

# Chebucto News

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## Rotary conversion, Chebucto Road widening gets Council approval

The Armdale Rotary, in accordance with the new rules imposed by the Provincial Government, is going to be turned into a full fledged roundabout and, with Halifax Regional

Council's decision this past week, the changes will also include improvements to the roundabout's entrances and egresses.

Staff at HRM Council meeting last week

presented their review of improvements needed and the traffic modeling study results they have been working on since the province changed the rules last year. Among the changes proposed are a widening of St. Margaret's Bay Road, including a sidewalk installation where none now exists, to allow for a left-hand-turn lane to prevent backlogs of traffic into the circle while cars wait to turn left: changes to the roundabout itself and, the most controversial change, widening and creation of a reversing lane on Chebucto Road from the roundabout to Mumford Road.

Traffic Manager David McCusker told Council traffic modeling studies revealed that

the Mumford Road intersection is almost at capacity already. If nothing is done the pressure on this intersection will continue to mount, thereby increasing the backlog of cars attempting to exit the roundabout in the am peak period or enter the roundabout in the pm peak period.

But the lane reversal project will require the city to purchase properties or parts of properties from homeowners there who, for obvious reasons, objected to the concept. Their preference would be for increased promotion of the use of bicycles, car pooling, transit and

see "Rotary" pg. 2



Members of the Duke of Kent Lodge Number 121 volunteered to create a dinner as part of the Single Parent Centre's monthly "dinner program." Last month MLA Michele Raymond orchestrated the dinner. Members of the Lodge included Michael Evans, Don Strophe, Bob Barrett, Malcolm Marshall and Tom Beckett.

## Indigo participants tour highlights Spryfield's services

What kind of reputation does Spryfield have outside of this community? How is Spryfield portrayed in the media? How do people respond when you tell them that you live or work here? My guess is that the response is not always very positive. People probably refer to the crime, poverty, and lack of resources in the community. Youth may feel that there is not a

lot here in terms of employment and entertainment.

But when you go beyond media stereotypes and surface impressions, Spryfield stands out as a community working hard to meet the needs of residents to build a better future. There are many service providers working here who stand out, along with residents, as some of Spryfield's best community assets.

The Indigo Program, one such service provider, is a Spryfield and area skill development and work readiness program for young women between the ages of 18 and 30. Currently the thirteen young women in the program are involved in twelve weeks of skill development workshops and will soon begin twelve weeks of work placement.

Indigo participants recently toured a range of service providers in the community to get a better sense of what Spryfield has to offer. In early March, the participants spent the day visiting the Captain William Spry Centre, Action for Neighbourhood Change, The Single Parents

see "Armview" pg. 2

see "Tour" pg. 2

## Armview Restaurant offers a blend of old meets new

By Heather White Brittain

Depending on a few variables, like where you live and maybe your age, perhaps you've had the opportunity to hang out at a "real" neighborhood restaurant or bar. On Chebucto Road at the Armdale Rotary, sits a Halifax landmark, The Armview Restaurant and Lounge. It is perhaps one of the oldest restaurants in the city. If you live around the rotary or in the West End, the venue offers an opportunity for a nice stroll and a lovely view.

Recently, the spot received a facelift of sorts. Inside diners are invited to discover a new look that is an awesome combination of "old and new" and to taste from a menu that promises a neat mix of traditional food such as the Pan Fried Haddock and the "All Day Big" Armview Breakfast. However, there is competition from some other bites too. Specifically, the Warm Chilean Greens, the Red Salad with herbed goat cheese and red roasted peppers come to mind.

George Kapetanakis is a managing partner

and is working around the clock to make the venue a success. No pun intended but it seems to be working. Whether it is lunchtime, dinner-time or the evening hour, the restaurant is filled with patrons. Kapetanakis brings a hand's on approach to his business. With a background that includes a stint at working in reputable restaurants like Seven and Opa, in his spare time George is completing a Sommelier certification. A young entrepreneur, he and his other

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# Rotary conversion, Chebucto Road widening, gets Council approval

continued from pg. 1

making faster pathways for automobiles that have more than one occupant.

## Armview Restaurant a blend of old meets new

continued from pg. 1

"young" partners grew up in the area. They even attended the same high school.

The Kapetanaskis family owned and operated a dry cleaning business in Spryfield for

And although District 14 Councillor Shelia Fougere, in defense of her constituents, initiated the discussion by moving a motion asking that Council abandon the project and create a

thirty years, and the entrepreneurial influence was obviously there. The previous owners of The Armview were two brothers and are related to partner, Peter Tsulubas. Billy Nikolaou is the third partner. George acknowledges that the older men were great people to watch in

policy for communication with residents facing similar circumstances, Council rejected the motion, leaving the door open for District 17 Councillor Linda Mosher to move, seconded

"learning the ropes." Ready to retire, the two brothers moved on and the trio moved in.

When word got out that The Armview was being revamped, some interesting things began to happen. Mark Whidden who is known for his intricate woodworking, and Ian Grieg, a Movie Set Designer, offered their assistance with the new look. During the renovations, some old memorabilia was discovered inside the walls and the collection is now displayed on one of the walls. The contrast of the old and new is very effective. Original booths remain with a mixture of real and fake teak. New light fixtures and blind window treatments add a contemporary contrast to the old look that is still "hanging around" but it's a good thing and what makes the look so unique and refreshing.

The spot includes a lounge with a small bar that is reminiscent of "days gone by" with the appearance that it was built maybe thirty or forty years ago. On Wednesday evening it is Open Mike Night and over the weekend, there is live entertainment with upbeat and jazzy entertainment.

And the ambience, well, it encompasses everything else at The Armview. It's a super taste of old and new that is simply great to take in. The Armview Restaurant and Lounge is located at 7156 Chebucto Road. Phone: 455.4395. Parking is available at the rear.

by Councillor Stephen Adams, that all aspects of the roundabout project be passed by Council.

She told Council that the rotary, built in 1955 to accommodate 20,000 vehicles a day, reached 18,000 a day by 1960 and the first proposed change came in 1965. "I too would prefer and hope we continue working toward transit, bicycling and car pooling as alternatives to the automobile," she said. "I would also like my constituents to have a quiet comfortable neighbourhood and we all realize that the cars traveling through the rotary are not from our neighbourhoods. But we have a Regional Development Plan that we've passed and this is part of the management of the plan," she said. The alternative, she said, could include a moratorium on development and growth as proposed in the Regional Plan.

She told Council that traffic engineering staff indicated that there is not much sense in doing the other aspects of the conversion if this portion of the project is not included. She suggested to Council that HRM could offer to purchase the entire property of those affected who want to move, complete the project and then re-sell the homes to others after the project is complete.

"This is a wonderful neighbourhood and lots of people walk to work or to do their shopping. It's a very desirable place to live and people will want to live there even after the widening," she said.

The project will involve the city purchasing all or parts of property from nine homeowners. Council approved the project with a 16-6 vote.

## Tour highlights Spryfield services

continued from pg. 1

Centre, Spryfield Employment Services Centre (HRDA), and the Chebucto Boys and Girls Club. Although there are many other exciting projects happening here, the visitors chose to visit those most focused on women and children.

"I learned how many resources there really are in Spryfield," says Erin Allen, an Indigo participant. "There are so many programs for single parents, and low income people. Spryfield has a bad reputation but when you learn more about it, there are a lot of good things going on here."

Another participant, Amber Rhyno, has lived in the community all her life. She learned about the Single Parent Centre on the tour, saying, "the Single Parent Centre is just a few minutes from where I live, but I didn't know about it. They have first aid, parenting classes, and so much more. This tour has opened my

eyes to new things in the community."

Sonya Vaschel, Indigo's Career Coordinator, believes that it's really important for people, especially youth, to be aware of the assets in their own communities. "This tour was one way to experience what Spryfield has to offer young women. Most participants, even those that live in the community, did not know that these services existed here."

The funding for this tour was made possible through Action For Neighbourhood Change, a leading, innovative initiative promoting healthy, safe and active neighbourhoods funded by United Way Halifax. The project is another example of Spryfield's leadership and action capacity.

Indigo is a skills development program for women aged 18 to 30 which is sponsored by the Women's Economic Equality Society. The next program starts in July. For information call 444-7399.



