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# Legion donates \$9,000 in bursaries



The 8 students from JL Isley High School are, from left to right: Taylor Conran, Natalie T. Hatch, Coral McGowan, Corey McNamara, RCL Spryfield Bursary Chairman Jad Poirier, Justin Ritcey, Connor Sampson, Aaron Stevens and Adam Taylor

The Royal Canadian Spryfield Legion, Branch 152 donated \$9000.00 as Bursaries to nine students from the Spryfield area. Eight of the students were from J.L.Isley High School while the ninth was 2nd year post graduate student Christopher Beeler.

## Eureka!

by Sean W.

Going to the beach? Check. Late night bonfires? Check. Eureka? Check. You may ask 'what is Eureka?' Eureka is this year's summer reading program sponsored by TD Bank and it runs from June 24 to August 26 at all libraries in the HRM. CWS itself has won "Best Summer Reading Program in Canada". With the prize money of \$5000, it had bought eight iPads for kids to explore multimedia services. The library's programs are available to youth in Mainland South, Spryfield and its surrounding areas.

When you first join the HRM wide

reading club, you will receive a prereader activity book, a reading log and mini-button. Once you reach your reading goal, your name will be automatically entered into a draw for five different prizes including an X-BOX 360, a bike and helmet, a \$200 LEGO dollar gift card, an iPad Mini, a pool party and books!

CWS Youth Services Librarian, Ella Leving, coordinates programs for all different age groups allowing safe and friendly conversations to develop between the children. These age limits also allow children to take part in

(See Eureka on page 2)

# Sammy says, "I can't wait for my first Sou'wester Days Festival"

Welcome to my new column! I'm Sammy Sambro, and I'm so excited to be the mascot for Sambro Area Community Association ("SACA"). We've been very busy meeting weekly and organizing everything for the Sambro Sou'Wester Days festival. Let me fill you in!

On Tuesday, August 4, the community baseball games get things started at the James McPhee Memorial Ball Field with Game 1 at 6:00 and Game 2 at 7:30.

Wednesday, August 6 from 6:00-8:15 p.m. the Ball Field will be lively as the children at Harbours United Soccer League ("HUSL") play their games. Yummy treats will be sold, as well as 50/50 tickets and ducks in the Rubber Duck Race.

On Thursday, August 7 the community baseball games continue at 6:00 and 7:30 p.m. at the Ball Field.

Friday, August 8 at 6:00 and 7:30 the community baseball games play on, while across the road in the Community Tent by the Sambro Fire Station, Jill Hann Royal Lepage is hosting a family friendly corn boil from 6:30-8:00 p.m. with corn on the cob, hotdogs and refreshments available for \$1 each. The fun continues with a ceilidh from 8-10:00 pm. Free admission. Ticket auction.

Saturday, August 9 from 10:00 am-12:00 noon the community parade "Celebrating All Things Sambro" starts at Atlantic View Drive in Sambro Head and continues to the Ball Field. There is no entry fee and applications can be obtained from Mishoo's store in Sambro or from Natasha Roscoe at natasharoscoe@eastlink.ca or calling weekdays after 6 p.m. or weekends 221-1355.

Following the parade from 12:00 noon-3:00 pm there will be a barbeque and family carnival activities with various games and activities at the Ball Field. Also at the Ball Field from 12:00 noon-5:00 pm Exit Realty Metro is sponsoring a washer toss tournament. Cost is \$10/per person, register in teams of two. Prizes will be awarded to the top three teams, and the 1st place team will have their names on the trophy.

From 10:00 am-4:00 pm the Nova Scotia Lighthouse Preservation Society are offering Sambro Island Lighthouse tours departing and returning on the hour from the Government Wharf in Sambro. Cost is \$25/adults and \$15 for children aged 8-16. A family rate for 2 adults and 2 children is available for \$75.

In the Community Tent from 2:00-6:00 pm the family of the Late Kyle MacKay is sponsoring Kyle's Tailgate Party, hosted by Ed Oakley. This event is for adults 19 years of age and older. Admission is free, beer and coolers will be available for \$4 each.

Saturday will be topped off with an adult dance featuring the band The Loop from 9:00 pm-1:00 am in the Community Tent. Cost is \$15/per person. Safe transport home "around the loop" area provided by WTS Transit. Don't Drink & Drive!! The bus will load at midnight for a 12:30 am departure

Sunday, August 10 at 10:00 am-1:00 pm HUSL will play a soccer game at the Ball Field.

(See Sammy says on page 3)



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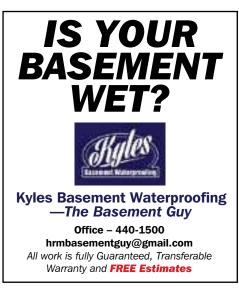
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## **Eureka!**

(continued from page 1) activities that specifically interest their age groups. Some of the activities for the younger audience (2-7 years) include Storytime/Reading Tent, Fairy Tale Theatre, Puppet Shows, Pet Rocks, Shadow Puppet Extravaganza, Musical Instruments and many more. All of these programs are set out with the purpose to introduce parents and children to the library and to enhance children's reading and listening comprehension. For an older audience, there are events such as LEGO at the Library, Tech Lounge and Pre-Teen and Teen Drop Ins. The Tech Lounge is a favorite among the teens. It is held bi-weekly throughout the summer. and it allows teens to converse with one another while using different forms of technology. The CWS Staff understand the importance of technology.

They say it is important to understand how to use modern technology safely. Using the many iPads that the Library has won and also computers stationed around the library, teens discover and explore new technology and tools while talking among themselves in a safe environment.

Also popular are the Pre-Teen and Teen Drop Ins. Pre-Teen Drop Ins take place every Wednesday from 6-7 pm for 8-12 year olds and the Teen Drop Ins happen every Thursday from 6-7 pm for 12 and older. At these events, there are usually many themes. When I walked into the Pre-Teen program to see what it was all about, I stumbled across Paper Airplane Contests. At the start of the program, the children learned how to make paper airplanes and decorated them. Then they flew their planes around, having many different contests like Furthest Distance Travelled, Bullseye and finally the Best Plane Judging.

I got to pick the best planes and I have to say, seeing the joy and excitement on the children's faces during the whole program was priceless. At the end of the program, the children were given a healthy snack of fruits and vegetables and prizes such as swimming passes, boomerangs, giant pens, decorations, table tennis rackets and more.

Each night has a different theme such as Bingo and Pancakes, Indian Art, a Fancy Tea Party, Wheel of Fortune, Cooking Classes, Banana Olympics and more. This allows the children to have a broad learning experience whether it's how to make sandwiches or hosting their own game show.

With all the fun aside, what else do these programs bring to the kids? Ella Leving stated that, "While providing youth programming, our goal is to help these youth to learn how to develop healthy and creative ways of expressing themselves; how to achieve the growing sense of identity along with maintaining their hopes and overcoming frustrations. We can do this by assisting them in developing confidence in the process. We want to positively impact their personal health, both physical and emotional, giving them new outlets for their energy and more constructive channels for expressing their frustrations. Ultimately, I believe, we will positively impact the atmosphere in the community, in the Library, and at the

Ella summed it up beautifully by saying, "The main idea is to bring the children to the library and learn to love to read. In the end of the day, it's all about literacy."

Community Centre."

Something to say? We welcome your letters!
Email us at: chebuctoeditor@gmail.com



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big news soon!



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# Spryfield Residents send strong message of approval to Nova Scotia Department of Natural Resources

On Tuesday, June 10th, 2014 at a standing room only public meeting, held at the Captain Spry Centre, organized by MLA Brendan Mcguire and hosted by the Department of Natural Resources staff, residents of Spryfield sent a strong message of support to the Nova Scotia Department of Natural Resources that, after some 30 years of planning, it was time to take action to make the Long Lake Provincial Park accessible to the public.

MLA Maguire and Councillor
Adams have been working with local
developer Peter Polley of Poly Corp.
and the Spryfield and District Business
Commission (SDBC) on a project that
would see a parking lot installed and
trails developed in the Park across from
the new Long Lake Village subdivision
on the North West Arm Drive. Mr. Polley is footing the bill for the construction and the SDBC has committed to
operating and managing the site.

