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Classic/Antique Car Show doubled in size this year

# Spryfield Village Harvest Festival exceeds expectations

by Bruce Holland

The Spryfield Village Harvest Festival was held from September 18th – 21st and by all accounts a good time was had by all! This year the Festival moved to the City Church and Sobeys parking lots on the Herring Cove Road and featured an expanded Family Fun Day. The Official Opening was held at The Spryfield Urban Farm for the second consecutive year as part of the Farm's Heritage Fair.

"We were very pleased at the response in only the second year", said

Gina Gray, Festival volunteer. Gina went on to say, "we had twice as many people participate in the giant yard sale and twice as many vehicles in the Classic/Antique Car Show."

We estimate there were three times as many people who attended the various events and activities over last year. The format for this year changed. Last year the Festival took place over three weekends, two days on each weekend. This year it was compressed into four consecutive days and we believe this was the reason for the increased attendance.

A highlight of the Festival was the Talent Show on Sunday afternoon featuring many local performers and topped off with Country recording artist, Kayleigh O'Connor. While it was special to have someone as talented as Kayleigh perform, I was especially impressed at the high quality and abilities of our local artists. With over 10 performances throughout the afternoon we were treated to some of the best entertainment I've ever had the privilege of seeing and hearing.

(See Festival on page 3)

# ECHO throughout the Community

by Carrie Forbes

On Friday, September 19th, twelve community partners announced a new partnership project at Chebucto Connections during a press conference.

Targeted for the Greater Spryfield area, the new Eastern Chebucto Hub Organization (ECHO) officially launched this new 'hub' initiative to provide a storefront for services that will rotate throughout the Chebucto Connections office on a monthly schedule. The goal is to offer a suite of services that residents can drop in and access in a convenient, accessible location that serves as the 'community hub'.

(See ECHO on page 2)

# McIntosh Run Trails Open House

Imagine a natural trail across the Back Lands from Spryfield to Herring Cove, hopping along the granite ridges before dropping down to follow the McIntosh Run's riffles and ponds to the ocean. The volunteers of the McIntosh Run Watershed Association (MRWA) have been imagining this trail for many years, and finally it will become a reality.

MRWA held a Public Consultation in Spryfield in November 2012 to present the Concept Plan for a system of singletrack trails on Halifax Park Land and Provincial Crown Land. The Concept Plan, developed for MRWA by

(See Trails on page 3)

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# **ECHO**

(continued from page 1)

So, what exactly is a 'hub'? The United Way of Halifax, who are funding this initiative, have been focused on the development of neighbourhood hubs as part of its Neighbourhood Strategy. Hubs are not only places for residents to gather, but places to drop in to access services, and most importantly, connect with other residents. The idea of a consistent place to serve the community harkens back to the days of the community hall when members could access the skills, abilities, advice and support of their fellow residents, which strengthened the social fabric of the community. By investing in neighbourhood hubs, United Way is helping residents to strengthen these community bonds while having access to important supportive services.

The ECHO initiative will host twelve key service providers that will set up a



The ribbon is cut at the launch of the Eastern Chebucto Hub Organization

'pop-up' style at the Chebucto Connections office on 531 Herring Cove Rd., on a rotating basis. These include the Captain William Spry Library, Chebucto Community Health Team, Addictions and Mental Health, Boys & Girls Club of Halifax, Chebucto Connections, Chebucto

Family Centre, Legal Aid NS, Progress Centre for Early Intervention, Schools PLUS, YWCA, IWK Primary Health and St. Paul's Family Research Centre. These providers will offer residents such services as how to access health services, help with child behavioural concerns, using technology, or dealing with mental health issues, just as a few examples. The concept is to bring the services to the residents to reduce access barriers like transportation, and create a feeling of acceptance and community.

The concept of the community hub has many benefits beyond simply providing services. When residents have the skills and supports to live productive and healthy lives, they can contribute to their communities in meaningful ways. Likewise, when neighbours know each other, bonds are also built, creating a vibrant, safe community with opportunity. ECHO came together through feedback and discussions at the Chebucto Connections Multi-Service Roundtable, where it became clear that a new model for providing services by collaboration, sharing resources and problem solving was possible.

To find out more about the ECHO initiative, its partners and the schedule, contact Chebucto Connections at either 902-477-0964, or visit chebuctoconnections.ca/e-c-h-o-eastern-chebucto-huborganization.



**Publisher:** Dan Doherty, 902-479-6397 Fax to 902-477-NEWS (6397)

chebuctoeditor@gmail.com

Mailing Address: P.O. Box 20141

Halifax N.S. B3P 1L1

Editor: Tangelene Ramsay,

#### **Circulation:**

12,500 copies Agent: Canada Post

Printer: Transcontinental Printing

Delivered free-of-charge to households in; Armdale, Bald Rock, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

#### Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

Email to: "The Editor" chebuctoeditor@gmail.com

#### **Advertising Inquiries:**

Please call Dan Doherty at 902-479-6397 Email: dan@dandoherty.ca

#### **Design and Layout:**

Sharon Ward Graphic Design Phone: 902-406-1305 Email: wards@eastlink.ca

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# **Festival**

(continued from page 1)

You always know you had a successful event when after it's over you receive many suggestions from volunteers and those in attendance about how you can make it bigger and better next year.

I would like to send out a very special thank you to the volunteers and sponsors who make this event successful. We have a very special group of people and businesses in Spryfield and the surrounding communities and without them we would not continue to be the best place to live, work and play!



Town Crier Robert Raoul reads the proclamation to open the Festival. Looking on are Bruce Holland and Pat MacLean

# **Trails**

(continued from page 1)

TrailFlow Outdoor Adventures, received overwhelming support from the 188 people in attendance at the meeting. This community support helped MRWA obtain approval from the Nova Scotia Department of Natural Resources and Halifax Regional Council to build and operate Phase 1 of the trail system.

Halifax has hired a national consulting firm, Eric Lees and Associates (Lees), to work with MRWA volunteers to develop the Detailed Construction Plan for Phase 1 of the trail system. This detailed plan will be shared with the community at an Open House on October 15th at the Captain Spry Community Centre. Maps will be on display starting at 5:00, with representatives from Lees and MRWA volunteers ready to discuss the plans and answer questions. The details of the plan will be presented at 7:00, followed by further opportunity for questions.

The trail system is being designed for shared use by hikers, mountain bikers, trail runners, and snowshoers, and will be closed to motorized vehicles. Trails will be less than 1 metre wide, with treads made as much as possible from the ground beneath your feet. Short boardwalks and "rock armoring" will carry users over wet areas without damaging wetlands and soaking shoes. A few bridges will be built over creeks and rivers. The complete trail system will be about 30 km long, designed and built in several phases over the next

several years.

Trail users will have the option to head out on a 30-minute loop to unwind from the day or spend several hours exploring the diverse landscape: the rushing river, placid pools, open granite barrens with ocean views, lakes that beg you to jump in, and glimpses of deer, beavers, eagles, owls and other wildlife. This connection with nature will increase public appreciation of the McIntosh Run and foster community stewardship of the watershed.

The trail system will provide suitable options for novice to experienced trail users, allowing a wide diversity of people to experience this beautiful natural area and the health benefits of outdoor activity. All trails will have some obstacles and irregularities on treads, consistent with the natural setting and materials used. This will reduce the speed differential between different types of users, thereby allowing the trails to be shared safely.

MRWA is applying for funding from government and the private sector to hire professional trail builders with education and expertise in singletrack trail construction, but many volunteers will be needed to help build and maintain the trails. Volunteers will receive training and their work hours can be used to leverage public funds. To learn more about the trail system and what you can do to help please come to the Open House on October 15th at the Captain Spry Community Centre, 16 Sussex Street in Spryfield. Doors open at 5:00, presentation at 7:00.



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# DISCOVERING OUR PAST



### We remember, 100 years later, local heroes of World War One

by Iris Shea

This year, 2014, is the 100th anniversary of the beginning of World War One. Commemorative ceremonies have been taking place in many cities in Canada honouring those brave Canadian men and women who volunteered to fight in "the Great War". The Battle of Somme, 2nd Ypres, Passchendaele, and Vimy Ridge were among the devastating battles in which our local men fought, many of whom were wounded or killed in action.

Nurses played an important role in World War One, at home and overseas. Wounded soldiers were sent back to Halifax during the war. The "acute cases building" at the Nova Scotia Hospital in Dartmouth was taken over in December 1915 as a military hospital for infectious diseases and remained for the duration of the war, reverting to non-military use in 1919. Graduate nurses from the Victoria General Hospital School of Nursing, Halifax, NS, and from St. Joseph's Hospital School of Nursing in Glace Bay, NS, made up the contingent of 27 nursing sisters for the 7th Dalhousie Stationary Medical Unit. They sailed for England December 31, 1915. Other local nurses joined the Canadian Army Medical Corps and applied to go overseas where they served in hospitals in England and Europe. Annie Olive Piercey was one of those nurses.

