

# Chebucto News

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# Runs Watershed Trail System being studied, proposed

**Spryfield** - The McIntosh Runs Watershed Association has authorized a \$9,300 contract to Gordon Radcliffe Landscape Architects to

provide planning and design services for a McIntosh Run Trail Development Project. In announcing the project, McIntosh Run

Watershed Association President Terry Bobbitt said the Runs requires detailed routing plans and construction drawings prior to beginning any physical construction for trail development. He said money for the study is being provided by the city through the Chebucto Peninsula Trails Study.

Phase one of the study will cover approximately 2.7 kilometres of multi-use trail systems stretching from the north end of River Road through to Roaches Pond. The study will include the proposed Trail Entrance and Parking area on River Road and the upgrade of the existing trail along McIntosh Run on municipally owned property.

The design work will include improvements to drainage, the trail surface and the construction of look-offs and other amenities. In addition to working with the Watershed Association the company will be required to consult with a number of Halifax Regional Municipality departments as well as the

Department of the Environment.

Phase two will involve the development of a wilderness hiking trail along the Run through the Herring Cove backlands from Roaches Pond to Powers Pond with a section leading toward York Redoubt. This section will cover approximately 5.3 kilometres, bringing the total trails system to nearly nine kilometers from start to finish.

The consultants will detail routing of the trail system and design construction details to address "the various conditions" of the natural waterway.

Planning for the trail, most of which crosses crown lands, will include consideration of land ownership, routing options and consultation with the Nova Scotia Department of Natural Resources, HRM Parkland Planners and the community on topics such as management and protection of this valuable resource.

see "Runs" pg. 2



The sunny skies which greeted the brave souls who dived into Herring Cove on New Year's Day were replaced with winter's furry before the month of January expired. Herring Cove's Polar Dip was a resounding success however, as authorities in Halifax closed Black Rock Beach for any winter foolery, leaving Herring Cove as one of the closest opportunities to dip under the watchful eye of rescue personnel.

## No quick solution for Rotary congestion

**Armdale** - The City of Halifax is conducting studies of traffic flows at the Armdale Rotary but the information is being generated more to coincide with the city's Regional Transportation Strategy than to determine any kind of quick fix for the interchange.

In a letter to Councillor Linda Mosher, Traffic and Transportation Services Manager

David McCusker says a consulting firm has been hired to do some "computer modeling" of flow at the Rotary in order to test a number of alternatives. He says the investigation will evaluate three levels of improvement scenarios.

The first level will be aimed at maintaining the same general configuration but adapting different traffic control strategies to improve flow. The second level will involve some reconfiguration of the Rotary to a series of more conventional at-grade signalized intersections. The third level will involve studying the traffic potential by augmenting the Rotary with one or more overpass structures.

"Obviously," says the Traffic Manager, "with each level the gain in capacity increases along with the cost. The current study is not intended to recommend a solution for congestion at the Rotary but simply to provide the information needed to feed into a Regional Transportation Strategy."

McCusker says the transportation strategy will be developed over the next few years but that it is possible some small-scale fix-ups that can be undertaken in the short term may be identified.

The computer modeling is expected to be completed and available for review sometime this spring.

## Insurance Rates Are Rising - Why?

*Editor's Note: Citizens and business alike are reeling under news that insurance rates will increase this year. The question is why? Kevin N. Umlah, President of Spryfield's Umlah Insurance Agency Limited and Past President of both the Insurance Brokers Association of Nova Scotia and the Insurance Brokers Association of Canada, offers his national and provincial industry insight on the reasons why. The Chebucto News is pleased to provide this information for our readers.*

This column is intended to provide a "heads up" on what is and has happened within the insurance industry to force rising rates in 2002. For several years the insurance industry has struggled to meet rising claim expenses. Here in the Maritimes we have historically

enjoyed some of the lowest premium levels in all of North America. Industry reports suggest personal home and auto rates will increase by 15% to 20% on average, while commercial rates will rise 25% to 30%.

My intent here is to help you understand why and explain the actions being taken by insurance providers as they struggle to maintain profitability. Your largest risk as a consumer is not in rising rates, but in doing business with an insurer, or an industry, that is not financially strong enough to provide the coverage benefits your premiums require. Simply put, and "out-of-business" insurance industry offers no protection for you, the consumer.

**The Changing Marketplace - Industry Suffers From Internal Competition**

During the 1990's many new insurers

entered the Canadian marketplace. In their push to acquire market share, the majority used price incentives to acquire customers. Faced with the competition, existing insurers used a number of strategies to protect their position. Larger insurance companies bought smaller competitors in efforts to lower operating costs.

But product pricing has been the largest contributor to the current problem. Market share battles based on pricing have meant premiums have not kept pace with the growing expenses of claims. Consumers benefited as competition introduced discounted premiums to generate sales. Stable consumer premiums kept "premium revenue" out of the industry. As claims cost rose in the decade, underwriters

see "Insurance" pg. 6

# Herring Cove Junior High School throws open the doors

**Herring Cove** - Students of Herring Cove Junior High School entertained their parents and friends this month with an Open House featuring the results of their work through this portion of the year.

Visual displays provided by overachieving students covering every aspect of school studies were available to parents to view and question. Principal Luddy Bartkus told The

Chebucto News the event was designed to provide not only a showing of student talents but to indicated to parents that although the marking system in schools is changing the method of teaching and the education level being achieved is not. "The grading system may change," he said, "but the results of education will always be the same."

Organizer and teacher Lara Nestman said

almost every aspect of education in the school is being featured. There were displays covering French Emersion, mathematics, English literature, family studies and the arts. "Some of these students go well above and beyond the expectations required by the school system," she said. "This is an opportunity for us and them to highlight some of the spectacular work being accomplished."

Called a Celebration of Student Achievement and Success, the evening included music provided by the Senior Jazz Band and Music Teacher Sue Mantin, a public speaking presentation by Rachael Elliott and Emily MacKay, salsa and chips provided by the family studies program and a computer video presentation created by the students documenting the successes at Herring Cove Junior High School.

Nestman, on behalf of the Herring Cove Junior High Committee which organized the event over several months, said everyone was impressed with the effort and the quality of work and delighted with the turnout and the response of parents and other visitors. "We look forward to preparing another similar event this coming spring."

## Local lacrosse program expanding

**Spryfield** - Lacrosse is growing so rapidly in the neighbourhood that organizer Mike LaLeune says last year's Herring Cove teams in Novice and Pee Wee will join with other players from the Halifax Peninsula to form the Halifax South West Lacrosse Club.

LaLeune says last season was the first in many years for youth to play box lacrosse, Canada's national summer sport, in the area and "we expect that the league will double in size this year."

He said the Spryfield Lions Rink will be used seven days a week this year for a program that will run from May through early July. "Growth is wonderful," he said, "but there will not only be more players there will also be a need for more coaches and officials and volunteers. We are hopeful we'll be able to generate adult interest in the sport along with the youth."

The deadline for early registration for the league will be February 15 and registration sessions have been set for the Chocolate Lake Recreation Centre February 9 from 10 a.m. to 1 p.m. and February 15 from 6:30 p.m. to 8:30 p.m. Advice on equipment, equipment purchases, training and clinics will also be available. The program cost is \$100. For information please call 477-4466.

## Runs Watershed Trail System

*continued from pg. 1*

"We understand," said the consultant firm, "that the watershed area has been the subject of ongoing study by staff and students at J.L. Ilsley High School. We propose to conduct a meeting involving all interests and stakeholders where all available information would be reviewed and ideas discussed to determine the best route for the trail.

For both phases of the study, the final products to be produced include a plan illustrating condition, routing options, opportunities and constraints; a plan illustrating the trail route and keys for construction details, construction cost estimates and a final report explaining the project.

"We have been working hard to clean, protect and preserve the Runs through our Watershed Association," said Bobbitt. "This project will provide the information we need to move into the next phase, actual development of the land areas into a recognizable and worthwhile trail system for all of HRM to use."



Students at Herring Cove Junior High School showed off their talents to their parents this month with a display in the school gym. Grade eight students Justin Palmer and Alexa Minichiello, left, and Grade nine students Matt MacDonald and Chantel Harvey show off one of the displays with teacher organizer Lara Nestman.

## Chebucto News

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# Lions Club Speakout Contest entertains for 23rd year

**Spryfield** - Parents, teachers, students and judges alike were well entertained this month when the Spryfield Lions Club and J. L. Ilsley hosted the 23rd annual Lions Club Speakout Contest.

Sixteen students from local junior and senior high schools participated in the public speaking development contest to determine Regional Winners heading toward Zone and later on provincial competitions.

Lion Chairman Dan MacDonald, who

has served as chairman for 22 years, said many teachers work diligently to train students to enter the contest and "it is amazing how well these kids speak in a public forum." He also congratulated Ilsley Education Department head Gayle Reiner who, after retiring this year, will leave the speakout contest responsibility to another teacher for the first time in 23 years. Melissa Trenbirth will accept the challenge next season.

MacDonald said the 16 speakers this year was the largest ever contingent to perform for the competitions. Topics ranged from the "Effects of Technology" to "Personal Privacy" and "Lukemia" to such comical subjects a "Put On A Happy Face" and "Would You Like Fries With That."

The Senior High School and Overall Winner was J.L. Ilsley's Erin Dempsey who spoke on "Censorship." Top Junior High speaker Jillian Reardon from Cunard spoke on the "Effects of Technology" while second place winner Gwen Watt of St. Agnes covered the topic "Would You Like Fries With That?" while third place went to Cunard's Lauren Matheson who spoke on "Inclusion," a topic to cover the problems and benefits of including disabled students in the regular flow of classroom life.

Elizabeth Sutherland Principal Glen Taylor, in his Master of Ceremonies role, thanked both the Spryfield Lions Club for the effort and the Spryfield Lioness Club for providing the refreshments for the event. He also acknowledged the difficult but well managed task of Judges Clyde Paul, Judith

Ferguson and Suzette Dibblee together with the effort of questioners Caleb Fishman and Linda Dean. Timer for the event was Conor Dempsey.

