and you will be automatically entered to into a draw to win Season Tickets for our 2022-2023 Season. All memberships are \$15.

Don’t miss out! Memberships must be received by September 4th to be included in the draw.

Next at TAG : *Marion Bridge* by Daniel MacIvor, Directed by Elaine Casey, Stage Managed by Carolyn Boyer, Produced by Joshua Law Classic Nova Scotia Theatre.

Three women come “home” to Cape Breton to be with their dying mother. Each in her own way tries to deal with the painful loneliness of their lives. Each is trying to reconcile what they have become with what they thought they wanted out of life and with what they thought their parents wanted for them. Nothing, of course, has turned out exactly the way anyone imagined it would.

Performance Dates:
September 15 - October 1, 2022

of Community Developers would support. Our team attended a series of training workshops, and in April two members of our volunteer group held an engagement session with a group of students in the O2 program (Options and Opportunity) at JL Ilsley. The students were very engaged and provided their perspectives, performed a risk assessment and defined measurable goals for our project. They even brainstormed and selected a catchy name for our community food pantry: The Public Pantry!

Subject to Change is now working

on the design and fabrication of the pantry which will be unveiled during a celebration event on Saturday, September 10th on Drysdale Rd. We are also looking for volunteers to make the celebration event run smoothly and for donations for the pantry. Once The Public Pantry is up and running, we hope that everyone will find pleasure in discovering it and that many will bring small donations so that there is always something in it.

For more info or to join our team please email Melissa at FeedSpryfield@gmail.com

Clean Up the Shaw Wilderness Park – Nature Conservancy of Canada

by: Cathy Vaughan

The Shaw Wilderness Park is your park! It is a dynamic, wilderness HRM park with 360 acres of old forests, rocky barrens, hiking trails and about a kilometre of shoreline on Williams Lake for picnics, swimming, kayaking, fishing or just chillin’!

It’s time for a clean up of the park! The Nature Conservancy of Canada (NCC) invites you to park it in the park for the day and volunteer with their Clean Team to help pick up and tidy up the park!! Your help will contribute to keeping the park a healthy and happy place to be close to nature all year!

This is a physically challenging clean up task and requires a moderate to high level of fitness to get it done!! The NCC will provide direction, guidance, tools and a picnic lunch. You bring your environmental commitment, enthusiasm and whacky sense of humour to team-work dynamics and we will all have a rewarding day in the Shaw Wilderness Park.

Get ready to work by bringing your work boots, bug spray, sunscreen, water and tough gardening attire! You will be working close to Williams Lake so plan on a swim to cool off.

The NCC’s Emma Willoughby, Engagement Intern, is the coordinator for the project and says, “Our stewardship

team is organizing this clean up event at the Shaw Wilderness Park in August that focuses on the maintenance and preservation of the park. The goal of this event is to remove debris that has been left in the park in order to preserve the habitats of the wide array of wildlife and species that call it home. We want to keep this beautiful park accessible for everyone to enjoy responsibly.”

There are several abandoned camp sites that have been left in the park and these require some heavy lifting to clean up. Dismantling these abandoned camp sites would involve a large group of volunteers hiking about 2.5 km into the wooded area to remove tarps and pack up the camping debris. NCC is looking for a group of hearty volunteers to move the rubbish out of the forest in one go.



Shaw Wilderness Park, 360 acres of natural wild lands on Williams Lake, Purcell’s Cove Road. Photo: Cathy Vaughan

Be the solution to the pollution and register to preserve and protect this fabulous park. To register for this community event, go to NCC’s Event tab at <http://natureconservancy.ca/> or scan this QR code for more information on and for free registration for the event on August 6, 2022.

Nature Conservancy of Canada

– Shaw Wilderness Park – Clean up Event





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THANK YOU SO MUCH!

This year's Spryfield Days Festival was the first time since 2019 that we've had an opportunity to host our full scale festivities. The weather was perfect for our races, children's carnival, business and community expo, barbeque, live performances & strawberry social

The Fun-DUCT-Raiser at Long Lake Provincial Park raised over \$1,300 for the park's maintenance. Winners were: 1st place The Minions, 2nd place Scrap Mechanic and 3rd place Smoke On The Water. Awards for Creativity went to The Hoff (1st) and Smoke On The Water (2nd). The People's Choice Award went to C Squared. The Titanic Award went to the Teal Ship

Thank you to all our sponsors, volunteers, organizers, performers, exhibitors and attendees for making it such an amazing weekend, and to our awesome food truck vendors who provided a variety of culinary offerings

Thank you to performers The Roadside Trio, Caity & The Crowns, The Amazing Mr. J. Magic Show and 4 Way Stop

We can't wait until next year!



Cuttell Community Update

by **Patty Cuttell, HRM Councillor, District 11, Spryfield-Sambro Loop-Prospect Road**

I hope everyone is enjoying the summer. We are so lucky in District 11 to have so many lakes and beaches to visit. I count my blessings for living here every day. The last couple of months I have been very busy with AGMs, community clean-ups, and neighbourhood BBQs. I also hosted a couple of Town Halls; one in Spryfield and one in Sambro. Thanks to everyone who came out.

