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# Chebucto News

Vol.19 • No.11  
 August 2018

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## Local artist creates poster for Special Olympics Canada 2018 Summer Games



Left: Purcell's Cove Artist Hal Jones, holding the poster he produced for the Special Olympics Canada 2018 Summer Games. Beside him is the original painting. Right: Carl Chisholm presenting Prime Minister Trudeau with the framed print of Hal Jones' painting for Special Olympics

The Painting features all the nine Sports, the Canadian flag, the flags of all the Provinces and Territories, the 50th Anniversary Logo, the Antigon-

ish 2018 Special Olympics Logo, the entrance to St. FX University, and the Antigonish town sign.

This painting will be on display at

the Antigonish Public Library, July 14th until the games.

The posters are available at numerous places in Antigonish with all the

proceeds going to Special Olympics. Special Olympics Canada 2018 Summer Games were held in Antigonish, Nova Scotia, July 31st-August 4th.

## Rotary's Toonies for Change marks fourth anniversary

The Rotary Club of Halifax Northwest recently marked the fourth anniversary of its very successful Toonies for Change project in the Spryfield area. After a full year of planning, the fifty-fifty draw was originally launched in May of 2014 as a means of raising funds to support a number of non-profit organizations that provide valuable services to the community.

Since its inception the project has generated some \$120,000 in funding to support numerous charities and not-for-profit organizations. Local beneficiaries include such worthy recipients as the Spryfield Boys and Girls Club, Edward Jost Children's Centre, Family SOS, Chebucto Minor Hockey, Spryfield Urban Farm, Chebucto Family Centre, and Shelter Nova Scotia's

Herring Cove Apartments. Donations have also been made to support the St. Paul's Family Resources Institute food bank, the Salvation Army, Hand-in-Hand, the Sambro and Area Community Association, and Chebucto Connections. Smaller local sports organizations have not been ignored with contributions to Express Basketball and the Spryfield Judo Club.

Other proceeds from the weekly draw have been used by the Rotary Club to support important community projects such as the Long Lake Provincial Park Association in Spryfield, Phoenix Youth Programs, and several organizations addressing poverty and homelessness in the HRM region. International projects have included

*(See Rotary Toonies on page 2)*

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# Rotary's Toonies



ports, while others are non-affiliated volunteers who donate their time and on behalf of whom, as a mark of appreciation for their efforts, donations are made to various local charities of their choice.

Of course, as a 50/50 lottery the success of the fundraising depends on the participation of community members. The number of participants has grown steadily, as has the number of lucky winners! Since its inception some 70 people have won in excess of \$150,000! So if you are not playing you may be missing out! Presently nearly 4,500 numbers have been registered. But you have to play your toonie to win! If you don't and your number is drawn the prize rolls over! Not surprisingly, the participant rate increases proportionately as the value

of the weekly draw rises, so the prize can reach several thousand dollars depending on the number of "rollovers".

People who wish to register and play Toonies for Change can do so at 20 vendors spread throughout the community. In the words of Dick Hodgson, who originally launched the project and continues as its manager, "Our success in fundraising for local causes relies totally on the participation of community members. So we would like to see new participants join us, and have them continue to play on a regular basis as a fun way of giving back to the fine community of Spryfield!"

For more information, including a list of vendors and beneficiaries, as well as instructions on how to play, visit [www.tooniesforchange.com](http://www.tooniesforchange.com)

(continued from page 1)

financial assistance to the Haiti Deaf Children's Academy to provide solar power to their kitchen to avoid food wastage due to power grid failures.

While led by the Rotary Club, the Toonies for Change project relies heavily on over thirty dedicated volunteers from the local community. Some are affiliated with the beneficiary organizations that the project sup-

## Chebucto News

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**Copies of Chebucto News are available at Spryfield WaterN Wine and Danielsons General Store, while they last.**

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# Sammy says: Three cheers, my favourite time of year is here!



Sambro Sou'Wester Days run from August 7th through the 12th! Check out the full schedule of events in this edition of the paper.

New this year is a Family Movie Night featuring Nut Job 2. To keep things affordable for families, admission is by freewill donation and/or a non-perishable donation to the Food Bank. Non-alcoholic drinks and popcorn will be available for purchase for \$1 each. Bring a lawn chair and settle in for a fun night out with the kids!

The Corn Boil and Ceilidh on Friday night will feature our delicious corn on the cob, hotdogs and non-alcoholic beverages available for \$1 each. We'll have lots of live local musical entertainment, as well as the presentation of the Second Annual Sambro Spirit Awards. I can't wait to see who will be honoured this year!

We are delighted that the Sambro Island Lighthouse Heritage Society is offering boat tours out to Sambro Island again this year. Come aboard and learn the rich history of this fascinating piece of our past.

