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Despite Bill, Sambro Days an overwhelming success

By Lorrie Boylen

There's nothing worse than having an

uninvited, disruptive guest crash your party, but that's exactly what happened during the Sambro Sou'Wester Days when Hurricane

Bill roared into town.

The festival, which ran from August 20-23, celebrated the 251st birthday of



The name of dread pirate Justin Gilkie strikes fear in the heart of all those residing on the Sambro Coast. He is seen here in the Sambro Days Parade.

J.L. Ilsley graduate returns to Spryfield

By T. Ramsay

Ryan Brennan is another in a long line of J.L. Ilsley success stories. He was raised in Spryfield, and after living and

working as a lawyer in outside of Halifax for several years, realized he missed his hometown. Returning to work and live in the Spryfield area, Mr. Brennan has become a strong supporter of what he

believes is a unique community within the HRM. He is on the boards of numerous committees: the Spryfield and District

see "Brennan" pg. 2

North America's oldest operating lighthouse, the Sambro Light. It included community baseball games, the Jimmy Flynn show, parade, children's carnival, matinee live music by the Gordie Duggan band, washer toss tournament, chowder lunch/supper, and live music by Hog the Covers for the evening dance.

All proceeded as planned on Thursday and Friday and most of Saturday, with the exception of the boat tours out to the lighthouse, which were cancelled because of rough seas.

Saturday's parade was well attended, with much thought and preparation going into the floats. The award for Most Spirit went to Bayside Camp, whose high energy rocked the length of the parade route. The Foghorn Award for most humorous went to the Shotgun Wedding float by the Grays and the Hortons. The Annie Gray Memorial Float with her children and grandchildren received the Sambro Light Award for theme, while the Beacon Award of honorable mention went to the Gilkies with their Wicked Wench entry.

Most of Sunday's events were cancelled when Big Bad Bill rolled in, including the Blessing of the Fleet, dory races and demonstrations, rubber duck race and evening fireworks. These events will be rescheduled for a later date.

At the last minute, it was decided the Sunday evening ceilidh would proceed, with many talented performers, including Luke Watters, winner of Maritime Idol 2009 participating.

Organizers and festival goers alike agree that despite the unwelcome arrival of Bill, the weekend was an overwhelming success. "I would like to thank all the volunteers and anyone who helped in any way," says Leslie Harnish of the organizing committee. "Without the financial and volunteer support of our community, events like this can't happen." Anyone interested in helping out next year are encouraged to contact Leslie at 868-2553 or harnish@eastlink.ca.

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Brennan believes in the strength of Spryfield

continued from pg. 1

Business Commission, the Lion's Rink, and the newly formed Spryfield Community Champions. His vision for Spryfield is one of stronger identity. He believes that Spryfield is already a strong community, and with citizen involvement, can only become stronger.

Growing up, Ryan Brennan wasn't really sure what he wanted to do with his life. All he really knew was that he wanted to do something that would have a positive impact with people. After graduating from J.L. Ilsley in June of 1996, he began the next phase of his education at St. Mary's University. In 2001, he graduated with a degree in Political Science and the following fall, he enrolled in Dalhousie University's law program. He spent the first summer of law school working in Ontario for the Federal Minister of Industry, and then the following summer began working with the commercial firm where he articled

following graduation from Dalhousie in 2004. Originally, he practiced trial law, but eventually his work developed more into solicitor type work, such as real estate, commercial work and estate planning and wills, among other things.

Working for Clyde Paul and Associates, he feels very connected to his hometown. "I probably recognize almost 75% of the people who come through these doors," says Mr. Brennan. He compares it to the other places he has worked, where the clientele come from such a wide area that you never really get to know them. Working in Spryfield allows him to feel personally connected to so many in the community.

Now that he has a wife and child, Mr. Brennan has developed a new appreciation for working in a small community. His daily commute is only two minutes, which allows him to spend more time with his family. He describes his childhood as an excellent one, where he learned a lot

about being part of the community through minor league sports. He played on teams in both minor league hockey and minor league softball. He also participated in sports at J.L. Ilsley, but it wasn't as big a part of his high school years. When asked about his memories of high school, he said the teachers and the overall community at J.L. Ilsley were great. He also talked about the Teen Health Center, which was relatively new when he was a student. "It is important" he said, "for teens to have someone to talk to about particular teen issues." J.L. Ilsley serves not only

Spryfield, but the surrounding areas as well, and Mr. Brennan says it was great being able to make friends from so many different communities. He feels fortunate to have grown up in a place with such a strong sense of community and is glad to be able to give back to that community.

Ryan Brennan is a man who truly believes in the strength of the community of Spryfield. "Work hard and do right by people and you will be respected," he says. By practicing law locally and sitting on the boards of different committees, he lives those words every day.

Chebucto News

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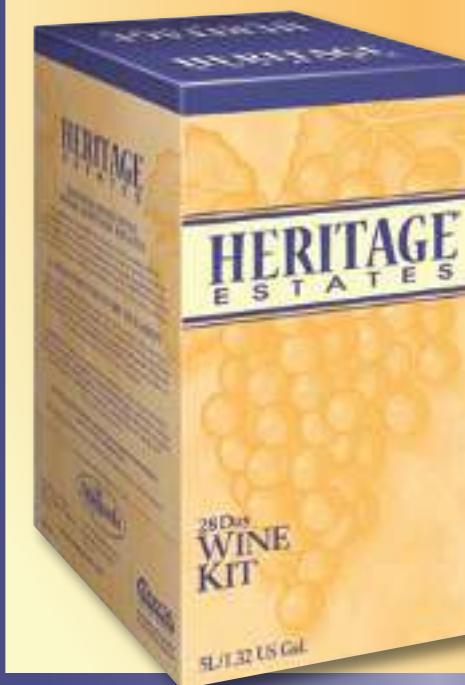
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Annual Ryan Kidson Memorial Slow Pitch Tournament

T. Ramsay

Every year, since his death in 2006, Ryan Kidson's family have held a slow pitch tournament in his memory. This year is no exception. Beginning on September 11 and running through the weekend, 12 teams will converge on the Graves-Oakley fields at Lieblin Park. The public is invited

to come out and cheer on their favorite team. There will be a BBQ, 50/50 draw, and other fundraising events during the course of the weekend.

