

Chebuucto News

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Sambro Sou'Wester Days a huge success—again!



A parade just isn't a parade without a fire truck. Lumbermart and the Spryfield and District Business Commission didn't let us down!

By Lorrie Boylen

The weather was beautiful for Sambro Sou'Wester Days on August 12-14, as fans from near and far gathered, with license plates from New Brunswick, Manitoba, Ontario, Texas, Florida, Connecticut and Georgia being spotted in the community.

The comedy show was enjoyed by the audience, but was not as well attended as last year, and so alternatives will be explored for next year.

The lighthouse themed parade had 24 entries. Awards were: Best Children's - Marc Rembowski for his Coast Guard boat; Best Homemade - Denise & Justin Gilkie with their float "The Man Boil"; Best Teen - Elite Cheer Team; Best Group - Vivian Horton and friends "The Seniors Float"; and Best Commercial Float - City of Halifax for their "Pirate Ship". Following the parade, children of all ages gathered at the carnival to play games and play in the two bouncy castles.

Boat tours to Sambro Island Lighthouse sold out and had to turn away 7 people near the end of the day. Sadly, many members of the community became aware the week after the festival that the Canadian Coast Guard is proposing to permanently discontinue the Sambro Island Fog Signal.

A fast paced children's soccer game was enjoyed by about 20 energetic children. Terry and Tim Slaunwhite beat out the other 35 teams and took the \$200 championship winnings in the Washer Toss Tournament. The beer garden was the most successful yet, and at times during the afternoon, it was standing room only.

The sold out dance was enjoyed by all, with only one unfortunate occurrence of a patron berating a volunteer (See Sambro Sou'Wester Days on page 2)

The SPCA Isn't paw-sing

By Roisin and Sarah Boyle

Dogs might be man's best friend and cats the purr-fect pet, but animals are still abandoned or abused all across Canada. It's the non-profit organization, the Society for the Prevention of Cruelty to Animals, also known as the SPCA, which is in charge of helping these creatures. Each year the Nova Scotia Branch takes in 6000-8000 stray or abused animals.

The mission of the Nova Scotia SPCA is to "prevent abuse, neglect and cruelty to animals, and provide for province-wide leadership on matters that promote and improve the welfare of all animals through animal protection;

care and rehabilitation; humane education; advocacy and engagement and collaboration with stakeholders".

Sometimes people in Nova Scotia don't even know they are harming their

pets. Mistreatment is not only defined as direct violence against an animal. On the contrary, the most common issue is neglect. Animals are denied proper food

(See SPCA on page 2)

Emmanuel Players rock!

By Carol MacDonnell

Emmanuel Anglican Church Hall in Spryfield, besides being a place for the parish to gather, is a home for the 1st Spryfield Scouting movement, an outlet of Feed Nova Scotia and a very popular YMCA "Forever Fit" program held three mornings a week.

Monthly "Newfoundland" dances and a Friday evening dart group also provide entertainment and fellowship time for our parishioners and many others in the community.

It was becoming increasingly difficult to cover the cost of maintaining

(See Emmanuel on page 8)

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Sambro Sou'Wester Days

(Continued from page 1)

bartender for a mistake made. Organizers wish to remind everyone that courtesy towards those who donate their time freely is essential to the success of events such as this. If it becomes necessary to pay bartenders and additional security staff, costs will consequently rise.

The rubber duck rack was sold out for the first time ever. The race was close right up to the end, but Liz Loring's #008 duck won the \$512.50 prize. The 50/50 tickets also sold out, and Darrell Garrison took home \$588.00.

The baseball tournament concluded on Sunday afternoon, when a very moving prayer and a moment of silence were taken for Kyle Henneberry, who died in a car accident in June of this year. The Sportsmanship Award named in honour of Kyle's was awarded to his father, Pat Henneberry. Chris Clarke won MVP, and gave his trophy to Pat as well. Hal Henneberry won the Roy Hobbs award.

Once again, the crew at St. James put on a delicious lobster chowder supper, rolls, drink, and a choice from three desserts. Later that evening, close to 100 people enjoyed the unbelievable local talent that rocked St. James Church at the Sambro Ceilidh, followed by tasty ice cream. Sunday night's spectacular fireworks ran for 18 minutes and were enjoyed by crowds on the beach and a record number of boats in the water.

Kim MacKay and Leslie Harnish would like to send a great big thank you to everyone that volunteered, as well as those who came out and enjoyed the week-end and made it such a great

success. Leslie is especially grateful to Kim for co-chairing with her this year

and taking on a portion of the organization of this monumental task.

SPCA isn't paw-sing

(Continued from page 1)

and clean water, or are not taken to a veterinarian when they are sick. In effect, attention and education regarding the proper treatment of animals is the key to decreasing the number of cases investigated by the SPCA.

Unfortunately, many of the problems faced by animals and animal-lovers are not so simple. Puppy mills, where animals are bred in unsuitable conditions simply for profit, are also a major concern.

However, for animals that must be removed from their homes, such as dogs in puppy mills, there is a no-kill policy. This ensures that none of these animals are euthanized simply because there is not enough space at the shelters. Some of the animals are too far gone by the time the SPCA gets involved, but the live release rate of rescued animals has increased from 65% in 2009, to 88% in the first quarter of 2011.

Despite its laudable and fruitful efforts, the SPCA still struggles in establishing stable sources of funding. It receives approximately 18000 calls a year reporting possible cases of ill-treatment. However, because there are only two provincial investigators, it can perform only 1200 to 1500 investigations. It is limited due to lack of funding and public awareness in this area. Only \$3000 is supplied by the government each year; approximately 88% of funds come from

donations and sponsorship.

The SPCA can be aided in multiple ways. Certain pet shops have listened to the homeless pets' plea for families and have made changes to their businesses to aid the charity. Pets Unlimited, for example, has stopped selling dogs in order to encourage the adoption of the loving animals rescued by the SPCA. The pet shops are helping to achieve the vision of the Nova Scotia SPCA: "Nova Scotia be a no-kill province and a safe place for all animals with zero tolerance for animal cruelty". It will take collaborations and heart to make this vision a reality.

For more information about making donations, opening your home to an animal in need, or about the SPCA in general, go to <http://www.spcans.ca/>. Thousands of cats, dogs and other animals need to be adopted, or even fostered, annually. The SPCA is not going to run out of pets.

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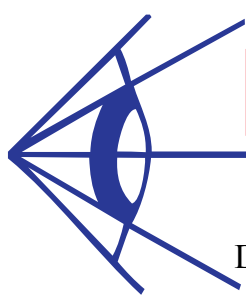
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Chebucto Update WITH MAYOR PETER KELLY, Halifax Regional Municipality



As our municipality grows, new challenges arise which must be addressed, not least of which is how to get around in as efficient and economical a manner as possible, and that's the issue I'd like to touch upon today. In particular, I'd like to focus on two important aspects of transportation in HRM which need attention.

Actually, one is already well on its way to being addressed, namely the pressing need for a bus service to the Halifax Stanfield International Airport.

Earlier this year, Council authorized Metro Transit to launch a daily bus connection between downtown and the bustling airport and I'm pleased to report this new service will start next May. That's good news for the 6,000 people who work there, as well as those airline passengers who travel light.

Three bids have been received to supply nine buses for the route and Council will consider them early this fall. As you may be aware, the airport authority will contribute \$500,000

towards our final cost.

The buses will run daily from 6 a.m. to midnight from Scotia Square to the Bridge Terminal in Dartmouth, then to Fall River and the airport. Fares will be \$3.25 cash for adults or \$100 for a monthly pass, the same as today's MetroX service.

