



Armdale • Bald Rock • Ferguson's Cove • Harrietsfield • Herring Cove • Jollimore • Ketch Harbour The Pennants • Purcell's Cove • Portuguese Cove • Sambro • Spryfield • Williamswood

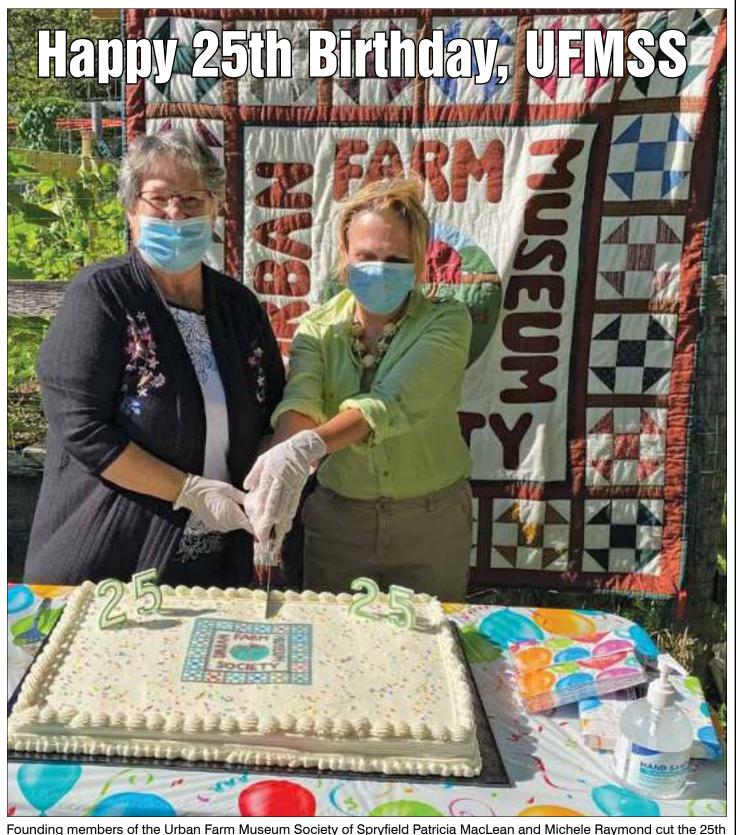
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Founding members of the Urban Farm Museum Society of Spryfield Patricia MacLean and Michele Raymond cut the 25th Birthday Cake at the Harvest Fair on September 19th. Absent from the photo - Marjorie Willison. Full story on pages 6-8.

"Love Your Lake"!

by Cathy Vaughan

Healthy shorelines are vital to healthy lakes. "Love Your Lake" (LYL) is a voluntary assessment and stewardship program for owners of properties on lakes. It promotes healthy shorelines and provides information on smart land management choices that will improve water quality, preserve wildlife habitat and support the vitality of their lake.

The "Love Your Lake" program was developed by the Canadian Wildlife Federation and Watersheds Canada. It is delivered locally by Re-Imagining Atlantic Harbours and by Williams Lake Conservation Company (WLCC.) The WLCC applied for and was granted the opportunity to include Williams Lake in the LYL national database. WLCC was formed in 1968 to oversee repairs to the deteriorating Williams Lake dam and subsequently took on the role of stewards of Williams Lake, its watershed and environs.

This summer, volunteers from WLCC's board of directors delivered the LYL survey to over 80 lake-side property owners on Williams Lake. Debbie Hall, a member of the WLCC board of directors, delivered surveys to waterfront owners around Williams Lake. Hall felt that the LYL survey was well received by property owners on the lake.

"Everyone I spoke to had a positive response to the LYL program and appeared pleased to participate in the survey. Many also, however, commented on the low lake level and its impact on water quality, fish and wildlife habitat and public access to

(See Love Your Lake on page 2)

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Love Your Lake!

(continued from page 1) the lake," said Hall.

The LYL survey asks residents on the lake to rate what they value most about the lake, their personal enjoyment of and recreational activities on the lake, their concerns and issues affecting the lake and to identify actions that would benefit the lake's community. Through the LYL program, property owners receive a personalized report with voluntary suggestions and information on how they can take actions to improve the health of their shoreline and the lake.

LYL's Kelly Schnare, Projects
Director, Re-Imagining Atlantic
Harbours, paddled Williams Lake to
view properties on the lake in order to
provide feedback to owners on how
they can support and maintain healthy
shorelines.

Schnare reported to WLCC that "Surveying Williams Lake during the summer was a great experience meeting neighbours, local citizens and swimmers! Williams Lake is an important recreational space for the community and recognizing the different types of houses, developments and conservation areas that make Williams Lake unique, was interesting."

Schnare also commented on the stark contrast in water levels in different parts of the lake. "Some places were completely inaccessible while other areas had adequate water levels this week. It's a really interesting dynamic to see swimmers in the main part of the lake while the municipally supervised beach was closed to the public because of the blue-green algae levels."



"Love Your Lake," Projects Director Kelly Schnare, on Williams Lake

Photo: Philip Howard

A healthy shoreline helps filter pollutants, protects against erosion, slows contaminants that enter Williams
Lake and provides a vibrant habitat for fish and wildlife. Currently, soggy mudflats, invasive grasses, blue-green algae and inaccessible, rocky shorelines threaten the vitality of wildlife habitats as well as HRM's community access to the recreational use of the popular Williams Lake.

"Watching the loons take flight and visiting all the small inlets while documenting the entire shoreline that was accessible by boat made for a memorable day on Williams Lake," reported Schnare of LYL.

The WLCC and Williams Lake Dam Association (WLDA), a citizenaction group, as well as the many lake-property owners, are the dedicated caretakers of Williams Lake and support programs like LYL.

Margo Kerr of WLDA says "We are all trying to do our part to save, protect and conserve Williams Lake,

its diverse wildlife habitats, unique ecosystem and its threatened watershed, for everyone in HRM to love and enjoy."

If not us, then who will protect and save this lake?

To stay connected to and learn more about the stewardship of Williams Lake:

Join - Williams Lake Conservation Company. Visit - WilliamsLakeCC.org.

Follow - Williams Lake Dam Association Face book and LoveYour-Lake.ca.



The Love Your Lake program is coordinated by







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Email to: "The Editor" chebuctoeditor@gmail.com

Advertising Inquiries: Dan Doherty 902-479-6397 dan@dandoherty.ca

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The new JL IIsley is now open



by Caleb MacLean and Jamila Natividad

On September 8th, a newly-built J.L. Ilsley High School became the educational home of hundreds of students across the Spryfield and Mainland South area. The school is named after former chief justice of the Nova Scotia Supreme Court, James Lorimer Ilsley, hence the school's team name continues to be the Judges. Originally opened in 1971, J.L. Ilsley has been an environment bouncing with school spirit and determination for 50 years. The unveiling of the new school allows students to experience a new chapter of its history. In order to accurately describe the best parts of the new school, over one hundred students and staff were polled. Not surprisingly, they had a lot to say.

"Shared common spaces that provide opportunity for group work, collaboration, and student performances." said Mr. Down, referring to numerous study areas throughout the school. Those independent study areas were very popular among everyone who was asked. Some teachers appreciated the simpler things, like Mr. MacMillan, who's favourite part of the new building was that there are no more leaks! The previous school had its fair share of them, especially on rainy days. One of the most talked about features was the brightness of the school. Natural light now pours in, making students' walk to class brighter. The bathrooms also got students talking, as they are no longer distinguished by gender. The lineup

of single-door stalls being used by everybody took students time to get used to, but many students feel more comfortable due to the increased privacy. Everybody admired the spacious hallways and the modernism of the building. Even the easy-to-find directional labelling in the halls caught people's eye. Many students were quick to point out the help and support from teachers and staff, which is something that has been carried over from the old school to the new one. With so many great qualities of the new school, it is difficult to pick just

As we move forward through this school year, everyone is very excited to see more of the opportunities the new J.L. Ilsley High School building will offer, and excited to showcase how wonderful the Ilsley family continues to be.

one as a favourite!

