

# Chebucto News

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## Action For Neighbourhood Change approves eight local grants

Eight local organizations, trying to create everything from community based web sites to a family and childrens' family service centre to a local business directory, received grants in excess of \$86,000 this month through the Action for Neighbourhood Change project in Spryfield.

Spryfield is one of five communities across Canada chosen by the federal government sponsored Action programs. The local program, managed by the Halifax Region United Way, operates from the Captain William Spry Community Centre.

Paul Shakotko, Project Manager said the Spryfield Action Grants Review Committee had a difficult time choosing recipients from the 16 applications which totaled more than \$180,000 in requests. "We are pleased to announce the following residents and organizations will receive Action Grants," he said. "These groups were singled out for their focus on improving Spryfield neighbourhoods and community as a whole. Their projects had a component of innovation, involved numerous residents, and were, ultimately, designed to

help revitalize Spryfield."

Among the 8 awards are: Tannis Crosby and the YWCA Halifax: Developing a Spryfield Multi-Service Center for Families and Children. The project will examine and plan for a service center that will increase citizen engagement in helping families and children thrive, increase availability and accessibility of early learning and family programming (including literary, parent education, and youth development), formally link residents with stakeholders and agencies, and launch a new child care center in Spryfield.

Carolyn Mont and the Captain William Spry Community Center Board: Spryfield Community and Business Website. This project will develop a partnership with the Community Center and the Business Commission to develop and launch a www.spryfield.ca website. The site will provide easy access to services and businesses in Spryfield, along with help find volunteers and source current events in Spryfield.

The Spryfield Business Commission and a

see "Action" pg. 2



Two and a half year old Elizabeth Pickart, her father Ralf, and Abigail Howard-Gosse enjoy participating in the African Drumming celebration during the Annual Family Fun Day held each year in Spryfield.

## Shy Spryfield country singer takes top prize in singing contest

By Betty Dobson, Staff

According to an old adage, nothing worth having ever does come easily. Those words certainly ring true when it comes to Spryfield-based country singer Mark Cameron. He had to overcome years of shyness and build his self-confidence to the point that he could realize his dreams.

While Mark grew up in a musically inclined family and demonstrated his own love of singing early on, he lacked the confidence to become a performer. "When I was a kid, my mum and all my brothers would play guitar

and have these guitar parties, but I had to go to bed." Mark listened, learned, and sang along until his mother would get him up and invite him to join in. However, his shyness kept his head down and his singing voice near a whisper. His mother would often have to encourage him to "sing a little louder."

When he decided to take his first stab at competitive singing in 2004, his self-confidence underwent a slow and sometimes painful transformation. He signed up for a "country idol" contest at the Rodeo Lounge and Restaurant in Dartmouth and soon discovered that it takes more than a good voice to win.

"The first one was a learning experience," his wife Kelly says. Mark often forgot lyrics during his performances and dressed in his regular work clothes. He came in 11th place at the end. The contest arrangers invited him back, nonetheless, to record a song for a CD of top ten performers.

see "Public" pg. 3

see "Cameron" pg. 2

## Public outlines trails and future trail development for HRM

By Des Writer, Staff

Recreational trail users in Halifax Regional Municipality already enjoy many fine trails, but there's an understandable thirst for new trails amid the sprawl of subdivisions threatening to engulf Metro. Although primarily concerned with preserving recreational green space in the Mainland Commons area, Halifax North West Trails Association recently secured the services of Planning Consultant, Anne Muecke, and landscape architect, Gordon Ratcliffe, to review such things as land ownership, sensitive areas and management guidelines for recreational trails in HRM Districts 10, 15, 16 and 21, and to produce recommendations for HRM.

Billed as a Charrette, from the French word for cart (the term, according to the National Charrette Institute, is used to describe "the intense work effort expended by art and architecture students to meet a deadline"), a February meeting at St. Peter's Anglican Church, hosted by HNWTA, gave interested trail users an opportunity to learn about existing trails and recommend areas for future recreational trail development.

Think of cities such as Ottawa, Calgary, and in Atlantic Canada, Fredericton, with its "wonderful network" of trails, said Muecke. These are examples of best practices she wants to research in the next few weeks, she told the meeting of hikers, canoeists, environmental-

ists, recreational walkers, planners, even politicians.

She and Ratcliffe asked audience members to map existing recreational trails in the four

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# Action For Neighbourhood Change approves eight local grants

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group of local residents: The Spryfield Business Directory. The Directory will be crafted with the help of the local residents and businesses. It will encourage local residents to 'shop locally' and will entice other residents of HRM to shop

## Cameron takes singing prize

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Undaunted, and somewhat encouraged by the CD offer, Mark turned his lessons learned into a renewed competitive spirit. One of his biggest realizations was that he needed to look the part of a country singer. "I drive truck for a living," he says, explaining his attire during the first competition. He generally went to the Rodeo straight from work and didn't stop to change. A trucking job to Calgary a few years ago left him in possession of a big black cowboy hat. Once he got into the competition, he knew he had to wear "that hat" to make the right impression.

Determined to prove himself, he not only signed up at for the next Rodeo competition but also for a similar contest at Dave Doolittle's Sportsbar and Grill. He would compete at Doolittle's on Wednesday nights and the Rodeo on Thursday, all the while continuing to drive truck full-time during the day. His efforts paid off when he came in second at the Rodeo, and won first place at Doolittle's.

"When I was hooked was when I got my first standing ovation," he says of his second Rodeo experience. Then it was all over and we had a little break," Mark says. Two months later, he headed into the Rodeo's Best of the Best competition, which took place this past November and December. He sang his heart out and walked away with the top prize of \$5,000.

"I was glad when it was over cause I was tired of being judged," Mark admits, even though judge John Gracie reminded him that "even when it's over, you'll always be judged."

Mark's biggest thrill to come of competing was having the chance to meet his one-and-only idol George Jones back stage at a local concert. Though pressed for time and not allowed ask for an autograph, Mark did managed to pass a copy of his CD *The Real Me* to

in Spryfield. The directory will be made available in hard copy and in searchable form on the [www.spryfield.ca](http://www.spryfield.ca) website.

John Brazner and the McIntosh Run Association: Community Aquatic Monitoring (and Educational) Program. This community lead project will engage and educate at least

Jones before they were photographed together and Mark had to make room for the next fan.

*The Real Me* is comprised of cover tunes and was originally recorded for family members. Demand for the CD became so great, however, that Mark and Kelly decided to order a larger quantity. So far, they have sold about 400 copies.

Mark says, "I don't know where to go from now." However, he does seem to have a few ideas. Mark started writing songs because of the competitions and has five original songs completed. As part of his creative process, he keeps a tape recorder handy so he can capture ideas even while driving. He is currently trying to put a band together and continues to write new songs so he'll have enough to produce another CD. He's also considering applying for next year's Nashville Star competition in the United States.

Meanwhile, he and Kelly get to enjoy hearing his first single played on the radio. "That's somethin'," he says with just a hint of left over shyness.

50 students, teachers, and residents in the health and protection of McIntosh Run.