"We will certainly miss Ms. Reiner when she departs," said MacDonald, a little tongue in cheek knowing he is also retiring from the project this year, leaving it in the hands of Lion and teacher Jim Glazebrook.

Besides the winners, other students who participated and their topics included Matthew Pondford of Cunard who spoke on Personal Privacy; Eluizabeth Sutherland's Amanda Hann on Lukemia; Courtney Holland on Africville; Cara Hall on Fashion Fads; Herring Cove's Rachael Elliott on Smallpox; Emily MacKay on The Women of the Taliban Regime; J.L. Ilsley's Stephanie Shaw on Intimate Relations; Jessie Langille for Put On A Happy Face; St. Agnes's Hillary Rand n Wrestling; Lexy Dugal on The Magic World of Reading; and Andrew Pelerine on Being Unique.

The next event in the competition will be the Regional Championships to be held March 26 at the Spryfield Lions Den.



Spryfield Lions Club Speakout organizer Dan MacDonald, incoming J.L. Ilsley teacher representative Melissa Trenbirth and outgoing English Department Head Gayle Reiner flank winning essay presenters Jillian Reardon, Gwen Watt, Lauren Matheson and Erin Dempsey who took Overall Top Honours.

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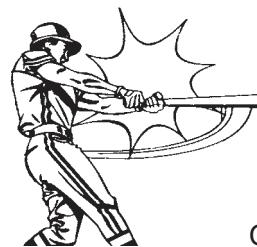


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# DISCOVERING OUR PAST

## Food Played Many Roles in the Lives of Early Settlers

by Iris V. Shea, Historian  
Mainland South Heritage Society

This year's Annual Heritage Day Display will explore food and the many roles it played in the lives of families who settled in Mainland South. Under the joint sponsorship of the Mainland South Heritage Society, Captain William Spry Library and Urban Farm Museum Society, the display will open on February 15, 2002 at the library, 10 Kidston Road, with a Heritage Tea from 10 a.m. to 12 noon. Historical photographs and articles pertaining to the production and use of food, in addition to old cookbooks and recipes that our ancestors used, will be included in this year's exhibit. The Urban Farm Museum Society will also take orders for their soon-to-be published cookbook, "Foods of Spry's Field: Cooking and Preserving Then and Now."

On the back cover of the cookbook is this quote, "When Captain William Spry cleared land in the 1770s, the area became Spry's Field and the farm started a tradition of food self-reliance among early settlers." Throughout Mainland South early families depended on fishing and farming to help support their large families. Food served as a source of profit and pleasure. Farmers produced grain which they sold to Hosterman's Mill at the head of the Northwest Arm, or to Lawson's Mill at the mouth of the Arm (now the site of the Royal Nova Scotia Yacht Squadron). The Acadian Recorder, 17 October 1863, carried this advertisement: For Sale by R. L. Fraser and Co., Fresh Ground Halifax Flour 500 Bbbs choice Superfine flour suitable for baking, now landing from the Sandwich Mills (Henry Lawson's) North West Arm.

The following paragraph is from the Halifax Herald, Oct. 5, 1897: Mackerel are here. They have struck at last. The fish came inshore Sunday morning and all the fisherman from Ketch Harbour to Ferguson's Cove made hauls. Estimated over 7000 Mackerel were taken in Herring Cove, and had the fishermen used seines instead of ordinary nets, immense stops would have been made. Few of the fishermen along the shore have seines. Thomas Renner made a stop of over forty barrels with a drag seine. The Johnsons and Dempseys of Herring Cove brought their catches to the city this morning. The fish will be shipped to Boston. They were retailing from boats at ten cents each. Michael Lynch, the oarsman, made a small stop which he sold for twenty dollars. Edward Ryan also made a good stop. Several big schools were seen off Point Pleasant yesterday.

Trout fishing in the fresh water lakes and streams between Harrietsfield and Sambro produced catches that may or may not have been exaggerated. From the Acadian Recorder, 23 May 1885: The trout and the trout stories are coming in thick and fast, and this appears to be a good year for both. George Gregoire was out Sambro way this week and got seventeen. He says "You can drive right up to where the fishing is, Sheehan's Pond first and then bigger waters beyond." Hubley at Belle Aire Grocery got seven dozen at Two Lakes, "they were so thick the hook hadn't a chance to stand up in the water for a second." Merlins on the Sambro Road or Allens in the vicinity

of the fishing are favourite stopping places for anglers.

It was also a common practice for families to share their food with friends and neighbours. While teaching school in Terence Bay in the 1880s, Elizabeth Sutherland wrote letters to her mother in Spryfield describing the generosity of others ... "this morning the river people sent me a large bunch of rhubarb, one bunch of smelts and a half pound of butter. Mrs. Yeadon sent me some Dahlia Roots, Mrs. Bishop one fresh haddock, Mrs. Penny three fresh mackerel, Mrs. Harry one Turnip and a pitcher of sour milk to bake with, Mr. Cox a parcel of seed beans corn peas and flower seed and tonight the mail man brought me a large box from an unknown friend containing bread onions

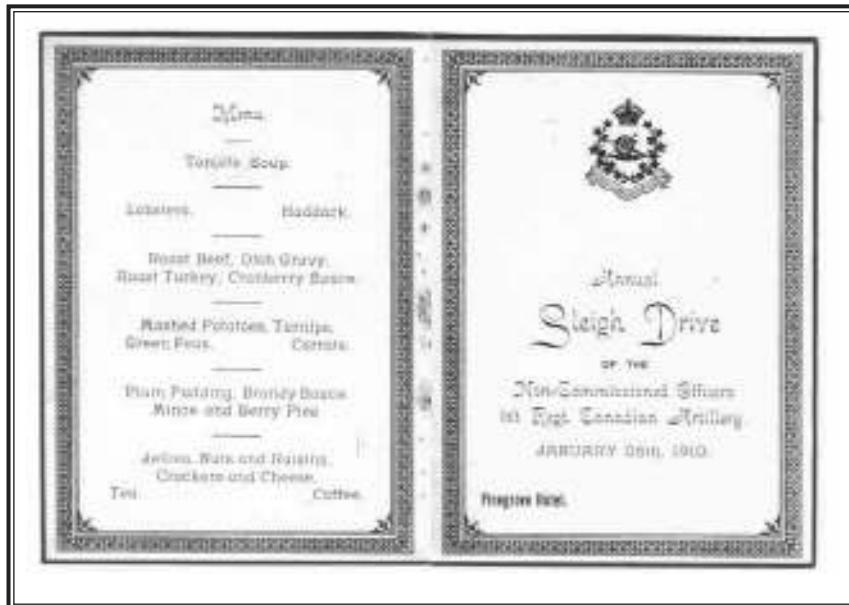
cake doughnuts tarts sugar plumbs beef steak and radishes."

Berry picking was another source of food. In the 1890s, the Inspector of Schools for this area expressed concern that the school children living along the shores spent the good

weather berry picking and lobster packing instead of attending classes. Foxberries were plentiful at Coot Cove; cranberries in the bogs at Pennant Point, William's Lake and Long Lake; and blueberries in the barrens at Sambro, William's Lake, Colpitt Lake and Whimsical (Target) Lake.

The dining room of the Pinegrove Hotel in Spryfield offered locally produced food. The photograph accompanying this article is of a colourful menu and invitation, dated 26 January 1910, for the "Annual Sleigh Drive to the Pinegrove Hotel in Spryfield of the Non-Commissioned Officers, 1st Regt. Canadian Artillery."

According to research from the Urban Farm Museum Society, by 1960 half of what we ate came from the Maritimes. Today, less than 20% of our food is local... all the rest is imported!



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# New Student Education Council kicked-off at J. L. Ilsley

**Spryfield** - Education Minister Jane Purves used the facilities of J. L. Ilsley High School to announce a new initiative in the school system aimed at giving youth more say in how government manages their program.

In announcing the new Provincial Student Education Council Purves said the group will give students "a direct voice to government" and "more leadership opportunities." "The Council will give high school students a forum for sharing their ideas and concerns for public education directly to government. It is intended to help develop a better network for sharing information on education issues with students across the province.

Membership in the Council will be comprised of the Provincial Cabinet of the Nova Scotia Secondary School Students' Association (NSSSA). The membership will be supplemented by government appointees to ensure representation from the Mi'kmaq, African Nova Scotian and Acadian Communities as well as appropriate gender and geographical balance.

The mandate of the Council will be to coordinate a process which allows students to

advise the Minister of Education on education in the Secondary School system, create leadership development opportunities that will enhance the capacity to make a successful transition from school to work, further education or training and providing input on related activities.



Education Minister Jane Purves kicked-off the new Provincial Student Education Council at J.L. Ilsley this month. Ms. Purves is shown with Nova Scotia Secondary School Association Vice-President Laura Decker; Jessie Lee Langille, Co-President, J.L. Student Council; Brennan Dempsey, NSSSA Past President; Andrew Arbuckle, President and Monica Njoku, J.L. Co-President.

"We want to make changes in education that will improve students' learning and their experience in school," said Purves. "Students will be directly affected by these changes and I believe they have good ideas so I want to hear what they have to say."

"I think kids today are really a lot smarter than we

sometimes give them credit. They can contribute in ways that the 40-somethings don't always appreciate. High school students drive a lot of the changes in society because they are always at the front of the wave," said the Education Minister.

NSSSA External Affairs officer Kelsey Tonner said the Association believes the Provincial Student Education Council will be "instrumental" in developing stronger relations between the students of Nova Scotia and the Department of Education.

He said the NSSSA is a student run non-profit organization promoting leadership development at the high school level that has, over the past 11 years, evolved into a widespread organization achieving well-deserved credibility. "As clear communication and cooperation are fundamental to the success of the NSSSA, we believe that this same cooperation and communication should exist between the students and the Department of Education," he said.

