

Chebucto News

Vol. 12 • No. 10 • June 2011

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New Horizons Band Makes Sweet Music



By Carrie Forbes

If you spend any time down at 264 Herring Cove Road, you may hear something inspiring; the sound of music! Long & McQuade's Chris Ward spends his Tuesday and Wednesday evenings teaching music to adults aged 50 and over – and they are loving it. The program, called the New Horizons International Music Association, is a tremendous opportunity for adults to learn how to play an instrument in a relaxed environment with their peers.

The very first New Horizons program was developed twenty years ago by Roy Ernst of the Eastman School of Music in Rochester, New York. Since then, over 190 programs have grown all over North America and Europe, including four in Nova Scotia. Paul Barrett, the director of the Truro and New Glasgow New Horizons Bands, implemented the first program in Nova Scotia at Acadia in Wolfville. Metro

New Horizons, the newest Nova Scotia groups, began through Paul Barrett and Chris Ward's passion and dedication to the program. Initially starting in Dartmouth, Paul and Chris formed the first Wave Metro New Horizons Band in January 2010. That success quickly grew into a second Wave. Chris then saw a tremendous opportunity to expand the Metro program into Spryfield by starting a third Wave group at Long & McQuade's head office building - a location that turned out to be perfect for practice. The Spryfield group is the first program in Halifax, and currently has 23 members.

The best part of New Horizons is that members don't need any prior experience to join. Many adults shy away from learning an instrument, often thinking they are not capable, or that it's too late to start. The program dispels these myths immediately, as members learn how to read music, and play the

instrument of their choice over a 15 week series of two hour practices. According to Chris, most of the seniors he works with are eager to jump in and get started without any fear.

The benefits are numerous. From a health perspective, playing music can postpone the effects of Alzheimer's disease. Certainly, music engages many parts of the brain, and like a muscle,

keeps it active and strengthens connections. Music also has a calming effect, and is a great stress reliever. In addition to these brain benefits, music is fun. New Horizons bands provide an engaging social atmosphere that encourages members to not just play an instrument, but enjoy the camaraderie and levity that comes with being 'band mates'.

(See New Horizons on page 2)

Community Spirit Award

Chebucto Connections has been granted the Community Spirit Award in recognition of their "outstanding collaborative work" by United Way of Halifax Region.

The award was presented for Chebucto Connections' long time commitment to, and demonstration of, community building principles. As stated by Catherine Woodman, President and CEO of United Way, "As a collaborator focussed on residents from Armdale to the Pennants, Chebucto Connections has been the hub for engagement in the area and has made change possible."

Chebucto Connections was a driving force in creating the partnership with Capital District Health Authority and Dalhousie Family Medicine to create the new Community Wellness Centre in the Spryfield mall. Chebucto Connections also facilitates the Spryfield Area Family Support Task Force, Spryfield and District Mental Health Planning, and co-facilitates the Multi-Service Roundtable with Chebucto West Community Health Board.

Says Marjorie Willison, Executive Director of Chebucto Connections, "We have such passionate and caring people on our Board of Directors, our staff with Seeds of Change and Pathways to Education, and our many volunteers in

these and other programs such as Time Banking and our Community Kitchen."

Collaboration happens on many levels, from large associations to people working with neighbours on their own street. Residents are welcome to drop in to the Chebucto Connections office and get involved in making a difference, or visit www.chebuctoconnections.ca.

SDBC AGM & Toonie Breakfast

June is going to be a busy month for The Spryfield and District Business Commission. It is holding its Annual General Meeting at the Spryfield Golden Age Centre on June 9th check out the ad on pages 10-11 for more information. The SDBC is also putting on a Business Expo and Rink Sale at the Lions Rink on Drysdale Road on Saturday June 11th. Check out the centre page ad for details of the event including the pancake breakfast which will raise funds for the Lions Club and the Rink Sale which will raise funds for The Boys and Girls Club.

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MacIntosh Trail Worth Walking

By Jason Doherty

After a 9 month involuntary hiatus I have returned to bore and annoy readers with my in-expert opinion of the nature the Chebucto area has to offer. And to kick off, I have a really good one.

Thanks to the MacIntosh Run Watershed Association there is a new trail to walk and, through which, experience the beauty of nature. The association has just completed the first part of Phase II of the MacIntosh Run trail. There is a lovely map of the trail and future development on the Association website.

Access is easiest from the head of the trail, located at the bottom of River Road. Once you step onto the trail you immediately see the work that went into creating it. It is perfect for walkers and runners. It is level and wide enough for strollers and even wheelchairs.

There are lots of little side trails that lead to the river and some wonderful little rest spots. Anyone with a fishing rod will find plenty of places to stop.

The annual cleanup takes place in June and there isn't much work to do this year. Other than the odd Tim's cup and shopping cart the trail is well kept.

The river offers many splendid views as you walk the trail. There are small sets of rapids and pools of calmer water where the ducks and geese feed.

The trail, as it is now, is 1.27 km long and at a normal pace would take about a half hour to walk. Although the trail does extend farther than that it is

not the same quality. It should also be noted that fresh coyote scat was seen on the edge of the trail.



Whether you are looking for a leisurely stroll or a good run, the MacIntosh Run Trail is a great local treat!

New Horizons

(continued from page 1)

Certainly, many friendships have developed in the band, with folks from a wide array of professions and backgrounds coming together to share a common interest.

The joy of music making can best be expressed by the members themselves. Holly Irving, who plays percussion, says that New Horizons was an excellent opportunity to learn percussion. "Now, I'm playing symphonies! The Planets – Jupiter! It's so fun." Holly also credits Chris's teaching style: "you couldn't ask for a better instructor."

Flutist Sue MacKenzie also shares this sentiment and says, "I've played piano, but to pick up a flute and make sounds – it's wonderful! I practice everyday." This enthusiasm can be heard and seen on the practice nights.

Metro New Horizons will be accepting new members during the next season, starting in September. If you would like to join, contact Paul Barrett at either 902-986-1785, or barp@eastlink.ca. You could also contact Chris Ward directly at cward@long-mcquade.com. The tuition is \$150.00 for 15 weeks of instruction – and an incredible experience!

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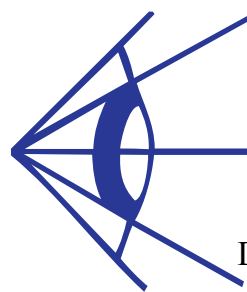
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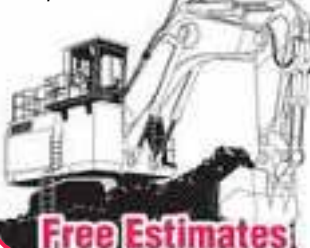


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Urban Farm Museum Society of Spryfield rejuvenates 18th century farm field



Regular visitor to the Urban Farm field

PHOTO COURTESY PAT MACLEAN

By Iris V. Shea

After 60 years of lying idle, a field on the Kidston land in Spryfield thrives as a result of the determination and hard work of the Urban Farm Museum Society of Spryfield members. On Saturday, June 11th, from 2 pm to 4 pm they will celebrate their 15th birthday in the Urban Farm field on Kidston Road, whose entrance is off Rockingstone Road near the corner of Ardwel. The public is invited to come out and enjoy the entertainment by the MacDonald Sisters, Cassie and Maggie. There will also be some farm animals visiting that day from Isner's Stables. Activities are planned for children and birthday cake will be served. If it rains, the party will take place at the Captain William Spry Community Centre.