Who doesn't love a parade? Ours draws quite a crowd, so expect traffic delays between 10 am-12 noon from Atlantic View along the Ketch Harbour Road to Old Sambro Road and then to West Pennant Road. Plan your travels accordingly and be safe!

The Barbeque and Family Carnival will feature some new games this year, and of course we'll have a bouncy castle, too!

The Adult Tailgate Party will

feature live music from Lime Rickey. Patrons MUST be 19 years or older to gain entrance. Your \$6 admission includes a chance to win some great prizes. This year we'll have pizza slices available for purchase later in the afternoon.

Some returning favourites include the Adult Co-Ed Baseball Games, Washer Toss Tournament, Community Breakfast, Service of the Sea at St. James Church, and Blessing of the Fleet, Cake Walk, and the Rubber Duck Race. This year St. James United Church will be offering a Fish Cake Supper with Beans, Brown Bread and Strawberry Shortcake.

You can purchase your 50/50 tickets or numbered Rubber Duck tickets from Mishoo's store in Sambro or from SACA volunteers for \$5 each.

If you plan on watching the fireworks from your boat, why not decorate it with festive lights for the Parade of Sail off Crystal Crescent Beach? Judges will award prizes. Please note that boats must respect the distance required to be off shore in order for the fireworks to be safely presented.

Finally, our bittersweet ending to the weekend; the Closing Fireworks Display at Crystal Crescent Beach. Admission is by freewill donation, and please note that all vehicles must exit the park promptly at the conclusion.

I'm looking forward to seeing you all at the festival!

*Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.*



## City Church receives award

The Spryfield Business Commission has honoured City Church, 276 Herring Cove Road, with a special award. The church has been very active in multiple community activities and the Business Commission presented

a special plaque at the recent Sunday night Spryfield Days Gospel Concert. The presentation was made to Pastor Gerald V. Kendrick by Commission Board Chairman Clyde A. Paul and Executive Director Bruce Holland.

## New SBC Board elected



2018-2019 SBC Board Members, left to right: Kurt Ryan, SBC Board Member and Owner/Operator, Spryfield Shoppers Drug Mart, Dan Doherty, SBC Past-Chairman and Owner of Spryfield Water and Wine, Irene Swindells, SBC Board Secretary and Administrator-Melville Heights Retirement Living, Clyde A. Paul, SBC Board Chairman and Solicitor at Clyde A. Paul & Associates, Bruce Holland, SBC Executive Director, Nadine Garrison, SBC Board Member and Co-owner of The Spryfield Head Shoppe, Alive Morris, SBC Board Member and Bowlarama Marketing Associate, Chris Macaulay, SBC Board Member and Manager of the Spryfield Sobeys, Wyatt Redmond, SBC Board Vice-Chairman and Owner of Spryfield Enviro Depot, Scott Reinhardt, Owner of Green Roots Landscaping and SBC Treasurer, Dina Shay, SBC Board Member.