Annie Piercey was born in 1884 in Dutch Village (now part of Fairview), the daughter of Charles Edward Piercey and Eleanor Jane Drysdale. Annie's mother was born in Greenhead, near Goodwood, NS, and her maternal grandmother, Elizabeth Drysdale Yeadon, grew up in Spryfield. Annie graduated from the Victoria General



Annie Piercey, Nursing Sister, WWI, 1918, courtesy Piercey family

Hospital School of Nursing in 1915 and worked at the Infectious Diseases Hospital following graduation. She joined the Canadian Army Medical Corps and in May, 1917, sailed for England where she worked as a nursing sister in the Duchess of Connaught Red Cross Hospital and in Red Cross hospitals in France. She resigned her commission in July 1918, four months before the war ended. Following her return to Halifax she worked at Dr. Mader's Hospital on Coburg Road. Annie was awarded several medals for her service in World War One, including one for Honourable Service. She was a lifelong member of Bethany Presbyterian (later United) Church in Armdale. Annie Olive Piercey died December 31, 1959, aged 75 years, at the home of her niece, Bessie (Mont) Redmond, Middle Musquodoboit. She is buried in St. John's Cemetery, Fairview, NS.

John George Piercey, born 1888, was Annie's younger brother. He sailed overseas in October 1914 with the 1st Brigade of the Canadian Field Artillery. George, as he was known to his family, kept a journal of his wartime experiences and activities. He did not write much about the conditions that he and other soldiers endured, but wrote about going "over the top" at Vimy Ridge on

Easter Monday, April 1917 and what he and his men experienced during the series of barrages on the German front. Lieut. Col. Piercey survived the war but died November 18, 1918 of an ulcerated tooth one week after armistice. He was awarded the Distinguished Service Medal and is buried in Auberchicourt British Cemetery in France. (Thanks to MSHS member, Allan Marryatt, for his military research on John George Piercey).

Walter Melville Billman, 2nd Lieutenant, son of James and Grace (Kaye) Billman, was born in 1892 at "Melvillewood" (the name of his parents' house on the Herring Cove Road at Chocolate Lake). He attended Dalhousie University and was chosen as Rhodes Scholar for 1913. He was studying at Oxford University in England when war broke out in 1914. Walter joined the Middlesex Regiment of the Imperial Army, 6th Battalion and, later, was attached to the 1st Battalion, Middlesex Regiment, and 98th Brigade of the 33rd Division. He died of wounds November 5, 1916, during the last days of the Battle of the Somme. He was 24 years of age and is buried in Grove Town Canadian Cemetery, Meault, France. His name is inscribed on the Billman family monument in St. John's Cemetery, Fairview, NS . (Thanks to MSHS member, Wayne Shellnutt, for his research on the military history of Walter Melville Billman).

Philip Levi Findley was born April 8, 1885, in Sambro, the son of Joseph and Eleanor (Gray) Findley. He applied to go overseas November 5, 1914. His occupation at the time was "student". He was studying to become a Methodist Church minister. On November 18, 2014, he married Julia B. Nickerson, daughter of George and Charlotte (Yeadon) Nickerson of Pennant. His occupation on the marriage register was listed as Clergyman. Philip Findley died in France 29 November 1918.

A monument in Sambro, behind the Sambro Elementary School, lists other Sambro men who died as a result of fighting in battles overseas during World War One. Joseph Tough, killed in action in 1916; Harold W.A. Smith, born 1896 in Sambro, the son of John Nathaniel and Flora (Morash) Smith, died of wounds June 14, 1917; Clyde Burton DeVille, born in England, married Martha Young, daughter of Robert W. and Mary J. (Gray) Young of Sambro, died of wounds October 9, 1918; Lester Borden Young, a brother-in-law of Clyde DeVille, killed in Action November 20, 1916; Everett Marryatt, son of William and Susan (Gray) Marryatt of Sambro, married Margaret Hurley December 12, 1908, killed in action August 15, 1917.

World War One had an impact on every family in every community in Mainland South. On November 11, 2014, we will honour all those who served.



Chebucto News needs a new reporter to cover events at J.L. Ilsley! If you are a student at the school with an interest in writing, the time to cover and report on at least one event a month, and are interested in this volunteer position, please email the editor at chebuctoeditor@gmail.com.





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# **Resolution Ceremony honours** outstanding individuals

by Sarah Fraser

Brendan Maguire has hosted his first Resolution Ceremony as our Halifax Atlantic MLA, and the recipients that attended the Wednesday, September 17 evening event were more than tickled to accept.

Brendan said it was important to recognize individuals in our community for their outstanding work.

"There are a lot of amazing people in our communities who dedicate their time and money to all different causes in our riding. I believe they deserve to be recognized for all they do."

People and organizations were recognized for a variety of things.

Stephanie Smith and Sue Paul were at the event to accept recognition for their work on Saving the Sambro Island Lighthouse.

"We formed a non profit organization called the Sambro Island Lighthouse Preservation Society. Prior to that, we collected approximately 5500 signatures requesting the federal government continue maintaining the Sambro Island lighthouse." said Stephanie Smith.

Sue Paul added, "We have tried to get the message out that it's the oldest operational lighthouse in the Americas and it belongs to Canada and deserves a place in our culture and our history."

Also on hand to accept an award that evening were Christopher Webb and Victoria Folger of Pavia Gallery Espresso Bar and Café. They were nominated by the Chamber of Commerce for the Top New Business award.

Cheryl Matheson accepted awards for organizing prom dress donations for Pathways for Education and an award congratulating Chebucto Connections on the grand opening of their office.

Kathleen Foster-Alfred accepted an award on behalf of the Spryfield Lions Club for organizing the Rene Quigley Bowling Challenge.

The recipients were honoured to

have been recognized and brought their friends and family to celebrate with them. Brendan says this is only the first of many acknowledgements to come. "I do plan on doing more. I am constantly looking for outstanding individuals, groups and organizations. These are the people and organizations who work away quietly in our community and deserve recognition. I encourage people to email, text or call me if they know someone that might qualify."

"I chose people who contribute to our communities, families and friends. People who helped install pride in our communities."

\*\*Editor's Note\*\* Although she is too modest to mention it here, the Chebucto News is proud to announce that Sarah received an award as well. She was recognized for her work with local cat groups. Sarah is involved in animal rescue, spay/neuter programs, and awareness programs.

# Do you know what you should about Wills and Executors?

by Michael H. Whynot I have two related questions.

Firstly, do you think you have an estate? If you own a home or cottage, have a bank account, investments, life insurance, registered plans and are receiving Superannuation or similar benefits where death benefits are payable, you definitely have an estate. To keep costs down to transfer your hard earned assets to the next generation, you should be in touch with your lawyer to have a properly prepared Will. If you die without a Will, you are what is known as intestate and there is a pecking order on who can look after your estate. In that situation, if a family member is appointed by the Court, that family member must be bonded through a Surety which would not occur otherwise. The premium for that bond is payable by the estate which adds an unnecessary cost. If there is no family

member to look after your estate, the Public Trustee will be appointed by the Court. In addition, how you want to distribute your estate is taken away from you and the Intestate Succession Act of Nova Scotia decides who is to receive it.

Most of us, at some point in time, will be called upon to act as an Executor to administer the estate of a loved one or a good friend. That can be overwhelming if you've never done that before or don't have the time to spend to do it effectively or on a timely basis. This brings me to my second question. Would you know where to start and what is expected of you? As Executor, you must apply for Probate, advertise for creditors, advise the beneficiaries of their entitlement, collect the deceased person's assets, arrange to pay all outstanding debts, prepare and file an Inventory of Assets with the Court, and

prepare and file all outstanding personal income tax returns as well as a tax return for the estate with Canada Revenue Agency. There are timetables on which these tasks must be done. You must also obtain income tax clearance certificates in order to distribute the estate. If there is a home, cottage and vacant land, they must be dealt with as well.

If you find yourself in that position, I welcome an opportunity to meet with you and offer my services to be of help. (902) 719-7707 or mikewhynot55@ gmail.com

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### Seniors' Beat:

# It all ties together

by Beverley Clarkson

There once was a time when The West did not get all our best and brightest; in fact the reverse has been known to happen. Marjorie Willison arrived in Spryfield from East Hanna, Alberta you know, where Nickleback is from and wove her life fiercely into ours so tightly that she is a fixture of our local identity. "I love Spryfield!" she exclaims. "This community is so vibrant: it is exciting that people are fixing up their houses, making beautiful gardens, there is everything here you could want. Police say there is less crime here than anywhere else".

You may have heard her on CBC radio for the past thirty years or so, on Maritime Noon, where she answers questions on gardening. Why gardening? When she and her husband moved to their house in Spryfield, they dug their own garden to feed their two daughters. "We've always been interested in food and healthy eating, and it was natural to grow it. When I figured out what to do, I wrote Easy Garden Planning to help other people learn how to raise healthy children on good food. Now I'm a food activist."

