

Chebucto News

Vol. 12 • No. 11 • July 2011

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Father's Day Contest Winner and Runners Up

Winning Entry:

Hi I am Joshua and I am going to be 10 in June. I have 2 younger brothers and I want to honour my dad because he is the best. He's not my real dad but he is my only dad and he had given his young adulthood up to be with me and

my mom at 19 years old, he is now going to be 28 in July. Now 9 years later you are still my dad and having a child with ADHD/ODD is not easy. I know I am not the best child but I am far from the worst and I am hoping to make your fathers day the best as you deserve it

Dad. I know you and mom do not get enough time alone together as you both spend every moment you can with us. I hope that this fathers day you remember all the good things we have done and how many more we will do. Dad you are the man and I understand even when you do not think I do. I hope we can share many more moments. YOU ARE MY DAD and I LOVE YOU VERY MUCH.

First Runner Up:

Our dad is awesome for so many reasons. Our dad Richard Danells volunteers an abundance of hours into our (his kids) sports and events. Dad is the president of South West Lacrosse; this is a volunteer position and requires many volunteer hours. He is responsible for putting equal teams together, making sure every team has a well-qualified

(See Father's Day on page 2)



Left to right: Matthew Nickerson, Paula Veinotte-Nickerson, Zander and Tyson Nickerson and winning author, Joshua Veinotte-Eisener

Community Food Security

Spryfield and district is one of four communities selected from across Nova Scotia to participate in ACT for Community Food Security. This is a research project looking to enhance Community Food Security for all Nova Scotians. It is rooted in lived experiences and real community needs.

Nova Scotia has a rich rural tradition of agriculture and fisheries based economies and communities. This work is timely and important because Nova Scotians report some of the highest rates of income-related food insecurity

in Canada. How our food is produced is also an issue, because agriculture and fisheries sectors are currently struggling.

Food security includes access and production: access to enough affordable, healthy, and culturally appropriate food, that is produced in socially, economically, and environmentally sustainable ways.

Chebucto Connections, who proposed that Spryfield be involved, thinks that the district is ideal for studying community food security. Says Marjorie Willison, Executive Director, "We have fishermen, gardeners, and other producers in this area, and we have a variety of organizations interested in food - plus people of all ages and incomes needs to eat!"

Started in early 2010, this project is made possible through five-year funding provided by the Social Sciences and Humanities Research Council to facilitate collaboration between the academic and grassroots sectors.

For more information, please visit www.foodsecurityresearchcentre.ca/cura. If you want to be involved in ACT in the Spryfield area, contact Chebucto Connections at 477-0964.

This is Not The Herring Cove Provincial Park Reserve

By Jason Doherty

It's funny how the universe works. This article is supposed to be about a park reserve in Herring Cove but it isn't. Instead it is about an unmarked, picturesque trail, full of breathtaking views of the ocean that I just happened to stumble across. Confused? Let me explain.

I was surfing through Google Maps

one day and found a provincial park reserve in Herring Cove. Having never heard of it I decided to check it out. So far I have made two attempts to find and explore the reserve and neither of them has been successful.

My first attempt at locating and exploring the Herring Cove Provincial Park proved to be unsuccessful due to the technological ball and chain at-

tached to my hip, my cell phone. I had barely made it to Hebridian Drive when my phone started ringing and emails began pouring in. It was going to be too busy a day for a hike.

My second attempt was assisted by the same technology that hindered my previous try. Thanks to Google Navigate I was able to find where the park

(See Not The Herring Cove on page 2)



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Father's Day

(continued from page 1)

coach, organizes practise schedules and rink times, and any issues that may come up throughout the year. In addition to this volunteer position, he also coaches mine and our younger brother's lacrosse teams. He is a fantastic coach and all his players love him. He volunteers as assistant coach for Mainland South basketball and is also on the board for Chebucto Baseball, and coaches our younger brother's team. With all this time volunteering, he is always here for us at home, to help with homework or advice, to help his middle daughter decide what her university choices are and help his youngest son with his math. Our dad always tries to be home for supper so we can eat as a family. Our dad is awesome because he is always here for us or for anyone in need. We all love him lots.

Our Dad is the very best, so you don't have to read any more entries:

Second Runner Up:

My name is Alex and I am 11 years old, my sister Rachel, is 8. Our Dad is David Cormier, we live in Spryfield and Dad built our house. Dad grew up in Thornhill Park and played Chebucto Minor Hockey. Now he plays grown-up hockey Mon. and Thurs. nights.

We both play Chebucto Minor Hockey. Dad has volunteered as one of our coaches, every year, since the beginning, 6 years ago. He is on the ice for all of our practices (lots of early ones) and takes us to all of our games/tournaments (lots and lots of these). Oh yeah, he takes me golfing and me and my sister fishing back Kidston Lake.

He can fix anything, bikes, 4-wheelers, etc. He takes our family on trips/camping and works very hard as an electrician, so he can buy us food, clothes, hockey, lacrosse and soccer gear. Playing all these sports costs alot of money, but he doesn't mind, he loves us very much and we love him more. He's the best Dad ever!!

Third Runner Up:

Why my Dad is awesome ...

by Joy Baillie.

My Dad is awesome for numerous reasons. He knows how to cook (and he is

very good at it) and he is an excellent fisherman. He loves to play golf. But the #1 reason why my Dad is awesome is because he helps a lot around the house. He helps with all my projects and he helps take care of my hamster, Fluffy. He does the laundry, cleans the house, gets me and my brother ready for school and takes us to do fun things (like bike riding to Tim Hortons). My Mom is gone away during the week for school, so my Dad is doing both jobs during the week. It would be great if my Dad won, so he can have a break.

Not The Herring Cove Provincial Park Reserve

(continued from page 1)

should be but failed to "arrive at my destination". Feeling suitably bummed about the whole affair I decided to continue up John Brackett Drive a ways and take advantage of the sunshine.

As I rounded a corner I was greeted by a gravel rest spot. Located on an uphill turn, the rest spot gives no clue to the sights about to be held. When I got out of the Jeep, I noticed a trail running from the gravel along the shoreline. Never one to look a gift trail in the mouth, I took the opportunity that presented itself and went for a stroll.

I was treated to picture perfect views and the refreshing sounds and smells of the ocean. The sun glinting off of a fishing boat in the harbour. The lighthouse across the way sounding as the early morning fog dissipated. Birds were singing and even a bald eagle graced

the skies for a brief moment.

If you are like me and love the ocean and enjoy climbing big rocks then you have to pay this place a visit. The trail runs for more than a kilometer and, according to a local resident I met on the trail, ends at a monument to pilot boat operators.

Overall, the trail is not difficult to walk but there are areas where you have to pick your way through rocks. With the excessive rain we have had recently parts of the trail are soggy to the point of needing rubber boots.

According to local residents the trail is quite popular during the summer months. In the short time I was there I met 3 people.

