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Brothers Darion (left), Anderson (centre), and Lennox (right) show off the bracelets they are selling to help save the Sambro Lighthouse

# "Toonies for change" 50/50 Lottery set to start May 17th

The Halifax Northwest Rotary Club is partnering with local Charities, Non-Profit organizations and local businesses to create the "Toonies for Change" 50/50 weekly lottery.

The Rotary Club in recent years has been focusing more of its activities in the Spryfield and surrounding areas and has been looking for opportunities to have a more positive impact in these communities.

Partners in the Lottery are the Boys and Girls Club of Spryfield, Hand In Hand, Chebucto Minor Hockey Association, The Urban Farm Society of Spryfield, the Sambro Area Community Association and Chebucto Connections.

Participants in the lottery receive a number which is theirs for as long as they participate in the lottery. Entry forms will be available on the ballot boxes along with the stickers. Each week participants write their number on (See Lottery on page 2)

# Active Kids by the Sea

by Sarah Fraser

Active Kids by the Sea is a parent volunteer run program taking place every Friday between 4-5p.m. at the Ketch Harbour Playground. It is a drop-in program available to children around the loop to get out, grab some fresh air, and have fun. Parents and guardians enjoy the freedom of the program in that they don't need to register their children and (See Active Kids on page 2)

# Local children raise money to save the Sambro Lighthouse

by Lorrie Boylan

When 8 year old Anderson Fukala and his 6 year old brother Lennox of Sambro Elementary School heard about the plight of the Sambro Island Lighthouse, it touched his heart to the core. Their music teacher, "Miss Tara" Sampson, grew up in the area and her family has close ties to the lighthouse.

She taught her students the song "The Sambro Light" written by local resident Cindy (Henneberry) Chinn and showed them a video clip from CBC's Land and Sea episode on Lighthouses. The boys couldn't wait to come home and share what the lighthouse means to the community, that the government wasn't taking care of it anymore and it needed to be fixed. The boys were adamant about wanting to raise money to help save it.

Mom Natasha spoke with Anderson's Grade 3 teacher, Madonna Sampson, who suggested bracelets might be a viable fundraiser, and the family ran with it. Shortly after the 2,000 bracelets arrived, their father J.P. attended a conference through his employment with the Coast Guard and the boys joined him, together with their 4 year old brother Darion, who very boldly approached everyone who walked by to ask them if they want to buy a bracelet. People from Netherlands, USA, British Columbia, Ontario, Alberta and Newfoundland as well as the Maritime provinces have been requesting bracelets, wanting to help save the oldest operating lighthouse in the Americas.

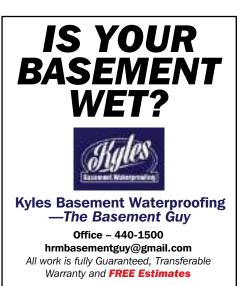
In 2010, the government declared almost 1,000 lighthouses surplus, mean-

ing that DFO would no longer have the responsibility to care for any of these lighthouses. On April 8th, 2014 MP Megan Leslie introduced Bill C-588 to designate the Sambro Island lighthouse a heritage lighthouse under the Heritage Lighthouse Protection Act and put the responsibility for this iconic structure with Parks Canada. MP Leslie has been retweeting #SaveOurLight to all her followers to help the cause.

Miss Tara says, "I am so proud of Anderson and Lennox for helping to protect our beautiful Sambro Light. I can't imagine Sambro without it." Madonna Sampson adds, "These children are very special and unique. It amazes me children so young can be so aware of the needs around them. They get the big picture. They realize that if we do not take care of what we have now, it will not be there for our future. They are wonderful role models for the school and the community. I am busting with pride. I predict a very bright future for these boys."

The bracelets are \$2 each and come in children's and adult sizes. They can be purchased at Sambro school, Mishoo's, Brendan Maguire's office, by emailing 2182sales@gmail.com or phone or text (902) 579-0076. Order forms are available for those wishing to organize a group order. All proceeds go to the Sambro Island Lighthouse Heritage Society.

(Lorrie is a Freelance Writer and Author's and Speaker's Administrative Professional who lives and works in Sambro)











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### **Active Kids**

(continued from page 1)

there is no cost to participants.

Active Kids started out as an outdoor running club with the intention of getting the communities' children active and outdoors, and evolved to the current program with financial assistance from the Chebucto West Community Health Board. The funds provided go towards First Aid training and honorariums for the Youth Leaders that assist by planning curriculum for the children and keeping them active and interested by playing games and guiding walks with them. The program has expanded to include a Basketball night at Sambro Elementary on Mondays between 6-7p.m.

Natasha Fukala, a parent volunteer, hopes everyone feels invited to come out and try the program, and stresses that there is no obligation or commitment required to attend, and the program is free.

"We're just trying to promote what we're familiar with, which is staying

active and staying healthy" said Fukala. "It's a way to kind of foster friendships and relationships too, so it's a nice way to meet people. We definitely see growth in it (the program) and the continuation of it."

Melissa Taylor, who co-founded the program with Theresa Pickart, said, "The program is aimed at Primaries to Grade Sixes, and one of our goals is to have more specialized programs for specific age groups and not have such a general program, like a catch-all. We can't meet the needs of that big of an age spread and we want to diversify our program more."

The parent volunteers were eager to show off the program to Megan Leslie, the federal Member of Parliament for Halifax, who accepted the invitation to come out and see what Active Kids is all

"This is my first time out to meet the parents and watch the kids," said Leslie. Asked how she could help program, Leslie said, "We've been in touch to look for funding through foundations or through different government grants to see if there is funding available to support this kind of community initiative. It doesn't need a lot of money but a little bit of money would help."

If you are interested in volunteering with the 'Active kids by the Sea' program or donating, please e-mail activekidsbythesea@ gmail.com or look up Active Kids By The Sea

### Lottery

(continued from page 1)

a sticker (which is provided), attach it to a Toonie and deposit it in one of the ballot boxes which will be located in numerous local businesses and public places throughout the community.

Each week the Toonies along with the stickers are collected and processed after which a draw takes place (which is open to the public). 50% of the funds go to the owner of the winning number, 25% is divided between the local community organizations and 25% goes to the Rotary club to use for its work in the community. Winners are also invited to attend the Rotary Club's weekly luncheon meeting at the Chocolate Lake Hotel as the Club's

The Rotary Club plans to place approximately 20 ballot boxes in local businesses and public places to make it convenient for participants to play.

Businesses participating in the Lottery will have their logo on the ballot boxes and be recognized regularly by the Rotary Club.

Winners will be posted weekly on each of the ballot boxes, monthly in this newspaper and contacted directly by a member of the Rotary Club.

The Lottery will be officially launched on Saturday, May 17th, with Rotary Club members on hand at various retail participant locations to explain and promote the

Should you have any questions, please feel free to contact Halifax Northwest Rotary Club member, Bruce Holland at 452-7472 or by e-mail at sdbc@eastlink.ca.



Publisher: Dan Doherty, 479-6397 Fax to 477-NEWS (6397)

Editor: Tangelene Ramsay, chebuctoeditor@gmail.com Mailing Address: P.O. Box 20141 Halifax N.S. B3P 1L1

#### Circulation:

12,500 copies Agent: Canada Post

Printer: Transcontinental Printing

Delivered free-of-charge to households in; Armdale, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

#### Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

Email to: "The Editor" chebuctoeditor@gmail.com

#### Advertising Inquiries:

Please call Dan Doherty at 479-6397 Email: dan@dandoherty.ca

#### Artwork and Layout:

Sharon Ward Graphic Design Phone: (902) 406-1305 Email: wards@eastlink.ca

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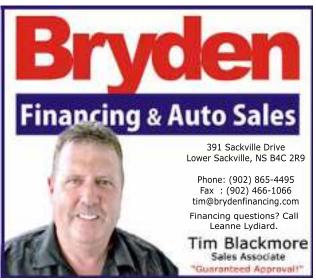
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#### Senior's Beat:

# Hans Toom: Master of light and dark

by Beverley Clarkson

If you happen to be a senior who is looking for a hobby and you haven't tried birding yet, you could do worse than google Hanstoom.com, a fairly new blog, to see what you're missing. If you are a wildlife lover, or nature artist, I would say the same. Our neighbour from Portuguese Cove, who chose our community in 2000, has a precise eye, scientific patience and the heart of an artist. Before setting up his own site he posted some exquisite photos on https://www.worldphoto.org/profile/ HansToom/.