Top: JL Ilsley's new gymnasium; bottom: student study area



Councillor Patty Cuttell
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DISCOVERING OUR PAST



Halifax County school system has colourful history

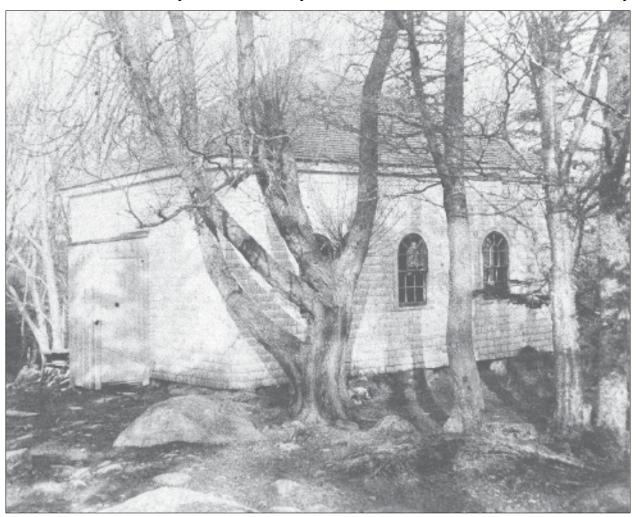
Compiled by Iris V. Shea School records for the area between Armdale and Pennant show classes being conducted as early as 1828/1829 in Portuguese Cove, and 1839 for Ferguson's Cove. By 1841 the communities of Ketch Harbour, Herring Cove, Ferguson's Cove and North West Arm (Armdale) each had one paid teacher. The list of teachers for the year 1841 was as follows: Herring Cove, Dan O'Gorman; Portuguese Cove, Mary Johnston; Ketch Harbour, John Kelly; North West Arm, Lois Woolaver; and in Ferguson's Cove (1839), Thomas Carroll.

The condition of the schools was always a major concern for the Board of School Commissioners. Many of the areas fortunate enough to

be served by a school had widely scattered populations and were too poor to support it without the help of a government subsidy. In 1856 a government bill was introduced which, if passed, would establish a system of public schools funded by compulsory assessment. The Roman Catholic churches became involved, demanding a separate system for its parishioners and, as a result of interdenominational feuding, the bill was abandoned.

In 1864 the Free School Act, introduced by a determined Charles Tupper, was passed and the Council on Public Education was formed. Schools were to be funded by voluntary subscription or by assessment. The decision was left to the trustees of the individual school districts. But paying for the education of other people's children was not a popular idea. Tupper was denounced as an "angel of discord setting neighbour against neighbour and destroying the sacred system of education". An even stronger act was passed in 1865 which implemented compulsory assessment in all Nova Scotia counties and in all school districts. Some schools were burned in protest. In 1867 the school at Ferguson's Cove suffered this fate. There were charges of "power, patronage and pay" but the new system of education survived.

A provincial grant was paid to the Board of School Commissioners for teachers' salaries and



Spryfield's first Anglican Church and School,1904, courtesy Mainland South Heritage Society, located at the top of Sussex Street on the former Sutherland property, now Emmanuel Cemetery. The building opened as a church school in 1859, closed as a school in 1893 but remained as a place of worship for the Anglicans of Spryfield and surrounding areas. It was given the name Emmanuel Church in 1913 and was torn down not long after the present Emmanuel Church opened in 1947 on the Herring Cove Road

any surplus money was used to assist the poorer communities in building schoolhouses. There were two school terms a year... usually from June to November and December to May, with very little time off between terms. Each term the newly-formed Council on Public Education submitted a "Poor and Scattered List" to the **Board of School Commissioners** naming the schools that required assistance. Schools were added to or scratched from "the List", according to the assessment of the Council or at the request of local trustees. The money was paid to the legally appointed trustees for the purpose of "aiding in the completion of the building after a good degree of progress has been

As a result of the Free School Act, new schoolhouses were built. The number of children attending school in Nova Scotia during the winter increased from 35,000 in 1865 to 45,000 in 1866, and to 60,000 in 1867. Teachers' salaries ranged from \$15 to \$40 per half year in the 1860's, depending on the number of days spent teaching. In 1864 Elizabeth Sutherland, who taught school in Spryfield and Harrietsfield as early as 1859, received a salary of \$30 per halfterm. Licensed teachers were preferred and in 1865 the Inspector of Schools reported that of the 49 schools in the western district

of Halifax County, 42 were taught by regularly licensed teachers. In 1865 Miss Leary, an unlicensed teacher, was approved and recommended by the trustees of Sambro and paid \$7 for her services at Bald Rock.

The ratio of male/female teachers was of great concern to the School Board. In 1864, there were 615 male teachers and 498 female teachers employed in the province, while in 1901 only 540 male teachers were employed compared to 1,952 female teachers. Out of that total there were 947 teachers "Normal School trained." The average annual salary in 1884 throughout the province was \$388.58 for male teachers and \$288.59 for female teachers. In that same year the Board of School Commissioners reported that "the constantly increasing proportion of Female Teachers indicates that other professions offer relatively superior attractions to Male Teachers."

In 1918 Inspector Graham Creighton brought the sorry situation of teachers' salaries in Halifax County to the attention of the School Superintendent. He reported that "a young woman who taught school in Halifax County last year for \$300 is this year receiving \$800 in the City as a book-keeper; a young man who earned \$66 a month as a teacher in the County now earns \$100 a

month for clerical work from the same School Board requiring no special training." Others were finding greater remuneration as teachers in Western Canada.

Another concern of the inspector was interference with the continuity of school classes. Indifference of the parents was cited on a few occasions as was the winter weather. Prior to 1900 those school children who lived in sections along the shore spent the good weather berry-picking and lobster-packing instead of attending classes. Trying to implement a ruling on compulsory attendance was an uphill battle. By 1905, however, the School Board was reporting the increasing success of the compulsory attendance policy.

Epidemic diseases carried a threat. Schools had been given permission to close due to the prevalence of diphtheria in 1880 and again in 1882. The disease had been claiming the lives of many school children over a period of five years. In 1899-1900 the inspector reported "although the winter was exceptionally mild the attendance was very irregular owing chiefly to the prevalence of Whooping Cough." In 1917 diphtheria was apparent again and in 1919 many schools were closed for weeks due to influenza. The appalling condition of the schools' out-houses was a health concern. The inspectors were constantly issuing threats to the trustees condemning the schools and removing their public money until they corrected the offensive odour and sight of the outhouses.

Many former teachers and students may remember the primitive condition of the one-room schoolhouse and the distance to reach it each day. It was usually the job of the older male students to collect daily firewood for the stove and a bucket of water from a nearby brook. Some teachers observed that having several grades under one roof allowed the students to progress more rapidly but others found this a deterrent. For the students, the memories of the days spent in the "Little Red Schoolhouse" were cherished.

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Great reasons to shop local in Spryfield

by Diana Dibblee Dietitian, Teacher @ dibbsondining

There are endless reasons to shop at the Spryfield Farmers' Market this fall. To start, food purchased at a Farmers Market is incredibly nutritious and tastes so darn good. It is minimally processed, and often pesticide and additive free. It is FRESH, often picked the morning of the market, so it chock full of flavor. You can sample unique varieties and chose from an array of amazing and colorful produce.

Of course, all of this food is locally grown here in Nova Scotia. Some grocery stores ship produce from other countries and often it travels thousands or hundreds of kilometers. Food in our Market is found in fields right here in our region. Most farmers use sustainable methods of farming that also have little impact on our environment. The produce you pick up each Sunday changes with the season. This fall you will find squash, potatoes, tomatoes, beets, apples, pears, pumpkins, garlic and other delicious, healthy foods.

Shopping every weekend at a Farmer's market in Nova Scotia means that you are supporting our community and families you can get to know. You can connect and socialize with the people who work and care for the earth, while supporting our local economy. You can discover new products while

learning unique ways to cook and enjoy them. Usually food at the Market is more affordable too, so many reasons to shop local!

The cooler temperatures mean it's time to cook warm, comfort food. This month, I am sharing an easy, soup recipe that is perfect for the fall temps. Pick up your ingredients at 205 Herring Cove Road this Sunday from 12-3, or order directly online @spryfieldmarket. ca We hope to see you at the Market enjoying the best of our autumn bounty.