Kris Allinson and the Spryfield Residents Association: A Spryfield Residents Association Website. This website will be crafted in conjunction with the [www.spryfield.ca](http://www.spryfield.ca) site, but with a different focus. The SRA website will provide residents with the opportunity to express their concerns and opinions on important issues and allow residents to share information.

Martha Leary and the Chebucto West Community Health Board/Urban Farm Museum: Greystones' Come Grow With Us. In partnership with the Chebucto West Community Health Board, this project will

work with residents of Greystone to create a local garden. The garden will be established and maintained by the residents.

Betty Tiboo and the Urban Farm Museum: Greystone Community Park. This resident driven project will utilize the expertise of the members of the Urban Farm Museum to create a local park in Greystone. The park would be built through consultation with residents and the Metro Regional Housing Authority.

Darlene MacLean and the Boys and Girls Club of Spryfield: Spryfield Youth Arts Program. This project will create a new arts and cooking project for youth in Spryfield with a focus on photography, crafts, arts, and cooking.



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## Public outlines trails and future trail development for HRM

continued from pg. 1

HRM Districts, and suggest areas for potential trails. Complimenting them on the "great turnout," Muecke said, "The main purpose is to get you working." And work they did.

With the aid of five large maps placed on tables in the meeting room, participants mapped out existing trails and their offshoots, in Fairview, Bayers Lake Business Park, Clayton Park-Birch Cove, Birch Cove Lakes Wilderness Area, and Bedford's Paper Mill

Lake. Using her blue crayon, one enthusiastic participant attempted to define the complicated trail network of Hemlock Ravine, while another dedicated trail walker came with a shopping list of her favourite trails in the Fairview area. "These people know a lot of trails; they know a lot more than I do," said HNMTA president, Bob McDonald.

Audience members identified trails such as Clayton Park's Linear Trail, Belcher's Marsh, Hemlock Ravine, Bedford's Old Coach Road, and Paper Mill Lakes, while Ratcliffe, Muecke

and others in the audience offered an exciting glimpse into future trail opportunities in the ensuing discussion.

Muecke mentioned the prospect of a "round the harbour" trail, from Point Pleasant Park, via Birch Cove, Mill Cove, Admiral's Cove, skirting the Department of National Defence properties on the east side of Bedford Basin, and ultimately reaching the Woodside Ferry Terminal. Bedford resident, Don Ambler, a manager for the Halifax Regional Development Agency, described the new Bedford-Sackville Connector Trail, and geologist, Chris Miller, reviewed progress on the proposed Blue Mountain-Birch Cove Lakes Wilderness Area.

Ratcliffe spoke about the future Halifax Urban Greenway, linking Point Pleasant Park and the Armdale Rotary along the railway cut, as well as plans to extend the Beechville-Lakeside-Timberlea (BLT) Trail to Bayers Lake Industrial Park. Referring to a rumour that Canadian National might shortly abandon the rail line extending from Fairview Cove marshalling yards along Joseph Howe Drive to Bayers Lake, Ratcliffe said there's "a huge potential" for a rails to trails conversion along that line, ultimately linking to the BLT trail.

Clayton Park MLA, Diana Whalen, reinforced the need for sidewalks in Bayers Lake,

extending to the Empire theatres and the new daycare centre, and others complained about the abrupt ending of the bike lanes into the industrial park. Discussion of Birch Cove Lakes centered on mountain bike trails, canoe portage routes, and the eventual possibility of a circuit around the lakes. "Access to the area is a real problem," Miller said.

Audience member and HRM Real Property Planning manager, Jan Skora, speaking of an eventual link between the Bedford-Sackville Connector Trail, the Old Coach Road, Hemlock Ravine and Long Lake Provincial Park, said, "there's a very real possibility this will happen. Bedford highway is an interesting piece of the puzzle," Ratcliffe added.

Declaring the meeting "extremely helpful," Muecke said she and Ratcliffe, along with HNMTA, must now come up with a prioritized plan for HRM. "A lot more research has got to be done," she said, referring to the best practices she'll investigate. Muecke promised to come up with a draft document by the end of April.

Several audience members were anxious to see plans before more development gets underway. "It's important to get in now," said one, "before the Bedford South development."

Recreational trail users, and all members of the public who want to influence trail development in HRM will have another chance at an Open House, hosted by HNMTA, on May 2, at the Keshen Goodman Library.



King Lion Renee Quigley gets some help from eight year old Aidan Day and Chebucto Boys and Girls Club Treasurer Kim Mundle as he presents a cheque for more than \$4,000 to Boys and Girls Club Director Darlene MacLean following the Spryfield Lions Business Bowling Challenge fundraiser in February.

## Spryfield store tops in Canada

The Herring Cove Road outlet of the Countrywide Furniture national chain came out on top in a recent Christmas contest when Halifax resident Allison Jarvis won a \$5,000 shopping spree in a national contest.

Jarvis entered an on-line contest during December and was chosen the winner from more than 5,000 entries. The win allows her to select \$5,000 in furniture from The Halifax Countrywide Furniture outlet at 531 Herring Cove Road.

Store owner Neil Rogers says he is

delighted the winning entry will get to choose furniture from his store, one of 68 store located across Canada. "Allison is a delightful young lady and it is exciting to be able to help her move forward in her life with new furniture for her home," Rogers said.

In the photo below, Jarvis is presented with her winning certificate by store owner Rogers, left, and Countrywide Furniture's Business Development Manager in the Atlantic Region Peter Caddell.



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**DISCOVERING OUR PAST**

## From Rhodes Scholar to hermit, Roy Leitch was a radical thinker.

By Iris Shea, Historian  
Mainland South Heritage Society

A recent query from Major Michael Patton, a researcher in England, prompted this article on Roy Leitch. Many will remember, as I do, Mr. Leitch going door to door, late at night on his bicycle, selling his self-published newspaper, "STORM." From 1939 until just before his death in 1957, Mr. Leitch lived with his four cats in a cabin in the woods off Colpitt Lake Road in Spryfield.

From his remote cabin in the woods, Mr. Leitch produced multiple copies of his typewritten newspaper on a hand-printing press. The object of the paper, according to Leitch, was to try and persuade people to think for themselves.

Known by many as "Mr. Storm," he was reporter, editor and publisher. In 1941, he charged three cents a copy, and by 1947 the price was five cents. There were always two or three pages of small ads, from large businesses like Zellers of Nova Scotia, and from small local businesses like Ken's Hilltop Groceries of Jollimore Village. The front page, usually pink or yellow, sometimes contained a drawing done by a local school boy.

Residents in the area accused Mr. Leitch of practicing Communism, of being "a dangerous man" and "an insane man." Leitch reported these accusations in his own newspaper. The only accusation he denied is that of practicing Communism, saying he was even more radical than the Communists, but that he believed in "Freedom and Democracy." Although his controversial writings offended many, others applauded him for his outspoken views on clergy, politicians and lawyers. He opposed all form of government and formed the Christian Socialist Party (he was its only member).