All profits from this wonderful event go to support local community charities. It's a great cause, in honour of a wonderful young man, so come on out and show your support for your community.



Shona Chaisson, Build Co-ordinator for Habitat For Humanity instructs volunteers from RBC, Women Unlimited from Bridgewater, and Acorn Adopt-a-Day before starting a days work on their build on Danforth Road on August 19th.

Spryfield Business Breakfast Club

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MONTHLY MEMBER PROFILE

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DISCOVERING OUR PAST



Hazardous Sambro Island ledges and shoals a major cause of shipwrecks

By Richard Light,
Mainland South Heritage Society

IThe ledges off of Sambro Island have been described as "the most dreaded on the Nova Scotia coast."

This is a claim backed up by dozens of wrecked ships and hundreds, if not thousands, of lost lives. Even ships with an experienced captain and crew have run aground or sunk while passing by Sambro Island.

While the outcropping of rocky ledges and shoals near the granite island are hazardous enough, they are made even more treacherous when accompanied by rough seas and dense fog. It is not surprising then that this tiny island lying 6 kilometers from Sambro Harbour, and on the approach to Halifax Harbour, has witnessed countless wrecks over the past three hundred years.

The danger posed by the waters around Sambro Island has been well known since at least

the 18th century. In the 1750s the local government identified the need for a lighthouse to help guide ships into Halifax Harbour. Reports of specific shipwrecks from before this period are difficult to locate but, needless to say, there must have been some impetus for erecting the lighthouse. So, funded by a lottery and a tax on alcohol, an operating lighthouse was completed in 1760.

The Sambro lighthouse was evidently not a very reliable beacon in its first few years, as was proven when the sloop Granby wrecked on Sambro shoal in April of 1771. Sadly, all seven crewmen aboard the ship were lost. The problem, it was believed, was that light was not even being kept at the lighthouse at the time and the crew of Granby lost their bearings in thick fog.

Writing to the Office of Secretary

of State in England a few months after Granby went down, three representatives of the Admiralty Office in Halifax complained about the unreliable lighthouse.

"...the loss of the Granby sloop off of Halifax, owing as believed, to the want of a light being kept in the Light-house at that place, that the Captains of his Majesty's ships are frequently obliged to fire at the Lighthouse to make them show a light, and that the Master of Merchant ships complains heartily at being forced to contribute to the support of the thing which they receive no benefit..."

Clearly there was a problem with the Sambro lighthouse and it was having dire consequences. After hearing the Admiralty Office's report that ships were forced to fire upon the lighthouse in order to prompt it to provide light, King George became personally interested in the matter. In response to the letter,

Hillsborough, a representative of the King, wrote,

"The King has read with equal concern and indignation the complaint contained in the enclosed report...relative to the neglect of the Light House at the entrance of Halifax Harbour, of the fatal consequences of that neglect, in the case of the King's sloop; and it is his Majesty's pleasure that your Lordship immediately, cause the most strict inquiry to be made..."

Hillsborough also added that if there was any abuse or neglect that they should "proceed with the greatest severity against the Delinquents, in a case in which Justice, Humanity, and the most important interests of the colony that those who are guilty should be made public examples of."

As a consequence of this letter, and the King's not so subtle call for action, the ventilation system was improved in 1772.

That led to greater visibility of the light on Sambro Island. In addition, the delinquent lighthouse keeper, who had indeed been leaving the light unlit while still receiving duties from ships entering Halifax, was replaced in 1772.

Though there were improvements to the Sambro Lighthouse after the Granby incident nothing could completely prevent further wrecks. In 1813 another sloop, Atalante, ran up against Sisters ledge off Sambro Island in heavy fog. Though the impact tore the ship in two, there was miraculously no loss of life. The captain of Atalante was acquitted of any wrong doing and even praised for safely overseeing the evacuation of all 80 crewmembers. Under the circumstances it was an amazing feat and a rarity for most other ships wrecked off Sambro Island in the nineteenth century.

Thirty-three years after Atalante the Sisters ledge was once again responsible for wrecking a ship in thick fog. The crewmembers of Laurel, whose ship wrecked upon the sisters February 24, 1846, were not as fortunate as those aboard Atalante.

After their boat broke up on the ledge, the crew of Laurel was forced to cling to the frozen rigging of their ship throughout the night. Though they had to

endure freezing temperatures for hours only one of the crew succumbed to the cold. Two other men were never seen again after Laurel's jolly boat drifted out to sea with them onboard. The Captain managed to survive the wreck but suffered a fractured leg that later had to be amputated. Eventually, after spending a night with freezing water breaking over them, the men were rescued by a passing whaling ship from Portuguese Cove. In all, five of the eight crewmembers survived.

While no one was ever put at fault for the wreck, some wondered why those on Sambro Island did not attempt to rescue the survivors of Laurel. A newspaper report days after the wreck remarked that it was "unaccountable that the signal men at Sambro did not earlier discover the wreck, which means many hours suffering would have been saved to the crew." The inaction on the part of the Sambro Island signal men, who must have seen the wreck a mere 4 miles away, may have been due to the rough seas or a lack of an adequate rescue vessel. This lack of a rescue vessel would be a problem highlighted even more dramatically forty-years later when Daniel Steinmann wrecked off Sambro Island.

To be continued in next month's edition...



