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Above: Volunteers Patti Munro, Rena Alexander and Catriona Fitzgerald prepare

Repurposed JL school bricks are still supporting students

The building that served as the home of J.L. Ilsley from 1971 until 2021 was demolished this year, and a new school was being built on the site. Steve Adams, J.L. Ilsley Class of '79, had the idea of saving the bricks from the school and using them as a fundraiser for the J.L. Ilsley scholarship fund. He created a Facebook group to

get the word out that he was interested in doing this and quickly discov-

ered that the idea was embraced by enough former students for him to go ahead and look into it. He contacted the demolition contractors to secure bricks from the school. The idea was that the bricks would be removed

A mortgage broker can

from the school site and cleaned up then sold to former students. After being cleaned up, each brick was fitted with a plaque reading J.L. Ilsley 1971-2021 along with the purchaser's graduation year. All proceeds from the sale of the bricks went into the 2021 scholarship fund, to help graduating students with their post-secondary education. The fundraising effort was a success with at least \$6000 donated to the scholarship fund.

To market to market, we must go!

by Diana Dibblee, Market Volunteer, Registered Dietitian @dibbsondining

"To market to market", is an old nursery rhyme dating back to the 1800s which describes a visit to a traditional, rural market, where farm produce could be bought and sold. Similarly, our local Spryfield Market (though only a few years old), is offering much the same wares and foods that markets offered many decades ago. We are so lucky to have access to our Community Market every Sunday from 12-3. There is a huge range of Nova Scotia foods, farm produce and products at reasonable prices, all handy in front of the Guardian Drugstore at 205 Herring Cove Road.

Similar to the olden days, farmers and other vendors from around our province come to sell delicious produce to one and all. It is one stop shopping; collect herbs, carrots, potatoes, peas and beans. This is the base for a mouth watering Nova Scotia Hodge Podge. Find all the ingredients for a summer BBQ, a salad or stir fry, there are so many choices. We have many locally based artisans selling crafts, soap, jewelry, clothing and useful household items. Don't forget to pick up one of our market tote bags or (See Market on page 3)

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Page 2 August 2021 • Chebucto News

Sammy says

Congrats to our J.L. Ilsley scholarship winners! We received some great applications this year and SACA is very grateful that the scholarship committee at the high school chose the winner, so we didn't have to make that difficult selection.

Josie Roscoe was awarded the Sambro Ketch Harbour Elementary School Alumni scholarship and Jenna Jarvis won the Shay & MacKay memorial Scholarship. Well done, ladies!

SACA continues with their light-house fundraiser. For just \$20, you can have your very own ornament handcrafted by Sarah Eastwood of Eastwood Pottery. All profits from this fundraiser support a future community centre, our two J.L. Ilsley scholarships, and a barrier-free, accessible fishing area at Grand Lake.

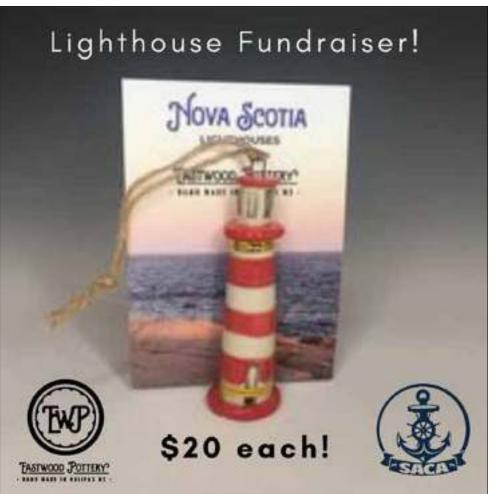
To get your very own light-house ornament, contact Kim MacKay at 902-475-1583, email me at SammySambro@gmail.com or fill out the form at https://forms.gle/7GXA9uGuwyvZQAgs7

We're happy to see the James McPhee Memorial Ballfield being used again this summer for children's soccer and adult softball. SACA repairs and maintains the bleachers and pays for the port-a-potty at the field. Many thanks to Mitchell Roscoe, our hardworking ballfield volunteer.

St. James United Church will be hosting their annual Blessing of the Fleet at 11:30 a.m. on August 15 at the Government Wharf in Sambro.

Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.





Ababaato News

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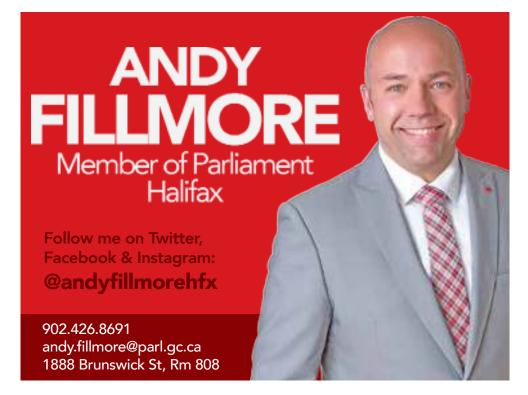
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Chebucto News • August 2021

Save Williams Lake. Fix the dam!



Local community members came out to greet the politicians who toured the Williams Lake dam

by Cathy Vaughan

Premier Iain Rankin, MLA Brendan Maguire, Minister of Municipal Affairs MP Andy Fillmore, and Ali Duale, Liberal candidate for Halifax Armdale, toured the Williams Lake dam in the Shaw Wilderness Park to listen and learn about the plight of Williams Lake. The politicians were greeted by local families, children, citizen-action groups, conservation advocates, kayakers, canoeists, picnickers and folks who love the lake.

Rankin told the gathering that "your MLA and MP are working really hard on your behalf to make sure people are listening and certainly I am listening to you today to see what solutions are being worked on. That's what I'm here for and I'll see what I can do to help."

"The benefits of this beautiful lake and its surrounding park are invaluable to our community and the wildlife that inhabits and depends on it. This dam has needed repair for a very long time. Each summer, we have progressively lost public access points for non-motorized boating, fishing and swimming for the community, due to the drop in water and the growth of grasses," says Margo Kerr of the Williams Lake Dam Association (WLDA.) "The recent visit from Premier Iain Rankin to this lake is most welcomed and encouraging. However, the action to conserve and

save it must happen quickly before the lake's eco-system is completely destroyed. Let's hope he commits to the repair this fall."

A shocking photo of the extensive mudflats of the 'disappearing Lake' hit the headlines in September 2020 and brought to the attention of the local community the fragile condition of the lake. But Williams Lake has been under stress for many years from various sources including development in its watershed diminishing the flow of water into the lake; the use of fertilizers and street salt; and climate change of dry, hot summers all compounded by the rapidly disintegrating, leaky dam. The dam has been remediated over the years but it now needs major repairs to keep lake water at healthy, seasonal levels.

Currently, the lake level is 93 centimetres below the top of the dam, a level similar only to that recorded in recent years when the lake subsequently dropped to a historically low level by the end of the summer.

Brendan Maguire told the crowd at the Shaw Wilderness Park that "We all know the importance of this lake to our community and surrounding communities. You can tell by just looking at the lake how much it has come down. We wanted the leader of our Liberal party, Iain Rankin to see just how serious this is and that we are going to need all hands on deck for this."

"Williams Lake is disappearing and each year more fish habitat is being destroyed, more community access is lost," said Murray Coolican, President of the Williams Lake Conservation Company. "The Province is responsible for streams and lakes. Premier Rankin has seen the dam and knows the lake is dying so it is now time for action to restore Williams Lake," Mr. Coolican said. "Regulations under the Environment Act are there to ensure dam safety but the government has done nothing to ensure the safety of this dam."

With HRM's purchase of 360

Market

(continued from page 1) donate to our Market Token program at the welcoming table.

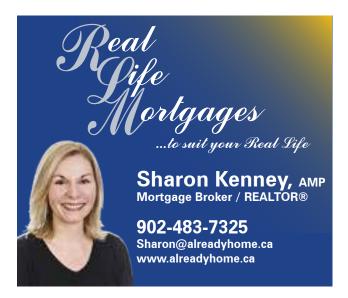
Serpent Brewery can also be found at the market selling their famous Belgium IPA beer and delicious cider. Locally owned and operated, their brewery is located in the back of the Spryfield mall, behind the Canadian Tire. Along with cold beverages (their Watermelon Witbeir is truly unique) you can purchase t-shirts, glasses, and other Serpent Brewery gear at the market. During the week, you can visit the Brewery and enjoy sipping a cold drink on their spacious patio, which is pet friendly.

acres of land on the lake for the Shaw Wilderness Park, Williams Lake has become an important recreational asset for the whole municipality. Covid highlighted the physical and mental need for outdoor activity, natural environments, and recreational places to combat pandemic fatigue.

Ali Duale, Liberal candidate for Halifax Armdale, supports saving the lake and said "I really believe we need this and we need to sustain and advocate for this kind of space so that all of us can benefit. And also, to leave something behind for the next generation."

Thanks to Khan's Food Halifax for their support to our community market. Find this popular family owned business selling their yummy wares. We love their homemade chutneys and amazing Halal foods. As they say, they love spices so if you are a fan of flavorful foods, come pick up their ready to eat take-aways, including samosas, biryanis and butter chicken. Sunday dinner is served!

Whatever your palate, we know you will find something to love at the market. Hope to see you there on Sunday. Off to the market, Let's Go! See you there.





Angela Pellerine, CPA CMA
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Page 4 August 2021 • Chebucto News



DISCOVERING OUR PAST



Parish of St. John the Baptist Church in Armdale, June 1920 to September 2021

by Iris V. Shea

A letter was received, recently, by the parishioners of St. John the Baptist Church from the Roman Catholic Archbishop of the Diocese of Halifax and Yarmouth. Parishioners were informed of the permanent closing on September 26th, 2021 of their church on the Purcell's Cove Road in Halifax. The letter suggested they attend Mass at St. Agnes Church on Mumford Road (the place of worship prior to 1920) or at St. Michael's Church in Spryfield, the only church remaining in the Stella Maris Parish family of churches.

The following three paragraphs from an article in the Evening Mail, dated Saturday, December 7, 1929, provide the early history of St. John the Baptist Church:

"It is over seven years since the late John Egan saw the necessity for a Catholic church to serve the territory between Armdale and Herring Cove and, putting his sincerity of faith into action, this lay apostle presented to His Grace, Archbishop McCarthy, what was then known as the old Powder Magazine and the adjoining land for that purpose.

