

# Chebucto News

Vol. 7 • No. 6 • September • 2005

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## Final program launched to clean-up Juan's toppled trees

Finally at last the approval has been received for Halifax Regional Municipality to proceed with another Brush Pick-up Plan for those still affected from the burst and blast of Hurricane Juan.

The plan calls for a two phase residential brush debris pick-up plan for the Sambro Loop

areas of the Brown Spruce Long-Horn Beetle (BSLB) Quarantine Zone which will see brush picked up during the week of August 29th and again September 19th. The communities in the region included along "The Sambro Loop" are Ferguson Cove, Herring Cove, Halibut Bay, Bear Cove, Portuguese Cove,

Duncan Cove, Ketch Harbour, Sandy Cove, Bald Rock, Sambro Creek, West Pennant, Williamswood and Harrietsfield.

This program will be the residential "Juan and only" chance to rid properties of brush still left behind after the Hurricane. It is important to remember that the purpose of this brush pick-up program is to make area homes and neighbourhoods safer. It is HRM's hope that residents will participate and help to 'Fire Smart' their properties. Cooperation is critical to success and residents are being asked to help out their neighbours because their properties will have an impact on yours in case of a fire!

For those seeking information about how to 'Fire Smart' their homes can refer to the following web-sites for more details:

www.gov.ns.ca/natr/protection/wildfire/firesmart.htm: www.gov.ns.ca/natr/protection/wildfire/documents/wildfirebrochure2.pdf or www.firewise.org/.

Residents will be asked to stack their dry brush along the edge of their property nearest to the road. Residents are asked to try and not place debris in the ditches. Please find an open space away from any trees or structures. And be sure not to pile beneath any power lines. That may limit and restrict the equipment from

see "Juan" pg. 2



John and Lyn Gratwick, who affectionately call themselves "The Gratwick Partnership," have committed themselves to a fundraising project to support the Theatre Arts Guild expansion project.

## "The Gratwick Partnership" offers generous support for TAG

By Des Writer  
Staff

There's exciting news in the wings, or, more precisely, front of house, for the oldest continuously operating community theatre in Canada, Theatre Arts Guild, "TAG" to those in the know. As the company embarks on its 75th season, husband and wife team, John and Lyn Gratwick, they call themselves "The Gratwick Partnership," have come up with a generous idea.

In his impeccable, almost theatrical, British accent, John puts it this way: "We're very old. As we certainly intended to leave a bequest, we might as well get the pleasure out of it now, so as we can see the results." The bequest he's referring to is their legacy to the

theatre they've been associated with for almost 20 years, and to which they've already given much. Although, in his self-effacing way, John says "we owe TAG a great deal. We're in our eighties, partly because of TAG; they've really challenged us."

Over the past three years the company has raised almost \$100,000, much of it from their successful productions, especially the annual pantomime, but some from corporate and individual donations says TAG's publicity manager, Bill VanGorder. Some of the money's already been spent on paving the parking lot, upgrading the electrical system, and installing a new control booth.

Although there's enough money in the bank to begin phase 1 of the lobby expansion to the Pond Playhouse, the company needs to

raise additional funds this year, to enable as much preparatory work as possible to be undertaken for phase 2.

And that's where the Gratwicks come in. "A lot of people know us," says Lyn. "I thought if we mentioned our name, and we give \$100, it would be worthwhile." John says he hopes others will think "if they're that keen, it won't do us any harm to help." Hence the idea: John and Lyn have generously agreed to match all donations of \$100 or more to TAG's Lobby Fund Drive, up to a total of \$5000.

"This should put the first \$10,000 in place quickly," says VanGorder. "We're waiting for City [HRM] approval. As soon as we have it we're ready to build," says

see "Gratwick" pg. 2

## Sixth Business Commission golf tourney September 11

The Spryfield and District Business Commission will tee-off its Sixth Annual Best Ball Scramble "District 18 Cup" Golf Tournament September 11 beginning with a tee-off at 1 pm at Briarwood Golf Course.

This is a fun event designed to bring people in the community together says Co-Chair Reg Horner, Executive Director of the Commission. "Any business in District 17 and 18 which want to put in a team are eligible," he said, adding that community groups and service organizations working in the community are also eligible.

"It's just a day for people to come together

to have fun and get to know each other," he said. "Many of the employees in the businesses don't really get a chance to see each other so we've created this event to give business people a chance to interact."

David Watts, Co-Chair, said the tournament has had as many as 21 teams playing golf at Briarwood's par three course. "It's a little challenging when we have this many teams because you can't have more than one team playing any hole at the same time. But we like the challenge and are not planning to restrict the number of teams entered," he said.

And he said more teams mean more people and that means a better event for the Chebucto Boys and Girls Club who manage a silent auction to raise money for the organization as part of the golf tournament.

The tournament includes at least six "event holes" where players can compete for prizes based on their skills and abilities. "Nothing about this tournament means you need to know how to play golf though," says Horner. "This is all about having fun not about how well you play the game. Some of our golfers are scratch handicappers and some have never played before. All in all, it's just for fun."

Teams will vie for the first and second place finishers low gross score while the registration team will pick "The Most Honest Team" through a system designed to make sure everyone plays by the rules. Last year's winner CuTans Cougars will be back to defend their title for the third year in a row.

Anyone wishing to register should call Reg Horner at 479-6397 or David Watts at 452-7472.

# Former prisoner-of-war remembers his years away from home

By Des Writer  
Staff

Ask any of today's 17-year olds how they'd feel about being away from home for four years, cutting the "umbilical cord" and facing the prospect of adventure, and they'd probably jump at the chance. It's just what Edison Yeadon, 81, did when he was 17.

"I was walking along Water Street in Halifax, and this man came up to me and



Edison Yeadon

asked 'How would you like a job?'" says the former Spryfield resident. "I said I sure would; I was just 17." But the year was 1941, and Canada was already at war. "I wonder how many of today's 17-year olds would have gone then," says Joan, Yeadon's wife of 27 years.

Relaxing now, in his Clayton Park apartment, 60 years after the cessation of hostilities, Yeadon relives that moment and his wartime experiences, his memory still acute for details. Invited to accompany the man to the Norwegian Consulate, he was offered a job on the Norwegian freighter, Aust, anchored in Halifax Harbour. "The consul asked me 'Is it all right with your Mum and Dad?' I said 'Sure.'" "I went home and packed my bag. My mother started crying; I just had to get out of there," he says. "The next day we sailed; I heard later that my four brothers came looking for me."

Sailing first to Cape Breton, Aust joined an Atlantic convoy of some 50 ships, all of which arrived in Britain unscathed, he says. After an engine overhaul in Newcastle, and re-fitted with guns, Aust sailed again in convoy for New York, early in 1942. Somewhere off Newfoundland, she ran into German submarines. "We could hear depth charges going off," Yeadon says. "The firemen came rushing up out of the hold and told us we'd been hit. I believe it was a dead torpedo," he adds dryly,

saying the ship was able to proceed to New York, to undergo repairs.

Loading up with army equipment, tanks, and trucks ("Everything to fight a war with."), Aust continued her journey, departing Brooklyn for Cape Town in March 1942. "Ten days out, on Good Friday, a seaplane came over at noon and took our aerial with a hook," he recalls. Later, a raider off in the distance machine-gunned our decks, he says. "We had no choice but to abandon ship." The raider proved to be the German battleship, Thor, which took Yeadon and other crew members on board from the lifeboats. Sailing into the South Atlantic, then the Indian Ocean, Thor sank a British freighter and captured the passenger ship Nankin.

While three of Aust's officers were ultimately freed, Yeadon and others were transferred to the German supply ship, Regensburg, then to the Ramses, in Yokohama Harbour, Japan. And after five months in German custody, Yeadon found himself a prisoner of the Japanese, spending the next three years in a Kawasaki prisoner-of-war camp.

As he reminisces, Yeadon's tone changes. Although his memory is tenacious, it's clear some things are left unsaid as he describes the horrors of the POW camp and arduous work on the Kawasaki railroad. He recollects being beaten by guards with rifle butts for giving some gloves to a fellow prisoner, and remembers suffering from worms, beri-beri and dysentery, that left him weighing just 75 pounds at the war's end. "You won't hear it from him," says Joan, "but when the men get together that's what they'll talk about."

Yeadon and I met just before he left for Ottawa, to take part in celebrations marking the 60th Anniversary of Victory in the Far East, sponsored by Veterans Affairs Canada, for The Year of the Veteran. Although he's not one of them, he'll join Canada's Hong Kong veterans on the occasion. "The government's paying for the trip," says Joan.

"They finally gave me a decent pension," says Yeadon, his words adding irony to the long battle he and others of the Merchant Marine underwent for recognition of their wartime service. On his ribbon of medals, alongside his Merchant Navy decoration, are medals from Norway. But one medal is missing - the Atlantic Star 1939-45. Awarded by the British government to sailors in the Merchant Marine, it recognizes at least 12 months' wartime service in the Atlantic, terminated by death or disability due to service. Yeadon says his service was just 17 days too short. "I didn't sign off on that ship," he says, "the Germans captured me."

Rejoining the Merchant Navy again after 1945, and becoming an AB Seaman, Yeadon says he got tired of the sea after two trips. Eventually, joining one of his brothers, a Master Stonecutter, he learned the art of monumental engraving, which became his life's work. Hesitating, I ask if he has an inscription for his own gravestone. "It's already on there," he says. Alongside his name, Joan's, his stepson's, and the Merchant Navy crest are the words: "Captured by the Germans, turned over to the Japanese, was a prisoner-of war."

And beneath, this poignant phrase: "Four years away from home."

## Gratwick Partnership

continued from pg. 1

VanGorder, referring to the expansion, which will increase the lobby's current width from eight to 32 feet.

As well as the improved space and new washrooms, the renovation will add a second floor, giving the company much-needed rehearsal space. "One of the unique things about TAG is we're all volunteers. Nobody gets paid," VanGorder emphasizes, contrasting TAG with other community theatres, such as Ottawa's, which has employees including a manager and full-time carpenters. "We plan to use a lot of volunteer labour. There's a lot of sweat equity going into this," he says.

