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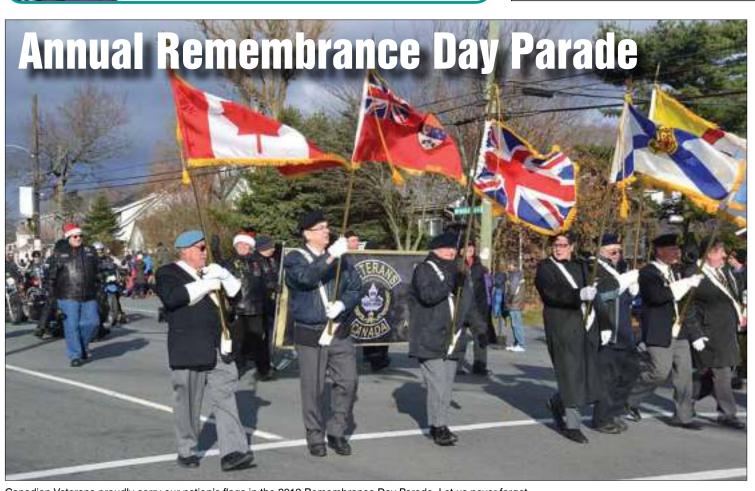


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in our province gather to march in solidarity towards their local Cenotaph. The Veterans don't make this march alone. Unlike when they were on the battlefield, here at home they are joined by many supporters. Boy Scouts, cadets, widows, politicians, and school bands are among the many groups who will march behind these men and women as they make their way along the road.

Every year on November 11th, the Veterans

The parade for Veterans living in our area will begin in the parking lot at the Shoppers Drug Mart on Herring Cove Rd around 10:40am. From there, the Veterans will march to the Legion, which is located at 7 Sussex Street, and gather at the cenotaph, where the ceremonies will commence at 11am.

For anyone looking to lay a wreath at the cenotaph in memory of a loved one, or out of respect for all of the Veterans, wreaths may be purchased through the Legion by calling 902-477-0467 or by stopping in during open hours.

Poppies may be purchased from vets at many locations around the municipality in the days leading up to Remembrance Day. Remember, your donations assist the Veterans in many ways and are an important fund raiser for the Legion.

Canadian Veterans proudly carry our nation's flags in the 2013 Remembrance Day Parade. Let us never forget.

# We have a winner in the Landscaper Challenge!

by Bruce Holland

On October 20th, 2014 participating Landscaper Company representatives were invited to a luncheon hosted by the Spryfield and District Business Commission (SDBC) to find out which one of them was the winner of the First Annual Spryfield Village Landscaper Challenge.

Participating companies in this year's challenge were; Blade Lawn Care and Landscaping, Dan's Tree and Landscaping Services, Duel Properties, Green Roots Landscaping, Landworks Property Services and R. Rolls Yard Maintenance. It was interesting and rewarding to see the friendly completion that developed among the owners and

staff of these companies over the course of the competition.

The Landscaper Challenge is an extension of the SDBC Beautification Program and was proposed by SDBC Treasurer, Eric Caines who came up with the idea of installing planter boxes around the community and challenging local landscaping companies to a friendly competition whereby they would place plants, shrubs and other vegetation in and around the boxes and maintain them throughout the spring, summer and fall.

The idea was a tremendous success, so much so that we already have more landscaping companies requesting to get involved next year. The success of

the program is also quantified by the number of e-mails, phone calls and personal comments about how much the planter boxes have enhanced the beauty of our community.

Also supporting the success of the

challenge was Councillor Stephen Adams who helped with the cost of purchasing the planter boxes and New Century Signs who provided the signage at a discount.

(See Winner on page 2)

# Santa Claus is coming to town

Get your mittens and hats out as the Annual Spryfield Santa Claus Parade will be here before you know it. This year's parade will take place on Sunday, November 30th, starting at 2:00 pm.

The Parade is always a fun filled event and this year will be no exception. Parade participant applications have starting flowing in already and by all

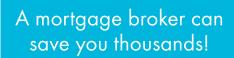
indications this year we will have more floats and other entries than ever before.

Immediately following the Parade, the Annual Captain William Spry Community Centre Tree Lighting Celebration will be held from 3:30 pm - 5:00pm, at the Centre. A fun day is planned for all with children's games, face

(See Santa on page 2)







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(continued from page 1)

The planter boxes were judged independently by two members of the Spryfield Urban Farm Society who developed the criteria for judging the boxes and volunteered their time to go around and evaluate each box. We thank these members of the Urban Farm for doing the judging and coming up with a winner.

Each participating company was presented with a plaque inscribed with the words, "Thank You for Making Our Community a Beautiful Place to Live". Drum roll please, and the winner of this year's "Landscaper Challenge" is Dan's Tree and Landscaper Services who maintained the planter box at the end of Dentith Road.

Thank you to everyone who had a hand in the First Annual Landscaper Challenge. We can't wait to see what you do next year!



Dan's Tree and Landscaper Services staff proudly accept their first place award from Ryan Brennan

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# Santa

(continued from page 1) painting, refreshments, cookie decorating, Christmas carolling, the tree lighting and of course a visit from Santa.

If you or your organization would like to enter the Parade you can obtain a Parade entry form online at www. spryfieldvillage.ca or by calling Bruce at 902-452-7472. There is no charge to enter the parade.

This is sure to be a fun filled festive day and we look forward to seeing you there!

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Publisher: Dan Doherty, 902-479-6397 Fax to 902-477-NEWS (6397)

Editor: Tangelene Ramsay, chebuctoeditor@gmail.com Mailing Address: P.O. Box 20141 Halifax N.S. B3P 1L1

#### **Circulation:**

12,500 copies Agent: Canada Post

Printer: Transcontinental Printing

Delivered free-of-charge to households in; Armdale, Bald Rock, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

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Email to: "The Editor" chebuctoeditor@gmail.com

#### **Advertising Inquiries:**

Please call Dan Doherty at 902-479-6397 Email: dan@dandoherty.ca

#### **Design and Layout:**

Sharon Ward Graphic Design Phone: 902-406-1305 Email: wards@eastlink.ca

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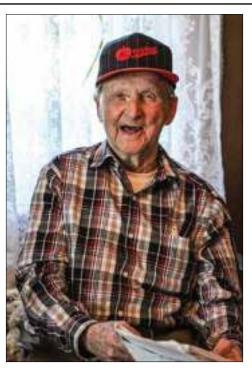




The oldest living member of the Sambro Community, Harold Henneberry, celebrated his 100th birthday with not one but two parties spanning the weekend of his birthday in September. Fun, friends and food, along with live music and two bouncy castles meant fun for

everyone. People from all over came to celebrate. Harold himself favoured guests with a few tunes on ones of his fiddles, as well as many stories and laughs. I hope I am as quit witted when I turn 100!

My friends at the Sambro Island Lighthouse Heritage Society (SILHS) have brought attention to an immediate threat to the iconic Sambro light. A pane of glass is missing or broken from the lighthouse. If this is not repaired, water will penetrate the interior of the building and cause further deterioration during the winter months. Concerned citizens have been calling the Canadian Coast Guard at 902-426-3151 expressing concern and requesting that it be fixed so the lighthouse can continue to be used as a navigational aid. Some have done so, but many more calls are needed. Unfortunately there is a No Climb order in effect because the structure is unsafe,



Sambro Senior Harold Henneberry shared stories with all who came to share his 100th birthday with him at the end of September. (photo credit Paula Blackburn)

which means no one can enter the lighthouse to proceed with repairs. Major funding is needed to save the lighthouse, not just funding to repair the pane of glass. There are two major lighthouse repairs under review right now: Cape Forchu in Yarmouth and our Sambro Island Lighthouse. Funding is allocated at the Portfolio Management Real Property Safety and Security office at (902) 426-2696. SILHS would like as many people as possible to call that number, as well as to continue writing letters to politicians as was set out in the September 2014 issue of the Chebucto News.