It's encouraging to know that what was becoming a travel challenge in our community is being met in a timely and responsible manner.

Which brings me to the second transportation issue; namely, the traffic on Bayers Road. For anyone who uses this major artery during rush hour, you know what a bottleneck it is becoming. As you may be aware, a joint HRM/ Provincial study into the Bayers Road/ Highway 102 connector situation has been completed and will come before Council's committee-of-the-whole this month. Having read the document, I'm concerned about a proposal to widen portions of Bayers Road to six lanes, leading to the expropriation of numerous nearby dwellings.

Frankly, I am opposed to such a solution because it would cost taxpayers more than \$20 million and swallow as many as 80 adjoining private properties. Not only are the financial and emotional costs too high, the initiative is completely unnecessary. Thanks to lessons learned from the Chebucto Road situation, I believe there is a better, less-obtrusive way to improve traffic flow in this area.

In my opinion, the existing three-lane section of Bayers Road between Windsor and Connaught would flow much better if we banned parking either side and made the centre portion a reversing lane during rush hours. A reverse lane works well for the busy Macdonald Bridge; why not elsewhere?

From Connaught to Highway 102, let's add just one more lane allowing two inbound and two outbound ones, plus a reversing rush-hour bus lane. We'd have to trim a few feet from land on either side, but at least we wouldn't be forcing hundreds of citizens from their homes. As well, let's ban all cross traffic during peak hours, along with left-hand turns - including the one into the Halifax Shopping Centre.

I believe these ideas are practical, economical and worth investigating further. We need to start thinking more "outside-the-box" to answer the challenges we face. As a Council, we must never lose sight of the implications of our decisions - or of whose money it is.

I welcome your feedback on this or any other topic relating to our community. Contact me at kellyp@halifax.ca or www.peterkelly.ca or by phoning 490-4010.

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PHYLLIS HAYDEN

Phyllis McCarthy Hayden is proud to call Spryfield "home". Growing up on Clovis Avenue, she attended Central Spryfield School, Cunard Junior High and J Ilesley High School. Phyllis worked in retail sales and management as well as office administration before returning to her original career plan—accounting—completing formal training with honours. Her community involvement includes terms on school advisory councils, church boards, and that of political volunteer.

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DISCOVERING OUR PAST

Dentith Road in Spryfield named for Reverend A.F.J. Dentith (1874-1939)

By Iris Shea

There are some who may remember Reverend Arthur Francis John Dentith, the Anglican minister who served the parishes of Spryfield, Harrietsfield and Terrance Bay for many years. He was born November 19, 1864 at Boulogne Sur Mer, France, the eldest son of British parents, William Dentith and Isabella Catherine Gibbons. Rev. Dentith died March 1, 1939 and was buried in Spryfield (Emmanuel) Cemetery beside his wife, the former Flora Pattison. She was the daughter of Charles and Harriet Pattison and was born in Coventry, England.

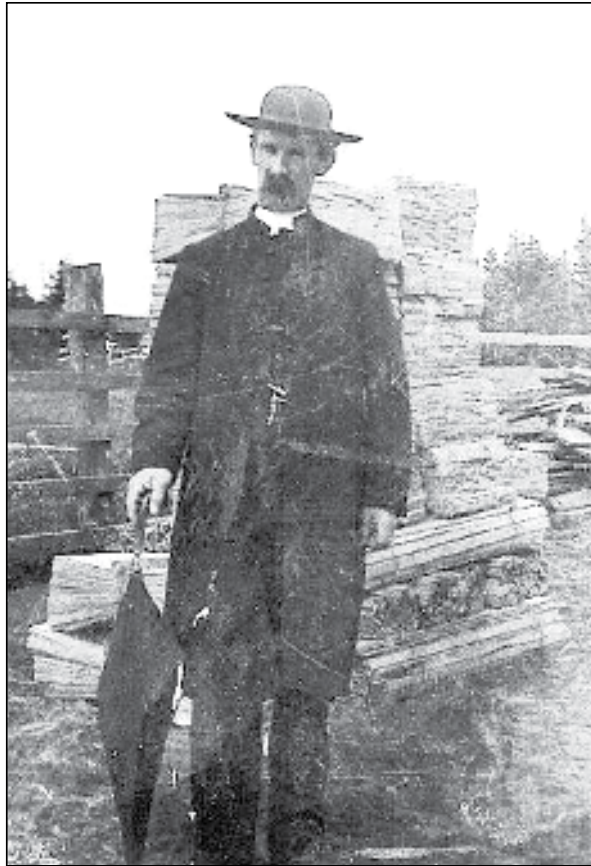
Rev. Dentith began training as a doctor in England but developed a hearing problem as the result of a train accident and was unable to continue his medical studies. In 1890 he emigrated to Marquette, Manitoba, and shortly after 1901 came to Halifax where he began his studies for the ministry. His parents and two younger brothers, Robert and Charles, emigrated from England in 1891 and settled in Marquette.

Arthur and Flora Dentith had one son, Hubert, born in 1901 in Marquette, and a daughter Isabella Catherine, born in 1903 following their arrival in Halifax. In 1906 Reverend Dentith was

ordained a priest of the Anglican Church of Canada at St. John's Anglican Church in Halifax and served in Harrietsfield and Spryfield for a brief period. That same year, 1906, his young daughter died and, according to the Emmanuel Church records, she was buried in Harrietsfield. In 1908 Reverend Dentith

went to the parishes of Liscomb, Ecum Secum and surrounding areas for the next four years. Constance Ruth Dentith, their youngest child, was born in Liscomb 3 Oct. 1908, baptized at St. Luke's Church, Liscomb, 15 Nov. 1908.

In 1912, Dentith returned to Spry-



field to serve as a priest to the residents of Spryfield, Harrietsfield and Terrance Bay. He occasionally travelled to St. Augustine's Church in Jolimore. With his medical knowledge he was called upon to treat certain medical conditions. He went to Terence Bay every second week for religious service and to dis-

tribute medicine which was often given free of charge. Young Sam Nicholson was hired to drive Reverend Dentith in the rector's horse and buggy to conduct services in the different parishes.

In March 1924 Reverend Dentith formed the first scout troop in Spryfield and was scoutmaster for eleven years. In 1925 his wife, Flora, died. His son, Hubert, took up residence in Montreal, attended McGill University, married and settled there. In 1935, the year Reverend Dentith retired from active ministry, he was presented with the gold medal of merit by Chief Scout Lord Baden Powell during Baden Powell's visit to Halifax.

Retirement was not without controversy. Frank Covert (1908-1987) was a young lawyer in 1935 and reported in his diary that his classmate from McGill, the son of Reverend Arthur Dentith, wrote to say his father was having trouble with the bishop, John Hackenley, and would Covert see what could be done. Reverend Dentith had been told by the bishop to turn over his books, his rectory and everything else to the new incumbent. Dentith wanted an audit and a receipt before he

would comply. Frank Covert wrote in his diary "that the older gentleman had an excellent reputation and had been honoured by the King for his work with Boy Scouts. The moment I saw him I knew I would hear the truth, the whole truth, and nothing but the truth". The bishop, according to Covert, had not reckoned with the rector's stubbornness and called a meeting of the parishioners at which he berated Dentith for engaging a lawyer, saying "No innocent man needed a lawyer". When Covert stood up at the meeting to speak the bishop yelled "Sit down". Covert refused and demanded the bishop withdraw the remark. Covert turned to the parishioners and asked if there was anyone who doubted the integrity of Reverend Dentith. The parishioners began clapping and soon all had joined in. Covert then delivered a lecture to the bishop, telling him that Dentith would turn over the property when he received an audit and a receipt. One of the parishioners was heard to yell "That's only fair and just". Frank Covert ended his diary entry with "The bishop, in a fit of anger, adjourned the meeting. Reverend Dentith got his way". (The diary of Frank Covert was published by McGill Press in 2004 under the title "Frank Manning Covert: Fifty years in the practice of law.") It was edited by Barry Cahill.