The three-acre Urban Farm field is part of the Kidston family farm which originally consisted of two 500-acre lots, numbers four and five in Leiblin Manor. In the 1760s, nine Leiblin Manor lots were granted to prominent Halifax merchants who used them primarily as wood lots. Lot number four, where the Urban Farm field is located, was part of the 1500 acres purchased and developed as a farm during the early 1770s by the industrious military engineer, Captain William Spry. Following Spry's tenure, George McIntosh, Esquire, continued to operate it as a

productive farm where beef and dairy cattle roamed and grain and root crops flourished.

In 1822, William Kidston, Junior, purchased 1000 acres from the George McIntosh estate and called it Thornhill Farm. In spite of his limited experience as a farmer, Kidston built a homestead where he settled his large and increasing family. He added sheep to the inventory of farm animals and wool became another by-product of the Spryfield farm. In 1827, under Kidston's supervision, Thornhill Farm produced large crops of wheat and other grains, 500 bushels of potatoes and 20 tons of hay to feed his livestock of 14 sheep, three horses, four swine and 12 horned cattle.

By 1832, however, William Kidston was ready to sell his farm. In a letter to his old and trusted friend and solicitor in Pictou, Abraham Patterson, he spoke of the pending sale and his plans to move his family to Pictou, the birthplace of his wife, Elizabeth Dawson. In 1834, an advertisement in the Royal Gazette offered for sale "that beautiful Farm at Spryfield...The arable land is deep, strong and productive...it is well watered by beautiful lakes and streams on which there are fine falls for water power mills; a capital situation for washing of wool on the skin or otherwise; a desirable place for establishing the manufacture of wool into yarn,



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William Kidston died in 1836, leaving behind his wife and ten children (the youngest only two years old and an estate which included a declining Thornhill Farm and an outstanding mortgage, a house in Halifax in which

the family resided, land in Country Harbour, Guysborough County, a lot at Tangier, Halifax County, and property in Scotland bequeathed to him by his late father. Before her death in 1846, Elizabeth Dawson Kidston, with the help of her brother-in-law, Richard Kidston, in Scotland, paid off the mortgage, a house in Halifax in which

(See Urban Farm on page 8)

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DISCOVERING OUR PAST

Memorial Tower at Dingle being given a complete reinforcement

By Iris Shea

It was obvious there is a lot of interest in the Memorial Tower at the Dingle when the room at the Armdale Yacht Club was filled to capacity to hear architect Syd Dumaresq gave his talk entitled "My Grandfather's Tower". The occasion was the Annual General Meeting of the Northwest Arm Heritage Society on April 14th.

The Memorial Tower, now 100 years old, was built as a result of Sir Sandford Fleming's determination and perseverance. It opened on August 14, 1912 to commemorate the 150th anniversary (1758-1908) of representative government in Nova Scotia, the first elected legislative assembly in Canada. Mr. Dumaresq's firm was chosen to oversee the restoration and conservation work that will give the tower the strength and resilience to last another 100 years. He is the fourth generation of Dumaresq family architects in Halifax, and even more fitting is the fact that his grandfather, Sydney Dumaresq, in partnership with architect Andrew Cobb, designed the tower.

Mr. Dumaresq gave praise to the work done by Councillor Linda Mosher in bringing about the tower's National Heritage Designation in 2010. This opened up the opportunity for federal



funds of \$400,000, an amount matched by HRM, to pay for the necessary repairs to the tower. An analysis by a group of experts revealed extensive structural damage to the mortar as a result of exposure to the elements over the years. The 37 commemorative plaques from all over the British Empire

and one from France are in poor condition and to restore them to their original state would be impossible. Much of the damage to these historic plaques, many of which are of sandstone, was caused by the lime mortar seeping from the walls and running down over them. They will be conserved with "tender

cleaning". Plywood frames and covers over each plaque are protecting them from the ongoing masonry work. On a positive note, the bronze lions in front of the tower, each one built in four sections, need only buffing up and waxing and are otherwise in good shape. These, too, are surrounded by plywood boxes for protection while the tower is being repaired.

Stone masons Bryce Morash and Sean Power of West Dover, with the firm of Coastal Renovators, have been working diligently, drilling 3000 holes (1500 inside and 1500 outside) into the damaged mortar. The holes will be filled with cellular foam followed by the insertion of stainless steel pins. The cellular foam "will allow movement of the tower". There is a lot of moisture in the walls and heat and ventilation has been provided to help in the drying process and to allow the work to continue during winter months.

The copper tiles on the roof are the original and remain in good condition. They will be systematically removed in order to make the repairs to the leaking roof and then returned to their original Spanish design. The roof deck needs major repairs, but the granite supports and arched granite blocks under the roof
(See Memorial Tower on page 5)

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New Access To Community Mental Health Services

Community Mental Health is changing the way individuals access our services as of May 2, 2011. Our patients have often had to wait weeks or months to be seen by us. The changes we are making will drastically reduce the time they will have to wait. Each community Mental Health location will have a designated day or days each week when they will be seeing new clients. We are now calling this First Visit. It was referred to before as Access Redesign.

First Visit is a simple, easy way for adults* with mental illness and significant mental health problems to access help from Community Mental Health. We do not offer emergency services. Call Mental Health Mobile Crisis - 429.8167 or 1(888) 429.8167 – or go to your local emergency department.

Here is helpful information to share with patients, families and community support groups:

How can I make an appointment for a First Visit session?

We encourage you to talk to your family doctor. Each of our locations has a specific day, or days, each week when new clients are seen. You can book an appointment by calling during business hours the day before.

How will my family doctor have contact with Community Mental Health?

We encourage referrals from - and ongoing contact with - your family doctor. They will receive information about your visit in a timely manner.

What will happen at my First Visit?

You will meet with a therapist. In the appointment you will talk about what you identify as the mental health problem that prompted you to seek help. Together, you and the therapist will also talk about ways to help you manage, building on your strengths and resources. This is not a diagnostic assessment.

What if I need further treatment

Sambro Ketch Harbour Elementary School a Part of the Community

By Lorrie Boylen

Sambro Ketch Harbour Elementary School will host its annual Spring Fair on Saturday, June 4th from 11 a.m. to 2 p.m. This is the school's biggest fundraiser of the year and is always well attended, rain or shine. There will be lots of games, prizes, air castle, bake sale, cake walk, BBQ, popcorn, ice cream and raffle draws. Special guests include the Halifax Police and Fire and Rescue. Volunteers and donations are always gratefully appreciated and accepted.

The school was recently on the potential chopping block in the most recent round of school closures. Community members were shocked and outraged, considering they fought against

after my First Visit to Community Mental Health?

If you need further treatment you will be offered it and encouraged to participate.

How can the First Visit approach help my family and friends support me?

This approach may make it easier for your family and friends to assist you to come to our service.

What are the days and times of First Visit sessions in Community Mental Health?

We have five Community Mental Health locations. You are welcome to call us.

Here are the days First Visit will be held at each location, with the contact number:

Dartmouth Community Mental Health

Belmont House, 33 Alderney Drive, Dartmouth

Tel: 466-1830

First Visit is offered on Thursdays.

Bayers Road Community Mental Health

Suite 109, Bayers Road Centre 7071 Bayers Road, Halifax

Tel: 454-1400

First Visit is offered on Tuesdays and Thursdays.

Bedford/Sackville Community Mental Health

Cobequid Community Health Centre 40 Freer Lane, Lower Sackville

Tel: 865-3663

First Visit is offered on Tuesdays and Thursdays.

Cole Harbour Community Mental Health

Cole Harbour Place 51 Forest Hills Parkway, Dartmouth

Tel: 434-3263

First Visit is offered on Tuesdays.

West Hants Community Mental Health

89 Payzant Drive, Windsor

Tel: (902) 792-2042

First Visit is offered on Tuesdays.

This service is offered through Capital Health and there is no direct cost to the patient.