Many a dull day in our endless bitter winter, I've gone there for some beauty to ease the relentless darkness, and am always delighted and awed by what I discover there. Many attempt to capture chiaroscuro, the unending play of light and dark that tells a story, on water, in the winds and sun; the violent movement of little creatures making their lives in the rough world of nature, killing their dinner for their own survival. Few master it. Rembrandt was one. Toom makes me think of him. Not just his photographs but also the patterns of life.

The picture window of his glowing, wood paneled, wood-heated living room full of cat furniture and rescued mousers (Norwegian Forest cats and Maine Coons, closest to my own heart) is a safe haven to watch the wildness go by. He moved here in 2000, a centenary project, for the sake of his beloved wife Laura, from Mount Hanley. He had led her a merry life in many places throughout Canada and even Granada.

His parents escaped Estonia in the second world war as it was ravaged by both Soviets and Germans, and after his birth in Sweden, his father chose British Columbia as a safe place to raise his family. Little Hans studied engineering physics and conducted oceanographic surveys on the famous CGSC Hudson. He served Canada as manager of airports in many locations, memorably Grenada, where he created a management structure for their international airport, Manitoba, and Winnipeg where he and Laura started birding around 1995 on the Forks where the Red River and Assiniboine meet.

Photography just followed the birds. Digital cameras are changing everything and he finds it exciting to keep up with new possibilities they offer. He belongs to many organizations and takes long wet stumbling hikes in our wild coastlands and parks, where nature still manifests despite all the building and mechanization of our 21st century world.

At fifteen, he asked himself "what will I be in the year 2000?", and while horrified to wake up to find it was 50 years later, was also amazed to find he doesn't feel any differently. Well, maybe a few more aches and pains. Maybe he wouldn't start out on a 15km hike quite so carefree now.

He is also not so worried about decline of the local species. They lose a proportion of their numbers every year but mostly they come back. "Two birds breed and become six, they head south and two return and start over", he observes. "Darwin tells us the number of young try to compensate for attrition and seasonal variations."

"You start by song. Get some dvds and listen, then you can recognize them by song, and follow up with experience in the woods. "This time of year until late June, they are active". But he also shoots anything that's out and about when he is; animals, butterflies, flowers. "If I don't know their name I come home and look them up," he smiles. One builds a life bird list in that world; I suspect there are such lists for the other forms of life in our magical province.

He also knows there is one rule for retirement: keep active! While having a life partner is always important, he feel it is crucial in your senior years. The most important thing he would tell young people is: plan for your retirement! Not just financially but for what you will do. Have a passion, do not sit at home, keep your body and mind active, and above all find what you love and do it!

I want him to sign and sell me a print of the saw whet owl. Check it out.

Special Request to Readers: I know there are many people from diverse backgrounds in the Chebucto area and would like to meet more. Are you aboriginal? Do you have African history? Asian? Other origins? Our local history has very deep roots; is there a senior among us who has old stories to tell? Please contact the paper so I can come meet you and tell your story!

### **Time Bank taking off**

The start of 2014 has been an active one for the Chebucto Connections Timebank. Following a volunteer-filled winter holiday, Timebank members have been busy earning and spending Timebank hours! Our membership is growing and so is the diversity of service offers and requests. With over thirty active members, Timebank has seen a multitude of hour exchanges including help with grocery shopping, conversation over coffee, baking, Reiki treatment, computer lessons, drives to appointments, and much, much more! Just recently we hosted a potluck, book exchange and jam session where Timebankers bonded over great food

and wonderful music and were able to gather over thirty books for the upcoming book bonanza! We are looking forward to a spring full of activities including more service exchanges and a community clean-up!

New Members always welcome! Timebank is a great way to put your skills to use, access services for free, and meet new people. Anyone can join—all you need is a positive attitude and community spirit!

For more information about the Chebucto Connections Timebank contact: Katherine Ryan (Timebank Coordinator), 477-0964, or email timebank@chebuctoconnections.ca

### **Kool T's & more**



Last month we published an article about a new business, Kool T's & more. Unfortunately, we were unable to print the photo that should have accompanied

the article. Pictured below are Jan and Rob and their two children in front of their new store. We wish them all the best in their new venture.



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#### DISCOVERING OUR PAST



#### Expansion "Beyond the North West Arm" a benefit to early Halifax

by Iris Shea

Following the founding of Halifax in 1749, the cutting and clearing of trees in that area to build wooden houses for the early settlers made it necessary to find new sources for wood. As early as 1766 the land referred to as "beyond the North West Arm" became present day Spryfield and Harrietsfield. Several entrepreneurs in Halifax, all of whom owned one or more businesses and kept a residence in Halifax, were granted large tracts of land in the township of Halifax. They hired labourers to clear part of their land for wood and to plant crops. The nine grants, 500 acres each, stretched south from the dam at the foot of Long Lake, along both sides of the Herring Cove Road, to where the present day "Welcome to Herring Cove" sign is located. The western boundary of these lots extended into part of present day Harrietsfield. This entire area was called Leiblin Manor, named for Henry Leiblin, one of the grantees. A 10th lot of 100 acres in Harrietsfield was not granted until 1948.

It was not long, however, before the nine grantees began to sell their 500 acre lots. One can imagine what it would have been like to gain access to their land. Clearing a dirt track from the Head of the Arm, up over the very steep Cowie's Hill on the Herring Cove Road, to their individual lots was not an easy feat. The track had to be wide enough for wagons in order to transport wood and farm produce to Halifax. Each lot was numbered and today, if a part of these nine lots is purchased or sold, the number is often used in its description.

Lot Number One was granted in 1766 to Jacob Merkle and Henry Muhlig, "foreign Protestants" from Germany. A note in a 1771 document, a re-issue of the original grant, stated that "the above Grant, owing to its being Eaten by Rats, it was totally defaced." This lot is now part of Long Lake Provincial Park. Merkle and Muhlig used the land as a woodlot. One half of this lot was acquired by George McIntosh in 1799 for 37£ from the heirs of Jacob Merkle. At the time of the sale to McIntosh, John Groves occupied the lot.

Lot number Two was granted in 1767 to Anthony Henry (Anton Heinrich). Henry had been part of the British forces at Louisbourg in 1758. From 1758 until his death in 1801, Henry was



G.K. Butler School opened under the name of West Spryfield in 1954 and closed in 1981. Built on Lot number 4 of Leiblin Manor, it began as an elementary school but some students recall attending Grade XI there before Halifax West High School was built in Fairview, in 1958. Today, that site is occupied by the Captain William Spry Community Centre and Library. Photograph Courtesy Mainland South Heritage Society

a printer in Halifax. He was appointed as the King's Printer and published the Nova Scotia Gazette and Weekly Chronicle, and the Royal Gazette. He sold his lot in 1769 to surgeon and apothecary John Philips for 22£. George McIntosh later purchased this lot.

Lot number Three was granted in 1767 to Daniel Hohl/Hale, a foreign Protestant from the Palatinate in Germany, and a resident of Halifax who, in 1777, sold this lot and another 60 acre lot in the First Division, Letter A of the Harrietsfield lots, to Captain William Spry for 202£. This lot became part of the George McIntosh estate.

Lot Number Four was granted in 1767 to Henry Leiblin, a baker and spruce beer brewer on Grafton Street in Halifax. He used the 500 acres as a woodlot. His home was in "Dutchtown" in the north-end of Halifax. Captain William Spry purchased Leiblin's 500 acre lot in 1769 for 25£. George Mc-Intosh later purchased this lot. The following advertisement suggests that Henry Leiblin was preparing to leave Halifax. Leiblin's name lives on in Leiblin Drive and Leiblin Park which are located on his original lot number four. This advertisement appeared on 14 March 1769 in the N.S. Chronicle and Weekly Advertiser: "To Be Sold at Public Auction: 500 acres of woodland lying about two miles from the North West Arm, a Bake House and Brew House on Grafton Street, a House and Lott in Dutchtown in Good Repair, all

Household Furniture, Horse, Truck and Slay, etc. Private sale. Enquire Henry Leiblin."

Lot Number Five was granted in 1771 to John Jacob Bower (Johann Jacob Bauer), a farmer and a "foreign Protestant" from Franconia, Germany, who came to Halifax in 1752 aboard the ship Sally. He kept the land for two years before selling it to Philip Andrews of Lunenburg for 80£. Captain William Spry purchased it from Andrews in 1775 for 160£. It was later purchased by George McIntosh.

