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Chebucto News

Vol. 6 • No. 8 • November • 2004

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Herring Cove water and sewer target dates still in sight

Unexpected and unanticipated delays in completing the detailed design work for sewer and water installation in Herring Cove will not delay the start of the project, says

Herring Cove Community Liaison Committee Communications Chair Bruce Cooke.

In a press released issued to the Chebucto

News Mr. Cooke said the Committee had hoped that by expediting the release of \$151,456 for the detailed design study the project might be advanced from its present time schedule. But he said the blueprint for the design has fallen behind schedule. When delivered the blueprint will show exactly where pipes for both water and sewer will actually be laid in the ground.

Cooke said the delay won't affect the timing of the project because simply because the "shovels can not begin digging until spring." In the meantime however, the blueprint, a project contracted to CBCL Limited, will be delivered to the community by the first week in November. When the blueprint is delivered the reservoir options and construction cost estimates will be presented at the same time Cooke said.

He said the Herring Cove CLC will call a public meeting as soon "we have the blueprint and cost estimates which we need to determine frontage costs for our residents.

We still have time to meet our target date of a spring start and once we get the stamp of approval from the residents the tendering process will proceed."

Cooke requested that the residents "please be patient for just a couple of more weeks. The process to deliver both water and sewer has taken many years. Progress is being made as quickly as possible."

He said the residents of Herring Cove have seen for the last two months the presence of surveyors in the community every day. "As you can see they are still here and working as quickly as possible to complete their work. The reality of the situation is that the community cannot move forward until we have the proper information."

Cooke said the Herring Cove Community Liaison Committee continues to meet every two weeks to ensure the delivery of water and sewer to Herring Cove as well as to integrate the Sewage Treatment Plant into the community in an acceptable fashion.



Lions George Hillier and Linda Gray spend a few minutes with Michelle who made a donation at the Spryfield Lions Road Toll in support of Alzheimers.

Plans well underway for annual auction

Plans for J. L. Ilesley's 12th Annual Scholarship Auction are well underway. The auction, to raise money for bursaries and scholarships for Ilesley grads, will be held in the school cafeteria on Saturday, November 27.

Auctioneer and retired math teacher, Lorne Abramson, will again be pounding down the gavel on almost 200 items. "Abe" urged on the crowd to bring in a record \$16,500 for the scholarship fund in 2003.

The usual wide variety of auction items will be available this year including woodwork, art, services, gift certificates, crafts, nights in hotels, and gourmet food. Local businesses, school staff, both present and retired, as well as parents contribute the items each year.

Lumbermart is again donating the popular "paintstick" bid cards as well as auction items. Auction chair Sheila Clark is hoping for the best auction yet as this will be her final one before retiring this year. The high school has had more than 20 new staff members in the last two years, and Sheila is confident they will continue this event, which has proven to be a huge community social event as well as a fundraiser for scholarships.

Complimentary appetizers are served during the viewing reception at 6:30 p.m. Bonnie Aalders, aka. Vanna White, will hold up the first item for bidding at 7 p.m. sharp.

Program setting new sights for teenage girls

A combined effort by a number of local organizations, the YWCA and the federal government's National Crime Prevention Strategy's Community Mobilization Program is aimed at making young teenage girls in the community feel better about who they are and helping them create move positive directions.

Kristi Walker, former Executive Director of the Chebucto Boys and Girls Club has taken a post as YWCA Spryfield Action Outreach Coordinator to lead the project for young women between the ages of 12 and 18 years of age.

"In elementary school," says Walker, "surveys indicate sixty percent young girls are very happy with who they are. By the time they

reach high school that number drops significantly to less than thirty percent. This project is being undertaken to help young teenage girls maintain their sense of self and their self esteem."

She said the program, which will operate from the Captain William Spry Community Centre, "is designed to empower young women through the promotion and development of healthy relationships and lifestyles, the discovery of talents and interests and youth leadership and engagement training."

Walker says a good percentage of young girls seem to lose sight of themselves as they enter their teenage years. "Studies show it's all tied and linked to a loss of physical activity.

Our challenge is to engage these young women in their community, to engage them in their lives and to help them make positive activity choices."

She says statistics for boys suggest that adolescent boys become more confident and self assured during these years while young girls do just the opposite. "This program is about creating an environment where girls can feel good about themselves and creating safe spaces for girls to explore ways of being who they are."

The \$40,000 project is seen as a pilot project which may be recreated in other areas of

see "Program" pg. 3

Community Health Board issues annual grants

The Chebucto West Community Health Board maintains an annual program to provide grant funding to community based organizations for activities that can make a difference to neighbourhoods.

Called the Community Development Fund, the grant program involves grants usually under \$5,000 and can for almost anything that has a positive impact in communities. Among those receiving grants this year were:

The Salvation Army for the Cornerstone Family Centre's Youth Soccer Program to engage children in an activity that will enhance not only their physical but also their mental development. By teaching soccer skills, the hope is to develop leadership and team building skills and to foster community involvement. For information contact Karl Lange, 422-3435:

The Halifax North West Trails Association for its Take Trails to Heart Program to promote

the use of existing trails in Districts 15 and 16 in a safe and environmentally friendly manner using revised maps and signage and other promotional tools. As well, trails that have not previously been promoted will be mapped and introduced. For information contact Wendy McDonald, 443-5051:

To the Urban Farm Museum Society for its "Come Grown With Us" project to teach and enable youth ages 8-18 and their families to grow their own food, make good food choices and learn cooperation and leadership skills. For information contact Stephanie Martin, 830-8623:

To the Arthritis Society of Nova Scotia for a "Learning About Arthritis" program, a project that will partner with Dalhousie Schools of Medicine and Pharmacy to bring education and resources about arthritis to students in an interesting and useful way. For information contact Joanne Bernard, 429-7025:

To the Cultural Health Information and Interpreting Service for its Cultural Health Interpreter Training Program for a project that aims to improve access to health care by increasing the number of available and trained cultural health interpreters. For information contact Andrea Smith, 425-6604:

To the Chebucto Boys and Girls Club for a "Teaching Kids About Resiliency" program which will provide opportunities for children and their families to learn about the concept of resiliency, develop skills and increase aware-

ness and understanding of resiliency. For information contact Kristi Walker, 477-9840:

To the St. Paul's Family Resources Institute for a "Cooking for the Health of It" program to teach children and families about the many aspects of eating healthy. This will be facilitated through a collective kitchen environment and exposure to a community garden. For information contact Peter Greechan, 479-1015.

Grant submission are usually required in May of each year.

Letter To The Editor

Where have all the Scouters gone

In 1993 Harbour West District had a total of 530 boys plus 75 leaders very active in the Scouting program in our area. In 1993 youth membership dropped to 299 boys. Our area runs from the Armdale Rotary to Sambro including Jollimore and Harrietsfield. The program of scouting was very active with very committed leaders to the program. But now there are approximately 75 involved including leaders.

Has our population of youth deteriorated that much in numbers or have our youth too many other things on their plate or are values that scouting teaches just not relevant in our age or the parents just too involved in other areas to notice scouting.