The Halifax Regional Municipality is working toward development of leaders in communities through it's "Step-Up To Leadership" program which teaches people how to be active and productive volunteers helping their communities. Participants in the recent program here included Nicole Sykes, first row left; Samantha Stambaugh; Nancy Power; Carolyn Langlands, Captain William Spry Community Centre; Blair MacIsaac, back row left; Alan Radau; Dawn Williams; Norma MacLean, HRM Community Developer; Dorothee Conrad; Nikki Warkentin-Richards; Melissa Gillam; Frank O'Connell and Susan Wheaton.

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# Chebucto Heights students benefit from "Health fair"

Ecole Chebucto Heights Elementary School hosted "Health Fair 07," with funding support from the Our Healthy School Steering Committee's Health Promoting School Grant, allowing presenters from various health-related organizations to provide students with

information, samples, physical activity and short presentations about how to create their own healthier lifestyles.

"This is a wonderful way for our students to learn more about the value of healthy eating, physical activity and living well," said

Principal Ed Donnelly. "The participating organizations were very generous with their time and resources."

Project Coordinator Debbie Supple said students were well-behaved and attentive to the guest presenters. At the blow of the whistle, every 10 minutes, volunteers lead groups of ten students to different stations or workshops set up in the gym and Library.

Some of the volunteer leaders were students from J.L. Ilsley as part of the recently introduced program called Options and Opportunities (O2). A credit in the O2 program helps students broaden their understanding of the community and their role in the community. Participation in the Health Fair was an opportunity for these students to strengthen and reinforce skills as well as learn more about their abilities and interests. All of this contributes to a more effective program for the students. Details on the program can be found at <http://www.ednet.ns.ca/O2/e/index.shtml>.

Students were each given passports. Presenters stamped the passports at each station. On the back of each student's passport they were asked to list what they had learned. Younger students seemed most impressed with exploring the ambulance, turning on the lights and siren. Older students seemed to enjoy the physical activities such as dancing, jute ball and yoga. One mother commented that her daughter didn't stop talking all through her lunch about all the fun she had at the Fair.

To cap off the day's events, about 30 people attended the Health Fair in the evening. Funding for Health Fair 07 at Ecole Chebucto

Heights School came from a Health Promoting School grant. Presenting organizations included: Yoga Loft (demonstrating yoga stretches and twists); Dairy Farmers of Canada (healthy food choices); Brain Injury Association of Nova Scotia (fitting helmets); Doctors NS (physical activity demonstration); Superstore (healthy food choices and samples); Mount Saint Vincent (psychology students with relaxation/stress reduction techniques); IWK Child Care Safety (car and booster seat information); African Dance (demonstration and dance); Halifax Regional Police, Constable Booker (drug information); HRSB Sport Animators (Tchouk Ball and Cup Stacking); Emergency Health Services (information and visit in the ambulance); Dance Revolution (dance); Diabetes Association (healthy eating and physical activity information); Heart and Stroke Foundation of NS (healthy eating and physical activity information); Canadian Cancer Society (sun sense information).

The Health Fair is one example of how these grants are being used in Halifax Regional School Board schools to help kids lead active, healthy lives. Earlier this year the Departments of Health Promotion and Protection and Education in partnership with "Our Healthy School" distributed approximately \$160,000 to 76 schools for a total of 82 Health Promoting School Grants. For more information about Health Promoting Schools, please contact Catherine Cole, Our Health School Leader, Halifax Regional School Board, [ccole@hrsb.ns.ca](mailto:ccole@hrsb.ns.ca) and 464-2000, ext. 4419.



Students at Ecole Chebucto Heights Elementary School undertook a day long "Health Fair" Project to learn about healthy lifestyles. There were a number of different events held to intrigue and challenge students in all age groups.



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- 23 St. Margaret's Bay- Hubbards

# DISCOVERING OUR PAST

## Memorial Tower commemorates 150 years of representative government in NS

By Iris Shea, Historian  
Mainland South Heritage Society

**I**n 1908 the Nova Scotia Legislature celebrated its 150th anniversary of representative government in Nova Scotia. In 1906, to commemorate that event, Sir Sandford Fleming proposed that the city of Halifax build a tower on his land overlooking the Northwest Arm. At the same time, he offered 95 acres of his Northwest Arm property for a public park. The mayor and council voted down the proposal, claiming it was not within their budget and that, after all, it was a provincial government matter.

Fleming was not easily discouraged and went elsewhere for help. The Canadian Club in Halifax agreed to do the fundraising and Fleming donated \$1000 to their very successful campaign. Governments and individuals across Canada and throughout the British Empire donated money. School children in Australia collected and sent pennies. Canadian Clubs in towns and cities across Canada helped in the fundraising effort, as did a number of businesses and universities.

Fleming got his tower. On August 14, 1912, at 12:30 PM, the tower was officially opened by the Governor General of Canada, and the city of Halifax received it, free of debt, along with 95 acres of Fleming's land. The land, known as the Dingle, was later given its official name, "Fleming Park," by the city of Halifax.

The memorial tower was designed by architects Dumaresq and Cobb, and construction was in the hands of S.M. Brookfield, Limited. The exterior is native granite and ironstone, finished inside and outside alike. The very durable steel and concrete floors, iron stairs, and copper roof cornices, doors, and window frames, are still visible. The cost of the finished structure, including all gifts of tablets, plaques, flags and other ornaments, was about \$50,000, according to the Canadian Club in Halifax.

There is an inscription plaque outside the tower which is "executed in the finest manner by Tiffany of New York." The pair of bronze lions "of heroic size" on either side of the entrance, were a gift from Great Britain. Donated by the Royal Colonial Institute, London, in 1913, and designed by British sculptor, Albert Brucejoy, they closely resemble those at Nelson's Column in Trafalgar Square, London, England.

Inside the tower are tablets and plaques of all sizes. From the City of Bristol, England, there is a reproduction in bronze of a famous picture in the Bristol art gallery depicting the departure of the Cabots from Bristol in 1497 on their discovery voyage to Nova Scotia and North America; the ladies of Bristol donated two beautiful flags for the tower to the ladies of Halifax ...one of silk, the other of fine bunting, facsimiles of the Royal Ensign presented to the Cabots in 1497 by Henry VII. From the City of Bath, England, is "a finely executed and beautifully framed picture of the famous old Roman bath, after which the city was named." The City of London presented the arms of that city, executed in stone from the Thames quarry by a celebrated sculptor. The City of Edinburgh gave the arms of the city, sculpted

in buff Scottish freestone. "Friends in Ireland" sent a beautiful slab of black granite from near the "Giant's Causeway" in County Antrim. The Commonwealth of Australia presented the arms of the commonwealth done in very bold relief on a two ton block of Melbourne freestone. Their high commissioner in London also presented the flag of the commonwealth. The Union of South Africa provided the arms of the union carved on Pretoria brown freestone. Their high commissioner in London also presented the flag of the union. From the Dominion of New Zealand, came "an accurate and picturesque arms of the Dominion painted in heraldic colours on a fine block of native granite." Their high commissioner in London presented the flag of the Dominion. The Department of Militia and Defense donated a surprise gift of four field guns for the terrace.

For the opening of the memorial tower Halifax merchants decorated their storefronts, looking forward to the influx of visitors. Schools and businesses were closed for the day as the city prepared to celebrate the arrival of Royalty. People would certainly want to get a glimpse of Queen Victoria's son, Prince Arthur, Duke of Connaught, who was Canada's Governor General. He was accompanied by his wife, Princess Louise Marguerite. Invitations had been sent out to all provinces to share in this special visit. For a fee of 25 cents spectators could board SS "Kilburn" for the excursion to the Northwest Arm to get a "near view of the ceremony." Brown's Jewelers on Granville Street advertised souvenir spoons for sale (I wonder if any still exist).

On opening day, the Royal Yacht made its way up the Northwest Arm from the Dockyard, landing at "Boutillier's Point" (the name used locally at the time for the point of land on which the tower stands...the Boutillier family owned the land before selling it to Fleming). Other dignitaries and invited guests were aboard DGR "Aberdeen." With the Royal party, they made their way on foot to the tower. On the Arm, in view of the tower, were many steamships, sailing vessels, canoes and rowboats, all laden with passengers wanting to be part of this historic occasion. Five hundred school children sang at the event. Flags, those gifts from all over the

British Empire, decorated the tower's exterior as seen in the postcard shown here.

Following the ceremony, a civic luncheon was served at the Waegwoltic Club on the

the Arm and, in the evening, illuminations and a parade of boats and music (much like the Venetian Nights on the Arm in later years) were enjoyed by thousands.