Lighthouses are a huge part of our history. I'm travelling the province to check out some other great lighthouses and blogging about it at http://100nslights.blogspot.ca. If you're on social media, follow me on Facebook or Twitter to keep up with my crazy antics.



























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# DISCOVERING OUR PAST



### 18th century Halifax entrepreneurs attracted to Harrietsfield

by Iris V. Shea

In 1773 several well-established Halifax businessmen, all of German origin, were the first to be granted land in the area we now know as Harrietsfield and Williamswood. These lots, all less than 100 acres, were in three different divisions and were referred to as the "German Lots." Anthony Henry, George and Philip Merlin, Peter Schaeffer, John Hosterman, George Browne and Daniel Hail were the recipients of these grants. Anthony Henry, a printer by trade, was the King's Printer and publisher of the Nova Scotia Gazette and Weekly Chronicle and the Royal Gazette until his death in 1801; George Merlin and his son, Philip, owned and operated a tannery in the south end of Halifax, near the foot of Inglis Street; Peter Schaeffer owned and operated a bakery in the north suburbs of Halifax; John Hosterman was a baker and brewer of spruce beer on Grafton Street and in 1786 erected a grist mill "where formerly stood the old chocolate factory" on the stream leading from Chocolate Lake to the Northwest Arm.

There is no evidence that these German entrepreneurs ever lived on their land in Harrietsfield. In a road petition of 1784 these same men described themselves as "proprietors of land lying about four miles southwest from Spryfield Farm...that they have opened up a road from the North West Arm to the foot of Long Lake and from thence to their own lands so that carriages may now go from Spryfield to that place." Recipients of land grants at that time were required to erect a house and clear a certain amount of land. It is probable that hired hands lived on the land and cultivated it for the use of the Halifax businessmen. Much of the land was used as woodlots, providing the much needed logs to build more houses in Halifax.

Philip Foss, a German baker in Halifax, purchased the Merlin and Schaeffer lots in the Third Division. and sold them in 1790 to John Moody. Foss's land grant at Foss's Hill (later called Foze's Hill) became the 19th century farm of Benjamin Umlah, not far from Spruce Hill Lake. The farm was passed down to Umlah's granddaughters, Maggie and Jessie Umlah, who continued to cultivate the land until the 1950s, selling vegetables and eggs to



Photo of Emma (Marriott) Brunt, on left, standing with schoolteacher Myrtle Forbes in front of Brunt house on Old Thomson Road, about 1910. Courtesy Mainland South Heritage Society.

the Halifax market.

The name "Harrietsfield" did not come into use until the 1780s, the same time as William Thomson appeared in land transactions. In a 1783 deed, the name "Jerusalem" was used to describe the land in Harrietsfield. It is the accepted belief that Harrietsfield was named for Harriet Cunningham, wife of William Thomson.

On 6 October 1786, William Thomson, Esquire, at the age of 32 years, was appointed by the eight members of the Court of Chancery of Nova Scotia to the Commission of Prothonotary and Clerk for Nova Scotia, a position he held for several decades. In a petition dated 1787, Thomson announced he had just received a number of black servants from Jamaica and requested 100 acres of land at Blowers Hill in Harrietsfield. In a 1789 petition, Thomson stated that he had built a house and cleared 14 acres of the land granted to him at Harrietsfield, and had made and repaired the road for one and one-half miles. Almost destitute of firewood, he asked for another grant of 100 acres at Harrietsfield. Thomson appeared as Prothonotary and farmer in the 1793 Poll Tax record for Harrietsfield. His annual salary was 111 pounds. On 17 May 1794, Charles Morris, the Surveyor General of His Majesty's Woods, certified that "600 acres at or near Harrietsfield was laid out to William Thompson. Esquire."

In November 1794 an advertisement appeared in the Weekly Chronicle "To be sold... A tract of land at Har-

Moody Park. riet Fields containing Eight hundred acres, a considerable part of which is improved...Apply to William Thomson. The subscriber has also for sale Five-

Hundred Acres of unimproved Hardwood Land, in separate Tracts, in the same neighbourhood." Thomson was listed as Overseer of Roads for Harrietsfield in 1804, along with John Yeadon. In 1812 he was sent to Quebec to carry out the duties of Prothonotary, later earning the title "Deputy Commissary-General of Accounts." Although William Thomson's initial appointment to Quebec was for a period of six months, it was extended for several years. It was not until 1814, as a resident of Quebec, that Thomson found a buyer for his

land in Harrietsfield. John Peter Marriott, a farmer from St. Margaret's Bay, paid 575 pounds for the 100 acres at Blowers Hill, the 100 acres known as the Parr Grant and another 400 acres in the same area. William Thomson retired to Southampton, England, where he died on 16 March 1834 at the age of 80 years. Harriet Thomson died in Southampton at the age of 77 years on 8 November 1837.

Another prominent family in Halifax, the Moodys, acquired a great deal of land in Harrietsfield through grants and through purchase of several of the "German lots". According to the 1793 Poll Tax record, John Moody Jr. actually lived on his land. His name lives on in Moody Lake, Moody River and

John Moody, William Thomson and the German entrepreneurs all contributed to the development of Harrietsfield, paving the way for permanent settlers like John Peter Marriott and two Brunt brothers, David and John. David Brunt married Marriott's daughter, Margaret Elizabeth, and John Brunt married Marriott's granddaughter, Eleanor Marriott. Descendants of Brunts and Marriotts farmed the land for more than 100 years and continue to live in Harrietsfield. The accompanying photograph of Emma (Marriott) Brunt and schoolteacher Myrtle Forbes was taken in front of the Brunt homestead on the old Thomson Road.





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### From The Editor's Desk

Remembrance Day will arrive, quietly, as it does every year, on November 11th. It gets a little quieter every year as veterans die off and youth forget that there is a somber reason for the day off of school. It most likely will be a cold, wet day. It usually is. And well it should be. This is not a happy holiday filled with candy, gifts, and family gatherings. This is a day to Remember Sacrifices made by others. To me, this is the true Thanksgiving. Because on this day, we are reminded of how thankful we should be for our freedom.

This year will be an especially heartbreaking ceremony, as we are still reeling from the shocking deaths of soldiers on home soil. The grim reality that our soldiers are not safe from terrorists in the own country, a country

of peace, is heartbreakingly sad. And yet, Canadians will once again come together, in the face of this nightmare, and show that we are stronger than any terrorist threat.

This year, it is more important than ever for everyone to attend the Remembrance Day Ceremonies. We need to stand together in a show of unity. We need to support our troops and our veterans by joining together in Remembrance of those who have served; who have fallen; who are still fighting for peace in foreign lands and at home.

Please show your support. Buy a poppy. Wear it proudly. And, come rain or shine, on November 11th, show your support by braving the weather, whatever it may be, and stand together at the Cenotaph.

# Do you like to write?

Chebucto News needs a new reporter to cover events at J.L. Ilsley! If you are a student at the school with an interest in writing, the time to cover and report on at least one event a month, and are interested in this volunteer position, please email the editor at chebuctoeditor@gmail.com.

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# Guides taught to "fight like a girl"

by Lorrie Boylan

Throughout October, local Girl Guide units recognized and celebrated the International Day of the Girl (http://day-ofthegirl.org) which is on October 11th. This is a day to celebrate and support girls' rights; bring focus to the challenges girls face every day; and seek to end global gender inequality.



### Girl Guides of Canada Guides du Canada

For over 100 years, Girl Guides of Canada has been dedicated to offering fun and relevant programs to girls across Canada. They provide a safe, inclusive environment for girls to challenge themselves; celebrate girls and their achievements; gain confidence and be resourceful; make a difference in the world; respect themselves and others; live with courage and strength; and share in the sisterhood of Guiding. A variety of age appropriate groups are offered: Sparks (5-6), Brownies (7-8), Guides (9-11), Pathfinders (12-14), Rangers (15-17), and Adults (18+). Girls and adult volunteers can join Guiding at any time during the year. The Sparks unit which meets in Harrietsfield on Monday nights is suffering low numbers this year and it would be great to see more girls take advantage of all they have to offer. For more information or to register go to www. girlguides.ca.