Just recently we heard how scouting saved a boy's life out west. I just do not understand how parents cannot look at this program as a building block of life for our youth. It develops independence, leadership, life values and life long friendships and the ability to work with others.

It was in 1907 that Lord Baden Powell founded scouting to offer youth a program to both teach values for life and to train youth in skills to prepare them for life and to work. As a unit regardless of creed, colour or class, it was meant to teach by doing, to survive by living the adventure, and to be part of a world organization. The program created for the youth with the adult to act as teachers.

For those looking for the programs operating now we have Timberwolves, aged 8 to 12, and Explorers, aged 12 to 15, both at Emmanuel Church. Although this is a relatively new organization its leadership team has more than 100 years of scouting. It works with the traditional approach taught by the founder in "Scouting For Boys." We stress values, outdoors, nature, badges, camping both in winter and summer, crafts and the spiritual aspect.

Scouts Canada offers Beavers for ages 5 to 8 at Emmanuel Church and in Harrietsfield; cubs for ages 8 to 11 at St. Michael's Church and in Herring Cove and Scouts, ages twelve to fifteen at St. Paul's. This organization is also equipped with many trained leaders and co-ed programs based also on the founder of scouting.

Should your child be involved in one of these programs? Need questions answered?

Contact a leader at one of these locations. We are another alternative to being a couch potato. All leaders and adults must have police record checks done before working on these youth programs for everyone's protection and to meet insurance demands.

Ken Cooper
1st Spryfield BPSA
Emmanuel Church



In co-operation with the Nova Scotia Museum, the Urban Farm Museum Society hosted a school picnic for all Grade 4 and 5 students in Mainland South which included an "I SPY" Heritage Drawing contest. Rockingstone Heights School's Ronnie Pitcher took top prize while runner up prizes went to Alexander Parkinson of Elizabeth Sutherland School and Kevin Corss of Central Spryfield. Councillor Stephen Adams, Museum Society President Pat MacLean and Principal Ramona Joseph were on hand to give Ronnie his award.

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Incumbent Councillors re-elected in District 17 and 18

After six weeks of campaigning and at least three separate "meet the candidates" debates, voters in Districts 17 and 18 returned their elected municipal councillors with booming majorities. About the only significant change was the total number of ballots cast, increased significantly over previous turnouts because of the Sunday Shopping plebiscite.

In District 18 where Councillor Stephen

Adams has been a member of Halifax Regional Council and representing Spryfield, Herring Cove and the Loop for 13 years, three challengers including Bruce Cooke, Jerry MacKinlay and Charlie Reardon, faced off against Adams.

Of the total 11,047 voters eligible to cast ballots, 46.1% or 5,096 were counted. Adams received 62.5% of the votes with 3,164. His nearest rival Bruce Cooke generated 1,005, MacKinlay 612 and Reardon 284. The district voted 44.3% in favour of Sunday Shopping, bucking the municipal wide trend for a small majority win in the plebiscite.

In District 17 where Councillor Linda Mosher was seeking her second term as the HRM representative of the

riding, two challengers, Graham Read, who was upset by Mosher in the last municipal election, and newcomer Bill Meagher entered the race.

When the day was done Mosher generated 68.3% of the total of 5,237 votes cast. Read came second with 1,087 and Meagher third with 557 of the total 9,866 eligible residents who could cast ballots. The residents voted 2,619 to 2,563 in favour of Sunday shopping for a slim 50.5% margin.

HRM wide Mayor Peter Kelly was

returned to office for a second term with an overwhelming majority of 102,813 votes against his next nearest rival businessman Victor Syperek who gathered only 12,724. Other competitors Mike Flemming, former School Board Chair, received 7,113 votes while Ernie Brennan, a Hatchet Lake resident, got only 2,303. In total almost 49% of eligible voters turned out to vote. The Sunday shopping vote in HRM was a slim 51.3% majority but province wide results showed 55% of Nova Scotians were against Sunday shopping.



Linda Mosher



Stephen Adams

Program sets sights for girls

continued from pg. 1

the community. The program includes homework help, discussions, guest speakers, physical activity, creative endeavours, providing healthy role models, mentors and social action.

"Girls at this age tend to just get out of everything," says Walker, planning to expose local teenage girls to healthy role models and mentors and keep them busy with activities like self-defense and through participation in the Spryfield Family Fun Day. "This is about giving them options and positive attention,"

she says.

The program is held Mondays, Wednesdays and Fridays from 3:30 to 5:30 pm at the Centre "because this has been determined to be the best time for the girls to be available for the program," Walker said.

Besides the YWCA and the Community Mobilization Program, other partners in the project include HRM, the Mainland South Teen Health Centre, Chebucto Boys and Girls Club and a host of Spryfield community service providers.



For information and assistance

Peter J. Kelly
Mayor



Tel: (902) 490-4010 • Fax: (902) 490-4012 • kellyp@halifax.ca • www.halifax.ca



The ladies from Heppy's Pie Lady workplace were a great boon to this year's Spryfield and Area Business Commission "Best Ball Scramble" held at Briarwood Golf Course. The girls, which included owner Corrine McComn, Michelle Murphy, Sheila Howe and Cathy McCulloch, captured the Best Dressed Team Award. Cutans Cougars were winners for the second year in a row.

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DISCOVERING OUR PAST

World War II: Merchant Navy and civilian ships attacked by German submarines

by Iris V. Shea, Historian
Mainland South Heritage Society

My thanks to local resident Captain Earle Wagner for bringing this topic to my attention. In 1943, nineteen year old Wagner served on the Merchant Vessel "Nipiwan Park" as it made its first trip from Montreal to Saint John, N.B. He has been active for many years since World War II in the efforts to bring attention to all those men and women who served in the Canadian Merchant Navy.

On April 16, 2003, Captain Wagner, on behalf of the Canadian Merchant Navy Veterans' Association, presented a ship model of "M.V. Nipiwan Park" to the Canadian War Museum in Ottawa, Ontario. Years of fundraising across the country, spearheaded by Wagner, helped bring about this event. The original ship was built in 1943 in Collingwood, Ontario. The model of the ship was built by Port Hawkesbury native, Mark Boudreau, and honours all Merchant Navy veterans who served in the Battle of the Atlantic. The Merchant Navy's role, as pointed out by Captain Wagner in his speech that day, was "to transport troops, equipment, materials, munitions, supplies, fuel, etc. to support the fighting forces throughout the world. A secondary role, not well known, was the use of armament in self defense against enemy attack."

Of the merchant vessels torpedoed by German submarines between 1939 and 1945, one was the "M.V. Nipiwan Park." On January 4, 1945, in convoy with two other ships, the vessel was torpedoed off Halifax by U-1232. Two of the crew were killed, and "HMCS Kentville" rescued the 29 survivors. The merchant ship was not completely destroyed, and eventually received a new bow. It was sold after the war to Irving Oil and renamed "Irvinglake." The tragic event was not made public when it happened because of the secrecy surrounding wartime activities in our coastal waters. In fact, when the death was reported of Halifax native Captain John H. Carroll, the chief officer and one of the two men killed aboard "M.V. Nipiwan Park," the caption beneath his picture in the Halifax Herald on January 8, 1945, said "died at sea." No other cause of death was given.

