

Chebucto News

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Fire station lock-down leaves residents feeling unprotected

Herring Cove - Despite apologies from Halifax Regional Fire and Emergency Service administrators, and promises from Mayor Peter Kelly and Councillor Stephen Adams, residents from Herring Cove to Sambro who packed St. Paul's Church Hall for a public meeting March 27, left feeling unsafe and unsure that emergency services in the community are anything

but cursory at this point.

The meeting, organized by residents and volunteer firefighters from the Herring Cove Volunteer Fire Department and its "Support Group," obtained an early up-front-off-the-cuff admission from HRM Fire Chief Mike Eddy that the department "made some mistakes" in how it handled the request for resignation of

local Department Chief Andy Sullivan, former Chief Tom Cooper and Captain Tony Boyd, and the subsequent changing of the locks at the fire hall and its attached Community Recreation Centre. But residents were not able to quell their fears that their homes and lives may be at stake as a result of reduced fire and emergency service.

Incidents involving and surrounding the HCVFD in recent months, including a fire truck accident, an embezzlement and a child abuse incident, were the fuel that caused the HRM Fire and Emergency Service to undertake actions for which Chief Eddy admitted "there were no protocols or procedures."

"Did we do somethings wrong? We sure did. Did we have a procedure to follow? No we were flying by the seat of our pants," Chief Eddy admitted to the residents.

But his admission did little to allay the feelings of the community, the bevy of firefighters who have since refused to serve in protest over their treatment and fear that fire protection is not only less than what it was before the February 26 lockout, it may not be adequate at all.

At this point the fire crew is down to three teams of two HRM firefighters who man the HCVFD 24 hours a day and, depending on whose estimations are considered, the compliment of six or nine volunteers who have remained in place. The fire service is also void of any assistance from the Ketch Harbour Sub Station whose only vehicle has been removed from the site by HRM Fire Emergency Services and employed elsewhere.

What it all means is that only two trained firefighters are available unless the six or nine member contingent of volunteers is able to respond. And as some residents pointed out, two men is not an adequate response to any structure fire since one man must run the pumper and no firefighter is expected to battle a blaze by himself.

The back-up for services is now being supplied from the Spryfield Station, threatening residents of Herring Cove with a response time approaching nine minutes and residents of Ketch Harbour as much as 20 minutes away from help if a need arises.

After nearly three hours of presentations and questions residents gained assurances from Mayor Peter Kelly and Councillor Stephen Adams that efforts would be made through the media to improve the tainted image of their community and steps would be taken to bring the left over fire service up to an acceptable standard while the entire confusion is being corrected.

Meeting facilitator Diane LeBlanc, in bringing the meeting to a close, appealed to the volunteer firefighters to return to their duties. "You volunteers are needed," she said, suggesting the terms of requested apologies from the fire and city officials can be worked out.



This photo of the North West Arms is from a series of photographs by Theresa Thomas called "The North West Arm 9:05 or so Series" on display Monday, Wednesday and Friday from 10 a.m. to 3 p.m. at the Ballroom Gallery, Universalist Unitarian Church, 5500 Inglis Street, until April 8.

Business Association AGM theme appropriate for community

Spryfield - The recent closure of DPK's Chicken restaurant, the bankruptcy sale of Dairy Queen assets and the expected addition of yet more plywood to the landscape of Herring Cove Road are concrete evidence that the theme of this year's Business Association Annual General Meeting is absolutely appropriate says incoming President Sharon Beasley.

The theme, "The Times They Are A-Changin'," taken from a famous Bob Dylan song title, "was chosen to represent the state of flux our business community is going through just now," she said, adding that the follow-up, "Act Now - See How," portion of the session

will give local business representatives insight on how the Association plans to deal with change.

"There has been a consistent level of change in our business community. Not all of it good and not all of it bad," she said. "Our challenge is to stay involved, to stay active and responsive. Change is occurring there is no doubt," she said. "It is our responsibility as a business community to try as much as possible to make sure change occurs for the better - not the worse."

On the bad side of the ledger said Beasley, the community suffers from a predominance of

closed businesses. "The Shell station, the former Scotia Quality Furniture building, the old Canadian Tire building, the former IGA, the former Irving station, dry cleaners that can't stay open in the Shoppers Drug Mart strip mall, a less than full South Centre Mall, a closed Mandarin Kitchen restaurant and other negative impacts cause us to reflect on just why a community of more than 30,000 people with average family incomes approaching \$50,000 are unable to support local business."

On the other hand, she said, the community has benefited from multi-million dollar

see "Business" pg. 2

Seeds sold successfully at "Seedy Saturday"

Spryfield - Seedy Saturday in Spryfield grows bigger every year. A mild, sunny day the first Saturday in March meant a good turnout for the Urban Farm Museum Society's annual seed exchange. Gardeners from around the Chebucto Peninsula, Halifax, Bedford, Dartmouth, Fall River, and as far away as Brooklyn, Nova Scotia, came together to trade and buy seeds and talk about food and gardening.

Mapple Farm in New Brunswick, and Joe Gaudet, a Seeds of Diversity member in Middleton, were also present in spirit, and in the unusual varieties of tomato seeds they sent. Heather Watts (the younger) and her friend Christine Beaton had an extensive collection of potted spring bulbs, vegetable seedlings, unusual annual and perennial flower seedlings, and attractive ivy for training, set up with wire frames and mosses in terracotta pots. The Cole Harbour Heritage Society offered fruit cuttings for sale, including gooseberry and currant stems, and the Parkdale-Maplewood Museum had seeds and unusual potato varieties at their table.

The Urban Farm Museum Society of Spryfield was kept busy selling flower and vegetable seeds, quilt raffle tickets, and the Society's seasonal notecards. They also pre-sold copies of their new cookbook that is currently at the printer, "Foods of Spry's Field: Cooking and Preserving, Then and Now." Several people offered to help out at the Farm Museum by signing up for an allotment to grow food this summer. The Society was generously showered with contributions of home-collected seeds, which they sold and traded at their table.

Bear Cove Resources displayed some samples and information about composted seaweed,

an organic soil amendment gaining popularity among gardeners. Home Grown Organics chatted with folks about their home delivery business. They sell and deliver organic fruits and vegetables in season to people in the metro area. The Nappan Project participated for the first time in Seedy Saturday. This non-profit organization near Amherst is "dedicated to the development and demonstration of environmentally friendly sustainable living skills and technology." They have organic gardens and a

native tree nursery at Nappan. Ben Taylor of Natural Beginnings was on hand to discuss pruning. He will be giving a full workshop on rejuvenating apple trees in April.

The Urban Farm Museum Society hosts a Seedy Saturday every year, and looks forward to even more gardeners collecting seeds and trading them with others. Phone for more information about signing up for an allotment (477-7896), ordering the cookbook (477-6102), or other Farm Museum information (477-6087).



The family of Elizabeth Moar (Dempsey) held a fundraising event this month at the Purcell's Cove Social Club to raise money in support of her battle with cancer. Working for the event were Mother and Father Laura and Ned Dempsey; Anne Warren, Peter Warren, Marian Dempsey, Catherine Brown, Lois West, Mike West, Lana Dempsey and Ellen Dempsey.

Spryfield selected for award

Spryfield - After falling in second place last year among Nova Scotia communities, Spryfield has been selected by The Provincial Volunteer Awards and Luncheon Committee for the Model Volunteer Community Of The

Year Award. The Award will be presented at a ceremony at the Westin Hotel on April 19. Deputy Premier of Nova Scotia, The Honourable Ron Russell, will make the presentation.

Business Association AGM theme appropriate for community

continued from pg. 1

developments like Sobeys, the Real Atlantic Superstore and Canadian Tire, together with smaller positive but no less significant improvements like Countrywide Furniture, Dial-A-Tire, Spryfield Physiotherapy, the Dentith Road strip mall, the Tan Restaurant, a new Wilson's gas bar, the Shine Time car wash and MacLeod's Auto Service.

And she said other companies, like Heppy's Pie Lady, Lumbermart, Umlah Insurance Agency Limited and Chebucto Publishing are on the grow. "What it all amounts to is that the business community here is in a state of flux. We're changing and it is our responsibility as a business community to stay on top of change to try and direct it as much as possible."