A Gardener's Almanac and East Coast Gardening followed, and now she has a new book out: Come Grow With Us: A Family Guide to Growing Vegetables. You can get it at No Frills, Spryfield, for \$15 and support the Urban Farm Museum which benefits from the proceeds.

Her calling in Occupational Therapy and Ecology informs the choices she makes to this day: an ethic to help others live healthier lives. She's also a believer in physical well-being especially through aerobic exercise. "I love my nordic walking poles!" And taking a graduate Certificate in Aging at Dalhousie, which all works together. "What's good for the heart is good for the brain."

She believes that one critical issue for seniors is a sense of community. "I love to connect to younger people, I've sort of adopted a young family nearby; they just make my life richer." And she delivers herself to her community: she serves on boards and committees, was a founder and Executive director of Chebucto Connections to promote educational achievement in young people, and is involved with a food security program at Mount Saint Vincent., among other ventures.

And by the way, she sings, especially classic folk songs. Just for her own entertainment she says but then there are those performances like the St Paul's Annual Garden Party and other local venues at Christmastime.

OK, so where does she get her energy? "Oh, I'm so lazy" she laughs. Yeah right. "No really, I'm an introvert. They've learned so much about this now; it doesn't mean we don't like people or hide away, it just means I get my wells filled up being alone and maybe reading for an afternoon. An extrovert gets their energy from being around

people. But it's always one extreme way that leaves the others out. When we were kids we all sat in rows and were quiet; today all kids sit in circles and talk. There should be balance for both types to bring out their best."

An advocate for her community and its people despite tough times, she is excited by the potential in the Ivany report, Now or Never at http://onens. ca/report. "We have to pull together to build our province again. I 'm so impressed with young people today" she exclaims." They are so bright, they understand the deep issues and are full of hope." And "when I see so much that needs to be fixed, I just concentrate on my corner of the world and help where I can".

In her new mission to help us with growing older, she has a number of thoughts. "You need other people. Have a friend." And "if you're younger, think long and hard about what community you pick to live in and stay involved in it. And of course get exercise to keep your brain healthy."

So thank you, Marjorie, for sharing your life as an example, and your continuing work to help us do better. Life is a circle after all, we all connect to each other; and the love you bring makes our discoveries of life exciting and bigger than we knew. We are richer for you being here.





The Spryfield Village Harvest Festival Flea Market proved to be popular with all ages

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# The benefits of Stem Cell Therapy for your dog



What would it take for you to ease your dog's pain? Until recent advancements of stem cell therapy, pet owners watched their pets needlessly suffer from the pain of arthritis, swollen joints, ligament strains, hip dysplasia, and other stresses of aging. Some problems respond to surgery, therapy, and medications, but stem cells promise new relief for dogs and owners alike.

#### **Define stem cells**

Stem cell therapy is the use of stem cells to treat or prevent a disease or condition. Bone marrow transplant is a form of stem cell therapy that has been used for many years.

Just as in human beings, animal stem cells eventually differentiate into specific functions, like bone, muscle, and blood. They also have the ability to regenerate and multiply, repairing and replacing ailing or damaged cells.

- Embryonic stem cells come from the embryo and placenta. They can reproduce into any cell type.
- Adult stem cells cannot make a complete organ, but they can differentiate along related cell lines. These cells can be removed from animal fat and treated to be reintroduced to a patient needing healing or regenerative treatment.

#### What does our vet do?

Adult stem cells are so concentrated in the fat tissues of animals that it is not necessary to process them through a culture which would reduce or eliminate some benefits like their anti-inflammatory effects. Cells are extracted quickly and easily. Light anesthesia is administered while a couple of tablespoons of fat are extracted from the inner thigh, shoulder, or abdomen. After a few hours of treatment, the cells will be injected into your sedated dog's bloodstream or affected areas while the cells are at a high level of vitality. The American Veterinary Medical Association supports animal stem cell therapy and continued research in the field. You and your pet should notice pain relief within the next few days. One indicator of improvement is gradually increasing energy and activity on your pet's part.

#### What do research results show?

Stem cell treatment for dogs uses autologous adipose-derived cells (AD-SCs). By adding high-density plateletrich plasma (HDPRP), the resulting cells are deemed effective in treatment of open wounds and specific location

placement (like inside joints). These same AD-SCs have proven of value in treating musculoskeletal disease and tissue injury by replacing the degenerated cells. Multiple studies have shown the efficacy in treatment of connective tissue and joint repair, but some results depend on anecdotal reports from pet owners.

## What are benefits to your and your dog?

Any procedure involving anesthesia bears some risk, but the potential for side effects is minimal because the cells are from your own dog. The stem cells work quickly to replace and regenerate existing problematic tissues and cells, and, in doing so, they slow the current cell degeneration.

You should see an improvement quickly — depending on the seriousness of the issue and the age of the dog. A simple choice based on some

ready information can mean the difference of a lifetime to your beloved dog. Stem cell therapy can restore your pet's energy and activity after long-suffering degeneration and debilitating pain.



Two future racecar enthusiasts watch the delicate manoeuvres as a fine-tuned machine is gently lowered to the ground during the Spryfield Village Harvest Festival this year



# Spryfield's weekly 50/50 draw

#### PLAY AT:

**Bowlarama** Spryfield Mall Boys & Girls Club 11 Aldergrove Captain Spry Centre 16 Sussex Danielsons General Store 5 Dentith **Dial A Tire** 308 Herring Cove **Guardian Pharmacy** 205 Herring Cove Head Shoppe 318 Herring Cove McDonalds 331 Herring Cove Melville Heights 24 Ramsgate Lane Mishoo's West Pennant No Frills 16 Dentith Now We're Cooking Herring Cove Rink Ratz Skate Sharpening Spryfield Arena Royal Bank 339 Herring Cove **Shoppers Drug Mart** 315 Herring Cove **Sobeys Spryfield** 279 Herring Cove Spryfield Lions Rink 25 Drysdale

Play weekly before 3 pm Tuesdays!

### **Spryfield Business Breakfast Club**

**Your Buy Local Specialists** 

Michael Whynot	Agent for Executor	719-7797
Dan Doherty	Water N Wine Spryfield	478-4023
Cora Cole	Move the Median Business	
	Consulting and Coaching	222-7447
Wyatt Redmond	Beaver Enviro Depot	479-2929
John Cunningham	Canadian Tire Spryfield	477-5608
Darlene Croscup	Royal Bank	421-8973
Dan MacDonald	RBC Mortgage Specialist	817-6678
Fred O'Hearn	Lumbermart	477-6500
Jason O'Hearn	Lumbermart	477-6500
Gerry Mendelson	Mendelson Financial	479-7000
Ryan Brennan, LLB	Clyde Paul & Associates	477-2518
Sandy Martin	Cuts of Class	477-7351
Donnie MacLeod	MacLeods Auto	477-4682
Angela Pellerine, CMA	Add it Up	499-8076
Linda Levin	The Pampered Chef	479-1625
Irene Swindells	Melville Heights - Independent	
	Living for Seniors	477-3313
Bruce VanBuskirk	Blade Lawn Care	499-2823
Linda Maclaggan	Spryfield Physiotherapy	479-7500
Margaret Mann	Mann Mechanical	868-1324
Adem Hamidovic	Portico Web Design	452-4584
Noreen Battaglia	Language Therapist	477-3707
Christa L. Hornberger	Halifax Global Inc.	491-4483
Alice Morris	Bowlarama Spryfield	479-2695



Remember: community shopping equals community jobs and community jobs translate into the improved health of our community!

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# **Justice Nova Scotia** — **Family Law Update**

by Honourable Lena M. Diab, Minister of Justice and MLA for Halifax Armdale The Justice Department has been working on modernizing and updating Nova Scotia's family laws to help families experiencing various legal issues. These are difficult and emotional situations for families and we want to make sure the law doesn't make it more confusing and complicated.

I encourage you to visit the Family Law of NS website at http://www. nsfamilylaw.ca/. On here you can find information on Separation/Divorce, Custody/Access, Child Support, Spousal Support, Child Protection, Family Violence as well as other helpful information. The website is very comprehensive and will help anyone facing a family law related matter understand what their options are.

We have also made changes to

certain laws which are meant to address specific challenges, and to make the law clearer.

On September 1st, 2014, the Maintenance and Custody Act was updated to make it easier for grandparents to gain access to see their grandchildren. As a grandparent myself, I know the important role we can play in the lives of our grandchildren.

With the changes to this law, grandparents can now make an application to the court for access to their grandchildren without having to ask for leave. Before this change, grandparents had to ask for the court's permission to move forward with their access application. This is no longer required. For more information on this change, you can find a fact sheet at http://www.nsfamilylaw.ca/custody-access/informationgrandparents.

### Anniversaries, births, grads, and special notices:

Celebrate your happy moments with an announcement in Chebucto News! This space is 1 column wide (2.44") x 3.8" deep, photo and caption, black and white, only \$65; for a message with no photo, only \$50. For more details, contact dan@dandoherty.ca.