The Sambro lighthouse

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Captain William Spry Community Centre Renovation Project Update

The mid-life construction refit for the Captain Spry Centre continues. The interior renovations at the Centre are now 99% complete. Improvements have addressed a community need for more recreation, library, youth and meeting space. The community will have greater access to fitness, dance, music, camps, art, leadership, play space and cultural activities. The purchase of interior furniture

and programming equipment will complete the interior renovations. The Centre's foyer has heads turning as people who see the facility for the first time can't believe the amazing transformation! This area is functional too as it was used as an evacuation centre and briefing area for residents during the Spryfield Forest Fire. The space will also be used for community events such as the annual Christmas Tree

Lighting in December.

The summer months at the Community Centre have brought many day campers to this facility. Squeals of laughter have been heard daily, throughout the facility as participants use the new areas. Feedback from parents has been extremely positive, they are thrilled with the spacious and bright rooms. Children love the MacIntosh Studio with its wall of mirrors, natural light and comfortable rubber floor. This is a fun area for games; as well it gets used in the evenings for dance and fitness programs. Youth flock to the Kidston Activity Room for the drop-in program. It has comfy couches, a large plasma screen TV, foosball, ping pong table and lots of program activities. If you have not done so already, please stop by the "new and improved" Centre and check out the renovations first hand.

Registration is now open for Fall Recreation programs. Why not sign up for a program or two and take advantage of the beautiful new facility?

The focus of the renovations will now move outside to the grounds of the Community Centre.

Over the next few months you may see heavy equipment in the area to facilitate the next three phases of development: construction of a pedestrian bridge over MacIntosh Run; construction of a 6000 square foot skate park; and roadway and entry plaza improvements. After a competitive bid process, the construction tender for the pedestrian bridge over MacIntosh Run has been awarded to Dexter Construction and work has commenced on the installation of the 100 ft bridge. The necessary permits have been acquired from the Department of

the Environment and everything possible will be done to minimize the environmental impact of the bridge installation, which is expected to take place around the beginning of October 2009. The addition of this bridge will improve the connectivity of surrounding neighbourhoods to the Community Centre. The tenders have closed for the development of the 6000 square foot skate park that will be constructed in the Fall of 2009. If you are interested in assisting HRM staff and the contractor in determining the final design of the park, please attend the upcoming public consultation meeting. Keep an eye out, notice of the meeting time will be communicated once the date has been set. The skate park will be a great place for youth to socialize and stay active.

A number of roadway and entry plaza improvements will be made in the Fall of 2009 and the Summer of 2010. With these improvements it should be easier and safer for visitors to access the site. New signage will be installed on Sussex Street and the entrance will be widened. Accessible parking spaces will be created at the building entrance and a "kiss & go" area, for easy pick up and drop off in front of the building, will be designated. The entry area is also slated for improved landscaping and the installation of a tot playground.

So come on out this Fall and Winter and take advantage of this great community resource in your neighbourhood! Get fit, splash around, learn a new skill, or just relax with a good book in the library. Whatever you choose to do, bring your family and friends to the newly renovated Community Centre and have some fun!



Why not sign up for a program or two and take advantage of the beautiful new facility?

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Chebucto News

Spryfield Physiotherapy renovations

Clinic looks forward to helping build local business, community

As the community of Spryfield and the surrounding area grow, new opportunities for business also grow. The Spryfield Physiotherapy Clinic has been evolving to keep pace. The clinic has been in Spryfield since 1994 and at its present location at 357 Herring Cove road for 10 years. A major renovation was done to the clinic this summer to help update the look and services.

A growing client base, together with expansion of the industry into specialized disciplines including physical conditioning, pool therapy programs, kinesiology, occupational therapy, massage therapy, nutritional counseling, and psychology necessitated a physical growth of the clinic itself. "Our programs were expanding, our client base was expanding, and we could clearly see a future that included adding more services and staff to our portfolio" said Ms. Linda MacLaggan, physiotherapist. "The renovations will provide better space and environment for our clients." The clinic is continually looking for ways to improve the services to the community.

"We want to be 'Your Community Physiotherapy Clinic'." Ms. MacLaggan said that the company's growth has been built on the strength of clients who live and work nearby. That is why the slogan is printed on a banner draped across the front of the building.

And for Spryfield Physiotherapy, the slogan is more than a marketing idea. The ownership and staff back it up in a number of ways including offering bursaries to graduating J. L. Ilsley High School students entering university, offering lectures at the Captain William Spry Community Centre, creating partnership programs with local drug stores, participating in both programs and at the Board of Directors level with the

Spryfield and Area Business Commission, participating on the board of directors for the Spryfield Rink and Recreation Center, and providing physiotherapy and training support for the J.L. Ilsley football team.

"Of course our business is treating people. Returning to people the mobility they may have lost from injury, disease or simply age," Ms. MacLaggan said. "But we are also part of a community rebuilding

itself and turning itself into a vibrant progressive business centre. We want to be part of that growth as well. It's just another way Spryfield Physiotherapy can truly be 'Your Community Physiotherapy Clinic'." With the renovations Spryfield Physiotherapy has altered its environment to provide better service and "We look forward to the next ten years of growth and continuing to serve the Community."



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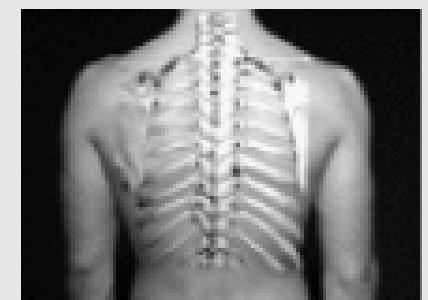
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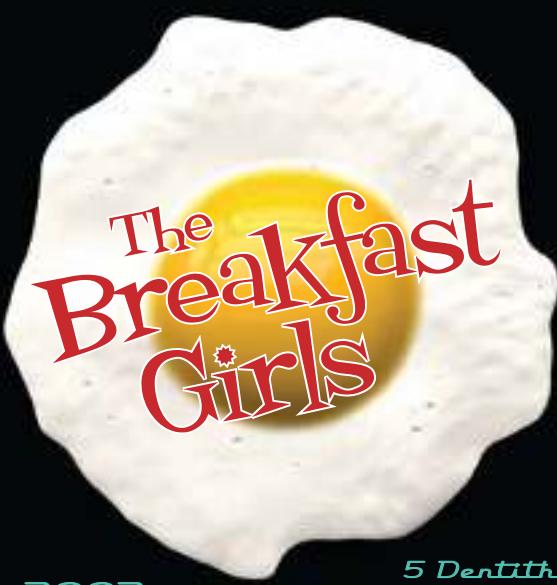
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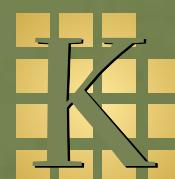