During World War II, Nova Scotian waters were being watched carefully by German submarines in their attempt to prevent merchant vessels from delivering supplies and munitions to our troops. "S.S. Angelus," owned by the Canadian government, was damaged on 19 May 1942 by U-161, north of Bermuda. She was carrying molasses from Barbados to Halifax. Only two members of the nine-man crew were rescued by "U.S.S. Turner" and taken to Portland, Maine. The "S.S. Angelus" had been a former French barquentine captured as a prize on the Grand Banks one week prior to the attack, and sent to Sydney, Cape Breton where she was turned over to the Canadian Government.

On 30 May 1942, the "S.S. Liverpool Packet" owned by Markland Shipping, was on its way from New York to St. John's, Newfoundland, via Halifax, when attacked off Nova Scotia. Two persons were killed and the 19 survivors managed to row to Seal Island; the "S.S. Waterton," owned by Bowater, was

on a voyage from Cornerbrook, Newfoundland, to Sydney, Cape Breton. On 11 Oct. 1942, when she was torpedoed in the Cabot Strait by U-106. There was no loss of life. Three days later in the Cabot Strait the Newfoundland car ferry "Caribou," escorted by a mine sweeper, was carrying 238 passengers and crew from Sydney, Cape Breton, to Port Aux Basques, Newfoundland, when it was struck by torpedo from U-69. The lifeboats were badly damaged, a significant factor in the outcome. 106 passengers and 31 crewmembers lost their lives. On 25 Mar. 1944, "S.S. Watuka," owned by N.S. Steel and Coal, with 26 men on board, was torpedoed off Halifax by U-802 while carrying coal from

Louisburg to Halifax. "HMCS Anticosti" picked up 25 of the crew. "Of the 12,000 volunteers who served

highest ratio of loss for any active service," states Captain Wagner. Canada did not recognize the valued service of the Merchant Marines, and all but ignored them following the war.

Finally, in June 2003, after much lobbying, our government declared September 3rd as Merchant Navy Veterans Day. In Halifax, a memorial to the Merchant Navy was unveiled on Nov. 11, 1993 and may be seen at Sackville Landing on the waterfront. The monument bears the names of Canadian merchant vessels and the names of those Canadians who lost their lives while serving on board them. Captain Wagner designed the memorial; local artists Horst Deppe, Commander Tony Law (now deceased) and Jane Law, provided the expertise in creating Captain Wagner's design.



Ship's model, M.V. Nipiwan, 2003.

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"Frightlites" - It's about kids helping other kids

By Jason LeRue
Staff

Today, like any other Halloween, homeowners everywhere will be prepared to be visited by ghosts, goblins and ghouls, as trick or treaters make their rounds, combing the streets and knocking on doors in hopes of filling a bag with the likes of candy and potato chips. But one thing that has been visibly unique with children in recent years is that they have been seen sporting glowing "candle like" cylindrical sticks, known as "Frightlites."

Perhaps we've come to know them simply as "glow sticks," often neon green in color and available for many years now, seen at concerts, carnivals and other places. But that aside, where Halloween is concerned, there are now some great new colors available and they've

been re-named "frightlites," for a good reason, and also a good cause.

Enter Beth Brown, mother of a four year old son, Carter MacKeen, who has CF (Cystic Fibrosis). Cystic Fibrosis is a fatal inherited disorder that attacks the lungs and digestive system of its young sufferers. "Each year, we sell frightlites in aid of CF research," says Mrs. Brown. "These glowing sticks are used by children to make them more visible to others, particularly motorists who are out driving at the same time the children are trick or treating."

"The real win in this situation is that while the frightlites are keeping children safe on the streets, the money raised from the sale of the glow sticks is helping to keep children with CF safer," she says. "Our youngest son, Carter has CF. Anyone who knows him describes him as

a high spirited little boy, living life to the fullest. He runs, swims, plays soccer, downhill skis and mostly enjoys playing with his big brother," she says.

But despite Carter's happiness and his energetic approach to life, he still requires daily physiotherapy for his chest, also known as "chest percussion," as well as an aerosol mask two or three times daily. With this, he also requires special enzymes to aid in his digestion of food, of which he takes up to 25 times daily. But despite the rigorous regimen he has to undergo, Carter does it all with a big bright and beautiful smile.

"We have a special CF unit at the IWK Hospital that has become our second family," says Mrs. Brown. "Thanks to the CF clinic and the Pediatricians there, Carter does blood work, X-rays and all examinations without hesitation," she adds. "He can't wait to get to the next person to see him, so he can socialize," she says.

Mrs. Brown says that "by purchasing a frightlite, 100% of your dollars will go directly to the Canadian Cystic Fibrosis Foundation. Each time we see a child wearing a frightlite, it warms our hearts to see children and parents glowing with excitement, while helping to find Carter and all other CF sufferers a cure."

"Bedford has absolutely blessed us with a supportive community and a wonderful place for children. Frightlites can be purchased at

any Ultramar service station, or the Lebrun Parks and Recreation office and Goose Island Primitive. You can also call us at home and we'll gladly deliver them right to your door," she offers.

Frightlites are \$3.00 each and come in a variety of fun and exciting colors. There are blue, green, pink and even orange and yellow available. Each Frightlite will glow for about 12 hours. They are safe, being non toxic and also non flammable. "Children can wear them around their necks, wrists or waists," says Mrs. Brown. "They're a tremendous amount of fun and are good for several other occasions as well."

As a brief instruction on how frightlites work, Mrs. Brown advises that "when you tear open the package and remove the glow stick, it will not be glowing. Some people think that simply shaking the unit will make it glow. What must be done before it will glow is that the interior cylinder, filled with a second chemical, must be released. Simply bending the plastic glow stick is enough to crack open the interior cylinder. When the two chemicals are introduced to each other, it will glow with a radiance that will light an entire room. What is unique also, is that this is light with absolutely no heat," she says.

For any information on frightlights, contact Beth Brown at 832-3478.



Lung Association's "Golf Privilege Club" returns

For only \$50, The Lung Association of Nova Scotia's Golf Privilege Club(r) Membership Book is a great corporate Christmas gift, giving every golfer, beginner or pro, hundreds of dollars in golf savings. Tour the Maritimes and take advantage of the more than 100 offers to play two green fees for the price of one at 60 courses and driving ranges in Nova Scotia, New Brunswick and Prince Edward Island. An additional 10 courses in Maine are also offering outstanding deals. Use the membership book twice, play just two rounds of golf, and Golf Privilege Club(r) more than pays for itself.

"All proceeds from the sale of the books come back to The Lung Association," says Bill VanGorder, President of The Lung Association of Nova Scotia. "As a result, The Lung Association makes a difference in the lives of

the more than 256,000 children and adults in Nova Scotia who suffer from lung disease."

More than \$775,000 has been raised in 11 years from the sale of Golf Privilege Club(r) Membership Books. Proceeds raised are used wisely to help the one in four Nova Scotians who suffer with asthma, tuberculosis, COPD (chronic bronchitis & emphysema) and other serious lung disease lead normal lives. Your Lung Association strives to prevent lung disease through patient services, education and public awareness about healthy lifestyle choices and keeping the air we breathe clean.