# **Spryfield Village Heritage Festival**





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# Fresh Seafood What a Deals

1 pc Fish 'n Chips \$5 BUCKS

2 pc Fish 'n Chips \$7 BUCKS

8 pc Family Pack Fish 'n Chips,

Coleslaw & Gravy \$21 BUCKS

# Family Deals

16" - 1 Topping Pizza and 12" - 3

Topping Pizza or 12"

Garlic Fingers \$20 BUCKS

16" Pepperoni Pizza "LOTS

of Pepperoni" \$13 BUCKS

16" House Works Pizza \$18 BUCK\$

Any 16" Pizza, Any Family

Salad, 10 Wings \$27 BUCKS

Any 16" Pizza and

Sampler Box \$27 BUCKS

Two 16" Pizzas/Garlic Fingers (4
Toppings between them) \$23 BUCKS

# Traditional Pizza

ANY 18" Pizza \$22 BUCKS

16" Pizza \$18 BUCKS

16" Pepperoni \$13 or 2 for \$30

12" Pizza \$13 BUCKS

9" Pizza \$10 BUCK\$

or 2 for \$16

# Combo Deals

**EITHER** 2 - X-Treme 6" Subs or Wraps and a Med. Salad

**OR** 2 - 1/4 lb. Greek Donairs and a Med. Salad

OR 2 - Lasagna and 2 Garlic Bread

OR 3 - X-Treme 6" Subs or Wraps

or 3 - 1/4 lb. Greek Donairs (or mix)

**OR** 9" 3 Topping Pizza and 9" Garlic Fingers or a Med. Salad

\$13 BUCKS

UNCLEBUCKSPIZZA.COM

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# Sammy says: What a summer it has been!



What a great summer I had monkeying around Sambro!

Final figures have yet to come in, but the Sambro Sou'Wester days profited over \$10,000 this year. This amount will be transferred to the savings account for a future community centre. The carried forward balance in the working account will remain at \$10,000 as our start up for Sou'Wester Days

2015. Mark your calendars now for August 7-9, 2015! The Committee is making a note of what worked well and what still needs to be tweaked, and have already come up with some potential new events for next year. Every year the festival just seems to get better and we are always looking for fresh new ideas. If you'd like to become involved, it's never too early or too late! Just call 475-1583 or email harnish@ hfx.eastlink.ca.

A \$6000 grant was approved for the James McPhee Memorial Baseball Field

this year. Skip Horton and friends do a great job of looking after the field. Skip is seeking to expand the parking lot and Steve Adams and Brendan Maguire are assisting him in the process, as assessment reviews need to take place.

On November 2 there will be a craft fair at St. James United Church in Sambro. I can't wait to meet lots of new friends and see what my crafty neighbours have been up to!

You can follow Sammy Sambro on Twitter and Facebook to see his latest antics and adventures.

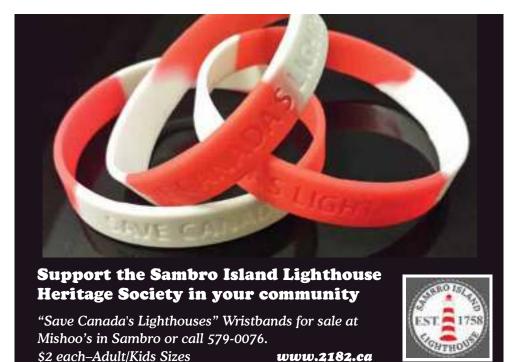


## **Brendan Maguire MLA** Halifax Atlantic

902 444 0147 brendan@brendanmaguire.ca

🚰 Brendan Maguire 🛮 🎅 @brendanmagu

349 Herring Cove Road, Suite C Halifax, Nova Scotia B3R 1V9



# LUMBERMART ANNOUNCES NEW COMMERCIAL DEVELOPMENT





Fred & Jason O'Hearn, owners of LumberMart, located at 751 Herring Cove Road (and also in Burnside) recently announced plans for a new commercial development on the current site of their Lumber and Hardware Outlet in Herring Cove. As Fred plans to retire early in 2015, and Jason prepares to take the reins of the 30-year-old Spryfield company, there has been much discussion about the future direction of the company—and in particular their 3+ acre site in Herring Cove. The redevelopment will be done in phases as market conditons dictate, with Phase 1 beginning in the New Year. Both agree it is a changing, growing community and something like their proposed development is warranted. Spryfield South (everything past Spryfield Mall) has been growing, not only with new housing development but with business as well. In the past few years successful companies such as Pavia Art Gallery and Restaurant, Duel Properties Inc., Leahey's Landscaping, DC Heat and, more recently, Chebucto Connections have moved their offices into the area. This coupled with the brand new 10,000 sq. ft. Salvation Army Thrift Store, gives people more and more reason to travel a little further down the Herring Cove Road.

What does this mean for the LumberMart location in Herring Cove, going forward? Not much will change except the retail space will be better merchandised to meet local demand. Not everyone wants to shop in a big box store and the convenience of shopping right in their home community has a lot of benefits for many, especially those that support the "Buy Local" program. Our LumberMart Express new concept store will have everything for home improvement including showroom areas for kitchens, doors, windows, and even expert installation of everything we sell! Plus, you can still pick up the items you'll need for your weekend projects—everything from plumbing and electrical to molding and fasteners—and a whole lot more. We will carry everything needed for day-to-day home improvement, with back-up available from our Burnside Distribution Centre.

LumberMart Express will ramp up service to **Spryfield** — Over the years much of what we used to do at our Sprvfield store has been consolidated and is now done from our Dartmouth location. It is easier, for example, to do 90% of our deliveries out of our Dartmouth store, as most of our suppliers are located in Burnside. This means no delays in waiting for product to come in to fill your order, plus we plan to implement a "Sudden Service" fleet of vehicles to serve all of Metro. Contractors demand next day deliveries and we know can do the same for the the consumer. Faster accessibility to product, especially special order materials, means we can react faster than our competitors at the Big Box Stores who usually need 1-2 weeks—we can do it in 1-2 days if the product is available. When many companies are opting out of "Bricks and Mortar Stores" we'd like to break that trend by being as close as we can to you... right in your community! We believe that streamlining operations and expanding the Herring Cove property will attract more foot traffic to LumberMart, since area residents will have more reasons to visit the newly tagged complex—"HANDI-CITY"—as more businesses locate here.

**Space Available Soon** — The O'Hearn's are targeting businesses complementary to LumberMart Express, such as Tool Rental, Small Engine Repair, Contractors, etc. but there are so many other services which are needed in the area. Fred mentions they are very motivated to fill the space in Phase 1, so they can move on to Phase 2! They welcome inquiries from any budding or seasoned entrepreneurs who are contemplating a move

or a new location—they will work with you to make it right and do all they can to ensure your success in the community. LumberMart has been in "Spryfield South" for 30 years and know that if you build it, they will come. Contact Fred (902-209-5427) or Jason (902-209-5429) for a confidential chat... they'll take you to Pavia for the best coffee of your life!

Time Lines and Transformation — A major Clearance Sale will be held at LumberMart, starting in November, as most or all of the regular inventory must be liquidated to make room for the new concept store. It will be tantamount to a store closing sale with virtually everything being reduced—it is easier to restock with new merchandise than to box up exisiting stock and bring it back out later. Watch these papers, first for the massive Sale and then as the all new "LumberMart Express" takes shape in January/February (our slowest months) to be ready for the Sping 2015 season. One thing we can promise is that the people of Spryfield and the Loop will see deals like never before and, once complete, a store like no other-offering so many neat, helpful items coupled with the expert service you have come to expect from our seasoned staff.

It all starts soon at LumberMart!



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# Current bylaw cannot enforce street paving quickly after repairs done by Linda Mosher, HRM Councillor, District 9

### Request to Amend Streets Bylaw S-300 – Fairmount example

At the last Council meeting Council approved my request for a staff report considering an amendment to Bylaw Number S-300, respecting streets — with a proviso that if a permit has been issued for work in the public street and the work in the street has been completed and back filled, that the street must be paved within seven days. This paving can be temporary but the streets must not be in a gravel condition.

As it currently stands contractors can leave our streets unpaved, in a gravel state, which can cause health concerns, dust, noise, and lead to nuisance complaints and safety issues in traversing the streets. An example is the Lakeside Diversion Project where the only two accesses and egresses to a large subdivision (Fairmount) with two schools have had the asphalt removed and the work was completed months ago. Halifax Water and their contractor have continually requested that the company performing the work pave the street; however, since it is not in our bylaw they cannot be forced. This project is on-going and the streets still have not been paved. These issues occur throughout our municipality and residents should not have to put up with these rocky, dusty roads for over one week after the work has been completed which is why I requested an amendment to Bylaw Number S-300.