Lot Number Six was granted in 1770 to Halifax farmer, Albright Leizer, a "foreign Protestant" from Württemberg,

Germany who arrived in Halifax on the ship "Pearl". This lot was sold in 1780 for 30£ to Conrad Pence, a blacksmith of Halifax, who sold it in 1787 to George McIntosh for 35£.

Lot Number Seven was granted in 1770 to Augustus Charles Eberhart, a cordwainer from Halifax. John Trider, a Wheelwright in Halifax, paid 18£ for this "wild and Wilderness Land and Marshland" in 1780. It was later purchased by George McIntosh.

Lot Number Eight was granted in 1767 to Halifax baker, Godfrey Jaich, a "foreign Protestant" who traveled from Germany to Halifax in 1752 on the ship "Gale". He was a deacon at St. George's Church where he was buried in 1776 at the age of 45 years. George McIntosh later purchased this lot.

Lot Number Nine was granted in 1767 to another Halifax baker, Richard Jacobs. He, too, was a "foreign Protestant", from Halberstadt, Germany, and arrived in 1752 aboard the ship "Speedwell". He was one of the managing elders of St. George's Church and in 1781 served on the Grand Jury. George McIntosh later purchased this lot.



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### SDBC steps up for community

The Spryfield and District business Commission (SDBC) recently agreed to operate and maintain a new parking lot and upgraded trail off the Northwest Arm Drive across from the new Long Lake Village subdivision.

Local Councillor Stephen Adams, and MLA Brendan Maguire approached the SDBC when it became evident there was an opportunity to make these improvements a reality in partnership with the subdivision developer. What was required was a community organization to step up and manage the site for the community.

SDBC Board Chairman Ryan Brennan said, "We see creating this type of recreational opportunity in the community an extension of what we do to promote the business district and bring more people to our area. The hope is

that these visitors shop in our stores and eat in our restaurants." Mr. Brennan went on to say, "We hope this will lead to further recreational opportunities for our residents, such as canoeing and kayaking, and an appropriate place to swim and have picnics. Not only will these types of facilities provide additional recreational activities, they will help create jobs right here at home."

Long term, the SDBC hopes to turn over the oversight of the Park to a newly formed non-profit organization whose sole mandate is to oversee and manage the site. Over the years the public have expressed their desire to have access for these types of activities in and around Long Lake. In 2008 a Long Lake Provincial Park Draft Management Plan was developed and published, but it was never implemented.

Many local residents feel now is the time to create some formal access to this gem right here in the heart of our community.

The SDBC plans to hold public meetings to get further input from the public on the potential of the Park. The SDBC welcomes comments from the public and asks that they be submitted to sdbc@eastlink.ca.

### **Local art on** display

MLA Brendan Maguire's office got a face lift. As of the beginning of April, 349 Herring Cove Road is open to local artists to show their work.

The first show is by Spryfield artist Ann Hart. Hart is very passionate when it comes to art. She has studied both Western and Asian art since the 1960's.

"I have adapted the use of the oriental brush and materials to watercolour, oil, pottery, fabric design and printmaking," says Hart. "Observing the changing seasons, the beauty of our world, or form and shadow, has been a journey into the appreciation of our world."

Hart's beautiful paintings are the first things visitors to Maguire's office notice. Her work has already received dozens of compliments. Maguire invites anyone interested to drop by to view the show.

If you or someone you know would like your art displayed, please contact Ann Hart at: annhart@eastlink.ca

#### **AGM/Business Awards date set**

The SDBC Annual General Meeting and Business Awards will be held on the evening of Thursday, June 5th, 2014 at the Golden Age Social Centre.

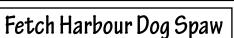
Awards will be presented in 5 categories: New Business of the Year, Small Business of the Year (10 or less employees), Business of the Year (11 or more employees), Volunteer/Not-for-Profit Organization of the Year (may have staff, but must be run by a Volunteer Board of Directors) and the Jason Doherty Memorial Business Person of the Year Award. In order to qualify to be nominated a business must be a member of the Business Commission.

In addition to the contributions businesses make to the success of the business community, the SDBC Board of Directors believes it is just as important to recognize the contribution they make to the success of the many non-profit organizations, sports groups, churches, social clubs and other groups in helping them to achieve their goals by donating time, goods and services to these organizations.

To make a nomination, please send the business name, address, owner(s) name, a brief description of the business and your reason for nominating the business to the SDBC by e-mail at sdbc@eastlink.ca or by mail to Spryfield and District Business Commission, Royal Bank Building, 339 Herring Cove Road, Suite 211, Halifax, N.S., B3R 1V5. To purchase tickets to the AGM, please call 452-7472.

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### **Celebrating our diversity**



For many years now, the Ethiopian Oromo Community has been an important part of Spryfield. It started with one person, Ejigu Haile, who fled the civil war of Ethiopia and stayed under the protection of the UNHCR for seven years in Kenya and finally became a newcomer to Nova Scotia almost twenty years ago. Since then he has given himself to supporting his community and as a Sponsorship Agreement Holder he has made it possible for many more Oromo newcomers to settle here. Ejigu and Rev. Dennis Nickerson of Calvary Baptist Church, long-time neighbors who live across the street from each other, became very good friends. As their friendship deepened they began to discuss how wonderfully diverse their community was and the need to bring awareness to it. From those discussions the two friends agreed to work together to bring awareness to the Oromo community in Spryfield.

The Oromo people would like to invite their community to a diversity event to introduce their culture in a celebration of their music, fashion, and great Ethiopian food. It is a way of saying thank you to the community that has made them

feel most welcomed.

They would like to make this event a fundraiser for a 900 student elementary school in the village Ejigu grew up in and attended. Video and pictures of the present state of the school in Haro Biqilaal will be shown at the event. Where it would take millions of dollars to build a new school here, \$15,000 will build a brand new school in Ethiopia. This is a great way for Spryfield to help on a global scale by giving to and supporting this cause through newcomers who have decided to settle here and give back to the community that supported them.

This event will be held on May 24th from 4-6:30 pm in the Lions Club Room above the Spryfield Lions Rink at 111 Drysdale Road. Price of admission for adults is \$15 and \$5 for children under 13 years of age. For more information contact Rev. Dennis Nickerson at 476-9989 or by email at revdennisnickerson@gmail.com

#### **Rockingstone** gets an Early **Years Centre**

Halifax Atlantic MLA Brendan Maguire, Education and Early Childhood Development Minister Karen Casey, and Margaret McCain, chair of the Margaret and Wallace McCain Family Foundation, officially opened the province's first Early Years Centre on April 7th, at Rockingstone Heights School.

"Giving children the best start in life is paramount as we respond to the changing needs of today's families, especially during the early years," said Ms. Casey.



Programs and services offered will help children succeed, and will provide support to families in the community. The centre will provide hands-on, play-focused opportunities and positive interactions between children, which helps confidence flourish. The programs are designed to prepare children for the upcoming school year, both socially and academically.

"Programs like the Early Years provide useful tools to prepare children for the transition into school," said Brendan Maguire. "We must do whatever we can do to give children a leg up in life. This program is a wonderful step to creating a better future for our children. I am so pleased that this program is being run in Halifax Atlantic."

### **EXIT Realty Metro Welcomes** Allison Godsoe

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A proud resident of Spryfield, Allison brings with her 15 years' experience in the Real **Estate Industry and** welcomes all of her past clients to get in touch with her to review their current Real Estate needs – or to just catch up! Allison is an active community member, volleyball coach and runner.

She looks forward to speaking with you to discuss any of your Real Estate needs...let's work together to meet your home buying and selling

**Contact Allison at:** 902-476-4889

allisongodsoe@exitmetro.ca www.allisongodsoe.ca





#### Congratulations, Melissa!

Salon Eight-Sixty stylist Melissa Hearn has won FIRST PLACE at the Carnival of Beauty Men's Cutting competition! Angie, Anthippi and Sam are very pleased and excited for Melissa, who is an amazing stylist! Well done Melissa!



Our 3 for \$99 esthetics services special is still available! Choose 3 services for \$99 (some conditions apply). Call for details or check out our website listed below.

