

# Chebuucto News

Vol. 10 • No. 10 • March 2009

Armdale • Harrietsfield • Herring Cove • Jollimore • Ketch Harbour • The Pennants • Purcell's Cove • Portuguese Cove • Sambro • Spryfield • Williamswood

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## Spryfield Library wins Community Connections award

by Rich Horner

Halifax Public Libraries has won another award, and it is thanks to the combined efforts of the staff of the Captain William Spry Library and the people of the area who took part in the Working Together project.

The goal of the Working Together:

Library-Community Connections project was to bring together and work with socially excluded working-age community members including those living in poverty, the homeless and transient, visible minorities, recent immigrants and people with lower literacy. "The project was most interested in seeing people who did not use the library

start using it and seeing how staff at the library engage with the public," says Tracey Jones Grant, the Literacy, English as a second language and Diversity Services Manager for Halifax Public Libraries.

To get going, project and branch staff at the Captain William Spry Library went door-to-door to speak to about 13 hundred residents of the Greystone housing

development about library service. What they found was many people who were unfamiliar with the library's collection and did not realize they could take free computer and literacy classes at the library. "Staff are now having more conversations with people coming in, building relationships,

see "Library" pg. 2



McDonalds Express Mini Boys of Mainland South Basketball Association won the 2008-2009 Metro Basketball League Division Five championship in February. Shown with their trophies are: Front Row (L to R) - Nathan Chronofsky, Dylan Saccary, Marc Cormier – Second Row (L to R) - Dante Whiteway, Ben Leblanc, Coach Kevin LeBlanc, Kirkland Conrad, Devin Kelsie, Kyle Conrad. Missing are Justin Saccary and Douglas Tucker

## Strong Inter-Agency Partnerships in Spryfield

HRM staff working in the community of Spryfield were recently recognized for their Promotion of Safe Communities at HRM's Employee Recognition Award Night.

The staff team of Karen Lowery, and Cst Steve Saunders, were recognized at the HRM Awards Night as recipients of the Director's Award as well as the CAO's Award for the promotion of Safe Communities. A community celebration will be part of the late spring Grand Re-Opening of the Renovated Cpt Wm Spry Community Centre. This celebration will also include Ryan Veltmeyer (Library) and Stephen McCracken (School

Board Outreach Worker) who were also a part of this successful partnership. All have worked together over the past several years to improve opportunities for youth in our community.

This inter-departmental staff team developed a very successful partnership approach in working with the youth in the Spryfield area. For several years there were a very high number of incidents in and around the Cpt Wm Spry area. This included bullying, assault, vandalism and theft. Staff were committed to taking on the challenge of working with youth to build self esteem, leadership skills, and develop talents.

As a result, the Community Recreation Services Programmer, Karen Lowery; former Spryfield Library Youth Worker, Ryan Veltmeyer; Halifax Regional Police, Cst Steve Saunders; and School Outreach Worker, Stephen McCracken began a strong partnership centered around welcoming youth at the Centre and promoting positive behaviour.

The Youth Drop-in Centre opened and gradually increased its operating hours, staffed by caring young adults, who were able to relate to the youth and provide positive role

see "New Store" pg. 3

see "Strong" pg. 2

## Now We're Cookin': New Store and Takeout Rise From the Ashes in Herring Cove

by Chris Mills

It's a nippy February morning in Herring Cove but Mike "Mishoo" Saoud has a smile on his face. After losing his convenience store to fire almost two years ago, he's back in business again. An electrical blaze in early April, 2007 levelled the building at the

bottom of Hebridean Drive, leaving the small community without a store for the first time in more than eight decades. "I put all my effort to build a business there," Mike says, "it was a horrible thing."

But Mike adds he had no hesitation in deciding to re-build the business. "This area needs a store" he says. On one occasion

following the loss of his store, it took him an hour by car to buy a loaf of bread. In a community with a large population of seniors, Mike knows it's important to have a store you can walk to.

The newly named Hebridean Variety, at



*Oh, by the way... I'm never too busy for your referrals. – Eileen*

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# Spryfield Library wins Community Connections award

*continued from pg. 1*

connecting people with other resources in the community and making the library more integrated and a part of all of what's happening in Spryfield" says Jones Grant, a proud resident of Spryfield herself. "The number of increased library users is a nice bonus" adds Jones Grant "but the project was really about the relationships that we developed with people and the ability to provide those links and facilitate their growth in the community."

Ken Williment was the Project Coordinator for the Working Together initiative. "We were trying as librarians to take off our hats as experts and view the community as the expert so they would take the lead in telling us how they wanted to be served by the public library. That was very important and was a whole different way in how we would develop and design services" adds Williment.

One of the things that Williment and his team did to help start building relationships with community members was to try some tactile-based art projects. It all began with 1 hundred pounds of clay. "When they started making forms out of clay, staff found it was really easy to start to engage in conversations with the public" says Williment. After that things really took off. The library started partnering with the Greystone Tennants Association, St. Paul's Church in Spryfield and others. "We were hearing that community members were saying they really enjoyed the arts and crafts, so we transitioned some of that community engagement back to the library" says Williment. The result was library members who were not connected to begin with were starting to connect at the library through arts and crafts projects. It was at this point that library staff started to take a step back so the community could take ownership of the art cooperative. From there an art society was created and that led to the display of art work in other locations. "We facilitated the process" says Jones Grant "but they owned the process and the results."

Thanks to the relationships created between library staff and the community, library members are now talking more freely about their needs such as adult learning programs and children's literacy programs.

Right now the Captain William Spry Library is in the midst of renovations. But once those renovations are done, Jones Grant and the branch staff plan to return to the project's mission to continue building and

sustaining relationships. "We need to look at who we are not serving. The whole process is also about making the library relative to the needs of people who do not use the facility" emphasizes Jones Grant. And one of the big challenges is to take what they learned from

the project and look at ways to test those learnings again at other locations. Right now those learnings are being tested at Halifax Public Libraries Musquodoboit Harbour Branch and the Cole Harbour Branch.

And getting back to the award. The

Ontario Public Library Association's President's award for Exceptional Achievement for the Working Together Project will join other awards already adorning the Wall of Honor at the Alderney Drive Library in Dartmouth.

## Strong Inter-Agency Partnerships in Spryfield

*continued from pg. 1*

modelling. Programs also began in the Library for the youth. Steve Saunders worked along with staff to show a strong police presence at the Centre, not as an enforcer, but as a positive, interested, and caring role model.

The revised Incident Report Form was developed to include follow up to the reporting of incidents of any nature. Youth were included in the development of consequences of negative behaviors. They recommended the length of the 'time outs' for negative behaviors.

Front Desk staff were given awareness training for working with youth and encouraging a friendly, welcoming Centre.

Cst Saunders presented statistics at a service provider meeting early in 2008. The 2007 statistics showed that there was a 50% reduction in incidents during the second half of 2007. The team felt that this was in response to the coordinated approach in working with the youth.

At the present time incidents are not the norm, as they once were, but now are rare occasions. Positive relationships have been developed with our youth, who are now recognized for their strengths, talents and leadership. Once renovations (currently underway) are completed we hope to develop a greater number of programming opportunities for youth at the Cpt Wm Spry Community Centre.

