

Armdale • Harrietsfield • Herring Cove • Jollimore • Ketch Harbour • The Pennants • Purcell's Cove • Portuguese Cove • Sambro • Spryfield • Williamswood

Working For You In Your Community

479-NEWS (6397)







Dan Doherty REALTOR®

I have been a community businessman since 1992. Let me put my business experience to work for you, whether buying or selling—give me a call now!



T 902.478.4023 F 902.405.3299 E dan@dandoherty.ca www.dandoherty.ca





RYAN BRENNAN, BA, LL.B. BARRISTER & SOLICITOR PREFERRED AREAS OF PRACTICE - REAL ESTATE,

WILLS & ESTATES AND BUSINESS LAW

CLYDE A. PAUL & ASSOCIATES 349 HERRING COVE ROAD, HALIFAX, NOVA SCOTIA B3R 1V9 (902) 477-2518 OFFICE (902) 479-1482 FAX RPBRENNAN@NS.ALIANTZINC.CA

Packing groceries for a cause

If you bought groceries on the morning of March 23rd at Mike's No Frills in Spryfield, chances are your groceries were packed by a very enthusiastic group of volunteers baggers lead by the Harrietsfield Playground Committee and Halifax Atlantic MLA Brendan Maguire.

The group was there bright and early packing groceries and collecting donations for the new Harrietsfield Elementary Playground. They were able to raise \$400 and wanted to send a special thank you to the Mike's No Frills, their friendly staff and the people of Halifax Atlantic.

Sambro noted in novel published in U.S.A.

Sambro has been noted in a hot-selling romance novel published by Amira Press out of Baltimore, Maryland. The 55,500-word novel, The Reunion, is written by widely published Nova Scotian writer, Jim Power, under his pseudonym of Summer Newman. Peggy's

Cove is pictured on the cover.

"I published three novels set in Nova Scotia," said Power. "The Reunion takes place mainly on the Prospect Road and there is intense dory racing during a pivotal section. I couldn't write it

(See Sambro noted on page 2)

Chebucto Connections celebrates Grand Opening

by Carrie Forbes

Chebucto Connections celebrated the grand opening of their new location at 531 Herring Cove Rd., on the afternoon of February 26th. The event was an open invitation to the community to join in and see the new facilities hosting the great work of the organization, including Pathways Spryfield. Executive director Bonnie Ste-Croix shared her excitement for the open house, which she described as a celebration for all members of the community. "We wanted to provide a place for the community to come and enjoy connecting through conversation. It's not just who you know, it's also who you don't know - getting to meet and connect with others within our community." The comfortable atmosphere lent itself to rich discussions and introductions as guests mingled, sharing stories and experiences over coffee, tea and treats provided by the Chebucto Connections team. Partner agencies, government and local business owners came out to show support; thanks were also given to event supporters Spryfield Physiotherapy, Gabrielle Cordella-Chew of Cordella Counseling, Chocolate Lake Best Western, and Pete's.

Community leaders from the Chebucto Loop were also present, as both MLA Brendan Maguire and HRM

Councillor Steve Adams attended to provide support and encouragement to the work of Chebucto Connections, acknowledging the role of the organization in building strong community connections and providing services. Brendan Maguire spoke on behalf of Community Services Minister Bernard with a short speech in keeping with the casual gathering, but that praised the role of the charity as a successful model for community building.

The event also paid tribute to a key member and recent Chebucto Connections retiree, Marjorie Willison. As an instrumental part of the development of the organization, including the successful implementation of the Pathways to Education program, Bonnie Ste-Croix was pleased to honour Marjorie's contributions by presenting the first annual Marjorie Willison Literacy Award to the Halifax Community Learning Network. The \$500 award is open to groups or individuals across the Chebucto Loop. Though Marjorie has retired, the award will see that "her impact will be felt for many years to come." To ensure this continuity, Marjorie's husband Martin Willison also presented a generous donation for the next year's award, and encouraged others to do the same to continue the legacy of literacy. Like

(See Grand Opening on page 3)

Correction Notice:

being put on by St. James United Church was mistitled last month. It is actually called Sambro Night Fever. We apologize for any confu-

The dinner theatre performance sion. Tickets are still available and can be purchased through the church at 3811 Old Sambro Road on Sundays at 12:30pm and Wednesdays at

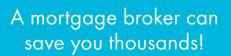
IS YOUR BASEMENT WET?



Kyles Basement Waterproofing —The Basement Ġuy

Office - 440-1500 hrmbasementguy@gmail.com All work is fully Guaranteed, Transferable Warranty and FREE Estimates





- Purchases
- Debt consolidation
- Renewals
- Renovations
- Great rates Free consultant
- services O.A. And more



(f) MORTGAGE INTELLIGENCE Call me for trusted

jbright@eastlink.ca

personal mortgage service! **Jason Bright** (902) 880.4622



beverage, liquor, beer and metals 479-2929 374 Herring Cove Road

Your One-Stop Refund Recycling Centre

Metal-man Recycling **Pick-ups Only**

Buyers of all metals Flat decks, luggers, forklifts Cars, structural steel Storage trailers (rentals) Industrial, commercial, residential

Bonded – 30 years of experience 479-3900 (bus.) 293-CASH (2274) Page 2 April 2014 • Chebucto News

Sambro noted

(continued from page 1)
without mentioning Sambro. Though I
grew up in Shad Bay and am familiar
with Nova Scotia's fishing tradition in
places like West Dover and Terence
Bay, to me Sambro always symbolized
Nova Scotia's fishing heritage. I still
remember watching dory racers out of
Sambro in my youth who were bigger
than life, men of brawn hardened by
an unforgiving sea, unflappable in their
steely determination."

The interracial novel is about Ebony Evans and Ethan Harrington, a man who left Shad Bay without warning a week before their wedding, leaving Ebony only a terse good bye note. The novel opens with Ebony preparing to leave, perhaps permanently, for Africa to work in a mission. Five years to the day that he left, Ethan suddenly returns

and all hell breaks loose.

"There are several major scenes,"
Power said, "including at the Royal Canadian Legion in White's Lake, on the Big Island in Shad Bay, along the Nine Mile River, and the intense dory racing sequences at the Prospect Bay Marina. It's an emotional roller coaster and I almost felt sorry for putting Ebony through it."

Power has been published internationally by over 60 magazines and newspapers, including by the Smithsonian Institution and by many of the top hunting magazines in North America. He has a long history of publishing fiction, from dozens of short stories in New York magazines to seven novels in 2013/2014. He studied Honors English at Saint Mary's University and majored in Russian Literature at Dalhousie Uni-

versity before becoming a writer. In his youth, he hitchhiked tens of thousands of miles.

Signed copies of *The Reunion* are being supplied to the Guardian Community Pharmacy in Hatchet Lake and the novel can also be purchased at numerous online locations. For complete information on this and Power's other novels, visit: https://www.facebook.com/jimpowerbooks

Urban Farm of Spryfield hosts Spring gardening event

by Ann Hart

The annual Seedy Saturday and Plant Sale hosted by the Urban Farm of Spryfield will be held May 10 at the Captain William Spry Center from 10 am - 12 noon. The event is an introduction to spring planting for the greater community.

This year the plant sale includes old favourites as well as some unique and rarely-seen plants for the garden. Heritage and organic seeds are sold and traded by vendors and gardeners at the 2 hour event. Activities for children and presentations on urban farming will be featured. A donation draw for a gift basket of gardening tools is also offered. This annual fundraiser makes it possible for more people to learn the skills of growing food. The event is a traditional gathering place for enthusiastic gardeners from the region. Attendance is free. Proceeds go to the Urban Farm programs.

The Farm is located on top of a hill between Herring Cove Road and Rockingstone Road near the Kidston pond and behind the Spry Center. Pathways from several surrounding points in the neighborhood lead to the gated area. The main gate is at Rockingstone Rd. near the corner of Ardwell Ave. The Farm offers a seasonal market garden, individual and group gardening plots, educational programs and a natural space for the public to enjoy from May through October. Membership to the society and applications for a growing plot are available at the Seedy Saturday event.

The Captain William Spry Center is located at 16 Sussex Street in Spryfield, NS. Plant donations can be delivered the evening before. Please email: spryfieldcomm@gmail.com for further information.

Chebucto News

Publisher: Dan Doherty, 479-6397 Fax to 477-NEWS (6397)

Editor: Tangelene Ramsay, chebuctoeditor@gmail.com Mailing Address: P.O. Box 20141 Halifax N.S. B3P 1L1

Circulation:

12,500 copies Agent: Canada Post

Printer: Transcontinental Printing

Delivered free-of-charge to households in; Armdale, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

Email to: "The Editor" chebuctoeditor@gmail.com

Advertising Inquiries:

Please call Dan Doherty at 479-6397 Email: dan@dandoherty.ca

Artwork and Layout:

Sharon Ward Graphic Design Phone: (902) 406-1305 Email: wards@eastlink.ca

Notice: The publisher and the production service assume no responsibility for the contents of any advertisement or editorial materials. Any warranties or representations made by any printed material contained herein are those of the advertisers or writers and not those of the publisher or the production service. The publisher reserves the right to refuse, edit or cancel any advertising or editorial submission at any time and for any reason. Materials can be reprinted only with the expressed permission of the publisher.