Recipe: Easy Squash Soup. Cut lengthwise a buttercup, acorn or butternut squash. Spoon out the seeds and then roast with a 1 T of butter and cinnamon (on each piece) on a cookie sheet at 375 for 50-60 mins. Remove and cool. Using a spoon, scoop out the inner flesh. In a pot on medium heat. add 2 T of butter and 1 med onion chopped finely. Fry up and then add 3 minced garlic cloves, a small spoon of brown sugar (or other sweetener), 3 cups of veggie broth, (optional 1 cup milk to increase the protein) and salt and pepper to taste. Add in the baked squash pieces, stir well. Once it has boiled, reduce heat for 20 mins stirring often. Serve as is or use a blender once it has cooled to pure the soup. Top with more pepper, yogurt or sour cream and serve with hot buttery bread. Enjoy!



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PHOTO: SAM RAMSAY

to express their sincere thanks to Councillor Patty Cuttell and HRM for the Volunteer Recognition (Long-Service) Certificates for Ann Hard and Lynne Walsh (10 years), Janet Kidston (20 years), and Patricia MacLean (25 years). She also presented a "25 Year Congratulations" certificate to our Urban Farm Museum Society of Spryfield.

Board Member Emily Eager & Councillor Cuttell also presented the 2021 Garden Volunteer Recognition Certificates

to Robyn Corbett, Gabrielle Cordella-Chew, Joshua Donham & Marie Salah, Barbara Dunsworth, Marel Eager, Joanne Fleming, Tina Gladman, Karyn MacPherson, Dale & Donna Mitchell, Katia Papasoff, Marc & Marie Piccinin, Joey Slauenwhite, and Juanita Smith.

Richard, the farmer, and his donkey Jenny, greeted people as they came into the Urban Farm. Richard

owns The Barnyard Bunch in Milford NS and was on hand with a handful of barnyard animals

The Urban Farm would also like to extend their appreciation and sincere thanks to the Spryfield Business Commission, HRM Special Events Grant, Barnyard Bunch Mobile

The Urban Farm Museum of Spryfield celebrated its 25th Anniversary on Sunday, September 19th by opening its doors to the community. Everyone was invited to join in the celebrations and explore the Urban Farm.

Visitors were treated to fresh vegetables and fruit, as well as cooked dishes, including chili and vegan options. Butterfly plants such as milkweed were available for purchase as were seeds, garlic, beans, and more.

The Urban Farm also had copies of their recipe book, "Foods of Spry's Field" available for sale. Proceeds from this book help keep the garden up and running.

Visitors were encouraged to wander through the garden plots and were treated to views of marigolds and butterfly friendly plants growing amongst squash, tomatoes, beans, and other vegetables.

The Urban Farm would like

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Top left: New gardener Tina and her cousin Barbara (not in photo) were running a scavenger hunt for kids, young and old. Armed with check lists and pencils, people searched the Urban Farm for signs with lines of a poem on them. They were also encouraged to look for sunflowers, milkweed pods, pumpkins and different vegetables

Top right: Children were delighted to find Emily Gnome wandering around the fields looking for help. It seems she lost her husband somewhere along the Fairy Trail and needed the children's help finding him. The first person to find her lost hubby gets a "grand prize" but all who find him are promised a treat for doing so.

Lower left: Some fairy doors are very hard to find like this

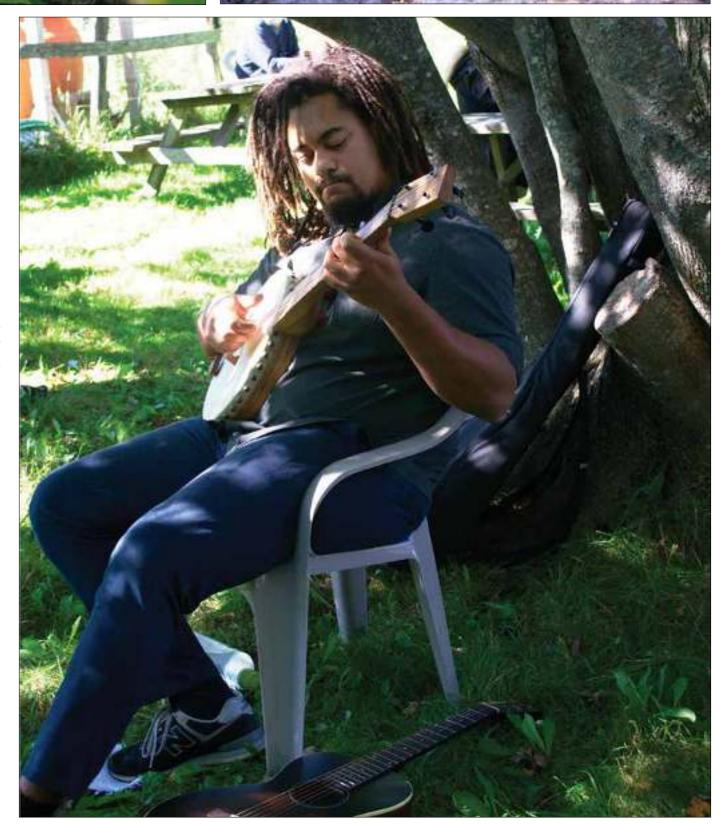
Lower right: Other fairy doors are very easy to find

PHOTOS: SAM RAMSAY Right: Multitalented musician Art Bouman kept everyone bouncing as he played a variety of music from such genres as old time, African, and blues. When he isn't strumming, Bouman is in charge of Youth Library Programming at the Captain William Spry Library.

PHOTO: SAM RAMSAY

Petting Farm, musician Art Bouman, their Great Farm Volunteers, and all of the Fantastic Guests who wore their masks to make everyone feel safe & protected!

This rural oasis in the midst of an urban environment is a treasure that needs to be protected and nurtured, but it needs your help. The Urban Farm needs people to sit on their board and help run the farm. Without volunteers, all of this goes away. Please, don't let that happen. Contact the Urban Farm, become a member, and consider volunteering some of your time to keep this amazing jewel in our community.



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A Rotary moment



From The Rotary Club of Halifax North West

Welcome to the newsletter from the Rotary Club of Halifax North West, where we share the club's news with the community we serve. This issue highlights the global fight against polio and introduces an exciting new fundraiser.

24 October is World Polio Day. Rotary International, in cooperation with the Gates Foundation, has made tremendous progress in eradicating polio. Last year, the World Health Organization's African region was certified free of wild poliovirus, showing that eradication is possible even in very difficult circumstances. The virus remains endemic in just two countries: Afghanistan and Pakistan. We use World Polio Day to advocate for the support needed to end polio in countries where it still paralyzes children. Although polio cases have been reduced by 99.9% worldwide since 1988, it is critical that efforts continue to eradicate the disease for good. If polio is not fully eradicated, there could be a global resurgence of the disease with as many as 200,000 new cases each year over the next ten years, all over the world. Anyone can help us make a difference by donating through www.endpolio.org.



We are delighted to introduce an exciting new fundraising project which will enable us to continue to support a number of worthy causes in the local and wider communities. If you like to travel (and who doesn't, especially after the pandemic!) the Trip of the Month Club is for you! For an annual fee, trip club members will be eligible to win a wonderful monthly trip, or cash/travel substitute. Only 1,000 tickets will be sold, creating an excellent chance of winning. Plus there will be 4 monthly consolation prizes, so you could win your ticket price! You'll want to get your tickets quickly to qualify for the early bird prize being drawn on November 16th. Regular draws will be held on the first



"Just two drops protects for a lifetime"

Tuesday of the month beginning on December 7th. Watch our Facebook page or email rotarymariac@gmail. com.

Our club welcomes everyone to explore community service with us!

We pride ourselves on being diverse and inclusive. Corporate members from the business community are welcome as well. We meet every Tuesday from noon to 1 pm at Freeman's on Dutch Village Road in Fairview. Join us for lunch to meet the members and share the camaraderie and networking.

Please stay tuned – the Rotary Club of Halifax North West is on the move again!