Dept. of Natural Resources staff not

only received a strong message of support for this project, they also were told, in no uncertain terms, that was is long overdue to provide facilities that would enable the public to swim, canoe and kayak, picnic and hike in and around the Park. Speaker after speaker spoke of how important it was to make these recreational opportunities available to the community and surrounding area.

"This is a jewel right here in the heart of our community that we have been denied the use of for many years. Stop planning and start making it accessible," said one speaker.

The initial project will begin sometime in the next two months and plans are to bring a committee of interested residents together to develop further opportunities to make the Park more accessible to the public and develop the necessary infrastructure to allow the public to fully enjoy this Park. For more information, contact Bruce Holland at sdbc@eastlink.ca

## Sammy says . .

(continued from page 1)

At 10:00 am the Service of the Sea Church Service at St. James United Church, Sambro. All are welcome! At 12:30 pm the Blessing of the Fleet will begin at the Sambro Community Wharf, weather permitting.

At 2:00 pm there will be a Consolation Baseball Game at the Ball Field.

At 3:00 pm the Mishoo's sponsored Rubber Duck Race at Sambro Creek, near the Beach Road

From 3:00-6:00 pm a Lobster Chowder Supper will be served in the St. James United Church Hall. Adults \$12/Children \$6

At 4:00 pm the final Championship Baseball Game will wrap up the community baseball at the Ball Field.

From 8:00-10:00 pm local boaters are invited to Celebrate Sambro by Light by decorating their boats with Christmas lights off of Crystal Cres-

cent Beach prior to the fireworks. All boats are asked to respect the distance required to be off shore in order for the fireworks to be safely presented.

At 10:00 pm the stunning Closing Fireworks Display will close off the festival at Crystal Crescent Beach. Cash donations will be gratefully accepted outside the gates to Pennant Point Park. Employees from Halifax Coast Guard Radio will be handing out free glow stick fun packs to the first 100 kids through the gate. (9:15-9:45 pm).

Individuals or businesses interested in providing donations or sponsorships can call 475-1583 or email harnish@ hfx.eastlink.ca. As of the time of writing this article, other committed sponsors include the Halifax Liberals, Cowie Metals, ACE Lumbermart and Archway Insurance.

I can't wait for my first Sou'Wester Days festival! Hope to see you all there!



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### DISCOVERING OUR PAST



#### Right-of-way along Northwest Arm created by early settlers

by Iris Shea

In rural communities today there is often some evidence of well-worn or over-grown paths created by local inhabitants several generations ago. Paths through wooded areas were a shortcut to a destination, such as a visit to the nearest neighbor, to a workplace, or to a favourite swimming hole.

On the western side of the Northwest Arm between the head of the Arm and Purcell's Cove, an overland route along the shoreline still exists if you know where to look. Over the years attempts have been made to keep an uninterrupted walking path along this route but development has taken over and sections of the shoreline path have disappeared.

The narrow path from the Dingle in Fleming Park to the Royal Nova Scotia Yacht Squadron was created by Jollimores, Slaunwhites and Boutiliers, early settlers who came from Head of St. Margaret's Bay during the 19th century. In 1823 Martin Slaunwhite purchased lot number three, one of George McIntosh's 50 acre shoreline lots on the Northwest Arm. Slaunwhite was an experienced stone cutter and helped establish the path from his lot (now part of Jollimore) to John Trider's quarries on Williams Lake. He also established a quarry on his own lot around Martin's Pond (now Cunard Pond on Williams Lake Road).

Slaunwhite's brother-in-law, John George Jollimore, brought his large family to the Northwest Arm in 1826. The Jollimores purchased lot number two of the McIntosh Division, a 50 acre shoreline lot bordering Slaunwhite's land. The lot which included present day Boscobel ran south along the Arm to Boulderwood Drive and west into Williams Lake. Mount Misery and the Jollimore cemetery were part of John George Jollimore's land. A path from the playground in Jollimore to the cemetery, established during John George Jollimore's ownership of the property (from 1826 to 1849), was also used as a shortcut to Williams Lake by Jollimore residents. This path, now paved and part of a new subdivision, has been designated as a public right-of-way.

In 1830 John George Jollimore sold two acres of his 50 acre shoreline lot to his cousin, George Boutilier. Boutilier built his house near the shore of the Arm where Boulderwood Drive is today. The Jollimores, Slaunwhites



Scenic Northwest Arm right-of-way between Jollimore and Boulderwood, about 1940. Photograph by Alfred Heartz Longard, courtesy Mainland South Heritage Society

and Boutiliers were all related and, as neighbours, made use of the shoreline path to visit on a regular basis. King's Quarry in Purcell's Cove became a thriving quarry in 1831, offering more work to these skilled stone cutters. The grist mill, established at the mouth of the Northwest Arm in 1799 by George McIntosh, also offered seasonal employment. The Royal Nova Scotia Yacht Squadron is on the property of the former grist mill.

In 1844 and 1845, when two of John George Jollimore's sons, Frederick and John, purchased two 50 acre lots from John Howe, Jr., the shoreline footpath continued to be a means of travel for more and more people. Lot number

three, purchased by John Jollimore, was the same lot formerly owned by his uncle, Martin Slaunwhite. Slaunwhite left the area in 1838 to settle in Terence Bay and sold his 50 acre lot at that time to John Howe, Junior. Later generations of Boutiliers, Jollimores and Slaunwhites settled on John and Frederick's lots, as did their older brother, George Jollimore. These two lots, numbers three and four in the George Mc-Intosh Division, later became known as Jollimore and part of Fleming Park. The 1850s and 1860s brought more families to the Northwest Arm, namely the Innes brothers, Robert, James and George, who married descendants of the three original families. Work in the quarries

continued to be a source of employment. The grist mill site later became an ice business and a sugar refinery, providing seasonal employment to generations of men who lived along the shore of the Northwest Arm. Cunard School, built near the Jollimore shore of the Arm in 1867, received school children from Purcell's Cove, and later Melville Cove, who used that same path.

By 1900 the ferries, operated by the Jollimores and Boutiliers, were bringing visitors and cottagers across the Northwest Arm from Halifax. Much of the land formerly owned by John George Jollimore was subdivided and sold by Alfred Gilpin and became known as Gilpinville. Access to summer cottages along the shoreline properties of Jollimore and Gilpinville was by way of the well-established shoreline path. My father and other residents of Jollimore used this path during World War One when stationed at Fort Sandwich near York Redoubt. My older brother used the path in the 1930s and 1940s to deliver newspapers to residents along the Northwest Arm in Boulderwood.

The footpath continues as a public right-of-way as far as the Saraguay Club and may be accessed from the boat launch parking lot at the Dingle in Fleming Park. There is a commanding view of the Northwest Arm and, despite the efforts of some property owners along the path, it can be challenging in places. Good walking shoes and a walking stick are advised.







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#### From The Editor's Desk

#### **Letter from The Publisher:**

I am unhappy with the tone of a number of letters to the editor that have been submitted over the past few months. From here on in, we will not print letters that may potentially be considered libelous or slanderous; that is not the reason we have a Letters to the

Editor section. Its purpose is to foster a fair and honest exchange of views on community topics we are not interested in unproductive name calling, innuendo and unsupported allegations and any such letters will not be considered for publication.

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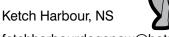
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## Letters to the Editor

*To the Editor:* 

Re: Sambro Lighthouse

Attacking my opinion and insulting me for responding intelligently to dogmatic heritage positions on Lighthouses, or telling me to move out of my community, shows those who lack values. It's a shame that traditional thinking in most cases undermines reality. I was once told by authorities to burn this lighthouse down because of the astronomical costs to maintain lighthouses in the future. I for one do not want to pay tax dollars for the views of lighthouse zealots. I applaud the federal government's position to dismantle lighthouse stations because technology has surpassed any navigational need and because so many sailors lost their lives in this area and others by becoming confused by the noise and light in the past. Communities who experienced these tragedies certainly felt no extremist ideology, false sentimentality, or just "plain love of lighthouses". Therefore Ms. Power much of history is a form of cultural brainwashing and should not be taught to innocent children. I would suggest a more extensive education on actual historical happenings vs. emotional gravitation towards saving lighthouses.