© 2014 The Chebucto News, Spryfield, Nova Scotia

Something to say? We welcome your letters! chebuctoeditor@gmail.com

> WATCH BATTERIES INSTALLED

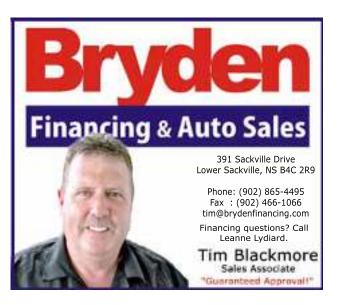
\$400 + tax

Danielsons General Store 5 Dentith Road









Chebucto News • April 2014 Page 3

Grand Opening

(continued from page 1) many of today's "retirees", Marjorie hasn't rested on her laurels. In addition to working a few hours a week with Chebucto Connections, she and her husband Martin have also embarked on a new journey - working on a food security project as part of an exchange with Cuba.

Evident within the new space at Chebucto Connections is the spirit of

community and shared purpose. Looking around the room, residents, volunteers and leaders mill about, all sharing the optimism of the successes borne from the area. Having a space to do so is instrumental in building on these successes. "We are lucky to have found this space. It's in a perfect location for our members, and is easy to get to. It's home."



Bonnie Ste-Croix and Marjorie Willison present the first annual Marjorie Willison Literacy Award to the Halifax Learning Network

What would you like to see?

Contributed by: Bruce Holland, Executive Director, SDBC The Spryfield and District Business Commission, in partnership with the Nova Scotia Dept. of Labour and Advanced Education, has been offering training courses to the owners, management and staff of local businesses and volunteer organizations over the past six months. To date we have put on two social media for beginners courses, two advanced social media courses, a course in communications and leadership in the work place and one in computers and computer programs.

All of these courses have been well received and well attended. The SDBC will be offering several more courses this spring, but before we do we thought we would ask you what courses you might like to see?

The courses run for eleven weeks and are held at local venues. To date we have used the Captain Spry Community Centre, Metro Works and the St. Paul's Family Resource Centre. The dollar value of these courses, were you to take them from a private provider or at a public institution is approximately \$5000.00 and give great value to the participants.

Course participant Dan Doherty said, "I have learned a lot from taking two of these courses, the instructors are first rate and the course material is very valuable to today's information technology world. If you are someone who needs or wants to be more knowledgeable in today's electronic world but haven't had the resources to learn, this is a tremendous opportunity".

"The next round of courses will begin in late April, but before we announce what they will be we want to hear from the businesses and the general public what courses they would like to see offered", said Bruce Holland, administrator of the program.

To express your opinions and ideas, please feel free to contact Mr. Holland at 452-7472 or by e-mail at sdbc@ eastlink.ca



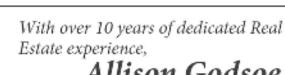
Spryfield Business Breakfast Club

Your Buy Local Specialists

Michael Whynot	Estate Trust Specialist	719-7797
Dan Doherty	Danielsons Water N Wine	478-4023
Bruce Cooke	Shredder's Inc	830-4767
Cora Cole	Move the Median Business	
	Consulting and Coaching	222-7447
Wyatt Redmond	Beaver Enviro Depot	479-2929
John Cunningham	Canadian Tire Spryfield	477-5608
Darlene Croscup	Royal Bank	421-8973
Angie Gray	UNIVERA-Power Up Your Life	346-2292
Dan MacDonald	RBC Mortgage Specialist	817-6678
Fred O'Hearn	Lumbermart	477-6500
Jason O'Hearn	Lumbermart	477-6500
Gerry Mendelson	Mendelson Financial	479-7000
Ryan Brennan, LLB	Clyde Paul & Associates	477-2518
Sandy Martin	Cuts of Class	477-7351
Donnie MacLeod	MacLeods Auto	477-4682
Angela Pellerine, CMA	Add it Up	499-8076
Linda Levin	The Pampered Chef	479-1625
Irene Swindells	Melville Heights - Independent	
	Living for Seniors	477-3313
Bruce VanBuskirk	Blade Lawn Care	499-2823
Sarah West	Spryfield Physiotherapy	479-7500
Meghan Collier	Spryfield Physiotherapy	479-7500
Floria Aghdamimehr	RecognizeYourPotential	477-9100
Margaret Mann	Mann Mechanical	868-1324
Adem Hamidovic	Portico Web Design	452-4584
Noreen Battaglia	Language Therapist	477-3707
Christa L. Hornberger	Halifax Global Inc.	491-4483
Alice Morris	Bowlarama Spryfield	479-2695



Remember: Community Shopping Equals Community Jobs And Community Jobs Translate Into The Improved Health Of Our Community!



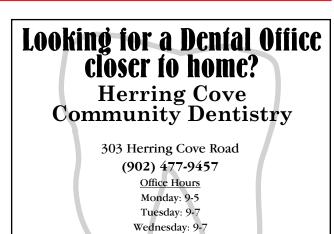
Computer Diagnostics, Brakes, Welding, MVI, Exhaust, Servicing all Makes and Models.

MacLeod's

Auto Service

Monday to Friday 8 am - 6 pm 44 Herring Cove Rd. 477-4682/431-2886





Thursday: 9-5 Friday: 9-3

April 2014 • Chebucto News Page 4



DISCOVERING OUR PAST



Historic Cemeteries of Mainland South

by Iris V. Shea

Most communities in Mainland South have a graveyard that was in use for more than 150 years. Many were family burial grounds, their care and maintenance left to the responsibility of the people whose ancestors were buried there. As time passed and families moved away, some cemeteries were abandoned and neglected, others were adopted by local church congregations or community groups.

References to graveyards often appeared in land transactions. In 1830, for example, Samuel Purcell of Purcell's Cove deeded part of his inherited Portuguese Cove property to his eldest son, John. The deed referred to a piece of land about 4 rods square which was "used and appropriated for a place of Public Burial." Portuguese Cove has two graveyards, St. David's and Our lady of Sorrows (old and new) which were located near the two churches, St. David's Anglican and St. Anne's Roman Catholic. In 2014 the graveyards are still there but the two churches no longer exist.

At Bald Rock, although there are no markers to indicate who was buried in the secluded wooded area, cemetery historian George Newbury detected about 36 graves. James and Margaret (Gray) Rodgers settled at Bald Rock in the 1850s and had a family of 18 children, several of whom died young. Funeral home records at the turn of the 20th century confirm the burials at Bald Rock of later generations of the Rodgers family.

Early settlers in Sambro established a burial ground at the beginning of the 19th century. This old cemetery, a valuable source of early history for that community, is on a point below St. James United Church and was used until 1926. Local residents and the congregation of St. James United Church were attempting to maintain it but there are reports that this old pioneer cemetery needs some major work and attention. A newer cemetery is associated with St. James United Church and is well maintained. Pennant residents have a well-kept graveyard on the East Pennant Road. While the gravestones do not pre-date 1900, it's likely this was used as a burial ground much earlier.

The oldest cemetery in Ketch Harbour is on land once granted to Peter



Inscription on stone: Sacred to the Memory of Richard Stone who died May 26, 1872, Aged 41 Years. And his wife Alice, Died Dec. 28, 1870, Aged 39 years. Also their six children. Ferguson's Cove Cemetery Stone Courtesy Mainland South Heritage Society

Martin. It was owned and occupied by his descendants as early as the 1780s and may have been a family burial ground before being deeded to St. Peter's Roman Catholic Church. There are two more cemeteries in Ketch Harbour which are cared for by local residents and members of St. Peter's Parish.

In Herring Cove the old St. Paul's Roman Catholic cemetery has been cleaned up over the years, thanks to the parishioners of St. Paul's Church but it takes dedicated volunteers and much hard work to maintain cemeteries. On this site is the gravestone of Catherine Dempsey (1789-1865). She was born in Herring Cove, the daughter of Henry Latter and Catherine MacLean. A newer St. Paul's Cemetery (1916) on the Herring Cove Road is well maintained. The Anglican cemetery in Herring Cove, in a clearing across from St. James Church, served as a burial ground even before 1876 when the Darrahs deeded the land to the parish of St. James. It continues to be maintained by church members and local families.

In the past few years, the residents of Purcell's Cove and Ferguson's Cove have come together to clean up the old Ferguson's Cove cemetery where a gravestone was discovered for Richard Keenan who died in 1819. People of all denominations are buried in this cemetery.

There are two old family burial grounds in Harrietsfield that need attention; one at the end of Whitehead Road

where, beginning in the 1830s, Marriott and Brunt descendants were buried; the other near the end of Fraser Road, long used by the descendants of Hugh Fraser who settled in Harrietsfield in 1787. A third burial ground, located on land granted to the Church of England in 1867, was beside the first Harrietsfield church school. One would have trouble finding any trace of it today.

On the old trail from Spryfield to Goodwood through Long Lake Provincial Park are two small family burial grounds. The toppled and broken gravestone of John Umlah (1829-1891), buried under an oak tree on his own land, lies on top of the vandalized gravesite. Further along the trail is a Marriott burial ground with several graves and one visible gravestone. Passers-by have marked off the site in an attempt to protect it.

The Jollimores of Jollimore arrived at the Northwest Arm in 1826 and a family burial ground was located on their land. In 1884, long before there was a church in that community, Henry C.D. Twining deeded this burial ground on his Boscobel property to the head of the Church of England Diocese, Bishop Hibbert Binney and his successors "in trust for the Inhabitants of the Western side of the North West Arm for the burial of their dead." The deed also said "long since used as a burial ground". The stones have deteriorated but many remain upright and legible. Descendants of Jollimores, Slaunwhites and Boutiliers have made attempts to clean around

their family graves, but more work is needed to preserve this historic graveyard. To date, records have been found for more than 150 burials in this small, once-secluded cemetery on Purcell's Cove Road. The ½ acre graveyard is now openly exposed as a result of a new housing development being built next to it.