Our community centre continues to be a focal point in Spryfield and our surrounding communities. Safety has been enhanced leaving patrons of all ages, as well as staff feeling safe in this welcoming Centre.

This has been accomplished with the dedication of a professional, caring and dedicated staff who have taken a personal interest in the success of our youth. Their efforts have been very successful!

This staff team developed due to the individual dedication and commitment of each staff member. These folks didn't want to continue to just 'ban' individuals with negative behavior's from the Centre. They

wanted to welcome youth and create positive change so that the youth could have a positive experience at the Cpt Spry Centre.

Each of these team members could have said that the various aspects of this commitment to see youth succeed were not in their job description. There were pieces that were definitely Police Services, other pieces for CRS, and then other parts a role of the Library. Without the dedication of all of these individuals from the various business units there would not have been a 'consistent approach' to working with youth to provide successful experiences.

The caring of each of these individuals for the youth went above and beyond normal work expectations. Each of them demonstrated their willingness to go the extra mile so that youth could be engaged in activities which show their talents and give the opportunity for success. In one instance Steve came to our youthfest (HYPE) and stayed all day helping the youth with the music recording station. He even accompanied the youth on the keyboard to encourage them to sing and participate. Steve also ensured the support of his business unit in making frequent visits to the Centre and interact with the youth and patrons.

Karen was seen on many occasions working in the Youth Room when youth workers were unavailable. She stayed late after work numerous times to provide support to staff working at the Youth Drop in Centre. Ryan has the special ability to sit and listen to youth with concerns, to provide not only a shoulder to lean on but to also counsel them as required. He had unlimited amount of patience and support in working with youth.

Stephen McCracken kept in contact with staff and could carry over his work from youth in the schools at the Cpt Spry Centre. He also worked in the youth drop-in centre and was crucial to the changes in the report and follow up with incidents.

All four individuals were instrumental in providing feedback on the revised incident report form. This form gave youth the opportunity to identify behaviors not acceptable at the Centre, the consequences of these actions, as well as what they could do to interact appropriately and participate in programs and services.

Through the support of everyone in this incredible partnership the Cpt Wm Spry Community Ctr is now a safe and welcoming community facility for everyone!

### Spryfield and District Business Commission

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# Spryfield Katimavik Participants Experience the Culture of Nova Scotia

Following a beautiful month of October in the metropolitan Halifax region that saw the Spryfield Katimavik team weather some ups and downs as they became settled in their new house, November arrived full of promise.

Aside from volunteering at an Oxfam hunger banquet and with a local neighbourhood haunted house (among other things) the Spryfield Katimavik participants were getting anxious to see and experience some Nova Scotian culture. The group loaded up into the van one dreadfully foggy Sunday morning to head out for Wolfville and area, a picturesque area that is the traditional home of the Acadian culture and site of le Grande Derangement (the point of deportation of Acadians in 1755). The quest was to find out a bit more about Acadian culture and to experience the story of Evangeline that so many of the participants had heard as a child. As the van hurdled along through the thick fog on the highway towards the Annapolis Valley, the skies miraculously cleared just as they descended into the legendary valley. The cool and foggy morning in Halifax turned into a warm and sunny day in the Annapolis Valley. The first stop was the Just Us! Coffee

Roastery & Museum where the group indulged in delicious fair trade coffee and chocolate. But what's the good in just indulging? Why not learn something as well! The group went through the museum and watched an educational video about fair trade and what it means in their day to day lives. The Katimavik group also learned that "Just Us!" was the first provider of fair trade coffee in Canada! The group also learned how partnerships were formed between the coffee farmers in South

America and the people in Wolfville.

The next stop of the group's excursion was the Acadian heritage site of Grand-Pré where the group took learned about the deportation of Acadians and enjoyed a thrifty picnic lunch. At Grand-Pré, the group also had the chance to see the sights and climb some huge willow trees in unseasonably mild November weather (some members of the group were wearing shorts!)

In order to take full advantage of the weather, the group decided to go for a hike, so,

off to Blomidon it was. Blomidon is a provincial park with great trails but since the tide was out the group decided to go for a long walk on the beach and get their feet a little bit muddy.

It was starting to get late and they still had to stop at a renowned Annapolis Valley farm market to pick up some apples and whatever other produce might be looking delicious. 20 pounds of apples, 14 or so muddy feet and one epic day came to an end as the group arrived back in Spryfield to plan out the week ahead.

## New Store and Takeout Rises From the Ashes

*continued from pg. 1*

179 Hebridean Drive, opened on November 10, 2008. Mike leases the retail space to local resident Gordie Shute, who runs the store, along with his wife Janie Wade. Gordie had a long-standing interest in taking over the operation, and after talking with Mike following the fire, things started to come together.

Gordie says local reaction to the new store has been very positive. "It's an

institution in this community," he says. "The most common thing I hear from everyone is 'We're so glad to have the store back, because we're so tired of having to drive to Spryfield.'" And Gordie says he's happy to carry on what he describes as Mike Saoud's "stellar" reputation in the community.

"Mishoo" recently sold his Sambro store to Diana and Esber Elcheikh (see Chebucto News, Vol. 10, No. 9, February 2009) and will now concentrate his efforts on the takeout attached to Hebridean Variety. "Now We're

Cookin'" will feature daily specials such as Sunday roast beef dinner and various Lebanese dishes, as well as the standard fare. Mike says he's aiming for an early April grand opening. "Good store, good food, good service and we are back in business in Herring Cove!" he adds.

From behind the counter at Hebridean Variety, Gordie Shute is optimistic about the future. "It's been here for 80 years," he says. "It's open again, it's new, and it's probably going to be here for another 80 years!"



Gordie Shute and Mike Saoud behind the counter at Hebridean Variety. Photo by Chris Mills

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## DISCOVERING OUR PAST



### Will Sambro, like other shoreline communities, lose its school?

By Iris Shea

**T**he small one room schools in the communities from Herring Cove to Pennant are a thing of the past as many of our elementary schools along our shore were declared surplus. The school in Pennant closed its doors in 1958. Portuguese Cove lost its school in January 1965 and in November 1970 the school in Ketch Harbour closed, forcing the children to attend school in Sambro. Will Sambro School soon suffer the same fate as these other schools?

School classes were held in Portuguese Cove as early as 1828 when teacher Thomas Flinn taught 34 students from Dec. 1st 1828 to June 1, 1829. The school was supported by voluntary contribution and the amount of money raised was £74.10. The teacher received a salary of £54.10 which included an allowance for "boarding, lodging and washing" and the remaining £20 went toward the upkeep of the school house. Mary Johnston was the teacher in 1840.