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Local photographer documents the lives we live

By Lorrie Boylen

Most of us dream of being able to take that one thing we love to do, and then make money doing it. Roy Smith is finding a way to live that dream. He began shooting pictures at age 14, when he snapped everything from family to scenery. It has become not only his hobby but his passion.

The 4th of 7 children of military parents, he began his working career in the grocery business, until 1969 when he began surveying for the City of Halifax. He found that peering through the instruments while surveying further fine tuned his mind's eye for photography, which he continued to pursue in his spare time. He took early retirement in 1999 when Halifax was making cutbacks in that department. He has been more actively pursuing his photography since retiring, and enjoying the freedom that building his sideline business has afforded him.

Roy recognized early on that although he had a gift, he wanted to improve those basic techniques like how to properly frame up a shot, recognizing lighting requirements, etc. So, he began taking classes on Saturdays and in the evenings, and has taken what he learned from those courses and refined his skills.

While photographing a wedding in the summer of 2000, the deck collapsed off the side of the reception hall and Roy suffered wrist, shoulder and back injuries. He underwent 17 weeks of painful therapy and is left with a scar as a memento of his experience. After the fall, despite intense back pain, he managed to fulfill his

commitments to photograph several other weddings, including one where he had to painfully climb atop a double decker bus.

Some of Roy's most stunning photographs have been taken in the Sheffield Mills area of the Annapolis Valley during the eagle watches which take place in January and February, when hundreds of bald eagles attract thousands of visitors each year.

Roy is well known in Sambro and the surrounding communities. He was a part time bartender at the Silver Seas Social Club for

over 16 years, working for various owners of that establishment throughout the years. Since the bar closed three years ago, he has continued his photography and also worked security for the movie Sea Wolf in 2008 and for the Tall Ships Festival in Halifax in July of 2009. He is an active member of his community, volunteering his time most recently at the Sou'Wester Days in Sambro this month.

Roy lives in Sambro Head and is the divorced father of three grown children. In

addition to photography, he also enjoys yard work, reading fiction books, visiting friends, going to movies and relaxing in front of the television. He was also an avid scuba diver up until just before his back injury.

A sampling of Roy's work is on display at Mishoo's Kwik Way in Sambro, as well as the Enviro Depot in Spryfield. Roy has a more comprehensive portfolio of some of his work available for viewing. For an appointment, call 868-2914 or you can email Roy at clancys58@live.com.



Roy's shot of the Sambro Shotgun Wedding float in Sambro's Sou'Wester Days parade.

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Lt. Gov. visits the farm – The farm becomes a Heritage Site

by, Pat MacLean,
Secretary UFMSS

The Urban Farm Museum Society of Spryfield was graced with a visit from Her Honour Lt. Gov. Mayann Francis O.N.S. in June. Her Honour is the Honorary Patron of the UFMSS and delighted the students of Elizabeth Sutherland School and the seniors from

Melville Heights with her visit. Also present were her aide RCMP Sgt. Craig Smith and Cst. Dianne Woodworth and her police horse "Cruise".

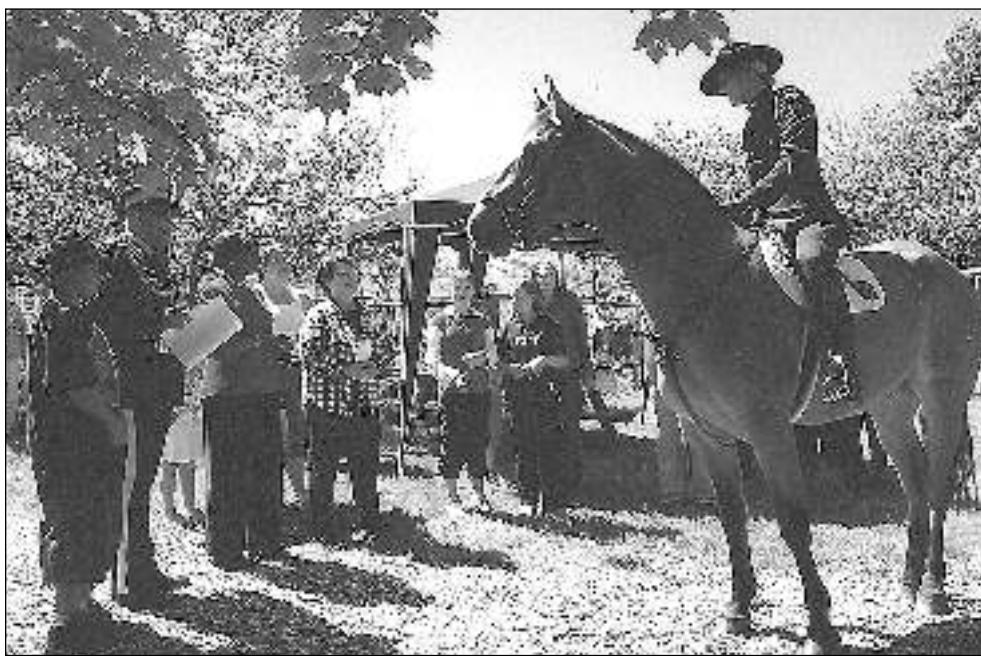
The Urban Farm has worked conscientiously over the past decade to provide garden information and programs for everyone. Garden paths are wheel chair accessible and children, youth, families and couples are invited

to join our "Come Grow With Us" program on Saturdays from 9:30 to noon. The Harvest Fair scheduled for Sept. 12th (raindate Sept. 13) is a time to celebrate the "Harvest" with lots of farm produce, games and entertainment.

