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Drysdales Celebrate 70th Anniversary



Stuart and Florence spent the afternoon surrounded by family and friends

On Saturday, July 21st, Stuart and Florence Drysdale celebrated their 70th wedding anniversary at Melville Heights Retirement Residence. After 65 years in their family home in Montreal, they moved to Halifax 4 years ago to be closer to their children Clifford and

Both Clifford and Susan came to Nova Scotia for university. Clifford attended Acadia and Susan went to Mount Allison as well as Dalhousie. Susan has since retired from the Government of Nova Scotia Child Welfare Services and Clifford has also retired from his post as chief biologist at Keji.

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Stuart, who spent his life as a project engineer, has been renewing his love of model trains in the last year by rebuilding the display he had while in Montreal.

The Drysdales were greeted by many

on the back deck, some coming from as far away as Ottawa and Vancouver. Family and friends spent a lovely afternoon listening to the live music and enjoying some wonderful food.

Congratulations Stuart and Florence.

Melville Knitters making much-needed blankets

By Lorrie Boylen

The Melville Knitters are more than 15 women who meet for an hour each week and have produced over 7600 8x8 knitted and crocheted squares. These (See Melville Knitters on page 2)

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HRM to celebrate 100 years of Dingle **Tower on Natal Day**

Halifax Regional Municipality celebrates the 100th anniversary of the official opening of the Memorial Tower on Natal Day, August 6th and you are invited.

One hundred years ago, on August 14, 1912, the Memorial Tower at the Dingle in Halifax, Nova Scotia was officially opened to the public in the presence of Canada's Governor General, the Duke of Connaught, and Sir Sandford Fleming. Fleming was instrumental in having this tower built to commemorate the 150th anniversary of representative government in Nova Scotia (1758-1908).

Thanks to funding from Halifax Regional Municipality Special Events, a special celebration will take place at the Dingle in HRM's Fleming Park on Natal Day, August 6, 2012 from 11 am to 2 pm which will include a re-enactment of some of the original events of that opening day in 1912. The re-opening of the Memorial Tower will take place at a special ½ hour ceremony at 12 noon with a sail past from the Armdale Yacht Club. Meet Sir Sandford Fleming, the Duke of Connaught, Mayor Frederick Bligh, Mrs. Bligh and other dignitaries from 1912 as they stroll through

(See HRM celebrates on page 2)



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Mike and his team, Margaret, Breanna, and Andre present a cheque to Nicole Clarke of the Chebucto Family Centre from the No Frills Smile Campaign

Melville Knitters making muchneeded blankets

(continued from page 1) squares are then sewn together, and to date over 145 blankets have been produced. The group was formed in March of 2005 by former Melville Heights resident Jean Fraser and her niece Barb Fanning. Barb belongs to a group at St. Luke's Anglican Church called Time Out For Women, which meets on a weekly basis for a craft session. The 8x8 squares are picked up and taken to St. Luke's Mother's Union, where they are sewn together. A representative from Blankets for Canada then distributes the blankets to less fortunate men and women around the HRM through Adsum House and Salvation Army shelters, among others.

In June the Melville Knitters were joined for tea by the Mother's Union and Barb Fanning, who brought a completed blanket for all to see. The Melville Knitters have also produced 2 baby blankets and 150 preemie hats for the IWK Hospital. Most of the yarn has been donated by residents, family and friends. Donations of all types and colours of yarn are appreciated by the group, as well as change for their "Pennies for Yarn" campaign, which collects unwanted pennies to put towards the purchase of yarn for the blankets.

Anyone interested in finding out more or seeing the work the ladies do are welcome to meet them in the Melville Heights Lobby at 11 a.m. on

Thursdays.

(Lorrie is a Freelance Writer and Administrative Support Consultant who lives and works in Sambro)

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ELECT Peter Grabosky Saturday, October 20, 2012

Authorized by Candidate Dist 11 Peter P. Grabosky

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HRM to celebrate

(continued from page 1) Fleming Park on Natal Day.

The Mainland South Heritage Society and Friends of Sir Sandford Fleming Park, with members of HRM Council, Recreation Department and staff, invite residents and visitors of all ages to dress in 1912 fashion and enjoy some of the activities taking place at the Dingle that day. The Bedford Brass Quintet and local choirs will perform music from the 1912 era. The band Spectrum will be part of the entertainment. Pick up your

souvenir commemorative pin and a new brochure on the history of the tower. Visit the Adventure Earth Centre (old stone church) for photographic displays, tea, coffee and birthday cake. Enjoy Heritage Walks, children's games, and food (hotdogs, lemonade, ice cream) and it's all free. Be part of this historic

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Roy Gillis to retire from the Royal Bank of Canada after 37 years of service



By Bruce Holland, Executive Director, SDBC
At the end of July one of Spryfield's biggest supporters retired from the Royal Bank of Canada after serving 37 years with the bank. Roy has been a mortgage specialist at the Spryfield branch for the past 10 years and has helped literally hundreds if not thousands of people secure mortgages.

"It has been a pleasure to work with the people of Spryfield and the surrounding communities these past ten years" said Mr. Gillis. He went on to say, "The staff at the Spryfield Branch are the best people I have ever worked with and the people of Spryfield have been a pleasure to serve."

Darlene Croscup, manager of the Spryfield branch of RBC said "Roy has been a mentor to his colleagues, a huge promoter of the community and a firm believer in the potential Spryfield has to grow. Roy is the face of RBC in this community."

I can attest to this as well. Whenever there is a community event or an opportunity to promote Spryfield, Roy is there to help out. Whether it is the Spryfield Santa Claus Parade or a local meeting, Roy steps up to volunteer and make things happen.

Fonda Beals, Client Assistance Officer with RBC Spryfield, put it best when she said, "Roy is an outstanding, dedicated individual who will be truly missed."

On behalf of the Board of Directors of the Spryfield and District Business Commission it is my great pleasure to thank Roy for his dedication to making Spryfield a better place to work and live and to wish Roy and his wife, Pat, all the best on his retirement.

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Dan MacDonald Mortgage Specialist Royal Bank of Canada

MONTHLY MEMBER PROFILE

DAN MacDONALD

RBC Royal Bank, Herring Cove Road Branch would like to introduce Dan MacDonald, Mortgage Specialist, to the Spryfield and mainland south communities. Dan joined the RBC team in April with previous experience as a Mortgage Specialist and a background in renovations/construction.

As a resident of the Armdale area Dan is active in the community participating in RBC events and has joined the Spryfield & District Business Commission.