In closing, I would like to say that I do have a beautiful inner world, but more so, I have an outer world that doesn't involve tender feelings of affection for buildings that are falling down

because of excessive age where ultimately Mother Nature will win. Karen Henneberry

To the Editor:

Re: Letter to the Editor Vol 15, No.11 July 2014

As a municipal Councillor, I have been elected to represent the diverse needs of the residents of District 9 and HRM. This is a balancing act as residents' needs and opinions vary. I welcome debate and divergent opinions—that is what democracy is all about! However, we should all take issue with any discourse that devolves into personal attacks. No one should have to respond to published comments that attack ones reputation and integrity. It is for this reason that I am compelled to address categorically false comments about the development at 286 and 290 Herring Cove Road. In a Letter to the Editor last month, Ms. Kristjansson made outrageous comments that were unwarranted, not based on facts and were likely defamatory. The development application followed the same process that supports openness, transparency and public input into all developments in Halifax. In fact, two public information meetings were held instead of one. Public meetings were advertised on the municipal website, in newspapers and letters were sent to homeowners in the affected area. A public hearing was also held at Regional Council. I believe, as did the many Spryfield residents that submitted letters of support, that there are merits in this project: instead of previous applications for seven storeys there will be four; neighbouring houses will be protected by removing zoning that allowed inappropriately scaled development rights; 14% of the lot will be developed instead of 40-50% for an R2 development; wetlands will be protected; and the project will result in greater housing options steps from public transit and

It is imperative to stick to the issue and the facts. As always, residents are encouraged to contact me directly with questions about this project or about any other district matter. Please email linda.mosher@halifax.ca or call 477-8618. Should you wish to read the staff report and information on this development, please visit lindamosher.ca and click on the news tab. Linda Mosher

## **Looking for** upcoming events at the **Spryfield Legion?**

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## ROYAL **CANADIAN LEGION**

**Earl Francis** Spryfield Memorial Branch 152



**WE CARE** 

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#### Senior's Beat:

## We get by with a little help from our friends

by Beverley Clarkson

I promised we'd revisit our great friend Jeanne Hennebery from time to time. And we wanted to see her summer garden.

On a long stretch of Sambro land reaching out to the Atlantic ocean, through the spruce and pines she planted as a bride to prevent bank erosion, uneven trees trace the path of Hurricane Juan a decade ago to the shore where her daughters used to wade out to dig clams and mussels at low tide. Newly mowed grounds that might have been laid out by an English gardener meander through wild roses and blackberry brambles, shady copses, bird filled shrubs, fushia moses bushes and hollies, and spill into the shore: a lush coastal verdancy most of us are cut off from these days.

It's a precious space as most local waterfront is owned, secured, landscaped and inaccessible from the roads. Not long ago, a visitor to the area could stop by the water, climb down to pick a few berries and admire the wild view.

Feeling somewhat put upon by life lately, I looked forward to this visit with Jeanne, our precious story teller, who makes it impossible for spirits to stay low. From her deck, draped in pink and orange with matching sunhat, she made me welcome as always. A handy rock on the deck rail read, appropriately, "Please

pick me up". "Do it" she urged. I did.

And laughed. That didn't take long. This warm mid-summer day, we talked about vacations. I am caretaking this season, not traveling. This retired school marm and minister remembered many she has taken, countries she vis-

ited, her eyes sparkling with mischief.

"We were in New Zealand, a tour group of forty" she recalled. "They offered us three options: parapant, bungee jump, or ride a jet boat."

"But I want to do all three!" she exclaimed. And did. She was the only paraglider and had to wait until after dinner in Christchurch. "You sure you want to do this," the anxious guide asked. "Oh yes, quite sure". "You don't have to" he continued. "Too bad some of you are chickens," she taunted the rest.

And off the edge of the earth she ran, harnessed to the glider, instructor behind her, answering questions all the way. Flew over the trees, across the edge of the town for half an hour and finally set down, still running ahead of the collapsing chute, full of joy. To the shaken instructor who was stunned when he asked her age, she reached out her hand. "Here's your ear. Sorry I talked it off".

She gets asked to preach when local ministers are absent. To one congregation, she told the story of three sons who bragged at the great care they took of their old mother. One gave her a fine car, another a house, and the third

a trained parrot who could recite any verse of the bible on request. "And which did you like the best?" they asked. "Well," said the mother, "getting in that sports car hurt my back." "And the house?" "That big thing is too much work," she replied. "But that little chicken was the best I ever tasted!"

We giggled at the silliness of life as I made my way back to my charge.

What that rock said in the underside? "Oh, that feels better. "And yes it does! Thanks, Jeanne!

I hope you'll remember to check out Sou'Wester days in Sambro on August 8-10. We'd love to see you here, and if you are very lucky, you might find Jeanne in the Storytellers tent. Don't miss her!

## SDBC AGM and Awards Night a fun. sold-out event

by Bruce Holland

This year's Spryfield and District Business Commission (SDBC) Annual General Meeting and Awards Night was a sold out event and an evening of fun, great food and great networking was had by all!

Peter Polley, President of Poly Corp. gave an insightful presentation of Poly Corp's most recent development in Spryfield, "Long Lake Village" and outlined several of their award winning developments in Spryfield and other parts of the Municipality. Poly Corp. is also a partner with the SDBC, The N. S. Dept. of Natural Resources, our local MLA Brendan Mcguire, Councillor Stephen Adams and many local residents who are working on a project to make Long Lake Provincial Park accessible to the residents of Spryfield. (See Spryfield Residents Send Strong Message of Approval to N. S. Department of Natural Resources, this issue).

The Spryfield and District Business Commission is an incorporated nonprofit society administered by a volunteer Board of Directors. Our Mission is to advocate for the interests of local businesses in building a stronger community here in Spryfield and the surrounding communities of the Sambro

This is the second year the SDBC has recognized some of the dedicated businesses, organizations and individuals in the area by presenting awards. This year's recipients are:

#### **Business of the Year Award - Duel Properties Inc.**

Duel Properties is a company started by locals Dave and Beth Walsh and Chris Britton. The company provides full service construction services and is headquartered right here in the community. The company has grown steadily over the years and now includes several divisions. It's hard to drive through Spryfield and not see one of their trucks out working hard. The company has consistently grown its staff (many who are local), equipment and resources. The company serves HRM and the Maritime Provinces as a full residential and commercial construction company. We are proud to have such a successful, community minded company in right here in the heart of Spryfield.

**Small business of the Year Award** Pavia Café and Gallery

When partners and co-owners

Victoria Foulger and Christopher Webb decided to open Pavia Gallery - Espresso Bar & Café there was some scepticism among locals. But the two had a vision to create a special place and they have. Pavia is not only a contemporary fine art gallery; it is also an exceptional European inspired espresso bar that imports its beans directly from an Italian micro-roaster and bakes everything

With each passing month word continues to spread about an oasis on the outskirts of Spryfield. People from all over the city are making their way to Herring Cove to not only sip cappuccino that tastes as good as the one they had in Italy, or to sample some of the delectable sweets, but to view the works by accomplished artists that rival any commercial gallery in Atlantic Canada. Pavia is an incredible success story and reflects directly on the hard work of Victoria and Chris.

#### **Volunteer Organization of the Year** Award - Salvation Army

The Salvation Army Spryfield Community Church & Family Resource Centre moved into its current headquarters in June 2009. Since that time they have created and run various programs to help meet the needs of our friends and neighbours in the community. The Salvation Army also runs the Atlantic refugee and Immigration Services under the direction of Marie Kettle. In February of 2013 the Salvation Army Divisional Headquarters for the Maritimes moved into the Spryfield location and in December of 2013 a new Salvation Army Thrift Store opened in the neighbourhood at 485 Herring Cove Road.