To that end, she said, Deborah Grant, Executive Director of the Downtown Halifax Business Commission, has been recruited as the guest speaker for the Business

Association's Annual General Meeting being held at the Legion on April 8. "What Ms. Grant will be asked to do is explain to our membership how the Downtown Commission was able to help affect positive change in its community. What we want to do is explain to our membership what steps we're taking, and what plans we're making to improve the business culture here for the benefit of both business and residents," she said inviting all business owners, members of the Association or not, to attend the session.

"There is no doubt there are very good things going on in our business community," she said. "Unfortunately it is the negative aspects of our community that continually get the majority attention from media and citizens. There is no doubt change is occurring," she said, "we will need all businesses to participate with us in helping to make change occur for the better."

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Canales-Leyton honoured with Human Rights Award

Spryfield - Juan Carlos Canales-Leyton, who with his wife owns the Afghan Variety store on Herring Cove Road, was one of two Nova Scotians honoured this year by the Human Rights Commission.

Human Rights Awards were presented to Mr. Canales-Leyton and Lee Cohen by the Nova Scotia Human Rights Commission during the seventh Annual Harmony Brunch to commemorate the International Day for the Elimination of Racial Discrimination.

"The commission is pleased to recognize achievements in human rights in Nova Scotia through the Human Rights Award," said MaryAnn Francis, Executive Director of the Nova Scotia Human Rights Commission. "This award honours the efforts of Mr. Canales-Leyton and Mr. Cohen

to protect and promote human rights in the community."

Juan Carlos Canales-Leyton immigrated from Santiago, Chile, in 1978. His work in the area of multi-culturalism and race relations is impressive: co-founder and vice-chairman for the Centre for Diverse Visible Cultures; member of the Advisory Committee on Community and Race Relations, Halifax Regional Municipality; co-founder and former president of the Spanish Speaking Association of Nova Scotia; co-founder and managing editor of Kaleidoscope, the first multi-cultural newspaper in Atlantic Canada;

co-founder and chairman of the Federal Business Development Bank's Multicultural Business Advisory Committee; original member of the Nova Scotia Advisory Committee on

Multiculturalism; co-founder and co-chair, Nova Scotia Visible Minorities Association.

Mr. Canales-Leyton is also a director with the Centre for Islamic Development and with the Legal Information Society of Nova Scotia. He works as a computer consultant and a Spanish-English interpreter and as a publishing consultant with Street Feat — The Voice of the Poor. The award honours in particular Mr.

Canales-Leyton's work in multi-culturalism and race relations and with Street Feat, a newspaper that is sold by the homeless and unemployed as well as supporters. The paper provides a voice for the poor and is a community-based solution to generate income for those living in poverty. The Human Rights Commission recognizes that poverty is an area where individuals face discrimination.



Ifly Ilyas, right, Executive Director of the Centre for Diverse Visible Cultures, (CDVC) salutes the Centre's Vice-chairman Juan Carlos Canales-Leyton on his receiving of a Human Rights Award from the Nova Scotia Human Rights Commission. (Beyers Photo)

Leadership Award presented to Single Parent Centre

Spryfield - The staff and volunteers of the Single Parent Centre received a Leadership Award for Women's Health in Atlantic Canada from the Maritime Centre for Excellence in Women's Health during a celebration at the Westin Hotel which was attended by about 140 people including staff and volunteers of the Single Parent Centre. Haley Mills, a participant in Centre Programs and volunteer who is currently the prenatal assistant, accepted the award, a lovely statuette by Dawn McNutt.

The Single Parent Centre was one of the first parent resource centres in Canada. The Centre delivers the Mainland South Prenatal Program for Single women which is a model across Canada. The Centre's Volunteer Doula Program is the only Doula Program in Nova Scotia and is unique in North America. Volunteer doulas probably serve more hours than most volunteers in any field.

The Centre continues to take the advice of young mothers and works with them to offer support for families in the community.

The award honours the Centre's

commitment since 1980 to initiate programs and services for families. It recognized the ongoing involvement of the Centre in the activities in the community and its efforts to work for health and justice for women.



Single Parent Centre Director Sister Joan O'Keefe, almost one-year-old Blake Mills and her Mother Haley Mills show off the Dawn McNutt statuette given the Centre by the Maritime Centre of Excellence For Women's Health in recognition of service provided to families by the Centre.

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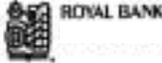
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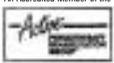


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DISCOVERING OUR PAST

Elizabeth Sutherland. Letters reveal sense of humour and strong belief in her religion.

by Iris V. Shea, Historian
Mainland South Heritage Society

In 1859 eighteen year-old Elizabeth Sutherland taught her first school class in the Church of England schoolhouse in Spryfield. The land for the church school, now the site of Emmanuel Cemetery, was donated by her father. A plaque in Miss Sutherland's memory may be seen in Emmanuel cemetery, and a school in Spryfield has been named in her honour. During her teaching career which spanned more than 40 years, Miss Sutherland was governess to the Cunard family for seven years, taught in a private home in Harrietsfield while teaching alternate weeks in Spryfield, spent at least one term (1867) at Cunard School, North West Arm (Jollimore), seven years in Herring Cove during the 1870s, and nine years in Terence Bay, between 1879 and 1887. This photograph of her, taken with Samuel Slaunwhite in 1879 at Terence Bay, appears to be the only one that has survived.

This month marks the 161st anniversary of the birth of Elizabeth Hodges Sutherland. Born in Spryfield on 13 April 1841, she was the eldest child of George and Mary Ann (Carmichael) Sutherland. Her grandparents, William and Elizabeth (Kidder) Sutherland, settled in Spryfield in 1816 when they purchased the 500 acre lot known as number three in Leiblin Manor, part of Captain William Spry's 1500 acre farm.

Miss Sutherland grew up across the road from the Sutherland family burial ground (now Emmanuel Cemetery) in Northwood Cottage, on the Alva Farm. Letters written by Elizabeth Sutherland and other members of her family have been passed down through Miss Sutherland's niece, Caroline, and are now in the possession of Edison Yeadon, son of Caroline Sutherland and James Alfred Yeadon. In these letters, Elizabeth, referred to as "Bessie" by her friends and family, revealed a dry sense of humour and a strong belief in her religion. Her gardening expertise and love of animals were portrayed in several letters. She even taught the young men of Herring Cove how to shoot. My thanks to Edison Yeadon and Shirley Goulden for the use of these letters.

Elizabeth Sutherland never married but, while teaching in Herring Cove in 1874, her brother John wrote from his office at Stairs, Son and Morrow in Halifax that he had been speaking to George Brown "who says you are going to marry Johnny Long. I take pleasure in congratulating you on your bargain and my advice to you is never refuse a good offer." In 1895, Elizabeth's good friend Samuel Slaunwhite of Terence Bay, whom she mentioned in several letters to her mother, wrote a letter that indicated she rejected his proposal of marriage. In that letter he stated he would never marry if he could not marry her. (His death record, 24 July 1932, at the age of 81 years, shows he died a single man).

The residents of Terence Bay welcomed this outspoken schoolteacher into their homes, provided her with fresh vegetables and fish when they had it, and felt honoured by her presence when she visited them. They called upon her in emergencies to care for their sick when the doctor was not available, and in one letter to her mother she wrote "Dear mother

don't tell anyone for I would not tell anyone but you, last Saturday I gave the only piece of cake I had and three eggs to a lady who is dying of consumption.... she sat up in bed and blessed me and told me I would never want for food or clothes as long as I lived and God would give me fourfold." In another letter from Terence Bay, dated Saturday evening, May 5, 1883, she told her mother "I got up early this morning, washed baked ironed and made three visits to the sick. Jim Barry came over for me to see his sick child. I went over and put an onion poultice on its chest. I thought it would die before 12 o'clock that night but it is still living. Babies are tough."

More letters to her mother from Terence Bay: June 22, 1882... "I started off to the woods and did not come home till dark. I had a grand time with the birds fish snakes and frogs

and saw a porcupine and two rabbits and brought home a bunch of wild flowers."

In an undated letter.... "My crow follows me to school every day and comes in and gets his lunch with me. Warren Smith invited me to go to Sambro to attend the funeral of my old friend Martin Henneberry who was drowned in sight of his own house on Monday. I took dinner and tea at Warren's fathers with Mrs. Holland. The Smiths are a fine old couple and wondered I never came to see them before and invited me back. A great many of the Sambro folk seemed to know me and invited me to their houses."



Samuel Slaunwhite and Elizabeth Sutherland, 1879.