Mr. Leitch was not always so down on the "Establishment." In a 1941 issue of his newspaper, referring to himself as "Storm" and writing in the third person, he asked "Is Mr. Storm Crazy?" He answered his own question, pleading guilty to the charge of insanity, he wrote: "He was insane when he served his country at his own expense in the first Great War. He was loony when he expected politicians to give him back his job after returning from the Front. He was suffering from mental aberration when he thought so-called Christians would applaud his self-sacrifice and give him at least a 'thank you' for it." (Leitch fought for his "King and Country" in World War I, serving in the Serbian Army when Canada and Great Britain turned him down for health reasons).

Roy Leitch was born in Charlottetown, P.E.I., in 1885. He excelled in academics and athletics at Prince of Wales College and at Dalhousie University, playing hockey and football on several championship teams. He received his Arts degree from Dalhousie in 1908 and attended Oxford University that

year as a Rhodes Scholar, concentrating on English and Economics.

When Leitch discovered that Canadian Rhodes Scholars were not permitted to play on the Oxford hockey team because of an agreement with Cambridge University, "to prevent a massacre," it is said that he organized the first Team Canada and was instrumental in the development of European Ice Hockey. On the front of their jerseys was a red Maple Leaf. For those with an interest in the Oxford Canadian Team, see this website by Major Michael Patton: <http://www.ouihc.org/history00.asp>. Several photographs of the team appear on the website, and Roy Leitch is believed to be seated in the front row in one of the pictures (the only man wearing glasses).

In 1929, Mr. Leitch taught English Composition at Dalhousie University and had

the respect of the professors with whom he worked. This earned him the title "Professor



Roy Leitch's Cabin the Woods, 1940s.

Leitch." In 1937, his many friends in the academic world raised money for him to fight in

the Spanish Civil War against General Franco.

When he moved to Spryfield in 1939, one of the first things he did was organize a Boys' Club, called Unholy Angels. He believed that young boys needed to be given activities to prevent them from getting into trouble with the law. With the boys' help, he cleared some of the land around his cabin and made a tennis court. He took the boys on hunting and fishing trips and taught them wood lore. On many occasions, according to his obituary in the "Halifax Mail", 10 May 1957, boys in need were cared for in Mr. Leitch's modest cabin. Although he was particularly opposed to lawyers, arrangements for his funeral from the Halifax Funeral Home were made by a group of Halifax lawyers. His only surviving relative was Mrs. Gordon Leitch of Charlottetown.

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# Soccer Coach Spencer turns player but keeps on coaching

By Heather White-Brittain

People give back to their community in many different ways and it is touching to see members of a community take on a volunteer duty that goes beyond the call of duty. Certainly, this is true for local resident Janet Spencer. For more than 19 years, Janet has been giving to the sport of soccer.

Over time, Janet has done a lot for soccer. The mother of three children, now aged 24, 22 and 16, she began volunteering when her children were younger. Always athletic and interested in sports, it was a natural thing for Janet to do.

Interestingly, Janet no longer coaches her youngest son. "I stopped coaching him because you realize as a parent, when it is time to move on, especially with coaching. However, I loved the game and watching the players grow and develop." So as a result, Janet has been coaching other young players and continues to do this year round.

These days, Janet is coaching the U12

girls for the recently merged Halifax City Soccer Club. Janet enjoys this level of coaching and the gender. "This age level typically demonstrates a definite turning point for many girls," she said. "They are keen and motivated and want to have fun."

As Janet underlines these points, one cannot help but understand that alternatively, there must be a good coach behind this to channel all of these ingredients into the right mix. So with that thought in mind, Janet adds that it is important for these girls to have fun, too. Because of this, as a coach Janet carefully maintains the balance of encouraging and nurturing her players' development while maintaining a fun and healthy team for the girls to belong to.

Coaching aside, Janet has made a big commitment to her own personal soccer development. Currently, she is working toward her Pro B Level in Coaching. Also, Janet is being mentored at the Regional Training Centre and continues to attend seminars and receive training. Like any good coach, and student, too,

Janet notes how there is so much to learn. "The more I do training and attend seminars, I realize that there is so much to learn," she says, admitting she feels very fortunate to have mentored under some "brilliant" coaches.

Mentoring, Janet believes, is something that is very important for any sport and especially soccer. She believes that it is really important for female athletes to get involved and mentor other players that are coming along. When she was a young girl growing up, Janet played hockey and really enjoyed it and it was during a time when there were not a lot of girls playing hockey.

Fittingly, Janet reveals that she has been playing soccer herself since 1996. Back then, Janet and a small group of women, formed the first women's soccer team in Halifax. Today, there are 24 soccer teams in the Metro area for Women over 30. Currently, Janet plays for a 7 Aside Team called the 'Wild Cats.'

Downplaying her contribution to soccer, Janet graciously acknowledges that none of this development could be ongoing without support systems. At home, her husband David has been very caring and helpful. Janet

see "Soccer" pg. 13



Coach Janet Spencer presents a medal to one of her soccer players Oliva Newton while a volunteer stands ready to offer more medals to Spencer for handing out to other members of the team.



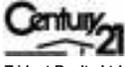
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## If You're in Business... You should be in "The Book"

Through a grant approval by Action For Neighbourhood Change, the Spryfield and District Business Commission is undertaking a project to create a "Business Directory" of local business.

The Directory, which will include all business interests from the Armdale Rotary to Sambro, will be mailed directly to approximately 12,000 residents living in Armdale, Purcell's Cove, Spryfield, Herring Cove and throughout the Sambro Loop.

The Commission has hired Mr. Ian Bigenwald to conduct the research and gather business information for the Directory. Any business wishing to be included should contact Mr. Bigenwald at 479-5004 or via e-mail at [ian@umlah.com](mailto:ian@umlah.com).

The intention is to produce a Directory in time for the Spryfield and District Business Commission Annual General Meeting planned for April 25 at the Spryfield Earl Francis Memorial Legion. For further information contact Mr. Bigenwald or Reg Horner, Executive Director, at 479-6397.



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# Mental Health Planning sees opportunity at "The Village"

A group of local agencies and residents have formed the Spryfield and Area Mental Health Planning Committee. They advocate that funding and resources be provided to get mental health services out into the community. In particular, they are urging Capital District Health Authority and the Department of Health to commit funding immediately to take advantage of available community space.

There is currently a critical opportunity to secure a community space for Abbie Lane Mental Health at the Village at Bayers Road. This is an ideally situated space as it is a hub

close to many referrals coming from Fairview, Clayton Park, West End Halifax, the peninsula and Spryfield. The Village at Bayers is also home to a range of other public and community based health and social service groups.

The Spryfield and Area Mental Health Planning Committee is concerned that this opportunity will be lost unless Capital Health and the Department of Health commit funds within the 2006/2007 fiscal year. The Committee's long-term vision also includes sites for mental health services located within Spryfield.

During Chebucto West Community Health Board consultations, residents throughout Chebucto West consistently raised mental health and access to mental health services as a top priority in 1998, 2001 and 2005.

Residents at the Healthy Minds Café, held in Spryfield in November, described difficulties in accessing services. They commented on travel distances and wait lists as well as a lack of information about what services exist.