The Salvation Army is an integral part of the Spryfield community ministering to residents and partnering with others in the community to make Spryfield a better place to live.

#### Volunteer of the Year Award - Peter Mowat

Peter and his wife Sherry are long-(See SBDC AGM on page 8)







# Fresh Seafood WHATA DEAL

Haddock Tips 'n Fries 56 BUCKS

1 pc Fish 'n Chips \$5 BUCKS

2 pc Fish 'n Chips \$7 BUCKS

8 pc Family Pack Fish 'n Chips,

Coleslaw & Gravy \$21 BUCKS

## Family Deals

16" - 1 Topping Pizza and 12" - 3

**Topping Pizza or 12"** 

Garlic Fingers \$20 BUCKS

16" Pepperoni Pizza "LOTS

of Pepperoni" \$13 BUCK\$

16" House Works Pizza \$18 BUCK\$

Any 16" Pizza, Any Family

Salad, 10 Wings \$27 BUCKS

Any 16" Pizza and

Sampler Box \$27 BUCKS

Two 16" Pizzas/Garlic Fingers (4
Toppings between them) 123 BUCKS

# Traditional Pizza

ANY 18" Pizza \$22 BUCKS

16" Pizza \$18 BUCKS

16" Pepperoni \$13 or 2 for \$30

12" Pizza \$13 BUCKS

9" Pizza \$10 BUCKS

or 2 for \$16

## Combo Deals

**EITHER** 2 - X-Treme 6" Subs or Wraps and a Med. Salad

**OR** 2 - 1/4 lb. Greek Donairs and a Med. Salad

**OR** 2 - Lasagna and 2 Garlic Bread

OR 3 - X-Treme 6" Subs or Wraps or 3 - 1/4 lb. Greek Donairs (or mix)

**OR** 9" 3 Topping Pizza and 9" Garlic Fingers or a Med. Salad

\$13 BUCKS

UNCLEBUCKSPIZZA.COM

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## Night Magic casts a spell on Herring Cove Road

Night Magic Fashions opened its doors at 334 Herring Cove Road on June 17th, adding something a little different to the business district in Spryfield. So far, the reception from the community has been warm and welcoming. "The people are great! The (Spryfield & District) Business Commission really welcomed us, and invited us to a breakfast. That never happened downtown!" says Pam Theriault, General Manager. "We've had a really great response. A lot of people have said they are so glad we are here—they didn't want another pizza shop."

A family run business, Night Magic Fashions was founded, and is owned by, Pam's mother, Maxine Theriault. They will celebrate the store's 24th anniversary on August 9th. Pam has been the full time general manager for the past 9 years. "Mom wanted to retire, but I was in the military. She asked me if I would consider leaving the military, where I had been for 13 years, to run the store. So I did. It honestly hasn't felt like work! I always have fun." Pam says Night Magic's goal for its customers is "to increase romance, intimacy, love, pleasure and passion." She describes the store as a safe place with no judgement where adults can find lingerie, toys, lotions, movies and magazines in pursuit of those goals. As well, they carry adult themed costumes, bachelorette party supplies, birthday items and a selection of items for men. Plenty of curious folks have come by to check out the store, including Pam's favourite customer so far, a lady 85 years young.

Night Magic came to Herring Cove Road after being given two months' notice to leave their old location at 5268 Sackville Street. That block is being redeveloped, and the Theriaults needed to find a new spot quickly. The owner of 334 Herring Cove Road contacted them after reading their story in the Chronicle Herald, and suggested that they might be interested in moving into the former Bank of Montreal building, formerly occupied by Chimo Tae Kwon Do; it worked out. "We are excited to be in Spryfield! This is a great mainstreet – you can get anything you want." Some of the advantages of the new location include parking both in front and in back, wheelchair accessibility, and proximity to areas with new clientele. "We're only 7 minutes from the roundabout, which makes it convenient for many people coming from outlying areas." In addition to the Spryfield location, the Theriaults also

opened another downtown location on Barrington Street, in the former G.F. Robertson Jewellery store, in July. The two locations have allowed them to continue to cater to their loyal customer base downtown, while extending their reach to a new customer base in the surrounding areas.

You can check out Night Magic Fashions on 334 Herring Cove Road Mondays through to Saturdays from 10 am – 9 pm, and on Sundays from 12pm – 5pm. Contact them by phone at (902) 420-9309, toll free at 1-888-276-2882, or visit their website at www.nightmagicfashions.com.

# New apartment building approved for Herring Cove Road

by Bruce Holland

On June 10th, 2014 Halifax Regional Council approved the development of a new 42 unit apartment building at 286/290 Herring Cove Road.

This development, in the heart of the business district, is sure to attract many young professionals wishing to take advantage of this prime location and the many amenities available in the surrounding area. With the Captain William Spry Centre just down the street, numerous walking trails close by and the many retail outlets within walking distance, including the Sobeys complex across the street, the Spryfield Shopping Centre and the many businesses in between, this is sure to be a popular location!

Perhaps one of the best features of the development is its location. Spryfield is fast becoming the "community of choice" to live in because of its close proximity and easy access to all the other parts of the Municipality. Located

## SDBC AGM

*(continued from page 6)* time residents of the Spryfield area. Peter's work as a ship's Captain has taken him around the world, but Peter has always maintained a strong commitment to the community. Now in retirement, Peter is the consummate volunteer. He is Chairman of the Spryfield Lions Rink Society, overseeing the recent improvements to the rink; a manager and assistant coach for many years with the Chebucto Minor Hockey Association; a co-chair of the Kyle Henneberry Memorial Hockey Tournament; former volunteer Vice-Commodore of the Armdale Yacht Club and is active in the local Minor Lacrosse League.

Peter is an active supporter of the SDBC, participating in many of our activities and events. We appreciate Peter's involvement in the community and the many benefits he contributes to



Artist's rendering of approved complex

on a major bus route and with several road accesses in and out of the area, you are only minutes from downtown, can easily access the major highways and within minutes can be in any of the surrounding communities.

This attractive building, with underground parking and large apartment units, fills in what has long been a gap along the main business district on the Herring Cove Road. The Business Commission congratulates Councillor Linda Mosher for supporting this long overdue development and welcomes this improvement to the area.

our lives.

#### The Jason Doherty Memorial Business Person of the Year Award – Irene Swindells

As Administrator of Melville Heights Retirement Residence, Irene has been a fixture in the Spryfield business community for many years. Irene is a tireless volunteer and a leader in our community. She has always been an advocate for our community and has lent her credibility to the work we do to make Spryfield a better place to live, work and play.

After a successful career in real estate, Irene came to Melville Heights and ever since has been active in working in the community. Irene's remarkable skills have brought people from

all walks of life together to build and improve not only the business community, but the community as a whole.

A long successful marriage to husband Harold and a strong family are a reflection of the type of person Irene is.

Irene has served 2 consecutive 3 year terms on the SDBC Board of Directors and is required to take a break under our by-laws. We will miss Irene's loyal counsel to the board and will ever remain friends.

We congratulate all of this year's award winners and thank each and every one of our members for their support over the past year. The SDBC looks forward to making Spryfield and our surrounding communities the best we can be long into the future.





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'Specials may change without notice'

**HOURS: Sunday 12-10 Monday - Wednesday 11-10** 

Thursday – Wednesday 11-10

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## Landscapers excited to take up the challenge

by Bruce Holland

You may have noticed some planter boxes popping up around Spryfield these days. That's because the Spryfield and District Business Commission has started a competition between local Landscaping Companies as part of our beautification program.

"The Challenge" for the Landscapers is to plant and care for one of these planter boxes over the summer and into the fall to make it as attractive and imaginative as possible. I have come to find out that these Landscapers are very competitive and you can expect to see some great planters as the Challenge moves on.

"The Landscapers" are six local landscaping companies that have taken up the challenge and are revved up to make their planter the best.