To place a corporate order for Golf Privilege Club(r) Membership Books please phone 1-888-566-5684 or email melissafalle@ns.lung.ca. Qualify for our special corporate rate, order 10 or more books and receive a 10 percent corporate discount.



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Local photographers featured in exhibit

Four local photographers are featured in Making Stone Soup, one of the many shows being held at the YWCA Gallery this fall as part of Photopolis, The Halifax Festival of Photography. Directed by Terry Choyce, Your Women's Creative Art Gallery provides a venue for emerging artists.

"I am always excited to give women an opportunity to share their creative dreams," says Choyce. Among the 11 photographers in the show, April, Sheila Brake and Maureen

Reynolds are exhibiting for the first time, while Theresa Thomas, also a member of Viewpoint Gallery, shares new work at the YWCA Gallery.

April, a resident of Bedford, recently found herself returning to an old love. April says, "I love to look at things in their minutest detail. I become transfixed in the beauty of what I perceive and experience joy in presenting these images, which emphasize the beauty of colour, form and texture, in a playful way."

Sheila Brake, who lives in Kearney Lake, loves to travel. She takes photographs to remember the places she's been. Her feature work in this show is "Before Noon," an unusual view of Big Ben presented in a unique frame finished by the artist.

Maureen Reynolds has lived in Fleming Heights for many years and recently renewed her interest in photography as an art form. Her photos reflect the intrigue she feels as she "captures the moment" to reveal both the abundance and transcendence of the world's natural beauty.

Theresa Thomas, of nearby Fleming Glen, captures unusual views of the ordinary in her

photography. "My purpose is to recognize that moment when my heart connects with the subject - whether it is a pot on the stove or a bird in the sky, to become one with the subject and share that connected moment with the viewer."

Making Stone Soup continues until 28 November. In the spirit of sharing the creativity and wealth of visual images in the community, visitors to the Gallery are invited to join the show by posting 4x6 photos on the public netting display. An artist's talk, "Healing with Miksang Photography" with Theresa Thomas takes place 17 November at 8:15pm. Gallery hours are 7am-11pm. Please call ahead to make sure the main gallery is open: 423-6162.

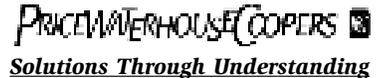


Photographers Theresa Thomas of Fleming Glen, Maureen Reynolds of Fleming Heights, Sheila Brake of Kearney lake and April of Bedford were all photographers whose works are part of the "Making Stone Soup" photograph exhibit at the YMCA of Halifax until November 28.

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WE CARE

"Foster Care Pets"

An opportunity to experience pet ownership and help the SPCA

*By Sandra MacLean
Staff*

Each year the SPCA provides care for more than 2,500 animals. Their foster care program allows them to extend their reach beyond the limited space available at the shelter.

"Keeping pets out of shelters is actually

healthier for them," says volunteer foster parent Louise Baker. Foster Program Coordinator Nancy Wentzell agrees, suggesting that "ideally the pets go from foster home to 'forever' home and never have to spend time in a shelter."

Louise was motivated to get involved because she grew up on a farm and now she wants to give her son Dorian the opportunity

but can opt out of the program while they go south for the winter. It can also work well for students who want a pet but are not able to take it home with them when school is out

Fostering also lets people get to know different types of pets and breeds in the short-term foster program and that helps them make decisions about having a pet long term. What personality type fits best for the family? Is a big dog realistic where they live? How smelly is a litter box? Does the school age child who pleads for a pet understand the responsibilities of pet ownership?

Fostering can fit many lifestyles better than long-term pet ownership. Fostering pets through the SPCA starts with completion of an application form and providing references so they can make sure that animals are going to good homes, even on a temporary basis.

Wentzell says people have said to her, "I'd go through less if I was adopting a child!" She makes no apologies for being so thorough, saying, "these animals have no one else to speak up for them."

Foster pet parents can choose what type of pet they want. One woman only takes Siamese! Some prefer cats, some like dogs. Many want puppies, while others like to provide care for injured animals. There is a need for people willing to bottle feed kittens when the mother has disappeared. Those not interested in the challenges of growing puppies and kittens can choose mature animals. These adult animals are not problem animals but mostly have just had the bad luck to end up at the SPCA.

Right now there are 25 qualified foster homes in HRM but Nancy says they need lots more. "Ideally I'd like to see 100 to allow more rotation, better breaks and less pressure on fosters." As for future plans, "One day down the road I'd like to start a seniors program."

To learn more about this wonderful opportunity, you can visit the local SPCA, ask questions via email to nwentzell@yahoo.ca or go to www.petfinder.com to see what pets are looking for a home right now.



These kittens and their mother are among dozens of pets the SPCA is seeking Foster Pet Parents for.

to learn about life and birth and the responsibility that goes with caring for a pet.

She is an enthusiastic supporter of the foster program, which she knows well after almost two years and nine litters of cats! Her preference is to take in pregnant cats and look after Mom and kittens until they are about 10 weeks old. She says, "pets that have been fostered from birth make good pets because they are already socialized and litter trained." While she gets very involved in finding homes for her kittens, some people rely more on the SPCA to place their foster pet.

Lots of people want to have a pet but can't make a long-term commitment. Involvement in the foster program averages only about eight to ten weeks per pet and the SPCA is there for back up. So fostering works for 'snow birds' who can have a foster pet when they are here

**Police seek
volunteers for its
New Auto-Find
Program**

Halifax Regional Police, in conjunction with the Insurance Bureau of Canada, is currently recruiting volunteers for its new Auto-Find program.

The goal of the Auto-Find program is to increase the number of stolen vehicles recovered in Halifax Regional Municipality by having volunteers patrol neighbourhoods in the provided vehicle and use the installed scanner to locate stolen vehicles. The program has been active throughout the summer and has proven to be successful.

If citizens are interested in becoming a volunteer for HRP's Auto-Find program, they are asked to contact HRP's Volunteer Programs Coordinator at 490-6976.

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MLA seeks improvements to Northwest Arm Drive

By *Graham Steele*
Halifax Fairview MLA

Most roads in my constituency are owned and maintained by the city, so traffic and other road issues are properly handled by your city councillor. But there are two stretches of provincial highway for which I am responsible and on which I'm happy to take your calls. Within the coverage area of the Chebucto News, "my" provincial road is Northwest Arm Drive from Main Avenue down to the Old Sambro Road.

Recently I met with Department of Transportation officials to review a variety of issues. One of those issues is potential improvements to Northwest Arm Drive. The

problem is not the condition of the road. Northwest Arm Drive was repaved recently with a "foamed asphalt" technology that is common elsewhere but new to Nova Scotia. The road surface is holding up well.

The main issue on Northwest Arm Drive is the intersection of Northwest Arm Drive with Walter Havill Drive and Albert Walker Drive.

Northwest Arm Drive is a controlled-access highway designed to be a collector road. The speed limit (80 km/h) is higher than normal on city streets, and many vehicles are travelling considerably faster than the speed limit. When speeding cars meet the Walter Havill/Albert Walker intersection, it's a recipe for collisions.

This intersection was created primarily to

serve residents of the new Stoneridge subdivision. If there are problems now, they're only going to worsen when the subdivision is fully developed and the new condominium building is full.