The Urban Farm was fortunate this year to receive a three year grant from United Way aimed at maintaining quality programming, increasing community outreach capabilities and improving local fresh produce thru a Market Garden. Produce can be purchased at the farm on Tuesday evenings and Thursday and Saturday mornings. The Chebucto West Community Health Board also contributed funding for programs at

the Urban Farm and the Urban Farm/Greystone garden. In addition, the 4 C's Foundation has contributed a grant to make art a centre piece of community building at Greystone called "Rhythms".

The Urban Farm was recently recognized as a Heritage Site by HRM. Look for the "Key" signs on Rockingstone and Kidston Roads. A new brochure is also available at the Library and the Capt. Wm. Spry Community Centre. If you are interested in joining the Urban Farm Museum Society of Spryfield, then please contact Pat at 477-6087 or e mail jamac@ns.sympatico.ca. Further information is also available on our web site www.urbanfarmspryfield.com.



Left to right) Sgt. Craig M. Smith, Her Honour Lt. Gov. Mayann Francis, ONS, Pat MacLean-UFMSS, Const. Dianne Woodworth & "Cruise", students from Elizabeth Sutherland School.

Project supports youth-inclusion strategies, helps prevent crime

Chebucto Communities Development Association (CCDA) is starting a three-year crime prevention project in October at J.L. Ilsley High School. Funded by the National Crime Prevention Centre (NCPC), the youth inclusion project, called "Seeds of Change", is designed for youths at risk of criminal involvement aged 14 to 18.

Participating youths will be tutored and mentored; and be supported to take part in recreation and service activities in school and in the community. These activities will help youths succeed at school, increase their sense of belonging, and improve their social skills.

Evidence from crime prevention studies show that "self-control or social competency instruction" is an effective strategy in preventing crime. "After-school recreation" is also effective and will be used to build the youths' social skills, and strengthen their connection to school and community. As well, "community-based mentoring" that includes educational opportunities (such as peer tutoring and homework help) and service activities (such as volunteering with community projects) help to reduce crime. Activities will also include opportunities for parents to learn how they can support their kids during the project.

Says Marjorie Willison, Executive Director for CCDA, "Ideas for this project came initially from Spryfield residents during the Action for Neighbourhood Change project, back in 2006". CCDA then discussed these ideas with Principal Al Reyner and staff at the National Crime Prevention Centre. The project can reach youth from Armdale to the Pennants, if they are connected to J.L. Ilsley High School. The main focus is to reduce youth crimes related to drugs, violence, and property damage.

There will be lots of opportunities for residents, businesses, and community groups to participate in various ways in the "Seeds of Change" project.

CCDA is also seeking to hire a dynamic, full-time Interventions Coordinator and Volunteer Manager as part of the project to:

- 1) engage youths in school and community life, to increase their opportunities for succeeding at school and in life; and
- 2) engage residents in offering and receiving help among neighbours and groups through volunteering, to strengthen neighbourhoods and communities.

Call CCDA (477-0964) if you would like more information about the project, or wish to participate in some way, or visit our website at www.chebuctoconnections.ca.



Job Notice: Interventions Coordinator and Volunteer Manager.

CCDA is seeking a dynamic, full-time Interventions Coordinator and Volunteer Manager to:

- 1) engage youths in school and community life, to increase their opportunities for succeeding at school and in life; and
- 2) engage residents in offering and receiving help among neighbours and groups through volunteering, to strengthen neighbourhoods and communities.

Start date – September 14, 2009

Application process – Applications must be received on or before 11:59 pm, September 8, 2009.

Please include a cover letter, resume, and references in your application. E-mail application to Marjorie Willison, ccda.info@ns.sympatico.ca

Only those candidates who meet the job requirements will be considered.

See job details at www.chebuctoconnections.ca

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WE CARE

Chester Spur Line purchased from CN Rail for trails, outdoor use

Congratulations to Dan Doherty for his new endeavour as publisher of the Chebucto News. Also, a special acknowledgment to Jonny Horner, late Reg Horner's son, who understood the importance of this publication to our communities and ensured that his Father's legacy lived on.

We have had many exciting accomplishments in our district over the last couple of months. In this issue I will touch on the Dingle Tower National Designation and our recent purchase of the former CN rail line.

Residents may recall that back in 2001 I requested that Council support seeking National Historic Sites designation for Sir Sandford Fleming Park, commonly known as the Dingle. This federal designation is the highest form of commemoration afforded to an historic person, place or event in Canada. We hired local researcher Dr. Brian Cuthbertson, who submitted an excellent document on the historical significance of the park, the tower and Sir Sandford Fleming. The board turned our application down and stated 'although it is a beautiful park, there are other commemorative places in Canada acknowledging Fleming's contributions'. The National Historic Sites & Monuments Board suggested that we apply for the Memorial Tower only, which we did. The Board recommended approval. In July federal Ministers Baird and MacKay officially announced the Memorial Tower as a National Historic Site of Canada. The tower was built to commemorate the 150th anniversary of representative government in Nova Scotia and its relationship to the British Empire.

It has been asked why it is important that we receive federal designation. First, the designation indicates that the tower is not only of local, and Nova Scotian significance, but is an important part of Canadian history as well. Also, there are specific grants which provide funding to only officially designated National Historic Sites. Recently HRM applied for a grant to restore the plaques and stairs inside the tower and the lions outside. We approved \$700,000 from HRM's budget and are hoping that the federal government will contribute about \$500,000. In the future a commemorative plaque will be installed outside the Memorial Tower indicating the National Historic Site Designation. Secondly, the tower has been a special landmark on the North West Arm for decades, however, the significance of the tower has been largely forgotten. It is my hope that this designation will assist in educating future generations of the significance of the tower and

its symbol of democracy in Canada.