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### Family Deals

16" - 1 Topping Pizza and 12" - 3

**Topping Pizza or 12"** 

Garlic Fingers \$20 BUCKS

16" Pepperoni Pizza "LOTS

of Pepperoni" \$13 BUCK\$

16" House Works Pizza \$18 BUCK\$

Any 16" Pizza, Any Family

Salad, 10 Wings \$27 BUCKS

Any 16" Pizza and

Sampler Box \$27 BUCKS

Two 16" Pizzas/Garlic Fingers (4
Toppings between them) \$23 BUCKS

### Traditional Pizza

ANY 18" Pizza \$22 BUCKS

16" Pizza \$18 BUCKS

16" Pepperoni \$13 or 2 for \$30

12" Pizza \$13 BUCKS

9" Pizza \$10 BUCK\$

or 2 for \$16

### Combo Deals

**EITHER** 2 - X-Treme 6" Subs or Wraps and a Med. Salad

**OR** 2 - 1/4 lb. Greek Donairs and a Med. Salad

OR 2 - Lasagna and 2 Garlic Bread

OR 3 - X-Treme 6" Subs or Wraps or 3 - 1/4 lb. Greek Donairs (or mix)

**OR** 9" 3 Topping Pizza and 9" Garlic Fingers or a Med. Salad

\$13 BUCKS

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# WE ARE COMMUNITY PROUD!

**Amber MacCrimmon**, president of It's A New Day Financial, moved to our area over 14 years ago. In one short visit she immediately fell in love with the community, she saw and felt our community pride all those years ago and knew this is where she wanted to settle down and grow roots.

"We instantly fell in love with this community; our neighbors made us feel at home, my husband proposed to me at the dingle, our wedding pictures were even taken at our favorite place, York Redoubt."

She started her career in the financial industry, working for one of the top insurers in Canada, the same time she moved to our community. Her 14+ years'experience, knowledge and sincere love for people from all walks of life encouraged her to form 'It's A New Day Financial'.

It's A New Day Financial is a company that prides itself on being different. They are not your normal financial company; with every interaction they aim at getting you on the correct path to achieving your dreams. They sincerely want to get you there; whether you do business with them or not, helping you and getting you the right information is their priority.

### Q: If there was one thing you could tell everyone reading this about you and your company, what would it be?

A: That there are still people out there like us, who still care about others and want to help. With us, our clients are our family, you're not a number. We want to see everyone achieve their dreams; in order to do that you need plans and that's where we come in.



#### Q: What types of services does your company offer?

A: We prepare full financial plans, offer our clients a budgeting program, Alternative Retirement Planning and don't cringe... Insurance Protection programs. Most people cringe when we say insurance, but having it as part of your plan is KEY. It's KEY to any plan, it's the only way you can make sure that what you want to happen, happens.

Q: What is your slogan and why did you choose it?

A: WE ARE DIFFERENT! We choose that because, simply, we are! For example, let me use the label of a package of low-fat, no calories, good for you, best you have ever had cookies. Companies can put whatever they want on a label to entice you in to buying it, but in reality it comes down to the ingredients and that's what we look at for you; your plan is customized with ingredients that are the best for you and your family. We want to empower our clients, get them thinking and moving in the direction of making their dreams come true. We live in a world where jobs are scarce, bills pile up and the last thing people want to think about is their financial plan. But it should be the first thing they are thinking about because it will ensure those tough times aren't as tough, aren't as long. I mean there are still going to be tough times, but if you have a plan in place, you will have light at the end of the tunnel and support from me and my team to get you through.

My team and I are different from large financial companies because we treat you like family, our plans and products are solid, and you don't deal with 800 numbers (we do that). When bumps in the road happen we are there first thing in the morning or evening with coffee/tea in hand to get you through it. We are all about taking care of you and your family. You also will never have to worry about us talking in terms you don't understand, it's our job to act as your personal translator.

#### Q: What are common misconceptions about your company?

A: That we just deal with investments. True, we deal with investments. However, it's a small part of my business. In fact, the program we use most often is our Alternative Retirement Planning Program, which stays away from the typical RRSP investing gains/losses.

### So you are buying a home or currently own a home! WHAT THEY DON'T WANT YOU TO KNOW...

You are sitting in the loan office, taking your first deep breath since the whole process started of either getting your mortgage, or renewing it. Then the end comes where you have to sign the documents and you are presented with the Life Insurance, Disability Insurance and Critical Illness Insurance options. A lot of people are made to feel that they must take this coverage, and most do. They answer either 2 to

5 questions and these medical questions are usually extremely long and hard to understand, however you are so relieved just to be getting all of this over with you answer the questions either true/false or yes/no to the best of your ability and you pay a certain amount of money each month which is taken out with your mortgage payment to have this coverage. Sound familiar?

#### Here are some things you may not know about what you signed up for:

	With most lenders' mortgage insurance	With our Mortgage Protection programs
Do I own my policy?	NO. Your lending institution holds the contract with the insurance carrier.	YES
Is my coverage flexible if my needs change?	NO – Should you move, refinance or renegotiate your mortgage, you cannot transfer your policy and will have to requalify. Prices usually increase at this time or if you have had a health change you may not be insurable.	YES, you can change your coverage amount and/or convert your policy to permanent coverage without underwriting.
Can I choose the beneficiary of my policy?	NO. Your mortgage provider is the beneficiary.	YES
Can my family use the proceeds of the policy to cover needs other than the mortgage?	NO	YES – Your family can choose to use the tax-free death benefit for any purpose, such as daily living expenses or debt repayments.
Once I pay off my mortgage will I still have life insurance?	NO	YES, it will automatically renew to age 80 depending on the plan and/if you convert to a permanent plan.
Does your death benefit remain the same for the life of the policy?	NO. Mortgage insurance only covers the outstanding balance of the mortgage. The benefits decrease as you pay off your mortgage, though your cost stays the same.	YES
Is my coverage guaranteed?	NO – your bank can change your policy and rates at any time.	YES – your initial term and renewal rates are guaranteed for the duration of the plan
Underwriting	Underwriting is done at time of claim, which means that they will investigate to make sure the questions you answered during that stressful time were correct; if not, they will not pay your claim.	Underwriting is done at the very beginning. This is where the insurance company will assess your risk to the company by having you <b>sometimes</b> complete a blood test, a paramedical exam and a doctor's report, etc. This ensures that when you need to make a claim, there is no question, the money will be provided to your family when they need it most, with no hassle. Also, we are there to assist you /your family in filling out the paperwork and sending in the claim to ensure everything goes through with ease.

IF YOU COULD EASILY GET BETTER COVERAGE AND BETTER PRICING THAN YOU CURRENTLY HAVE, WOULDN'T YOU WANT TO SWITCH? Call, Email or go to http://www.itsanewdayfinancial.com/mortgage-protection-program to complete the online form today FOR YOUR FREE QUOTE!

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Reg Horner Memorial

### Chebucto News Sports Page

### Adversity makes players come together for a big win

by Stephen Adams

As reported in the previous edition of Chebucto News, the Spryfield Silver and Black Attack Junior C Hockey Club won not only the regular season title, but the Provincial championship, as well. We beat Fundy 4 games to 1 to advance to the Maritime and Northern Canadian Championship. This tournament included the host team from Liverpool, and representatives from P.E.I., N.B. and Nunavut.

This was quite an experience for our players. As with these types of tournaments, there is uncertainty regarding the skill level of other teams, and the need to adjust to different styles of play. Our first game was played on Thursday, March 27 and ended in a 3-3 tie. They were one of the fastest teams we have seen all year, and worked tirelessly from the opening face-off to the final buzzer. We played Hampton, N.B. in our next game and beat the defending champions 3-0. Although we won, we still hadn't caught our stride. On day 2, we beat P.E.I. 3-2 and host Liverpool 6-1. Our record secured first place and a showdown with P.E.I. on Saturday. I don't think anyone could have predicted what was in store.

P.E.I. opened the scoring with the first shot of the game. A bit of a shock to us, but nothing we couldn't overcome. We led 2-1 after one period and extended our lead to 6-1 after two; dominating the play and putting on a clinic as we prepared for the championship game. After we made it 7-1, the game took a nasty turn. Although the final score was 10-1, we lost in other ways. (I would add that although we were leading handily, our players never showed up the other team, nor did they try to embarrass them.) At the 14:35 mark, the so-called all-star defenseman from P.E.I. blind-sided our goaltender, and then two-handed one of our defenseman so hard that he broke his stick. There were three fights on the ice, with sticks and gloves everywhere. In all my years of hockey, I have never seen such a cowardly display. After the melee had settled down, the referees handed out the penalties. Their decisions were unbelievable! Three of our players were suspended as a result. One player, who has never fought in his life and had only two minutes in penalties all year was one of them. Another was on the bench the entire time. And a third did not drop his gloves and was not a participant. It was heart breaking for me to have to tell them they couldn't play in the game which was our goal from day one of training camp. I bring this incident to light not because of the fighting, but to illustrate the resilience and courage our players displayed in the championship game. All year, we battled adversity and controversy. The championship game was no different. We called on these young men one more time to dig deep, and give everything they had.