Governor’s Brook now a 40km zone
Traffic calming remains a priority in District 11. The most recent action on traffic calming is reducing the speed limit throughout Governors Brook from 50 km/hr to 40 km/hr. This change in speed limit affects the residential streets bound by Drysdale Road, Governors Brook District Park, and Mackintosh Run Greenway.

Neighbourhood speed limit reductions are part of the municipality’s ongoing initiatives to improve road safety. Through the Nova Scotia Motor Vehicle Act (MVA), the province sets speed limits on public roadways to a default of 50 km/h. The province allows municipalities to request speed limits below 50 km/h if the street meets the criteria. The speed limit reduction in these areas is being implemented following provincial approval based on available data and an assessment of roadway characteristics that meet their qualifications. To learn more about the municipality’s commitment to road safety, including how streets are considered for neighbourhood street speed limit reduction visit halifax.ca/roadsafety.

I am still working on several other traffic calming projects throughout District 11. With a change in the traffic calming policy last year, I am hopeful we will see more traffic calming projects in our communities soon!

Harrietsfield Elementary School Community Garden Project is growing

I was pleased to provide District Funds to Harrietsfield Elementary for their community garden project. I got a firsthand look at the raised garden beds during the school BBQ in June. I also got meet a few of the students involved in helping construct this wonderful garden project.

Community garden projects are a great way to bring together community, connect people directly to growing food, and address issues of food

security. We need more community gardens! If you are interested in starting a local community garden, please let me know. HRM has resources to help get you started. For more information visit <https://www.halifax.ca/parks-recreation/parks-trails-gardens/gardens/community-gardens>.

Regional Plan Review Phase 3 Report
The regional Plan Review Phase 3 Report is coming to council in August. There were a number of requests for changes in Phase 3 that impact District 11. There are only two requests being considered during this phase:

- 1) “To identify Exhibition Park as an opportunity site” (C086), and
- 2) “To not approve a service boundary extension along Purcell’s Cove Road” (C005).

Please note that identifying Exhibition Park as an “Opportunity Site” is not an approval for development. It only recognizes the potential of the site for new housing that is needed to support the significant demand for housing of all types across the Municipality. Prior to any approval for development additional work is needed to assess what is required to support development here (see details below).

All of the other requests brought forward through Phase 3 will be considered in later phases of the Regional Plan Review.

Phase 3 of the Regional Plan Review is also looking at:

- improvements to the Conservation Design Development Policy.
- support for Community Action Plans.
- expansion of the Heritage Development Agreement Policy for adaptive reuse through development agreements.
- expansion of housing options including tiny homes and shipping container dwellings.
- consideration of Priority Plans in the MPS amendment process.
- and several proposed housekeeping items.

During the Phase 3 engagement process, I heard from many constituents expressing concerns about:

- environmental impact of development on lakes, wildlife, and environmentally sensitive areas.
- traffic congestion.
- the need for more transit options and ways to move around the

- community.
- servicing levels with new development (schools, businesses, health services, etc).
 - climate change.
 - consideration of local community character and vision.
 - and the need for more public consultation about what is happening in our community.

These concerns will continue to be considered as we move into the next phase of the review. Thank you to everyone who submitted comments. A full summary of public comments can be found in the report available on-line at <https://www.shapeyourcityhalifax.ca/>

The Maguire Report

by **Brendan Maguire, MLA for Halifax Atlantic**

Everyone is now aware of the housing crisis Nova Scotians are facing. We are seeing rents increase sometimes as much as 100%. The cost to purchase a home has skyrocketed and made homeownership unattainable for many Nova Scotians. Individuals and families are now living in tents and motorhomes. Last month I sent a letter/email to the Minister of Housing, explaining the situation many Nova Scotians are facing. We see people with housing issues every single day, and there are no solutions, no help, and nowhere for them to go. In my letter, I offered to work with the Minister to find solutions, and ideas that will help people now. It is time to put politics aside and do what is right for people. Frankly I don’t care who gets the credit, let’s just do what is right.

I would like to update all of you on JL Ilsley. Last month I asked for an update on the ongoing work at our High School. Here is the response from the Department of Transportation:

“Good morning, Brendan:
With regards to the timeline for completion of the work at the JL Ilsley High School project, the remaining scope of work includes: a new sports field, sidewalk from Sylvia Ave, asphalt drive from Sylvia Ave, asphalt bus loop, parking area and curb, and gutters throughout. The work is progressing well, and the department expects all to be complete in late August before the September school year begins. I have attached an aerial photo of the work area, which is about two weeks old.”

This past month Nova Scotia Health sent out the following request: They are asking people to NOT accompany individuals to the Emergency room unless they absolutely have to. “The QEII emergency department in Halifax is seeing extremely high patient volumes and limited capacity while admitted patients await movement to other areas inside the hospital.