In another letter, Miss Sutherland illustrated her ability to speak her mind... "I had six cents from the city here to tea. They wanted to know what I thought of the members. I told them I was disgusted that they were all working for the almighty dollar and deliberate lies

from the educated was more disgusting than lies from the ignorant and I thought as I listened to them lying about the bounty to the fishermen what kind of account would they render to their maker."

By 1891, forty year-old Elizabeth Sutherland was teaching again in Spryfield, living with her widowed mother, her eleven year-old niece, Caroline Sutherland, and her mother's adopted child, twenty-two year old Alice Drysdale. In 1917, in a letter to her brother John's widow in Hamilton, Ontario, Elizabeth wrote "My Bishop arrived and we went visiting round Spryfield. The natives were delighted to see him." In the same letter she described her living conditions at Northwood Cottage. The cottage, apparently, had been left to her brother John, and leased by a man she called Wright. "My visitors used to come through the kitchen into my room when I had Mother's room for my part of the house and he insulted several of my friends so I took the front room and the front door and I have no other part of the house, not even the use of the cellar to put my vegetables in during the winter."

Elizabeth's only sister, Margaret, and three brothers, George, John and James, predeceased her. On October 29th, 1925 at the age of 85 years, Elizabeth Sutherland died. She was buried in an unmarked grave in the cemetery that had once been her family's burial ground.

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Local company expanding marketplace - doubles workforce

Spryfield - Business success can be achieved in any number of ways but, generally speaking, most successes are recorded because savvy entrepreneurs have taken advantage of a "trend." Oddly enough, for K.N. Umlah Insurance Agency Limited, "bucking the trend" has doubled the company workforce in search of business owner Kevin Umlah believes other insurance agencies have left behind.

From its Spryfield Halifax location, the 17-year-old insurance company spent two years preparing to launch "Project Outreach" into Nova Scotia's larger rural settings. It is an attempt to provide personal insurance service to people who have been left without "home-grown" insurance agencies in their communities.

As Umlah explains, in recent years insurance companies, riding consistent profits, have grown their businesses through acquisitions and mergers of smaller companies, many of whom have operated in Nova Scotia's rural communities. The affect has been a flow of rural based business into Metro Halifax head offices and the loss of

local community interaction with real, warm and human insurance agents.

"Our view is that with the recent consolidation our industry has gone through the delivery of local service and choice in many rural areas has been greatly reduced. As such we believe there is an opportunity to build a profitable portfolio through the utilization of locally established young agents," said Umlah from the company staff training centre organized to accommodate the project's education requirements.

The project, which began in earnest in February when new sales agents were set loose in Cambridge, Kentville, Oxford, Truro, New Glasgow and Halifax, is seen in phase one as a five year program. Umlah suggests that its own success will enable the company to recreate its program for other rural areas now lacking the benefits of a personal insurance broker or agency.

"We wanted to diversify our clientele beyond Metro Halifax," said Umlah. "A year ago we attended a District 18 Business and Development seminar and met representatives of the Business Development

Corporation. They put us in touch with the right professionals and we've just gone forward from there."

Going forward meant upgrading the company's technology and networking capabilities to accommodate the communication needs of five sales people operating from their home-based offices, establishing an on-site education centre and a four month licensing and sales training program to prepare graduates to work in the insurance industry.

"We started recruiting last year," said Umlah, identifying that the company wanted to recruit young university graduates who were both well known and interested in working within their local communities. "We wanted to hire people who were outside the industry, free of any habits instilled by other brokers and who could bring a fresh mindset to the program," he said.

It is still a little early to tell but the Umlah Insurance Agency Limited has its sights set on future expansion. "We consider this to be phase one," said Umlah. "Phase two will begin once we have established trends and know how we're proceeding. If we're

meeting our targets and projections then we can grow faster. The initial goal is to break even in three years. The successes of our new agents will hopefully finance stage two - new agents in other regions of the province."



The Umlah Insurance Agency Limited just doubled its workforce through a new program it calls Project Outreach. The new employees include Mike Christie of Halifax; Jonathan Sharpe of Cambridge; George Ferdinand of Oxford; Lee Kaiser of Kentville and Gina Casey, seated, of Truro. Missing is Alison Winters of New Glasgow.

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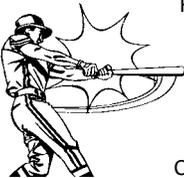
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"Culture Shock" expected at TAG beginning April 18

Purcell's Cove - Hillyard Philpott and "Father" (we never do find out his real name) live in the small community of Jarvis Arm, Newfoundland.

Hillyard is bored now, since there is not much to do here and he has burned down his sole means of employment, the fish plant. Much to the chagrin of Father, Hillyard decides he must see the world, so he decides to travel to the big city of Montreal.

While hitchhiking he is picked up by Maurice and Lucien, two not so intelligent, therefore not too dangerous, French Canadian bank robbing brothers.

Totally innocent, and not so intelligent himself, Hillyard is unaware of their plans and unwittingly becomes the driver of the getaway car.

When we get to Montreal, things at the bank do not go so well and Father discovers, through a series of telegrams delivered by the snooping town gossip and postal worker Cyril, and a TV news cast, that his son needs his help.

Father makes the trip to Montreal to plead to the judge on behalf of his "stunned son" and succeeds in convincing the judge to let him take Hillyard home.

You would think that would be the end of things.

Once home, things start to heat up when Father tries to explain to Hurley, "an officious cop with a Conception Bay accent," his sudden change of financial circumstances, and two escaped convicts come to

Jarvis Arm looking for something belonging to them.

Written by Lorne Elliot, this zany adventure is sure to tickle even the tiniest

funny bone. Please come join us for Theatre Arts Guild Spring comedy Culture Shock directed by Frank MacLean. The show opens April 18th and runs until May 4th.



Michael Billard of the Chebuco Minor Hockey Association's Burning Beacons was the lucky draw winner of a trip for two of an overnight stay at Toronto's Royal York Hotel, Limousine Service, game tickets to see the Maple Leafs play the Canadians and a visit to the Hockey Hall of Fame. Michael and his Father Mark accepted the winning tickets from Bradley Marks Memorial Hockey Tournament Chairman Kevin Marks following the third annual event.

Bradley Marks Memorial nets one local winner

Spryfield - Although local teams of the Chebuco Minor Hockey Association were not quite as successful as last year this year's Third Annual Bradley Marks Memorial Hockey Tournament more than equaled it predecessors.

"Everything went very well again this year," said organizer Kevin Marks who, with his wife Paulette, initiated the event following the death of their son three years ago.

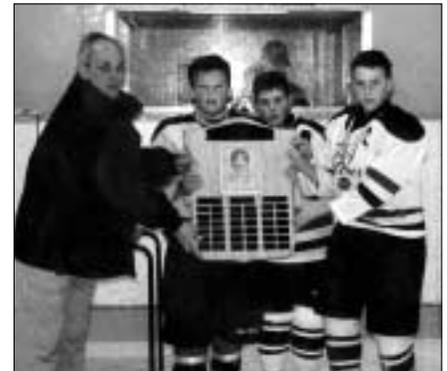
This year only one local team fought their way to a championship, a bit different from last year's results when local teams won championships in all three divisions. The Chebuco Wolverines carried the pride of local teams single-handedly this year, capturing the Atom Division Championship with a double overtime 4-3 win over the Sackville Titans.

A scoreless first period was broken in the second frame when the teams traded single goals, with Chad Conrad scoring for the Wolverines. Sackville took a 2-1 lead at the 7:30 mark of the third before Adam Dube netted back-to-back goals with 5:48 and 4:11 remaining in the game to give the locals a 3-2 edge. But Chebuco was unable to hang on for the win. Matthew MacNeil of the Titans notched the game at three each with only 2:35 left to play in regulation time.

The three all tie headed into overtime. The fourth period, a five-on-five straight time five minute

period went scoreless before the fifth period, a four-on-four contest, was won with just two minutes left when Adam Conrad notched the winning marker.

In other championships the Sackville Leafs were winners in the Pee Wee division while East Kings toppled the Eastern Shore Mariners for the Bantam Championship. The Chebuco Canadians were consolation winners in Pee Wee while the Chebuco Explosion were consolation winners in the Bantam division.