The Provincial Council will give students opportunity to voice their concerns and ideas on matter relating to the system and will provide students experience in dealing with the government. "Students with these skills will have an advantage when facing the post secondary world and all of the opportunities available after graduation," Tonner said.

The new council will meet regularly and provide advice to the Minister through semi-annual meetings. The council will organize

conferences and workshops for students on such leadership issues as communications, public speaking, interpersonal relations, group dynamics, goal setting, event planning, fundraising and boosting school spirit.

Whenever government wants to try something new it consults with its partners said Purves. "We talk to teachers, parents, principals and school boards to get their ideas," she said, adding that "good ideas don't just belong to professors, politicians and parents. I've heard plenty of them at events like this. I want to hear more of your good ideas and I want to make the most of what I hear from you," she said.

"My job as Education Minister is to make sure that the system works for the kinds of kids that we have, not the kind we used to have when I was in school, and not the kind that exists in your parents dreams. The best way I can think of to do that is to listen to your ideas for building your future.

## How To Sell Your Home Yourself: 10 Tips Real Estate Agents Don't Want You To Know

**HRM** - If you've tried to sell your home yourself, you know that the minute you put the "For Sale By Owner" sign up, the phone will start to ring off the hook. Unfortunately, most calls aren't from prospective buyers, but rather from every real estate agent in town who will start to hound you for your listing.

Like other "For Sale By Owners," you'll be subjected to a hundred sales pitches from agents who will tell you how great they are and how you can't possibly sell your home by yourself. After all, without the proper information, selling a home isn't easy. Perhaps you've had your home on the market for several months with no offers from qualified buyers. This can be a very frustrating time and many homeowners have given up their dream of selling their home themselves.

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# Insurance Rates Are Rising - Why?

*continued from pg. 1*

struggled to maintain profits.

And claims costs have been impacted by changing government measures, with contributions from increases in health care and medical costs, tighter environmental cleanup legislation and escalating user fees for government services. Insurance fraud (inflated losses) has continued to rise despite industry efforts to curb this type of activity. Salaries for employees, both of the insurers themselves as well as the employees of the firms and their suppliers, the repair companies and the product suppliers, all have had an increasing impact on the cost of settling claims. Simply, the cost of goods themselves, the prices of cars and homes, has had an impact on insurance company payouts and profits.

In late 2000, insurers began to realize that these trends were working against them, and began to implement modest rate increases in an attempt to regain a position of profitability. It was hoped by many insurers that tighter underwriting restrictions, combined with gradual premium increases over a period of years, would move them back to a profit position.

#### **Global Economies Impact Profitability**

A good portion of the industry's financial strength is tied to the investment market. Up until 2000, investment returns in the global market had been fairly strong, and this was going a long way to making up for the occurring underwriting losses. Consumers should appreciate that property and casualty insurers have only two sources of revenue income, premium income from their policyholders and

investment return on cash reserves. In 2001, the economy took a downturn that caught much of North America in recession. This was felt in the stock market where most insurers get their investment revenue. If you have mutual funds and look at your return over the last year you will know what I am referring to.

Industry reports suggest that investment returns this year could be as low as 3%, which will mean insurers may need to draw upon surplus funds to meet their obligations. Already one insurance provider in Ontario has been shut down due to its poor financial position and I know of several businesses here in Nova Scotia that have been impacted by market downturns. The expectation is that the market will continue to provide weak returns well into 2002, leaving insurers only "premium revenue" as a source to replace the losses of the 90s.

#### **Trade Centre Terrorism Costs Will Filter To Consumers**

Finally, as if we haven't heard enough about September 11/01, it too will have an impact on insurance premiums. The majority of all losses sustained during this attack will eventually be borne by the global re-insurance industry. There have been many guesses as to what the final cost to insurers is going to be, but a fairly safe assumption is that it will exceed \$50 billion U.S. Re-insurers are the companies that your insurance companies go to to purchase insurance protection for the risks they accept on behalf of policyholders like yourself. The re-insurance industry will pass on the September 11 expenses to the insurance companies they insure. Industry ana-

lysts predict they will face increases that could double last year's costs. To meet these increases, insurance companies will be forced to pass them on to you and I, the end consumer. As a best guess, for the average policyholder, it could mean an additional 5% -8% on their premium. While the insurance industry's situation began to evolve long before the events of September 11th, those events will have added their own impact going into 2002.

#### **What We Can Do To Help Reduce Your Premiums**

What can we do as your broker to help offset premium increases? In reality our job on your behalf hasn't changed. We will continue to obtain for you appropriate, competitively priced, coverage for your requirements. We will work to keep your information current so your assets remain properly protected and we will counsel you on alternative coverages and deductibles to provide you the best value for your insurance dollar. As an expectation, we anticipate that 15% to 20% premium increases will be normal, and we will work to ensure that your premium change is within reasonable levels. The majority of insurers I have met say they will have a limited capacity for new accounts in 2002, and so options to move to a lower priced insurer may be limited. As we have always done, we promote with our clients the benefits of having a long-term relationship with an insurer, and now more than ever, that philosophy will be to your advantage. With tighter underwriting restrictions, there always are cancellations of certain accounts that don't quite meet insurer requirements, and our best and most effective tool in gaining individual consideration is the use of your past relation-

ship with that insurer. Keep in mind that a cheap price is not always the best price.

#### **What You Can Do To Reduce Your Premiums**

What can you do as an insurance buyer? The most important thing you can do as our client is to communicate with us and assist us in making sure that we have current information on your account. Discuss your policy with your Account Manager here at the office to review coverages and available discounts so that we make sure that you receive these on your policy. If you are a single line client (i.e. you insure your car with us but not your home) consider moving your other insurance to us in order to take advantage of any multi policy discounts that most insurers offer. You should also be open to consider higher deductibles on your policy. Many of our clients tell us that they don't bother calling us to make smaller claims, so if that is the case why not carry a higher deductible (\$500) and pay less in premiums.

#### **Our Long Term Pledge**

The measures that our industry will be taking in 2002 will likely not be a complete fix. Premium increases take at least a year before we see their effect and with low investment returns being projected into 2002, I would expect that similar actions may be necessary into 2003 as well. This is a problem which is not unique to you, our clients, but to policyholders across the province, across the country, and across the world. You have our pledge to work on your behalf to continue to earn your business.

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# Local Lions, Lioness Clubs tops in Guide Dog sponsorships

**Spryfield** - The Spryfield Lions and Lioness Clubs are among the top clubs in all of Canada making efforts to provide and support training programs for guide dogs and special skills dogs that help disabled people.

Lions Foundation Director Peter Wallace took the opportunity at the Spryfield Lions Club Annual Ladies Night to make a presentation to the Lioness Club for their continued sponsorship of guide dog training in Canada. Queen Lioness Sharon Calnan accepted the recognition from Director Wallace in rewarding the club for donating \$18,000 to the national program. The Lions Club is only one of two clubs in the area to have sponsored a special skills dog whose training costs about \$10,000.

Past District Governor Lion Doug Adams introduced District Governor Sharon Dykman who congratulated the Club on its involvement and participation in the community. "When you chartered in 1957," said Dykman, "you began a journey to not only help people in need but for all people from the youth to the seniors. You did this by providing the ice rink and recreation center and you have worked hard for the past 45 years and your dedication to Spryfield is evident in all that you do as a club."

And the Governor said the association

Lioness Club, chartered 21 years ago in 1981, has also "worked very hard to support all that the club does and aiding all those in need, especially our national guide dog program."

Dykman said the evidence of effort is well known in the local club with many members, including Past District Governor Adams, two Cabinet Secretary Treasurers in Lions Adams and Roy Chambers, several Zone Chairmen including Lion John Bain who has acted in the post for the past two years and Necrology Chair Carl Price participating in the club at many levels.



King Lion Darrell Wentzell of the Spryfield Lions Club was the Master of Ceremonies at the Club's annual Ladies Night celebration. Also attending the dinner were District Governor Sharon Dykman, Queen Lioness Sharon Calnan and Cabinet Secretary Treasurer Mike Gibbons.

She said International President Frank Moore III has chosen the "Lamp Of Knowledge" as the logo this year because since ancient times the lamp has symbolized the quest for knowledge and truth. "The lamp lights the

path to progress and throughout own history Lions have always sought to light the path to hope, health and happiness for millions of people living in darkness and despair," she said.

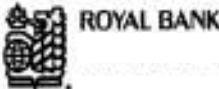
She also indicated she welcomed the International President's decision not to introduce any new ideas but to encourage clubs to build on existing programs and focus on the pathways of youth, new members, image and public awareness and future leaders Lions everywhere are familiar with.

"There is no path more important than the one that leads to the future for it is the path young people will travel as they mature," she said, encouraging the local club to continue being involved with schools and youth organizations to directly influence the next generation.

And Dykman encouraged local Lion members to adopt the "Year-Round Membership

Growth" program by being conscious of the need to develop new members throughout the full year.

"We must also let the communities we work I know who Lions area, what we do in our communities and when and where we meet," she said in identifying that a public relations firm has been hired by Lions International to develop a campaign to spread the word about Lionism



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# Spryfield Residents Association investigates "wilderness corridor" at Kidston Lake

**Spryfield** - District 18 Councillor Stephen Adams told members of the Spryfield Residents Association that a "wilderness corridor" for the Kidston Lake area can become a component of future planning decisions to be made concerning the hundreds of acres of land surrounding Spryfield's virtually untouched wilderness lake.

At a recent meeting of the Association, Adams brought a zoning map of the lake and its environs. The map, printed below, identifies existing zoning and Adams outlined the possibilities for development and the known ownership of the area.

"I have had a number of telephone calls in past months about potential developments in Spryfield, particularly in areas around Leiblin Park, Thornhill Park, Kidston Lake and the area adjacent the Harrietsfield Irving on Old Sambro Road.