Volunteer leaders make a huge difference in girls' lives. They get involved for a number of reasons, some start out slowly and some leap into the deep end right away. Some comments from leaders include: "I never even thought of being a leader but when one was needed, I was asked and how could I say no? I'm still here for the girls and love being part of our community." "Our aim is to help them grow into strong, confident, and responsible women while having as much fun as possible." "I love working with kids of all ages and since I don't have any of my own, it helps fill that void in my life. It is a joy watching kids of different ages learn new things and see how much they enjoy the interaction with other kids their age."

Guides and Pathfinders in Harrietsfield were fortunate to have Halifax Tai Jitsu conduct a self-defence workshop on October 21st. There is no shame in being told you "Fight Like A Girl"! As one leader comments, "Self-defense definitely fits into the Guiding plan. It's another means of helping the girls realize their own strength and gain the confidence they need to speak up or defend themselves if they feel threatened." While some of the girls appeared apprehensive at first, as the class progressed they became more comfortable as they practiced strikes and throws. Halifax Tai Jitsu's self defence programs build self-esteem, are respectful of boundaries and provide practical techniques using minimal effort that can be used no matter your size. The club now trains exclusively at the Harrietsfield Williamswood Community Centre on Wednesdays, Thursdays and Saturdays. They have something for almost everyone, including little samurai (age 4-6), juniors (7-12), adults (13 and up), a women's only self-defence and fitness class (age 12 and up), and periodic selfdefence seminars. They support local businesses and donate 10% of their profits to charity. For more information call 902-293-7427 or 902-405-1539 or email halifaxtaijitsu@gmail.com. (Lorrie Boylen is a Writer and Author's and Speaker's Administrative Professional who lives and works in Sambro)



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# **Seniors' Beat:** Remembering: new veterans too

by Beverley Clarkson

Our veterans are not who they used to be. All but a handful of war veterans from WWII and the Korean War have passed on or are hard to find out and about nowadays. Anticipating this passage, the Royal Canadian Legion has updated its mission statement: to serve Veterans, which includes serving military, (also merchant navy and ferry command,) and RCMP members and their families; to promote Remembrance; and to serve our communities and our country.

The RCMP were added last June, triggered perhaps by the shooting of three RCMP members in New Brunswick. Our world has grown violent again and there are folks in uniform out there to protect us at the cost of their own safety. The Legion is there to help them all.

I met a couple of service veterans from our local Legion: The Earl Francis Local Legion Branch 152. They, as I, happen to be from New Brunswick many years ago and settled here for love of this place and the sea. Now we are the old ones, no direct wars under our belts. That's a good thing, isn't it? It doesn't feel too great as our young ones embark on another war against ISIS.

Chief Petty Officer (ret) Albert
Bergeron from Spryfield has been 25
years with this branch of the Legion.
He cares for the flag and cenotaph.
His father was a WWII vet, came
home with casts on his back and arms.
For many years Albert was a physician's assistant and served all over the
world, including Germany during the
Cold War, Venezuela, Scandinavia and
other places the navy took him. CFS
Alert where it was sometimes minus 50 set a benchmark for cold. He
married a Sambro girl and will never
leave.

He sees a different world now for the military. "Everything has changed" he notes. "They are a lot gentler than in my day, handle people better now. But they are just as dedicated and concerned as if subjected to actual war. I feel for the ones now; I always knew I was coming home. Now it's not so clear."

Jaddas Poirier was born in Bathurst and spent his life in the military. Joined the RCAF who sent him to university and made him an officer. He got to travel a lot but loved the sea and joined the navy here. He left the navy after 44 years of service and promptly joined the Legion where he is service officer, handling assistance claims among other things. "The Poppy Fund is a great thing", he says. "Recently a Korean veteran fell and broke his hip; we were able to help him because of it."

He sees young veterans who need help too. Even peace missions have damage; training exercises have accidents, soldiers must witness dreadful things that never leave their brains, day and night. "PTSD is just getting recognized for the true thing it is. Military service carries danger, physical and mental, and they come home needing real help." he shows me pictures of the De Young family who sent their four boys to WI and only two came home. The Legion helped that family and is still needed as much today.

Jaddas speaks at schools from elementary grades on up. He says "The kids are wonderful, they understand." The theme this year is Remember-

### In Flanders Fields

By Lieutenant Colonel John McCrae

In Flanders fields the poppies blow Between the crosses, row on row, That mark our place: and in the sky The larks still bravely singing fly Scarce heard amid the guns below.

We are the dead: Short days ago, We lived, felt dawn, saw sunset glow, Loved and were loved: and now we lie In Flanders fields!

Take up our quarrel with the foe To you, from failing hands, we throw The torch: be yours to hold it high If ye break faith with us who die, We shall not sleep, though poppies grow In Flanders fields.

Composed at the battlefront on May 3, 1915 during the second battle of Ypres, Belgium

ing, and he has lots to tell them about the first Great War that he hopes will inspire their futures. He notes" We are now in a world conflict, not a direct war. We are with sixty-three countries in the air mission to stop ISIS. But it wouldn't surprise me later if boots on the ground are required."

As we go to war again, our donations still help vets with such things as food, heating costs, clothing, prescription medication, medical appliances and equipment, essential home repairs and emergency shelter or assistance. In this time of cutbacks, they are

needed as much as they ever were.

To offer your respects to those few war veterans left with us, please join the Remembrance Day ceremony at the Spryfield Legion on November 11. I've watched them march in past years, fragile but tall and straight through the bitter cold, wind and wet that always attend us on that day. They don't give in to discomfort so I'd better not either. Newer generations gradually take their place in the march but those left still come and we do well to honour them while we can. More are coming. Buy a poppy.

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# How to ensure you are bringing a healthy dog or cat into your home

Bringing a furry new addition into your household is a great time for your family; your adorable new pet will bring great joy to both you and your children. All animals are loveable, so it's expected that you will spend significant time fawning over different breeds. However, you have to be careful that when selecting a dog or cat, you look out for warning signs that indicate ill health or susceptibility to disease. This is not an easy task! So in order to help you make the best decision, we've put together some of the tell-tale signs for choosing an active, healthy pet:

#### 1) Eyes

When selecting a healthy dog or cat, you want to make sure that your new pet's eyes are bright and clear. Look out for any discharge collecting in the corners, as this can indicate susceptibility to conjunctivitis. A healthy dog or cat will have alert looking eyes, so if your potential pet looks tired or lethargic then take note, as this can lead to extensive veterinary trips early on.

#### 2) Nose

Everyone knows that a healthy dog has a wagging tail and a moist nose, and this is no different when selecting newborns. Have a feel of the tip, is it rough and dry? Does it have any colored discharge? These are warning signs that your newborn pet isn't in



full health, so be sure to make note. Also, watch out for any significant sneezing. A sneezing kitten can be adorable, but if it is extensive then it can also indicate allergies or respiratory infection.

#### 3) Ears

For puppies and kittens, their ears should stand as per their breed. For instance, a Chihuahua puppy should be sharp and pinning vertically upwards, whereas a labrador usually has a set of floppy ears. Have a closer look and make sure that no wax or odour

occurs; they should have a distinctive sweet smell. Make sure that there are no signs of ear mites lurking in and around the ears. They will appear as dark, grainy debris similar in appearance to coffee grounds and require a veterinary medication to resolve them.

#### 4) Teeth and Gums

It is also worth checking your puppy or kitten's bite. The correct bite should have the upper incisors slightly overlapping the lower ones. It's also OK if the incisors meet edge to edge, however if the bottom set overlap the

top then you may have to see a veterinarian about this. Their gums should be pink and healthy; pale or discolored gums suggest possible susceptibility to disease. By 8-12 weeks, your puppy or kitten should be eating solid food without any significant trouble.