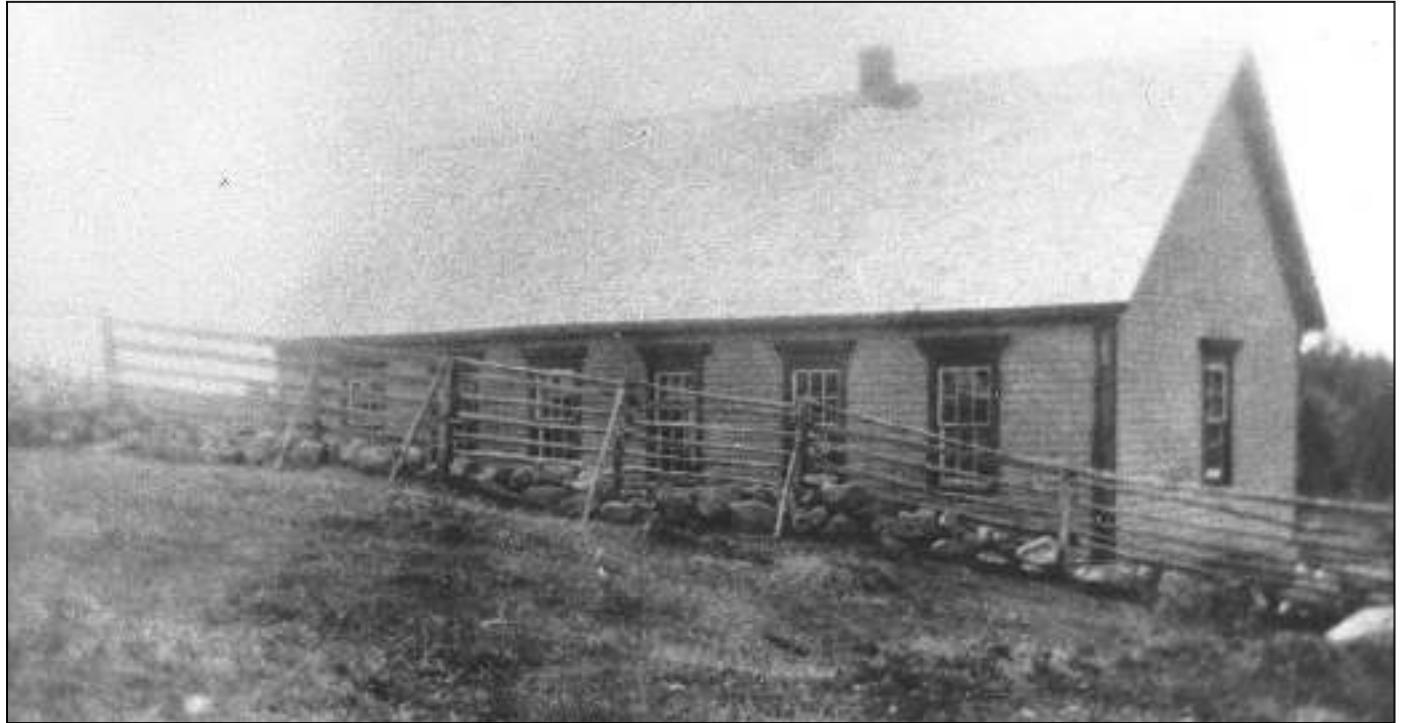
This one-room schoolhouse continued to be supported by the parents. In 1865 the inspector of schools approved a grant of \$1000 to the trustees to assist them in the completion of a new school house in Portuguese Cove. The one-room schoolhouse, located next to the Roman Catholic Church, after years of support from the province, was completed in 1884 and accommodated 60 or 70 students. One hundred and forty two ratepayers (almost the entire population) made a request to the School Board for a new school in 1963. The reasons given were: no water in or on school property, inadequate outdoor lavatories, poor lighting, no playgrounds and poor building construction (no foundation). The trustees and school board member Mr. Marriott discussed consolidating with Herring Cove. In 1965, after almost 140 years of continuous education in their own community, the children of Portuguese Cove began attending school in Herring Cove.

School records for Ketch Harbour appeared as early as 1833. The school was supported by subscription with £40 per annum paid to the teacher, John Pritchard. Trustees were John Martin, Jr. and John Flemming. John Kelly taught in Ketch Harbour in 1840-1841. Records are sporadic for Ketch Harbour schools but in 1901 Katy Dudy, age 22, was the teacher. She boarded with the Edward Myatt family and earned \$280 for 12 months of teaching. Thirty students from primary to grade nine attended the school in 1945. In 1947 it was decided to build a convent in Ketch Harbour in order to accommodate two teaching sisters and money was raised in the community to add an additional room to the school at a cost of \$5000. The school was staffed by the Sisters from 1947 until it closed in 1970, with lay teachers added when needed. In 1962 the Sisters requested permission to provide, at their own expense, indoor sanitation. This was approved as long the School Board did not have to make any financial contribution. Overcrowding was an issue in January 1964 with 44 students in one room (primary to grade three) and another 36 students (grades four to eight) in the second room. There was

talk of the higher grades being sent to the new Cunard Junior High in Jollimore in order to relieve the congestion. In March 1964,

to operate in 2009 and the community would like to see it continue. Transporting the young children by bus out of their

community in order to attend school in another community is not the best option. Our children deserve better.



Sambro School

the School Board voted to send grades seven and eight from Ketch Harbour and Sambro to Pinegrove Junior High in Spryfield, and eventually to Herring Cove Junior High. When the Ketch Harbour school closed in 1970, the young children from Ketch Harbour were sent to Sambro Elementary.

Pennant had a school by 1859, located near the crossroads of Coot Cove and East Pennant. That year the teacher, Matilda Twohig, taught 16 males and 14 females in a one-room wooden schoolhouse that measured 18 by 15 feet. The trustees were John Marriott (sic) and George Nickerson. Mr. Samuel Martin was appointed as trustee in 1871. When this school house burned down in 1900, a new one was built close to the original site and continued as a one room building until it was declared surplus in 1958.

In 1878 Sambro was hoping to build a school house and requested that Bald Rock become part of the Ketch Harbour school system because it would be impossible for the ratepayers of Sambro to locate a new school to accommodate the families of Bald Rock.

Sambro was still without a school in 1881 although the outside of the building was finished. Finally, in 1883, Sambro completed a two-room school house and classes were held on a continuous basis. In 1901, one teacher taught 42 students. By 1944 overcrowding became a concern and a request for a new school was made. In September 1949 the present school opened its doors across the road from the old building. Plans were made in 1962 to add a room to the present school but, according to the School Board, building the new room disrupted the school and the children in Sambro had only two rooms that year when the contractor started his work.

Sambro Elementary School continues

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# Understanding Insurance – What it all means to you

by Dave Watts

In our day-to-day lives there are many topics which we discuss frequently and with some knowledge and even passion. The weather, politics, religion or the cost of fuel are some that are tossed about. One topic that we probably only address once a year is the insurance we carry on our personal belongings and our cars.

Have you ever tried to decipher the documents that you receive? On a homeowners policy you see terms like Replacement Cost or on a Tenants Policy terms like Tenants Legal Liability. Do you know what they mean and how they apply to you?

Reviewing the homeowners policy can be a daunting task. There are figures for building limits (house) other structures, extra expense, personal property and liability.

The building is the actual home that you live in...pretty straightforward...the replacement cost is what it would cost to rebuild the same house on the same lot today if it was completely lost due to something such as a fire.

Assuming your house is 10 years old... at the time it was built it cost \$125,000 including the land. The cost to rebuild that home today would be significantly more based on material and labour cost in 2008. The land is NOT a factor in this equation because you already have it in place. By completing an evaluator your insurance broker can tell you what the replacement cost should be and insure accordingly. Don't be surprised or alarmed at what that value comes out to be.