Spryfield has two historic cemeteries. Emmanuel cemetery at the top of Sussex Street is well maintained by the congregation of Emmanuel Church. In recent years a columbarium was added. Originally the Sutherland family burial ground, George Sutherland deeded it to the Church of England in 1853. Spryfield's other burial ground, the Yeadon cemetery, has been given a reprieve as a result of the work by members of the Yeadon family, in particular Edison Yeadon and Bruce Yeadon who have since passed away. The burial ground contains the graves and gravestone of 54-year-old William Yeadon who died in 1849, and his wife Elizabeth (1790-1873). More than fifty graves have been accounted for. Their stones were in a state of neglect and disrepair until this concerned group of Yeadon descendants worked to restore and preserve this valuable piece of Spryfield's history.

In the year 2000, Halifax Regional Municipality rescued the burial ground on Deadman's Island in the Northwest Arm after members of the Mainland South Heritage Society, Northwest Arm Heritage Association and local residents

(See Historic on page 5)



Steve Murphy's Auto Services Ltd.

WILSONS FUELS 225 Ketch Harbour Rd.

2c/litre off for cash/debit every day

3.5 c/litre off for cash/debit every Thursday

We sell **FURNACE OIL** by the litre cash & carry.

UH Oh! IT'S TAX TIME!

Take the stress away and let a pro take care of your taxes.

additup.biz

It costs less than you think!

- We specialize in:
- personal and corporate tax returns (we efile too!)
- trust tax returns · year-end financial statements
- · small business bookkeeping



Angela Pellerine, Certified Management Accountant angela@additup.biz 499-8076

DAVID SAMPSON EXIT REALTY METRO

Looking to Buy or Sell on the Chebucto Loop?

If so, you need someone with experience around the Loop. What many people don't realize is that there are several distinct markets on the Loop, each with its own special advantages. Each of the areas are going through changes that make local knowledge especially important.

Contact David today and get that knowledge working for you. David will do a free no commitment market assessment on your property.



Phone: 483-8761 Email: dksampson@bellaliant.net Chebucto News • April 2014 Page 5

Senior's Beat: Story teller part II

by Beverley Clarkson

Jeanne Henneberry's grandmother and mother were beloved teachers in these parts, having learned from their own mothers the love of books and geography and the bible "cover to maps". That was a hard life; in the old days, you had to live on faith rather than money and it was often women who were teachers. They walked everywhere.

Jeanne's mother Nema came to Pennant at 15 to teach school. She married George William Nickerson at 17, and they lived in East Pennant until 1940, where Jeanne grew up. With her father in the army for the war, the family moved to Spryfield, and then to Halifax, and she herself started teaching at age 16.

Her mother had shown her that a teacher was a person worthy of respect, and her own thirst for knowledge kept her nose in a book. She was writing

provincial exams at the Queen Elizabeth High School when the principal encouraged her to try the normal school in Truro. The provincial Inspector admitted her because she aced those exams, and it was war time when women stepped in to vacant professional jobs.

She started teaching in the school in Bayside, and two years later became the schoolmarm on McNab's Island. "Well," she said "teaching there was the same as anywhere but for the little challenge of getting there every day". Her serving father was able to snag her a pass on the Army Duty Boat, which left King's Wharf at 10am daily, and she walked a mile through the woods after landing. One of the local boys would have a pot-bellied wood stove going, but that was out by three when she had to run to catch the return boat. No one was kept after school in those days.

The big boys had no plans to obey a little girl teacher and one bragged that if she tried to strap him, why he'd grab it away. And sure enough he did something and a little kid tattled. "Did you do it?" she asked. "I did", he replied grinning. "Well, come up here then" and up he swaggered, larger than life while she thought frantically. Inspiration struck and she suddenly hauled him down over her knee and gave his backside a good whack. "He was too shocked to react but slunk back to his desk" she laughed, "and I never had a problem with him again."

"In my day," she continued, "you had to be pure and holy to teach because the teacher had to be an example in the community. Darn it, I wasn't allowed to carry on. We did have a pie social when I came down here to teach. There was nothing to buy, not like today, there was no pop even. We had to construct our own pie baskets, and the older ladies would make great pots of tea. The young fellows would buy a pie from a basket and whoever made it was who they ate with.

One chap, desperate to get the teacher's pie, bid up to \$25 which was a great fortune in that day! When he got it, he asked, blushing, "Am I supposed to eat it with you?" and when she nodded, said "Well, I'll get you a cup of tea then". After the pie was gone, he asked "If I built you a house, would you marry me?"

He did too; the house she lives in in Sambro today. Not leaving it until feet first like the rest of us out here. He started in July and they married the following March. She planted the trees that now shelter the house and fought off Hurricane Juan, and the roses, the berries; they had a few sheep. Later he told her that when he first saw her in church, he knew that was the girl he was going to marry. "So why didn't you make a move?" But she knew why: he was just shy.

Jeanne has started telling us about 145 years of her family's times, from 1869 when her grandmother was born up 'til now. The scope of changes over that time takes my breath away. She has lots more stories. We'll come back to them from time to time as I hear you like them as much as I do.

Jeanne turned 87 on March 17, 2014. That's young by the local standards, and we wish her a belated Happy Birthday, and many, many more!

Historic

(continued from page 4) opposed the building of a condominium over the graves of soldiers, seamen, privateers, Black Refugees and Irish immigrants. In 2005 a monument was erected in memory of the American prisoners of war who were buried there during the War of 1812. Each year, on the morning of the last Monday in May, a special public ceremony is held on Deadman's Island to remember all Americans who died while fighting for their country.

Chebucto News Business Directory

Community businesses serving community needs.



Professional All Breed Dog Grooming

Phone today to book your appointment: (902) 346-2038

Ketch Harbour, NS

fetchharbourdogspaw@hotmail.com



MacLeod's **Auto Service**

Computer Diagnostics, Brakes, Welding, MVI, Exhaust, Servicing all Makes and Models.

Monday to Friday 8 am - 6 pm 44 Herring Cove Rd. 477-4682/431-2886

Spryfield Denture Clinic

Service direct to the public

Melville Professional Centre 15 Shoreham Lane

479-2453

Delorey & Levy

Steve McCarvell

Windows & Doors

Vinyl Siding • Masonry • Roofing • Decks • Eavestrough Cell: (902) 818-3566

Fax: (902) 492-4448

Email: stevemccarvell@hotmail.ca Web: www.deloreylevy.com

Purcells 2004 Barbering & Hair Cutting

353 Herring Cove Rd. 477 0717







Advertise in Chebucto News. Call Dan at 479-6397.

STEVE MURPHY'S

AUTO SERVICE - Wilson's Fuels -

cash every Thursday & Zoff cash every

225 Ketch Harbour Road - 477-4160

Complete Collision & Mechanical Shop Services Body Repairs and Painting • Bench Frame Straightening Undercoating • Sandblasting • Mig Welding • Furnace Oil

BASEMENT WET?



Kyles Basement Waterproofing -The Basement Guy

Office - 440-1500 hrmbasementguy@gmail.com All work is fully Guaranteed, Transferable Warranty and FREE Estimates

499-2823 Celebrating Over 20 Years in Business

Spryfield Physiotherapy

Your Community Clinic

We are a full service wellness centre.

No doctor referral required, even for work-related injuries.

We are approved to treat car accident injuries but require a medical referral.

> Direct billing available for many private plans.

Hours Monday to Thursday, 8 to 8 Friday, 8 to 4.

New patients welcome.

479-7500

357 Herring Cove Road



physiotherapy

massage therapy

psychology

ergonomics

fitness training

exercise training

acupuncture

Day and evening appointments available.

Page 6 April 2014 • Chebucto News

Open letter to the people of Halifax Atlantic and the Sambro Island Lighthouse Heritage Society

by Brendan Maguire Proud MLA for Halifax Atlantic March 19 2014

I would like to start by saying how proud I am of everything we have accomplished over the past several months. What started as a petition has transformed into a dedicated society working hard to save our lighthouse. The creativity, entrepreneurial spirit and great ideas that have come forward are an example of community at its best

Great ideas, such as creating a visitor information centre and arts/souvenir venue; promoting local artists, musicians, artisans and entrepreneurs; celebrating the significant history of the lighthouse and the proud heritage of a long-standing fishing community ... expanding boat tours, hosting island picnics, lobster/swordfish dinners, bonfires and outdoor cookouts ... increasing the awareness of our vibrant community; and helping to create a world class visitor destination.

All these ideas are really, really good, but how do we prioritize them? It's a chicken and egg scenario. Which things do we do first and where can we get the money to support them in the early stages? In order to get funding from the various government departments - whether provincial, federal or municipal - we have to have a plan, a budget and a

clear direction. We need to be accountable for the spending, set clear goals and be able to measure the results, so we know if we're on the right track.

We also need to make sure as many people as possible have input, and we need to encourage their direct involvement; remember more hands makes for lighter work.

We need to look across Nova Scotia and beyond to find other communities that have done good work in preserving their lighthouses while expanding cultural and entrepreneurial activities - we can learn from them, avoid their mistakes and replicate their successes. But

we need professional help to do it right
- to engage the community to come up
with a vision, to identify the many assets we have in the community and how
they can work together for a common
goal. We need to research other jurisdictions to find the best practises and to put
all of this together to create a Cultural
Development Plan that will become our
'guiding light' for the future and will
provide the kind of detail the various
funding bodies require.

Many months ago I stood beside Premier McNeil and made a promise; a promise to help save our lighthouse. This was not a political promise to be forgotten after the election, it was a personal promise from someone who has spent over 30 years (I am not telling you my age) in this community, OUR community, and this is a promise I intend to keep.