While we are continuing to see new patients, our waiting room is full, so we are asking anyone accompanying an emergency patient not to wait with them unless that is essential to their care.

You may check in with the patient as needed but if it is essential to patient care that you stay in the waiting room, please reserve seats for patients in need of emergency care.

As always, patients will be seen according to their triage level. Unfortunately, patients can expect long waits for care. We apologize for these conditions.”

A recent poll showed that people do not have faith in the government to

regional-plan
Phase 4 of the Regional Plan Review is scheduled to return to Council in December 2022 with the goal to be completed in March 2023. Phase 5, Future Growth Planning being considered in 2023/2024 with timing dependent on the approval of Phase 4.

Future phases will look at ongoing efforts to improve protection for watercourses, wetlands, and consider coastal risk. Staff expect to bring forward additional amendments to the riparian buffer requirements and coastal elevation requirements as part of Phase 4 of the Regional Plan.

solve the Healthcare, housing, and cost of living issues. Government needs to set aside politics and work with all parties, and all people on solutions. We need to work together to solve these issues and do what is right for ALL Nova Scotians.

Lastly, I want to thank everyone involved in the Spryfield Days Events. It was great to see so many people out having fun. I hope you are all out enjoying the summer and everything our community has to offer.

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Fix for Williams Lake Dam discussed with NS Lands, Inc.



Disintegrating Williams Lake dam, in the Shaw Wilderness Park, doesn't hold lake waters to seasonal levels – October 2021. Photo: Cathy Vaughan

by Cathy Vaughan

Summer on Williams Lake – swimmin’ and chillin’! Hikers, bird watchers, naturalists and fishers dot the lake’s shoreline at the Shaw Wilderness Park. High lake levels make the lake much more accessible for swimmers, paddle boarders, canoeists and kayakers to get into the lake from HRM’s four community parks. The lake is active with wildlife as loons dive for trout, Canada Geese parade their gaggle of goslings, Bald Eagles watch from their nests and busy beavers are renovating their lodges.

“This is an extraordinary summer on Williams Lake. The lake levels are where they are supposed to be. We haven’t seen lake levels this healthy in many years. The huge amount of rain has kept the lake topped up to its normal regular level. But we know the failing dam won’t hold these levels for long, so we are enjoying every moment, right now!” says Leslie Randall, kayak enthusiast and long-time Williams Lake resident.

Currently, lake levels in the popular Spryfield recreational lake are at their highest for this time of the year since 2017 according to historical records kept by the Williams Lake Conservation Company (WLCC.) But the disintegrating dam is still emptying the lake at a loss of 2 cm/day. This is the equivalent of 5-Olympic-sized swimming pools of lake water draining out of the lake each day, all year.

The WLCC and partner organization Williams Lake Dam Association (WLDA) have been meeting with various government departments for almost 2 years advocating for a fix for the Williams Lake dam. Recently, Minister of Public Works Kim

Masland asked Nova Scotia Lands Inc., a crown corporation, to meet with the two groups for a preliminary discussion on the current state of the Williams Lake dam and the safety issues with the dramatic fluctuation in lake levels.

NS Lands Inc.’s website describes the non-governmental organization’s mandate as working “with other departments and agencies to develop safety plans for dams and water control structures to mitigate against risks from severe weather events, such as flooding or breaches.” NS Lands, Inc. has experience with dams. They have qualified engineers and a dam consultant who can contribute their expertise and experience to finding a solution to the dilemma with the Williams Lake dam.

“This was an opportunity to discuss with NS Lands the current situation we are facing with the drastic drop in lake levels due to the deterioration of the old dam,” said Margo Kerr founder of WLDA. “They visited the dam in February when the lake water was overtopping the dam and they have read the comprehensive dam reports we supplied. We believe they will find a solution, however the timeline for the remediation is still unknown.”

WLCC’s president, Murray Coolican reported that “We felt it was a productive meeting with NS Lands. They are investigating the situation with the failing dam. They had read the historical documentation about the dam we provided on our WLCC website, and we certainly felt we had an opportunity to express our opinions, suggest options, and ask questions about the timeline and our role in the process.”

“We were fortunate to have had one of the original engineers attend the meeting who provided WLCC with a report from 2005 on the deteriorating dam. He recently updated that report and provided a potential flood-simulation scenario should the dam breach. He was the specialist and expert at the table and could answer the tough questions about the protocols for a rebuild and he gave a pragmatic picture of what this dam build will entail. We still have a lot of ground to cover but we are at the right table to get things moving,” said Cathy Vaughan of WLCC’s Dam Committee.

Precipitation, evaporation and wind naturally affect lake levels, but a properly functioning dam would ensure safe, seasonal levels for the year-round, recreational use of the lake as well as eliminate the threat to the fragile ecosystem and

the unique biodiversity of Williams Lake.