"As a member of the RBC branch team I am excited to have joined such a community oriented organization. With RBC being the only Bank remaining in the Spryfield area we remain committed to this community and the community has supported our branch with their loyalty and we thank them. As the only bank Mortgage Specialist in the area I would be glad to provide advice for your home financing needs." Cell: 902 817-6678 / Fax: 902 421-8867 mortgage.rbc.com/daniel.macdonald



Remember: Community Shopping Equals Community Jobs And Community Jobs Translate Into The Improved Health Of Our Community!

Chebucto Connections welcomes Adrianna MacKenzie as Pathways Program Director

I am extremely excited to be joining the Chebucto Connections Pathways team and the Spryfield community. I have been working in the field of community development for over ten years with HeartWood Centre for Community Youth Development and St. Georges YouthNet. I received my BEd from Acadia University and have worked extensively with diverse young people,

especially those in the care of child welfare agencies.

I am passionate about creating positive spaces for youth to change their communities and I know Pathways holds the same commitment to ensuring that young people have the opportunity to find success through educational and leadership opportunities. I hope to add my skills in youth and community

engagement into the mix and in partnership with the Chebucto Connections Pathways team help Pathways reach its potential in the community. Already I have seen the phenomenal commitment staff bring to the team and I am certain the program will continue to support young people to find success in their schools and communities.

Over the next year we expect our



numbers to continue to grow and our program to support the diverse young people in Spryfield.

Adrianna



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DISCOVERING OUR PAST



Fires in our wooded areas wreak havoc in local communities

By Iris Shea

The hot dry weather in July has made us all aware of past summers when fires created havoc in local communities. Over the years fires raged along the Northwest Arm shoreline and in our local forests, damaging not only trees and wildlife but burning or threatening to burn houses. Growing up in Jollimore during the 1940s and 1950s, I remember fires on both sides of William's Lake and in the woods around Whimsical Lake. In a search through newspapers, the summers of 1912, 1913 and 1914 were particularly devastating to the residents who lived near William's Lake and the Northwest Arm.

From the Morning Chronicle, July 9, 1912, the headline on the front page read: Arm Residences Had Narrow Escape. "The Old Mill near the Sugar Refinery was destroyed by fire and for a couple of hours last night the little village around the Sugar Refinery Cove on the western side of the Northwest Arm was in grave danger of being wiped out by fire. The Old Mill that had been used for some years as a stable by the Saraguay Club was discovered to be on fire. With the building as dry as tinder from the excessive heat of the past five days, the fire spread very rapidly. The residences of F.B. McCurdy, MP, 'The Sign of the Four', G. Hatfield, E.F. Dwyer, H. Bryant and Richard Jollimore were in greatest danger. The people in the vicinity along with boaters on the Arm set to work with a will, and although the Mill could not be saved the workers managed to save the nearby buildings. Twice did the old Sugar Refinery catch but the ever watchful volunteer firemen caught it in time. Alderman Scanlan offered to send a detachment of 30 men across the Arm to act as a bucket brigade. The blaze made such a reflection from all over the city and many people went to the shores of the Arm where they secured such an excellent view of the fire." In this drawing by Anna Stredulinsky, taken from a photograph of 1910, the tall tower is the Sugar Refinery and in front of it is the Old Mill.

In the Morning Chronicle, Wednesday, August 13, 1913, the front page headlines were: Ferguson's Cove All



Drawing of Sugar Refinery and Old Mill by Anna Stredulinsky from a 1910 photograph. Courtesy Mainland

But Wiped Out By Flames."

"Monday evening a fire at the Smith house was hardly extinguished when a second alarm was called. The unoccupied Henrion house on the water side, home of the late Francis Henrion, was on fire. It was reported to be one of the finest along the western shore. A resident from the cove ran to York Redoubt to give the alarm and with the heavy north wind it looked as though the whole cove might be swept by the fire. A military party of off-duty and on-duty men hurried to the scene and joined in the fire fighting. The blaze had too much headway and the Henrion house burned to its foundation. The fact that the house had lately been unoccupied seemed to strengthen the theory that a fire bug was at work in the cove."

On Friday of that same week another fire at Ferguson's Cove required men of the cove to organize a bucket brigade. James Lynch was the first to notice that the William Smith house was on fire. This was the fourth time in two weeks that the same house had been set on fire. It was discovered that a hole had been made through the roof prior to the fire for the purpose of starting the fire on the inside. This evidence led to an appeal to the Attorney General's Department to investigate the possibility of a fire bug in the community.

The Evening Mail, May 26, 1914 ran this front page headline: Destruction of Church by Fire. St. Philip's Church,

Purcell's Cove, which owed its existence chiefly to the zeal and liberality of James Purcell and members of his family, burned along with the Purcell house. Many homes were threatened by at least five different big forest fires in Halifax County. The residents of Purcell's Cove and the lower part of the Arm were forced to turn out and fight the fire. "Burning a wide swath two miles in width, the forest fire, burning for over a week, was threatening the whole Arm shore from Gilpinville to Purcell's Cove and ravaging the shores of Williams Lake. St. Phillips Church, built in 1909, could not be saved nor

could Mr. Purcell's house.

In the Evening Mail of June 17, 1914 was this outpouring of support from people who contributed to a fund to rebuild St. Phillip's Church. It was called the Purcell's Cove Relief Fund. The newspaper listed the contributors

Councillor Renner, \$25; Judge Savary, \$10; Snow & Company Ltd., \$10; A. Keith & Son, \$5; A.B. Crosby, \$25; Meagher Transfer Co., \$2; George E. Van Buskirk, \$10; F.W. Smith, \$3; H.G. Bauld, \$5; Fred J. Ward, \$10; A Friend, \$2; Mrs. H. Geckles, \$1.25; C.M. Lessell, \$5; M.J. Fahie, \$5; Mayor Bligh, \$10; Mrs. James Brooks, Fairview, \$10; Chebucto Chapter, Daughters of the Empire, \$20; A Friend Through Miss Jessie Head, \$2. The church was rebuilt and the white wooden building served the community until the present stone building was completed in 1956 on the same site.

I want to remind readers that the 100th anniversary of the opening of the Memorial Tower is being celebrated on Monday, August 6th during the 5th Annual Natal Day Dingle Party. The event runs from 11 am to 2 pm. Free Metro Transit rides from the parking lots at John W. MacLeod School, Frog Pond and Cunard Junior High School will take you to and from the Dingle on that day between 10:30 am and 2:30 pm. See Press Release in this newspaper for more information.





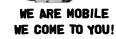


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Chebucto Update with Mayor Peter Kelly, Halifax Regional Municipality



Our municipality has always been the economic heart of Atlantic Canada and our pulse is growing even stronger, thanks to the many new developments that are taking place in our area, particularly the downtown Core.