If you are a tenant there is one very important fact that most people are unaware of. As a broker I hear far too often, "...I don't own much so I don't need insurance." Insuring what you own is only a small part of the policy. Insuring what you don't own is what is most important.

The most-overlooked item to tenants is that fact that they have a responsibility to the building owner for the space they occupy in the building. This is called Tenants Legal Liability.

To explain, consider this... a fire breaks out in unit 1 of a six unit building. The cause was a candle left burning and the occupant fell asleep. There is damage to that apartment as well as smoke and water damage to two other units in the building.

The building owner's insurance would respond to repair the building. That insurance company then would look to the cause of the fire and commence an action against the tenant in Unit 1 for the loss that they caused.

If that person had insurance their policy would then respond under tenants legal liability and settle the damages with the building owner's insurance. If the tenant did NOT have insurance an action could be started against them to recover the cost of the loss causing tremendous financial hardship.

These are two areas of insurance that may not be understood by many people. By speaking with a qualified, licensed insurance broker you can determine what your needs are and how you can best be protected against a loss.

Insurance is a *What If?* product. It is something we purchase in hopes that we never need it, but are most grateful for it when we do.

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Dave Watts CAIB is a licensed accredited insurance broker with Baldwin Insurance Services in Halifax and can be contacted at 457-0530 or 441-2300.

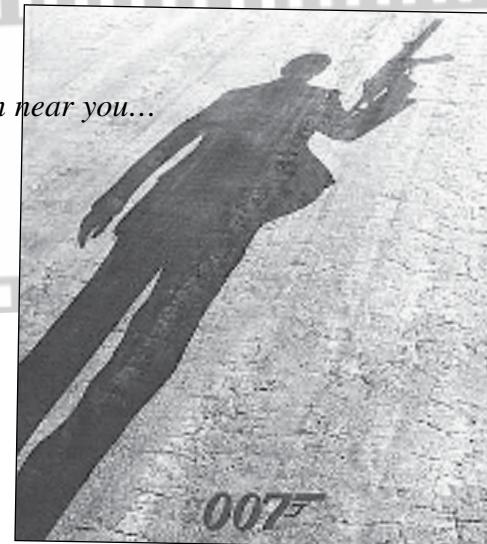
## Screen Savour

Coming this month, to a small screen near you...

Gem of the Month – Quantum of Solace \*\*\*\*\*

Whether or not he's your preferred incarnation, there's absolutely no denying the ferocious authority of Daniel Craig's James Bond. When news that a relatively unknown, \*GASP\* blonde 007 was to be taking over the role from its previous owner Pierce Brosnan, fans of the long running series took to the internet to express their outrage. Then Casino Royale hit theatres, and most every fan that went to the theatre was convinced that Craig was THE man for the job. I certainly was. As a long standing devotee of Ian Flemming's spy thrillers, I was blown away by Craig's nearly flawless power in the part. Other Bond's have brought elements of Flemming's most famous creation to the screen; Connery had the effortless charm, Brosnan had the wit, Moore the flawless manipulation. Craig's Bond is the whole package. Beguiling when he needs to be, cold and ruthless when he has to be, Craig brings an inescapable power to the heartbroken spy bent on revenge.

Hitting store shelves on March 24, Quantum of Solace picks up almost immediately where Casino Royale left off.



Inconsolable after the betrayal and death of the only woman he had ever loved, Bond sets off on a mission of revenge, certain that he will only be able to move on if he can make those responsible for what happened to Vesper pay with their lives.

Quantum of Solace is a perfectly paced, brilliantly shot, well acted; electrifying entry into the Bond series, and with it, Craig solidifies himself as a Hollywood force to be reckoned with. Quantum of Solace is not to be missed.

Captain Spry Fitness Club

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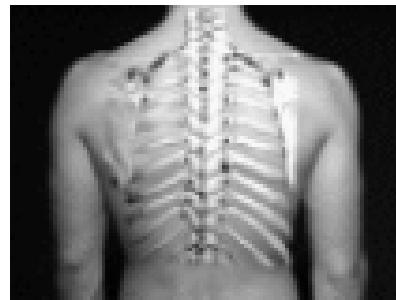
The grade 3/4 class at William King Elementary is starting a project called *Fish Friends*. They will spawn fish in their tank at school and release them when they are big enough to survive in the wild. This is a great project for the kids. They learn about the cycles of a fish, and help to develop a life-long interest in wildlife and conservation. There will be updates on the condition of the fish as they grow and are ready to be released.



On February 20, 2009, the grade six girls at William King Elementary had a day dedicated to health and wellness, called *Girls Soar*. The day is packed with activities and lectures, to help the girls understand the changes that will happen to them and to the world around them as they grow up. The girls first had a yoga session, taught by yoga instructor Nancy Hunter. After that, they had a self-defense lesson from Doug Large, the head instructor at Chimo Taekwondo. They had a body-image talk with public health nurse Cindy Campbell, and also a social-bullying and conflict-resolution presentation by Patricia Snair and Diane Leblanc.

# Spryfield Physiotherapy

## Your Community Clinic



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# Dive on in, and swim those Winter blahs away

by Karen G. Bagnell

If you're not into running marathons, pumping iron, kick boxing or mountain biking, but you are looking for something that will help whittle away that winter comfort-food diet you've been into, why not try swimming? Don't panic, I'm not suggesting a dip into any of the freezing waters that surround our lovely province, I'm talking "heated pool" here.

Not only are water activities one of the more beneficial forms of exercise, they are appropriate for almost all age groups and fitness ability. Whether you are training, learning the basics or enrolled in group workouts, swimming is beneficial to your

lungs, your heart, your stomach, your arm and leg muscles, even those ones you sit on when you're doing most of your procrastinating.

John Henry, Coordinator of Aquatic Services for Halifax Regional Municipality, agrees:

"Swimming is one of the few forms of exercise in which all of your body parts are used. Because you use your arms, legs and lungs at the same time, you increase your aerobic capacity and you also strengthen your heart. It's not stressful on joints so it's safe for your body. Even professional athletes use water as rehabilitation when they suffer injuries."

Linda MacLaggan, Registered Physiotherapist with Spryfield Physiotherapy, explains:

"Because the water removes the weight component, pool programs are very effective in treating many muscle and joint injuries or conditions. It can be particularly effective for low back injuries or those with arthritis in the knees or hips."

Programs are also in place where water exercise is used as part of the rehabilitation process for women who have had breast cancer.

"In Canada sixty percent of women survive this cancer but are left alone dealing and suffering on a day to day basis," says Nathalie Caron, Coordinator of the YWCA-run *Encore* program that offers free exercise, relaxation and support for breast cancer survivors. "The exercises they do in the pool are particularly helpful in improving strength, mobility and flexibility where simple tasks or even hugging someone was once painful for these women."

"Many people can benefit from swimming and water exercises," says Carolyn Langlands, Certified Fitness and Aquafit Leader, "people with arthritis, diabetes, osteoporosis, circulatory problems, joint inflexibility or replacement, obesity, respiratory disorders, and developmental delays, just to name a few."

And what about the social and mental benefits – just ask Kathy Brown, 71, who has

been doing aquacise programs for more than ten years:

"I come with a friend and we often have tea afterwards. I miss it when I'm not there – over the Christmas break I found it hard. It's a very relaxing form of exercise and I know it's helped my arthritis and what my doctor called a 'quick recovery' from a hip replacement."