Although time did not permit me to fully explore this new treasure I plan to return and see for myself where the trail leads.

Chebucto News

Publisher: Dan Doherty, 479-6397
Fax to 477-NEWS (6397)

Editor: Tangelene Ramsay,
tangelene@live.com

Circulation:

12,500 copies
Agent: Canada Post
Printer: Advocate Printing
Delivered free-of-charge to households in; Armdale, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

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tangelene@live.com

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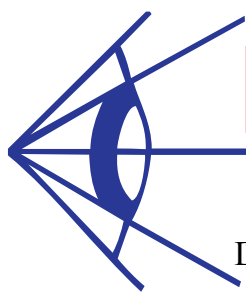
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Safe Summer Cycling

By Carrie Forbes

You don't have to be a child to enjoy the freedom and adventure that riding a bicycle can bring. As the weather improves, cycling enthusiasts and casual riders make their way to trails and paths around HRM, and in particular, around the Chebucto Loop. With so much wilderness and breathtaking scenery surrounding our community, the Chebucto peninsula is a go-to destination for both mountain bikers and road

cyclists. As gas prices continue to rise, commuters are also seeing the benefits of pedal-power both on their wallets and waistlines.

However, it can be challenging for motorists and cyclists to 'share the road' as the signage tells us we should. As of June 1st, the provincial government implemented a new piece of legislation that clearly defines this relationship. Bill 93, otherwise known as 'the one metre rule', states that motor vehicles

must allow one metre (or approximately three feet) of space when passing cyclists. Motorists can cross the centre line to allow for this clearance as long as it is safe. The penalties for failing to provide the one metre of space are stiff -- a fine of \$282.71 for the first time, up to \$800.21 for three times or more.

At first glance, this new law appears to put the pressure on motorists to share the road, as much ado has been made about the impact to drivers in the local media. However, there are a number of provisions that cyclists need to be mindful of to not only do their part to make this road relationship work, but to be seen and be safe. Bill 93 states that cyclists must stay on the right hand side of the road, in the direction of traffic, as long as it is safe to do so. Groups of cyclists must ride single file, again, on the right side of the road. If there is a bike lane, this must be used by all cyclists. A minimum fine of \$138.96 can also apply if a cyclist doesn't adhere to these rules.

For safety, cyclists are mandated to wear helmets, and have their bicycle equipped with a bell or horn, and a headlight or reflector. The rules of the road are the same as those for motorists, and anyone riding a bicycle must yield to pedestrians and observe all road signs and traffic signals. When turning, cyclists must use appropriate hand

signals to indicate the direction they are going. Should a cyclist impede the flow of traffic, it is recommended that they move over to the side of the road until the traffic has cleared. Motorists may not always have a safe place to move over to allow the one metre clearance, particularly on blind hills and curves in the road. Likewise, cyclists may not be able to ride on the extreme right of the road, particularly if the road is in bad condition.

The varied road conditions around the popular Chebucto Loop will certainly put this new legislation to the test. Bike lanes continue to create the best conditions for both motorists and cyclists. Around the loop, there are bike lanes on Herring Cove Road from Sarah Drive to Hebridean Drive. As of June 13, additional bike lanes are being added to Purcell's Cove Road, from the Herring Cove road intersection to Mabou Avenue. Currently, there are bike lanes extending from Wenlock Grove to #376 Purcell's Cove Road. However, the busier sections of Herring Cove Road and the twisty, blind hills of Ketch Harbour Road will certainly present challenges to those who 'share the road'. As with any new relationship, patience and common sense are needed from everyone to make it work, and above all, keep safe.

Spryfield Business Breakfast Club

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Adem Hamidovic

Adem Hamidovic is the owner and operator of Portico Web Design, located in Herring Cove. Adem can be reached via email at adem@porticowebdesign.com and by phone at 452-4584.

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Welcome to New Military Families to the Community

By: Emily Hatcher, Resource Development, Halifax & Region MFRC

If you are a military family member, you know firsthand that one of the many unique challenges your family may experience is being posted to a new community. When your posting message is delivered, there may be little time for your family to prepare, resulting in a quick move that can be thousands of miles away from family members, friends and supports.

During this time of transition, the Halifax & Region Military Family Resource Centre (Halifax & Region MFRC) is a great starting point to get your family connected. With three site locations in Halifax, Shearwater and Sydney, Cape Breton, we encourage your family to stop by for a visit and receive a welcome package. This package along with our friendly, professional staff can help take some of the frustration out of finding a new school for the kids, selecting a new family practitioner or finding childcare within the community.

"We believe military families are strong, independent and resilient and we recognize Canadian Forces (CF) families are faced with some unique challenges including postings. Our Welcome Program along with community and CF resources can help ease your journey. We can be a valuable link between your family and your new community," said Colleen Calvert, Executive Director, Halifax & Region MFRC.

We encourage you and your family to checkout some of the many programs and activities the Halifax & Region MFRC offers. There are programs and activities geared towards all members of the family, many of which provide the chance to meet and connect with the people in your new community.

Monthly programs such as Out N'About and Brunch Bunch give adults a chance to get out of the house for dinner, a movie or checkout a local festival with other adult military family members. If you're looking to get a

(See Welcome on page 5)

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DISCOVERING OUR PAST

Ferguson's Cove Cemetery reveals names of early settlers.

By Iris Shea

An old cemetery in Ferguson's Cove has been getting a facelift by concerned residents in the area. Members of the Ferguson's Cove Neighbourhood Association have spent much time and energy cutting away the overgrown bushes in the cemetery, revealing stones that were hidden for several decades. One stone recently uncovered has the inscription "Richard Keenan, died June 1823". It appears to be the oldest gravestone in the cemetery. Richard Keenan was the son of Lawrence Keenan and Elizabeth Purcell and born in 1789.

Gravestones tell a history of a community. A walk through this historic cemetery, with names such as Beazley, Brooks, Conway, Gifford, Glazebrook, Hanrahan, Henrion, Long, Purcell, Selig, Smith, Stone, White and Wooton, tell their own story of the early families who settled in this community. The Purcells and Seligs lived in Purcell's Cove. There are, of course, a number of other burials on record whose gravestones are either still hidden or do not exist, in particular Beverly, Brunt, Lynch, Powell and Scoles.

It is not known where the name Ferguson's Cove originated, although



Gravestone photo by Allan Marryatt
Inscription: James Gifford died Jan. 30, 1852, aged 71 years. Elizabeth Gifford, wife of James Gifford, died June 1, 1834, aged 37 years.

many have speculated why it was given that name. In 1788, when William Scoles and Richard Steele petitioned for their land, the name already existed. Both men were interested in the fisheries and wished to carry on that trade. William Scoles had been in the 33rd Regiment of Foot and Steele was a member of the Royal Nova Scotia Regiment. Steele was granted 100 acres at

Sandwich Point and Scoles, although it appeared his grant was not completed, built a house and lived on the 50 acres next to Richard Steele's land. The surnames Steele and Scoles died out in Ferguson's Cove but their daughters married other early settlers, remained in that community and are buried in the old cemetery. Barbara Steele married William Beazley in 1801 and had a large family of sons and daughters who married into the Glazebrook, Lynch, Stone and Renner families, among others; Mary Scoles married John Burke in 1808, and her sister, Elizabeth, married James Gifford in 1818. All had several children baptized at St. Paul's Anglican Church in Halifax.

