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MLA Brendan Maguire, Elizabeth Eve, Heidi Price-Musolino, Councillor Steve Adams and Nova Scotia Lieutenant Governor Brigadier General The Honourable J.J. Grant at the public announcement of the

Spryfield captures Community Spirit Award

by Sarah Fraser

Community pride was loud and clear at the second annual "In the Loop Summer Celebration and BBQ" on Saturday, July 18. People came from Spryfield and neighboring communities to celebrate the area, and to celebrate the prestigious honour of being presented with the Lieutenant Governor's Community Spirit Award.

The award recognizes communities that promote citizen engagement, civic pride, and a positive outlook on the future. It celebrates the communities' achievements with a presentation and formal recognition program.

Among the good people of Spryfield were special guests Minister Tony Ince, MLA Brendan Maguire, Councillor Steve Adams and the Lieutenant Gov-

ernor himself, Brigadier-General The Honourable J.J. Grant.

His Honour had this to say to the people of Spryfield:

"Your unique history and geography combined with a deep sense of responsibility to look out for your neighbors has enabled Spryfield to retain a distinct identity for which all of you should be very proud. The Lieutenant Governor's Community Spirit Award encourages Nova Scotians to reflect upon the ways in which their communities work together to create vibrant, healthy and caring places to live. These initiatives and the people who give their time and energy to ensure their success are what transforms streets and buildings in to a community where members feel that

(See Award on page 2)

Sammy

It's almost here! My favourite time of the year - Sambro Sou'Wester Days! which are organized by my friends in the Sambro Area Community Association ("SACA"). Although some details are still being tweaked as of our publication deadline, here's what we've got on tap:

Throughout the week's games and week-end festivities, watch for SACA representatives selling Rubber Duck tickets (\$5 each), 50/50 tickets (\$2 each or 3 for \$5) and raffle tickets on a beautiful Sambro Island Lighthouse quilt handcrafted by Sandra Tough, and a lobster trap planter handcrafted by Danny Gray (\$2 each or 3 for \$5).

Tuesday, August 4: The community baseball games kick off the festivities at the James McPhee Memorial Ball Field with Game 1 at 6pm and Game 2 at 7:30pm.

Wednesday, August 5: Beginning at 6pm, the Ball Field will be lively as the children at Harbours United Soccer League ("HUSL") play their games.

Thursday, August 6: The community baseball games continue at 6pm and 7:30pm at the Ball Field.

Friday, August 7: At 6pm and 7:30pm the community baseball games play on, while across the road in the Community Tent by the Sambro Fire Station, Jill Hann Royal Lepage is sponsoring a family friendly Corn Boil and Ceilidh from 6:30pm to 9:30pm with corn on the cob, hotdogs and refreshments available for \$1 each. The line-up includes Nathan Ewing and Tara Sampson; Robyn Horne and Stephen Bordl; Maura Whitman and Ed Oakley; Sandra and Emma Wells; James Jackson and David Campbell; and Mark Merrin. Phew! That is a lot of talent for one Ceilidh! And all this with Free Admission.

Saturday, August 8: At 10am, the

A mortgage broker can



Community Parade, sponsored by the Spryfield Head Shoppe, starts at Atlantic View Drive in Sambro Head and continues to the Ball Field. There will be prizes for Best Commercial, Best Homemade, Best Group, Most Sambro Spirit and Most Original. All vehicles, including ATVs must be registered and insured. There is no entry fee and applications can be obtained from Mishoo's Rite Way store in Sambro or from Natasha Roscoe at natasharoscoe@eastlink. ca or by calling 902-221-1355 weekdays after 6pm or on weekends. Traffic delays can be expected between 10am until noon as the Parade proceeds from Atlantic View Drive in Sambro Head along the Ketch Harbour Road to the Old Sambro Road and then to the West Pennant Road.

Following the parade, from noon until 3pm, there will be a barbeque and family carnival activities sponsored by Toonies for Change/Rotary Club with games, prizes and a bouncy castle at the Ball Field.

Also at the Ball Field from noon until 5pm, Donna Flemming of Red Door Realty is sponsoring a washer toss tournament. Cost is \$10/per person, register in teams of two. Prizes will be awarded to the top three teams.

From 10am until 4pm, the Sambro Island Lighthouse Heritage Society (SILHS) and Nova Scotia Lighthouse

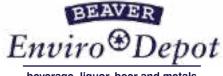
(See Sammy on page 2)











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Award

(continued from page 1)

they belong and want others to feel the same way. This award is unique among all the Lieutenant Governor's awards because it recognizes the collective efforts of the entire community."

Brendan Maguire, MLA for Halifax Atlantic, was beaming at the crowd turnout and support of the event. "I'm proud of everybody that helped and everyone that put this together and everyone that came out. There was a massive team of volunteers that put this all together and helped organize this with me. I couldn't do this without them. Six hundred people showed up and it goes to show there is community pride, here."

Volunteers from In the Loop were on hand to serve up free BBQ and run the event, while Lions Club Members patrolled the grounds cleaning litter, offering a helping hand where needed, and attempting to recruit new volunteers.

The event was a huge success and we really showed off our community spirit. Congratulations, Spryfield!

The award, from NovaScotian Crystal, and the sign for the award will be on display at the Captain William Spry Centre in the next couple of weeks.

Sammy

(continued from page 1)

Preservation Society (NSLPS) are offering Sambro Island Lighthouse tours from the Government Wharf in Sambro. Landing on the Island is weather permitting. Cost is \$25 adults and \$15 for children aged 8-16.

In the Community Tent from 2pm until 6pm, the family of the Late Kyle MacKay is sponsoring Kyle's Tailgate Party which is being hosted by Ed Oakley. Please note this event is for adults 19 years of age and older. Admission is free. Beer and coolers will be available for \$4 each.

Saturday will be topped off with an adult dance featuring the band 2nd Time Around from 9pm until 12:30am in the Community Tent. Cost is \$15/per person. Safe transport home "around the loop" area at 12 midnight provided by WTS Transit. Don't Drink & Drive!!

Sunday, August 10: At 9am, the Sambro Little League will hit the field for a game of Baseball.

The Service of the Sea Church Service begins at 10am at St. James United Church in Sambro and all are welcomed and encouraged to attend.

The Blessing of the Fleet will take place at the Sambro Community Wharf, weather permitting, at 11:30am.

A Local Small Business Fair will be held in the Community Tent from 2pm until 4pm. Admission is free. Come meet your neighbours and discover some great local businesses waiting to serve you!

The Consolation Baseball Game will be held at the Ball Field at 2pm.

Things get serious at 3pm as the Rubber Duck Race, sponsored by Mishoo's gets underway. The race begins at the Sambro Creek, near the Beach Road and travels down to the culvert. Numbered ducks may be purchased from SACA volunteers at Mishoo's for \$5 each. Good luck to all the ducks!

The St. James United Church Hall will be serving a yummy Lobster Chowder Supper from 3pm until 6pm. I can't wait! All the lobster, none of the mess.

At 4pm the final Championship Baseball Game will wrap up the community baseball tournament at the Ball Field. As evening comes on, head down to the water for a treat. Local boaters have been invited to decorate their boats with Christmas lights and participate in the pre-fireworks Parade of Sail sponsored by Salon Eight Sixty and Stebran Resources. This beautiful display of lights will take place from 8pm until 10pm when the fireworks begin.

Reminder to all boaters: All boats are asked to respect the distance required to be off shore in order for the fireworks to be safely presented.

At 10:00 pm the stunning Fireworks Display will close off the festival at Crystal Crescent Beach. Admission is free but voluntary cash donations will be gratefully accepted outside the beach gates on Sambro Creek Road. Please note vehicles must exit the park promptly at the conclusion of the fireworks.

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I can't wait for this year's Sou'Wester Days festival! Hope to see you all there!

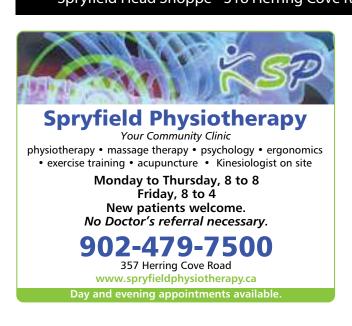
You can follow and friend Sammy Sambro on Twitter and Facebook

Guess Who?



Answer on page 11.









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Seniors' Beat: Champion at the helm

by Beverley Clarkson

Don "Duck" Scarfe is a man of few words. He's doesn't need many; he's a man of action. That special breed created to race. Sailboats fly across the water and his was pretty much always first of them.

He was thirteen when his Irish born grandfather bought him a sailboat and he was never out of it for the next three years. "Did he teach you to sail?" I wondered. "No. He didn't sail himself." Boys around these parts seem to get on the water early and make of it what they can.

He must have become pretty good because his father decided they should built one together: a snipe. "It was a bit heavy but we won the championship in North Sydney in 1950."