Urban Farm Museum photos

(continued from page 7)



Farmer Richard shows off his hen

PHOTO: SAM RAMSAY





Left: Janet Kidston receives a Volunteer Recognition Certificate from Councillor Patty Cuttell PHOTO ANN HART

Above: Patricia MacLean receives her 25 year Volunteer Recognition Certificate from Councillor Patty Cuttell PHOTO ANN HART

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Houston, we have a problem!

by: Cathy Vaughan

Tim Houston's campaign stated "This is not a platform of promises; it is a platform of solutions." Fortunately, our new government has placed the environment close to the top of their action-list. But we have a problem with Williams Lake, a local lake and wildlife habitat that is in crisis. It needs a solution now. October 4 would work just fine.

"World Habitat Day" is on October 4, 2021. It was created by the United Nations General Assembly to punctuate the plight of and fight for saving the natural habitats of our planet. On this day, global citizens are reminded that it is our collective responsibility to protect the future of our diverse and fragile wildlife habitats.

Williams Lake, a popular HRM lake in Spryfield, is facing the loss of its beautiful and vital wildlife habitat because of the failing infrastructure of the Williams Lake dam. The protection of our environment and its natural habitats depends entirely on national, regional and local governments working with citizen communities, conservation groups and the business sector to heal our planet - one habitat at a time

Spryfield residents are lucky. We have several strong citizen-actions groups which take on the important role of caretakers of our land and lakes in our community. We live

close to accessible diverse natural habitats, gorgeous lakes, endless hiking trails, secret fishing holes and exciting biking tracks.

Shaw Wilderness Park, Long Lake Provincial Park, Kidston Lake Beach, Herring Cove Provincial Park, McIntosh **Run Community** Trails, Williams Lake Beach - to name a few wellused recreational areas - are all protected because of citizen-action groups working with local business, HRM councillors, MLAs and government departments

to save these unique habitats and essential recreational assets for the benefit of all HRM residents.

The Nature Conservancy of Canada reports that "residents with higher amounts of nearby nature report fewer violent and minor crimes and fewer incivilities. People are happier, experience significantly higher well-being,



Mudflats in Williams Lake's community-access area on Wyndrock Drive Photo: Cathy Vaughan, 9 September, 2021

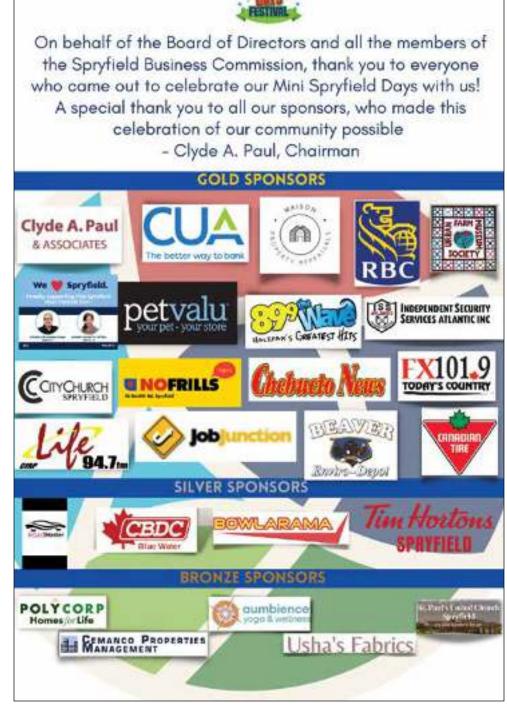
and show significantly lower mental distress when they live in areas with greater amounts of green space."

Murray Coolican, president of Williams Lake Conservation Company, draws attention to statements on Tim Houston's website, that state "It all starts with offering common-sense solutions." Coolican says that "Williams

Lake habitat is in crisis now. Local environmentally concerned groups have a 'common-sense' solution and an inexpensive solution to fixing the leaky dam and saving Williams Lake."

Let's talk solutions Mr. Houston before October 4th - "World Habitat Day."





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LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Pauline Billard

Age 89, Sheet Harbour, formerly of Halifax, passed away Thursday, August 26, 2021 in Harbourview Lodge, Sheet Harbour. Born in Halifax July 16, 1932, she was a daughter of the late Raymond and Annie (Pennell) Bishop. Pauline was employed as a Dietary Aid and then later as a Ward Clerk at Camp Hill Hospital, where she loved working with the veterans. Pauline enjoyed bingo, knitting, scratch tickets and playing cards. She knit baby bonnets and finger puppets for the IWK Children's Hospital. Pauline was the last surviving member of her immediate family. Survived by her children, Clyde (Debbie), Halifax; Kathy (Angus) Moser, Sheet Harbour; Larry (Wanda), Bridgewater; and John (Shelly), Halifax; grandchildren, Lori, Timmy, Christopher, Curtis, Tabitha, Krystal, Andrew and Alex; great-grandchildren, Owen, Hunter, Haysten, Havana and Haisley. Predeceased by husband, Clyde; brothers, Clifford, Foster; sisters, Ellen Canning, Evelyn Slack, Frances Morrison, Joan Logan and twin sister, Irene Heiser. Special thanks to Dr. Don and our heartfelt appreciation to "all" the staff at Harbourview Lodge.

Reginald Ervine Harnish

Age 84, Herring Cove, passed away



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www.walkerfh.com 902.477.5601 July 19, 2021. He was a son of the late Irvin and Gladys Harnish. He is survived by his wife, Rose (Hickey) of 64 years; daughters, Linda and Catherine; sons, Reginald Jr., Irvin and Stephen; 13 grandchildren and 15 great grandchildren. He was predeceased by daughter Janet; brother, Ronald; sister, Joyce and great grandson, Harlow. Reginald was in the Halifax Rifles 1953, was a Master Warrant Officer in the Reserve Army for 34 years and a member of RCEME Association LAD 201. He worked at the HMC Dockyard as an engine fitter for 35 years. He was an avid hunter, horseshoe player and bowler. He built two houses in his lifetime. He was on the Ketch Harbour Rd. Combines Hockey Team in the 60's, loved yard sales and looking for army collectables. In lieu of flowers, donations may be made to the Alzheimer's Society of Nova Scotia. Interment to take place in the St. James Anglican Cemetery Herring Cove. Word of condolence may be left for the family by visiting www. walkerfh.com.

Michael George Coombs

Michael "Mike" George Coombs It is with immense sadness that we, the family, announce the passing of Michael George Coombs of Spryfield, at the age 71, on Sunday, July 25, 2021 after a very long journey, during which he bore many illnesses. He was a very hard working man, starting at National Sea Products (40 Fathoms) and subsequently working for Joe Zatzman and then Alderney Gate, in Dartmouth. Mike loved animals. He saved a kitten in Dartmouth (Katy) while he was working one day. He will miss his little buddy Mika whom he loved dearly. Mike is survived by his wife, Janet Sampson Coombs, Spryfield, sisters Alice Coombs Spryfield, Kathleen (Kevin) Bryden, Middle Cornwall, and Theresa Coombs (Glenn), Williamswood, as well as grandson Blake Harvey, Halifax. He is also survived by nieces Tammy (Donnie), Ashley (Robert), nephews Cory, Chris (Lisa) and great-nephews Caleb and Carter. He was predeceased his parents Michael Stanley & Mary Lillian (Rideout) Coombs as well as his son Michael "Coomsie" Coombs. Donations in Mike's memory may be made to the Canadian Diabetic Association. Messages and memorials may be directed to the Coombs family by visiting www.walkerfh.com

Shirley Ann Harnish

Shirley Ann (Brunt) Harnish It is with great sadness that we the family announce the passing of Shirley Ann Harnish at her residence on July 25, 2021. Born in Halifax, she was the daughter of the late Walter and Eleanor Brunt. Shirley loved bingo and summers at the cottage. She volunteered at Herring Cove Elementary during the 70's and 80's. Surviving are her son, Raymond W. Harnish (Pam Caldwell); grandchildren, Lexi

Moulton and RJ Moulton and greatgrand- children, Kaila Moulton and Maximus Moulton. She was very fond of all her brother and sistersin-law. She is also survived by many nieces and nephews and she loved the Ryder family. Besides her parents, she was predeceased by her husband, Raymond H. Harnish. Donations in memory of Shirley may be made to Canadian Cancer Society. Messages and memorials can be directed to the Harnish family by visiting: www. walkerfh.com

Donna Marie Wyse

Donna Marie Wyse (Desmond) It is with great sadness that we announce the death of Donna Marie Wyse (Desmond) July 29, 2021. Donna was born in Glace Bay, Cape Breton Island and lived most of her adult life in Fall River and Dartmouth/Halifax. Donna spent many years working as a personal care worker taking care of the elderly and people with mental and physical disabilities. Donna was predeceased by her mother, Hilda Desmond (Oake); her father, Herbert Desmond, and sister, Beverley Rose Robinson. She is survived by her sons, Kenneth Michael Desmond (Darka), Graham Wyse Jr.,; daughter, Denise Annette Wyse; grandchildren, Ashley Dawn, Shea-Lynn (John) and Monique (Brian); great-grandchildren, Mila and Zayn; sisters, Carol Ann Aylward (Gerrard) and Marilyn (Austin); brothers, Herbert Desmond (Renata) and Jimmy Desmond. Donna has requested kindly that donations be made to the Salvation Army in Halifax or Halifax Hospice in her memory.