Kevin Marks Memorial Hockey Tournament Chairman Kevin Marks presents the winning trophy to Chad Conrad, Corey Higdon and gold medal game Top Defenseman Adam Conrad following the Chebuco Wolverines second overtime period 4-3 win over the Sackville Titans. Other members of the team included Brandon Hart, Corey Micheau, Corey Sampson, Jonathan Wade, Andrew Thompson, Daniel Umlah, Steven Grey, Chris Coady, Angus Campbell, Jordan Conway, Adam Dube and coaches Ryan Veinot and Carl Conrad.



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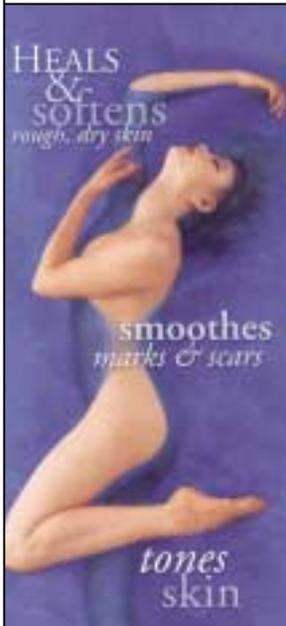
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Cookbook offers local food recipes

Everyone who has wondered what to make at mealtime will find lots of ideas in the Urban Farm Museum Society's newly published cookbook, "Foods of Spry's Field: Cooking and Preserving, Then and Now." It is an extensive collection of early and modern recipes which are based on fruits and vegetables that can still be grown locally.

The older recipes were collected by Naomi Thompson and Allison Thorne, two summer students who worked for the Society. They talked to senior citizens about past foodways, and gathered recipes that people used in this area. Everyone had a garden, and many remembered pickling in autumn, to carry foods through the winter.

There are many modern recipes, too. Whether you need new ideas for breakfast, nutritious lunches for home and away, easy family suppers, or special meals and treats for holidays or guests, the cookbook is full of simple, low-cost recipes for all seasons of the year, based on everyday ingredients.

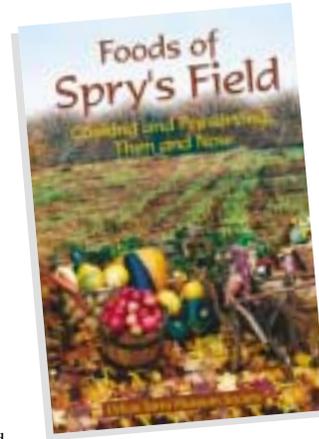
You will also find step-by-step directions

for making jams and jellies, canning fruits, producing pickles, freezing and drying foods, and using cold room storage to keep fruits and vegetables for winter use.

Spryfield has been a farming community since Captain William Spry, Chief Surveyor for Nova Scotia, cleared land for his Spry's Field farm in the 1770s. This began a nearly two-hundred-year tradition of food self-reliance in the area.

That tradition is the basis of the cookbook. Just as early settlers ate local foods in season, we too can feed ourselves from our own gardens, farmer's market, and local produce in grocery stores. Quotes throughout the book remind us of how it used to be, and recipes point the way for wiser food decisions today.

Eating local foods in season is not only healthy, but also saves money, protects the environment here and elsewhere, enhances economic well-being, and strengthens our social fabric. "Foods of Spry's Field: Cooking and Preserving, Then and Now" helps us do all that. If you would like to purchase a copy of the cookbook, contact Marjorie Willison at 477-6102.



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Nova Scotia "at threshold of great possibilities" - Regan

By Geoff Regan, MP Halifax West

Welcome to Spring! The first day of spring both in Halifax West and Ottawa certainly didn't look the part, but the season most associated with renewal and growth is upon us. I think it is an appropriate time to talk about the flowering of our economy.

The traditional stereotypes that have been associated with Nova Scotia's economy are fading away. Fishing, mining, logging and farming will always be a part of who we are, but they have been replaced as our main job generators. In fact, the resource sector now represents less than 4% of the province's economy, while the following sectors are all larger:

- Business and Personal Services - 24%
- Finance, Insurance and Real Estate - 18%
- Trade - 13%
- Transportation, Communication, Utilities - 12%
- Manufacturing - 12%
- Government Services - 11%

We need look no farther than the harbour

to see clear evidence of what is happening just off our shores. The massive Eirik Raude - a Norwegian owned drilling rig - is sitting on the Dartmouth side being finished by Nova Scotian workers. Nurtured properly, this marine fabrication and offshore supply industry could blossom into a huge employer of Nova Scotians. That's why I have been fighting to prevent Canada from entering into a free trade agreement with the European Free Trade Association (EFTA). Giving established ship-building countries like Norway easy access to our young market would almost certainly have a devastating effect.

While the focus of many has been on the developments in Nova Scotia's offshore, onshore industries are booming as well. Sectors like communications and research and development (specifically biotech and information technology R&D) are becoming hallmarks of Nova Scotia ingenuity. We are increasingly recognized across the country and around the world as leaders in these cutting-edge fields. But that edge won't stay sharp on its own.

The centre for research and development industries has been - and must be - universities. That is why the dispute at the region's largest university must come to an end as quickly as possible. (I don't want to pick sides because the issues are far too complex to comment on here.) Students must be able to return to classes and the tremendous, marketable work done at Dalhousie must be allowed to

continue. Educated citizens make for an educated society - something from which we can all benefit.

I believe that Nova Scotia is at the threshold of great new possibilities. To fully realize those possibilities, we must cooperate and communicate. I would appreciate any suggestions that you might have on how Nova Scotia could be best positioned for the future.



Halifax West MP Geoff Regan, left, hosted the Honourable Gerry Byrne, right, Minister responsible for ACOA, for his announcements awarding grants to various community organizations including a \$124,000 grant to the St. Margaret's Regional Tourism Development Association (SMBRTDA) for construction of an interpretive centre in Hubbards and a \$13,000 grant to the St. Margaret's Bay Rails to Trails Association to complete the trail from Head of St. Margaret's Bay to Hubbards. Attending the meeting were Michelle Champriss, General Manager, SMBRTDA, and Bruce Holland, Chairman, SMBRTDA. (Masthead News Photo)

Citizens encouraged to "pitch-in" for the annual spring clean

By Stephen Adams, Councillor District 18

As we slowly move through spring and summer approaches we generally tend to clean our yards, wash our vehicle and give our homes a bit of a tune-up. In other words, we do a "spring clean-up." And, as with past years, various community groups clean parts of our communities. Whether it be the McIntosh Run, lakes and streams in Harrietsfield, or the Herring Cove Road, you probably will see garbage bags piled high along a side street waiting to be picked up by HRM trucks. These piles are a result of the efforts of our many volunteers who care about our communities and, unfortunately, are sad proof that there are many who have little or no respect for our environment.

In keeping with the theme of community spirit, I will be working with PACE, People Around Communities Everyday, and other groups to identify areas of need throughout District 18. If you have any suggestions, please feel free to let me know.

The HRM Police has recently released crime statistics for the year 2001. It comes as

no surprise that Spryfield is near the bottom of the list for criminal activity. In fact, we rank ninth out of the 12 districts where the Regional Police patrol. I am confident that many share my sentiments regarding negative press coverage for Spryfield, and share similar feelings when positive events occur. Those positive events generally get billed as Halifax. We're working hard to change the way the media sees us and it is working. In speaking with different media outlets they are all too willing to let me know when they get a call from an irate citizen protesting poor coverage. As a community, we can make a difference.

To further strengthen our community, I would encourage you to "Buy Local." You may have seen the buttons or the signs in your travels. The concept is simple. If you need to make a purchase, why not stop and think if it may be available in District 18. From auto parts to mechanical work, from building supplies to hardware, groceries, legal, medical and dental needs, we have a lot to offer. Remember, buying at home keeps jobs in our community and you may just be able to avoid the Rotary and Bayers Lake.



Linda Mosher

HRM Councillor, District 17

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Lower tax rates - District 17 improvement projects in budget

By Linda Mosher
Councillor, District 17

The 2002/2003 operating and capital budget was recently approved by Council. The budget reduced the General Property residential tax rate by 1.1%. This is in keeping with HRM's policy of not taking the tax lift for market value increases over and above the CPI (consumer price index). The taxation strategy is intended to keep the average tax burden of homeowners neutral - after inflation of 2.6% is taken into account. HRM must pay to service existing properties and take into account economic growth of new properties as well as the costs of servicing them.

The average increase in residential assessment for existing properties is 3.7%. The average increase of property assessments in District 17 is 4.9%, and in District 18 it is 4.2%. Therefore, although the property tax rate was "reduced" by 1.1%, unfortunately, most residents of District 17 and 18 will actually be paying more property taxes this year.

