

Chebucto News

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Fenwood Avenue residents fighting for lake access

Armdale - Residents of Armdale who live in the Fenwood Road area are striving to maintain an access to the northwest end of Chocolate Lake many have enjoyed for as long as 40 years.

District 17 Councillor Linda Mosher says meetings are being held between residents, city officials and a developer who is building

as many as eleven houses on a steep embankment leading to the lake's edge to see if there is a way of maintaining a community based access to the lake.

She said the developer is preparing a semi-exclusive single family home development where families from the newly constructed houses will be able to access about a half acre

of fenced-off property on the lake shore. She said the developer wants to organize a shareholders recreation association for the new families who will have the exclusive use of a portion of his lake front property.

But she said neighbourhood people have been crossing the previously undeveloped property for years to gain access to the lake and they are upset that their access will be curtailed. She said meetings have been held and "to the developer's credit he did attend a community meeting even though this is an as-of-right development and he really didn't have to."

In early June residents, the developer, Councillor Mosher and the city's parkland planner met to discuss options. The best option she said, appears to be construction of an elevated timber stairway leading down the steep slope to a small piece of city property at the end of Crescent Avenue. Fenwood Road residents could access the lake via the stairs while

others, particularly those who need accessibility, could reach the area via Crescent Avenue.

Mosher said Fenwood residents attempted to secure access by claiming "prescriptive rights," a section of the law that stipulates if access has been available for a long enough period it can not be denied. But she said the developer has posted no trespassing signs in the past and they have been torn down so it is unlikely that a prescriptive challenge would not stand up in a court.

She said the city maintains a service easement through the property and she is hopeful this easement will pave the way for an agreement between the developer and the city that will result in a convenient access for Fenwood Avenue residents. "If we can utilize the city property at Crescent Avenue we will have to dredge the silt to prepare the shoreline as an adequate swimming area. If the city can get

see "Fenwood" pg. 2



Workers deposit thousands of feet of plastic sewer pipe on the edge of the McIntosh Run along Herring Cove Road before beginning a sanitary sewer upgrade. The \$1 million project, cost-shared equally by all levels of government, will replace a small dilapidated pipe now leaking sewage into the Run. This new pipe will be fused together to prevent any future leaking.

Salvation Army, churches start "Community Dinner" project

Spryfield - It's a kind of "food for thought" project, and although putting good homemade wholesome food in front of local citizens is one way of helping people get enough to eat, the Salvation Army of Spryfield Community Church led "Community Dinner" has other objectives.

For the entire months of August and

September area churches led by the Salvation Army have issued a public invitation inviting all citizens to attend a community dinner at B.C. Silver Junior High School. The full course hot meals are prepared by volunteers and offered free-of-charge to anyone who wants to sit down to eat, regardless of their station in life.

The idea came out of a survey the Army conducted this past spring said Dianne Guevremont, a Salvation Army Project Facilitator. "We asked questions and found out that the number one concern of people was getting enough food to it. After that it was clothes and keeping the kids of the streets," she said.

Only about 30 people attended the first dinner in early August she said, happily adding that at this point the corps of volunteers doing the work are serving more than 100 every Tuesday evening. The meals will continue at B.C. Silver until the end of September but the Salvation Army needs to find a new location once November arrives.

Guevremont said the Salvation Army sees the community dinners as a new way to meet an old need. "The Salvation Army must augment, not re-invent or duplicate the services

see "Salvation" pg. 2

Third Annual 'Best Ball Scramble' set for October 6

Spryfield - The District 18 Business and Development Association's Third Annual Best Ball Scramble will be held at Briarwood Golf Course October 6 says Chair Reg Horner.

He said the "first come first fielded" event can accommodate slightly more than 18 teams but not many. "Because this is being held at a par three course it's difficult to put more than one team on a hole so that limits our numbers," he said.

There will be few changes in the format from the previous two years. Tee-off will be at 1 p.m. and the \$150 per team of four tournament fee will include a full course dinner sponsored by Branch 129 of the Royal Canadian Legion on Sussex Street. Individuals

who wish to play can register for \$50 but Horner said all individuals will be paired up with others to ensure teams play at each hole.

Prizing for the event includes the annual District 18 Best Ball Scramble Trophy for the top finishers, keeper plaques and individual prizes for winning team members. Individual plaques and prizes will also be won by the second place team and "The Most Honest Team" as well. "I particularly like the Most Honest Team award," said Horner, "because it is representative of the purpose of this event...just to gather together and have a fun afternoon.

Part of the fun is a silent auction which again this year will be managed as a fundraiser by the Chebucto Boys and Girls Club. Club

Executive Director Kristi Walker said she is looking forward to this year's event. "We had a great time last year and we learned a lot so this year we can streamline the process and make the best that we can from the opportunity. It's great that the Business Association can help us raise money to keep our doors open and the programs going for kids in the community," she said.

And again this year there will be "fun holes" sponsored by local politicians. Horner said although details have yet to be worked out there will be on course competitions for prizes including the straightest drive, closest to the hole, a drive the lake event and a chip to win.

see "Third" pg. 2

Salvation Army starts "Community Dinner" project

continued from pg. 1

already available in Sprifield." There are a large number of services already provided in this community and the Army is mindful of the dedication and good work that is already happening," she said. "The Army wants to fill in the gaps or help link people to the appropriate support system."

But she said it's not just about putting food in peoples' bellies. "The dinners give people an opportunity to come together and sit down to a meal. Dinner time is when a lot of families discuss their problems and find solutions. By bringing people together in this way we hope they will find comfort and solace and answers to some of their own individual prob-

lems," said Guevremont. "It is an opportunity for people to discover a sense of self-worth and recognize that they are not the only ones suffering the similar circumstances."

The Army has involved a number of local churches in the dinner project including the Open Door Community Church, City Church, Halifax Citadel Community Church (Salvation Army), St. Paul's United Church, Calvary United Baptist Church and the Salvation Army Family Services Booth Centre. Guevremont was not sure where the dinners will be held after September but expects the Salvation Army will make an announcement before too long.

Fenwood Avenue residents

continued from pg. 1

federal and provincial government approval for that work I feel confident the developer will agree to a plan," she said.

But underlying the conflict is another issue Mosher would like to see addressed by the city. Under planning rules, a developer must dedicate 5% parkland to the city in a project or pay cash if the area is not considered suitable

as recreation space. "In this case the city took the money because the embankment is so steep planners felt there was no good opportunity for park space. This is an issue throughout all of HRM. People are accustomed to accessing water courses and when development eventually happens their access is lost. Perhaps it's time we reviewed our policy to make sure local residents aren't affected."

Heritage Calendars for 2003 on sale

Spryfield - The annual Heritage Calendar, produced by the Mainland South Heritage Society is now on sale.

Society organizer Iris Shea says the organization produced a limited quantity of calendars this year featuring 12 historical photographs of various scenes, activities and people who live on the Chebucto Peninsula in years gone by.

She said all 500 calendars in stock will be sold through the Multi Service Office, Captain William Spry Community Centre, and at Danielson's Tobacco Shop in South Centre Mall. The calendars retail for \$10 each with all proceeds going to support the Mainland South Heritage Society.

Third Annual 'Best Ball Scramble'

continued from pg. 1

For the less than average golfers there will be a few other fun events which don't necessarily require golf skills said Horner.