So, if you're only six months old, or well into your retirement years, swimming might be just the thing for you!

*Water you waiting for?*

If you thought swimming was all just fun and games, here are some other benefits to keep in mind:

- Submerging in water and exercising in water decreases joint impact.
- Water exercise improves strength because every move has increased resistance in the water
- Swimming and water exercise builds cardiovascular endurance
- Water activities improve flexibility
- Water activities are good ways to rehabilitate muscle injuries
- Swimming is a great calorie burner
- When pregnant, swimming helps strengthen abdominal muscles and muscles in the back



**Spryfield**  
Shaping Spryfield's Future Together






The Spryfield Community Liaison Group (CLG), local citizens assisted by HRM, are engaging the residents of Spryfield and surrounding communities to help develop a Community Vision and Action Plan. You can get involved by:

**Meetings with resident groups** - If you would like the CLG to meet with your local group, please contact us.

**Visioning Survey** - Complete our on-line survey about Spryfield's future:  
[www.halifax.ca/visionhrm](http://www.halifax.ca/visionhrm)

**Public Workshop** - The CLG will be hosting a public workshop on Saturday, March 28th 1 p.m. - 4 p.m. at the Captain William Spry Community Centre. Members of the community will work together to share ideas and develop actions.

In May, join the CLG at an **Open House** to review the draft Community Vision and Action Plan.

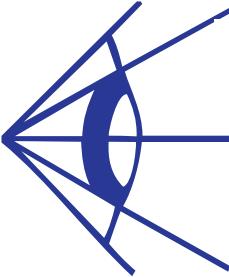
Imagine Spryfield at its very best! For more information regarding the CLG and the visioning process please contact us at:

T: (902) 490-5857  
F: (902) 490-3876  
[visionhrm@halifax.ca](mailto:visionhrm@halifax.ca)  
[www.halifax.ca/visionhrm/spryfield](http://www.halifax.ca/visionhrm/spryfield)





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# Canadians deserve a vision for a country that will move them forward

by Megan Leslie, MP for Halifax

The past few weeks have been filled with great debate over the Conservative government's budget. Despite the major flaws, the initial motion passed thanks to the support of the Liberals, who made one minor amendment – that reports would have to be tabled detailing the implementation of the budget provisions. Despite the fact that these reports would have been produced anyway, there were no amendments suggested to prevent some of the most dangerous aspects of the budget from passing.

It still includes changes that prevent women from seeking equal pay for work of equal value, it ties desperately needed infrastructure funds to matching funds from cash strapped provinces and municipalities, and it does nothing to make Employment Insurance more accessible to the workers who paid into the fund precisely for times like these.

But that's not all. Confident that the Liberals will support their agenda, the Conservatives have slipped more legislation into the Budget Implementation Act. These back-door changes will punish student loan borrowers with discretionary fines up to 1,000 dollars and would eliminate environmental assessment triggers for development on waterways.

As the Budget Implementation Act heads to committee, New Democrats will be seeking to eliminate what we can of these changes while trying to speed the passage of the stimulus dollars that will get people back to work. Below is a portion of a speech I gave in the House on February 11, regarding the Budget Implementation Bill:

"Madam Speaker, we are living in historic times and in these times the work of this House has never been more important. We parliamentarians are being called upon to meet this crisis with new ideas and bold action. We should be taking inspiration from moments of unprecedented, creative and unifying action in our history. We should be meeting the challenge to act with vision and purpose, to unite our country in this period of crisis and build the Canada that we want.

A budget is not just a set of numbers. A budget is a vision for the future. This budget, more than any other, has to meet the test of history.

We should look to history when we think about this budget. In Nova Scotia, a historical figure we celebrate is Joseph Howe. We celebrate him because he fought against patronage and corruption. He fought for democracy and he did it with style and grace. It was the approach as well as the outcomes that mattered for Joseph Howe.

However, what have we seen in this budget? It is the opposite of a greater vision for Canada. We see the government once again using politics of division for its own gain. Just as when it was faced with defeat by a coalition of opposition members and pitted west against east and Canada against Quebec, it has now turned its sword to the Atlantic, dramatically adjusting the equalization formula. This adversely affects provinces such as Newfoundland and Labrador, which my colleague, the member for St. John's East, addressed earlier in this House.

In times like this, with a quarter of a million jobs lost in 90 days, the House should be rising to the call of history. Workers in all regions of our country are losing out and they need support to transition to the new economy, the one that is just waiting for a government with some vision, a green, new deal where we achieve prosperity and security for our planet as well as our people and our economy.

With dwindling fossil fuel supplies – sure to lead to higher energy costs for all Canadians in the future – we could have grasped this opportunity to build a less fossil-fuel-dependent economy, an economy that is more innovative and productive, creating new jobs throughout the country by becoming more efficient and harnessing the wind, water and solar resources that we have in abundance.

Instead, we see the government kneecapping the wind energy industry by cancelling an

incentive program. We see that there is absolutely no understanding of the huge potential to save money and energy through energy efficiency programs. We see no funding for building the type of sustainable transportation infrastructure that is necessary to build a creative and knowledge-based advantage for Canada.

There was an opportunity in the budget to provide immediate support by expanding employment insurance in all regions of the country. This has been shown to be the most effective form of stimulus because it gets money out quickly to the people who have been hurt by the recession and to the people who will spend it.

It is unfortunate that I have to remind the House, but employment insurance is a fund that is paid into by workers for exactly this reason, so that when times are tough they can be protected. For a government that talks so much about putting money back into the pockets of Canadians, why is it so reluctant to let workers access a fund that they built?

The government has not solved the regional inequalities that exist in this program. This could have united our country but instead we are left with divisions. When we have a Minister who thinks that fixing the program makes it too lucrative, it does not give one much hope for the kind of action that is needed here.

On housing, there is plenty of language in the budget about social housing but when we look closely, there is no new money for people

already on the street and there is a deliberate move to prevent anyone from confusing this with a national housing strategy. A national strategy is what has been called for by virtually every major housing and poverty advocate in the country. In the face of this housing crisis, the budget proposes tax credits for people who already own their homes to build backyard decks.

I want to return to my point about the politics of division. I regret to say that women remain a prime target in the budget, not a funding target, but a political one. The removal of a woman's right to fight for equal pay for work of equal value was one of the most audacious parts of the November economic statement. It survived the Conservatives' manufactured political crisis and will pass through the House with the support of the Liberal Party.

I have spoken about history and now I would like to speak about the future. Since the decisions we make at this pivotal time will greatly impact the future, it is worth thinking about. In a couple of years, when Canada goes to climate change conventions and other countries have prepared their economies for the transition by investing in renewables and energy efficiency, when home heating and gas prices are again heading skyward and becoming unaffordable, how will we justify the lack of action? Will we say that we are still dependent on fossil fuels but that we have created a lot of backyard decks?

## Winter safety concerns on our roads

by Stephen Adams,  
HRM Councillor, District 18

Although we haven't had a great number of snowfalls so far this year, those we have had have caused their share of problems. With the unpredictable nature of storms it can be difficult for our operations staff to stay ahead. As a result of these circumstances, we will be pre-salting in anticipation of storms. This allows for a brine to form and makes snow removal a little less challenging.