This photo, courtesy Mainland South Heritage Society, is a postcard of the Memorial Tower dated August 14, 1912.

Over the past 95 years the memorial tower has needed repairs to its leaking roof and to the exterior stone work, but it continues to dominate the view from one end of the Arm to the other. The tower is open to the pub-

lic during the summer months and is well worth a visit.

Arm for their Royal Highnesses and invited guests. In the afternoon a regatta was held on



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# The Zonta Club of Halifax – making the world a better place

By Heather White Brittain

Zonta International is a global organization of executives and professionals working together to advance the status of women worldwide through service and advocacy. Volunteering their time, members make a difference toward many international and local service initiatives and projects that include scholarship and award programs which are focused on furthering women's education, leadership and youth development.

It was during the 1960's that local resident Joan Stewart became a member of the Zonta Club of Halifax. Working in management, Ms Stewart acknowledges "how there weren't many outside groups for her gender at that time – ones that accommodated executive and

upper management females." Laughingly she adds that, "this has all changed today."

In keeping with the overall mission to "learn, advocate and serve," the local club is committed to learning about the status of women at home and abroad. Zonta's advocacy is joined by other professional organizations such as the Nova Scotia Status of Women and the local chapter of Amnesty. In Halifax, there are several ongoing local initiatives and service projects including preschool classes for children who are hard of hearing, shut-in library services and Meals-on-Wheels. Currently, the Club's efforts are directed mainly toward four projects:

Second-stage housing for women and children fleeing violence, specifically, Alice Housing. For the children living in this sec-

ond-stage housing, school supplies are provided at the beginning of the school year. At Christmas, gifts of books are provided and on Mother's Day, the children are enabled to give their mothers gifts through Zonta's contribution and support.

A self-managed resource centre for women in a public housing complex is provided through The Bayer's-Westwood Family Resource Centre. In this setting, women who use the centre are provided with a range of services such as esthetician treatments and computer system installation. Donations of clothing, furniture and dry goods for the "Collective Kitchen" are also provided. The provision of financial assistance for travel expenses and tuition fees is also available.

Each year applicants are invited from the local high schools to compete for the prestigious Young Women in Public Affairs Award (YWPA). The successful applicant is considered for the District Award and the District recipient goes on to compete for the International Award.

The Zonta Club of Halifax also supports The Marguerite Centre. The only one of its kind for women in the Maritime Provinces,

this long-term facility provides a residential holistic program for women recovering from addictions and abuse. The centre facilitates twelve beds.

Kathryn Patterson, president of the Halifax club, has lived and traveled in many foreign places. Overseas, she was a member of a variety of organizations and assisted with committees and service, but she had never heard of Zonta.

When Ms Patterson and her family relocated to Halifax and she was approached to join Zonta her first thought was "how is it that I haven't heard of Zonta?" Proudly she adds that it is "what we do that matters. In Afghanistan we are working to help improve the status of women. In Africa we are helping to fight the battle of Aids. In other countries, we are aiding young children who are victims to different forms of trafficking."

Ms Patterson also acknowledges how she has enjoyed the fellowship immensely. In the end this group of willing and dedicated people come together to help make a difference and hopefully, the whole world a better place to be. To learn more about the Zonta Club of Halifax, contact Halifax@zontadistrict1.org.



These ladies belong to Zonta, an organization dedicated to making the world a better place. Membership is open to all nationalities.

## Chebucto News

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## Eighth Annual Bradley Marks Tournament another success

The Eight Annual Bradley Marks Memorial Hockey Tournament, centered at the Spryfield Lions Arena and in honour of a young Spryfield resident who lost his life in a car accident on route to a hockey tournament, was another huge success this year.

Organizer and father of Bradley Kevin Marks says it's delightful to hold this tournament for non-competitive hockey players and to be able to donate money from the fundraising to the IWK.

The event is held for Atom, Pee Wee and Bantam age players. In the Bantam division the TASA Tigers took two overtime periods and a shootout to win 2-1 over the Sackville

Bulldogs. In the Pee Wee Division the Sackville Wildcats scored a win over the Tasa Hurricanes and in Atom Tasa Warriors were winners over the Eastern Shore Mariners.

In the photo below Kevin Marks presents the winning trophies to the Bantam Division Winning Captains Josh MacAulay, Matt Barkley and Jordan Langille.



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# Daina Deblette Scarola opens solo "Places in Time" art exhibit

By Heather White Brittain

In her solo exhibit, "Places in Time," Daina Deblette Scarola presents a body of work that is both colorful and illuminating. The exhibit opened in March at Queen Street Studios in Dartmouth and will run until April 16th.

Daina grew up in the country on the outskirts of Kapuskasing, Ontario. On the way to

her childhood home, she would often drive down a gravelled road past vast farmland and fields and a wooded area that revealed her house that backed on to the huge Kapsukasing River. With a large landscaped yard and a field in front revealing a forest on both sides, the artist says that it was "a nature lover's dream." It was here that Daina received her first instruction in creativity and it was through the eyes of her mother. Daina's mom

would point to the beauty that surrounded them but ironically the artist "would pay no mind."

However, when the viewer visits Daina's work it is easy to see the influence of nature. It is ever present. Working in oil, the subjects reflect landscapes that are natural and flowing. These are rendered carefully from the gaze of one who has experienced and explored the environment that she is painting.

Although Daina grew up in a family that is artistic and "very supportive," (her mother is a quilter and her dad a wood worker), it was much later that she would actually develop her skill as a painter. First there was a love of photography, which was fostered by the many road trips that she experienced with her family as a young girl. Each summer they would travel throughout different areas of Canada and the United States and they would "take photos of everything."

With this interest in photography, Daina applied to NSCAD and it was there that she practiced drawing and would develop her artistic skill while continuing her love for photography. Amazingly at this time, Daina still did not consider herself a painter. It is hard to believe when one sees the skill that she uses today. The work lends itself to the possibility of a more experienced painter.

Consistently in Daina's life there have been mentors and influences. It began with her supportive family and later would continue among the many fellow artists and teachers. Significantly, it includes the special relationship that she enjoys with her husband, Stefan.

Daina says Stefan, a native of Nova Scotia and the man responsible for how she ended up here in this province, is "my biggest critic and keeps me motivated and grounded."

Laughingly she adds "but he doesn't hesitate to tell me if something in a painting doesn't work and I hate to say it, he is usually right!"

Believing that "every successful artist is surrounded by supportive and loving people," Daina tells a story of how she eventually got into painting. "I met a special lady. It was about six years ago and it was during a difficult time in my life. I was feeling lost and dissatisfied with my self and my life. I was not artistic in any way. When she encouraged me to start paying attention to my dreams and to draw them, a spark seemed to ignite inside me." Daina saw this "as a sign that certain people enter your life at the right moment when you are ready to receive their message."

So she paid attention to the message and the artist will tell you that she "believes it is why I am where I am today." About the influence of this special lady, Daina says "she reminded me that I am an artist and that I have an obligation to honour that gift in order to feel whole. I paid attention and I believe that is why I am where I am and who I am today." Clearly, this is evident in Daina's work. As a person, she feels that she is "on the right track." However, as a painter, she is definitely headed in the right direction, too.

Places in Time is open to the public Monday to Friday from 8:30 am to 6pm, Saturday 11am to 3pm and Sunday by appointment. To view the artist's work on line visit [www.artbydaina.com](http://www.artbydaina.com).



Daina Deblette Scarola's work is on exhibit and open to the public.

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The Chebucto West Community Health Board is part of Capital Health

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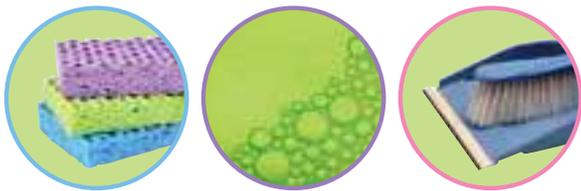
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The Chebucto West Community Health Board invites you to apply for a grant through their Community Development Fund. This fund is made possible through Capital Health, Nova Scotia Health Promotion & Protection and Active Halifax Communities.