This year, the HRM is on track to have its most successful development season ever and I am predicting that, by the end of the year, staff will have issued building permits topping \$1,000,000,000 - that's \$200,000,000 more than last year. Just think of the thousands of jobs and other economic spinoffs that a billion-dollars' worth of construction projects will generate for our entire region.

The most recent good news was the decision by Council to approve a Memorandum of Agreement with the Province to finance, construct and operate a

new downtown convention centre. This \$164-million asset will be cost-shared by all three levels of government as part of the Nova Centre, a major development being constructed by Rank Inc. to include, in addition to the convention unit, a hotel, office tower, retail shops and restaurant space for a combined value of \$400-\$500 million.

As I said at the time of the announcement, this is a proud moment for our municipality. In fact, everyone who calls the HRM home has a stake in the success of this convention centre and, indeed, the entire Nova Centre.

As in so many other communities, our downtown has experienced some difficult times lately. However, based on what we are starting to see, I am confident that we have turned a major economic corner. There is a renewed sense of optimism in the air in the HRM's business and development communities. Much of this confidence stems from the steady growth of our knowledge-based sectors, (particularly in the health and technology fields), along with a renewed interest in our offshore by the energy sector and, of course, the \$25-billion federal shipbuilding contract.

All this translates into development activity the likes of which we haven't witnessed in decades. In fact, if it has been a while since you were last downtown, I encourage you to make the trip because I believe you will be impressed by what you see. Within a 10-km radius of City Hall there are more than 25 sky cranes, each one busy lifting steel and concrete into place. As I mentioned earlier, we are talking thousands of construction jobs, not to mention the countless permanent ones to follow, once these developments open.

However, as important as all this new construction is, we must never lose sight of the fact that sky cranes alone cannot make us into a great community. Certainly, this downtown renewal is

symbolic of the faith that others have in us and in our economic future, but what counts most is what follows all this construction, namely – people.

People are the very heart and soul of the HRM, and soon they will fill all these exciting new buildings with their energies and talents to make our Core area more vibrant and appealing than ever. This, in turn, will lead to positive benefits for all parts of our municipality in terms of jobs, economic opportunities and overall quality of life. I think you will agree that we have much to celebrate!

I welcome your feedback. Please contact me at kellyp@halifax.ca or phone 490-4010.

Letters to the Editor: tangelene@live.com

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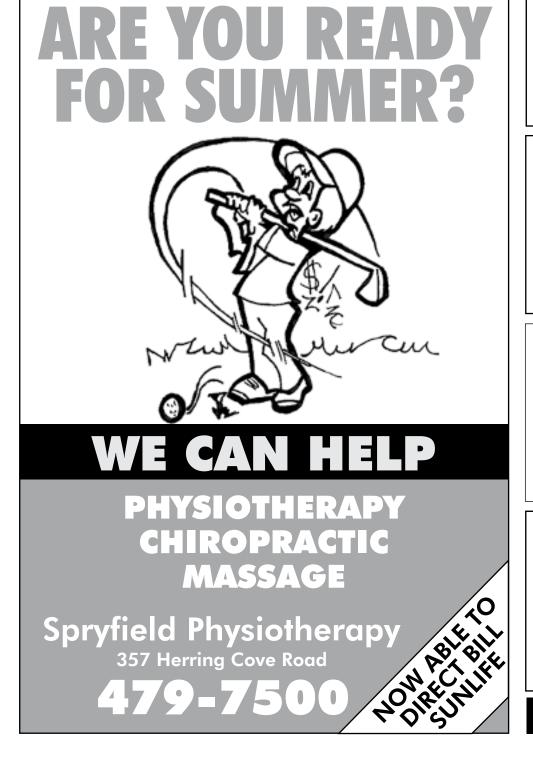
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Page 6 August 2012 • Chebucto News

Community Kitchen says "Carry On!"

Women in the Greystone neighbourhood of Spryfield have pledged to keep their beloved Community Kitchen going.

At their end-of-year luncheon on June 14, the twelve women discussed various ways that they can raise funds this summer, so that they can continue to learn and cook together when autumn comes.

Mary Martin, a Chebucto Connections Volunteer, puts her heart and soul into facilitating the Community Kitchen for the women. She finds free resources and innovative ways to teach the women. Mary has also helped the women to explore their own leadership skills, as evidenced by the women's drive to raise funds themselves this summer.

The Community Kitchen isn't just about food. Of course the women learned cooking tips, including how to make pie and a perfect meringue. They also learned little tricks to get their children to eat vegetables, such as hiding veggies in a spaghetti sauce. And part of the purpose of their end-of-year luncheon was to learn how to prepare and beautifully present a buffet-style meal.

The Community Kitchen is also about personal development, friend-ships, and learning how to work together. In one woman's words, "I learned how to cook with others, how to share ideas, how to listen and let everyone have their say." Another said, "I learned how to accept different personalities



Women enjoying the Community Kitchen Luncheon on June 14

and learned to cooperate with each person."

Marjorie Willison, Co-Executive Director of Chebucto Connections, says that individual donations and a grant from Canadian Home Economics Foundation helped to fund the kitchen last year. "I hope that folks will dig into their pockets and support these courageous women."

Donations for the Community Kitchen can be made on-line at www.

chebuctoconnections.ca, or personally or by mail to Room 172 Community Wellness Centre, 52, 16 Dentith Road, Halifax, NS B3R 2H9.

For more information, please call 477-0964.

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The health benefits of summer

By Bobbi Jo Ferguson-Hill, RMT www.tranquilmomentsforyou.ca We wait for it all winter long, it is our reward for enduring the harshness of mother nature's long winter months, but have you ever stopped to wonder why we feel better in the summer? Obvious reasons like vacation from our work and more time to spend with our family are just the surface of why these precious few months seem to rejuvenate our soul and refresh our body. Summer seems to offer an abundance of gifts for the well being of humans. From the sun to the sea, this article will look at why summer has so many health benefits.

Have you ever wondered why it makes us feel good to spend time around nature? There has been scientific research on the impact of spending time in nature on the human spirit. Science has suggested that even having a plant in your office space can improve productivity, lower blood pressure and increase job satisfaction (Miller-Mc-Cunn). This is very impressive work for one little plant. Imagine what benefits we are getting when we spend the day at a local green space, such as the frog pond, or retreat to our cottages and camp sites surrounded by lush forests and wide open spaces. Trees provide us with cleaner air, shade, and by this account can make us happier.