Anyone who lives in Municipal District 17 and 18 is eligible to play in the event as long as they are representing a business, community, service group or other public entity. "This event was designed by the Business Association members to give everyone in the community an opportunity to relax and have

fun, get to know each other and build relationships. It's all part of our Buy Local Program and we hope it encourages people to do as much of their business in the community as possible.

To register call The Chebucto News at 479-6397 or pick-up a registration form at Danielson's Tobacco Shop in South Centre Mall. Payment can be by cheque, money order, VISA or Mastercard. Registration closes September 27, 2002.

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Leiblin Park woman training for Arthritis fundraising marathon

By Laura Pellerine, Staff

Leiblin Park - While tying the laces of her white running shoes, 44-year-old Carmen Bachynski says she's glad to turn a disease like arthritis into something positive by walking a 42 km marathon for someone who can't.

Bachynski was inspired to participate in the Arthritis Society's "Joints In Motion" marathon after seeing an ad in the newspaper in the spring. As several of her family members are troubled by the disease Bachynski, well acquainted with the daily sufferings of arthritis, decided to do something about it.

"My sister-in-law is in her early 40's and has had both hips replaced and she doesn't complain. She's a real trooper," says Bachynski. "If she can handle that, than there's more I can do."

The Arthritis Society's "Joints in Motion" Marathon in Canada began as a pilot in Saskatchewan and British Columbia in 1999. Due to its success, the program spread to the rest of the country the following year. The 80 Nova Scotians who participated in the program last year raised nearly \$400,000 for arthritis research.

The society chooses different marathons internationally for their participants to compete in and this year approximately 60 Nova Scotians are going head to head for the 26-mile road race, which takes place in Dublin, Ireland on October 28. Upon entering the marathon, Bachynski had to face a few challenges - the commitment to

raise \$4900 for the charity, and surpassing her own knee and hip injuries to undergo the extensive training.

"I've never been a runner; for me to walk a long distance before was a major accomplishment," says Bachynski, "but I had dogged

Spryfield Wave Pool, yoga classes and long distance walking. On average, Bachynski trains 1.5 hours a day, and for 3.5 hours on Sundays with a 25 km walk around the city. "At my age," says Bachynski, "The last thing I thought I would be doing was walking down Leiblin Park wearing short shorts."

Bachynski says having moral support from family and friends has really helped. "I think what she's doing is great," says friend, Ann D'eon. "It's a way for her to help her family." D'eon, who can't participate due to work scheduling, decided to support Bachynski by walking with her every time she trains. "Ann has been a good buddy support for me," says Bachynski, "she's been a real fountain of encouragement."

The training is an obstacle that Bachynski has been conquering, but the challenge facing her now is raising enough money. Although she has had generous donations from family and friends, including \$1000 from her work's International Brotherhood of Electrical Worker's Union, she still needs help. Thus far Bachynski has held a yard sale, 50/50 draws, a flower bulb sale and bake sales. She is also raffling off two tickets donated by the Metro Centre for an upcoming NHL game in the fall and a free massage treatment donated by her physiotherapist.

Just recently Bachynski has started a letter campaign and hopes that through asking support from the community she grew up in, she will be able to raise enough funds to go. Her husband, Vic says that all big causes are good to support and this is one of them. "The more research that's developed the better you are at coming up with a cure," he says.

Bachynski is excited to compete. With participants being given eight hours to either walk or run the course, she estimates she can finish in under six hours walking. "For a person who's been out of shape for a while," she says, "I'll be on a pretty big high from that."

D'eon says she's proud of what her friend has accomplished so far and her determination to make a difference. "We should all help each other like that."

If anyone would like to make a pledge, you can make a donation online at: www.arthritis.ca/joints/novascotia/Carmen_Bachynski or at 3 Kenwood, Halifax, B3R 1Y5.



Leiblin Park resident Carmen Bachynski accepts a \$1,000 cheque from Cordell Cole, Business Manager of the International Brotherhood of Electrical Workers Local 625. The money will support Bachynski's participation in the Arthritis Society's "Joints In Motion" fundraising marathon in Dublin, Ireland.

determination from the beginning that I would do it."

Her training, which the society suggests should be done at least five days a week, includes classes such as Aquafit at the



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andrea.cochrane@cdha.nshealth.ca

Deadline for applications is November 1st, 2002.

Applicants must reside within Chebucto West which includes districts 15 (Fairview/Clayton Park), 16 (Prince's Lodge/Clayton Park West), 17 (Armdale-Purcell's Cove) 18 (Spryfield-Herring Cove) and 23 (Prospect/St. Margaret's Bay)

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DISCOVERING OUR PAST

Prominent 18th century Halifax entrepreneurs attracted to Harriestfield

by Iris V. Shea, *Historian*
Mainland South Heritage Society

In 1773, several well-established Halifax businessmen, all of German origin, were the first to be granted land in the area we now know as Harriestfield and Williamswood. These lots, all less than 100 acres, were in three different divisions and were referred to as the "German Lots." Anthony Henry, George and Philip Merlin, Peter Schaeffer, John Hosterman, George Browne and Daniel Hail were the recipients of these grants. Anthony Henry, a printer by trade, was the King's Printer and publisher of the Nova Scotia Gazette and Weekly Chronicle and the Royal Gazette until his death in 1801; George Merlin and his son, Philip, owned and operated a tannery in the south end of Halifax, near the foot of Inglis Street; Peter Schaeffer owned and operated a bakery in the north suburbs of Halifax; John Hosterman was a baker and brewer of spruce beer on Grafton Street and in 1786 erected a grist mill on the stream leading from Chocolate Lake to the Northwest Arm.

There is no evidence that these German entrepreneurs ever lived on their land in Harriestfield. There is, however, a road petition of 1784 in which the same men described themselves as "proprietors of land laying about four miles southwest from Spryfield Farm...that they have opened up a road from the North West Arm to the foot of Long Lake and from thence to their own lands so that carriages may now go from Spryfield to that place." Because all recipients of land grants at that time were required to erect a house and clear a certain amount of land, it is probable that hired hands lived on the land and cultivated it for the use of the Halifax businessmen. Some of their land was used as woodlots.

Philip Foss, a German baker in Halifax, purchased the Merlin and Schaeffer lots in the Third Division, and sold them in 1790 to John Moody. Foss's land grant at Foss's Hill (later called Foze's Hill) became the 19th century farm of Benjamin Umlah. It was passed down to his granddaughters, Maggie and Jessie Umlah, who farmed the land until the 1950s.

The name "Harriestfield" did not come into use until 1787, the same time as William Thomson began to appear in land transactions. Just prior to 1787, the name "Jerusalem" was used to describe the land in Harriestfield. It is the accepted belief that Harriestfield was named for Harriet Cunningham, wife of William Thomson.

In 1786, William Thomson was appointed Prothonotary and Clerk for Halifax County, a position he held for several decades. In a petition dated 1787, Thomson stated he had just received a number of black servants from Jamaica and requested 100 acres of land at Blowers Hill in Harriestfield. In a 1789 petition, Thomson stated that he had built a house and cleared 14 acres of the land granted to him at Harriestfield, and had made and repaired the road for one and one-half miles. Almost destitute of firewood, he asked for another grant of 100 acres at Harriestfield. Thomson actually lived on his land and appeared as Prothonotary and farmer in the 1793 Poll Tax record for Harriestfield. His salary was 111 pounds. On 17 May 1794, Charles Morris, the Surveyor

General of His Majesty's Woods, certified that "600 acres at or near Harriestfield was laid out to William Thompson, Esquire."