Our opponent was Hampton, New

Brunswick, last years' defending champions. Although we had beaten them in the round robin, they had a few extra players show up for Sunday's game. Now, we were playing a different team and we had fewer players. The first period was scoreless, although we had a 10-3 edge in shots. After two periods, we were up 2-1, and still outshooting them. As you can imagine, the intensity and anxiety was intense. Hampton pulled their goaltender with about a minute left and had the puck in our end. Their defenseman took a shot, which was blocked by Alex Armstrong. He pushed the puck forward, gained the

# Ultimate Championship Wrestling live from the Lions Rink Spryfield

by Benny DeVine

Charles Martin, who is self-described as a life member of Spryfield, will bring the UCW to the Spryfield Lions Rink on May 30th. Martin owns the UCW and has put on many successful events since 2008 including events with stars like the Nasty Boys, the Stiner Brothers , Hacksaw Jim Duggan, the Honky Tonk Man and even the Heat Foundation.

Wrestling fans will get a chance to see the true Maritime Wrestling Legends and the cards will include stars like Bobby Kay, Hubert Gallant, Paul Peller, Leaping Lanny, Frenchy Martin, No Class Bobby Bass, The Cuban Assassin and fan favorite Leo Burke.

Martin says, "This will be the only time to see these Legends together for one last hurrah, so please come pay respect to the guys who made wrestling what it is today"

Tickets will be sold at the door only starting at 6:30 PM with the bell ringing for the first match at 7 PM. Tickets are \$15.00 for Adults and \$12.00 for Children and Seniors.



SAVE \$10 ON 3 OR MORE SCREEN REPAIRS red line and scored right in the middle of the empty net. We won 3-1, and won the Maritime and Northern Canadian championship in only our third year.

I can't begin to express how proud I am of these fine young men. They gave everything they had, game after game and came out as winners; both on and off the ice. Our coaching staff and manager are easily the best in our league. We are fortunate to have them with our club. I would also like to thank our sponsors, as we would not have been able to play if not for them. And finally, and huge thank you to our fans. Our boys truly appreciated your support.

Many of them have not played in front of crowds as we saw in the play-offs. I know that improved their game.

I am hopeful that those of you who came to our games enjoyed watching. For those who didn't have a chance to take in a game, I hope you can make it out next year, as we defend our titles, and work to be better than ever. You can also keep up with the team, watch clips from the games, and catch interviews with the players by going to our website www.spryfieldattack.com.

If you are a local teen who is interested in trying out for the team, contact Steve Adams.

#### OBITUARIES

(continued from page 14)

Drummond Hall-Palliative Care Unit, 4th floor who made the last few days bearable with their care, understanding and professionalism. We are so grateful to all for being there for our Mother.

#### Glen Arthur Chamberlain

50, Halifax, passed away on Saturday, March 29, 2014 at the QEII Halifax Infirmary. Born in Halifax, he was a son of Adele (Bernard) and the late Allan Chamberlain. Glen was a dedicated volunteer with numerous organizations, giving freely of his time. He was a member of the Earl Francis Spryfield Memorial Legion, Branch #152. Glen was an avid sports fan, cheering on the Boston Bruins, throwing darts and shooting pool. He will be missed by all who knew and loved him. He is survived by his twin sister, Linda (Glen) Hunt and brother, Howard (Janice) Chamberlain and their son, Allan; numerous uncles. He was predeceased by brother, Daniel. Arrangements are under the care of J. A. Walker Funeral Home (2005) Ltd. Funeral Mass was held on April 3 from St. Michael's Roman Catholic Church. Burial will take place in Gate of Heaven Cemetery. Donations in Glen's memory may be made to a charity of one's choice.

#### **Gladys Evangeline Redmond (Bonnevie)**

Age 95, Spryfield, died Tuesday April 1. Born October 15, 1918 in West Chezzetcook, she was the daughter of the late Frederic and Agnes (Romo) Bonneue. Gladys started her teaching career in Pubnico, Yarmouth Co., then to Waverly and later to Old Cunard School in Jollimore, John W. MacLeod, Spryfield North, Central Spryfield, back to John W. MacLeod and then finally retiring as principal from Flemming Tower School Armdale. She was a gentle and caring person, a faithful parishioner of St. Michael's Roman Catholic Church and an avid traveller. She enjoyed her home on St. Michael's Ave. and visitors were always welcomed with a smile and a cup of tea. Gladys is survived by sister-in-law, Pauline Henderson, Halifax; and several nieces and nephews. She was predeceased by her husband Russell Joseph Redmond; sister Mary Rose Manette; brothers, Frederick Oliver and Donald Albert in infancy. Arrangements are under the care of J. Albert Walker Funeral Home (2005) Ltd. Funeral service was held April 5 from the funeral home chapel. Internment to take place at a later date in St. Anslem's Cemetery West Chezzetcook. We would like to thank the staff of Melville Lodge for the wonderful care Gladys received while she was living with them.

Allen "Al" Francis Bryden

Al passed away peacefully at home with his loving wife, Kay, by his side. Born at his family home on Herring Cove Road, he was the 4th of 6 sons born to the late George and Gladys (Hawbolt) Bryden. Allen will be fondly remembered and greatly missed as a generous and loving husband, father, grandfather, great-grandfather and a solid and loyal friend to many. His numerous jobs over the years are a testament to Al's work ethic and his commitment to raising his family and providing a loving and nurturing home life for Kay and their children. Al was a driver for Ben's Bakery; firearms inspector for Nova Scotia; a professional photographer for the Chronicle Herald and owner of many businesses including: Baby Charm Studio, Passport Photo of Atlantic Protection Services Ltd., Hook and Ladder Club, Spryfield, The Sound Shack Record Store and Captain Spry B & B. Al always looked forward to his many hunting and fishing trips in NS and Newfoundland, loving and respecting the great outdoors. He loved working in his backyard garage. Al and Kay's doors were always open to their many friends, and Al enjoyed the "drop in" nature of the family home with love and laughter. Al is survived by his loving wife of 57 years, Catherine "Kay"; son, Kevin (Kathy), Bridgewater; daughters, Kathy (Paul), PEI, Kelly (Sue), Halifax and Lynn (Tim), PEI; grandchildren, Cory, Chris, Grant, Sydney, Jake, Meaghan and Rachael; greatgrandchildren, Caleb and Carter. Besides his parents, he was predeceased by brothers, Kenny, Reggie and Finlay. Arrangements are under the care of J. A. Walker Funeral Home (2005) Ltd. A Service of Remembrance was held April 5, 2014 in Emmanuel Anglican Church, Rev. Gordon Relf officiating. Donations in Al's memory may be made to the Canadian Diabetes Association.

#### Karen Elizabeth Gower

61, Halifax, passed away peacefully on Friday, April 4, 2014 in the QEII Health Sciences Centre. Born in St. John's, Newfoundland, she was a daughter of Ruth and the late Fred Knight. Karen worked at Arborstone Enhanced Care for 28 years, having retired almost two years ago. She was actively involved in the Spryfield Community Salvation Army Church. She was a kind and generous person who will be greatly missed by all who knew and loved her. She is survived by her husband, Donald; daughter, Keely and stepson, Joseph; brother, Warren Knight; sister, June (Gordon) Somerton; sister in-law, Jean (Denny) Rice. Cremation has taken place and service was held at the Spryfield Community Salvation Army Church on April 9. Donations in Karen's memory may be made to Spryfield Community Salvation Army Church.

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### **Branding our municipality**

by Linda Mosher, HRM Councillor, District 9

Last year we put out a tender for re-branding our municipality and as stated in the document: "A place brand is more than simply a logo or catch phrase; it's the sum of all the emotions and expressions that connect us to each other and to the world. Whether it's our famous natural spaces, our diverse music and regional cuisine, or our enviable position as an economic and academic hub for the region, we have an abundance of natural and social riches. We're a community that cares deeply about each other and our quality of life. We're also a community that must better position local businesses to be competitive and successful in the global market for jobs, talent and tourism."

Council awarded our branding project to Revolve and their partners WSP Group and Corporate Research Associates. The cost of the project was \$217,000 and 95% of the cost went towards public consultation and research, the remainder was to create a visual identity including a logo and branding suggestions for signage and other uses.