We provide consultation and individual and/or group therapy to people living with a mental illness or struggling with a mental health problem. We work closely with family doctors and community agencies.

* Adults are 19 years of age and older. West Hants supports adults, youth and children.

If you have any questions, please call me at 454.1402 or email cheryl.billard@cdha.nshealth.ca.

Thank you, Cheryl Billard, Program Leader, Community Mental Health Services, 7071 Bayers Road, Suite 109 Halifax, NS B3L 2C2

Memorial Tower

(continued from page 4)

are in excellent condition. The tower was built mainly of ironstone from the Purcell's Cove quarry, with granite cornerstones part way up the tower. It is believed the granite came from Terence Bay.

Heritage Canada has been involved in this project from the beginning, approving the work being done. They have agreed that protection from lightning, although not in keeping with its heritage designation, is a necessary addition to this historic monument. Consultation is ongoing with Lou Dursi, Coordinator –Buildings, Infrastructure & Asset Management, Facility Development with HRM, and Kellie McIvor, a local conservator with special interest in public art and memorials.

The public can look forward to enjoying their tower and climbing the stairs to the top once again, but for now it is wrapped in white material, quite mysterious in appearance if you are looking at it from the head of the Northwest Arm.

Spryfield Business Breakfast Club

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Head Shoppe shines at competitions

Some of you may remember when the Head Shoppe moved into their current location on Herring Cove Road three years ago as a minor change to the street. However for the crew at the shop it was just the beginning of a new and exciting chapter in their lives. That same year Joanne Darrah and the crew attended Redken's largest convention in Las Vegas. This trip inspired them to challenge themselves as a team and they decided to begin competing in local shows.

The first competition they entered was the Maritime Beauty Show in Halifax two years ago. This proved to be their first taste of success as well when Tyson placed 1st in the men's division.

The team has consistently placed in the competitions they have entered since then. In October of last year the ABA held their annual competition in Moncton. Tara placed 3rd in the men's cutting. This April Tyson competed in the men's cutting competition and placed 3rd, Tara competed in the ladies cutting competition and placed 2nd. And Martha, competing in the nails division, also placed 2nd. The skills of this team were evident as they were the only team in the Head Shoppe company to place in all of the competitions.



Tara Lundy, Tyson Thompson and Martha Blaikie pose for a photo with models Mike Lauphen, Ashley Innocent, Martali Jarman

Currently the team is deeply involved in preparations for the Contessa National competition, probably the toughest and most involved they have yet entered. Hair design, clothing, and makeup are all judged. Hundreds of professional photos have been taken in

the last few weeks but only three get submitted to the competition which is solely based on those photos. The competition is focused on team work from the makeup to the photos.

"We knew the talent existed here in Spryfield and everyone here in the shop

was excited about showing what we can do. This is a great community in many respects and we wanted to show the world that Spryfield has one more thing to be proud of." says Joanne.

What is next for the Head Shoppe team? Stop in and find out!

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Chebucto News Sports Page

J.L. Ilesley Judges Prove Rugby Not Just for Boys

Rugby has been described as football without gear, and is best known as being played by big guys with more muscles than brains. Well, this year, J.L. Ilesley changed all that. For the first time in over a decade, J.L. Ilesley has a girl's rugby team. Far from the stereotypical jock, these ladies have proven that they have what it takes to compete.

Rugby, at the high school level, runs from April through May. It makes for a very short, grueling season. These girls trained hard, and played even harder. They lost their first game 35-0, but later beat that same team 15-10. Finally, out of thirteen teams, they placed fourth.

Coach Palmer credits Paula MacNeil and Ruth Gabriel with much of the team's success. Ms. MacNeil is the coach for the provincial under 18 and under 20 rugby teams. She has been volunteering with the Judges and



Front row L-R: Taryn Loughran, Megan Cook; 2nd Row L-R: Jessica Sullivan, Elena Christakos, Courtney McCarthy, Sarah Hall, Anna Seviour, Hope Goddard, Rachel Hammond; 3rd row L-R: Kristen Mabe, Michelle Doan, Andrea Novakova, Chantel Ackles; Back row L-R: Ruth Gabriel (coach), Kelly Anderson, Paige Savard, Jocelyn McKellar, Taylor Martin, Sandy Nguyen, Olivia Palmer, Lauren Atkinson, Kiesha Goris, Annik Huczel, David Palmer (coach), Paula MacNeil (coach); Missing from Photo: Katie Bartlett, Morgan King, Chelsey Whalen

has gone so far as to bring in some of her senior women to encourage and share skills with the girls. Ms. Gabriel is a teacher at J.L. Ilesley who used to play varsity rugby and encouraged the school to resurrect the team.

Rugby doesn't begin before high school, so all these girls are on a fairly even playing field. None of them are coming into the game with any experience, and only the seniors have any real advantage. This makes for great competition.

Any sports-minded girl entering J.L. Ilesley this fall is welcome to try out for the team. They had 25 girls on the team this year, and with six of them graduating this

month, they are looking for new recruits for next year.

For more information, check out the Rugby Nova Scotia website www.rugbynns.ns.ca or the Rugby Canada website www.rugbycanada.ca



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MTP Power Security Comes to Spryfield

By Jason Doherty

I would like to introduce you to some new old faces in the business community of Chebucto. MTP Power Enterprises Inc. is now open at the old Pharmasave building on Herring Cove Road. MTP is a residential and commercial security company and an authorized dealer for ADT security systems.

The three partners in this endeavour are Brothers Maurice and Pat Power, and Cousin Terry Power.

After retiring from their respective careers, the three owners opened MTP on Titus Street in Fairview in 2001. Maurice had been in the auto industry, Pat worked for ADT, and Terry was a corrections officer at the old Sackville Correctional Facility. When they started, it was just the three of them with no contracts. To date they have secured more than 8000 customers in Nova Scotia. Having spent 10 years on Titus in Fairview, Maurice, Terry and Pat decided to come back to their neighbourhood.

MTP offers a variety of home systems. In a matter of a few hours, your home or business could be secured from burglary and fire. The system includes smoke detectors with 24 hour monitoring. Tailored to meet your needs, you can be as basic or as high tech as you would like, with programming access from your smart phone for some systems.

MTP also provides a 2-way voice

system for immediate access to fire, medical, and police services. This is ideal for the elderly and disabled.

For commercial applications, MTP has a wide variety of options, from CCTV to card access control systems. With the professional products offered

Urban Farm

(continued from page 3)

gauge on the farm. She conveyed it, in trust, to her 21-year-old son, Archibald Glen, who eventually bought out the shares of his siblings.

Archibald Glen Kidston's success as a farmer may be seen in subsequent records. By 1851 he had begun to rebuild the farm, producing 40 bushels of potatoes, 300 bushels of turnips, 4 bushels of other root crops, 16 bushels of hay, 10 bushels of wheat and 80 bushels of oats. On the premises were two barns, five "milch" cows, one horse, six sheep and one pig. In 1865, he was listed in the business directory for Spryfield as a "Farmer and Dealer in Stock and Horses." Following his marriage to Mary Dart of Spryfield, seven sons and four daughters were born. With the help of his sons, the farm continued to thrive and, two years before his death in 1894, he leased Thornhill Farm to his sons.

Following Archibald Glen Kidston's death, Thornhill Farm was divided into two separate farms between his sons,

by ADT, you can be sure to get the system that suits your business needs.

In their ten years of operation, MTP has consistently been listed in the top 25 ADT dealers in North America. MTP Power is also a member of the BBB,

CFIB, and a member of CANASA. Stop in today or call the office to speak with Nancy or Pat and see what they can do for your peace of mind.

They can be reached at 443-5777 or toll free at 1-866-678-2784.