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## DISCOVERING OUR PAST

### Public schools named for prominent citizens

by Iris V. Shea

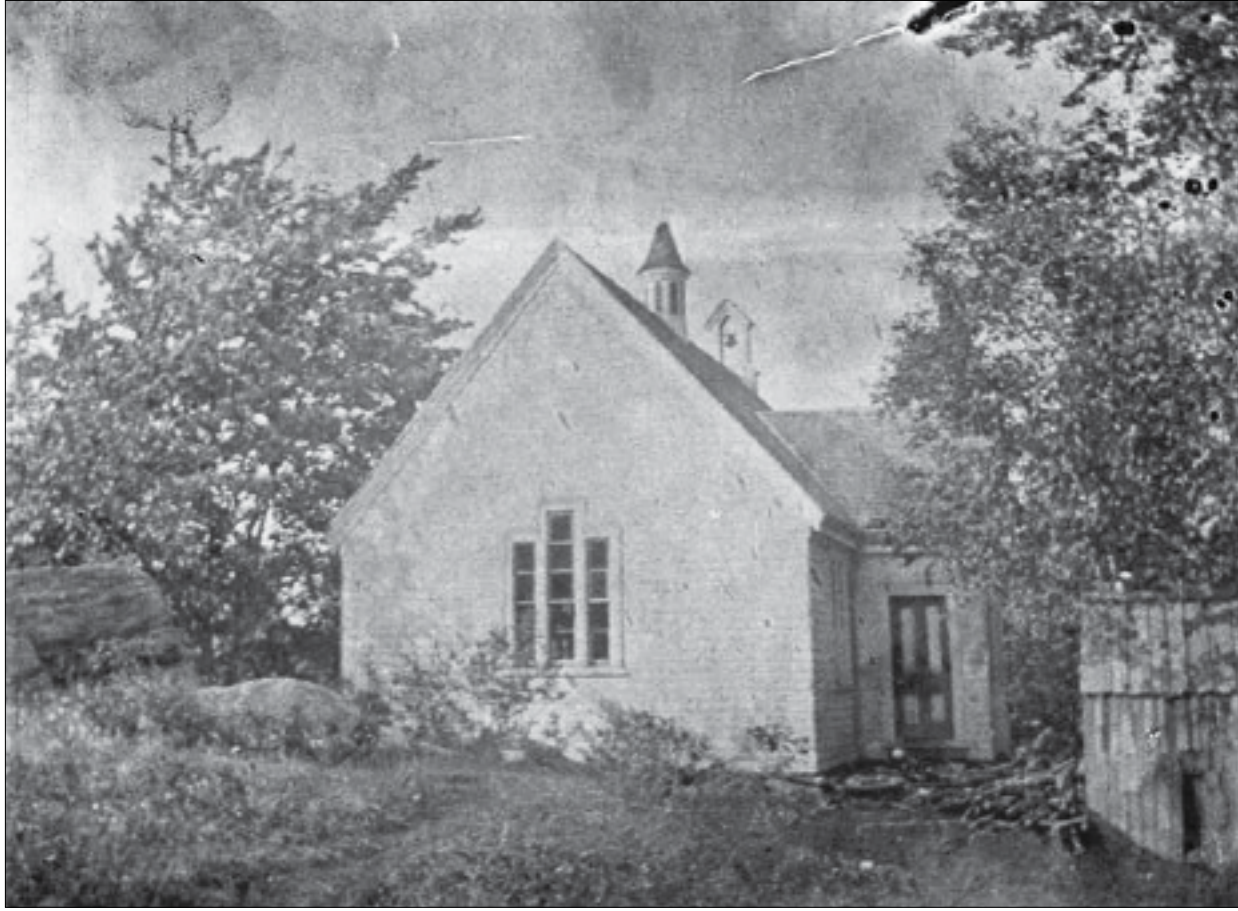
Several schools in Mainland South were named for the community in which they were located, but the schools mentioned in this article honoured prominent educators and statesmen.

**William King School** on St. Paul's Avenue in Herring Cove opened in 1963 and was named in memory of Colonel William King who died in Herring Cove on 11 December 1952. Colonel King's gravestone in St. James Anglican Church cemetery reads "A native of Clifton, Bedfordshire, England." He came to Nova Scotia in 1880 as a young man with the Imperial Army, married Josephine Baker of Herring Cove in 1888, served in the Far East and as a volunteer during World War I before settling in Herring Cove. His obituary stated he was instrumental in the re-organization of the Herring Cove School and served as secretary to the trustees.

**G.K. Butler School** was given the name in memory of a prominent educator. A former principal of Alexander School in Halifax, Mr. Butler became supervisor of Halifax Public Schools in 1916, retiring in 1935. He died 17 January 1937 in Halifax. G.K. Butler School opened under the name of West Spryfield School in 1954 and changed to G.K. Butler in the early 1970s. This school closed in 1981. The Captain William Spry Community Centre is located on the former school site.

**Ida Mae Marriott School** opened on Lyons Avenue in 1957 and closed in 1983. Named for one of Spryfield's former teachers, Ida Mae Marriott was born in Spryfield, the daughter of Amos Yeadon and Lalia Bashford. She taught for many years at the Little Red Schoolhouse, the Bungalow, and at Central School. Mrs. Marriott died in Halifax on 30 September 1951 at the age of 63 years.

**Captain William Spry School**, originally North Spryfield School, was located on Arnold Avenue in Spryfield. Built the same time as West Spryfield School, the name was



Old Cunard School, Jollimore, 1903. Courtesy Iris Shea

changed following amalgamation in 1969. A senior citizens' housing complex is now located on the site. Captain William Spry was a military engineer and chief engineer for Nova Scotia who, between 1769 and 1780, developed a productive farm on his 1500 acres which became known as Spry's Field and, eventually, Spryfield. The school was built on part of his 80-acre land grant.

**Elizabeth Sutherland School** on Rockingstone Road opened in September 1958 and honours the memory of Spryfield's first schoolteacher, Elizabeth "Bessie" Sutherland (1841-1925). Born in Spryfield, she was the daughter of George Sutherland and Mary Ann Carmichael and is buried in Emmanuel cemetery; the site of Spryfield's first church and schoolhouse where Miss Sutherland taught her first class in 1859.