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What’s Happening at the Urban Farm

photos by Ann Hart



Farm Committee planning meeting: Joshua Barss Donham, Marie Salah, Matt Hawes, Janet Kidston, Corinne Lacorix, Birgit Baasch, Pat MacLean

by Ann Hart

The strawberries ran out, the garden plots had small beginnings, the monarchs were shy, but the July Spryfield Days Strawberry Shortcake Social at the Urban Farm was fun and well attended. Children were trying out climbing in new trees. People seemed appreciative of our study and recordings of bird, insect, and butterfly life in the gardens and woods. The weeds were happy and tall all around, flowers were profuse. Even biscuits with whipped cream and no strawberries were good.

UF President Patricia MacLean said that “It was great to see so many new faces along with lots of members and families come out to the Strawberry Shortcake Social on July 17th! Our sincere apologies for running short of strawberries and a huge “Thank You” to the children and adults who still enjoyed the homemade biscuits with lots of whipped cream! We will definitely plan for more than 100 guests in 2023! Our sincere “Thanks” to Dylan at No Frills for discounting the strawberries in addition to his other contributions to the Spryfield Days celebration and to the ladies who made the delicious biscuits.”

Joshua said of the Social, “One activity that I noticed was really popular was the rock painting for children that Jack set up. It was so popular that he ran out of rocks and had to take an intermission to go find more. I really enjoyed giving a tour of the milkweed in search of monarch eggs to a couple and their son. The young fellow had kept coming back to the table to see the monarch pictures and ask questions. All three were so interested and enthusiastic! I was thinking afterward that a tour for children (and adults) of the milkweed could be an activity in the future.”

As the season comes along, the individual garden plots and the market gardens are filling out and carry the

promise of good eating. The garlic is early this year. We actually count monarch eggs and caterpillars and find joy in watching the process of their development. The milkweed plots are healthy and host monarchs from July through October. Photographing insects, birds and butterflies has become an artform for the members interested and ready to wait and then respond quickly. Sadly, Monarchs have been declared an endangered species in North America by the Union of Conservation of Nature.

With food prices high and the growing season short, we are considering ways to participate in more seed and produce exchanges. There are community gardens in the metro area, and farmers markets with local vegetables. Some growers have pick-your-own or private box orders available. As well as teaching people to grow food, information and resource exchange is key to grass roots food supply. Food banks are essential in our area, with regulations and access info available online.

An Evening in the Garden gathering will be held on Tuesday, August 23, 6:30-8:00 pm. You can find details on the Urban Farm of Spryfield Facebook Group page and on the new UF website <https://www.urbanfarmmuseumspryfield.org/>. Everyone welcome! The Board and Farm Committee will meet on Wednesday, August 10th (Rain date 11th) 7 pm at the farm field to plan the Sept. 17 Fall Harvest fair and we would like to invite anyone who is interested to join us. New ideas, members and volunteers are always welcome! Annual membership fees: Seniors/Students \$5.00, Individuals \$10.00, Families \$15.00 and Groups \$25.00.

Area community gardens: <https://www.smu.ca/webfiles/HRMCommunityGardenList.pdf>

Food Banks: <https://www.feednovascotia.ca/find-food>



Come Grow With Us craft project (at the social)



Book sales (at the social)



Flowers from the gardens



Barbara Dunsworth selling flowers at the Strawberry Shortcake Social



Monarchs have been declared an endangered species

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR AUGUST

Food Banks:

- St. Paul’s Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9:30 and 10:30 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.
- Emmanuel Anglican Church Hall (322 Herring Cove Rd) Food bank is open, with pick up on Wednesday, 9 to 10:00 am. Orders may be called in up to 10:00 am Tuesday each week. Call 902-477-1954 and leave a message. We are grateful to our volunteer staff for their faithful work for the food bank and its clients. Our web-site: emmanuelanglicanchurch.net

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- St. Paul’s Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup’s On, is still operational but as takeout only
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael’s Church Hall site. (while supplies last).

Harrietsfield Williamswood

Community Centre events:

- Christmas Craft Fair November 19 from 9am-1pm, \$30 per table Contact Natasha 902-293-7427 Email hwcc@outlook.com
- REC Van every Monday 1pm-3pm ALL SUMMER!!
- Drop in Song Circle will meet every Thursday evening from 6pm-8pm. Everyone welcome!

- Our After School program is looking for a staff member to join our team in September. Hours are 1-6pm daily. Staff children (school age only) attend free. Open for In service days, March Break and Summer. Please apply with resume by email or drop by.
- Currently taking bookings. Please call, email or message us through our FB page (902) 446-4847 email hwcc@outlook.com
- We are always looking for new Board members and volunteers!

Spryfield Lions Club events:

Regularly scheduled meetings on the 2nd and fourth Tuesday evenings, 7 pm at the Lions Rink Den. We are encouraging anyone who might be interested in attending to call ahead so we can ensure COVID health code regulations are met - 902-479-2917. We will also be starting up our bingos in the future but need more time to work out details. We want to thank the community for their support and wish everyone the best of health.