The following are the general rates of taxation for Residential and Commercial for 2002/2003:

Residential Tax Rates (per \$100 Urban: 1.316 (1.1% decline); Suburban: 1.209 (1.1% decline); Rural: 1.005 (1.1% decline). Proposed area-rates (where applicable) and supplementary education rates for 2002/2003 will be tabled at a later date.

HRM's total reliance on debt will decrease by \$7.9 million (2.5%), this is the third year in a row that our debt has declined. The operating budget is sufficient to maintain service levels across HRM. The focus of the budget was on

fiscal health and stability, regional planning and customer service.

Also approved in the budget was \$40,000 for each of the twenty-three districts for District Capital Projects. Last year, twenty five streets in District 17 were prepared for chipsealing, but application was not completed. These streets will be chipsealed this year, and will be given priority status for completion.

Other projects for District 17 that were passed in the budget were: Bromley Road

(paving renewal); Springvale Avenue (paving renewal); Armdale Rotary (resurfacing); Parkdale Avenue (resurfacing); Purcell's Cove Road (main artery patching); Purcell's Cove Road (HCR to Braeburn) - (new sidewalk with overhead lighted crosswalk); Melton Avenue (sidewalk renewal); Whimsical Lake (sewer outfall upgrade to prevent flooding on Mabou Ave.); Idlewyde Road to Herring Cove Road (storm sewer rehabilitation); Captain William Spry Centre (fitness centre); Deadman's Island (public access pathway); Sir Sandford Fleming

Park (free standing washroom facilities).

The above list of expenditures is not inclusive of all expenditures for District 17. Individual departments have also allocated funds towards projects such as street lighting, traffic improvements, sidewalk maintenance and park upgrades such as seawall restoration at Sir Sandford Fleming Park. Any expenditures which were approved last year and not completed (such as the Regatta Point Walkway extension), will be carried forward to be completed in the 2002/2003 budget year.

Government balancing budget from Nova Scotians' pocket

By Robert Chisholm,
MLA, Halifax Atlantic

The Tory government is talking a lot these days about balancing the budget, and saying little about how it is going to do it.

There is a very good reason for this. If the next budget is balanced it will be out of the pockets of ordinary Nova Scotian families. The price of being a Nova Scotian is about to go up.

Since taking office the Hamm government has already raised fees and taxes over \$120 million dollars. That was money already taken from your pocket. Today the Finance Minister announced 24 more user fees that

will extract a further \$17.5 million by upping the charges for drivers' licenses, car registrations, marriage and birth certificates.

This is just the beginning. In addition to the fees just announced, the Department of Health has authorized some District Health Authorities to charge for parking, puffers, neck braces and some casts. It has also authorized some hospitals to raise the prices of cafeteria food, and to charge \$7.00 for blood collection.

Last week the NDP revealed that the province was also holding back \$3.5 million of the new taxes it would be collecting from Nova Scotia Power, taxes that I am sure we will all be paying for in our power bills, rather than passing the money off, as promised, to hard-pressed local governments. Last week the Tories also warned Nova Scotians to expect more fuel taxes and higher prices at the pumps.

What all these fees have in common is that they will hurt most those who can afford it the least. For the average family, a family in Spryfield and Herring Cove, every dollar

counts and every lost dollar hurts.

The NDP supports a balanced budget, but a budget balanced with common sense in a reasonable timetable with as much attention paid to bringing money in, from our own oil and gas reserves for example, as money going out, and one that does not try to do it all in one year if the cost of that timetable is essential services. The NDP will not support a budget that has to be balanced for political reasons in time for the next election, or that can only be balanced by taking more out from the household budgets of working families.

The NDP wants an all-party committee of the Legislature to assess the heavy pressures being placed on family budgets by these greatly increased user fees. We also believe that government owes it to Nova Scotians to improve the royalties and benefits we get from the development of our offshore resources to raise provincial revenues.

This would allow us to balance the books and pay for the kind of health care, education and other essential services the people of this province need.

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April is Volunteer Month - Community Services Award to be presented in May

By Samantha Butler, Multi-Service Office
Captain Spry Community Centre

April is Volunteer Month and is a time to recognize and congratulate volunteers all over Canada for the fabulous work they do all year round, donating many hours of their time to improve the lives of people in their communities. In our community especially, volunteers are actively making a difference in all areas of

life including the natural environment, literacy, churches, food banks, recreation programs, seniors' clubs, economic development, heritage, community service, parenting, health, and education. Thank you to all the many community volunteers for their tireless effort and enthusiasm into making our community a better place in which to live.

To highlight Volunteer Month is National Volunteer Week, April 21st to 27th. During this

week Nova Scotia will be hosting many celebrations. The pinnacle event will be the 28th Provincial Volunteer Awards Day Ceremony and Luncheon on Friday, April 19th, at the Westin Hotel (coordinated by Recreation Nova Scotia). For the second year, Spryfield has been nominated for the Model Volunteer Community Award. In 2000, Spryfield placed second to Stellarton. This year we hope that Spryfield will come out on top, good luck Spryfield!

of the Board. Please call Samantha Butler at 479-4487 for more information on Board responsibilities. Board nomination forms are also available at the Pool Desk.

Captain Spry Fitness Club memberships now available

Memberships for the Captain Spry Fitness Club are now available for purchase at the Pool Desk of the Captain Spry Community Centre and members will have access to the Club as of the Grand Opening on May 11th, 2002. The first 100 members will have their name placed on the Founders' Club Plaque displayed in the gym and will also receive a free gift.

Memberships include access to all the latest fitness equipment such as treadmills, elliptical cross trainers, weight stack strength machines, and a body composition analyzer scale, as well as access to lane and early bird swims and the sauna at the Spryfield Lions' Wavepool. In addition, members receive a 50% discount on all fitness classes offered at the Centre. Other benefits of membership include a free one hour session with a personal trainer, and a free half hour orientation to the equipment at the Club. Child care will also be available at certain times. Adult, Partner, Family, Youth and Senior membership packages are available for one month (except Partner and Family), three months, six months, and one year. There will be a Grand Opening Special price on a one month's membership for May. For more details about the new Captain Spry Fitness Club and membership packages available please call 477-7665, and pick up a Captain Spry Fitness Club "Spry for Life" Brochure.

Community Services Award

Every year, the Captain William Spry Community Centre presents the Community Services Award to a resident who has made an outstanding contribution to our community. This year it will be presented on Monday, May 27, 2002, at the Captain Spry Community Centre Annual Public Meeting that will start at 7:30 p.m. The names of past recipients of the Award are on the plaque in the Community Centre lobby (above the post office box). If there is someone you know who has worked hard to make this community a better place to work, live and play, please consider submitting their name for this award. Nomination forms are available in the Community Centre at the Pool Desk and in the Administration Office on the 2nd floor. The deadline for nominations is Monday, April 15, 2002.

Elections to the Captain William Spry Community Centre Board of Directors will also be held at the Annual Public Meeting on May 27th. There are positions open for residents, community organizations and agencies. You are encouraged to support the multi-service activities in this community by becoming a member

Vegetable planting in April gives relief to aching green thumbs

April may seem too early for planting to some people, but several vegetables can be planted as soon as the soil is dry enough to work. You will know the soil is ready for planting when it doesn't stick to your boots, when a ball of soil dropped from shoulder height doesn't shatter when it hits the ground, or when the weeds start to grow!

I have learned over the years that seeds germinate sooner and seem to grow faster in early spring if the soil is not dug over and disturbed. Digging mixes cooler soil from lower down with the warmer surface soils, slowing seed germination. Digging also breaks up the fungal 'threads' in the soil, slowing down the processes that release nutrients.

Peas, for example, grow best in cool weather, and thrive when planted early in the spring. Planting early also helps the crop mature before the pea weevils arrive (the eggs they lay in peas hatch into tiny white worms).

To plant peas without digging, simply scratch a furrow in the soil with a hoe and drop in the seeds. Cover them well, to a depth of two or three times their diameter. They will be safe from birds at this stage, but will be vulnerable once they start to sprout. It is a good idea to lay a bit of cheesecloth or row cover over the seeds to keep them safe, or be prepared to replant pulled-up peas for several days until they are firmly rooted and growing well.