**B.C. Silver School** was given its name in honour of Basil C. Silver who was Inspector of Schools for Halifax County for many years. There are many of us today who recall this tall, silver-haired, impeccably dressed gentleman who visited our classrooms each year during the 1940s and 1950s. The school, located at the end of Pinegrove Drive, opened as a high school in 1962 and became a junior high

when J.L. Ilsley School opened. This school closed its doors to Spryfield students in 2001 and remained empty for several years. A housing subdivision, named Silver Estates, is now located on the site.

**J.L. Ilsley High School** on Sylvia Avenue opened in 1971 and continues to operate as a high school, serving the entire Mainland South area. James Lorimer Ilsley, a Nova Scotian after whom the school was named, was first elected to represent Nova Scotia in federal parliament in 1926. He rose to national prominence during World War II as Minister of Finance in Prime Minister MacKenzie King's cabinet. Ilsley became Chief Justice for Nova Scotia in 1950, hence the name "The Judges" for the school's sports teams. Judge Ilsley died in Halifax at the age of 73 years on 14 January 1967. He served his country and his province well.

**John W. MacLeod School** on the Purcell's Cove Road opened in 1948. John W. MacLeod was a former schoolteacher, was founder of the Greenwood Coal Company in Pictou County, and donated the land on which this school was built. He died 23 January 1964 in New Glasgow at the age of 86 years.

**Old Cunard School** in Jollimore

was built in 1867 on a one-acre site that William Cunard purchased from John Jollimore for the express purpose of a school. This school was named for William Cunard, son of Sir Samuel Cunard. William Cunard and his family relocated to England in 1871 to look after the family business, Cunard Steamship Line, on that side of the Atlantic. William died in England in 1906. Following his death, his heirs sold the one-acre school lot to the trustees of old Cunard School. A municipal playground on the corner of Albion and Kirk Roads is now located on the site of the old school grounds.

**Cunard Junior High School** on the William's Lake Road opened in 1965

and was named for Sir Samuel Cunard (1787-1865). A native born Haligonian, Samuel Cunard was founder of Cunard Steamship Line, a series of trans-Atlantic steamships that revolutionized the world of 19th century travel.

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# Recruitment underway for Board Members

*Reprinted by request from July'*

Chebucto Connections is seeking applications from individuals interested in serving on the Board of Directors.

Since its founding in 1985, Chebucto Connections has become recognized as an effective provider of support to neighbors in need; having real impact within the community. We invite you to become a part of this growing tradition.

## Building connections to build community

Chebucto Connections helps residents participate in community life, from Armdale to the Pennants, by focusing on individual and community strengths. We identify and attract resources to increase opportunities for residents, groups and their communities, so we can work together to improve the quality of life for residents. We partner with community groups, agencies, businesses, institutions and governments to better serve their

clients and focus their efforts on local interests and priorities.

The next couple of years promise to be exciting ones for Chebucto Connections. The organization will continue to have a positive impact on Spryfield. Continuing the work of helping youth graduate high school; supporting members who need assistance navigating services all through HRM; and providing space for seniors to meet and connect, the Board of Directors plays a central role in this important work.

There is a commitment of 2 years, meeting once a month (excluding August and December) and some committee work from time to time between board meetings.

We are looking for applicants who have a passion for making a difference. It would be icing on the cake if you also have any of the following background, experience and/or skills:

- human resources
- communications and/or public relations
- accounting
- fundraising and/or event planning
- previous board experience an asset

If this sounds like something you would like to be a part of or just have questions please contact us at info@chebuctoconnections.ca or by phone at 902-477-0964.

*Updated June 10, 2018*

# 2018-2019 Spryfield Business Commission Recognition Awards recipients

Each year, the Spryfield Business Commission has recognized a number of businesses and non-profit Stakeholders in the Business Improvement District who have played a significant role in the community and made it a better place to Live, Work and Play!

Here are this year's winners:  
Business of the Year – Sobey's Spryfield

Small Business of the Year – Green Roots Landscaping

Volunteer Organization of the Year – City Church  
Volunteer of the Year – Eric Caines  
Jason Doherty Memorial Business Person of the Year – Wyatt Redmond –Beaver Enviro Depot  
New Business of the Year – Decades (Spryfield Headshope) – Nadine Garrison, Tyson Thompson, Morgan Peveril  
Retiring Board Member – Eric Caines  
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## Church Services Directory

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10:00 am Lively, contemporary Holy Communion service with choir, Sunday School and fellowship time.  
All Welcome.