Mederic Joseph Comeau

It is with deep sadness we announce the passing of Mederic Comeau of Halifax, on August 1st, 2021 at the age of 97. Mederic was predeceased by his loving wife of 63 years Rita (Grandy) and his only daughter Lynette. He is survived by his son-in-law Alain Dupuis, his grandchildren Eric and Brian, and his great-grandchildren Noah and Lily. Mederic was born in Lower Saulnierville, Digby Country on October 12, 1923. He was the son of the late Willie and Lina Comeau. Mederic attended St. Anne's University and relocated to Halifax upon graduation. In 1945 he completed his training as Infantry Officer but was not deployed. His first job was at the Naval Dockyard in Halifax working in the sail shop. He continued working at the Ship Repair Unit on the Dockyard for 38 years, retiring as Senior Manager - Workload Control Officer. Mederic had a remarkable record of community involvement, especially when it comes to his uncountable hours of volunteer work dedicated to the cooperative movement in Nova Scotia. Mederic became a Director of Federal Savings Credit Union (now CUA) in 1957 and his volunteer Credit Union "career" began. He served as a director for 23 years, 22 of which were as President. He further demonstrated the Credit Union spirit of co-operation and commitment through his involvement with numerous committees of the Credit Union Central

of Nova Scotia. He served as Director and chairman of the NS Co-op Council and of the Atlantic Council of Cooperatives. In 1999, Mederic received the Distinguished Cooperators Hall of Fame Award from the Nova Scotia Cooperative Council. After almost 60 years with the movement, he finally retired from his last post in 2016 at the age of 92. Mederic humbly attributed his commitment and dedication to his belief in "people helping people". To his last days, he was very thankful to all the fantastic people that have served with him over the years. Mederic was a dedicated volunteer for many causes. After his retirement from public service in 1981, he became involved in Credit Union Fundraising activities. Mederic served as chairs for the IWK Bed Race, the Credit Union Fundraising Committee and District 4 Credit Union Bowl-a-Ton. He coordinated the annual Credit Union Bowl-a-Thon and achieved his goal of raising over one million dollars on behalf of the Credit Union over a period of 25 years. He was a devoted Catholic and was very active in supporting his church and parish. Mederic knew the importance of a balanced life and had many interests and hobbies. He loved competing in sports. His favourite game was softball, and in 1951, his team won the Maritime Championship Senior Softball Shipyards tournament. For over 25 years, he also played in various bowling leagues and accumulated a large collection of trophies. This was a passion he shared with his wife and daughter. He was a meticulous stamp collector, enjoyed gardening at his cottage, cooking his râpure acadienne, but most of all, he loved fishing. For many years, he would spend his summer vacations in Bay l'Argent Nfld., either trout fishing or cod jigging. He also became very skillful at fly tying. He enjoyed traveling with his wife Rita, especially in Florida where they spent 14 winters. He would often have his grandsons joining them for a good time. Ten years ago, Mederic moved to Parkland Clayton Park where he enjoyed the many friends he made. He kept busy by playing bridge, cribbage, poker, and pool. He was a founding member of the Cameron Hall Resident Association and was on the Board of Directors for most of his time there. Mederic was always a compassionate, generous, and kind man. Family was the most important part of his life, and he will be dearly missed by all who loved him. For his grandchildren, he will be forever being remembered as Papa, the man that always brought joy and excitement in their life. He was a man of faith and at long last, he will be reunited with his wife and daughter again. Special thanks to the nursing staff of Bradford and Drummond Halls, Parkland, Clayton Park. In lieu of flowers, donations in Mederic's memory may be made to the IWK Health Centre Foundation or Diabetes Canada.

James MacMullin Smith

76, Halifax, passed away August 3, 2021 at the Halifax Infirmary, QEII, Halifax, NS, surrounded by his loving

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family. Jimmy was born in Glasgow, Scotland, a son to the late Silas "Sike" and Edith (Fullerton) Smith. For over 50 years, Jimmy drove cab for Yellow Taxi, Casino Taxi and Y Taxi, with roof light #274. In recent years, Jimmy became very active with wrestling and had even travelled around for wrestling. He is survived by his family, and is predeceased by his loving wife of 53 years, Agnes Marie "Bunny" Smith (Bennett). In lieu of flowers, please make a donation in memory of Jimmy to HRM SpayDay, 40 Lier Ridge, Halifax, NS B3P0C7. Words of comfort may be sent to the family by visiting www.walkerfh.com

Eunice Mildred Henneberry

Eunice Mildred Henneberry of Sambro passed away peacefully at home at the age of 104. She was the first born to the late Charles and Emma Gilkie. She is survived by her children, Norma Lacoursiere, Ron (Jean), Russ (Glenda), Barb Poole and Betty Henneberry; eight grandchildren and seven great-grandchildren. She was predeceased by her husband, Norman, sisters, Elsie and Laura, brothers, Fred and Charlie, sons-in-law, Don Poole and Roger Lacoursiere. Mom was born December 10,1916 in Sambro. It was important to her to live her final days in her home, and thanks to her youngest daughter Betty, she did. Mom was strong and hardworking lady who lived through war, depression and a pandemic! She was a wealth of knowledge for community history, and was happy to share it. Mom was very independent; she took pride in her work in the home. She was known for her home-made buns, which the family looked forward to on any occasion. She loved working in her flower garden, and continued mowing well into her nineties! Mom was an avid knitter and incredibly generous with her talents. She loved playing cards with family. We learned many lessons from Mom, most notably, never put off to tomorrow what you can do today. Work to do the right thing, even though it is hard, and take pride in what you contribute to the world.

Chad Allan Rowsell Heaney

37 Red Deer, Alberta It is with great sadness that we announce the passing of Chad on July 8, 2021 in Red Deer, Alberta. Born in Halifax, he is a son of the late Gordon "Gordie" and Janet (Rowsell) Heaney. Chad followed in his father's footsteps being a prankster and a jokester. He was a stubborn guy, who will fondly be remembered for his infectious laugh. When you were around Chad, you could not help but laugh when he did. He had the best laugh. Affectionately known as Daddy, Chad is survived by his two beautiful children, Allan Robert Garries Heaney and Everly Joyce Garries Heaney, and their mother, Charmane. He is also survived by his loving mother, Janet, his sister, Amanda Heaney (Keith Saulnier), a nephew, Colby Saulnier and a niece, Peyton Saulnier. Chad was predeceased by his father, Gordon, and his maternal grandparents, Joyce and George Rowsell. In lieu of flowers, please make donations to the Heart and Stroke Foundation.

Audrey Iver Maw

Halifax, passed away peacefully at Melville Gardens nursing home, Thursday, August 12, 2021, a week before her 88th birthday. Born in Hayes, Middlesex, U.K. on August 19th, 1933, she was the first daughter of Frederick and Iver Maw. She is survived by her brother, Douglas Maw and his wife Sue and family of East Sussex, England, and by cousins Beryl Walker and her family and Beverly Morash and her family, both of Dartmouth, NS. Audrey was a graduate of the London Hospital, Whitechapel, in General Nursing in 1955, and Marston Green Maternity Hospital in midwifery in 1957. She emigrated to Canada in 1959 and worked with the V.O.N from 1960 – 1969 in Halifax, NS. and Preston, ON. She graduated from Dalhousie University with Diplomas in Public Health Nursing and Public Health Administration in 1963 and 1970, in Missions from Toronto Bible College in 1967, and from the Liverpool School of Community Health and Tropical Medicine in 1974. From 1970 to 1989 she served as a Missionary/Community Health Administrator in Nepal with

Interserve under the United Mission to Nepal, and in the later years of that time under secondment to the Nepal Ministry of Health (Nursing Division) as Advisor. Upon return to Canada from Nepal in 1989, she was seconded to Inter-Varsity Christian Fellowship Atlantic and was instrumental in starting the International Student Ministry in the Halifax area which developed to become the largest ISM program in Canada. She retired from ISM in 1998 and then became the Authorized Agent for Interserve – Atlantic until finally retiring in 2001. She continued to be involved in various Christian activities and committees including the committee for the Jesus to the Nations annual Atlantic mission conference, from its inception in 2000 until 2020.