Residents are clear in their desire for delivery of mental health services closer to home. There is thus great excitement and hope in the community around Capital District Mental Health Program's Strategic

Planning process. People are inspired by the vision of stigma-free, accessible community spaces nurturing healthy people and healthy minds.

The Spryfield and Area Mental Health Planning Committee includes groups and agencies interested in mental health, as well as people from the Captain William Spry Community Centre, Healthy Minds Cooperative and the Chebucto West Community Health Board. If you are interested in being on the Mental Health Planning Committee or getting involved in mental health planning, please contact Stephen Ayer (404-3504) at the Healthy Minds Cooperative.



St. Paul's Family Resources Institute's new Coordinator Tammy Barbour, centre, stands with Your Health Matters fourth year Dalhousie University student organizers Nickie Bourdage and Terry Lemoine who organized the one day health fair at the Captain William Spry Community Centre in February.



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# Lawyer Clyde Paul celebrating 33 years of serving his community

By Des Writer, Staff

Clyde Paul isn't afraid to admit he's short in stature. In fact, he'll joke about it. Seated behind his imposing and busy desk in his Spryfield Clyde Paul and Associates law office, he tells how his lack of height delayed his early education. "I was held back two years," he says.

Brought up in Fairview, he should have started school in Edgewood School, Bayers Road. "The school board determined I was too small to walk that far," he says, "so they held

me back two years. I'm not so big now," he quips.

After Edgewood, he went to St. Andrew's School until grade 9, then on to Queen Elizabeth High School, and subsequently Dalhousie University, graduating in Commerce and Law. "It was my father's wish primarily," he says, "I was first destined to be a Baptist minister." It's a remark that has his office manager, Kathy Conrad, chuckling in disbelief. "He has a good sense of humour," she admits.

After Law school, Paul articulated for nine months with McInnes, Cooper and Robertson, before joining the firm of John M. Buchanan

and Associates. This month marks his 33rd anniversary with the firm, which he took over in 1978, when senior partner, John Buchanan, became Premier of Nova Scotia. Buchanan still serves as the firm's part-time counsel.

Longtime high school and university friend, and a former partner in the Buchanan practice, Eric Thomson, remembers their university days. "I played football and was involved in the fraternity," he says. "Clyde had his own social life and commitments, but we worked together on our courses."

One of those commitments was Paul's future wife of 33 years, Patricia. "She put up with the two of us studying together," says Thomson. He recalls going one weekend to Pat's home in Yarmouth. "We studied together the whole way, there and back," he says. "Pat was always there for us with a late-night snack." Paul also reflects on those days. "My wife virtually put us through Law school," he says.

Having served as first treasurer of Captain William Spry Community Centre; president, for the seventh time, of Armdale Fairview Rockingham Lions Club; Director and National Chairman of the Lions Foundation of Canada, and; Chair of Halifax-Dartmouth Natal Day Steering Committee, Paul has an enviable and tireless record of community service. "I don't know whether it's the John Buchanan philosophy of doing things for the

community or not," says Thomson, but "he's given up some of his own time," referring to Paul's passions for golf and fishing.

"Clyde's one of the most giving people you'd ever want to meet. He cares about people," says Thomson. "He gives so very freely to the Lions, and Pat supports him in this. The Natal Day thing is such a huge commitment."

"You name it, I've done it," says Paul, and he's not talking only about community service. He's passed on his expertise for fly-tying in television shows, and in classes for Halifax Regional School Board's Continuing Education program. He's dabbled in wood-working and tole painting. "Until the market fizzled out; then I took up golf," he adds.

Asked if he plays any musical instruments, he recalls going to the first night's instruction in guitar. "The instructor told me, 'with those stubby fingers you'll never play guitar,'" he says. "He plays his own trumpet," Conrad interjects. "They have a lot of fun at my expense," says Paul, acknowledging he'll be cross-dressing for the Mardi Gras at St. Michael's Roman Catholic Church.

Paul takes justifiable pride in the busy practice he's developed, along with associates, Russ Quinlan, Lola Doucet, and Kenneth Armour. It's a standing joke they've bought and sold (in conveyancing) every house in

see "Lawyer" pg. 14



Spryfield lawyer Clyde Paul sits behind the desk he has operated from for more than 30 years practicing law on behalf of residents of this community.

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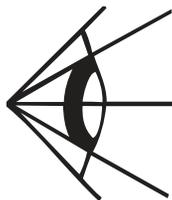
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# Napier taking employment career into private business

By Akiko Lovett, Staff

When Isobel Napier started her career in nursing more than thirty years ago, she never expected to be where she is today. Napier, who retired early as head nurse from a school for the visually impaired, decided she would start her own business.

For three years she ran a massage therapy clinic, all the while missing her former career as

a nurse. So a year ago she decided to make a switch. She sold the clinic and opened Napier Travel Health, a clinic providing advice and immunizations to people who are traveling abroad. It seemed like a natural transition for the Halifax native, who also worked with VON doing immunizations.

"I always wanted to have a business centered around nursing," says Napier. "Sometimes it takes most of your life to come to where you want to be."

Napier says it's the perfect time to get into the travel health business. "The world is changing so much," she says. "People are traveling more. Twenty years ago this wouldn't have been a business."

For her, this new career is perfect. The pace is slower, which she enjoys, and she is working in the field of nursing, which she loves. "It's a great job to grow old at," says Napier.

She says it's her desire to stay current and be challenged intellectually that has really brought her to work in this field. Not only does she have to keep up on changes in the medical field, but she is also learning about all sorts of different cultures and countries.

"I recently met someone who was going on a pilgrimage to Mecca," she says. "People are doing the most wonderful things and I'm in the background as part of it all." She also recently immunized the head of the Red Cross who was going on a trip to Sri Lanka.

"Sometimes I think how amazing it is that all of my experiences in the past have come together to bring me where I am today," she says. "Don't ever give up as you get older, there are always new opportunities."

If you are planning to traveling and need advice or immunizations, you can contact Isobel at 902-423-2455 or at the Armdale Professional Building, 2625 Joseph Howe Dr. Suite 21.

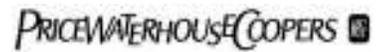


Isobel Napier participates in the Maritime Marlin Travel Trade Show at the World Trade and Convention Centre in January. Napier runs a travel health clinic that provides advice and immunizations to people who are travelling abroad.

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# Government must fund Northwest Arm Drive improvements, says MLA

By Graham Steele, Halifax Fairview MLA

There is a significant safety issue on Northwest Arm Drive, which cuts through my constituency from Main Avenue in Fairview down to the Old Sambro Road.

It is a provincial highway, so as your MLA I am responsible for fielding your complaints and concerns. Urgent matters, like dangerous debris on the road or a collision, should, of course, go directly to the police or to the

Department of Transportation.

The intersection of Northwest Arm Drive with Walter Havill Drive and Albert Walker Drive is especially dangerous. A combination of design flaws and speed has led to numerous collisions. There have been so many collisions, in fact, that Transportation staff are hard-pressed to think of a more dangerous intersection in Western HRM.