**St. James Anglican Church**  
(2668 Joseph Howe Drive at the Armdale Rotary):

Worship Services:  
Sunday: 08:30 am Holy Eucharist (BCP)  
Sunday: 10:00 am Choral Eucharist (BCP)  
Wednesday: 10:00 am Holy Eucharist – Chapel (BCP)  
Fellowship and coffee following service.  
Wednesday: 11:00 am Bible Study  
All are welcome!  
Second Wednesday of each month: 7:00 pm Mother's Union – Townsend Room in church hall  
Please note: Sunday School, Christian Meditation and Coffee Hour are on hiatus until September.

**Spryfield Christian Community Church**  
(91 Thornhill Drive):

Church services  
Sunday 11-12 am  
Bible Studies Sunday 6-8pm  
Oromo Gospel Church: Sunday worship service: 3 pm Tuesday prayer: 10 am.

**City Church**  
(276 Herring Cove Road)

Church Services:  
Sunday 10:30 am  
Sunday 6 pm: Bible Study will resume in September  
Nursery & Children's Ministry 10:30 am  
Prayer: Wednesday 10:30 am  
National Back to Church Sunday: September 16  
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## Entrepreneurial sisters bring more fun to Long Lake Provincial Park

The Long Lake Adventure Company opened on July 14, 2018 at the new water access location to Long Lake Provincial Park, at 75 Old Sambro Road, across from Schnare Street. The business is being operated by Sarah and Katie Polley, with Sarah acting as the manager with some assistance from their father, Peter Polley.

They have an assortment of water sports equipment available for rent to allow residents and visitors to experience Long Lake's pristine clean water and the lake's uninterrupted, unaltered natural shoreline. Kayaks are available in child sized, adult sized, and double sized. Paddleboards for adults and kids are also available. Rentals times are offered as one hour, two hours, half days, and full days.

The Long Lake Adventure Company's first week of operations were very well received by area residents, visitors, and the hundreds of people who use the adjacent walking trail and water access point each day. Everyone is very excited about this new recreational opportunity in the Spryfield area, which will cater to not just area residents, but also to people from the

Halifax peninsula and further abroad.

The venture came about as an offshoot of Mr. Polley's involvement with the improvements at Long Lake Provincial Park over the last number of years. The initial Phase of work at Long Lake Park in 2016 saw the creation of the new parking area on Northwest Arm Drive across from the intersection with Cowie Hill Road, and approximately 5 km of new trails.

Last summer, the Long Lake Provincial Park Association created the new water access point on Old Sambro Road, with Polley acting as volunteer project manager in conjunction with other park association volunteers. Coincidentally, in early 2018 the Province of Nova Scotia conducted a Province wide publicly advertised request for proposals for businesses to

open operations in Nova Scotia's network of provincial parks. The Long Lake Adventure Company was chosen as the winning submission for Long Lake Park.

More information is available on the business's website, and bookings can be made in person, via email, or via the website: [www.longlakeadventurecompany.ca/](http://www.longlakeadventurecompany.ca/)

## Healthy Minds Around the Loop shines a light on mental health in our community

Mental health. It's something that affects us all and is a topic that is garnering more discussion around both kitchen and government tables as of late. In our own community, a group of residents and mental health practitioners from Spryfield and area have been meeting over the past year to investigate how mental health services can be improved right here at home. Recently, this group formed a formal association, calling themselves the Healthy Minds Around the Loop Association. The association has a vision for greater individual and community mental health and resilience in Spryfield and area. Further, their

mission is to foster the development of a people-centered system of accessible and inclusive mental health services in our community. You'll be hearing more from Healthy Minds Around the Loop over the summer, especially at the Spryfield Summer BBQ on August 25th, noon to 3:00pm at Ravenscraig Field. Come and meet members of the group as they ask you "What would bring mental wellness to our community?" If you want to learn more or become a member, contact Mary-Frances Lynch at [hfxatlanticcommunity@gmail.com](mailto:hfxatlanticcommunity@gmail.com) or (902) 210-7350.

## Public Auction

A Public Auction will be held by on August 31, 2018, at the Law Courts, 1815 Upper Water Street, to sell the property located at 7 Juniper Crescent, Halifax Nova Scotia. This sale is held pursuant to the Sale of Land Under Execution Act, for the benefit of Jessica Howe. Ms. Howe's solicitor is Ian Gray, of the law firm Walker Dunlop. The sale will be conducted by the authority of Sheriff Andy MacDonald.

**ANDY  
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# Spryfield Days at Long Lake



The owner/operator of *Fishy Business* (who won the cardboard duct tape boat race Creativity Award, plus Third Overall, even against double adult paddlers), was the single paddler Vincent McDonald, a 14-year old student at St. Agnes Junior High, entering Grade 9. He's been in a kayak (often in Long Lake) since about age 2 and loves paddling recreationally, including volunteering through HRM's Youth Leadership Program out of St. Mary's Boat Club. He's also very creative and has been involved in art classes for several years.