Many forms of nature seem to impact our happiness. We are drawn to



Take advantage of the plentiful lake and ocean swimming in our part of the world

water ways of all kinds to cool off and play. Humans are made up of mostly water, this may explain why a dip in the ocean or our favorite lake can make us feel rejuvenated. It seems just being close to water can energize the human spirit. Ancient cultures believed in the healing properties of sea water. According to the livestrong Web Site these things are still true; it has a detailed article on this very topic. Amongst the many benefits that are listed are improved immune function, skin, circulation, and overall well being.

Activity aside, the best part of summer is that in summer doing nothing is a perfectly acceptable activity. This may also be linked to our overall feeling of happiness. Many studies have proven that meditation has health benefits far beyond our imaginations, and meditation is simply being...doing nothing. The simple practice of doing nothing may be as close as some of us will ever get to a daily meditation practice, so grab your lawn chair and be...just be.

Summer is also the time when we play in the sun, and the benefits of vitamin D are well known and documented. This seems to be an area that researchers love. We get vitamin D from the sun, our bodies make it for us. This is great news for anyone who suffers from seasonal affective disorder (SAD). In just 10 minutes fair skinned individuals will reap the benefits of this free vitamin

So good friends and vacations aside, there are many health benefits to summer; it is not just because we play harder and enjoy some well deserved time off

So make the best of your summer and truly appreciate the gifts mother nature provides for us. Enjoy a park and all its loving oxygen giving trees, play in the sun (don't forget the sunscreen), go for a swim or DO NOTHING for awhile. Absorb all the health benefits summer has to offer.





Exit Realty Citadel is pleased to announce that JONNY HORNER

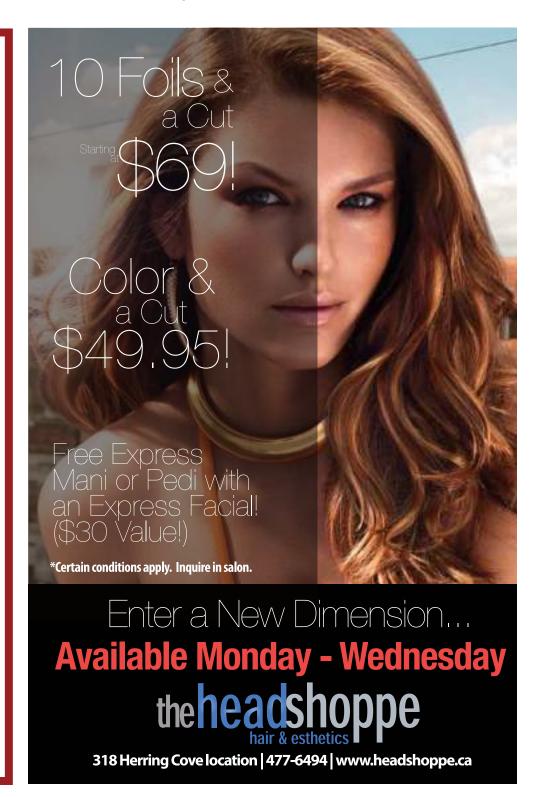
has joined our team!

Jonny is originally from Hubley, N.S., but has lived or worked in the Spryfield area for the last six years. Jonny has a certificate in horticulture from NSCC and has been landscaping for the past five summers. He has skills in curb appeal and knows how to make vour home look best from the street. Over the past six years, Jonny has grown to love the Spryfield area and is looking forward to making its residents' real estate dreams come true. In the past you may have seen Jonny bening the cash at Sobey's, serving you-now let him serve you in the field of real

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First Annual Free Family Golf Day at Briarwood

By Tangelene Ramsay
Saturday, July 28, 2012, marked the
first annual Free Family Golf Day in
support of the Boys and Girls Club of
Spryfield (BGCS). Tim Bodgers, who
reopened Briarwood last year joined
forces with the Spryfield and District
Business Commission (SDBC), to organize this fundraiser. It was a great opportunity for families to have some fun
and maybe even pick up a new hobby.
The Briarwood Golf Course opened its
back nine holes to the public with the
hope that many area families would
come out and give golf a try.

The first hole was taken over by businesses and the SDBC who provided food, games, and pony rides for the golfers. The Bowlarama had a game set up, as did Uncle Buck's and the Chebucto News. Isnor's Stables offered pony rides and a small petting zoo. Shopper's Drug Mart was there making sure everyone stayed hydrated. Exit Realty Citadel had a tent set up where people were invited to take advantage of the shade and get to know the people whose faces adorn for sale signs all over the Loop. RBC was giving away Frisbees and water bottles. The SDBC brought in a bouncy castle, bouncy pirate ship and ball toss game; all of which seemed to be very popular with the children. The Lion's Club was out in full force BBQing hot dogs and hamburgers, which had been donated by No Frills, for the hungry golfers. The Young at Heart group had their







Top: the Lions Club BBQ was a "hit" with the golfers; Centre: Exit Realty Citadel and Chebucto News were on hand; Bottom: the pony rides and petting zoo from Isnor's Stables were a big hit; Centre Right: Ryan Brennan and daughter Isabella share some quality time on the bouncy castle, courtesy of SDBC. For more pictures, visit www.facebook.com/pages/The-Chebucto-News/118462641513869

own tent and were selling baked goods. One industrious young woman by the name of Danielle did face painting for donations to the BGCS. Judging by the number of decorated faces roaming around, she was a very popular person. The Liberal party were on hand all day helping with golf registration, the 50/50 draw, and set up, among other things.



Steve Adams, acting not as Councillor but as proud supporter of the Spryfield Silver and Black Attack hockey club, handed out club tee shirts, and Michelle Raymond stopped by to show her support of the community. The Boys and Girls Club of Spryfield was well represented at this fundraiser as well; their bright green shirts could be seen everywhere.

Although final numbers have yet to be calculated, the SDBC estimates that \$1000 was raised at Saturday's event for the Boys and Girls Club of Spryfield. For more information about this great organization, or to donate or become a member, please check out their website www.bgcspryfield.org

Halifax Regional Municipality Election 2012



Stephen Adams

On Saturday, October 20th, you will be asked to elect a Councillor, as part of a new Council, to represent your interests and those of your community. The new Council will be comprised of 16 Councillors, which is a decrease from the present 23 members. As a result of this reduction, the District boundaries have changed. Our new District will be known as District 11, Spryfield-

Sambro-Prospect Road. A map is included for your reference.

