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Leslie MacInnes, Principal of Chebucto Heights Elementary School, accepts a cheque in the amount of \$1500.00 in support of the school's breakfast program from Halifax Northwest Rotary Club President, Louis Burhmann along with teacher, Tiffany Williams. The Halifax Northwest Rotary Club supports the program both financially and with member volunteers.

Chebucto Heights Elementary School breakfast program receives support from Rotary Club

In 2005, the start of the school year was too hungry to concentrate. also the start of a new program at Chebucto Heights Elementary School. For the first time, breakfast was being offered to a small number of students who may otherwise have spent the morning

The program was, and still is, run by Halifax Northwest Rotary Club volunteers, who help finance, prepare and serve breakfast to needy students. Over the years, the program has undergone a number of changes, including the addition of a teacher's presence in the program every morning, a rotating volunteer list, and a rise in students participating in the program.

(See Breakfast program on page 2)

Chebucto **Connections** opens new 'storefront' location on **Herring Cove** Road

If you have recently taken an evening drive past the 500 Block of Herring Cove Road, you may have noticed something new. Lights ablaze at the 531 address with groups of young people inside doing homework, working on leadership projects and talking about their future.

Chebucto Connections has always been among the top Greater Spryfield devotees, offering its heartfelt affection, attention and services to residents for decades. So in 2013 when Chebucto Connections' Pathways to Education grew into its full capacity, when 'Friends for Life' programming was introduced to all eight elementary students in the JL Family and when they started up a new multi-agency partnership called ECHO (Eastern Chebucto Hub Organization,) it was high time to move this growing charity into a space befitting its development.

And so, after several years of housing staff at two separate locations, Chebucto Connections has happily reunited its full staff team at one main location at 531 Herring Cove Road. The new location not only allows Chebucto

(See Storefront location on page 2)



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Storefront location

(continued from page 1)

Connections staff to all work out of one space, but it also allows much of the Pathways to Education programming with Grades 9 to 12 to happen right on site. (Hence, the lights and youth in the evenings.)

This new space isn't only larger, it has also been designed to create a welcoming environment. Well-known Halifax-based architects KASSNER GOODSPEED generously provided professional pro bono design services which, when built by Spryfield-based Duel Properties, truly introduced an inviting and quality environment to the building, making it both highly tailored to program needs and a welcoming multi-purpose community environment.

ECHO's multiple community partners will be using Chebucto Connec-

tions' new space as a hub. Based on a combination of several neighbourhood hub models (and borne of feedback from residents that accessing social and health services was sometimes daunting or confusing) the ECHO partners will rotate through the 531 Herring Cove Road space, offering residents a 'one-stop shop' opportunity. While the schedule itself has not yet been finalized, the premise will be host to a wide variety of socially-oriented services. Each service will be scheduled for one or two hour blocks of time for drop-ins from the community who wish to either access the service or learn more about it. A complete schedule will be posted on site, available at multiple services in the community and also on Chebucto Connections' website.

If you would like to check this new

addition to the community out for yourself, Wednesday, February 26th will be the perfect opportunity to do just that. Chebucto Connections will be hosting an Open House that day from 3 PM to 6 PM. The Grand Opening event will offer plenty of networking and socializing, food, tours of the new facility, a bit of music, a few photos and stories from the past, and the presentation of the very first Marjorie Willison Literacy Award. Everyone is welcome to drop by.

For more information call 902-477-0964 or email info@chebuctoconnections.ca

Breakfast program

(continued from page 1)

The first year that the program was offered, ten to fifteen students would receive breakfast at school. That number has since doubled with anywhere from twenty to thirty students participating in the program.

The school, parents and students would like to thank all those who make this important program a success. The teachers, who come in early to help staff the breakfast room, the donors without whose money the program would not be able to purchase food, and the Rotarians who have been volunteering their time, and making financial contributions, since the program began; specifically Don Hunt, Kurt Scholz, Steve Beaufoy, Rose Hopkins, and Doug and Anne Gregory.

Community support, both financially and through volunteer hours, is tremendously important for the continuation of this wonderful program. If you are interested in helping with the Breakfast Program, please contact the school, or Bruce Holland (sdbc@eastlink.ca).

Chebucto News

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Something to say? We welcome your letters! chebuctoeditor@gmail.com

Legal Aid coming

Starting February 14th Nova Scotia Legal Aid will be coming to Halifax Atlantic.

Thanks to a partnership with Chebucto Connections, Nova Scotia Legal Aid will be available to the people of Halifax Atlantic. Starting Friday, February 14th at 9:30am and every second Friday after that at the new Chebucto Connections building on Herring Cove Road there will be a Legal Aid clinic. Legal Aid helps with a multitude of legal issues for those who cannot afford a lawyer.

Said MLA Brendan Maguire, "This is something I worked on from day one. This is all about bringing programs to the people of Halifax Atlantic. For too long people had to go out of their way to access these important government programs. I want people in our riding to have quick, easy access to these programs. Chebucto Connections is the perfect place for Legal Aid. I approached Bonnie and she understood right away how important this is for our community, and was eager to partner with us."









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Weathering this year's wild winter Of all the topics that are being discussed right now, there is nothing folks like to talk about more than the weather.

particular, there is much ado about the roller coaster of winds, snow, ice, freezing rain, blizzards, ice fog, and even a little bright sun for good measure. One day, the temperature will drop well below minus 10 degrees Celsius with wind chill, only to be followed by a day of nearly ten degrees above.

This year in

According to the Weather Network, this up and down pattern is due to an absence of the El Nino and La Nina phenomenon in the tropical Pacific. In previous winters, these tropical weather patterns helped to moderate the cool arctic air from the warm tropical air from the south. As a result, the Atlantic coast is bearing the brunt of a duel between these two opposing air masses -- a recipe for stormy weather and wild swings in temperature. We've become familiar with the phrase 'polar vortex', and its ability to submerge us into temperatures below the surface of Mars. It's all starting to sound a little like a Hollywood blockbuster. But, we're rugged folk from the East Coast of Canada - we're made to withstand anything Mother Nature throws at us, right? It may run in our blood, but the impact of these extremes is taking its toll on us, as well as our environment.

One of the most frustrating impacts of temperature extremes can be felt during our daily commutes. Along roads and highways everywhere, potholes are getting bigger, and more frequent. Potholes are caused by the freezing/thaw cycle. A crack in the pavement swells with frozen water, only to leave a hole once the water melts. The more the temperature varies, the worse the problem becomes. Likewise, road maintenance, including salting and sanding, becomes difficult to do. According to Environment Canada, "applying dry [salt] can actually aggravate the situation when the pavement temperature is hovering near freezing, as it draws heat from the pavement, and lowers the pavement temperature" making it harder to melt the ice on the roads. This also applies to sidewalks, which have a tendency to become encrusted with ice after a day of melting followed by a freeze. Black ice in the early mornings remains a

consistent problem for both walkers and drivers.

Weather extremes can also create problems from a health perspective. The tendency to stay indoors rises when the temperature drops, or precipitation increases, making us more susceptible to catching colds and flus from others. As well, many people may be improperly dressed for the cold extremes, along with the dangers of frostbite and hypothermia. Activities such as shoveling snow can be strenuous, particularly the wet, heavy type that this weather pattern has been bringing. Also, ice storms wreak havoc on trees, roofs and power lines, creating not only falling risks, but power outages that leave folks cold and dark.

But, it's not all doom until spring. Like most things in life, dealing with extreme weather requires a bit of patience, planning and preparation. Most of us know the basics – keep your car maintained for winter, dress in layers, stay off the roads in bad weather, etc. That said, here are a few unique tips to keep you ahead of the storm:

- Be mindful of the weather forecast, and its ability to turn quickly. Set up a weather alert for your email, tablet or smart phone, if you have one.
- Check road conditions before you leave for the day, especially in the morning. Traffic reports on the radio, and also from social media like Twitter, can provide by-the-minute live reports on tricky areas and danger spots. (@ HalifaxTraffic is a recommended Twitter account to follow)
- Check out cancellations as weather progresses. CBC Storm Centre, Q104 and Seaside FM all maintain cancellation lists. For school closures, you can set up an email or text alert from Halifax Regional School Board. Metro Transit also provides web and Twitter updates on delays or cancellations of bus service.