*Despite the foggy weather, enthusiasm was not dampened!*



# SERVICE CHANGES

## COMING AUGUST 20, 2018

AFFECTED ROUTES:

- |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| 2  | 4  | 16 | 17 | 18 | 21 | 23 |
| 31 | 33 | 34 | 35 | 42 | 52 |    |

NEW ROUTES:

- |     |     |     |     |     |     |    |
|-----|-----|-----|-----|-----|-----|----|
| 2   | 3   | 4   | 21  | 28  | 30  | 39 |
| 123 | 135 | 136 | 137 | 138 | 433 |    |

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# LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

## Kevin Cook

Age 61 of Spryfield, passed away June 21, 2018 at the QEII surrounded by loving family. He was a son of the late Douglas Cook and Greta Buchanan. Kevin had a passion for working on cars and first started as a mechanic at Tom McDonnell's Esso on Robie street, that was the start to a 25-year career as a mechanic. He also enjoyed going for bicycle rides and driving taxi for Casino Taxi. He is survived by his son David Reid; brothers Dana (Gert) Cook and Wesley Cook; sister Glenda Cook; favorite uncle Kenneth Buchanan and aunt Lynda Gage; niece Christine Cook and great nephew Jackson Cook. In lieu of flowers donations can be made to the Canadian Cancer Society in memory of Kevin. Online condolences may be sent by visiting [www.walkerfh.com](http://www.walkerfh.com). A special thanks to 7A palliative care unit for their compassion and care for Kevin.

## Gordon V. Gillis

Spryfield. With broken hearts we announce the passing of Gordon Gillis on Friday, July 20, 2018, at the QEII Halifax Infirmiry. Gordon was born in Halifax to the late Hughie and Gertrude (Langley) Gillis. Gordon loved his family and friends dearly and lived life to the fullest. He is survived by his loving wife of fifty years, Doro-

thy (Swan) Gillis and by his loving children, Scott, Tana (Paul) McKenna, Melody, Kyla (Edward) and Thane; ten grandchildren; Lindsay (Patrick), Trista (Michael), T'Keyah, Tiyana, Lariah, Lataya, Lavanna, Lavante, Kyle and Kaneesha. Along with five great-grandchildren, Cullen, Cooper, Ni'yairah, Naliyah and Chance. He is also survived by his brothers, Alfred (Lorraine), Thomas (Theresa) and sister, Bernice Garant; plus the extended family of the Hollet's. He was predeceased by his sister, Beverly Marriott. Gordon began working at an early age but his first real fulltime job was with the RCMP as the chef at the Thornvale Barracks in Halifax, after leaving this position Gordon went to work at Camp Hill Memorial Hospital where he assumed the responsibility of head chef for the hospital for the next 15 years. Although he enjoyed his work at the hospital he was offered a position to become the head chef for the Lt. Governor where he remained for the next 20 years. Upon his retirement he was once again called back into service as the chef for the officers and crew of the Voyage of Discovery expedition with the Royal Canadian Mounted Police. Above all he did during his working career his passion was always to cook meals for his family and friends which he did on a regular basis. In addition to his love of cooking Gordon loved music, dancing, a respectable drink of Scotch and having a good laugh. Known for his laugh, his wicked sense of humor, gentle demeanor and many stories, Gordon was very well loved, respected by his family, friends and anyone who knew him. During the last few years of Gordon's life he found spiritual peace and comfort by saying the rosary every night before he went to bed. Gordon's family would like to extend their heartfelt thanks to both Gordon's brother Alfred along with the staff at the Halifax Infirmiry for their supportive care.

## Shirley Robinson

formerly of Spryfield. It is with broken heart we announce Mom's passing on Monday July 23, 2018. Mom was born September 6, 1933 to Nora and Nathan Brewer. She is predeceased by her husband, Keith and daughter, Pam. She is survived by her children, Heather, Darlene (Dewey), Karen, Debbie (Donnie), Scott (Michelle) and son-in-law, Rob, 12 grandchildren; 12 great grandchildren and a great grandchild arriving in November. Mom, you will always be loved and missed by all of us. Your mind is free and you are now with Dad and Pam. Until we see you again you're forever in our hearts and memories. We love you.

## Darryl Mercer

Spryfield. Darryl had a love for sports especially horse racing; he also loved to go to the waterfront and out to eat. He is survived by his wife, Linda

Mercer (Murphy); brothers, James (Sharron), William, Gerry (Chrissy), Perry (Bev); sisters, Joanne, Ottawa, Cindy (Chrissy), Alberta. He was predeceased by his father, Robert Roy Mercer; mother, Mary Alice Mercer (Myatt).