Plant dwarf peas 4 1/2 inches (11 cm) apart in 3 rows spaced 4 1/2 inches (11 cm) apart. For a larger planting, space the next 3 rows 15 inches (38 cm) away. Tall peas that grow up supported on netting or trellises should be spaced 2 inches (5 cm) apart in rows 5 inches (13 cm) apart. As you can see, peas can be planted very close together.

For lettuce seeds, simply rough up the soil lightly with a rake, then scatter the seeds and pat them into place (or plant leaf lettuces in rows 5 inches (13 cm) apart, and butterhead or Romaine lettuces 9 x 9 inches (23 x 23 cm) apart). The seeds are so fine that they need little or no soil covering. Birds, however, are hungry for seeds, so provide some form of barrier

between the seeds and the birds.

Ensure a steady supply of greens for salads and sandwiches by planting another little patch of lettuce every time the previous patch has germinated. You might want to purchase packages of seed that contain several varieties of lettuce and other salad greens, to simplify planting.

Arugula and corn salad add further variety. Keep seeding every week or so until the end of May to ensure a good supply all summer. Make another seeding on August 1 to carry you into autumn.

Treat radishes the same way. They are at their best when firm and crisp, not old and woody, so plant a few seeds every week until May 31. They can be seeded in rows along with the lettuce, or scattered here and there in block plantings of lettuce.

Early-planted garlic cloves, onion sets and shallots will have lots of time to grow a good top of greens before bulbing is initiated in June, thus ensuring bigger bulbs. Plant individual cloves of garlic 1 inch (2.5 cm) deep, 4 inches (10 cm) apart, in rows 6 inches (15 cm) apart. Garlic can also be planted in autumn, so that it is one less job to do in spring.

For maximum yields of medium-sized onions, plant sets 2 inches (5 cm) apart in rows 10 inches (25 cm) apart. To get larger onions but a smaller yield, plant sets 3 to 4 inches (8 to 10 cm) apart in rows 10 inches (25 cm) apart. (Planting garlic and onions in rows, rather than in block plantings, makes weeding and mulching easier for these scanty-leaf crops.) Space shallots 6 inches (15 cm) apart in rows 8 to 12 inches (20 to 30 cm) apart (wider row-spacing for larger bulbs).

The only bean that can be planted in early spring is the fava or broad bean. These huge seeds should be planted deep enough that they are covered with soil to a depth of two or three times their diameter. Spinach, turnip greens, collards, endive, escarole and kale are also good candidates for early seeding. This is good news for all those gardeners whose green thumbs start aching in April.

In the Garden

by Marjorie Willison

Legion seeks Memorabilia

Spryfield - The Royal Canadian Spryfield Legion is looking for War Memorabilia for a showcase to be established in the main lobby of the Sussex Street Legion.

Betty Neville, Legion Secretary, said the Legion will keep all donated materials under lock and key in the lobby. Anyone interested in donating to the display should contact the Legion at 477-0467.

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Rent-A-Chef Healthy and Nutritional Cooking Classes
Mondays April 1st and 15th from 7 to 9 p.m. Cost \$5 per class.

Rent-A-Chef Youth Cooking Classes
Ages 10 to 15 years. Wednesday April 3rd & 17th from 6 to 8 p.m. Cost \$3 per class.

Child's Safety I.D. Clinic
Maritime Awareness Group. Saturday April 6. From 10 a.m. to 1 p.m. No Charge - Drop In - Bring any personal information for recording on your I.D. Card

Urban Farm Museum Society Cook Book
Come and try a sample of some of these old family recipes. Saturday April 13, 11 a.m. to 1 p.m.

Children's Spring Crafts
Ages 5 to 9 years. Saturday April 20. From 11 a.m. to 1 p.m. Cost \$3

Mother's Day Craft
Candy Bouquet. Wednesday April 24. From 6:30 to 8:30 p.m. Cost \$10.

Space is limited so please register early



Dealing with the loss of a family pet

Dear Dr. MacLeod:

This past June 20th, 1999, was the worst day of my life...My dog Shyla had a convulsion and died in my arms. I think about her every day and about the trauma of her dying in my arms. Is this normal? Will I always get teary eyed when I think of her? Another question I have often wondered is what they do to the animals when they're gone? Do they bury them or do they do something else before they are buried?

Thank-you so very much
Mr. K. Jeffrey
Halifax, N.S.

Dear Mr. Jeffrey:

The impact of losing a pet is not to be underestimated. The loss of a pet, for many people, is one of the most difficult emotional experiences they will ever undergo. To many people, pets are like family members. In a recent survey by the American Animal Hospital Association, results indicated that the role pets play in pet owners' lives remains stronger than ever. Of the people surveyed, 38% indicated that in a life-threatening situation, they would spend any amount of money to save their pet's life. Sixty three percent indicated they celebrated their pet's birthday and 72% of married respondents indicated they greet their pet first

when they return home. Ninety-four percent of people surveyed keep a picture of their pet on display and 31% keep their pet's photo in their wallet.

How is it that a bond so great can develop between animals and humans? Pets provide a welcome break from the anxieties of everyday life. The commitment by an owner to love and care for a pet with all its daily chores and responsibilities is equaled or even surpassed in return by the pet's unending affection, companionship and loyalty. Pets can fill voids in people's lives during hard times, enrich their day to day activities with their funny antics, be their outdoor exercise companions, bring solace from loneliness to the elderly and provide security for the home and family. For these reasons and because of the unbiased, unconditional and forgiving love that a pet can give to its owner, the loss of that special bond between animal and owner can be devastating.

At a conference on human animal interactions held in Montreal in 1992, it was revealed that about two thirds of owners grieved intensely for days after their pet's deaths. Some remained in a state of despondency for more than a month. The awareness of the grief that people feel when they lose a pet has increased to such an extent that helping bereaved pet lovers deal with their loss is becoming a common topic at professional meetings of veterinarians and veterinary students are lectured on the subject as well. Today, veterinarians and psychologists recognize that grief is a normal and real response to the loss of a pet. Every one must go through the grieving process in their own way. Some want to get another pet immediately to help ease the pain while others

feel they need time to remember that special pet before moving on. Time usually helps. All would agree that it is healthy and important to express your grief and to talk to people who will understand. Speaking with a veterinarian, a psychologist or a church minister may help those who are grieving intensely - and of course family and friends who also have pets should be there to support you also.

Wondering what happens to a pet is a commonly asked question at veterinary clinics following the death of an animal. The choice always belongs with the owner. They may decide to have their animal cremated and the ashes returned to them or for the animal to be cremated without receiving the ashes back, they may opt to have a special burial at a pet cemetery, or, where municipal by-laws allow, they may decide to bury the pet themselves on their own property or at their cottage, etc. In answer to your question as to what happens to them in the meantime (i.e. after death but before burial), in accordance with the by-laws of the Nova Scotia Veterinary Association, all veterinary clinics must be equipped with morgue facilities to provide storage for the remains until burial or cremation is carried out. People without pets are often unable to understand the impact the loss of a pet can have on a pet owner. However, with forty percent of Canadian households keeping pets, there are plenty of people who can understand. Loving and losing a pet can be difficult. To some the bond remains mysterious. Perhaps it is the innocence of pets in their total adoration of their owners. People love to be loved. And pets do that so well. As Aldous Huxley once put it, "to his dog, every man is Napoleon."



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477-2511

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LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

OUTERBRIDGE, Edward "Burton" - 91, Ketch Harbour, passed away Friday, March 15, 2002, in Ketch Harbour. Born in Halifax, he was a son of the late John and Margaret (Gallagher) Outerbridge. He is survived by a close nephew, Jackie Evans, Halifax; nephews, Clyde Evans, John Bennett; niece, Margaret Evans. He was predeceased by his wife, Catherine (Delorey) Outerbridge; brother, Phillip; sister, Margaret. Burial in St. Peter's Cemetery, Ketch Harbour. Donations to Canadian Cancer Society.

PUBLICCOVER, Gloria "Garnet" -Died March 17, 2002, following a courageous battle with cancer. She was born in West Dover and was a daughter of the late William and Elizabeth (Blake) Cleveland. She is survived by her husband, Stephen, Halifax; daughter and grandson, Elisabeth and Geoffrey Jewers; Les Strugnell, Halifax and little Rocky, her constant companion. She is also survived by daughter, Lori, St. Pierre; St. Jean, Quebec; granddaughter, Jennifer, St. Pierre, Quebec; son, Colin, Halifax; daughter, Rosemary, Sackville; grandsons, Kyle and Luke, Sackville. Also surviving are sisters, Joy MacLellan, Halifax; Moira Hale, Cumberland, B.C. She was predeceased by brothers, Teddy and Hudson Cleveland. Burial will in St. James Cemetery, West Dover. Donations may be made to Sheffield Baptist Church.