R. Rolls Yard Maintenance will be caring for the planter box at the "Welcome to Spryfield" sign location near Ace Lumbermart coming in from Herring Cove. The company is owned and operated by Randy Rolls, and he and his wife have been operating the company for the last three years. Their client base has steadily grown and they are now specializing in raised gardens.

Landworks Property Services Ltd. has the planter box at St. Michael's Church on the Herring Cove Road. Landworks is



a seasoned, experienced company having started in 2001 by owner/operator Chris Driscoll, and they have become a familiar, reputable company in the community. The company provides year round full time employment both in summer construction and property maintenance and winter snow removal. While Landworks' focus has been on excavation and landscape construction they have expanded to include asphalt paving and concrete work.



Green Roots Landscaping owned and operated by Scott Reinhardt is looking after the planter on the Old Sambro Road just around the corner from the Northwest Arm Drive traffic lights. Green Roots Landscaping is also involved in the snow removal business and employs 4 people full time in the summer and 12 people during the winter months. Green Roots strives for customer

satisfaction and, although still a young man, Scott is a seasoned professional when it comes to business.



Blade Lawn Care Landscaping will be caring for the SDBC planter box located in the parking lot of City Church on the Herring Cove Road. Blade Lawn Care Landscaping has been in business since 1993, celebrating over 20 years of professional quality landscaping services from lawn and garden maintenance to landscape construction. Owner, Bruce VanBuskirk, employs between 4 and 6 people and is proud to call Spryfield his home base.



**Dan's Tree and Landscaping Service** has a particularly challenging site at the "Welcome to Spryfield" sign on the Williams Lake Road. The sign is located atop a rock cliff and will take a vivid imagination

to make it an attractive site. Dan's Tree and Landscaping Service is a locally owned and operated company established in 1990 by Purcell's Cove native Daniel Keenan. The company is a full service company specializing in tree removal and various other tree and brush services. Daniel's love of climbing brought the business to life and he prides himself in complete customer satisfaction.



**Duel Properties Inc.** is caring for the site at St. Paul's Church on the corner of the four way stop at Old Sambro Road, Rockingstone Road and Sussex St. The company is also owned and operated by home grown natives, Dave and Beth Walsh and Chris Britton. The company started out here in the community and has grown to a full service residential and commercial construction contracting firm. They provide professional, high quality results to their customers and employ many workers from here in the community. The company also maintains a modern headquarters here in the community and is truly a local success story.

Well that's all of them. We look forward to the beautiful gardens they will create in the coming months and will provide regular updates as we watch things grow. Later in the season we will be asking for your feedback to help us determine a winner of the Spryfield "Landscaper Challenge".

# Brewing Equipment Starter Kits

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## Reg Horner Memorial Chebacto News Sports Page

## The Newfoundland Moose's honours reflect his roots in the loop

by Sarah Fraser

Jackie Barrett, or "The Newfoundland Moose", as he's affectionately called, has once again claimed another title. Barrett was given the honour of Top Overall Performer at the Special Olympics Canada Summer Games, held July 8-12th in Vancouver, B.C. He was registered in the super-heavyweight division, and snatched up more gold.

Barrett, though not originally from Spryfield, spent the majority of his life in The Loop. He attended JL Ilsley and graduated from there in 1993, then attended St. Mary's University where he graduated with a Bachelor of Commerce. High school was when his interest in powerlifting began.

"When I was in high school, I lifted weights on a regular basis to help build my strength, speed, and stamina in another sport, swimming.

When I competed at the 1994 Special Olympics Canada Summer Games in Halifax as a swimmer, my Team Nova Scotia coaches, David Jollimore and Leann Jollimore (now known as Leann Jollimore-Behie), took me to a Powerlifting event at these games.

During these games, I saw a Team Nova Scotia powerlifter, Phillipp Brown, deadlift over 337 lbs, almost triple his body weight.

After the Special Olympics Canada Summer Games, my swim coaches suggested that since I have a strong interest to lift weights, powerlifting should be my next passion."

It didn't take long for his new passion to take off. By the year 2000, Jackie was collecting medals and awards, and he hasn't slowed down since. He was named the Nova Scotia and Canada Special Olympics Athlete of the year. Has being a high functioning autistic slowed him down? Certainly not. In fact, Barrett says disability is really not a disability at all when it comes to powerlifting.

"The most significant factors to my powerlifting success is hard work. commitment, motivation, determination, strong self-discipline, innovation, desire to be on top, staying in shape, and the drive to be one of the world's strongest Special Olympics Athletes. Having High Functioning Autism serves as an advantage for me due to a fact that I have a natural ability to focus on a particular task, show my mental toughness, and tune out the distractions that I face." said Barrett.

Barrett has been an inspiration to many locals, and will continue to make this community proud. I asked him what he would say if given the opportunity to impart some words of wisdom to future aspiring athletic Loopers. His response left a lump in my throat.

"Even though I moved to Newfoundland in August 2008 for family and employment reasons, I will always



Jackie doing a 275.5 KG Squat attempt, which is 607.45 lbs., at the 2014 Special Olympics Canada Summer Games in Vancouver. This Squat was a new Newfoundland and Labrador Men's Master-1 Super-Heavyweight Record."

have ties and roots to the Spryfield and Sambro Loop areas.

Throughout my life, due to my disabilities and challenges, I always faced many people whom have doubted me. When many people doubt you most of your life, you have a job to prove them they are wrong. In the long run, these same doubters or those whom try to paint you in a negative light will gain more respect for you when you're successful.

To be successful in any activity you do, whether its sport, arts, profession, or any occupation in life, whether people doubt your abilities or not, work hard, stick to your passion, believe in yourself, and most important of all, never, ever give up.

If I can use my personal quote from a speech I made during the 1999 Special Olympics Nova Scotia Sports Celebrities Festival in Halifax:

"I hope I have to proven to every

single one of us in this room that you have ability to do something special with your life. It's about having spirit, it's about working hard, it's about passion, and most important of all, it's about never, ever, giving up."

When you come from a wonderful community oriented outer city community like Spryfield that is at times portrayed in a negative light, this is especially true."

What's next for Jackie Barrett, you say? Well, Barrett hopes to be named to Team Canada for the 2015 Special Olympics World Summer Games in Los Angeles. Barrett said, "After the 2015 Special Olympics World Summer Games, my next goal is to become a Special Olympics Powerlifting Coach in the Corner Brook area, and maybe be a Coach for Team Newfoundland and Labrador at the 2018 Special Olympics Canada Summer Games."

Whatever awaits Mr. Barrett, we are sure he will continue to succeed and make this community proud.

## **Tornadoes win Championship** Game

by Benny DeVine

The South West Peewee Tornadoes had a chance to win the Championship game on Thursday night but they let a 2 goal lead slip away late in the 3rd period and then lost in double overtime to the St Margaret's Storm in a double loss knock out format. This set the stage for a rematch for the Peewee Tier 2 Championship game on July 2nd at the BMO Centre.

Jack Letterick opened the scoring for the Tornadoes in the first period with his first of 3 goals. The Storm came right back to even the contest before Ben Allison scored to take back the lead leaving the score 2-1 after a period of play.

Brock Townsend and Allison scored 2nd period goals while the Storm kept it close with 2 goals of their own. Gage McPhee made 17 second period saves to preserve the lead for the Tornadoes. After 2 periods the score was 4-3.

The Storm scored first in the 3rd period tying things up at 4 and the game remained tied until late in 3rd period when Letterick scored the winning goal with 5 minutes remaining. Allison scored an insurance goal a few minutes later and then Letterick put the game out of reach late with his 3rd of the night.

Head Coach Collin Algee said, "It was great to see all the hard work pay off and there is no question Gage McPhee was our MVP. He keep us in the game and our players did what they had to do offensively and defensively."

## **Q & A with Coach Jamie** Heighton

by Benny DeVine

Jamie Heighton is the Head Coach of the Halifax Mets Mosquito AAA Baseball team.

I caught up with Jamie before a practice on June 20th for a question and answer interview.