I don't need to tell residents of the Stoneridge subdivision, because they see and

hear the collisions and their aftermath. Many residents of the Roxbury and Stonebury condominium buildings overlook the intersection, and shudder when they hear the squeal of brakes and the crunch of metal.

The problem was first raised with me back in 2004. I contacted the Department of Transportation, raised the issue during Question Period in the Legislature last April 21st, and spoke about it again in the Legislature on May 3rd. On June 8th last year, I organized a meeting of Transportation staff and area residents at the Captain Spry Centre. City Councillor Linda Mosher also kindly agreed to attend, and she brought with her a representative of the Halifax Regional Police. The meeting was well-attended and I thank all residents for their input.

We came out of that meeting with a clear acknowledgement from Transportation that the Walter Havill intersection is a problem that needs to be fixed. All that's needed now, we

were told, was funding. Since there was no funding in the 2005-06 budget, we'd have to wait for the start of the next fiscal year in April 2006.

Well, it's budget time. In mid-February I wrote to the Minister of Transportation to remind him about the problem, and urging him to provide the necessary funding in the 2006-07 budget.

We won't know for sure if the funding is there until the budget is presented to the Legislature, likely during the first half of April. The government is "in transition" right now, with a new Premier and a new Cabinet sworn in on February 24th. This column is being written before the swearing-in, so I don't know who the new Minister of Transportation will be; but you can be sure that he or she will be hearing from me in short order.

Your safety on Northwest Arm Drive is a priority I will continue to pursue until the money is allocated and the work is done.



Halifax Fairview MLA Graham Steele says the Department of Transportation has rated this intersection one of the worst designed in the province. Residents of Stoneridge Subdivision want the intersection improved. Steele is asking questions.

# More taxes should mean more services – Raymond

By Michele Raymond  
Halifax Atlantic MLA

Winter finally came, late, this month, bringing with it a couple of storms and a single snow day for anxious students. It also brought the usual inconveniences: delays waiting for the plow, demands of snow shoveling, and, of course, higher heating bills.

For people living in outlying areas of the Halifax Regional Municipality, including much of Halifax Atlantic, these can be more than inconveniences.

Since 1995, when Halifax County was rolled in with the former cities of Halifax, Bedford and Dartmouth to create HRM, an area larger than Prince Edward Island, residents have been left with an annoying patchwork of servicing, and transportation problems.

After amalgamation, the Province kept responsibility for arterial roads, those routes connecting communities, like the Ketch Harbour and Old Sambro Roads. HRM took over the streets of the former cities, and, in the County area, took over any village or subdivision streets already being maintained at public expense, whether by the County or the Province. Many of these streets are not actually serviced by HRM, however; HRM contracts out their servicing to the provincial Department of Transportation, at a cost of approximately \$5000 per km each year.

I have been requesting from HRM officials a list of roads which are now serviced at HRM expense. The Department of Transportation

has also requested such a list, so far without success.

We know that every resident of HRM—urban, suburban or rural—pays for snow and ice control at the same rate, as part of their base municipal taxes (last year 0.031 cents per \$100 of assessed property value). Unfortunately, it's still impossible to know which residents actually receive these services, either directly or as contracted out.

This raises a broader question. Property assessments are rising across the province, and in many municipalities, so are property taxes. Yet it seems that in Halifax Atlantic, at least, municipal services aren't keeping pace with the rising taxes paid.

It's public knowledge that property assessments in HRM Districts 17 and 18 have increased much more than average, but so far, I've had no luck in getting the actual figures for the total assessment base here, despite requests.

This matters, because so many of the issues brought to me as a provincial representative are in fact municipal problems: flooding on Spryfield streets, local improvement charges for bringing in sewer and water, lack of municipal water, lack of public transit, scarce recreation facilities or deteriorating facilities, such as the Lions Rink, and the lack of a current municipal plan for the area.

If residents of this area are paying more in taxes, shouldn't they be getting more in services? Spring is coming; it's time to clear things up!

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# Property tax system, governmental jurisdictions need adjustment

By Linda Mosher  
Councillor District 17

In the last edition of The Chebucto News, I wrote about rising property assessments in HRM. In this issue I would like to consider possible options to stop these increases. When looking for solutions to stop continual property tax increases, one must consider a few key facts.

First, property taxation is regressive, it does not indicate a person's ability to pay, as does income tax or sales tax. Second, the Province determines assessed values and HRM levies the tax rate. Unfortunately, 80% of HRM's revenues come from property taxes. Also right off the top a full 25% of these taxes must go to the Province to fund services that are in their mandate, and not the Municipality's.

One solution is to look at other Municipalities in North America and see how they have addressed property taxation concerns. In doing a bit of research, I found that many Municipalities only reassess properties when they are sold and other properties are only allowed to increase by factor, such as two percent per year or inflation. This is a much fairer way to assess properties, the process would be cheaper, and it would be easier for those on fixed incomes to budget.

We as Municipal leaders have some responsibility to look at all municipal expenditures. I have requested a line by line assessment of all expenditures for the major departments. We

need to cut out all unnecessary spending. We must ask if expenses are necessary and are they within our mandate? I have added the issue of municipal expenditures and HRM's mandate to the Council agenda. I want, as a matter of procedure, to ensure that all staff reports recommending an expenditure of funds include a section that identifies whether or not the expenditure falls within our clearly defined mandate. If not, the report must include the rationale for the expenditure. All too often HRM staff recommends and Council approves funding for initiatives that are not our responsibility, such as building high school gyms. This has to stop, as HRM cannot be all things to all people on the backs of property tax payers. The final issue is that of the Provincial government's taking Municipal revenues to fund their own responsibilities, such as corrections, public housing, and education. This is an issue for all fifty-five Municipal units in the Province.

## NDP remains committed to making parliament work for you.

By Alexa McDonough,  
MP Halifax

Thank you for the privilege of continuing to represent you in Canada's Parliament. I am honoured to be your voice in Ottawa and enthusiastic about working with Jack Layton's

experienced, expanded New Democrat team. Millions of Canadians voted to elect New Democrat MPs from Halifax to Victoria, from Western Arctic to Windsor because they know they can count on us to get results for people.

Giving seniors the dignity they deserve after a lifetime building this country; Delivering opportunities for families needing affordable childcare, access to education and reduced student debt; Protecting public, not-for-profit, single-payer health care and cleaning up our environment; and Cleaning up politics. I am deeply concerned about Stephen Harper's recent cabinet appointments which smack of the same undemocratic, unethical behaviour practiced by previous Liberal governments.

The report is fair and makes sense, as it calls for each level of government raising and

spending money within their respective mandates. If the Province was to accept the equity and fairness principles, then Municipalities would assume ownership of all roads in designated urban core areas and the Province would fully fund education, corrections, public housing and equalization from their own revenues. To put this in perspective, the mandatory monies that HRM pays to education, not including supplementary education funding, are almost \$90 million. One can only imagine what HRM could do with this extra funding. We could lower the property tax rates to reflect increases in assessments, we could provide for more recreational facilities, better roads, improved transit and policing. The list is very long. I will be working hard through HRM, UNSM, and on my own to ensure that our Provincial representatives support equity and fairness and allow municipalities to use property tax revenues to support municipal needs.