DOREY, Mary Gerata "Rita" - 74, Halifax, died February 23, 2002, in the VG Site, QEII, Halifax. Born in Port Felix, Guysborough Co., June 18, 1927, she was a daughter of the late Jeffrey and Madeline (Bond) Pelrine. She leaves behind her husband of over 50 years, Arthur; loving sons, Albert, Michael, as well as a special member of the family, Pierre, all of Halifax; sisters, Matilda (Godfrey) Gaudet, Janvrins Harbour, Cape Breton; Jan (Oscar) Perry, Bedford; brothers, Stanley (Lillian), Jimmie (Marie), both of Halifax; Clayton (Stella), Port Royal, Cape Breton. She was predeceased by twin daughters at birth; sister, Geneva; brothers, Clarence, Lawson, Walter and Wallace. Very special thanks to her sister, Matilda, for her help and support in the last weeks and to Pierre. Cremation has taken place. Interment will be at a later date in West Arichat Cemetery, Cape Breton. Donations may be made to Canadian Cancer Society or a charity of choice.

DAWSON, William George - 84, Halifax, passed away February 25, 2002, in Northwood Manor. Born in London, England, he was a son of the late Nellie (Rowett) Dawson. He is survived by his daughter-in-law, Marlene Dawson, Ontario; grandchildren, Angela (Michael) Preyde, Allison (Dean) Flanagan; great-grandchildren, Megan, Kevin and Tyler. He was predeceased by his wife

Davina Dawson; son, Commander Ken Dawson CD; sister, Doris. Cremation has taken place under the direction of J. Albert Walker Funeral Home, 149 Herring Cove Rd., Halifax. Donations to the Canadian Cancer Society or Kidney Foundation of Canada, Nova Scotia Branch.

POIRIER, Arthur Joseph - 78, Halifax, died March 2, 2002, in the New Halifax Infirmary, QEII. Born in Louisdale, he was a son of the late Colin and Alma (Landry) Poirier. He is survived by his wife, Alma; daughters, Joanne MacDonald (Daniel) and Angela Poirier (Peter McCarmen), both of Halifax; brother, James (Patricia), Halifax; grandchildren, Justin, Loren; step grandchild, Molly; mother-in-law, Madeline Power. He was predeceased by daughter, Lisa; brother, Ernest. Cremation has taken place under the direction of J. Albert Walker Funeral Home, Halifax. Burial in Gate of Heaven Cemetery, Lower Sackville. Donations may be made to the Heart and Stroke Foundation of Nova Scotia or a charity of choice.

PORUBANEC, Veronica -86, formerly of Toronto, passed away Monday March 4, 2002 at the home of her daughter. Born in Winnipeg Manitoba, she was a daughter of the late Nicholas and Maria (Hnydka) Slywchuk. She is survived by daughters, Pat Wuerfel; Eileen Porubanec; granddaughter, Sharon Moe, Timberlea; nieces, Deanna Dobbish, Toronto; Nadia Dolenka, Winnipeg; nephew, Wayne Milbank, Aurora, Ont. She was predeceased by her husband, John Porubanec; sisters, Marie, Catherine, Helen, Sonya. Burial in Glendale Memorial Gardens, Toronto. Donations to the Canadian Cancer Society.

ALDRED, Laurie Tremaine, 46- Halifax, formerly of Wilmot, passed away March 7, 2002 in the VG Hospital Site QEII Health Sciences Center, Halifax. Born in Middleton, he was a son of George (Berry) Aldred and the late Gerald Aldred, Wilmot. He is survived by sisters, Janice (Keith) Keddy, North Kingston; Susan Lutz, Kentville; Christine (Lonnie) Sawler, Wilmot; Geraldine (Sam) Aldred, Toronto; brothers, Michael (Coleen), Halifax; Jeffrey (Susan), Wilmot; Rick (Gail), Melvern Square; several nieces and nephews. He was predeceased by a nephew Jamie Prall. Cremation has taken place under the direction of J. Albert Walker Funeral Home, Halifax. Private committal to take place in North Kingston Cemetery, North Kingston. Donations to Canadian Cancer Society.

GRANDY, Joseph Eugene - 18, Halifax, passed away March 6, 2002, in the New Halifax Infirmary, QEII. Born in Halifax, he was a son of Joseph Eugene and Stella Anne (Leaman)

Grandy. He is survived by sister, Katie, at home; paternal grandmother, Mary Eva Grandy, Halifax; maternal grandparents, Kaye and George Leaman. He was predeceased by his paternal grandfather, Eugene Grandy. Donations to IWK Health Centre, Halifax.

CLARIDGE (Pratt), Ennis Amelia - 88, Halifax, passed away Thursday, March 14, 2002, in the New Halifax Infirmary, QEII. Born in Halifax, she was a daughter of the late James Standen and Ethel Austin (Ratcliffe) Pratt. She is survived by sons, Edward, New Ross; Robert (Lee Ann), Williamswood; daughter, Joyce (Melvin) Barnes, Halifax; sisters, Ida Dennis, Ottawa; Lillian Zinck, Halifax; grandchildren, Mavis and Michael, Andrew, Daniel, Denise and Jennifer; 10 great-grandchildren. She was predeceased by her husband, Edward; brother, James; sisters, Winnifred Pratt, Dorothy Slaunwhite; grandson, Llewellyn; daughters-in-law, Deanna Claridge and Anne Claridge. Cremation has taken place under the direction of J. Albert Walker Funeral Home, Halifax. Burial in Emmanuel Church Cemetery, Sussex Street, Spryfield. Donations may be made to Heart and Stroke Foundation of Nova Scotia.

Announcements (Births etc.)

\$15.00 + hst

In Memoriams

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Church Services

Calvary United Baptist Church

12 Althlone Avenue, 477-4099

Rev. Carl Price

Summer Schedule for July and August is

Sunday at 10 am and Wed. at 7:30 pm

Christianview Church

276 Herring Cove Road, 477-7788

Pastor Jerry Kendrick, Pastor Gerald V. Kendrick

Sunday service 10:30 am and 6 pm

Family Teaching Night, Wednesdays at 7:30 pm

Emmanuel Anglican Church

322 Herring Cove Road, 477-1783/477-3538

Archdeacon Karen Hunt

Fall and Winter Service hours are Sundays at 8, 9:15 and 11 am and Tuesday at 7:30 pm

Gospel Light Baptist Church

Harrietsfield Elementary School, 479-3322

Pastor Reg E. Lewis

Sunday service 11:00 am

Call for mid-week bible study and youth groups

Open Door Community

11 Herring Drive, 477-8887

Chris Jarvis, Ron de Jager

Sunday praise and worship at 10:30 am

Parkhill United Church

Corner of Kirk and Parkhill Roads

Reverend Anne Singer, 868-2791 or 868-1445

Sunday Service and Sunday School 9:30 am

The Salvation Army Spryfield

7 Circle Drive, 477-5393/475-3456

Captain Bond and Marina Jennings, Pastors

Mens' Fellowship, bi-weekly Mon. 7 pm;

Women's Ministries, Tues. 7:30 pm; Prayer

Meeting & Bible Study, Wed. 7 and 7:30 pm;

Youth Group, Thurs. 6:45 pm; Sunday School

9:30 am; Holiness Meeting (Family Worship)

Sun. 11 am; Salvation Meeting, Sun. 6:30 pm

Saint Augustine's Anglican Church

290 Purcell's Cove Road, 477-5424/477-3433

Rev. Ron Appleton

Sunday Services Aug. 5-Aug 26 & Sept 9-10 a.m.

St. George's Greek Orthodox Church

38 Purcell's Cove Road, 479-0891/479-1271

Father Theodore Efthimiadis

Sunday service 9:30 am and 12 noon

Saint James Anglican Church

Harrigan's Road, 477-5424/477-3433

Rev. Ron Appleton

Sunday Services Aug 19 & Sept. 9 - 10 a.m.