For years the current lobby has been a problem, especially in the fall and winter, says Gratwick. "It's almost an embarrassment, having people queuing outside to get in, and in the interval have them crushed into this small

space," he says. "So, this is a better thing for our customers. We can run a better operation, and be much more friendly for our longsuffering patrons. They deserve to have some help."

Building committee member Austin Reade shares Gratwick's views. "I think it's an excellent thing for TAG," he says. "For years we've been shoe-horning people into a cramped space. You can't get 107 people [the theatre's capacity] into the lobby; that's the driving force behind this change."

On July 30th the Gratwick partnership presented "The Best of the Gratwick Readings," a reprise of the highlights of their annual readings over the last 12 years. Always an audience favourite, the events brought a mix of pathos and humour, through their exploration of the writings and witticisms of international authors. This was their "last hurrah," and they were presented with a plaque, acknowledging their contribution to TAG.

"John and Lyn have been tremendous supporters of TAG over the years," says Reade, himself a 20-year member of the company. He says it's hard to raise money for projects like the lobby expansion, but with the Gratwicks' generosity people will feel their donations are enriched.

"We know many will want to support the Gratwicks' effort on behalf of TAG," says VanGorder, and he urges people to send their donations of \$100 or more to: The Theatre Arts Guild Building Fund, c/o The Treasurer, 287 Lacewood Drive, Unit 103, Halifax, B3M 3Y7.

Once begun, the improvements will take about six weeks, VanGorder estimates, and patrons will be able to look forward to greater comfort as TAG undertakes another busy and challenging season. And Honorary Life Members, John and Lyn Gratwick, will realize their dream of getting pleasure out of their donation, and seeing the results.

## Juan clean-up

continued from pg. 1

lifting the brush off properties. HRM also asks that the brush be laid and piled in the same direction with all the sticks and butts together on one side.

Maximum width size of branches and small trees should not exceed 4 inches (10 cm) in diameter. Residents are reminded that when the vehicles are in the area please be careful and be aware of traffic delays because this equipment will take up most of the street to operate.

HRM is asking residents to start getting ready early because there is a lot of brush to move. The more residents who participate and pile their brush the better and safer it will be for all communities. More information can be gained at HRM's web-site [www.halifax.ca](http://www.halifax.ca).

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We are located at 336 Herring Cove Road. Visitors are always welcome!

# WLCC promoting waterway and neighbourhood clean-up

Several local organizations are combining their energies to participate in the "Great Canadian Shoreline Clean-up and the Great Nova Scotia Pick-Me-Up clean-ups on Saturday, September 17.

The organization of local groups is being spearheaded by the Williams Lake Conservation Company which will participate by holding its annual fall clean up of Williams Lake from 10 a.m. to 1 p.m. Sign in to take place in the backfield of Cunard Junior High School at 121 Williams Lake Road.

Organizer Kris Allinson encourages all local community groups to "just get out and clean a small portion of their own neighbourhood" and become involved in the process.

She would encourage all groups to contact her at 431-2488.

"The WLCC encourages all other community groups, schools, church groups, businesses and neighbourhoods to hold a clean up in their area of concern on the same day," she says, suggesting people can simply bring together a group offriends, family, coworkers, school-mates, or a pre-existing organization, pick a place, a favourite park or school, a beach or even your own street, and register.

Among the groups participating are the local Chimo Taekwondo members, The Spryfield Residents Association and the Urban Farm Museum Society which have registered with Clean Nova Scotia's The Great Nova

Scotia Pick-Me-Up for cleanups.

The TD Canada Trust Great Canadian Shoreline Cleanup is an international event and is coordinated in Canada by the Vancouver Aquarium. In 2004, over 30,000 people participated in this national cleanup. Canadians from every province and territory cleaned up more than 630 local rivers, lakes and wetlands and just over 1100 km of shorelines. A shoreline is anywhere that land meets water. Be it river, lake, ocean, wetland or pond. Anyone interested in cleaning around a waterway should contact that group through their web site - <http://www.vanaqua.org/cleanup/home.php>.

If any group is planning on cleaning an area that is not related to water members can register you with Clean Nova Scotia's The Great Nova Scotia Pick-Me-Up program at <http://www.clean.ns.ca>.

Managers of these programs supply garbage bags, posters, data cards and make arrangements to remove the waste you have collected. Participants will receive details upon registration.

To register your group locally please contact [turtlekreek@hotmail.com](mailto:turtlekreek@hotmail.com) or call 431 2488 by 08 September 2005.

## Flea Market

The Spryfield Lions Club will be holding a Weekly Flea Market at the Lions Recreation Centre, 25 Drysdale Road, starting SUNDAY, OCTOBER 2, 2005.

Those wishing to reserve selling space please contact:  
RENE QUIGLEY  
477-9364

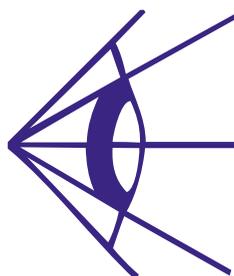
There is a limited number of tables that will be reserved on a 'First Come Basis'.



This year's Keith Edmund Rhino Memorial Award, given annually by Judy Rhino in honour of her son Keith, was presented by Mr.s Rhino to 12-year-old Vicky Corcoran while her mother Gail and Rhino's granddaughter Makayla Burke look on.



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## DISCOVERING OUR PAST



### Names of World War II veterans were recorded in local churches and schools

by Iris V. Shea, Historian  
Mainland South Heritage Society

**T**he Year of the Veteran, 2005, has prompted a search for the names of the young men and women who were members of local families when war broke out in 1939, and who participated in World War II. In this article, I have attempted to include those from Spryfield, Melville

Farnell, John Farnell, Almer Finley, Albert Fleckney, Alvin Forward, John Forward (KA), Sydney Forward, Cyril Fraser, Ernest Fraser, Austin Freeman, Gordon French, Alex Gariepy, Francis George, Hugh George, Atlee Gilbert, Harding Giles, Ronald Goodene, Frank Goodhew, Charles Gourley, Kenneth Gourley, Frederick Goyetche, Lester Hendsbee, Hans Hollis, John Hussey, Edward Ingram, James Innes, Charles Johnson, Edmond Jollimore,

Neilson, Alex Nicholson, Samuel Nicholson, Phillip Northup, Albert Oakley, Charles Oakley, Earl Oakley, Edwin Oakley, Ernest Oakley, Francis Oakley, Francis A. Oakley, G.R. Oakley, Harry Oakley, Howard Oakley, Lloyd Oakley, L.C. Oakley, Richard Oakley, Wilfred Oakley, James O'Leary, Terrance O'Leary (KA), Aubrey O'Neil, Clarence O'Neil, Clyde O'Neil, John R. O'Neil, Kenneth O'Neil, George Packer, Paul Perrault, John Perrin, Lawrence Perrin, William Perrin, James Porter, Gerald Pottie, Arthur Powell, Herbert Powell, John Powell, James Pratt, Gordon Purcell, Gregory Purcell, Roy Purcell, John Rankin, Frederick Robinson, Harold Robinson, Kenneth Robinson, Walter Robinson, Edward Roche, David Romans, Garnett Rose, Reg H. Ross, Leonard Rousell, William Ryan, Ernest Schafer, Percy Seel, Daniel Serrick (KA), Richard Serrick, Benjamin Slaunwhite,

Clarence Slaunwhite, Donald Slaunwhite, Gerald Slaunwhite, Jack Slaunwhite, John Slaunwhite, Stewart Slaunwhite, James Slaunwhite, Richard Slaunwhite, George Soubiliere, Robert Sullivan, Albert Turner, George Turner, Robert Turner, Donald Waller, Patrick Walsh, Harold Walsh, Warren Wambolt, William Ward, Vernon Westhaver, Edward Wetmore, Harry Wetmore, Norman Wetmore, Reginald Whalen, Harold Whalen (KA), George Whalen, Raymond Whalen, Bill Wild, Reginald Wild, William Woods, Edward Woods, Michael Worth, Albert Yeadon, Aubrey Yeadon, Edison Yeadon, Robert Yeadon (KA), William A. Yeadon, Woodrow Yeadon, Reginald Young, H.A. Zinn.

From the above list, Edison Yeadon and Clarence Slaunwhite (there may have been others) spent the closing years of the war in a prisoner of war camp.