Gathering in the evenings the Catholics in the neighbourhood made the necessary alterations themselves to equip the old building as a place of worship and for the next seven years the little church was a mission of St. Agnes. From June 24, 1920, until October 1, 1927, Reverend Father M.J. Cole of St. Agnes administered to the spiritual needs of the mission. Through his zeal and devotion the tiny congregation grew rapidly in numbers so that on Oct. 1, 1927 it was elevated to the station of a parish and Reverend Father Peter F. Martin, his curate, was appointed Pastor. Under his devotion, the congregation continues to grow making it necessary to build an addition to the church to accommodate 50 people. Even this was not enough because the walls of the 125 year-old building could not bear the strains of another addition. The original handful of parishioners grew to 70 families and children attending Sunday school went from 13 to 130.

The design of the new church is unique in this part of the country, a replica of the Spanish Mission style architecture found in Mexico and California. Measuring 82 by 32 with a spacious basement for the Sunday School and seating capacity of 325 on the main floor and balcony, its most remarkable feature is the beautifully paneled and raftered ceiling of Doug-

las Fir.

The article goes on to say that an appeal for funds was made to friends in the city and province. The building was designed by David Saxton and the work was supervised by Richard J. Carmichael.

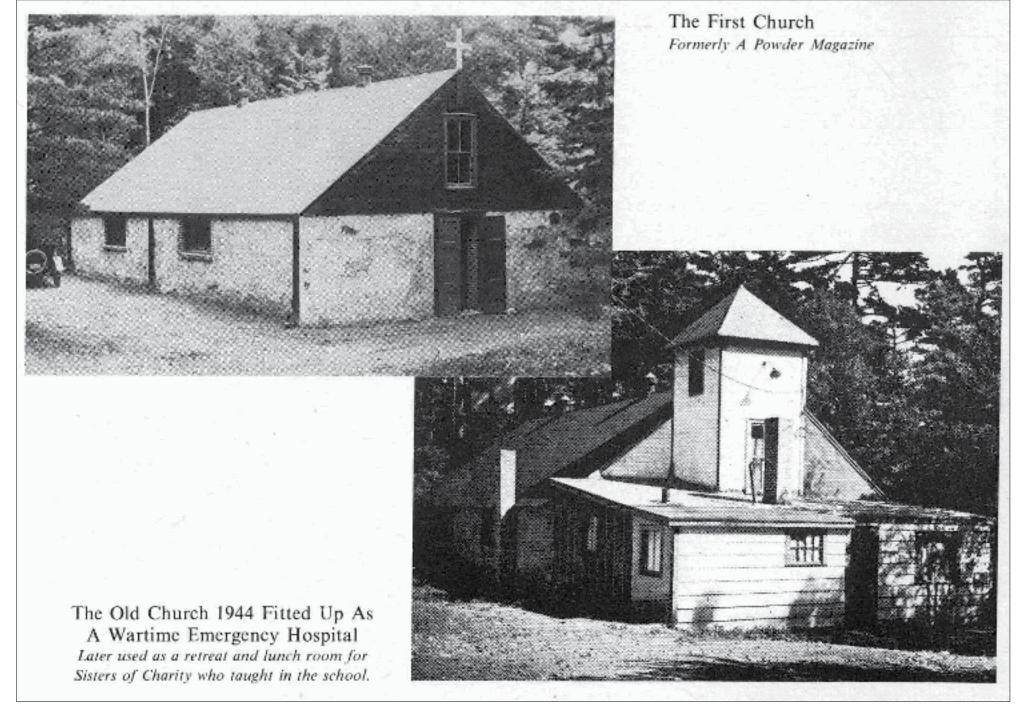
Reverend Father Peter F. Martin remained the full time pastor of St. John the Baptist Church until just before his death, 21 Sept. 1964. He was the son of Senator Peter F. Martin and Elizabeth Sullivan, and was ordained in 1920. Always a sports enthusiast, he coached the Oxford Street boys hockey team in the 1920s and, in the 1940s, provided the Father Martin Trophy each year to the winning team of the Northwest Arm Hockey League, Junior Boys.

In November 1946 Father Martin opened Sister Pius Memorial School, a parochial school, in the basement of St. John the Baptist Church. Three rooms served the 125 pupils in grades one to four, but it was not long before the call went out to parishioners to help fund a new building which would accommodate the growing number of students from grades primary to nine. Eventually a new school was built on the property to accommodate the growing population of Roman Catholics in Armdale, Melville Cove, Kline

Heights, Spryfield, Jollimore and Purcell's Cove.

Before Sister Pius School opened, Roman Catholic children of Melville Cove and Jollimore attended old Cunard School in Jollimore where Father Martin was very involved in events. His name was on several awards which he personally presented at Christmas and at the end of the year ceremonies. He was one of the most dynamic priests in the Archdiocese, serving on practically every one of its commissions. He was well known throughout the city and indeed the province as a man especially interested in sports, in the poor and those in trouble or sorrow. He was noted for his sense of humour and wit.

In the recent letter to parishioners the Roman Catholic Archdiocese of Halifax and Yarmouth cited various reason for the closure of St. John the Baptist Church, among which were the steady decrease in Mass attendance across the province and accompanying financial restraints, and the decline in the number of available priests. What will happen to this beautiful church building? Will it be torn down, sold to a developer or will another religious denomination will take it over?



Chebucto News • August 2021 Page 5

Letters to the Editor

To the Editor

During the pandemic lock down, Shoreview District, which is Herring Cove, Sambro, Harrietsfield areas had a difficult time selling the last of their Mint Cookies. We would like to publicly offer a HUGE Thank You to Rick and the staff at Uncle Bucks for coming forward and offering to help us sell. They have sold an amazing 10 cases so far and have offered to take our last 7 cases. We cannot thank them enough and would like to share this news with the rest of the community.

Thanks from GGC.

To the Editor:

While many businesses did an excellent job dealing with Covid19, I would like to single out one. Food is the most basic necessity of life, and the Spryfield NoFrills did an outstanding job adhering to protocols and making shopping safe. The entire staff contributed, but one person in particular really impressed me, an older gentleman named Sid. And a true gentleman he is. He not only did an outstanding job sanitizing carts and enforcing capacity restrictions, but also displayed incredible customer service skills. Thank you, NoFrills. Sincerely

Joe Emin, Spryfield

Share your thoughts and opinions with us: chebuctoeditor@gmail.com

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For more information, email the publisher: dan@dandoherty.ca

Chebucto News

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Farewell to Zoom (we hope)

PHOTO: MARCUS AUREUUS/PEXELS



by Carolyn Mont

At St. Paul's United Church, we have been grateful for Zoom during the Covid lockdown. We all agreed that it was better than nothing. However, on Sunday, July 11, we actually had our Sunday service of worship in the sanctuary. It was wonderful to great friends we hadn't seen in person for a long time and to actually sit in the pews. Mind you, we still have to practice the Covid protocols, sitting 6 feet apart unless we are sitting with folk in our personal bubble; we must wear our masks and we cannot sing. In spite of that, we are happy to be worshipping together. Feel free to join us for worship at 11:00am on any

Some of you will remember that we are currently without a minister. A Search Committee has been struck and it is their job to create a job description and post the vacancy. In the meantime, we will have either a supply minister for Sunday worship or members of the congregation will conduct the service. The Christian Life and Growth Committee follows United Church of Canada resources for worship planners to assist with this. In early July, the supply minister was Rev. Natalie Buchanan Rutherford and on September 5, lay minister Susan Reid will be leading the worship.

On Saturday, September 18, St. Paul's will be having our Boutique Flea Market from 10:30 to 1:30. This event has been cancelled twice due to Covid and we are very much looking forward to this sale. It is a Boutique Flea market in that we will have items organized like a department store with household goods in one area, holiday

items in another, tools in yet another, toys in a different room. We will not be selling used clothing at this time. We have lots of really good items for sale and all that we need now is you. Of course, all Covid protocols will be in place.

Last summer, our community ministry, the Family Resources Institute (FRI), had Covid restraints in that they did not have their day camp, Camp Paul. Kristen Hollery, the community ministry director, tells me that Camp Paul has been running this summer and that camp has been full, that is as full as Covid protocols allow. Camp Paul will continue until mid-August.

Plots in the community garden have all been full and the gardeners are busy with looking after their crops. Many of the gardeners also have lovely flowers in their gardens, making this a truly beautiful area at the back of our church property.

Throughout Covid, FRI has managed to keep the food bank running efficiently. Clients phone in their request on Monday, volunteers fill the orders on Tuesday and on Wednesday clients pick up their food orders.

FRI's very successful, and FREE, Soup's On will resume on September 14. It is expected that by then, patrons will be able to sit with friends and enjoy the soup, sandwich, tea/coffee and dessert. For much of the Covid times, it was offered as takeout only. Soup's On is always on Tuesdays at 12:00. Feel free to drop in. We would love to see you.

Important phone numbers: St. Paul's Food Bank 902-477-5090 St. Paul's FRI 902-479-1015 St. Paul's church 902-477-3937

Page 6 August 2021 • Chebucto News

Blue-Green Algae

by Dr. Melanie Dobson, Cathy

Vaughan, Williams Lake Conservation Company

A potential blue-green algal bloom that appeared in Williams Lake on Sunday July 18th has now cleared. The bloom was limited to a stretch of shoreline near the junction of Wyndrock Drive and Litchfield Crescent. A local resident alerted the Williams Lake Conservation Company (WLCC) and contacted the provincial Department of Environment. There was no indication of bloom in other parts of the lake or at HRM's Williams Lake public beach area of Cunard Pond.

In response to the WLCC posting an alert about the possible bloom on social media, a water specialist from HRM contacted the WLCC and had initially planned to collect samples from the lake. However, they were subsequently told to pass the investigation on to the provincial authorities as the bloom was outside the HRM beach area.

The Department of Environment sent an investigator to check the situation on Wednesday, July 21st. The inspector thoroughly checked the area but was unable to take useful samples because the bloom had disappeared by then. Rapid clearance of the bloom is good news, but this does mean we may never know the identity of the causative agent.

Not all blooms are created equally

or are caused by blue-green algae, which is a misleading name for these photosynthetic bacteria, which are more accurately termed cyanobacteria. Also, not all cyanobacteria produce toxins, so even some blooms caused by cyanobacteria may be unpleasant but not toxic.