Thomas Clarence MacKinnon

Thomas Clarence MacKinnon of Halifax passed away peacefully at the QEII Hospital. Born in Cape North, Cape Breton he was the son of John and Keziah (nee Strickland) MacKinnon. He is survived by his wife of 51 years Diane (nee Harnish) MacKinnon. Daughter Lisa (Robert) Garand and son Brian (Debbie) Bond. Granddaughters Ally and Courtney Garand. Grandsons Brad and Steven Bond. As well as two great granddaughters. He was the last surviving one of

the MacKinnon boys. He was predeceased by brothers Neil, Gordon, Herman and Robert. Dad was a true Cape Bretoner a heart and loved the music and step dancing. He was a strong and hardworking man who lived through the war, the depression and a global pandemic. He was an avid fisherman and enjoyed many years boat building and trolling Lake Frederick at the Harnish family camp. Donations in memory of Thomas may be directed to the Heart and Stroke Foundation.

Rita May LaRose

Age 92, Halifax, passed away surrounded by her family on August 17, 2021 at Arbourstone Enhanced Care. Born in Halifax, she was a daughter of the late Frank and Marie (Milner) Carrigan. She spent her career in the food services industry. She is survived by sons, Gary (Brenda); Glen; daughter-in-law Sonia LaRose; sister Pat Baker; six grandchildren; nine great grandchildren and many nieces and nephews. She was predeceased by husbands Wally Thompson and Denny LaRose; son, Greg LaRose; brothers, Gordon, Ronnie (Ann) and sisters, Jean, Dot and Joyce. The family would like to extend a heartfelt thank you to the 2nd floor staff of Arbourstone for their care given to Rita.

Laying the foundation for next year's bountiful garden

by Lorrie Boylen

Fall is upon us, and as gardening season winds down, you may be assessing this year's garden and making plans to expand next year. The thought of digging up hard ground is less than appealing, but the great news is it isn't necessary in order to have a healthy, bountiful garden in 2022.

The method is known as the lasagne method, also known as the no dig method.

Once you've chosen your garden spot, lay non-waxy cardboard down, ensuring all tape, labels and staples have been removed. Overlap the edges so there's no gaps and wet the cardboard thoroughly. Over time, this cardboard will break down and become part of the soil. It's a great way to use all those shipping boxes that keep showing up on your front porch. You can also use multiple layers of newspaper or unwaxed brown paper.

Create thin layers using any organic matter you can get your hands on, alternating brown items like partially rotted twigs and branches, dry leaves, plants, potting soil, egg cartons and empty egg shells, shredded non-glossy paper, nut shells, evergreen needles and cones, paper bags, untreated sawdust, straw or hay, wood or paper ash, natural fibre clothing and fabric, with green items like grass cuttings, spent flowers, prunings, some weeds if they have not gone to seed, seaweed, fruit and vegetable peelings, used tea bags, loose tea and coffee grounds and filters, manure, hair and fur.

Smaller pieces will compost quicker, so cutting or shredding these



items and alternating green and brown layers will accelerate the process. You can add blood meal, bone meal, fish meal or alfalfa meal for a boost.

Keep adding layers until it's about 18 inches deep, as it will shrink as the items break down. Don't walk on areas where plants will be growing, as this will compress the soil.

Producing the most abundant garden, with the healthiest plants and most nutritious food, starts with healthy soil containing organic matter, worm castings, compost, and organisms like bacteria, fungi, worms and insects, which tunnel and help aerate the soil. A teaspoon of healthy soil can contain billions of organisms. Healthy soil is a busy place. To get a good indication of how healthy your soil is, see how much life is teeming in it.

If you look at where plants grow in abundance naturally, you'll see the ground is not bare and pristine. There are branches and plant matter decaying. All of this feeds the soil and the microbes that live beneath it and helps prevent runoff, so that plants have access to all the moisture they need without additional watering.

Upkeep is simple. Each year, just add another layer or two of mulch. Tilling is discouraged, as tilling can destroys a soil's health by breaking it up into fine particles and killing the living organisms that work so hard to turn our soil into fertile gold.

Happy gardening! (Lorrie Boylen is a Freelance Writer, Administrative and Communications Professional and CBC Radio's Community Contact for Sambro)

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Cuttell Community Update

by Patty Cuttell, HRM Councillor, District 11, Spryfield-Sambro Loop-Prospect Road



New rectangular rapid flashing beacons have been installed at the Herring Cove Road and Princeton/Woodcrest crosswalk

Happy fall! This is one of our most beautiful seasons and I hope you get an opportunity to enjoy the bounty and colour of it all.

HARTLEN PARK, off St Michael's and Lois Lane, is getting an upgrade. Phase 1 of the plan includes the parking lot, pathway and playground. The tender for the playground equipment was awarded and we are awaiting its arrival for planned installation in 2021. The tender for the new parking lot is scheduled to go this fall for construction completion by July 1, 2022. Other elements of the park are still being planned and I will continue to work with staff and community partners to see this project through.

THE FIRST TRAFFIC CALMING AND SAFETY projects in District 11 have finally been installed at Rockingstone Road and Pine Grove Drive. These roads were selected for speed humps because they are in school zones. There are several other requests for traffic calming in the district, and I will continue to advocate hard for District 11 on a variety of initiatives to improve those situations including traffic analysis, parking analysis, speed display boxes, traffic calming and enforcement.

NEW RECTANGULAR RAPID FLASHING BEACONS (RRFB) have been installed at the Herring Cove Road and Princeton/Woodcrest crosswalk. Thanks to local residents and HRM staff who worked with me on this. It should not have taken a tragic event to improve this crossing. Kids, adults, and transit riders use this crosswalk every day. The new RRFB and concrete landing pads will increase visibility and safety. However, please remember even with flashing beacons it is important pedestrians wait for cars to stop before crossing. Check out the HEADS UP HALIFAX campaign at Halifax.ca for more tips on road safety and to learn about the

Bright Ideas Challenge.

HRM'S REMOVAL OF TEM-PORARY SHELTERS prompted numerous messages from concerned constituents. This is an issue that affects us all in one way or another, and I share many of your concerns about how tents, shelters and residents were removed. I am pleased the city has stepped up and changed its approach to the homelessness issue. On August 31 Regional Council approved a motion to put a range of emergency housing measures in place. This includes allocating \$500,000 toward short-term actions such as providing facilities to accommodate persons experiencing homelessness and collaborating with our community partners on appropriate long-term solutions. Meetings with community partners have taken place, with next steps being jointly planned for better coordination and identifying housing options. HRM is also going to establish a committee that includes those with lived experience, and based on an amendment I brought forward, make training available to staff and council about mental health, addiction, and trauma. In addition to the work HRM is doing, a key component to both short- and long-term solutions to the shelter and housing crisis is having support from other levels of government. We all have a role in making sure this happens, and please know your voices matter. To stay up to date with HRM's actions on housing and homelessness, visit the Affordable Housing page at Halifax.ca.