Reverend Dentith lived another four years following retirement. He was survived by his son Hubert in Montreal and his daughter, Connie, wife of Daniel B. Nicholson of Spryfield. His only granddaughter, Flora Nicholson, was a school teacher and was vice-principal of J.L. Ilsley High School when it opened in 1971.

The following is part of an editorial in the Halifax Mail, March 2, 1939, regarding Reverend Dentith: "He was a Christian minister who thought first of duty and nothing of material rewards. He trod the paths of humanity, he gave the best he had to give in the service of his fellow man and his name and the memory of his devoted career are enshrined in the hearts of the thousands whom he loved and to whom he ministered so faithfully and so well."

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Letters To The Editor

First they changed the Sambro Light-house so it now has a much dimmer light. I really do miss seeing the light shining on my living room wall, but the new light won't shine this far. Now the Canadian Coast Guard proposes to permanently discontinue the Sambro Island fog signal. What a shame for recreational boaters and smaller fishing vessels who are not equipped with all the "bells and whistles" of modern technology. It's not unusual to be out on the water on a beautiful sunny day and for the fog to set in very quickly. It's a crime that the safety of our nautical friends is being jeopardized because of complaints received from a few residents about the noise from the fog horn. I have to wonder why these folks would choose to live in a coastal community. Most of us found the foghorn comforting. Comments from concerned mariners and other interested parties should be submitted immediately to: Superintendent, Aids to Navigation, Canadian Coast Guard, 27 Parker Street, Dartmouth, NS, B2Y 3Z8 Telephone (902) 426-3151

Any objections must state the facts on which they are based and should include supporting information on safety, commerce and public benefit.

Lorrie Boylen

Re: HRM Proposed Boundary Changes

I would like to bring to the attention of the residents of HRM District 18 that HRM has published a survey outlining two scenarios for the proposed boundary changes needed in order to reduce the size of council. The survey can be found at: <http://halifax.ca/boundaryreview/> The two scenarios proposed are drastically different in regards to our district. Scenario 1 has us grouped in with geographical areas that appear "next door" by a glance at the map but are long drives such as Sambro to Terrence Bay (45 minute drive). This would put us in the same situation District 18 was in when the RCMP policed our area and had to cross HRP zones in Spryfield in order to get "next door" to Terrence Bay.

Scenario #2 would be more beneficial to the people of District 18. Spryfield is a mere 20 minute drive from Sambro. It would be more efficient for us to remain in the same district as Spryfield. This is where many of us shop, conduct our business, sports events, doctors, dentists, etc.

Thank you,

Leslie Harnish
Sambro

From The Editor's Desk

Correction: Last month's article about Angie Gray's Reflexology did not contain her new business name and email address. The name should have been Vita Navitas Holistic Well Being Studio and the email address should have been wellbeing@eastlink.ca I am sorry for any inconvenience this may have caused.

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Chebucto News Sports Page

JL IIsley judges back on the gridiron

The JL IIsley football Judges are preparing to enter their 4th season on the NSSAF gridiron. After a successful 2010 season, the team is ready to face their opponents in the high school league. Tryouts have begun with over 50 attending the first session. The home opener against Cole Harbour is Sunday, Sept. 25 at 1:00 PM – Rockingstone Heights.

Season Schedule:

Sunday September 18th 1pm
CEC CEC

Sunday September 25th 1pm
Cole Harbour Rockingstone*

Sunday October 2nd 2pm
Avonview Avonview

Sunday October 09th 1pm
Lockview Rockingstone*
- Food Bank Day

Monday October 17th 7pm
Auburn Burnside

Sunday October 23rd 1pm
Sackville Rockingstone *



Sunday October 30th 1pm
Sir John A Sir John A

Sunday Nov 06th 1pm
JH Gillis Rockingstone

JL IIsley Grads at Mount Allison
Congratulations to three 2011 graduates who will be playing football for the Mount Allison Mounties: Jacob LeBlanc, Duncan Coady and Matt

Murphy. Come see them at SMU on Friday, Sept. 9 – MA vs SMU

U18 Canada Cup
Congratulations to J.L. IIsley Judge – Rene Rizkallah who was selected as a member of Nova Scotia Provincial U18 Football Team. Rene travelled to Calgary in July to compete against the top U18 players in Canada

Jackson Carroll wins a berth on the WTF Canadian Jr Pan Am Team
Coached by Spryfield's Katy Pyke, Jackson Carroll returns from WTF Taekwondo Association of Canada's Jr Pan Am fight off by backing up his National Jr A Title and winning a berth on Canada's Jr Pan Am Team. Jackson will represent Canada this October in Las Vegas. Canada is among 42 member nations attending these games.



First Annual Kyle Henneberry Memorial Ball Hockey Tournament a Success

By Lorrie Boylen

From July 29 thru the 31, the first annual Kyle Henneberry Memorial Ball Hockey Tournament was held at Purcell's Cove Social Club. Kyle was tragically killed in a car accident while driving home from a barbecue early in the morning of Saturday, June 25, 2011. He fell asleep en route and his car hit a culvert and went into the ditch. He died instantly of head trauma. He was wearing his seatbelt and there was no sign of alcohol or speed.

Kyle graduated from J.L. IIsley in 2008, then attended NSCC, studied electrical and then worked as an apprentice with his father's company. Kyle loved hanging out with his many friends, working out at the gym, and had a passion for many sports, including badminton, softball, gaming, hunting, and of course hockey.

The idea for the 4 on 4 tournament was hatched by his good friends Michael and Nick Hart, and his friends Mike Gray and Spencer Armsworthy helped with organizing the event. The weather for the first part of the weekend was wet, but everyone had such a good time, they hardly seemed to notice. Organizers credit the success of the event to the support of the many volunteers who helped out. In addition to the hockey games, there was a silent auction, 50/50 draw, donation bin, raffle, barbecue and refreshments. Kyle's parents and brother and sister were there

the whole week-end, and his younger sister set up a lemonade stand. 101.3 The Bounce provided music during the event and helped promote it through their website and radio announcements.

14 teams played, with 7 players on each team. In addition to the roughly 100 people who played in the games, another 150 spectators and volunteers attended. On Sunday there was a celebrity game, where some of the parents played against each other, including Kyle's father and mother, Pat & Christine. Kyle's grandmother took some shots on goal during intermission.

Over \$4,000 was raised during the weekend, an incredible feat considering it was put together in only about three weeks. Part of the funds will be used for a scholarship for the 2011-12 year, in Kyle's name, at J.L. IIsley. While the



exact criteria has not yet been determined, the scholarship will be awarded to someone who is planning on taking a trade and who is active on school sports

teams and/or sports teams in their community. The rest of the funds will be donated towards a J.L. IIsley sport team.

Losing a loved one at such a young age is a pain like no other. Kyle's family misses him dearly, and through his many friends have gotten to know him in a different light, making them even more proud of the fine young man he was. The ball hockey tournament was the start of their healing. They would like to thank everyone who helped to organize, participate, and donate their time and money to this event. It has helped them tremendously to keep Kyle's memory alive.