And so ... I'm very happy to announce the provincial government - through the department of Communities, Culture and Heritage will be giving us a \$10,000 grant to support this work.

Thank you for taking the time to read and I can not wait to start working on the ideas that the community comes up with to save our lighthouse!

Chebucto Head Road ownership changes hands

March 4th 2014 was an historical date for the people of Halifax Atlantic, especially those who live on, and frequent, Chebucto Head Road.

Chebucto Head Road was originally built by the federal government as a service road to the Duncans Cove lighthouse. Once the federal government decided to divest themselves of the lighthouse, this road was left without ownership and maintenance. The road quickly deteriorated to the point where

it was named one of the worst roads in all of Nova Scotia.

Halifax Regional Council voted unanimously on a proposal which was created by HRM and the province. This proposal will put ownership of Chebucto Head Road in the hands of the province, once a road swap with HRM is complete.

"I remember going back to that lighthouse as a child and what an experience it was," said Brendan Maguire, MLA for Halifax Atlantic. "Years later when I returned, I was shocked by the state of the road. The people of Halifax Atlantic, the people living in Duncans Cove and Chebucto Head Road, deserve better than that. I made a promise during the election that I would find a solution for Chebucto Head Road. I am proud to say we have now found a solution. This finally puts to rest the issue over ownership, and it will hopefully ease the minds of those who live or travel on the road."



We're looking for great ideas!

Chebucto West Community Health Board is accepting applications to our Community Development Fund from qualified non-profit and community based organizations. Grants of up to \$5,000 are available.

Project funding for 2014 will focus on the following priority areas from Our Community Health Plan 2013:

- Access to Health Services and Information
- Mental Health and Addictions
- Physical Activity / Healthy Eating
- Caring for Chronic Conditions

Deadline for applications is 4:30 pm Friday, May 2nd, 2014

(late applications will not be accepted)

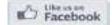
Please contact for more information:

Chebucto West Community Health Board

Halifax, NS

Chebucto West Community Health Board 3825 Joseph Howe Drive

Phone: 487-0571 Email: laurie.macneil@cdha.nshealth.ca



Check us out at www.cwchb.org



We're looking for great people!

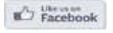
Chebucto West Community Health Board is seeking volunteer board members interested in creating a healthier community. We serve residents of Armdale-Purcell's Cove, Herring Cove, Spryfield, Sambro, Clayton Park, Rockingham, BLT and Hubley, Prospect, St. Margaret's Bay and Hubbards . . . A huge and very diverse area!

We want our Board to reflect our community, so diversity, gender balance and the age of our members is important to us. If you are connected to your community, have leadership and communication skills, and can commit to 10 hours a month to making a difference, then we want to hear from you!

For more information please contact Laurie MacNeil 487-0571 or laurie.macneil@cdha.nshealth.ca

Deadline for applications is Monday May 5, 2014

3825 Joseph Howe Drive Halifax, Nova Scotia B3L 4R6 Check us out at www.cwchb.org





Fresh Seafood What a Deall

Haddock Tips 'n Fries 55 BUCKS

1 pc Fish 'n Chips 4 BUCKS

2 pc Fish 'n Chips **\$6 BUCK\$**

8 pc Family Pack Fish 'n Chips,

Colesiaw & Gravy 120 BUCKS

Traditional Pizza

ANY 18" Pizza \$18 BUCKS

16" Pizza \$16 BUCK\$

16" Pepperoni \$12 or 2 for \$30

12" Pizza \$12 BUCK\$

or 2 for \$20

9" Pizza \$9 BUCK5
or 2 for \$16

FAMILY DEALS

Any 16" Pizza + any Family Salad + 10 Wings

— OR —

Any 16" Pizza + Sampler Box

— OR —

Any 16" Pizza + any 16" Garlic Fingers

\$27 BUCKS

TAKE-OUT SLICES

Pepperoni Slice + Can of Pop

Tax included

PICK-UP ONLY!

UNCERTICESPIZZA COM





217 Herring Cove Rd. 477-9463

SPRINGIS HIERE SATE

At least, we hope it is here!

Orchard Breezin Mist

Your favourite Fruit Mist wines



INTRODUCES:

Orchard Breezin' Tropical Lime Limited release-Labels included!

Fresh and zesty lime notes are perfectly balanced with the subtle flavour of coconut and citrus.



Check out our FB page for a special offer during April!

Sale ends April 30, 2014

Wine Making

Equipment Starter Kit PLUS, any Grand Cru Wine Kit

Beer Making

Equipment Starter Kit PLUS, any Brew House Beer Kit

water-n-wine-spryfield

www.waternwine.com

THORNHILL PIZZA

477 Herring Cove Road · www.thornhill-pizza.com



SPECIALS!!!

FISH & CHIPS

8-Piece Fish & Chips (plus 1 cup gravy & 1 cup coleslaw)

\$19.95

10-Piece Fish & Chips (plus 1 cup gravy & 1 cup coleslaw)

\$23.95

CHICKEN

10 Wings PLUS 4 Pieces of Chicken PLUS 4 Chicken Fingers PLUS Chips PLUS 1 cup gravy & 1 cup coleslaw

\$29.95



THORNHILL PIZZA

PIZZA COMBOS

Large Pizza with up to 3 Items & 3 Small Donairs

\$26.95

Large Pizza with up to 3 Items & Medium Garlic Fingers

\$19.95

Any Two Medium Pizzas

\$25.95

Any Two Large Pizzas

\$33.95

Introducing...Souvlaki!

HOURS: Sunday 12-10 Monday – Wednesday 11-10 Thursday – Saturday 11-11

477000000

Page 10 April 2014 • Chebucto News

"Toonies for Change"

The Halifax Northwest Rotary Club is partnering with local Charities, Non-Profit organizations and local businesses to create the "Toonies for Change" 50/50 weekly lottery.

The Rotary Club in recent years has been focusing more of its activities in the Spryfield and surrounding areas and has been looking for opportunities to have a more positive impact in these communities.

Halifax Northwest Rotary Club President, Louis Buhrmann said, "several other Rotary Clubs around the province have implemented this type of lottery in their communities and the funds raised go directly back into the community and have had a positive impact by providing local community organizations with considerable additional funds to run programs and complete projects. This is exactly what we hope to do here".

Participants in the lottery receive a number which is theirs for as long as they participate in the lottery. Each week participants write their number on a sticker (which is provided), attach it to a Toonie and deposit it in one of the ballot boxes which will be located in numerous local businesses and public places throughout the community.

Each week the Toonies, along with the stickers, are collected and processed after which a draw takes place (which is open to the public). 50% of the funds go to the owner of the winning number, 25% goes to the local community organization designated for that week and 25% goes to the Rotary club to use for its work in the community. Winners are also invited to attend the Rotary Club's weekly luncheon meeting at the Chocolate Lake Hotel as the Club's guest.

To date the Rotary Club has identified 6 local organizations to participate as benefactors in the lottery and they are:

- Hand-in-Hand
- The Spryfield Boys and Girls Club
- Chebucto Minor Hockey Association
- Sambro Area Community Association
- Spryfield Urban Farm Society
- Chebucto Connection

Marjorie Willison, President of the Urban Farm said, "This fits with the kind of community Spryfield and district is, where people care about each other and do whatever they can to make a difference. Bravo to the Rotary Club for launching this in the Spryfield area". "For us, this means less of a struggle for us to keep our heads above water. It allows us to offer so much more to the children and youth in our community and allows more children and youth to take part in our programs," said Darlene MacLean, Director of the Spryfield Boys and Girls Club.

The Rotary Club plans to place approximately 20 ballot boxes in local businesses and public places to make it convenient for participants to play.

Any business owner that allows a ballot box to be placed in their business will be recognized in this paper each month when the winners are announced; on each of the ballot boxes; on all advertising and promotional material associated with the lottery; and will be invited annually to a vendor appreciation dinner. The Rotary Club will assume all responsibility for the ballot boxes.

Winners will be posted weekly on each of the ballot boxes, monthly in this newspaper and contacted directly by a member of the Rotary Club. Winners will also be invited to attend the Rotary Club's weekly luncheon meeting as the Club's guest.

Watch for more information on how to enter in next month's issue of the Chebucto News. Should you have any questions, please feel free to contact Halifax Northwest Rotary Club member, Bruce Holland at 452-7472 or by e-mail at sdbc@eastlink.ca.

We look forward to many worthwhile projects and programs being completed in the community as a result of the creation of this local lottery. Best of Luck to Everyone!

SDBC accepting nominations

Contributed by, Bruce Holland, SDBC Executive Director

The Spryfield and District Business Commission is accepting nominations for the Second Annual Spryfield Business Awards to be presented at the SDBC Annual General Meeting being held on the evening of Thursday, June 5th, 2014 at the Golden Age Social Centre.

Ryan Brennan, SDBC Board Chairman, said, "These awards are an opportunity for us to recognize the many successful businesses we have in Spryfield and the contribution they make to our community".

Awards will be presented in 5 categories: New Business of the Year, Small Business of the Year (10 or less employees), Business of the Year (11 or more employees), Volunteer/Not-for-Profit Organization of the Year (may have staff, but must be run by a Volunteer Board of Directors) and the Jason Doherty Memorial Business Person of the Year Award.

In order to qualify to be nominated, a business must be a member of the Business Commission. Membership in the Business Commission is defined as a commercial property owner/business within the geographical area of the Business Improvement District, a business leasing from and located in one of these commercial properties or an Associate Member of the Business Commission.