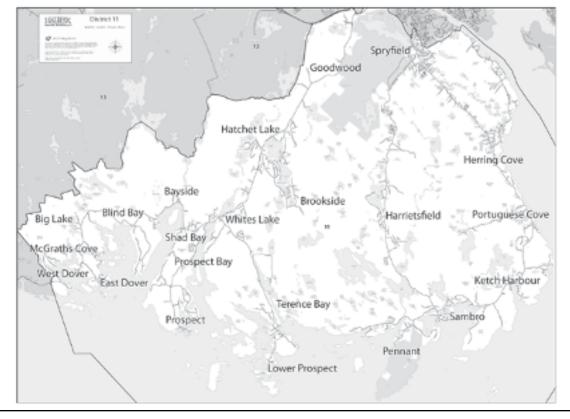
I will be re-offering to serve as your Councillor in the upcoming election. I have the experience, professionalism and ability to ensure our District continues with improvements we have seen over the past years. With your support, we can ensure this positive trend continues.

Our new District will offer challenges and opportunities, and will also present new issues to be resolved. Over the months leading to the election, my campaign team and I will be meeting with you, community groups, and others to see how we can work together, to offer you the best representation possible. Out of respect for you and your family, our door-to-door canvassing will be limited during the summer.

In the interim, should you wish to contact me, I may be reached at 477-0627, or by email at stephen.adamsdistrict11@gmail.com



This information has been authorized by Steve Adams.



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LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd.

RELF, Elizabeth Anne, R.N.

Halifax, passed away peacefully on Wednesday, June 6, 2012 in the Dartmouth General Hospital. Born in Halifax, she was the daughter of the late Frederick and Margaret (Woodroffe) Relf. Elizabeth was a graduate of the Victoria General Hospital School of Nursing. She worked in Montreal and Vancouver early in her career and later took an early retirement from the QEII Health Sciences Center in 1997. She enjoyed travelling and was an avid golfer. She was an active member of Em-

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manuel Anglican Church, Spryfield and a volunteer at Melville Lodge. She is survived by brothers, Gordon (Susan), Dartmouth and Kenneth, Spryfield; nephews, Craig, Paul, Troy and Christopher; 2 grandnephews and 2 grandnieces; and many friends. Heartfelt thanks to the doctors and nurses on 3 East of the Dartmouth General Hospital for their loving care of Elizabeth; special thanks to Angela McFadden, Head Palliative Care Nurse and to Gillian, Elizabeth's nurse. Arrangements were under the care of J. A. Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, (477-5601). A celebration of Elizabeth's life was held on Monday, June 12 in Emmanuel Anglican Church, Spryfield, Rev. Dianna Brett-Frye officiating. Interment in Emmanuel Anglican Cemetery. Family flowers only, donations in memory may be made to Emmanuel Anglican Church.

Josey, Dora Constance

96, Halifax, passed away peacefully, on Friday, June 8, 2012 in the Dartmouth General Hospital. Born in Maple Grove, Hants Co, she was the daughter of the late Maxwell and Olive (Moore) Royles. She was a past member of St. Mark's Anglican Church, a member of Emmanuel Anglican Church, also was a member of the Mother's Union. Dora was a loving mother, grandmother and friend. She will be lovingly remembered and never forgotten by sons; Ronald (Vicki) Josey, Newburne, daughters; Euince Messervey, Halifax, Linda (Martin) MacDonald; Hubley, seven grandchildren, five great grandchildren and two great great- grandchildren, brothers, Herbert Royles, Fred Royles, both of Hants Co, sisters; Mary Kilby; British Columbia, Susie Zuick, Saskatchwen, ,she was predeceased by her husband Ivan, son, Eugene Josey, brothers, Malcolm, Charles and George, sisters, Minnie Joy and Myrtle Jolly, son-in-law, William Messervey. Arrangements were under the care of J. A. Walker Funeral Home (2005) Ltd... 149 Herring Cove Road, (477-5601). A celebration of Dora's life was held on Tuesday, June 12 in Emmanuel Anglican Church, Spryfield, Rev. Dianna Brett-Frye officiating. Interment in

Pleasant Hill Cemetery, Lower Sackville. Family flowers only, donations in memory may be made to Emmanuel Anglican Church. Words of comfort can be sent to the family by visiting www. walkerfh.com

Fisher, Walter "Frank"

85, passed away peacefully on Thursday, June 28, 2012. Frank was born in Stewiacke on April 2, 1927. He was the son of the late Adam and Blanche (Gourley) Fisher. Frank worked at Maritime Accessories 23 years, Auto Parts APM, 19 years. He was faithful to his volunteer commitments, giving freely of his time and talents to help others in the community; having been a longtime member of St. Paul's United Church, serving on many boards and as treasurer. He was the Founding Director of Family Resources Institute and he and his wife, Ruth spent over 20 years volunteering at the N.S. Eye Care Centre, for which they were honored for their energy and enthusiasm to help others. Frank is survived by wife, Ruth (Smith) of almost 60 years; daughter, Valerie

(Craig) Keddy; son, Lloyd (Sherri) Fisher; grandchildren, Todd (Meredith), Joey (Sarah), Angela, Chantel, Jeanette and Adam; great-granddaughter, Ella; brothers, Lee (Pam), Bill (Betty); sisters, Shirley (Lorne), Margie (Amos), Jean (Robert), Karen (Denvert), Juanita (Jim), Charlotte (Robert); sister-in-law, Mary-Ann and brother-in-law, Gerald Wright; as well as numerous nieces and nephews. He was predeceased by brother, Alden; sister, Janet and grandson, Brandon in infancy. Thanks to all the staff in QEII Emergency, 4 th floor Hematology, 2 nd floor Eye Care Centre and 7 th floor Palliative Care. Arrangements were under the care of J. A. Walker Funeral Home (2005) Ltd., 149 Herring Cove Road, Halifax (477-5601). A service celebrating Frank's life was held on Thursday July 5 th in St. Paul's United Church, 173 Old Sambro Road, Spryfield, Rev. Jeanne Manning Stright officiating. Interment in Pine Grove Cemetery, Stewiacke East. In lieu of flowers, donations in memory can be made to St. Paul's United Church, Spryfield.





More fun being had at the First Annual Free Family Golf Day at Briarwood. Top: the Lions Club BBQ station; Bottom: lots of activites were available for the kids, like these toys provided by SDBC For more pictures, visit www.facebook.com/pages/The-Chebucto-News/118462641513869













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Reg Horner Memorial Chebucto News Sports Page

Carrolls & Pyke Do It Again

The 2012 Senior, Jr D & E Black Belt, Poomse & Color Belt Nationals held in Toronto (June 28 to July 1st) are all but in the record books. Ms. Kathy Pyke, 2011 & 2012 Canadian Jr National Team Coach, was presented with Taekwondo Canada's Female Coach of the Year Award for 2011. Ms. Pyke also coached 6 athletes at this event and ended up with 4 Golds, a 4th, and a T9th with her fighters.