By November 1794, an advertisement appeared in the Weekly Chronicle "To be sold... A tract of land at Harriet Fields containing Eight hundred acres, a considerable part of which is improved...Apply to William Thomson. The subscriber has also for sale Five-Hundred Acres of unimproved Hardwood Land, in separate Tracts, in the same neighbourhood." Thomson left Harriestfield about 1794 to live in Halifax. In 1812 he was sent to Quebec to carry out the duties as Prothonotary, later earning the title "Deputy Commissary-General of Accounts." It was not until 1814, as a resident of Quebec, that Thomson found a buyer for his land in Harriestfield. John Peter Marriott, a farmer from St. Margaret's Bay, paid 575 pounds for the 100 acres at Blowers Hill, the 100 acres known as the Parr Grant, and another 400 acres. Although William Thomson's initial appointment to Quebec was for a period of six months, it was extended for several years. He

retired to Southampton, England, where he died on 16 March 1834 at the age of 80 years. Harriet Thomson died in Southampton at the

Moody Jr. actually lived on his land for a short period. His name lives on in Moody Lake, Moody River and Moody Park.

John Moody, William Thomson and the Germans entrepreneurs all contributed to the development of Harriestfield, paving the way for permanent settlers like John Peter Marriott and two brothers, David and John Brunt. David Brunt married Marriott's daughter, Margaret Elizabeth, and John Brunt married Marriott's granddaughter, Eleanor Marriott. Descendants of these families farmed the land for more than 100 years and continue to live in Harriestfield.

The photograph included here, from the Sally LeBlanc collection, was taken about 1910 and shows Emma (Marriott) Brunt, wife of William Henry Brunt (both of whom were the great grandchildren of John Peter Marriott). On

the right is schoolteacher Myrtle Forbes. In the background is the Brunt homestead on the old Harriestfield Road, part of William Thomson's land grant. This photograph is included in the latest Mainland South Heritage Calendar for 2003 which is now available for purchase.



age of 77 years on 8 November 1837.

Another prominent family in Halifax, the Moodys, acquired a great deal of land in Harriestfield, through grants and through purchasing several lots owned by the Germans. According to the 1793 Poll Tax record, John



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Resident wants to "cash-in" on quit trend

Spryfield - It isn't just because she's a smoker herself, it's because like so many other cigarette users, she would like to quit too that brought a new "alternative" product to her

attention during a visit to Winnipeg some months ago. And now that Margaret Demich of Herring Cove Road has an opportunity, she's trying to bring a halt to the smoking

problems of others.

"I saw a flyer in Winnipeg last spring," said Demich about "The Smokers Edge," a cigarette alternative that helps take some out of the craving for the tobacco habit. "Then I visited the company website, ordered some product, tried it and it actually worked for me," she said of the plastic cigarette shaped tube that contains absolutely no tobacco but leaves a citrus or mint flavoured sensation after "dragging."

And dragging on the tube is the purpose. Demich says one of the toughest things for cigarette users to get over when quitting is what to do with the activity of smoking. Holding the cigarette, placing it in an ash tray or letting it just sit between their lips. "The Smokers Edge allows a quitting smoker to do all of these things," said Demich, emphasizing that they are especially useful for smokers who find themselves in confined places like restaurants or airplanes for lengthy periods of time.

Demich became so hooked on the product that she called the company and obtained distribution rights. She now sells the product through Crowell's

Pharmasave and Danielson's Tobacco Shop in South Centre Mall. "Sales haven't been off the wall just yet," she said, admitting that helping people quit the habit is somehow just as important as selling product.



Eric Lister was one of a number of youngsters who received a prize from Gandalf, the Lord of the Rings Wizard, and his helper Elenh, at the Rogers Video Release Party held at South Centre Mall. The party raised money for the Mall's Senior Drop-In Centre.

MacDonald, Charlton top male and female in Tourney

Spryfield - Robert MacDonald carded a 63 and Joan Charlton a 69 to win the Mens' and Womens' low gross title in the annual Briarwood Natal Day Golf Tournament. Nicholas Tibbo, with a 77, carded the best Junior Low Gross score.

Glen Melvin finished the 18 holes at 66, three back of MacDonald to win the Second Mens' Low Gross while Diane Coaker's 74 was five shots of the pace set by Charlton but good enough for the Second Womens' Low

Gross tally. Matthew Beaver, who also had a 77, forced a playoff with Tibbo for the Junior Low Gross but lost in the playoff round.

Local resident Jerry Larkin captured the Low Net award, determined by averaging all scores and finding out who came closest to the mark. Larkin recorded an 80 for his win while Steve Allen's 79, although a lower score, was one shot off the field's average.

The Most Honest Golfer Award went to Travis Williams.

Chebucto Minor Hockey Registration

Spryfield - Registration for this year's Chebucto Minor Hockey Association program will be held at the Spryfield Lion's Rink on Wednesday, September 4th, from 6:30 p.m. - 9:00 p.m. Recreation League (non competitive) and Competitive Team Registration for all ages, 5 years and up, Beginners, Mites, Novice, Atom, PeeWee, Bantam, and Midget, is available.

A Hockey Equipment/Gear Swap will be held in conjunction with registration. Tables to exchange or sell hockey equipment and gear

will be available. Everyone with gear to sell or exchange is encouraged to set up a table during registration times.

In support of Chebucto Minor Hockey Association, volunteers will be selling tickets on a "tournament package for the 2003 World Junior Hockey Championships" being held at the Halifax Metro Centre in December this year. The tournament package is for 20 games located in choice lower bowl seats. Tickets are \$20.00 and only 500 will be sold.

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Project Facilitator Wanted

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This project is a partnership including the Capital Health, the Halifax Regional School Board, IWK Health Centre and United Way of Halifax Region.

Together for Kids is looking for a dynamic and motivated individual to fill the position of Project Facilitator.

Qualifications & Competencies:

- * Recognized completion of a University degree in Humanities or Social Science and/or equivalent obtained through relevant job experience.
- * Knowledge of HRM and an understanding of the systems and institutions serving communities such as education, health, community services, justice and other sectors
- * Ability to apply knowledge, experience and commitment in the areas of community development and capacity building
- * Ability to provide leadership and direction in action plan development and implementation, and evaluation

This position is an 8-month contract, with possibility of extension. Salary range is 30,000-35,000, pending experience and qualifications (pro-rated). For further information, please see Website (www.successby6halifax.ns.ca)

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 Fax: (902) 423-6837

Closing Date: 5:00 pm, Friday, September 13, 2002

Captain Spry Fitness Club

Spry for Life

Come Ride the Fitness Wave

Fall is here and it's time to get back to the gym.

Since May 13th, our members have lost 261 lbs of body fat! Come see how!

New courses to the club include the addition of Youth Strength Training Clinics designed for the 15 year old who would like to be involved but is not yet old enough to take a membership. After this 10 week program the participant will be able to take out a full membership with all the benefits. Contact the club for more membership package information 479-4645 or drop in.