Irene Swindells, SDBC board secretary and member of the awards committee said, "We are very proud of the businesses in Spryfield and surrounding areas, they are an integral part of the growth of this community and these awards allow us to recognize their positive contribution and show our appreciation in a tangible way each year." In addition to the contributions businesses make to the success of the business community, the SDBC Board of Directors believes it is just as important to recognize the contribution they make to the success of the many non-profit organizations, sports groups, churches,

social clubs and other groups in helping

them to achieve their goals by donat-

ing time, goods and services to these

organizations.

To make a nomination, please send the business name, address, owner(s) name, a brief description of the business and your reason for nominating the business to the SDBC by e-mail at sdbc@ eastlink.ca or by mail to Spryfield and District Business Commission, Royal Bank Building, 339 Herring Cove Road, Suite 211, Halifax, N.S., B3R 1V5. If you have any questions or would like to purchase tickets to the AGM, please call 452-7472.







860 Old Sambro Road

www.saloneightsixty.ca

Chebucto News • April 2014 Page 11

Reg Horner Memorial

Chebucto News Sports Page

Silver and Black Attack capture title



Contributed by Bruce Holland The Spryfield Silver and Black Attack Junior "C" Hockey Team captured the Nova Scotia Junior "C" Hockey Championship in dramatic fashion at the Spryfield Lions Rink on Saturday, March 15th.

The Spryfield Attack opened the best of seven series in Truro against the Fundy Rhinos on March 8th with a disappointing 4-0 loss. After that they never looked back.

Game two back in Spryfield was a hard fought battle with the Attack playing one of their best games of the season resulting in a 3-2 victory, which tied the series one game each.

Game three, again in Spryfield, was payback time as the Attack beat the Rhinos 4-0. Spryfield goaltender, Alex Mader, made 44 saves for the shutout victory.

The following Friday, the series moved back to Truro for game four and again the Spryfield Silver and Black Attack were victorious, coming away with a 4-2 victory and a 3-1 series lead.

Game five, back in Spryfield was one of the most exciting games I have ever had the pleasure to witness! In fact, it was one the best games our arena has seen in decades. After Spryfield went up 2-0 Truro stormed back to tie the game with two quick goals in the second period, and a quick one at the beginning of the third. While a hush came over the crowd, this only served to strengthen the Attack players' resolve and they would not be denied on this night, pounding in 4 unanswered goals, taking the game 6-3 and winning the Championship 4 games to 1.

General Manager Stephen Adams said, "Although we got off to a rough start in game one, we came back with a combination of speed, fore-checking, determination and discipline to win the next four straight." Adams went on to say, "I can't even begin to tell you how proud I am of these young men. All season we battled injuries, player shortages and other adversities, but we always dug deep and never gave up". Paul Strople, Head Coach added, "Our players have the ability to adjust their game as needed. We showed that after game one. We will use the same approach in Liverpool. We will be prepared for anything that comes at us." Team Manager Denny White couldn't hold back his excitement. "This is the best team I

have ever been involved with. They are like family to me."

leading all scorers with 23 points. Quite a feat given he only played 9 games, while others in the race played 14. Alex Mader led all goaltenders with a 2.56 goals against average.

"The series was a true definition of team work", Adams added.

The team now prepares for the Maritime North Championships being held in Liverpool from March 26th – 30th. G.M. Adams would like to thank all the fans who came out to watch and support the team and thanks all of the businesses who sponsored the team.

Congratulations Spryfield Silver and Justin Mabe was voted Playoff MVP, Black Attack Players and Coaches!

Hannah MacNeil leads team to Provincial title



by Benny DeVine

Hannah McNeal seemed to be everywhere on the ice during this morning game on March 23, as she led her team to an exciting, come from behind, win in front of a raucous crowd at the Spryfield Lions Rink. The host team trailed by a goal after 2 periods of exciting hockey. MacNeil tied the contest early in the third period when she scored her second of 4 goals. Fatton Furey made

the tying goal. Midway through the 3rd Period McNeal scored the winner and Baily Marriott scored an empty net goal with 13 seconds remaining to make the

Jenna Leighton led the way for the Valley Ducks with 2 goals with Ellen Laurence picking up the lone assist. Kaelyn Budden played a great game stopping 28 of the 30 shots she faced. Attendance for this game was approxi-

Ryan gets winner in double overtime

by Benny DeVine

It didn't look good late in the 3rd period for the Chebucto Atlantics Bantam A team as they played in the Bantam A Nova Scotia Provincial Championship game. Connor Leblanc took a shot from the point that was tipped by Aidan Walsh. The puck found the back of the net with 9 seconds remaining and the game was tied and was going to over-

After 1 overtime period the score remained tied at 4.

Chebucto came out hard in the

second overtime period and Quinn Ryan found the back of the net at the 3:33 mark to lead his team to victory.

Josh Frizzell scored 2 goals in the game, was awarded the Game MVP and All-star Defensemen. Goaltender Mike Beamish made 34 saves and he and Cameron Jollimore only allowed 11 goals in 5 games for the tournament. Eric MacAdam was the tournament's top scorer, Quinn Ryan was voted the top forward and Cam Ritcey was voted the top defensemen.

Halifax Hurricanes look ahead to the 2014 Lacrosse season

by Benny DeVine

Every spring brings the start of Lacrosse and this year the Halifax Southwest Hurricanes start the year as 2 time defending Junior A Champions. Last August the Hurricanes finished their season as Champions in front of a packed crowd at the Spryfield Lions Rink. "There are 23 possible returning players," said assistant coach Colin Algee. "And we are looking to have a very competitive club again this year".

Halifax Hurricane Lacrosse registration opened up on March 1st and will closed on March 27th. There are 8 Divisions this year. A tyke starts at 6 years old and Junior goes up to 21 years old. However, if there is anyone still interesting in playing Lacrosse this year they should contact Carrie MacGillivray @ carriemacgillivary@yahoo.com . Carrie will do her best to fit anyone who wants to play into the 2014 season.

Supporting Your Community

ROYAL CANADIAN LEGION

Earl Francis Spryfield Memorial Branch 152



WE CARE

Page 12 April 2014 • Chebucto News

Restoration work ongoing at the Dingle

by Linda Mosher, HRM Councillor, District 9

Most of last year's capital projects in our district have been completed: the commemorative street signs are up in Westmount; a new playground has opened in Bayers Westwood, and the walking path in Flinn Park is complete. Some of the larger projects are still underway. At Chocolate Lake, the accessible washroom facility and the pathways are nearing completion. The parking lot will be paved and sods put down this spring. Meanwhile, at Sir Sandford Fleming Park (Dingle), Lange's Rock Farm & Construction Ltd. continue to work on Phase II of the Northwest Arm Seawall Restoration Project. Work on a 150 metre stretch of seawall in front of the Memorial tower will wrap up in the spring.

Looking ahead, there are some important projects in the 2014-2015 budget, which Council will vote on in March. Of note is funding for projects at Fleming Park. The stairs leading down to Dingle Road from the end of Fleming Drive will be replaced. Moreover, there will be an allotment of \$625,000 for Phase III of the seawall restoration project – replacement of a 180 metre stretch of the wall, from the Memorial Tower to the beach. The wall is failing in several areas and starting to wash out in high tide or surge events. It will be constructed one metre higher than it is currently in anticipation of rising sea levels. Work on Phase III will not begin until September to ensure that summer beach goers are not disturbed.

Also at Fleming Park, the Adventure Earth Centre will be expanded to include an outdoor shelter and classroom to increase programming space. The wood treatment is the environmentally friendly standard for lumber used in our parks. There will be a ramp to the lower portion to ensure accessibility for all community members. Measures have been taken to ensure that there are no alterations to the existing building as it is a Heritage Site and that there is as minimal impact as possible on the natural environment. There will also be a covered portion with picnic benches.

Not far from Fleming Park, in Ravenscraig, the trail will be completed. In Fairmount, work will also be underway on the Chain of Lakes Trail as part of the Lakeside Diversion project. When complete, the trail will be paved and ½ metre wider where possible. In Spryfield, a new playground will be installed at the Captain William Spry Community Centre.

Meanwhile, on the peninsula, the Flinn

Park pathway will be paved and plowed for winter use; the Jubilee boat launch will be replaced; and the playground at Larry O'Connell Field will be upgraded.

Across our district and the municipality, you may have seen crews out pruning trees. This is a result of HRM's adoption of the Urban Forest Master Plan, which outlines the value in being proactive with street tree pruning. Damage to street trees – as well as nearby utility lines – can be

avoided with more regular cycles of tree pruning, rather than simply reacting on an "as needed" basis whenever there is a problem. Regular pruning can also extend the life and improve the canopy of street trees. So far this year, tree pruning was done on Winchester Avenue and Melville Avenue, both streets having been identified as priority streets by the municipality and Nova Scotia Power. Crews have also been out along Bell Road, Windsor Street,

Robie Street, University Avenue, Vernon, Preston and Walnut streets. You will note that HRM continues to plant many street trees in addition to pruning to further enhance our urban forest. Indeed, Quinpool/Connaught was one of the first areas where trees were planted.

On a final note, as the snow melts, pot holes, debris and garbage become apparent. To register any of these operational concerns, please call our customer service centre at 311. Agents are on hand to assist you seven days a week from 7 a.m. to 11 p.m. You can also register any concerns on-line at www.halifax.ca/311.

HRM budget process by Stephen Adams, HRM Councillor, District 11

During the months of January and February, Council met on a regular basis to discuss our operating and capital budgets. The format for this year's process was a little different as we held sessions with various departments to ask questions regarding staffing, costs and services. Once we have heard from all business unit Directors, the budget document will be finalized and submitted to Council for approval.

As of the writing of this column, we have yet to discuss our capital budget. The capital budget outlines projects which are planned to be built in the upcoming year. Some examples would be playgrounds, sport fields, parks and municipal buildings.