In a great example of civil responsibility, Stoneridge resident Jim Connolly has taken the issue by the horns and has spent a considerable amount of time surveying his neighbourhood. As relayed to me by Jim, there are four main concerns.

First, making a left turn from Northwest Arm Drive eastbound onto Walter Havill Drive is risky. Oncoming traffic can be obscured by vehicles waiting to make a left-hand turn from onto Albert Walker Drive. Also, the bend in Northwest Arm Drive creates something of an optical illusion where approaching vehicles seem to be moving slower than is actually the case. Solution: a dedicated left-turn light.

Second, when exiting Walter Havill, it can be difficult to determine whether drivers entering the intersection from Albert Walker Drive are intending to turn left or go straight. Solution: a dedicated left-turn lane.

Third, the speed limit on Northwest Arm Drive is too high. In particular, vehicles turning right from Cowie Hill Drive, Osborne Drive or Walter Havill Drive are moving much

slower than the 80 km/h limit, creating a hazard for everyone involved. Solution: lower the speed limit.

Fourth, the duration of the traffic signal allowing access in and out of Walter Havill Drive seems too short. Solution: Study traffic volumes and adjust the time if appropriate.

Six months ago, the provincial Department of Transportation promised to study these concerns. Four months ago, we were told the study had been extended to all of Northwest Arm Drive. Two months ago, we were informed the study was complete and was being reviewed by management. A couple of weeks ago I met with senior DOT officials and expressed my concern that residents' concerns about Northwest Arm Drive were not being addressed in a more timely way. I received every indication from these senior officials that they understand the need to address residents' concerns.

I will continue to keep a close eye on progress, and I will inform residents living near Northwest Arm Drive of any developments. In the meantime, I want to publicly acknowledge the excellent work done by Jim Connolly to get the ball rolling. If you have any other Northwest Arm Drive issues, please let me know.



Graham Steele

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Provincial issues affect Halifax Atlantic constituents

By *Michele Raymond*
Halifax Atlantic MLA

Our NDP Caucus spends a great deal of time each year preparing the issues that will finally be brought forward in the Legislature. This fall's sitting of the minority government was especially short (sixteen days), but now there is time to look back and see how it measured up for today's families in Nova Scotia.

Being the Opposition critic for Municipal Affairs, I find there are plenty of province-wide issues which have an especially strong impact on Halifax Atlantic, since it is a largely rural area inside a growing municipality. One of these issues is the question of property tax assessments, which I continue to bring forward. I have risen in the house to speak on several bills touching on this topic, and I am continuing to meet with businesses and residents impacted by property taxes that are growing exponentially. This growth seems to

have no particular reason, other than nearby property sales. It is essential that the entire system be re-examined.

Water quality is also a huge issue here. Halifax Atlantic is a stony place, and many of our oldest communities have long been served by wells which are now failing or contaminated because of extensive new demands on the water table. The situation is getting worse as urban development proceeds. I have introduced a Private Members' Bill which would allow municipalities to require full assessment of the water table before any major new development can be approved.

I questioned the Minister of Transportation on the poor maintenance of roads in Halifax Atlantic. Apparently, the province and HRM have not yet settled the question of who will be responsible for them. This no excuse for leaving these roads and bridges to decay even as property taxes rise ever higher, and the hag-

see "Provincial" pg. 12



Thank You

I want to express my sincerest gratitude and appreciation to everyone who helped with my recent campaign. I am flattered and humbled that you have put your trust and faith in me to represent your interests in HRM.

A special "Thank-You" to everyone who took a sign, canvassed, worked in the polls, served meals, provided transportation and helped in so many other ways.

Finally, to Brian Dempsey for managing the best campaign team I have ever seen; to Bill and Donna Foley, thank-you for your unwavering support; to Trish Jodrey and Dawn Lawrence, thank-you for your tireless canvassing and dedication; to my Mom and Dad, thank-you for always being there, and to Colleen, thank-you for your understanding and for believing in me.

Sincerely

Stephen Adams

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Common concerns come to light during election campaign - Adams

By Stephen Adams
Councillor District 18

The past month has been exciting to say the least. As I campaigned throughout District 18, I spoke to many residents, and heard concerns ranging from playgrounds to busses, and policing to roads. Many of these concerns have been addressed at the preliminary stage, but I would like to expand on some of the items.

The Police Office on the Herring Cove Road is now functional and the "Street Crime Unit" is operating throughout HRM. This new office will also have someone available from 8:30 to 4:30 Monday to Friday to help with your concerns. This is indeed an improvement from the previous arrangement.

A number of common themes arose as I travelled the Sambro Loop. Policing, road conditions and transit issues were raised on a daily

basis. As soon as our calculations have been finalized we will proceed with the process of determining the community's wishes for bus service.

Road complaints ranging from the condition of side roads were prevalent in many discussions. I have spoken to our local MLA and we have been working to improve the service. As well, HRM and the province are working on an initiative that could see HRM crews take responsibility for maintenance and capital work for all roads except the 100 Series Highways. This would improve our system immensely and help to eliminate discrepancies in snow ploughing and road up keep.

You probably have seen both RCMP and Regional Police cruisers throughout the Loop

which will benefit everyone.

Playgrounds are always in demand, especially given the newer developments in our area. I have asked for money to be added to our upcoming capital budget for playground improvements.

Community signage is scheduled to be installed this fall. Although I did report in a previous article that these were to be installed in the spring.

I am very excited about the future of District 18, its communities and most importantly its residents. We have a great community and great people. I look forward to working with you and look toward building on our past successes.

Repaving streets, replacing sidewalks not a "hit and miss" - Mosher

By Linda Mosher
Councillor District 17

The best part of an election is campaigning door to door and meeting with residents to discuss their issues. As I reflected on these conversations, there were common trends to many of the discussions. There were questions about the conditions of the roads, and concerns were expressed about speeding and increased traffic. Over the next few months I will attempt to describe the processes that HRM follows to address requests on these types of key issues.

I am often asked why hasn't my street been re-paved? Why is the street down the road being resurfaced and mine is in much worse shape? Why is it taking so long to have a new sidewalk installed?

Last year HRM spent about \$16 million on our roads and sidewalks. This is not enough. To put this in perspective, there are 23 districts in HRM, and one resurfacing job such as the portion of the Cowie Hill connector can cost over \$400,000. In light of the condition of many of the roads and sidewalks throughout HRM, we must increase our funding to upgrade or replace this failing infrastructure. The Prime Minister's promised portion of the gas tax would be welcomed as an added source of revenue, possibly doubling funds for our municipal infrastructure.

Pavement starts to deteriorate as soon as it is constructed. The rate of deterioration depends on factors such as traffic volumes and weight of vehicles. The life span of pavement ranges from 20 to 70 years. HRM is responsible for 1540 kilometers of roads. In assessing the condition of the roads, HRM uses a Surface Distress Index (SDI). The rating tracks the density and severity of various types of pavement distress, such as potholes, cracking and patching. If I am contacted by a resident

about the condition of a road, the first thing I do is ask HRM staff to obtain an SDI.