Winter isn't all bad. After all, there's skiing, skating, building forts and sledding. The outdoors can be inviting and fresh. But for those other days, just sit back, enjoy a hot beverage, and remember that spring does come every year.

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Notice is hereby given that the **Annual General Meeting** of the Halifax Atlantic Progressive
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DISCOVERING OUR PAST



Growing up in Jollimore, a treasured experience

by Iris V. Shea

This article is dedicated to my 83 year old brother, Edgar Umlah, who passed away January 11, 2014. We shared the experience of growing up in Jollimore, a small close-knit community on the western side of the Northwest Arm. One of our favourite past times was reminiscing about people who lived there and the events in which we participated...his memories from the 1930s and 1940s, mine from the 1940s and 1950s. The Dingle was our playground

Sports and music were a great part of our family life. For Edgar, and many of his old friends and schoolmates at Old Cunard School, the opportunity existed to participate in hockey and softball. And we both had the advantage of taking piano lessons. Our mother was the piano teacher in Jollimore for many years. In the 1930s, our father played softball and umpired the games between Jollimore "All Stars" and South Street. The games were played on the Old Cunard School grounds and on Studley Field in Halifax.

The following article was printed in the "Evening Mail", July 7, 1936, page 5: "A piano recital by the pupils of Mrs. Myrtle E. Umlah, at her home in Jollimore, assisted by Miss Helen Topple, violinist, on June 30, was declared excellent by the large number of friends and parents attending, and Mrs. Umlah was warmly congratulated upon the high standard achieved. Those taking part included: Edgar Umlah, Edna McCarthy, Laurence Umlah, Muriel Boutilier, Evelyn Mc-Carthy, Phyllis Jollimore and Miss Helen Topple, violin. A prize for the most time practicing was awarded by the teacher to Miss Phyllis Jollimore" (Helen Topple was Mrs. Umlah's sister). From this early age of six years, Edgar continued to play the piano until his 70s when arthritis in his fingers prevented it. When I was growing up, a family get-together always included a sing song, with all of the family joining in, our mother or Edgar playing the old songs from the 1920s to the 1940s.

Edgar loved to sing. His "Dean Martin like" voice was popular at the Variety Shows and Minstrel Shows held at St. Augustine's and St. Michaels's Church Halls during the 2950s. He had a great sense of rhythm and loved to dance. He and his wife, Lillian Tobin of Spryfield (she taught him to dance), were regulars at the Saturday night dances in Ketch Harbour where the talented Sullivan family of Kline Heights provided "live" dance music.

Growing up in Jollimore, life revolved around Old Cunard School and St. Augustine's Anglican Church. Under the title "Armdale News", Marjorie Major, a writer for the Halifax Mail, reported



The Jollimore Junior Hockey Team, March 1949. Members of team were: Front Row: Kenny Edwards, Tom Scarfe, Kenny Martin, Will McCarthy, Ambrose (Jock) McKeen, Vince McDonald, Laurie Umlah, Roger Jollimore; Back Row: Coach Doug Leverman, Edgar Umlah, Donnie Scarfe, Fred Boutilier, Jack Cruikshank, Bill Graves, coach Morgan Chaddock. Missing from photo, Graham Hunter. Photo courtesy Iris Shea

on events that took place in Jollimore. Dorothy Burgess of Jollimore would sometimes fill in for Mrs. Major with her column "Jollimore News". School and church events were given a lot of attention. In the Halifax Mail, June 29, 1940, page seven, was this headline "Formal Closing of Cunard School" by Marjorie Major. Her column included the names of all students from Primary to grade 8 whose names were on the pass list and prize list. "Grades five and six, teacher Miss O'Connor: in order of merit, grade five students, Laurence Umlah, Edgar Umlah, Mary Martin, Norma Belair, Joyce Maithus, Doreen MacKenzie, Doris Slauenwhite, Billy Innes, Christina Mac-Dougall, Edwina Mayo, Robert Miller, Ross Forward, Gerald Martin, Phyllis Jollimore, Harriet White, Kathleen Mitchell, Jessie Barry, Fred Boutilier." In the same article, prizes for Perfect Attendance were awarded to Shirley Jollimore and Cecelia Slauenwhite grade 7; Carl Jollimore grade 6; Basil Martin, Billy Innes and Edgar Umlah, grade 5."

Halifax Mail, Thurs. Aug. 20, 1942 by M. Major, "Annual Sunday School picnic of St. Augustine's at Dingle yesterday. Wheelbarrow race won by Jackie Jollimore and Edgar Umlah; relay race won by Vincent MacDonald, Edgar Umlah, Dorothy Bignell and Josephine Innes."

Another highlight of growing up in Jollimore was the Sunday night outdoor movies at the Dingle. They began in 1945 when George Martin of Melville Cove installed a large screen in the canteen parking lot with large speakers near the screen. Mr. Martin owned and operated the Dingle Canteen and the movies ran all summer for several years. Cars lined up in front of the screen and the parking lot. Adults and children not in cars sat on the side of the hill in the rough wooded

area above the parking lot, in full view of the movie screen. Crowds of spectators came from nearby communities. There was no charge to watch the movies but the canteen did a brisk business. The ferries on the Arm were busy on movie night as residents of Halifax and Armdale took advantage of the entertainment.

Prior to World War II, organized hockey and softball were popular in all of our local communities. In 1933 when the North West Arm Athletic Club was first formed, hockey games were played on Williams Lake or on Chocolate Lake using homemade goal posts. Games were later played at the Shirley Street Arena. Jollimore had a senior men's hockey team and a School Boy's team. Softball was also part of the North West Arm Athletic Club. In addition to a senior men's team, the Jollimore ladies had a team. Their competition came from Kline Heights,

Purcell's Cove, Melville Cove and Spryfield. During the war years, 1939 to 1945, organized softball and hockey took a rest since many of the organizers and players joined the war effort

The North West Arm Hockey League was formed following the war. The junior division was made up of teams from Jollimore, Purcell's Cove, Spryfield and Melville Cove. Going into the playoffs in March 1949, the Jollimore Juniors were the defending champions, having won the title the two previous years. See accompanying photograph for names of team members. Their reward for winning three years in a row was to keep the trophy donated by Father Martin of St. John the Baptist Church in Armdale. For softball players, many of the young people of Jollimore and surrounding communities joined leagues that played on the Halifax Commons. Edgar Umlah was a wellknown pitcher in the years that followed. Comments from his friends who played softball with him and against him stated "Edgar owned the Commons"

At this time, on behalf of Mainland South Heritage Society, I would like to invite our readers and their friends to our upcoming Heritage Tea and Display. This annual event will be held on Saturday, February 22 from 1:30 pm to 4 pm at the Captain William Spry Community Centre. This year's display, entitled "Remembering Our Veterans", is a tribute to veterans of all wars as we commemorate the 100th anniversary of the start of the First World War. A large number of photographs and artifacts have been collected for the display which is open to the public. Admission free, donations always welcome. Following the event, the display may be seen at the Captain William Spry Library for the next four weeks.



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Senior's Beat:

In building your best life, ask, what will it take?

by Beverley Clarkson

Back in the day, somewhere in the 60s, getting a job wasn't what many people now think. Young people then, like Joanne Sulman, now of Ketch Harbour, took what they could find. In her case, the welfare department in Toronto was hiring social workers. A philosophy major, she had no idea that helping people on the front lines of existence would become her life's work.

The first people she was assigned to work with were single older men, miserably alone and unemployed for reasons like mental health issues and for some, a lifetime of substance abuse was taking its toll. She discovered she could make a big difference in their lives. And she was hooked on a lifetime of service.

During her Master of Social Work

education at the University of Toronto, she got involved in community outreach, again with elderly men, this time from the Chinese community. These men, many of whom had immigrated when bringing their families was forbidden, spent their lives in hard labour, such as building the railroads that crisscrossed this country.

The men sent most of their earnings home to support their families, ending up isolated and broken. She started to build bridges to Canadian support services for them.