For more information you can read more about blue-green algal blooms on the Nova Scotia government environment page (https://novascotia.ca/ nse/environmental-health/blue-greenalgae.asp).

Cyanobacteria thrive and survive in various aquatic habitats and have recently been reported in several HRM lakes. The algae, which can vary in colour from bright green, turquoise, brown or red, looks like grass clippings or a scum (called a bloom) floating on the surface of the water but can also be more dispersed.

Local water experts tell us that identifying the microorganism associated with a bloom can be extremely difficult and confirming the presence of toxin even more so. Blooms can arise quickly and be transient. Rapid growth is fuelled when water temperatures and nutrient levels rise.

Water levels in Williams Lake have been decreasing rapidly this summer; the combined effect of lack of rain and the deteriorating dam. The shallower lake levels may have contributed to



the appearance of the bloom, possibly aided by fertilizer run-off from lawns and gardens along the developed portion of the shoreline.

WLCC asks homeowners on and near Williams Lake to help protect the water quality by following gardening practices that limit nutrient run-off. For tips on this see (https:// kingcounty.gov/services/environment/ water-and-land/lakes/facts/garden. aspx) and (https://loveyourlake.ca/ natural-shoreline/).

This incident is a reminder that all users of Nova Scotia lakes need to take care during the hot summer

months. If anyone sees what they suspect to be a blue green-algae bloom, they should take a photo and notify NS's Inspection Compliance and Enforcement Office by either email: Bedford.Office@novascotia.ca or calling their after hour Environmental Emergencies Hotline: 1-800-565-1633 between 16:30 and 08:30 M-F and weekends.

If a bloom is suspected in Williams Lake, the WLCC would also like to be informed. We can be contacted via our website (https://williamslakecc.org/).

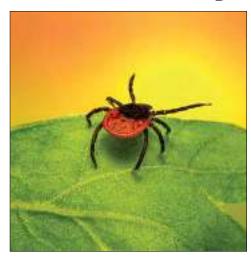
We want you to have a safe and happy summer!





Chebucto News • August 2021

Ticks and Lyme Disease



Female Black-Legged Tick

PHOTO: ERIK KARITS/PEXELS

Reprinted with permission from the website of Farm Safety Advisor, Nova Scotia Federation of Agriculture https://farmsafetyns.ca/check-forticks/

Dr. (Robert) Strang, the Chief Medical Officer of Health for Nova Scotia recommends anyone who works or plays outdoors should check for ticks and make the tick check a part of your daily routine.

According to Kelly Cunningham, recreation coordinator with the Town of Lunenburg, the majority of Nova Scotia has ticks. In 2017, Cunningham, spent four months working on her practicum with the Public Healths' health protection team in Bridgewater where it focused on Lyme disease and noted that all Nova Scotian's need to learn how to prevent Lyme disease.

247 cases of Lyme disease were reported in Nova Scotia in 2015, and 326 cases in 2016. There is still more work to do to educate Nova Scotian's on how to prevent infection, how to recognize Lyme disease carrying ticks, how to remove a tick, and recognize signs and symptoms of Lyme disease.

Prevention:

Apply insect repellent with DEET before working or playing outdoors, cover up exposed skin with light colored clothing, wear long sleeve shirts with cuffs and long pant legs that can be tucked into socks. If possible, avoid wooded and grassy areas when playing outdoors.

How to remove a Tick:

If the tick hasn't attached itself onto the skin brush, it off the skin.

If the tick has begun to bite:

- 1. Use tweezers to grasp the tick by the head as close to the skin as possible.
- 2. Pull upward without twisting until the tick releases its hold. If you cannot remove the tick or if its mouthparts stay in the skin, the person should seek medical attention.
- 3. Once the tick is removed, wash the area with clean water. Put the tick in a sealable bag or empty pill bottle, and take it with you to the doctor.

Ticks can be tested for Lyme disease.

4. If the area becomes infected or the person develops a fever or rash, the person should seek medical attention.

Check for Ticks:

Check yourself, your partner, kids, and pets when coming indoors from playing or working in wooded or grassy areas. Check your clothes and your skin. Ticks can get into the smallest crevices of the body so be sure to check your belly button, between toes, and ears. They can also hide in your hair or attach to your scalp. Also check your waist, groin, back of knees, neck, and arm pit areas. If possible, take a shower within a couple of hours of coming inside as it is easier to wash away ticks that may not have attached to your body yet.

Recognizing Lyme Disease Carrying Ticks:

The blacklegged tick is also known as the deer tick. Blacklegged ticks are smaller than dog ticks. There are no specific markings on the large part of their body. Dog ticks usually have white marks or silver spots on their body. Even though it is called the blacklegged tick, they don't always have black legs. Blacklegged ticks in the nymphal stage and adult female blacklegged ticks can transmit Lyme disease. Compared to the adult blacklegged ticks, the nymphal tick is very small (1 to 3 mm).



Blacklegged Tick, Groundhog tick and Dog tick (Picture from: https://www.nshealth.ca/news/tickchecks-necessary-addition-your-summer-do-list

Signs & Symptoms of Lyme **Disease:**

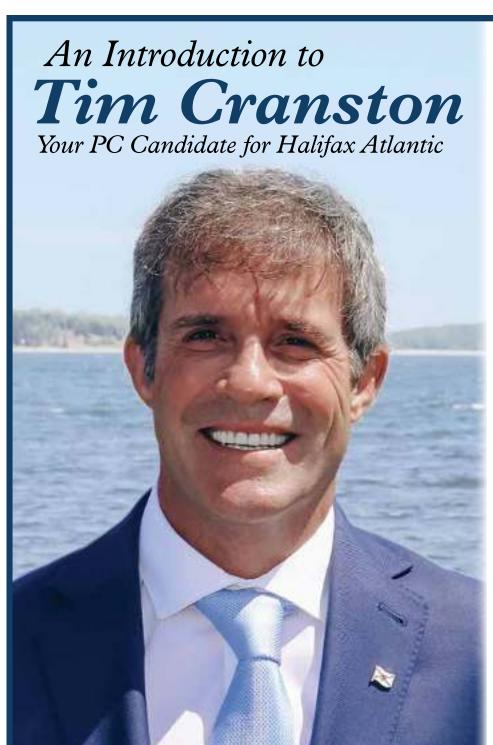
There are early and later signs of Lyme disease. Early signs and symptoms of Lyme disease can include a bull's eye like rash near the tick bite that can show up between 7 and 10 days after the bite. Later symptoms can include flu-like symptoms, such as fever, headaches, tiredness, stiff neck, pain and swelling in the joints, and aches and pains all over your body, and memory loss.

For more information about tick safety and protecting yourself and your family whenever you enjoy the outdoors, including info on how to safely remove a tick, visit novascotia. ca/ticksafety.

Reference:

https://www.nshealth.ca/news/tickchecks-necessary-addition-your-summer-do-list

https://www.nshealth.ca/sites/ nshealth.ca/files/patientinformation/06037.pdf



Tim Cranston is married to Anna, and they live in East Pennant with their pride and joy, Bowen. Tim grew up in Fleming Heights, attending local schools, graduating from J.L. Ilsley in 1980. He and his family have lived in our community since 1988.

Tim is committed to his community, with a focus on minor hockey.

Tim is a volunteer hockey and judo coach. He currently sits on the Executive Board of Chebucto Minor Hockey as the VP of Recreational Hockey and is a coach at the Novice (U9) level. He is also the Executive VP of the Central Minor Hockey Federation. Tim has been affiliated with Chebucto Minor Hockey for over 30 years, as a player in the 70s and at the Board level since early 2000s.

Tim's education is both extensive and impressive.

Degree in Law (Hons) from the University of Durham (UK) 1990-1993

Postgraduate Diploma in Legal Practice from the College of Law York (UK) 1994.

Admitted as a Solicitor of the Supreme Court of England& Wales 1996

Admitted as a Barrister & Solicitor of the Supreme ourt of Nova Scotia 2001

Master's in technology, Entrepreneurship &

Innovation (MTEI), 2016 SMU

Tim's business awards are equally impressive.

Since 2003, Tim has pursued a life-long interest in health and nutrition by investigating the potential of commercializing marine plants found outside his home in East Pennant and along the Atlantic coast.

In 2012, a company Tim co-founded, was recognized for innovation by the Canadian Manufactures & Exporters Association and the National Research Council of Canada by receiving an award for "Empowering Innovative Excellence".

In 2014, the company also won Innovacorp's I-3 Challenge in the Oceans Technology Sector category. He was also recognized by NINESIGMA, the world's largest and most advanced open innovation provider for his technology's potential application for extracting bioactive compounds from plants and seaweeds.

In 2016, Tim won the Nova Scotia Discovery Award (Innovation Category) for "Outstanding Achievement in Transforming Science and Technology in a Business Opportunity".

Tim's Professional Hockey Background

Tim has extensive experience in international hockey, with one of his teams winning IIHF Gold in Pool "B" in 1993. In recognition of his play, Tim was elected to the British Ice Hockey Hall of Fame

Tim was certified by the NHLPA in 2002 as an NHL players' agent and negotiated dozens of educational scholarships for players in Quebec, Ontario, and Major Junior Hockey Leagues.

In November 2020, Tim was recognized by the QMJHL for his services to the league as a Student Athlete and role model during the years 1979-82. While playing with Hull, both as an all-star and their Captain, he attended University at Bishops and Ottawa University. Tim was one of the early Student Athlete "pioneers" from the Maritimes, his hard work set a road map for many Maritimers who would follow his lead.

Even more impressive is that when Tim was in the UK playing professional hockey, he completed his law degree. As he did these two full-time activities together, in a seven-year period, he also played in 4 IIHF World Hockey Championships.

Put Tim to work for you.

acebook 'Likes'. his election is not about self-promotion or videos. This is not about political opportunism or posting the hard work of the many fine leaders in our community. And it certainly isn't about 'blocking' residents on social media who may have a differing opinion. This election is about our future and addressing concerns head-on. It is about mental and physical health care, affordable housing and help for our seniors. Tim will not shy away from the difficult issues. Tim will be responsible for his actions and will ensure you will get a return call or email no matter how difficult the issue.