In an 1815 petition for land in Ferguson's Cove, William Glazebrook stated he was born in England, lived 30 years at Ferguson's Cove, and had 15 children; Mathew Lynch, the only Roman Catholic among this early group of settlers, stated he was born in Ireland, served several years in the army, had lived in Ferguson's Cove for 15 years and had 5 children; David and Job Smith stated they were natives of this province, but subsequent records indicated David was born in Kent, England.

All four petitioners requested land in the rear of the fish lots on which they had settled in Ferguson's Cove. William Glazebrook, and David Smith married Purcells, sisters to Samuel Purcell, Junior, after whom Purcell's Cove was named.

In 1819, the fishermen living in Ferguson's petitioned for a road to connect Ferguson's Cove to the Herring Cove Road in order to bring their fish to the Halifax market during severe weather. The names on that petition were David and Samuel Smith, William, George, Charles, Samuel and John Glazebrook, William Scoles (Jr.), Thomas Bate-man, Richard Henrion, Mathew Lynch, William Beverly, John Burke, Samuel Wooton, William Beazley, Robert and Samuel Finlay, and William Dempsey (moved to Herring Cove in 1820 and settled there).

Others who settled in Ferguson's Cove during the 1820s were William Conway who married Elizabeth Glazebrook in 1823 at St. Paul's Anglican Church, Halifax. Another marriage at St. Paul's in 1824 was that of William Stone to Marianne Beazley. Thomas Stone, brother of William, married Ann Beazley in 1833 at St. Mary's, Halifax. They were the sons of Richard Stone and Catherine Murphy of Ireland. William Conway and the Stones were Roman Catholics.

Richard Hanrahan arrived in Ferguson's Cove in about 1830. He and his wife, Margaret Jane, raised a family of 2 daughters and four sons. Three sons settled in the United States; their son James married Mary Jane Smith of Ferguson's Cove and raised a large family in that community. Their descendants continue to live in Ferguson's Cove.

By the mid 1840s, both the Anglicans and the Roman Catholics were ready to build churches in Ferguson's Cove. William Smith and his wife Mary Ann Umlah, donated the land for the Anglican Church, and with the help and financial support of Lady Falkland, wife of the Lieutenant Governor of Nova Scotia, Falkland Parish Church opened in 1846. That same year, Stella Maris, the Roman Catholic Church, opened its doors. It took a few more years before enough funds could be raised to complete the building which was built on Hanrahan land. No deed was found to verify ownership of the land by the church.

Ferguson's Cove was often referred to as Falkland Village after the Anglican Church was built. St. James Anglican Church of Herring Cove was also part of Falkland Parish. Through the years, however, the Falkland Village name has been used interchangeably with Ferguson's Cove in many records, but it was originally a parish designation for members of the Anglican Church. All denominations are buried in the Ferguson's Cove Cemetery.

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Letters To The Editor

The friends and family of Edie Jones would like to thank everyone for their support. A great many volunteers went above and beyond, donating their time and efforts to make her benefit auction and dance such a huge success. Without their help, the event could not have happened. Thank you to everyone who donated prizes and money, to the fantastic band who performed, and those who attended the event. The money raised

surpassed expectations and will be of great assistance for the ongoing care that Edie requires.

THANK YOU:

“Thank you to all who made our 15th Birthday Party so successful. Special thanks to Councillor Stephen Adams, Cassie and Maggie MacDonald, Isner’s Petting Zoo and the Captain Wm. Spry Community Centre.

From The Editor’s Desk

Welcome to the July edition of the Chebucto News. I would like to take this opportunity to congratulate this year’s J.L. Ilesley graduates. May you all succeed in your future endeavours.

Believe it or not, summer is here. This means pools and lakes and the ocean will be irresistible to most people. Please, keep your non-swimmers safe this summer season. Even one death

due to drowning is one too many. A life jacket is much cheaper than a coffin.

As always, I encourage you to write to me with your ideas and comments. Not everything that I receive will be published, but it will all be read. The deadline for the August issue will be Friday July 22. I can be reached at tangelene@live.com.

Have a great summer!

SDBC Holds First Annual Business Expo



By Jason Doherty

On Saturday, June 11th, the SDBC hosted its first annual Business Expo at the Lions Rink on Drysdale Road. It was the first expo in a decade to feature local businesses.

Ten years ago Fred O’Hearn, Reg Horner, and Dan Doherty organised the first Business Expo which was well received. However in the intervening years Spryfield has grown substantially and there are many more businesses making their home in our community. With that fact in mind, the SDBC decided it was time to do it again.

With a total of 22 vendors and 8 rink sale tables, this inaugural event proved to be a modest affair. The expo had some stiff competition that weekend including Greek Fest and the birthday celebrations at the Urban Farm. Not to mention that it was one of the few sunny days we have had this year.

Despite the lower than hoped for turnout, those involved walked away with a sense of something good in the making. And although there were bumps in the road, lessons were learned and next year promises to be a better show already.

For the vendors, the event was an opportunity to meet the other business people in the area and make potentially valuable new contacts.

In addition to the expo the Lions Club cooked up a wonderful pancake breakfast outside and the Boys and Girls Club ran a rink sale.

Counsellor Adams came for pancakes and a chat in the morning. Mayor Kelly arrived around lunch to spread some cheer and chewy lifesavers.

The SDBC Special Events Committee would like to thank all the businesses who participated and the folks who came out to meet them. We would also like to thank the Lions Club and the Boys and Girls Club for all of their hard work.

Welcome

(continued from page 3)

jumpstart on your children and youth meeting other kids in the community, checkout our monthly family activities, which are great for all members of the family to meet new people and build friendships. Or, maybe you need some time to get your home organized after the move. If you have young children, why not take advantage of our Casual Care program and drop the kids off at the Halifax or Shearwater site while you finish unpacking.

The Halifax & Region MFRC also hosts special events throughout the year specifically for newcomers. Stay tuned for more details on the upcoming Summer Beach Day Welcome Event for military families on Sunday, August 14 at MacDonald Beach. Visit www.halifaxmfr.ca and sign up for our e-News to stay informed about these upcoming events and activities or to obtain an online copy of our Welcome Package.

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Herring Cove Community Dentistry Welcomes Dr. Jonathan Logan

Dr. Logan graduated from Dalhousie Dental School in 2010, where he remains as a Part-time faculty member instructing both preclinical and clinical classes. He grew up in the Williams Lake/Spryfield area and is happy to be returning home to work in his community.