In 1951, WA Macaskill, a repeat winner of the Prince of Wales Cup himself, created the legendary book of sailing photos called The Lure of the Sea. Six books were hard bound in cloth. The Oueen has one of them. Don has another. Inscribed by the author 'for winning the Dominion Snipe Championship in 1952.'

He built a second snipe. And he just kept winning those championships: including the famous Leckie trophy for the Canadian National Snipe championship 'an unequalled six times', says the Ontario Sailing website. "It wasn't a rich man's sport then," he remembers. He worked for the Department of Transportation to support his sailing habit, and "enjoyed every minute of it."

"Next I bought Linnet, a sloop over 44 feet, from Charlie McCullough. It had been derelict for some years and I spent a year putting her back in shape. We won the Coronation Cup donated by the Queen. Of course, the most important cog in the wheel was the crew; Gerry Sampson, John Aucoin, Buzz Sullivan and Dave Scarfe. They did it!"

"Did she present it to you?" I asked. "No. In those days it was a fancy occasion and she presented it to the Commodore. The crew didn't attend."

"What's a helmsman do?" I inquire. "Why, he steers the ship. Calls the shots."

"So it was you steering the ship and making all the decisions that brought her in first?" "Oh yes, that's what the helmsman does." Then what does a commodore do, I wonder.

Of course nobody gets to keep the trophies. They're usually solid silver and live in a vault. But they get to play with them, as in the news photo of a young Duck filling the cup with a special brand of rum. "I kind of filled myself first."

"I sold Linnet to someone in Chester around 1962, and lost track of it. It was built around 1905. I didn't baby it, and after a race it would leak quite a bit. It was a Herschel design, one of the best ever. I always used Marconi rigging too." A while back, he was helping a friend bring back a motor boat from Ontario and they stopped in Montreal. "The man went out and when he came back, he tossed a magazine down in front me. I couldn't believe my eyes. There, on the cover of 2005 Wooden Boat, was my Linnet. It had been taken to Italy and rebuilt. There were 18 originally built and this was number 10. It was worth about \$450,000 last I checked."

He sailed other boats; quite a few in Chester with Albert Walker. The incomparable Hayseed: poetry in motion. Won more championships. And then, by 1990, he got tired of it and stopped.

"Don't you miss it?"

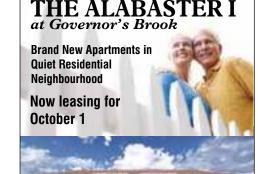
"Well, it's quite an undertaking to sail a 54 foot boat. I walked off the last race in Chester and that was it. I was ready for it."

Any regrets?

"Just one. I'd like to have cruised more. I was always competitive. Would have liked to wander about some."

And in case you think this man, 86 on his next birthday, got too old for it, you'd be wrong. "I have not an ache nor a pain," he confesses. He does walk with a cane but a few years ago he fell 12 feet and landed on his back. Doesn't stop him from hunting and fishing, taking long walks and getting where he wants to go. Jaunts in a motorboat. Still watches the races.

And judging by his smooth skin and the glint in his eye, I think the Queen missed a big chance to meet someone she'd have admired. I certainly do. Where is that race schedule for Chester?



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DISCOVERING OUR PAST



Women athletes received recognition in the 1930s

by Iris Shea

The Pan Am Games are being held in Toronto as I write this article and several local women are winning gold, silver and bronze medals in athletic events. Women's sports gained a lot of attention during the 1930s in our area. There were two softball leagues operating for women in this area in the 1930s; the North West Arm League which included Jollimore, Melville Cove and Purcell's Cove, and the South West Arm League which included Spryfield, Kline Heights and Rockingham. In 1937 the women's games, according to newspaper accounts, were well attended and provided some feisty entertainment. Marjorie Major, a reporter from Armdale, always included game results in her column in the Evening Mail under "Armdale News".

On Monday evening, September 7, 1937 the Kline Heights Rangers and the team from Rockingham met in their first playoff game at the Pine Grove ball field in Spryfield. Kline Heights made a "sweeping victory" with a final score of 22 to 12. The next two games were split, with Kline Heights leading the series two games to one. The Rangers head coach was "Diggs" Conrad, assisted by Coach Ernie Smythe and manager Arthur Howitt.

Thursday evening, Sept. 16, the two teams met again in Spryfield. This was a "do or die" game for Rockingham. They had to win to stay in the series. The umpire for the game was Mr. Merlin. In the sixth inning Merlin called a halt to the game as a result of "differences" by both teams. The fans swarmed the field and "wild disorder broke out". The score was 12 to 11 in favour of Kline Heights and the game was awarded to that team. One player received a bruised face when she came in contact with a fan's fist. Rockingham filed a protest.

The ball game fracas, described as a slapping match, ended in court. The father of the Rockingham pitcher accused a Kline Heights player of slapping his daughter in the face, charging the Kline Heights girl and her mother with assault. The mother said she was only trying to separate them. After hearing from several witnesses, the magistrate threw the case out of court, said there was too much contradictory evidence, and advised the two girls to shake hands.

Rockingham's protest was settled by



Kline Heights ladies Softball Champions, 1937: Back Row: Ernie Smythe (coach), Diggs Conrad (coach), Florence Conrad, Margaret DeYoung, Do Do Riley, Violet Umlah, Mary Keating, Alfred Howitt (manager). Second Row (kneeling): Gladys Howitt (catcher), Olive Cousins, Margie Isnor. Front: Joan Howitt (mascot) with Silver Cup. Insert Betty Howitt, missing from picture is Eileen Bellefontaine. Courtesy Mainland South Heritage Society

the executive of the South West Arm League with the game and championship awarded to Kline Heights Rangers. The team received the South West Arm Trophy, the Silver Cup, shown in the accompanying photograph.

The previous year, 1936, the Spryfield Redcaps defeated Kline Heights Rangers with a score of 11-7 to take home the Silver Cup. Spryfield's winning team in 1936, as printed in newspaper, was made up of O. Oakley, B. Oakley, D. McNeil, D. Blakely, B. Cross, W. Turner, H. Cox, Patterson and M. McNeil.

Another women's sporting event in August of 1937 was the Canadian National Women's Track Meet held at the Wanderers Grounds. Several local girls trained for the competition that year, including Marguerite Maithus, Phyllis Jollimore, Erva Hunter, Nellie Powell, Edna McCarthy, Betty Hunter, Cecelia Slauenwhite, Rita McDonald and Mae Blakeney. Mr. and Mrs. W.E. Stirling trained the girls on the Wanderers Grounds for competition in the "sprints, jumps and hurdles". On the first weekend of August a special race for girls under 14 years was won by Edna McCarthy of Jollimore in a time of 10 and 1/5 seconds. Second place went to Nettie Giles of Kline Heights. The 300 metre junior girls' relay was won by the team of Nellie Powell, Erva Hunter, Cecelia Slauenwhite and Marion Schmeisser in a time of 48 seconds.

An August Natal Day event that at-

member of the club, was a regular race

This month, the Natal Day Annual Dingle Beach Party on August 3rd will take place from 11 am-2 pm. Members of Mainland South Heritage Society and Friends of Sir Sandford Fleming Park will be at the Adventure Earth Centre (the old St. Augustine's Church in Jollimore) during this time with a collection of old photographs for viewing. Tea, coffee and cake will be served. A guided historic walk of the Dingle will be held at 12 noon, starting at the foot of Parkhill Road below the Adventure Earth Centre. Check out the website www.memorialtowerhalifax.ca for photos and history of the Dingle and the Memorial Tower.

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tracted large numbers of spectators to the Arm during the 1930s was the fivemile swim sponsored by the Halifax Herald and Mail. Doris Gidney of Melville Cove won the first race in 1927. Young Nellie Barry of Boulderwood (who later became Mrs. Earl Hartlin of Jollimore) was a regular competitor, outlasting scores of experienced swimmers, men and women, who could not endure the cold temperature of the water. The Sunshine Club practiced near the Waegwoltic Club and was made up of adult swimmers who competed in short and long distance swimming on the Arm. Mrs. Norman Arthur, a





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The Scratching Post



If you have any questions or comments, please write to me at thescratchingposthalifax@gmail.com

The Language of Cats

It is difficult to tell when our modern day house cats were domesticated. Some say the earliest evidence of humans keeping cats as pets comes from the lands around the Mediterranean where cats were found buried alongside their humans circa 10,000 BCE. Others say cats are, to this day, still not domesticated. They have simply inserted themselves in to our lives and allow us to serve them.

Whether you choose to believe your cat is still wild or has been domesticated, one thing is for certain: cats speak. We may not always know what they're saying, but they are definitely trying to communicate.