The consultants reached out to over 21,000 residents by way of one on one interviews, on line surveys, focus groups, telephone surveys, social media and public engagement. Rather than holding public meetings that often only attract a small number of residents, they went to where people in our communities gather. They went to Moosehead hockey games, City Hall's New Year's Levee, the Black Cultural Centre, Middle Musquodoboit Co-op Store, Citadel High School, Spryfield Business Expo, Sobey's Mumford Road and many other events and communities from one end of the region to the other. The consultant told people "Why Define Halifax? A strong place brand will rally our community behind a common message about what makes our region great. It will guide and inspire the way we act, engage and deliver our experience. It is the story of who we are and where we're going."

The majority of residents made it clear that they no longer want to be referred to as Halifax Regional Municipality, but simply Halifax. This does not take away the significance of our over 200 individual communities, but collectively residents preferred to refer to the region as Halifax. As one resident commented: "You have to promote Halifax the city-everyone else's boat will rise if Halifax rises." Another stated "Halifax. That's the only name people know. We're stationed in Dartmouth. I go to conferences all around the world. Sometimes they put Dartmouth on the name and it's not known or recognized." Our legal name will remain Halifax Regional Municipality but we will brand our region as Halifax. Residents also made it clear that they wanted a modern, progressive and bold image of Halifax.

Revolve developed an evidence based

strategy and visual identity based on their extensive research from local businesses, residents, students and tourists. In addition, research was conducted with business leaders across North America. The goal of the strategy was not only to instill pride amongst our own residents but also to distinguish our region across a very competitive global marketplace.

The brand strategy cannot be assessed by simply looking at the new logo but by the application of the new logo and our messaging. The logo itself is very clean and simple. Rather than having 100 different logos such as Metro Transit and HRM Rec we will have one unified Halifax logo. The consultant noted it has "subtle nods to upward momentum and forward progress" and colours are based on nature, including

the blue which reflects our ocean, sky and lakes. The logo can also have two overlapping X's which creates a geometric shape akin to a compass rose which has a nautical history. This can be applied with or without the logo-in many ways and with different colour combinations. To see the rationale behind the brand, logo, colours and possible applications please visit halifaxdefined.ca. It is important to view the entire process and how the brand can be applied to fully appreciate how this can be implemented effectively.

We will not be going out and painting every truck and changing every existing logo to reflect the new visual identity. The brand will be deployed on-line first and then more substantial changes will be made in a planned, prioritized and fiscally appropriate manner.

However, one important change that will occur in the near future is our existing website, www.halifax.ca. The website is not user friendly and does not portray a positive

image of Halifax. This will soon change and the new website will be a great tool for local residents to find out information. In addition, it will be a great resource for businesses and anyone considering moving or attending school in Halifax.

The new logo been a hot topic of debate. There are very strong feelings either for or against it. I understand and respect these views. However, we ask that you look at the overall branding strategy. It was clear during the consultation that we are a unique region that is very desirable and vibrant. Many people discussed our rich history. educated and connected residents and that we were a right sized city - that collectively our communities have so many great resources like a large city does, but they are easy to access and you don't waste hours commuting to enjoy them.

Should you wish to view all documents relating to branding please visit my website: lindamosher.ca under the news tab.

### **Honouring community volunteers**

by Stephen Adams, HRM Councillor, District 11



HRM's Volunteer of the Year - Brian Dempsey. Left to Right: Councillor Stephen Adams, Mr. Brian Dempsey, Mayor Mike Savage.

#### Brian Dempsey, HRM's Volunteer of the Year

Mr. Brian Dempsey has been awarded the HRM Volunteer of the Year award along with a Provincial volunteer award for his ceaseless contributions to the community of Herring Cove and surrounding areas for over seventyfive years.

Brian is a giving person who places the needs of others before his own. A quote I found that best describes his volunteer spirit is as follows: "A pessimist sees a glass of water as being half empty; an optimist sees the same glass as half full. But a giving person, such as Brian, sees a glass of water and starts looking for someone who might

Over the years, Brian has volunteered as

the chair of the Herring Cove Ratepayers Association ensuring community interests and issues were addressed. He was also a key organizer for the Labour Intensive Program (a Federal/Provincial program to assist the under employed in the area). For 20 years, Brian was the volunteer Caretaker for the St. Paul's Church Cemetery, cutting the grass and maintaining the property. He has been the Chair of the Four Cove Recreation Association, identifying community projects and seeking funding for local youth sport activities. He supported the Herring Cove Volunteer Fire Department with fundraising by calling Bingo every second Tuesday evening for six years. Brian was instrumental in hosting community workshops related to the Herring Cove Area

Settlement and Servicing Strategy, a document which enforces the need to maintain the "historic charm of the village proper". He has also served as Chair of the Herring Cove Advisory Steering Committee. Most recently, Brian joined the inaugural Community Champions Committee, a group of dedicated volunteers throughout District 11 who meet quarterly to share their combined experience(s) in regard to various community initiatives/challenges.

A true volunteer, such as Brian, is a selfless individual who gives unconditionally without expectation of recognition or reward. I am pleased that we were able to honour Brian for his many years of dedicated community service. Congratulations to you Brian, HRM's Volunteer of the Year!

#### **District 11 HRM Volunteer Award** Recipients

I am pleased to recognize Bernard Deal, Barry Deal, Shirley Little and Gina Gray as HRM Volunteer award recipients for their service in District 11. Gina was also nominated for, and awarded, a Provincial volunteer award.

The following information outlining the achievements of the volunteer recipients may also be viewed on the HRM website: www.halifax.ca.

#### Bernard Deal & Barry Deal

Bernard and Barry are indeed community builders. Mindful of others' needs, they unassumingly perform countless acts of kindness. They demonstrate their leadership by taking on projects solely for the benefit of others, for example: protecting a senior's home from erosion; replacing a senior's windows at no cost; and volunteering time and supplies to create a basketball court. Community members of all ages have been positively affected by their contributions.

(See Volunteers on page 13)



### Stephen Adams

HRM Councillor, District 11 Spryfield - Sambro Prospect Road

> HRM Call Centre 311 Home 477-0627 Cell 497-8818 adamss@halifax.ca

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### Tough Decisions by Brendan Maguire, MLA for Halifax Atlantic

The spring sitting of the Legislature is well underway. During this sitting we have passed legislation that gives more rights to grandparents in the event of divorce; we have removed restrictions to operating U-Vints; we have made provincial student loans interest-free; and in 2015, the Efficiency Nova Scotia tax will no longer be charged to ratepayers.

No government decision is ever made without opposition, and the spring sitting has seen some controversial resolutions. I have heard many reactions, both positive and negative.

There has also been some false information shared, primarily through social media. I would like to take this opportunity to present the facts about these decisions and to clear up some misunderstandings.

Firstly, Bill 37, which requires that healthcare workers have an essential services agreement in place with their employer prior to any labour action. Once the union and employer have agreed which positions are essential to patient safety, they may utilize their right-to-strike. If the two sides cannot come to an agreement on essential service levels, the Labour Board will appoint an independent 3rd party arbitrator to set the essential service levels. It is important to note that this legislation does not take away a workers right-to-strike.

Another decision that has faced some opposition is the elimination of the Graduate Retention Rebate (GRR). This program gave tax credits to graduates who remained in Nova Scotia to work following graduation. While many people did benefit from this program, it simply did not achieve what was intended. Since this program was introduced in 2009, we haven't seen a change in the out-migration trend of graduates.

If GRR had retained recent graduates, the program may have paid for itself. In the climate of a deficit budget, it was decided that the program could not be sustained. In fact, for a new grad to realize the full tax benefit from this program he or she would have to find a first job that paid nearly \$48 thousand. We know that students go where the jobs are and that is where we need to focus our efforts as a province.

I hope I have cleared up some misunderstandings, but I know that not everyone will agree with these decisions, and I am not interested in running away from controversy. If you would like to talk to me about either of these issues, I invite you to contact me. I am your representative in the Legislature, and I am always happy to hear from you.

Finally, I want to talk a bit about the news that MLAs will now be eligible to receive a pension after serving only two years. I received a lot of feedback the day this story broke! I faced attacks from family, and even my wife was critical! However, I found a quick explanation calmed everyone down: it only means that the pension is

vested after two years, which is to say you get to retain both your and your employer's contributions to date. It does not mean that MLAs will receive full pensions after only serving two years!