Doing hospital work in the seventies, she discovered many elderly people could spend years in hospital beds because there were no other resources for them. They were literally lying in hallways, crying out. "We made some discoveries with

cognitively impaired, unhappy people that were so wonderful I can't begin to tell you" she explained. "We had families wheel patients into a circle in a big room and all of a sudden disruptive behaviour stopped cold. We started doing simple activities, like tossing balls into garbage cans, or music or gardening and people who had been lying there came alive. At least for three hours a week."

But that small success led the amazed hospital administration to see what could be done with even a few resources, and slowly, things started to change in response to such knowledge. One thing they asked was why some elderly lingered unplaced so long in hospital. Her research uncovered that it was not because they were the sickest; she found that the most disruptive were placed fastest. Squeaky wheel syndrome. After that, the rest were a breeze to relocate to appropriate facilities that were starting to emerge.

Like the philosopher she started out to become, she started asking questions about human services delivery. What if? And grants started flowing her way to explore practical ways to make things better for people in need. She has worked with many of the top names in her field and over decades, has published extensive papers on ways to do things better. Pregnancy support for diabetic mothers. Support for individu-

als and families suffering from various major diseases. Disaster relief and international services. Improved learning for social work professionals.

And is she done? Hardly. As a child, her air force father and their years in Truro marked her as one of our own forever, so she and her husband came home when he had a job opportunity in Halifax. She still does critical research with Mount Sinai Hospital in Toronto but mostly from her home. The glorious sea view is something most millionaires can only dream of.

So does she miss Toronto? No way. She has adopted us as her forever home. She sings in a local choir and is connected in many ways here. "This is a very, very special place," she says. "I love every inch of it all round the loop. It is heaven on earth and I cannot imagine living any place else ever again." Sounds like most of us around here.

And what would she advise young people today? "Oh, they have employment problems too but their world is very different from ours. While we looked for a job, any job really, they can be choosier. And if it doesn't last forever, they can choose different things until they find what is right for them, even start their own business. The important thing to remember for all of us is that we just need to ask ourselves what we want, then do what it takes."

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Equal pay for equal work!

by Megan Leslie, MP for Halifax

On New Year's Day some very adventurous souls braved freezing Atlantic waters for the annual Herring Cove Polar Dip. Some of them took a plunge after having spent weeks raising money in support of YWCA Halifax, collecting an amazing \$2341! This intrepid team, organized by Pavia Gallery, raised funds that will help the YWCA Halifax continue to do the amazing work they do providing much-needed services and programs in our community for woman and children.

Thank you to those who took part, and those who were there to support their friends and family. You help make our community better and stronger. YWCA Halifax is such an important organization with a history of making a difference in the lives of people in need. They are a lynch-pin in our community providing, amongst a list of services other services, supportive housing for chronically street-involved women.

Since 2012, YWCA Halifax has included the YWCA's Spryfield Early Learning & Child Care Centre, which provides child care services to up to 70 kids, aged 6 months to 5 years. You can find it in the 'hub' of Spryfield.

The work that YWCA does in our community happens in the context of some very important national issues related to the status of women in this country. I'm very proud to be a member of a party that works hard every day to improve the lives of Canadian women. New Democrats are led on this file by our Status of Women critic Niki Ashton, MP for Churchill (Manitoba).

While women have achieved to date numerous legal, social and economic milestones towards equality, there are still a number of issues we haven't solved, as well as some partial victories that need to be made whole. One of the biggest is the right to equal pay for equal work. We can reach economic equality by increasing unionization levels, establishing a federal minimum wage, improving parental benefits, increasing access to child care and working with employers to improve the work-life balance.

We must end violence against women. It is a shameful injustice that can no longer be tolerated or swept under the carpet. There are solutions to prevent violence against women through education for men and women, counselling, improved access to justice and better funding for shelters and transition housing. Ending violence against women is both a part of and a result of establishing equality for women.

Equality for women is a constitutional right, but it must also be a lived experience – a part of the day to day experiences of women. It is something we need to make a priority in our institutions, like Parliament. This is why New Democrats support making Status of Women Canada a full federal ministry that advances women's rights and is able to do research to support their work, especially on behalf of marginalized women. To get there, I believe that the Canadian Advisory Council on the Status of Women must be re-established

as both an advisory group for the government and a promoter of equality rights for women.

All of this takes political will. Politicians at all levels of government have to understand the issues and get the job done. It means working toward a

balanced gender representation in our legislatures and on councils and boards that make decisions on the future of our communities, industries and country. We need an equal number of men and women in these important positions. To achieve this means reducing the barriers to participation by women in our economy and politics, as well as ensuring that women are a part of the policymaking process.

McNabs Island updates

by Catherine McCarthy Friends of McNabs Island

Want to be a Tour Guide?

We get a lot of requests for guided tours and don't always have the volunteers to lead them. Royce Walker has given many, many tours of the island over the years and has offered to lead a training session for would-be McNabs Island guides. If you have an interest in island history or the natural environment and would like to become a tour guide, please contact Royce at 902-462-7346 or roycewalker@eastlink.ca.

Discover McNabs Island:

Our self-published popular guidebook needs a distributor. If you want to help us get the books out around town and make sure the local bookstores and gift shops have their copies, please contact Faye Power at 902-443-1749 or fayepower@hotmail.com.

Pizza on McNabs?

Anton Self, who owned the former Taylor cottage across from the Conrad House, has lost his 15,540 sq. ft.

property on the island in a mortgage foreclosure sale. The new owner Ziad Farid, who owns a pizza shop on Agricola Street, bought the property for \$120,000. Surprisingly, the Department of Natural Resources didn't even bid on the property. When asked why, the response was that the Department has a process for acquiring property and would have needed cabinet approval. We wonder if Zach Churchill, the new Minister of Natural Resources was even aware of the sale.

Briginoli (Jones) (McKay) Property now part of the Park

The province has purchased the 1.8 ha Briginoli property from Richard Briginoli's estate for \$111,500. Island visitors are familiar with the cottage, which is located across the road from Hugonin Battery. The cottage was built by Lyman (Mac) McKay and his father-inlaw Colin Cleveland in the late 1940s. Mac married Colin's daughter Marge in 1945 and served as caretaker at Fort Hugonin from 1945 - 1953. Both Mac

Equality for women in Canada will benefit all Canadians, because it will make our communities stronger and more vibrant. Support and solidarity from men is essential. I'm always interested to hear your ideas and concerns. Please write to me about how we can better achieve equality for women in Canada. You can reach me at megan. leslie@parl.gc.ca, or 1-2207 Gottingen Street, Halifax, NS B3K 3B5.

and Marge are now their 90s and live in California.

McNabs Island Signs Update

The Friends of McNabs Island have raised funds to install way-finding directional signs on McNabs, and interpretive signs and an orientation map in the new kiosk near Garrison Pier. Thanks to the Nova Scotia Dental Association, Nova Scotia Health and Wellness, HRM's Trail Program and our members for supporting these efforts to improve services for McNabs Island visitors.

We were hoping to get the signs designed and installed this fall but have to wait until the new McNabs Trail Plan is complete. In addition, NS Natural Resources is currently reviewing signage in all our provincial parks. They want us to wait for the results of that review, expected at the end of March 2014, before designing and installing directional signs on McNabs Island. So this winter we will concentrate our efforts on developing interpretive signs that will be installed in the kiosk in the spring.

We're Moving!! February 1st.