#### 5) General Health

There are some general signs to look out for when selecting a healthy dog or cat. Your new furry friend should be active and looking to explore at an early age. Most puppies or kittens are purchased at 8-12 weeks of age, so by this stage they should be able to walk fairly stable and remain active. Obviously, they will want to sleep a fair amount as would any baby, however if they are overall generally lethargic and exhausted then this is cause for concern.

Hold your pet in your hands and run your fingers through its coat. Make sure to get right down to the skin, which should be pale or pink. If there are any signs of redness of discoloration then you should have this looked over by a vet. Also, check for a regular heartbeat that doesn't seem out of sync.

If any of the above highlights issues with your pet, make sure to make a visit to a vet right away.

Something to say? We welcome your letters! Email us at: chebuctoeditor@gmail.com

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# Circles are 'in' at École Chebucto Heights Elementary School; Restorative Approaches in action

Using a Restorative Approach to build positive relationships, communicate, learn and problem solve is happening at Ecole Chebucto Heights Elementary School! The staff and students have been receiving training and implementing new techniques in the classroom and are very excited to share everything they've learned with the community.

Last April, Richard Derible, a former HRSB teacher, principal and school supervisor, who is currently working with the Department of Justice to infuse Restorative Approaches into schools across Nova Scotia, was invited to the school to provide a learning night for parents, community and staff. He discussed Restorative Approaches and the advantages of using it to provide a healthy and happy learning environment. All participants at the learning event took something away with them. Whether it was the experience of sitting in a circle with others and talking, hearing new perspective on conflict or just a better understanding of what students are doing on a daily basis.

In May and June, grades five and six students hosted community circle nights. These consisted of several small group circle discussions facilitated by a pair of students. They asked wonderful questions of the group and everyone had a chance to talk. The events

showcased student leadership and communication skills while bringing staff, students, families and members of the community together to build positive relationships and connections. Parents and staff in attendance were incredibly proud.

This school year, the staff and students of Ecole Chebucto Heights El-

ementary School hope to host six more community circle nights (one evening in October, November, January, February, April and May). Their goal is to have their school community members join them to experience Restorative Approaches in action. They are very excited about all of the wonderful conversations that are happening, and about

those yet to come!! They hope to see you all there! Please check the Chebucto Heights Elementary School website for dates, http://www.echs.ednet.ns.ca/ index.htm

For more information about Restorative Approaches in Nova Scotia, go to: http://www.iirp.edu.

# Justice Nova Scotia — CyberSCAN "cyberbullying" update

by The Honourable Lena M. Diab, Minister of Justice and MLA for Halifax Armdale

September 30, 2014 marked the first anniversary of CyberSCAN. CyberSCAN was created by the Province of Nova Scotia and it is Canada's first cyberbullying investigations unit. Cyberbullying is a complex issue affecting Nova Scotians of all ages, and causes real harm to its victims and their families.

The Cyber-safety Act defines "cyberbullying" as any electronic communication through the use of technology including, without limiting the generality of the foregoing, computers, other electronic devices, social networks, text messaging, instant messaging, websites and electronic mail, typically repeated or with continuing effect, that is intended or ought reasonably to be expected to cause fear, intimidation, humiliation, distress or other damage or harm to another person's health, emotional well-being, self-esteem or reputation, and includes assisting or encouraging such communication in any way.

CyberSCAN is an investigative unit dedicated to assisting victims, investigating complaints and resolving cyberbullying situations through a variety of informal and formal legal means. This can be accomplished informally without anyone having to go to court, or through formal legal actions such as applying for a protection/prevention order or

referring cases to police.

In its first year of operation, this special investigative unit has received more than 344 cyberbullying complaints with over 70% of complaints resolved successfully, and has delivered over 224 presentations to youth all across the province to educate them about the dangers and repercussions of cyberbullying.

Anyone affected by cyberbullying - youth or adults - can contact Cyber-SCAN at 902-424-6990 or 1-855-702-8324 to file a complaint. You may also contact the Justice of the Peace Centre at 1-866-816-6555 to seek a protection order. You can also visit www.cyberscan. novascotia.ca for more information.





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Topping Pizza or 12"

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or 3 - 1/4 lb. Greek Donairs (or mix)

**OR** 9" 3 Topping Pizza and 9" Garlic Fingers or a Med. Salad

\$13 BUCKS

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# **McIntosh Run Active Trail**

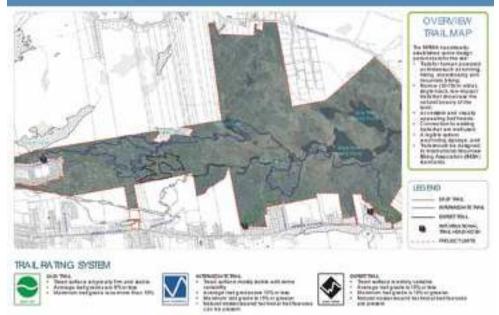
On Wednesday, October 15th, in excess of 100 people attended an Open House at the Captain Spry Centre. This event was hosted by the McIntosh Run Active Trail group of volunteers and was an opportunity for the community to learn more about the future of the McIntosh Run Active Trail. Between 5pm and 7pm, there was a meet and greet and static display of information. A visual presentation explaining the concept and probable and possible routes for parts

of the trail was next on the agenda. At which time, it was explained that the trail will, upon completion, stretch all of the way to Herring Cove. The presentation was followed by a lively and positive question and answer session with the group. The response to the presentation was very positive and a number of the attendees have offered to volunteer time to the project. For more details about the McIntosh Run trail, visit their wesbite at www. mcintoshrun.ca.

Below: detailed plan of action; top right: attendees at the Open House had an opportunity to interact with the presenters; lower left: trail map













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# Sir Sanford Fleming Cottage being assessed for possible future use by Linda Mosher, HRM Councillor, District 9

In the past, Halifax Regional Municipality rented out several houses to tenants including several on the Herring Cove Road and one on the Dingle Road, which was formerly Sir Sandford Fleming's cottage. Halifax staff decided it was in the best interest of the municipality and more cost effective to cease the leases on the Herring Cove Road properties and the house in Fleming Park. Most properties were sold; however, some were demolished such as a house on the Herring Cove Road a few years ago. Up until this past September, for decades there have been tenants renting the Fleming Cottage. This was atypical of municipality to rent houses and HRM ceased the lease September 1st after providing about 15 months' notice.

A third party vendor managed the property and this lease on behalf of the municipality. There are no records of any complaints regarding the condition of the property. The Fleming Cottage is unique in that it is a municipally registered heritage property in a historic park which includes a federally registered property, the Memorial Tower, which was erected by Fleming to commemorate the 150th anniversary of representative government in Nova Scotia. The tower has been recently refurbished, costing over \$2.5 million to restore and is now over 100 years old. Fleming donated his 95 acre property to the City of Halifax for the general public to enjoy. Over the years additional parcels were added and the park is now 103 acres. Fleming is notable for many accomplishments, including being the "Father of Standard Time". Halifax has spent considerable funds on this historic park, including but not limited to seawall restoration, beach, playground, pumping station and on the Adventure Earth Centre.

In addition to assessing the heritage building for recapitalization, the municipality also saw a need for using this building for municipal operations. Municipal staff visited the property and asked me to join them in looking at the building condition. I was very disappointed and saddened by the condition of the building. Recognizing the historic

HΛLIFΛX

and aesthetic value, HRM have been great stewards of this of the park. We have spent considerable funds and time on this park restoring it to its former glory. Staff indicated that the condition of the building presents serious safety issues and makes the building uninhabitable. A third party facility assessment was ordered to determine if hazardous materials are present and to assess the condition of the building. The report

indicates that significant structural work is required and removal of hazardous material is necessary. The relevant departments within HRM will be consulted to confirm the future intended use of the property. The costs to repair the structure will be brought forward in next year's capital budget for Council's consideration. Our Heritage Planner has been made aware of these issues and if work is required on the exterior of the

building there are heritage specifications that must be met.