Donations can still be made by contacting Michael Hart at 478-3718, email khmemorial@hotmail.com, or Mike Gray at 818-0357, email mike_gray13@hotmail.com.

Annual Ryan Kidson Memorial Slow Pitch Tournament

Every year, since his death in 2006, Ryan Kidson's family has held a slow pitch tournament in his memory. This year is no exception. Beginning on September 9 and running through the weekend, 9 teams will converge on the Graves-Oakley fields at Lieblin Park.

The public is invited to come out to this family friendly, alcohol free event and cheer on their favourite team. There will be a BBQ, 50/50 draw, and other fundraising events during the course of the weekend.

All profits from this wonderful event go to support local commu-

nity charities such as the Christmas Daddies, the Salvation Army and the Children's Wish Foundation.

It's a great cause, in honor of a wonderful young man, so come on out and show your support for your community.

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Any 10 Chicken Wings
Any 9" Nachos
Any 2 Small Donairs / Subs / Wraps

Emmanuel

(Continued from page 1)

this building and we knew we needed to hold a major fund-raiser.

I had attended a dinner theatre at a local parish and thought perhaps that we could hold such an event as well.

Although I was a forty-year career banker I always loved movies and theatre so I attempted to write my very first play entitled "Those Were the Days". The story tells of the crew of the Marine Atlantic ferry that sails between North Sydney and Newfoundland and is filled with East Coast music.

I held the first audition in late spring and the response was far from overwhelming. Some of the few in attendance had come to help in the kitchen, however I needed at least thirteen cast members so they were all given roles. Our debut performance was on Friday, October 27, 2006.

We had great fun and at our cast party the actors decided they would form a group known as "Emmanuel Players" and most of the members have performed in every play since.

"Setting Sail Again" and "A Mystery at the Islanders Hotel" were our next productions. As well as performing at Emmanuel, we have taken the plays "on the road" with shows at The Shrine Club, Iona Presbyterian Church and the Shearwater Yacht Club.

Other parishes have used the scripts for fundraisers as well.

The most recent play "Mystical



Front row left to right: John Smith, Marsha Slaunwhite, Brenda Kirby, Joan Schnare; Second row - Wayne Pottie, Dorothy Rudolph, Dale MacKeigan, Gordon Durnford; Back Row - Greg Scott, Rebecca MacEwen, Avon Fancy, Cecilia MacDonald, Liz Mahoney; (missing from photo - Sharon MacKenzie, Paula Pottie, Dianna Frye, Cara Hall)

McIntosh Run" seemed to really appeal to the locals, which was the reason we did repeat performances in June of this year, to accommodate those who were not able to get tickets in the fall.

For the first time we moved away from East Coast music to "Rock and Roll" classics and our audience appeared to enjoy hearing these "oldies".

Being a part of the group requires a huge commitment of time and energy as we hold approximately fifty hours of rehearsal time starting in late May or early June.

The actors provide their own cos-

tumes by borrowing from friends and family or shopping at used clothing stores and yard sales. Last year the "Pond Playhouse" offered us the use of their costumes and this has proven to be a great resource.

My "dream team" of actors is very patient with my numerous rewrites that go on during and after rehearsals and quite often they give me wonderful suggestions on how to make improvements. The great thing is that they are so hard on themselves when they "mess up" they save me the difficult task of correcting them.

I read a commentary written by Daniel MacIvor who told the cast of "Bingo" and I quote, "I need you to love yourself so I don't have to. But nothing could be farther from the truth. Certainly they must love themselves but regardless of how hard they are on themselves, my true love for them is without question." My own sentiments exactly!

Mind you, they have been known to do a bit of improvisation during the actual performances, sometimes to the point that I'm not really certain how to cue them!

When we began these plays I assured the participants that one of our goals was to have fun and, despite the hard work, we do have lots of laughs.

Of course what would dinner theatre be without a great meal and our patrons are assured of this with our own Sarah Durnford at the helm. We have had feedback that folks come as much for the delicious meal as for the play!

Our newest production is entitled "Gillian's Island" and is an updated version of a once very popular TV sitcom from the sixties. Perhaps the title might give you a hint about the story line?

Following the success of last year's play we are again using mainly classic "Rock & Roll" music.

This production is being served up to the public, along with the usual delicious three-course meal on Oct. 14, 15, 16, 21 and 22.

Tickets are \$25.00 and can be purchased by calling Alecta at 477-7870. We have planned seating and all tickets are pre-sold.

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You can also find Jill teaching fitness classes at GoodLife Fitness but she can certainly help you get your home fit to list too!

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Harvest Time is Here

By Jane Zentner ~ I Grow
Vegetables

Harvesting is the prime focus in September. If they have not yet been harvested, it is time to harvest the garlic and onions. By now the tops should have turned yellow and died back. If the onion tops have not begun to die back, encourage them to do so by bending the stem over at the base. After digging, remove dirt and loose skins then spread them out in the sun to dry. Drying may take a few days. If the bulbs are not dried well before storing they may rot. Remove tops when storing bulbs in bins or bags or braid the tops and hang in storage. Store in a cool, relatively dry, location.

Leeks withstand some frost and continue growing in the cool fall weather. They can be harvested up until snowfall makes it difficult. Although the winter usually kills them, leeks have been known to overwinter in Halifax. If left to grow the second year, they grow seed heads.

Potatoes should be dug once the plants have died back. First pull the plant and remove all the visible potatoes. Then use a garden fork to get them all. To avoid hitting potatoes with the fork start about 1½ feet from the plant and work your way in. Cure the potatoes by laying them in the sun to dry. Do not leave them in the sun for more than a few hours or they may begin to turn green. The green spots, due to sun exposure, are toxic and should be cut off before eating. Store potatoes in a cool dark place. Sometimes potatoes left in the soil will grow the following year. This should not be encouraged, as it is best that potatoes be grown in a new location each year.

Cabbage is ready to harvest when

the head is firm, independent of the size of the head. Small heads could be due to a number of things: planted too close together, poor soil, not enough water. Sometimes cabbage heads crack. Use cracked heads as soon as possible to prevent spoilage. If your cabbage leaves are riddled with holes, it could be the green cabbageworms or slugs. This year being very wet I have found slugs to be a greater problem than the cabbageworm. Submerging the head in salty water will remove most unwanted hitchhikers.

Winter turnip and parsnip are sweeter following first frost. These root crops, as well as carrots, keep well in the ground

The music plays on...at Melville Heights

By Carrie Forbes

When Shirley Burnstein's choir, The Northwood Players, suddenly found themselves in need of a new rehearsal space, they were delighted that Melville Heights invited them to use their facilities for Friday afternoon practices, just as they have done for the past three decades. Now known as The New Players, the choir will continue their legacy of performances across Halifax and many parts of Nova Scotia.

This September, the choir will celebrate its 25th anniversary. Shirley, a former music teacher, recalls being asked by a director at Northwood Manor to start a choir for the seniors who lived there. What began as a humble group of 8 or 9 members has continued to grow to its current membership of over 50

and are best left in the ground until use, or until the ground begins to freeze or snow begins to fall.

Winter squash is mature after it has stopped growing and become somewhat darker in colour. By this time, the skin has hardened to the point that a fingernail pressed against it will not mark it. If winter squash is picked before it is mature it should be used promptly as it will not keep.

Cucumbers turn yellow when they are ripe. Ripe cucumbers have tough peels, watery flesh and large tough seeds. They are fine in recipes calling for peeled and seeded cucumbers.