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— OR —

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\$4 BUCKS

TAX INCL.

with any large beverage

\$5 BUCK 5 TAX

Pepperoni, Meatlovers, Works Hawaiian, Donair, Veggie



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OBITUARIES

(continued from page 14) member of the Enfield Hunting Club and Fairlanes Bowling League. Irving loved driving, travelling, church suppers, and especially jamborees all over Nova Scotia. He loved spending time with his grandchildren and going on trips with his family. He is survived by his loving wife of 40 years, Jackie, his sons, Kevin (Yun), and David (Amanda), two grandchildren, Madison Clark-Evans and Joey Clark, as well as his brother, Vernon (Madeline), sister, Jean James (Ron), and many nieces, nephews, great-nieces, great-nephews, a very special sister-in-law, Louise Clark, and a brother-inlaw, Paul Saunders. He was predeceased by brother, Alfred. Cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road. The funeral service was held on Tuesday, December 31, 2013 in St. Paul's UnitedChurch, Old Sambro Road, Halifax. Interment will be at a later date. In lieu of flowers, the family would appreciate donations to St. Paul's United Church, Canadian Diabetes Association or to the Canadian Cancer Society. Words of comfort may be sent to the family by visiting www.walkerfh.com

Mary Fraser

88, of Halifax, passed away peacefully at the palliative care unit of the Halifax Infirmary, VG site on December 27, 2013. Born in Halifax November 21, 1925, she was the daughter of the late Samuel and Catherine (Roma) Murphy. In her early years she worked for Peoples Jewellers. After her marriage she devoted herself to caring for her family. She enjoyed cooking and baking which she generously shared with her family along with fellow residents and Continuing Care staff of Margaret Latter Manor. We will miss her fishcakes, date squares and pound cakes. Christmas Eve will never be

the same without her delicious fish chowder. She loved to spend time with her grand and great grandchildren whom were often benefited by her frequent shopping trips to find "good deals". She was predeceased by her husband Angus and brothers John, Sam, Patrick and Willy. She is survived by her sister Irene (Collins); son Brent (Sharon); daughter Cathy (Chris Lavery); grandchildren Steven (Catherine), Scott, Jeff (Jacqueline), Natalie and great-grandchildren Austin, Anika and Xavier. Sincere thanks to the staff at 5A. In lieu of flowers donations may be made to the Canadian Breast Cancer Foundation. Arrangements are under the care of J.A. Walker Funeral Home (2005) Ltd.; 149 Herring Cove Rd. A celebration of her life was held Saturday January 18, 2014 at St Paul's Parish in Herring Cove.

Clarice June Melvin

87, Halifax, passed away peacefully on January 1, 2014 at Northwood Manor. Born June 7, 1926 in Sydney, NS, she was a daughter of the late Neil and Ardath (Kehoe) MacDonald. Clarice married the love of her life, the late Albert Melvin in Halifax in 1944. She was a long time member of the Margaret Rose Friendship Club and The Young At Heart Seniors Club. She leaves behind daughters, Lorraine (Peter) Sheehan, Embrun, ON and Judi Burns, Crysler, ON; son, Don Melvin, Halifax; grandchildren, Debbie (Mike) Charbonneau, Lisa (Stephane Rochon) and Robert Sheehan, Robert (Sophie) Burns and Don Burns, all of Ontario, and David Burns and Michael Melvin, of Halifax; great-grandchildren, Reilly, Megan, Skylar and Wesley; sisters, Lois (Ron) Gillis, Fredericton, NB, and Elizabeth "Sis", Oshawa, ON. She will be sadly missed by members of her family and friends including long time friends, Marg MacDonald, Hazel MacPhee and Ann Belanger. She was predeceased by brothers, Gordon, George, Roy and Edward; sisters, Isabelle, Shirley and Ella Marie. A special

thanks to Clarice's niece, Paula Lawlor who was her friend and caregiver. Cremation has taken place and a celebration of Clarice's life and interment will take place at a later date. Donations in memory may be made to a charity of one's choice. Condolences may be sent to the family by visiting www. walkerfh.com

Phoebe Ellen Stewart

84, Halifax, passed away quietly at Arborstone Enhanced Care, in Halifax on January 1, 2014. Born in English Harbour East, Newfoundland, she was a daughter of the late George E. and Amelia J. (Kearley) Dodge. Ellen spent her life looking after family and friends and was known for her joy of cooking and baking. She always loved a good game of cards. Throughout her life, Ellen was loved by all who came to stay with her. She will be fondly remembered and sadly missed by her sons, Ernie (Carol), Rawdon, NS, David (Esther), Maple Ridge, BC, and Roy (Debbie) Hatchet Lake, NS a brother, Edwin (Julie), Truro, 5 beloved grandchildren, Amanda, Tony, Alyssa, Amy, and Sean, as well as 3 greatgrandchildren, Brendan, Alexander, and Camden, and many nieces and nephews. She was predeceased by husband, Ernest John, a sister, Sarah and brothers, William, Cecil, Stanley, John, George Thomas, and grandson, Max. Ellen's family would like to express their heartfelt thanks to all the staff of Arborstone for all the care and kindness shown to her during her stay with them. Cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road. The funeral service was held on Tuesday, January 7, 2014 in Emmanuel Anglican Church, Herring Cove Road. Interment will take place at a later date. In lieu of flowers, donations can be made to the Alzheimer's Society of Nova Scotia, or charity of your choice.

Mothers / Grandmothers Hold their Children's hands awhile And Their Hearts Forever

Caroline Rae "Carrie" (Beazley) Brushett

82, Halifax, passed away peacefully January 5, 2014, surrounded by her family. Born in Burin, Newfoundland, she was the daughter of the late Gabriel and Julia (Caesar) Beazley, the youngest and last surviving member of her immediate family. Carrie was a devoted member of Emmanuel Anglican Church, Spryfield where she served in many

groups. She was a 50 year member of the Topaz Rebekah Lodge No 125. She enjoyed spending time with family, well known for baked rolls, shortbread cookies, and wonderful family meals. She is survived by her husband of 63 years Donald, daughters; Brenda (Rod Kirby); Donna (Dennis Lambert); Dorcas (Randy Baltzer); Angela (Richard Smith); grandchildren, Scott, Craig, Kimberley, Jennifer, William, Steven, Adam and Alexander; great-grandchildren, Callan, Kyle, Juliana, Rocco, Enzo, Victoria, Lauren, DJ. She was predeceased by son William in infancy, brothers and sisters Ewart, Dorcas, Verna, Joseph, Jack, Frank, Lloyd, Thomas; Stepmother Beatrice Beazley. Arrangements are under the care of J. Albert Walker Funeral Home (2005) Ltd. (477-5601) 149 Herring Cove Rd. where a Rebekah Service was held January 8. Memorial service was held Thursday January 9, in Emmanuel Anglican Church, Spryfield, Rev. James Purchase officiating. Interment to take place at a later date in Emmanuel Anglican Cemetery. In lieu of flowers donations may be made to Emmanuel Church General Fund or Alzheimer Society of Nova Scotia. The family would like to thank Dr. Hugh Matheson, and the excellent nurses and staff of Melville Lodge for all their love and care.

Gary Russel Schnare

Age 57, Halifax, passed away on Monday, January 6, 2014 in Arborstone Enhanced Care with loving family by his side. Born in Halifax, he was a son of the late Raymond "Hon" and Marie Schnare. Gary will be greatly missed by daughter, Kimberley Mountain; 2 grandchildren; sisters, Debbie and Gail Schnare, Heather (Ross) Vallis; brothers, Barry (Lisa), Donnie (Fran), and Kevin (Shelly) Schnare; many nieces and nephews. A special thanks to Arborstone Enhanced Care, 2nd floor staff, for their care and support. Cremation has taken place under the care of J. A. Walker Funeral Home (2005) Ltd., 149 Herring Cove Road. A service of remembrance was held on Saturday, January 11 from the funeral home chapel, Rev. Russell Saulnier officiating. Interment will take place in Gate of Heaven Cemetery. Donations in Gary's memory may be made to the Multiple Sclerosis Foundation.

Edgar Nelson "Eggie" Umlah

83, Brookside. We, the Umlah family are proud to announce that Edgar Nelson (See More Obituaries on page 10)

Success of SDBC Training Courses leads to four more being offered

The recent success of three training courses offered by the Spryfield and District Business Commission in partnership with the Dept. of Labour and Advanced Education has led to the SDBC offering four more courses starting in February.

The SDBC offered two classes in Social Media for Beginners and one in Advanced Social Media over the past ten weeks. Space in the classes was taken up fast and participants have expressed satisfaction with the quality of the instructors and course material.

Dan Doherty, owner of this paper and a participant in the Advanced

Social Media Course said, "I am very impressed with our instructor and the wealth of knowledge and information he was able to provide us with."

The next round of training courses will include four different courses: Communications and Leadership in the Workplace, Basic Computers, Math for the Trades and Social Media for Beginners. The courses will begin in mid-February and the classes will be filled on a first come first severed basis. Anyone interested in taking one of these courses are asked to contact Bruce Holland by e-mail at sdbc@eastlink.ca or by telephone at 452-7472.