Adams told members of the Association the property adjacent to Harrietsfield Irving,

owned by Havill Lands, is zoned C-5. This zoning allows for a number of commercial and industrial uses including a hospital, medical clinic, church, restaurant and day-care. The only residential development allowed under the zoning would be something that is auxiliary to an allowable use, he said, using the example of a nurses residence next to a hospital. "To be clear," he said, "subdivisions, condominiums, trailer parks or apartments are not permitted. In fact no significant residential development is allowed."

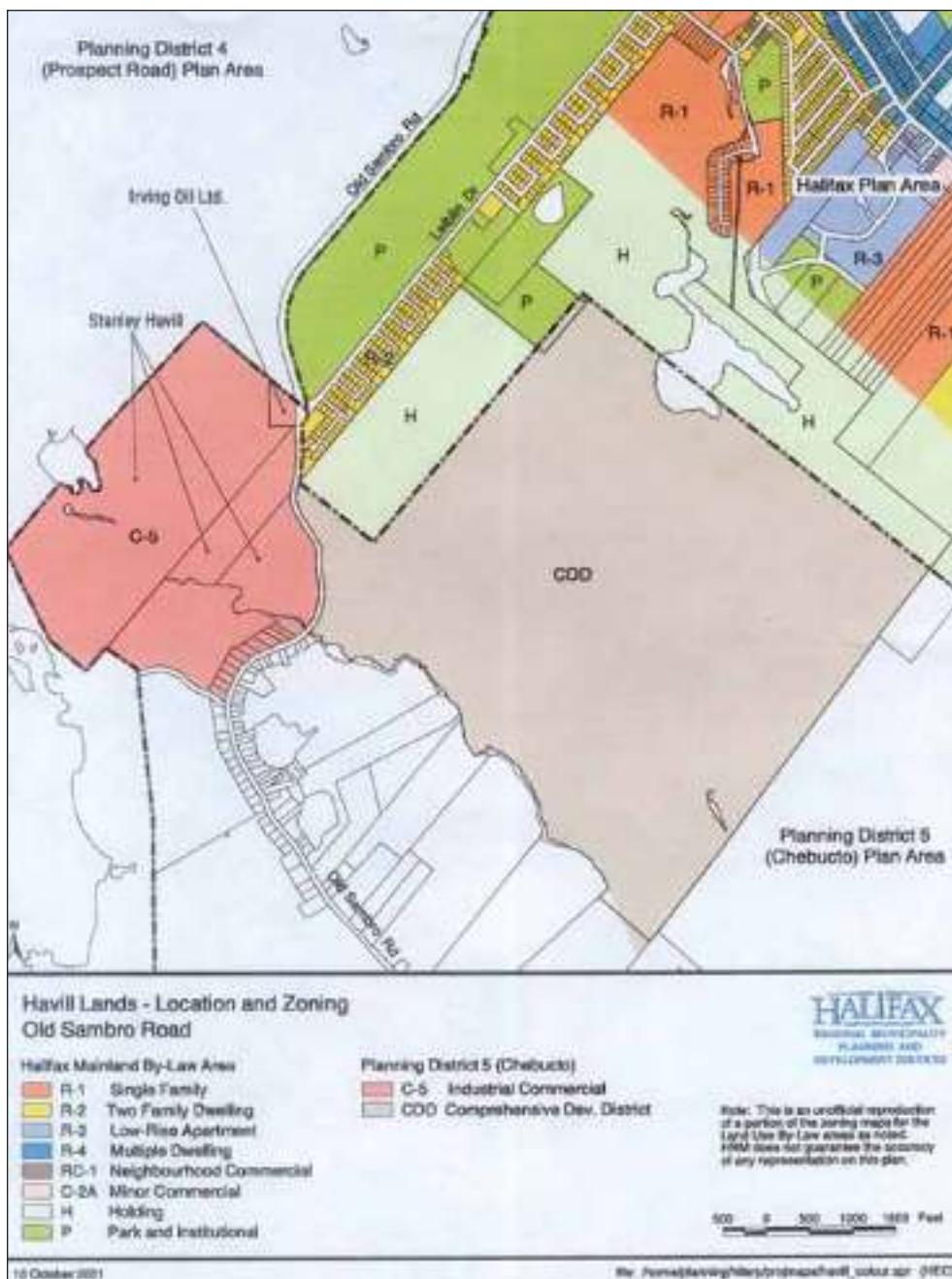
The Councillor said the area directly behind most of Leiblin Park and around Kidston Lake is zoned "Holding." A holding zone, he said, was put in to control development in the area. It allows only single family dwelling units build on full acre lots with on site sewer and water services (well and septic) as approved by the Department of the Environment.

The area behind Leiblin Park's Avon,

Birchfield and Carnation Crescents, together with lands behind Rockingstone Road and Feldspar Crescent, is zone R-1. This land can be developed as single family homes on lots as narrow as 50 feet which would provide the same kinds of housing now being constructed along the McIntosh Run.

The one remaining large block of land, he said, situated behind Kidston Lake, is zoned as a Comprehensive Development District or CDD. Adams said this designation states that only low density residential uses, local commercial uses such as convenience stores and community facilities in association with residential uses such as schools and churches can be constructed on these lands. As is the case with most zonings, any development proposed which does not fit the existing criteria requires extensive public input, including a public hearing and review, which could take up to a year to complete.

After listening to the presentation, many of the members asked the Councillor questions about each site and expressed interest in having the city give consideration to ensuring that a "wilderness corridor" be established. The corridor would stretch throughout the entire area to give its natural wildlife a safe haven to exist. The Councillor promised to make sure the issues becomes part of any future development proposals.



Councillor Stephen Adams brought this map to the Spryfield Residents Association meeting this month to help identify vacant land and zoning designation in and around Kidston Lake and Harrietsfield. Most of the land is privately held and would require public hearings before any development might be undertaken.

Spryfield Lion's

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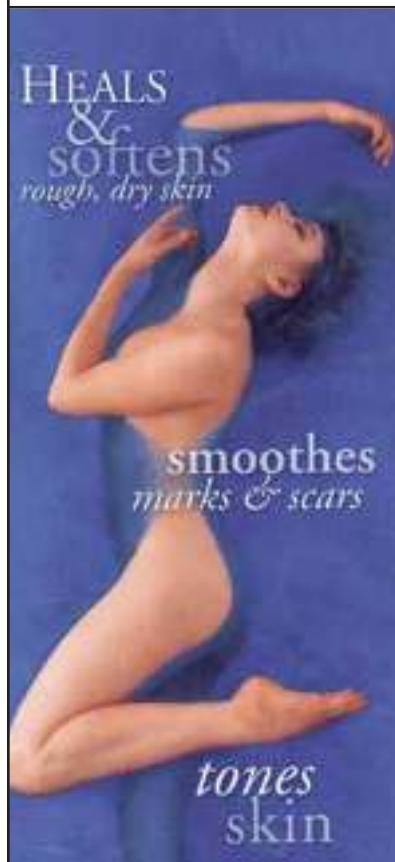
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# Runs Watershed Association hopes to grow fundraiser

**Spryfield** - Organizers of the McIntosh Run Watershed Association 50/50 fundraising draw are intent on making their community based project larger and larger.

Association President Terry Bobbitt said the project is based on the same principle as a

50/50 draw that supports minor hockey in Cape Breton. That draw, he said, nets the organization thousands of dollars each month now that it has been operating for more than a decade. "We anticipate starting smaller but we want to grown the 50/50 draw into a very worthwhile fundraiser," he said.

The program will see monthly entries sold for one dollar a ticket with fifty percent of all monies raised going to the lucky ticket holder, ten percent going to the retail outlet which sold the ticket and the remaining 40 percent being preserved for the Associations activities toward cleaning up and preserving the Runs.

Bobbitt said there is a growing interest in the Runs not only from the community but from municipal, provincial and federal governments as well. "The time will come when the Runs will not only be cleaned but will become more and more accessible and useful for citizens from all over the province to enjoy," he said.

For those who want to purchase a ticket in the draw, ballot boxes are now located at Mishoo's Variety in Herring Cove, Lumbermart, the Spryfield Ultramar near Punch Bowl Drive, Sobeys, Pharmasave, Purcell's Barber Shop and the Spryfield Legion. "We know we are starting small," said Bobbitt, "but we expect to be asking other commercial outlets to participate by putting our ballot boxes on display in areas where consumers can easily pick up tickets."



The McIntosh Run Watershed Association holds a 50/50 draw every month to raise money for the community improvement project. This past month Paula Lawlor accepted the winnings from Association Treasurer Betty Neville.



# Gifts from the Heart

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# Trade Away Our Future? - No Thanks!

By Geoff Regan, MP, Halifax Atlantic

A few years ago, Canada started negotiating with the European Free Trade Association (EFTA) about a possible free trade agreement. The negotiations were broken off in May of 2000 after objections by the shipbuilding and offshore marine industries. Now officials in the Department of Foreign Affairs and International Trade are ready to re-start the talks.

Their intent in these negotiations is to improve the balance of trade between Canada and the EFTA member countries. Canada's exports to the EFTA countries (Norway, Liechtenstein, Iceland, and Switzerland) are currently worth \$1.4 billion, and we import \$5.8 billion worth of goods and services from them. A trade deal would also offer an indirect route for Canadian products into the European Union. (If Canadian-made car parts go into a Swiss-made car, the car can enter the EU duty free.)

Nova Scotians, however, have reason to be concerned. Norway controls a large portion of the North Sea oil fields and has a potent shipbuilding and offshore supply sector thanks to years of strong government support and protection. Since North Sea oil was first discovered,

Norway's government made sure Norwegians would benefit from the development of their offshore resources. It imposed tariffs, gave tax breaks to marine-related companies and made it a safety requirement that crewmembers had to speak Norwegian. Now its offshore is starting to wind down, and it wants access to our offshore - and the jobs that go with it.