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Salvation Army (328 Herring Cove Rd) Events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish Events:

- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free,

light take-out meal every Friday evening, between 5:30 and 6:30 PM, out of the St Michael’s Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or stellamaristwelvebaskets@gmail.com

St. James United Church (3811 Old Sambro Road) Events:

- Fish Chowder Lunch. Drive through only. Includes Roll and Dessert. Sunday, August 14th from 1pm to 3pm. Adults \$15. Cash Only.

St. Paul’s United Church (173 Old Sambro Road) Events:

Our outdoor tap is now turned on for the season. This is to allow the people in Harrietsfield who do not have access to clean drinking water to help themselves to our water.

Improve your reading, writing and math skills, work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let’s get learning together!

Chase the Ace Returns: The Spryfield Legion and Forever Young Seniors Club The Spryfield Legion/Forever Young Seniors Club Chase the Ace jackpot (\$6,392.50) has been won on the Thursday 21 July draw.

A new Chase the Ace at the Legion will resume in September 2022.

Urban Farm Museum of Spryfield events:

- August 23rd, from 6:30 to 8pm, we host an Evening in the Garden
- September 17th: School Farm Day will be a part of our Harvest Fair.

We hope you will visit our Urban Farm often over the summer months. We welcome new members (\$5 for students and seniors, \$10 for individuals, \$15 for families and \$25 for groups) If you have questions, please call Pat at 902-497-3683 or email patriciamaclean@gmail.com

TOPS (Take Off Pounds Sensibly)

Tuesdays from 6 to 7pm at the Golden Age Centre, 212 Herring Cove Rd. Call for information: Colleen 902-868-2214 or Bev 902-477-4335 or check us out on the web at www.tops.org

Free Basketball Camp, August 27th for all genders. Ages 5-12 from 10am to 1:30pm. Lunch and drinks included. Ages 13-18 from 2pm to 4pm for training and 5pm to 8pm for games. Supper and drinks included. If you have never played basketball before, this is your chance. All skill levels welcome. Register by email at allnovascotiabasketball@gmail.com

Mark your calendars now for TAG’s Annual Pantomime Red Riding’s In the Hood by Cheryl Theriault November 24-December 10, 2022

Tickets will go on sale in mid-October. Here is what you can look forward to: It’s someday, sometime deep in the dark lush woods of Haligonias and there’s a rumour of a rumble. Red Riding is reluctantly helping her mother, The Widow R, sell the family wares but Red has plans to launch herself in a more creative direction. When two tiny strangers enter the woods and decide to hang around for a bit they find themselves.

Chebucto News looks forward to returning to a robust community events page when the current crisis ends. In the meantime, we will endeavour to keep you informed.

Religious Services Directory for August

****To have your religious services added to our directory, please contact the editor: chebuctoeditor@gmail.com by August 19 for September’s issue. Please note that due to Covid-19, many of these services may be postponed or cancelled.****

St. Augustine’s Anglican Church (2010 Purcell’s Cove Rd)
Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road)
Sunday Family service: 10:30am
Nursery and Children’s ministry: 10:30am
Wednesday night prayer: 7-8pm

Spryfield Christian Community Church (91 Thornhill Dr)
Church services Sunday 11-12 am

Oromo Gospel Church
Sunday worship service: 3 pm and

Tuesday prayer: 10 am.
Emmanuel Anglican Church (322 Herring Cove Rd.)
emmanuelanglicanchurch.net, 902-477-1783.

8:00 am: Quiet traditional service of Holy Communion.

10:00 am: Lively, contemporary service of Holy Communion with choir. This service is livestreamed.

Guest preachers this month as our Rector is on holiday till August 28, our family service.

We are still following some covid protocols. Please be prepared to wear a mask when walking around or singing. If you are sick, please join us on our livestream.

We are an affirming church. All are welcome.

St. Paul’s United Church (173 Old Sambro Road)
Worship at St. Paul’s United Church

is now in person, at 11am on Sunday mornings. Masks are still required, however. One will be provided if you have forgotten yours.

Stella Maris Church at St Michael’s Catholic Church
Weekend Masses:
Saturdays 4:00 pm at St Michael’s Church, Spryfield and
6:00 pm at St Paul’s Church, Herring Cove

Sundays at 10:00 am at St Michael’s Church, Spryfield
Weekday Masses at St Michael’s Church, Spryfield:
Tuesday to Friday 9 am
All current COVID protocols will be followed.

All are welcome, wherever you are on your faith journey!

Parkhill United Church (5 Kirk Rd, Jollimore) and **St. James United Church** (3811 Old Sambro Rd)

Sambro-Jollimore Pastoral Charge offers in-person Sunday worship services at St. James United Church, 3811 Old Sambro Rd, Sambro at 10:00 am. We ask that people wear face masks at our indoor services. On August 14 when we will have the Blessing of the Fleet at 11:30 am at the Public Wharf, Sambro Wharf Rd, Sambro. There will be no 10 am service at the church that day. We live stream on St James United Church Sambro NS Facebook Page.

Bulletins at www.sambrojollimorepc.com, 902-868-2791.