Topping the list of fighters are Jackson Carroll and CC Carroll. Jackson Carroll, 2011 & 2012 Jr A National Champion, competed in his first Senior Event after just having turned 15 a month prior, and went undefeated (5-0) in a Double Elimination Tree of 11



(Left) CC Carroll and (Right) Jackson Carroll, with their coach, Kathy Pyke, show off their gold medals fighters. Jackson beat the reigning Senior Fin Champion (Kael Pinto) twice



in a row achieving his quest for Gold with a decisive 10-4 fight and earning a

berth on the Canadian Senior National Team. Next stop for Jackson will be travelling with the Senior Team to the Sr Pan Am Games in Bolivia this fall.

Not to be outdone, CC Carroll, the reigning Black Belt 7-8 year old Canadian Champion in 2011, did not disappoint in her quest for a National Title in 2012. CC's division was small, but her performance was anything but. CC won her first fight 12-0 stopping the match short in the 2nd round and finished her day with a 13-0, 1st round win over a BC girl in her final match to take the Gold.

Ms. Pyke and her fighters can be found at Halifax's newest high performance taekwondo school, HP Atlantic Taekwondo Centre.

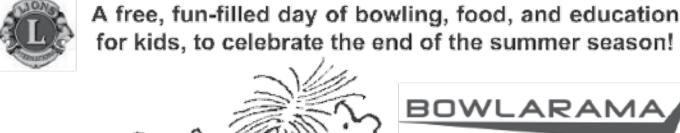
Seeking: Sports Writer for Chebucto News

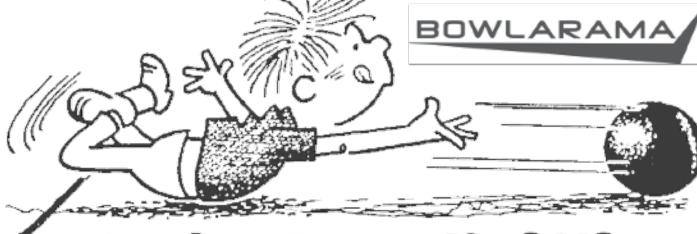
The Chebucto News is looking for a sports writer. If you are interested in sports, and enjoy writing, I want to hear from you. You would be required to attend sporting events in our community, take photos, and report stats, highlights, etc. This is a very rewarding, volunteer position. All that is required is a love of our community, a basic understanding of sports and a desire to write. Please contact me, Tangelene Ramsay, at tangelene@live. com for more information.



Bowlarama Spryfield is pleased to present the







Sunday, August 19, 2012 12:30 p.m. - 3:00 p.m.

Bowlarama Spryfield's Youth Bowling Fun Day, hosted by the Spryfield Lions Club includes bowling, hot dogs and soft drinks, a tour of the bowling center, safety demonstrations by the Spryfield Fire Department and Police Department, prizes, giveaways and take-home materials. The session runs 2-1/2 hours and is FREE, but is limited to 120 students (grades K-12). Registration is required.

Registration	deadline:	August	12,	2012
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ARIS and the community of Spryfield leading the way to support new refugees By Megan Leslie, MP for Halifax

Hello friends!

I hope you are all enjoying your summer activities around town, in our parks and on the ocean.

Many of you are probably familiar with the Atlantic Refugee & Immigrant Services (ARIS) project, funded by the Salvation Army, which is run out of the Spryfield Community Church and Family Resource Centre.

The ARIS project provides many essential services to refugees and immigrants, such as facilitating the completion of the significant paperwork associated with arriving in Canada. According to the Salvation Army, this can include making refugee claims, assisting with citizenship applications, and supporting spousal sponsorship applications, among many others. The program also ensures that newcomers are connected to community organizations that will help secure day-to-day necessities, such as appropriate medical care and access to housing.

It's wonderful that ARIS has chosen Spryfield for their office location, helping with the settlement of newcomers in this part of our community.

I'd like to share with you some important news about changes to health care services as we welcome newcomers to our city and region.

Canada was built on the idea that we all have a responsibility to take care of one another – especially vulnerable people. Access to universal health care – truly one of our fundamental Canadian values – has kept Canada strong and prosperous by ensuring all citizens are healthy and productive members of society, regardless of wealth or background.

In April, hidden deep inside the omnibus budget bill, this basic Canadian value was targeted. The government blindsided Canadians with the announcement of devastating changes to the Interim Federal Health (IFH) Program – a program which provided temporary health benefits to refugees until they become eligible for provincial health coverage.

The cuts effectively deny access to health care to many who are legitimate

refugees or claimants and who have limited financial means. In addition, medication coverage will be denied to all refugees unless there is a health or safety risk to the public.

For example, because of the cuts to the IFH program, an asylum seeker who undergoes emergency surgery at a Canadian hospital would be forced to pay for their procedures out of pocket. This financial burden is simply not feasible for so many refugees in Canada.

New Democrats are deeply troubled by the mean-spirited nature of these cuts. We believe that people in need of safety and security deserve to be treated with dignity and respect in a time of crisis. We believe that healthcare equality means access to life-saving treatments for all Canadians, including refugees and landed immigrants.

However, these cuts are more than simply an injustice – they are also financially short-sighted. These cuts will cost

our health care system in the long run.

Unfortunately, individuals who are denied basic and preventative health care will inevitably end up at hospital emergency rooms across the country, where our provinces will foot the bill for their treatment. This means that tax-payers will be faced with rising provincial health budgets while also enduring increased wait times at Emergency Departments. In fact, many health-care professionals view the changes to the IFH Program as a transfer of costs to the provinces.

If the Minister of Citizenship and Immigration was serious about improving Canada's refugee system, he would start considering the independent expert advice from physicians and nurses groups who have spoken out against these cuts. Instead, the Conservatives are playing politics with peoples' lives and are denying refugees the basic right of health care.

Despite this move by the government, our community has been rallying together to support new refugees. In Spryfield, ARIS has been leading the way on this front.

I'm proud to see community programs, such as the Atlantic Refugee & Immigrant Service, leading by example on these critically important issues.

Unlike the Harper Conservatives, Atlantic, Canadians know that supporting all members of our community – whether newcomer or long-time resident – is what it means to be a good friend, a good neighbour, and a good Canadian.

The way we care for all members of our community is a wonderful example of the generosity and welcoming spirit in the riding of Halifax.

As always I encourage you to contact me with your questions, ideas and concerns. To do so, please write to me at megan.leslie@parl.gc.ca or 1-2207 Gottingen St., Halifax, NS B3K 3B5.