Dr. Logan will begin accepting new patients starting May 2, 2011.

Herring Cove Community Dentistry is located at 339 Herring Cove Road (above the Royal Bank)

Please call (902) 477-9457 for your appointment!



Office Hours
Monday: 9 – 5
Tuesday: 9 – 7
Wednesday: 9 – 7
Thursday: 9 – 5
Alternate Fridays: 9 – 3

Reg Horner Memorial

Chebucto News Sports Page

Spryfield Silver and Black Attack

By Tangelene Ramsay

For the first time in over 25 years Spryfield will have a Junior C hockey team! The new team, tentatively named the Spryfield Silver and Black Attack, will be comprised of players from the Chebucto area and the HRM in general, and will be coached by the very talented Paul Strople. Most home games will be played at the Spryfield Arena on Saturday nights starting this fall. Other dates and times will be announced as necessary.

According to Steve Adams, president of the team, support for this franchise has been overwhelming. The business community is very excited to see a Junior team back in the area and are putting their money where their mouths are. It is important to the community that everything involving the team is kept local; from the players to the uniforms to the catering, everything is coming from the Chebucto Peninsula.

Season tickets will be available for both individual seats and the Lion's Den. Regular seats will cost \$60 and Lion's Den will be \$150. Individual game tickets will be \$5 at the door. Organizers are hoping to install a television set in the Lion's Den to ensure that Hockey Night in Canada fans don't miss their favourite NHL teams while watching some great Junior hockey.

The Blooming Café is another great reason for purchasing a season ticket



President and General Manager Steve Adams and Coach Paul Strople proudly show the new Spryfield Silver and Black Attack hockey jersey. Dates and times of games will be announced at a later date. Come out and support your community hockey team!

in the Lion's Den, as they will be selling great tasting snacks exclusively for those patrons. This means that food options at the Lion's Den will be better tasting and less costly than anything available at the Metro Centre.

The Junior C team is a not for profit franchise and all monies generated will be used to secure ice time, purchase equipment, etc. There are no paid positions on this team. Everyone involved is involved because of their passion for hockey and their pride in their community.

Although the date for the season opener has not yet been decided, some of the more exciting details have been. Tony Ivanko, who was one of the driving forces in bringing Junior hockey to Spryfield years ago, will be in the faceoff circle for the ceremonial puck drop and Brian Phillips will be the MC.

The hope is that the Spryfield Silver and Black Attack will bring the families of the Chebucto area together as a community, supporting local talent and the businesses

that are helping to make this all happen.

For more information on, or to become involved with, this exciting new venture, please contact Steve Adams who is the very enthusiastic GM of the Spryfield Silver and Black Attack Junior C hockey team. He can be reached at 477-0627.



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Any 9" Nachos
Any 2 Small Donairs / Subs / Wraps
- 

Gardening Tips by Jane Zentner ~ I Grow Vegetables

In July there is still time to start a number of veggies including: bush beans, beets, carrots, Swiss chard, greens (lettuce, spinach, etc.), peas & radish. Plant beans before mid July to insure they produce before the first frost. The other veggies listed will survive a light frost. Last year, snow peas planted in Halifax on July 24th were ready in mid September.

Thin veggies when the plants are still small. If they are very crowded, thin by cutting away any excess plants and weeds to avoid disturbing the roots of the plants you wish to keep. Overcrowded veggies do not grow as large, and take longer to develop giving them more time to attract pests.

As the potato plants grow so do the tubers (potatoes) beneath the ground. Sunlight will cause the tubers to produce a toxic substance called solanine that turns them green. When the plants are 15 – 20 cm (6 – 8 in.) tall, mound soil or compost around the plants to prevent the sun from reaching the tubers. Check periodically throughout the growing season to see if any potatoes are protruding from the ground. If so, cover to prevent exposure to the sun. Potatoes are usually harvested in late August or September after the plant turns yellow and begins to die back. New potatoes can be harvested earlier without pulling up the plant. Wait until after the plants have come into flower (usually in July). Carefully hand-dig new potatoes around the base of the plant taking care not to disturb tiny potatoes which need more time to grow. Ensure all remaining potatoes are completely covered by soil.

Try to keep the garden evenly watered. Some veggies such as radish and tomatoes may crack following rainfall, particularly if they had been relatively dry for a period before the rain.

Leafy and root vegetables are said to “bolt” when they get ready to set seed. There are different phases in the life cycle of a

plant. First the plant grows, storing energy (food) in the leaves and/or roots. At some point the plant prepares to set seed.

At this time the plant begins to grow taller, often developing a central seed stock. This stock is frequently woody or stringy and the entire plant becomes less tender, often bitter. Small, often inconspicuous, flowers form on the seed stocks and eventually the plant goes to seed. Bolting is undesirable because it makes the plant less palatable. Bolting occurs more quickly in hot dry weather. The Lessening of daylight hours, due to the advancing season or prolonged cloudy periods can also trigger bolting. In some cases (radish) overcrowding can result in premature bolting.

Harvest radish as soon as they reach a reasonable size. If the radish has bolted without developing, weed it out to prevent it from becoming a home for the cabbage root maggot.

Greens (Chard, Kale, Lettuce, Parsley, Spinach) can be harvested continuously or left to grow and the entire plant taken. To harvest the entire plant, thin the plants to 10 – 15 cm (4 – 6 in.) apart. The thinned plants can be eaten. Harvest when the plant reaches full size but before it bolts. Or you can thin to 5 – 10 cm (2 – 4 in.) apart and continuously harvest by removing a few of the outer leaves at each picking. Leave at least 4 leaves per plant to enable it to continue growing. Harvest until the plant begins to bolt and the greens become bitter. Some greens (mustard greens, and spinach) bolt quickly. Others such as Swiss chard, a biannual, will not bolt. Swiss chard is ideal for individual leaf harvest whereas when harvesting beet greens, pull the entire plant.

Peas and string beans should be picked as soon as they reach the desired size. Smaller peas and beans are more succulent than big ones. Left unpicked during hot sunny

weather they begin to ripen – become harder, less tasty and stringy or bitter – within a day or two. When peas ripen the shell lightens and forms small wrinkles. Peas & beans keep better in the refrigerator for a few days

than left to ripen on the vine. If you have too many, blanch by submerging in boiling water for a full minute, allow to dry, and then freeze.

Enjoy the fresh produce.

Urban Farm Turns 15



Cutting the birthday cake with HRM Councillor Steve Adams. Left to right: Jean Henshall, Mary Pelerine, Pat MacLean, Steve Adams, Marjorie Willison, Martha Leary, Catherine Njoku, Janet Kidston

Approximately 150 people of all ages enjoyed a community party and cake on June 11th at the Captain William Spry Community Centre when the Urban Farm Museum Society of Spryfield celebrated its 15th birthday. Indoors, the toe tapping music of the MacDonald Sisters, Cassie and Maggie, entertained an appreciative

audience. Farm animals in a temporary compound were an added attraction outside. There were hens, donkeys, goats, and even an alpaca, all from Isner’s Stables in Harrietsfield, and one our Urban Farm friends brought her pet rabbit.