If the SDI rating indicates that a road is in poor shape, then this road is prioritized based on its SDI, and put forward for funding consideration in the capital budget. It is not just the worst streets that receive funding for improvements. Sometimes it makes good economic sense to perform repairs to roads that are in acceptable condition. These roads can be upgraded with minimal cost and greatly improve the life of the pavement. The list of outstanding requests for District 17, and all of HRM is very long.

Sidewalk repair is also based on distress types, such as cracking, spalling, heaving or patching. With the present level of funding for sidewalk renewals, it will take approximately twelve years to upgrade all sidewalks that currently have a deficiency rating of 70% or higher.

New sidewalk requests are evaluated on a point system, scoring each request out of 100 possible points. Points are assigned for pedestrian users - 30 points, road classification - 25 points, existing facilities - 25 points, origin of request - 15 points, other factors - 5 points. The pedestrian points are scored higher if the location is within 200m of a school or is near a park or bus route. A requested sidewalk on an arterial or major collector road would score more points than one on a local street. If the sidewalk is in an area with shoulders less than 2m wide, it would score much higher than one with an existing sidewalk on the other side of the road. More points are given for petitions received from the abutting homeowners who are willing to pay local improvement charges, than if a Councillor simply requests it. The other category would include factors such as a section of sidewalk that would connect to an existing sidewalk.



Linda Mosher

HRM Councillor, District 17

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Thank You,
Thank You,
Thank You.

Thank you to my family and friends for their encouragement and support for my campaign for Councillor.

Thank you to over 1000 people who went to the polls to elect me as their Councillor, your support was very much appreciated.

Sincere congratulations to Steve Adams and his supporters on their election victory.

"Let's all get behind Steve to ensure his next four years on Council are his most successful."

Sincerely,
Bruce Cooke

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HRM Councillor, District 18

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Theatre Arts Guild offers Christmas pantomime

By Sandy Lund
Theatre Arts Guild

As I write this, the seasons are changing. Cooler, colorful autumn days have replaced the warmer lazy days of summer and a new theatre season has begun at Theatre Arts Guild. Josh MacDonald's play Halo is up and running while the cast of Red Riding's in the Hood has begun rehearsing their not so traditional Christmas Pantomime.

How I love the Christmas season with all its unique traditions and celebrations - from the few social gatherings with good friends to the family skating and seasonal baking (just enough to say I've done it). It's a busy season but one that is hopefully filled with blessings and thanks.

There is one family tradition that I look forward to each year along with hundreds of other families across the city. This tradition is

the annual Christmas pantomime produced at the Pond Playhouse, home of one of Nova Scotia's most successful community theatre groups, the Theatre Arts Guild. Located 5 minutes past the rotary just off of Purcell's Cove Rd., The Pond Playhouse is the quintessential little theatre playhouse inviting its patrons in to experience the 'wonder' of live theatre in a comfortable, warm and affordable setting.

Although it was not the first time the pantomime was produced on the TAG stage, the tradition of the family show truly began six years ago when Jeff Pocock, an active member of Theatre Arts Guild, reintroduced the Christmas Pantomime to the TAG audience with Babes in the Wood. This dramatization of a fairy tale with its songs, topical jokes, buffoonery and slapstick became an instant success. Well-known storybook characters entertained children of all ages, along with their parents, while encouraging the audience to boo

the villain and cheer on the good guys. Six years later families across the city still anxiously await news of this year's show so they can mark their calendars once again.

"Red Riding's in the Hood"- A Not So Traditional Pantomime, is coming to the Pond Playhouse December 2 to 18. But hold on! What is a 'not so traditional' pantomime? After talking with the co-writer/director and my good friend, Cheryl Theriault, the play is described as "think of Red Riding Hood meets West Side Story meets Canadian Idol." There is still the 'buffoonery and slapstick', 'songs and jokes,' and a highly encouraged audience participation in the production of this "twisted classic tale." Parents and children

alike will laugh out loud as they watch a cast of misfits and the creatures of the forest fight an epic battle of good and evil. I am told there are wolves, cheesecake, love and a happy ending!

Well, my friends, this is one family tradition I plan to be a part of. And 'plan' you must! It's not too early to get out your calendar and make room for this tradition; December 2 - 18 (Thursday, Friday and Saturday evening) or choose a matinee performance - December 4, 5, 11, 12, 18. Give the reservation line a call at 477-2663. The box office opens November 4 for members and November 11 for all others.

Provincial issues *continued from pg. 10*

gling continues. (My NDP colleague, Charlie Parker, Transportation Critic, brought forward the issue of chip seal on rural roads, where flying gravel is damaging people's cars. This summer saw a number of cases when the Ketch Harbour Road was getting its routine maintenance).

I spoke on the Police Act, and the need for legislation to ensure there is adequate police coverage for developing areas. I spoke about this in the media earlier this summer and am glad to see that HRM is now opening a police/RCMP office on the Herring Cove Road.

Every square inch of the province is included in a municipality, and all of Halifax Atlantic is part of HRM. Yet no one is stepping forward to protect the many small saltwater harbours along our coast. Tons of rocks and fill are being dumped into these waters such as the Northwest Arm, permanently changing the coastline, but the federal government is not adequately monitoring these situations because of jurisdictional disputes. I have asked the Minister of Municipal Affairs to ensure that all three levels of government sit down to work out an effective way to protect these waters.

Many Halifax Atlantic students will be affected by the new Peninsula High School to be built on the Halifax Commons. This school will probably continue to house many of our special music programs, and it's important that

it have a proper auditorium. To this end, I have suggested the Department of Education study the possibility of keeping and refurbishing the beautiful old St Pat's auditorium.

As Human Rights critic, I am particularly proud to have been part of the Legislative session in which Nova Scotia's Acadians have finally been recognized. Someday, all of our legislation will be translated into French and government services will be equally available to our Acadian compatriots. It was a great privilege to speak in the House, in French, as members of all parties recognized the importance of the 400-year-old Acadian population of our province, and passed the bill establishing the Office Of Acadian Affairs.

Also as Human Rights critic, I highlighted the unfair treatment of people whose cases go to Human Rights, and are successful, yet are often left with crippling legal bills.

And finally, one night last month, I had the chance to share some great music and company with the seniors at the Captain Spry Lodge on Arnold Street, as they celebrated the elevator that has finally been installed, after 25 years. It was a wonderful occasion, and the kind of thing that makes me feel best about work as an MLA.

I invite any comments on these or any issues that are of concern to you. My constituency office number is 477-4100 or by e-mail, mhraymondmla@eastlink.ca.

Dear residents of District 17, **THANK YOU** FOR YOUR SUPPORT.

"I wish to express my sincere appreciation for the overwhelming support on election day. It has been an honour and a privilege to represent you over the last four years. I look forward to the next four years working with you to make further enhancements and improvements to our district."

Linda Mosher

Councillor District 17 - Purcell's Cove - Armdale



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Prevention the best course to protect against Feline Leukemia

When acquiring a new kitten or adopting an older cat, one of the first concerns the new pet owner has is the overall health status of the animal. Particularly if the owner has pets at home already, he or she wants to be sure that the new pet is free of any infectious disease that could be harmful to the pets already in the household.