Too many tomatoes? Freezing tomatoes is simple. Just put them "as is" into freezer bags. Before use, run the frozen tomato under warm water and slip off the

skin. Use them in soups, stews and sauces.

Because Halifax is on the coast, first frost often holds off until the 2nd week in October, however low-lying inland areas may get frost in September. The temperature drops more when the humidity is low and the nights are clear. Veggies that are quite susceptible to frost include: bean, cucumber, squash, pumpkin, tomato, eggplant, pepper and corn. Light frost damages the plants and immature fruit but not mature squash and pumpkins, nor will it hurt ripe beans being saved for soups or seed. If your plants are still productive when frost is forecast, you may wish to cover them. An old sheet will do, but secure it so it will not blow away. Remove the covering the next morning after the air has warmed up.

singers. Regarding the membership, Shirley says, "All we were looking for were seniors who just wanted to sing. You didn't need to have any experience or a professional background, and there were no auditions." This welcoming criteria still holds true today, with members as *young* as 94, from all parts of Halifax. They sing popular music from the 1920's to 1940's era, religious music, and traditional Canadian standards. Their performances not only entertain, but often help to fundraise for various groups of all ages.

The decision to leave Northwood Manor was a difficult one for the players, but a change in management direction prompted Shirley to leave her post as music director. The members of the choir felt so strongly about continu-

ing with Shirley's leadership that most chose to move with her. This created a challenge for the choir's executive team, who were tasked with finding a new space for rehearsals, storage for instruments, and funding to support the performances they had planned for the upcoming year. However, they worked tirelessly over the summer to make the right connections and solve the challenges to keep going.

One of their key connections was Nova Scotia Minister of Health and Wellness, Maureen MacDonald. Minister MacDonald has been a strong supporter of the players, and was empathetic to their cause. She not only assisted them to obtain a small grant for funding, but helped to find suitable rehearsal spaces. As Shirley noted, "A number of places we looked into had very high rental fees of \$1000 or so, per month. We just couldn't afford that." Minister MacDonald recognized this challenge, and worked with them to find an affordable alternative.

So, when Shirley received the call from the executive director at Melville Heights, she was 'thrilled beyond words'. Not only were they invited to rehearse on site, but they could store their instruments and equipment with no fees. Beyond this generous offer, Shirley says they were welcomed and accepted by the Melville community right away. "On our first rehearsal afternoon, we were served tea, coffee and treats. We thought we'd died and gone to heaven!" Many residents came to listen and show their support for the New Players, filling the room with excitement.

The value the New Players bring to the seniors' community is considerable. The choir members have an opportunity to be part of a strong family that provides friendship and support to one another while fuelling their passion for music. They also have an opportunity to travel the province and meet people from all walks of life. Their passion for singing and the delight of those they entertain keep them going. Their new rehearsal space will ensure they can continue on.

"We just want everyone to know that the folks at Melville Heights have made this possible, and we truly thank everyone who has come along to support us along the way."

If you are interested in hearing the The New Players, or would like to help support the group, you can contact Shirley Burnstein, at 475-3204.



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OBITUARIES

(Continued from page 14)

Marion Shatford, Roy Edmunds, Guy Paquette, Bob Fournier and John Turnbull, and many wonderful nieces and nephews. Cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road. A memorial service was held on Tuesday, July 26, in the funeral home chapel with Rev. Dianna Brett-Frye officiating. A private graveside service will be held at a later date. In lieu of flowers, donations in Vernon's memory may be made to Poppy Trust Fund, Nova Scotia/ Nunavut Command, 61 Gloria McCluskey Ave, Burnside Business Park, Dartmouth, NS, B3B 2Z3. Words of comfort can be sent to the family by visiting www.walkerfh.com

Stanley Wournell

Wournell, Stanley Nelson: 73, Spryfield, passed away suddenly at home on Sunday, July 17, 2011. Born in Halifax, he was a son of the late Thomas and Eileen "Mary" Wournell. Stan was raised in Spryfield. Throughout his life, he had been employed with the Canadian Coast Guard, and then with Spryfield Taxi. Stan is survived by son, Stanley Jr. (Lauren), Halifax, daughters, Karen Wournell (Scott), Halifax, Susan Ross (Brian), Innisfil, ON, Cathy Towill-Wournell (Rose), Canning, NS, and Jean Wournell, Halifax; sisters, Susan "Susie" White, Calgary, AB, and Brenda Wournell (Arthur), Williamswood; brothers, Eddy, Halifax, Paul, Halifax, David (Sue), Herring Cove, and Wayne, Shad Bay; granddaughters, Jamie Ross and Jessica Wournell, grandson, Gary Ross; great-granddaughter, Emma Ross; as well as many nieces and nephews. He was predeceased by his loving wife, Patricia, his brother, Sonny, and a brother-in-law, Harry White.

Arrangements were under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road. A memorial service was held Saturday, July 23, 2011 in the funeral home chapel, with Rev. Dianna Brett-Frye as officiating clergy. The family would appreciate donations be made to the family in memory of Stan. Words of comfort may be made to the family by visiting www.walkerfh.com

Douglas Williams

54, Halifax. July 25, 1956 – July 2, 2011. Doug was born in Spryfield at home and passed away at home surrounded by his family and friends. He was a son of Pearl (Smith) Williams of Necum Teuch, and the late Harry Williams. Doug was a pipe fitter by trade and worked all across Canada. He loved life, family gatherings, wrestling, western movies and impromptu day trips with his best friend Janice. His great love was Coronation Street, which he watched faithfully up until his death. He will lovingly be remembered and never forgotten by brothers, Philip, Timothy (Sharon) and Roger (Dawn), all of Spryfield; sister, Diana,

Necum Teuch; nieces, Heather, Tiffany and Leslie; great-niece, Cadence, all of Halifax; many friends and relatives. Special thanks to the staff of 8.4 at the Halifax Infirmary and the nurses that were with him at home and took

Garbage isn't best legacy

(Continued from page 13)

creosoted lumber. Sewage treatment is a refined science, and we're at least aware of the concerns about the possible contents of sewage sludge.

We all know of the devastation when an oil spill on a property renders it nearly valueless, and the huge costs and disruption associated with digging out contaminated soil, but how do we ensure it ends up safely neutralized? There have been cases of contaminated soil destined for treatment instead delivered to builders in search of fill; I've long been surprised that we don't track this material from source to disposal. Watching the partial demolition of the old Queen Elizabeth High School, now at a temporary halt because of the unbudgeted extra costs of removing and disposing of asbestos and other hazardous materials, has been a graphic illustration of the huge cost of waste removal, but the cost of failing to do so can be even higher.

Still, important steps have been taken recently. The story of the former RDM Recycling, an existing salvage

special care of him. An extra special thanks to Joan Rowe of WCB whose dedication to Doug's care ensured that his wish to come home was granted. Arrangements were under the direction of J. A. Walker Funeral Home (2005)

yard in Harrietsfield which was rezoned in 2001 to permit a possible C&D disposal site— although in a residential area— is finally reaching a conclusion. The site was prepared to, and did, receive demolition debris from the old Halifax Civic Hospital, although the Department of Environment had not approved it for the purpose. I'm very pleased that in 2004 the Department did deny approval for a disposal site, and the debris already present was sealed in special clay containment cells.