## Catherine "Kay" M. Sadler

90, Portuguese Cove, passed away peacefully on Saturday, July 14, 2018 at the QEII Halifax Infirmiry. Born in Halifax, she was a daughter of the late Daniel and Myrtle (Gallagher) Tilbury. Kay was educated at St. Thomas Aquinas School. She was a long-time resident of Portuguese Cove and a long time parishoner of St. Peters Roman Catholic Church, Ketch Harbour. She enjoyed visiting relatives and attending church suppers. She retired from Simpsons and Sears after 35 years. She is survived by her sister in-law, Joyce Johnson, Calgary, AB; many nieces and nephews; good friends, Margaret Hatch and Greg (Diane) Purcell. She was predeceased by her husband, John; brothers, Edward and Vincent; sister, Muriel; good friend, Billy Hatch. Donations in Kay's memory may be made to St. Peters Parish, Ketch Harbour.

## Dorothy Mildred "Dot" (Blakeney) Blakeney

97, Armdale, passed away quietly and peacefully at the QEII Infirmiry, Halifax, on Wednesday, July 11, 2018, just 10 days before celebrating her 75th wedding anniversary. Born on January 28, 1921, in Halifax, she was a daughter of the late Ernest Roy and Miriam Louise (Scallion) Blakeney. Married in 1943, Dot and Reg built and moved into their home in 1959, where they raised their family. She was a wonderful and dedicated wife, mother, grandmother and great-grandmother, who devoted her life to her family. Dot will be remembered and greatly missed by all who knew and loved her for her thought-

ful, loving, gracious and caring ways. She was the epitome of a lady, who was known as a kind and giving person. She had a great sense of humour. Some of her many interests were knitting, crocheting, needlepoint, and baking, especially our favorites, her homemade bread and Nana's shortbread cookies. She was an avid gardener, and together with Reg, they grew and sold various transplants. In her younger years, Dot enjoyed berry picking, and later in life, crossword puzzles were one of her obsessions. Dot is survived by her loving husband of almost 75 years, Reg, her daughters, Carolyn McFarlane (John), Halifax and Janice Fennell (Jim), Red Islands, Cape Breton; and her son Ron, Cole Harbour. Affectionately known as Nana, she is also survived by her treasured grandchildren, John McFarlane (Stacey Laskis), their children, Laz and Audrey, Scottsdale, AZ, Scott McFarlane (Andrea Shakespeare), their daughter, Ainsley, Halifax, Matthew McFarlane (Leanne Batic), their children, Jack, Rylan and Laila, all of Halifax, Kerry Blakeney, Malton, ON, Laura Fennell, East Bay, Cape Breton, Kaitlynn Fennell, Tofino BC, and Andrea Fennell, London ON. Surviving as well are her sisters, Winnie Stevens (Jim), Dartmouth; and Hazel Hennel, Leesburg, VA, brother, Ken, Dartmouth and many nieces and nephews. She was predeceased by sisters, Olive Bellefontaine and Jean Boudreau, brothers, Gerald and Reginald (in infancy), a daughter-in-law, Claudia Blakeney. The family wishes to extend their gratitude to Reg's nephew, Brian Blakeney, for all his time, dedication, and kindness to Mom and Dad Family flowers only, in lieu, donations in memory of Dot may be made to the Heart and Stroke Foundation or any charity of your choice. Words of comfort may be sent to the family by visiting [www.walkerfh.com](http://www.walkerfh.com)

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## Spryfield Business Commission offers two new Training Courses

The following two new training courses will start the week after Labour Day. Co-sponsored by the Spryfield Business Commission and the Department of Labour and Advanced Education this is a unique opportunity for employees and owners of local businesses from Spryfield and the surrounding area to upgrade their skills. There is no cost to take these courses other than your time. Please e-mail me, Bruce Holland, at [sdbc@eastlink.ca](mailto:sdbc@eastlink.ca) if you are interested or have any questions.

### Word Press Level II

Instructor: Jeff Brown. Every Thursday morning, 9:00 a.m. –

12:01 p.m. for 12 consecutive weeks, starting Thursday, September 6th, 2018.

Location: Spryfield Business Commission, Training Room, Royal Bank Building, 339 Herring Cove Road, Suite 211.

### Microsoft Office Suite

Instructor: Carlos Arriaga. Every Monday afternoon, 1:00 p.m. – 4:00 p.m. for 12 consecutive weeks (holidays excluded) starting Monday, September 10th, 2018. Location: Spryfield Business Commission, Training Room, Royal Bank Building, 339 Herring Cove Road, Suite 211.