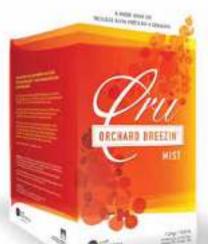


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More obituaries

(continued from page 8)

Umlah was "called up" to the big leagues on Saturday, January 11, 2014, where he now joins brother, Gregory and many fellow teammates that shared his passion for softball over his 35 year career. Edgar was the son of the late George Allan and Myrtle Evelyn (Topple) Umlah. As a young man he worked at the CNR railroad before joining the National Harbours Board in the late 1950's. During his career there, he rose through the ranks, retiring in 1988 from the position of Acting Assistant Harbour Master. Besides his family, his passions included hunting, fishing, gardening and softball; in which he excelled as a pitcher. He enjoyed these endeavours until his health would not allow him to continue. Left to cheer him on from the sidelines are his wife and best friend of 60 years, Lillian "Lou" (Tobin); sons, Kevin (Sharon), Glenn (Corinne), Reid (Pamela); twin daughters, Sharon (Lester) Deviller and Rhonda Umlah; "Grampy's" nine grandchildren, each of whom were special to him, Aaron (Adrienne), Sarah, Geoffrey (Lindsay), Brett, Kelly, Sydney, Cameron, Ileana and Mitchell; great-grandchildren, Aliyah and Heidie. He is also survived by brother, Laurence; sister, Iris (Mike) Shea; close nephew, Todd (Lisa) Umlah and a large extended family. The family would like to offer special thanks to all those involved in caring for Edgar; Dr. Harris Crooks and his assistant Jane, at the Hatchet Lake Medical Centre; emergency room staff, paramedics and Dr. Haroon and the staff on ward 8.2 of the O. E. II Health Sciences Center. Their professionalism and respect allowed the family much comfort this past week; also, a special acknowledgement to nurse Bernadette for her attention and exceptional care during these past few days. Cremation has taken place under the care of J. A. Walker

Funeral Home (2005) Ltd., 149 Herring Cove Road. A Service of Remembrance took place on January 16 from the funeral home chapel, Rev. Gordon Relf officiating; interment will be held at a later date. Donations in Edgar's memory may be made to the Heart and Stroke Foundation or to a charity of one's choice.

Tristan Oliver

1997-2014

Tristan passed away at home on Wednesday, January 15, 2014 at the age of 16. He was born in Halifax, Nova Scotia, and was the son of Neville and Glenda (Voeltz) Oliver. Tristan was a grade 11 student at J.L. Ilsley High School and was the captain of the Judges Football team. He loved his family, playing video games, biking, working out, music and he would be there for you when you needed him. He looked to the future

with hope, ambition and dreams and in his short life he had already made great strides towards achieving those dreams. Tristan was excited about being accepted into the Army Reserves and planned to continue with the military following graduation. Right before our eyes he grew from a precious baby to a stoic young man and we are all so proud of what he accomplished in his time with us on earth. Those of us left behind to grieve the loss of our beloved Tristan can only hope that he is at peace and that time will lessen the pain in all of our hearts.

Tristan is survived by his parents, Neville and Glenda, and his siblings, Tyelisha, Tiffanee, Tyler and Tayh-Liyah, with whom he shared a loving childhood. Tristan also leaves behind his nieces, Brooklyn and T'Shyiah; best friend and nephew, Tyshon; maternal grandmother, Barbara Voeltz, all

of Halifax. Tristan will be gravely missed by his many aunts, uncles, cousins and friends, especially "The Boys". He was predeceased by his paternal grandparents, Bertina and Eric Oliver; grandfathers, Gary "Dada" Voeltz and Martin "Papa" Miller; aunt, Gail Voeltz.

Arrangements were under the care of J. A. Walker Funeral Home (2005) Ltd., 149 Herring Cove Road. A Funeral service was held on Monday, January 20 at the Spryfield Lions Rink, Rev. Lennett Anderson officiating. Interment will take place in Hammonds Plains Cemetery.

Our beautiful Baby Boy, We pray that you are at peace now. We love you, and we're so very, very proud of you. You were one of our precious gifts and we will cherish you forever.

Love, Mom & Dad xoxo

Halifax Atlantic MLA Brendan Maguire and Justice Minister Lena Diab tour JL IIsley



Halifax Atlantic MLA Brendan Maguire, Justice Minister Lena Diab, JL Ilsley Principal Gordon McKelvie and staff discussing the condition of JL IIsley

On the morning of January 7th former JL Ilslev student and current Halifax Atlantic MLA Brendan Maguire and Halifax Armdale MLA and Justice Minister Lena Diab toured JL Ilsley with Principal Gordon McKelvie. The purpose of the visit was for the MLAs to see first-hand the state of the high school.

Said Brendan Maguire, "I am so proud to be back in my high school. I have so many fond memories and made some great friends

while attending Ilsley. Minister Diab and I have worked every day since we were elected to secure funds for Ilsley. This school is the centrepiece of our community, but it needs some renovations and a face lift, essentially some TLC. It is time for the structure to match the students and staff, which are first rate."

Both MLAs vowed to push for the necessary renovations for JL Ilsley.

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We will have a discussion on the topic of "Commercial Tax Reform" and would be very interested in hearing your views and ideas on this issue

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Thursday, February 20, 2014

Time:

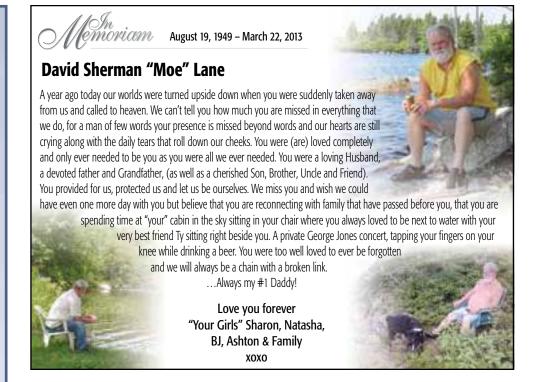
6:30 p.m. – 8:30 p.m.

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Light refreshments will be served. Donations to the local food bank accepted.





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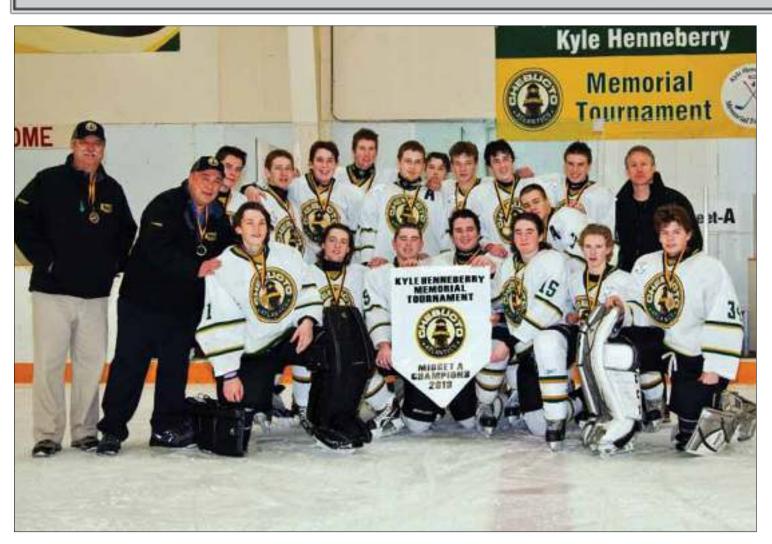
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Reg Horner Memorial Chebucto News Sports Page



The Chebucto Atlantic's Midget A hockey team for the second year in a row won the Midget A division championship banner at the Kyle Henneberry Memorial Tournament held after Christmas this year at the Spryfield Lions Rink. The team won a bye in the round robin games straight to the championship game and played their best game of the year by defeating Acadia 7-0.

Third Annual Kyle Henneberry Memorial Hockey Tournament a huge success!

by Bruce Holland

The Third Annual Kyle Henneberry Memorial Hockey Tournament was held from December 26th - 31st and by all accounts it was the most successful tournament yet! With over 70 teams from around HRM and across Nova Scotia, the Spryfield Lions Rink was abuzz with activity for the entire week.

Tournament organizers, said "the tournament has grown over the past three years and it is wonderful that so many people come to our community for this event. It is good for minor

hockey in the area and it is good for our local businesses and the local economy."