It was truly a community event.

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Quarter-Note Singers Spring Concert and Café

A large and appreciative audience came out to hear the Quarter-Note Singers perform at their Spring Concert and Café in June at the Captain William Spry Community Centre. Once again, young Noah MacNeil, a singer with group, was a great Master of Ceremonies. The choral medleys, one of which was a tribute to singer-songwriter John Denver and narrated by Noah, were sung with great enthusiasm. Several members of the group gave strong solo

performances, namely Phil MacDonald, Sharon Earle, Ina Kelson, Cynthia Gatto, Jan Slaunwhite and Mary Jo Macintosh. Dan Pace wrote and sang his own song "Run, Buddy Run" and was joined by Ron Alley on guitar as they sang together "Lady of the Window", also written by Dan.

This talented group of singers, directed and accompanied on the keyboard by Steve Trussoni, had great fun sharing their love of music with their

audience. If you are interested in joining the Quarter-Note Singers, they meet each Thursday evening at 7 pm, beginning in September, at the Captain

William Spry Community Centre. Contact Steve Trussoni, 477-2664 or Mary Jo Macintosh, 423-5636.



Sharon Earle, Jan Slaunwhite, Jillian Murphy, Phil MacDonald, Dan Pace, Noah MacNeil, Cynthia Gatto, Mary Jo Macintosh, Ina Kelson, Carol Groombridge, and Director, Steve Trussoni.

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Super Students Abound at Sambro School

By Lorrie Boylen

5 year old Eva Bruce-Slaunwhite was so inspired to make a difference for cancer patients that she arranged to have more than 8 inches lopped off her lovely blonde locks at a recent assembly at Sambro Ketch Harbour Elementary school. Eva's selfless act inspired her mother Jill Slaunwhite, 3 year old McKenna Little and 9 year old Gwyneth Roberts to cut their hair that same day. In all, 30 locks of hair were collected for Angel Hair. It is Eva's hope that this can become an annual event, not just at her school, but at other schools as well. Students would grow their hair long and collect pledges throughout the year to support the cause and raise awareness. Eva's great aunt, Anita Bruce, was taken by leukemia and she was the inspiration for the name of this event, "Anita New Do". This year's event raised \$925.

information on cancer, risk reduction and treatment; offer vital community-based support services for people living with cancer and their families; and advocate for healthy public policies.

Sambro school has other socially and globally conscious students who show initiative and empathy for those less fortunate. Grade 3 student Leif Dunbar, on his own initiative and together with his brother Jon in Grade 5, cashed in recyclables to buy supplies and then baked homemade chocolate chip cookies and sold them to their schoolmates. When other friends and neighbours found out what they were doing, they donated money to the cause. The boys were proud to be able to send more than \$425 to the Canadian Red Cross Japan Earthquake/Asia-Pacific Tsunami Relief Fund.

Jakob Conrad designed Valentine's cards and sold them in his Toonies from Toubabs campaign in support of education in The Gambia, which raised just short of \$3000. He was fortunate enough to spend 2 weeks in The Gambia in February and was featured on CBC's Close to Home. He raised another \$500 running in the Bluenose Marathon in May of this year.

Hats off to students like these who are doing their best to make the world a better place!

More locks were brought in by members of the community and hairdressers, and in all 30 locks were sent to Angel Hair, a program sponsored by the Canadian Cancer Society. They collect donated hair and create wigs for those suffering from the effects of cancer and its treatments. The money raised from events like this help fund leading-edge cancer research to improve cancer treatments; provide reliable and up-to-date

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No Evidence Found to Warrant Criminal Investigation

By Stephen Adams, HRM Councillor, District 18

On Tuesday, June 14, Regional Council discussed the ongoing issue with regard to payments made to a concert promoter that were outside of our policies and contrary to HRM's Charter. These are serious violations and ones which were thoroughly investigated by our Auditor General and presented in a 96-page report which can be found at Halifax.ca. There has been a great deal of coverage in the media and it was brought to Council by Councillor Linda Mosher, so that we could look at all options available.

There was an initial presentation by our AG, Larry Munroe outlining the facts, policies and outages in our processes. It was clear from his report that there were violations of our Charter, errors in judgement, and policy violations. Council members took the time to ask questions of Mr. Munroe, Mayor Kelly and other staff, as well.

My questioning focussed on the evidence of any criminal wrong doing and the procedure necessary. According to Mr. Munroe, there was no evidence of any criminal act. He went on to say that he consulted with a Chief of Police, and also gave a copy to the Provincial Auditor General, Mr. Jacques LaPointe. I also asked our City Solicitor, Mary Ellen Donovan her opinion on the process to file a complaint. She stated that, "anyone with new evidence can file a complaint." Given the extensive review by Mr. Munroe and his staff, I was unable to find any new evidence to warrant a police investigation.

There were also suggestions that a Public Inquiry be held, with the possibility of using retired professionals. This would have minimized the costs, which could be very high. Given that there was no criminal act, and that the Charter and Policy violations were already identified, I did not support this idea. In fact, a motion was never made in Council as an option. A complaint was received by Halifax Regional Police, but was deemed unfounded.

I can assure you that Council was never made aware of these transactions nor were we involved in any private meetings to discuss this issue. As your Councillor, I take my duties very seriously and do my best to protect your best interest. I am very disappointed in these events, but I am confident that the Auditor General's report is a positive step forward to ensuring that there is not an opportunity like this again.

If you would like more information or clarification on this matter, as always please free call me at 497-8818 or email at adamss@halifax.ca

On June 7, Council overturned a previous decision that banned the use of FeHEDTA, a fancy name for Weed-B-Gone. As opposed to getting into the details around the science of this product I offer the following:

This chemical is in the Province's approved list, and has been federally approved. Further, the Province consulted with the Canadian Cancer Society, Doctors Nova Scotia and the IWK Health Centre for rules to reduce health risks. That about sums up the rationale for accepting FeHEDTA as a reasonable choice.

On Saturday, June 4, Paul Strople and

I made a presentation to the executive and league members of the N.S. Junior C Hockey League. We outlined our proposal to the League for a franchise. Our application was unanimously accepted.

I cannot begin to tell you how excited I am about this team and the upcoming season. I have had calls from many individuals offering their time and financial support to make our franchise successful. Our home games will be scheduled on Saturday evenings, unless scheduling conflicts arise with other teams. We will be using the Lions' Den for additional seating, as we expect to have many fans attend our games.

We are beginning to work on sponsorships, staffing and most importantly, recruiting of players. The age group is

generally 18-20 year olds, with a provision to allow for 21 year olds, if they previously played in the League.