How many of you find yourselves answering your cats' meowing with, "What is it? What do you WANT?", or, "Yes, yes, I know you're hungry"? Don't worry, you are not alone. Some things cats do to get our attention

are rather obvious. Standing in front of the food dish and howling doesn't require detective work to figure out the need. There are other, more subtle ways your cat may try to speak you, and you may not have even noticed.

Ever catch kitty looking at you dreamily, giving you long, slow blinks? They're telling you they love you! This is a cat's way of communicating to other animals and people that they are comfortable enough with you to close their eyes, and fluttering them at you is sometimes considered a 'cat kiss'. It is a certain sign of affection... try sending a kiss with your eyes, and I bet your kitty will send one back.

The tail tells all, though, really. A cat communicates with their tail in a number of ways. When they walk around the house with their tail straight up, they're showing you they're confident and secure. Be careful, though, as a tail straight up accompanied with raised fur, an arched back, flattened ears or hissing, can mean your cat feels threatened. They are arching their back and fluffing their tail to make themselves look bigger and more intimidating, so look out, kitty is not happy and may attack. Another sign that your cat is about to attack is the swishing tail. When you play with your cat, you may notice their tail is jerking side to side as they get excited before they pounce. A tail lowered and tucked between the hind legs often indicates a cat is timid, shy, or nervous and feels low on the social scale.

Ever see your cat rubbing their face against the wall, a chair, or you? They're scenting. They want all the other kitties to know what their turf is and who they 'own', including you!

Purring is such a lovely sound, and studies have shown it can actually calm a human being and prolong their life. Be careful, as sometimes purring is a cats way of comforting themselves if they are in pain or distress and uncomfortable.

The first time I saw a cat sniffing something, then opening its mouth and baring its teeth, I thought they must have been offended by the smell. This is not true. Cats rely on the sense of smell to identify people, places and things, and they have an extra weapon to gather scent contained in the roof of their mouth. When they sniff something they find interesting, they will open their mouth to use this extra sense to gather more information.

Most ways cats communicate are obvious, but some are subtle. Get to know your cat by paying attention to them when they're trying to communicate, and you may learn a lot about your feline friend!

Congratulations to our Fantastic Feline contest winners, Archie and Gibbs and their human Janet! Archie and Gibbs have won a \$50 gift card to Pet Valu in Clayton Park.

"Gibbs came from the SPCA to live with me around a year ago. His duties include testing the structural integrity of the apartment walls (which he does nightly by hurling his full weight at the highest imaginary insect he can see) and checking the functionality of light switches by flipping them on and off, which was alarming the first time I noticed it at 2 am.

Don't shop, adopt!



His snuggling skills are also unsurpassed. Unlike the felines whom I have previously had the privilege of serving, Gibbs does not enjoy being alone, ever. Enter Archie, again from the SPCA, laser-pointer-chaser champion of the known universe and possessor of the highest-pitched meow imaginable. Collectively known as Trouble & Squeak, Gibbs and Archie are now fast friends – really fast. Fruit flies do not stand a chance. Watching them play together is better than TV, and as you can see from the picture, they also enjoy napping together. "

Many thanks to all the entrants for their pictures and stories! Honourable mentions to close runners up Lily and her human Michelle, and Damon and his human Dawn.

Ask a pet Vet

OUESTION: I have heard that ticks in Nova Scotia can now carry Lyme disease. Can my indoor/outdoor cat get Lyme disease?

DR. McCALLUM:

Lyme disease is caused by a bacteria named Borrelia burgdorferi and if not caught early can cause joint damage, heart complications, kidney failure, and neurologic disease. But fortunately, cats are highly resistant and rarely show signs of the disease. There are a number of other tick-transmitted illnesses but they are extremely rare in our part of the world. If you find a tick on your cat, reach below the tick's body, grab it close to the head where the tick is attached to the skin, and apply steady traction to pull it out. Ensure you remove the whole thing. But don't panic if you find a tick on your cat. The vast majority of ticks don't carry diseases and only rarely are cats affected by tick-borne illnesses.

Kim McCallum is a veterinarian at the Metro Animal Emergency Clinic and lives in Sambro with her two and four legged family.

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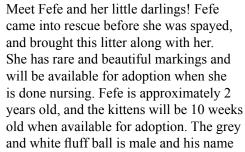
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is Mittens. The pretty tabby is female and her name is Lexi. The sweet black kitten is female and her name is Ninja. They will all come spayed/neutered, tested for disease, de-flead and dewormed.

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Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

James Philip Remy

It is with great sadness we announce the loss of one so dear: James Philip Remy. "Remy" was born on January 24, 1934 in Parry Sound, Ont., to Philip and Lillian (Bourdignin) Remy. He leaves behind his beloved wife, Barbara (Weatherbee); his cherished daughter, Christina Remy-De-Wolfe; grandson, Kevin "James" Remy-DeWolfe, whom he loved most dearly and was so proud of; son-in-law, Kevin De-Wolfe, whom he considered to be his son; sister, Ollie Nash, Elliot Lake, Ont.; and brother, Thomas Remy, Meaford, Ont. He was predeceased by his sisters, Betty Wood, Parry Sound and Dorothy Shepherd (John), Kincardine, Ont. He also leaves behind many nieces and nephews as well as his extended Cape Breton family. Jim served in the RCN from 1952-1962 and worked with the Department of National Defense, HMC Dockyard from 1968 until his retirement in 1996. Jim loved the outdoors, whether working in his garage, around the house or spending time with his "buds" and family fishing, hunting and ATVing. He enjoyed hiking, biking, skiing, spending weekly trips to Northeastern U.S.A. every winter. He loved to travel and his yearly trips to Ontario, the U.S.A., Caribbean, and Bermuda with best buds, Marlowe and Diane and great friends always resulted in so much fun and laughter. Jim was a member of the Purcell's Cove Club for many years and always enjoyed the stores, pool and good friendship. A true family man who adored his family which gave him so much joy and happiness and said "This is why the battle was worth it". An extremely active

person who lived life to the fullest, smiled always and supported everyone. He will always be remembered for his gentle spirit, sense of humor and his strength of character in the face of adversity. A humble loving man who was always giving of himself. A special thanks to his bud "Gabe" for all his support and many visits. You were always there for him. To the "Angels on Earth", Dr. Robyn McFarlene, RN Marsha Avery, Dr. William Oxner, Dr. Wilkie, the staff of the QEII Emergency and the VON. The family extends their deepest and sincere thanks for your exceptional care and support, compassion and empathy and especially the outstanding follow up given throughout Jim's courageous journey. We will carry his beautiful spirit with us through everyday of our lives. Donations can be made in Jim's memory to the Kidney Foundation of Canada or charity of your choice.

William E. "Bill" Pippy

85, Harrietsfield, passed away on Wednesday, June 24, 2015, surrounded by his family. Born in Dartmouth, he was a son of the late William and Shirley (Walsh) Pippy. Bill worked at the Chronicle Herald for over 40 years until his retirement. He loved spending time at the cottage in Chester, with the family; hunting, fishing and going on the great Moose hunt with his sons and brother, Gordon. He will be missed by all who knew and loved him, including his buddy, Holly. Bill is survived by his loving wife, Nina (Emberley); sons, Alan (Theresa), Roger (Joanne); daughters, Lois Croft, Kim Kline (Doug MacIacca), Jocelyn (Edward) Mac-Dougall and Shirley Pippy; brother, Gerry

(Joan); sister, Jeannie Fraser; grandchildren, David, Russell (Rene) Croft, Reginald (Diana) Tessia, Sara, Donald, Michael Kline, Tania (Craig) Anderson, William (Trish) MacDougall, William (Christy), Alan (Jacqueline) Pippy, Kristy Pippy (Luke Morris); step grandchildren, Barry, Reese, Trevor, Cale; 13 great grandchildren; 1 great-great grandson; 4 great step grandchildren; many aunts and uncles as well as many nieces and nephews. He was predeceased by daughter, Pauline; sons in-law Michael Kline and Jack Croft; brother, Gordon; sisters, Shirley "Betty" "Bud" Lavers; Violet McInnis and nephew Little Bud. Special thanks to Dr. Frank Doane and the staff at the QEII for their care and support. In lieu of flowers donations can be made in Bill's name to the SPCA or Hope for Wildlife foundation. Words of comfort may be sent to the family by visiting, www.walkerfh.com