As well the Parking Ban has been reintroduced to allow for more efficient clean-up after storms and easier snow removal during storms at night. It is also illegal to park on streets and roads during a snowfall. This is provincial legislation that has been in place for years, but seldom enforced.

When the Parking Ban was initially lifted, I was supportive of the idea. My rationale was simple; it didn't make sense to ban parking if temperatures were 10° C.

Moreover, some residents parked in the streets continuously, and did not respect the need for them to be moved during snowfalls.

The ban runs from 1:00 am-7:00am seven days a week and will be in force until March 30, 2009.

Our new Spryfield signs are being installed after much anticipation. They should be installed by the time you have read this article. The only exception is the sign on Herring Cove Road as you leave Armdale. We continue to look for a suitable location.

The light installation at Northwest Arm Drive and Old Sambro Road should also be completed as you read this. The contractor was waiting for the necessary construction materials and supplies.

When the weather begins to co-operate, our works staff will be putting in new flower beds along Northwest Arm Drive. I have asked for another 50 foot bed, a round bed for a tree and two smaller beds in the 20 to 30 foot range. As was the case last year I

will ask community groups to help with the planting. We would love for you to come out and help.

Our Christmas parade was another success, with thousands enjoying the floats and other entries. The Halifax Regional Police horses were a special treat, especially the guy with the red one.

The J.L. Ilesley High School scholarship was another success, with many supporters buying items to support our local youth in the fund for the post secondary education. I would encourage you all to attend or provide a prize if possible. It is a great night for all.

I attended two Christmas Tree Lightings as well. Both the Captain William Spry Centre and Harrietsfield Williamswood Community centre held wonderful events, keeping Santa busy. The looks on children's faces are priceless as Santa made his way to the tree.

As 2008 closes out I wish you and yours all the best in the New Year, and the rest of 2009.

## Stephen Adams

HRM Councillor, District 18

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[www.meganleslie.ca](http://www.meganleslie.ca)



# Residents concerned about HRM snow removal standards

by Linda Mosher,  
HRM Councillor, District 17

After a few mild winters, we are back to typical long and gruelling Maritime winters. This year I have had the most snow removal concerns from residents in the nine winters that I have represented District 17. Several hours after the snow stops residents call me and ask why they have not seen a plow but nearby streets are clear. Sometimes the snow stops in the middle of the night and even the next morning some streets have not seen a plow. Understandably, residents would like to see at least one pass with a plow so that if required, they can get out of their street.

HRM has snow removal standards which dictate how long it will take to remove snow from a specific road or sidewalk based on its classification, such as a main arterial road or a residential street. These standards have been the same since 1998. In previous years our snow removal crews often surpassed the standards as we did not have many snow storms, making it was easier for them to exceed the requirements. However, this winter has had more than 18 storms, some of which included freezing rain. Snow removal operations are done by both internal staff and outside contractors. This can contribute to varied results.

Recently I brought forward to Council residents' concerns regarding the difference in standards for the sidewalk snow removal for residents compared to those for which HRM is responsible. Currently we hold residents to a higher standard than we hold ourselves.

In our district HRM is responsible for sidewalk snow removal in areas such as main arterial roads and in front of City properties such

as parks. Residents are required to clear their sidewalks to bare pavement, within three foot widths, regardless of where it is located. Some sidewalks for which HRM is responsible do not have to be cleared for 36 hours and they do not have to be down to bare pavement. This causes pedestrian safety concerns. We are encouraging people to get out of their cars and walk, and take the bus and we need to ensure that sidewalks are safe to traverse.

## Citizens involved in Imagine Our Schools process

by Michèle Raymond,  
MLA for Halifax Atlantic

This is a difficult month for the people served by the Halifax Regional School Board, as the board begins consultations on the future shape of schooling in some of the outlying areas of HRM, including the Chebucto peninsula, with the J.L. Ilsley and Sir John A MacDonald family of schools, and the Eastern Shore.

The board was requested by the Department of Education to justify its capital funding requests by analysis of the current facilities, and hired consultants three years ago to conduct a 'consultation process' called "Imagine our Schools".

Phase I of that process was completed last year, and involved primarily schools on the Halifax Peninsula. Now Phase II, outer-lying schools is underway.

On January 23, provincial and municipal representatives were invited the HRSB offices for an introduction to the process. That introduction raised many questions for me about the process itself.

I keep in my office an image labelled "Levels

Council agreed to have a staff report that looks at changing the standards to match the residents' requirement. As well, there was an emergency issue which arose due to a residential, non-priority street not being plowed and I brought this forward to Council. Council agreed to establish a formal emergency protocol and to re-evaluate the standards for non-priority streets.

I have requested that we implement a standard that we ensure that priority streets are

under control but that we also have one pass through the non-priority streets and, that this must be done within 12 hours, not 24. We need to change the standard for emergency and safety purposes. Fortunately the emergency issue that occurred in our area did not turn out to be a fatal issue. We need to ensure if an emergency occurs again that an ambulance can safely access streets. A formal protocol and revised standards are absolutely necessary.

of Participation"; I refer to it often, whenever I find myself or constituents in the middle of a 'consultation process', to see just where on the scale this one falls, from outright manipulation through information-sharing, consensus-building, or, ideally, shared decision-making.

When I heard elected officials tell the Imagine Our Schools consultants that they'd never heard of the meetings, and hadn't seen advertisements of consultations, I wondered how citizens would have found out about participation.

And when I was at later meetings, the sparse attendance, and some comments, suggested that indeed, few people were aware of an exercise which will lead to decisions about schools closing, staying open, or consolidating.

When I saw consultants list as a basic tenet that 'all programs should be delivered in all schools,' I questioned where this assumption had come from, and was told it came from citizens involved with Phase I (urban core) schools. I pointed out then, and have repeatedly that this can't be assumed true of citizens in outerlying schools. It may be true that parents want all programs in all schools, but if that comes at the cost of closing schools unable to deliver, for example, music in a specialized music room, it may not be the will of the community. But the question must be explicitly asked, and explicitly answered, before any presumption is made.

The decisions about opening, closing and consolidating schools is apparently largely based on physical facilities: whether or not a building includes a specialized music room, art room, lunch room, gym, etc. "Capacity" and projected future occupancy rates are also a major factor.

Many smaller, older schools lack these specialized spaces, but they are also often the schools in outer lying communities which are projected to decline in population (although consultants admitted they leave allowances for 'unpredicted' growth). If the unused classroom space is converted to these spaces, and the Department of Education formula of 22 square feet of classroom space per student is applied,

suddenly these schools are much closer to the ideal 85% - 90% occupancy rate. At one Imagine our Schools meeting, I asked whether these conversions would be calculated, before comparing occupancy rates in schools with existing program spaces, and those without. I was told the calculations would have to be made — but the next day preliminary recommendations about closures appeared, apparently before apples and oranges were unmixed.

This is the worst kind of consultation, and it can bear some of the worst kind of fruit for any community.

Schools are the heart of the community, and children carry with them their early experiences. If they spend hours on a bus, being transported to a school instead of walking, and missing after-school activities because they might miss the bus, they are missing valuable experience- physically, socially and academically.