- Q: How many Years have you been coaching Baseball?
- **A:** I have been coaching for 15 years.
- **Q:** Did you play Ball as a kid?
- A: Yes I have been playing Ball for 45 Years and I still play. In the last 10 Years I have been to the Men's Nationals 10 times. My team played Coast to Coast, from BC to NFLD.
- **Q:** Where did you play as a kid?
- **A:** I started playing in Halifax and later played in Spryfield where I learned a lot from coach Stoney Gardiner.
- **Q:** What are your goals as a coach for your team this year?
- **A:** Our main goal this year is to help our kids develop as ball players and to teach them to win and lose as a team.
- **Q:** What is your goal as a team?
- **A:** To win a championship
- **Q:** What is the most important thing your players can do to improve as the season goes on?
- A: Watch older kids and play with them as much as possible.
- **Q:** What is a tip for young ball players? **A:** Don't be afraid to ask your coaches



Coach Jamie Heighton Photo by Clint Townsend questions during games or practices. **Q:** What is your favorite food Coach?

**Q:** How are things different today than when you played as a kid?

A: When I was a kid there was no Soccer or Summer Hockey. It was just Baseball and we played Baseball everyday all day.

Quote "I would like to thank all the parents and volunteers for their help this year. Special thanks to our assistant coaches Barry Myra and Cal Heighton." Page 12 August 2014 • Chebucto News

## Civic address changes coming to the Bay Road

by Linda Mosher, HRM Councillor, District 9

For many years, HRM's Civic Addressing department has been implementing policies under the direction of our Public Safety Committee. This committee has representatives from Fire Services, Police Services, Emergency Health Services (EHS), Paramedics, and HRM Dispatch. Councillors do not sit on this committee. When a potential public safety issue arises because more than one street has the same name or because of numbering issues, then the committee meets to find a solution. One of the first projects they investigated was a petition received by residents from a section of Dutch Village Road. In this area, there were many incidences where emergency vehicles, service vehicles, couriers, etc. could not locate an address. One resident told me that an ambulance had raced by five times looking for an address. Confusion was due to the fact that, at the time, there were five different Dutch Village Roads- and they were not even connected! In this particular case Dutch Village Road from the Rotary to the Fairview Overpass was subsequently renamed Joseph Howe Drive.

Recently, the Public Safety Committee identified potential safety issues on St. Margaret's Bay Road from the Armdale Rotary to Northwest Arm Drive. On this stretch, there has been new development and new addresses to civics 111 to 115 St. Margaret's Bay Road. Furthermore, there are now many properties using a letter, such as an A, B, C or a half  $(\frac{1}{2})$  symbol as part of their address. This occurred as a result of new buildings being constructed between existing buildings with no available addresses. Also some properties added second units and there were new buildings constructed on vacant lots. Finally, the Committee determined that in some cases owners had self-assigned numbers or letters unknown to the municipality and these properties require a proper civic address number.

The addition of buildings using As, Bs, ½s has caused problems, as it can make it difficult and confusing for first responders to find the correct building in an emergency. It also poses problems for homeowners or tenants with simple tasks like calling a taxi or

applying online for paperwork, such as passports. Residents cannot enter the ½ or letter in the address fields on some websites. There are approximately 20-25 properties along this stretch with these types of issues. Our Public Safety Committee would like to correct all of them. The renumbering will also provide additional numbers for any unforeseen development, subdivision of land, or addition of second units or redevelopment of existing lots. Once the street is renumbered, it will not have to be done again in the future.

The municipality reviewed renumbering possibilities for St Margaret's Bay Road. They discussed many suggestions

put forward by residents, and recognized that smaller sections of the road could be reworked but doing so would only provide a temporary solution.

I know from personal experience that renumbering can be a nuisance - my street was renumbered about 10 years ago. Nevertheless, it is necessary to ensure the safety of residents. The Public Safety Committee concluded that renumbering of St Margaret's Bay Rd would correct many of existing addressing issues related to 911 Emergency Services. Based on the Public Safety Committee analysis and recommendation, Civic Addressing initiated the renumbering project. Council has no

authority to overrule their decision. I have been an advocate for resident concerns and will continue to forward all concerns and suggestions to staff. In addition, should anyone affected like for me to set up a meeting with HRM Civic Addressing staff, please let me know and I would be happy to assist.

I hope everyone gets a chance to come out and enjoy the 7th Annual Dingle Natal Day being held on Monday, August 4th from 11 a.m.-2 p.m at Sir Sandford Fleming Park/Dingle. We will have music, Atlantic Cirque & music performances, activities food and lots of fun.

## **Teamwork helps beautify our community**

by Stephen Adams, HRM Councillor, District 11

Although Council only met twice in July, we still had plenty of activity throughout our communities. Our flower beds on Northwest Arm Drive are growing quite nicely, with the rows filling in and the colours becoming more vibrant with each passing day. Not a day goes by that someone doesn't offer a compliment as to how beautiful the gardens have become.

As you probably read in previous columns, I was extremely frustrated with the property at Long Lake, just across from Dentith Rd. For years, we endured long grass and an un-kept area — that is, until MLA Brendan Maguire became involved. We had discussed the potential for this property and our plans to beautify it. We approached it with a two-phased process. Brendan made arrangements to have the lawn mowed and then I worked with a landscape company to make four flower beds. After a visit to Sobeys Garden Centre and recruiting some volunteers, we now have four stunning flower gardens. I am proud to have worked with Brendan to make our community better for all to enjoy. Not only has Brendan become a trusted colleague, he has become a

Join Brendan, Linda Mosher and I for a community fun day on Saturday, August 16th at 1:00 pm. There will be a BBQ, a bouncy castle, a live band and

other activities. This event will be held at Ravenscraig Field, just off Williams Lake Rd. We look forward to seeing you.

I am very pleased to team-up yet again with our local Business Commission and its Executive Director, Bruce Holland. Our latest project has been the installation of planter boxes next to community signage. This is part of a competition among landscaping companies. This is another stage as we move forward to beautify Spryfield.

The new driveway for the Captain William Spry Centre is nearing completion, and will link the facility to Herring Cove Rd. This will open up the centre and help provide greater visibility.

You may have read in our local papers or heard on the news that there are plans to tear down the Halifax Forum. To be clear, this is one of the options presented, as a total package with regard to ice surfaces in the municipality. I do not support the demolition of the

Forum.

From time to time, you may read about proposals that have arisen from one of our Standing Committees.

Although these committees are able to make recommendations to Council, there are times when their suggestions are erroneously reported as policy. For example, bag limits on garbage (the limit is still six); clear bags (dark bags still okay), and door knobs being converted to levers (round door knobs are still okay).

As your Councillor, I field phone calls, emails and texts to help with everyday issues. Municipal Call Centre agents also offer assistance and are available from 7:00 am to 11:00 pm. If you call me and I am not available, please call 311. They will give you a reference number which is unique to your call. You can use this number to track the issue that you raised.



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# Stephen Adams HRM Councillor, District 11 Sprayfield, Sambra Prospect Road

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## Free BBQ and fun day on **August 16th!**

#### by Brendan Maguire, **MLA for Halifax Atlantic**

The month of July turned out to be the first real summer month of the year and also a very busy month for me. I was able to move forward on some projects in our riding and enjoy many community events.

You may have noticed some changes to the plot of land at the intersection of Denith Road and Old Sambro Road. This area had become an eyesore over the years and was in desperate need of some TLC. Like many of you, I became tired of looking at this overgrown property and wondered why it was not maintained. To me, it became a symbol of lack of investment in our beautiful area. After being told there was no money to maintain this property, I decided to take matters into my own hands. I contacted Councillor Adams and, together with caring members of our community, we had this property mowed and flowers planted. Instead of looking at weeds and an overgrown lawn while sitting at the red light, we now have a well maintained, beautiful piece of Spryfield.

Our community has also seen a considerable amount of road repair and work done over the last month. I am particularly proud that I was able to find a solution to Gill Cove Road for the people of Ketch Harbour — no more

Between work, I was able to attend many community events this month with my family. From eating strawberry shortcake in Sambro, to the Peter to Paul walk (thank you Jill Hann for being my walking partner), to the Ketch Harbour Canada Day parade and celebration, to the Duncans Cove clean-up, the Numa car wash and the Governors Brook community celebration. I want to thank each and every person involved for putting on such community driven events, and for being so welcoming to Rena, Oliver and me.