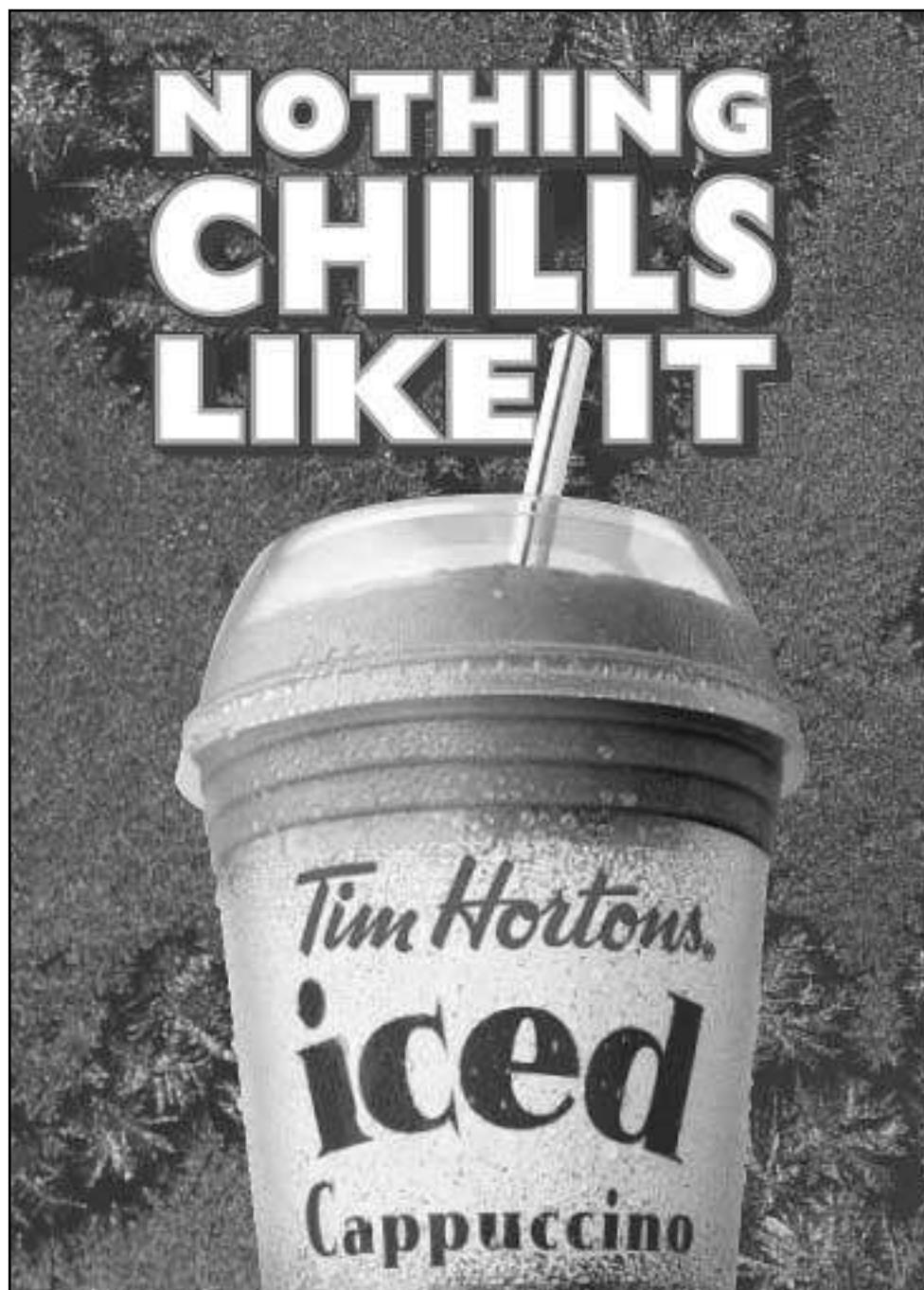


Daniel Serrick and his brother, Richard, of Jollimore. Daniel Serrick was killed in action, May 29, 1944 in Italy, at the age of 23 years.

Cove, Jollimore, Kline Heights and South Armdale whose names were recorded in various records, many of whom were recorded by the parish or school they attended (the spellings used are those from the various records). Those killed in action have KA following their names.

James M. Adams, Allan Backman, Parker Backman Charles Baldwin, Thomas Baldwin, George Baigent, Alfred Baigent, John Barry, William Barry, George Beazley, Richard Beazley, A.L. Beed, Leo Bell, Frederick Bignell, Hugh Bignell, Lloyd Bignell, Ray Bignell, Clarence Blackler, Gerald Blackler, Harold Blackler, Robert Blackler, Wilfred Blackler, Arthur Blanchard, Foster Boutilier, Myles Boutilier, George Bradshaw, Clyde Brommitt, William Brommitt, Raymond Brunt, Walter Brunt, Harold Buckley, R.G. "Pete" Buell, Joseph Burton, Joseph Cameron, Chester Campbell, Robert Cavendish, Morgan Chaddock, Everett Chambers, Thomas Chambers, Gerald Clarke, Mathew Coady, Basil Coady, Robert Cole, Arthur Collicut, Cyril Collicut, Rudy Collicut, John Connolly, Joseph Connolly, Gerald Connolly, Melville Coppel, Clarence Couvillier, Charles Coyle, Joseph Coyle, Lionel Craig, Raymond Dennis, Ernest Devlin, Marion DeYoung, Benoit Doucette, Claude Drillio, Edward Drillio (KA), Frederick Duggan (KA), Leo Duggan, Daniel Edwards, Gordon Fader, Robert Fagan, James

Frederick Jollimore, Gerald Jollimore, John Jollimore (KA), Roy Jollimore, Harold Jones, Robert Jones, William Jones, George Jussup, Walter Jussup, Calvin Jones, Fred Jones, Lloyd Jones, William Jussup, Harry Keating, Andrew Kelly, John Kelly, Frederick Kidd, Edward Kidston (KA), Jason Kirby, George Lamphier, John Landry, Henry Landry, Fred Lane, Herbert Lane, Kenneth Lane, Milton Lane, Edward Langille, Leo Lanigan (KA), Robert Lanigan, Archie LeBlanc, Homer Lord, James MacDonald, Audrey Marriott, Berton Marriott, Joseph Marriott, Peter Marriott, John Margison, Charles Martin, Clarence Martin, Gerald Martin, MacKenzie Martin, William Martin, Clarence Marsh, Eugene Mayo, Sedley Mayo, William Mayo, Gerald McDonald, Gordon McDonald, Robert McCarthy, William McGinnis, Burton McKenzie, Kenneth McKenzie, Norman McKenzie, Ronald McKenzie, Vincent McKenzie, Winnifred McKenzie, Gerald McKinnon, Hugh McKinnon, James McKinnon, Allan McMaster, Thomas McLaughlin, William McLaughlin, Donald McNeil, Gerald McNeil, John McNeil, Thomas McNeil, Allen McQuillan, Gordon McSweeny, Daniel Meehen, James Meehen, George Merlin, Evatt Merchant (KA), Robert Merchant, George Mitchell, Nicholas Mitchell, John Monohan, Edward Murphy, John Murphy, Patrick Murphy, Keith Moir, Vernon Moir, Norman Mont, Alfred



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Spryfield Merchants Bantam A baseball team earned their way into the provincials by winning the Bantam Division District Championships. Members of the team include back row Tony Skerry, left, Assistant Coach, Tyler Lang, Adam Conrad, Jordan Jones, Anthony Skerry, Chris Wilson, Carl Conrad, Head Coach: front row Craig Slaunwhite, Chad Conrad, Corey Micheau, Trent Tingley, Brandon Aumento and Justin Chaisson.

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# Ryan Flinn ready to fight for spot on King's roster

By Rickie Cormier

As the NHL lockout dragged on for a year, and meetings were scheduled and re-scheduled, Ryan Flinn, a native of Spryfield and pro Hockey player, kept his focus on the important things in life. In the past 12 months, Flinn, 25, got engaged to his girlfriend, signed a one-year extension with the Los Angeles Kings and had time to catch a few Dodgers and Laker games.

"I'm not a big fan of basketball, but I can appreciate the size and athletic abilities of them," Ryan says speaking about NBA stars Shaquille O'Neil, 7'2" and Yao Ming 7'6".

Appreciation in size and athletic ability

must come naturally to Flinn, who at 6'4" and weighing in at 240, is no lightweight, a good attribute to have when your given the title as "Enforcer," a job Ryan has received graciously. In his first NHL shift he faced off with fellow bruiser Brad Brown of the Minnesota Wild. "Brad Brown was no different from any other fight," Ryan explains. "I just had to do my job."

And he continued to do his job, amassing 51 penalty minutes, along with a goal against the Montreal Canadiens, a game which was televised on Hockey Night in Canada. "It was an exhilarating feeling," Ryan says, reenacting the goal. "It was a backdoor cut and my linesman passed it across. I had the whole net to

work with."

After his 10 game stint in the NHL Ryan was sent back down to the Manchester Monarchs, the Kings American Hockey League affiliate. As this coming season picks up momentum, the league is changing drastically, with star players being moved and entire teams being rebuilt. The Kings recently traded Kip Brennan, creating speculation that it was to make room for Ryan on the roster.

"I'm going to have to work hard in camp and impress the people who matter. George Parros just came out of college and we'll be shooting for the same job," explains Ryan, regarding his job as enforcer. "He (Parros) learned the physical aspect of the game quickly. He's a guy to contend with."

The Kings are taking advantage of the new collective bargaining agreement (CBA) and have signed players such as Valarie Bure and Pavol Demitra, giving the team a new look, as

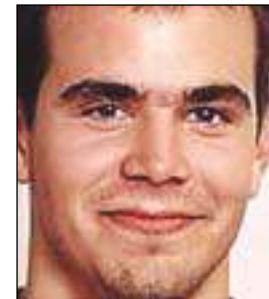
well as Jeremy Roenick, supplying the team with a new voice. "He's an individual, interesting character," Ryan says about Roenick.

"He'll bring some much needed attention to the team in a city that loves the Lakers."

Ryan feels the league has done a good job at creating new interest in a league needing good publicity in the worst way. "The new CBA has allowed teams like the Edmonton Oilers to sign Chris Pronger, or Calgary (Flames) to keep Jerome Iginla long term. This, along with Sidney Crosby, the new ambassador of the game, will help keep the

fans watching."

Flinn returns to Los Angeles at the beginning of September and will immediately begin training and getting ready for pre-season games. The fight for a spot on the roster will be a tough one, but with LA's favorite big man Shaquille recently going to Miami, perhaps the city needs a new Enforcer.



Ryan Flinn

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# Planning started toward Herring Cove Road study implementation

By Linda Mosher  
Councillor District 17

Recently I attended a Capital Cities conference, which included seminars on "Great Cities, Great Streets" and "Streetscape Basics - Getting it Right." These topics were timely for me since I have been working to implement some major improvements in the Herring Cove Road project. Most of the speakers at this conference agreed that in order to revitalize and re-energize an area, you need to give the street a sense of identity, and provide something to draw people to the street. It is also necessary to encourage people to live there as great streets are about people. An active and vibrant

main street is not about driving through to get somewhere else, or merely stopping to pick up a necessity, it is about creating an "experience." Many of these same sentiments were echoed by the community during the Herring Cove Road public workshops and surveys that residents completed.

Many of the streetscape success stories discussed at the conference involved partnerships with government, community groups and Business Improvement Districts (BIDs). Most of the BIDs discussed were in downtown areas. We are fortunate that in our area, we have the Spryfield Business Commission, which is dedicated to revitalizing this area. A very recent success story of the Business

Commission is their partnering with HRM to eradicate unsightly graffiti. I have also been working with many other interested residents and community groups to provide assistance in re-energizing this area.