As it is an environmental and safety/security hazard the lower windows and side door have been boarded up. Our mobile security patrol will be checking the property twice per day. Updates will be available via District 9 on-line news. Please email aubute@halifax.ca to sign up. I also post district news at www. lindamosher.ca under the news tab.

# Garbage collection changes in the wind

by Stephen Adams, HRM Councillor, District 11

#### Herring Cove Road, Old Sambro Road Intersection – Request for Flashing Green Arrow

In late 2012, I submitted a request for a flashing green arrow turning from the Herring Cove Road (inbound) onto the Old Sambro Road. The first review by staff resulted in a response that the project was with our Design and Construction Services department and that due to the large amount of projects on their list, there was only a 50% chance that this project would be designed and tendered during the 2013 construction season. Following further requests for status updates on this project, our staff advised in October 2013 that the project would go to tender and be completed in 2014. However, due to unforeseen circumstances, the tender will now be awarded in January or February of 2015 which means construction would begin in spring of 2015. In past issues of The Chebucto News and in conversations with many residents, I had stated that this project was to be completed in the summer of 2014. I do apologize for this delay.

#### **Proposed Changes to Curbside Garbage Collection**

As outlined on our Halifax.ca website, Regional Council reaffirmed on September 24, 2014 amendments to Bylaw S-600, the Solid Waste Resource Collection and Disposal By-law. The proposed amendments include changes to organics collection and processing such as:

halifax.ca

311

- removing boxboard from the green cart, with the exception that boxboard may be used to collect kitchen scraps for disposal in green bins.
- using kraft paper bags for leaf and yard waste instead of plastic bags (Kraft paper bags are designed for containing leaf and yard waste outdoors in all climates); and
- banning grass clippings from curbside collection.

A public hearing is scheduled for Tuesday, December 2, 2014 at 6:00 p.m. at City Hall (1841 Argyle Street, Halifax) respecting proposed changes to the preparation and collection of residential garbage including:

- use of clear bags for garbage with privacy option (black/green/opaque), and
- reduction of garbage bag limit from 6 bags to 4 bags.

These are only recommendations at this time. Any changes to garbage preparation and collection that may be approved by Regional Council at the Dec. 2 public hearing will not come into effect until spring 2015, including those already approved for organics sorting and collection. Prior to implementing any changes, there will be widespread public notification and education for residents.

In response to questions asked as to why these changes are being considered, it is due to efforts to encourage recycling and source sorting (separation at source). A large majority of residents (greater than 80% based on curbside monitoring undertaken last year) al-

ready put out four or fewer bags of garbage every two weeks. The lower limit is intended to encourage those who are not currently recycling and composting to do so. Almost 50% of the materials that end up at the landfill should have been recycled or composted. This bag limit change will help ensure that all residents are doing their part.

Reducing the amount of garbage and recyclable waste sent to landfills decreases the need for more landfill space, which has positive environmental benefits. Each cell of a landfill costs around \$20 million to build and only lasts about 3½ years at our current rate of disposal. The reduction by two bags every two weeks reflects that there is at least two bags worth of recyclables and organics (on average) that should not be in the garbage bag.

Standard garbage bag size is approximately 1 metre by 1 metre. Oversized bags may be counted as 2 bags, or left behind. A standard size garbage can ranges from 80-120 liters in capacity. Oversized garbage cans will be serviced where possible within bag and size limit restrictions and must follow clear bag requirements. Residents would still be able to use standard size garbage cans for storage and privacy. Waste must be contained in the can (no loose waste).

Clear bag programs work to change behaviour, increasing proper sorting of recyclables and organics. In the first six months of Cape Breton Regional Municipality's clear bag program, the

(See Garbage collection on page 14)





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# **The Halifax Armdale Report**

by the Honourable Lena Diab, MLA for Halifax Armdale

Fall is an active time of the year and luckily the weather is usually very nice - these past months have been no exception – and with the beautiful autumn foliage, Armdale residents both young and old take pleasure in getting out to enjoy life. This is easy in our riding; we are blessed with many marvelous walking trails along ocean and in forest. Recently walking around Long Lake reminded me why this place is so popular. I was lucky to receive some amazing fall photos from constituents showcasing the splendour of the season in areas around Frog Pond and Melville Cove. Feel free to send your photos via email at info@lenadiab.ca and "like" my page on Facebook (www.facebook.com/lenadiabmla) to view the latest posts.

I am happy to share some exciting community news. John W. Macleod Elementary School entered the Adopt a School Program competition and through the hard work of students, staff, and the community received 11,685 votes putting them in first place in Nova Scotia. The prize to be awarded is \$10,000 in books. A sterling achievement indeed. Congratulations!

I was very pleased to attend the 11th annual fall fair at Bethany United. This annual event helps foster community camaraderie using an autumnal backdrop and lots of fun and good food. It is important to support the events of local groups, and churches like Bethany United as they are social hubs within the community. I will be attending the upcoming 41st Spryfield Santa Claus Parade on Sunday, November 30th, which begins in our riding at Punch Bowl Drive; I hope to see many of you there at this community kickoff to the holiday season.

November also has a solemn character culminating on the 11th in remembrance of the sacrifice paid by our service men and women. I mark this day by attending local school ceremonies sharing the experience with the next generation. I had the honour in October to sign the guest book at the Afghanistan Memorial Vigil, which commemorates those who have fallen while supporting this mission and acknowledging the bravery and dedication of all members of the Canadian Armed

Forces. I also attended the Law Enforcement Memorial Service at Parade Square with Premier McNeil, complete with a band, laying of wreaths and parade marches to St. Mary's Basilica for a memorial service.

Late September welcomed the opening of the fall session of the House of Assembly. It has been a busy period

implementing our election commitments. There are also constructive ways for constituents to join the political conversation and help shape the decisions affecting our lives. Please consider the current opportunities in joining Adjudicative ABCs (Agencies, Boards, and Commissions) and Non-Adjudicative ABCs, which are ways to help steer policy decisions based on financial, regulatory, and business recommendations to government. For how to apply visit: http://www.novascotia.ca/exec\_council/

abc/adjudicative-how-to-apply.asp

This month I am introducing a new way of reaching out to constituents in senior complexes and apartment buildings who may not be connected to me on the internet and social media. A bulletin page will be posted in various venues with tidbits of news and contact information. We still have copies of the Positive Aging Directory at my constituency office. You can contact me at 902-455-1610 or by email. I wish you all a good November.

# **Garbage collection**

(continued from page 13)

region saw a 16% decrease in garbage destined for landfills. In the Annapolis Valley Region, recycling and compost increased by 10% and 18%, respectively, in the first year of clear bag implementation.

For residents who receive curbside collection, it is proposed that one privacy bag (black, green, opaque) be allowed within the four bag limit. The option for one dark coloured bag is for the disposal of materials for privacy such as bathroom waste. Any personal paper documents with addresses or other identifying information should continue to be shredded and placed with paper recycling.

Grasscycling (leaving the clippings on your lawn after mowing) is the best practice for lawn care. The clippings return valuable nutrients, like nitrogen, potassium and phosphorus, to the soil, reducing fertilizer requirements and encouraging earthworm activity. During peak season, roughly 70 tonnes of grass clippings are collected each week, equating to seven trucks worth of material. By managing grass on our lawns, we can avoid both the cost of collecting and composting the material in the two municipal compost facilities

If you are unable to attend the public hearing on December 2nd, please submit your comments in writing by email to clerks@halifax.ca or by mailing to the following address: Office of the Municipal Clerk, PO Box 1749, Halifax, NS B3J 3A5.

#### 41st Annual Santa Claus Parade

The Spryfield Village Santa Parade is coming soon! This year's parade is taking place on Sunday, November 30th

with a start time of 2:00 pm. Following the parade there will be a tree lighting event at the Captain William Spry Centre at approximately 3:30 pm. Call 902-452-7472 for any inquires.