Fitness Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Yoga 10-11 am		Yoga 10-11 am		Yoga 10-11 am	Boxercise 10-11 am
	40+ & Fit 1-2 pm		40+ & Fit 1-2 pm		40+ & Fit 1-2 pm	
	Wms Strength 2-3 pm		Wms Strength 2-3 pm		Wms Strength 2-3 pm	
		Youth Strength 3:30-4:30 pm		Girls Youth Strength 3:30-4:30 pm		
	Boxercise 5:30-6:30 pm	Get Strong 5:30-6:30 pm	Boxercise 5:30-6:30 pm			
				Get Strong 5:30-6:30 pm		
Yoga 6:30-8 pm						

Members receive a 50% discount on all fitness classes.
Child care available starting Sept. 9th.

**For more information on Fall programming
call the club at 479-4645**



In the Garden

by Marjorie Willison

Drying fruits and vegetables at home for future use

Fruits and vegetables can be dried at home using simple methods and materials. Dried fruit is tasty as a snack, sprinkled on cereals or ice cream, and added to muffins and sticky buns, and dried vegetables are good in soups, stews and casseroles. Dried food is also lightweight and easy to carry when camping, hiking or canoeing.

All you need is a conventional oven. Cover the shelves with screening or cheesecloth, and set the oven at 140 F (60 C). You may need to crack the door open to keep the oven at that temperature. Depending on the size and type of food, drying may be complete in 3 to 8 hours.

You can also make a food drier with an

incandescent light bulb, a wooden box with vents, and cake racks for shelves. A cold frame can be converted temporarily into an outdoor solar drier, or make a solar drier out of clear plastic spread over a frame. [For complete details, see "Foods of Spry's Field: Cooking and Preserving, Then and Now".]

Various fruits need some form of pre-treatment (steam blanching, syrup blanching or sulphate dip) to retard spoilage and minimize darkening. Fruit leather, however, does not require pre-treatment and is very easy to make.

Use apples, apricots, cherries, nectarines, peaches, pears, plums and strawberries. If using blueberries, crabapples, or cranberries, combine

them with other fruits, such as apples.

Cook clean, pitted fruit with a little water in a heavy saucepan until soft but not mushy. Mash or purée the fruit. If combining fruits, mix the purées together at this stage.

Very lightly oil a cookie sheet, and spread the purée 1/4 inch (0.5 cm) deep. Put the pan in your food drier (whatever kind you make or use) and let it dry for several hours. When the leather is dry enough to pull easily off the pan, turn it over and dry the other side.

Fruit leather is dry enough to store when it is still pliable but no longer sticky. Do not attempt to dry it until it is hard. Cut the fruit leather into manageable strips. Roll each strip in plastic food wrap, or store the leather in an

airtight container.

Fruit leather should keep up to six months in a cool, dry place, and up to a year in a refrigerator or cold room. If it becomes moist, re-dry the leather in an oven at 140 F (60 C) for 30 minutes.

Some vegetables require steam blanching before they are dried, but tomatoes do not. Simply slice them in half lengthwise, and remove the seeds. Lay the halves on a tray and dry for 4 to 8 hours, until they are dark and wrinkled but not crisply dry. Store them in airtight containers as for fruit leather. Dried tomatoes are good in winter stews and soups and can be softened in hot water to use in winter salads.



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HRDA Business Workshop Series

In September, the Halifax Regional Development Agency will be holding a series of Business Workshops in Tantallon. The business workshops provide individuals with an economical and convenient way to receive valuable information on how to start and operate a business. The workshops are held in rural and suburban areas of HRM to better serve residents of those communities.

The next Halifax RDA Business Workshop series will take place at the Two Gulls Restaurant (upstairs room) located at the corner of Hwy 3 and 333 in Tantallon. The Workshops will be held on Wednesday evenings from 6:30 to 9:00 and run from September 18th until October 23rd. Workshop

topics include: Introduction to Business, Business Regulations, the Importance of Research, Financing Options, Bookkeeping and Taxation. Participants can register for all six workshops at a cost of \$20.00 or for individual sessions at \$5.00 per workshop.

In November, a second series of Business Workshops will be offered at the Halifax Regional Development Agency's office in Lower Sackville. Interested participants are asked to contact the Halifax RDA to register at 869-4040, 1-800-650-0039 or by e-mail: at hrda@chebucto.ns.ca. For more information on the Halifax RDA programs and services visit our website at www.hrda.ns.ca.

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For more information phone 477-6102.

Urban Farm Museum
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9th Annual Walker Memorial Slopitch Tournament set to go

Spryfield - The Ninth Annual J. Albert Walker Memorial Slopitch Tournament will be played on the Walker Ball Field September 28 and 29.

Charlie Norman's Keith's Schooners, who defeated the Q Billiards Team to win last year's event, will be back to defend their title says organizer Dana Mae Walker.

Other teams in the tourney include Barry White's Spryfield Ultramar, Alvinas Flower Shop, the Royal Canadian Legion, Spry Marine's Six Pack, Q Billiards, David Gough's team, the Walker Funeral Home squad and representatives of the Army Navy Air Force Unit 373.

Ms. Walker says anyone wanting information should call her at 477-6468.

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335 Herring Cove Road
Appointments - 477-7351



Club visits Guard

Members of the Chebucto Boys and Girls Club were treated to a tour of the Canadian Coast Guard facilities at Sambro this month. As part of the tour the kids got to go for a ride in one of the Guard's rescue vessels.

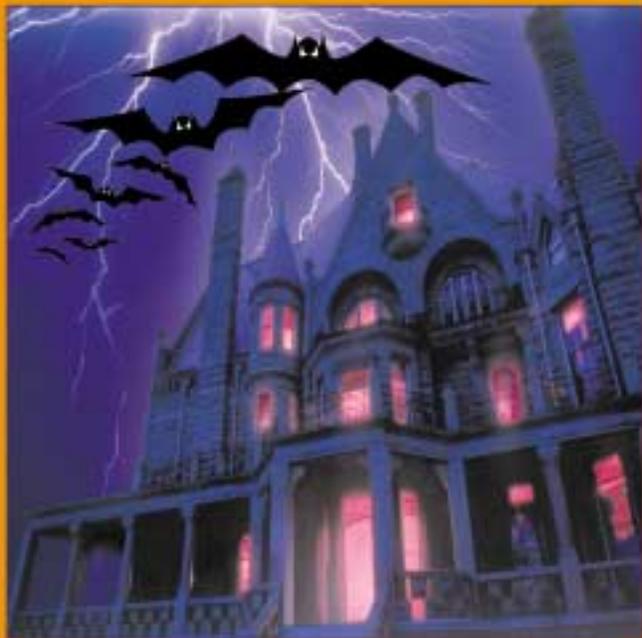
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It's time the Province stood up for Nova Scotians and Canadians

By Robert Chisholm
MLA Halifax Atlantic

We have choices. A government can choose to fight. Fight for the benefits of the offshore, fight for jobs, and fight for economic growth. Or it can decide not to fight.

This month in Fredericton different choices are being made.

This month the National Energy Board is hearing, due to end this month, very different views of how Nova Scotia's offshore resources should be marketed are being argued. On one side are the governments of New Brunswick, PEI and, in general terms Newfoundland, who

are in favour of a "Canada First, Canada Too" policy that argues that Nova Scotia's offshore natural gas should be made available to Canadians first, before the surplus is shipped to the US. Arguing against them is the Tory government from Nova Scotia, which wants to allow Nova Scotian gas to be shipped directly to the US, by-passing Canadian customers, if that is determined to be in the best corporate interest.