Anna "Ann" Halverson

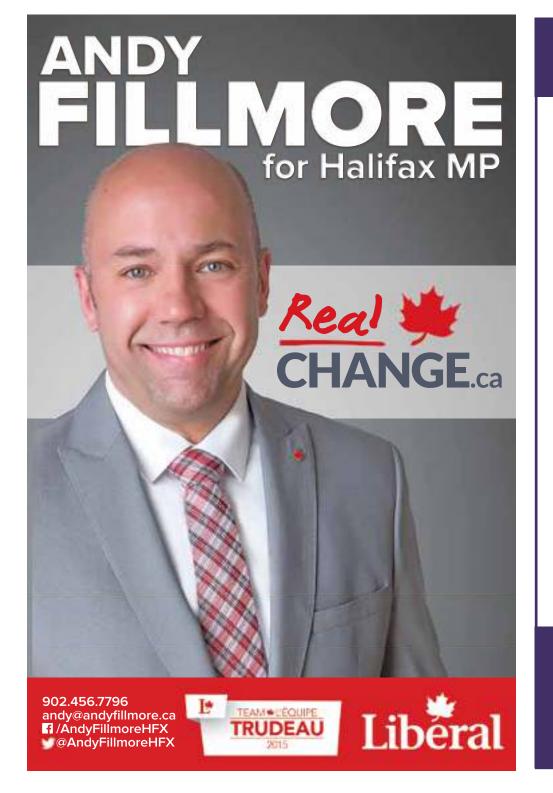
92, Falmouth, NS, formerly of Spryfield, NS, passed away peacefully with family by her side on Monday, June 29, 2015 at the Windsor Elms, Falmouth, NS. Born in Springhill, NS on November 10, 1922, she was the only daughter of the late Joseph and Caroline (Hoffman) Kavalak. Throughout her life, Ann was a member of the Topaz Rebekah Lodge #125. She was a member of St. Paul's United Church, Spryfield, where she served on the UCW. She is survived by two sons, Dennis (Martha), West Chezzetcook, NS, and Terry (Valetta), Moncton, NB, her grandchildren, Edward (Jennifer), Steven (Susan), Kelly (Cam). Kerri-Ann, Ryan and Craig, her 7 greatgrandchildren, Dylan, Amber, Michael, Vivian, Sidney, Preston and Emily, as well as many cousins, nieces and nephews. She was predeceased by her parents, her husband Ervin Halverson in 1983, and her

brothers, Joseph "Pepe", John, and Ed. The family wishes to extend special thanks to all the nurses and doctors of the Windsor Elms, especially Debbie Aker, for all the support and helpDonations in memory of Ann may be made to St. Paul's Church Building Fund or the charity of one's choice. Words of comfort may be sent to the family by visiting www.walkerfh.com

Frank Engram

Frank left us quietly on the morning Saturday, July 4th, 2015, after a brief but courageous battle with cancer. Born February 6, 1947, in Spryfield, NS, Frank was the eldest son of the late Bert and Doris (Rose) Engram. Frank joined the military in 1966, and spent most of his career in Bagotville, QC, where he was able to pursue his love of aircraft. After retiring from the military in 1987, Frank went to work for Bombardier, and then in 2002 he moved back to Halifax to be near his mother, and it was there that he met and married his best friend, Cheryle. In Halifax, Frank went to work for IMP Aerospace, where he stayed for 10 years, until his retirement in 2012. After a few short months of retirement from IMP, Frank decided he wanted to be working again, and joined the Corp of Commissionaires at the Halifax airport, where he was again able to enjoy being close to his first love – airplanes. From his teenage years, Frank was an avid motorcyclist, until he was no longer able to ride due to health issues. After he stopped riding, Frank was able to enjoy his free time with Cheryle camping, fishing, boating, 4-wheeling, and sitting around the campfire with friends at the place he loved most, Clyde Farm Campground. Frank loved listening to music, and spending time with his friends, and over the years, he forged some very close friendships over a

(See Obituaries on page 13)



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on Dentith Road

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In your own back yard

Rolls Yard Maintenance: We started four years ago doing grass cutting, weeding, gardening, yard cleanup, and laying sod. At the beginning of last year we started building Raised Gardens. We have designed a garden which is strong and lasts a long time. Our Raised Gardens are made from Rough cut hemlock which has been milled in Nova Scotia. These Raised Gardens are designed to help you, as a beginner or as a Seasoned Gardener, to be successful. We sell kits for Do It Yourself people or we can deliver and put it together for you. The materials for our customers' gardens are locally purchased with most coming from Sobeys, Herring Cove Gardens and the Canadian Tire in our community. We are a member of Spryfield and District Business Commission and are proud take part in the annual Landscapers Challenge for community gardens in Spryfield.



Preparing the soil for a Raised Garden: We have found that good garden soil for a Raised Garden should have peat moss, sifted soil, manure and/or compost. This way the soil is light enough to promote good root growth. Tilling this mixture will help you grow better vegetables, as well as flowers. If you have an existing vegetable garden, tilling and adding peat and manure will ensure you have better, healthier crops and flowers for the following growing season. We are working with our local supplier, Stebran Resources in Harrietsfield, on a chicken manure mixture with garden soil and so far it is looking like it might be our new soil mixture.

Using a Raised Garden to feed your family: Grocery store vegetables are expensive and seldom locally grown, which means less nutritious by the time they reach your plate. By creating your own Raised Garden, your family could grow their own fresh vegetables. Gardening is an inexpensive and nutritious way to spend quality time together as a family. It is never too late to start a garden, and never too late to teach children about the importance of fresh vegetables in their diet.

Planning is the most important part of having a Raised Garden. Some of the things you should think about are: getting the best sun exposure, soil mixture, drainage, and plant selection. In a raised garden you can divide your area into sections so that you could have a

salad area; an area for potatoes and carrots; a peas and beans area; a space for squash and cucumber; and maybe even some tomatoes. Square Foot Gardening is a great resource for those starting out or wanting to expand their gardening knowledge.

Don't forget to get the children involved; this is a great way to spend time as a family. It is important to teach them to be able start seeds indoors, as well. They will learn patience and the importance of caring for a living thing. To take a seed and watch it grow into something you can eat will help instill pride in what you have all achieved as

a family.



If you need your grass cut and trimmed, garden weeded or are looking for a Raised Garden in which to grow your favourite plants, call us and ask for me, Randy Rolls!

Legion donates \$13,500

The Royal Canadian Earl Francis Spryfield Memorial Legion, Branch 152 presented \$13,500 to students from the Spryfield Area. 15 were students from JL Ilsley High School (pictured below), and the other was Christopher Beeler, who is a post graduate student from Dalhousie University. Congratulations to all!



From Left to Right: Legion President Terry Bobbitt, Kathleen Winters, Crystal Walsh, Cara Walsh, Desta Thomas, Jillian Stewart, Chloe Potter, Kayleigh McDonald, Sylvie Julien, Danielle Gray, Peter Godfrey, Haley Fry, Taylor Flemming, Brett Ewald, Ashley Campbell, Chloe Angle, and Service Officer Jaddus Poirier







Not intended to solicit persons currently under contra

Herring Cove Gardens 937 Harring Cove RA. Drop In And See What Our Friends Madel

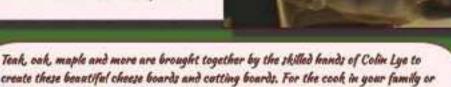
When he's not busy in the garden Bruce can be found in Herring Cove Gardens own workshop making everything from Washer Toss to Bird & Buttherfly houses! Drop in and see what he's been making or talk to Saundra about a custom order.

Water color artist Pat Shattuck brings out the beauty and color of Nova Scotia from coast lines to clothes lines and iconic down town architecture. Pat's work has hung on the walls of Herring Cove Gardens since the doors opened three years ago. Many of her original works are available as well as a vast selection of matted prints and greeting card.



Amongst the many artists adorning the walls of Herring Cove Gardens are passionate Aerglic painter Donna MacDonald who's work can be previewed on her FaceBook page "Faint Like No One is Watching" and the latest addition, the must see oil on canvas artist Frances Wolfe.

Saundra's handmade soaps combine her own fragrance blends with various natural colorance and exfoliants. The four unique blonds currently in stock are selling fast and everybody is excited to see what she comes up with next!





Rebecca Fark's genuine leather shoulder bags are very popular this summer. With repurposed leather belts for straps and Rebecca's personal creative flare no two bags are the same! Also, your little ones will love her "Wallyz". Keep those little piggies warm with woo! lined leather bottom and 100% sheep/lamb woo! moccasins.

Dress up your address with hand painted numbers and changeable "Chunkins" by crafty tag team Paula and Wade Custance. Choose from over 30 different "Chunkies" and a garden stake or welcome banner to match!

that one of a kind wedding gift you can't go

wrong with Colin's craftsmanship!

Wanted:

Stained glass window artist & creative candle maker to join our family of talented artisans. Our low consignment rate will help keep your work affordable.

Bearloom Teddies - Creating Lasting Hugs Artist bears created by Carol Titus of Dartmouth using recycled fur coats and lots of love.



Hours:

Mon - Closed Tae - 12pm-6pm Wed-Sun - 10am-6pm

902-479-7289 covegardensægahoo.ca Facebook.com/HerringCoveGardens



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Winemaking now in Spryfield!