To find out more about funding criteria or to discuss your idea, please call: Andrea Cochrane, CHB Coordinator at 424-5144  
[andrea.cochrane@cdha.nshealth.ca](mailto:andrea.cochrane@cdha.nshealth.ca)

**Deadline for applications: Thursday May 3, 2007, 4:30pm.**

Applicants must reside within Chebucto West which includes districts 10 (Clayton Park West), 15 (Fairview-Clayton Park), 16 (Rockingham-Wentworth), 17 (Armdale-Purcell's Cove) 18 (Spryfield-Herring Cove) parts of 22 (Prospect Communities) and 23 (St. Margaret's Bay- Hubbards)



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Students at William King Elementary School held a week-long Read-a-thon called "Rocking For Literacy" to raise literacy awareness. Participating students reading included Ben Gould, Brett Carr, Dominic Christian, Nolan Whitehead, Zachery Christian and Joseph Anderson. Students standing in the back, Megan Farrell and Amelia, were challenged with bringing the younger students from their classes for their reading time.

## Blasting begins on Village Road

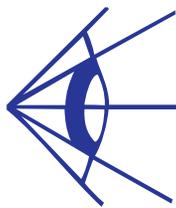
Residents, business owners and property owners are advised that blasting operations are required to complete rock excavation at 59 Village Road in the Herring Cove area.

Innovative Drilling Ltd. obtained a permit to carry out the blasting beginning in mid March 19 which will continue for approximately 2 months. Operations can take place Monday to Friday, from 8am to 6pm. No blasting will take place on weekends or statutory holidays.

Pre-blast inspections on structures within the pre-blast radius, as outlined in by-law B-

600, have been carried out. Also, residents, business owners and property owners within a 300m radius of the construction site have been given notification of the operations. All requirements outlined in the blasting by-law have been met in order to have a permit issued for this project. Seismographs will be set up on structures in the area to monitor vibration and sound levels to ensure they do not exceed allowable limits set out in HRM's blasting by-law.

For further information, residents may contact Kevin MacDonald, HRM Engineering Technician, at 490-4653.



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*"Mr. Danielson"*

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Beautiful large home in country setting, only 15 min from the city. 4 bedroom, 3.5 baths, open living concept with antique glazed kitchen cabinets, 3 sided propane fireplace, breakfast nook looking out onto a large deck for entertaining, a double car attached garage, partially finished basement with mostly trim and flooring to complete, all maintenance free ceramic/quality laminate flooring, this home was built to accommodate a large family and is waiting for yours. Oh yes, the in-law suite, 2 bedroom, own deck and fireplace with sunshine all afternoon provides independent living. B&B potential. (Agent is sellers' relative) Lease on Propane tank is \$60/yr.



This lovely well maintained 3 bedroom bungalow sits on over an acre of land and boasts its own private beach on Moody Lake in Williamswood. Upgrades over the past 5 years include new siding and front and back decks. Basement which has been mostly finished over the past 5 years has 2 walk out entrances. The double garage in the backyard is insulated, gyprocked has it's own furnace and is wired for 220 volt equipment. The storage shed is also wired and has an electric heater.



Enjoy the gorgeous scenery along the St. Margaret's Bay Road as you travel to this beautiful home! Set back on a picturesque private lot this home features stunning custom oak kitchen cabinets, honey oak floors, open concept living/dining room, huge master bedroom with walk in closet, unique ensuite. Surprise!! 2nd floor bonus room over the double heated garage! Built on a cement slab means no dreary basement. Upper floor laundry, radiant heating, too much to say, must be seen!



Income potential! This well maintained 2 storey house is set on a 7500 sq ft lot within walking distance to South Centre Mall and the Captain William Spry Centre (with wave pool and library). It would be great for a large family or as an income property. It was once a set of flats and could be converted back. Main level has a living room, kitchen, bedroom and 3pc bath. Upstairs currently being used as 4 bedrooms and has a 4pc bath. Small one bedroom house on the property has its own furnace and oil tank and is currently rented at \$350/month.

# The straight goods on the "property assessment cap" program effects

By Russell Walker  
Councillor District 15

The CAP assessment program (CAP) was implemented in 2005 by the provincial government to help protect property owners against dramatic assessment increases by limiting or "capping" the annual increase in assessments on properties that are eligible. Unfortunately this shifts the burden for paying the shortfall in tax revenues due to capping to those property owners who are not capped.

This often adversely affects those property owners who have lower assessed properties as their assessments do not usually rise significantly to be eligible for capping. The municipality needs the same amount of money to be raised through taxes, so the uncapped property owners must make up the shortfall by paying extra taxes to offset what the capped properties do not bring.

Recently, the three provincial parties (Liberals, Conservatives and New Democrats) unanimously passed legislation to move the cap on assessments from the present 10% to instead be based on the Consumer Price Index (CPI). To administer this provincial program will cost the municipalities throughout the Nova Scotia approximately \$700,000, which will be paid by the taxpayers. When the CPI legislation is enacted, it will cause the tax rate in HRM to rise, even without any change in expenditures.

In HRM, District 10, 15, 16 and 17, have approximately 6,000 taxpayers. In District 10, 500 properties which were capped each saved approximately \$108 while 5,500 uncapped

owners paid about an extra \$9.67 to make up for the capped properties. In District 15, 1,100 properties that were capped saved about \$65.95 each while 4,900 other property owners, not capped, then were required to pay approximately \$14 each. The 800 capped properties in District 16 each saved approximately \$125.76 each while 5,200 other uncapped owners paid an extra approximate \$17.59 in taxes. In District 17, 1,700 property owners who had caps save about \$169.90 while 4,300 uncapped owners had to pay an extra \$57.80 approximately to cover the shortfall in revenue due to capping.

Business owners and those living in apartments are not eligible to apply for a cap so they must also share in the revenue shortfall either through increase in rents if they live in apartments or through taxes in the case of businesses.

When the CPI takes effect, property owners who are capped will realize a smaller financial benefit from being capped then they do now, while the uncapped owners will have to pay a higher amount than is the case now. In HRM when the CPI cap assessment program takes the place of the present 10% cap program, "ALL" property taxes will be increased by approximately \$121.95. Those properties that are capped would receive a break of approximately \$157.70. However, since everyone will have a tax increase across the board, the tax savings will only be about \$35.75 for capped properties.

Even if there were to be no increase in the HRM budget, this would be the result. As it stands now the municipality has contracts with

many HRM employees which will cost more than the CPI to honour, so this program will cause the tax rate to go higher. The alternative would be to cut services which residents have indicated they do not want to see happen.

Residents are reminded that HRM provides residents with an income of \$27,000

(combined) with a rebate on their taxes or if they choose they can defer their taxes. In addition those seniors who receive the Guaranteed Income Supplement can receive a rebate from the provincial government. All of these incentives must be applied for through the municipality or the province.

## HRM seeks information on litter

When the temperature rises, the snow melts unveiling garbage, debris and pot holes. HRM staff and Council have made it a priority to address these issues and have dedicated additional staff to ensure that we can resolve

them more quickly this year. If residents would like to report issues such as pot holes or garbage on HRM property, please contact our Customer Service Centre at 490-4000, they are open 7 days per week, 7 a.m. - 11 p.m.

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**Chebucto News**

# Withdrawing from "Games" showed leadership, fiscal prudence

By Stephen Adams  
Councillor District 18

As you probably know, we have withdrawn our bid for the 2014 Commonwealth Games, and rightfully so. Although rumours have run rampant as to why, the games were simply not affordable.

When the initial estimates were brought forward, the total cost of the games was in the \$750 million to \$785 million range. With a contribution of \$400 million from the federal government and \$300 million from the provincial government, the cost to HRM at that point could have been seen as reasonable. At that point I supported the process in moving forward. My rationale was that we could have built new facilities at a fraction of the cost. For example, a new facility costing \$20 million would have cost our residents in the vicinity of \$2.0 million. As long as the facility was needed, this made sense.

However, the costs escalated, and there was no additional funding forth coming from the other levels of government. That being said, it would have been impossible for HRM to shoulder the costs of the games, especially given the new price tag of \$1.7 billion. The decision to withdraw showed leadership and fiscal prudence and I don't believe for one minute that this was a black day on HRM or Nova Scotia. I find it quite ironic that those who decried our decision had no formal commitment, however, may have had a benefit at some point. It is easy to criticize if you are not accountable.

Over the past four months the Herring

Cove Community Liaison Committee has been working to help with the integration of the sewage treatment plant. We have been working with our staff and residents with regard to underground wiring, the plant itself, landscaping and pumping stations.