# **Mobile Canteens Now Able to Operate at the Dingle**

For the last several years no one has responded to our Request for Proposals to operate the Dingle canteen in Sir Sandford Fleming Park. Residents have requested that they be able to purchase food at the park, and as a result I requested that food trucks be allowed in the parking lot area by the former canteen and washroom area. The staff report to Council recommended this site, along with three others. They are: Purdys Lane, North side of the north loop of the crescent, 27 metres East of Upper Water Street; Waterfront Drive, East side, 35 metres North of driveway to Park Parking Lot (adjacent to DeWolf Park in Bedford); and Point Pleasant Park – Parking Lot at Black Rock Beach. Council amended our Vending Bylaw to include these four new designated sites for Food Service Vehicle Vending. Vendors must comply with our regulations for vending at these sites.

#### Request to Change By-Law C-501 Respecting Commerce and Vending on Municipal Lands

This summer a resident from our district contacted me about our vending bylaw. For the past fifteen years he had sold golf balls from two locations: Prospect Road and St. Margaret's Bay Road. He informed me that one Saturday a Bylaw Officer dropped by and told him that he was not permitted to sell golf balls as he was in an unsafe location in the municipal right-of-way, and that he did

not have a permit. Furthermore, the officer told him that there was no ability to obtain a permit for selling golf balls. This was surprising to me, as I noted other vendors were able to sell pies, seafood and other items in our right-ofways. Currently the only merchandise that can be vended are food, beverages, handicrafts and flowers.

In researching the legislation governing HRM's Vending Bylaw it was clear to me that only food items or crafts are permitted to be sold and that the bylaw did not permit the sale of items such as golf balls. I brought the matter to Regional Council and, as a result of my request, Regional Council requested a staff report to examine possibilities for 1) Broadening the type of goods that can be sold by street right-of-way

vendors; and 2) Minimizing permit fees. This may require changing the funding model of the permit program. I noted that there needs to be designated 'safe' spots for vending and that a \$450 permit can be excessive for seasonal, limited time vending and that new rates based on location, product and duration is needed.

At Council I highlighted that this senior was able to supplement his fixed income, it was a seasonal activity, and it was also an enjoyable, social activity for him – he obtained the balls; sorted and cleaned them, and then sold them. I also pointed out that recycling is one of the 3 'R's and a success for our solid waste program. Selling used golf balls is a great way to recycle!

# Welcome to fall! by Stephen Adams, HRM Councillor, District 11

#### Captain William Spry Centre

You will notice the new entrance to the Captain William Spry Centre from Herring Cove Road. This access may make it easier to enter the centre and partake of the variety of activities available: pool, gym, library and meeting space wherein a variety of community groups meet

#### **Road Construction**

I want to thank everyone for their patience during the road/sidewalk construction season. We are almost at an end for this year and I realize that there have been some traffic delays due to this necessary work. Although frustrating, the end result is a safer, improved transportation corridor.

#### **Bus Shelters**

Over the past weeks, I have had a number of requests for bus shelters in and along the Herring Cove Road. In response to my inquiries, our staff advised that Halifax Transit has approximately 2500 bus stops in HRM resulting in numerous requests for shelters. All shelter requests must meet certain criteria to be placed on the list. Out of the many requests per year, our budget annually for new requests would equal on aver-

age four to five shelters per year. The main criterion that has to be met is the number of passenger boardings per day at the particular stop. On average, 100 or more boardings per day would be required. One stop at Hebridian Drive and Herring Cove Road (in bound) had a count of an average 11 boardings per day and would not meet the initial criteria.

#### **School Crossing Guard**

Recently, I received the results of the analysis done in regard to the request for a Crossing Guard at the Elizabeth Sutherland School on Rockingstone Road. The standard that has to be met in order to have a Crossing Guard assigned for elementary school age children is 20 to 60 children crossing per hour and 300 to 500 cars per hour. The results of the survey conducted at the two marked crosswalks closest to the school, counting the number of pedestrians and the number of vehicles, does not meet that standard.

The first survey, with counts taken at four separate times during the day, showed a fairly high student count but traffic count was low. The highest count for students crossing was 9 with

95 vehicles and the highest count for vehicles crossing was 121 with only 5 students crossing. A second survey will be done at a later date. Based on these numbers, and if the second survey is the same, there will be no crossing guards assigned to either of these locations.

#### Junior C Hockey

As I have mentioned in previous articles, our Junior C Hockey team has started its quest to repeat as champions. We have a number of returning players and we have added a few very impressive new recruits. Check our website at spryfieldattack.com for our schedule and team news.

#### J. L. Isley High School Reunion

I've been advised that a high school reunion is being planned for J. L. Isley High School classes 1982 to 1986. The event will take place on October 11th from 1:00 p.m. to 4:00 p.m. at the school with an evening event planned at Pacifico. For more information, please see the Facebook page JLIsley.

#### Contact

If you wish to speak to me in regard to municipal issues, please contact me by phone at 477-0627 or email at Stephen. Adams@halifax.ca.





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# The Halifax Armdale Report

by the Honourable Lena Diab. MLA for Halifax Armdale

Welcome back to another issue of the Chebucto News and another exciting school year! It has been a busy few months for us all as students rush back to schools, colleges and universities. There have been many exciting new events and activities in our community in September.

I started the month of September feeling very cold after participating in the ALS Ice Bucket Challenge with Vicky Levack! I was delighted to join Vicky and take the Ice Bucket Challenge with her when she told me she would be participating and raising money for the ALS Society of Nova Scotia. Vicky approached me during the Arborstone Garden Party while residents were enjoying a wonderful Friday afternoon of singing and live music with John DeWolfe.

I was very pleased to support the launch of the Eastern Chebucto Hub Organization (ECHO) on September 19. This is a project of Chebucto Connections. Through United Way Funding, Chebucto Connections is working with a wide variety of non-profits, government, municipal, health and social service organizations to provide communities with better service in a more collaborative way. I encourage anyone who may be interested, to drop by the Chebucto Connections building (531 Herring Cove Rd) to check out the various programs they offer. I truly believe in a model where service providers work together to make it easier for Nova Scotians to access services and resources. This is an example of the innovative work happening around the province that is being driven from the ground up by community groups.

The 1st Armdale Scouting kicked off their year by participating in the Great Canadian Cleanup on September 20th. This is the group's 7th year participating in this important event. It was wonderful to see the young boys and girls show great enthusiasm for cleaning up our environment as we walked through Horseshoe Island Park. The 1st Armdale scouting has been active in the Armdale area since the 1930's and for the past 17 years in their latest incarnation.

I would like to send my sincerest congratulations to the management team of Tim Hortons Store 53 on the Grand Opening of their newly renovated location on Osborne Street. This Tim Hortons was the very first to open in the city of Halifax, established in 1975 and still under the same management until this day. The store first opened on the Herring Cove Rd, but later re-located to Osborne Street in October of 2002. Best wishes for continued success Sandy and Bev!

Please take some time to complete

the HRM Off-Leash Dog Areas Survey at: https://fluidsurveys.com/s/Off-Leash-Dog-Areas/

I would like to remind you that 10-digit dialing now applies to all local communication in Nova Scotia and Prince Edward Island. As of November 16, 2014, all calls dialled without the area code will not be completed. Area code 782 will be introduced on November 30, 2014 and will co-exist with area code 902. The new area code will only be assigned to new numbers.

If you know anyone in Halifax Ar-

mdale who is receiving an award or has achieved a significant milestone, please inform my office so we may recognize them accordingly. The following is a link to a map outlining our Halifax Armdale Riding: http://electionsnovas-cotia.ca/sites/default/files/24\_halifax\_armdale.pdf

As always, my office door is always open to listen to your concerns. You can contact me at 902-455-1610 or by email at info@lenadiab.ca. You can "like" my page on Facebook (www. facebook.com/lenadiabmla) and follow me on Twitter (@LenaDiabMLA) to stay up to date with my latest activities and news in the community/province. Thank you for your continued support.

# We all need to work together for our community by Brendan Maguire, MLA for Halifax Atlantic

This October marks my one year anniversary of being the MLA for Halifax Atlantic; how quickly a year passes!

Being sworn in at Province House last October in front of my wife Rena, son Oliver, and friends was one of the greatest moments of my life. I still look back and smile.

I was told that it would take me awhile to get my feet under me and not to expect too much my first year. I do not subscribe to that line of thinking and decided to aim high.

Politics, to me, is about public engagement and listening to people. I wanted to change the way politicians engage the people they represent. I became very active on social media, Facebook in particular, which allows the people I represent to contact me 24/7. I have distributed not only my office number but my cell number for those times I am not in my office. I also go door-to-door in my spare time, and I will continue to knock on doors to start conversations. All of this is to make sure your concerns, questions, and thoughts do not go unheard.

As your MLA, I represent everyone in the riding equally, and work along-side people with different life experiences and backgrounds. Over the last year I have worked with people who actively campaigned against me during the last election. Why, you might ask?

Because in the end it is not personal and we all need to work together for the betterment of our community.