Tim Cranston's education, leadership and professionalism is unparalleled. His business acumen and recognition of his many achievements are exemplary. As your MLA, he would put these skills to work for you. Whether it be to help bring more physicians to our province, negotiate for a ferry which will actually operate (and not upgrade a port in the U.S. with your money) or provide affordable housing to our community, Tim will be there leading



Authorized by the Official Agent for Tim Cranston

Page 8 August 2021 • Chebucto News

What's happening at the Urban Farm

by Ann Hart

The season began with only a few essential workers coming in to do the start-up work in the gardens with masks, sanitizer, distancing. The usual events were canceled and the plot holders had to wait to begin their garden plots. We slowly got things going and, finally, as with everything else in the community, the cautions have paid off and we are ready to roll. Our first event of the season was a "Sparrows Hawks and Doves" project kick-off with the Williams Lake Conservation Company and the Backlands Coalition, July 24. The Urban Farm has joined with the organizations in a local bird study project.

A new fairy door trail is appearing in the woods! The gardens are coming in, the public is now welcomed, and the monarchs have arrived! We sell produce, flowers, and herbs several days a week. Flower sales are beginning to take on a life of their own. The flower plots are scattered around the garden areas and are used for pollinators and bouquets. Pickyour-own bouquets are fun and personal. The UF gardeners have always picked fresh produce as people come in to buy, so the gathering is fun and inclusive.

"This is my third summer with a plot at the Urban Garden," says Joshua, "and in these strange times it has become a place to share experiences and encounters with wildlife and, more and more, a place to see and talk to people. As we weed and water, someone will say "ah, there is the Towhee again", and conversation will pause until the bird stops calling. When someone spots a monarch, we all stop and watch until it has sailed past on its way to a milkweed patch. A small group will gather about the milkweed when one of the first monarch caterpillars is found, sharing the excitement of seeing these creatures that we are so fortunate to have at the farm."

Many monarch butterflies are back and soaring all over the gardens, and the neighborhood. We have built five milkweed stands with flowers and bushes where the females come to lay their eggs. They are a nearly endangered species and it is good to have a place to welcome them. The wasps and the birds sometimes give them a



Andrina, 9 and Kathryn,7 are waiting to explore the Fairy Door Trail

PHOTO BY ANN HART

bit of trouble, but so far, they seem happy and vibrant. Unfortunately, the deer are eating the milkweed! The crows are on point, cawing their loud conversations, eating the new bean shoots, stealing the broccoli, and splashing in the bird baths. They patrol the high Come Grow With Us fence and run skirmishes with other creatures in their field. Starlings jump and jabber in the tall grass, the song birds are everywhere and humming birds are in the flowers and trees.

"Our gardens are coming along, with more birds than usual. Mama and two baby deer came to visit me when I was weeding last night, and I kept them calm and close by humming "Are You Lonesome Tonight". They get so peaceful when I do that. Another one of Mother Nature's calming moments," says gardener Janet.

The Urban Farm is sometimes peaceful and quiet, sometimes busy and noisy, but it is always beautiful and interesting and filled with life. We invite you to come enjoy it with us!

Notices: We are sponsoring a Fairy Door Trail program again this year. Information on the plans and participation are on the UF Facebook group page.

The Urban Farm, the Williams Lake Conservation Company, and the Backlands Coalition are work-



A monarch and green paper wasp meet in the milkweed

PHOTO BY JOSHUA BARS DONHAM



Radka Sevcik, Urban Farm garden assistant, is ready for the day $% \left(1\right) =\left(1\right) \left(1\right) +\left(1\right) \left(1\right) \left(1\right) +\left(1\right) \left(1\right) \left$

PHOTO BY ANN HART

THE OPROGRAM

The OWL Program is a 6-week employment readness program designed specifically to assist the mature worker in their journey to return to work.

You might be an ideal candidate if you are:

A Mature Worker
Ready to be employed
Genumely seeking employment

LET'S GET TO WORK!

OWL 58: August 9th - September 17th

For more information contact 902-407-6957 or visit jobjunction.ca/owl-workshop

ing together on a project named "Sparrows, Hawks & Doves", a yearlong survey of birds in the Purcells Cove Backlands lead by local bird expert Fulton Lavender with the help of volunteers. Last month the farm hosted a "kick off get together" for the project. Thank you to Fulton for giving a talk and leading a bird walk! For more information on Sparrows, Hawks & Doves contact Martha Leary at membership@williamslakecc.org.

Information about joining the Urban Farm are on the Urban Farm of Spryfield Facebook group page or at urbanfarmspryfield@gmail. com. Our mailing address is 211-339 Herring Cove Road, Halifax, N.S. B3R 1V5. Annual membership fees: Seniors/Students \$5.00, Individuals \$10.00, Families \$15.00 and Groups \$25.00. Charitable receipts will be issued for all membership dues and donations over \$10.00. Your support is greatly appreciated.

Chebucto News • August 2021 Page 9

Religious Services Directory for July

To have your church/synagogue/ mosque added to our directory, please contact the editor: chebuctoeditor@gmail.com by August 20 for September's issue

PLEASE NOTE THAT DUE TO COVID-19, MANY OF THESE SERVICES MAY BE POSTPONED OR CANCELLED.

CALL AHEAD TO CHECK WITH YOUR CHURCH.

St. Augustine's Anglican Church

(2010 Purcell's Cove Rd) Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove

Sunday Family Services: 9:30am and

Nursery and Children's ministry: 11am

Wed. morning prayer: 10:30am

Spryfield Christian Community Church (91 Thornhill Dr)

Church services Sunday 11-12 am

Oromo Gospel Church

Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd.)

We are open for in person worship and we also livestream our 10 am service on our website and Facebook

Sunday, August 1, 22, 29:

- 8 am traditional, quiet, contemplative communion service.
- 10 am contemporary, lively communion service with music. Sunday, August 8, 15:
- 8 am traditional Morning Prayer service.
- 10 am contemporary Morning Prayer service with music.

We will have guest celebrants and preachers during the rector's holidays, August 1-22. We are following covid protocols and ask you to join us online if you are sick. We are an affirming church. Everyone is welcome.

St. Paul's United Church (173 Old Sambro Road)

Rev. Anne Hoganson does the church service alone and posts it on our Facebook page. She is available if you wish to speak with her, at 902-237-3318.

We now have a paid Zoom account and members of the congregation will be able to be a bit more involved in the worship service. As had previously happened, the service will be posted on our Facebook page for those who couldn't join the 11:00 am service. If you would like to be part of that service but are not a member

of the congregation, or if you are a member but we don't have your email address, please call the church at 902-477-3937 to be added to our list.

Stella Maris Church at St Michael's Catholic Church

All welcome, wherever you are on your faith journey! Saturday 4:00 pm and Sundays 10:30 am. Registration required at www.stellamarishalifax. com and all COVID protocols must be followed.

Sambro-Jollimore Pastoral Charge:

We will hold in-person worship services on these dates: 1 August at 10 am at St. James led by Doug Garrison; 8 August at 10 am at St. James with worship leaders Garth Steeves and

Milton Ingalls; 15 August at 11:30 am Blessing of the Fleet at the public wharf in Sambro; 22 August and 29 August at 10 am at St. James and 11:30 am at Parkhill. St. James services will be live-streamed on the St James Facebook Page. 902-868-2791; www.sambrojollimorepc.com

Open Door Community Church (11 Aldergrove)

With summer upon us, we have moved our weekly service to Tuesday evenings, 7:00 pm, until September. Please join us for a time of worship and fellowship. Our weekly message is recorded and uploaded to our Youtube channel later in the week. Please see http://opendoorhalifax/ for more information and links.

Like to write?

Chebucto News is looking for community writers to report on happenings in the area. This is a volunteer position. Email the editor at chebuctoeditor@gmail.com to discuss.



The Spryfield Business Commission is excited to be organizing another Mini Spryfield Days Festival again this year!

Due to the uncertainty brought on by Covid, we were unable to plan for our annual full blown Spryfield Days. However, several of our business owners have been lobbying to present a smaller scale event similar to last year. We could all use something positive to focus on after being isolated throughout Covid.

On Saturday September 18, at the Spryfield Mall, there will be an Antique/ Classic Car Show, Open Air Concert, Business Trade Show/Expo, Barbeque and 50/50 draw. There will also be a free yoga or meditation class at a location yet to be confirmed. On Sunday, September 19 the Spryfield Urban Farm will host a Harvest Festival, and City Church will host a Gospel

Profits from Saturday's barbeque will go to the Eric Caines Memorial Scholarship Fund. This year we were thrilled to be able to award nine scholarships to deserving J.L. Ilsley graduates. Congratulations to the 2021 recipients Rachel Cormier, Austin Karl Harvey, Alexander Hines, Anna Jericho, Breagh Langille, Chloe Leights, Jessica Norman, Lenka Sevcik, and Matthew Hunter Smith.

We'd love to hear your suggestions for



other events, and invite you to reach out if you are interested in helping to organize the festival.

Thank you to Dylan's No Frills, Pet Value Spryfield,

Spryfield Canadian Tire, Usha's Fabrics, and Aumbience Yoga and Wellness, who have already pledged their sponsorship for the festival.

Sponsorship opportunities are available at three levels: Gold \$500.00, Silver \$300.00 and Bronze \$200.00. Your sponsorship will include social media promotions, recognition on advertising posters and other materials and at the event itself.

Spryfield Days is an opportunity for folks in Spryfield and surrounding areas to get together to celebrate all the things that make our community great, showcase local talent and expertise, have fun, reconnect with old friends and make new ones. We can't wait to see all your smiling faces again this year!

Ali Alizy of Carlton Landscaping (860 Old Sambro Road) is challenging businesses in the Spryfield Business Improvement District to enter a team to clean up a section of a street in the District and surrounding communities.

The team who collects the most bags of litter will be the Litter Champions and receive the coveted Cleanup Trophy. The Street Litter Cleanup Challenge will take place Sunday, August 15th with a pizza party afterward. Entry fee is \$50, which will go towards the Eric Caines Memorial Scholarship Fund.

Hopefully this will become an annual event to help keep our neighbourhood

Bruce Holland, Executive Director bruce@discoverspryfield.ca.