Why? Because Nova Scotia's offshore is poised to take off. Already, offshore development has made Halifax a hotbed of activity, with the potential for much more. The sight of massive oil platforms in the Harbour is now so common - we barely even notice them.

A Norwegian company owns the platform that's being completed in Dartmouth right now. 1,500 Nova Scotians are working on that platform every day. So why is it here instead of in Norway? Well, Canada currently charges a 25% tariff on any foreign ship or marine structure brought to work in Canadian waters. With a lot of work on the rig being done here, there'll be a lot less duty to pay. But that may all change, because Canadian trade officials still want a deal - even though Norway has said there'll be no deal unless the tariff goes.

If Canada signs this deal, that tariff - and

the 1,500 jobs in Dartmouth as well as others in the offshore supply sector - will disappear.

Canada is an exporting country and millions of our jobs depend on trade, but we should not enter into deals that aren't in our interest. When provinces like Nova Scotia and Newfoundland have a chance to taste real prosperity, it doesn't make sense to trade that chance away. Opening Canada's often-volatile shipbuilding markets to stronger, predatory foreign interests like Norway would be, quite simply, devastating to Atlantic Canada. A free trade agreement between Canada and the EFTA could mean an end to the 25% tariff and the thousands of jobs that go with it.

Do I know how this dispute will end? No. But I'm going to do what you, the people of Halifax West, sent me to Ottawa to do: fight for you. I've had a number of meetings with representatives of the shipbuilding and offshore supply industries. I've spoken out in the media repeatedly against removing the tariff. I've met with many of my colleagues in caucus and numerous Cabinet Ministers; many of them agree that eliminating the tariff would bring disaster to the shipbuilding industry, and devastate our entire offshore supply sector. I hope that, by the time you read this article, the Government of Canada will have committed itself to preserving the tariff - trade deal or no trade deal!

## MLA accepts post after ensuring political responsibility

By Robert Chisholm, MLA, Halifax Atlantic

I thought I would use this month's column to up-date you on what I have been doing since I announced that I would not be running in the next provincial general election.

You'll remember I said then that I would do all I could to continue to serve you for the term to which you elected me. I meant it when I made that commitment. I still mean it. The fact is I continue to enjoy helping you work your way through the maze of government red tape and standing up for your interests at Province House.

While I continue my work as your MLA I also began a search for employment after the next election. I wanted to let you know that I have accepted a job as a researcher with the Canadian Union of Public Employees. I worked for CUPE before entering politics and enjoyed the experience. I look forward to starting my work with them in the next month.

CUPE is strongly rooted in the importance of public service. They understand and agree

with me that as an MLA, my constituents come first. They are willing to let me continue to work on your behalf while I make the transition into a new job.

Their commitment includes allowing me to take a leave of absence from my position with CUPE when the Nova Scotia Legislature is in session or other times when the political workload becomes much greater.

I will continue to work with you on issues of importance to this community.

When the Sambro fleet is concerned about how oil and gas exploration off Cape Breton will affect the fishery, I'll be there. When residents around Williams Lake are facing problems with drastically lowering water levels, I'll be there. When students come to me about problems like the loss of the business course at J.L. Ilesley, I'll be there.

In fact, if there is anything I or my assistant Colleen can do to help you, please don't hesitate to call at 477-4100, or drop into my office at 10 Kidston Road in the Captain William Spry Community Centre.



Halifax West MP Geoff Regan held one of his community based "Let's Talk" sessions at the Captain William Spry Community Centre this month. The sessions offer open or private discussions with the MP. Joseph Tramble, Darren Watts, Ryan Brennan and Constituency Assistant Joan Faulkner were among those who attended this month's meeting.

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# Councillor seeks to strengthen HRM blasting By-Law

By Linda Mosher,  
Councillor, District 17

There have been many incidences recently regarding illegal blasting in HRM. Councillor Adams reported a company that blasted on the Herring Cove Road adjacent to the Sobey's store on December 27th. He noted that they did not have the proper safety requirements and signage and he was not aware a permit was issued. This company has been charged for blasting without a permit.

A recent example in District 17 was the

blasting at Forward Avenue. Many residents from Forward Avenue and surrounding streets such as Parkhill and Wyndrock, contacted me regarding excessive blasting. There were many issues, including: no dust control, safety issues, noise, blasting during restricted hours. I visited the site with HRM's Team Leader - Inspections/Enforcement, Jim Donovan, who ensured the complaints were sent to HRM's legal department. HRM charged Conspec Inc. with violation of the HRM By-law B-300, Respecting Blasting, s.15 (3 counts). The arraignment was on December 18, 2001, prop-

erty listing -19 Forward Avenue. Each count violation charge was \$300. The company plead guilty and paid \$900.00.

The blasting bylaw, as it is now written, does not contain enough in the way of a deterrent to those that contravene it. It appears that it is less expensive for a company to blast away and pay the fine, rather than take any precautions that were intended in the bylaw.

I raised the issue of the Blasting Bylaw on the agenda of the January 22, 2002 Council meeting. I recommended changes be made to HRM's bylaw, some of which include: blast design should be provided by a qualified individual, ensuring that HRM has the ability to enforce dust control, that HRM cease to provide blasting permits that last one year, but directly reflect the estimated duration of blasting.

I recommended an escalating permit fee,

that could be based on a licence - for example, if a company is found guilty of a certain number of offenses, then they cannot get a permit. As well, I would like to ensure that the equipment is properly calibrated for accurate measurement of blasts. I have also asked what the limits are on a summary offense and if HRM has the ability to increase the fine, to become a substantial deterrent, such as \$10,000. I raised other issues such as liability for blasting damage, previous history of the blasting contractor and the possibility of making insurance companies aware of the previous offenses of companies, to assist in making this bylaw more useful.

HRM staff is very concerned about this issue and will work with council to ensure that they are empowered to impose regulations that will ensure that residents are protected when blasting is required for development.



The Purcell's Cove Social Club played host to a New Year's Levy January 1. Among those attending were Club Executive Director Pat Longley; President Jackie Burnett; Executive Director Randy MacPhee and Councillors Lind Mosher and Stephen Adams.

# Capital works projects proposed for budget discussions

By Stephen Adams,  
Councillor, District 18

As the fiscal year comes to a close, Council begins its plan to plan for next year's budget. As part of this process, I have asked that a number of Capital Projects be considered for inclusion.

The first deals with Herring Cove Sewer and Water. Although \$5 million has been set aside from the Harbour Clean-Up, I have asked that a contribution also come from our Capital Works. This will help to reduce costs, for residents of Herring Cove, making it more affordable. Further Herring Cove Sewer and Water is number seven on the Federal Infrastructure Program, which could allow for more funding at the Federal and Provincial levels.

As soon as we can get permission from the Provincial Government, I will proceed with improvements to the beach area at Grand Lake in Williamswood. The Municipal Government Act prohibits HRM from expending funds on non-HRM property. I am attempting to secure a leasing arrangement, in time for summer.

A tennis court has been requested for the Harrietsfield School that can also be used for ball hockey and basketball. A skateboard park has been submitted for Graves Oakley. I will also be looking to upgrade playgrounds throughout District 18, and hopefully secure some land for a playground in East or West Pennant.

As part of the ongoing Storm Sewer installations in Lieblin Park, another system will be installed this year. Devon Crescent has been approved, and I will be requesting that Juniper Crescent be next.

There have been a number of streets in the former County that were to be considered for paving, but provincial funding is necessary.

This is by no means a complete list. It is, however, a summary of some of the more prominent requests. Further please bear in mind, these are requests, and subject to Council's approval. Should you have any suggestions, please feel free to forward them to me.

At our last Spryfield Residents Association Executive meeting, a number of issues were discussed. The focus of the meeting dealt with Kidston Lake and the surrounding property. I am re-investigating the possibility of establishing a wildlife conservation corridor in the area.



## Linda Mosher

HRM Councillor, District 17

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## Stephen Adams

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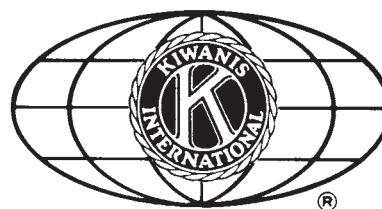
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# New programs for community residents

By Samantha Butler,  
Multi-Service Office  
Captain Spry Community Centre

## New Legal Information Service in Spryfield

As of Thursday, January 17, 2002 Angela Peckford, of Dal Legal Aid, started running a free legal information service at the Captain William Spry Community Centre for the Spryfield community. The service is offered on a first come, first served basis every other week on Thursday mornings from 9:30-12:30 in the Administration Offices on the second floor of the Community Centre. The service is available on February 14th and 28th, then on March 14th and 28th and so on. Angela is a community legal worker with a law background. She can work with you on such issues as appealing government decisions, social assistance, access to public housing, CPP appeals, access to maintenance assignment, etc. Angela works as an advocate and an advisor, she does not do court work. Angela's objective is to give community members the resources and confidence they need so that they may solve their own problems. For more information call Dal Legal Aid at 423-8105.

## New Program for Girls at the Chebucto Boys and Girls Club

This month sees the start of the new 12-week "Thank Goodness I'm Female" (TGIF) program for girls. It is a combination of the Lever Ponds sponsored national program: Take It EASY (Employment And Self-

esteem for Youth) and the LIFT program "Girl's World." In addition, students from Dalhousie University will be assisting with program planning at the Club this season.

There is now a parents' group at the Club that meets every Monday night. Activities to date have included family events, and presentations by two local school Principals and the Community Recreation Developer with Halifax Regional Municipality, Parks and Recreation Services. Beginning in March, Boys and Girls Clubs around the province will be selling Sears lottery tickets as a fundraiser. The tickets are \$2 each with 80% (or \$1.60) going directly back to the Chebucto Boys and Girls Club to provide services to children in your community. Prizes include a digital camera, a 32 inch T.V. and a DVD player all donated by Sears.