Some of our smaller schools, such as Sambro Elementary, have produced some of our finest students, and some of our most engaged citizens. Some communities decide that there are tradeoffs to be made to preserve smaller schools. Other communities do not.

But these are not simple decisions. J.L. Ilsley may not be the most modern high school in HRM, and may not even contain all the facilities of newer schools — but it can boast Rhodes scholars, professional artists, scientists, craftsmen, and a body of students who may go away to study or work, but come home to raise their children here, in schools they themselves attended.

Schools don't serve only the narrow bandwidth of age between five and 18-years-old, but entire communities. Their fate is not to be lightly decided, and certainly not to be decided, then publicly presented under the guise of asking community opinion.

I'm proud of the citizens who have gotten involved in the Imagine Our Schools process, and proud of those who've gotten others involved. The fate of our schools affects us all. Make your opinions known, whatever they may be.



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# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

**MARRYATT, Evelyn A.:** 78, Melville Lodge, Halifax, NS, passed away on January 16, 2009 after a long and courageous battle with ALS. Born in Halifax on April 7, 1930, she was the daughter of the late Florence (Nightingale) Drysdale, Halifax, and the late Joseph Chamberlain, Bathurst, NB. She was a member of the United Church. She also belonged to Topps. Evelyn enjoyed her family, especially her grandchildren and great-grandchildren. She also enjoyed baking, cooking, having family for Sunday dinners, playing cards, gardening, doing puzzles, and was an avid fan of Coronation Street. She is survived by her daughter, Patricia Thomas (Roy), Williamswood, sons, Allan (Anne), Spryfield, Christopher (Shirley), Lower Sackville, and Norman, West Pennant. She is also survived by grandchildren, Derek, Amy, Christopher, Tara, Kariann, James, and Michael, great-grandchildren, Eric, Victoria, Josh, and Darcy Grace, as well as her sister and best friend, Eileen Marriott (Clifford), sisters, Violet Dort (Raymond), and Margaret Drysdale, brothers, Bill Drysdale and Gordon Drysdale, as well as many nieces and nephews. She was predeceased by her husband, Roy B. Marryatt (1993). She was also predeceased by sister, Doreen Taylor, and brothers, Jackie Drysdale and James Drysdale. The family would like to thank all those who helped Evelyn during her struggles with ALS, especially the Red Cross homecare workers, the dedicated caregivers at Melville Lodge, Dr. Jack Graham, Dr. Ian Grant, Dr. David Anderson, Dr. Turki Alameet, and the staff of 8.1 and 8.2 of the Halifax infirmary. We would also like to thank all those who visited and spent time brightening her days. Resting at JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, NS (477.5601), where visitation will be held on Monday from 2-4 and 7-9 PM and Tuesday from 12-1:45 PM. The funeral service will be held on Tuesday, January 20, 2009 at 2PM from the funeral home chapel, with Rev. Ellen Wilson officiating. Interment will take place in St. James' Cemetery, Sambro, NS. In lieu of flowers, donations may be made to the ALS Society.

**GRANDY, Mary Eva:** 85, Halifax, passed away peacefully on Tuesday, January 13, 2009 at St. Vincent's Guest Home. Born in Canso, Guysborough Co., NS, she was a daughter of the late Howard and Rebecca (O'Hearn) Fitzgerald. She loved her family dearly. She is survived by her children, Jack, Cecilia, Jim, Bill, Marion, Joseph "Eugene", Susan, Georgina, Paul and Lloyd, one brother, Austin, numerous grandchildren, many great-grandchildren, as well as many cousins, nieces and nephews. She was predeceased by her parents and husband, Eugene, son, Tommy, grandson, Joseph, brother, George and

sister, Marion. The family would like to thank all the nursing staff of St. Vincent's Guest Home for all of the care and compassion shown to Mary. By request, cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, NS (477.5601), where a memorial service will be held in the chapel on Friday, January 16, 2009 at 11 AM with Rev. Patricia Malin as officiant. Interment will take place in Fairview Lawn Cemetery. Remembrances in memory of Mary made be made to St. Vincent's Guest House, 2080 Windsor Street, Halifax, NS B3K5B2, (902) 429-0550.

**TAYLOR, Phyllis May:** 81, Lakeside, NS, passed away on January 12, 2009 at the QEII Health Sciences Centre, Halifax, NS. Born in Upper Burlington, NS, she was a daughter of the late Vincent and Alma (Brown) Burgess. Throughout her life, Phyllis had dedicated her life to her family and their well-being. She loved to baby-sit and enjoyed spending time with her grandchildren. Phyllis was the last surviving member of her immediate family. She is survived by sons, Darrell (Katherine), Dartmouth, Ernest "Barney", Stewiacke, Stephen (Ellen), Ardois Hill, NS, and Glenn (Glenda), Hammonds Plains, daughters, Phyllis "Patsy" Belliveau (Philip Theriault), Lakeside, and Thelma Nicholson, Tatamagouche, NS, 14 grandchildren, 12 great-grandchildren, one great-great-grandson, as well as her companion, Donnie. She was predeceased by her parents, husband, Emery Taylor, daughters, Mildred Marie and Deborah Darlene, brothers, George, Paul, Bob, and Ernest, sisters, Mabel, Audrey, Letha, and Ruby, daughter-in-law, Barbara, and son-in-law, Cyril. Resting at JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, NS (477.5601), where visitation will be held on Thursday from 2-4 and 6-8 PM. Funeral service will be held on Friday, January 16, 2009 at 1 PM from the funeral home chapel with Rev. Patricia Malin officiating. Interment will take place in Somerville, NS at a later date. Family flowers only, in lieu, remembrances in memory of Phyllis may be sent to the Kidney Foundation of Canada.

**DeYOUNG, Michael Francis -74,** Halifax, passed away on Sunday, January 11, 2009 in the QEII. Born in Halifax, he was a son of the late George and Mary Anna (Yeadon) DeYoung. Michael served his country in the Korean War. He was a longtime resident of Kline Heights, and he was a long time member of the Spryfield Legion. He is survived by daughters, Mary (DeYoung) (Darrell) Davidson, Waverley and Joanne (DeYoung) (Robert) Ubdergrove, Ardoise; grandchildren Melissa and Darrell Davidson, Jaimie Leigh DeYoung; great-grandchild Mia Grace; brother

Gordon and sister Anne, both of Harrietsfield. He was predeceased by brothers James and Donald; sisters Kathleen, Margaret and Eileen in infancy; lifelong friend Rubin Marriott. The family would like extend their heartfelt thanks to the staff of the QEII Health Sciences Center, floors 5, 6 and 8, for their excellent care and compassion. Cremation has taken place under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Spryfield (477-5601).

**QUINN, Mary (Florence) - 74** of Terence Bay, (HRM), passed away peacefully on Thursday January 8th 2009 at Victoria General Hospital. She is the daughter of the late William and Gladys Cuvelier. Mary was an avid camper and spent many summers in Elmwood camping with her friends and family. She was a member of the Terence Bay Fire Department Ladies Auxilliary. She will be greatly missed by her husband William Quinn and children Billy (Brenda) Quinn, Bernie Quinn, Danny Quinn, Peter (Diana) Quinn, Paul (Tanya) Quinn, Mary (Gary) McDonald, Gladys (Terry) Pratt, Debbie (Michael) Pellerine. She will be sadly missed by her 10 grandchildren and two great grandchildren. Brothers, Lou and Gerald Cuvelier and sister Rose Marie Zinck. Funeral Arrangements are under the care of J.A. Walker Funeral Home (2005) Ltd. 149 Herring Cove Road, Spryfield, (477-5601). By request there will be no visitation. Funeral service will be celebrated in the Funeral Home Chapel on January 12, 2009 at 11:00am. Special thanks to all the staff at the VG Health Science Centre 8A & 8B. Donations may be made, in lieu of flowers, to the Leukemia Society of Canada.