As well a committee was formed to oversee the development of the Latter's Lake recreation area. At a recent meeting the CLC unanimously passed a motion to request long time resident and community supporter Brian Dempsey to lead this committee. Mr. Dempsey was involved during the initial phases of development of this park and has a proven track record of success with community initiatives. Years ago this was a jewel in the community. I am certain that with the direction of local residents and Mr. Dempsey's leadership it will again be a centerpiece for residents in Herring Cove.

During a recent Council meeting, Deputy mayor Sue Uteck raised a question with regard to Point Pleasant Park and federal funding to help with its restoration. The Honourable Peter

MacKay then announced \$1.0 million in funding suggesting that "no one asked for the money." You are probably wondering what does this have to do with District 18. Given these remarks, I have sent a letter to Mr. MacKay asking for federal money to help with the next phase of the Herring Cove Sewer and Water Project. I will also be looking at the new budget to see what may be available for infrastructure and transit service for the Sambro Loop. Although a link bus has been discussed for Spryfield, I would prefer to see transit throughout all of District 18.

I have been contacted a number of times about the Herring Cove Road Streetscape Project. As you may recall this project was initially intended to beautify the Herring Cove Road. As this project moved forward, the scope of the work changed and included many facets of the streetscape. The changes brought forward some expectations that are not reasonable. For example, representation was made to have businesses locate abutting Herring Cove Road and Dentith Road. This in principle

sounds good but is not practical. Further, these recommendations were made without regard to costs and resources, which make implementation difficult.

Having said that we are proceeding, after a year and a half delay. Staffing issues have been addressed and you will see results this spring. One of the many prominent projects is the small park at the corner of Herring Cove Road and Williams Lake Road. Utilizing the input from neighbouring residents, a design was developed for the park and is scheduled to go to tender with construction beginning in May. Other improvements will be forth coming in the next few months.

I end my column on a sad note. On Friday, March 23, a former Councillors, colleague and friend passed away at age 68. Ron Hanson was a friend of mine for more than 30 years. He was an outstanding Councillor and Alderman. In all my years he never spoke an ill word about anyone and had tremendous respect for Council and staff alike. My sympathies go out to his family. Ron will truly be missed.

## Councillors Mosher, McCluskey recommending Halifax leave Municipal Union

By Linda Mosher, Councillor District 17

Recently Councillor Gloria McCluskey and I brought forward to Council a motion for HRM to withdraw from UNSM (Union of Nova

Scotia Municipalities). Previously I have written about the UNSM, how it has been around for over 100 years and that it was established to give a common voice for municipal government in the Province of Nova Scotia. I have gone to most UNSM conferences and was on the Board of Directors for more than two years, working hard to ensure that HRM's voice was heard at the table. My other goal was to ascertain whether or not UNSM provided value to HRM. It is my conclusion, that UNSM, in its current form, does not provide any value for HRM Council or our taxpayers, who are footing a major part of UNSM's funding. If HRM has a major issue, we go to the province directly.

The biggest problem I have with UNSM is the voting structure. There are 441 elected municipal representatives in Nova Scotia (including Mayors, Wardens and Councillors). Each of the 441 elected representatives are voting delegates for municipal resolutions at UNSM meetings. HRM has 24 elected representatives, so we only receive 24 out of 441 votes at UNSM. We have over 40% of the provincial population and 5% of the elected representatives, giving us only 5% of the votes. It is easy to understand that we would be outnumbered in any voting. When the 2006 Census data came out, you saw some requests in the media to increase the number of metro MLA's, given the increasing HRM population. There may be a slight voting disparity in province house, but nothing like the extreme disparity in local government in Nova Scotia. I am not suggesting more HRM representatives, but a more equitable voting methodology.

UNSM still provides value, but not to HRM. Each of the 55 municipal units in the province have different needs and the smaller units can be better represented by being part of UNSM and having a common voice. Many of the municipal units are so small that they cannot afford to provide their employees basic benefits or pension plans. By being a member of UNSM they are offered the opportunity to participate in group plans. HRM has its own plans and bene-

fits and does not participate. Also, smaller municipalities have vastly different issues and needs. You can imagine a town of 1,300 people would not have the same concerns as HRM. They are not involved in major projects such as Harbour Solutions, Regional Plan or Public Transit.

Just consider one issue in our district, the Armdale Rotary and its 60,000 vehicle trips per day, is one issue that these areas will never face. Unfortunately it is very apparent that there are negative feelings from smaller municipalities towards HRM, that we are the "Big City" and "taking their people" and funding from the other levels of government. Many of these rural municipalities represent small numbers of residents such as 1,000 or 8,000 people, it makes sense that your focus can be different when you represent 372,000 residents. Rural representatives are suspicious of anything HRM representatives bring forward and often vote it down.

Councillor McCluskey and my motion was not a new motion. The minutes show that Mayor Kelly brought the same motion forward ten years before, as did others. The motion did not pass mainly because Councillor Russell Walker is currently President of UNSM. As Council has been discussing our withdrawal for over a year and our budget was to be tabled the following week, we brought this forward at that time. The issue is not over and I am sure that in the near future we will work towards HRM having our own Charter and force the province to acknowledge and support our unique situation. With 40% of the provincial population, it should be understood that we must deal directly with the province on our many pressing issues.

It is with great sadness to hear that former Alderman and Councillor Ron Hanson passed away. Ron represented the former Ward 8 and District 17 for years and was well respected and liked by everyone. It is not a well known fact but Ron was Deputy Mayor and then Mayor of the former City of Halifax in 1980. He made tremendous contributions to our communities and he will be greatly missed.



### Linda Mosher

HRM Councillor, District 17

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# No more special treatment for Ministers' cars

By *Graham Steele*  
Halifax Fairview MLA

Remember Ernie Fage? He's the provincial cabinet minister who rear-ended another vehicle very early in the morning of November 24th, and then drove away before the police arrived. He resigned shortly after a television report on January 4th. He resigned from Cabinet, and now faces a charge of failing to remain at the scene.

One of the items that came to light, as a result of the Fage incident, was the fact that the province was paying \$847 per month for his vehicle lease. With taxes, the amount was close to \$1000 per month. That struck a lot of people as way too expensive.

It's a legitimate question: If the taxpayers who are paying for ministerial vehicles are typically paying \$300 or \$400 per month for their own vehicle lease, why should they be subsidizing a much sweeter deal for cabinet ministers?

On your behalf, the NDP started digging into this issue. On March 26th, on behalf of my colleagues in the NDP, I released information about ministerial vehicles and presented our policy on vehicle leases. It's time to end special treatment for cabinet ministers.

The root of the problem is that cabinet ministers have to follow only one rule: The value of their leased vehicle has to be \$25,000 or less. They don't have to worry about any of the other factors that go into the cost of the

lease, like the term, the interest rate, or the residual value.

It turns out that almost all of the ministers' vehicles are at, or very close to, the \$25,000 limit. If the vehicle is used, the government requires that the lease term be 24 months. Interest rates range from 1.25% to as high as 13.5%. Large amounts of kilometres are "pre-purchased," and so we pay for them whether the ministers use them or not. All of these factors, together, result in the kind of inflated monthly payments that we saw in the case of Ernie Fage.

The problems don't end there. There is also no restriction on what ministers use their vehicles for. Whether they are using their vehicles for personal, political or ministerial purposes, we pay for it. And we pay for their gas too.

It's time for this special treatment to end. Fortunately, the solution is simple.

The NDP proposes that ministers should either use their own vehicles (something only one minister does currently) or accept a vehicle from the pre-existing government fleet. Vehicles would be acquired according to what's best for the fleet, not what's best for the ministers. We would also require the Procurement Branch to acquire fuel-efficient vehicles. In short, our policy would ensure economy, efficiency, and environmental responsibility.

Ministers drive a lot of miles to do their work, and they should be reimbursed for their expenses. That's only fair. But they should not be getting, at your expense, a sweeter deal than you can get for yourself.

# Provincial budget – "pennywise and poundfoolish" – Raymond

By *Michele Raymond*  
Halifax Atlantic MLA

Spring is in the air, and the Nova Scotia House of Assembly is again in session, going through the annual ritual of debating the provincial budget.

It's not only the province of course, but also the federal government and municipality, which at this time of year set out their priorities, as measured by the amount of money they will spend on their various activities.

By all accounts, the federal government has proven that Nova Scotia, and the Maritimes in general, are not priorities. The long hoped-for Atlantic Accord, which allows NS to benefit from its offshore energy resources, has been set up as a liability for the province. As most people realize by now, the federal Conservative government gave Nova Scotia the choice of abandoning the Accord, or keeping it, and receiving less in equalization payments than before.