The Club is governed by a volunteer Board of Directors that meets every month to talk about programs and oversee funding. There are several Board openings at the moment. If you would like to volunteer as a Board member or if you would like more information on the programs and activities, call the Club at 477-9840.

## Single Parent Centre Staff and Volunteers Nominated for Leadership Award in Women's Health

The Canadian Research Institute for the Advancement of Women (CRIA-W)-Nova Scotia and the Captain William Spry Community Centre have jointly nominated all of the staff and volunteers of the Single Parent

Centre in Spryfield for a Leadership Award for Women's Health in Atlantic Canada (sponsored by the Maritime Centre for Excellence in Women's Health). This is a way of thanking the staff, and the board and volunteers who support them, for operating such an incredibly valuable resource that ensures the health and well-being of single parents in Spryfield.

## Captain William Spry Centre Web Site

The Community Directory for 2002 listing schools, churches, service groups, sports and

recreational facilities, social agencies, health facilities, and other non-profit groups is now, for the first time, on the Captain William Spry Centre web site. The address is [www.sprycentre.ns.ca](http://www.sprycentre.ns.ca). If you would rather have a hard copy of this free Community Directory they are available at the Community Centre. You can pick up a copy at the Library, the Multi-Service Office, or from the information rack in front of the Pool Desk. The Directory of non-profit groups is a project of the Multi-Service Office at the Captain William Spry Community Centre.



The Halifax Atlantic NDP Association held its annual levy at the Captain William Spry Community Centre. Attendees included Vice-President Denis Burgess; Life Member Henry Martell; Walter Derengoskie, President and Tony Thompson.

# TAG unveils Wuthering Heights

**Purcell's Cove** The Theatre Arts Guild will unveil "Wuthering Heights" for performances that will run from February 14 through March 2.

This Emily Bronte novel comes to life through this faithful adaptation by Charles Vance and captures the vast range of emotions that drive Heathcliff, played by Darrell Yates, and Tamara Perlmutter's Catherine as they fight for and against their love for each other.

Director Nick Jupp has assembled a magnificent cast and crew and rehearsals are well underway in preparation for the Valentine Day opening.

The Theatre Arts Guild's first two productions of the 2001/02 season, "The Boyfriend" and "Aladdin" were sold out prior to opening, so to avoid disappointment, reservations should be made early by calling 477-2662. The reservation line for members is open from January 14 and open to the general public beginning January 21st. The show runs at 8 p.m. on Thursday, Friday and Saturday from February 14 to March 2 with a single 2 p.m. matinee on Sunday, February 24. Tickets are only \$10 for adults and \$8 for seniors and students. TAG's Pond Playhouse is located at 6 Parkhill Road off Purcell's Cove Road.

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## FEBRUARY EVENTS

**Rent-A-Chef Adult Cooking Classes**  
Tuesday evenings, Feb. 5, 19, 26 at 7 p.m.  
Cost \$5.

**Rent-A-Chef Youth Cooking Class**  
Wednesday, February 27, 6 p.m.  
Ages 10 to 15 years. Cost \$3.

**Organic Gardening**  
Wednesday, February 20, 7 to 9 p.m.  
No charge - just drop in

**Nac Pac**  
Halifax Metro Area Chronic Pain Support Group  
meets the second and last Monday of each month  
from 1 to 3 p.m. and 7 to 9 p.m. No charge just  
drop in. Wheelchair accessible.

**Baby Sitting Course! Your First Job!**  
Thursday March 14 from 9 a.m. to 5 p.m.  
Cost \$20 - Ages 11 to 14 years. Held during  
March Break, a \$10 non-refundable deposit is  
required at registration. Course provided by the  
Canadian Red Cross.

*PLEASE NOTE: Space is limited so please  
register early for all classes.*

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# Year-Round Treatment program for roundworm

The passing of intestinal roundworms and hookworms from dogs and cats to people is an ongoing problem. The good news is that there are now effective ways of controlling parasites in pets: the bad news is that research indicates treatments must be administered on a year-round basis and not just during summer months.

Roundworm infections can be particularly noxious. Worm eggs from dogs and cats pass in their stools and incubate in the soil. Here they may be ingested by young children who may be tempted to sample a handful of earth. Also at risk are people with compromised immune systems who could accidentally pick up eggs on their hands from soil or directly from their pets.

During the infective stage, the roundworm larvae hatch from eggs in the small intestine. They invade the blood stream, migrating in the organs such as the liver, lungs, or brains sometimes damaging these organs or inducing allergic responses. Untreated infection can leave children with permanent visual or neurological damage. A more recent source of contamination comes from foxes now driven closer to the urban areas by the invasion of their traditional territory by coyotes and this presents a more difficult control problem.

A recent survey of stools from 474 stray dogs in the Halifax-Dartmouth revealed that over 26 percent of them contained roundworm parasites. A survey of 974 children from the HRM, aged from less than one year to age 15,

and who attended the diagnostic test center of the Isaac Walton Killam Hospital, showed a positive response to roundworm antibodies in serological blood tests. The breakdown indicated a higher percentage of antibodies for rural children: 14 percent for urban kids and over 19 percent for rural children.

The two main strategies recommended to control the worm problem are sanitation in the local environment and worming of the family pet. The first involves keeping the yard clean and free from stools and covering children's sandboxes when not in use.

Studies are showing that internal parasites remain prevalent in pets but the newer broad based spectrum products, particularly those with heartworm preventatives, make continuous parasite control convenient, safe and effective. It does mean year-round worming but it is now easier to do.

Dogs need a once-a-month pill. It is recommended that outside cats need monthly treatment and inside cats less frequent but regular treatment. The treatment of inside cats is necessary because, in many cases, the original migrating larvae may have remained in the cat's system after initial worming as kittens.

Inactive larvae do not produce eggs and are therefore no indication of their presence can be found in stool sample tests. However, the possibility remains the larvae will become active at some future time and migrate to the

intestinal tract and develop into mature roundworms which in turn will lay eggs that will be passed from the stool to contaminate the environment.



Workmen from the Nova Scotia Power installed additional lighting as a security measure for the walkway leading to B.C. Silver from J.L. Ilsley High School at the McIntosh Run Housing Co-Operative. The light was requested by Councillor Stephen Adams.



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## Spryfield area a "who's who" of hiking trails

**Spryfield** - Harboring some of the finest trails and footpaths in HRM, Spryfield is also one of the best kept secrets of the local walking and hiking community. Although countless residents pass through Spryfield daily, few seem aware of the numerous lakes, streams and woodlands just minutes off the Herring Cove Road. Fewer yet seem to use them.

Just five minutes from the Captain William Spry Community Centre are several scenic trail systems giving those in the know a natural wilderness retreat that will last an hour or an entire day.

The Long Lake Provincial Park, just west of the Centre, offers more than 20 kilometres of both groomed and bush-wacked trails. The adventurous hiker can completely circle the lake in about three and one half hours, crossing several streams, passing a beautiful waterfall, and skirting several ponds and early settler's ruins. The McIntosh Run, Halifax's only urbanized river which exits the Park under Old Sambro Road to flow behind South Centre Mall, yields a scenic easy ten kilometer trail starting just east of the Centre.

Colpitt Lake, slightly north of the Centre, offers a beautiful ten kilometer loop of the lake with side trails giving a view of Halifax Harbour. The trail at the south end of the lake leads into the Herring Cove Backlands Wilderness Area, a trail system extending further south to the Purcell's Cove Wilderness Trail and beyond. This exceptional wilderness area offers many kilometers of solitude and natural beauty amongst more rugged terrain, barrens and ridges providing spectacular views.

The greater Chebucto area beyond Spryfield also reads like a "who's who" of nature trails. Outstanding coastal hiking trails

like those at Duncan's Cove and Pennant Point skirt driftwood forests and hidden beaches while a variety of woodland trails in Harrietsfield and Williamswood weave past numerous lakes and streams on their way to Hospital Hill, Sambro and Terrence Bay. These vary in length from a couple of kilometers to more than 30 when joined together.

But hikers should exercise caution. Most of the local trails have numerous off-shoots branching from the main trail, plus an occasional maze of mountain bike trails which make it very easy to become lost. For the unexperienced trail seeker worried about the "fork in the road" and the possibility of meeting search and rescue workers, there are options.

The Chebucto Hiking Club, a Spryfield walking and hiking club, is active year round and plans a series of walks each year. Walks usually confine themselves to exploring a local trail but sometimes a walk is scheduled for one of the more than 30 trails located in other places of HRM.

All organized walks are managed by a "leader" and an "ender" who are familiar with the trail, the terrain and the physical demands of the route. Several of the trails will be covered during winter months, adding a different dimension of beauty for participants. Anyone interested in contacting the club can call 477-7142 or e-mail [chebuctohiking@hotmail.com](mailto:chebuctohiking@hotmail.com).

Alternatively, hikers can hire their own personal guide. Footpath Adventures is a Spryfield based small group guided hiking company that can take you out for a hike in the morning, the afternoon or for the entire day. Information can be obtained by calling 477-7142 or by e-mail at [foothpathadventures@hotmail.com](mailto:foothpathadventures@hotmail.com).

# LOCAL OBITUARIES

*Courtesy of J. Albert Walker Funeral Homes Ltd.*

**BUCHANAN**, Arthur John - 42, Halifax, died suddenly at home, January 19, 2002. Born in Halifax, he was a son of John Buchanan and the late Gwen Zwicker (Pottle). He is survived by companion, Patricia Walker; son, Aaron, Fairview; daughters, Shawna Burke, Hubbards; Amy Burke, Fairview; Nicole Buchanan, at home; stepdaughter, Debra Walker; brothers, Richard, Donald, both of Halifax; sisters, Mary Jane, Hazel, both of Halifax; granddaughter, Madison; stepmother, Elizabeth; many nieces and nephews. Burial in Pleasant Hill Cemetery. Donations may be made to Kidney Foundation of Canada, Nova Scotia Branch.