Given our shorter construction season and the issue we face regarding weather, some approved projects may not get completed within the planned timeline; in fact, some projects may not get started this year. An example of this is the proposed swing set for the Williamswood ball field. This was supposed to have been installed a year or so ago, but, delays in one form or another prevented this project from proceeding. It should be ready for use this year.

Hockey News

The Spryfield Junior C Hockey Club swept the semi-finals against Barrington, outscoring them 29-12 in four games. Our fans that came to watch in Spryfield were treated to some incredible hockey. In speaking with a few who came out for the first time and were pleasantly surprised, I heard comments such as: "I didn't expect it to be that good" and "That is good hockey". Our schedule for the finals has yet to be determined. Please check www. spryfieldattack.com for the latest in news and game schedule.

HRM Community Grants Program The 2014 -2015 HRM Community

Grants program is open for applications; however; the deadline for submissions, March 31, 2014, is fast approaching. It is important to note that late applications will not be considered.

The HRM Community Grants Program is a centralized program that provides annual cash grants/tax concessions to registered non-profit organizations and charities located throughout HRM. The portfolio is managed and administered under our Finance & Information, Communication & Technology business unit. The 2013-14 program year received 140 applications resulting in \$477,661 in funding awarded through 80 grants.

There are two types of grant available: a project grant of up to \$5,000 or a capital grant of up to \$25,000. Project grants are intended to help volunteers develop a new program or enhance existing programming and includes technical studies, marketing, small equipment, minor repairs, self-publishing, self-promotion, and special projects. Most awards are in the \$1,000–\$4,000 range. Capital grants are for buildings, land, and large equipment. The property must be owned by the applicant (i.e. not leased). Leasehold improvements are ineligible.

The program provides assistance to projects in the following categories: Environment, Recreation & Leisure, Affordable & Supportive Housing, Emergency Assistance, Neighborhood Safety, Community History, Community Diversity and Arts & Crafts. Matching funding is not required but applicants are encouraged to cost-share or seek assistance from other sources (for example: fundraising, other levels of government, foundations, corporate sponsors, etc.). The program does not provide core operating assistance (e.g. excludes salaries and wages, rent, office supplies, insurance, etc.).

There is a guidebook that outlines in

detail the eligibility criteria for the program and for each of the funding sectors. The guide is updated annually and may be viewed at: http://www.halifax.ca/board-scom/bccgrants/CommunityGrantsProgram.html .The program guidebook and application forms are also available at our five HRM Customer Service Centres. The centre closest to our area is located at 7071 Bayers Road, 2nd Floor Towers, Halifax with the hours of operation being 8:30 a.m. to 4:30 p.m. Monday to Friday. You may also call our HRM Citizen Contact Centre at 3-1-1 for more information.

Tax Exemption for Non-Profit Organizations Program

The tax exemption program for non-profit organizations offers conversions from commercial to the residential tax rate, or a reduction in property taxes, to registered non-profit organizations and charities that provide certain types of service to the community. Most groups are recreational associations, service clubs, social services, shelters, housing programs for persons with special needs, health groups, and cultural organizations.

Groups who have not applied to the program are encouraged to call Grants Program staff at 490-7310 to discuss their proposal and receive assistance in completing the application form. Staff will also provide guidance in identifying ineligible projects or expenses, or referral to other grants programs.

Something to say? We welcome your letters!

We welcome your letters! Email the editor: chebuctoeditor@gmail.com



Stephen Adams

HRM Councillor, District 11 Spryfield - Sambro Prospect Road

> HRM Call Centre 311 Home 477-0627 Cell 497-8818 adamss@halifax.ca

Showing how government can work for you





Chebucto News • April 2014 Page 13

A month of 1sts by Brendan Maguire, MLA for Halifax Atlantic

March was a very busy and successful month for myself and the people of Halifax Atlantic.

This was a month of firsts and a month of community fun, with all levels of government working together.

After a lot of hard work and brainstorming, Councillor Adams and I were able to come up with a solution for the people of Chebucto Head Road. HRM and the province have agreed to a road swap. Ultimately, once all of the papers are signed, the province will be the proud new owner and caretaker of this historical road. The people of Chebucto Head Road can now rest easy.

A promising meeting was held March 19th at my office with the Sambro Island Lighthouse Heritage Society, NDP MLA Megan Leslie, and Councillor Steve Adams. All levels of government were present to work toward a solution for saving the Sambro Island Lighthouse. It was great to see politicians putting their political leanings aside to work for the greater good of our community. We are on our way!

The month of March was also filled with fun community events, such as bingo at William King Elementary, a community dinner and play at the Harrietsfield Community hall hosted by a local church group, St. James' pancake dinner in Sambro, packing groceries at No Frills in Spryfield with the Harrietsfield Playground Committee, and, of course, our community meeting at Captain William Spry on the Ivany Report.

I would like to invite all of you to the next I'm in the Loop community group meeting. This meeting is being held March 31st, 7pm at 349 Herring Cove Road, Suite C. The purpose of this group is to create community activities, to promote community involvement, and to build on what already exists. Come on out and get involved!

I also would like to say thank you to Mount Saint Vincent University President and Vice-Chancellor Dr. Ramona Lumpkin and the student union for inviting me to be the keynote speaker for Phoenix Day; it was an honour and a pleasure.

Lastly, if you have any upcoming events you would like me to attend or help out with, please do not hesitate to contact me at brendan@brendanmaguire.ca

Spring is here! Let's hope the good weather is right around the corner! Enjoy the month of April. Remember, I work for you

Spryfield entrepreneurs try their wings

by Lorrie Boylan

(Lorrie is a Freelance Writer and Author's and Speaker's Administrative Professional who lives and works in Sambro) Rob Romans and his wife Jan Drisdelle both grew up in the loop area and bought a home in Spryfield 8 years ago, where they live with their two boys ages 7 and 11 and now they are building a family business with Kool T's & More. Rob recently created the new logo design for the Save the Sambro Lighthouse Society with Steph Smith and he will be printing banners and t-shirts for this endeavour. They are very excited about the upcoming opportunities in their community and beyond.

January 6th of this year marked the official opening of the business. The

storefront location is 3180 Isleville Street just around the corner from the Hydrostone Market, but Rob's designs can also be seen at Mishoo's in Sambro, and they will be on the boardwalk in Eastern Passage this summer. Hours at the shop are 9:30 to 5 Monday to Friday, closed on week-ends. Orders and inquiries can be placed online 24/7.

Rob has always been creative with a passion for art, so 5 years ago he took the plunge, quit his job and went back to school to become a graphic designer. He has done a great deal of freelance work over the years, but has always wanted to work for himself. His father owns the building on Isleville St so when a store front spot became available they decided to take the plunge. Rob works in the shop full time stretching his creative muscle

and Jan looks after the accounting and organizational side of the business on a part time basis. Business is picking and they anticipate being busier by summer.

Kool T's & More is a one stop custom print shop with a brand new, state of the art Roland Versa Cam. This high quality printer creates stunning prints and high quality, durable products to bring to life your logo, event, team crest, signs, banners, posters, t-shirts, wall and windows graphics, decals and stickers and more.

What Rob enjoys most about his new business is meeting new people and helping them bring their ideas to life.

To find out more about what Kool T's & More can do for you, call 406-4944, email rob@koolts.com, check out their website at www.koolts.com or follow their Facebook page.

OBITUARIES

(continued from page 14)

Mary Ann Forbes

71, of Halifax. It is with great sadness that the family announces the passing of Mary Ann on Tuesday March 11, 2014 in the VG Site of the QEII with her loving family by her side. Born in North Sydney she is the daughter of Winnifred Belmore and the late Samuel Belmore. Ann grew up in North Sydney and later moved and lived in Spryfield. After high school she went into nurses training at the VG hospital and graduated as an RN in 1964. She loved her work and was a caring and compassionate individual. Over the course of her career, she had worked in New Brunswick, Nova Scotia and Ontario. After 40 years of nursing she retired and moved back home to Halifax. She enjoyed exercising, going to the movies, cooking/baking and spending time with her daughter, son-in-law and granddaughter. She will be lovingly missed and never forgotten by her mother, Winnifred Belmore, loving

daughter, Tracy (Marvin Burnett) Winnipeg, granddaughter, Sydney Zwicker-Burnett, many aunts, uncles and cousins. She was predeceased, by her father, Samuel, husband, Michael Zwicker. Cremation has taken place under the care of J. Albert Walker Funeral Home (2005) Ltd., where visitation was held March 14. Private family interment to be held. Donations in Mary Ann memory may be made to the Canadian Cancer Society. The family would like to thank the staff at 5A Palliative Care Unit for there care and compassion shown to Mary Ann.

Olive Martha Buchanan (Harris)

93, Halifax, passed away March 14, 2014 at home. Born in P.E.I., she was a daughter of the late Robert and Lucey (Vessey) Harris. Olive worked many years looking after children, which she truly loved doing and enjoyed volunteering at the Spryfield Legion where she was a char-

tered member. She is survived by son, Robert (Cathy), Tantallon; grandchildren Lena (Jay), Windsor, Vincent (Robin), Timberlea; great granddaughters, Paige and Sydney; step son, John (Liz), Halifax; step daughter, Marie Lavers, Windsor; sisters, Edna Comeau, Wanda Olaziola, both of Halifax; Helen Fostasty, Toronto, Ont.; cousin Burnham (Sharon) Gaff and family; several neices and nephews. She was predeceased by husband Norman; brothers, Robert, Leslie, Ralph, James, Thomas, Peter; sisters, Anna Laplante, Gloria Crouse, Nancy Bodnaruk, Marion Lushney; step son Donald. Arrangements are under the care of J. Albert Walker Funeral Home (2005) Ltd. Funeral service was held March 19 from the funeral home chapel. Interment to take place in Oakridge Memory Gardens Lower Sackville. Donations in memory may be made to the Heart and Stroke Foundation of Nova Scotia or charity of one's choice.