The presentation on streetscapes discussed recommendations for physical parts such as sidewalks, street furniture and landscaping. Councillor Adams and I have been working with HRM's Streetscape Coordinator to implement some of the recommendations for physical improvements. One of the recommendations for Herring Cove Road was to install benches and waste receptacles. Councillor Adams and I, along with members of the Business Commission and HRM's Community Response Manager toured the area to identify appropriate locations for sitting areas. The goal is to make the street pedestrian friendly, give the area a unique identity, and ensure cleanliness.

We obtained a substantial amount of funding for the Herring Cove Road streetscape improvements in the last capital budget approved by Council. The planning has already started on some of the recommended projects. These projects may not be completed during this budget year, but the funds will be carried forward to the next year. It is our goal to have numerous projects identified and fund-

ing secured through a multi year financial strategy to accomplish these goals.

Ekistics Planning and Design were the consulting firm that was awarded the contract from HRM to undergo a Herring Cove Road Community Development and Streetscape Planning Project. They have submitted their findings to HRM.

These recommendations included feedback they obtained from community meetings, workshops, survey results and their own analysis. Chebucto Community Council will review this document soon, and will vote to accept it in principle. HRM's Planner and Project Manager will outline the next steps, which will include the applicable HRM departments investigating the feasibility of implementation. Just because a recommendation was made in this report does not mean that this project will actually happen. The recommendations must be thoroughly investigated, looking at factors such as public interest, Council priorities, HRM infrastructure standards and guidelines, costs, legal issues such as land acquisition, and time frames. The useful and appropriate ideas and recommendations will be prioritized for future implementation. We appreciate the hard work and input of all the residents who participated in this study.



Councillors Stephen Adams Linda Mosher, along with Kevin Umlah of the Business Commission and Gary Martin of HRM's Community Response Team spent a few hours surveying the community for places to create parks and ad street furniture pieces like garbage cans and benches.

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# Hurricane Juan Rural Residential Brush Pick-Up Program

Halifax Regional Municipality will be conducting a *final, one-time only, residential pick-up* of brush materials resulting from Hurricane Juan in two special project areas within the rural Brown Spruce Longhorn Beetle Quarantine Zone as defined by the Canadian Food Inspection Agency. The pick-up will take place in designated areas of the Eastern and Western Regions of HRM.

## What is considered "brush" under this program?

Under the program, brush is defined as branches and woody debris less than 10 cm (4 inches) in diameter. Brush originating from a residential property within 30 metres (100 feet) of a building, road or driveway as a result of Hurricane Juan is eligible for pick-up. *This is not a general clean-up and fresh or green brush not related to Hurricane Juan will not be picked up as part of this program.* This program will be in effect for four weeks only, so residents in the designated areas outlined below are urged to take advantage of this opportunity to protect your property against wildfire and make their homes and neighbourhoods safer from the risk of fire.

## Where & when will the Brush Pick-Up take place?

The Hurricane Juan Rural Residential Brush Pick-Up Program will include the communities listed in the schedules for the Eastern and Western areas of HRM. *Brush must be placed at the roadside by 7 am the Monday of each week designated for pick-up in your neighbourhood or community.* Pick-up will take place throughout those weeks.

### Eastern Region: Week of Monday, September 12<sup>th</sup>.

Community	Included areas
Cole Harbour	east of Forest Hills Parkway, Cumberland Dr., Colby Dr., Grenadier Dr., Astral Dr., all of Shrewsbury Rd. and east side of Caldwell Rd.
Cow Bay	all
East Preston	all
Eastern Passage	east of Caldwell Rd.
Lake Echo	west of Lake Echo, Martin Lake and Lake Echo River
Lake Major	all
Lawrencetown	west of Lawrencetown Lake and River
Mineville	west of Lake Echo, Lake Echo River and Lawrencetown Lake
Montague Gold Mines	east of Forest Hills Extension
North Preston	all
Waverley	east of Waverley Rd. between Hwy 118 and Exit 14 on Forest Hills Extension; including Spider Lake Rd., Marjorie Ann Dr., Willowhill Ridge, Fernilly Place and Mount Portobello Rd.
Westphal	east of Forest Hills Extension and Parkway

### Western Region: Week of Monday, September 19<sup>th</sup>.

Community	Included areas
Bald Rock	all
Bear Cove	all
Duncans Cove	all
East Pennant	all
Halibut Bay	all
Hametsfield	all
Herring Cove	south of Long Pond
Ketch Harbour	all
Portuguese Cove	all
Sambro Head	all
Williamswood	all

## How should I prepare the brush for pick-up?

Brush must be properly placed roadside to insure that it is efficient and easy to gather up by the mechanical grapples. The following guidelines must be followed to ensure that the brush is picked up during this program:

1. Brush should not be piled directly under telephone/power line. It is important to note that during pick-up, personnel and equipment cannot legally get closer than 6.0 metres (20 feet) to an overhead energized power line (Occupational Safety General Regulations, section 126).
2. Brush should not be placed closer to the road than one meter and no further away than seven meters (23 feet). Grapples cannot reach easily beyond 7 meters (23 feet).
3. Brush piles should not obscure safe viewing distances for exiting driveways and other access points.
4. Brush should not be piled so high that it could topple over onto the roadway.
5. Brush should not be piled in any location where there is a fire danger.
6. Brush should be piled so that all branches are laid in the same direction. This prevents the slash from becoming interwoven, which makes it difficult to load or chip.
7. Brush should not be placed within 10 meters (32 feet) of any open watercourses.
8. Brush should not plug ditches/culverts or be placed where it may interfere with regular drainage patterns.
9. Brush should not be placed under trees or other obstacles which may prevent loading onto trucks. The limbs should be cut off the tree and piled at roadside, clear from overhead powerlines. *Brush larger than 4" in diameter is not eligible for pickup.*

## How can I make my property more fire safe?

Every year many families lose their homes and possessions to the ravages of wildfire, it only takes few moments to become aware of safety measures that can reduce the risk of losing your home to wildfire. To find out how to Fire Smart your property visit [www.gov.ns.ca/natr/protection/wildfire/firesmart.htm](http://www.gov.ns.ca/natr/protection/wildfire/firesmart.htm) or call 758-2232.

For more information on the Hurricane Juan Brush Pick-Up Program visit [www.halifax.ca/juan/index.htm](http://www.halifax.ca/juan/index.htm) or contact the HRM Call Centre at 490-4000.



Historians Iris Shea, left, and Heather Watts will be officially launching their new book *Deadman's: Melville Island and Its Burial Ground* at the Armdale Yacht Club on Purcell's Cove Road Sunday, Sept. 25 from 2 to 4 pm

## Local authors announce publication of new book

Local historians Iris Shea and Heather Watts are pleased to announce the recent publication of their combined efforts to produce a new historical book called "Deadman's: Melville Island and Its Burial Ground."

Today Deadman's Island on Halifax's Northwest Arm is a peaceful waterside park and nearby Melville Island a bustling modern yacht club. The often violent and unhappy use of these locations over the past 200 years was one of Halifax's best kept secrets.

Shea and Watts have uncovered the stories of hundreds of prisoners of war, refugees and fever victims who were once unwilling residents of Melville Island's prison. Many of them were buried under the pines of

Deadman's Island. In this abundantly illustrated book you will see the prison buildings of the past and hear from these ghosts of Deadman's Island in their own words. The book is available for \$19.95 at the Book Room on Barrington Street, at Bookmark on Spring Garden Road, Chapters online, and other bookstores throughout the province. It is also available from the authors, email: ishea@ns.sympatico.ca or telephone Iris: 479-3505.

On Sunday, September 25 from 2 to 4 pm, Iris and Heather will launch their book at the Armdale Yacht Club on Melville Island, Purcell's Cove Road. The public is invited to attend.



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## Celebrate Living! Conquer Your Arthritis and Its Symptoms.

Arthritis is a debilitating disease that affects one in four Nova Scotians. It attacks people of all ages, and is the most prevalent chronic childhood disease. The vast majority of people take medication to manage their arthritis but there is no cure.

There are over 100 different kinds of arthritis, most of which last for a lifetime. The most common type is osteoarthritis (OA). This degenerative joint disease begins when the cartilage breaks down, sometimes eroding entirely to leave bone rubbings against bone. Any joint can be affected but the feet and knees hips and fingers are most commonly involved.

### WARNING SIGNS OF OSTEOARTHRITIS

- Feeling pain in a joint or near a joint
- Feeling stiff, or not being able to move a joint
- Swelling and the loss of flexibility of a joint
- Cracking sensation with joint movement

IF YOU HAVE ANY OF THE ABOVE SIGNS FOR MORE THAN 2 WEEKS CONSULT YOUR DOCTOR.

The most common form of inflammatory arthritis is Rheumatoid arthritis (RA) this inflammatory joint disease can strike at any age, but usually appears between the ages of 20-50. RA is an autoimmune disease where the immune system attacks the joints. The hands are most commonly affected. But RA can affect most joints of the body; it can also attack

organs or other parts of the body such as the eyes lungs or heart.

### DIET AND EXERCISE

Regular exercise can help relieve the pain and stiffness in your joints by keeping the muscles and tissues around them strong. The stronger the muscles and tissues are, the better they can support and protect your joints.

Before you start exercising, talk with your doctor and develop a program together that safely meets your needs.

If you are overweight (for example, 10% heavier than your ideal body weight), you are putting additional stress on your weight bearing joints. It may make the pain and the inflammation of arthritis worse. Controlling weight is one of the best ways of controlling arthritis pain.

Reducing weight reduces the stress on those joints. It will ease the strain, lessen the pain, and improve your ability to move, slow disease progression and make you feel better overall.

Canada's Food Guide is an excellent source of information to help you control your weight. Receive a copy from your doctor, hospital, dietician or government health service office.