The federal government ordered the province to gamble, and the provincial government has done it, faster than any of the other affected Maritime provinces. Now, four days later, the provincial budget is already on the table, and the opposition parties have the job of finding out how it will affect Nova Scotians, and deciding whether or not they agree.

The NS government has decided to take the cash in hand, and let the offshore revenues go. The resulting budget is a little bigger this year than it would have been. What does this

mean?

It means the provincial budget, which talks about a program for colo-rectal cancer screening, can plan the screening program, but won't do a single screen.

It means the budget can talk about needs-based grants for postsecondary students, but doesn't put any money in the program.

It means the province can't follow through on limiting class sizes beyond grade 3, in the all-important elementary school years.

It means that a government which talks about being "green" gives half a million new dollars to the Department of Environment for clean air, water and soil, and \$10.5 million to teach people how to save energy.

It means the Department of Community Services won't be raising ESIA rates, even though food and rent keep rising, leaving volunteer groups to pick up the slack.

It means emergency rooms in small communities keep closing on weekends because there's no staff, forcing seniors and families with children to move out of rural areas.

Ultimately, it means Nova Scotians have to keep going "down the road" in search of work and health in central and western Canada, just the way so many rural Nova Scotians have had to go down the road to Halifax in recent years, as rural services disappear.

There's a cost to all this though, that doesn't show up in this year's budget, and maybe not in next year's. It's the cost in human health and happiness, and it will show up. Not to recognize this is pennywise and poundfoolish. We all know what happens.

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MLA Michele Raymond headed a Single Parent Centre Dinner Project recently.

## Graham Steele

MLA - HALIFAX FAIRVIEW

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Halifax NS B3L 2C2

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# "Mr. MacKay, You have some explaining to do," McDonough

By Alexa McDonough, Halifax MP

In last week's budget, Stephen Harper broke a promise to the people of Nova Scotia. In his budget announcement last week, the Prime Minister threatened to undo an agreement reached between the people of Nova Scotia, Newfoundland and the federal government. His budget would claw back millions of dollars earned by Nova Scotians, for Nova Scotians, and which could have done so much good in our communities. For their action, we may lose tens of millions of dollars to the federal government over the next few years, while our water and sewage services, our schools, our education and training programs, and health-

care programs for our families suffer and decay.

What was that promise? In 2005, Nova Scotia was losing its own well-earned resource earnings to the federal government, leaving us to wait for federal handouts in return. Stephen Harper promised the people of Nova Scotia that he was on our side. We were getting a real deal, he told us, and his Conservatives would help us get a fair deal from the governing Liberals.

In 2005, the government of Nova Scotia, along with Newfoundland, fought for a good deal, and won. That deal, the Atlantic Accord, guaranteed these two Atlantic provinces control over all the revenues we earned from our non-

renewable resources. This was a chance for ordinary Atlantic Canadians to build financial independence, and to invest in a better future for ourselves, and for our children. Now, the Conservatives have threatened to take this opportunity away.

As your MP and a member of this community, I've watched this government abandon ordinary Canadians across this country, over and over again, while the distance between wealthy and working families in this country continues to grow. Each time, I've fought for a better deal, and this time, I was not alone. When I rose in the House of Commons last week, I called on the political minister for Nova Scotia and MP for Central Nova, Peter

MacKay, to come to our region and explain his government's betrayal of the Atlantic Accords. As the individual who is meant to speak out in the Conservative government for our interests, Mr. MacKay failed us, and I think we deserve to know why.

Alongside me, leaders from across Nova Scotia and Newfoundland showed their anger, even from the most surprising sources. The NDP Opposition leader in Nova Scotia, Darrell Dexter, told the feds their budget was a recipe to keep us dependent on the federal government, always begging for handouts. In the Nova Scotia legislature, all the parties came together to demand Harper's government "remove what is, in fact, a discriminatory budgetary hammer on the people of Nova Scotia."

Even the Conservative premier of Newfoundland, Danny Williams, called on the people of his province, even within his party, not to vote for the Conservative Party in the next election. The Premier got the measure of the Prime Minister right when he said, "the Prime Minister cannot be trusted. He is the same Prime Minister who basically reneged on money for women, for literacy groups, for volunteers, for students, for minority rights. He is a Prime Minister who has not lived up to the Kyoto accord and for aboriginal people."

The Prime Minister has broken a promise to the people of Nova Scotia, and now, his government has some explaining to do. It is time for Peter MacKay to face his own province, and explain to us, face to face, why his party wants to undermine our families, our communities, and our province.



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- 2 – Eat 5-10 servings of vegetables and fruit a day. Choose high fibre, lower fat foods. If you drink alcohol, limit your intake to 1-2 drinks a day. Research suggests as much as one third of all cancers may be related to what we eat and drink. Eat plenty of whole grain fibres and keep your dietary fat intake low. For a healthy diet, balance your daily meals with foods from the 4 food groups described in Canada's Food Guide. Having one or more alcoholic drinks a day is associated with a slight increase in breast cancer risk. If you are pregnant or breast feeding, avoid alcohol.
- 3 – Be physically active on a regular basis: this will also help you maintain a healthy body weight. Most people know that regular exercise is necessary to remain healthy. Studies strongly suggest that exercise reduces your risk of colon cancer. Also, the evidence of a link between physical activity and breast cancer is convincing.
- 4 – Protect yourself and your body from the sun, particularly between 11 am and 4 pm when the sun's rays are at their strongest or anytime of the day the UV Index™ is 3 or more. Check your skin regularly and report any changes to your doctor. Even people with healthy lifestyles can develop cancer. One way to detect cancer early is to have regular screening tests. These tests can often find cancer when it is still at an early stage. The earlier cancer is found, the more successful the treatment is likely to be. For women, discuss mammography, Pap tests and clinical breast exams with a health professional. For men, discuss testicular exams and prostate screening with a health professional.



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Fax: (902) 429-6563  
E-mail: [ccs.ns@ns.cancer.ca](mailto:ccs.ns@ns.cancer.ca)

# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

**HANSON, Ronald "Butch"** - 68, Halifax, passed away peacefully in the Palliative Care Unit, VG Site, QEII, surrounded by family. Born in Halifax in 1938, Ron was a beloved husband, loving father, grandfather, and special friend to many. He was the son of the late Charles and Marguerite (Martin) Hanson. Ron retired from Maritime Tel and Tel in 1990 after 33 years of service. He became a member of Halifax City Council in 1974, serving as Alderman, Deputy Mayor, and Acting Mayor. He was elected to HRM as Councillor of District 17 in 1995, serving the residents until 1999 when he resigned due to illness. During his political career, Ron served on many boards and commissions including the Halifax Water Commission, Transit Advisory Committee, West Trade and Convention Centre, Halifax District School Board, Natal Day Committee, Halifax Forum Commission, and was a founding director of the Halifax Metro Centre. He was a life member of the Telecom Pioneers and a long-standing member of Toastmasters. Ron was an avid sportsman. In his earlier years he played softball for Maritime Tel and Tel and hockey for the Fairview Aces and the Armdale Rangers. He loved to coach minor hockey and enjoyed great success coaching the Armdale Bishops. He enjoyed hunting, fishing, and especially the good times with family and friends at the cottage on Lake Torment. He is survived by his loving and devoted wife of 45 years, Sandra (Hamer); daughters, Pam (Bill) Banks, Halifax; Krista (Hugh Smilestone), Halifax; sons, Ron (Zoe) Hanson, Halifax; Scott (Annette) Hanson, Texas; Shawn (Suzanne) Hanson, Halifax; grandchildren, Jennifer Banks, Jill and Abby Smilestone, Mathieu and Josée Hanson, Megan and Jessica Hanson, Gabrielle and Claudia Hanson, and mother-in-law, Madeline Hamer. Ron will be missed by all. The memories of the good times we've had with him will last forever. Special thanks to the doctors and staff at the Palliative Care Unit, VG Site, QEII, for their wonderful care and support. Private family burial in Gate of Heaven Cemetery. Memorial donations may be made to Canadian Cancer Society. E-mail condolences may be sent to: loc3758@sci-us.com

**BOUTILIER Jean** (Zwicker), in her 89th year, passed away in Richmond, BC. A long time resident of Spryfield, Jean is survived by a daughter Carol Dumas (Andy), Richmond, BC, and a son Robert, Yukon, two grandchildren and one great granddaughter in BC. She was predeceased by her husband, Carl.