Residents in the areas of Fairmount and Fairview have been kept abreast of Russell Walker and my efforts to purchase the former Chester Spur Line from CN Rail for use as an active transportation trail. We held two public meetings and have updated residents via direct mail and newsletters. We finally negotiated an agreement with CN which was approved by Council. The purchase closes on September 30th. This is very exciting not only for area residents, but for residents in outlying areas as the new trail will link up with existing and future trails. We are very fortunate to be able to

have such an amenity in our district. The uses for the trail will be non-motorized only, such as walking, cycling, in-line skating, and running. A paved surface is planned but initially it may be crusher dust.

A community committee comprised of residents primarily owning property in the area of the trail such Fairmount, Fairview and Baynes Lake will be formed. I will keep the community abreast as to the application process and specifics of the committee. This committee will work with HRM on issues such as design, security, maintenance and accessibility. I would like to thank the many residents that

took the time to attend a meeting, write, email, or call about their ideas and support for this trail. This feedback was useful during purchase negotiations and for the future as the trail is completed. Please enjoy the rest of the summer and check out our exciting upgrades to the Captain William Spry Community Centre. Our next step is for outdoor improvements including a skate and bike park that the youth have been anxiously awaiting. I look forward to writing future columns in the Chebucto News and next month I will provide community updates such as a new bus service to Stoneridge.

Work continues to improve the community

First off I would like to offer my sincere congratulations to Dan Doherty and his team for continuing the longstanding and proud tradition of the Chebucto News. I am certain that it will again be successful.

A lot has happened since the last issue so we have a lot of catching up to do! I am sure that you have seen some of the improvements to our community as you take a drive or a walk through.

Perhaps the most exciting announcement we have is the new bus route for Ketch Harbour and Sambro. This long awaited service commences Monday Aug. 31st with the first bus leaving the Ketch Harbour Fire Hall at 5:30 A.M. This time was chosen to ensure those who work in the downtown can get to work on time. As well the forty is timed so that folks returning home have a good connection in the afternoon. The bus leaves the fire hall and travels to Sambro, through Harrietsfield to the South Centre Mall. It will then travel along Herring Cove Rd. to Old Sambro Rd. back to the mall and return to Ketch Harbour. There will be 10 trips a day with a round trip taking one hour and twenty minutes. Information will be delivered to all homes on the route area for more detailed information.

I extend my sincere congratulations to Michele Raymond on her recent re-election as our MLA. I look forward to working with her over the next term.

In early May our communities were faced with a disastrous forest fire that destroyed 9 homes, hundreds of acres of forest and caused the evacuation of hundreds of residents, not to mention the wildlife that was harmed.

This was a true reflection of how we all came together to help those in need. I had dozens of e-mails and phone calls offering

shelter, food, clothing and assistance for pets. My sincere thanks goes to all those who volunteered to help make this horrible experience a little less uncomfortable.

You may have noticed the second flower bed at the end of North West Arm Drive which complements the original bed we had planted last year. A group of us worked to plant both of them earlier this summer to brighten up the area. It gives drivers something to look at while they wait for the new lights to change to green.

However a right turn along Old Sambro Rd. leads to disappointment. The grass at Long Lake across from Dentith Road has not been mowed this year. Numerous calls to DNR have not yielded any results. It seems that no one wants to take responsibility for the maintenance. I am hopeful that recent media attention will bring results. I have also

asked that the Province be cited for unsightly premises.

As you will read or will have already read elsewhere in this issue the improvements to the William Spry Centre are moving along quite well. The exterior and grounds are getting attention which will put a fresh face on our facility. I have had a number of comments about the centre and a few questions about the skate park. In looking at the options available the location at the William Spry Centre was deemed the most suitable.

We have an exciting new initiative in Spryfield called "The Spryfield Community Champions". We are a group of citizens with ties to all levels of government, the private sector and social sector looking at initiatives to help better our communities. Keep an eye out for some new projects we will be spearheading.

Stephen Adams

HRM Councillor, District 18

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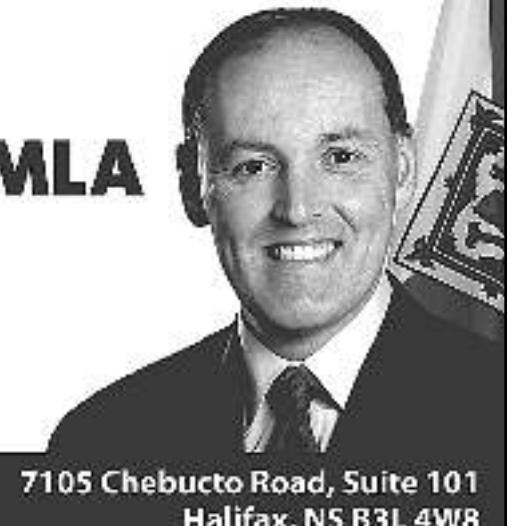
Graham Steele, MLA

Halifax Fairview

phone: (902) 453-5556

fax: (902) 453-4566

graham@grahamsteele.ca
www.grahamsteele.ca



Time to fix up the ranch... and get paid for it

By Fred O'Hearn,
Owner of LumberMart in Spryfield

There has never been a more opportune time to either build a new house or fix up your existing home. As a matter of fact, the government will help you pay for it. Now is the perfect time to build or effect those long overdue repairs as there are lots of trades people available, material prices are depressed right now and the various levels of government seem to be announcing new programs almost every other week.