### HEAT and COLD

Heat applied to an arthritic area can reduce pain, stiffness and muscle spasm. It promotes blood circulation, which nourishes and detoxifies muscle fibres. Having a hot shower before exercise may help you get ready for a workout. You should not apply heat to an

inflamed joint. Cold applied to inflamed joint reduces pain and swelling by constricting blood flow.

**TOPICAL CREAM and GEL**  
Topical creams and gel prove temporary pain relief, but only in the areas where they are applied. These creams are not effective as anti-inflammatory. Brands include: Bengay Arthritis, Deep Heating Rub Cream, Minard's joint Relief, Marathon Deep Heat Rub. The majority of creams and gels are counter-irritants; they use heat or cold to distract you from your pain.

**Non-steroidal anti-inflammatory drugs (NSAIDs)**

You can use these medications to reduce pain and swelling of the joints and decrease stiffness. However, they do not prevent further joint damage. NSAIDs reduce pain when taken at a low dose, and relieve inflammation when taken at a higher dose.

You can buy some without prescription such as coated ASA (Aspirin, Anacin, etc.) or Ibuprofen, (Motrin IB, Advil, etc.) If you have more severe pain and swelling your Doctor may prescribe a stronger form of NSAID. You may need to take NSAIDs for several weeks before they take effect completely. If you take them for a long period of time, there is a chance you may develop a stomach irritation or even an ulcer.

### PROTECT YOUR JOINTS!

- Avoid excess strain on joints
- Control your weight
- Apply ice after injuries

- Pace yourself. An occupational therapist can help you modify your home or work environment
- Wearing proper shoes and using aids such as canes or walkers can also take off some of the strain.

### WHERE TO GET MORE INFORMATION

The Arthritis Society offers the Arthritis Self-Management Program (ASMP) This program teaches people to take control of their arthritis. It equips them with the skills they need to make important decisions with members of their health care team. People who have taken the course have found it so beneficial that many have offered to teach it to others. ASMP provides people with an all-encompassing approach to living with arthritis, by setting up a resource library in the arthritis centre, which is the rheumatology division of Capital Health in Halifax. The role of the library is to provide people and their families, and health care professionals, with information about the disease. People who are on a waiting list for orthopaedic surgery approach the arthritis Society for guidance on how to maintain their health as they wait, and information on what to expect after surgery. The Society holds Chronic Pain Management Workshops and Public Forums across the province.

If you have questions about your medications or other health issues, remember your Crowell's Pharmacists and other health team members are a valuable source of information.

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## Wacky's Floor Design Centre

# World-wide products at great prices offered in a comfortable, relaxing environment

There's an ever growing sense in the world of retail that consumers are becoming more knowledgeable and far more discerning about the purchases they make these days. The newly redesigned and just opened Wacky's

Floor Design Centre showroom at Bedford's Mill Cove is Metro's leading flooring retailer's response to a clientele that shops much more carefully these days for what is considered to be one of the most significant purchases a

homeowners can make for their home.

"Customers want more selection, more service and we've evolved to meet that demand," says Larry Woodland, General Manager of the new Wacky's Flooring Design Centre.

But in making the transition from their former location just across the parking lot, Wacky's wanted to do more than offer its clients a more relaxing, comfortable and informative place to do their shopping. The company also opened a 30,000 square foot warehouse on Akerley Boulevard in the Burnside Industrial Park to ensure Wacky's Floor Design Centre continues to have the buying power necessary to provide innovative and top of the line products at the lowest possible prices.

"Great value has always been the hallmark of Wacky's but now we want people to know that we're offering the best possible prices on the highest quality products," says Mike Wheatley who has co-owned the business with Larry Gumbley since 1980.

The Mill Cove Floor Design Centre is a 7,000 square foot showroom designed to make shopping for flooring as easy as possible for customers. The bright, spacious and modern showroom offers an enclosed but airy New

Home Design Centre at the back of the store where customers and sales staff can comfortably discuss products and designs tailor made to each customer's needs.

And if providing a semi-private space for customers wasn't enough Wacky's, has installed an electric fireplace to offer additional warmth to the showroom and is now developing a children's play area, complete with television, movies and soft carpeting, to give children something to do while mom and dad shop without being pressured. "We really want parents to be able to come in and take the time they need to make the right choice for their home," says Charles Plant, Inventory Control Manager.

The new retail outlet's design separates every flooring type and window treatment product with displays that are not only well thought out but very accessible so that each customer can experience the look and feel of each product as they decide on what kind of flooring they really want for their home. Wacky's trained and experienced sales staff are available to provide all the product knowledge necessary to ensure consumers make the right choice.

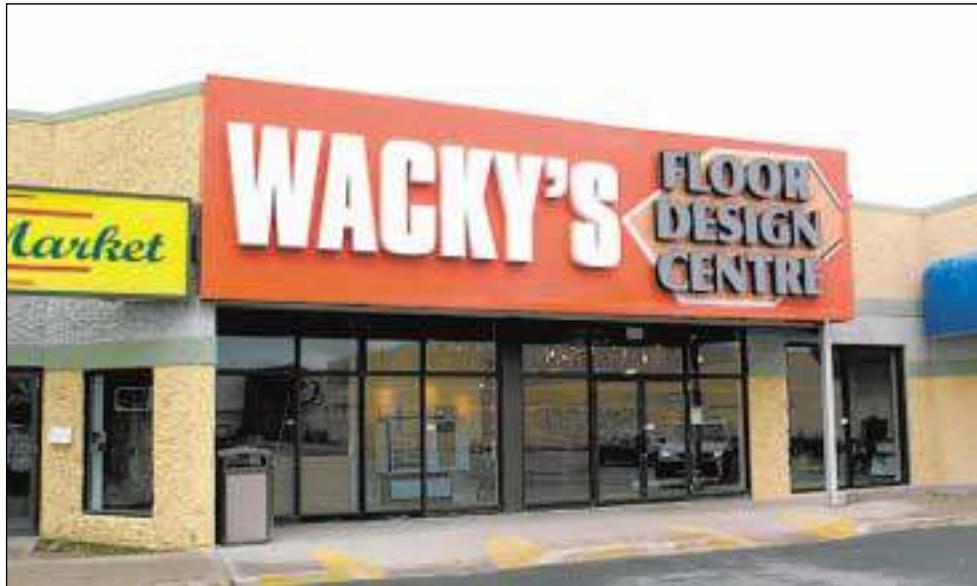
"Shopping for flooring is much more demanding these days," says Woodland. "Wacky's is committed to making this better than it's ever been," he said.

"It used to be that the only real question for consumers to answer was carpet or vinyl," says Wheatley. "Now there are many more flooring choices including hardwoods, laminates, ceramics and area rugs as well," he said.

"With the advent of decorating shows and the internet, consumers come to us much more informed and with many more ideas about what they'd like and how they want to coordinate their home décor. This new store, with all of our selections and products, helps us help them make the final choices.

And because Wacky's shops the world for products, consumers can be confident the new Floor Design Centre will have samples of every product available including Australian wool carpets, exotic wood from China, cork flooring from Portugal, tiles from South America and marble from Italy.

"We offer a great deal more selection to meet an evolution in consumer demand," says Woodland. "But even though we shop the world we pride ourselves in offering great products at great prices."



The new Wacky's Floor Design Centre at Bedford's Mill Cove has a wide array of products for consumers to choose from and a comfortable atmosphere to make your stay enjoyable.

## Selection from the world over available at Wacky's Floor Design Centre

Making sense out of the world-wide variety and styles of products to fill flooring needs is no longer an issue for discerning clients looking to decorate their home with the best floor products available. Wacky's new Floor Design Centre at Bedford's Mill Cove has been designed to eliminate any confusion customers may have over what is available for their home's needs.

The new Centre is a 7,000 square foot showroom designed so that every floor product and window treatment on the market so customers get a real feel for what products are available and how the look on a large scale. And in today's world there are lots of choices for consumers.

Inventory Control Manager Charles Plant says laminate flooring has become very popular. "It's more economical than hardwood and

with the new surface etching technologies it even comes with a real wood-like texture," he says, suggesting that laminates can even be installed below grade without the usual fear of warping which can happen with basement installed hardwood floors.

"Laminates are easy to clean, durable, there is little maintenance and they are virtually stain proof," he says. And if you get tired of one look consumers can change laminates very easily.

But with the advent of laminates into the marketplace, Wacky's hasn't forgotten the warmth and durability of traditional hardwood flooring. Newly available exotic woods like Brazil Cherry, Kempas and Bamboo offer homeowners truly unique options.

"Hardwood's versatility and ability to enhance its own warmth over time can provide comfort to a bedroom, kitchen, entry hall or family room," he said.

Carpets are also a fabulous choice for consumers says Plant. "They're soft, warm and stain resistant and there's a wide range of colours and patterns available," he said, adding that they can be fun besides. "Shag is back and makes for a fantastic choice for a kids room or a family room."

Ceramic tiles offer a touch of class to any room says Plant. Tiles provide a flexibility that can solve any design problems with their wide range of colours, textures and advanced finishes giving the tile improved stain resistance.

Another option particularly suited to entranceways are large frescos. Wacky's has a varied selection of patterned inserts made of natural stone which become a piece of artwork for the home. And Plant says that thanks to design shows a lot of people are discovering the "backsplash." "It's an inexpensive

way to update the look of a kitchen and the selection means that absolutely any look can be had."

Ceramic floor can also be complemented with in floor heating and are most popular for entranceways, kitchens and bathrooms and today's nearly limitless combinations can tie together design and colour elements in both walls and flooring.

Vinyl flooring is another product that has advance through technology. Virtually maintenance free and almost limitless in pattern availability, many manufacturers are offering warranties against rips, gouges or tearing.

Area rugs provide another alternative for floor decoration. The new Floor Design Centre has a great selection of rugs featuring new materials and technologies that make today's rugs much more durable and the well lit display areas ensures customers can see exactly what colours are in the patterns and more easily vision how the rug will look in their home. "Area rugs offer the perfect solution for consumers who have replaced carpet with hardwood but miss the warmth lost when the carpets were removed," says Plant.