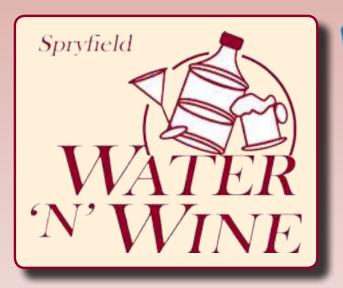
With the finishing touches being put on our renovations this past week our long time customer Dennis Touesnard was our first In-Store Winery Service Customer! He is shown here pitching the yeast as store manager Claudett Frizzell watches



Water 'N' Wine Spryfield has been serving the home wine and beer making enthusiasts in Spryfield and around The Loop since 1993. The store was first opened by Dan Doherty in South Centre Mall and is now located at 217 Herring Cove Road. As all small businesses must do to stay viable, Dan has always adapted to current business and market conditions, and so with the advent of legislation allowing in-store winemaking in Nova Scotia Dan felt it was time to act. He has purchased a property at 2 Mont Street, tore down the old house and expects to start construction of a new building for the store this fall. However, not wanting his loyal customers to have to travel outside of the community to obtain this service, he decided to create an interim solution. During the past month Dan has completed renovations to the building the store is currently in, brought in a bunch of new equipment and can now make your wine kit for you. Drop in and say hello to Dan, Claudette, Cindy and Cheryl – they will be glad to show you around!

rvrvrv.rvatemrvine.com

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Chebucto News • August 2015

Reg Horner Memorial Character News Sports Page

Chebucto will Host the Bauer First Shift Program this Hockey Season

by Benny DeVine

Have you ever thought of signing your son or daughter up for Minor Hockey but the thought of the expensive gear and registration stopped your plans? Well this Fall Chebucto Minor Hockey will host the Bauer First Shift Program.

For the \$199 registration fee Bauer will provide all hockey equipment needed from head to toe. This includes a hockey stick and a 6 week on ice program. A welcome event for fitting and to answer any questions is planned for early October. Chebucto will be offering participants a chance to join their recreation hockey program at the end of the 6 weeks, for players looking to keep playing hockey.

The First Shift makes the hockey experience possible for everyone. Bauer will provide all the equipment and necessities for the program so all you have to do is show up and get involved. Our goal is to change the way hockey is offered to bring 1,000,000 new families into the sport worldwide over the next 10 years. The program is open to any child aged 6-10 who has not enrolled in Minor Hockey.

The First Shift Program is designed to ensure a positive experience for new-to-hockey families. This means breaking down the barriers that exist for many parents, and making you feel at home within our Chebucto Hockey community. We want you to experience the game at its best – understand why so many Canadians feel an inherent love for the sport – and stimulate a

desire for continued participation. We want to take away any intimidation as it relates to equipment requirements, and/or rules of the game, remove potential safety concerns and most importantly, give you an experience that's memorable and fun.

For more information, go to http://www.thefirstshift.ca/

To register, go to https://www.survey-monkey.com/s/2TRQP3F

Summer Hockey comes to Spryfield

by Benny DeVine

On August 10th the doors of the Spryfield Lions Rink will open and for the first time in 40 years there will be ice in the summer.

Chebucto Minor Hockey has entered into an agreement with Spryfield Lions Recreation and Rink Society. In 2014 a new compressor and refrigeration unit was installed at the Lions Rink which allows for ice to be made in the rink in temps as high as 35c.

There will also be a new innovated removable board system that will divide the ice into 2 sheets making it possible for Chebucto's new 3 on 3 programs that will start on August 10th.

The Chebucto Atlantics Hockey registration is set to open on July 24th. Chebucto offers Hockey Programs for kid's ages 4 years to 22 years old. Visit www. Chebuctominorhockey.com for more information.

Halifax Hurricanes Peewee Boys Lacrosse Team goes undefeated 17-0



by Benny DeVine

The Halifax Hurricanes Peewee Boys Lacrosse team took a perfect regular season record of 14-0 into the Play Offs in late June.

They defeated the North West Rebels 8-1 in the Quarter Finals and then they defeated the Bedford Rock 6-0 in the Semi Final game.

The stage was set for the Championship game against the St. Margaret's Storm at

the Lions Rink on July 2nd. The Hurricanes scored 6 seconds into the game and they stayed in control and went on to win 8-1.

Coach Jake Nordin said "we certainly had a very physical team this year and it's hard to play against a team like ours. We also have a great offensive attack and the boys learned this year that passing and team work is very important to being a good team."



HFX Hurricanes Peewee Tornadoes Girls win the MMLL Playoffs

Carroll & Coach Pyke off to World Championships then to Pan Am





Left photo: Carrington Carroll & Coach Pyke; right photo: Carrington & Hunter Carroll

The World Taekwondo Federation (WTF) 2015 Canadian National Championships were held at the Complexe sportif Claude-Robillard in Montreal from June 25-28, 2015. Nova Scotia's predominant High Performance schoo, HP Atlantic Taekwondo Centre under the direction of High Performance Coach Pyke, continues to podium its athletes and earn berths on Canadian National Teams.

4-time Canadian National Youth Champion, Carrington Carroll, went undefeated again at this year's National event earning a berth on Canada's World Championship and Pan Am Championship Cadet Teams. She went 4-0 in matches and gapped her opponent in the Finals 15-3, earning the Canadian Cadet Female MVP. Carrington and Coach Pyke are off to Muju Korea mid-August and then Mexico for PanAms in September to represent Canada.

Also hitting the podium and making Canada's Canadian Jr National Team was local athlete, Hunter Carroll. Hunter's 2015 National Title makes him a 4-time Canadian National Champion in as many years and he will be off to Mexico in September, joining his sister at the Pan Am Championships. The National title comes on the back of Canadian, US, and Commonwealth Championship Titles in the past year for this very talented fighter from Spryfield.

Other Canadian National Results from HP Atlantic include: Jackson Carroll (Senior Men's Flyweight Canadian Champion), Kennedy Huestis (Bronze Cadet), Matt West (Bronze Senior Light), and Michael Nearing with a Silver in both Jr and Sr Colorbelt divisions. Falling just short of the podium were first time competitors Charlie Haynes and James Fitzpatrick, both recent additions to HP's stable.

Alex Cormier receives his Male Athlete of the Year Award at Elizabeth Sutherland School.

Guess Who Answer from page 2: \$861-8861 [[9494]M] 9190

Bianca Paquin takes her boxing skills worldwide

It has been a whirlwind of travel lately for 17 year old boxer, Bianca Paquin of Spryfield.

Bianca traveled to Taipei, Taiwan for the Female Youth World Championships. Boxing Canada sent two females to the tournament; 51kg Bianca Paquin and 75kg Taylor Ross of Sydney. Both girls lost to the eventual bronze medalists in their respective weight classes. It was their first international competition and they gained very valuable experience.

On July 5th, Bianca was sent to Serbia with Team Canada to box at the 33rd Golden Glove of Vojvodina. Bianca fought Ka-

zakhstan in the semi-final, and dominated all four rounds until the referee stopped the fight. This put Bianca in the finals against the 51kg world champion from Armenia. The two girls fought a toe to toe battle all four rounds, ending in a very close fight. The fight was given to Armenia but Bianca came out with a silver medal, and the girls won best fight of the tournament. Congrats Bianca, you've done very well, and made us so proud.

In total, Canada brought back 1 silver and 2 bronze medals, as well as 1 trophy for the best bout of the tournament.

Congratulations to all the athletes and

Thank You to National Team coaches Danielle Bouchard and Mark Collins. Great job!



Bianca Paquin and Anush Grigoryan receiving best bout of tournament trophies

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Chain of Lakes Trail improvements popular

by Linda Mosher, HRM Councillor, District 9

Now that the Halifax Water Lakeside Diversion construction project under the Chain of Lakes Trail (COLT) is completed we are getting more users than ever! It is fantastic to see so many people participating in varied activities such as walking, biking, roller blading, skate boarding and jogging on the trail. Some use it for physical activity and others use it as a route to get to work or shopping. The reinstatement project was recently signed off by our Urban Forester. We conducted numerous site visits, walking the trail with Halifax Water engineers and the contractor to check on the progress and to ensure the vegetation replanting was appropriate. The trail has been re-established with a new look off area over the lake and numerous sitting areas, and it is in great condition! However, there are now some steep areas that were created during construction. The grade of the trail was altered and the brush and vegetation was removed, creating significant slopes with no buffers. Steep warning signage has been installed and wooden fencing (that will match existing fencing) will be installed in these areas in the future. Previously, Halifax Water had wanted to erect chain link fencing along a large portion of the trail to provide a barrier to the watershed. I had concerns about this as it would take away from the aesthetic beauty and urban greenway feel and brought the matter to Council. I am pleased that no new chain link fencing will be installed. I used our district funds to construct a second pocket park on Brook Street and was able to take advantage of lower costs combined with the trail reinstatement. Funds were also used to erect a bike sculpture. The Chain of Lakes Trail Association funded the second sculpture.