#### In Memory of Walter Fitzgerald

I end this month's article on a sad note. In the early morning hours of Saturday, October 11, former school Principal, Mayor, Alderman, MLA and Provincial Cabinet Minister Walter Fitzgerald passed away at the age of 78. I had the pleasure of serving on Council with Walter for nine years and as his Deputy Mayor in 1994-95. Walter cared deeply about his community, his colleagues

and those who surrounded him. He always put others first and fought for the little guy. We had worked together on many issues, some of which were controversial, but he never let the pressure get to him. In all the time I knew Walter, I never heard him say a bad word about anyone. What a wonderful world it would be if we all followed his lead. We have truly lost a very decent man.

#### Contact

If you wish to speak to me in regard to municipal issues, please contact me by phone at 477-0627 or email at Stephen. Adams@halifax.ca.

# Patience appreciated as schools are repaired and renovated

#### by Brendan Maguire, MLA for Halifax Atlantic

As we roll into November, there are a few topics I want to touch on. First off, I want to thank the students and staff at J.L. Ilsley for their patience in regards to ongoing repairs at our beloved school. I have been receiving updates weekly on the repairs and the time frame for completion. As per the last update from the school board, all time frames are being met. When this work is complete the school will have a roof that doesn't leak, a cafeteria with heat, new windows, and a safe and secure school entrance and staff office. But it doesn't stop there for me, I will be requesting additional funding and upgrades to our high school in the coming fiscal year.

For those of you impacted by the renovations of Central Spryfield, I was recently informed by the school board that all renovations are going smoothly and on time. I understand this is an inconvenience but it is for the long term sustainability of our school.

This month we have seen the seemingly never ending saga around Chebucto Head Road come to an end. I was glad to be on hand as the Minister of Transportation and Infrastructure Renewal signed the papers officially handing this once forgotten road over to the Province of Nova Scotia. This road now officially has a home, the province of Nova Scotia, and this is something I am very proud of.

I also wanted to mention the current sitting of the Legislature. It really is a

balancing act when you are sitting in the legislature. A balancing act between my "official" duties and my constituency work, it can be difficult to schedule appointments with the people of the riding while the house is sitting. I also realize that there will be times where we all do not agree on legislation that has been put forward. I will not hide from any votes or decisions I make. If you have questions or concerns, call, Facebook or email me and I will listen to any concerns.

So a short and sweet article this month, I hope each and every one of you had a fun filled and fantastic Halloween. I for one am looking forward to Oliver in his Halloween costume.

Please add me to Facebook at Brendan Maguire

Follow me on twitter @brendanmagu or call me at office (902)444-0147 or cell (902)456-0103.



#### **Danielsons General Store**

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# Reg Horner Memorial Character Name Sports Page

# **Hey Coach**

by Benny DeVine

Daryl Joseph is the Head Coach of the Chebucto Atlantics Atom A Team I caught up with Daryl before a practice on October 15th for a question and answer interview.

**Question** – How many Years have you been coaching Hockey?

**Answer** – I have been coaching at Chebucto since 2009. Previous to that I have been an instructor at various hockey schools since 1995.

**Question** – Did you play Hockey as a kid? **Answer** – Yes, I started playing around 6 years old in a family hockey school and played school hockey at age 9 but didn't start playing minor hockey until PeeWee at age 12.

**Question** – Where did you play as a kid? **Answer** – I played in the Sydney Minor Hockey Association as a kid.

**Question** – What are your goals as a coach this year?



Answer – My main goal this year with my Atom A team on a development basis is to get back to basics and developing a strong foundation in the fundamental skills. I also have a goal of developing a strong work ethic among the players in both practice and games. I want to place the focus on the players' effort levels and how they react and recover from diversity when practic-

ing and playing. They will all make mistakes but it is how they react and work through them that will help build character and "real life" skills. I think it is a part of a coach's responsibility to help develop the kids' life skills and character for outside of the rink as well. **Question** – What is the most important thing your players can do to improve as the season goes on?

Answer – Practice like you are in a game situation and practice to failure. Practice is the safe zone where they don't have to worry about falling down or losing the puck. They need to continually test their limits in order to improve their skills.

**Question** – What is a tip for young Hockey players?

**Answer** – Enjoy the friendships you will make being a part of a team. That is what it is all about.

**Question** - What is your favorite food Coach?

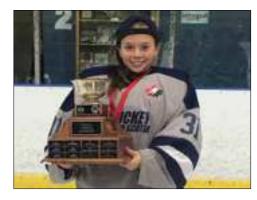
**Answer** – Fatayers (Lebanese food) **Question** – How are things different

today than when you played as a kid? **Answer** – Everything the kids do today is structured. You rarely walk into a rink or look on a frozen pond and see kids having their own game of shinny. I think us parents organize too much for them and structure everything instead of letting them be kids and figure some stuff out on their own. We use to watch hockey games at arenas or on TV as kids and then go the lake or rink and tryout the moves. We played on lakes or ponds every day we could. We started after school and went until we got called home for supper then went back out.

"All kids should think they are going to be an NHL hockey player. The key is the parents knowing and understanding it is not going to happen. I hope no kids read this but the NHL should be treated like Santa Claus at Christmas. The kids believing they will be an NHL star is a part of the magic of hockey."

Coach Daryl Joseph

# Budden leads her team to gold with 2 shutouts



by Benny DeVine

Kaelyn Budden keeps the pucks out in big games. Kaelyn and her teammates recently played in the Atlantic Challenge Cup from October 10-13. They defeated New Brunswick 5-1 in the Championship game to claim the Gold for the Under 15 Female Division.

The Girls were undefeated in the tournament and Kaelyn had 2 shutouts and recorded a tournament GAA of 0.

# Local boys head to Cuba to play baseball for Team Canada

by Benny DeVine

Brock Townsend and J.T. Hartling both play Baseball at the highest level possible for their age group in Halifax. This season Brock played for the Mosquito AAA Mets and J.T. played for the Peewee AAA Mets. This is where they were scouted and eventually asked to play for Team Canada in Cuba in February.

The boys are joining the Cuba Good Will Baseball Tour which was started by coach Denis Woodworth 2 years ago. "The trip is about a lot more than just Baseball," said Woodworth. "The kids will learn how fortunate they are to live where they live in Canada and also, to learn how the game is played in a different Country."

Brock and J.T will have a busy week. They arrive on Saturday. They will try to get acclimatized and get warmed up for Sunday's Opening Ceremonies and their first game. Monday they will attend a Supercamp and they



will play their second game on Tuesday. The Team will visit a local school on Wednesday before they play their final game. Thursday will be a family day and on Friday the team will head to Havana for a day tour. The last day will be spent on the resort with a flight home Saturday evening.

Last year the Good Will Tour was able to raise \$15,000 worth of Baseball Gear and equipment. A lot of kids received their first ever baseball glove or baseball shoes.

Donations can be made to help with the cost of the trip for Brock and J.T. by contacting their parents. Clint Townsend can be reached at cpdt32@hotmail.com or 902 478-2379 and Jenn Hartling can be reached at littlehanna@gmail.com

You can also contact Clint or Jenn if you have good used baseball equipment that will be brought down to Cuba and given away to young Baseball Players.