If the National Energy Board rules against the Nova Scotian government, Atlantic consumers and businesses will have equal access to Nova Scotia natural gas. A ruling of this nature will also likely ensure that pipelines

will come onshore here, and will be built for delivery as well to Ontario and Quebec.

It would be a decision that would clearly protect the right of Canadian consumers to first access to our own natural gas and protect their right to fair and competitive prices.

Big oil is against the idea and in support of the Nova Scotia government's opposition to it. The oil companies argue that gas shipped direct to the U.S. could, if the price was right, be turned around and shipped back to Canada if need be. For the Nova Scotia government this is good enough.

Considering that this is our natural gas, our resource, it is hard to see how our own

government could support this position.

Hard to see because it is not based on common sense. The Premier, John Hamm has written in the Globe and Mail that he will not support "Canada First, Canada Too" because if we are seen as difficult and less than totally compliant the oil and gas companies will go home, and we would be left with nothing.

This is the attitude of a government that has no idea how to negotiate with business. If there is a valuable resource, and money to be made, big oil won't go home. To think that is naive. Anyone who has been involved in any level of commercial activity will tell you that if you have something the other guy wants, you have something to negotiate with.

Furthermore, any experienced business person, and we can assume that the executives of the oil companies are just that, will also tell you that when big money is at stake they expect, and respect, a hard bargain. Protecting the interest of Nova Scotians, making sure that we have the benefits of jobs, economic investment and inexpensive fuel ourselves, is just not the job of big business. That is the provincial government's job and it is time they start doing it.

If we are going to be in this game we have to deal smart. Nova Scotians deserve no less. I hope that the National Energy Board has the sense and courage to deliver a judgement that will achieve what the Tory government's failure of nerve in Nova Scotia will not.

Mosher calls public meeting for Fairmount Subdivision residents

By Linda Mosher
Councillor, District 17

The remaining thirty nine acres of vacant land in Fairmount Subdivision, the "Butler lands," have been sold to Longwave Enterprises. This developer will be constructing 147 single family homes. Residents in the surrounding area have many concerns regarding this development, including lack of public consultation, environmental, blasting and traffic.

This development is deemed an "as of right" development, meaning it does not require notification or consultation with nearby residents. It is important to be informed of the potential for development that exists in any neighbourhood, so "as of right" development does not come as a surprise to existing residents. The zoning determines what is permitted in a development, and specifies the regulations for approval. If the application meets these regulations (such as minimum lot sizes and types of use), then the subdivision must be approved by HRM.

This development required approval by the Provincial Department of Environment & Labour (NSDEL), as the fill contains low levels of contaminants in random amounts. The contaminated fill will be separated and relocated to a permanent containment cell on the property. The developer has entered into a long-term agreement with NSDEL to monitor and maintain the cell.

The subdivision approval was recently granted by HRM and subsequently, the blast-

ing permit was issued on August 20, 2002. Within hours of this approval, blasting noise and vibrations could be felt throughout the existing subdivision. Households within 150 metres of the blast area were sent a notice from the sub-contractor to conduct pre-blast surveys of these homes. The blasting permit is for a three-month period. Blasting is restricted to the hours of 8 a.m. - 6 p.m., Monday - Friday. Strict conditions are in place to regulate dust and to ensure that blasting falls within the required levels of the Blasting Bylaw, B-300. You may recall from a previous issue of The Chebucto News, that I am working with HRM staff to ensure that this bylaw is reassessed and provides more protection to residents and their properties.

There are concerns regarding the additional traffic that this development will generate. The developer hired an independent consultant to conduct a traffic study for HRM. As well, HRM conducted its own analysis. I have arranged for HRM to perform additional gap studies in September to ensure that residents can safely enter/exist the subdivision. Should this analysis change the present data, the developer may be responsible for cost-sharing traffic improvements. At the present time, the traffic department has indicated that no changes to the existing subdivision are required.

As all approvals have been granted, I will be holding a second public information meeting to give residents in the area an opportunity to learn specifics about this development and to ask any questions. The representatives at

this meeting will include: HRM's Traffic & Transportation Manager, Development Officer, Supervisor Permits & Inspections; the developer; representatives from NSDEL, and our MLA.

The meeting, primarily called solely for residents of Fairmount Subdivision, will be held Thursday, September 19, from 7 to 8:30 p.m. at St. James Anglican Church, 2668 Dutch Village Road.

22nd Annual Terry Fox Run September 15th

On Sunday September 15th, the 22nd Annual Terry Fox Run will take place. Last year, 80,000 Nova Scotians participated at 467 run sites across the province. An amazing \$723,000 was raised for cancer research, an amount that works out to an average contribution rate of 77 cents per person, very close to reaching Terry's goal to raise one dollar from every Canadian.

Everyone can help keep Terry's dream alive! There are more than 100 community Run sites in Nova Scotia where you can participate. Every person makes a difference! For more information, please call The Terry Fox Foundation at 423-8131 or toll free at 1-888-836-9786, or you can also contact us online at ns@terryfoxrun.org.

It was our mistake

Kline Heights - Residents of Kline Heights were disappointed last month when The Chebucto News incorrectly suggested a new basketball court and play area was located in

Cowie Hill. Although District 17 Councillor Linda Mosher received the calls, the error belongs to The Chebucto News. We apologize and, hopefully, have learned something new.



**Robert Chisholm, MLA
Halifax Atlantic**

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Linda Mosher

HRM Councillor, District 17

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Settling problems in the Spencer Avenue neighbourhood

By Stephen Adams
Councillor, District 18

As summer draws to an all too early close, it is a sign of back to school, back to work and back to business. September is traditionally a very busy month for most of us with meetings, planning and up-coming events occupying a lot of our time.

The Spryfield Residents Association will be holding its Annual General Meeting in September to elect a new Executive and develop a mandate for the next fiscal year. We will have an opportunity to discuss issues that affect you and to develop solutions to these

issues.

Over the past year, we have been meeting on a regular basis to identify projects that we, as a group, felt were significant to our community. However, we need your input to help broaden the scope of our Association.

Flyers were delivered outlining the details of the meeting and I encourage everyone to attend.

On July 29 we held a meeting with residents of Spencer Avenue and surrounding areas. The issues focused on the dilapidated state of some of the apartment buildings on the street. I put forward a proposal to re-zone the entire area to R-2. The reason for this is to

allow HRM to exercise a non-conforming clause on these properties as they have not been used for some time. In essence, it will ensure that these properties are improved to a reasonable level of repair. Presently our Dangerous and Unsightly Premises By-Law criteria have been satisfied, but in my opinion these criteria fall short of reasonable.

The other reason for this proposal is to ensure consistency throughout the neighbourhood.

During our discussions, several concerns

were raised regarding the status of existing apartment buildings that are owned by responsible landlords and are in good repair. Other concerns raised included the impact of 74 new housing units off Spencer Avenue, sidewalks or the lack there of, and drainage issues.

First and foremost the intent of entertaining this proposal is not to penalize anyone. I will work with our staff to help minimize any potential negative impact. As well, I have asked for an estimate of costs for sidewalks and for solutions to drainage concerns.

Back to school means back to unsolved problems

By Geoff Regan
MP Halifax West

As summer once again draws to a close, both parents' and students' thoughts quickly turn back to school. In Nova Scotia, we all need to start thinking about our education system from primary to university.