John and Archibald, Junior. During the early 1900s, John Kidston operated the Rockingstone Dairy and his land became known as Rockingstone Farm on which the Kidston homestead and the Urban Farm Museum are now located. In 1928, before his death, John deeded part of his farm to his youngest brother, Arthur. In 1929, when John's nephew, another John Kidston, inherited the present homestead and what remained of the farm, the fields were still cleared for planting vegetables. The Kidston family continued to produce potatoes and other vegetables which, along with eggs and squab (pigeons), were sold to the residents of Halifax. Potatoes were always left in the fields for others less fortunate who were encouraged to dig

them up for their own use.

The 1950s and 1960s saw many changes in Spryfield as a result of expropriation and, in 1969, amalgamation with the City of Halifax. Rockingstone Farm was reduced to seven acres in this expropriation. Large scale farming in Spryfield was, indeed, a thing of the past. For the last 15 years the Urban Farm Museum Society of Spryfield has been providing a venue for people of all ages to learn about planting and growing vegetables. Volunteers are always needed to help in the field and with children's programs. Check out their website for more information on their programs and upcoming events at www.urbanfarmspryfield.com/ See you at the birthday party!

SCRAP!

By Roisin and Sarah Boyle

The boom in technological releases has caused students to rely on electronic devices for everything from research to social interaction. Yet these are not the only things cell phones and other technological tools are used for!

SCRAP! was an art project that united three schools: William King Elementary, J.L. Ilsley High School and Herring Cove Junior High. Close to one hundred students participated in this undertaking that took almost three months to complete.

It was Sabine Fels of Arts Express who recognized that students like to text and play on computers. Desiring to take advantage of the familiarity between students and technology, Fels came up with the unique idea of integrating pieces of technology into artwork. As such, the project represented a modern take on art that gave a taste of how this generation will make its mark on the future.

Students took apart old computers and made jewelry out of various components such as wires, motherboards, keys from the keyboards, external storage devices and other, sometimes "bright and cheerful" pieces. The project was woven into the curriculum so that students worked during class time to create their distinctive trinkets, though students gladly gave up some of

their own time for something as fun and interesting as SCRAP!

Sabine Fels works with twelve schools to help the students find and develop their artistic voice. For "Scrap", she was responsible for seeking a grant from ARTSMARTS, locating old, usable computers, and enlisting the support of an artist named Candice Prior who taught students the necessary techniques for manipulating the interior of the computers. Through this project old computers that did not function properly were put to good use; donated to schools by the government, they became materials for the production of jewelry.

Sabine Fels loves her work. When asked why, she said that everything she does is always for the students. She said that a great way to look at things was to see "junk" as something that could become attractive, useful and unique.

"They certainly are beautiful," said one lucky student who had the opportunity of seeing the final products. "They look like something that I would buy in a store. They are so detailed." The positive attributes of the jewelry demonstrate the importance and benefits of recycling, adaptability and individuality. Although SCRAP! is not open to the general public, Arts Express has another project coming soon; students will be painting a mural at the Captain Spry Skate Park.

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Hon. John Buchanan Honoured



PHOTO CONTRIBUTED BY GERRY MENDLESON

By Gerry Mendleson

Over 260 friends, family and former colleagues packed the St. George's Greek Church on Purcell's Cove Road to say "Thanks" to Hon. John M. Buchanan former Premier and Senator for his many years of service to his community, his province and his country.

Buchanan was honoured at a testimonial dinner for two milestones – the occasion of his 80th Birthday and the 40th Anniversary of his election as Leader of the Progressive Conservative Party of Nova Scotia in March 1971.

Certainly, one of Spryfield's best know residents, Buchanan and his wife Mavis were treated with video tributes

from many of his political friends and foes alike. Video clips from previous elections and photos of the many people he met along the way brought back memories for the entire audience. Speakers for the evening included his former Cabinet colleague Hon. Roland Thornhill, PC Party Leader Hon. Jamie Baillie, William Sutherland, Q.C., as well as his daughters, Nickie, Rev. Natalie and Natasha among others.

And, of course, the evening concluded with Hon. John Buchanan delivering the keynote speech recounting many of the people and events he encountered during his very long and distinguished career.

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6:30 pm, Guest Speaker, Councillor Stephen Adams

7:00 pm: Dinner

7:30 pm: Formal Meeting

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Last year, we honoured the Moms on The Loop. This year, we are honouring the Dads. Tell us, in 200 words or less, why your Dad is awesome. The winning entry will receive some wonderful prizes, including:

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- Family portrait from **Moments for a Lifetime**

The top three letters will be printed in the July issue, along with a photo of the winning Dad and his family.

Here are the rules:

All entries must be sent electronically by June 1st.

All Dads must live in the Chebucto area.

All entries received become the property of the *Chebucto News* and we reserve the right to publish the entries as we see fit.

Please send your entries to tangelene@live.com

Starting Those Summer Veggies



By Jane Zentner ~ I Grow Vegetables
With much of May being cool and wet, work in the veggie garden may have fallen behind. Because peas and many greens (spinach, lettuce, etc.) do not do well in hot weather, plant them before June 10th or wait until mid July, then plant for fall harvest.

Following June 21st, the number of sunlight hours per day begins to drop. Crops that require the entire summer and plenty of sun to mature include: Broccoli, cabbage, cauliflower, corn, cucumber, eggplant, onion, parsnip, pepper, pole beans, potato, pumpkin, squash, tomato, winter turnip, watermelon, and zucchini. These full season crops should be planted before mid June. Veggies that mature more quickly (bush beans, beets, carrots) can be planted any time up until mid July. Radish and greens can be planted even later, but not beans as the first frost will kill them.

Remove weeds before planting. There are two different types of weeds, those that die easily when cut from their roots and those that keep coming back

unless their roots are removed. The quickest way to get rid of the first type is to hoe them out. Hoeing is best done in dry weather, because the turned up roots dry out and the weed dies. For the latter type, the roots must be dug out and removed from the garden. The roots are more likely to come out if the weeds are hand-pulled when the soil is wet. In a weedy garden, turn over the soil a week prior to planting and remove the roots and runners of perennial weeds, or they may quickly grow back. Weed seeds turned up will start to grow. On planting day, cultivate shallowly to kill recently germinated weeds. Do not work too deeply as this will turn up more weed seeds allowing them to grow.

Spacing is very important when growing veggies. When veggies are over-crowded the part we eat may fail to develop. Each plant competes for sunlight, water, and nutrients. If the plants do not have enough space to reach maturity, thinning is required. Thin when the plants are still small (at the 2 to 4 leaf stage). Hand-pull (or

cut out) unwanted plants and weeds growing next to the veggies you wish to keep. Take care not to disturb the veggie's roots. However if you do, water after weeding or thinning. Root crops, such as carrots, become hairy or woody when their roots are disturbed. Hoe, or till, the weeds from between rows. Weeding is most important when the veggies are small. Fast growing weeds can shade the vegetables, leaving them with insufficient light to develop properly. Weeding is not as critical when the veggies are large, but don't let the weeds go to seed.

Mulch can be used to keep weeds down, however slugs can make their home in mulch. In damp weather slugs can devour entire rows of lettuce, cucumbers, carrots, sunflowers and turnips as they come up. One day the seedlings are peeking through the soil, the next day they are gone. Larger plants can

be riddled with holes. Slugs come out at night and in damp cloudy weather. Hand-pick slugs using a flashlight after sunset and in the early morning or ring your plants with copper mesh.

Potted plants and seedlings need to be watered more often than large plants. In hot dry spells, seedlings may need watering every second day. As the plants mature their roots grow, requiring watering less often. To check if the garden needs water, simply poke your finger down into the soil. If the soil feels warm and dry it is time to water. Try to keep the soil evenly watered throughout the season. Radish and tomatoes tend to crack following a rainfall if they have been dry for a while. If the soil is often soggy wet, better drainage is required.