Residents have remained concerned about the impact of continued C&D receiving at RDM as part of its recycling activities, and earlier this year, the Minister of Environment issued a ministerial order, denying the successor company's application to reduce water testing, as well as both widening and more clearly defining the scope of water testing for certain metals and chemicals. The company has now been ordered to produce a plan for managing surface water flowing across the site, monitoring wells in the area, and dealing with those contaminants that pose a health

hazard. The cost of transporting contaminants to treatment or containment, and waste to recycling, is a real deterrent to effective environmental, and human health protection. Until we have a system which genuinely rewards proper waste collection, there will be no real progress. E-waste recycling is a good model (although the approved facilities are probably too sparse, and so the cost of driving old TVs and computers to recycle often means it's cheaper to throw them in the woods; I've requested a review, and hopefully expansion of the waste receivers list).

hazard.


All residents of this province have the right to expect that waste will be disposed of responsibly, and in a way that doesn't jeopardize their health and their surroundings.

By geography and history, we may have certain disadvantages, but we don't have to accept them. Other jurisdictions are keenly interested in NS technology for handling waste. Nova Scotia can be a model of care; it would be a wonderful legacy.

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Boundary changes need your input

By Linda Mosher, HRM Councillor, District 17

Recently the Utility & Review Board (URB) made a decision to cut the number of HRM Councillors by seven. The next step is for the URB to determine the new polling boundaries. HRM staff posted two possible scenarios on our website: www.halifax.ca/boundaryreview. The recommendations suggest a reduction of four Councillors for the Halifax area. In scenario one our district remains relatively the same but takes in more of the Spryfield area off Herring Cove Road; however, Purcell's Cove past Oceanview would become part of District 18. The second scenario splits our district and puts the Fairmount portion of Armdale with the West End and downtown Halifax. It puts the rest of our district with District 18. Unfortunately neither scenario would keep all the current District 17 residents and communities of interest in the same new district. We are asking the public to comment on the scenarios. In my opinion, when you look at most of the districts in HRM, scenario one keeps communities of interest together. It does need some minor tweaking as one district is very large and one district is very small. From our district perspective, scenario one maintains our school boundaries, our Chebucto minor sport boundaries, and still includes our recreational amenities and communities of interest. As well, the issues that are prevalent in scenario one are still congruent, including but not limited to traffic, policing, safety, environment and recreation. Scenario two combines three vastly different areas; it separates Armdale into two districts and then adds the West End and part of downtown Halifax even including Barrington Street. Your opinion may be different than my opinion or that of HRM's staff. We are asking members of the public to comment on these boundaries keeping in mind the URB criteria for polling boundaries: number of voters and parity between districts, communities of interest, whether it is primarily urban, suburban or rural and the geographic size of the district. Written submissions may also be made to the Municipal Clerks Office, P.O. Box 1749, Halifax, N.S. B3J 3A5. Email: Clerks@halifax.ca Fax: 490-4208 Telephone: 490-4210. Or the survey can be completed online: www.halifax.ca The URB has a

tight timeline so the deadline for public submissions is September 9th.

We had an excellent turn out for the 4th Annual Dingle Beach Party. It was a nice sunny day and 1000's of people came out to enjoy our beautiful park and celebrate Natal Day. It is important to note that this event would not be possible without the generosity of our local community sponsors. A special thanks to the Spryfield Animal Hospital, Tim Horton's-Osborne Street, Bowlarama-Herring Cove Road, Sobey's-Herring Cove Road, SNC Insurance-Herring Cove Road, RBC -Herring Cove Road, Living Hope Church- Springvale Avenue, Halifax Water, Halifax Fire, Halifax Police and HRM. It was a great event with a live band, BBQ, bouncy castles, canoes, and children's activi-

ties. We had some BBQ issues and as a result there were long line ups. Next year we are going to change the BBQ service so we can serve food in an appropriate amount of time. In addition, I am looking for a community committee to oversee this annual event. Meetings would not start until next year but if anyone is interested please contact me and I will ensure you are contacted to plan the 2012 event. Thank you to all residents for making this a special day. We finally received a positive response from the federal government that they will contribute \$51 million for a new Trade and Convention Centre. Minister Peter MacKay's announcement was excellent news to our City. I have previously written about the proposed convention centre and now it will become

a reality.

The convention centre will produce economic spin off, increase employment both during the four year construction phase as well as permanent positions, and give us income growth. This construction will be a catalyst for downtown development and will increase confidence in investing in downtown which means more municipal dollars to support facilities and services in all of HRM's communities. The complex will include a 4.5 star hotel, an office and residential tower, and retail shops. It includes an events plaza for members of the public. The complex is large enough to house about 10,000 people, whether they be shopping, attending a meeting or working.

Entire Loop to get transit service!

By Stephen Adams, HRM Councillor, District 18

At our Regional Council meeting held on August 16th, Council supported the recommendations put forward with respect to our Community Transit.

As you may recall in previous columns, there was a proposal to cut our service to 4 trips daily. As you can imagine, this was not a popular option. We were able to have this decision held in abeyance until our Transit Committee and Transit staff could look at options. We assessed the scenarios and each chose one which would best suit our communities' needs, while addressing some of the budgetary concerns.

The effort of everyone involved was nothing short of incredible. The new service will provide 5 round trips in the morning and 5 round trips in the late afternoon, and early evening. Beginning in November the entire Loop will have bus service. You can see a copy of this report on our website which outlines the schedule. Transit staff will be working to ensure residents are aware of the changes. This is truly exciting news! A special thank you goes to Sandra Whitehead and Gary Macleod for their input and support.

On July 27, the Nova Scotia Utility and Review Board announced their decision to reduce the number of HRM Councillors from 23 to 16. This deci-

sion came as the result of hearings with the public and written submissions.

I was quite surprised by this reduction. Although Council's committee submitted a recommendation for 20 Councillors (which I supported), Regional Council opted to remain at 23. In fact, the UARB consultant also recommended 20. This made sense, given that this would be similar to the number of MLA's in HRM.

The new boundaries have yet to be determined. HRM staff have been charged with the task of bringing forth suggestions for the new boundaries.

The hearings to determine the boundaries will be held on October 12-14. By that time, a recommendation will be forwarded by Council, which will be the basis for discussion.

As always, Sambro Sou'Wester Days was enjoyed by all. The timing

for great weather could not have been better. Again this year, Mayor Kelly and I were part of the HRM float in the parade. It is always great to see smiling children when they see our HRM Police horses or the Fire Trucks and some other, shall we say, "entertaining" entries. You know who you are.

The ball tournament was well attended, with Doug Hart's team beating Patty Gray's crew 19-16 in the finals. This is a rivalry that is building to a point where it will surpass that of the Yankees and Red Sox.

I have had a number of calls and email from residents of Lieblin Park regarding a letter received from Halifax Water. I have been working with Charles Hogel to find solutions to the burdened sewer systems, without causing financial hardship.



Peter Kelly
Mayor

Halifax Regional Municipality

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kellyp@halifax.ca

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HRM Councillor, District 17
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www.grahamsteele.ca



7105 Chebucto Road, Suite 101
Halifax, NS B3L 4W8

Join me for “Ride Your Riding” By Megan Leslie, MP for Halifax

Want to bike ride with your MP? Want to support active and sustainable transportation for our community? Read on! Did you know that Canada is the only G8 country that has no national public transit strategy? It’s hard to believe! Each year we lose billions of dollars because of traffic congestion and the inefficiency of our neglected public transport systems.

Our federal government, regardless of who has been in power, has time and time again failed to make good, sustainable transport a priority, despite a lot of evidence that shows the social, economic and environmental benefits of expanding public transport networks. The under-investment in public transit makes it harder to get around in our cities, causes more congestion and hurts our economic growth.