This change to the pension plan was recommended by an independent panel, and it brings MLA pensions in line with civil servant pensions. The panel also recommended eliminating the stacking of CPP

### Volunteers

(continued from page 12) **Shirley Little** 

Shirley is head of the Prospect Road Senior's Network, a Director for the SS Atlantic Memorial Park, and an active member of St. Paul's Anglican Church. She is a hard-working, energetic supporter of the community. Her organizational skills are renowned in the area. She exemplifies the saying "If you want a job done right, give it to a busy person". She is that busy person. Shirley has been an active volunteer, supporting various groups, most of her life.

Gina Gray, HRM and Provincial Volunteer Award Recipient Gina is an active community volunteer

sharing her time with a number of organizations like the Spryfield Santa Claus Parade, Spryfield Legion, and as a coach with the Chebucto Sparklettes. Gina works to better her community through volunteering. She is a person who knows how to get things done and is the first one to step forward to do them. Gina is recognized throughout the community as a leader with many talents. Gina is also a Provincial Volunteer award recipient.

Congratulations to all and thank you for sharing your time and talent with your / our

#### Halifax Regional Fire and Emergency: **Medical First Response**

As you have no doubt heard, there will be changes in how and when HRM's Fire and Emergency services (HRFE) will be activated in regard to medical emergency situations. To help explain what is happening and why, I requested and received the following information from our Fire Services.

Previously, the protocol for activating a medical emergency response by HRFE involved approximately 150+ medical criteria. The criteria ranged from the most severe situation, such as cardiac arrests, to minor medical conditions, such as a sprain due to a fall from less than six feet. Primarily, it was a medical dispatching program that would indicate whether or not the situation warranted a "fire response".

Following changes implemented by Emergency Health Services (EHS), such as where ambulances were located throughout the Halifax Regional Municipality and how EHS was pre-dispatching ambulances to

brendan@brendanmaguire.ca

with MLA pensions, which reduces the pension benefit.

I hope I have settled some unrest about MLA pensions.

I understand decisions made by government affects people's lives. I do not make these decisions lightly. I keep in mind what is best for the people of Halifax Atlantic. The people of this riding deserve access to their MLA. You deserve input on decisions made in our riding and the opportunity to express your opinions. Throughout my first 6 months I have met with many of you, had phone conversations with dozens of you, and email correspondence with many more. That is part of the job of being MLA that I love the most, and I will continue to have an open door policy to each and every one of you.

I hope everyone had a great Easter weekend, and I hope you were able to spend time with your loved ones.

certain types of reported medical emergencies, it became apparent that firefighters were being routinely called-off or cancelled while en-route to an emergency medical call as paramedics had already arrived on scene or were close by and did not require the back-up. There were also occasions when firefighters would arrive at the scene and, due to the medical needs of the patient, were not able to provide assistance.

The regular occurrence of Firefighters (both career and volunteer) being called off en-route to medical responses or at the scene, became a drain on both human and physical fire resources. Volunteer Firefighters would leave home or work to respond to the reported medical emergency only to be waived-off by an on-scene Paramedic(s) or cancelled en-route by fire dispatch.

There is a strong desire to ensure that when firefighters are called to respond, it is to an emergency in which their primary skills and training are put to use.

As a result, in 2006, HRFE implemented a system for the Urban Core Stations where the number of medical response determinants was reviewed by both HRFE and EHS. The review was to determine which medical emergencies responded to by HRFE greatly improved the medical condition of the patient. This change significantly reduced the number of medical responses that were cancelled prior to fire services arriving at the scene, however; HRFE continued to respond to serious medical emergencies.

Commencing on April 1, 2014, this level of medical response was extended to all HRFE Stations.

In addition, another level of medical response decision authority was included in the protocol. The new protocol no longer limits the decision to a software program; the Paramedic Dispatcher and responding Paramedic (ambulance) can also initiate the HRFE response to a reported medical emergency. For example, if the Paramedic Dispatcher knows that the ambulance response will be delayed, they may request that HRFE respond. The responding Paramedic(s) may also request that HRFE respond.

HRFE will continue to respond to serious life-threatening reported emergencies such as severe traumatic injuries, cardiac arrests, severe breathing emergencies, majority of motor vehicle accidents, and the regular emergencies where HRFE would be responding.

A review of the new medical response protocol by both EHS and HRFE will be done three months following its implementation. The review will determine whether: a) further changes are required, b) to continue with the new response protocols, c) to return to a system similar to what was in place prior to April 01, 2014.

#### 2014 Capital Projects - HRM Street / **Road Work for District 11**

The following is a list of streets that are planned for Micro-surfacing during the 2014 street/road construction season throughout District 11: Purcells Cove Road (Fergusons Cove Road - south leg - to Fortress Drive); John Brackett Drive (Fortress Drive to Village Road); Fergusons Cove Road (north leg - from Purcells Cove Road to 700 m East); Leiblin Drive (Pockwock Road to Tomahawk Run).

Micro Surfacing systems are mixtures of a polymer-modified cationic emulsified asphalt, mineral aggregate, mineral filler, water and additives that are proportioned, mixed, and spread with a machine over

a properly prepared surface and used to restore and preserve the surface characteristics of pavements. It may be designed to correct rutting, improve inadequate pavement cross sections, and enhance frictional properties of structurally sound pavements. Micro Surfacing systems are low-cost preventive maintenance treatments that maintain or improve the functional condition of roadways, and extend the pavement's service life.

The street list may change slightly depending on further evaluation of road conditions at the time of the micro surfacing application. For up to date information on the planned street/road work for the 2014 season, please go to the following website: http://www. halifax.ca/designcon/cons/index.html.

The street/road construction season runs from May to October and depending on the road, the hours of work are from 7:00 a.m. to 6:00 p.m. with peak hour restrictions from 7-9:00 a.m. and 4-6:00 p.m. in areas where work may impede traffic flow on main arteries during the busiest time.

**District 11 Newsletter** 

As I mentioned in an earlier article, a District 11 Newsletter is being prepared for mail-out to all residents in the Spryfield – Sambro Loop – Prospect Road area. The newsletter is now in final preparation and will be distributed very soon.



### **ROYAL CANADIAN LEGION**

Earl Francis Spryfield Memorial Branch 152



**WE CARE** 



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# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



#### To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com

#### MAY COMMUNITY EVENTS Captain William Spry Library Events:

Free Puppet Shows Every Saturday at 11am.

All ages welcome

#### Chebucto Community Health Team (16 Dentith Rd) Events:

- May 20th and 27th: 10am to 11:30am. Food for One or Two (2-Week Program) at the Wellness Centre
- May 22nd to June 12th: 6pm to 8pm. Living with Stress: Skills for Life (4 week program) at the Wellness Centre
- May 29th: 9:30am to 11am. Toddlers at the Table Tips for Healthy and Happy Meals. Please note that this program is being held at the Fairview Family Resource Centre.
- Check out our Spring Calendar for our new partner program: Tai Chi!

PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop. Please call 487-0690 or drop-in to register.

#### Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Mini Bingo at 6pm. Superstat Bingo at 7pm
- Seniors dances on Monday, May 5th, and Monday, May 26th, from 12:30pm to 4pm. \$4 per person. Light lunch served. Door prizes, 50/50 draw. Music by Albert Martell. All seniors welcome

#### Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Friday Night Mixed Dart League with bar service. 8pm. \$5 to play Phone 403-1666 or 477-8749 for more information.
- May 15th: 6:30pm to 8:30pm. Preteen dance will be held with canteen service. \$3 per person. Supervision provided, parents welcome. All proceeds will be donated to the local Diabetes Society
- May 24th (rain date May 31st): 8am to 2pm. Giant Yard Sale. For information or to book a table, contact Danielle at 266-4358. Or call the centre at 403-1666
- May 27th: 7pm. AGM is scheduled. Only Harrietsfield/Williamswood residents need to attend. Nominations will be taken for vice-chair and board of directors. Mingle and Lunch immediately following.
- June 7th (rain date, June 14th): 9am. Annual Fishing Derby. Held at Spruce Hill Lake. Prizes for three biggest fish caught (children only).
- June 7th (rain date June 14th): 2pm to 4pm. Post Derby BBQ.
- June 7th (rain date June 14th): 9pm to 1am. Adult Dance. Free admission.
- Wednesdays and Thursdays: Tai Jitsu Classes. Contact Stephan at 293-7421, or Natasha at 293-7427. Or call the centre at 403-1666, or 477-8749

#### Emmanuel Church Hall Events (322 Herring Cove Road) Events:

- May 10th: 8pm to 12am. Monthly Dance \$7 per person. Music by Bay City Band
- May 3rd: 10am to 2pm. Spring Fair. Fun For Everyone!