June is also the month to start enjoying the produce. Rhubarb, radish and greens can be harvested.

Chebucto News Business Directory

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Herring Cove Community Dentistry Welcomes Dr. Jonathan Logan

Dr. Logan graduated from Dalhousie Dental School in 2010, where he remains as a Part-time faculty member instructing both preclinical and clinical classes. He grew up in the Williams Lake/Spryfield area and is happy to be returning home to work in his community.



Dr. Logan will begin accepting new patients starting May 2, 2011.

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Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to tangelene@live.com

Community Events for June

URBAN FARM ANNUAL MEETING:

"The Urban Farm Museum Society will hold its Annual General Meeting on Monday, June 13th, 2011, 7pm at the Capt. Wm. Spry Community Centre. At this meeting a resolution will be passed to officially add "of Spryfield" to the UFMS name. Volunteers and new members welcome. For further information please contact Pat @ 477-6087 or e mail jamac@ns.sympatico.ca."

UFMSS 15th Birthday Party:

"The Urban Farm Museum Society of Spryfield will be celebrating its 15th birthday on Saturday, June 11th, 2011. Everyone is invited to help celebrate this milestone in our community. Special guests, baby farm animals, entertainment and birthday cake! The event will be held at the Urban Farm, Rockingstone Road from 2 to 4pm. In case of rain, we will celebrate at the Capt. Wm. Spry Community Centre on 10 Kidston Road. For further information, please call Pat @ 477-6087 or e mail jamac@ns.sympatico.ca."

Spring Coffee House

The Quarter Note Singers Thursday, June 9th from 7-9. Location: Cap't. William Spry Recreation Centre. Refreshments will be served. Donations gratefully accepted.

Adult Dance. June 4, 9 pm-1:00 am. The Gordie Duggan Band, \$15.00 ea. admission. For tickets 404-7838. Cash bar; bring snacks. **Must be 19+ to attend.

PreTeen Dance, June 27, 7-9:30. Grades 3-6. DJ BMV Creativity. Admission, \$3.00 at the door. Canteen available. Both events to be held at the HWCC, 1138 Old Sambro Rd., Harrietsfield. Lower level.

Spring Fair. Sambro Ketch Harbour Elementary School, Sambro (3725 Old Sambro Road) will be having their annual Spring Fair on Saturday, June 4 from 11am to 2 pm. Lots of games, prizes, bake sale, cake walk, raffle draws, BBQ, large jumping castle and much much more. Everyone Welcome.

Help Support your local **Boys and Girls Club of Spryfield** by renting a table to sell your "precious items or unused treasures" Where: Spryfield and District Business Commission Expo at the Spryfield Lions Rec Centre When: June 11th 2011. Cost: Rent a Table for \$5.00 each or donate to our club table! Contact: Darlene or Naglaa to book at 477-9840

Dance at Emmanuel Church Hall, 322 Herring Cove Road, Spryfield on June 18, 2011 from 8 pm to 12 am. \$7.00 per person, light lunch at intermission

S.A.I.L. GROUP (Divorced, Separated and Widowed Support Group), St. Agnes Parish Hall, Campbell Centre, 6903 Mumford Rd. Halifax, NS. Meetings -7:00 p.m. June 1st. - Topic-Financial Planner, Speaker: Keith from Men Councilor June 15 - Topic - Dating Again and What to Except, Speaker: Dr. Lorraine Bernie

June 18 – **Supper and Best Wishes** to one another at 6:00 pm, at St. Agnes Parish Hall, with everyone bringing some food – Meat, Sandwiches, Salads, Desserts. Listen to music and extend Best Wishes to everyone until September, 2011. Please call me – Marilyn at 469-3839 – with what you are going to bring. I need and appreciate all of your help.

Two Performances Amongst the Shelves at the Captain William Spry Public Library. *Two Slatterns and a King*, by Edna St. Vincent Millay [1921] and *The Ugly Duckling* (excerpt), by A.A. Milne [1941] Saturday, June 25/2:00 pm

Rotary Club - ABCs of Fraud

Learn basic strategies to protect yourself from fraud, scams and identity theft.

The following programs are presented by members of Serving Seniors Alliance - local businesses and organizations providing services and education to seniors in the Halifax Regional Municipality. www.servingseiors.info. Captain William Spry Public Library. Saturday, June 18/2:00 pm

Halibut Supper St. James United Church, 3811 Old Sambro Road, Sambro will be having a Halibut Supper on Saturday, June 18th from 4:00 pm to 6:00 pm. Substitution is ham. Adult portion \$12.50; Child portion \$7.00. Everyone Welcome

The Chebucto Communities Development Association (CCDA) is looking for community minded people who live in the area from Armdale right around the Sambro Loop and might be interested in joining our board. We meet the third Tuesday of each month at 7:00 pm.

CCDA works on helping to connect neighbours to neighbours, residents to community groups and partnering with community groups, agencies, businesses, institutions and governments to improve the quality of our community.

If you are interested or want to check us out, please call Diane LeBlanc, the chair, at 209-3219 or email at diane.leblanc@yahoo.com. Our website is www.chebuctoconnections.ca

The UCW (United Church Women) at St. James United Church in Sambro is looking for women who like to socialize and help others. If you are interested, please call 868-2791. Keep the UCW tradition going.

Elderobics, sponsored by the YMCA, is an exercise program for older adults. Participants are encouraged to exercise at their own pace. Classes are held in many HRM locations, including Emmanuel Church Hall, St. Phillip's Anglican Church Hall, St. Matthias Church Hall, and Bethany United Church Gym. Fee is \$3 per class plus an annual fee of \$5; free to Y members. Ses-

sions are led by qualified YMCA fitness instructors and set to lively music. Each class includes a warm-up, low-impact aerobics and muscular strength exercises, followed by stretching and relaxation. Come join the fun...and get fit! For more information call Susan Theriault at 423-9622 Ext.253.

LEGION: Bingo every Sunday at 1pm Mini Bingo at 6 pm and Superstat Bingo at 7 pm

St. Paul's Recycling. On the third Saturday of every month, St. Paul's United Church in Spryfield will collect your clean refundables. You can drop them at the church at 173 Old Sambro Rd. between 10:00am and 1:00 pm. If you would prefer, you may call Carolyn t 477-0187 or Jackie at 477-3776 to have your refundables picked up.

"Mystical McIntosh Run" Performances-Friday June 3 & Saturday June 4. \$25.00 ticket price includes a delicious three-course meal (salad, roast beef with veggies & dessert-wine available). Emmanuel Church Hall 322 Herring Cove Rd. Halifax. Doors open at 6:15 pm (Reserved ticket seating) Tickets/Information available by contacting: Alecta 477-7870 Reserve tickets early!!

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

LANE, Myron James – 68, Portuguese Cove, passed away peacefully on Friday, April 15, 2011 in Maplestone Enhanced Care. Born in Windsor, he was the son of the late Clarence and Gladys (Hart) Lane. Myron was employed with the Federal Government for 38 years, beginning in 1967 with Taxation. In 1974 he joined Health and Welfare Canada, where he remained until his retirement. The pride of his life was his two sons, Dwayne and Sean, who were his greatest creations and his two best friends. The light of his life were his grandchildren, whom he adored. His passions were spending time gardening at his cottage in New Ross and golfing his best games in Greenwood. He enjoyed hunting, fishing and playing music. Myron is survived by his loving wife of 44 years, Betty (Messervey), Portuguese Cove; sons, Dwayne (Kim), Lakeside and Sean (Laura), Portuguese Cove; his loving grandchildren, Michaela, Seth, Caleb and Kale. He is also survived by his brothers, Clarence (Kaye), Riverside, Hants Co.; Harley (Marilyn), Stittsville, Ont.; Ronald (Enid), Hillsborough, NB; William (Rose), East Ship Harbour; sister, Audrey Conway, Hardwood Lands; as well as many nieces and nephews. He was predeceased by his brother-in-law Kenneth Conway. Special thanks are extended to Dr. Hugh Matheson for his support throughout Myron's illness.