**DANIELS, Fred Elvis** - 92, Hatchet Lake, who lived most of his life and raised his children in Spryfield, passed away in the New Halifax Infirmary, QEII. Born in Bridgewater, he was a son of the late James and Hattie Daniels. He is survived by daughters, Barbara Bennett (Gerald), Spryfield; Jean Publicover (Dave), Porters Lake; Helen Monk (Wally), Tantallon; Linda Comeau (Robert), Newburn; Norma MacDonald (Robert), Dublin Shore; Connie Criddle (Eddie), Sackville; sons, Frankie (Claire), Kenny (Margaret), Freddie (Bev) and Wayne (Dianne), all of Hatchet Lake; Albert (Jeannie), Toronto, Ont.; 40 grandchildren; 85 great-grandchildren; seven great great-grandchildren. Fred was predeceased by his wife, Beatrice (Connor) Daniels; daughter, Irene; son, Elvis; sisters, Sadie and Madge; brothers, Thomas, Victor, Reg, Harry, Johnny, Bobby, Pete, and Charlie. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601). Interment was held in Pleasant Hill Cemetery, Lower Sackville.

**TOUGH, Guida Lillian** - 95 - passed away in Mahone Bay Nursing Home. Born October 15, 1911, in West Pennant, she was a daughter of the late Edward Stanley and Ella Mae (Findley) Marryatt. She is survived by sons, William (Joan), West Pennant; Leo (Peggy), Sambro; George

(Shirley), West Pennant; David (Marion), Torbay, N.L.; Paul (Debbie), Cambridge Station; Mike (Irene), Berwick; daughters, Mary (Victor) Darrah, Prince Edward Island; Anna Bosselle, Elliott Lake, Ont.; Jean (Jim) Glover, Prince Edward Island; Betty McPhee, Halifax; Colleen (Phil) Findley, West Pennant; daughter-in-law, Sandra Tough, West Pennant; sisters, Gladys Smith, Halifax; Kathleen (Carl) Caspersen, Massachusetts, U.S.A.; brothers, Harold (Joan), Kenny (Gladys), Clifford (Eileen); plus many nieces and nephews; 37 grandchildren; numerous great and great great-grandchildren. Guida was predeceased by her husband, Joseph William "Will," son, Patrick; daughter, Theresa (in infancy); sons-in-law, Hector Bosselle and James McPhee; great-grandchildren, Caleb, Hope, and Ryan; brothers, Frederick, George, Robie, Reginald, Roy, and Everett; sisters, Hilda Velcoff, Ida Batten, Helen Coffey, and Bertha Lyons. Funeral arrangements were under the care and direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601). Interment will be held at a later date.

**REYNO, Frances Marie** - 84, Herring Cove, wife of the late Carvel W. Reyno, passed away in the New Halifax Infirmary, QEII. Born in Halifax, she was a daughter of the late John and Bertha (Pelham) Power. She was the last surviving member of her immediate family. Fan loved her family dearly, and will be sadly missed by all who knew and loved her. She was a gifted artist who also had a passion for gardening. She is survived by her children, Christine Holland (Jim), Halifax; Jack Reyno and Thomas (Kathleen) Reyno, both of Herring Cove; grandchildren, Elizabeth, Selena, Jacob, and Samantha; great-grandchildren, Josh, Jordan, Noah, Calista and Blaine, as well as many cousins, nieces and nephews. She was predeceased by her husband, Carvel; her parents, and brothers, Douglas, George, William, Reginald, Edward and Kenneth; sisters, Theresa, Lyllith, and Bertha; an infant brother, Edward, and an infant sister, Alice. Interment will take place in St. Paul's Catholic Church Cemetery in the spring.

**POWELL, Herbert Francis "Herb"** - 91, Halifax, passed away peacefully in Parkstone Enhanced Care, Halifax. Born September 18, 1915, in Jollimore, he was a son of the late George and Jessie (Oakley) Powell. Herb served in the Canadian Army during the Second World War, after which he returned to his trade as a pressman in the printing and lithography industry in the Halifax area, where he worked for more than 50 years. Herb enjoyed playing golf for many years at Airline Golf Club and as a young man had played baseball and hockey, always remaining an avid sports fan throughout his life. He also liked to attend horse races and was fond of cribbage. He is survived by his sons, Ted (Beverley), Fall River; Bill (Cecelia), Lower Sackville; daughter, Heather McGuire (George), Armdale, along with their children and grandchildren. He is also survived by sisters, Eleanor Brunt, Spryfield, and Dorothy Mahar, Jollimore. He was predeceased by his wife, Marguerite (Davy); brothers, Roy, Bill, Fred, John, Art, and sisters, Nellie Ryder and Gertrude in childhood. Arrangements were under the care of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601). Interment has taken place in Pleasant Hill Cemetery.

**BENNETT, Geraldine Margaret** - 95, Halifax, passed away in the New Halifax Infirmary, QEII. Born in Ferguson's Cove, she was a daughter of the late Samuel and Elizabeth (Lynch) Conway. Geraldine loved to bowl. She bowled with the Halifax Royals and the Flowerettes in Spryfield until she was in her 90s. She also loved to go to the casino, play bingo and cribbage. She is survived by her daughters, Romaine MacKinnon (Byron), Victoria, B.C.; Joan Brando (Jesse), Brighton, Ont.; Shirley MacLeod (Duncan),

Ferguson's Cove; Helena Saxton (Gerald), Purcell's Cove; 13 grandchildren; several great-grandchildren and great great-grandchildren. She was predeceased by her husband, John Bennett; daughter, Virginia; sisters, Eileen Young, Doris Goodman; brothers, Reginald, Basil, Louis. Funeral arrangements were under the direction of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601). Interment was held in Fairview Lawn Cemetery.

**KEATING, Albert Raymond** - 82. It is with great sadness that we, the family, announce the passing of our father, Albert. He died at Bob's with his loving family at his side. Born in Halifax on March 13, 1924, he was a son of the late Joseph and Seretha (Marryatt) Keating. He worked at the Halifax Waterfront (Stevodore) for 48 years, until his retirement in 1989. Albert enjoyed hunting and fishing and especially playing cards with his buddies and co-workers. He was a die hard Toronto Maple Leafs fan. Surviving are his daughters, Mildred Clark, Spryfield; Alberta Langille, Halifax; Ruby Slauwhite, Spryfield; Susan (Doug) Langille, Spryfield; Judy Keating, Glen Haven; sons, Robert (Colleen), Williamswood; Dave (Cathy), Harrietsfield; brothers, Harry (Josephine), Spryfield; Collins (Vera), Harrietsfield; Claude, Harrietsfield; Joseph, Spryfield; sisters, Marie McPherson, Spryfield; June Morris, Spryfield; Shirley (John) Dwyer, Williamswood; 14 grandchildren and nine great-grandchildren. He was predeceased by his wife of 49 years, Mildred (Cox); two infant sons; brother, Lloyd; sisters, Blanche, Theresa, Edith, and Dorothy "Dot." He will be greatly remembered for the love he had for his family. Funeral arrangements were under the care of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd., Spryfield (477-5601).

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#### 8 Week Healthy Weight Program

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FREE. Thursday, April 19th, 10:30am-12pm.

#### Heart Health Label Reading Tour

Confused about reading labels? Join the Dietitian and learn how to make smart food choices for your heart.

FREE. Thursday, April 19th, 2-4pm.

#### Healthy Cooking Classes

Live Up Your Spring with these Great Meal Ideas! (\$5.00 each, 6-8pm)

Monday, April 2nd - *Tomato Pepper Beef Kabobs, Jasmine Rice, Apple Grape Coleslaw*

Monday, April 9th - *Light Quiche, Californian Salad, Oatmeal Raisin Cookies*

Monday, April 16th - *Barbeque Chicken Fingers, Tomato Curry, Morning Glory Muffins*

Monday, April 23rd - *Spicy Salmon Fritters, Spinach w/ib Garlic and Hot Chili Peppers*

Monday, April 30th - *Tomato and Bean Soup, Spiced Turkey Sandwich, Phyllo Mango Dessert*

# Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to rhorner@ns.sympatico.ca

**Chowder Lunch**

The St. James Anglican Church in Herring Cove will be the site of a Fish Chowder Luncheon on Saturday, April 21 from 1-4pm. Chili will be served as an alternate. A Social Evening will start at 7:30pm. For more information, please call 446-8168.