Sidewalk repair patches necessary interim solution until full replacement

By Linda Mosher, HRM Councillor, District 17

Recently Councillor Stephen Adams and I have received complaints about sidewalk repairs in our area. Residents have been asking why some deteriorating sidewalks are getting replaced with new concrete slabs and others are getting patched with unsightly black asphalt. I met with the Director of Public Works to discuss the many factors that determine the best repair method. Sidewalk repairs and replacement are separated into two categories. Sidewalks on streets that are identified for total replacement are evaluated through the Capital Budget program under Design and Construction Division. Those sidewalks that are not required for total replacement but need isolated sections or specific slabs repaired fall under our yearly maintenance program through Municipal Operations (MOps) and are funded from the Operating Budget.

With respect to the upgrade of existing sidewalks, public works staff utilizes a rating system that focuses on four main distress types (faulting, cracking, spalling and patching). Typically the highest rated sidewalks are given priority; however, lower rated sidewalks may be considered if the work can be integrated with the upgrade of another infrastructure asset such as pavement work. Currently HRM has approximately 147 kilometers of existing sidewalk that require a capital improvement with roughly 6 kilometres being upgraded on an annual basis (based on budget availability) at an estimated cost of \$2.5 million.

Presently there are approximately 3800 locations identified where a single slab or multiple slabs require replacement. It costs approximately \$360 per slab (section) for a full concrete re-

placement. Unfortunately in many situations it results in possibly one or two additional slabs needing to be replaced when only a single slab or multiple slabs were originally identified. The adjacent slabs may have defects such as cracks, spalling, etc. which may not have been included in the inventory for replacement but due to the removal may also need to be replaced. In addition, many times the curb and gutter needs to be replaced where the sidewalk abuts the curb. The reality is that the cost to replace the 3800 locations is over \$3 million when all these factors are taken into account. MOps are not budgeted to this extent and therefore all repairs cannot be replaced with new concrete slabs in any given year. Asphalt patches are applied for safety reasons in the interim to avoid the hazards and liability issues.

(See Sidewalk repair patches p. 13)



Linda Mosher

HRM Councillor, District 17 Purcell's Cove – Armdale

Office: 490-4050 Cell: 476-4117 Home: 477-8618

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www.lindamosher.ca





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Difficult to understand why input is sought, and then ignored (by Industry Canada) By Stephen Adams, HRM Councillor, District 19

In the past few columns, I had discussed the siting of cell towers, the processes followed and related issues. The two locations in question were at 105 Ketch Harbour Road and 2699 Old Sambro Road.

As a brief background, residents were asked to comment on the proposed sites, offer opinions, and if applicable, suggest alternate locations. Two public information meetings were held, feedback was gathered and a report was generated by our staff.

As a result of the comments made by residents and the concerns that were raised, I made two motions stating that Western Region Community Council forward a negative recommendation to Industry Canada for both sites. These motions were approved unanimously. These motions were then forwarded to Industry Canada.

In late June, I received a copy of a letter from Industry Canada stating that they had approved the site at 105 Ketch Harbour Road for construction of a cell tower. This was done despite the tireless efforts and hard work of local residents. As well, an alternate site was suggested by residents. A copy of the letter from Industry Canada is available on the HRM website under the Western Region Community Council tab.

Unfortunately, Industry Canada will be entertaining another submission with regard to our negative motion for the site at 2699 Old Sambro Road. They suggest that this is an "impasse". I would suggest it is the will of residents.

To be clear, my criticism is not levied at the applicant, the property owners or our own staff. My issue is that the process we follow is grossly unfair and ignores the input and opinions of residents and Community Council. It is difficult to understand why input is sought, and then ignored.

This brings to mind the recent construction of a new cell tower near Duncan's Cove. This tower was built without the courtesy of a public meeting or public notice. The only difference I see in the two situations is clear. The residents who were notified and participated in public meetings were given the false hope that Industry Canada actually valued their input. This is absolutely disgraceful.

I have asked our staff, and Industry Canada to change their approach.

As you drive along the Herring Cove Road, thoughts of an obstacle course came to mind. The repairs from Sussex

Street to Sylvia Avenue were spread over a longer than normal period of time, but the end result is worth the short term inconvenience.

The road work on Herring Cove Road in front of the new YWCA Daycare has been ongoing, but not conducive to comfortable passage. The contractor has been notified as to the

deficiencies. Once their road work is completed, we have scheduled significant improvements from Sussex Street to Arthur Street.

Other road work is scheduled as well. I appreciate your patience. Please be assured that we will do all possible to minimize any inconvenience. As always, I appreciate your comments.

Sidewalk repair patches necessary

(continued from page 12)

In layman's term we call them "trippers". Someone could trip or fall due to the condition of the sidewalk. In order to make them safe for area residents to use, and to minimize legal risks, we have to repair them temporarily until we can fully replace them. The intent is to return at a future time and replace the slabs as money becomes available; the goal is to replace the following year but it can take up to two years. Depending on the condition and assessment, priority is given to higher potential pedestrian volume locations such as major and arterial roadways. An example would be the recent replacements on Herring Cove Road, an arterial roadway. Up to last year there was a 10 year backlog for replacements, based on the current funding. The good news is that Council approved an increase in the operating budget of \$500,000 to assist is reducing the backlog of locations and the length of time the asphalt patches would remain. If this level of funding continues in future years the majority of the locations would be replaced in 2 to 3 years. There would still be locations where the entire sidewalk on a street needs to be replaced through the Capital Budget program as indicated previously.

Asphalt patching, on average, is about \$48 per slab which is significantly cheaper than full concrete replacement. Although patching is not aesthetically pleasing, it does provide a reasonably long lasting repair until the slab is ultimately replaced. With the budget limitation we are not able to eliminate asphalt patching and need to continue to

address the defects in the interim. This year a concrete compound product is being tested to determine if this could be a reasonable alternative to asphalt patching which would be a less unsightly contrast. A couple of years ago HRM invested in two sidewalk grinders to avoid asphalt patching where it is reasonable to do sidewalk grinding to rectify the hazard. Every effort is being applied to replace the slabs and provide a more aesthetically pleasing alternative in the interim. Our Director is researching alternatives such as

different coloured asphalt such as white or beige to minimize the difference and impact until the results of the trial with concrete compound is completed and evaluated.

I hope everyone is having an excellent summer! I look forward to seeing residents at the 5th Annual Dingle Natal Day Party, Monday, August 6th from 11:00 a.m. – 2:00 p.m. The Mainland South Heritage Association's special heritage celebrations for the 100th anniversary of the Memorial Tower are shaping up to make it a fantastic event!



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Chebucto News Community Events

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to tangelene@live.com

COMMUNITY EVENTS FOR AUGUST

St. Michaels Church & Fingers @ Work Presents

A Day For Curry - Treat Yourself to Various Curry Dishes Served with flat bread and rice.