Thank you to the nurses, doctors and special caregivers including, dining room staff and cleaners at Maplestone Enhanced Care. Cremation has taken place under the direction of J. A. Walker Funeral Home (2005) Ltd., (477-5601). In keeping with Myron's wishes, there will be no visitation. A service of remembrance was held on Tuesday, April 26 in Emmanuel Anglican Church, Rev. Mary Wilkie officiating, with a reception in the church hall. Private family burial was held. Donations may be made to Parkinson Society Canada, Maritime Region. Words of comfort may be sent to the family by visiting www.walkerfh.com

Smith, Joan Marion: 86, Halifax. It is with great sadness that we announce the passing of our beloved mother and grandmother on Wednesday, April 20, 2011 at the New Halifax Infirmary, QEII, surrounded by her loved ones. Born in Halifax, she was a daughter of the late Ruben and Emma (Marriott) Drysdale. Joan was the last surviving member of her immediate family. Mom gave her love unconditionally and always welcomed you into their home with open arms, a smile, and a great home cooked meal. Joan will lovingly be remembered by her sons, Paul, Barrie (Cathy), and Bill (Betty), as well as her treasured granddaughter,

(See Obituaries on page 18)

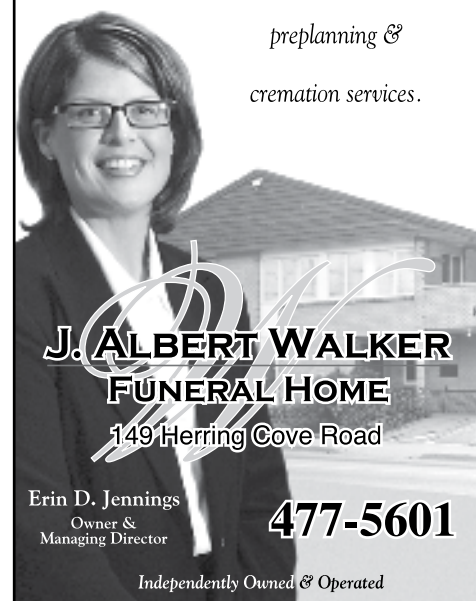
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11

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Chebucto Update WITH MAYOR PETER KELLY, Halifax Regional Municipality



Hello again, and welcome to June, a month with lots going on here in the HRM.

There's an important hearing at the Nova Scotia Utility and Review Board on June 20, one that I encourage you to attend because it affects us all. At issue is the size of Regional Council, specifically: Should HRM residents continue to be represented by 23 Councillors plus Mayor, or should the numbers change? There has been a lot of debate over this, as well as a series of public hearings, and now a decision is up to the Board. If you wish to be heard, you have to notify the Board in writing, by e-mail or fax no later than 4:30 p.m. on June 1. To learn more, please go to <http://www.nsuarb.ca/> or phone (902) - 424-4448.

Get ready! It's almost time for the second annual Spring Curbside Give-away Weekend in HRM. This popular event happens June 11 and 12 and, as always, it's an opportunity to share your unwanted-but-still-useable items with others. Just put your treasures (for example books, furniture, small appliances and even building materials) at the curb either day with a "Free" sign attached and sit back.

Last year's Giveaway was very successful and there's every reason to believe this year's will be as well. Please remember, however, to retrieve any of your treasures still out there at dusk. You might also consider contacting non-profit organizations that take such items to use in their fund-raising efforts. To find out more, please go to <http://www.myhrm.ca/> and follow the link or call 490-4000.

With summer holidays not too far away, residents of HRM can once again expect to find lots of free community events, programs and activities on their doorsteps. To discover what's happening, leisure-wise, call the Recreation Hot Line at 490-6666 to connect to the community centre closest to you.

Most of us take great pride in our community because this is where we live

and it bothers us if HRM doesn't look its best. I'm thinking in particular of litter, a frustrating and annoying fact of modern life, especially in busy downtown areas. I want you to know that municipal crews and their machines have been hard at work for two months, sweeping 45 routes in the core areas. In addition, HRM and several of the area's business commissions have once again hired students to help keep our downtowns tidy this summer. In an

Thank you for your support

I'm honoured and privileged to be writing again to the readers of the Chebucto News as the Member of Parliament for the riding of Halifax. I am truly grateful for all the support I received during the campaign and on Election Day. The message I have received is clear: the people of this riding want politicians to work on the issues that matter most to them including healthcare, the environment, affordability issues, fairness, and democracy. I look forward to working with the over 100 elected New Democrats from across the country to put forward the social democratic ideas and practical solutions that will improve the lives of Canadians, and to work with my colleagues in government, and in the other opposition parties, to create legislation that is reflective of the needs of our communities.

As the MP for Halifax, I am here to represent all the residents of our riding. Please feel free to get in touch with me at any time to share your concerns, comments, advice, or suggestions on federal government issues. My Community Office is located at 2207 Göttingen Street, at the foot of Cunard Street, immediately next to Dalhousie Legal Aid Services. My riding office hours are Monday to Thursday from 10:00 am to 4:00 pm and by appointment on Fridays. You can reach me at 426-8691 or leslim1@parl.gc.ca.

There are many services that an MP's Community Office provides to all residents in their riding. My Halifax Community Office team, Kelly and Anne Marie, work hard to serve the people of Halifax, and are available to help residents navigate through and resolve issues in areas such as: Citizenship/immigration and work, study and visiting visas; Employment insurance;

ideal world, there wouldn't be any litter but, since this is the real world, we must all play our part to keep HRM looking presentable. If you and your friends would like to boost the municipal effort, you're most welcome to organize a neighbourhood clean-up. You'll get lots of useful tips on how to go about it by contacting Clean Nova Scotia at www.clean.ns.ca or at 420-3474.

And finally, may I take this opportunity

to wish you and your family a very happy summer. Spring officially gives way to summer on the afternoon of June 21 at which point, hopefully, we'll be in for three months of glorious weather. And let's remember, school will be out so, please, let's all be extra careful out there!

Reach me at kellyp@halifax.ca or www.peterkelly.ca or by phoning 490-4010. You're also invited to join me on my Twitter and Facebook pages.

By Megan Leslie, MP for Halifax

email address at leslim1@parl.gc.ca;

* My website, www.meganleslie.ca which is regularly updated;

* Facebook - <http://www.facebook.com/MeganLeslieMP>;

* Twitter - [@MeganLeslieMP](https://twitter.com/MeganLeslieMP).

The riding of Halifax is a wonderful place, filled with dynamic, talented and thoughtful people who are well-placed to help create the economy of the future and to establish economic, social and environmental justice as the bedrock of Canadian society.

However, change will not happen in Ottawa without the support of community members like you. We must work together, keep building our community, keep developing our knowledge and resources, and stand up for fairness.

Let's create a Canada where people come first, and no one is left behind. I am your voice in Ottawa, and I ask you to join with me to ensure that the people of Halifax are the leaders in paving the road for future generations.

unemployment and compassionate care benefits; Income tax disputes; Canada pension plan, old age security and disability benefits; Canada student loans and many others.

The Community Office team is also here to support community initiatives, and arrange special messages for occasions such as birthdays and anniversaries. I encourage all community groups, organizations and committees to contact my Community Office to invite me to their events, or to arrange meetings to discuss the issues important to them.