Saint James United Church

Sambro, 868-2791/868-1445

Rev. Anne Singer

Sunday service 11:00 am

Saint John The Baptist Catholic Church

26 Purcell's Cove Road, 477-3110

Parish Administrator Rev. Richard Smith

Saturday mass 4 pm Sunday 9:15 and 11:30 am

St. Joseph's (Traditional Anglican)

Auburn Avenue at Thornhill Drive

Fr. Craig Botterill, Curate, 475-1986

Sunday 10:00 am Holy Communion (BCP)

Saint Michael's Roman Catholic Church

14 St. Michael's Avenue, 477-3530

Father John Mills

Services Sat. at 4 pm Sundays at 8:00 and 11 am

Saint Paul's Roman Catholic Church

151 Hebridean Drive, 477-3855

Father James Mallon

Services Sunday at 11:00 am

Saint Paul's United Church

173 Old Sambro Road, 477-3937/477-5090

Rev. Calvin Ginn

Sunday service 11 am. Sunday School 11 am

Saint Peter's Roman Catholic Church

Ketch Harbour, 868-2204

Father James Mallon

Services Sunday 9:00 am during summer months

Saint Phillip's Anglican Church

625 Purcell's Cove Road, 477-5424/477-3433

Rev. Ron Appleton

Sunday Service Aug 12 and Sept. 2 - 10 a.m.

Rent the Lions Den

Whether it is a Christmas party, anniversary, wedding, end of year banquet or other special occasion, the Spryfield Lions Den and hall are available for rent.

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For rental information or to check available dates, call Herman Peterson at 477-7753.



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Community Events

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To have your Community Event listed call or fax us at 479-NEWS or send e-mail to rhorner@ns.sympatico.ca

Roast Beef Dinner
St. Paul's United Church, 173 Old Sambro Rd. Spryfield, will hold a Roast Beef Dinner on Saturday April 27, from 4 to 6 p.m. Everyone welcome.

Tree Pruning Workshop
How do you prune trees and shrubs? Join Marjorie Willison from the Urban Farm Museum and Ben Taylor from Natural Beginnings for a pruning workshop at the Farm Saturday April 6 (rain date April 7). To register phone 477-6102.

J.L. Ilsley Presents "Shoe Art"
The art students at J. L. Ilsley Senior High School are presenting an exhibition called "Shoe Art" at the Economy Shoe Shop, Argyle St., opening April 1 and running until April 30. Vibrant displays of artful footwear will be open for viewing.

Community Planning Meeting set
A Planning Meeting will be held Saturday, April 13, from 9:00 a.m. to 1:00 p.m. at the Captain William Spry Community Centre. Phone Samantha Butler (479-4487) for more information.

The Cemetery Club
The Dartmouth Players are presenting the comedy The Cemetery Club April 3 through 20. Tickets, at \$11 and \$9, can be purchased by calling 465-PLAY.

ES Spring Fair
Elizabeth Sutherland School PTA will hold its Spring Fair on Friday, April 19, from 5 to 8 p.m. at the 66 Rockingstone Drive School. Games include fish pond, cake walk, sucker pull, bake tables, a silent auction and much more for the whole family.

Crime Prevention AGM
The Western Halifax County Crime Prevention Association, WHCCPA, will hold its Annual General Meeting and Election of Officers Monday, April 8, at the Tantallon RCMP office at Exit 5, Highway 103. Interested members of the public are welcome to attend.

Sambro Dinner Theatre
Tickets are now available for the "Home Sweet Home" Dinner Theatre being staged in St. James United Church May 3, 4, 10 and 11. Tickets are \$25 and there is a choice of lobster or roast beef dinner. For tickets or information contact Eva Mae Gray at 868-2660.

Lions Club Meets
Want to be part of a great tradition and help make your community a better place to live and work. The Spryfield and Area Lions Club meets the second and fourth Tuesday of every month to learn and work toward making this community a better place. For information on becoming a member contact King Lion Darrell Wentzell at 477-3664.

Annual General Meeting
The District 18 Business and Development Association, serving the area from Armdale Rotary to Sambro, will hold its Second Annual General Meeting at the Sussex Street Legion Monday, April 8, beginning with a networking session at 6 p.m. Deborah Grant, Executive Director, Downtown Halifax Business Commission, will be the guest speaker for the meeting scheduled to start at 7 p.m. A Board of Directors will be elected.

Merchandise Bingo
Chebucto Heights School will hold a Merchandise Bingo at the Royal Canadian Legion on Sussex Street Sunday, April 21, from 1 to 5 p.m. Everyone welcome to support a school fundraising project.

Watershed Association Meeting
The McIntosh Run Watershed Association will hold its next meeting at the Legion Monday, April 22, beginning at 7:30 p.m.

Legion General Meeting
The Royal Canadian Legion will hold its regular general meeting Tuesday, April 9, beginning at 7 p.m.

Bingo at the Legion
The Royal Canadian Legion on Sussex Street holds a bingo every Sunday afternoon at 1:00 p.m.

Be a Dial-A-Ride Driver
The VON of Greater Halifax is looking for volunteer drivers to help seniors through the daily rigors of groceries, doctors, banking or other errands. Interested persons who want to help on their own schedule should call 455-7433.

Legion Seniors Day
The Royal Canadian Legion will have a Seniors Day featuring Newfie George Monday April 15 from 1 to 5 p.m. All Seniors are welcome.

Members Wanted
The Chebucto Hiking Club is looking for members interested in walking and hiking the trails of Halifax County. For more information call 477-7142.

Farm Meeting
The Urban Farm Museum Society meets the second Monday of each month at the Captain William Spry Community Centre at 7:30 p.m. New members welcome.

Infant Massage
The Single Parent Centre on Sylvia Avenue will conduct Infant Massage Therapy sessions at the Centre on Thursday's at 2 p.m. with Hilary Marentette facilitating. Participants are requested to bring baby blankets for their infants. Monetary donations are accepted.

Seniors Club Bingos
The Young At Heart Seniors Club will use it's J. Albert Walker Golden Age Centre, 212 Herring Cove Road, to host band rehearsals, Card Socials Fridays at 8 p.m., Crib Thursdays at 1:15 p.m., and Darts Thursdays at 7 p.m. The Centre Meetings are held the first Tuesday of each month at 1:30 p.m. For information contact Elaine Wells at 477-0837 or 479-0624.

Food Bank
People interested in Food Bank services provided by the St. Paul's Family Resource Institute should call 477-5090 on Wednesdays for pick-up on Thursday.

Chebucto News

Business Directory



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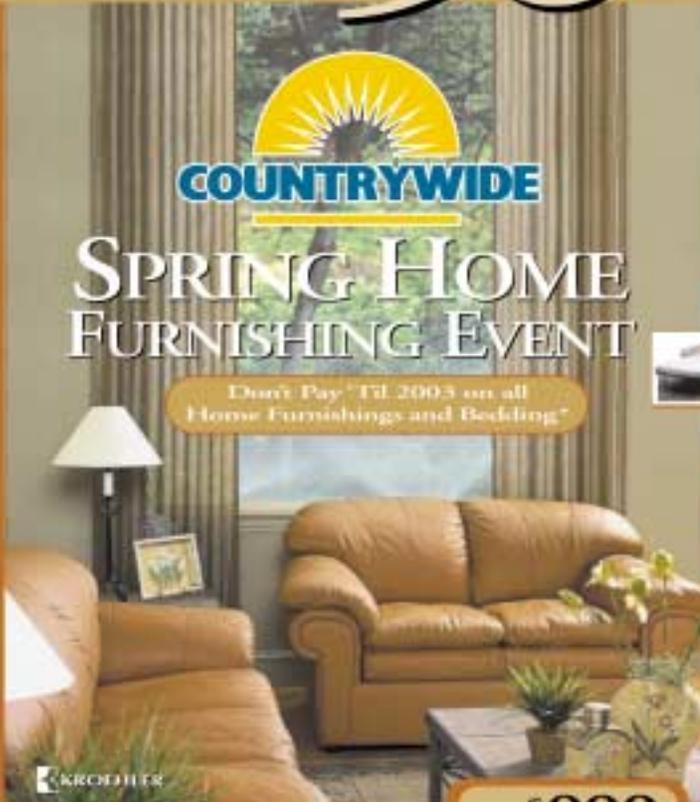
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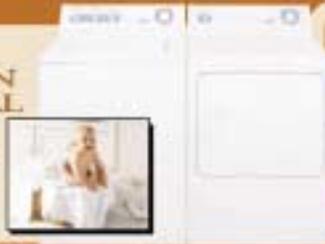
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