Our 7.25 km trail connects to the provincial Beechville Lakeside Timberlea trail. There are many other communities and trail groups that have requested additional connections to COLT. As a result, HRM staff and I have worked to create an active transportation plan and conceptual design for the area to connect existing and future recreation areas and trails. These connections are being planned and designed in phases. Phase one will entail the installation of a bridge across the watercourse at the Chain Lake Field. Phase two will entail connections to other trail systems in the surrounding area. The plan can be viewed on my website at www. lindamosher.ca under the news tab.

The Chain Lakes Field is the HRM owned field off of Crown Drive (you can see it below the St. Margaret's Bay Road). The Chain of Lakes Trail is adjacent to the field; however there is a watercourse in between so you cannot get to the trail from the field. A tender has been issued looking for bids to construct a pedestrian bridge over the watercourse. This phase one was approved by Council and will cost \$150,000.

Future considerations are for a bike trail along the Northwest Arm Drive and the St. Margaret's Bay Road overpass where a bike trail could pass. Alterations would have to be made to the areas such as the existing guide rail and chain link fencing around Halifax Water property. We submitted an application for provincial funding under the Connect2 program. It would be for Phase two: alignment/

design study for the Northwest Arm Drive Greenway project. This would involve connection from Northwest Arm Drive and St. Margaret's Bay Road to the new Chain Lake Bridge. Should we receive funding, we can have the project completed by the March 2016 deadline. Our planning will also consider connections to a proposed future active transportation greenway that would parallel Northwest Arm Drive and extend southwards alongside Long Lake Provincial Park and northward across highway 102. This would connect communities such as Spryfield, the McIntosh Run, Mount Royale and Mainland Linear active transportation greenways. We have many great active transportation trails within a two kilometer radius of the Chain of Lakes Trail and it would be a great opportunity to connect our trails and communities.

Once phase one (bridge) is completed we will be providing information to the local communities for feedback. We would initiate public engagement to assess the various alignment alternatives and opportunities. The Chain of Lakes Trail Association would be engaged throughout the process.

It has been great to see so many residents at events throughout our district and municipality this summer. A special thank you to Mike MacIntyre of Mike's No Frills in Spryfield for sponsoring all the food and beverages again this year for our upcoming 8th Annual Dingle Natal Day Beach Party. This is a free event on Monday August 3rd from 11 am-2 pm. All are welcome to come and celebrate Natal Day at our historic and beautiful Sir Sandford Fleming Park!

Waste collection changes in effect now

by Stephen Adams, HRM Councillor, District 11

Summer Fun

There are many local community activities and events to enjoy before the school bells ring again. I hope you are able to participate in a number of these events for an enjoyable time spent with friends and family. Maybe I will even get to see you at some of them!

Curbside Collection Changes Now in Effect

Effective August 1, 2015 the following changes will come into effect regarding curbside collection of solid waste / green carts:

- Use of clear bags for garbage is now mandatory. One dark bag will be permitted for privacy within the 6 bag limit for single-unit residential dwellings.
- Boxboard (cereal/cracker boxes) is to be placed with paper items; no boxboard in the green cart unless used to contain kitchen scraps.
- Grass clippings will not be collected curbside.
- Kraft paper bags will be the only type of bag permitted for excess leaves and yard waste

For detailed information on these changes, you may view our municipal website at: http://www.halifax.ca/recycle/index.php.

Weekly Green Bin Collection Ends August 31, 2015

Weekly green cart collection is in place for the months of July and August. This is a reminder that the weekly green cart collection ends on Monday, August 31st. To see the collection schedule for your area, visit our website at: http://www.halifax.ca/recycle/area1and2.php

District 11 Newsletter

I have received a number of phone calls and emails from residents relating to information in the annual District 11 Newsletter. I hope you have received a copy; if not, you may view it online at http://www.halifax.ca/district11/communications.php. You will find information about our district, including but not limited to, new rules and regulation in regard to waste management (curbside collection), a clip and save contact information list and information on the distribution of the District Capital and District Activity funds. The majority of calls I received were regarding funds awarded to various community groups; more specifically, the Royal Nova Scotia Yacht Squadron (RN-SYS). No details were provided in the newsletter regarding these grants which resulted in the calls and emails on this matter. I am pleased that residents took the time to read the Newsletter and raise questions about how municipal tax dollars are being utilized.

The request from the RNSYS met our criteria for eligibility as it is accessible to all residents (membership is not required for the Adult Learn to Sail program). The funds were to help support infrastructure

to complete accessibility upgrades in order to host the International Federation of Disabled Sailing World Championships (IFDS). In 2014 the RNSYS was recognized as the Club of the Year by the Canadian Society of Club Managers for hosting the 2014 IFDS World Championships. I am pleased that the contribution enabled the RNSYS to successfully host the IFDS as well as provide continuing accessibility to the sport of sailing through the Sail Able Program. Sail Able provides learn-to-sail opportunities for persons with disabilities.

If there are further questions regarding how the grants are disbursed please feel free to contact me at 902.497.8818 or by email at Stephen.Adams@halifax.ca.

Plan Ahead for Winter 2015/16 Seniors Snow Removal Program

After the grueling winter we experienced in 2014/15, I encourage everyone to start planning ahead for winter 2015/16. If you think you might require assistance with snow removal, please mark your calendars with a reminder to register for the Seniors Snow Removal Program. Registration normally commences around mid-October and closes on December 1st each year.

The Seniors Snow Removal Program is available to seniors (65 years of age or older) and persons with disabilities in the Halifax Regional Municipality who

(See Waste on page 13)





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The Halifax Armdale Report

by the Honourable Lena Diab, MLA for Halifax Armdale

The summer months provide the greatest opportunity to get out into the community and connecting with constituents. Tim Hortons on Osborne Street kindly allowed me to host an MLA Coffee and Chat in July with one scheduled also in August. I invite constituents to come to these open houses to chat with me about the important issues that face our riding. I also had the opportunity to visit with constituents at Arborstone Enhanced Care, where I presented resident Vicky Levack with a congratulatory certificate for her community advocacy and at Melville Heights where I chatted with residents around the dinner table. During July and August, I am connecting with constituents door-todoor listening to your concerns and ideas that promote a better community.

It was my pleasure to connect 80 local children with free tickets from sponsors via the Tickets For Youth program for the Royal Nova Scotia International Tattoo. Most of these children had never gone before and it was a great way for them to learn about our history and what it means to be Canadian. As well as making them aware of the very significant contributions made to our nation by the Canadian Armed Forces and the Royal Canadian Mounted Police.

Nova Scotia's AMBER Alert now has a dedicated Facebook page to notify the public directly via social media. We encourage all Facebook users to "like" the AMBER Alert Nova Scotia page to help spread the message when a child or vulnerable person is abducted to help police find them. Nova Scotians can also receive AMBER Alert notifications via text messages. People are invited to visit www.wirelessamber.ca to give their cellphone number to receive a text message when an AMBER Alert is issued in Canada.

My office door is open to listen to your concerns. I am very proud to be the MLA for Halifax Armdale and look forward to talking with you on your doorsteps, in my office, at local events and on the street. You can contact me at 902-455-1610 or

OBITUARIES

plate of wings and a glass of draft. Frank

(continued from page 6)

by email at info@lenadiab.ca. You can "like" my page on Facebook (www.facebook.com/lenadiabmla) and follow me on Twitter (@LenaDiabMLA) to stay up to date with my latest activities and news in the community/province. Thank you for your continued support.

Community Spirit Award a joint effort

by Brendan Maguire, MLA for Halifax Atlantic

July 18th was the second annual community celebration and BBQ hosted by In the Loop Assocation, Councillor Adams, and myself. It was held at the Ravenscraig soccer field, off of Williams Lake Road. By all accounts the event was a huge success. Over 600 people attended, and everyone seemed to find something fun to do; from a free BBQ with cake and ice cream, to face painting, to bouncy castles, to games and lots of prizes, this year's event was an even bigger success than the last! To top it off this year Spryfield received the prestigious Lieutenant Governor's Community Spirit Award. Our community was finally recognized as a place where people help each other succeed and in general for being one of the best places in all of Nova Scotia to live!