As in the last session of Parliament, I will continue to be in touch with constituents through:

* Quarterly Newsletters - mailed to your home;

* Occasional flyers/updates on specific issues or events - mailed to your home;

* Electronic Newsletter – generally sent bi-monthly – this newsletter is mostly about community events and notices (If you would like to receive this E-Newsletter, please send me your

What's in a name?

By Michèle Raymond, MLA for Halifax Atlantic

As often as we hear our own name, it serves to call us to attention; it's one of the first things a baby learns, and one of the last we ever forget. It is remembered long after we ourselves are gone, and often our name alone is what remains.

Our names are precious. We speak of a person's good name as the sign that they are trusted; we honour people by naming children, buildings, causes after them. We write our names as the sign that we agree, or at least admit that we

have read, and therefore take responsibility for a document.

And we make promises, and undertake obligations, and send greetings, by signing our names. If we're unable to read or write, but we do need or want to acknowledge a document, a deed, a will or a contract, we do so by "making our mark"—the X that can be still be found on older papers of importance, in the space above a name.

We write cheques, and promise that
(See What's in a name? on page 18)

MICHÈLE RAYMOND

MLA for Halifax Atlantic



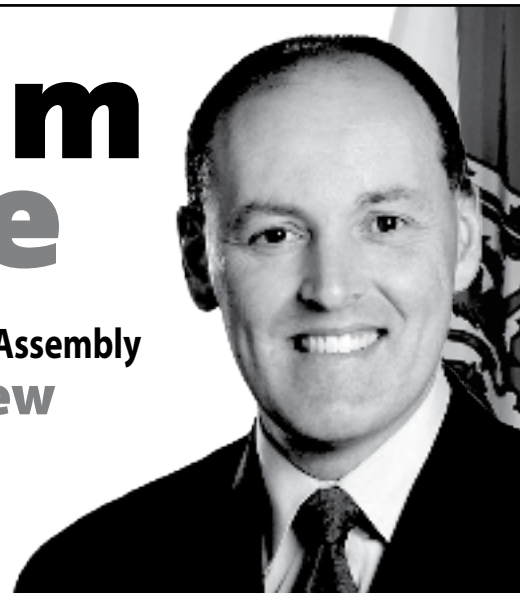
Phone: 902-477-4100
Fax: 902-477-4810
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www.mhraymond.ca

Constituency Office:
47 Williams Lake Road
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B3P 1S9

Graham Steele

Member of the Legislative Assembly
Halifax Fairview

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Chain of Lakes Trail Association (COLTA) Annual General Meeting June 16

By Linda Mosher, HRM Councillor, District 17

The Chain of Lakes Trail Association (COLTA) has some upcoming events that everyone is welcome to attend. They include a formal business meeting, public consultation and a celebration to commemorate their opening. First, the Annual General Meeting (AGM) is on Thursday, June 16, 2011, at the St. James Anglican Church, 2668 Joseph Howe Drive (at the Armdale Rotary). The AGM will run from approximately 6:30-7:00 p.m. The AGM agenda includes the President's and Treasurer's reports and will include an election of Officers and a new Board of Directors for the upcoming year. If you are interested in running or wish to nominate someone, please inform COLTA Director, Bruce Lusby – bruce-lusby@eastlink.ca

The composition of the Board of Directors as approved by Chebucto Community Council is: two residents residing in the Fairview portion of District 15 and four residents residing in Fairmount, Springvale, Rockwood subdivision portion of District 17. The Board composition must also include one representative from the Bayers Lake Business Association and one representative from Halifax Water. Also included are Ex Officio members that are Councillors representing District 10, 15, and 17 (Councillors Wile, Walker, Mosher).

Immediately following the AGM on the 16th, we will have a public consultation session to determine the next steps for the trail. Currently HRM has purchased and converted the former CN Chester Spur Rail Line into an active transportation trail. The trail is 7.25 kms long and runs from Joseph Howe Drive (across from the Superstore) through the Old Ashburn area and Fairmount subdivision, where it runs along the Chain of Lakes, through Bayer's Lake and meets up with the Bayer's Lake Timberlea Trail. The sections that are paved and accessible for all include Joe Howe to the North West Arm overpass and the section that runs through Bayer's Lake. The remainder is flat and has been left in a more natural state.

COLTA applied for, and received, a grant for \$20,000 to conduct a Green-

way Corridor Study. We tendered this project and the chosen applicant was Ekistics Planning and Design. The consultant from Ekistics will be on hand to conduct a public consultation session after the AGM to determine what amenities residents would like to see added to the trail area. Examples would include but not be limited to seating areas, interpretive panels, and tree planting. We welcome input to help shape the future of this well utilized active transportation corridor.

Lastly, COLTA is having a GRAND OPENING of the Chain of Lakes Trail on Saturday, June 18, 2011 at 11 a.m. The festivities will start with a ribbon cutting and brief remarks at the trail head at Brook Street and Crown Drive. We will also have a special visit from our new Poet Laureate, Tanya Davis. After the ribbon cutting we will have a modest trail walk and then a BBQ,

music, face painting, prizes and lots of fun for everyone. For those that are more adventurous, they will be able to geocache the trail. For more information please visit www.bayerslake.ca for details. COLTA welcomes everyone to come and walk, run, bike, roller blade, skateboard or geocache the trail. There will even be chalk to decorate it.

For attendees that are driving to the trail please note there is parking at Springvale School on Downs Avenue and most streets in the Fairmount area. However, we ask that you please avoid Crown Drive as it is a very narrow road with limited parking, and as we hope to have many pedestrians enjoying this event we want to ensure it is safe.

Please mark your calendar for the 4th Annual Dingle Beach Party. This will again be held on Natal Day, Monday, August 2, 2011, from 11:00 a.m. – 2:00 p.m. We are very pleased to

welcome back the live band Spectrum; we will also have arts & craft activities, canoe excursions, BBQ and other fun activities. I hope to see many residents come out and enjoy our very special historic and beautiful park! If anyone is interested in volunteering with planning or at the event, please telephone me, or Lucille Walsh, Senior Constituency Coordinator, 490-4090.

I should note that this is the time of year when many pot holes, garbage, debris and other unsightly issues come to light. If there are any issues on HRM's many properties or streets please contact me or register a service request on-line at www.halifax.ca or through our Call Centre, they are open seven days a week from 7 a.m. – 11 p.m. at 490-4000. Thank you everyone for your stewardship role in making our district a great place to live, work and play!

Funding cut to paving program

By Stephen Adams, HRM Councillor, District 18

In one of my previous columns I had written about two community meetings that were held to assess the support for the paving of streets in Harrietsfield, Williamswood, and in other communities around "the Loop". These meetings were designed to ensure residents had all of the necessary information regarding costs, payment terms and funding. Ballots were distributed and we compiled the results. Many residents who previously declined paving were now favorable.

I am sure that by now, all residents who participated in this process are aware that the province cut their funding to the program. Although I can appreciate that there have been cutbacks to programs in all areas, we should have been told well in advance that there wasn't any funding. We will submit the successfully petitioned streets again next year. In the interim, I have sent a letter to the Minister of Education asking that he direct his crews to ensure that those and all other dirt and gravel roads are maintained at a level to ensure

safe driving. I do apologize for any inconvenience this may have caused.

Earlier this month I met with Richard Butts, our new CAO. I spoke with him about numerous issues and items of great importance to many residents of District 18.

The first item was the final phase of the Herring Cove Sewer and Water project. As many residents are aware, this project started around 2005 but has yet to be completed. We had an extensive discussion to look at options available and to have this project completed. I am unaware of any other project in the HRM that has been started and not completed within a reasonable time frame. The Herring Cove Steering Committee met with staff in the middle of May to look at solutions and to develop a strategy to move forward.