This coming fall, Olivia Chow, my colleague and NDP Critic for Transport, Infrastructure and Communities, will re-introduce her Private Member’s Bill which calls for a National Public Transit Strategy.

A well-functioning, efficient and extensive public transportation network in Halifax (and every city!) would get people out of their cars: providing a cheaper, healthier and environmentally friendlier way for people to get where they need to go.

Imagine how this would improve the quality of people’s lives: we could connect neighbourhoods more efficiently and ensure that all people, regardless of age or region, would be able to access stores, cultural centres, government offices and schools.

HRM deserves stable, reliable, sustainable federal funding for public transit to help them meet this challenge to build more environmentally sustainable, prosperous and livable communities that will help us remain competitive in the future.

So how do we do it? The National Public Transit Strategy bill would require that the government provide a permanent investment plan to support public transit. The federal government would work together with all levels of government to provide sustainable, reliable, long term and adequate funding.

But this bill needs your support! I encourage you to sign onto the petition in support of this incredible public

transit strategy that can be found on my website at: <http://meganleslie.ndp.ca/post/transit>. By signing, you will send a message to the federal government that all Canadians deserve quick, convenient, affordable and accessible public transit.

And let’s lead by example! Please join me for “Ride Your Riding” – an event I am co-hosting with Bicycle Nova Scotia and the Halifax Cycling

Coalition on Sunday, October 2, 2011. This event is a guided cycling tour that will start in Spryfield and end at the Seaport Market. You’ll be shown the different options for getting around our community on a bicycle, get a refresher on bicycle road safety, and enjoy a lovely afternoon with other folks who want to use bicycles more: for commuting, and for fun! Participation is

open to everyone (kids too!) and there is no cost. Participants need only bring a bike, their helmet and a sense of adventure.

More information can be found on my website at www.meganleslie.ca or by calling my community office at 426-8691. You can write to me anytime at megan.leslie@parl.gc.ca, or at 1-2207 Gottingen St., Halifax, NS B3K 3B5.

Garbage isn’t best legacy

By Michèle Raymond, MLA for Halifax Atlantic

Summer brings Nova Scotians out of doors to enjoy the province’s beauty, but many communities have to start the outdoor season not just with barbecues, and gardening, but with the picking up of garbage accumulated over the winter.

The annual Macintosh Runs and Williams Lake cleanups, the Old Sambro Road litter pickup have become important parts of the local calendar. But it’s a shame that they need to be, and as I talk to residents all over the area, and beyond, I hear over and over again about the increasingly visible ‘cost’ of the disposable items and packaging which figure so large in our economy.

It’s easy to see the ugliness of abandoned garbage, and to appreciate the efforts of Boy Scouts picking up shreds of foil chip bags, and faded Tim Hortons cups, used batteries and broken Frisbees in the long grass beside the road where they’ve been thrown, and of students wading into the Macintosh Runs to fish out old gloves and plastic bags, bottles, tin cans and shoes, but it’s part of a much larger story.

The trash doesn’t just decay, but it affects the immediate surroundings, sometimes chemically, and always physically. And it seems that litter begets litter: wherever we’ve tossed something, others usually follow.

I’ve received many calls about litter and dumping, including quite a few from people annoyed by bundles of unwanted advertising flyers thrown onto their property. The frustration is evident; I’ve proposed (and hope to see) three amendments to the Environment Act and regulations, including a change which would allow prosecution for depositing advertising on another’s property, not just for attaching it. In the

meantime, people should keep calling distributors to register their refusal of flyers.

Every act of disposal is the result of a risk:benefit calculation. Is it worth it to drive this old TV set to the depot? Is it worth it to run the risk of a fine for “releasing” it into the environment? Is it worth it to keep this dirty diaper in the car for the next 20 minutes, or worth any possible fine to get rid of it right away? Is it worth the tipping fees to take this load of asphalt shingles to the landfill? Is it worth risking a fine to get rid of this basement full of painted lumber full of nails and insulation at no cost in the woods?

Ironically, for many consumer products, the cost of purchase is going down just as the cost of disposal rises. Rather than repairing an old TV set, it’s often just as easy to buy either a new one, or a “new used one”. Yet the inexpensive purchase isn’t mirrored by cheap disposal. Waste is a global problem. Some countries actually purchase waste for recycling the materials (usually metals and plastics), if the hard work can be done cheaply enough to make it worthwhile. As fuel costs go up, though, transportation costs more and more, and so waste stays closer to home. The question is, where at home?

Nova Scotia has a well deserved reputation as a leader in recycling, and the complex system of diversion credits to municipalities actually transforms garbage into a resource. Still, there is work to do in getting the waste to ‘market’. I’ve asked for a review, and hopefully expansion of the current list of approved E-waste recycling facilities

Here in Halifax Atlantic, just outside of a longstanding urban area, we’re particularly affected. Peninsular Halifax has seen many uses over 250 years: industrial, military, transportation, medical, and residential. It’s housed hospitals, port and railway termini, defense facilities, electric generation, streetlights, government buildings, and homes, but many of these structures, when demolished, and vehicles when finished, were traditionally taken just outside of ‘town’— often Halifax Atlantic.

We know much more now than we did about environmental contaminants. We no longer use asbestos insulation or lead paint, but many buildings still contain them. We’re careful now when oil spills on the ground, and don’t handle PCBs with bare hands. We’ve learned not to pour chemicals down storm drains that run into streams and the ocean, and not to build wharves with
(See Garbage isn’t best legacy on page 11)

Stephen Adams

HRM Councillor, District 18

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MLA for Halifax Atlantic

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Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to tangelene@live.com

COMMUNITY EVENTS FOR SEPTEMBER

Minor Basketball Registration Mainland South Express will be registering boys and girls teams Wednesday, September 7 from 6:30 pm to 8 pm at Captain William Spry Community Centre. Call Todd 852-5468. Check website www.mse.goalline.ca for information.

Harvest Fair Urban Farm Museum Society of Spryfield, annual Harvest Fair Saturday, September 10 at the Urban Farm field, Rockingstone Road. Rain date Sept. 11. Free admission, food and fun for all ages, games, entertainment. Donations accepted. Produce and preserves for sale. For information call Pat: 477-6087.

Melville Cove Reunion A Melville Cove Reunion is being planned for November 12 at Armdale Yacht Club. If you lived between St. John the Baptist Church and the Dingle Gates, we want to hear from you. Register now, space is limited. Contact Mary Ellen, wfzwick@ns.sympatico.ca or call Iris, 479-3505

"Fall Fair and Sale" Parkhill United Church, 5 Kirk Road, (Corner of Parkhill and Kirk Roads, Jollimore). Saturday, September 24, 9:00 am to 1:00 pm." Featuring home baked goods, household items, books, jewelry, antiques, novelties, collectables, games, music and refreshments. For more information, contact Regine Maass 477-1469 or Sheila or Hugh Kindred 477-1422

URBAN FARM MEETING:

The Urban Farm Museum Society of Spryfield will hold its monthly meeting on Monday, September 12th, 2011, 7pm at the Capt. Wm. Spry Community Centre. Volunteers and new members welcome. For further information, please call Pat @ 477-6087 or e mail jamac@ns.sympatico.ca

The 1st annual Parkmoor Avenue Street Sale The approximately 20-25 home street sale is going to be held on Saturday, September 3rd with a rain date of Sunday September 4th from 9am-2pm..