**SLAUNWHITE**, Joseph "Neil" - 81, Terence Bay, passed away Wednesday, December 19, 2001, in the VG Site, QEII. Born in Terence Bay, he was the son of the late William and Mary Slaunwhite. Neil was a veteran of the Second World War. He is survived by stepdaughters, Cecilia Jennings, Bedford; Carol McCrimmon, Dartmouth; Sandy (John) Burnell, Hamilton, Ont.; sisters, Lillian Pettipas, Marjorie Drew, both of Terence Bay; five grandchildren; 14 great-grandchildren; four nieces. He was predeceased by his wife, Vera; stepson, John. Burial in Star of the Sea church cemetery. Donations to Star of the Sea Roman Catholic Church or Canadian Cancer Society.

**PIERCEY**, Maude - 92, Halifax, passed away peacefully December 24, 2001, in the New Halifax Infirmary, QEII. Born in Fortune Bay, Nfld., she was the daughter of the late Benjamin and Mary (Drake) Piercey. Private burial will take place at a later date. Memorial donations may be made to Alzheimer Society of Nova Scotia.

**BURKE**, William Clarence "Billy" - 82, Halifax, died January 2, 2002, in the New Halifax Infirmary, QEII. Born in Halifax, he was a son of the late Frances and Celina (Aucoin) Burke. He was a veteran of the Second World War with the Merchant Marines. He is survived by nephews, Douglas and John; nieces, Pauline and Sandra. He was predeceased by brothers, Richard and Ronald; sister, Isobel. Cremation has taken place. Donations to Heart and Stroke Foundation of Nova Scotia

**ROGERS**, Clarence W. - 83, Hammonds Plains Road, Bedford, passed away January 1, 2002, in the New Halifax Infirmary, QEII. Born in Halifax, he was a son of the late Clarence and Ethel (Spracklin). He was a veteran of the Second World War. Surviving are wife, the former Loena Lawrence; several stepchildren; brothers, Gordon, North Sydney; Sherman, Sydney; sisters, Mrs. Violet Aitkens, Helen (Mrs. Wendell Rolland), both of Sydney; Mrs. Olive Brown, North Sydney; Mrs. Margaret Miller, Calgary, Alta.; Vivian (Mrs. Mike Pate), Austin, Ind.; several nieces and nephews. Interment in Gate of Heaven Cemetery, Lower Sackville. Donations may be made to Heart and Stroke Foundation of Nova Scotia.

**ADAMS**, Muriel Amy Ida - 89, passed away Sunday, January 6, 2002, in Melville Lodge. Born in Yorkshire, England, she was a daughter of the late Joseph and Elizabeth Gott. She is survived by sons, Derrick (Judi) Adams, Lower Sackville; Christopher Adams, Halifax; granddaughters, Jacinda and Amanda. She was predeceased by husband, Douglas Adams; sister, Elizabeth. Cremation has taken place under the direction of J. Albert Walker Funeral Home, Halifax. Donations to The Salvation Army.

**BURKE**, Patrick Malcolm - 75, Halifax, passed away suddenly at home January 5, 2002. Born in Halifax, he was a son of the late Alexander and Sarah (MacIntyre) Burke. He is survived by his wife, Edna (Pottie); brother, John, Beaver Bank; stepmother, Margaret Burke, Halifax; several nieces and nephews. He was predeceased by

brothers, Thomas, Gordon, James, Joseph; sister, Anne Leydon. Interment in Gate of Heaven Cemetery, Lower Sackville. Donations in memory may be made to St. Michael's Roman Catholic Church or a charity of choice.

**NORTHUP**, Lena Hazel - 94, Halifax, passed away January 10, 2002, in the VG Site, QEII. Born in Brooklyn, Hants Co., she was a daughter of the late Jehu and Edith (Ward) Ward. She is survived by sons, Kenneth (Pat), Halifax; Donald, Stewiacke; sister, Jean (Allan) Latta, Windsor; nine grandchildren; 14 great-grandchildren; one great great-grandchild; several nieces and nephews. She was predeceased by husband, Dudley Northup; daughter, Patricia Slaunwhite; brothers, Gordon and Melvin; sisters, Esther Northup and Rita McClair. Burial to follow in Fairview Lawn Cemetery. Donations may be made to Emmanuel Anglican Church, Spryfield.

**MacKELLAR**, Wendy Maureen - 54, Halifax, was called to be with the Lord early Saturday morning January 12, 2002. Born in Revelstoke, B.C., she was a daughter of the late William Bruce MacKellar (Kitchener, Ont.) and Irene Sevilla (Rudolph) MacKellar (Port Bickerton). She is survived by her only child, Scott William MacKellar and his wife Kathryn (Meade) and their children, Wendy's grandchildren and pride and joy, Drew, Jocelyn, Liam and Bridget, all of Herring Cove; brother, Wayne (Brenda) MacKellar, Halifax; nephew, Bruce (Kelly) MacKellar; great-niece and nephew, Ainsley and Gregor, all of Timberlea; numerous family members and friends. Committal in Pleasant Hill Cemetery, Lower Sackville. Donations to Trinity Anglican Church Sunday School.

**DUGGAN**, Irene Margaret - 72, West Dover, passed away January 13, 2002, in the New Halifax Infirmary, QEII. Born in West Dover, she was a daughter of the late Jeremiah and Mary Jane (Cleveland) Herritt. Surviving are her husband, Garth L. Duggan; daughters, Beverley (Mrs. Joseph Comeau), Guelph, Ont.; Jane Irving and companion Eric Barron, West Dover; stepdaughter, Jan, West Dover; sons, Wilbert "Puppy", David (Kim), both of McGraths Cove; Andrew (Wendy), Indian Harbour; brothers, Otis, West Dover; Olmon, East Dover; Jeremiah, Fox Point, Cecil, West Dover; sisters, Lillian Berringer, Neimo, B.C.; Mary (Mrs. Kenneth Publicover), West Dover; six grandchildren; one great-grandchild; several nieces and nephews. She was predeceased by grandson, Andrew Comeau; a number of nephews; brother, Arthur; sister, Queenie Young. Interment in St. James Cemetery, West Dover. Donations may be made to St. James Anglican Church Building Fund.

**SIMPSON**, Thomas Joseph - 88, Halifax, passed away January 15, 2002, in the New Halifax Infirmary, QEII. Born in Halifax, he was a son of the late John Henry and Bertha (Hamm) Simpson. He was served with the Royal Canadian Army during the Second World War. He is survived by daughters, Jay (Wallie) Adams, Geory, N.B.; Sunnie Clarke, Halifax; brother, Stanley Simpson, Mount Uniacke; sisters, Nora Ferguson, Sackville; Elsie Saulnier, Providence, R.I.; grandchildren, Denise MacIssac, Scotts Village; Jane Clarke, Halifax; Peter Clarke, Elmsdale; seven great-grandchildren. He was predeceased by his wife, the former Evelyn Meade; sons, Buddy, Kenny; brothers, James, Harold; sisters, Emily Wennebeck, Leah Simpson, Florence O'Hearn; grandson, Tom Adams; great-granddaughter, Ashley Elizabeth Clarke. Spring burial to take place in Emmanuel Anglican Church Cemetery, Spryfield. Donations to a charity of choice.

**JAMES**, Lily Lyons - 87, Willett Street, Halifax, passed away January 20, 2002, in the New Halifax Infirmary, QEII. Born in St. George's, Bermuda, she was a daughter of the late George Kentfield

and Elizabeth Daisy (Kentfield) MacLean. She is survived by sons, Mark D. (Judi), George (Theresa Lorriane), both of Halifax; grandson, Michael (Michele); great-granddaughter, Sara; several nieces and nephews. She was predeceased by her husband, George Albert James; brother, George Kentfield; sisters, Ivy Joyce, Grace Johnstone, Ethel Dean, Dolly Clarke. Family burial in St. John's Anglican Cemetery. Donations to a charity of your choice would be greatly appreciated.

**GARRISON**, Amy Marie - 69, Sambro, passed away peacefully at home, January 22, 2002. Born in Oyster Pond, she was a daughter of the late John and Mary (Arnold) Jennex. She is survived by son, Doug (Jacqueline) Garrison, David (Sharon) Garrison, Kenneth (Debby) Garrison, Blair (Kathy) Garrison, all of Sambro; Timothy Garrison and his companion, Annie Rogers, Pictou County; daughters, Darlene (Terry) Drisdelle, Dartmouth; Crystal (Stephen) Slaunwhite, Whites Lake; brothers, Gerald (Sharon) Jennex, John (Marlene) Jennex, all of Oyster Pond; sisters, Frances (Allan) Monk, West Jeddore; Helen Gray, Sambro; Dorothy (Alan) Henneberry, Sambro; Joan (William) Tough, West Pennant; Donna (Sherman) Marryatt, Williamswood; Sandra Tough, West Pennant; grandchildren, Steven, Cynthia, Terry, Heather, Holly, Laura, Carolyn, Jessica, Blair Joseph "BJ", Natasha, Kimberly, Sean, Sara, Chad, William "Billy", great-grandchildren, Dylan, Morgan, Mitchell, Kameron, Kennedy; daughter-in-law, Cathie Garrison, West Pennant; brother-in-law, Norman Henneberry. She was predeceased by her husband, Murray Garrison; sisters, Una Pearl in infancy and Avis; brothers-in-law, Alfred Gray, Patrick Tough. Burial in St. James United Church Cemetery, Sambro. Donations may be made to the Canadian Cancer Society or St. James Church.