#### **ACCOMPLISHMENTS**

I want to touch on promises I made during the election and what I have been able to accomplish over the last 12 months. I cannot take sole credit for any one of these achievements; there were many people involved other than myself. That said, I am very proud of what we have done so far.

#### **OUR SCHOOLS**

I made a promise that after years of going without, our schools would finally start to see investment.

I reached out to the school board the first week I was elected, and I approached Minister of Education Karen Casey during our first caucus meeting. I took pictures of several schools and presented them to both the school board chair and the Minister. I stressed that the people in our communities felt left out when it came to school funding and grew tired of seeing money going anywhere but here. Minister Casey committed to visiting J.L. and a few weeks later, along with myself and members of the school board, toured our proud high school. After a few more meetings and a solid business plan, I was able to get funding commitments for J.L. Ilsley, Elizabeth Sutherland, and Central Spryfield. Central was particularly rewarding as it was up for closure only a year earlier.

#### **OUR ROADS**

Over the last year our community has seen a large investment in our roads. These improvements have included paving, patching, and ditching.

One of the bigger road issues was Chebucto Head Road. When I was first elected there was no solution in sight. With the help of Councillor Stephen Adams, we were able to find a solution, and the road is well on its way to finally being fixed.

I will continue to be proactive and work with the Department of Transportation to make sure our roads are maintained and our streets are safe.

LONG LAKE PROVINCIAL PARK

Long Lake is a hidden gem in Spry-

field, one that many of us have spent a lifetime enjoying. I received a lot of feedback during the election campaign about the lack of a trail system, parking lot, and maintenance. An opportunity arose shortly after the election to partner government with private industry. I brought this opportunity to Minister Zach Churchill and the Department of Natural Resources. After dozens of meetings with staff and public consultation in the spring, a contract was put forward and our park is well on its way. I also want to acknowledge the Spryfield Business Commission and Councillor Stephen Adams for all their efforts in making this happen.

#### **COMMUNITY RESORUCES**

I recognized early on that our community was lacking some resources. I was proud to partner Nova Scotia Legal Aid with Chebucto Connections; legal aid is now available weekly at Chebucto Connections. I believe the people of our community should have the resources they need in their own backyard.

#### THANK YOU

So thank you to everyone for being so open and welcoming to Rena, Oliver, and I. I love this community for all its beauty and uniqueness. I am proud to have grown up here, to be raising my family here, and to represent you. There is no other place I would rather be.

Special thanks to Kelly Gomes, my assistant, for everything you do, Councillor Stephen Adams for working side by side with me and always believing a solution can be found, and to my beautiful wife Rena and son Oliver for putting up with my busy life and understanding my passion; I love you both.

Please add me to Facebook for community updates and contact me via phone, email, or Facebook.

Remember I work for you. Cell (902) 456 013 Office (902) 444 0147

Something to say?
We welcome your
letters!

chebuctoeditor@gmail.com



# Reg Horner Memorial Character Name Sports Page

# **Poirier achieves Black Belt status**



Tony takes down his brother Ethan (Photo credit Natasha Poirier)

by Lorrie Boylen

Tony Poirier achieved a major milestone the morning of September 13th when he successfully completed his Black Belt test in Tai Jitsu Ryu. This martial art belongs to the Jujutsu or soft way family, designed to neutralize attacks with minimal effort. Based on Minoru Mochizuki's Jujutsu, together with techniques from Kempo Karate and taught worldwide, it is the martial art of choice for law enforcement agencies in Japan, France, Hungary, Spain, Portugal and North Africa, among others.

Tony was honoured to have four Senseis attend (3 local and 1 from New Brunswick) from other clubs in the martial arts of Hapkido, Karate, Tae Kwon Do and Taijitsu. The test was intense and included technique demonstrations, grappling, throws, joint locking, chokes, sparring, and specific self-defence techniques. At times Tony faced multiple concurrent attackers but he persevered. Despite an early injury, he was able to dig deep and keep going, showing great martial art spirit. The breaking portion of the test was completed off site earlier in the week due to restrictions of the Community Centre. The morning concluded with a very touching presentation ceremony followed by a reception, where he was heartily congratulated by many friends and family, including his grandparents and aunt.

Tony's new rank as Junior Sensei comes with great responsibility. Tony says martial art has helped him and his brother Ethan in their focus and perseverance in other aspects of their life, as well as building self-confidence. "Being a black belt isn't a matter of being feared, or displaying your bravado. Be-

ing a black belt shows you have the experience, responsibility, and discipline to teach other students how to achieve the same thing you have." Wise words from such a young man.

Having competed in various Tae Kwon Do, Judo and grappling tournaments through the years and attained several first place finishes in breaking techniques, Tony is no stranger to the intensity of testing and competition. Sensei Poirier commented, "He put in 10 years of hard, continuous work to get where he is. His dedication to the martial art is impressive. He has set the bar high for other Tai Jitsu students, and being the first black belt tested in Nova Scotia makes it extra special." Typically Tai Jitsu students must travel to Quebec to test at the Laval dojo, but a special request was made to test Tony here. The test was videotaped to ensure all regulations were met.

Tony's mother remarked, "The level

of commitment that Tony had was beyond impressive. The amount of heart that my son has is a true testament to the level of martial artist which he demonstrates. He has true spirit and not a malicious bone in his body, growing and embracing other arts, which I find makes him a fantastic student and will make him an incredible Sensei."

Sensei Poirier is a certified and licensed martial art and fitness instructor with 36 years of martial art experience teaching both civilian and military members. He achieved the rank of 6th Dan in July 2012 in Montreal, Quebec during deployment on board the Ville de Quebec. The Poiriers started the club in 2007 after Sensei Stephano Poirier was posted here in the Navy. It is a family effort, with Stephano teaching; sons Tony and Ethan studying and assisting; and wife Natasha organizing, administrating, promoting, photographing and participating in some classes. The club has two locations, Harrietsfield Williamswood Community Centre, 1138 Old Sambro Road on Wednesdays and Thursdays, and Nova United Martial Arts (NUMA), 531 Herring Cove Road on Fridays and Sundays. A variety of classes are available including little samurai (age 4-6), juniors (7-12), adults (13 and up) and a women's only self-defence and fitness class (age 12 and up), as well as periodic self-defence

For more information about Halifax Tai Jitsu and its programs, call 902-293-7427 or 902-405-1539 or email halifax-taijitsu@gmail.com.

(Lorrie Boylen is a Writer and Author's and Speaker's Administrative Professional who lives and works in Sambro)

# **Team Nova Scotia takes Bronze at 2014 Founders Cup**

by Benny DeVine

From August 19th to the 24th Lacrosse fans were treated to some great Lacrosse action at the Halifax Forum. Boys ages 16- 21 took part in the Founders Cup where the Junior B National Championship was on the line. There were 6 teams from across Canada plus the host team Nova Scotia. Six Nations, the Seneca Warriors, Manitoba Blizzard, TBS Rampage, Saskatchewan Swat and Team Quebec were all here to represent their part of Canada.

The First Nations Team ended up taking the Gold Medal Game by defeating the Seneca Warriors 14-7. The First Nation team was undefeated in the Tournament.

Earlier on Sunday afternoon team Nova Scotia faced off against the Manitoba Blizzard for the Bronze Medal. Team Nova Scotia won the game 11-4 and that gave them their first ever Medal in the Founders Cup Tournament and it was the first time Nova Scotia defeated a team from Alberta in a National Tournament.

Head Coach Mark Anderson, who grew up in Jollimore area, said "We are always trying to grow the game in the Halifax area. There are a lot of options for kids who play Lacrosse in terms of potentially playing college Lacrosse in the US or high level box Lacrosse in other parts of Canada. We are hoping

that by hosting the Founders Cup and with Nova Scotia taking the Bronze Medal it will help expose the sport and get more people involved in playing or volunteering."

Information on the Founders Cup can be found here http://founder-scup2014.ca/ and information on the local Lacrosse registration can e found here http://hhla.goalline.ca/.

Hockey Season is in the air... watch this space for the Silver and Black Attack game schedule!

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# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



#### To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com

#### **OCTOBER COMMUNITY EVENTS**

## Boys and Girls Club of Spryfield (11 Aldergrove Road) Events:

• Registration is now ongoing for our Afterschool Program. Space is limited so don't wait! Stock Bus Transportation available from many schools in our area. Call Samantha Snow at 902- 477-9840, email generalinfo@bgcspryfield.org For more information go to www.bgcspryfield.ca

#### **Captain William Spry Library Events:**

- Every Tuesday at 10:30am. Ages 0 to 5. Family drop in.
- Fridays at 10:30am. Ages 3 to 5. Story time.
- Saturdays at 11am. All ages. Puppet Shows.
- Tuesdays from 3:15 to 4:45. Paws to Read. Registration Required.
- October 22nd. 6pm. Ages 8 to 12. The Art of Relaxation. Registration Required.
- October 25th. 2 to 3:30pm. Ages 8 to 12. Tech Lounge
- October 7th through December 16th. 3:45 to 4:45. Leading Readers. Registration Required.