Open Door Community Church (11 Aldergrove)
You are invited to fellowship with us on Wednesday evenings, at 7:00 pm, for a time of contemporary worship and Bible based teaching, relevant to your life in today’s world. Please see <http://opendoorhalifax.ca> for more information.

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Betty Marie (Shubley) Gray

Age 91 of Halifax, it is with sadness that we, the family, announce the passing of Betty Marie Gray on July 13, 2022 at Northwood Ivany Place, Bedford. Born in Halifax, she was a daughter of the late Lincon and Pearl Shubley. She loved country music and dancing. She was an excellent card player; her specialty was 45’s round Walz, was her favorite. She is survived by her children, Larry (Marlene) Gray, Stanley (Donna) Gray, Deanna Earl, Dennis Gray and Rick (Carol) Gray; 12 grandchildren; 6 great grandchildren; she was predeceased by her loving husband Laurence Gray; sons, David Gray and Darren Gray; daughter, Colleen Gray. In Lieu of flowers, donations can be made in Betty’s memory to Northwood Foundation.

Stewart (Sonny) Clarence Parsons

Spryfield With heavy hearts we sadly announce the passing of our loving husband, father, grandfather, great-grandfather, brother and friend, Stewart “Sonny” Parsons aged 85. Sonny passed peacefully at home Friday 8 July 2022 surrounded by family. Born in Halifax to Wallace and Vera (Murphy) Parsons on 17 Aug 1936. His family moved to Spryfield in the 1940’s where he lived the remainder of his life. Sonny was a hard-working man right from his humble

beginnings. He started working on a milk truck for Drysdale Dairy when he was very young, delivering milk to the people of Spryfield. From there he got a job at Woolworth’s stocking shelves, then the Argyle Garage in downtown Halifax as a car parker. It was there he met the owner of the Halifax Herald Newspaper, Graham Dennis. They became very friendly and Mr. Dennis offered dad a job at the Herald as a pressman, where he worked the night shift printing The Mail Star paper and retired after 32 years. Sonny was always busy doing other things on his off time. He was one of the first recyclers in Halifax picking up bags of newspapers at the curb for some extra cash. He worked in demolition with Frances Brown for many years, gathering a lot of useful construction materials to add to his house which he built himself from a 3-room tiny bungalow that was originally down the street from where it now sits. Sonny was known for his great sense of humour and fast wit. He was very proud of his family. He was also very proud of his shed building and talked about it to anyone who would listen. Over the last 20+ years he took to building 8x8 sheds and baby barns. You may have seen one sitting on the corner lot of Herring Cove Rd and Sussex St “For Sale”. He constructed 159, the last 7 he built when he was 83 (quite a feat for an old guy!).

Sonny will be missed by his loving wife of 63 yrs Veronica (Sampson) Daughter Kim and Sons Kevin (Barb) and Don (Debbie). Grandchildren: Christopher, Jordan, Lara, Jennifer, Melissa, Caitlin and Sidney. Great-grandchildren: Dorian, Chase, Summer, Greer and Blaire. Siblings: Blossom Graves, Nancy Graves, Shirley Schnare, Douglas Parsons, Betty-Lou (Bill) Petite and CarolAnn (Carl) White. Sister-in Laws Theresa Kyte, Anna (John) MacDonald and Joyce Roy. Many nieces and nephews. Neighbour and best friend Vlado “George” Ostarcevic.

Besides his parents and Mother-in-Law: Mary Viola (Hanlon) Sampson, Sonny was predeceased by Sister in Law: Paulette Parsons and Brother in Laws: Gerald Graves, Donald Graves, Doug Schnare, Robert Kyte and Joey Harris.

Special thanks to Dr Jock Murray for his wonderful care over the years. Also, to palliative team Dr Dempster and Nurse Cindy Bell and a big thank you to Courtney Harvey for making dad’s last days “Heavenly”. Thanks to MAiD and Dr Mandi Irwin for making dad’s last wish possible.

Simone Daniele Champion

(48) of Halifax It is with great sadness that we, the family, announce the passing of Simone, At Hospice Halifax on July 4th 2022. Born in Grand Falls, Newfoundland, she was the Daughter of Paula Collins and David Champion. She was loved by many. She was

always creating something by crocheting or knitting. She could make pretty much any thing crocheting. She had a very creative mind and never forgot a birthday or any occasion if she knew about it she would be making something for you. She loved working as a CCA at Northwood and has met many friends there whom she loved and was loved in return.

Surviving are her Sons Cody Champion (Florida) and Matthew Roberts (Halifax) her daughter Samantha Roberts (Ottawa) , Peter Cole-

man (Halifax), Mother ,Paula Collins (Wilf, (Norris Arm North NL) Father, David Champion (Madelyn), Grand Falls-Windsor, NL) Sister, Juanita Champion (Dave) Halifax) Aunt Alma Gardner-Norton (Halifax) Uncle Carl, (Butch), Halifax) and many family and friends near and far.

Donations in memory of Simone can be made to Hospice Halifax on Franklyn Street.