Challenging all local landscapers

Contributed by Bruce Holland, SDBC Executive Director

The Spryfield and District Business Commission is challenging all local landscapers to a friendly competition by each planting and maintaining one of a number of planter boxes in the Business Improvement District throughout the spring and summer.

In exchange for your participation, your company will place a tasteful company sign on the planter box you are looking after indicating your firm has planted and is maintaining the box for the season. You will also receive, space permitting, a critique of your arrangement/ planting each month in the Chebucto News throughout the season, promoting the work of each company, and at the end of the season an independent panel of judges will determine which company's arrangement was the best. If, due to space constraints, the Chebucto News is unable to publish the critiques, they have generously offered to post them to the Che-

bucto News Facebook Page.

It's all in good fun and a great way to promote your company to the public during the summer! We will welcome positive comments on the planter boxes from the public and incorporate them into the news story each month.

To secure your spot in the competition call us at 452-7472 or e-mail to sdbc@ eastlink.ca. There are a limited number of planter boxes available. Companies will be chosen to participate on a first come first served basis.



Ivany Report meeting a success

A large crowd packed into a community room at the Captain William Spry Community Centre on March 19th for a chat about the Ivany Report. The Ivany report is about our economy and what needs to be done to turn our province around.

Brendan Maguire is the first MLA to hold a community meeting on the subject. Maguire hosted a panel including local business person and past Spryfield Business Commission Chair, Dan Doherty; Executive Director of the Offshore Energy Research Association of Nova Scotia, Stephen Dempsey; and Director of Programs and Services at Immigration Settlement

and Integration Services, Gerry Mills. The guest speaker was Ivany Report Study Commissioner Dr. Susanna Fuller. After an educational opening from Dr. Fuller about the Ivany report, the floor was open to the panel of experts. A very engaged crowd and panel discussed ways to integrate suggestions from the Ivany Report in our community. The topics included local business, immigration, government responsibility, and education.

At the end of the night, all left full of energy and wanting more. Be on the look-out for upcoming community meetings.

Page 14 April 2014 • Chebucto News

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to tangelene@live.com

APRIL COMMUNITY EVENTS

Captain William Spry Library Events: • Free Puppet Shows Every Saturday at

- Free Puppet Shows Every Saturday at 11am. All ages welcome
- Volunteer tutors needed for the Halifax Community Learning Centre's Adult Learning Program. Training and support provided. Please contact Pat at 490-5715 for more information

Captain William Spry Community Centre Events:

• Get Your GED! 10 week course offered by the Halifax Community Learning Network. Please call 490-5715 for more information

Chebucto Community Health Team (16 Dentith Rd) Events:

- Wed. April 9th: Want Better Health? Build Better Goals. 11am to noon at the wellness centre.
- Making the Most of Your Food Dollar. 3 Week program, Thursday April 10th, 17th and 24th from 6pm to 7:30pm at the wellness centre
- April 8th, Introduction to Assertiveness 10am to noon (Girl Guides of Canada location) PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop. Please call 487-0690 or drop-in to register.

Chebucto Connections Events:

- Volunteer needed to receive, organize and redistribute emails concerning community events, notices, etc. Contact bonnie@chebuctoconnections.ca for more information.
- Volunteer Board Members needed! Interested parties will want to be a part of a team that is actively engaged in making our community a healthy and vibrant place to live and work!
 Contact ccda.stecroix@gmail.com or 477-0964 for more information

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Mini Bingo at 6pm. Superstat Bingo at 7pm
- Seniors dances on Monday, April 7th, and Monday, April 21st from 12:30pm to 4pm. \$4 per person. Light lunch served. Door prizes, 50/50 draw. Music by Albert Martell. All seniors welcome

Harrietsfield/Williamswood Community Center (1138 Old Sambro Road) Events:

- Now accepting applications for part time work with afterschool programs.
- Friday Night Mixed Dart League with bar service. 8pm. \$5 to play. Phone 403-1666 or 477-8749 for more information.
- April 17th Preteen dance will be held from 6:30pm to 8:30pm with canteen service. \$3 per person. Supervision provided, parents welcome.

McIntosh Run Watershed Association (Capt. Spry Centre):

• Annual General Meeting April 16th at 7pm. Open to the public. New Members Welcome

Emmanuel Church Hall Events (322 Herring Cove Road):

- Dance: Saturday, April 12th 8pm to 12am. \$7 per person. Music by Bay City Band
- April 8th, Penny Auction from 7pm to 9pm

St. Augustine's Anglican Church (290 Purcells Cove Road)

• April 25th: Annual Art Show and Sale with wine and cheese. 8pm-9:30pm. \$12/person. Doors open at 7:30.

St. John the Baptist Catholic Church (26 Purcells Cove Road)

• April 14th, the CWL will hold a "New to You" Purse auction and sale at 7:30pm. Coffee and tea will be available.

St. Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- April 26th, Roast beef dinner with dessert will be served up from 4pm to 6pm. Adults \$12, children \$5. Under 5 are free. Family of 4 (2 adults and 2 children) \$30. Tickets at the door. Take-out available.

Quarter Note Singers (Captain Spry Centre) Events:

• Looking for New Members, especially men, to help balance our mixed membership choir! Have fun singing in a coffee house setting! Contact Steve Trussoni at 477-2664 for details

Urban Farm Museum Society of Spryfield (Captain Spry Centre) Events:

• May 10 Seedy Saturday and Plant Sale from 10am to noon at the Capt. William

Spry Centre. For further information, please see the article in this month's issue of the Chebucto News.

YMCA Events:

- Elderobics-Forever Fit classes. No registration necessary. \$4/per class plus annual fee of \$10.
- Emmanuel Church Hall on Monday, Wednesday and Friday from 10am to 11am.
- Captain William Spry Centre on Monday, Wednesday and Friday from 9am to 10am

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.

Other Events and Notices:

- Active Kids by the Sea meet Friday afternoons from 4pm to 5pm at Ketch Harbour Park. For more information contact activekidsbythesea@gmail.com
- Sorella Singers Women's Choir is looking for new members. They practice Tuesday evenings 7:15pm-8:45pm in the Melville Cove area. For more information, contact Catherine at 414-8114
- April 6th, Sambro Ketch Harbour Elementary School (3725 Old Sambro Road) will be hosting an Easter/Spring Merchandise Bingo from 2-4pm. Doors open at 1:30. Bring your own "dobbers"
- Hand in Hand, which is operated by the St. Vincent de Paul Society, is open every Monday to Thursday 9:00 am 4:00 pm,

Friday 9:00 am – 3:30 pm, and Saturday 10:00 am – 3:00 pm. We have everything you need to get your home and wardrobe ready for spring.

Easter Services at St. Paul's:

Sun. April 13, 11:00 am: Intergenerational Worship Service for Palm Sunday. Worship for all ages, including a parade with palms *Thurs. April 17, 7:00 pm:* Maundy Thursday Communion Service. This is a Combined Service with St. Paul's United and the Sambro Jollimore United Church Pastoral Charge. Service will begin in the Church Hall at St. Paul's and conclude in the sanctuary. *Fri. April 18, 10:00 am:* Ecumenical Worship Service at Open Door Community Church *7:00 pm: Good Friday:* Evening Service at St. Paul's

Sun. April 20, 6:10 am: Easter Sunrise Service at the Bandstand in the Dingle Park. Please bring your own chair if you would like a seat, and dress warmly. The service will take place at the Dingle rain or shine. After the service there will be a light breakfast at St. Paul's.

Sun. April 20, 11:00 am: Intergenerational Easter Celebration with Communion

Be sure to check our Facebook page for late arriving events and changes or updates to listed events

YOUR COMMUNITY FUNERAL HOME

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 477-5601

Brenda Elizabeth Gray (Comeau)

Age 59, Halifax, passed into the presence of the Lord peacefully in the Palliative Care Unit on February 21, 2014, after many years of illness. Born in New Glascow and later living in Salunierville, NS. She is survived by husband, children and many other siblings. Brenda loved working with plants, listening to her music and the company of friends and family. She was a devoted wife, mother and Christian and a member of the Gospel Light Baptist Church Harrietsfield. She will be fondly remembered and sadly missed by family, friends and all who knew her. The family would like to thank all of the many friends and members of her church for their help. Love, support and prayers during her time of need and on her behalf, would also like to thank all of the staff at the V.G. Palliative Care Unit for all of their help and support while she was there. Cremation has taken place under the care of J. Albert Walker Funeral Home (2005) Ltd. (477-5601). A service in memory of Brenda was held March 8, from Gospel Light Baptist Church Old Sambro Rd. Harrietsfield, Pastor Sean Crowe officiating. Burial to take place at a later date. The family would appreciate donations be made in memory of Brenda to Gospel Light Baptist Church 1266 Old Sambro Rd. Harrietsfield, NS. B3V 1B2