### **Spryfield Junior Hockey Club 2014-15 Schedule**

Date	Opponent	Time
Sat. Nov. 8	Avon	8:00 pm
Sat. Nov. 15	Clare	8:00 pm
Sat. Nov. 22	Fundy	8:00 pm
Sat. Nov. 29	Fundy	8:00 pm
Sat. Dec. 20	Barrington	8:00 pm
Sat. Dec. 27	Fundy	8:00 pm
Sat. Jan. 10	Clare	8:00 pm
Sun. Jan. 11*	Clare	3:00 pm
Sat. Jan. 17	Barrington	8:00 pm
Sun Jan 18*	Barrington	Time/Location TBA

We are looking forward to another exciting year of Junior hockey in Spry-field. We have a strong core of returning players and some impressive new recruits. I am confident you will enjoy our games this season. All games are subject to change, so please check our website or Facebook page to confirm our home games. \*Please note these games are not on our usual home night. spryfieldattack.com

# **Local Baton Twirling athletes qualify for Canadian Team**

Alyssa Larade, Olivia Berrigan, Ryann Hendsbee and Grace Basque are competitive baton twirlers / athletes from HRM baton clubs. The girls competed in Ontario in July at the Canadian World Qualifiers for baton twirling and have earned spots on the Canadian Team representing Canada at Worlds. The Canadian National Baton Twirling Association (CNBTA) has selected over 25 girls from across Canada aged 8yrs to 20yrs to represent Canada at the (WFNBTA) 2015 World Championships

(See Baton Twirling on page 17)



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# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



#### To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com

#### **NOVEMBER COMMUNITY EVENTS**

# Active Kids by the Sea (Ketch Harbour Park)

Friday afternoons from 4pm to 5pm.
 For more information contact activekids-bythesea@gmail.com

### Art in the MLA Office (349 Herring Cove Road)

- Currently on exhibit are paintings by Kathy Richards.
- Any artist interested in exhibiting their work should call 902-444-0147.
- All art on exhibit may be viewed Monday to Friday from 9am to noon and from 1pm to 5pm

#### **Captain William Spry Library Events:**

- Every Tuesday at 10:30am. Ages 0 to 5. Family drop in. Begins September 9th
- Fridays at 10:30am. Ages 3 to 5. Story time. Begins September 12th.
- Saturdays at 11am. All ages. Puppet Shows. Please Note: Show begins at 10:30 on September 19th
- Tuesdays from 3:15 to 4:45. Paws to Read. Registration Required. Please contact Ella at 902-490-5796 or call 902-478-1454 to register. Check the website http://www.halifaxpubliclibraries.ca/for more information on these programs.

# Captain William Spry Community Centre Events:

• Get Your GED! 10 week course offered by the Halifax Community Learning Network. Please call 902-490-5715 for more information

## Chebucto Community Health Team (16 Dentith Rd) Events:

- November 12th, 19th and 26th: 2pm to 3:30pm. Making the most of your food dollar.
- November 20th and 27th: 2pm to 3:30pm. Food for one or two
- Free Low intensity 10 week exercise program available.

PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Beechville, Lakeside, Timberlea, Hackett's Cove, Hatchet Lake, Hubbards, Peggy's Cove, Prospect, St. Margaret's Bay, Tantallon, Terrance Bay, Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop. Please call 902-487-0690 or drop-in to register.

## Chebucto Connections Events (531 Herring Cove Road):

- Nova Scotia Legal aid will offer legal services at our offices every second Friday. Dates for July are the 4th and 18th. Please call 420-3450 to set up an appointment and ask for the Spryfield office.
- Volunteer Board Members needed! Interested parties will want to be a part of a team that is actively engaged in making our community a healthy and vibrant place to live and work! Contact ccda.stecroix@gmail.com or 477-0964 for more information

# Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Mini Bingo at 6pm. Superstat Bingo at 7pm
- Seniors dances on November 3rd and 17th from 12:30pm to 4pm. \$4 per person. Light lunch served. Door prizes, 50/50 draw. Music by Albert Martell. All seniors welcome
- November 11th: Remembrance Day Dance 2pm to 6pm. DJ Regie Jones. Admission is free
- November 29th: Dance 9pm to 1am.
   Band: Tailgating. \$10 per person. Doors open 8pm

#### Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Friday Night Mixed Dart League with bar service. 8pm. \$5 to play Phone 902-403-1666 or 902-477-8749 for more information.
- Wednesdays and Thursdays: Tai Jitsu Classes. Contact Natasha at 902-293-7427, halifaxtaijitsu@gmail.com

### Quarter Note Singers (Captain Spry Centre) Events:

• Thursday nights from 7pm to 9pm beginning September 11th. Come join the fun! Contact Steve Trussoni at 902-477-2664 for details

# Spryfield Lions Club (25 Drysdale Avenue) Events:

- Every Wednesday at 1pm. BINGO! In the rec Centre. Come have fun, make friends and support a great organization.
- 2nd and 4th Tuesday of each month. Lions Club Meet. Upstairs in the Lions' Den. Please consider becoming a Lion! The Pride always needs new members to keep it strong in service!

#### Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

• November 10th. 7pm. Meeting of the UFMSS will be held at the Centre. Everyone welcome please contact Pat at 902-477-6087 or email jamac@ns.sympatico.ca

#### **YMCA Events:**

- Elderobics-Forever Fit classes. No registration necessary. \$4/per class plus annual fee of \$10.
- Emmanuel Church Hall on Monday,
   Wednesday and Friday from 10am to 11am.
- Captain William Spry Centre on Monday, Wednesday and Friday from 9am to 10am

### Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.

# Emmanuel Church Hall (322 Herring Cove Road) Events:

- November 8th: 8pm to 12am. Monthly Dance. \$7 per person. Music by Bay City Band. Light lunch at intermission
- November 16th: 2pm to 4:30pm. Country Kitchen Party. \$6 per person. Band:

Cute as a Button

• November 29th: 10am to 2pm. Christmas Bazaar. Everyone Welcome!

# St. James Anglican Church (2 Harrigan's Road) Events:

• November 22nd: 2pm bake table. 4pm to 6pm Turkey supper. 7:30pm Social. For more information please call 902-477-0398

# St. James United Church (3811 Old Sambro Road) Events:

- November 16th: 6:30pm to 9:30pm.
   Singer Songwriter Circle featuring Ed
   Oakley, Sherry Dean, Alan McLeod, James Jackson, Joan Helson and Stephen Bordl.
   Benefit for Bakgatla Bolokang Matselo (HIV-AIDS care). Admission by donation.
   All welcome.
- November 15th: 1pm to 3pm. Gingerbread Tea and Chinese Auction. Come out for delicious gingerbread, the Chinese Auction and the Cake Walk.
- Tuesdays, beginning September 23rd until December 2nd. 6:30pm to 9pm. Step Up to Leadership Training. Free. Register at hrmvolunteerservices@halifax. ca or call 902-869-4755. For more information visit www.halifax.ca/volunteerservices

# St. Michael's Catholic Church (14 St. Michael's Ave) Events:

- November 16th: 4 6pm. Annual Roast Beef Dinner. Homemade rolls, apple and lemon pies, tea, coffee and juice. Adults \$13.00, children 5 12 \$6.00 and under 5 free. Take outs available.
- November 15th: 8:30pm to 11:30pm. Harvest Dance. Everyone over 19 is welcome. Cash bar. \$5 per person

# St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- November 29th: 4-6pm. Roast Beef Dinner with Dessert. Adults \$15. Children \$7. Family of 4 (2 adults, 2 children) \$40. Tickets at the door. Take-out available. Please note that due to the rising cost of meat, we find it necessary to increase the price of our dinners
- Harrietsfield Williamswood Residents who question the safety of their drinking water can now fill up empty water jugs for free 24hrs a day. There is a blue water sign and arrow at the entrance to Saint Pauls Church located at the corner of Old Sambro Rd and Rockingstone Road.Follow the arrows to a supply of safe drinking water for you and your family.

#### Other Events and Notices:

• Cunard Junior High School welcomes you to our 27th Annual Christmas Craft Fair. The event will be held on Saturday, November 15th from 9:00am to 1:30pm. The fair is located at 121 Williams Lake Road. With a great variety of professional crafters you are bound to find ideal gifts

for your friends and family. Drop by for our famous Chicken Burgers and have a cup of tea and a delicious treat in our Tea Room. Admission - \$2. Crafters interested in renting space are asked to contact ashleymatthews1@hotmail.com or call the school at 479-4418.

- Girl Guides of Canada Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.
- Harrietsfield Williamswood Residents who question the safety of their drinking water can now fill up empty water jugs for free 24hrs a day. There is a blue water sign and arrow at the entrance to Saint Pauls Church located at the corner of Old Sambro Rd and Rockingstone Road.Follow the arrows to a supply of safe drinking water for you and your family.