The riding of Halifax West has five high schools. All are currently affected by closures - two will not open in September because of environmental concerns (Halifax West and Sir John A.). The other three are housing the displaced students, disrupting their own routines, as well as students', parents' and teachers' lives. Schedules are adjusted to accommodate split shifts and extra curricular activities are juggled or sacrificed. The high school years are difficult enough without these added headaches.

As the area with the fastest growth east of Montreal, Halifax's infrastructure needs must be addressed. Those needs include transportation, sewer and water as well as institutional needs like schools and recreational facilities. Not only do we need new schools to accommodate new and growing communities, but older buildings need to be cared for as well. The recent discovery of elevated lead and uranium levels in the drinking water around twelve elementary schools (almost all of which are here in Halifax West) is not only cause for concern, but also another strong suggestion that a comprehensive assessment, restoration and construction strategy is sorely needed.

Last month Nova Scotia was once again

recognized with the dubious distinction of having the highest tuition rates in the country: almost 40% higher than the national average. This, I'm sure, is in no small part because of the large number of universities in our relatively small province: there are no fewer than twelve degree granting institutions in this province of less than one million people! Also, the long-standing system of distributing education dollars from Ottawa places Nova Scotia at a distinct disadvantage. The formula is based on provincial population, rather than the number of students actually being funded.

So what should happen? Should Nova Scotia schools start penalizing out of province students with higher tuition costs (like Quebec does)? No, because that would almost certainly lead to other provinces following suit. Should the Federal Government reassess how funding is distributed? Clearly, that seems like the only reasonable choice to me, and I will be raising that suggestion in the House of Commons when I return there this fall.

Finally, the coming year will see leadership races in several of the federal political parties. These races present a fantastic opportunity to get involved in the political process. Whatever party you're interested in, I encourage you to take out a membership and play a role.

As always, if either my staff or I can be of assistance, please feel free to contact us by phone at 426-2217 or by e-mail at geoff@geoffregan.com. And please visit our newly updated website at www.geoffregan.com.

Stephen Adams

HRM Councillor, District 18



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Chebucto Boys and Girls Club	477-9840
Chief Administrative Officer	490-4026
Chocolate Lake Recreation Centre	490-4607
Councillors' Office	490-4050
Councillor Stephen Adams	497-8818
Councillor Linda Mosher	476-4117
Harrietsfield Recreation Centre	479-8514
HRM General Inquiries	490-4000
Mayor's Office	490-4010
Property Assessments	424-5225
School Board Member	
Carolyn MacFarlane	477-6505
Street Lights Out	490-6546
Street Repairs (DoT)	450-5281
Taxes	490-4141
Traffic and Transportation	490-6202
Waste Collection	490-4000
Waste Collection After Hours	490-4000
Water Utility - General	490-4827
Water - 24 Hour Emergency	490-4810
Works & Natural Services (24 Hrs.)	490-6203
Zoning Information	490-5660
Emergencies:	
Police/Fire/Ambulance	9-1-1
Non-Emergency	
Police Response	490-5020
Community Police Office	490-5204
RCMP	426-3611
RCMP, Tantallon Detachment	826-3100

Clip and Save for Future Reference

Geoff Regan, MP Halifax West



Suite 222, 1496 Bedford Hwy.
Bedford, NS B4A 1E5

For information or assistance:
Phone: 426-2217
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Fall means gearing up again after the summer break

Many volunteers with community groups and organizations take a break over the summer but get busy in September. That means there will be community events and projects as well as opportunities for local residents to volunteer their time to help out. If you would like to get involved in activities that make this a better community, you can find out about local groups by checking out posters for events or looking in the "Captain Spry

MULTI-SERVICE NEWS

by Linda Roberts
Multi-Service Coordinator
Captain William Spry Community Centre

Community Directory." The Community Directory lists the local schools, churches, service groups, sports and recreational facilities, social agencies and other organizations in our area. This Directory is published by the Multi-Service Office and is available for free from the Multi-Service Office in the Community Centre or at the Pool Desk.

Some of the local groups that are looking for volunteers on an on-going basis are:
· Urban Farm Museum Society: these are the folks that are developing the land in back of the Community Centre (part of the Kidston farm) as working farm to teach about food production skills and our farming heritage. The Society meets at 7:30 pm the second Monday of every month at the Captain Spry Community Centre Multi-Service Office. For more information, they can be contacted at 477-6087 or 477-7896.

· Hand In Hand: volunteers help with the edu-

cational programs and the used clothing and small furniture service. For more information, call 477-7744.

· Mainland South Heritage Society: the focus of this group is to preserve our history. To do this volunteers take on several projects a year including the annual heritage tea and the heritage calendar. Meetings are held at 7:30 pm on the last Thursday of each month at the Captain Spry Community Centre. For more information, call 868-2553.

· Chebucto Boys and Girls Club: volunteers are always needed to help with programs for the children, fundraising and to be members of the Board of Directors (oversee the club operations). For more information, call the Club at 477-9840.

· The local churches welcome volunteers for their programs and activities.

· The local schools encourage parents as volunteers. Call the school your child attends to see how you can help out.

These are just some of the many places you can donate your time and skills while meeting new people in the community.

LOCAL FUNDRAISERS

To earn money for our community projects, local groups use a number of initiatives. Many of the fundraising events are advertised in posters, in newsletters, or in this paper. Here are a few fundraising activities coming up in the near future.

The Parents Group at the Chebucto Boys and Girls Club is holding bottle drive on Saturday, September 7 from 10 am to noon. Bring your bottles and cans to the parking lot of the Spryfield Lions Rink on Drysdale Road.

The Urban Farm Museum Society is selling tickets for a Quilt Raffle. To purchase a chance to win the quilt, call Marjorie at 477-6102 or stop by the Multi-Service Office

at the Community Centre.

The District 18 Business & Development Association will hold a golf tournament on Sunday, October 6. The proceeds of the Silent Auction will go to the Chebucto Boys and Girls Club.

Thank you to all the local business that so generously support community groups.



Sister Joan O'Keefe, centre, is changing jobs with the Home of the Guardian Angel after 13 years as Executive Director of the Single Parent Centre. The community she supports came out in droves to support her in a celebration to wish her well in her new work.

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September Events

Healthy Eating Cooking Classes
Mondays September 16th and 23rd
Time: 7-9p.m. (no charge)

Fall Baking Classes (Rent-A-Chef)
Tuesday September 10, 17 and 24
Time: 7-9p.m.
No Charge

New Youth Cooking Class
Wednesday September 18
Time: 6-8p.m. Cost \$5
Ages: 10-14 years old

Childrens Craft Classes
Saturday September 14th and 28th
Time: 11a.m. to 1p.m.
Cost \$3 Ages: 5-9 years old

Healthy Weight Program
10 Week program
Week # 1 Starting Thursday October 3, 2002
Time: 7-8:30p.m.
(no charge)

Space is limited for all classes, please register early.

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Some helpful tips to help your pet age gracefully

Aging is an inevitable stage in an animals life - if a pet lives long enough, he or she will become geriatric and will experience age-related changes. In general, animals over 7 years of age are considered geriatric. The average lifespan for a cat is 14 years and for a small dog is 13 years, and is less for medium, large and giant breed dogs. In a 1991 survey of 52.5 million dogs and 57 million cats in the United States, approximately 53% of the dogs and 33% of the cats were over 6 years of age. Why are pets living longer these days? Better nutrition, keeping pets indoors, enforced leash laws, and improved medical management of disease has contributed to improved longevity of our companion animals. What changes should you

expect in your older pet?