As we move closer to opening night, I will provide additional information.

By the time you read this article, I will have met with a representative of the Honourable Bill Estabrooks, Minister of Transportation and Infrastructure Renewal. I had asked for this meeting to discuss possible funding to pave the gravel roads that were previously approved by residents. In addition, I will be asking for a solution for the Chebucto Head Road and Duncan's Cove Road intersection, and also a maintenance plan for other gravel roads in our area. We will also discuss general DoT concerns.

Cuts Not in the Best Interest of Atlantic Canadians

By Megan Leslie, MP for Halifax

It's time to reduce the deficit. And you know what that means for a Conservative government: cuts. Not innovative cost cutting measures, just cuts. New Democrats have demanded answers in the House of Commons about what this strategic review will look like and where the government plans to make the cuts.

The information we have so far is that the government is not meeting the two standards they've set for themselves: cuts only to unessential services, and with the best interests of Canadians in mind.

One cut announced already is cutting an essential service that will affect all Atlantic Canadians who make their livelihood from the ocean, or use it for recreation or travel. The Federal government has announced that it will close search and rescue centres in St. John's and Quebec City, and consolidate those services in the Joint Rescue Coordination Centre in Halifax.

This is neither a cut to a non-essential service, nor is it in the best interests of the people living in Atlantic Canada. According to the people who are at sea regularly, these closures will result in inferior service and endanger the tens of thousands of people who work in the fisheries, on heavy tankers, off-shore platforms, container ships, ferries and cruise ships in Atlantic waters.

The rescue professionals who work in the Quebec City and St. John's search and rescue centres have in-depth knowledge

of the local geography. This is important to remember, considering that the St. John's rescue centre alone is responsible for 900,000 square kilometers of ocean. To put fewer people in charge of more square kilometers is clearly a dangerous decision.

On top of this, each region has a high number of different dialects and unique terminologies, in both English and French. Fisherman can use very local terms to reference different areas, including nicknames that someone from outside that region could not possibly be aware of. Every extra second spent deciphering the location of people in distress delays their rescue, and will certainly put lives at risk.

This is not about creating more jobs in Halifax. It is a dangerous personnel cut that shows a significant lack of sensitivity and understanding of the realities and culture of Atlantic Canada.

The federal government's commitment to Atlantic Canada has been called into question, and New Democrats are calling for a reversal of this ill-considered decision. The amount of money used to fund the three current centres is minuscule in comparison to the tens of billions of dollars in tax cuts to banks and corporate welfare for oil companies that are in the current Federal budget, and the billions of dollars proposed for the building of jails.

These decisions reveal the backwards priorities of Conservatives. Because they

chose to give these tax-cuts and subsidies to corporations that were already profitable, the government has been forced to make deficit-reduction measures that will put the lives of Atlantic Canadians at risk. They had a choice.

There are a number of better ways that the government could create fiscal savings that will help balance government budgets and the pocket-books of Canadians. But based on their current and past priorities, we can expect that the government will continue to ignore, for example, the billions of dollars of savings that a national pharmacare program would offer through the national reduction of prescription drug prices, something that would help every level of government and every Canadian that faces the burden of high drug prices. This is but one illustration of this government's poor policies and backwards priorities.

I can assure you that my New Democrat colleagues and I will continue to represent the values and needs of Canadians living here in the riding of Halifax and across the country, and to challenge the government to make sure that any cuts are only to programs that aren't working, or have outlived their purpose. If you would like to share your comments or concerns so that I can take them to Ottawa, I encourage you to email me at megan.leslie@parl.gc.ca, or to write to me at 1-2207 Gottingen St., Halifax, NS B3K 3B5.

MICHÈLE RAYMOND

MLA for Halifax Atlantic



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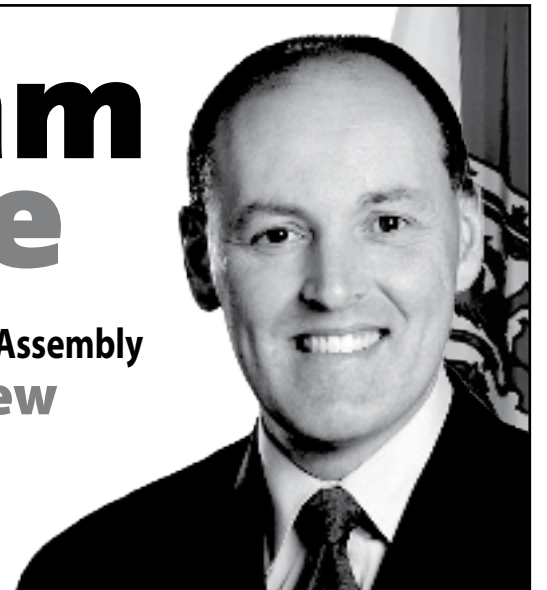
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Chebucto Update WITH MAYOR PETER KELLY, Halifax Regional Municipality



Hello again; how's it going?

By the time you're reading this, two new fire halls will have officially been opened in HRM - one in Herring Cove, the other in Tantallon. The

Herring Cove one is at 40 Latter Pond Lane, off Ketch Harbour Road; the Tantallon one is adjacent to Sir John A. MacDonald High School. Both are designed to be energy efficient as well as economical to operate and confirm that HRM is committed to providing cost effective, high quality fire services to its residents.

You'll be happy to hear that HRM Council has approved the weekly collection of green carts for the months of July and August. This summer switch from bi-weekly collections affects residents of Halifax, Dartmouth, Bedford, Sackville, Beaverbank, Kinsac, Cole Harbour, Westphal, Eastern Passage, Cow Bay, Beechville, Lakeside, Timberlea, Herring Cove, the Sambro Loop, Williamswood, Harrietsfield, Hammonds Plains area to Highway 103 and the Fall River area.

Are you a cyclist or someone who likes to take a nice walk in the fresh air? Whatever your choice of outdoor fun and exercise, I encourage you to check out the newest HRM recreational opportunity - the Chain of Lakes Trail. This facility has just opened and it's almost on your doorstep. The 7 1/4 km trail begins on Joseph Howe Drive (opposite the Atlantic Superstore) and goes all the way to the Bayers Lake Industrial Park. From there, it connects to a growing number of on-road bicycle lanes and also to the Beechville Lakeside Timberlea Trail. Many thanks to Councillors Linda Mosher, Russell Walker and Mary Wile - and to the rest of Council - for a job well done. To learn more, please visit <http://www.halifax.ca/cycling/index.html> or call 490-400.

What nicer way to say "welcome" than with a barbeque - and that's what's happening Saturday, July 16 in Halifax. This annual multicultural gathering is free and takes place from 11 a.m. to 2 p.m. on the Halifax South Common. The idea is to connect newcomers and long-time residents. For more details, please contact Kasia Tota at 490-5190 or totak@halifax.ca or visit <http://www.halifax.ca/newcomers/annualbbq.html>.