The most recent announcement is a much needed stimulus for new construction, which is down by as much as 37% in metro. The

program is retroactive back to Jan. 1st, 2009 and ends in March 2010. There are 1500 grants available, up to \$7000.00 for new construction only. This is how it works: you can apply to the Nova Scotia Provincial Government for up to 50% of the HST you pay during construction, to a max of \$7000.00. The catch is, it is 50% of the provincial portion only, which is 8% of the 13% collected at point of sale. To maximize the full \$7000.00 you would have to have spent about \$175,000.00 on material, labour, etc to apply for the full \$7000.00. Don't forget, there is also a federal HST tax back program as well that will see you get as much as 20% of tax paid, refunded.

One of the most popular and effective

programs is the "Enersave" program which is a joint Provincial and Federal program. You start by having an energy audit done on your home, (cost \$250-\$300) at the end of which you will receive a written report outlining all the deficient energy wasting areas of your home. Things like windows, insulation, caulking, steel doors, even light bulbs, energy efficient hot water tanks and more. The list is endless, it seems. Basically, how this program works is, after an energy audit if you decide to do some or all the items on the suggested list, each improvement you make carries a dollar value. An Enerstar window for example could earn you a \$65.00 credit and on and on. This program will max out too, at about \$6000.00 or so depending on the required items. This program is a win win for everyone. As a home owner, you get money back on items you would probably eventually do anyway, plus the money you save on energy will shorten the "Pay Back Period" of your investment. Not to mention the increased value in your property with all those new improvements. The good news about the Enersave program is, you don't have to do all the items suggested, just the ones you feel make the most sense.

Most home improvement outlets will have all the details on these programs and more. Nova Scotia Housing has many programs available to help seniors, those less fortunate and even for folks wanting to convert part of their home for an aging parent.....commonly known as a "Granny Suite". To help with the transition between when you apply and when you actually get the work done to improve your home, most home improvement outlets offer extended payment terms on the material and sometimes on the labour too, if they have an installed sales division. By the time the grant is approved, the work is completed and your grant rolls in, your bill at the lumber store is coming due. Usually a 3-6 month grace period is offered on such projects at no extra cost to the property owner.

Not since the old "Insulation Grants" of the 70's have we seen so much "Free Money" available from our governments. Let's get the economy moving again and get the Ranch all spruced up at the same time. Most of the programs listed above have time lines on them and/or dollar limits placed on them. There's no time like the present to "Git 'er done!!"

MICHÈLE RAYMOND

MLA for Halifax Atlantic

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Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to dandoherty@eastlink.ca

Antiques Road Show

Sept. 26, 2009, 10am to 4pm
Spend time learning about the history of your prized possessions with expert appraisers Louis Leroux, Rosemary Beckett, and Roger Crowther at Captain William Spry Community Centre, Spryfield. A \$10 ticket will allow you to have two items appraised (no large pieces of furniture) with a verbal opinion given by our experts. Tickets will be sold for designated hourly periods and are available at Pharmasave, 205 Herring Cove Rd. or contact Leslie at harnish@hfx.eastlink.ca or Iris at 479-3505.

Legion Events

Seniors Days Monday Sept. 14 and Monday Sept. 28th 1 to 5 P.M.
Bingo every Sunday at 1P.M. Mini Bingo at 6 P.M. and Superstar Bingo at 7 P.M.

Urban Farm Museum Annual Harvest Fair

The Urban Farm Museum Society of Spryfield will hold its annual Harvest Fair on Saturday, September 12th from 2 pm to 4 pm at the Urban Farm field, Rockingtone Rd near Ardwell. Food, entertainment and activities for all ages, fresh produce and preserves for

sale. Rain date Sunday, September 13th. All welcome. Contact: ishea@eastlink.ca, or tel: 477-6087

Basketball Registration September 9th

McDonald's Mainland South Minor Basketball Association is having its 2009 registration on Wednesday, September 9th at the Captain William Spry Community Centre from 6-8 P.M. Register early for boys and girls tryouts in Jr. Mini, Mini, Bantam and Midget levels. Also returning will be our small ball program for youths 5-8 years of age. For further information please contact Todd Umlah at 852-5468.

Parkhill Fall Fair and Sale

The Fall Fair and Sale at Parkhill United Church corner of Parkhill and Kirk Roads in Jollimore will take place on Saturday September 26 from 9am to 1pm. Featuring home baked goods, garden plants, household items, books, jewellery, antiques, novelties and collectables, games, good food and beverages and more.

Archival Material Sought

I am writing a book about Halifax Municipal Airport which operated within the area bounded by Bayers, Connaught, and Chebucto Roads in the 1930's. Any document, photograph which I could scan would be appreciated. So, would anecdotes. Please contact Peter Lawson at 475-5555. Thank you.

Committee on Addiction Awareness

Are you concerned about drug and alcohol use, smoking, and problem gambling in the Spryfield community? A Local Committee on Addiction Awareness is being established and residents are encouraged to get involved. Volunteers will meet once a month to discuss addiction issues and organize awareness activities at schools and public events. For more information please call 424-4976.



Sambro Days Parade.

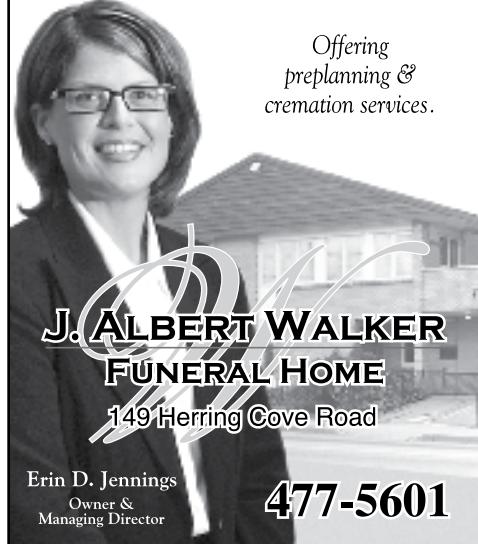
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Chebucto News Business Directory

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Danielson's Water 'N' Wine settling comfortably into new location

According to Linda and Dan Doherty, the staff at Danielsons Water 'N' Wine are settling comfortably into their new location. After seventeen years in South Centre Mall, in May of this year the store was forced to relocate. Their new location, directly across the street from the mall, is not only adjacent to Uncle Bucks Pizza but also connected to Uncle Bucks dining room. The new location is being very well received by old and new customers alike. Personal friendly service is the goal of the entire staff, some of who like Nancy Schnare have been with Linda

and Dan for more than 14 years. A large percentage of customers coming into the store are greeted by name, attesting to the bond that has developed between the store and the community. While no longer being affiliated with Sears, Danielsons continues to offer all of the other goods and services that it did during its years at the mall in addition to offering a few new product lines like milk (which is sold at cost as a loss leader) and bread.