Changes in eyesight occur. The probability of vision loss increases with age. Age-related cataracts are very common in older pets and the first indication of this may be that pets will not be able to see as well at night. Some dogs may not even want to go outside anymore after dark. Installing sensor lights on your house may encourage Fido to go out or, you may want to try a flashlight leash. Other eye-related aging changes include eyelid tumors, corneal disease and glaucoma.

Hearing loss often develops gradually. People will find their pets don't greet them at the door anymore or are startled when touched while sleeping. Caution is advised here as older

pets may bite a child if awakened suddenly - owners often perceive this as the pet becoming aggressive or cranky, when in fact they simply are not hearing properly.

Changes in the sense of smell develop which may lessen the pet's desire to eat. Enhancing the smell of the food by adding garlic or Heinz ketchup or by heating the food may encourage appetite in an older, finicky eater.

As animals age, often the hair coat thins, becomes dull or lusterless and more grooming will be necessary. Callouses may develop over pressure points such as elbows and pets may need increased padding for sleeping and resting areas. Nails become more brittle and more frequent nail trims are often necessary.

Older pets commonly develop heart disease. Many small breed dogs develop valvular disease or heart enlargement. Any older pet with a cough or changes in breathing should be examined as there are many drugs available today to treat heart disease and to extend the lives of our faithful friends.

Kidney failure is among the top 3 or 4 causes of death in geriatric animals. Animals with kidney disease may be drinking excessive

amounts of water or urinating larger volumes more frequently. By having a routine urinalysis done regularly it is possible to detect early signs of kidney disease.

Changes in teeth and gums are very common in aging pets. Periodontal disease affects 85% of dogs and cats over 3 years of age. Teeth may be lost due to dental tartar build-up and resulting periodontal disease. Having your pet's teeth examined yearly and brushing your pet's teeth is helpful. Pet toothbrushes and toothpastes are available at veterinary clinics. Don't use human toothpastes as the fluoride could irritate your pet's stomach. Tartar control diets such as Hill's T/D are also excellent for preventing tartar development.

Arthritis is very common in older pets and leads to pain and decreased mobility. Pain control can have a tremendous affect on improving mobility, disposition and your pet's enjoyment of life. Many new drug options are available for the geriatric pet with arthritis.

Remember that although we tend to think of aging as undesirable, in fact, the golden years can be enjoyable and even great if the quality of life and health are maintained.



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Dr. Adrienne Harris |
| SPRYFIELD ANIMAL HOSPITAL | 477-4040 | 171 Herring Cove Rd
Dr. Jim Gillis
Dr. Cynthia MacLeod |



Sobeys' Community Meeting Room Manager Helen Kirk, left, chats with Rent-A-Chef Heidi Slauenwhite, Paula Cormier and Wanda Cormier during a barbeque fish promotion in preparation for the next cooking class.

Volunteers needed

Help process Christmas Seals donations and other tasks relating to the Annual Christmas Seals Campaign from October to December at The Lung Association.

A variety of daytime, weekday times available at our provincial office in Fairview.

For more information contact Debbie Raine at 443-8141 or visit our office at 17 Alma Cr. (next to the Fairview Centre plaza, just off Titus)



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Boy, 13, drowns in Chocolate Lake

A thirteen-year-old boy, Denis Nujic, died tragically August 19 while swimming with friends at Chocolate Lake.

Police and rescue officials were not able to find Nujic quickly enough after he disappeared under the water. The death of the Bosnia born boy caused the entire community to mourn at funeral services attended by hundreds of classmates and friends.

Born in Bosnia, Derventa, he was a son of Ljilja and Indira (Osmanagic) Nujic. Denis arrived in Canada in May of 1995 with his parents and older brother Darlo and quickly adapted to a new way of life and found new friends. He was a student at Cunard Junior High School.

PAY (Phillips), Frances S. - 66, Halifax, passed away peacefully in the VG Site, QEII Halifax, after a courageous battle with cancer. Born in Halifax, she was a daughter of the late Charles and Florence (Pippy) Phillips. She was a loving mother and nanny and was totally devoted to her family. She was most happy when surrounded by her loved ones and her cat Missy. She was a member of the Princess Louise Fusiliers and the Royal Canadian Legion. She was an avid knitter. Surviving are her companion Cecil Mosher, Halifax; daughters Dorothy (Paul Payne) Graham, Elmsdale; Diana "Dee" (Terry) Drysdale, Halifax; sons Tom (Kristen Barr) Halifax; John Phillips (Andrea "Anne"), Halifax; sister Florence "Margaret" (George) Guay, Dartmouth; brothers John (Edna Long) Phillips, Halifax; Charles (the late Edith) Phillips, Halifax; Robert "Bob" (Ange) Phillips, Halifax; Peter (Cathy) Phillips, Halifax; sister-in-law Beatrice Phillips, Halifax; daughter-in-law Marilyn Moore; 10 grandchildren; one great-grandchild. She was predeceased by her son Ernest Moore, Dartmouth; brother Joseph Phillips. Cremation has taken place. Burial in Pleasant Hill Cemetery, Lower Sackville, Spiritual Leader Now! Knockwood officiating. In lieu of flowers, donations may be made to the Canadian Cancer Society or a charity of choice. On-line condolences may be sent to www.funeralscanada.com/homes/cruikshank.

MOAR, Elizabeth Ann - 38, Herring Cove, passed away peacefully in the arms of Matthew Dempsey, her devoted, loving husband and soul mate, after a brave and valiant battle with cancer. Born in Halifax, she was a daughter of the late Gerald "Red" and Elizabeth Joan (Butler) Moar. She is survived by her loving husband, Matthew and special angel miracle daughter, Sinéad; sisters, Vivian and partner Eric, Melissa and partner

Joe; brother, Edward and wife Mary, and their children, Mark and Ashley; maternal aunt, Patsy and uncle Gordon Hatcher, Halifax, and great-aunt, Peggy Anderson, St. Margarets Bay. She was predeceased by both of her parents; grandmother, Ruby (Butler) Newhook and grandfather, Bufton A. Butler. Burial in Saint George's Anglican Church Cemetery. Donations may be made to the Single Parent Centre, 3 Sylvia Ave., Halifax; Bryony House or The Children's Wish Foundation.

MacDONALD, Russell Jeffrey - 48, Halifax, died July 2, 2002, in the New Halifax Infirmary, QEII. Born in Halifax, he was the son of the late John and Priscilla MacDonald. The body has been cremated under the direction of J. Albert Walker Funeral Home, Halifax. Burial at a later date.

DeYOUNG, Leo Clifford - 71, Mooseland, passed away July 22, 2002, in the New Halifax Infirmary, QEII. Born in Halifax, he was a son of Fred and Alice (Purcell) DeYoung. He is survived by son, Douglas and wife Anne Marie, Fairview; daughter, Leah Hughes and Bill, Williamswood; brother, Art and wife Shirley, Halifax; sister, Marion Hiltz, Halifax; grandchildren, Adrienne, Matthew and Jeffrey. He was predeceased by his wife, the former Blossom Young; brother, Bill. Burial will take place in St Thomas Church Cemetery. Donations may be made to the Heart and Stroke Foundation of Nova Scotia or Canadian Cancer Society.