And to top off your decorating solution, Wacky's offers a wide selection of window coverings. "We found that when people change their flooring they'll often change other things," says Plant. "Paint is one change people make and window coverings are another. We wanted to have options available here so consumers can see how the products work together in the design of their home."

All in all says Plant, the new Wacky's Floor Design Centre allows the company to provide the best available opportunity for consumers to design floor and wall coverings for their home in a truly relaxed and comfortable atmosphere.



Wacky's Floor Design Centre has stock from around the world.



Nothing customizes a floor better than an area rug and Wacky's Floor Design Centre holds rugs made with technologies to ensure they are more durable than ever before.

# New sewer line won't eliminate E. Coli contamination

By Stephen Adams  
Councillor District 18

By the time you are reading this article, construction will have begun to extend water and sewer services to Herring Cove. In hindsight, it has been an interesting 40 plus years to say the least. The residents of Herring Cove have been patient save for the occa-

sional issue which is understandable. I am proud of you all for your understanding.

The work will being near the schools to ensure minimal disruption when September 7th rolls around. The idea is to be as far away as possible to keep the children safe during those busy times.

I have had a few emails and phone calls regarding E. Coli in wells along Herring

Cove Road. Understandably, residents would like to know the source of this contamination so that it can be addressed. While some residents feel that the sewer pipe is leaking and is causing these problems, a recent video inspection shows that it is in excellent shape, and not the source of the E. Coli. I have asked our local MLA to engage the Department of Environment to detect the

cause. Mr. Charles Lloyd, HRM Engineering, can also help to answer questions. He may be reached at 490-6942.

As you may recall, we sent ballots to residents of the Sambro Loop to determine the desire for transit services. The results were inconclusive as we ran into difficulty ensuring all residents had the opportunity to vote. I will attempt to do this again within the next six months; however, this time we will ensure our database is correct. For the record, the vote was 59 to 58 in favour.

In the spring, Halifax Regional Police Services assumed responsibility for policing of "The Sambro Loop." The feedback I have received is generally positive. As I speak to members of the community, I am told that there are lots of cars patrolling the area, which is a welcome benefit. Illegal ATV use has decreased with some plans in place to help address this even further. Sgt. Mike Spurns and S/Sgt. Greg Mosher have worked tirelessly to help address your policing needs and will continue to do so on your behalf.

The effectiveness of the Halifax Regional Police Services was illustrated very well last month when a break and enter was reported in Williamswood. Within 10 minutes a patrol car was on the scene and had apprehended a suspect. Shortly thereafter, a second suspect was caught. Sgt. Leonard Haughn, Watch #2, and his officers did a great job. On behalf of all residents, I thank you all.

## NDP standing up for you - McDonough

By Alexa McDonough  
Halifax MP

"Through the din, the New Democrats have emerged as the voice of reason. Jack Layton has been clear on their priority - take full advantage of the minority government's position to get a job done for Canadians." - Janice Harvey, New Brunswick Telegraph Journal.

The quote I've just shared with you is one of many congratulating the NDP team and our Leader Jack Layton for securing federal investments in key areas of education and training, public transit, energy retrofitting and clean air, and international aid. We did what we promised the voters we would do: make minority parliament work for you!

As this summer recess comes to a close, we shift our focus to the upcoming fall session of Parliament, possibly the last before Paul Martin calls a federal election next winter, if not sooner. The NDP knows that despite the gains in the last session, we still have much work to be done.

Last month I had the privilege to host a press conference with our party's Child Poverty Critic, former NDP Leader Ed Broadbent, along with NS Opposition Leader Darrell Dexter, Halifax Needham MLA Maureen MacDonald, and musician Terry Kelly, to gather greater support for the "Make Poverty History" (MPH) campaign.

The Canadian MPH campaign calls for more and better international aid; trade justice; cancelling the debt of the world's poorest nations and ending child poverty in Canada.

In 1989 Ed Broadbent authored the historic motion calling for the elimination of child poverty in Canada by the year 2000.

On June 28, 2005 the final day of the spring session, I tabled my motion calling on Canada to make its contribution to Making Poverty History by finally delivering on its longstanding obligation to commit 0.7% of Canada's Gross National Income to international assistance by 2015. Both motions were adopted unanimously.

Sixteen years later, one million children are still living in poverty in Canada, with hundreds of millions more in the world's poorest nations. Clearly, our work is cut out for us in convincing the Paul Martin Liberals, currently pre-occupied with yet another round of tax cuts and bank mergers, to invest in our children.

Like all Canadians, seniors too have fundamental rights and freedoms that deserve protection. Sadly, too often, too many seniors still get the short end of the stick in today's society. This fall in Parliament, Jack Layton and the NDP will table an historic Seniors Charter of Canada. This will outline the rights of all seniors to a fulfilling life with dignity, respect and security. It will highlight fundamental needs like secure pensions, secure housing, secure public health care, opportunities for self-fulfillment and timely access to all government services.

All Canadians have a role to play in ensuring that seniors have the opportunity to participate fully within our society, with true independence. As Canadians, we know that our government has very special obligations.

The Seniors Charter of Canada will reinforce government's responsibility to seniors, guiding legislation and public services. At the same time, it will make a vivid statement about the important roles that seniors play in Canadian society. It's about time.

At a recent summit, leaders of the G8 industrial nations finally agreed that human

activity causes climate change. (US President Bush had been the holdout and still rejects the Kyoto protocol.) But their agreement set no targets or timetable for reducing greenhouse gases. These baby steps aren't good enough with scientists warning that climate change threatens our health, our economy, our ecosystems and our children's future.

While Canada has ratified Kyoto, eleven environment groups call the Liberal follow-up plan a grave disappointment. Jack Layton's better, balanced budget included \$900 million for urgent environmental measures. However, we will continue to promote the NDP's wider plan to clean the air while creating thousands of green jobs.

These are a few of the key priorities for the NDP. As the session unfolds, I will continue to share with you our better ideas for investing in our people, our communities, our province, and our country.



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# Tough choices ahead on health reform, says MLA

By *Graham Steele*  
Halifax Fairview MLA

In last month's column, I wrote about the tough choice that faces us on VLTs. This month, I want to pick up the same theme, but this time about our health-care system.

Canadians are proud of their health-care system. We in the NDP are especially proud, because it was Tommy Douglas and the Saskatchewan NDP who started it. But the health-care system as we know it can't continue.

Why not? Because we can't afford it. The health-care system is sucking up money faster than the government can collect it. More and more of our taxes are going to pay for a health-care system that offers less than it used to; and that means less money for education, transportation, housing, and all of our other priorities.

Yet waiting lists for surgery and emergency-room waits get longer; doctors, nurses and technicians/technologists are in short supply; drug costs go up faster than inflation; and, to make things worse, we are not noticeably healthier than we were before.

As the old saying goes, "if something can't continue, it won't." And the health-care system can't continue the way it is.

To make things worse, on June 9th the Supreme Court of Canada dealt a potentially fatal blow to the current system. The Supreme Court ruled that a Quebec man's legal rights were violated because the Quebec government prevented him from buying private medical insurance, even though waiting lists in that

province were too long.

This is the opening that enemies of our health-care system have been looking for. Make no mistake: there are plenty of people who would like to turn your health into a profit-driven business. They don't care about what's right for you and your family. They don't care about Tommy Douglas' struggle to establish health care for all. They don't care if they take all the health-care professionals out of the public system. They just want to make money.

The challenge for all of us, 40 years after

Medicare was born, is to save Tommy Douglas' legacy and keep what we value most, but still to be open to health-care reform.

What do you value most? For me, it is fundamental that health-care must be available to all, on the same terms. No-one should get a lower standard of care, just because they are poor. That's a lesson Tommy Douglas learned the hard way, after he almost lost a leg as a boy.

Yes, the system needs to change, and there can be no change without a debate. But

frankly, when it comes to protecting our public health-care system, I have a hard time trusting the old-style parties. They don't have a great track record. Look at Nova Scotia Power, which we all used to own. Some Tories decided it was better off in private hands (for "philosophical" reasons, said the Premier), and look where we are now.

Let's not stand around while our precious health-care system gets sold to the highest bidder.

## MLA encourages residents to sign "home heating fuel" petition

By *Michele Raymond*  
Halifax Atlantic MLA

We all need energy. Some of us worry that we've got too much, because our bodies are storing up calories "for a rainy day." We spend a lot of time trying to get rid of them, exercising to use up more energy than we take in.

But calories aren't all bad. Calories, watts and joules are the measure of energy, (how much heat is released when something is burned), and we also spend a lot of time redistributing them, moving around the solar energy that plants have stored up "for a rainy day."

Fossil fuels, oil, coal, gas and natural gas, are the product of sunlight stored eons ago by plants, and since then covered and compressed underground, or under the seabed. We have been harvesting that energy freely for nearly 200 years now, and around the world, supplies

are dwindling. Fuel prices are rising, higher and higher. Political tensions are also tightening access to supplies.

Here in Nova Scotia, we're facing a crisis. In a cold climate, being warm enough is a matter of life and death. Over the last few years, many Nova Scotians are finding themselves faced with a choice, heat the home, or put food on the table.

The Nova Scotia NDP has long been pushing for the province to remove its sales tax from the necessities of life. One of those necessities is warmth.

Recently, the Hamm government indicated that it is ready to agree with the NDP position, and finally to remove tax from home heat sources. The provincial government can't control the world price of oil, but it should not profit from taxes generated by citizens trying to stay warm. I challenge the Hamm govern-

ment to do more than just agree. It is time that they stopped wasting time speculating about a needless election and recalled the Legislature so we could pass laws that would remove the HST from necessities once and for all.

The government should also show leadership in helping us all reduce fuel use. The NDP is pushing the Hamm government and Nova Scotia Power to help Nova Scotians reduce electricity needs by 15%, before NSPI is allowed any more price increases. The NDP has recently initiated a petition to this effect.