August 11th, 2012, opening at 6PM Adults: \$10; Children: \$5 (5yrs and Up) Venue: St. Michaels Church Hall, 14 St. Michaels Avenue

For Tickets, please email through Kijiji - make payments using pay pal, email money transfer etc; pay \$1 for shipping - and receive your tickets by mail

OR call 222-2265 (Ann); 477-3530 (St. Michaels Office)

OR visit St. Michaels on Sundays after 10 am Mass (at 11.05am)

Emmanuel Players Present the Musical: "Return to Gillian's Island"

Written and Directed by Carol MacDonnell

An updated version of an old favourite continues!

\$25.00 ticket price includes an evening of great entertainment with a delicious meal of salad, entree & dessert (wine available)

Performances:

October 12 & 13 (roast pork loin dinner)

October 14 Sunday Matinee (roast pork loin dinner)

October 19 & 20 (roast beef dinner)

Emmanuel Church Hall, 322 Herring Cove Rd. Halifax

Doors open at 5:30pm/3:30pm for matinee (ReserveedTicket seating)

Tickets/ Information call Brenda 477-2356

Step Up to Leadership A FREE 10 week leadership development program for volunteers: who want to take on the challenge of leadership who want to make a difference in their communities who want to feel more knowledgeable and effective in a group or board setting Beginning Tuesday, September 18 for 10 weeks 6:30 pm – 9:00 pm Captain William Spry Community Centre Please call 490-1946 or e-mail hrmvolunteerservices@halifax.ca to register. For more information, visit www.halifax.ca/volunteerservices

Beginners Guide to Stress

Management Tuesday August 21 st 2-3:30pm Stress is a normal part of life. Sometimes we need help learning how to cope with stress. Join us for a discussion about stress management and a demonstration of relaxation exercises.

How Healthy is Your Plate? Eat-

ing for Health Tuesday August 21 st 6-7:30pm Are you interested in knowing the difference between portion size and serving size? Interested to know what and how much you should eat? Come and learn to use Canada's Food Guide in a way you never have before.

PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop Please call 487-0690 or drop-in to register.

Unless specified programs are offered at the: Chebucto Community Healthy Team Spryfield Shopping Centre 16 Dentith Rd. Halifax

St. James United Church, Sambro (3811 Old Sambro Road) will be having a **Lobster Chowder Supper** on Sunday, Aug 12 from 3:00pm to 6:00pm. Adult portion \$12 and childrens portion \$6. Everyone Welcome

The Halifax & Region Military Family Resource Centre invites military members and their families to a fun filled day at MacDonald's Beach. Join us for an old fashioned beach day with potato sack races, horseshoe and washer toss games, a scavenger hunt and the popular sand castle competition. Beach day was a blast last year, so don't miss out on this great event Sunday, August 12 from 11am-3pm. Tickets are \$3/person, no charge for children under age 2. Get your tickets today at the Halifax and Shearwater Sites of the MFRC before they are gone! Visit www.halifaxmfrc.ca or call 427-7788 for more information.

URBAN FARM MEETING The Urban Farm Museum Society of Spryfield will hold its monthly meeting on Monday, August 13th, 2012, 7pm at the Farm field if sunny—if raining at the Capt. Wm. Spry Community Centre. Volunteers and new members welcome.

For further information, please call Pat @ 477-6087 or e mail jamac@ ns.sympatico.ca."

The Melville Knitters are gratefully accepting donations of yarn of all types and colours. Over 15 residents of Melville Heights Retirement Residence meet weekly to knit and crochet squares which are sewn into blankets and donated to Adsum House and Salvation Army Shelters. The group has also started a "Pennies for Yarn Program" where they collect loose change and purchase yarn for their work. Donations can be dropped off to Lori Cormier, Recreation Director.

5th Annual Natal Day Dingle Party

takes place Monday, August 6th from 11 am to 2 pm and it's all free. In addition to games, Bouncy Castle, hotdogs, drinks, ice cream and cake, the 100th anniversary of the opening of the Memorial Tower will be celebrated at the same time with a display of heritage photographs at the Adventure Earth Centre and heritage walks. Be sure to pick up your souvenir pin and brochure of the tower. Music by Bedford Brass Quintet, Quarter Note Singers and Spectrum. David Clark will launch his site-specific artwork "Meantime in Greenwich" featuring a series of sundials throughout Fleming Park.

LEGION: Bingo every Sunday at 1PM. Mini Bingo at 6 P.M. and Superstat Bingo at 7 P.M

St. Paul's Recycling

On the third Saturday of every month, St. Paul's United Church in Spryfield will collect your clean refundables. You can drop them at the church at 173 Old Sambro Rd. between 10:00am and 1:00 pm. If you would prefer, you my call Carolyn t 477-0187 or Jackie at 477-3776 to have your refundables picked up.

There is plenty room for more at **Elderobics-Forever Fit** (sponsored by the YMCA) at both Emmanuel Church Hall and Captain William Spry Community Centre. This is a fitness program for adults which includes low impact aerobics, working with weights, stretching and relaxation exercises. The classes @ Emmanuel are Mon, Wed & Fri at 10:00 - 11:00 am; and

the classes at Captain William Spry are Mon, Wed & Fri at 9:00 - 10:00 am. No pre - registration is necessary, just come along, have fun and get fit! Pay as you go, \$4.00 per class, plus annual fee of \$10.00. "

Discover McNabs Island Guided

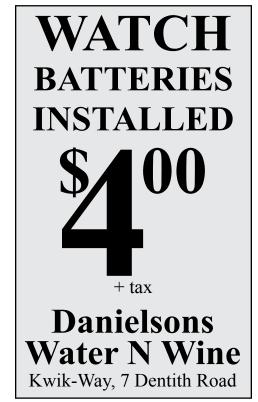
Tours The Friends of McNabs Island have hired two students who will be are offering guided tours of McNabs this summer.

Discover McNabs Island's fascinating history by touring Fort McNab and Fort Ives. Learn how carnival king Bill Lynch got his start in the fairground business s and how Pure McNab became a popular beverage. Observe the island's wildlife and listen to songbirds on a nature tour. Travel back in time and explore the Victorian Gardens of the Hugonin-Perrin Estate.

Discover McNabs Island this summer! There is no charge for the guided tours, but visitors must pay for their own transportation to the island. To book your tour, contact friend-sofmcnabsisland@gmail.com or call 494-8515 and leave a message.

When not on the island, our summer students can be found in the Administration Building at Fisherman's Cove in Eastern Passage. Stop by our display to learn more about this wonderful provincial park that is yours to discover!

J.L. Ilsley Class of '87 25th High School Reunion Saturday, August 11th. See Facebook event page or email jlilsleyreunion25@gmail.com for more details as the place and time still to be determined.



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