Kenneth R. "Red" Brundage

Upper Tantallon, NS. It is with deep regret that we announce the passing of Kenneth "Red" Brundage on February 25, 2014, in Upper Tantallon, NS, after a

courageous battle with cancer. Born in Springhill in 1934, he was the eldest son of the late Kenneth and Winnie Brundage. He was a man of many talents, and was always willing to use them in helping a friend. Happiest when busy, he enjoyed ATVing, camping in his trailer, showing his award-winning antique truck, and exploring the back roads of NS with Dorothy. Having worked in a variety of jobs, which included mining, mechanics, and as a large equipment operator, he finished his working days in the trucking business. Red leaves to mourn, his wife and soul mate, Dorothy (Kidston), his brothers, Charles (Wanda), Ernie, and Rod, and his sisters, Sharon, Elaine and Jackie. The family wishes to thank Red's friends and neighbours for their unending support at this sad time. Special thanks to the VON and Palliative Care, together with Charles and Wanda and Judy and Graham Brundage, who made it possible for Ken to spend his last days at home. Cremation has taken place under the care of JA Walker Funeral Home (2005) Ltd., where the funeral service was held in the chapel on March 1 with Rev. Gordon Relf as officiating clergy. Interment will take place in Emmanuel Church Cemetery Columbarium, Sussex St., Spryfield. Donations in memory of Ken may be made to Emmanuel Church Cemetery Fund, c/o Mrs. C. Backman, 149 Glenwood Dr., Head of St. Margaret's Bay, NS B3Z 2E7. Words of comfort may be sent to the family by visiting www.walkerfh.com

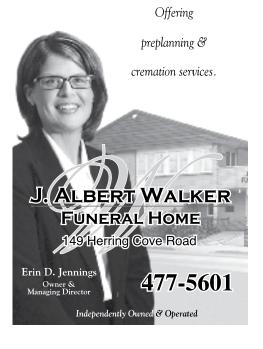
(See Obituaries on page 13)

HONOURING THE LIFE THAT HAS BEEN LIVED

Have you seen our renovated

and redecorated facilities?

- New arrangement offices
- Comfortable visitation rooms
- Fully renovated ChapelNew reception area
 - orp or or or or



www.DanDoberty.ca

IT'S TIME TO SPRING INTO A NEW HOME!



26 Maplewood Dr., Williamswood \$309,900

This beautiful 3 bedroom 2 and a half bath 2 story home is in a great family friendly neighbourhood, in a great school district, boasts a beautiful country setting but still is only 20 minutes to downtown Halifax. From the magnificent foyer to the beautiful sunken living room that is overlooked by the formal dining room to the kitchen with new Corian counter tops this home will wow you. Built on a slab this this home has a large family room that is open to the kitchen and a huge rec-room off of the family room with access to the heated double car garage. Upstairs the huge master bed-room boasts a full ensuite, walk-in closet and a glass door to a sitting or library area that overlooks the foyer. There are also 2 more generous bedrooms, another full bath and a den/office area on the upper level. This great home is well worth your time to come and have a look at ASAP!



63 Bullfrog Lane in Bear Cove \$259,900

What a location – right in the heart of Bear Cove!! This 3 bedroom 2 and a half bath true Open Concept bungalow boasts a kitchen, dining room, living room and foyer with a 12 foot cathedral ceiling and wonderful ocean views from the back deck. This home is completely carpet free and also boasts a fully finished basement. Call now to arrange your private viewing.



410 Herring Cove Rd. \$224,900

This 4/5 bedroom home is on a large R4 city lot with fenced yard and kids gym only minutes from the Captain William Spry Community Centre with a wave pool and library. This home is in an area of great schools plus the bus stops outside your door and it is only a 5 minute walk to the Spryfield Mall and only 10-15 minutes by car to downtown Halifax. Recent upgrades include kitchen, windows and electrical panel 7 years ago, roof, deck and hot water heater 5 years ago, chimney from the roof up, siding insulation eves troughs and a pellet stove all in 2012. All appliances are also included – come have a look at this great home today!



133 Ridge Valley Road Townhouse \$149,900

This cozy 2 level 3 bedroom townhouse in Cowie Hill is looking for a new owner. This home is in an area of excellent schools, is close to all amenities and has a bus stop across the street from it. This home has a great fenced back yard and a great view of Halifax from the master bedroom. Book your viewing today and come have a look!





Dan Doherty
478-4023
www.dandoherty.ca





WHAT IS YOUR HOME WORTH?

FREE Comparitive Market Analysis

Whether you are thinking of selling now or later it is nice to know what your home is likely to sell for in today's complex market place. Why not allow me to conduct a comparison of recent home sales in your area to give you a probable current market value of your home? To take advantage of this FREE NO OBLIGATION offer you can:

Give me a call at 478-4023 and set up an appointment. Text me your contact information to 478-4023 and I will respond. E-mail me at: dan@dandoherty.ca with your contact information.

Visit me at www.dandoherty.ca—click on FREE Evaluation, fill in the form and send it to me.

NOT INTENDED TO SOLICIT A PERSON OR PROPERTY CURRENTLY UNDER CONTRACT WITH ANOTHER AGENT OR BROKERAGE



Dan MacDonald MOBILE MORTGAGE SPECIALIST

Royal Bank of Canada
33 Herring Cove Road
Halifax, NS B3R 1V5
Cell: 902-817-6678
Fax: 902-421-8867
Daniel.Macdonald@RBC.com
mortgage.rbc.com/
daniel.macdonald





Inspected once. Inspected right!

Are you buying a new home? Acquiring a commercial property? Are you a new home owner and want to know more about maintenance? Installing a wood stove or furnace? Concerned about radon gas? I can help you with that!

Zdenko Juric, CHI

Certified Home Inspector

#3-644 Portland St., Suite 221 Dartmouth, NS 902-830-990 zdenko@abuyerschoice.ca www.abuyerschoice.com





LumberMart YFIELD PROUD...

Travel at



Prices in effect until April 30th or while supplies last

751 Herring Cove Rd., Spryfield 15 Wright Ave., Burnside

NEW!



NOW AT BOTH ACE LUMBERMART LOCATIONS

Earn Air Miles on...

- Every Purchase
- Every Service
- Rewards Member
 As Prizes At Shows (Special Offers)

And Events

• Online Specials

Bonus Products

FLY FREE, FLY FASTER...WITH ACE LUMBERMART

T THESE

SMART PANEL



• Wood look Engineered Sheathing Prime coated Ready to paint

WIDTH

ONLY

Compare at up to \$37.88 **\$27**88 sheet

SHED TRUSS



- ENGINEERED Sheds · Plavhouses
- Greenhouses Garden Shed
- Man Cave

\$2487 each Build your own shed and save!

TAR PAPER

440 Sa. ft. roll Ideal under **Factory** extra protection 2nds 1/2

PRICE 1477 roll #0715FELT2

TREATED TIMBERS



- Sleepers
 Garden Edge
 Driveway Edge
 Flower Box
 Walls
 Fence Posts
 Support Post
- 688 each

PRICES O.S.B. ASPENITE

7/16" Wall Sheathing \$1077 ea. (#02716ASP1) 15/32" Super Roof (#02153ASP1)

(#UZ130AC. ., 3/4" T&G Flooring \$18⁷⁷ ea. (#034TGASP1)

SHED WINDOW



Tempered Glass
Prefinished
Thermo Units
Flashing Included

Flashing Included
Fits Between 16" OC Framing 22" x 22" also available... Just \$99

GARAGE KITS SPRING SPECIAL Installed **Supply Only** 16' X 20' **SINGLE** 24' X 24'

DOUBLE 24' X 24' EXECUTIVE

DOUBLE DIP ON AIR MILES TO If booked at the show with deposit (refundable)

BONUS ASK ABOUT TRIPLE DIP!

THE FINE PRINT: 100 Bonus Miles for every \$1000 spent on a garage kit. ie: \$10,000 garage = 1000 miles

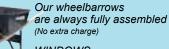
GARAGE DOOR & OPENER SPECIAL



ADD a 1/2 Hp opener for just \$99. Ask about our installed prices!

THINK ACE LUMBERMART The helpful place

HERE'S WHY...



WINDOWS ...

of course we install! (No middle man or extra mark-up on product)

BBQs* fully assembled, delivered and placed on your deck. Bottle connected and test fired. (No extra charge)



- We'll do all the little things (The big boys won't)
- Fully insured
- Experienced tradespeople (We have references) NEED SOME HELP, CALL ACE AND ASK FOR DAD!

WE CAN DO THAT!





FLOORING





PAINT



DECK SEASON

It's not too early!



- · Any size, multi-level
- · Huge material selection choices

✓ TREATED LUMBER ✓ CEDAR

Example:

#1 TREATED LUMBER 10' x 10' Deck 12' x 16' Deck

^{\$}599 **\$999** Complete kit including all material, rails, spindles, fasteners and more. (Stairs are extra if required)



NO MORE STAINING TIDER Ask us about swapping out the "wood decking" for maintenance free Fiberon Pro-Tect Composite Decking

Prefinished Capped No more staining KITCHENS



SOLID "ALL WOOD" CONSTRUCTION

MANY STYLES IN STOCK! (Your new kitchen, tomorrow)

Cabinets as low as... ea.

Complete Kitchens per as low as... lin.

* Includes uppers, lowers, fillers, toe kick,

ASK ABOUT "BONUS" AIR MILES ON **INSTALLED KITCHENS!**



DO YOU LIVE IN THE LOOP

Armdale through to Sambro and back again? YOU QUALIFY!



10 BONUS AIR MILES

Just for dropping into our Herring Cove Rd. Store and signing up for our Rewards Club!

Name:
Email:
Telephone:

1/2" x 4' x 8'

New Lightweight Cash 'n Carry

OR...DELIVERED \$1097 Plus a \$49 delivery charge Ask for details

JUMBO BAGS OF KNAUF

R12 x 15 • R12 x 23

R20 x 15 • R20 x 23

sq. ft.









We pay the basic rate up to 1-day rental, you pay fuel, mileage and any insurance costs. Regular rental terms apply.