An event of this magnitude can only happen when a whole community of non-profit organizations and businesses work together. I want to thank all the sponsors: Bluenose Seafood, Canadian Tire (Spryfield), RBC (Spryfield), Mike's No Frills, Now We're Cookin, The Head Shoppe (Spryfield), The Purcell's Cove Social Club, Tim Horton's (Osbourne), Tim Horton's (Ultramar), Sobey's (Spryfield), The Orb Factory, Herring Cove Gardens, Lawtons Drug Store (Spryfield), Zudora Jewelry Atlantic, Duel Properties, Polly

Corp, LumberMart, Shoppers' Drug Mart (Spryfield), The Dexter Institute, The Spryfield Veterinary Clinic, Stephen Murphy's Wilson's Gas Station (Herring Cove), The Lions' Club, The Lions' Rink, Chebucto Connections, YWCA, The Boys' and Girls' Club of Spryfield, Family SOS, The Chebucto Family Resource Centre, The Urban Farm, The Spryfield Business Commission

So, as you can see, it really does take a community to pull off such a big event! I also want to thank Councillor Steve Adams for once again partnering with me and In the Loop Association for another fantastic event for our community. To the hard-working members of In the Loop Association, I want to say great job! I know you work quietly behind the scenes to bring these types of events to our community; events such as the Summer BBQ, Community Wide Yard Sale, February Holiday Free Family Bowling, and the Free Boys and Girls Club Holiday Dinner. You do not do it for the credit, but know that these events have become signature fun events for our community, and we appreciate it!

I want to change topic and give an update on roads for a moment. As many of you know, East/West Pennant Road, Sambro Creek Road, and Chebucto Head Road are to have major work done on them this year. I spoke to Transportation and the work will start beginning to mid-August. Also, for those living near Venus Drive in Harrietsfield, your road will be addressed shortly; this will include a system to deal with the water issue, as well as paving.

You may have noticed that Crystal Crescent Beach finally has a food vendor! I want to welcome local business Buckley's BBQ, operated by one of our very own, Greg Buckley.

Speaking of Crystal Crescent Beach, I have requested that Natural Resources regrade the road leading to the beach, as it is in rough shape and has not been done for years. I have been informed that Transportation will be handling the job sometime in the near future.

Lastly, it is with a sad heart that I write these next words. This month our community lost a great community activist,

Fraser and three grandchildren; stepdaugh-

ter Amber Sinclair, all from Saint John,

volunteer, and leader; Larry Sinclair passed away. Larry was always someone I could go to for advice, someone I could pick up the phone and call and just chat with. Larry was dedicated to Harrietsfield and its community hall, could be seen playing darts, organizing dances, and community events. Rest in peace Larry. Thank you for everything you did for our community!

Waste

(continued from page 12)

meet the following criteria: the program is available to residential properties only (owners/tenants) of a single-unit dwelling with a total gross household income not exceeding \$32,000.

The program offers assistance to clear snow from steps and walkways, including: front and back steps, walkways and access to fuel tanks. The program does NOT include snow removal for driveways.

Be advised that this is a first-come, first-served process. The program will close when the maximum is reached or when December 1st arrives, whichever comes first.

Contact

Please call 3-1-1 if you have an issue that needs to be addressed. You will be given a reference number which can be used to follow the progress of that particular issue.

If you wish to speak to me concerning municipal issues, please contact me by phone at 902.477.0627 or email at Stephen.Adams@halifax.ca.

Something to say? chebuctoeditor@gmail.com

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truly enjoyed helping people, and would go out of his way to help someone he loved, or felt was in need. In recent years, Frank became a member of the Armdale Fairview Rockingham Lions Club, where he was able to volunteer his time to help those in need, and he remained active in his volunteering until the last few weeks of his illness. Frank will be deeply missed by his wife and best friend Cheryle (Townsend); daughter, Julie (Gaetan), Bagotville, QC; stepson, Shane, at home; brother John (Judy), Edmonton, AB; grandchildren, Melodie, Marianne, and Hugo, and countless loving family and friends. Besides his parents, Frank was predeceased by his infant granddaughter, Arielle, and his brother David. In keep-

Andrew "Bruce" Campbell

Canadian Cancer Society.

May 20, 1931-June 10, 2015
Bruce passed away after a brief and unexpected Illness in Victoria, BC where he lived since retiring from the Canadian Army Artillery in the 1970s. He grew up in Spryfield, Nova Scotia, the son of the late

ing with Frank's wishes, he had requested

family flowers only and also requested that

any donations be made in his memory to the

Jack and Doris "Doll" (Ratcliffe) Campbell. He will be sadly missed by his two daughters, Carol Fuggle (John) and Cathy Ritchie, and his two grandchildren, Nick and Emily Ritchie, all of Victoria; brother-in-law Laurie Umlah, Spryfield, nephews Brian Umlah (Jackie), Spryfield, and Mark Umlah (Cheryl-Anne), Dartmouth; nieces Dawn Mills (Jim), Williamswood; Heather Umlah, Herring Cove; and Gail Gionet (Danny Maybe), Spryfield; and several other family members in Halifax, Ontario and England. He was predeceased by his wife, Gloria, a sister, Doris Umlah, and three brothers, Victor, John and Harold. He will be fondly remembered by all knew him for his kind smile and forgiving heart. He played a mean harmonica and participated in the band at Ross Place where he will be missed by friends, especially his good friend, Tom Green. Burial took place in Victoria, BC.

Lawrence William Sinclair

It is with great sadness that we, the family of Lawrence "Larry" William Sinclair, announce his sudden passing at his home in Halifax, on June 22nd, 2015. He was born September 4th, 1952 to the late Vivian Rosella "Libby" Sinclair and Lindsay Robert Sinclair. He is survived by his daughter, Crystal Dawn Sinclair, her partner Sarah

NB; sisters, Marilyn (Sinclair) Baxter, St. Stephen NB and Marsha (Arthur) Mac-Gregor, Burtts Corner, NB; brother, Stuart Sinclair, St. George NB; and several nieces and nephews. He was predeceased by his brother John Sinclair and his partner of 29 years, Michael Donovan. Lawrence was devoted to his community volunteer work and to the Salvation Army Spryfield Community Church. He was the former President of the Nova Scotia Command Army Navy Air Force Veterans Association and current president of Nova Scotia Command; current Chairman of the Board of Directors of the Harrietsfield Williamswood Community Centre, and also group commander of WWII Remembrance Church Association. He enjoyed playing darts in various leagues and tournaments; hunting with special friends; and going to Bingo. He very much enjoyed socializing with friends. He will be greatly missed by the many organizations that he supported and by the people whose lives he touched. In lieu of flowers, donations may be made to the Salvation Army Spryfield Church, Harrietsfield Williamswood Community Centre or to a charity of one's choice.

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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com

AUGUST COMMUNITY EVENTS

Captain William Spry Library Events: STEM Series (Ages 3 to 6) at 11am

- August 4th: Fun With Magnets
- August 11th: Measurement Magic
- August 18th: Digital Storytime

Mad About...Series (Ages 3 to 6)

- August 12th: Mad About Mo
- August 19th: Mad About Munsch

LEGO at the Library

- · August 13th: 2pm. Ages 5 and up Mirror Art
- August 20th: 2pm to 2:45pm. Ages 6 to 10 Summer Reading Program Closing Party
- August 25th: 11am. Open to all ages. Try a Ride
- · August 14th: 11am to 2pm. All ages. Try
- a bike, skateboard or scooter!

Delicious and Delightful Series: Flower Power

 August 14th: 2:30pm to 3:30pm. All ages. Registration Required. Hosted by the Urban Farm Museum of Spryfield Please note that for your convenience there is a community drop off for library items at the Greystone housing office.

www.halifaxpubliclibraries.ca (http://www. halifaxpubliclibraries.ca/)

Follow us on Twitter http://twitter.com/hfx-

Visit us on Facebook http://www.facebook. com/hfxpublib

Chebucto Community Health Team (16 Dentith Rd) Events:

- August 21st and 28th: 9:30am to 11:30am. Free Nutrition Program. Taught by a Registered Diatician.
- August 14th: 9:30am to 11:30am. Craving Change Follow-up. Learn about important relapse prevention skills.
- PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield and around the Sambro Loop. Please call 487-0690,go to www.communityhealthteams.ca or drop-in to register.

Chebucto Connections Events (531 Herring Cove Road):

· Volunteer Board Members needed! Interested parties will want to be a part of a team

ANNUAL GENERAL MEETING HALIFAX ATLANTIC LIBERAL ASSOCIATION

Notice is hereby given that the Annual General Meeting of the Halifax Atlantic Liberal Association will be held September 14, 2015 at the Captain **William Spry Community Centre** (Conference Room #2), 16 Sussex Street, Halifax, NS.