Saving energy is just as important as making it cheaper. Widespread burning of plant fuels fills the atmosphere with a cloud of pollutants, a major cause of this province's asthma epidemic, and other respiratory conditions. This province still relies on oil- and coal-fired

see "MLA" pg. 19

# Graham Steele

MLA - HALIFAX FAIRVIEW

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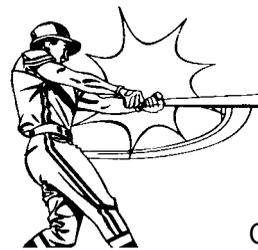
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## Violent crime perception has ripple effect on Nova Scotians

### Letter to the Editor

Dear Editor

I am increasingly concerned about the perception of violent crime expressed by citizens in the greater Halifax Regional Municipality urban areas such as our own Halifax Atlantic. This in my opinion does have a ripple effect on how Nova Scotians outside these urban and rural areas who also view whether or not they feel safe in their own communities, and whether or not they feel safe when working or visiting in the urban areas and Halifax Atlantic communities.

We have been subjected to survey after survey which until recently showed that in general the public felt safe. If one were to ask the average Nova Scotian and urban resident they probably would tell you their impression is that violent crime is on the increase and deterrence is null and void.

Certainly we have seen a significant number of assaults involving groups attacking individual citizens, be they young or elderly victims, to demand a stronger response from our police and government officials.

Being a recently retired Staff Sergeant from the Halifax Regional Police with 36 years of police service I fully appreciate the demands put on police officers and administrators. The increase in violent prisoners being placed in house arrest, the increase in conditional sentences for violent offenders, both young and old; and the decrease in a dedicated monitoring system for compliance such as visits by police and probation officers to house

arrest homes where violent criminals are serving their sentences, is in my opinion the fuel which burns a lack of respect for law and order and diminishes the deterrent factor.

The Nova Scotia government recently granted six million dollars to Nova Scotia police departments for criminal intelligence gathering. Perhaps this money should have been granted to departments to increase their visibility on the street both in uniform and criminal investigations of break and enters, assaults, and car theft.

I am not convinced at this stage that the Nova Scotia Government is listening to the concerns of its citizens. Municipal governments cannot do it alone. Programs such as restorative justice are offering some hope in

dealing with offenders who have not committed violent acts, however it has not proven itself thus far as a viable alternative to those individuals who are intent on committing crimes of violence and violating their conditional sentences while doing so.

I call upon the Government to develop a province wide strategy in dealing with violence in this province and send a clear message to those individuals who want to inflict violence on our citizens that it will be met with a much stronger response both in policing and the judicial system.

*Jim Hoskins  
Provincial Liberal candidate  
Halifax Atlantic*



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Volunteers are also required throughout the year to assist our receptionist answering phones, working on the Front Desk and office work.

For more information, please contact the Volunteer Department at 443-8141 or visit our office at 17 Alma Crescent in Fairview. (Next door to the Subway/Needs Plaza.) or email to [info@ns.lung.ca](mailto:info@ns.lung.ca)

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# Are you allergic to animals? Here are the fallacies and some advice.

How many people do you know that would love to have a pet but cannot because they are allergic to animals or one of their family members are? Allergy is the most widespread chronic disease in the world and of all allergies, sensitivities to animals is one of the most common.

Pet allergies are so prevalent that they affect nearly every household. In the United States, studies indicate that between 15 and 20 million people are adversely affected by pet allergies, which is approximately six to eight percent of the population. While many people are disappointed they are not able to get a pet due to allergies, the most heartbreaking scenario is that where years after acquiring a pet, an owner develops a sensitivity to the animal. By this time there is a strong emotional bond between the owner and pet and the thought of parting with their best friend is overwhelming. Despite advice from their doctors, studies have shown that most allergy patients opt to suffer with their symptoms rather than give up their animal.

So what can we do to ease the symptoms of pet allergies, or even better, to prevent them in the first place? Much of this advice is really common sense, if you realize that allergies are caused not by the animals themselves in their entirety but to three major animal allergens, or allergy causing substances.

Firstly, animal dander, which is the collection of miniscule and microscopic dead skin

cells, scales and flakes that an animal is continually shedding is a potent allergen. It is actually the protein found in this debris that creates the allergic reaction. Secondly, animal urine, be it that from dogs, cats, ferrets, hamsters, mice or guinea pigs, will also trigger allergic reactions, again from the protein found in the urine. Lastly, the cat allergen, known as Fel d 1, which is secreted in saliva as well as skin secretions is the major cause of allergic reactions to cats.

Knowing this and that allergies are cumulative, makes it clear that to avoid reactions you have to minimize your contact with dander, urine and cat secretions. How easy is that? For starters, if you are allergic to animal dander and saliva you are probably allergic to other substances found around your home such as dust, molds, mildew, feathers, paint, perfume, soaps, fabric softeners, pesticides and smoke, all of which are also potent stimulants to allergies.

Minimizing exposure to all of these will help keep your system below a threshold above which reactions to animals may occur. Avoiding heavy carpets, dust-gathering accessories and "nic-nacs," fabric wall coverings, rough textured draperies, and clutters of books and magazines is helpful. In general, keep your home as clean and dust free as possible by vacuuming frequently, dusting often with a wet cloth, washing down floors, walls and blinds, etc.

Sources of mold and mildew should be treated promptly. Air purifiers containing HEPA filters can dramatically improve the quality of air inside your home as can opening screened windows to help with ventilation. Washing your hands after handling any animal and especially not touching your eyes, nose or mouth can help minimize symptoms as well. Avoiding the pet having contact with your bedding, particularly the pillows, is very important. Avoid down or feather pillows as well.



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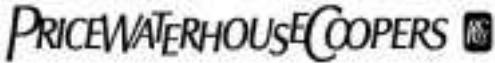


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**HATT, William Carman** - The family of the late William Carman Hatt, 89, of Purcell's Cove, announces with great sadness the passing of a wonderful husband, father, grandfather, brother and friend. He died in Camp Hill Veterans' Memorial Building, QEII. Born in Beech Hill, he was a son of the late Charlie and Lucy (Hiltz) Hatt. William served in the army in the Second World War and served overseas. He retired from Simpson Sears after being employed there as a gardener for over 20 years. Later he worked with Standard Paving and the Railroad. He was a member of the United Pentecostal Church, and was a member of the Masonic Lodge, the Free Masons, and The Odd Fellows as a Noble Grand. He was also a member of the Eastern Star and Rebekah Lodge. He is survived by his wife, Evelyn (Hubley) Hatt; son, Bill; and daughter, Elaine, all of Halifax; seven grandchildren; eight great-grandchildren; brother, Fred; as well as nieces and nephews. He was predeceased by daughters, Anna and Ruth; brothers, Freeman, Frank, Bruce, and Clyde; sisters, Jessie, Pearl, Hilda, and Kathleen. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601). Interment has taken place in Beech Hill Cemetery, Lunenburg County.

**BAKER, Ernest Roy** - 74, Halifax, passed away suddenly. He was a son of the late Randall and Iona (Wilson) Baker. He is survived by his wife, Deanna (Verge) Baker; daughter, Cathy Baker-Marrell (Barry), Fort McMurray, Alta.; son, Randy (Susan) Baker, Herring Cove; sisters, Peg Forsythe, Dorothy Christopher, Helen Baker, U.S.A.; brothers, Russell and Donald, both of Halifax; Gurney, Tancook; grandchildren, Ashley Baker, Halifax; Brian and Mark Morrell, Fort

McMurray, Alta.; stepgrandchildren, Nancy Misener, Halifax; Ronnie (Tina) Misener; step great-grandson, Delsyn Drake Misener. He was predeceased by sisters, Alice and Marion. Cremation has taken place under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., Spryfield (477-5601). Interment was held in Oakridge Memorial Gardens in Sackville.

**CONWAY, Allan Reginald** - 61, Herring Cove, passed away at home. Born in Halifax, he was a son of the late Anthony and Helen (French) Conway. Allan enjoyed spending time on his boat in the ocean and also enjoyed working in his garden. He is survived by his wife, Freda (Morris) Conway; daughter, April (Chris) Patterson; step-daughter, Amanda Conway; sons, Brandon, Allan Jr. "Bumper" (Tracey); sisters, Diane (Tom) Mabe, Delores Conway, Debbie (Kenneth) Cameron; brother, Dennis (Linda); all of Halifax; grandchildren, Olivia Patterson and Ben Conway; several nieces and nephews. He was predeceased by brother, Terry Conway. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601).

**MYATT, Rudolph Harold F.** - 79, Herring Cove, passed away in the New Halifax Infirmary, QEII. Born in Halifax, he was a son of the late Joseph and Lillian (Carburry) Myatt. Rudolph was a member of Legion Branch 152, Spryfield, as well as an amateur boxer. He is survived by his daughter, Heather, Halifax; son, Weston (Heather), Greenwood. He was predeceased by his first wife, Frances (Chisholm) Myatt; second wife, Norma (Pringle) Myatt; sisters, Helen Fillmore, Marie Tanner, Laura Riley, Pearl Birchard, and Florence Westlake; brothers, Cyril (in infancy),

Lawrence. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601).

**BRUNT, Isabel Ruth** - 92, Halifax, passed away on in St. Vincent's Guest House. Born in Sambro, she was a daughter of the late George and Olive (Hart) Hamm. She was the loving wife of the late Edward Stanley "Stan" Brunt. Isabel was a member of St. James United Church, Sambro. She loved roses and horses, and her favorite saying was "hubba-ding." Isabel was an avid seamstress who enjoyed donating those items to church sales. She is survived by brother, Russell Hamm, Halifax; sisters, Jessie Miller, Sambro; Edith Brunt, Halifax; Josephine Green, Ontario; Irene (Royce) Schnare, Sambro; as well as several nieces and nephews. She was predeceased by her husband, Stan; her parents; brothers, Lionel and Dermeth, and sister, Clida Marryatt.