If you haven't been to the new location yet drop in, have a look and say "Hello!"



Danielson's Water 'N' Wine

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16 Dentith Road, next to Uncle Buck's Pizza

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watches • dart supplies
pop • chips • snacks • and more!

MILK AT COST!

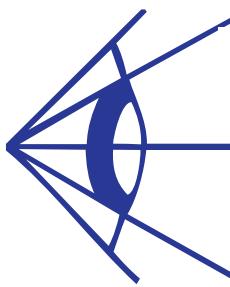
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LUMBER MART

CUSTOMER APPRECIATION DAYS

Thank You!



It's our birthday, but you get the presents!

IT'S BACK!!

FREAK DRYWALL

We did a major buy... just in time for our birthday

<small>Anniversary offer is for Pick-up only & 2 weeks only</small>	
4' x 8'	#16288PU
Our Regular Price	\$10.88
With screw purchase	-\$0.50
With mud purchase	-\$0.50
With bead purchase	-\$0.50
With tape purchase	-\$0.50
YOU PAY... AS LOW AS:	\$8.88

<small>Anniversary offer is for Pick-up only & 2 weeks only</small>	
4' x 10'	#16289PU
Our Regular Price	\$12.88
With screw purchase	-\$0.50
With mud purchase	-\$0.50
With bead purchase	-\$0.50
With tape purchase	-\$0.50
YOU PAY... AS LOW AS:	\$10.88

HELP!! THEY ARRIVED EARLY...

ELECTRIC FURNACES **\$488**

Our regular price \$599
Available in oak or cherrywood (shown)

CAN WE SELL YOU A HEATER WHEN IT'S 25° C?

UPDATE: The electric furnace ad we ran 2 weeks ago blew us away! We sold out in this heat!! People are still calling for this price and we're issuing rain checks until our new order arrives August 14. Only 32 of this price... book yours now!!

ANNIVERSARY SPECIAL...BUY THE SET TAKE ANOTHER 10%-12% OFF

BUDGET SERIES	VICTORIAN SERIES	REGENT SERIES
TOILET & TANK SET	TOILET & TANK SET	TOILET & TANK SET
REG. \$39.95	REG. \$99.95	REG. \$129.95
\$79.95	\$109.95	\$129.95
\$119.90	\$209.92	\$239.92
BUDGET TOILET/TANK SET	REGENT TOILET/TANK SET	REGENT TOILET/TANK SET
REG. \$119.90	REG. \$139.97	REG. \$139.97
\$109.92	\$139.97	\$139.97
\$209.92	\$279.94	\$339.92
REGENT TOILET/TANK SET	REGENT TOILET/TANK SET	REGENT TOILET/TANK SET
REG. \$139.97	REG. \$179.95	REG. \$179.95
\$109.92	\$139.97	\$139.97
\$239.92	\$339.92	\$339.92

Note: * May also be available in Bone - add \$2.50.

MANUFACTURER'S SUB GRADE ACRYLIC TUBS

1-PIECE
(Includes tub, walls and roof)

NOW...

\$588 \$688

3-PIECE
(Includes tub, walls and roof)

NOW...

WHILE QUANTITIES LAST!



ANOTHER GIFT!
PREMIUM ENAMEL CAST IRON KITCHEN SINK **\$99**

THE FINE PRINT: Check out the Big Stores and Bath boutiques on "The Farm House" sinks. Expect to pay up to \$899. (No kidding!!)

HOW MUCH DO WE REALLY APPRECIATE YOU??



60" x 80" SOLID VINYL SLIDING PATIO DOORS

DAILY 8AM - 10 AM ONLY
(\$489 AFTER 10AM)

\$399 EACH
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- Includes screen and safety glass
- All vinyl, no wood to rot
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- Add just \$49 for a "low E" option

IT'S STILL DECK SEASON!

TREATED LUMBER LIQUIDATION
#1
87¢
36¢
\$1.98

	8'	10'	12'	14'	16'
5/4"x 4" decking	\$2.89	\$3.97	\$4.78	\$5.49	\$6.37
2"x2"	\$2.29	n/a	n/a	n/a	n/a
2"x4"	\$4.68	\$5.99	\$7.19	\$8.49	\$9.69
2"x6"	\$6.99	\$8.69	\$10.49	\$11.99	\$13.99
2"x8"	\$9.36	\$11.69	\$13.98	\$16.39	\$18.99
2"x10"	\$11.88	\$13.88	\$15.88	\$17.88	\$19.88
4"x4"	\$7.99	\$10.99	\$13.77	\$15.99	\$17.97
6"x6"	\$22.88	\$27.88	\$33.88	\$39.88	\$44.37

DECK KITS



WIDTH - ALONG HOUSE	DEPTH - CUT FROM HOUSE		
	8'	10'	12'
8'	\$399	\$529	\$589
10'	\$489	\$599	\$689
12'	\$549	\$689	\$769
14'	\$649	\$799	\$899
16'	\$719	\$889	\$1019
18'	\$779	\$979	\$1119
20'	\$859	\$1079	\$1219

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THANK YOU!! To all our customers,
staff and vendors for a great 25 years.
We look forward to the next 25!!

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