6:30pm - Registration 7:00pm - 8:30pm Special Guest Speaker - TBA

New Members welcome



that is actively engaged in making our community a healthy and vibrant place to live and work! Contact ccda.stecroix@gmail. com or 477-0964 for more information

Earl Francis Spryfield Memorial Legion (7 **Sussex Street) Events:**

- Bingo every Sunday at 1pm.
- August 10th: 12:30 to 4pm Seniors Day BBQ and Dance.
- Summer Activities: Open to the Public
- Crib: every Monday starting June 8th at 7pm \$5 per person
- Darts: every Wednesday starting June 17th at 7pm \$5 per person
- Washer Toss: every Thursday starting June 11th at 7pm \$5 per person

Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Friday Night Mixed Dart League with bar service. 8pm. \$5 to play Phone 902-403-1666 or 902-477-8749 for more information.
- Jam sessions every Sunday evening at 7pm. Free admission, just bring your instrument. Call John at 902-220-7720 for more information or check out the Facebook page hwccjamsessions.
- · Wednesdays and Thursdays and Saturday morning: Tai Jitsu Classes. Contact Natasha at 902-293-7427, halifaxtaijitsu@gmail.com
- Now doing registration for Summer Day Camp, See Angel at the centre

Quarter Note Singers (Captain Spry Centre) Events:

· Singers Wanted! We are a mixed adult community choir that has been making music for over a decade at the Cap't William Spry Community Centre. Singers of all levels are welcome; there are no auditions. For more info please call Steve Trussoni at 902-477-2664

Sambro Sou'Wester Days (Various locations):

• August 7-9: including parade, corn boil, ceilidh, family carnival, barbeque, beer garden, adult dance with live music, small business expo, rubber duck race, washertoss tournament, baseball tournament, 50/50 tickets, raffle tickets, Sambro Island Lighthouse tours, seafood chowder supper, parade of sail, fireworks. For further details, check out Sammy Sambro's column in this edition. PLEASE NOTE: There will be partial road closures during the Parade on Saturday morning and intermittent delays should be expected between 10 a.m. and noon.

Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

- On August 11, at 6:30 pm. Come join us for an Evening in the Garden: music, tours, arts and crafts, field games, neighborly visiting and light refreshments. It is a family event and everyone is welcome
- August 10th: 7pm. Monthly meeting will be held at the Farm, weather permitting. If the weather is inclement, the meeting will take place at the Captain Spry Centre. All welcome.

YMCA Events:

- · Elderobics-Forever Fit classes. No registration necessary. \$4/per class plus annual
 - Emmanuel Church Hall on Monday,

Wednesday and Friday from 10am to 11am. - Captain William Spry Centre on Monday, Wednesday and Friday from 9am to 10am

Young at Heart Club (212 Herring Cove Rd):

- · Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.

Church of St. Peter (1082 Ketch Harbour

• August 15th: 4pm. We will be celebrating an outdoor mass to dedicate our garden and grotto in Memory of Raymond Purcell and Kyle Mackay. Please bring a lawn chair. Reception to follow. For more information, please contact Kim Mackay at 902-475-1583

Parkhill United Church Jollimore:

• September 26th: 9am to 1pm. Fall Sale. Featuring home baked goods, household items, books, jewelry, antiques and collectables. Refreshments and so much more!

St. James United Church (3811 Old Sambro Road) Events:

- · Tickets are now on sale for the Sou'Wester Days annual Adult Dance, which will take place on August 8th. \$15 per person. Band is 2nd Time Around
- August 9th: 3pm to 6pm. Chowder Supper. Everyone Welcome

St. Paul's United Church (173 Old Sambro Road) Events:

- · Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- · Harrietsfield Williamswood Residents who question the safety of their drinking water can fill up empty water jugs outside of the church 24 hours a day, 7 days a week.

Other Events and Notices:

- Hand in Hand (440 Herring Cove Road) which is operated by the St. Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.
- Girl Guides of Canada Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.
- Harrietsfield Williamswood Residents who question the safety of their drinking water can now fill up empty water jugs outside St. Paul's United Church 24 hours a day.
- Halifax's 8th Annual Dingle Natal Day **Beach Party** Monday, August 3 – 11:00 am – 2: 00 pm. Free event! Live music by Steve Dooks, Atlantic Cirque Musical Show, BBQ & refreshments, canoeing & water activities, bouncy castles, kids' games, and art activities. For overflow parking free shuttle service from the Frog Pond and J.W.MacLeod parking lots. Please bring your blankets/chairs, hats and sun screen-we'll supply the fun!
- Mainland South Heritage Society and Friends of Sir Sandford Fleming Park: will be on hand at the Dingle Natal Day Beach Party on Monday, August 3rd between 11am and 2pm with a photo display at the Adventure Earth Centre. They will also be offering a guided historical walk of the Dingle at noon. More information is available at www.memorialtowerhalifax.ca
- Art in the MLA's Office: MLA Brendan

Maguire will feature mixed media art by former J.L. IIsley Students all summer long. Come see what these talented young adults have created! 9am to 5pm weekdays (closed 12 to 1 for lunch). 349 Herring Cove Road. Suite C.

 Join The Sambro Island Lighthouse Heritage Society and the Nova Scotia Lighthouse Preservation Society on August 8th for a Sambro Harbour and Sambro Island Lighthouse tour! The first boat will leave the Government Wharf at 10am, the last boat from the Island will be at 3:30pm. Tickets will be sold at the wharf during the tours. Adults \$25, 16 and under \$15.Pay with Cash or Credit Card. All proceeds will go towards covering the cost of the tours. Any remainder will be used to further both organizations' initiative to preserve Nova Scotia's Lighthouses. For safety reasons, only children 8 and older are permitted. Landing on the Island is weather permitting, but we'll do our best to get you there. Should we be unable to land on the island, at the captain's discretion, we'll take you on a tour around the island.

Check our Facebook page for late arriving events and changes or updates to listed events

Supporting Your Community

ROYAL CANADIAN **LEGION**

Earl Francis Spryfield Memorial Branch 152



WE CARE

JUGGO VI

Time for a move?



This 3 bedroom 2 bath home is on a quiet street in a family friendly neighbourhood with access to great schools, shopping, transportation and recreation. This home has been well maintained including new front stairs, recently installed programmable thermostats and new lighting fixtures. The main floor has a lovely open concept living and dining room and a generous galley style kitchen with beautiful cabinets equipped with many pull out shelves for more efficient use of cabinet space. The large master bedroom on the upper level has lots of closet space as well as direct access to the main bathroom. The upper level also has a second good sized bedroom. The basement has a nice rec room, a 3 piece bathroom and a den that has had a new window installed to allow egress so is now a legal 3rd bedroom. The back 2 level deck is plenty large for parties and the well maintained yard also boasts a large garden shed as well as a smaller under deck shed. Come have a look at your new home today.



4.3 Acre Estate - 214 Scotts Point Rd. East Dover

Welcome to your private secluded estate, your own nature preserve just 30 minutes from Halifax. With 4.3 acres and 1900+ feet of shoreline on Dutchman Cove in East Dover Harbour your possibilities are endless. Enjoy a calm sheltered cove for swimming on the east side of the property or build yourself a wharf with deep water anchorage on the south side to take advantage of the excellent boating and fishing in the area. With water views from every room in this 2100 sqft. bungalow you will always be close to nature yet comfortable and cozy in a home that takes advantage of passive solar heat and has a beautiful double sided Heatilater fireplace between the open concept living room and the adjacent TV room. Come and have a look at this wonderful estate property.







now to view 902-483-8761.







WOW what a place to live in - The Waterton - upscale - pet friendly - centrally located! With easy quick access to everything this condo building is located in a very family friendly neighbourhood with great schools, transportation, shopping and recreation. This cozy open concept 1 bedroom unit with in-suite laundry and a great balcony is perfect for first time home buyers or anyone looking to downsize. This home also provides a better way to start a winter day - no more going out in the cold to your car just go down to your heated underground parking space (with adjacent storage space). This home has water, geothermal heat and AC included in the low condo fees. Come have a look now!



let the \$700, rent from the one bedroom basement apartment help with the mortgage

payments – OR - convert to a single family home. Situated close to all amenities and on

a bus route this home is on a 9685 sq.ft. R4 which would allow for future multi-family ex-

apartment but is still shown on HRM tax notices as 3 dwelling units. In the last few years

this home has had all new siding installed and many other upgrades, call David Sampson

pansion. This home was converted from a triplex to a single family home with a basement

DAVID SAMPSON





EXIT REALTY METRO

Looking to Buy or Sell on the Chebucto Loop?

If so, you need someone with experience around the Loop. What many people don't realize is that there are several distinct markets on the Loop, each with its own special advantages. Each of the areas are going through changes that make local knowledge especially important.

Contact David today and get that knowledge working for you. David will do a free no commitment market assessment on your property

Phone: 902-483-8761 Email: dksampson@bellaliant.net





When Lynn and Fred O'Hearn opened their first LumberMart on the Herring Cove Road in 1984, milk was \$1.95 for a 1/2 gallon, the average new home was \$129,000 and a 2x4 was about \$1.50! There were 5 or 6 other building supply stores in Metro and no Retail Business Parks. Now 31 years later, we are one of the few Independant Building Supply Stores amongst 18 other stores and are busier than ever. We thank you for 31 successful years and look forward to the next 31!

Jason O'Hearn













Regular \$31.99

• FREE Take Away



















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