Check our Facebook page for late arriving events and changes or updates to listed events

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Earl Francis Spryfield Memorial Branch 152



**WE CARE** 

# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 477-5601

#### Edward "Ed" Levy

Age 51, of Halifax passed away suddenly on September 19, 2014 at the QEII Health Sciences Center. Ed was a son of Edward "Ted" and Jean (Stewart) Levy. Ed will be missed by his colleagues at the Westin Nova Scotian Hotel where he was employed as a chef since 2002. Ed will be remembered by his son Edward, Halifax; Step daughter Natasha Davis McKinney (Jason), Vancouver: sisters Christine Noddin (John), Bedford and Darlene Redmond, Purcells Cove; grand daughters twins Bonita and Emma as well Angel; nephew CJ Noddin (Cheryl); great nephew Cameron and Niece Bonnie Noddin. Ed was predeceased by his grandparents; uncle, John Levy and his nephew Sean Mason. Arrangements were under the care of J. Albert Walker Funeral Home (2005) Ltd. 149 Herring Cove Road, Halifax where a celebration of life will took place Thursday September 25 in the funeral home chapel. Burial to take place at a later date.

#### **Muriel Florence Gilkie**

Age 85, passed away peacefully surrounded by family at the QEII Halifax Infirmary on October 12, 2014. Born on mothers Day, May 12, 1929, Muriel was a daughter of the late Elias Irving and Bertha Claire (Baker) Hart. Muriel is survived by her loving husband of 64 years, Stewart Allan Gilkie. She is also

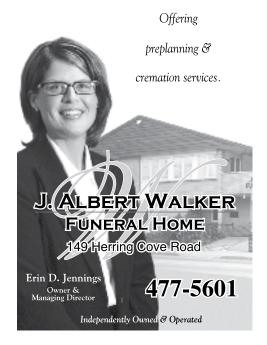
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survived by her only son Jeff (Sherrie) Gilkie; sister Doris Callahan; brother Allan (Peggy) Hart; granddaughter Kassy as well as a large number of nieces and nephews. Muriel spent her early days baking at the Sambro Elementary School. She also worked at the Sambro United Church making suppers for the community. Muriel attended and helped bring adult education classes to Sambro such as typing, secretarial, math and English upgrades. Muriel was predeceased by her parents; grandparents Nelson Baker and Sarah Jane Jenniks as well as siblings Morton, Wray and Gene. Keeping with her wishes, there was no service or visitation. Arrangements were under the care of J. Albert Walker Funeral Home (2005) Ltd., Halifax. The family would like to express their gratitude towards the nursing staff of QEII 8.4 floor for their kind and gentle service through this difficult time. Donations in Muriel's name can be made to the St. James Church, Sambro, NS.

# Anniversaries births graduations and special notices:

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For more details, contact dan@dandoherty.ca.

# Something to say? We welcome your letters!

We welcome your letters!
Email the editor:
chebuctoeditor@gmail.com

#### Michael H Whynot

Agent for Executor/Executor Assistance

205 Herring Cove Road PO Box 20122 Spryfield Halifax, NS B3P ILI

Phone: I-902-719-7797 Email: mikewhynot55@gmail.com

# **Baton Twirling**

(continued from page 15) taking place in Italy in April 2015.

The girls have worked very hard over the past two years putting in numerous weekly hours of conditioning, strength training and baton twirling and are very pleased their hard work and dedication to the sport of baton twirling has earned them spots on the Canadian team. They are thrilled to be part of the Canadian contingency.

The athletes are now working very hard at preparing for the World competition and you will find them practicing numerous hours a week at their local club gymnasiums and or at the Canada Games Centre most nights and weekends.

#### **Definition of the Sport**

Sport Baton Twirling is a relatively new discipline that has evolved through many dimensions.

The baton is an instrument constructed of steel with rubber ends similar in consistency to a vehicle tire. It weighs approximately ½ pound and is anywhere from 18-32 inches in length. The athlete uses a baton that is sized to the length of their arm from the shoulder to the tip of the fingers. It is weighted and balanced for air dynamic flow.

The fundamental characteristics of the sport involve the following:

- Handling the baton with maneuvers to create visual images, pictures and patterns, executed with intricacy, dexterity, smoothness, fluidity, and speed, both close in and around the body and by releasing the baton into the air.
- Throwing the baton with velocity and revolution to propel the apparatus forty to fifty feet into the air while spinning, leaping and jumping across the floor to arrive at the precise point and time to catch it.
- Utilizing fine motor skills and precise timing to execute the strategic placement of the baton in a scrolling, continuous rolling motion around the neck, shoulders and arms without using the hands to guide or control its path, all in synchronization with the movement of the body.
- Expressing artistry and emotion of the body through movement that creates a demonstration of strength, flexibility, physical fitness, beauty, aesthetics, and harmony in coordination with the manipulation of the baton.
- The blend of baton and body together create elements of risk, physical stamina, agility and excitement all set to music, utilizing time and space to display both technical merit and artistic expression in creating a total package for the viewer's eye.

Baton twirling is an entertaining and exciting sport to watch. The intricate timing and precision required to perform these feats is difficult. Baton twirling requires complete concentration and coordination. It demands top physical conditioning. Routines for competitive sport baton twirling are designed for athletes of novice through elite stages of development, experience and ability. Individual competitive events utilize one-baton, two-baton, or three-baton to standardized music while group competitive events are performed with members twirling together with



precision and unison. Professionally trained and certified Judges adjudicate the competitions.

#### **Analysis of the Sport**

IT IS PHYSICAL – Baton Twirling requires fantastic coordination of fingers, hands, arms, feet and legs; in addition to extraordinary control of the back, stomach and torso, all of which are called to respond instantly to the sound the ear hears and the sight the eye sees. It requires endurance, agility, strength, and balance.

IT IS PSYCHOLOGICAL – Baton Twirling allows athletes to learn more about confidence and fear, self-esteem and self-image; it gives the chance to realize that attitude is what makes or breaks the competitive spirit, not anyone or anything else. It is a type of mind set with an increased awareness, which challenges an athlete to realize the potential she/he may possess. It requires self-discipline.

IT IS EMOTIONAL – Baton Twirling provides guided social interaction with other athletes. It offers the opportunity to participate and have fun in a healthy, wholesome activity and to develop lasting friendships. It provides the chance to recognize excellence and beauty, to be sensitive, to develop good character, and to have great youthful memories that last a lifetime.

IT IS A SCIENCE – Baton Twirling is exact, and demands precise execution. The baton is always pushing the laws of physics with force and speed, action and reaction, velocity and relativity.

IT IS AN ARTISTIC SPORT – Baton Twirling requires the courage of a hockey player (without the padding), the concentration of a sprinter, the quick reactions of a boxer, and the stage presence and grace of a figure skater.

IT IS EDUCATIONAL – Baton Twirling allows our youth to learn how to take all of these elements, some dry and technically tiresome, some difficult and challenging, and create emotion, feeling, passion, develop a good work ethic, understand their own inner strengths and weaknesses, learn how to work with others and find a reason to stay focused on a quality life.

WFNBTA information sites: www. worldchamps2015.com; www.wfnbta.org

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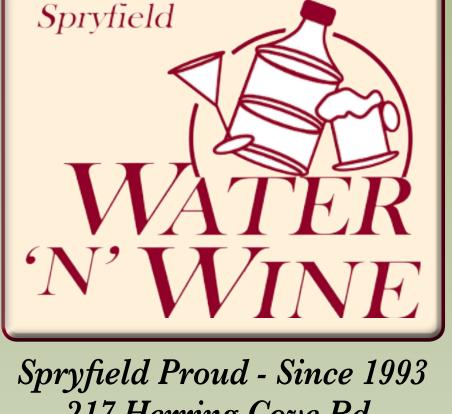


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#### 25 Village Road \$174,900.

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