Conservatives' campaign promises for greater political accountability, ethics, and democratic reform? Did we misunderstand Harper's promises to reform the Senate and elect senators? Is Harper really standing up for Canada by undemocratically appointing these two individuals to his cabinet?

During the election constituents I met talked about the need for ethical conduct in government and for greater political accountability to the constituents who elect them. They want honesty, fairness and transparency to be the rule, not the exception, in political life. So how can we clean up government? How can we ensure politicians remain accountable to the citizenry?

The NDP's seven-point Ethics Package to reform Parliament includes fixed election dates, electoral reform with proportional representation, tougher laws on government lobbying, and an end to patronage appointments.

The NDP has also pushed for a floor-crossing bill that would prevent MPs changing parties without first resigning their seats and running in a by-election. Sackville-Eastern Shore NDP MP Peter Stoffer first introduced this bill in 1999, long before Belinda Stronach, Scott Brison and David Emerson walked across the floor to join another political party.

His floor-crossing bill can help end the cynicism felt by voters in this country and bring accountability back to our constituents. We believe that constituents must always decide our political futures. That's who we work for. We will re-introduce this bill in the House of Commons as soon as the Parliament session resumes. We are confident that we can build support and momentum for this legislation.

We will be pressing the new government to adopt our Ethics Package and to keep their promises of greater accountability and ethical behaviour. Canadians voted for meaningful change. You can count on the NDP to hold this government's feet to the fire when parliament resumes.



### Linda Mosher

HRM Councillor, District 17

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## District 18 to receive some of HRM's "advanced funding"

By Stephen Adams  
Councillor District 18

The past six months have been challenging for Council and staff as a number of significant issues are coming to fruition including the Regional Plan, the Commonwealth Games Bid and our budget.

The budget process, which is usually completed by April, will not be finished until late spring. That being said, Council recently passed a motion for "advanced funding approval" for approximately \$5.9 million. These monies will be used to provide funding for numerous projects.

District 18 will get some of this money for a variety of items. The McIntosh Run Bridge near the former B.C. Silver site was approved for \$50,000. This has been a long-standing problem and will now be resolved. The Captain William Spry Centre has about \$201,000 earmarked for recreational upgrades. At the time of writing this article details as to the scope of work were not available. As soon as I know these will be outlined in a future column.

Another project of great significance is \$46,000 of funding to be spent on the Spryfield Lions Rink. This is additional funding to that previously approved to correct some deficiencies.

At the time of the writing of this column, HRM has yet to sign-off on the Management Agreement so as to allow the Lions Club to operate the facility and not be burdened with excessive capital improvements. This will

allow the Club to continue with their great community work. I would like to express my sincerest gratitude to King Lion Renee Quigley, Lions Darrell Wentzell, Eldon Hubley, Carl White and the entire Club for their patience and understanding. It is greatly appreciated.

As a number of storms have hit us in recent weeks, the need for sidewalk snow removal in certain areas is brought to light. There are significant inequalities in HRM as some districts have plowing and others do not. The issues lies in the number of sidewalks and the lack of sidewalks in some areas as well. For example, an area rate in District 18 would be unfair as the majority of residents do not have sidewalks. In Herring Cove there is a short section of sidewalk which is funded by an area rate. This too has been considered unfair by some.

As Council discusses its strategies I will present an option which should offer help to some residents and not burden the majority of residents with a significant increase in taxes. My proposal is as follows: I would recommend that we plow sidewalks on the main streets including but not limited to Herring Cove Road, Old Sambro Road, Dentith Road and Leiblin Drive. These roads have more lanes than others or they accumulate a large amount of snow. This is evidenced by the large chunks of ice that are plowed on the sidewalks. This makes it difficult if not impossible to remove the snow. By incorporating the cost of this service in the general tax rate the amount would be marginal.

## Soccer

continued from pg. 5

acknowledges that "she couldn't do any of this without his support." On the field, Janet says that much of the success comes from the commitment of the players and that behind every successful team, there is always a great

Assistant Coach and a great Team Manager.

As Janet reflects on accomplishment, she sums it up by saying that "at the end of the day, if I have made the difference for even one kid and I see that player feeling good about herself, well, that's when I feel most accomplished."



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<b>SPRYFIELD ANIMAL HOSPITAL</b>	<b>477-4040</b> 171 Herring Cove Rd Dr. Jim Gillis Dr. Cynthia McLeod

# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

**FLEMING, Darlene Anne** - 48, Harrietsfield, wife of the late Doug Fleming, passed away at her residence. Born in Halifax, she was a daughter of Vivian (Hiltz) Fleet, Ecum Secum, and the late Gerald Fleet. Darlene had formerly been employed as a daycare teacher at Riverview Children's Centre. Darlene loved her family dearly, especially her grandchildren. She enjoyed spending time with her closest friends, whether it be dancing or shopping. She was a Montreal Canadiens fan. Darlene loved angels and always enjoyed adding another to her collection. She is survived by her loving children, Terry Fleming (BJ), Harrietsfield, and Nadine Fleming (Terry), Halifax; her cherished grandchildren, Mackenzie, Tyler, Taralee, and Trenton; her mother, Vivian; brother, Arthur (Anna) Fleet, Sackville, and sisters, Flora (Robert) Chinn, Milford; Karen (Pierre) Sevigny, Hammonds Plains, and Cheryl Fleet, Angus, Ont. She will also be remembered by her mother-in-law, Marie Fleming; numerous cousins, nieces and nephews; one great-nephew, as well as her "best friends" Nancy, Gail and Annette. She was predeceased by her loving husband, Doug; her father, Gerald Fleet, and father-in-law, Clement Fleming. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Road.

**PYE, Florence Helen** - 64, Herring Cove, passed away in the New Halifax Infirmary, QEII. Born in Halifax, she was a daughter of the late Eldon and Florence (Boutillier) Hartling. Fluffy loved her family dearly and her memory will be treasured by her sons, Gordon (Cephise "Cey"), Whites Lake; David (Tammy), Fairview; her grandchildren, Gordon Jr., Jaidyn, and Raianna; brothers, Ernie (Eileen), Spryfield; George (Linda), Spryfield; Carl, Porters Lake; her sisters, Jean Hartling, Spryfield; June (Donald) Glenn, Spryfield; Marion Ford, Hammonds Plains; Stella Samms, Chezzetcook; and Mary (Bill) Strachen, Timberlea; as well as numerous cousins, nieces and nephews. She was predeceased by her parents, sisters, May and Susie; brothers, Guy, Clarence, Gerald, Arthur, and Phillip. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home (2005) Ltd.