The second item was that of our Sambro Transit Service. Although this service has not changed as was first planned, there is a great deal of uncertainty surrounding it. On June 28 we

will discuss it at council. As I have stated in previous columns, I will be asking Council to support a service for the entire Sambro Loop.

This is the time of year when there are many community events and school fairs. I had the pleasure of attending Central Spryfield fair in May. They raised quite a bit of money and a great time was had by all. I hope to see you at events throughout the summer.

In closing, I want to congratulate all the graduates in our schools. I especially want to acknowledge those graduating from J.L. Ilsley. Whatever you choose to do, your opportunities are endless and very exciting. Good luck in your future.

Come Join the **Spryfield Lions Club** for a fun afternoon of **BINGO** Lions Club Recreation Centre **Wednesdays at 1:00 pm** 111 Drysdale Road

Stephen Adams

HRM Councillor, District 18

Home 477-0627
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Linda Mosher

HRM Councillor, District 17
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www.lindamosher.ca



Local Photographer Creates Moments for a Lifetime



Natasha and Family

By Lorrie Boylen

Natasha Poirier has a passion, not a career, and she says her customers can feel the difference. This self-taught photographer began her life behind the lens as a teenager and her enthusiasm has continued to grow. For the past 14 years she has been capturing those special occasions in people's lives, creating "Moments Of A Lifetime" that her clients can cherish forever.

She prides herself on providing competitive and friendly service, ensuring her clients' needs are met on time and affordably. Her portfolio includes services such as family, children, babies, maternity, weddings, portraits, pets, boudoir, prom, "trash the dress", school photos, "sweet 16", "finally 13", glamour shots, modeling, graduation, retire-

ments, reunions, and other special occasions. She is the club photographer for Chimo Taekwondo in Spryfield, covering all their belt tests and other special events and making photo CDs available to the families. She has also worked with SMU Sobey Business Commerce, QEII and the IWK. In 2010 Natasha was afforded the incredible opportunity to shadow fashion photographer Robert Gaudette of Toronto during a modeling shoot for STRUT International.

Prior to becoming a professional photographer, she worked in tourism and for 13 years served in the Canadian Armed Forces. Her husband and children are very important to Natasha and she left the Navy to stay home with her two sons, aged 12 and 13, and to pursue her dream of photography full time.

Her current Spring Portrait Special offers a 1/2 hr session for \$40 or an hour session for \$70, taxes included. With this special the customer receives a CD with all photos edited, high resolution in color and black and white.

Photo shoots can be done in her studio or at the location of your choice. For

more information email her at natasha@momentsforalifetime.ca, or call 293-7427.

You can also find testimonials and examples of her work at her Facebook page, Natasha's Photography, "Moments For A Lifetime," or on her website at www.momentsforalifetime.ca.

What's in a name?

(continued from page 16)

we'll pay our credit card issuer the money it's paying out for us to stores, airlines, or restaurants, by signing our names on charge slips. We witness significant occasions by signing our names in token that we've personally seen the event or signature take place.

In the past, many deals were done "on a handshake"—by physical contact between two parties who know enough about each other, and trust each other—but in a world where people are increasingly mobile, most business dealings have long ago moved to the more formal basis of written promise and signature.

Today, though, our names are more public than ever, and they can be used more and more easily, not just to describe each one of us as a unique individual, but to spread our own writings far beyond the physical realm of any paper we've ever handled, and then passed on.

Various combinations of name, image, birthdate, and signature are used to make up "identity", but many contractual (and other) relationships are now undertaken online, hugely expanding both the concept of identity and the chances of mistake or misuse. It's liberating, but it can also be dangerous.

Since the time I was first nominated (named) as the NDP candidate for Halifax Atlantic in 2003, the electronic world has changed and grown exponentially. It was startling enough to see and hear my name in public at first, but it was at least clear how it had come to be there.

When I was asked to supply a copy of my signature to be scanned and applied electronically to future letters and materials, I declined, and even though anyone could have scanned and used my signature, it wouldn't be with my permission. If anything appears with

my signature, I want to have seen, and acknowledged it.

It's because I can't take personal responsibility for things I don't know about that I refused to accept direct electronic deposit of funds as payment for my services as MLA for Halifax Atlantic. Last year, after serving since 2003, I was told that I had to give my banking information to the Department of Finance in order to continue receiving MLA's indemnity. (Indemnity, unlike salary, isn't payment to an employee, but compensation for work as a representative, and for refraining from activities that might taint objectivity of decisions made in the House or raise conflicts of interest; elections, or periodic "choosings" by the entirety of the population, are more than just an expensive hiring process).

I'm very grateful to the Speaker of the House, as the voice of the Assembly, that he has upheld my right to be paid for my services as member of the House, and has now ensured that I do receive payment as previously.

It would be deeply worrying if the voice of any representative could be choked off by a tug on the purse-strings, but it's just as worrisome for every citizen who may be told they must give up control of their own affairs, or starve. It was as a citizen that I refused to give up control over my personal affairs, but it's as a representative that I'm not sorry it became public knowledge. We all have the right to a name, and to the use of that name. Our names are precious and unique, and they make us responsible. Assuming legal competence, I believe each of us has the right to decide how our name will be used.

If we choose to give away the right to sign physically for the dealings for which we are accountable, I believe it should be of our own free will. After all, a good name is sooner lost than won.

Obituaries

(continued from page 14)

Mandy, and many nieces and nephews. She was predeceased by her parents, her husband, Donald, and bothers and sisters. The family wishes to extend many thanks to the caring staff of 8.4 NHI, QEII.

Cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, NS (477-5601). In memory of Joan, donations may be made to the charity of your choice. Words of comfort may be sent to the family by visiting www.walkerfh.com

Robert Schnare 50, Halifax, passed away on Wednesday, April 20, 2011 at home. He was a son of the late Owen and Theresa (Kalac) Schnare. He is survived by his common-law partner, Mary-Anne MacKenzie and her daughter, Melissa Banks; son, Christopher; daughter, Shauna Webber; grandchildren, Alex and Kyle; brothers, Jerry (Joanne) and Ed (Marg); sisters, Carolyn (John) and Cindy (Blaine). Robert was predeceased by his brother, Frederick Schnare. Cremation has taken place under the direction of J. A. Walker Funeral Home (2005) Ltd. (477-5601).

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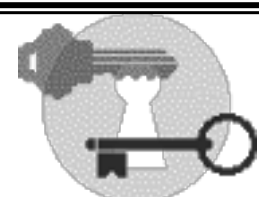


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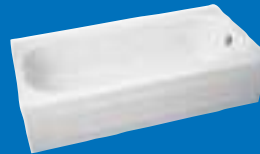


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14'	\$649 (#23200814)	\$799 (#23201014)	\$899 (#23201214)
16'	\$719 (#23200816)	\$889 (#23201016)	\$1019 (#23201216)
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30w x 38h \$159 (#3038SH)	36w x 38h \$179 (#3638SH)	40w x 40h \$179* (#4040SH)
30w x 40h \$169 (#3040SH)	36w x 40h \$189 (#3640SH)	40w x 44h \$199* (#4044SH)
30w x 44h \$169 (#3044SH)	36w x 44h \$189 (#3644SH)	40w x 48h \$199* (#4048SH)
30w x 48h \$179 (#3048SH)	36w x 48h \$199* (#3648SH)	40w x 56h \$219* (#4056SH)
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24w x 48h \$159 (#2448SH)	32w x 44h \$169 (#3244SH)	44w x 48h \$219* (#4448SH)
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