**MOORE, Ann Helen** - 60, Halifax, passed away at home. Born in Halifax, she was a daughter of the late Joseph and Nora Bowers. Ann is survived by daughters, Roxann Snider and Penny Snider, both of Halifax; chosen city daughter, Daphne Armstrong, Chester; sons, Wayne (Christine), Annapolis Valley; Stanley (Jane), Ontario; former son-in-law, Brett Buckley, Halifax; sisters, Edwina (Rick) Edgecombe, Bridgewater; Caroline Saunders, Halifax; brothers, Reggie (Linda) Bowers, Bridgewater; Michael Bowers and Zachary Bowers, both of Halifax; former husband, George Snider; eight grandchildren. Ann lived with grandchildren, Gregory and Jeremy Buckley. Ann was predeceased by brother, Sonny Bowers.

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**10 Week Healthy Weight Program**  
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### TAG Annual Meeting

You are invited to the 2005 Theatre Arts Guild Annual General Meeting and "Sod Turning" for the new addition to the Lobby Area at 8 pm on Monday, September 19, at The Pond Playhouse, 6 Parkhill Road.

### TAG Auditions

Auditions for TAG's annual holiday Pantomime, "Shipwreck on Fable Island," written by James Boyer, will be held Saturday, September 10 from 12 to 5 pm, and Sunday, September 11, from 2 to 6 pm at Parkhill United Church, just down the road from the Pond Playhouse on Parkhill Road. Please come prepared to sing one song and to read from the script. To avoid a long wait time, call to arrange an appointment. Contact James Boyer at 479-0581.

### Harbour Festival

The Halifax Harbour Festival, a family-friendly, daytime celebration, takes place at waterfront locations in Bedford, Dartmouth, Eastern Passage and Halifax on Saturday, September 17 and Sunday, September 18.

Check out [www.halifaxharbourfestival.ca](http://www.halifaxharbourfestival.ca) for details on entertainment, food, children's activities and more.

### Community Clean-up

At least four community groups are participating in this year's Great Nova Scotia Pick-Me-Up and Great Canadian Shoreline Clean-up on Saturday September 17. The include Chimo Taekwondo: Clean up 10:00a.m. Sign in at the Taekwondo Dojang 336 Herring Cove Road: Spryfield Residents Association: Clean up 10:00a.m. Sign in at the front entrance of the Captain William Spry Community Centre 10 Kidston Road. All welcome. Please bring gloves if you have them. Fundraising Yard Sale 1 p.m. in the parking lot of the Captain Spry Centre, indoors if raining: Urban Farm Museum Society of Spryfield: 10 a.m. Sign in at the Captain Spry Centre also: Williams Lake Conservation Company: Clean up 10 a.m. Sign in at the backfield of Cunard Jr. High School, 121 Williams Lake Road. Fundraising plant and yard sale 1:00p.m. in the front parking lot.

### B.C. Silver High School Class of '65 40 Year Reunion

The 1965 graduating class of B.C. Silver High School will be holding a reunion to celebrate the 40th anniversary of their graduation. The event will be held on September 10 at "Trinity" restaurant, 1333 South Park St., Halifax. Reception will begin at 5 pm, followed by dinner at 6 pm. Anyone who attended BC Silver in the early to mid 1960's is welcome to attend. A special invitation is extended to former principals and teachers. Please come and see how your students turned out! Cost for the meal will be \$18.00 plus tax. A special cake is being made by Geraldine Oakley to celebrate our 40th anniversary. Please call one of the following by Sept. 7 to advise if you are coming: Carolyn Mont (Halifax) 477-0187, Wolfgang Ziemer (Bridgewater) 543-4989 or Fred Morash (Truro) 897-6574.

### Church Organist Needed

Seeking Organist/Choir Director for St. James United Sambre. Resumes can be sent to 3811 Old Sambre Road, Sambre, NS B3V 1G1 Attn: Board of Management or call 868-2791. Our website is <http://sambrojollimore.homestead.com>

### Book Launch

The book "Deadman's: Melville Island and Its Burial Ground," by Iris Shea and Heather Watts will be officially launched at the Armdale Yacht Club on Purcell's Cove Road Sunday, Sept. 25 from 2 to 4 pm.

### Harvest Fair and Plant Sale

Heritage Wagon Rides for the whole family will be part of the Urban Farm Museum Society's Harvest Fair and Plant Sale Saturday, September 10 (raindate Sept. 11) from 2 to 4 pm. Park at Capt. Spry Centre in Spryfield and walk up Kidston Road to the farm field. Handicapped parking off Rockingstone Road.

### Heritage Meetings

The Mainland South Heritage Society meets every last Thursday of the month. Next meeting Sept. 29 at 7 pm at the Captain William Spry Library. Note the change in time and location for the 2005-2006 meetings only.

### Society Meets

The Urban Farm Museum Society meets every second Monday of the month at 7 pm at the Capt. William Spry Community Centre. Next meeting Sept. 12th.

### Turkey Supper

St. James Anglican Church in Herring Cove, 1 Harrigans Road will hold the Annual Turkey Supper and Fall Fair on Saturday, September 10 from 4 to 6 pm. A bake table, sewing table, parcel post and cake walk will start at 2 pm. For more information, please call 446-8168.

### Ringette Registration

"Ringette" is an affordable team sport played on ice and is designed especially for girls. Not only is it a fun, active sport but it is also a great way for girls to learn to skate. Our "Bunny" program starts as young as age five. Registration will take place on Tuesday, September 13 between 5 and 8 pm at the Sobey's Community Room in Spryfield or call 445-1022 and ask for Candace Bryson for more information.

### Sparklette Majorettes

The Halifax Sparklette Majorettes will hold fall registration every Wednesday night from September 14 to October 26 at 6 pm at Chebucto Heights Elementary School in Cowie Hill. Check us out on the web [www.sparklettes.funtigo.com](http://www.sparklettes.funtigo.com). Contact Coach Kim for more information at 479-1499

### Legion Notes

The following events will be held at the Earl Francis Memorial Legion in September:  
Bingo - Every Sunday at 1 pm - doors open at noon;  
Karaoke September 9 and 23 - Members and Guests welcome;  
Members Fun Day - September 4, Barbeque 5 to 7 pm - Dance 7 to midnight - Members Only.

### Walk to School Week

Lace up your sneakers for Walk to School Week from October 3 to 7! Join millions of students, parents, school staff and community members around the world as they walk for health, physical activity, environment and safety. Register at [www.goforgreen.ca/walktoschool](http://www.goforgreen.ca/walktoschool), (902) 442-5055 or [asrts@ecologyaction.ca](mailto:asrts@ecologyaction.ca).

### Winter Hours

The Captain William Spry Library will begin its winter schedule by opening on Sunday between 2 and 5 pm on September 11.

### Library Happenings:

Children's programs  
Baby's First Books - Ages 0-18 months Wednesdays at 1:30 p.m.  
Six week session beginning September 14 and ending October 19, followed by a special Read to Me Jamboree on October 26. To register, call 490-5818 or come in person to the Information Desk.  
Storytime  
Ages 3-5 Fridays 10:30 a.m. - Fall session is September 16 until November 25 Please note: There is no program on October 28. No registration is needed. For more information call Cindy Sampson Fleet at 490-5796.  
Preschool Family Drop In - Ages 0-5 Tuesdays 10:30 a.m. 45 minutes. Fall session is September 13 until November 22. Please note: No program on Oct. 25. No registration is needed. For more information call Cindy Sampson Fleet at 490-5796.  
All Ages Puppet Shows  
Captain William Spry Library alternate Saturdays 11 a.m. Patrick the Pig, Moe the Crow, and Cutie Pie invite you to bring the whole family and all your friends for a half hour of hilarious entertainment with a show featuring your favourite puppet characters. For group bookings call Cindy Sampson Fleet at 490-5796. September 10, The Back to School Blues, and September 24, The Little Red Hen.  
Children's Reading Support - Tuesdays to Thursdays 3:30-7:30 p.m. and Saturdays 10 a.m.-2 p.m. Help children overcome reading difficulties and develop a love of books. Volunteers meet children at the library for an hour or more of reading, games and activities each week. For more information, call Dorothy Minaker at 490-5774.  
Adult programs:  
Book Discussion Group for Adults - The Captain Spry Book Discussion Group is a great way to meet new people and share the enjoyment of good books in an informal, relaxed atmosphere. Be ready for an hour and a half of animated discussion and a lot of fun. Books for discussion are a mixture of genres and are decided by the group. For more info, call Scott Taylor at 490-5774.

**Chebucto News Business Directory**  
Community businesses serving community needs.



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**MLA encourages residents to sign "home heating fuel" petition**  
*continued from pg. 13*

power plants to generate the electricity that heats many homes, and powers lights, computers etc. Other homes are heated directly by oil furnaces.  
We can cut the need for fossil fuels by better insulating older buildings and economizing on electricity use. We can replace fossil fuels with renewable energy sources such as wind, hydro and solar generation of power, or even with human energy, using those personal calories by walking, biking, rowing or climbing stairs, instead of travelling by car and elevator.  
These are longer-term solutions, and it's going to take vision and commitment to implement them. The NDP has that vision and commitment, but the first step is to be sure Nova Scotians don't freeze this winter. Then we need to ensure this province makes the best use of the energy available here.  
Please help "seal the deal" by signing the NDP petition on home heating. It's at my office (47 Williams Lake Road), or I can bring or mail you a copy.

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36x36 \$169	36x48 \$189	36x60 \$209	24x19 \$149	24x23 \$149	24x35 \$209	24x48 \$209	24x60 \$359	34x60 \$359			
36x48 \$179	36x60 \$199	36x72 \$219	24x19 \$159	24x23 \$159	24x35 \$229	24x60 \$229	24x72 \$389	34x72 \$389			
36x60 \$189	36x72 \$209	36x84 \$229	24x19 \$169	24x23 \$169	24x35 \$249	24x72 \$249	24x84 \$419	34x84 \$419			
36x72 \$199	36x84 \$219	36x96 \$239	24x19 \$179	24x23 \$179	24x35 \$269	24x84 \$269	24x96 \$449	34x96 \$449			
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