Page 10 August 2021 • Chebucto News

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Michael John Shea

Age 81, Herring Cove, passed away suddenly at home on June 9, 2021. Born in Montreal, Que. He was a son of the late William and Rose (Forest) Shea. Michael had worked with Telesat Canada in Lake Cowichan, British Columbia, and Harrietsfield, NS. Following his work there, Michael and Iris owned and operated three Subway Franchises in Halifax from 1990 to 2004, including the Spryfield Subway. He is survived by his loving wife, Iris (Umlah); children, Derek and Deanna Shea, both of England; sister Barbara Moore, Sherbrooke, Que; brother Gary (Edna), Calgary, AB. And several nieces and nephews and great nieces and nephews. Arrangements are under the care of J. Albert Walker Funeral Home (2005) Ltd. Services and interment to take place at a later date. Words of comfort may be left for the family by visiting www.walkerfh.com.

Christina Myrna Hudder

It is with great sadness that we, the family, announce the passing of Myrna Hudder, at Melville Lodge, on June 20, 2021. Born in Terence Bay, she was the daughter of the late Everett and Myrtle Jollimore. In her earlier years Myrna was a member of the Home and School Program, the Terence Bay Fire Department Ladies



our service.

Some people think that bigger is better, but that just isn't the case when it comes to funeral homes.

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Auxiliary and was an active member of ACW, St. Paul's Anglican Church. Mom loved spending time with family and always looked forward to getting together with many friends for card socials and bingo. Surviving are her daughters, Tina (Graham) Fraser and Carla (Mike) Blackburn, second husband Joseph Hudder, grandchildren, Crystal, Derek, Jordan (Kaitlyn), Jenna, great-grandchildren, Brynn and Tessa, sister Florence Harrison, and step-children, Mary, Rodney, Joey, Doug and Ross. Besides her parents, she was predeceased by first husband Jerome Slaunwhite, brother Willie Jollimore, and sisters, Jessie Umlah and Bernice Gray. To our new extended family at Melville Lodge - thank you from the bottom of our hearts for the love and support each and every one of you provided to all of us during Mom's time with you. We are eternally grateful. Donations in memory of Myrna Hudder may be made to St. Paul's Church. Messages and memorials can be directed to Myrna's family, by visiting www.walkerfh.com.

Art O'Donnell

It is with heavy hearts that we the family announce the passing of Arthur William O'Donnell "Artie Fartie" which took place peacefully at home surrounded by his loved ones on June 20, 2021. Born in Halifax, he was the son of the late Kathleen and James O'Donnell. Art had a lengthy 25+ years of service working for the city of Halifax plus many prior years at Farmer's Dairy. Art was known for his humor and being a jack of all trades, nothing could slow him down and if anything needed fixing, he made sure it would get done. He loved collecting antiques and grandfather clock, all of the walls were filled with them, he refused to set them to the proper times so they would always chime at different times throughout the day. Art loved fishing, watching wrestling and anything comedy related. He spent every morning with his cup of tea and reading the newspaper, ever afternoon was spent driving around the Spryfield loop with his wife. He had a one of a kind love for animals and spent a lot of his time with his fur babies (2 dogs and 5 cats). Art is survived by his wife of 50+years Jean, his son Arthur and daughter in law Shelly, as well as coparents in-laws Marlene and Doug Greenough (Scott, Bobby, Diane). Besides his parents, Art was predeceased by his four brothers Jimmy, Alfie, Frankie, Geordie as well as his sister Anne. Donations in memory of Art may be made to Hope for Wildlife. Messages and memorials may be directed to Art's family by visiting www.walkerfh.com.

Sherman Norwood Hart

Age 91, Sambro, passed away peacefully at home on June 30, 2021 with his loving wife of 65 years by his side. Born in Sambro, he was a son of the late Colin and Bernice Hart. Sherman

started working as a fisherman and then worked for 25 years at Brenton Gray's Boatyard, retiring from B&J Fisheries. Sherman loved music. He was an avid musician, starting with the fiddle at the age of 10. He mastered the fiddle, banjo and mandolin. He played for many years with Wayne Gray and the Seasides, and in later years performed at the Golden Age Social Club, sharing his love of music for all to enjoy. He is survived by his loving wife, Goldie (Gray); sons, Donny (Mandy), Sambro; Michael (Debbie), Allie (Sharon), both of Herring Cove; sister, Pauline; sister in law, Betty McPhee; grandchildren, Kady (Douglas), Brandon (Maria), Matthew (Jill), Michael (Tiffany), Nicholas (Jessica), Emma (Matthew), Abby (Justin), Maggie (Jacob) and Julia (Ryan); great grandchildren, Rachel, Casey, Samuel, Sadie, Charlotte, Cameron and Jack. Sherman was predeceased by grandson, David Hart; brother, James McPhee, sister, Ivy Henneberry and brother in law, Lewis Henneberry.

Donald Kelly MacIntyre

Age 77, Dartmouth, passed away peacefully on July 3, 2021 at the Dartmouth General Hospital. Donnie was the 8th of 14 children born John and Gladys MacIntyre (nee Kelly) on November 27, 1943 in Halifax and raised on Mayor Ave. Spryfield. He had a gift and a talent for golf, he was a member of the Brightwood Golf Club for many years, and Golf Champion at the Air Lane Golf Club in his early years. Don was also a champion bowler at one time. He was employed at Canada Post for many years before his retirement. He is survived by his companion and best friend Peggy Angus; sons, Donnie, Johnathan and Jason all of Halifax; daughter, Charlene (Paul) Bishop, Stillwater Lake; grandchildren, Matthew MacIntyre, Raine and Ryan Bishop; brothers, Gordon (Wendy), Truro, Joe, Rick (Jackie), Gerry (Mille) and Michael, all of Halifax; sister, Margo (Francis MacArthur) and special sister, Helen Frank, Halifax and many nieces and nephews. Predeceased by his parents, brothers, Jack and Doug; sisters, Barb Chandler, Patsy Just, Marie MacIntyre and Marilyn Lie. Donations may be made to the Nova Scotia Heart and Stroke Foundation.

Snider Boudreau

Alexander Angus "Snider" Boudreau, 84, Spryfield, NS, passed away surrounded by his loving family on July 9, 2021 at the Halifax Infirmary, QEII, NS. Born in Halifax, he was a son of the late Alfred and Agnes (Munroe) Boudreau. In 1954, he joined the Royal Canadian Air Force, where he dedicated his life until 1958. He was a member of the Royal Canadian Air Force softball team, and in 1955-1956, won the championships, earning the team the title of Softball Team Champs. Snider was a cab driver for 22 years, and had also worked with City Fields. He was a true character, always teasing those he loved. He had an incredible sense of humour and was very quick with the one liners.

Snider was a member of the Royal Canadian Legion, Spryfield Branch. His family was very important to him and he loved them dearly. Snider is survived by his daughters, Katherine "Kathy" Boudreau and Carolyn Boudreau, a son, Roderick "Roddy" Boudreau, 8 grandchildren, 6 greatgrandchildren, his brother, Kenny Boudreau, and a sister, Annie Roberts. He was predeceased by the love of his life of 49 years, June (McPhee) in 2008, his daughter, Debbie Gero, as well as a brother, Jimmy and sisters, Lillian Battiste, Florence Glendenning, Gladys Bourque, and Eileen Dean In lieu of flowers, please make a donation in memory of Snider to the Royal Canadian Legion, Spryfield Branch.

Marion Florence Watters

Marion Florence Watters (Sullivan) of Herring Cove It is with tremendous sadness that our family, announces the passing of our beloved Mum & Nanny at the Caritas Residence in Halifax on the 13th of July, 2021. Marion was a life long resident of Herring Cove for 94 years. She was predeceased by her parents, Jerome and Myrtle Sullivan, her beloved husband Bob; and her son, Gerald Michael; as well as her sister, Edna Pettie, and her brothers Gerald and John Sullivan. She is survived by her daughter Carol (Ed), and her sons, Keith (Heather), Jim (Kimmie) and Larry (Christina). Marion had 9 grandchildren; Krista, Bobby, Dan, Laurie, Tyler, Luke, Michael, Jordan and Aaron. Mum was also blessed to have 9 great-grandchildren, Olivia, Nicholas, Owen, Alex, Andrew, Brooklyn, Anthony, McGuire and Abigail. Mum loved gardening and would sit on her deck to admire her lovely flowers every chance she had. She played cards every week for over 50 odd years with her long time friends in Herring Cove. Mum loved to travel and was ready to go anytime. She also loved to dance and taught all of her kids to enjoy it as much as she did. Mum and her very dear friend Olive swam a couple of times a week at the Spryfield pool for years. Mum also enjoyed going to the Casino and spent many pennies there. She was also an incredible cook and baker her tea biscuits, chocolate chip cookies and apple danishes were world class. Mum's sister Edna always described her as a spirited filly, all the things that she was afraid to try, Mum would say "no time like now, Edna." Mum was always the "go to" person in our family for advice when needed and we all needed it at times. Mum's passing will leave an empty place in our hearts forever but knowing that she dances in heaven with her beloved parents, husband, son and her sister & brothers give us peace in our grief and healing. We would like to thank the wonderful staff of the Caritas Residence who showed such kindness & care to our mother. Donations in memory of Marion can be made to the Canadian Cancer Society. Messages and memorials may be directed to Marion's family by visiting www. walkerfh.com.

(See Obituaries on page 11)

Chebucto News • August 2021 Page 11

Japanese Knotweed the Godzilla of very **knotty weeds!**

by Cathy Vaughan Japanese Knotweed is like Godzilla - tough, tenacious and indestructible! The knotty weed you see around Spryfield, in the ditches along our streets, in streams, beside lakes and in your garden is all Queen Victoria's fault.

In 1850, specimens of the plant were brought from East Asia to the United Kingdom to satiate Victo-

rian gardeners' appetite for exotic plants from around the world. When displayed in an ornamental Chinese porcelain pot, in a Victorian green house, the bamboo look-alike received high marks for decorative flare and Asian charm.

The unassuming bamboo was then introduced to Nova Scotia in the 1800s. It not only received high marks as an ornamental plant but scored well on a practical scale as it was easily grown as animal fodder, used for erosion control, and served as a natural barrier between properties. But, the charming bamboo stalks, left uncontrolled, morphed into a 'Godzilla' of a weed. Recently, Japanese Knotweed made it to the Top 100 chart of the world's most invasive species identified by the "International Union for Conservation of Nature."