I wanted to find a way to thank you for your hospitality, so I have been working with the In the Loop Community Association and our councillors on a BBQ and fun day for the family. This event will be a FREE event and will take place August 16th at 1pm in Ravenscraig Field. There will be a BBQ, music, face painting, bouncy castle, petting zoo and much more. So bring the family and friends or come by yourself, but join us in celebrating our community.

Congratulations Chris and Glenda, and Matt and Ann on tying the knot.

Great job Jan LaPierre for completing 100 days of adventure. You are an inspiration! #aforadventure

Remember I work for you, Brendan Maguire

Add me to Facebook at Brendan Maguire; Office (902) 444 0147; Cell (902) 456 0103



The Spryfield Community Office located at 264 Herring Cove Rd is now re-opened to the public for records checks and other public inquiries from 8:30 am until 4:30 pm Monday to Friday except

## Fall Training courses

by Bruce Holland,

Executive Director, SDBC

The Spryfield and District Business Commission in partnership with the Nova Scotia Dept. of Labour and Advanced Education has been offering free training courses to the owners, management and staff of local businesses and volunteer organizations over the past year. To date we have put on two Social Media for Beginners courses, two Advanced Social Media courses, a course in Communications and Leadership in the Workplace and one in Computers and Computer Programs.

All of these courses have been well received and well attended. The SDBC will be offering several more courses this fall, but before we do we thought we would ask you what courses you would like to see offered?

The courses are one day/night a week for

3 hours, run for eleven weeks and are held at local venues. To date we have used the Captain Spry Community Centre, Metro Works and the St. Paul's Family Resource Centre. The dollar value of these courses, if you had to pay for them from a private provider or at a public institution is approximately \$5000.00. This is your chance to get it free.

The instructors are first rate and the course material is very valuable to today's information technology world. If you are someone who needs or wants to be more knowledgeable in today's electronic world but haven't had the resources to learn, this is a tremendous opportunity.

The next round of courses will begin in late September, but before we announce what they will be we want to know from you what courses you would like to see offered. Tell us by contacting Bruce by e-mail at sdbc@eastlink.ca or by calling 452-7472.

#### **OBITUARIES**

(continued from page 14) peacefully at home surrounded by family. Born in Waverly, Nova Scotia; she was daughter of the late Eva and Norris Quesnel. Jackie was founder, Webmistress and President of COPD Canada Patient Network (focusing on Chronic Obstructive Pulmonary Disease) www. copdcanada.ca. She was the administrator of "COPD in Canada" - An Open Public Patient Forum (peer to peer) and was a successful entrepreneur and former business woman in both Canada and the United States. She was a mother, grandmother and severe COPD and lung cancer patient living/working in Nova Scotia. A former writer, she was a member of the Canadian Author's Association. Ms. Jackie loved fishing, gardening and photography. Her total passion for helping other people was her life's gift, continuing in her efforts to assist other COPD patients through her international acclaimed network. What she held most dear and precious were her immediate family and close friends. Ms. Jackie is survived by her loving husband and partner, David Raymer; daughter, Stacy Brooking (Whitaker); son, Ben Whitaker and wife Shannon; grand children, Alex, Gabrielle Brooking, Riley and Reagan Whitaker; sisters, Eva and Audrey and brother, Barry. She was predeceased e Program of the OEII Foundation in Halifax, N.S. https://support.ge2foundation.ca/memorial

## **Urban Farm book lau**

The Urban Farm Museum Society of Spryfield, with Marjorie Willison, is launching Come Grow With Us: A Family Guide to Growing Vegetables on Tuesday, August 12, 7 pm at the Urban Farm. The 152 page book is chock full of ideas about growing great families as part of growing vegetables - to give double the results. Marjorie will be on hand to sign books, and everyone is welcome to wander the lovely gardens at

This book is for three generations and families of any age or gender. Along with all the key steps for growing vegetables, you'll also find tips for nurturing healthy child development, ideas for strong family life, and suggestions for aging well.

"My role, as a member of the Urban Farm in Spryfield," said Marjorie, "was to pull together years of interest by many people in our Come Grow With Us program, in order to write a practical, down-toearth guide for how to grow vegetables and nurture strong and healthy families."

Over 100 beautiful line drawings by Marie Koehler, Alice Gilson, and Martin Willison help to explain basic gardening



know-how, along with tips and ideas for more advanced gardeners. "Bringing this book to publication has been an act of love by many people, and I feel privileged to have played a role", says Marjorie.

Join us in celebration of the book launch at the Urban Farm (the corner of Rockingstone Road and Ardwell Avenue in Spryfield) on Tuesday August 12 at 7:00 pm where Marjorie Willison will be on hand to sign copies

Visit www.urbanfarmspryfield.com or contact the Urban Farm at urbanfarmspryfield@gmail.com.



Meet the new executive & board members for Urban Farm Museum Society of Spryfield. Seated left to right: Past President Marjorie Willison, President Patricia MacLean, Vice President Michele Raymond, Secretary Elizabeth Eve and Treasurer Tom Casey. Standing are Directors John Speagle, Freeman Dryden, Angela Dunn, Belinda Dunn, Mary Pellerine, Juanita Smith, and Bruce Holland. In absentia were Heather Cumming and Janet Kidston.



## **Toonies** For Change

Have fun while supporting your community

**PLAY AT:** 

**Bowlarama** Spryfield Mall Boys & Girls Club 11 Aldergrove Captain Spry Centre 16 Sussex Danielsons General Store 5 Dentith Dial A Tire 308 Herring Cove **Guardian Pharmacy** 205 Herring Cove **Head Shoppe** 318 Herring Cove McDonalds 331 Herring Cove Mishoo's West Pennant No Frills 16 Dentith Now We're Cooking Herring Cove Royal Bank 339 Herring Cove **Shoppers Drug Mart** 315 Herring Cove **Sobeys Spryfield** 279 Herring Cove

Play weekly before 3 pm Tuesdays!

Spryfield Lions Rink 25 Drysdale

Page 14 August 2014 • Chebucto News

# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



#### To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com

#### **AUGUST COMMUNITY EVENTS**

## Boys and Girls Club of Spryfield (11 Aldergrove Road) Events:

• Summer Camps! Monday to Friday, 7:30am to 5:30pm Starting Monday July 7th and running through Friday August 29th. Field trips, bus tickets, entrance fees, and treats are all included in the \$100 weekly fee (in addition to a one time registration fee of \$25). Feel free to contact us for more information or to register. Call 477-9840, email programmer@bgcspryfield.org or www.bgcspryfield.ca

#### **Captain William Spry Library Events:**

See our article in this month's issue of the Chebucto News for all the details!

#### Captain William Spry Community Centre Events:

• Get Your GED! 10 week course offered by the Halifax Community Learning Network. Please call 490-5715 for more information

## Chebucto Community Health Team (16 Dentith Rd) Events:

- August 12th, 10:00-11:30 am (Canada Games Centre) Introduction to Making the Most of Your Food Dollar
- August 26th, 1:00-3:00 pm (Girl Guides of Canada) Healthy Relationships
- Tuesday August 26th, 10:30-11:30 am (Wellness Centre) What Better Health? Build Better Goals

PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop. Please call 487-0690 or drop-in to register.