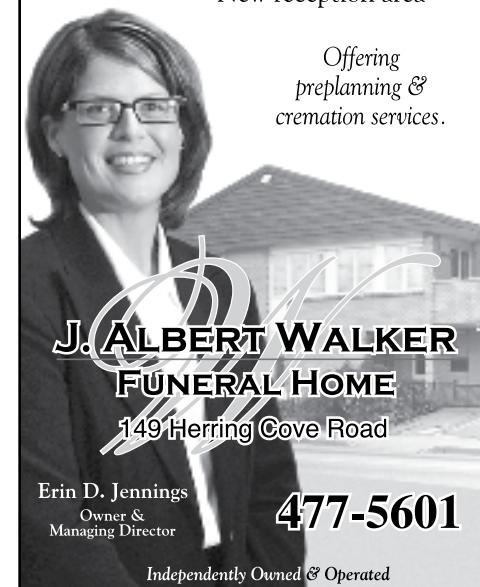
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# Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to rhorer@ns.sympatico.ca

**Library Closure**

The Captain William Spry library is going to be closed from March 22 to April 21, due to the renovations going on throughout the building. Call 490-5734 for more information.

**Board Members Needed**

The Capital Health Board of Directors is looking for new board members. This is a great opportunity for a community member to be part of an exciting time in health care transformation. Deadline to apply is April 3, 2009. Please contact Carol Hindle at 424-3390 if interested.

**Youth Café**

The Boys and Girls Club of Spryfield is having their Grand Opening for their Youth Cafe on Tuesday, March 3rd and Wednesday, March 4th from 6pm until 8pm at the Spryfield Lions Rink in Spryfield. It will be open for youth from the age of 13 to 18 every Tuesday and Wednesday between 6pm and 8pm. For further details please contact the Boys and Girls Club of Spryfield at (902) 477-9840 or check out our website at www.bgc-spryfield.org.

**Dinner Theatre**

Sambro Dinner Theatre presents Sambro Waltz (Revised). May 1 & 2 at 6:30 pm and May 3 at 4:30 pm. May 8 & 9 at 6:30 pm St James United Church Hall in Sambro. Tickets go on sale March 16th, 2009. Please call Donna 475-1053 or Eva Mae 346-2075.

**Mad Hatters Tea Party**

Have a zany time and show your support for VON Greater Halifax by attending the third annual Mad Hatters Tea Party, Sunday March 15th, 2009 from 2 to 4 pm. Chat with Alice, the Mad Hatter, & the White Rabbit, feast on sandwiches, sweets, coffee and tea, win door prizes, &/or pick up something special at the silent auction, have your fortune told or your tea leaves read. Location: The Fleet Club, 2800 Barrington St. Halifax. For more information or to reserve your tickets (\$25/

person): phone 453-5800, email greater.halifax@von.ca or visit www.vongreaterhalifax.ca. Come alone, bring a friend, or reserve a table for four for \$100. Hats required! Sponsored by Argyle Fine Art, Stantec, Municipal Group, and KOOL 96.5 fm.

**Urban Farm AGM**

The Urban Farm Museum Society of Spryfield will hold its Annual General meeting on Monday, March 9th, 2009 from 7-9pm at the Captain Wm. Spry Community Centre. Everyone Welcome! Come share the successes of the past year and hear about our plans, programs & events for the coming year. For further information please call Pat @ 477-6087 or jamac@ns.sympatico.ca.

**Strutting Your Stuff-Life's a Cabaret**

The Halifax & Region Military Family Resource Centre, CANEX and The Personal present the 4th Annual Strutting Your Stuff-Life's a Cabaret event. The military community has been invited to show off their unique talents and perform at this year's Strutting Your Stuff. CTV's Liz Rigney will attend as guest host and the hilarious stand up comedy of Laura Earl. Earl has performed her one-woman show "I'm an Army Wife - Now What?" to sold out crowds across Canada, illustrating the challenges of the military life style. Guests will be treated to Cabaret entertainment, a mocktail hour and an afternoon of fun Sunday, March 22 at the Sea King Club in Shearwater from 1-4. Military spouses get your tickets for \$15 each at the Halifax & Region MFRC sites in Halifax and Shearwater, as well as all CANEX locations in HRM.

**March Break Day Camp**

Boys and Girls Club of Spryfield's March Break Day Camp March 16-20 from 8:30 to 5:30 for 100\$ (plus 25\$ registration fee for non-members). For further details please contact 477-9840 or info@bgcspryfield.org.

**International Women's Day**

Oxfam Halifax would like to invite you to "Get caught

up in the action: Women's Movements and Change"! To celebrate International Women's Day we will be holding a dynamic discussion featuring four prominent activists working for greater gender equality locally and internationally. This event will include a lively conversation with panelists, an opportunity to enjoy our musical guest and a chance to access great resources and learn more about how you can get involved in issues that are important to you. We hope you will join us for a fun and inspiring evening! For more information please contact: Peggy at mr842902@dal.ca

When: Thursday March 5, 2009

Time: Doors open at 6:30pm to mingle with organizations; panel will be at 7pm.

Where: The Public Archives, 6061 University Avenue, Corner of University Avenue and Robie Street.

**Tai Chi Instruction**

The Taoist Tai Chi Society of Canada, Atlantic Region, is offering a new beginners' course in Taoist Tai Chi® taijiquan at their Halifax location: 2029 North Park Street starting April 16th and running Thursdays 6pm - 8pm for 12 weeks. The last date to register is April 23rd. Health Recovery classes are ongoing at this location: Tuesdays and Saturdays 2pm-3:30pm. The centre is wheelchair accessible and there is free parking on site. Call the centre at 422-8142 or email atlantic.office@taoist.org; www.taoist.org."

**Corned Beef & Cabbage Supper**

The BPSA Scouting Groups at Emmanuel Anglican Church in Spryfield are holding a Corned Beef & Cabbage Supper at Emmanuel Church Hall on Sunday, March 8, 09 from 4:30 until 6:00



On hand to welcome their favourite customers to the grand opening of Spryfield's NSLC's new location were Brad Doell, Gavin Alward, and Doug Davis.

Find your copy of the **Chebucto News** at these locations

- Captain William Spry Library
- Spryfield Lions Wave Pool
- Crowell's Pharmasave
- Danielson's Tobacco Shop, South Centre Mall
- Sobeys Herring Cove Road
- Real Atlantic Superstore, South Centre Mall
- Canadian Tire Store
- Bowlarama
- Royal Canadian Legion, Sussex Street
- Mishoos Grocery, Herring Cove
- Mishoos Take Out, Sambro
- Lumbermart
- Shoppers Drug Store, Herring Cove Road
- Tim Hortons, Governor's Road

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