It is estimated that the tournament brings more than 5000 people to the area that would not otherwise visit the area if the tournament did not take place.

A new feature to the tournament this year was an alumni hockey game of Kyle's friends, which took place immediately following the opening ceremonies. Not only are these young men friends of Kyle's, they are the leaders of our youth and the community in the coming years. This is a great way to

keep them connected with one another and connected to the community.

Tournament organizers would like to send out a special thank you to all of the local businesses, community organizations and individuals who sponsored the tournament. "We cannot thank our sponsors enough", said Peter Mowat, Tournament Co-chair. "Without this support these events could not take place and we express our sincere gratitude to our sponsors."

Elliot leads Judges past Schooners



Goal tender Logan McEwan guarding the nets in J.L. Ilsley's win against the Schooners

by Benny DeVine

Jack Elliot scored 2 goals and added an assist Tuesday evening as the JL Ilsley Judges downed the Eastern Shore Schooners 5-1 in a boys Metro High School Hockey show down. Patrick MacDonald opened the scoring in the first period and he added 2 assists, Kyle Mitchel scored an unassisted second period short-handed goal and Alex Pace scored in the final period. Matt Strum and Nick Fraser added assists.

Alex Hudgins scored the lone goal for the Schooners in the third period with assists going to Nick Lemieux and Kyler McGregor.

Logan MacEwen came up big in all 3 periods as he stopped 27 of the 28 shots from the Schooners.

"This was a big win for our team, "said assistant coach Colin Algee. "The

Schooners always play a hard and a very physical game "

With 2 games remaining in the regular season the Judges sit in 8th spot in the standing and are looking to build off of tonight's win to gain some momentum heading into the playoffs.

Tonight's attendance was approximately 150 people.

Annual Charity Bowl Basketball Game raises \$800 for Boys and Girls Club

Last month JL Ilsley hosted their annual

by Grace Kingsbury

Charity Bowl basketball game against the Middleton Monarchs as part of their Christmas Week events preceding Christmas vacation. The JL Judges Varsity team beat the Monarchs 69-47 after a heated match leaving the spectators on the edge of their seats. The leading scorers for the Judges were: Liam Thompson-21, Massimo Caracristi-12, Josiah Bradfield-11, Will Campbell-8, Kendrell Talbot-8, Lucas Zorogole-5, Lazar Cado-2, and Henry MacDonald-2. For the Monarchs the leading scorers were: Sean Lachance-15, Colton Evans-10, Zach Beaton-7, Stephen Bennett-5, Andus Mackinnon-4, Cam Chisholm-2, and Brandon Videto-2. The proceeds raised by the match go to the Spryfield Boys and Girls club. This has been a tradition since a tragic fire forced them out of their previous venue and into a church basement behind Jessy's Pizza in 2008. At that time the basketball team had been volunteering at the club. Over the course of 6 years the team has raised \$3,300.00, this year raising \$800.00. "To have the opportunity to give anything is an amazing feeling." states Lazar Cado, one of the Judge's captains, "Growing up, my family never had a lot of money. When I presented the cheque to the club it brought joy to my heart knowing that this game could help the kids in our community." With the help of the JL Varsity basketball team, the Spryfield Boys and Girls club will continue to help 50 to 60 deserving adolescents. This team of young people are able to help others while doing what they love. It is actions like these that put to light the true meaning of the holiday season, by giving to others we bring more happiness to the world and to ourselves.

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Doing the right thing at Otter Lake facility

by Stephen Adams, HRM Councillor, District 11

Otter Lake Landfill Facility

As I write this article, the Otter Lake Landfill issue remains a topic of discussion at Regional Council.

Last year, a Consultant's report recommended that changes be made to the Otter Lake facility with respect to some of the environmental protection measures that were in place. In fact, it was recommended that the Front-End Processer (FEP) and Waste Stabilization Facility (WSF) be removed. The FEP removes materials that do not belong in the landfill and the WST heats materials to help prevent decomposition in the landfill. These two components are integral to the success of this facility, and were key to the initial agreement with the local community.

Council is considering the removal of these safeguards. Councillor Rankin and I, along with the Community Monitoring Committee and members of our community, have been fighting vigorously to ensure these remain in place. *Snow Removal*

The first storms of winter were challenging to say the least. Unprecedented combinations of snow, rain, freezing rain and rapidly decreasing temperatures made snow and ice control difficult at best. Unfortunately our sidewalk snow removal program was initially judged based on these first storms. In fairness, snow and ice control throughout Nova Scotia was challenging; not just in HRM.

My observations with subsequent storms has shown great improvements not only in sidewalk snow removal but in snow clearing efforts throughout our district and areas serviced by HRM and the provincial Department of Transportation and Infrastructure Renewal. I will be attending a mid-season snow and ice control meeting to express my views and concerns and to get an update as to how we will adapt to less than optimal conditions.

Should you experience concerns with respect to snow removal, it is important that you call our HRM Citizen Contact Centre at 3-1-1. You will be provided with a reference number and your concerns forwarded to appropriate staff. Using this system helps us identify areas of concern and is the manner

in which our staff is rated on performance. You may use the reference number provided to you to follow-up with our call centre during their regular business hours from 7:00 a.m. to 11:00 p.m. seven days per week.

If you do not get satisfaction when using this system, please call me with your reference number and I will work on your behalf to have the issue rectified. *Local Hockey – Spryfield Silver and*

Black Attack

The Spryfield Silver and Black Attack is on track to the playoffs with two games remaining. As of the writing of this article, our Spryfield Junior C hockey team is in first place in the league. We need to win one of the two remaining games to clinch first place and a bye in the playoffs.

Although the schedule is unknown at this time, it will be posted on our team

website at: Spryfieldattack.com.

We have had a number of new fans at recent games who have been very impressed with the level of skill and play. Gone are the days of what was considered "goon" hockey. In fact, at a recent game in Amherst, the Referees commented on the level of skill and were very impressed with the game. They are looking forward to officiating at future games. I encourage you to come out and watch this impressive level of hockey. I can assure you that you will not be disappointed.

HRM must honour its commitment to Community by Linda Mosher, HRM Councillor, District 9

The issue of HRM's solid waste strategy has been a big topic of discussion lately. In 2012 Council approved the Waste Resource Strategy Review Project to assess overall system performance. This evaluation is based on the Community Stakeholder Committee (CSC) 1995 objectives which include: "reduce, reuse, recycle" by having source separate organics, recyclables, and banned materials from garbage to reduce waste and protect the environment from gases, odours, leachate and vectors such as birds. The mandate also included fiscal responsibility and fostering public stewardship and conservation. In 1999 the Community Monitoring Committee (CMC) was established by Halifax Regional Council to monitor the operation of the regional landfill facilities located at Otter Lake. Since that time we have become known as world leaders in diversion (currently at 61%). HRM staff are concerned that our costs have escalated to a point of being one of the highest in Canada, and the facility is not operating as it should. As a result they hired external expertise to review the overall strategy. The consultant awards had a mandate that options must maintain or improve environmental and community protection.

Council has received numerous binders and studies, totalling 1000s of pages. I will attempt to summarize a very complicated issue with divisive viewpoints in a short column. For more information, please go to: http://www.halifax.ca/council/agendasc/140114cow-Agenda.html

The CSC strategy was intended to eliminate the negative aspects of a "wet" landfill like the former one in Sackville. Thus they created source separation and waste processing to have a "dry" landfill for both environment and community protection. In order to have a dry landfill, the Council at that time approved an operations plan for MIRROR NS, the company that operates the facility. This plan has all materials passing through a two stage process. The first step is the Front End Processor (FEP) where bags are opened and inspected for the removal of material that should not go to the land fill. Screened material from the FEP goes to the second step which is the Waste Stabilization Facility (WSF). Here it is shredded, partially dried and decomposed (18-21 days). This process results in a dryer like fluff which goes to the landfill, and as food residue is eliminated, it won't attract vectors.