GREELEY, Marion Mary - 78, Birchfield Crescent, Halifax, passed away July 28, 2002, at home. Born in Tidnish, P.E.I., she was a daughter of the late Bernard and Elizabeth (Shea) McKenna. Surviving are her husband, Malcolm S. Greeley; sons, Malcolm and Robert, both of Halifax; Douglas and Terence, both of Calgary, Alta.; daughters, Shirley, Dartmouth; Louise, Williamswood; Doreen, Calgary, Alta.; Caritha, Halifax; Angela, St. John's, Nfld.; Elizabeth, St. Catharines, Ont.; brothers, William and David, both of Prince Edward Island; sisters, Helen and Virginia, both of Prince Edward Island; 15 grandchildren; two great-grandchildren. She was predeceased by brother, Joseph. Interment at a later date. Donations may be made to Catholic Women's League, St. Michael's Church.

GOURLEY, Frederick William "Bob" - 76, Sussex Street, Halifax, passed away July 26, 2002, in the VG Site, QEII, Halifax. Born in Newburyport, Mass., he was a son of the late Frederick William Gourley Sr. and Mary Catherine (Kirby) Gourley. Surviving are his loving wife of 54 years, the former Doris Power; uncle, Leo Kirby, New Brunswick; aunt, Lousia, Britt, Ont.; she will be sadly missed by her devoted

brother-in-law and his many nieces and nephews; numerous cousins. Interment in Gate Heaven Cemetery, Lower Sackville. Donations may be made to the Canadian Cancer Society, Heart and Stroke Foundation of Nova Scotia or a charity of choice.

GAUDET, Betty Mae - 82, Lynnett Road, Halifax, died July 31, 2002, in the New Halifax Infirmary, QEII. Born in Colpton, Lunenburg Co., she was a daughter of the late Joseph and Gladys (Hamm) Colp. She is survived by her husband, Armand Joseph Gaudet; sons, Dennis (Brenda), Lower Sackville; Michael (Mary Lou), Eastern Passage; Donald (Noreen), Enfield; daughters, Betty-Jean Chamberlain (Ian), Denise Gaudet, both of Halifax; Rosemarie Hominick (Eric), Vancouver, B.C.; Michelle Patey (Norman), Upper Sackville; brothers, Harris (Elsie), Colpton; William (Grace), Hempford; Walter, Colpton; Simeon, Colpton; Norman, Bridgewater; sisters, Jean Gaudet, Lower Sackville; Beatrice Fancy, Pleasant River; Gertrude McKay, Colpton; Lillian Jefferson (Glen), Halifax; Frances Kempton (Purney), Caledonia; 12 grandchildren; five great-grandchildren. She was predeceased by sister, Bertha; brothers, Ernest, Joseph.

Announcements (Births etc.)

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To have your Community Event listed call or fax us at 479-NEWS or send e-mail to rhorner@ns.sympatico.ca

Harvest Fair
The Urban Farm Museum Society of Spryfield will hold a Harvest Fair, Saturday, September 14th (raindate 15th), 3:00 pm to dusk. Games! Races! Food! Fun for the whole family! Bring your own picnic blanket. For information call 477-6102.

Annual Pain Conference
An Annual Pain Conference will be hosted by the Halifax Pain Support Group September 17, 9:30 am - 3:30 pm at the QEII Health Sciences Centre, Royal Bank Lecture Theatre, 1st Floor, Summer St., Halifax, NS. A one day conference for people (and their friends & family) living with Chronic Pain. For registration and information please call Helen 463-5757; Terry 479-0409 or Marsha 443-9512

Volunteers Wanted
The ALS Society of Nova Scotia is looking for volunteers for the Second Annual Walk to D'Feet ALS being held on September 28th 2002 at the Halifax Commons. The Walk is a vital fundraiser, which helps to support national research efforts and patient services for those living with ALS. We require volunteers to set up for the Walk, help with registration and other tasks. If you are interested in becoming a volunteer or require more information, please contact the ALS Society of Nova Scotia at (902) 454-3636 or e-mail us at als.society@ns.sympatico.ca. Thank you for helping the fight against ALS!

Community Development Meeting
There will be a meeting Sunday September 8 at 7 p.m.

in the Captain William Spry Community Meeting Room to discuss Community Economic Development and form a CED Working Group. For information call 477-3583 or 488-3123.

Computer Access
The Community Access Program (C@P) is a federal/provincial initiative, designed to create affordable access to computer technology and the Internet. To find a C@P Site (public computer access) location in Nova Scotia please call 1-866-569-8428.

Members Wanted
The Chebucto Hiking Club is looking for new members. For more information call 477-7142 or e-mail chebucto-hiking@hotmail.com.

Ringette Registration
Walk-in registration for the 2002/03 season of the Halifax Chebucto Ringette Association will take place on Saturday, September 7 from 9:00 a.m. to 12:00 noon in the Community Room at the Herring Cove Road Sobeyes. New and returning players are all welcome. For further information contact Janet Martin at 477-2618 or email harnish@hfx.eastlink.ca

ALS Fundraising Walk
The Second Annual "Walk to D'Feet ALS" will be held on the Halifax Commons September 28. For information call the ALS Society at 454-3636.

Legion Bingo
Spryfield Legion will hold Bingos each Sunday from 1 to 5 p.m. Doors open at noon. All welcome.

Senior's Day
Newfie George will highlight the entertainment for a Senior's Day at the Spryfield Legion August 12 from 1 to 5 p.m.

Legion Darts
The Spryfield Legion will hold a series of Dart Shoots beginning in May. Summer Darts will be held every Wednesday starting on May 22 at 7 p.m. Members and guests are welcome. Steak Darts will be held every Thursday starting on May 23 at 7 p.m. Members & Guests Welcome.

Cook Books On Sale
The cook book "Foods of Spry's Field: Cooking and Preserving, Then and Now," is available at Danielsons in the Spryfield Mall, and at Shoppers Drug Mart on Herring Cove Road. Proceeds support the Urban Farm Museum Society.

All Ages Puppet Shows
Captain William Spry Library Saturdays 11 am. Patrick the Pig and Moe the Crow invite you to bring the whole family and all your friends for a half hour of hilarious entertainment with a show featuring your favourite puppet characters. For group bookings, call Cindy Sampson Fleet at 490-5796. September 14 - Back to School Blues and September 28 - Andy and the Lion

Tots'n'Toys
Captain William Spry Library. Ages 5 and under New Time! Wednesdays (starting September 11) at 2 pm Hickey pickety bumblebee, can you say your name for me? Preschoolers bring along a favourite toy or object for show and tell and enjoy wonderful stories every Wednesday afternoon.

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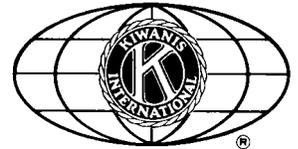
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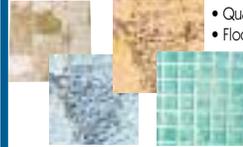


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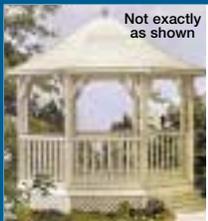
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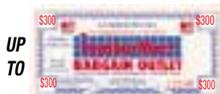
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10X16	\$699	\$1299
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