## Chebucto Connections Events (531 Herring Cove Road):

- Nova Scotia Legal aid will offer legal services at our offices every second Friday. Dates for July are the 4th and 18th. Please call 420-3450 to set up an appointment and ask for the Spryfield office.
- Volunteer Board Members needed! Interested parties will want to be a part of a team that is actively engaged in making our community a healthy and vibrant place to live and work! Contact ccda.stecroix@gmail.com or 477-0964 for more information

## Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Mini Bingo at 6pm. Superstat Bingo at 7pm
- August 8th. Crib tournament. 7pm. Contact the Legion for more details.
- Seniors dance on Monday, August 11th from 12:30pm to 4pm. \$4 per person. Light lunch served. Door prizes, 50/50 draw. Music by Albert Martell. All seniors welcome
- August 16th. 9pm to 1am. Karaoke featuring Junes Tunes. \$5 per person. Doors open at 8:30pm

## Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

• Friday Night Mixed Dart League with bar service. 8pm. \$5 to play Phone 403-

1666 or 477-8749 for more information.
Wednesdays and Thursdays: Tai Jitsu Classes. Contact Stephan at 293-7421, or Natasha at 293-7427. Or call the centre

## Quarter Note Singers (Captain Spry Centre) Events:

at 403-1666, or 477-8749

• Looking for New Members, especially men, to help balance our mixed membership choir! Have fun singing in a coffee house setting! Contact Steve Trussoni at 477-2664 for details

### Sambro Sou'Wester Days (Various locations):

Please see the article in this issue for all the details. Also, check our Facebook page for last minute updates to the schedule.

## Urban Farm Museum Society of Spryfield (Captain Spry Centre) Events:

• August 11, 6:30pm. Meeting of the UFMSS will be held at the Urban Farm Field if weather is cooperative. Otherwise the meeting will be held at 7pm at the Centre. Everyone welcome please contact Pat at 477-6087 or email jamac@ns.sympatico.ca

#### **YMCA Events:**

- Elderobics-Forever Fit classes. No registration necessary. \$4/per class plus annual fee of \$10.
- Emmanuel Church Hall on Monday,
   Wednesday and Friday from 10am to 11am.
- Captain William Spry Centre on Monday, Wednesday and Friday from 9am to 10am

#### Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm. Emmanuel Church Hall Events (322 Her-

ring Cove Road) Events:

- September 13th: 8pm to 12am. Monthly Dance. \$7 per person. Music by Bay City Band. Light lunch at intermission
- September 14th: 2pm to 4pm. Talent Show! Traditional Newfoundland and Country music. \$6 per person. All Welcome, canteen services available.

### St. James United Church (3811 Old Sambro Road) Events:

• August 10th. 3pm to 6pm. Lobster Chowder Supper. Adult portion \$12. Child portion \$6 Everyone welcome!

## St. Paul's United Church (173 Old Sambro Road) Events:

• Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up

#### Other Events and Notices:

- Active Kids by the Sea meet Friday afternoons from 4pm to 5pm at Ketch Harbour Park. For more information contact activekidsbythesea@gmail.com
- Hand in Hand (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, is open every Monday to Wednesday 10:00 am 5:00 pm, Thursday and Friday 10:00 am 8:00 pm, and Saturday 10:00 am 5:00 pm. We have everything you need to get your home and wardrobe ready for summer.
- **Girl Guides of Canada** Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.
- Art in the MLA Office. Brendan Maguire is inviting local artists to exhibit their work in his office. Currently on exhibit is Ann Hart. Any artist interested in exhibiting their work should email annhart@eastlink.ca. All art on exhibit may be

## viewed Monday to Friday from 9am to noon and from 1pm to 5pm.

- Reunion! Come help the Class of 1984 celebrate 30 years! Students (and their friends) who graduated from JL between 1982 and 1987 are invited to the celebration on October 11th at JL IIsley. Contact Kim Mundle at kim.mundle@live.com for more information.
- SDBC First Annual Golf Tournament: Thursday, August 21st. Indian Lake Golf Course. \$340 per team of four. For more info please contact 452-7472 or email sdbc@eastlink.ca
- Spryfield Village Second Annual Harvest Festival: They are still looking for local businesses and people to help with sponsorship of this great fall festival, which will take place from September 18th to the 22nd. More information can be obtained by emailing Bruce Holland at sdbc@eastlink.ca
- Chebucto Family Connections is looking to expand. Please see the article on our Facebook page for more details or contact Jane Hall at 479 3031 ext 310 or email jane@hgahfx.ca

Check our Facebook page for late arriving events and changes or updates to listed events

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## LOCAL OBITUARIE

Courtesy of J. Albert Walker Funeral Homes Ltd. 477-5601

#### Lucinda "Lucy" Mae Griffiths

75, Herring Cove, NS, passed away peacefully at home surrounded by her loving family on June 23, 2014. Born in Half Islands Cove, NS, she was a daughter of the late Lawrence Hendsbee and Marguerite (Greencorn). Affectionately known as Lucy, she had worked at many places throughout her life including Birks, Halifax Seed, Tim Horton's, and as a cleaner, all the while raising her 7 children. Her life revolved around her family, they were her life. She loved her children, grandchildren and great-grandchildren dearly and will be remembered for always being present in their lives, always being part of their lives. She enjoyed knitting, pickling, and gardening. Lucy is survived by her sons, Mike (Liz), Wayne (Sher), and Ronald "Topper" (Cindy), her daughters, Charleen Kidson (Ron), Paula MacDonald (Weldon, "Boomy"), and Joanne "Blanche" Slade (Matthew, "Buddy"), her special sister, Paulette Andrews, as well as her 12 treasured grandchildren

and 5 precious great-grandchildren. Lucy was predeceased by her husband, Ronald Joseph Griffiths, her parents, a daughter, Gail Griffiths, and a grandson, Ryan Kidson. The family wishes to express a heartfelt thanks to the Palliative Care Team nurses and doctors for all the care and compassion shown during this time. Arrangements were under the care of JA Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax, NS (477.5601). The funeral service was held on June 27 from the funeral home chapel, with Rev. Gordon Relf as officiating clergy. Interment took place at Fairview Lawn Cemetery. The family would appreciate donations in memory of Lucy be sent to a charity of one's choice. Words of comfort may be sent to the family by visiting www.walkerfh.com

#### Jacqueline H. "Jackie" Whitaker-Raymer

Age 60, of Williamswood, Nova Scotia, Canada, passed away July 7, 2014 (See Obituaries on page 13)

## VALUE THAT CAN'T BE BEAT!

#### **UNBEATABLE IN HRM \$224,900. 19A Lynnett Road**

Beautiful New Construction Semi! This 3 bedroom 4 bathroom home with a single built-in garage is very well laid out with spacious rooms and quality finishes. The main level has a large living room, a half bath and a large open kitchen dining area with doors to the back deck. The upper level has 3 bedrooms a full bath and an ensuite off of the master bedroom with a Jacuzzi tub. The lower level has a garage, half bath, finished rec room and laundry area. Call Dan to see this great home today!!





#### 142 Old Sambro Road \$224,900

This lovely Cape Cod sits on a large lot well back from the street in a park like setting with lots of trees and shrubs and a fenced front yard. Originally a set of flats this 4 bed-room 3 bathroom home has had the upstairs kitchen counter and cabinets removed (plumbing appears to still be in place) and has been converted to a single family home with 2 bedrooms, 4pc bath, kitchen, mud room and living room on the main floor and 2 bedrooms, 3 pc bath, living room and den upstairs. The basement is not full height but has a 3 pc bath, hobby room, den and rec room. This warm home is within walking distance to Long Lake Provincial Park, shopping and all amenities as well as being on a bus.

#### 19 Sarah Ingraham - 6 bedrooms 3,000+ sqft. **Priced below assessment!!**

WOW Lots of space for a big family! With 6 bedrooms and 3300 sqft. of finished space this home has it all. Want to entertain – there is a wet bar in the huge main floor rec-room that is set up pub style with a raised seating area adjacent to the bar and a large dance floor. There is also a huge rec-room on the lower level for the kids. This home has just been professionally painted throughout with quality Benjamin Moore paints and is move in ready. As well the kitchen has just had a makeover with new flooring, countertop, sink, taps, railing and a new light fixture. The bathroom has just had a new water saver toilet installed as well as a new vanity with sink, new tub surround and light fixture. A new French door was added to the bar room leading to the mud room and both the mud room door and the front door are new. Septic field was replaced in 2007. Sitting on a 36000 sqft lot and boasting a 24' X 30' double garage in the back yard for toys – what more could you ask for? Book a viewing with Dan today and come have a look at your new home.







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