## Church Services

### Calvary United Baptist Church

12 Althlone Avenue, 477-4099  
Rev. Carl Price  
Summer Schedule for July and August is  
Sunday at 10 am and Wed. at 7:30 pm

### Christianview Church

276 Herring Cove Road, 477-7788  
Pastor Jerry Kendrick, Pastor Gerald V. Kendrick  
Sunday service 10:30 am and 6 pm  
Family Teaching Night, Wednesdays at 7:30 pm

### Emmanuel Anglican Church

322 Herring Cove Road, 477-1783/477-3538  
Reverend Karen Hunt  
Fall and Winter Service hours are Sundays at 8,  
9:15 and 11 am and Tuesday at 7:30 pm

### Gospel Light Baptist Church

Harrietsfield Elementary School, 479-3322  
Pastor Reg E. Lewis  
Sunday service 11:00 am  
Call for mid-week bible study and youth groups

### Open Door Community

11 Aldergrove Drive, 477-8887  
Chris Jarvis, Ron de Jager  
Sunday praise and worship at 10:30 am

### Parkhill United Church

Corner of Kirk and Parkhill Roads  
Reverend Anne Singer, 868-2791 or 868-1445  
Sunday Service and Sunday School 9:30 am

### The Salvation Army Spryfield

7 Circle Drive, 477-5393/475-3456  
Captain Bond and Marina Jennings, Pastors  
Mens' Fellowship, bi-weekly Mon. 7 pm;  
Women's Ministries, Tues. 7:30 pm; Prayer  
Meeting & Bible Study, Wed. 7 and 7:30 pm;  
Youth Group, Thurs. 6:45 pm; Sunday School  
9:30 am; Holiness Meeting (Family Worship)  
Sun. 11 am; Salvation Meeting, Sun. 6:30 pm

### Saint Augustine's Anglican Church

290 Purcell's Cove Road, 477-5424/477-3433  
Rev. Ron Appleton  
Sunday Services Aug. 5-Aug 26 & Sept 9-10 a.m.

### St. George's Greek Orthodox Church

38 Purcell's Cove Road, 479-0891/479-1271  
Father Theodore Efthimiadis  
Sunday service 9:30 am and 12 noon

### Saint James Anglican Church

Harrigan's Road, 477-5424/477-3433  
Rev. Ron Appleton  
Sunday Services Aug 19 & Sept. 9 - 10 a.m.

### Saint James United Church

Sambro, 868-2791/868-1445  
Rev. Anne Singer  
Sunday service 11:00 am

### Saint John The Baptist Catholic Church

26 Purcell's Cove Road, 477-3110  
Parish Administrator Rev. Richard Smith  
Saturday mass 4 pm Sunday 9:15 and 11:30 am

### St. Joseph's (Traditional Anglican)

Auburn Avenue at Thornhill Drive  
Fr. Craig Botterill, Curate, 475-1986  
Sunday 10:00 am Holy Communion (BCP)

### Saint Michael's Roman Catholic Church

14 St. Michael's Avenue, 477-3530  
Father John Mills  
Services Sat. at 4 pm Sundays at 8:30 and 11 am

### Saint Paul's Roman Catholic Church

151 Hebridean Drive, 477-3855  
Father James Mallon  
Services Sunday at 11:00 am

### Saint Paul's United Church

173 Old Sambro Road, 477-3937/477-5090  
Rev. Calvin Ginn  
Sunday service 11 am. Sunday School 11 am

### Saint Peter's Roman Catholic Church

Ketch Harbour, 868-2204  
Father James Mallon  
Services Sunday 9:00 am during summer months

### Saint Phillip's Anglican Church

625 Purcell's Cove Road, 477-5424/477-3433  
Rev. Ron Appleton  
Sunday Service Aug 12 and Sept. 2 - 10 a.m.

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# Community Events

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To have your Community Event listed call or fax us at 479-NEWS or send e-mail to rhorner@ns.sympatico.ca

**Heritage Day Celebration**

There will be a Celebration of Heritage Day over coffee and photographs from the Mainland South Heritage Society February 15 from 10 a.m. to noon. Bring your own historical artifacts and exchange information with the society and its Captain Spry Library sponsor.

**Valentine Dance**

The 1st Harrietsfield Beaver/Cub Group Committee is hosting an adult dance Saturday, February 16/02 from 9pm to 1am at the Harrietsfield/Williamswood Community Centre with music by DJ Katee. Tickets are \$5.00 per person available by calling the centre 479-8514.

**Valentine Fundraiser**

An adult valentine dance will be held at the Spryfield Legion on Feb 8, in support of Elizabeth Sutherland School. The \$10.00 per person tickets for the dance can be purchased by calling Elizabeth Sutherland School at 479-4427.

**Pancake Breakfast**

Armdale Halifax Air Cadet Squadron 529 will be held in Sobey's Community Meeting Room from 8 to 11 a.m. on Saturday February 16. The fundraiser will support Cadet programs.

**Rug Hooking Classes In Flower Shading**

Classes in Rug Hooking and Flower Shading will

be held February 14th and 21st and again March 14th. For more information contact Wanetta Evans at 1-902-868-2196.

**Seafood Chowder Luncheon**

St. James' Anglican Church in Herring Cove is having a Seafood Chowder Luncheon February 9 from 1 to 4 p.m. Come browse the bake and sewing tables. A social event will be held that evening starting at 7:30 p.m.

**McIntosh Run General Meeting**

The McIntosh Run Watershed Association will hold a general meeting February 19 beginning at 7:30 p.m. at the Royal Canadian Legion, Sussex Street. Everyone welcome to attend.

**Valentines Dance**

To be held at the Sussex Street Royal Canadian Legion Saturday February 9th from 9:00-1:00, featuring Cody Rose.

**Veterans Dinner**

The Royal Canadian Legion will host local Veterans at a Dinner February 27. The gathering will begin at 2 p.m.

**Karaoke Night**

Karaoke Night at the Legion will be Saturday February 16 from 9 to 1:00.

**Bingo at the Legion**

The Royal Canadian Legion on Sussex Street holds a bingo every Sunday afternoon at 1 p.m.

**Legion Seniors Day**

The Royal Canadian Legion will have a Seniors Day featuring Newfie George Monday February 4 from 1 to 5 p.m. All Seniors are welcome.

**Infant Massage**

The Single Parent Centre on Sylvia Avenue will conduct Infant Massage Therapy sessions at the Centre on Thursday's at 2 p.m. with Hilary Marentette facilitating. Participants are requested to bring baby blankets for their infants. Monetary donations are accepted.

**Seniors Club Bingos**

The Young At Heart Seniors Club will use it's J. Albert Walker Golden Age Centre, 212 Herring Cove Road, to host band rehearsals, Card Socials Fridays at 8 p.m., Crib Thursdays at 1:15 p.m., and Darts Thursdays at 7 p.m. The Centre Meetings are held the first Tuesday of each month at 1:30 p.m. For information contact Elaine Wells at 477-0837 or 479-0624.

**Adult Supervised Junior High Skate Program**

Parents of Grade 9 Students at Elizabeth Sutherland School manage a fundraising skate session for students every Saturday from 11 to midnight. The well supervised skate offers music and a light show for only \$3 per person. A car-teen is available, drives are the responsibility of parents with supervision in cooperation with the teaching staff. Any child caught smoking, drinking or causing fights will be banned.

**Members Wanted**

The Chebucto Hiking Club is looking for members interested in walking and hiking the trails of Halifax County. For more information call 477-7142.

**Be a Dial-A-Ride Driver**

The VON of Greater Halifax is looking for volunteer drivers to help seniors through the daily rigors of groceries, doctors, banking or other errands. Interested persons who want to help on their own schedule should call 455-7433.

**Farm Meeting**

The Urban Farm Museum Society meets the second Monday of each month at the Captain William Spry Community Centre at 7:30 p.m. New members are welcome.

**Community Access Program (CAP)**

A Community Access Program offering computer accessibility to members of the local community will provide internet access to those who might not otherwise have the availability of the resource. The site has been established at St. Paul's Family Resource Centre. For information call 479-1015.

## Rent the Lions Den

Whether it is a Christmas party, anniversary, wedding, end of year banquet or other special occasion, the Spryfield Lions Den and hall are available for rent.

The Den is available for groups of up to 120 people, and the hall for larger groups.

*For rental information or to check available dates, call Herman Peterson at 477-7753.*



**Support your local Lions Club**

## Chebucto News

### Business Directory



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## The Spry Library

**Puppet Shows for all ages**

Bring the whole family and all your friends for a half hour of hilarious entertainment featuring your favourite puppet characters on Saturdays at 11 a.m.. For group bookings, call Cindy Sampson Fleet at 490-5796. On February 2 see The Jumping Match: February 9 is Valentines: February 16 Mufano's Beautiful Daughters and February 23 The Mud Puddle.

**Tots'n'Toys for Ages up to 5**

Hickety pickety bumblebee, can you say your name for me? Preschoolers bring along a favourite toy or object for show and tell and enjoy wonderful stories every Friday morning at 10:30 a.m. Songs, fingerplays, action rhymes and occasional simple crafts make this a great 45 minutes. There is no registration required for children and parents/caregivers, but groups are asked to call Cindy Sampson Fleet at 490-5796.

**Harry Potter Time**

Attention all Muggles age 7 and up! Listen to the adventures of your favourite wizard in training as library staff continue to read from the magical

Harry Potter series every Wednesday from 4 to 5 p.m. Find out what happens to Harry and his friends Ron and Hermione as they return for their fourth year at Hogwarts in Harry Potter and the Goblet of Fire.

**Children's Reading Support**

You can help children overcome reading difficulties and develop a love of books on Tuesdays and Thursdays from 3:30 to 7:30 p.m. and Saturdays from 10 a.m. to 2 p.m. Volunteers meet children at the library for an hour or more of reading, games and activities each week. For more information, call Dorothy Minaker at 490-5734.

**Reading Support Volunteers Needed**

Do you love reading and enjoy the company of children? If you are 18 years or older, these are the only qualifications you need to become a reading support volunteer. Each volunteer is given an orientation session which deals with the practical and philosophical aspects of the program. Share your love of reading with a child. For more information call Dorothy Minaker at 490-5734.

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