HERRING COVE SEWER AND WATER REPORT is tracking to go to the Audit and Finance Committee in late October. This long-awaited report includes preliminary design and cost estimates for completing the last remaining phases of the sewer and water extensions (Phase 2B and 4). Of particular interest to Herring Cove residents will be the proposed Local

Improvement Charges (LIC), which is required to fund a portion of the project. An LIC is a fee applied to each property that will have access to the new sewer and water pipes. Part of the reason this report has taken so long is that staff have been working on ways to keep the LIC as reasonable as possible in response to inflation and rising construction costs. The next steps in the process are for Regional Council to approve work on detailed design for Phases 2B and 4. If approved, Council will be asked to award detailed design work to Halifax Water. Once detailed design is complete, estimates and the required LIC will be updated. A public consultation on the

LIC rate will take place to determine support, and if the community supports the LIC, the project will go back to Council to approve funding and proceed to tender. If you are interested in receiving a copy of the report when it is available, please send a request to Stephanie at browns@halifax.ca

CONGRATS BRENDAN MA-GUIRE, IAIN RANKIN and ANDY FILLMORE on your re-elections. I look forward to continuing to work with you on issues that are important to the residents of District 11. I also want to thank all the other candidates who ran. Without candidates we would have no democracy. Be safe and stay well everyone.

The Maguire Report

by Brendan Maguire, MLA for Halifax Atlantic

The Urban Farm celebrates 25 years
This past month our very own local jewel, the Spryfield Urban Farm
celebrated 25 years. The Urban Farm
celebrated this with a huge community party. There was food a patting

nity party. There was food, a petting zoo, music and such more. Oliver, Rufina and Isla had a great time and left with full bellies.

Thank you to all the volunteers past and present for all you do for our Urban Farm.

Sambro Halibut Dinner

Thank you to all the volunteers who put on the annual halibut dinner at St. James Church in Sambro. The food was absolutely delicious and one of the best meals of the year.

A quick reminder as we enter October that the Nova Scotia government will be implementing a proof of vaccine rule. If you have any questions please email my office.

Congratulations Alison Kervin on being recognized in The Costal Wire for her amazing art!

Congratulations on MP Andy Fillmore on being re-elected. Andy has worked extremely hard for our community and I am extremely proud to call him a friend and a partner.

Lastly, this past month saw vaccine protests at hospitals and Dr. Strang's home. Dr. Strang has given so much over the last 18 months. He has missed out on countless things and worked day and night. He has done this for us, to keep us safe and informed. He deserves to be able to go home to his family and feel safe and take time to relax. This was 100% unacceptable and very insulting. The Dr. Strang I know is selfless, caring and deserves our respect.

Enjoy your fall and have a safe and fun Halloween!

Poppy Campaign and Remembrance Day 2021

The Earl Francis Spryfield Memorial Legion is in the process of preparing for the 2021 Poppy Campaign and Remembrance Day program.

As always, Poppy Trays will be in place in various businesses throughout the Spryfield Loop.

The general public is encouraged to take poppies and wear them with pride to honor our veterans.

Anyone who is able to make a donation is asked to please put the donation in the can in the poppy tray.

Your donations to the Poppy Trust Fund will be used to help support veterans and their families.

This year's Poppy Campaign will run from Friday, October 29 until

Wednesday, November 10, 2021.

Wreaths and pins will be available for purchase during Legion business hours beginning at 3 pm Monday to Thursday and starting at 1 pm on Friday, Saturday and Sunday.

Details are still being worked out as to how Remembrance Day activities will be carried out by the legion.

As plans are finalized, information will be made available on the Legion Sign, on the Legion Face Book page: Royal Canadian Spryfield Legion, and in the November issue of the Chebucto News.

Please support the 2021 Poppy Campaign.



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Religious Services Directory for October

To have your church/synagogue/ mosque added to our directory, please contact the editor: chebuctoeditor@gmail.com by October 22 for November's issue

PLEASE NOTE THAT DUE
TO COVID-19, MANY OF
THESE SERVICES MAY BE
POSTPONED OR CANCELLED.
CALL AHEAD TO CHECK
WITH YOUR CHURCH.

St. Augustine's Anglican Church (2010 Purcell's Cove Rd) Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road)

Sunday Family Services: 9:30am and 11am

Nursery and Children's ministry: 11am

Wed. morning prayer: 10:30am

Spryfield Christian Community Church (91 Thornhill Dr) Church services Sunday 11-12 am

Oromo Gospel Church

Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd.)

emmanuelanglicanchurch.net, 902-477-1783.

We are open for in person worship and we also livestream our 10 am service on Facebook and our webpage. We continue to use Covid protocols such as masks and distancing, and are taking a cautious approach to reopening, though the exact details may change. Everyone is welcome to our services, but if you are experiencing Covid symptoms or have been exposed, we ask you to join us online.

8:00 am, a quiet, contemplative, traditional communion service.
10:00 am, a lively contemporary

communion service with music. Special services: October 3: Season of Creation

October 10: Thanksgiving October 31: Altar of Roses

St. Paul's United Church (173 Old

Sambro Road)

Rev. Anne Hoganson does the church service alone and posts it on our Facebook page. She is available if you wish to speak with her, at 902-237-3318.

We now have a paid Zoom account and members of the congregation will be able to be a bit more involved in the worship service. As had previously happened, the service will be posted on our Facebook page for those who couldn't join the 11:00 am service. If you would like to be part of that service but are not a member of the congregation, or if you are a member but we don't have your email address, please call the church at 902-477-3937 to be added to our list.

Stella Maris Church at St Michael's Catholic Church

All welcome, wherever you are on your faith journey! Saturdays 4:00 pm and Sundays at 9:00 and 11:00 am. Registration required at www. stellamarishalifax.com and all CO-VID protocols must be followed.

Stella Maris Church at the Ketch

Harbour Community Centre

Services start on September19th at 4 pm and run weekly until December 12th

Parkhill United Church (5 Kirk Rd, Jollimore)

In-person Sunday service at 9:30 am. St. James United Church (3811 Old Sambro Rd, Sambro) in-person Sunday service at 11:15 am, also live streamed on Facebook and posted on YouTube. World Communion Sunday on Oct. 3. Thanksgiving Sunday on Oct. 10. Celebration of Life for Gerald Harris at Parkhill on Oct. 17 at 9:30 am. 902-868-2791; www.sambrojollimorepc.com

Open Door Community Church

(11 Aldergrove)

Please join us on Sunday mornings at 10:30 am for a time of contemporary worship, bible based teaching, relevant to today and fellowship. Our weekly message is recorded and uploaded to our Youtube channel afterward.

Please see http://opendoorhalifax/for more information and links.

Fall at St. Paul's United Church

by Carolyn Mont

We have had much variable weather this season but when we look at the calendar, we understand why. It is hurricane weather and even though we rarely get a major hurricane, we are susceptible to heavy wind and rain at this time of the year. You may be wondering what this has to do with events in our church at St. Paul's United Church in Spryfield. Well, we have a community garden as part of our community ministry, the Family Resources Institute (FRI) and gardeners are always watching the weather at this time of the year, watching for signs that might indicate the need to harvest crops just ahead of a big wind or rain or even frost.

Another reason we were watching the weather was that we had our flea market on Saturday, September 18. This had been planned for a year ago but had to be postponed twice due to Covid. If it had rained on Sept. 18, we might have had to postpone it again because of Covid. The restrictions have certainly lifted but if we could not have had some tables outside, there would not have been room for social distancing inside. We were very pleased that we were able to proceed as planned, following all the now common protocols such as taking names for contact tracing, providing hand sanitizer and assuring that masks would be worn inside the building.

Of course, the flea market was a fundraiser. Churches need funds in order to keep programs running but another very real bonus of events like this is that many members of the congregation come together to work on the project. There was a wonderful vibe of cooperation and real pleasure at working together. It truly was heartening to see the number of people who came out to join us.

With that in mind, we have several other fundraisers coming up. The people who run our church suppers have adapted over the past year and a half to the Covid restrictions and are now serving the same great turkey dinners as take out. We have one scheduled for October 30th and another for December 4. This is another opportunity for the congregation to come together to work on a project and for the community to take advantage of an easy, yet delicious, dinner. Dinners must be preordered and you can do so by calling 902-423-2441. The cost of the turkey dinner (no tax, no tip) is \$15.00.

For many years, people in Spryfield have been donating their refundable recyclables to St. Paul's United by bringing them to the church on the morning of the third Saturday of the month. We then sorted them, removed the bottle caps and delivered them to Beaver Enviro Depot on Herring Cove Rd. However, due to Covid, we haven't been able to do this. We have an arrangement with Beaver Enviro Depot and now have an account with them. That means that you can still donate your refundables but bring them instead to Beaver Enviro at 251 Herring Cove Rd. When donating them, you must indicate that the proceeds are to go to St. Paul's United Church. It is also essential that all bottle caps are removed and that there is nothing in the bag except refundable containers. We appreciate your support in this.