Please contact Ella at 902-490-5796 or call 902-478-1454 to register. Check the website http://www.halifaxpubliclibraries.ca/for more information on these programs.

## Captain William Spry Community Centre Events:

• Get Your GED! 10 week course offered by the Halifax Community Learning Network. Please call 902-490-5715 for more information

## Chebucto Community Health Team (16 Dentith Rd) Events:

• Tuesday September 30, and October 7, 14, 21 and 28th. 9:30-11:30 am. Ready, Set, Move!

PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop. Please call 902-487-0690 or drop-in to register.

# Chebucto Connections Events (531 Herring Cove Road):

- Nova Scotia Legal aid will offer legal services at our offices every second Friday. Dates for July are the 4th and 18th. Please call 420-3450 to set up an appointment and ask for the Spryfield office.
- Volunteer Board Members needed! Interested parties will want to be a part of a team that is actively engaged in making our community a healthy and vibrant place to live and work! Contact ccda.stecroix@gmail.com or 477-0964 for more information

# Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Mini Bingo at 6pm. Superstat Bingo at 7pm
- October 6th and 20th: from 12:30pm to 4pm. Seniors Dances \$4 per person. Light lunch served. Door prizes, 50/50

draw. Music by Albert Martell. All seniors welcome

• October 31st: 9pm to 1am. Halloween Dance! \$10 per person. Band: Lime Ricky. Prizes for Best Costume: 1st, 2nd and 3rd place. Doors open at 8:30pm

### Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Friday Night Mixed Dart League with bar service. 8pm. \$5 to play Phone 902-403-1666 or 902-477-8749 for more information.
- Fall Registration for After School Programs is now underway. Call 902-446-4847 and ask for Angel or Brittany.
- October 30th: 6:30pm. Preteen Dance. \$3per child. Adult supervision and canteen services.
- Wednesdays and Thursdays: Tai Jitsu Classes for all ages! Lil Samurais, ages 4 to 6; Junior class, ages 7 to 12; adult class for 13 and older; and a NEW Women's self-defense class for ages 12 and over. Contact Natasha at 902-293-7427, halifaxtaijitsu@gmail.com

## Quarter Note Singers (Captain Spry Centre) Events:

• Thursday nights from 7pm to 9pm. Come join the fun! Contact Steve Trussoni at 902-477-2664 for details

### Spryfield Lions Club (25 Drysdale Avenue) Events:

- Every Wednesday at 1pm. BINGO! In the rec center. Come have fun, make friends and support a great organization.
- 2nd and 4th Tuesday of each month. Lions Club Meet. Upstairs in the Lions' Den. Please consider becoming a Lion! The Pride always needs new members to keep it strong in service!

#### Theatre Arts Guild (Pond Playhouse):

• September 18th to October 4th. Doubt: A Parable. What happens when a priest can't escape the suspicious eye of an old-school nun at a Catholic school in the Bronx in 1964? Come on out and see! Tickets for this award winning play are now on sale. For more information visit www.tagtheatre.com. Call 902-451-1221 to reserve your tickets now!

#### Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

• October 6th. 7pm. Meeting of the UFMSS will be held at the Centre. Everyone welcome please contact Pat at 902-477-6087 or email jamac@ns.sympatico.ca

#### **YMCA Events:**

- Elderobics-Forever Fit classes. No registration necessary. \$4/per class plus annual fee of \$10.
- Emmanuel Church Hall on Monday,
   Wednesday and Friday from 10am to
   11am
- Captain William Spry Centre on Monday, Wednesday and Friday from 9am to 10am

#### Young at Heart Club (212 Herring Cove Rd):

• Crib every Thursday at 1:30pm

• Darts every Thursday at 7pm.

# Emmanuel Church Hall Events (322 Herring Cove Road) Events:

- October 4th: 8pm to 12am. Monthly Dance. \$7 per person. Music by Bay City Band. Light lunch at intermission
- October 17th, 18th, 19th, 24th and 25th. Emmanuel Church Players present "Spryton Abbey". Tickets now available. \$30. Call Alecta at 902-477-7870

### Parkhill United Church (5 Kirk Road) Events:

- November 1st: 9am to noon. The church will hold an Indoor Yard Sale.
- October 5th: 2pm. Neighbourhood musical Meet and Greet! Featuring a professional viola, flute and harp trio. Followed by a reception. Admission by donation.

## St. James United Church (3811 Old Sambro Road) Events:

- October 18th: 4pm to 6pm. Swordfish Supper. Adult portion \$13. Child portion \$7. Everyone Welcome!
- Tuesdays, beginning until December 2nd. 6:30pm to 9pm. Step Up to Leadership Training. Free. Register at hrmvolunteerservices@halifax.ca or call 902-869-4755. For more information visit www. halifax.ca/volunteerservices

### St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- Harrietsfield Williamswood Residents who question the safety of their drinking water can now fill up empty water jugs for free 24hrs a day. There is a blue water sign and arrow at the entrance to Saint Paul's Church located at the corner of Old Sambro Rd and Rockingstone Road. Follow the arrows to a supply of safe drinking water for you and your family.
- October 25th. 4pm to 6pm. Roast Pork dinner with dessert. Adults \$15, children \$7. Under 5 are free. Family of 4 (2 adults and 2 children) \$40. Tickets at the door. Take-out available. \*Due to the rising cost of meat prices, we regret that we find it necessary to increase the price of our dinners\*

#### Other Events and Notices:

- Active Kids by the Sea meet Friday afternoons from 4pm to 5pm at Ketch Harbour Park. For more information contact activekidsbythesea@gmail.com
- Hand in Hand (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, is open every Monday to Wednesday 10:00 am 5:00 pm, Thursday and Friday 10:00 am 8:00 pm, and Saturday 10:00 am 5:00 pm. We have everything you need to get your home and wardrobe ready for summer.
- Girl Guides of Canada Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.
- Art in the MLA Office. Brendan Magu-

ire is inviting local artists to exhibit their work in his office. Currently on exhibit are paintings by Halifax artist Kathy Richards (until November 20th), Harvest Celebration portraits by Yvonne Macor (until October 23rd) and Oil Paintings by artist Theresa Stearns (until October 23rd). Any artist interested in exhibiting their work should call 902-444-0147. All art on exhibit may be viewed Monday to Friday from 9am to noon and from 1pm to 5pm.

• Reunion! Come help the Class of 1984

- Reunion! Come help the Class of 1984 celebrate 30 years! Students (and their friends) who graduated from JL between 1982 and 1987 are invited to the celebration on October 11th at JL IIsley. Contact Kim Mundle at kim.mundle@live.com for more information.
- Step Up to Leadership Training. Tuesdays, beginning September 23rd until December 2nd. 6:30pm to 9pm. Free. Register at hrmvolunteerservices@halifax. ca or call 902-869-4755. For more information visit www.halifax.ca/volunteerservices Classes take place at St. James United Church. 3811 Old Sambro Road (See Community on page 17)

Check our Facebook page for late arriving

page for late arriving events and changes or updates to listed events

# Supporting Your Community

# ROYAL CANADIAN LEGION

Earl Francis Spryfield Memorial Branch 152



**WE CARE** 

## LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 477-5601

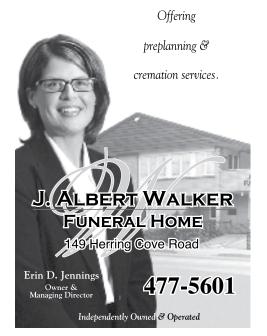
Douglas Ernest "Hutch" Hutchinson Halifax, passed away peacefully at the age of 79 on Sunday, August 31, 2014. Born in Flin Flon, Manitoba, the son of the late Florence (Garant) and Ernest "Ernie" Hutchinson, he left at an early age to join the Canadian Armed Forces. One of the highlights of his naval career was his involvement in the commissioning of the HMCS Algonquin. After serving twenty eight years in the Royal Canadian Navy as a Chief Petty Officer First Class, he went on to enjoy a second career in the oil and gas exploration industry in Northern Canada working for Dome Petroleum and Canmar. Doug was a diehard Toronto Maple Leafs fan! His favorite games were matches against the Habs where he could enjoy some friendly rivalry with his old pal Nick. He was an avid hunter and fisherman and looked forward to hunting season every fall with his Wentworth buddies and the summer time fishing trips back to Flin Flon. Doug absolutely loved life and all of those who were a part of it. He was a supporter of the community. He coached Spryfield Little League baseball and minor hockey. He was also president of the Chebucto Minor Hockey Association. As well he was president of the RCNA Peregrine from 2001 to 2007. Hutch loved music and every holiday season would open his doors to friends and neighbours to

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his annual Christmas party (hat party) where all enjoyed a sing-a-long led by Hank Shields. He is survived by his daughter Cheryl Murphy, sons Harley Hutchinson and Scott Hutchinson (Paula), grandchildren Jacqueline Murphy, Douglas and Mitchell Hutchinson and brothers Ron Hutchinson (Bunny), Ken Hutchinson (Jane) and Eugene Hutchinson. He was predeceased by his loving and supportive wife of fifty-four years, Shirley Hutchinson and his son Raymond Hutchinson. Arrangements were under the care of J. Albert Walker Funeral Home (2005) Ltd., 149 Herring Cove Rd. (477-5601). Funeral service took place Friday, September 5, from St. Paul's United Church, 173 Old Sambro Rd., Rev. Jeanne Manning Stright officiating. Interment followed at St. John's Cemetery, Bedford Hwy. Donations may be made to the Alzheimer's Society. Doug's family offer their sincere and heartfelt gratitude to Jillian Peterson and her staff of 'The Knolls of Glen Arbour' for the personal devotion and joy that they brought to his life. The family would also like to thank the doctors and nurses on the ninth floor of the Abbie J. Lane for their caring and personal attention.