**Band Performs**

The Christian Band "Two Cents" will be performing at St. James United Church, Sambro, on Sunday, April 15, 2007 at 11:15 a.m.

**Spring Fair**

The Sambre Ketch Harbour Elementary School Annual Spring Fair will be held Saturday, June 2, from 11a.m. to 1p.m. We hope you can join us for some great fun!

**Play Begins**

If you enjoyed The Love List by Norm Foster this winter, you will love, "Office Hours," the next production by the Theatre Arts Guild at the Pond Playhouse. Ah, the office! Politics, romance, intrigue, this brisk comedy skewers them all, revealing six stories in six offices, all somehow connected. Office Hours opens Thursday, April 26th and runs Thursdays, Fridays and Saturdays until May12 at 8:00pm with a matinee on Sunday, May 6th at 2pm. Tickets are \$15 for adults and \$12 for members, seniors

and students. Or bring the gang from work at a special group rate. Reserve your tickets early by phoning 477-2663. After you have seen Office Hours your Friday afternoons will never look the same again!

**Mandala Workshop**

Explore yourself through Meditation and Art. The Mandala is a private place to channel your inner thoughts into visual expression, becoming a mirror to your inner self. You do not have to be an artist to use this insightful method. Wednesdays April 11, 18 and 25 from 1 to 3:30 pm, Williamswood, - \$45.00 for all three days. Call Sandi or Ellen 444-2494. email: sdcchurch@eastlink.ca/ellenjmacpherson@eastlink.ca.

**Tinnitus Meeting**

Do you suffer from tinnitus (ringing in the ears) or know someone who does? If you do, plan on attending the next meeting of the Tinnitus Support Group of Atlantic Canada. It will be held on Wednesday, April 11, at 7pm at the Captain William Spry Community Center. For more information please call 473-4366 or visit: http://tinnitusatlantic.tripod.com (website) or tinnitussupport@eastlink.ca (e-mail).

**Mothers On a Mission (M.O.M.)**

A fun Relay For Life (www.cancer.ca/relay) team of

mommies is looking for 5 more members. There is no age limit and only a 12 hour time commitment on June 8. There are plenty of events and fundraising activities to take part in over the next 2 months with or without your kids! Our goal is to raise \$10 000 for the Canadian Cancer Society and to set a good example for our children! For more info contact us at mothers.ona.mission@hotmail.com or visit us at http://mothersonamission.spaces.live.com.

**History For Sale**

Historian and columnist Iris Shea has compiled Volume II of monthly historical columns prepared for the Chebucto News in 2001 and 2002. The Volume is available for purchase from the Mainland South Heritage Society. All funds raised will support the work of the organization.

**Breast Cancer Program**

Encore classes for breast cancer survivors will be starting on Sunday, March 18, at the Captain William Spry Centre, from 7 to 9pm, for eight weeks. Pool and floor exercises, guest speakers and lots of fun and information. Free of charge. Please call Carolyn at 479-1111 for more information.

**Girl Guide Fundraiser**

The Armyview District Girl Guides will be selling cookies at the Spryfield Sobeyes parking lot on Sunday April 1 from 11am to 3pm. Cookies are the Vanilla Chocolate and are \$4.00 a box. Please come out and support your local Girl Guides!

**Sambro Dinner Theatre**

The Sambro Dinner Theatre will present "Seacruise" May 4, 5, 11 and 12th at 6:30 pm in St. James United Church, Sambro. Lobster or Roast Beef Dinner \$30.00. Tickets go on sale March 12th. For information call Eva Mae 868-2660 or Donna 475-1053.

**Legion Notes:**

Seniors Days – 1 to 5 pm – featuring Newfie George. Bingo every Sunday – Doors open at noon – Bingo starts at 1 pm

**Library Happenings:**

Children Programs:  
After school program - Wednesday April 11th - 3:45pm - Ages 8-12  
Make a Poem - Bring your imagination and leave with a poem. Play with words and have fun creating your own literary masterpiece. Registration required.  
Baby's First Books - Thursdays 10:30am - Ages 0-18 months - Let your little one experience the words and pictures in books, the rhythm and rhyme of music and the fun of play. These are the first steps to learning and literacy. Children must be accompanied by an adult caregiver. March 29th - May 24th - Registration required.  
Preschool family drop-in - Tuesdays 10:30am - Ages 0-5 - Come join us for some stories, rhymes, songs and

crafts. Play with the chalk board, puzzles and play-dough. Be prepared for a fun time!  
Storytime Fridays Ages 3-5 10:30 am - Develop a love of reading and learn how to listen and participate independently in a group setting.  
Puppet Show Saturdays All ages 11 am - Puppet shows bring our favorite stories to life! Saturday April 7th "Easter Rabbit's Basket" and Saturday April 21st. Children's Reading Support - Tuesdays to Thursdays 3:30 - 7:30 pm - Saturdays 10 am - 2 pm. Reading support volunteers needed. Please call Dorothy at 490-5714 for more information and registration.

**Adult Programs**

Book Club Wednesdays - 7pm - The Library's book club is a great way to meet people, explore new authors, share ideas and celebrate the joy of reading.  
Adult Literacy and upgrading Tuesdays 1 to 3 pm - Tuesdays 5:30 - 8:30pm - Thursdays 9:30 - 11:30am Thursdays 1- 3 pm. Volunteer tutors needed please call Linda at 490-5715 for more information and registration.

**Crafter's Market**

The Herring Cove Crafters Market is held weekly at the Herring Cove Fire Hall from 9am-2pm. All locally made items; baked goods, photography, paintings, jewelry, coffee/tea, preserves, knitted items, live acoustic music etc. Limited number of tables available for interested vendors. Vendors from all surrounding areas welcome. This will be a weekly Saturday event until Christmas, frequency of market to be determined post-holidays. Contact info; Amy Kilbride 405-0088.

**Searching for Musical Instruments**

The Arts Express Coordinator for the J.L.Ilsley Family of Schools is looking for new, used or old musical instruments, which can be restored and then re-distributed to the schools band programs in our community. For each donation of a usable instrument, you will get a charitable donation receipt issued by the HRSB. Simply bring the instrument to your child's school, along with your name and home address and a receipt will be mailed to you. If the instrument is too large to be transported or should you have any further questions about this "Musical Instrument Re-Use Program," please feel free to contact Sabine M. Fels, Arts Express Coordinator, J.L.Ilsley Family of Schools, 479-4612 ext. 570-2008 or sfels@staff.ednet.ns.ca

**Weekend of Grace**

The First Annual Regional Catholic Women's Conference to be held the weekend of April 20 – 22, 2007 at the Lord Nelson Hotel in Halifax, Nova Scotia. We invite you to join women from across the Atlantic Provinces and experience the transforming power of God's love. Explore the gift of your femininity. Learn practical strategies for living the abundant life God has in mind for you. Call (902) 423-9759 or visit www.stacm.ca select "Programmes" and click on "Weekend of Grace." Pre-Registration Only.

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## Letter To The Editor

### City "did" get useful feedback

Dear Editor

From your headline "City gets little useful feedback from Rotary information meeting in Vol. 8 No. 12 March, I wonder if I was at the same meeting? You seem to think that it was only to be a meeting about the Rotary, and you were concerned that "others interested in discussing proposed changes to the Rotary were left insecure of their own importance."

Well, sir, check the advertisements; the topic of the "Public Information Meeting" was "St. Margaret's Bay Road, Armdale Rotary and Chebucto Road." The Councillor's ad said the same. Secondly, staff were unable to "describe the physical conversion from a rotary to a roundabout" because that work is not yet done. Staff was unable to tell the public even where the sidewalks would go! But they did seem to have every detail of the Chebucto Road widening worked out when it

came to automobiles, right down to the half day of Ekistics urban design planners thoughts as to what the widening might look like in 40 years time after the trees grow back – if they are ever planted – and not destroyed by the next "traffic (read cars not people) manager's" widening of Chebucto Road to feed more cars onto the Peninsula.

I heard a lot of useful feedback from that meeting, sir. Perhaps you did not, since you have long since followed Councillor Mosher's lead and your mind is made up. The solution to traffic in the new roundabout will not come with concrete and pandering to the automobile; it will come with changing people's habits and reducing the traffic at source. Something that you seem unwilling to listen to, or to understand.

Alan Ruffman  
Ferguson's Cove



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