ILLUSTRATION: CANSTOCK PHOTO

by Sharon Ward

Thinking back to my own childhood Halloweens, they looked very different from today. Local candy stores sold firecrackers to kids like candy. There was the little five cent string of mini firecrackers that were set off all at once like a machine gun, or the ten cent "busters" that could do a lot of damage. It took several bad experiments with these little bombs to change the rules, and the firecrackers eventually faded from our clutches. Fireworks were something set off by adults in a controlled setting. And bonfires were frequent, often topped up by an old tire or two. What were we thinking? Times were more naive back then.

Costumes were usually homemade. It was rare to see a commercially made costume on your friends; more likely, there would be oversized clothing and a pillow for effect tucked into the middle. Masks were cheap molded plastic held on with an elastic tie that always broke. And there were masks to be had on cereal boxes. We cut them out and affixed our own ties. Stuffy and hard to wear, but we wore them anyway.

In my group of friends we would gather together, about 10 or 12 of us, and decide our route. No adults in sight. We only feared the undead on

Halloween back then. We would pass others on the sidewalk and share intelligence on which houses had anything other than the usual apples and candy kisses. You had to get there fast before they ran out. There were no bars and chips. Occasionally, you might get the little 2-pack of Chicklets, a real coup. My Aunt Emma would make Kraft Caramel apples. She lived a bit off the beaten track for trick or treat, but her candy apples were a draw. And the apples! Bushels of apples would be exchanged throughout the night. It was years after my own trick or treat days that a few evil people started adding nasty things to apples, ending their reign as primary treats. The Halloween kisses were the main candies with molasses based candy being the most common. Sometimes we would get a few peanut butter kisses and they were real treats, if I could get to them before my mother did! They were her favourites.

At the end of the evening, my friends and I would find ourselves at the fireworks display in our neighbourhood, exhausted and happy. The following day, apples would be back in my mother's cupboard for baking and I would be left with a small bag of candies. Times have certainly changed.

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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebucto-editor@gmail.com.

Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR OCTOBER Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9:30 and 10:30 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- St. Paul's Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup's On, is still operational but as takeout only
- Free Lunch 2 Go every Wednesday at noon, Chebucto Family Centre, 3 Sylvia Avenue, Spryfield
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 6 and 7 PM, out of the St Michael's Church Hall site. (while supplies last).

Harrietsfield Williamswood Community Centre events:

• Open for rentals. Contact Cara at 902-446-4847 for information

Spryfield Lions Club events:

Regularly scheduled meetings on the 2nd and fourth Tuesday evenings, 7 pm at the Lions Rink Den. We are encouraging anyone who might be interested in attending to call ahead so we can ensure COVID health code regulations are met - 902-479-2917. We will also be starting up our bingos in the future but need more time to work out details. We want to thank the community for their support and wish everyone the best of health.

Urban Farm Museum Society of Spryfield events:

- Annual General Meeting scheduled for September 13th has been postponed until November 15th. 7-9pm, Capt. Wm. Spry Centre. For further information on becoming a new board member, please contact patriciabmaclean@gmail.com
- To fund much needed repairs to our gardens and Urban Farm site, our UFMSS is now part of Rafflebox 50/50 draws each month. More information at https://www2.rafflebox.ca/raffle/

ufms - your support is greatly appreciated.

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

• Food bank is open, with pick up on Wednesday, 9:30 - 10:30 am. Orders may be called in up to 10:00 am Tuesday each week. Call 902-477-1954 and leave a message. We are grateful to our volunteer staff for their faithful work for the food bank and its clients. Our website:

emmanuelanglicanchurch.net

• Prayer Group meets the 2nd and 4th Thursday of every month at 1:00 pm at the church. You are welcome to join us or to request prayers. 902-477-1783.

Salvation Army (328 Herring Cove Rd) Events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish Events:

• Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 6 and 7 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or stellamaristwelve-baskets@gmail.com

St. Paul's United Church (173 Old Sambro Road) Events:

• Now that spring has arrived, our outdoor tap has been turned on for those in need of clean drinking water.

St. James United Church (3811 Old Sambro Road) Events:

Drive-Through Take-Out only:
 Swordfish Supper with Roll and Dessert

Saturday October 16, 4-6PM, \$15 (cash only)

Local Delivery Available: Call 902-868-2791 after 3PM on October 16.

Developmental Pickup Hockey

Looking for players 40+ years old. Spryfield Lions Rink Fridays 12-1pm. Starts Friday, Oct 16. Skills sessions first week, next 3 weeks pickup. We call it Developmental Pickup Hockey. Skills to increase puck time on your stick and improve your game. Pickup at a bit slower pace.

Let me know if you're interested. 902-497-2068 or ronaldbulmer@ amail.com

Improve your reading, writing and math skills, work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let's get learning together!

Chebucto Family Centre (3 Sylvia Ave.) Events:

 Free Lunch 2 Go every Wednesday at noon, Chebucto Family Centre, 3 Sylvia Avenue, Spryfield

Chase the Ace Returns: The Spryfield Legion and Forever Young Seniors Club are resuming their Chase the Ace. Tickets available at the Legion bar during bar hours and at the Chase the Ace Legion booth on Mondays 5 pm to 6:45 pm.

Spryfield Farmers' Market - In-person outdoor market every Sunday afternoon, 12-3pm.

New location at 205 Herring Cove Rd. (in the parking lot next to the Guardian Pharmacy). Find fresh local produce, meats, eggs, baked goods, prepared food, soaps and more!

Navigation Course: Halifax Oct. 2-3

 A Navigation Maps & Compass Course will be offered in Halifax on October 2 and 3. Participants receive Outdoor Council of Canada national certification. Learn more at www. hikenovascotia.ca.

Captain William Spry Public Library Events:

• 1. Spryfield Historical Walking Tours: Herring Cove

Join us for a fun, relaxing, and educational series of guided tours around Spryfield. This time, we will meet at the Library's entrance. Our tour will include lessons about the farms and dairies that were in the area. As well as the life of Elizabeth Sutherland Reverend Dentith, among others and their contributions to the area. Local historian Allan Marryatt is the past president of the Mainland Heritage Society and will lead the walking tours. Friday,

October 15, 2021 2:00PM – 4:00PM

• 2. CWS Library 35 Anniversary Celebration

Join us as we celebrate CWS library 35th Birthday and enjoy fun activities, craft, goody bags and more! Sunday, October 24 / 2:30 - 4:30 pm William Spry Public Library

Chebucto News looks forward to returning to a robust community events page when the current crisis ends. In the meantime, we will endeavour to keep you informed.

Supporting Your Community

ROYAL CANADIAN LEGION

Earl Francis Spryfield Memorial Branch 152



WE CARE

www.DanDoberty.ca







The Nova Scotia Association of Realtors has updated their statistics for real estate sales in Spryfield for single family homes and condos in August 2021!

- Did you know that the average number of days to sell a property was 8 days in August?
 - Properties are still selling at over asking prices!

There has not been a better time to list your property for sale.

Call your Exit Realty Metro team today to get your property on the market.



WHAT IS YOUR HOME WORTH?

FREE Comparitive Market Analysis

Whether you are thinking of selling now or later it is nice to know what your home is likely to sell for in today's complex market place.

Why not allow me to conduct a comparison of recent home sales in your area to give you a probable current market value of your home?

To take advantage of this FREE NO OBLIGATION offer you can: Give me a call at 478-4023 and set up an appointment; Text me your contact information to 478-4023 and I will respond; E-mail me at: dan@dandoherty.ca with your contact information. Visit me at www.dandoherty.ca—click on FREE Evaluation, fill in the form and send it to me.

NOT INTENDED TO SOLICIT A PERSON OR PROPERTY CURRENTLY UNDER CONTRACT WITH ANOTHER AGENT OR BROKERAGE



Dan Doherty
902-478-4023
www.dandoherty.ca



DONATE YOUR RECYCLABLES!

Long Lake Provincial Park Association and Beaver Enviro Depot have teamed up to help raise funds for the Park. You can do your part and show your support by dropping off your



recyclables at Beaver Enviro Depot and tell them that it is a donation to the park.