One of the most commonly discussed topics in this regard is the disease in cats caused by the Feline Leukemia Virus. Some owners have never heard of it, while some have had friends or family lose a pet to the disease and

so are well aware of its significance.

Commonly asked questions are - Where does this virus come from? How would I know if a cat had this disease? How could my cat possibly have become infected? How do we treat and prevent this disease?

Feline Leukemia is a viral disease of cats that is one of the leading causes of death in pet cats and kittens. Back in 1964, a group of Scottish scientists first discovered viral particles in a family of cats from the same household where several cats had developed Lymphosarcoma, a cancerous condition. It is

hypothesized that the virus was acquired from the rat millions of years ago by ancestral cats and has since traveled, literally, around the world. So obviously, Feline Leukemia has been around for a long time, but it is becoming diagnosed more frequently these days by veterinarians due to increased awareness and testing procedures.

The incidence of Feline Leukemia Virus is truly worldwide and is responsible for the majority of leukemia and lymphomas seen in all felids. This is partly owing to the fact that Feline Leukemia is so highly contagious. It is readily transmitted from cat to cat through saliva, blood, feces and urine, although the virus does not seem to be able to live long in the absence of a host and consequently close cat to cat contact is required for transmission to occur. It appears that any cat may be susceptible to the virus, although incidence is higher in multi-cat households. Cats living in single cat households that do not go outdoors are the least likely to be exposed. However, cats may acquire the virus from their mother, either in utero or from nursing, so it is important that all kittens be tested as well as any new cat coming into the household.

How can you tell if your cat has Feline Leukemia? Cats can develop different forms of the disease. It can develop into cancerous conditions such as lymphosarcomas which are tumors that develop in the lymph nodes and other lymphatic tissue, or it can develop as leukemia where the virus attacks the bone marrow and blood cells, leading to degenerative anemias. Yet another form of the disease can develop that is a non-cancerous condition, but develops due to the virus suppressing the immune system, thereby allowing a number of other diseases to develop. Cats with this form of the disease may eventually die of pneumonia, for example. Thus there may be a variety of symptoms seen in a cat with Feline Leukemia. Still, signs such as depression, fever, loss of appetite and swollen glands in the neck or abdomen may suggest onset of a Feline Leukemia related disease.

Unfortunately there is no successful long-term treatment for leukemia and efforts have therefore been directed at prevention of the disease. The best way to prevent Feline Leukemia is to have your cat tested for the disease by your veterinarian and then vaccinated. The test is a simple blood test which can be done in the office and results can usually be ready in as little as ten minutes.

The initial vaccine program consists of two shots followed by an annual booster. It is important that when you start your cat's vaccination program that you carefully adhere to the vaccine schedule as the timing of the second booster is critical to the success of the immunization. Missing the appropriate time for the booster may mean that the program will have to be started again.

Cat owners are often concerned about becoming infected by Feline Leukemia themselves. Much careful research has been done to examine the zoonotic potential of this disease and there has been no data suggesting any possibility of human risk. However, it is still advised that the very elderly, pregnant woman and babies should not be allowed close contact with cats with Feline Leukemia, just to be on the safe side.



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LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

GARLAND, Mary - 93, Halifax, passed away in Melville Lodge, Halifax. She was born in Green Point, NL, and lived in Pushthrough Hermitage Bay, NL. She was a daughter of the late Alexander and Elizabeth (Kearley) Kendall. She was a member of the E.L.F. Women's Group, A.C.W., Golden Age Centre and Topaz Rebekah Lodge No. 125, Spryfield. She is survived by daughter, Vera (Corwin) Durnford, Spryfield; granddaughters, Christine Mackenzie and Angela Bryden; great-granddaughters, Sarah and Megan Mackenzie. She was predeceased by husband, Reid Garland; brothers, Freeman and Samuel Kendall; grandson, Reid Durnford. Funeral arrangements are under the care and direction of J. Albert Walker Funeral Home, 149 Herring Cove Rd., Halifax. Interment was in Sunrise Park Interfaith Cemetery, Hatchet Lake.



BOUTILIER, Harvey Donald - 66, Halifax, passed away in the New Halifax Infirmary, QEII. Born in Halifax, he was a son of the late Capt. Myles and Mary (MacDonald) Boutilier. He was employed with McInnis Transport and Nova Scotia Liquor Commission for over 30 years. He is survived by his wife, Nancy Wilson; loving daughter, Faith, at home; son, Donnie; daughters, Beth, Shelly and Cathy, all of Hamilton, Ont.; brothers, Carl (Linda), Halifax; Leonard, Sackville; Francis, Tantallon; sister, Hilda, Boston, U.S.A. He was prede-

ceased by brother, Eddie. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home, 149 Herring Cove Rd., Halifax.

LEWIS, Walter Archibald - 60. It is with great sadness that Jim (Simone), Patty, Brenda (Bruce) and Torrina (Paul) announce the passing of their father, Walter. Walter loved to hunt, he loved the ocean and deep sea fishing. In Walter's early years, he was one of the best second basemen on the Common's. He was also the Toronto Blue Jays biggest fan. Born in Purcell's Cove, November 29, 1944, he was a son of the late Jim and Maybel (Jollimore). He was predeceased by brother, Alfie; sister, Jeanie. Walter leaves behind his wife, Marlene (Christian), Arbour Stone Nursing Home; brothers, Mickey (Marg) and Allan, both of British Columbia; grandchildren, Jenny (Gerard Ryan), Melissa, Amy, Katie, Neil, Robert, Chelsea and Scott; great-grandson, Brandon; many nieces and nephews. Walter was a waiter in the Lighthouse and Slyfox Tavern in his younger years. He also drove taxi for Armdale for 29 years. Funeral was in the J. Albert Walker Funeral Home Chapel, 149 Herring Cove Rd., Halifax.

LECKY, Frederick John - 31, Halifax, passed away at Deep Cove. Born in Halifax, he was a son of Dave and Marion (Gerrior) Lecky. He is survived by his wife, Tammy Keith; brothers,

David and Robert, both of Halifax; sister, Theresa, Beaverbank; nieces, Shandi, Brittany, Makayla; nephew, Marshall; lifelong best friend, Billy Johnston. He will also be missed by his beloved pet, Dallas. Funeral service was held in St. Paul's United Church, Old Sambro Road, Rev. Calvin Ginn officiated.

SHIELDS, Raymond Douglas - 48, Halifax, passed away in the VG Palliative Care Unit, Halifax. Born in Halifax, he was a son of Blaise and Joan (Wilson) Shields. He is survived by sisters, Karen (Robert) Walker, Halifax; Colleen (Louis) Durst, Halifax; Jane (Stephen) Veinotte, Porters Lake; Mary Ellen (Keith) Thomas, Montreal; brothers, Stephen (Marica), Dartmouth; Robert (Brenda), Halifax; several nieces and nephews who Raymond loved dearly. Cremation has taken place under the care and direction of J. Albert Walker Funeral Home, 149 Herring Cove Rd., Halifax.