The reports that HRM received indicate that Otter Lake has never achieved the goal of a dry landfill. This point is disputed by many members of the community and others throughout HRM. HRM states that 30% of the organics go into the landfill without ever going to the WSF. Also the material that does reach the WSF is only dried partially and becomes wet again when exposed to the weather, generating methane gas. HRM staff attribute environmental protection of air, water and land at Otter Lake is achieved by: 1) residents source separate before it gets to the landfill: organics-70%, recyclables-73% and

construction & demolition waste-93% 2) superior landfill cell operations and gas/odour management, and 3) the high landfill cell liner specifications.

During our Council presentation, HRM said that the FEP and WSF processing results in more rapid greenhouse gas emission production in the active cell than unprocessed waste; and as a result they are recommending that these facilities be closed. At the same time we could reduce our landfill costs from \$170/tonne to \$50/tonne and improve the environmental conditions. Many residents in the area are opposed to this and feel that not only would this break a contract with the community but there are also other concerns such as odours, rodents, impacts on ground water, and less environmental performance. Staff also notes that the WSF was closed for eight months in 2010 and there were no negative impacts.

A further change to the agreement with the CSC is that HRM wishes to increase the cell height to 15m which would extend the life of the landfill's nine cells by almost 35 years at a cost saving of over \$100 million (by not having to construct another landfill). On the reverse side, this would mean the cells would be open much longer and would be in this community significantly longer than the contract states. HRM also states that our current green bin organics collection exceeds the plant processing capacity for compost and there is a recommendation to add new technology, anaerobic digestion, to

(See Commitment on page 13)



Stephen Adams

HRM Councillor, District 11 Spryfield - Sambro Prospect Road

> HRM Call Centre 311 Home 477-0627 Cell 497-8818 adamss@halifax.ca

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The Halifax Armdale Report

by Lena Diab, MLA for Halifax Armdale

I started the New Year by attending various events with municipal councillors Linda Mosher (District 9), Russell Walker (District 10) and Stephen Adams (District 11). We attended the 20th annual Herring Cove Polar Bear Dip where we met up with my hard working colleague Brendan Maguire from Halifax Atlantic who was among the 180 jumpers. We also shared in the wonderful New Year's Levee festivities held at various locations by visiting the Armdale Yacht Club, Royal Nova Scotia Yacht Squadron, Purcell's Cove Social Club, Spryfield Legion and the Fairview Legion. It was great to see so many people of all ages enjoy the company of family and friends.

In January, I also had the opportunity to tour J.L Ilsley High School with Brendan Maguire. We met with Principal Gordon McKelvie to discuss the current condition of the building and how we may be able to assist. As a mother of four children, I understand the importance that high school has in shaping the future of our youth. We want them to have the best overall experience in their teenage years, so that when they graduate they are prepared for the next steps into adulthood. I want to assure you that we are doing what we can to make that happen.

Did you know that there are a number of provincial programs and services available to all residents that can help make your life a little easier?

We have had a particularly cold winter thus far in Halifax. If you need assistance with the cost of heating your home, the Heating Assistance Rebate is available through the Nova Scotia Department of Service and Municipal Relations. To find out more information on the eligibility criteria and to find the application, please visit www.homeheatinghelp.ca or call (902) 424-5200. I also have applications available for pick up in person at my Constituency Office. The deadline for submitting the application is March 31st, 2014. It is worth checking to see if you are eligible. This program offers a one-time rebate of up to \$200. Single people with a net income of \$27,000 or less or households with two or more with a net income of \$42,000 or less qualify for this rebate.

Your community health team offers free wellness programs. Check out the programs offered in the Armdale area through the Chebucto Community Health and Wellness Team. Their website is http://www.cdha.nshealth.ca/community-health-teams/chebucto-halifax-mainland or you can call (902) 487-0690. You can also visit them in

person at 16 Dentith Road (Community Wellness Centre next to the Dollarama). Nova Scotia has Canada's first Cyberbullying investigative unit to help all Nova Scotians who need assistance and want to report being bullied. If you are reporting cyberbullying, youth and family members can now call the CyberSCAN unit toll-free at 1-855-702-8324 to talk to an investigator who will help victims resolve situations through informal or legal means. There is also an online reporting form that can be

found at www.antibullying.novascotia. ca. For immediate assistance before or after school, youth can contact the Kids Help Line toll-free at 1-800-668-6868. We encourage you to share this information with friends and family.

Always remember that I am here to help. I welcome your feedback and input through my constituency office. You can contact my office at (902) 455-1610 and via email at info@lenadiab.ca. I look forward to meeting you at upcoming events and in the community.

Busy month of January

by Brendan Maguire, MLA for Halifax Atlantic

2014 is now in full swing and my first month of the year was extremely busy.

After months of negotiations, I am proud to announce Legal Aid now has a permanent home in Halifax Atlantic at the new Chebucto Connections building on Herring Cove Road. Chebucto Connections and Legal Aid is the perfect partnership, and we hope to reach everyone in need of legal help in our area. I hope to bring more services to our riding in the future.

We also had several snowstorms this past month, and the feedback I received from the people of our riding is that the Department of Transportation has been doing a much better job since our first snowstorm. If you are interested in snow clearing, I encourage you to add me to Facebook as I regularly post DOT updates.

I also spent time this month visiting non-profit organizations in our riding. I want to better understand what these organizations do and what I can do to help them. I have yet to meet with every organization, but I plan to continue until I have met with each and every one of them

I had several meetings and conference calls with the school board and the Department of Education about JL Ilsley renovations. I will continue to fight for our school in its need for renovations.

Lastly, our office is finally open! After months of renovations, we now have a fully accessible office at 349 Herring Cove Road, Suite C. I encourage everyone to drop in. Though it is a beautiful office, the walls are quite bare; I would like to call on local artists to help me decorate

my office. If you would like to put your art on display, please contact me.

In closing, we have lost some well-loved people this past month. It is a

Commitment

(continued from page 12)
meet regulatory requirements. This is
planned to be part of a centralized waste
processing campus at Otter Lake with a
new larger material recovery facility as
well

Other recommendations to increase diversion are to have another waste stream (blue) container to eliminate bags. Also that leaves must be in the Kraft type paper bags, and we will no longer collect grass clippings, that the bag limit to be reduced from six to four and that they all must be clear with a "nested opaque bag". What this means is a small bag like a Sobey's bag be allowed in each clear bag for personal items. Council will be holding a public hearing regarding the potential reduction in the number and the use of clear bags. A date has not been established. Should you wish to express your opinion to Council on these recommendations, please email the Clerk's Office at clerks@halifax.ca

While I agree that we must endeavour to keep costs in check, we must also ensure that our diversion rate is still world class. We have expected a lot from residents and they have complied. However, in my opinion clear bags can be an invasion of privacy and may encourage illegal dumping, which is already an issue. In addition, it is almost impossible to enforce in multi-unit

reminder to love those who are close to us. Rest peacefully Tristan, Dale and Fred.

dwellings. Another recommendation is to allow industrial/commercial waste to be trucked out of our municipality. This would reduce the waste delivered to Otter Lake by up to 50% and potentially double cell life. This is contrary to our strategy and in fact HRM previously won a legal judgement against a company that did this.

It is unfortunate that HRM went ahead with commissioning studies and having pre-determined conclusions without engaging the CMC who is in charge of representing the community and the environment. In addition, if we make a commitment to a community we cannot break this. We must find a way to continue to achieve great diversion rates, keep costs at a reasonable level and at the same time honour our communities that have accepted our landfill for all residents in HRM. If the FEP/WSF are not fully meeting their targets then find a way to improve upon them.

On a personal note, I have surgery planned for late January with a significant recovery period and will probably not be able to attend meetings until mid-March. In my absence, please contact Ted Aubut, Council Constituency Coordinator at 490-1463 or Councillor Stephen Adams at 497-8818. When it is possible I will be working from home and will be in contact with Steve and Ted.





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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to tangelene@live.com

FEBRUARY EVENTS

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Mini
 Bingo at 6pm. Superstat Bingo at 7pm
 Valentine's Dance: Saturday, Feb. 15th.
 9pm to 1am. \$10 per person. Band Mark
 Cameron
- Seniors dances on Monday, Feb 3rd, and Monday Feb. 17th from 12:30pm to 4pm. \$4 per person. Light lunch served. Door prizes, 50/50 draw. Music by Albert Martell. All seniors welcome

Boys and Girls Club of Spryfield (11 Aldergrove Road) Events:

- Fundraising efforts:
- You could win airfare for two, anywhere WestJet flies! Tickets are \$2each. Contact Darlene or Samantha at 477-9840.