Seen in the Spryfield area along Williams Lake Road, Purcells Cove Road, and in the Shaw Wilderness Park, it is a problematic weed. Its tenacious roots spread readily even in adverse conditions and grows into a dense thicket that chokes out native vegetation, smothers ecosystems, impacts on riparian areas and obliterates wildlife habitat. The knotty weed is thriving in wetlands close to Spryfield lakes, in car parks as well as in public recreational areas. A thicket of this Godzilla weed can block public access to swimming, fishing, or boating

According to the Nature Conser-



Various stages of the knotweed's growth

vancy of Canada "Japanese knotweed is an aggressive invader that can form dense thickets and out-compete the native vegetation. The plant's root system can even create serious infrastructure problems as it can grow through asphalt and concrete."

To get the noxious invader under control is a long, complicated process - 5 or 6 years of cutting, digging or smothering the roots. Expensive solutions include excavation, root barriers, sifting and screening of the infested soil.

Point Pleasant Park may hold a solution for Spryfield. The park has been plagued with Japanese Knotweed for many years. In 2010 Halifax Regional Municipality gardeners used an eco-friendly eradication process rather than chemicals in the popular urban park. They spread black sheeting and cardboard over the infested areas to block out light and ultraviolet rays to smother the root system. After three years, the process seems to have promising results. You can try this at home! But remember, it is a long-game, requiring 5 to 10 years of vigilante gardening to eradicate this Godzilla weed.

Check out the Nature Conservancy of Canada, Invasive Species for how it is identified, where it grows, what it threatens and what's being done in Canada to control this knotty weed.

To Queen Victoria we admonish, "We are not amused!"

DBITUARIES

(continued from page 10) **Reginald Ervine Harnish**

Age 84, Herring Cove, passed away July 19, 2021. He was a son of the late Irvin and Gladys Harnish. He is survived by his wife, Rose (Hickey) of 64 years; daughters, Linda and Catherine; sons, Reginald Jr., Irvin and Stephen; 13 grandchildren and 15 great grandchildren. He was predeceased by daughter Janet; brother, Ronald; sister, Joyce and great grandson, Harlow. Reginald was in the Halifax Rifles 1953, was a Master Warrant Officer

in the Reserve Army for 34 years and a member of RCEME Association LAD 201. He worked at the HMC Dockyard as an engine fitter for 35 years. He was an avid hunter, horseshoe player and bowler. He built two houses in his lifetime. He was on the Ketch Harbour Rd. Combines Hockey Team in the 60s, loved yard sales and looking for army collectables. In lieu of flowers, donations may be made to the Alzheimer's Society of Nova Scotia.

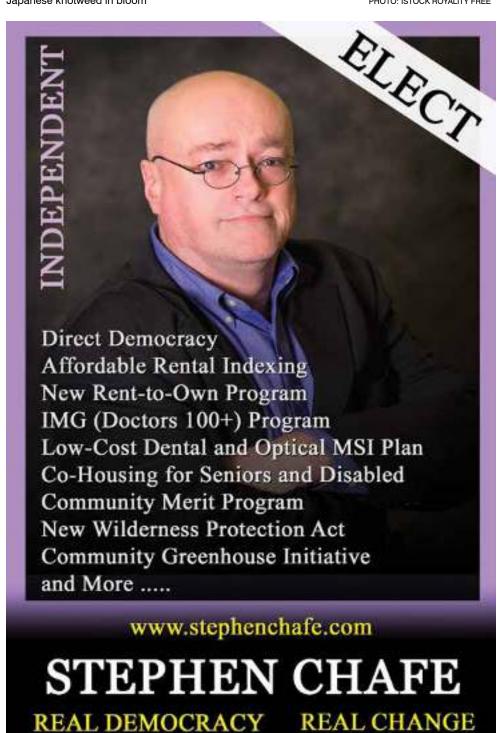


HRM's non-motorized boat launch on Williams Lake



Japanese knotweed in bloom

PHOTO: ISTOCK ROYALITY FREE



Authorized by the Official Agent for Stephen Chafe.

Page 12 August 2021 • Chebucto News

Cuttell Community Update

by Patty Cuttell, HRM Councillor, District 11, Spryfield-Sambro Loop-Prospect Road

Hard to believe we are halfway through summer. While not the same as years gone by, I can say it is wonderful to see COVID restrictions easing and life coming back to our city and communities. Locally there are activities at the Urban Farm, the Spryfield Farmers Market every Sunday, and community clean-ups (once again!). We have a lot to be grateful for, especially here in District 11 with our access to lakes, trails, beaches, and outdoor activities. I want to thank everyone for your patience, efforts, and response toward combating this pandemic. We have done well. Let's hope the worst is behind us now.

Things at HRM continue to be incredibly busy. Staff and council have been working hard throughout the past year and there is lots on the go. Here are a few things of local interest.

Growing accessible transportation: Share your thoughts

For many years, the municipality has heard about the lack of accessible vehicles for hire (i.e. taxis), making spontaneous travel a challenge for people requiring these vehicles. Past efforts to grow accessible taxi services in Halifax have been unsuccessful, largely due to the high cost. In February Regional Council gave approval to contract an accessible taxi-style service. Under this new program, the municipality will pay a fee to the contracted company to provide an accessible taxi-style service, while users will pay the standard taxi rate for trips. The accessible taxi-style service will be required to meet specific standards, and Halifax Regional Municipality is currently looking for your thoughts on what these standards should be, how many vehicles should be available, how should customers be able to book a trip, and more. The service is expected to be in operation this year. Your feedback, along with existing policy and best practices, will be used to create a framework for how this service will operate. To share your ideas, please visit www.shapeyourcityhalifax.ca

Potential Stimulus Funding for the Spryfield Lions Arena

In June Council approved an application for two new community building projects to the Federal Green and Inclusive Community Building Fund. I am happy to say the Spryfield Lions Arena was listed as one of them. The Lions Arena has been serving this community since 1972. It is operated by the Spryfield Lions Rink and Recreation Society, a not for profit, volunteer organization, which does an outstanding job managing this important community facility. Given the age of the building and issues with the structure, gymnasium configuration, accessibility, and energy use, it is recommended the facility be replaced. This facility is central to our community and has served its purpose well, but it is time for an upgrade. With our

growing community and increasing needs, I will continue to be a champion for this project.

HRM's Affordable Access Program for residents

The Affordable Access Program allows qualified residents to apply for municipal subsidized programs. This new intake process will allow you to apply once and have that application considered for multiple programs. It includes the Low Income Transit Pass, allowing participants to purchase a monthly adult transit pass for 50% of the regular price for one year; Recreation Access Program, providing either partial (50%) or full (100%) payment for Recreation programs for

children, youth, and adults in financial need; and Property Tax Exemption and Deferral Program, helping homeowners pay their property tax through a payment plan, a deferral of property tax (payment is delayed to a later date), or a deferral of local improvement charges. To learn more about this program and how to apply, visit www.halifax.ca

First Emancipation Day in Halifax on August 1, 2021

Emancipation Day is the day when the Slavery Abolition Act of 1833 became law across the British Empire, including Canada on August 1st, 1834. On this day, the practice of slavery officially ended for millions of African people and their descendants in Canada and around the world. As this year marks the inaugural Emancipation Day in Halifax, the municipality will be joining others across

our region to observe this special and important day. Haligonians are encouraged to observe Emancipation Day as an opportunity to learn more about the history of African Nova Scotian people and communities, and to continue to address and eradicate systemic anti-Black racism. Events have already kicked off with an Official Proclamation by the Mayor on behalf of regional council on July 27. You can catch an evening variety show to celebrate Emancipation Day on Sunday, August 1, 6 to 9 p.m. at Grand Parade.

For more information on services, programs, and projects happening at HRM, visit www.halifax.ca. You can reach me at (902) 221-6893 or by email at patty.cuttell@halifax.ca. Stephanie Brown is my new Coordinator and she can be reached at browns@halifax.ca. For routine municipal issues, please call 311.

2021 BIG SWIM to be held in Nova Scotia for first time

Editor's Note: Although this story doesn't take place in The Loop, Brigadoon Village is important to all children struggling with health and physical issues, and as such could be important to someone you know.

For the first time in The BIG SWIM's 10-year history participants will swim in the waters of Nova Scotia. In light of COVID-19, instead of the typical crossing of the Northumberland Strait from New Brunswick to PEI this year's 53 swimmers and kayakers will complete 8km and 12km loops within the Bras d'Or Lakes in Baddeck, Nova Scotia.

"This year's event is going to look a lot different than our typical 14km+ BIG SWIM year alongside the Confederation Bridge," says Angie Selig, GIVETOLIVE Board Chair, Water Operations Coordinator for The BIG SWIM, and longtime GIVETOLIVE volunteer and event participant. "After not being able to hold our BIG SWIM last year at all due to COVID, back at the end of last year we made the decision to keep all four of our GIVETOLIVE events within Nova Scotia and bring The BIG SWIM to Cape Breton. It's an exciting new location for us."

The BIG SWIM takes place this year on Sunday, August 8. It involves swimmers, paired with support kayakers. They enter the water from a secured event location at the Inverary Resort. The first group will head out at approximately 8:00am and finish within two to five hours.

Among those swimmers will be people from all walks of life who have their own personal reasons for participating:

"Brigadoon has been very important to our family. My daughter Maryn was diagnosed with liver cancer 17 years ago at age 2.5. Several years later, she heard about Brigadoon and asked if she could go. Of course, it was difficult to let her go, but the camp support was amazing, and she had a wonderful time. She returned

for 7 years, eventually participating in leadership camps and becoming a junior counsellor. It truly was a place where this extraordinary kid could be ordinary!" – Nick Matheson, 48, Bedford (first time BIG SWIMmer). 20-year-old Maryn will be his support kayaker.

"I have been a swimmer most of my life and have enjoyed distance swimming. I participated in other fundraising events for Brigadoon Village and love what it does for children. I have always wanted to do The BIG SWIM and since this year it is in Cape Breton, where I grew up swimming every summer, I was very interested! "— Sharon Floyd, 54, Middle Sackville (first time BIG SWIMmer), being accompanied by her 23-yearold daughter Jass Dolan

"I'm doing The BIG SWIM to take on a challenge for myself and get back into swimming after almost 20 years." – Chris Hanlon, 38, Halifax (first time BIG SWIMmer). He'll be accompanied by his kayaking brother Greg.