On behalf of you and Council, I have sent a heartfelt "congratulations" to

Brad Marchand for his great showing in helping the Boston Bruins lift the Stanley Cup. Considering he's only 23, the Hammonds Plains native was a standout, ending the playoffs with 19 points in 25 games with five goals - two of them coming in Game 7, along with an assist for 11 points. Well done, Brad! Everyone's excited at the thought of seeing you bring the Cup home.

A new survey says that an overwhelming majority of HRM residents feel very safe here. Let me quote some of the findings: 83% of you are mostly or completely satisfied with the quality of policing here; 81% are mostly or completely satis-

fied with police visibility and presence; a huge 90% are somewhat or completely confident police will respond to emergencies in a timely and efficient manner; and a resounding 90% feel very or completely safe in the local areas where you shop, work and play. Figures like these speak volumes to the great job being done by everyone involved in law-enforcement in our community.

And finally, there's so much to enjoy around HRM this summer that it's hard to know where to begin. A number of the events are on quite a large scale, like the Royal Nova Scotia International Tattoo (July 1-8) and the series of free summer

concerts in the Public Gardens, Sunday afternoons 2-4 p.m. until September 11. Many other activities have been organized within local communities but are open to everyone. If you'd like a sample of all the wonderful events out there over the summer, phone 490-6776 or visit <http://www.halifax.ca/> and click on the icon for Events in The HRM.

Please enjoy a safe and happy summer, everyone!

Reach me at kellyp@halifax.ca or www.peterkelly.ca or by phoning 490-4010. You're also invited to join me on my Twitter and Facebook pages.

Auditor's Report: And Now What?

By Linda Mosher, HRM Councillor, District 17

Months ago, many residents and the media asked me to comment on the Auditor General's investigation into concerts held on the Halifax Common. I declined comment as I felt it was not appropriate to discuss these matters without any information. Recently the report, "A Review of Concerts Held on the North Common" - January 2006 - March 2011 - Office of the Auditor General" arrived on a Tuesday during our Council session. By the time we got to this report on our agenda it was past lunchtime. Prior to adjourning for lunch we asked the Auditor General to present his high level findings. The report was 96 pages and certainly you could not read and evaluate this in less than one hour. Therefore Council approved a motion to have the CAO assess the findings and to send the 52 recommendations contained in the report to the Audit & Finance Standing Committee of which I am a member. We felt that it would give everyone time to read and disseminate the report.

Following the public release of the report (posted on www.halifax.ca) it was front and centre in the media, at HRM, on my Facebook page and available at many sources. There was no shortage of commentary and it got to the point where I couldn't walk out of my driveway without someone asking me for more information or to comment on the issue. I agreed with the numerous residents that contacted me that we needed to discuss this report publicly. Residents and Council wanted and deserved answers. As a member of Council, I also wanted an apology. Council approved policies and procedures and the parties detailed in the report clearly violated these policies and without Council's knowledge. Honesty, integrity, transpar-

ency, leadership - these are examples of what we are looking for and I was very disappointed in the findings.

Residents and I wanted to know where do we go from here. What options are available to Council to appropriately deal with the Auditor General's findings? In addition to wanting answers, it was my opinion that by doing nothing, Council essentially was accepting and or condoning the findings in the report.

It was my understanding that any discussion of this report had to be in an in camera session (meaning behind closed doors and not public), but during that session a member of Council could ask for Council's support to move the item forward to the public portion of the Council session. As such, I added the report to

the in camera agenda under "personnel". My addition was approved; however, I had many subsequent telephone conversations with both the Municipal Clerk and the Solicitor to see how I could get them to agree to have the motion discussed publicly. It was then suggested that I put in writing my rationale for the discussion and a proposed motion. I typed up a detailed preamble and a suggested motion and on Monday evening prior to the Tuesday meeting I was granted approval to discuss the motion at the public session. This was great news!

I spoke to the Municipal Auditor General about my draft motion and changed it somewhat to reflect his advice. The motion was: Council move that the Municipality (See Auditor's Report on page 14)



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Purcell's Cove - Armdale

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www.lindamosher.ca



Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to tangelene@live.com

COMMUNITY EVENTS FOR JULY

Laundry and Bourbon/Lone Star - June 23 – July 9, 2011; 8 pm Thu-Sat; 8 pm Wed June 29 and July 6; 2 pm Sun July 3 Pond Playhouse, 6 Parkhill Road (off Purcell's Cove Road) \$13 – Members, Seniors and Students; \$16 – Non-Members Ticket Atlantic Box Office or charge by phone at (902) 451-1221; Online at www.ticketatlantic.com (\$2 fee per online session) or any of the 23 Atlantic Superstore outlets. Please Note: Not appropriate for children as this play contains adult themes and languages.

A huge yard and bake sale will be held July 9 from 9 am to 12 pm at Calvary Baptist Church, 91 Thornhill Drive, Spryfield

Children and Adults with Attention Deficit Hyperactivity Disorder Association of NS 1st Annual Conference takes place Thursday, November 10th, 2011 at the Captain William Spry Community Centre 10 Kidston Road (Spryfield) Halifax, NS for more info, or to register Contact: csgabriel@eastlink.ca 902-404-9177

Come Grow With Us is back at the Urban Farm Museum Society of Spryfield A free gardening program for all ages, children under 8 years must be accompanied by an adult. Every Tuesday, from 6-7:30 pm until September in the Urban Farm field. Hurry! Space is limited. Contact Lynn at 477-7952 lynnnickerson@eastlink.ca

The Chebucto Communities Development Association (CCDA) is looking for community minded people who live in the area from Armdale right around the Sambro Loop and might be interested in joining our board. We meet the third Tuesday of each month at 7:00 pm.

CCDA works on helping to connect neighbours to neighbours, residents to community groups and partnering with community groups, agencies, businesses, institutions and governments to improve the quality of our community.

If you are interested or want to check us out, please call Diane LeBlanc, the chair, at 209-3219 or email at diane.leblanc@yahoo.com. Our website is www.chebuctoconnections.ca

The UCW (United Church Women) at St.

James United Church in Sambro is looking for women who like to socialize and help others. If you are interested, please call 868-2791. Keep the UCW tradition going.

Elderobics, sponsored by the YMCA, is an exercise program for older adults. Participants are encouraged to exercise at their own pace. Classes are held many HRM locations, including Emmanuel Church Hall, St. Phillip's Anglican Church Hall, St. Matthias Church Hall, and Bethany United Church Gym. Fee is \$3 per class plus an annual fee of \$5; free to Y members. Sessions are led by qualified YMCA fitness instructors and set to lively music. Each class includes a warm-up, low-impact aerobics and muscular strength exercises, followed by stretching and relaxation. Come join the fun...and get fit! For more information call Susan Theriault at 423-9622 Ext.253.