Emmanuel Players present: Musical Comedy "Gillian's Island". An updated version of an old favorite! \$25.00 ticket price includes an evening of great entertainment with a delicious meal of salad, entree & dessert (wine available) October 14 & 15 (Roast Beef Dinner) October 16 Sunday Matinee (Roast Beef Dinner) October 21 & 22 (Pork Loin Dinner) Emmanuel Church Hall, 322 Herring Cove Road, Hfx. Doors open at 5:30pm, 3:30pm for matinee. Reserved ticket seating. Tickets, information available by contacting Aleeta 477-7870

Dance at Emmanuel Church Hall 322 Herring Cove Road, Spryfield on September 17, 2011 from 8 pm to 12 am

\$7.00 per person, light lunch at intermission

The Meaning of Life is ____ What do you think? Free Steak/Salmon BBQ at St Paul's Church grounds. Afterwards stay for a talk on the Alpha program. Bring your questions/thoughts and bring a friend. Thursday Sept 15th 6:30 RSVP Debbie 477-4847 or email dndclark@hotmail.com

Elder Learners Lecture

Saturday September 24 2011, Saint Mary's University, McNally Theatre Building, Robie St., Halifax, 9.45 a.m.

Dr Fred Vaughan

"Supreme Court since the Charter 1982" The UCW (United Church Women) at St. James United Church in Sambro is looking for women who like to socialize and help others. If you are interested, please call 868-2791. Keep the UCW tradition going.

Elderobics, sponsored by the YMCA, is an exercise program for older adults. Participants are encouraged to exercise at their

own pace. Classes are held many HRM locations, including Emmanuel Church Hall, St. Phillip's Anglican Church Hall, St. Matthias Church Hall, and Bethany United Church Gym. Fee is \$3 per class plus an annual fee of \$5; free to Y members. Sessions are led by qualified YMCA fitness instructors and set to lively music. Each class includes a warm-up, low-impact aerobics and muscular strength exercises, followed by stretching and relaxation. Come join the fun...and get fit! For more information call Susan Theriault at 423-9622 Ext.253.

LEGION: Bingo every Sunday at 1PM.

Mini Bingo at 6 PM. and Superstat Bingo at 7 PM

St. Paul's Recycling On the third Saturday of every month, St. Paul's United Church in Spryfield will collect your clean refundables. You can drop them at the church at 173 Old Sambro Rd. between 10:00am and 1:00 pm. If you would prefer, you may call Carolyn at 477-0187 or Jackie at 477-3776 to have your refundables picked up.

Spryfield Silver and Black Attack Hockey Team Tryouts begin on September 14th, from 6:00 - 7:30 pm at the Rocky Lake Dome. Cost will be \$20.00 Additional workouts will be held September 21st and 28th. If you played with another Junior C team last year, and want to try out with the Silver and Black, please bring a copy of your release. We are going to have an exciting year for our players and fans. You can be part of the Steam Roller, or part of the pavement. It's your call!

Upcoming events at St. Paul's United Church:

September 10, 11:00-2:00, Silent Auction sponsored by the Garden Committee
September 11, 11:00 Sunday School starts

September 13, 6:00 for 6:30, UCW (United Church Women) opening with dinner at New Asian Restaurant. New members welcome.

September 17, 10:00 am-1:00 pm, monthly bottle drive

September 24, 4:00- 6:00, Roast Beef Dinner

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

Joyce Burton

78, Spryfield, passed away peacefully on Sunday, July 24, 2011 in the Dartmouth General Hospital. Born in Halifax, she was the daughter of the late Bernard and Irene (Zinck) Van Tassel. She was a long time resident of Spryfield. She enjoyed socializing and playing cards with her friends. Her pride and joy was her family, especially her grandchildren and great-grandson. She is survived by her son, George (Margie) Burton, Lawrencetown; grandchildren, Peggy (Bob) Doyle, Edmonton; Donald (Melissa) Burton; great-grandson, "Joseph" Macarius Burton, all of Bedford; brother, Rev. Albert (Fran) VanTassel, Springfield, Mass. She was predeceased by her husband Joseph Burton; long time friend Alan Baker and grandson in-law Steve deMontbrun. The family extends special thanks to the caring staff on the 4th floor of the Dartmouth General for their long term care and support. Arrangements were under the care of J. A. Walker Funeral Home (2005) Ltd, 149 Herring Cove Road, Spryfield. A funeral service was held on Wednesday, July 27 from the funeral home chapel. Interment took place in Pleasant Hill Cemetery, Lower Sackville. Donations in her name may be made to the Alzheimer Society or a charity of one's choice.

Vernon Westhaver

Westhaver, Vernon (Vern) T, -88. It is with great sadness that we announce the passing of our dad, Vernon Westhaver of Halifax as a result of heart and kidney failure. Raised in Armdale,

he was the son of the late Bernard & Josephine Westhaver. In 1936, Vernon was awarded the bronze star for bravery. He voluntarily joined the RCCS Army as a wireless operator from 1942-1946 & was one of the last remaining D Day Vets. After the war, he owned and operated OK Radio & TV for 36 years. Vernon was an ardent golfer and member of Ashburn Golf Club for many years. He was a lifetime member of Vimy Legion serving on the executive for several years. Vernon also served on the Spryfield Service Commission for 4 years. Vernon will be remembered as a social person. He thrived on being around people especially those with enthusiasm. For years, he enjoyed dancing and always held a great zest for life. Vernon & his family enjoyed many wonderful vacations in Kejimikiyik & since then have been lifetime friends with the Rogers family. Vernon would tell you that his proudest accomplishment in life would be his family whom he loved deeply. Vernon married Lucille (Shatford) in 1948 and stayed happily married until her death in 1987. He leaves behind his son, Steve; Halifax, daughter, Gail (Richard) Smith, Sambro Head; along with his two beloved granddaughters, Krista (Sean), and Lisa (John) & great-granddaughter Keira. He will be sadly missed by his dearest friend & the love of his "golden years", Viola Smith of Bedford, brothers, Rolley (Shirley); Ricky (Nancy), Halifax; Gary (Suzanne), Manitoba, sister, Janet Labine, Ontario, brothers-in-law & sister-in-law, Don Orton, Lester and

(See Obituaries on page 11)

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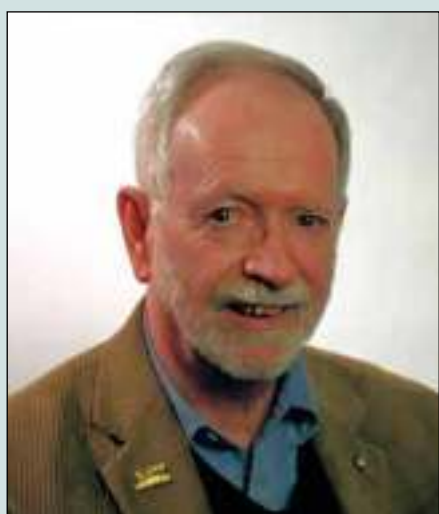
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6" x 36" CHIMNEY LENGTH (#3139722)
\$77.77

COMPLETE SUPPORT WALL KIT
Includes insulated wall Tee (#3136009)
\$277

PELLET STOVES?...THINK LUMBERMART

ECO 45 PELLET STOVE

Heats 2000 sq. ft.
78% efficiency.
45 hrs. max

\$2988 (#773389027899)

FREE
PALLET (70 Bags) EASTERN EMBER PELLETS
DELIVERED
with the purchase of either stove

ECO 65 PELLET STOVE

Heats 2600 sq. ft.
77.8% efficiency
Up to 92 hrs. burn time

\$3688

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