#### St. James Anglican Church (1 Harrigan's Road) Events:

• June 14th: 3pm to 6pm. Lobster supper with mussels appetizer, lobster, scallops or ham for entrée, salad, dessert and beverage. To order tickets or for more information, call 477-0398 or 477-1051

#### St. James United Church (3811 Old Sambro Road) Events:

 May 17th: 2pm to 4pm. Come celebrate the 60th Anniversary of Maurice and Shirley Gray! Open House. Best wishes only!

- May 24th: 9am to 11am. SACA invites you to join them for a Spring Breakfast. Scrambled eggs, pancakes, sausages and tea, coffee or juice. \$6/adult. \$3/child. Donations and volunteers welcomed. Contact Leslie Harnish at 868-2553 for more information.
- June 14th: from 3pm to 6pm. Halibut supper with ham alternative. \$15/adult. \$7/child. Everyone welcome

#### St. Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- May 31st: 4pm to 6pm. Roast pork dinner with dessert. Adults \$12, children \$5. Under 5 are free. Family of 4 (2 adults and 2 children) \$30. Tickets at the door. Take-out available. Urban Farm Museum Society of Spryfield (Captain Spry Centre) Events:
- May 10th: 2pm to 4pm. Seedy Saturday and Plant Sale. At this time, registration forms for the 2014 CGWU (Come Grow With Us) Family Garden Program will available
- May 20th: 7pm to 9pm. First meeting for the CGWU Family Garden Program will be held
- May 12th: 7pm. Monthly meeting of the UFMSS will be held. Everyone welcome.
   For further information about any of these programs, please contact Pat at 477-6087 or email jamac@ns.sympatico.ca

#### YMCA Events:

• Elderobics-Forever Fit classes. No registration

necessary. \$4/per class plus annual fee of \$10.

- Emmanuel Church Hall on Monday, Wednesday and Friday from 10am to 11am.
- Captain William Spry Center on Monday, Wednesday and Friday from 9am to 10am

#### Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.

#### Other Events and Notices:

- Active Kids by the Sea meet Friday afternoons from 4pm to 5pm at Ketch Harbour Park. For more information contact activekidsbythesea@gmail.com
- May 24th: 10am to 2pm. Ecole Chebucto Heights (230 Cowie Hill Road) Will hold their Annual Community Fair. BBQ, Bouncy Castles and more! Everyone welcome.
- Hand in Hand, which is operated by the St Vincent de Paul Society, is open every Monday to Thursday 9:00 am 4:00 pm, Friday 9:00 am 3:30 pm, and Saturday 10:00 am 3:00 pm. We have everything you need to get your home and wardrobe ready for spring.
- May 24th at 7pm and May 25th at 2pm: The New Players Choral Society, under the direction of John O'Halloran present "Say it With Music" (60 years of Irving Berlin ) St. Agnes Church Hall Halifax (cor/Chebucto & Mumford) admission \$10.00 at the door.
- May 15th: 7:15pm. Chebucto Family Centre is holding a fundraising evening of Comedy (with comedians James Uloth and Lamont Ferguson), Wine, Cheese and Silent Auction. Fundraiser is being held at the Bella Rose Arts Centre, 283 Thomas Raddall Drive. \$30/per-

son. Includes two complimentary beverages. Tickets available by calling 457-3239 or at http://bellaroseartscentre.com

- Running until May 10th: 8pm. (2pm on May 4th). TAG presents their latest production, *The Stillborn Lover*. Go to www.tagtheatre.com for all the details! Call Ticket Atlantic at 451-1221 to purchase tickets.
- May 24th: In the Loop Community Group Association will be holding a Loop Wide Yard Sale. Like us on Facebook for all the details
- May 24th: 11am to 2pm. William King Spring Fling (91 St. Paul's Avenue, Herring Cove). Town Crier, tea room, bouncy castles and more! Money raised will be invested in the Learning Landscapes Project.
- May 3rd: NUMA Cup at Spryfield Lions Rink and Recreation Centre. Opening ceremonies at 9:30am. Tournament at 11am. Canteen services available. Banquet at 7pm. \$10/child. \$20/adult. For more information or to register contact Sarah Scott at sarah@1upoffice.com
- May 8th: 7pm. Spryfield Crime Prevention Outreach "Operation Safe City" Come out and help make Spryfield safer! This meeting will address the social/spiritual issues that contribute to crime. Takes place at City Church, 276 Herring Cove Road. For more information, call 420-1355 or email info@citycentreministry.ca

Check our Facebook page for late arriving events and changes or updates to listed events

YOUR COMMUNITY FUNERAL HOME

### LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 477-5601

#### Joan Virginia Mombourquette

Surrounded by family, our Mom passed

away peacefully at the QEII HSC, VG Site, on Monday, March 24, 2014. Born in Halifax on February 12, 1929 she was the youngest child of the late Porter and Annie (Sampson) Chisholm. Beloved wife of Henry (Albert); dear mother of Judy (Randy Morgan) and children, Adrian, Jennifer (Jason Turple) and Erin (Chris Donnelly) of Ottawa; Eddy, and son, Tom; Stephen, and son, Brandon; Danny, and daughter, Emilie; Marlene (Ron Hudson), and daughter, Brittany; Cathy (Mike McConnell), and children, Mandy (Joey Dionne) of Boston, and Sean; Paul (Lynn Grant), and children, Jessica (Anthony Bartlett), Nicholas (Trisha), Dylan and Hannah; Denise (Dwight Barnes), and children, Julie and Neil; Margo Johnson, and children, Jesse and Morgan (Ben Kostal). Mom always enjoyed the visits from her greatgrandchildren, Jordan and Joshua Webb. Avery Dionne, Sydney and Nathan Turple, Marshall Donnelly and Haley Mombourquette. She is survived by sisters, Clarita Cane and Grace (the late Bernie) Dundon (Kingston, ON), many nieces, nephews and their families. Mom was predeceased by her sister, Anna (Lawrence) Willett, and brothers, Patrick (Imo), Aubrey (Sadie) and Michael (Betty). Besides raising a busy family, Mom was very active in the development of Spryfield Little League and Spryfield (Chebucto) Minor Hockey. A former volunteer on the information desk of the IWK Health Centre she spent much of her quiet time knitting finger puppets and hats for the IWK. Her other pastimes included bowling, quilting, gardening, watching her children, grandchildren and great-grandchildren play hockey or perform in school concerts or plays. In later years, bingo, cruising the high seas and watching Sidney Crosby gave

her great enjoyment. Mom's favourite day of year was Christmas Eve when all the family would get together and wait for Santa's arrival. We would like to express our sincere appreciation to the wonderful staff of 8.1 (Stroke Unit) at the Halifax Infirmary and 4B (Transition Unit) at the VG Site for the excellent care and support they provided to Mom and her family. Cremation has taken place under the care of J. A. Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, where a celebration of Mom's life was held on Friday, March 28. Funeral Mass took place on Saturday, March 29 at St. Michael's Roman Catholic Church, Spryfield. If so desired donations in Mom's memory may be made to the QEII 8.1 Stroke Unit, the QEII 4B Transitional Care Unit or the Heart and Stroke Founda-

#### Gertrud Charlotte Blei (Rodmann)

Halifax, passed away Tuesday March 25th. 2014. Gertrud was the daughter of the late Hermann and Minna (Luther) Rodmann of Germany, loving wife to Rolf Blei (died 2002), caring mother to Burglind and Evelyn, son-in-law Rob, Oma to Thomas, Katie, Shaun, Emily and soon to be great Oma, sister and Aunt to relatives in Germany. After immigrating to Canada, Rolf and Gertrud had a happy life together. Arrangements are under the care of J. Albert Walker Funeral Home (2005) Ltd. In keeping with Gertrud's wishes there was no visitation and private family service and interment at a later date. Donations in Gertrud's memory may be made to any charity of your choice. Special thanks to the Spryfield Medical Clinic, Dr. Terence Higgins and staff and to the Shannex Aberdeen Hall staff. Also a special thank you to the emergency staff of QEII and finally the compassionate staff of

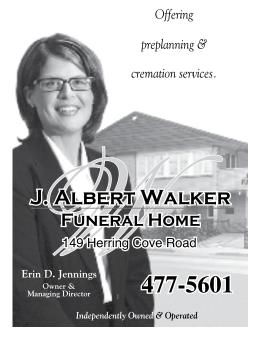
(See Obituaries on page 11)

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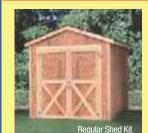
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