Messages and memorials can be directed to the Champion Family by visiting www.walkerfh.com

Irene Theresa Swindells
September 26, 1936 – July 4, 2022
IN THE CARE OF
JA Snow Funeral Home



It is with great sadness that the family announces the passing of Irene Theresa Swindells, age 85 on July 4, 2022 after a short period of declining health. A daughter of the late Genevieve (Somers) and Ronald Whitman, Halifax.


Irene was an active volunteer through her life, most notably with the Nova Scotia Progressive Conservative Party. She loved politics and worked tirelessly for her favourite candidates and causes. She was a past president of the PC Party of Nova Scotia, past president of both the Nova Scotia and National PC Women’s Association. In addition she served on Canada Mortgage and Housing Corporation Board, Order of Nova Scotia Committee, Mount Saint Vincent University Board, was a founding member of Alcare Nova Scotia. She was Chair of the Nova Scotia Status of Women, the Nova Scotia Hearing and Speech Foundation, the Nova Scotia Vocational School, Halifax Campus, Nova Scotia Hearing and Speech Foundation. Member of the Rockingham Historical Society. Irene was a Life Member of Mount Saint Vincent Alumnae Association

and of the Spryfield Business Commission.

Irene’s professional career included many years as a successful real estate agent with Atlantic Trust and Remax Real Estate. Irene joined Melville Heights Retirement Residence in 1995 retiring only last year. Irene truly loved the residents, their families and the staff. She could regale you with many stories about her time at Melville and she could remember not only all the residents’ names but most of the names of their family members and probably their political affiliation.

Irene is survived by her loving husband Harold, son Gregory, sister Patricia Whitman (David Lemon) son-in-law, Brian King and grandson Declan Iain King, and her adoring black lab, Max. She was pre-deceased by her daughter, Karen- Michael King.


A celebration of life will take place at J.A. Snow Funeral Home, 339 Lacewood Dr, on Wednesday July 13, 2022, at 2pm, with reception to follow. Internment at a later date. In lieu of flowers, donations can be made to the charity of your choice.



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The Nova Scotia Association of Realtors statistics for June 2022 in Spryfield: housing prices remain strong in Nova Scotia.

In June, the average price of a single family home was reported as 15.7% higher than last year with an average of 13 days on the market before selling.

The average price of a condo was 41.9% higher than last year with an average of 7 days on the market before selling.

Local Market Update – June 2022
A Research Tool Provided by Nova Scotia Association of REALTORS®



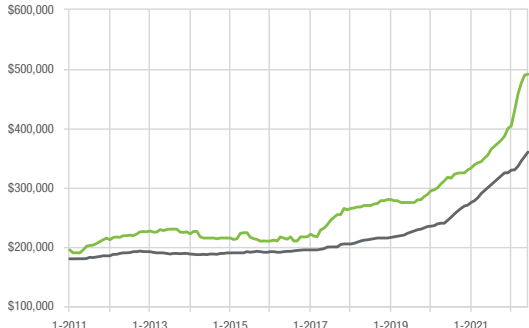
7-Spryfield

Single Family	June			Year to Date		
Key Metrics	2021	2022	% Change	Thru 6-2021	Thru 6-2022	% Change
New Listings	29	33	+ 13.8%	175	154	- 12.0%
Pending Sales	20	29	+ 45.0%	186	121	- 34.9%
Closed Sales	18	20	+ 11.1%	186	109	- 41.4%
Days on Market Until Sale	6	13	+ 116.7%	28	8	- 71.4%
Median Sales Price*	\$400,500	\$473,020	+ 18.1%	\$389,900	\$565,000	+ 44.9%
Average Sales Price*	\$419,683	\$485,472	+ 15.7%	\$409,801	\$559,461	+ 36.5%
Percent of List Price Received*	121.0%	113.2%	- 6.4%	110.9%	118.5%	+ 6.9%
Inventory of Homes for Sale	13	17	+ 30.8%	—	—	—
Months Supply of Inventory	0.4	0.9	+ 125.0%	—	—	—

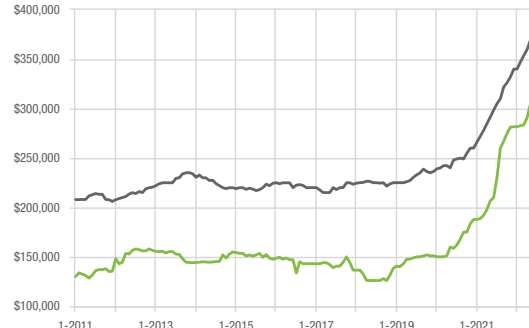
Condo	June			Year to Date		
Key Metrics	2021	2022	% Change	Thru 6-2021	Thru 6-2022	% Change
New Listings	3	3	0.0%	19	16	- 15.8%
Pending Sales	1	3	+ 200.0%	17	13	- 23.5%
Closed Sales	1	4	+ 300.0%	17	12	- 29.4%
Days on Market Until Sale	5	7	+ 40.0%	8	7	- 12.5%
Median Sales Price*	\$251,150	\$357,673	+ 42.4%	\$275,000	\$352,673	+ 28.2%
Average Sales Price*	\$251,150	\$356,361	+ 41.9%	\$263,017	\$352,303	+ 33.9%
Percent of List Price Received*	114.2%	129.3%	+ 13.2%	112.4%	135.9%	+ 20.9%
Inventory of Homes for Sale	2	2	0.0%	—	—	—
Months Supply of Inventory	0.6	0.7	+ 16.7%	—	—	—

* Does not account for sale concessions and/or downpayment assistance. | Percent changes are calculated using rounded figures and can sometimes look extreme due to small sample size.