"My granddaughter Hannah was born 3 years ago, 2 months prematurely with poorly functioning kidneys and spent 4 months in hospital. She left in July on peritoneal dialysis. In March 28 of 2020 she received an adult kidney from an unknown donor. Her growth and development took a steep pitch upwards. She loves swimming, running and riding her bike. Our kids have been campers since they were born. We want any children to be able to go to camp and experience those joys in a great environment. Brigadoon Village gives that opportunity to many children having varying disabilities." Freeman Churchill, 68, Halifax (second time SWIMmer). Accompanying him will be his wife Elaine.

"I want to challenge myself and participate with my cousin while raising money for a good cause." – Heidi Sutherland, 15, Halifax. First time BIG SWIMmer, inspired by her 14-year-old cousin who completed it in 2019 and who is doing it again this year.

Paul Studley and Susan Nelligan are a couple who are both swimming this year. They're doing it as part of a year of challenging themselves. The two have already completed GIVETO-LIVE's two other fundraising events this year, The BIG CHILL (a snow-shoeing fundraiser in February), and The BIG RIDE (a cycling fundraiser in June). Paul's daughter is kayaking for him.

They are one of many family swimmer / kayaking pairs that will be on water, including Moms and daughters or sons, married couples, brother/ sister pairs, and Dads and their daughters or sons.

Another pair is return swimmer Andrew Thallameir and his 14-year-old son Nicholas who is kayaking for him. Andrew first completed The BIG SWIM a few years back and is keen to return in its new format. Nicholas, a senior scout with the 26th Halifax Scout Group, is helping his Dad with his fundraising as part of his Chief Scout project.

"To follow in my sister's footsteps, to challenge myself, and to raise money for Brigadoon Village." – Jaime Walker, 35, Conquerall Mills (first time BIG SWIMmer). She will be accompanied by her sister who did the swim, Jennifer McKay.

With the location change and COVID-19 restrictions still being in place there's lots of changes to the event. The most important thing has stayed the same - The BIG SWIM will once again support Brigadoon Village. Brigadoon Village is a non-profit pediatric medical camp facility on Aylesford Lake in the Annapolis Valley. With its partners, they deliver year-round camp programming to Atlantic Canadian children, youth and families living with health conditions or other life challenges.

"We're thrilled to once again be (See BIG SWIM on page 13)

Chebucto News • August 2021 Page 13

Honourable John M. Buchanan (Posthumously) Receives Honorary Doctor's Degree

Preamble By: Gerry Mendleson, Former Secretary to Cabinet On June 23, 2021, Dalhousie University awarded the late Senator and Premier of Nova Scotia, the Honourable John M. Buchanan, P.C; Q.C; an Honorary LLB. Doctors Degree. This degree joins these five other institutes of higher learning which have also recognized the many accomplishments of John Buchanan: Mount Allison University, Nova Scotia Technical College, St. Francis Xavier University, Saint Mary's University, and the Universite Sainte-Anne.

Mr. Buchanan, prior to his passing, was aware that Dalhousie would be conferring the Honorary Doctor of Laws degree on him and looked forward to the day he would actually receive this prestigious recognition. Unfortunately, his life had ended before this ceremony was held.

In an eloquent video address, Dalhousie President and Vice Chairman, Dr. Deep Saini noted that Dalhousie University awards and presents Honorary Degrees to "celebrate the accomplishments and achievements as a testament to the impact and legacy of the recipient". Further, the Honorary Degree "represents a Standard of Excellence of the recipient who has contributed to the betterment of society."

The video tribute featured an emotional and heartfelt address by the late John Buchanan's wife, Mavis Buchanan. She said that John's father passed away when John was only 11 years old, and as she noted, "Education was not passed to John on a silver platter." But John was a man who loved "doing for his family as well as doing for others".

As Nova Scotians got to know John Buchanan, they quickly learned, as did Mavis and his family, that John "was gifted with a mind that never forgot a name or promise and was always a true friend".

Mavis went on to say how their "family was blessed to have had a man of his calibre in their family" and sadly noted how their "life will never be the same without him". Mavis emphasized how happy John would have been to receive the Doctorate Degree from Dalhousie in person, but that "was not in God's Plan". As she received the Degree, Mavis sincerely thanked Dalhousie for bestowing this wonderful recognition on her late husband.

Dalhousie University awards honorary degree to the Honourable John Buchanan on June 23, 2021

On the occasion of the conferring of the posthumous degree of Doctor of Laws (honoris causa) upon The Honourable John Buchanan

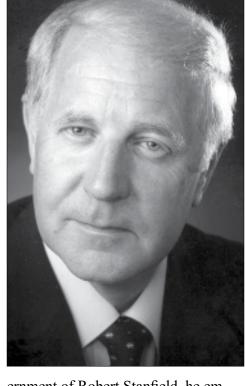
"Mr. Buchanan [was] a dedicated son of Nova Scotia and well known throughout the province... a true people's person... [he was] an Ambassador of Good Will for Nova Scotia. He probably [knew] every village, town, and city in the province intimately."

Ernest B. Johnson, MD

A master political campaigner. Nova Scotia's longest-serving Conservative premier. A dedicated member of numerous service organizations. Cape Bretoner. Champion of Nova Scotia's Acadian population. Hospital builder. Canadian constitution repatriater. Advocate of this province's energy self-sufficiency. Husband of Mavis, father of five, grandfather of 10. Storyteller and down-to-earth charmer. Senator. There are many ways to describe the late Honourable John Buchanan, but perhaps they are all well captured with these three words: "Proud Nova Scotian." Today, Dalhousie is proud to honour that proud Nova Scotian with a posthumous honorary degree.

John Buchanan was born in Sydney, Cape Breton, one of five children of Murdoch and Flora Buchanan. He worked at the Sydney Steel Plant as he pursued his Bachelor of Science in Engineering at Mount Allison University. Following his graduation in 1954, he studied metallurgy at the Nova Scotia Technical College before studying law here at Dalhousie, graduating in 1958.

He practiced law in Halifax and was director of the Legal Aid Society for five years. But John Buchanan is best known for his life in politics: elected in 1967 in the provincial gov-



ernment of Robert Stanfield, he embarked on the path that would see him spend the rest of his career in service as an elected provincial politician and later an appointed federal Senator.

John Buchanan was renowned for his personal warmth and ability to connect with voters. It was often remarked that he was late for events because he stopped to talk to so many people on his way in, and then was the last to leave because he lingered in conversation until the final guest departed. With his wife Mavis at his side, he campaigned across this province, winning four elections as premier before departing provincial politics for a Senate appointment. There, he served his province and his country for a further 16 years.

During his time in office, John Buchanan placed a priority on controlling domestic energy costs and positioning Nova Scotia for greater energy

> self-sufficiency, tapping traditional energy sources while seeking to develop new ones such as piloting tidal electricity with the first tidal power plant in North America at the Annapolis Basin in 1984. He was a champion of Nova Scotia's Acadian population, promoting francophone school boards and education rights and the delivery of government services in French in Acadian communities. When Canada sought to repatriate its constitution in 1982, Premier Buchanan was one of the "Gang of Eight" premiers

whose advocacy for provincial powers resulted in the inclusion of the "notwithstanding" clause in the Charter of Rights and Freedoms.

John Buchanan has been recognized for his contributions to this province and this country by many, including five previous honorary degrees. He was the recipient of the Canadian Centennial Medal, the 125th Anniversary of the Confederation of Canada Medal and the Queen Elizabeth II Golden Jubilee Medal. In 1972, he became a Member of Her Majesty's Queen's Counsel, and in 1982, along with the other Canadian premiers who participated in the negotiations for patriation of the Canadian Constitution, he was made a Member of Her Majesty's Privy Council.

In recognition of his life of service to the people of Nova Scotia, his advocacy for this province's role within Canada, and his fierce pride in all things Nova Scotian, Dalhousie University is pleased to posthumously present John Buchanan with an honorary degree.

BIG SWIM

(continued from page 12) able to raise money for Brigadoon Village and provide the opportunity for more kids to experience the magic of camp," says David Graham, CEO Brigadoon Village. "After a difficult 2020 without any in-person camps, we're very happy to say that kids are headed back to camp this summer starting July 25. Over 85% of kids who attend Brigadoon's programs require funding support so we're aiming to raise \$175,000 to send 135 kids to camp." To support the swimmers people can donate online.

Over the past 10 years, Brigadoon has grown to host over 1,500 children and youth at the nearly 30 camp programs it hosts throughout the year. Due to growing wait lists for its programs, Brigadoon is currently expanding its facilities to be able to provide new accommodations and program elements that will benefit campers and staff for years to come.

In its 10th year, The BIG SWIM has grown substantially as a fundraising event. It has attracted almost 350 swimmers and raised a combined \$1.3 million to support Cystic Fibrosis Canada and Brigadoon Village.

Each kayaker will be outfitted with a Spot GPS that will record GPS updates. You can access the complete list of swimmers participating in the event by going to www.givetolive.ca, selecting the tracking link and locating the swimmer and kayaker pairing on the page.

In the past the swim has inspired swimmers ranging from 12 years old to 70 years old. The BIG SWIM is not a race and supports swimmers of all abilities.



Page 14 August 2021 • Chebucto News

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebucto-editor@gmail.com.

Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR AUGUST Food Banks:

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled with pickup on Wed. between 9:30 and 10:30 am
- Chebucto Family Centre (3 Sylvia Ave) has an Emergency Food Cupboard which can be accessed every two weeks.

Free meals for those in need:

- Salvation Army offers Breakfast To-Go Bags Monday, Tuesday, Thursday, Friday 9:00am-10:00am
- St. Paul's Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup's On, is still operational but as takeout only
- Free Lunch 2 Go every Wednesday at noon, Chebucto Family Centre, 3 Sylvia Avenue, Spryfield
- Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 6 and 7 PM, out of the St Michael's Church Hall site. (while supplies last).