Harrietsfield/Williamswood Community Center (1138 Old Sambro Road) Events:

- Now accepting applications for part time work with afterschool programs.
- Friday Night Mixed Dart League. Phone 403-1666 or 477-8749 for more information
- Preteen Valentine's dance will be held Feb. 13 from 6:30pm to 8:30pm with canteen service. \$3 per person. Supervision provided, parents welcome.
- Preteen St. Patrick's dance will be held March 13 from 6:30pm to 8:30pm with canteen service. \$3 per person. Supervision provided, parents welcome. (green clothing encouraged)
- The Winter Blues Dinner Theatre: Free dinner, family entertainment and door prizes! Sunday, March 2nd at 5pm. Everyone Welcome! Email dinnertheatre2014@gmail.com

St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- Roast beef dinner with dessert will be served up on Sat. Feb. 22nd from 4pm to 6pm. Adults \$12, children \$5. Under 5 are free. Family of 4 (2 adults and 2 children) \$30. Tickets at the door. Takeout available.

St. James United Church (3811 Old Sambro Road) Events:

— Shrove Tuesday Pancake supper. March 4th from 4:30pm to 6:30pm All welcome

Captain William Spry Library Events:

- Free Puppet Shows Every Saturday at 11am. All ages welcome
- Volunteer tutors needed for the Halifax Community Learning Center's Adult Learning Program. Training and support provided. Please contact Pat at 490-5715 for more information

Captain William Spry Community Center Events:

— Get Your GED! 10 week course of-

fered by the Halifax Community Learning Network. Please call 490-5715 for more information

MacIntosh Run Watershed Association meeting will be held on February 19th at 7pm
 Mainland South Heritage Society invites the public to their annual Heritage
 Tea and Display on Saturday, Feb. 22 from

Chebucto Community Health Team (16 Dentith Rd) Events:

1:30pm to 4pm. Free admission

- Toddlers at the Table-Tips for Healthy and Happy Meals. Tuesday, Feb.18th from 10am to 11:30am at the Chebucto Family Center
- Craving Change: four week program begins Tuesday, Feb.11 from 10am to noon at the Wellness Center.
- PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop. Please call 487-0690 or drop-in to register.

Chebucto Connections Events:

— Volunteer needed to receive, organize and redistribute emails concerning com-

munity events, notices, etc. Contact bonnie@chebuctoconnections.ca for more information.

— Volunteer Board Members needed! Interested parties will want to be a part of a team that is actively engaged in making our community a healthy and vibrant place to live and work! Contact ccda.stecroix@gmail. com or 477-0964 for more information

Quarter Note Singers (Captain Spry Center) Events:

— Looking for New Members, especially men, to help balance our mixed membership choir! Have fun singing in a coffee house setting! Contact Steve Trussoni at 477-2664 for details

Urban Farm Museum Society of Spryfield (Captain Spry Center) Events:

— Board meeting 6 pm, Farm Committee meeting at 7 pm on Monday, February 10.

YMCA Events:

- Elderobics-Forever Fit classes. No registration necessary. \$4/per class plus annual fee of \$10.
- Emmanuel Church Hall on Monday, Wednesday and Friday from 10am to 11am.
- Captain William Spry Center on Monday, Wednesday and Friday from 9am to 10am

pus, Jason Purcell (Tanya), and Chris Pur-

Emmanuel Church Hall Events (322 Herring Cove Road):

— Dance: Saturday, Feb. 15. 8pm to 12am. \$7 per person. Music by Bay City Band

Other Events and Notices:

- Active Kids by the Sea meet Friday afternoons from 4pm to 5pm at Ketch Harbour Park. For more information contact activekidsbythesea@gmail.com
- Red Cross First Aid/CPR courses: Register for a public course in Spryfield or book a course for your workplace. Phone Kim Mundle, Red Cross Training Partner since 1985, at 233-1709
- Local band PT and the Cruisers will be playing at the Bedford Legion on Feb. 14. From 9pm to 12:30am. Advance tickets are \$10. \$15 at the door. Call Byron at 477-4164 or Pat at 223-9908
- Dr. Terry Punch, local author, will be launching his newest book, Montbeliard Immigration to Nova Scotia 1749-1752 on Tuesday, Feb. 25th at the Halifax Regional Library, Spring Garden Rd. at 7pm.

Be sure to check our Facebook page for late arriving events and changes or updates to listed events

YOUR COMMUNITY FUNERAL HOME

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 477-5601

Patrick Charles "Paddy" Dempsey

85, Herring Cove, husband of the late Lillian (Greene), passed away December 24, 2013, at the QEII Health Science Centre, after a short and courageous battle, surrounded by his loving family. Born in Halifax, N.S, he was the son of the late Ansel and Catherine (Power) Dempsey. He loved life and being with his family. He gave unconditionally throughout his life and his family was always his first priority. Never was there a more caring and loving father, grandfather and husband. He worked for DND as a cable rigger/foreman for 36 years. He also worked the pilot boat and fished with his dad and brothers out of Herring Cove. But, his best career was being the most wonderful father of seven children, which he did with much pride and tremendous love. He loved to tell stories and was known as a story teller. His life w an open book of adventures and he loved to tell those that would listen to all his tales. He loved dancing and being creative in every aspect of life, from painting murals on canvas to carving creatures from wood, (totem poles). We referred to dad as the Maud Lewis of our family. He was an amazing carpenter, mechanic, electrician, and jack- of-all- trades. He is survived by his loving daughters, Paulette Purcell (Stanley), Portuguese Cove; Sandra Purcell, Herring Cove; Diana Hart (Andrew), Ketch Harbour; Connie Hopgood (Brad), Wolfville; Patti Lynn Brown (Paul), PEI; and his loving sons, John (Bonnie) Dempsey, Purcell's Cove, and Kenny Dempsey, New Minas. Many of his grandchildren surrounded him during his illness and passing, Jennifer Clark (Andrew), Robbie (Cindy) Purcell, Ian (Carolyn) Dempsey, Darrel (Caralee) Dempsey, Brandon (Meaghan) Hart, Amber Hart, Sarah Brown (Eddie), Ryan Brown (Kelly), Brehanna Hopgood,

Hayden Hopgood, Holly (William) Chap-

cell, as well as 12 great-grandchildren. He is also survived by sisters, Doreen Reardon (Bill), Rosie Dempsey (Brian), Shirley, Angela, Cathy Macdonald (Fred), and brothers, Edward "Ned" (Laura) Dempsey, Raymond (Vivian) Dempsey, Dennis (Barb) Dempsey, Ansel (Barb) Dempsey, Joseph (Julie) Dempsey, and many cousins, nephews and nieces, along with a special niece, Agnes Morris (Donald). He was predeceased by his loving wife, Lillian, sister, Mary Purcell (Doug), brother, Jerry (Doreen) Dempsey, his special grandson, Stanley Jr. "Babe", son-in-law, Robert Purcell. He will be forever remembered and missed by his much loved family and friends. Cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax (477-5601). Funeral service was held on Monday, December 30, 2013 in St. Paul's Roman Catholic Church, Herring Cove, NS. In memory of Paddy, donations may be made to the Canadian Cancer Society, Children's Wish Foundation or a charity of choice. Words of comfort may be sent to the family by visiting www.walkerfh.com

Irving Alexander Clark

68, Halifax, died peacefully at home following a courageous battle with cancer on December 26, 2013. Born in Shubenacadie, NS, on September 29, 1945, he was a son of the late Roy and Emma (Kellough) Clark. Irving will be remembered for living life to the fullest. He worked for Sunray Feed Mill, and then with the Capital Health Authority at the VG for 28 years, later at the Veterans Site for 11 years, from where he retired in 2011. Throughout his life, he was a cub leader of 3rdSpryfield Division, a member of the Men's Club, and was active with the special projects committee with St. Paul's United Church. He was also a

(See Obituaries on page 8)

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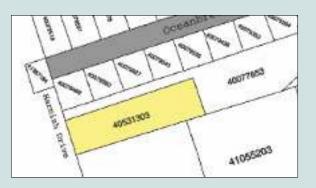
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