Median Sales Price - Single-Family
Rolling 12-Month Calculation



Median Sales Price - Condo
Rolling 12-Month Calculation



A rolling 12-month calculation represents the current month and the 11 months prior in a single data point. If no activity occurred during a month, the line extends to the next available data point.

Current as of July 3, 2022. All data from Nova Scotia Association of REALTORS®. Report © 2022 ShowingTime.

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Cru International

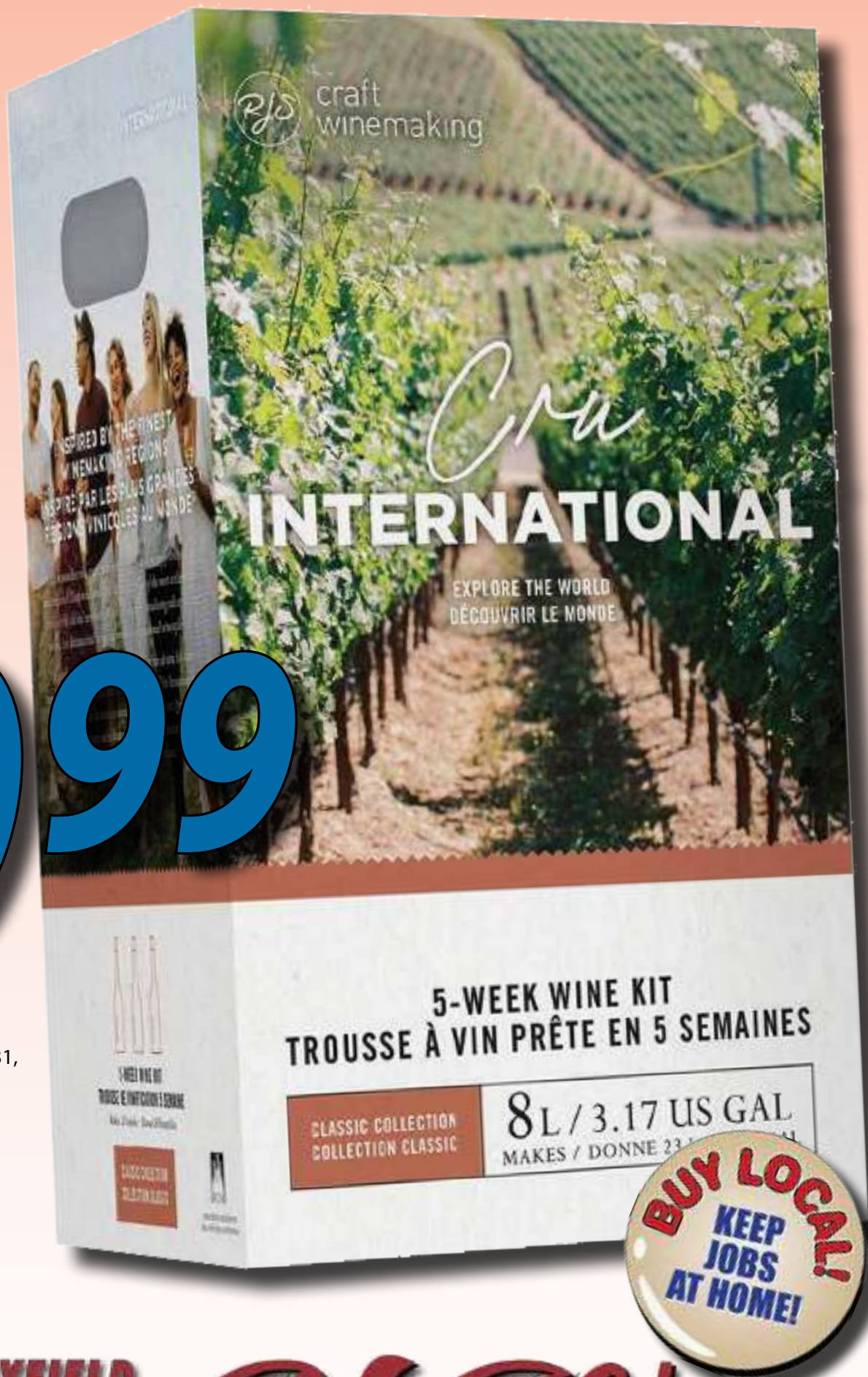
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