LEGION: Bingo every Sunday at 1PM. Mini Bingo at 6 PM. and Superstat Bingo at 7 PM

St. Paul's Recycling On the third Saturday of every month, St. Paul's United Church in Spryfield will collect your clean refund-

ables. You can drop them at the church at 173 Old Sambro Rd. between 10:00am and 1:00 pm. If you would prefer, you may call Carolyn t 477-0187 or Jackie at 477-3776 to have your refundables picked up.

Melville Cove Reunion

If you lived between St. John the Baptist Church and the Dingle Gates, we want to hear from you. The date of November 12th has been set for the Melville Cove Reunion, to be held at the Armdale Yacht Club. Contact Sandra, sap1@eastlink.ca or Iris, ishea@eastlink.ca

URBAN FARM MEETING:

The Urban Farm Museum Society of Spryfield will hold its monthly meeting on Monday, July 11th, 2011, 7pm at the Capt. Wm. Spry Community Centre. Volunteers and new members welcome. For further information, please call Pat @ 477-6087 or e mail jamac@ns.sympatico.ca.

Strawberry Social St. James United Church, Sambro (3811 Old Sambro Road) will be having a Strawberry Social on Saturday, July 16th from 1:00 pm to 3:00 pm. There will also be a cake walk and Chinese auction. Everyone Welcome.

Auditor's Report

(continued from page 13)

pal Auditor General outline the outcomes with regard to the report including but not limited to: consultation with a Police agency to determine what would be the remedies or possible outcomes with respect to any breach of criminal code; an investigation by an arm's length Police agency if deemed warranted; and any other options such as seeking external advice as deemed appropriate. The motion may not have been perfect but it got the discussion on the public floor for debate. Subsequent to the Auditor General's musings in the media and our discussion he solicited advice as to the ability to pursue his findings via a Police investigation. He told Council that there was no grounds for violation of the criminal code of Canada, thus, we could not move this to a Police investigation. There were Halifax Charter violations and actions contrary to Council approved policy, but nothing that could be sent to a Police agency to investigate. We were told that we could take action such as pursuing the Municipal Conflict of Interest Policy (Section 12 – including breach of trust) but that it could cost taxpayer in excess of \$ 1 million in legal fees. Therefore, Council did not move to pursue any actions against the persons named in the report. We are moving forward to implement the recommendations in the Auditor General's report so these types of actions do not occur again and we minimize the risk of tax payers' money from actions of individuals acting outside Council and Charter policies.

The Audit & Finance Committee has met since the release of the report and our CAO indicated how he is going to prioritize the 52 recommendations contained in the report. He will assess which should be dealt with first and determine if all recommendations should be implemented and/or if more actions are necessary.

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

Fanny Walters

Walters, Fanny: 98, Halifax, passed away peacefully at Arborstone Enhanced Care, Halifax, NS, on Tuesday, May 10, 2011. Born in Harbour Breton, Newfoundland, she was a daughter of the late Philip and Lillian (May) Cluett. Fanny had immigrated to Nova Scotia from Newfoundland in 1929. Since 1938, she was a member of Emmanuel Anglican Church, Spryfield, where she served on the ACW and Altar Guild. She is survived by her son, Douglas (Elva), Lower Sackville, NS, daughter, Donna Wilson (Robert), St. Augustine, Florida, a sister, Rita McFarland, Riverview, NB, 13 grandchildren, 15 great-grandchildren, as well as several nieces and nephews. She was predeceased by her husband, George in 1982, her sons, Donald in infancy, George "Buddy", Norman, and Terry, sister, Emily, and brothers, John and Watson.

Arrangements were under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, NS (477.5601). Funeral service was held on Friday, May 13, 2011 Emmanuel Anglican Church. Interment took place in Emmanuel Church Cemetery, followed by a reception in the church hall. In memory of Fanny, donations may be made to the charity of one's choice. Words of comfort may be sent to the family by visiting www.walkerfh.com

Rosemary Crowell

Crowell, Rosemary Gwendolyn: 63, Williamswood, passed away suddenly at her work place on Wednesday, May 11, 2011. Born April 6, 1948 in Shelburne County, NS, she was a daughter of the late Cecil Newell and Norma (Nickerson) Newell, South Side Cape Sable Island. She is survived by her fiancé, Angus Saccary, a step-son, John Saccary, step-daughter, Elizabeth Saccary, 7 grandchildren, brothers, Richard Newell (Donna), Port la Tour, Irwin Newell (Marjorie), Forbes Point, and Jeffrey Newell (Sheryl), North East Point CSI, sisters, Iona Cunningham, South Side CSI, Sharon Vroom (Robert), Deep Brook, and Margo Doucette (Paul), Eastern Passage, as well as many aunts, uncles, nieces, nephews, great-nieces, and great-nephews. She was predeceased by her husband, Jack James Crowell, her infant twin sisters, Hazel and Helen Newell.

Cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, NS (477.5601), and a memorial service will take place at a later date. By request, there will be no visitation. Donations in memory of Rosemary may be made to the Heart and Stroke Foundation. Words of comfort may be sent to the family by visiting www.walkerfh.com

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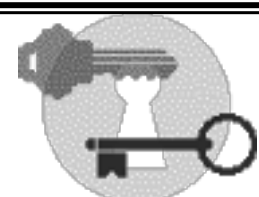


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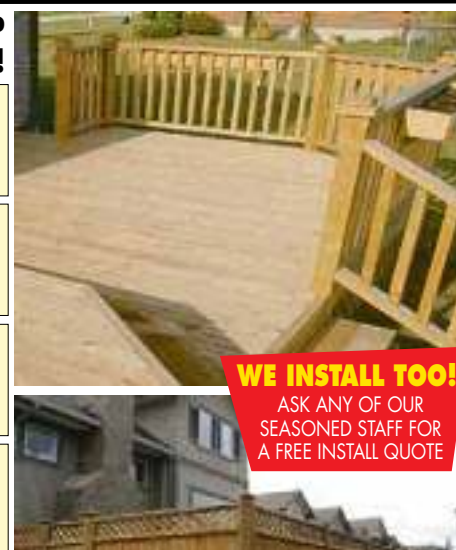
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20w x 36h (#2036SH)	\$129	36w x 52h (#3652SH)	\$199*	40w x 60h (#4060SH)	\$229*
24w x 36h (#2436SH)	\$139	36w x 55h (#3655SH)	\$209*	44w x 36h (#4436SH)	\$209
24w x 44h (#2444SH)	\$159	36w x 60h (#3660SH)	\$219*	44w x 44h (#4444SH)	\$219*
24w x 48h (#2448SH)	\$159	38w x 36h (#3836SH)	\$179	44w x 48h (#4448SH)	\$219*
28w x 36h (#2836SH)	\$159	38w x 44h (#3844SH)	\$189	44w x 56h (#4456SH)	\$219*
28w x 44h (#2844SH)	\$169	38w x 48h (#3848SH)	\$189*	44w x 60h (#4460SH)	\$239*

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