DEAL, Shirley Mildred - 80, Halifax, passed away in the VG Site, QEII, Friday, October 15, 2004. Born in Lakeville, Kings Co., she was a daughter of the late J. Stanley and Lottie (Cahoon) Power. She worked for over 20 years as building manager with Forest Green Apartments. She is survived by son, William Gordon, Halifax; daughter, Judy Jollimore, Halifax; brother, Harold, Coldbrook; sisters, Jean (Walter) Barkhouse, Antigonish; Hilma (George) Frank, Wolfville; grandson, Cory. She was predeceased by her husband, Gordon; brother, William "Bill"; sister, Doris. Cremation has taken place under the care and direction of J. Albert Walker Funeral Home.

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Annual Church Dinner

St. James' Anglican Church in Herring Cove will hold the Annual Christmas Ham and Baked Bean Supper Saturday November 20 from 4 to 6 pm. Adults \$8, children \$4. A sewing table and bake table will open at 2 pm. Social evening starts at 7:30 pm.

17th Christmas Craft Festival

Cunard Junior High School's 17th Annual Christmas Craft Festival will be held Saturday November 20th from 9 a.m. to 3 p.m. at Cunard Junior High School, 121 Williams Lake Road, Halifax. There will be a great variety of beautiful crafts just waiting for you as well as our

famous Canteen & Tearoom filled with homemade foods & desserts. See you there!

Soup Luncheon & Sale

A soup lunch, craft and bake sale will be held at Emmanuel Church Hall, 322 Herring Cove Road, Saturday, November 13 from 11 am to 2 pm. All welcome.

Annual Scholarship Auction

All are invited to the J. L. Ilsley High School Auction at 6:30 p.m. on November 27 in the school cafeteria. Bid on crafts, art, woodwork, services, sports memorabilia,

and food, all in support of the school's scholarship fund. Silent auction and lobster draws, too!

Roast Beef Dinner

There will be a Roast Beef Dinner at St. Peters Church Ketch Harbour November 7 from 4 to 6:30 pm. Adults \$9.00, youth 5 to 12yrs \$5.00, under 5 - free.

Crafters Wanted

Crafters are wanted for herring Cove Jr. High's breakfast and craft show being held November 27. Tables \$10.00. For more info call Kim at 475-1583.

50/50 Draw For Youth

There will be a weekly 50/50 draw at Coates Irving in Harrietsfield with the proceeds going toward a local youth's trip to the World Youth Day to Koln, Germany, in 2005.

Blood Donor Clinics

There will be a blood donor clinic at St. Michael's Catholic Church, 14 St. Michael's Avenue, Tuesday November 2nd, from 5 to 8 pm. A second clinic will be held at the Nova Scotia Liquor Corporation, Head Office, 93 Chain Lake Drive, Bayers Lake (near Canadiana Restaurant), on Monday November 29th, from 12 to 3 pm. For information or to schedule your appointment, please phone Canadian Blood Services at 1 888 2 DONATE (1 888 236-6283).

TAG's Christmas Pantomime

"Red Riding's in the Hood" - A Not So Traditional Pantomime, is coming to the Pond Playhouse December 2 to 18.

Volunteers Urgently Needed

Girl Guides of Canada - Guides du Canada urgently requires volunteer leaders in the Cowie Hill and Jollimore area for a Spark unit (girls aged 5 and 6) and a Guide unit (girls aged 9 to 12). If you are a woman with a few hours to spare each week, please call Jeanette Paynter at 477-7526 or email me at jnj-paynter@ns.sympatico.ca me for information.

Legion Notes

The following events will be held at the Earl Francis Memorial Legion:
Bingo - Every Sunday beginning at 1 pm - doors open at noon;

Senior's Day - November 1st and 15th, with Newfie George at 1 pm.
Karaoke November 5th and 19th 9 pm to 1 am, Members and guests welcome.
Remembrance Day Service November 11th at 11 am.

Library Happenings

CHILDRENS:
Library Puppet Shows: Captain William Spry Library has Puppet Shows for all ages Saturdays at 11 a.m. For group bookings, call Cindy Sampson Fleet at 490-5796. Children's Reading Support: Tuesdays to Thursdays - 3:30 - 7:30 p.m. & Saturdays 10 a.m. - 2 p.m. Volunteers meet children at the library for an hour or more of reading, games and activities each week. For more information, call Dorothy Minaker at 490-5714.

ADULTS:

Book Discussion Group for Adults: For more information, call Scott Taylor at 490-5774.
Tutoring in Reading, Writing and Math for adults: Tuesday to Thursday from 9:30 a.m. to 12:30 p.m. and Tuesdays from 5:30 to 8:30 p.m. Group learning Tuesdays and Thursdays 1:30 to 3:30 p.m. For more information, call 490-5715.
English Language Training Program: Wednesdays 10 a.m.-12 p.m., 1-3 p.m., 3-5 p.m. The Captain William Spry Public Library offers an ESL (English as a Second Language) program. The library provide a comfortable meeting space to work one-on-one with a tutor. Register at any time for this free program. For more information, call 490-5715.
Volunteer Tutors: Would you like to share your skills in reading, writing and math by becoming a volunteer tutor? Our program depends on the generosity of community members who become involved in this very rewarding work. Please call 490-5715 if you are able to offer some time.

Volunteers needed

The Metro Food Bank Society is in immediate need of volunteers! We have a variety of ongoing volunteer needs and are looking for enthusiastic and committed individuals. Some of the ongoing volunteer opportunities include drivers, driver's assistants, warehouse assistants, receptionists and cooking demonstrations. For more information or if you want to volunteer contact Cathy Blackwood at 457-1900 or volunteer@metrofoodbank.org



President Elizabeth Neville, Branch 152 Earl Francis Memorial Spryfield Legion, presented Chebucto News Publisher Reg Horner with a plaque for the newspaper's support over the past five years.

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Pain Conference

A half day Conference "Living With Chronic Pain - Body, Mind & Spirit" will take place on Saturday, November 6, 9 am to 12 pm, in the McInnis Room, 6136 University Av. Halifax. Admission is free. To Reserve A Seat Call: (902) 479-0409.

Thank-You

The ALS Society of NS would like to take this opportunity to thank everyone who made the Walk to D'Feet ALS 2004 such a success. The walk raised over \$60,000 to help find a cure for ALS. We would especially like to thank all corporate sponsors, all HRM businesses that contributed in some way, all the volunteers, the participants as well as everyone who contributed in some way. If you wish to contact the ALS Society, please contact Walk Coordinator Kerra AuCoin at (902)454-3636 or email at walk@alsns.ca .

Pain Support Group

The Pain Support Group is a self help group for pain sufferers dedicated to providing support to people in chronic pain. It meets the last Monday of each month at 7 pm, St. John's Anglican Church, 3415 Ditch Village Road. For info call 902-463-5757 or 902-479-0409 and leave a message

Old Photos Wanted

Local historian Peter Saulnier is looking for photographs of the St. Michael's Roman Catholic Church Quonset Hut. Kidston's Mill formerly located below the Kidston House on Rockingstone Road and Steves Store now PG's Pizza. In you can help contact Peter at 475-1449.

Toastmasters Meet

The Spirit-ED Toastmasters Club, a program to improve public speaking and self confidence, meets every Wednesday at 7 pm in Bayers Lake. For more information or to come to a meeting please call Jim at 865-2297.



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