Harrietsfield Williamswood Community Centre events:

- Currently looking for new board members. Takes about 1 2 hours a month
 If interested please contact Natasha
 at 902 293 7427
- Open for rentals. Contact Cara at 902-446-4847 for information

Spryfield Lions Club events:

Regularly scheduled meetings on the 2nd and fourth Tuesday evenings, 7 pm at the Lions Rink Den. We are encouraging anyone who might be interested in attending to call ahead so we can ensure COVID health code regulations are met - 902-479-2917. We will also be starting up our bingos in the future but need more time to work out details. We want to thank the community for their support and wish everyone the best of health.

Urban Farm Museum Society of Spryfield events:

- Families wishing to participate in the Come Grow With Us gardening program are asked to call 902-497-3683 to register. Masks and social distancing will be required. Scheduling may also be necessary if numbers on site are restricted.
- To fund much needed repairs to

our gardens and Urban Farm site, our UFMSS is now part of Rafflebox 50/50 draws each month. More information at https://www2.rafflebox.ca/raffle/ufms Your support would be greatly appreciated!

- ANNUAL GENERAL MEETING Monday, September 13th. 7pm Capt. Wm. Spry Community Centre. If you are interested in the future of an Urban Farm Museum in Spryfield, please consider a position on our Board of Directors. For further information, please contact Pat at 902-497-3683 or email patriciabmaclean@gmail.com
- HARVEST FAIR Sunday, September 19th. 2-4pm at the Urban Farm. Please join us, we will be part of our community's "Spryfield Days" celebration!
- 25th. BIRTHDAY CELEBRATIONS -Sunday, October 17th. 2-4pm Everyone welcome to share your memories of the past 25 years!

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

• Food bank is open, with pick up on Wednesday, 9:30 - 10:30 am. Orders may be called in up to 10:00 am Tuesday each week. Call 902-477-1954 and leave a message. We are grateful to our volunteer staff for their faithful work for the food bank and its clients. Our website:

emmanuelanglicanchurch.net

Salvation Army (328 Herring Cove Rd) Events:

- Family Services by phone call or walk in 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226

Stella Maris Roman Catholic Parish Events:

• Twelve Baskets, Stella Maris Parish outreach ministry, will provide a free, light take-out meal every Friday evening, between 6 and 7 PM, out of the St Michael's Church Hall site. (while supplies last). For further information contact Stella Maris Parish office at 902 477-3530 or stellamaristwelvebaskets@gmail.com

St. Paul's United Church (173 Old Sambro Road) Events:

• Now that spring has arrived, our outdoor tap has been turned on for those in need of clean drinking water.

St. James United Church (3811 Old Sambro Road) Events:

• Drive-Through TakeOut only Halibut Supper with Roll and Dessert Saturday August 21, 4-6PM, \$15 (cash only)

Local Delivery Available: Call 902-868-2791 after 3PM on August 21.

Developmental Pickup Hockey

Looking for players 40+ years old. Spryfield Lions Rink Fridays 12-1pm. Starts Friday, Oct 16. Skills sessions first week, next 3 weeks pickup. We call it Developmental Pickup Hockey. Skills to increase puck time on your stick and improve your game. Pickup at a bit slower pace.

Let me know if you're interested. 902-497-2068 or ronaldbulmer@gmail.com

Improve your reading, writing and math skills, work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let's get learning together!

Chebucto Family Centre (3 Sylvia Ave.) Events:

• Free Lunch 2 Go every Wednesday at noon, Chebucto Family Centre, 3 Sylvia Avenue, Spryfield

Chase the Ace Returns: The Spryfield Legion and Forever Young Seniors Club are resuming their Chase the Ace. Tickets available at the Legion bar during bar hours and at the Chase the Ace Legion booth on Mondays 5 pm to 6:45 pm.

Spryfield Farmers' Market - In-person outdoor market every Sunday afternoon, 12-3pm.

New location at 205 Herring Cove Rd. (in the parking lot next to the Guardian Pharmacy). Find fresh local produce, meats, eggs, baked goods, prepared food, soaps and more!

of Life remembering Hugh Vincent will take place at the Royal Nova Scotia Yacht Squadron Saraguay House, 2308 Purcells Cove Road on Saturday, August the 7th from 1 to 3pm. You are invited

TAG Theatre presents A Celebration

Purcells Cove Road on Saturday, August the 7th from 1 to 3pm. You are invited to attend. Hugh was not only an integral supporter of TAG but had friends spanning many fields of endeavour (psychiatry, business, music, yachting, as well as theatre to name just a few), so please feel free to help spread the word and pass this message on. At this time, masks are necessary unless you are seated enjoying a beverage or refreshments. Also, at this time the RNSYS Saraguay House occupancy limit is one hundred people but that could change before the 7th.

Chebucto News looks forward to returning to a robust community events page when the current crisis ends. In the meantime, we will endeavour to keep you informed.

Supporting Your Community

ROYAL CANADIAN LEGION

Earl Francis Spryfield Memorial Branch 152



WE CARE

www.DanDoberty.ca







ns^ar

+ 21.8%

+ 10.0%

- The Nova Scotia Association of Realtors has updated their statistics for real estate sales in Spryfield for single family homes and condos in June 2021!
- Listing numbers dropped but selling prices increased; average house selling prices were over 26% higher and condos were over 79% higher!
- Properties were still selling quickly with an average of 5 days on the market.
- There has not been a better time to list your property for sale.
 Call your Exit Realty Metro team today to get your property on the market.

7-Spryfield						OTA ARROCATION
Single Family		June			Year to Date	
Key Metrics	2020	2021	% Change	Thru 6-2020	Thru 6-2021	% Change
New Listings	41	29	- 29.3%	229	176	- 23.1%
Pending Sales	60	22	- 63.3%	225	190	- 15.6%
Closed Sales	56	17	- 69.6%	202	186	- 7.9%
Days on Market Until Sale	90	5	- 94.4%	111	28	- 74.8%
Median Sales Price*	\$337,900	\$401,000	+ 18.7%	\$329,900	\$392,400	+ 18.9%

\$428,782

120.8%

10

+ 26.3%

+ 20.0%

- 87.0%

\$337,295

100.6%

\$410,921

110.7%

\$339,525

100.7%

77

Local Market Update - June 2021

Average Sales Price*

Percent of List Price Received'

Inventory of Homes for Sale

Months Supply of Inventory

Condo	June			Year to Date		
Key Metrics	2020	2021	% Change	Thru 6-2020	Thru 6-2021	% Change
New Listings	5	3	- 40.0%	10	19	+ 90.0%
Pending Sales	4	1	- 75.0%	9	17	+ 88.9%
Closed Sales	1	1	0.0%	5	17	+ 240.0%
Days on Market Until Sale	69	5	- 92.8%	29	8	- 72.4%
Median Sales Price*	\$140,000	\$251,150	+ 79.4%	\$167,500	\$275,000	+ 64.2%
Average Sales Price*	\$140,000	\$251,150	+ 79.4%	\$173,700	\$263,017	+ 51.4%
Percent of List Price Received*	93.4%	114.2%	+ 22.3%	97.3%	112.4%	+ 15.5%
Inventory of Homes for Sale	1	2	+ 100.0%	_	-	_
Months Supply of Inventory	0.5	0.6	+ 20.0%	_	_	



WHAT IS YOUR HOME WORTH?

FREE Comparitive Market Analysis

Whether you are thinking of selling now or later it is nice to know what your home is likely to sell for in today's complex market place.

Why not allow me to conduct a comparison of recent home sales in your area to give you a probable current market value of your home?

To take advantage of this FREE NO OBLIGATION offer you can: Give me a call at 478-4023 and set up an appointment; Text me your contact information to 478-4023 and I will respond; E-mail me at: dan@dandoherty.ca with your contact information. Visit me at www.dandoherty.ca—click on FREE Evaluation, fill in the form and send it to me.

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Dan Doherty
902-478-4023
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DONATE YOUR RECYCLABLES!

Long Lake Provincial Park Association and Beaver Enviro Depot have teamed up to help raise funds for the Park. You can do your part and show your support by dropping off your



recyclables at Beaver Enviro Depot and tell them that it is a donation to the park.



LONG LAKE PROVINCIAL PARK ASSOCIATION

Dog Days of Summer August Specials

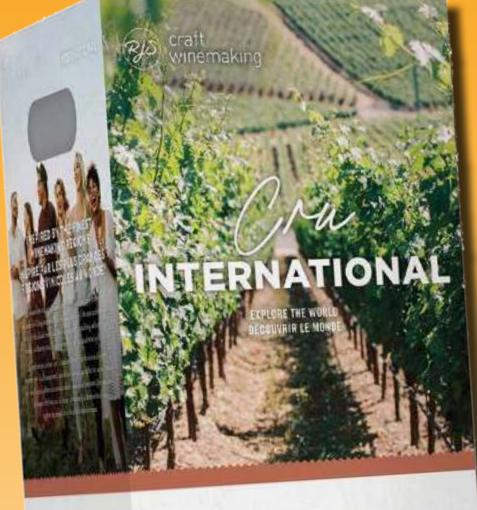
CRU INTERNATIONAL German Gewurztraminer

This off-dry white wine has bold tropical fruits on the palate and a lovely smooth finish. Our proprietary Süss Reserve Pack, combined with elderflowers creates a softly structured, floral wine with balanced crisp acidity.

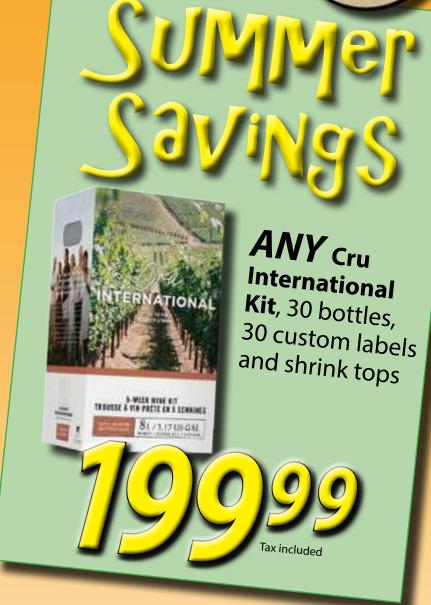
or Italian Sangiovese

This powerful red classic is full and expressive on the palate with lively cherry fruit and a brisk acidity supported by ample smooth tannins. Our GenuWine Winery Dried Grape Skins and oak shavings provide a deep and lingering finish to this garnet wine.









Wire Wille

2 Mont Street 902-477-9463 Come in and check us out!!!

rerev.reaternreine.com