#### Jean Gloria Nauss (Barry)

Herring Cove, passed away peacefully at the age of 87 on September 4, 2014, in the Halifax Infirmary, QEII. Born in Maitland, Lunenburg Co., she was a daughter of the late Winfred and Stella (Oickle) Barry. Jean was a long-time parishioner of Emmanuel Anglican Church, Spryfield as a member of the ACW, ELF Group, Sanctuary Guild, helping with many fund raising projects as well as an active member of the Topaz Rebekah Lodge No. 125 I.O.O.F of Spryfield. Jean was well known in her neighbourhood as the "Avon" lady for many years and then decided to return to full time employment for Sears Canada as the supervisor of Customer Service, a position she held until her retirement. She will be missed by her daughter, Carol "Ann" MacDonnell (Gary "Mac"), Herring Cove; son, Barry (Karole), Langley, B.C.; brother, Donald Barry, Chester; grandchildren Greg, Jennifer, Barrie and Ananda and great granddaughters Lucie and Ryann. Jean was predeceased by her husband Douglas; brothers, Ivan, Ray, Johnny and George; sisters, Phyllis Meisner, Pearl Joudrey and Shirley Crossland. Arrangements were under the care of J. Albert Walker Funeral Home. A celebration of Jean's life was held at Emmanuel Anglican Church on Sep-

Michael H Whynot

Agent for Executor/Executor Assistance

205 Herring Cove Road PO Box 20122 Spryfield Halifax, NS B3P ILI

Phone: I-902-719-7797 Email: mikewhynot55@gmail.com tember 10, Rev. Canon James Purchase officiating. Interment to take place at a later date in Mahone Bay. Donations in Jean's memory may be made to the Emmanuel Players (Dinner Theatre).

A special thank you to Dr. Mac Swain for her compassionate care and support.

#### **Lorraine June Peters**

81, Halifax, died unexpectedly, surrounded by her loving family on Sunday, September 7, 2014 in the QEII Health Sciences Centre. Born in Halifax, she was a daughter of the late Howard and Bertha (Deveau) Henneberry. Lorraine was a person who loved life and lived it to the fullest! Lorraine drew her circle wide filling it with all she loved: family, BFF Joyce & Albert and her many friends. She loved to dance and was a member of the Young at Heart Club. She bowled, played darts/cards/bingo and dancercised! In her spare time she was found to be working on a fundraiser for her community! She will lovingly be remembered by her son, Darren (Marilyn), Spryfield; daughter, Denise (Robert) Wilson, Beaverbank; grandchildren, Randy, Christopher (Lorrie), Vincent (Tiana), Marcia and Brittany; great grandchildren, Tyler and Kiera; siblings, Madeline, Rosemarie, Nancy, Richard and Linda; many nieces & nephews. She was predeceased by her husband, Alphonso; siblings, Gloria, Jean, Bernice, James, Theresa, Howard "Jr." and Karl. Special thanks to the QEII Emergency staff as well as staff of 4.1, for their compassionate care and support. Cremation has taken place under the care of J.

Albert Walker Funeral Home. A Memorial Mass and celebration of Lorraine's life took place on September 12 at St. Michael's Roman Catholic Church. Interment took place in Gate of Heaven Cemetery, Lr. Sackville. Donations in Lorraine's memory may be made to MADD Canada, St. Michael's Roman Catholic Church or the Canadian Cancer Society.

#### Edward T. "Eddy" Mombourquette

Eddy passed away on Sunday, August 31, 2014, doing what he loved best, riding his motorcycle on route to Halifax from the Wharf Rat Rally. Born in Halifax, on December 17, 1951 to Henry and Joan (Chisholm) Mombourquette, Eddy's love of motorcycles began when he built his first motorcycle from a box of parts he bought when he was 16. He was one of the original "Bucket Boys" and he also coached Spryfield Minor Hockey. He was former co-owner of Triple E Motorcycles (Kempt Rd.) and present owner of Eddy Landscaping. Eddy is survived by his son, Tom; father, Henry; sisters: Judy (Randy) Morgan, Marlene (Ron) Hudson, Cathy (Michael) McConnell, Denise (Dwight) Barnes and Margo Johnson; brothers, Stephen/Aggie, Danny, Paul (Lynn). He is also survived by several nieces, nephews and also great nieces and great nephews who all loved their Uncle Eddy. Eddy was predeceased by his mother, Joan and nephew, Christopher Coady. A Celebration of Life took place at J. A. Walker Funeral Home on September 20, 2014. Donations in Eddy's memory may be made to The Nova Scotia Heart & Stroke Foundation.

## **COMMUNITY**

(continued from page 16)

- Harrietsfield Williamswood Residents who question the safety of their drinking water can now fill up empty water jugs for free 24hrs a day. There is a blue water sign and arrow at the entrance to Saint Pauls Church located at the corner of Old Sambro Rd and Rockingstone Road.Follow the arrows to a supply of safe drinking water for you and your family.
- Second Chances Community Band, which offers music education for adults and seniors has a Beginner Information Night on September 3rd at 7pm. (91 Thornhill Drive). All programs begin the week of September 9th with the Beginner Level starting on September 10th. For more information, contact Chris Ward at eloboesolo@gmail.com or 902-293-6848. They can be found on the web at secondchancesband-ns.com and on Facebook at secondchancesbandns
- Your Kind of Music. NWBC Seniors
   Radio Daily 10am to Noon on Eastlink TV
   Channel 10
- Fall Foliage Tour of McNabs Island: Sunday October 19. 10am to 5pm. \$13 for members, \$17 for nonmembers. Tickets can be purchased through Ticket Atlantic Only by calling 902-451-1221, visiting their many kiosks or going online at www. ticketatlantic.com. For more information, go to www.mcnabsisland.ca, email info@mcnabsisland.c or call 902-343-2254.
- Cunard Junior High: (121 Williams Lake

Road) 27th Annual Christmas Craft Fair. November 15th. 9am to 1:30pm. Crafts, food, tea room and more! Admission \$2. Interested crafters should contact ashleymatthews1@hotmail.com or call the school at 902-479-4418 to reserve their space.

- Women's Choir: Sorella Singers choir is seeking both soprano and alto voices. Meet weekly Spryfield/Armdale area. Practices are Tuesday evenings from 7:15 to 8:45. For more information, contact Catherine at 902-414-8114
- Tai Jitsu Classes for all ages! Wednesdays at HWCC: Junior class, ages 7 to 12 from 6pm to 7pm; Adult class for 13 and older from 7pm to 8pm; and a NEW Women Only self-defense class for ages 12 and over from 8pm to 9pm. Thursdays at HWCC: Lil Samurais, ages 4 to 6 from 5:15pm to 6pm; Junior class from 6pm to 7pm; Adult class from 7pm to 8pm. Fridays at NUMA, Mixed class (Jr and Adult) from 6pm to 7:30pm. Sundays at NUMA. Lil Samurais from 5:20pm to 6pm; Mixed Class (Jr and adult) from 6pm to 7:30pm. Contact Natasha at 902-293-7427, halifaxtaijitsu@gmail.com for more information
- 529 Armdale Kiwanis Air Cadets: Free youth organization for ages 12 to 18. Meet every Monday from 6pm to 9pm at Elizabeth Sutherland School. Phone 902-452-8049 or email co.529air@cadets.gc.ca for more information.

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a small job, you provided truly remarkable care in not only the estimate process, but also in so quickly changing the order from  $% \left\{ 1\right\} =\left\{ 1\right\} =\left$ a repair to a whole new shed, -everything finished within a day. I greatly appreciate your accommodation of this change of plans AND the perfect job done by your Joe Surrette. I look forward to working with Lumbermart again. Thankyou!! - Dr.Bruce Mills - Herring Cove - Nova Scotia

ANOTHER HAPPY LUMBERMART CUSTOMER

Thank you for your exemplary service with my shed. Although

Shop early for best selection, some items may be limited in quantities. Some items may not be exactly as shown. Any discounts offered are off our regular retails, sale items not applicable.