**CONRAD, Dorothy Josephine "Dot"** - 70, Spryfield, passed away suddenly at home. She was the daughter of the late Seretha and Joseph Keating. Dot's life revolved around her family; she took much joy in being there to lend a helping hand and supporting all their endeavours, especially their sports. She loved music and was her husband's number one fan at his gigs. She will be greatly missed by her family and her coffee and music buddies and even Chance their faithful dog! She is survived by her husband of 49 years, Walter "Curly" Conrad; daughters, Loretta (Keith) Higdon, Seretha Lynn Conrad (Tony) Skerry, Spryfield, and daughter-in-law, Bonnie, Halifax; sons, Walter (Kathy), Herring Cove; Carl (Claudette) and Roger, Spryfield; grandchildren, Belinda, Candice, Matthew, Jessica, Ashley, Erin, Daniel, Amanda, Anthony, Adam, Chad, Chelsea and Breana; great-grandchildren, Taylor and Sierra; brothers, Harry, Albert, Collins, Claude and Joseph; sisters, Marie, June and Shirley. She was predeceased by her son, Brian; sisters, Blanch and Edith, and brother, Lloyd. Funeral service was under the direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Spryfield. A family burial will follow at a later date.

**DOYLE, Jean Sandra** - 69, Halifax, passed away peacefully in the VG Site, QEII. Born in Shearstown, NL, she was a daughter of the late Fred and Sarah (Saunders) Dawe. Jean is survived by her daughter, Katherine Moore, at home; nieces, Denise, Pat, Elizabeth and Cathy. She was predeceased by her first husband, Douglas Moore;

second husband, Maurice Doyle; sister, Evelyn Kelly. Funeral arrangements are under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Spryfield. Interment was held in Gate of Heaven Cemetery, Lower Sackville. A special thank you to Dr. Mann and the staff of 8A of the VG Site, QEII.

## Lawyer Clyde Paul

*continued from pg. 7*

Spryfield twice over. "It's probably a given fact," says Paul. "Seventy-five to 80 per cent of everything that goes through Spryfield comes through this office. We've built a good reputation doing quality work for a fair price."

Asked if he's thought about retiring, he says "not in the immediate future." He admits, "I'd like to have a little more time to myself, and semi-retire," but confesses, "I'm here seven days a week." When his doctor told him to play more golf because of his high blood pressure, he says, "I played only seven holes because everything was playing on my mind."

Even after every round, archetypal workaholic that he is, he still checks in at the office.

Is there time to relax? For Clyde Paul, one wonders. He enjoys "movies that give you a happy feeling," has a preference for the Lone Star channel, and loved comedian Jackie Gleason. "He had to be one of my all-time favourites," he says. Perhaps he should think of going into politics, like his mentor, John Buchanan, I suggest.

He pauses, summoning up his lawyerly skills. "I've spent 33 years building up a reputation. Why would I want to flush it down the toilet?" For this pillar of the community, it's a great response!

Chebucto Publishing Inc., the publisher of the *Chebucto News* would like to inform its readers of the change of our facsimile number.

Faxes can be sent direct anytime to: **477-NEWS (6397)**

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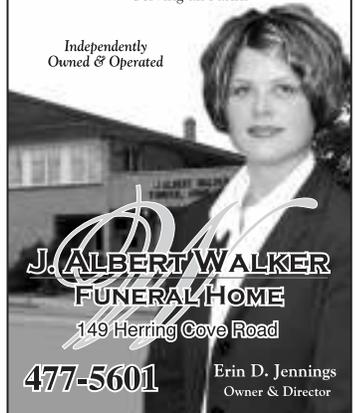
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# Spryfield Lions - We Serve

### Lions Club Events

#### Bingo

Thursday and Sunday evenings  
Recreation Centre - Behind  
Spryfield Lions Rink  
Doors Open 6 pm  
Mini Bingo 6:30 pm  
Regular Bingo 7:30 pm

#### Flea Market

The Spryfield Lions Flea Market will be temporarily discontinued until further notice.

#### Crib Play

Call for details

For Information Call 479-2917

## Spryfield Lions Offer Thanks

The Spryfield Lions Club wishes to thank all of the teams, bowlers and pledge sheet supporters for their involvement in the 4th Annual Business Bowling Challenge. The event raised more than \$4,000.00 for the Chebucto Boys and Girls Club. The Club wishes to offer its special thank-you to sponsoring businesses including Rogers Video, Bowlarama South Centre Mall and Hershey Canada.

### The Spryfield Lions Club meets the second and fourth Tuesday of each month

For information or to book space in our Club Board Room, Recreation Centre or Den call 479-2917

NEW MEMBERS WELCOME



# Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to rhorner@ns.sympatico.ca

**Dinner Theatre**

St. James Dinner Theater, Sambro, will present "Whose Garden" May 5, 6, 12 and 13. Your choice of lobster or roast beef. Tickets are \$25.00 and go on sale March 13th. Contact Eva Mae at 868-2660 for tickets or information.

**Class Reunion**

The J.L. Ilsley Class of 1986 is planning a 20-year reunion this summer to be held August 10 to 12. For more information the website is provided or you could contact Peter Jollimore or David Jollimore at djollimore@yahoo.com.

**Business Networking**

Spryfield Physiotherapy will host the fourth "Business Networking" session at it's Herring Cove Road and Denlith Road offices on Marc 21 from 5 to 7 pm. All members of the Spryfield and District Business Commission are welcome to attend.

**Lacrosse Registration**

Halifax SW Hurricanes Lacrosse Club is currently taking registrations for the upcoming lacrosse season. Registration forms are available on-line at www.eTeamz.com/HalifaxLacrosse. For more information contact Michelle Brewer at 479-2257.

**Step Up To Leadership**

Step Up To Leadership, a 12 week curriculum for developing community leaders, will be held for citizens of the Spryfield Sambro Loop Tuesdays from 6:30 to 9 pm beginning February 7 at the Captain William Spry Community Centre. For information contact HRM Community Developer Norma MacLean at 479-4487 or Action For Neighbourhood Change's Marjorie Willison at 477-0964.

**Seedy Saturday**

Celebrate. Spring is coming. The Urban Farm Museum Society will hold the 8th Annual Seedy Saturday March 11 at Emmanuel Church Hall, Herring Cove Road from 2 to 4:30 pm. Swap or buy seeds and visit with seed and plant vendors. For information or to book a table contact Jean White at 477-2933 of e-mail jphwhite@ns.sympatico.ca.

**Heritage Meeting**

The Mainland South Heritage Society meets the last Thursday of each month at the Captain Spry Library at 7 pm. Next meeting March 30th.

**Urban Farm Meeting**

The Urban Farm Museum Society meets the second Monday of each month at Captain Spry Community Centre at 7 pm. Next meeting March 13th.

**Spryfield Residents**

The Spryfield Residents' Association meets the last Wednesday of every month at the Captain Spry Community Centre at 7 pm. Next meeting March 29th.

**Flamenco Dance Class**

Ole! In Motion presents flamenco dance workshops taught by an instructor from the El Viento Flamenco School of Dance for young people ages 5 to 12 in our community. Classes will be held at 14 Purcell's Cove Road in the dance studio starting in April on Mondays from 3:30 to 4:30 pm for 15 weeks. Fees are \$45 (\$3 per class) and will be waived for families requiring assistance. To register, please contact Josephine Egan at 423.2651 or email josephine@saintmarymagdalene.ca. For more information, visit www.halifaxweddingchapel.com/ole.html. Ole! In Motion is an initiative of the Church of Saint Mary Magdalene, Spryfield and supported by the Chebucto West Community Health Board and Active Halifax Communities.

**Concerned about your use of Tobacco?**

Addiction Services will be holding one of their "Getting Started" sessions on Wednesday March 29, from 6 to 7 pm in room number 3 at the Captain William Spry Centre. This is an excellent information session for people wishing to quit smoking. Information will include: approaches to quitting, services available and what to expect from quitting. No registration is required nor is there any fee. Everyone is welcome. For more information you may call our smoking cessation line at 424-2025 or Gordon Power, 479-4494 at the Spry Centre.

**Legion Notes**

The following events will be held at the Earl Francis Memorial Legion:  
Bingo – Every Sunday beginning at 1 pm – doors open at noon;  
Karaoke – March 10 and 24 - 9 pm to 1 am – Members and Guests welcome.

**Senior Dances – March 6 and 20 - 1 to 5 pm –**

Featuring Newfie George.  
St. Patricks Day Dance – March 17 – 9 pm to 1 am.

**Library Happenings:**

March Break Specials  
Puppet Show - Tuesday March 14 - 10:30 am - Ages 3+ - Patrick the Pig and Moe the Crow invite you out for some laughter and fun! Join your favorite puppets and take in the show "The Sorcerer's Apprentice."  
Magical Craft - Tuesday March 14 - 10:30 am - Ages 3+ - Create a magical craft that will impress all of your friends!  
Secret Sea World Craft - Wednesday March 15 - 10:30 am Ages 5+ - Using molding clay, design and sculpt a diorama, relief or necklace.  
Lamar - Magic with Science - Wednesday March 15 - 2:30 pm - Ages 5+ - Lamar hits the stage to entertain audiences with his special brand of magic! He may even let you in on a few magical secrets that can be explained through simple science.  
Magic Tricks Workshop - Thursday March 16 - 10:30 am - Ages 5-10 - Can you keep a secret? Come and learn the secrets to turn you into a magician, able to amaze and mystify your family and friends!  
Theatre on a Dime - Thursday March 16 - 1 pm - Ages 8-12 - Ever thought of becoming a mime, trying your hand at juggling, spinning plates or acting in a dramatic sketch? This workshop is led by the talented entertainer, Kathy Gillivray of A Pig's Jig.  
Children's Programs  
All Ages Puppet Shows  
Alternate Saturdays 11 a.m. – March 11 Patrick and the Beanstock: March 25 Aladdin and the Magic Lamp. For group bookings, call Cindy Sampson Fleet at 490-5796.  
Preschool Family Drop-In - 45mins.  
Tuesdays / 10:30am - January 10 - March 7 - Ages 0-5 Preschoolers accompanied by an adult friend are invited to drop by the library for lost of entertaining activities.  
Storytime  
Fridays at 10:30 a.m. ages 3-5. March 10 and 26 - No registration required. For more information, call Cindy Sampson Fleet at 490-5796.

**Reading Support**

Children's Reading Support-Tuesdays to Thursdays 3:30-7:30 p.m. and Saturdays 10 a.m.-2 p.m. Help children over reading difficulties and develop a love of books. Volunteers meet children at the library for an hour or more of reading, games and activities each week. For more information, call Dorothy Minaker at 490-5714.  
Adult programs:  
Book Discussion Group for Adults- The Captain Spry Book Discussion Group is a great way to meet new people and share the enjoyment of good books in an informal, relaxed atmosphere. Wednesday March 15 – 7 pm – Hat Box Letters by Beth prawning.  
Artist Exhibition  
Unique watercolor artist, Golumba Kim who combines both Eastern and Western artistic traditions is having her fifth solo exhibition at the Craig Gallery, Alderney Landing, March 3 to 31. Opening reception, March 2nd from 7 to 9 pm. All welcome.

**Taoist Introduction**

The Taoist Tai Chi Society of Canada, Atlantic Region, is offering a 5-week introductory course (first 17 moves) in Taoist Tai Chi to be held at the Rockingham United Church, 12 Flamingo Drive, starting March 23rd. The course runs Thursdays 7 pm to 8:30 pm. For more information, call the Atlantic Regional Centre at 422-8142 or email ttcatlantic@ns.sympatico.ca. Website: www.taoist.org.

**Next at TAG**

"Enchanted April," from the novel by Elizabeth von Arnim. Directed by Gisela O'Brien, Produced by Ann Miller and with Stage Manager Esther VanGorder, runs at TAG Theatre to March 11 with shows Thursday, Friday, and Saturday evenings at 8 pm, and two matinees Sunday March 6 and Saturday March 11 at 2 pm. The box office opens January 26 for members and February 2 for non-members. For reservations call 477-2663 or visit www.tagtheatre.com.



The Spryfield Earl Francis Memorial Legion played host to a benefit auction recently in aid of the Tammy Kehl family who, including three children Kara, Kaylee and Kyla, lost their home to fire. Organizers included Tara Irons, Tammy Kehl, Jeanette Campbell, Janice Purdy, Andrea Belair, Karen Grady and Daphne Gomes.

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2 Medium Pizzas  
1 Topping  
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+tax

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**Combo 2**  
Large Pizza  
1 Topping  
**\$9.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 3**  
2 Pizza Slices  
**\$4.99**  
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**Combo 4**  
Junior Donair  
**\$1.29**  
+tax

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**Combo 5**  
12pc Fish & Chips  
Large Pizza  
Up to 3 Toppings  
2l Beverage  
**\$29.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 6**  
2 - 3pc Fish & Chips  
Medium Garlic Fingers  
2l Beverage  
**\$18.95**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 7**  
1pc Fish & Chips  
**\$2.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 8**  
3 Regular Donairs  
**\$9.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 9**  
3 Large Pizzas  
Up to 3 Toppings  
**\$29.99**  
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**Combo 11**  
Large Pizza w/Works  
Medium Garlic Fingers  
2l Beverage  
**\$22.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 12**  
Medium Pizza  
Up to 3 Toppings  
Small Garlic Fingers  
**\$13.95**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 13**  
Lasagna w/Garlic Bread  
Large Salad  
**\$8.95**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 14**  
20 Wings  
2 Regular Donairs  
**\$18.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 15**  
MUNCHIE MEAL  
20 Wings, Small Nachos, Potato Skins  
**\$19.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 16**  
Buy 2 Regular Donairs  
**GET 1 FREE**

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 17**  
20 Wings, Medium Garlic Fingers  
Large Salad  
**\$18.95**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 18**  
2 Poutine  
2 600ml Beverage  
**\$9.95**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 19**  
2pc Fish & Chips  
**\$3.95**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 20**  
Large Pizza  
1 Topping  
Large Salad  
**\$14.99**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.

**Combo 21**  
MUNCHIE MEAL  
20 Wings, Potato Skins, Small Nachos,  
2l Beverage  
**\$21.95**  
+tax

This is a limited time offer. Coupons must be presented. Not valid with other specials.