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# Sambro Sou'wester Days 2018 Schedule

## Tuesday, August 7

- **6:00 pm & 7:30 pm** Community Baseball Games at Ball Field

## Thursday, August 9

- **6:00 pm & 7:30 pm** Community Baseball Games at Ball Field
- **7:00 pm-9:00 pm** All ages Family Movie Night at Community Tent. Movie: Nut Job 2. Admission by freewill donation of cash and/or non-perishable items for the Food Bank. Popcorn & non-alcoholic beverages \$1 each. Collections will be taken for the Food Bank.

## Friday, August 10

- **6:00 pm & 7:30 pm** Community Baseball Games at Ball Field
- **6:30 pm-8:30 pm** All Ages Corn Boil and Ceilidh Sponsored by Jill Hann Royal LePage at Community Tent. Corn on the cob, hotdogs and non-alcoholic beverages available for \$1 each. Presentation of the Sambro Spirit Awards followed by local musical entertainment.

## Saturday, August 11

- **8:30 am-4:30 pm** Sambro Island Lighthouse Boat Tours at Government Wharf presented by SILHS. Adults \$40/Children 5-16 \$20/Children under 5 free (must be accom-

panied by adult over 18 years of age)

- **10:00 am-12:00 noon** Community Parade Sponsored by the Spryfield Head Shoppe. From Atlantic View Dr. in Sambro Head to Sambro Fire Station. Expect traffic delays between 10 am-12 noon from Atlantic View along Ketch Harbour Road to Old Sambro Road and then to West Pennant Road. Prizes will be awarded at Community Tent afterwards.
- **12:00 noon-3:00 pm** BBQ and Family Carnival with bouncy castle at Ball Field
- **12:00 noon** Washer Toss Tournament sponsored by Cowie Metalworks at Ball Field \$20 per 2 person team
- **2:00 pm-8:00 pm** Kyle's Tailgate Party Sponsored by the family of the Late Kyle MacKay, Live Music by Lime Rickey at Community Tent. **Must be 19 years or older.** \$6 admission includes chance to win door prizes. Beer & coolers \$5

## Sunday, August 12

- **9:00 am-11:00 am** Community Breakfast sponsored by Oceanview Fisheries at Community Tent. Scrambled eggs, pancakes, sausage with juice or tea/coffee. Adults \$6/

Youth 5-12 years \$3/Kids under 5 free.

- **10:00 am** Service of the Sea Church Service at St. James United Church
- **12:00 pm** Blessing of the Fleet at Sambro Government Wharf, Weather permitting.
- **2:00 pm** Consolation Baseball Game at Ball Field
- **1:00 pm-3:00 pm** Cake Walk at Community Tent
- **3:00 pm-3:30 pm** Rubber Duck Race Sponsored by Mishoo's Store at Grand Lake. Numbered ducks may be purchased in advance from Mishoo's store in Sambro or SACA volunteers for \$5 each. Win up to \$500!
- **3:00 pm-6:00 pm** Fish Cake Supper with Beans, Brown Bread and Strawberry Shortcake at St. James United Church Hall. Adults \$12/Child \$7
- **4:00 pm** Final Championship Baseball Game at Ball Field
- 8:00 pm-10:00 pm** Parade of Sail Sponsored by Midnight Magic Fisheries off Crystal Crescent Beach. Decorate your boats with festive lights for a chance to win a prize. Boats must respect the distance required to be off shore in order for the fireworks to be safely presented.

- **9:45 pm** Closing Fireworks Display sponsored by James Gray Fisheries at Crystal Crescent Beach Provincial Park. Freewill admission gratefully accepted outside the beach gates on Sambro Creek Road. Please note vehicles must exit the park promptly at the conclusion of the fireworks.

**Rubber Duck Race Tickets** \$5 each and **50/50 Tickets** \$2 each or 3 for \$5 available before and during festival from Mishoo's or SACA volunteers

### Event Locations:

**Mishoo's Variety Store and Take-out ("Mishoo's")** 1 West Pennant Road, Sambro  
**James McPhee Memorial Ball Field ("Ball Field")**, 133 West Pennant Road, Sambro  
**Community Tent beside the Sambro Fire Station ("Community Tent")**, 160 West Pennant Road, Sambro  
**Government Wharf**, Government Road, Sambro  
**St. James United Church**, 3811 Old Sambro Road, Sambro  
**Grand Lake**, Williamswood  
**Crystal Crescent Beach**, Sambro Creek



**NEWS & VIEWS**  
from the desk of Bruce Holland



Spryfield Days events and activities have come to an end for this year and by all accounts they were a tremendous hit! From the Family Fun Days to the Duct Tape Boat Races, everyone had a great time! The Community Groups/Business Trade Show drew a big crowd as did the Motorcycle Show and Shine at Sobey's and the Gospel Concert at City Church on Sunday. Organizers had a ton of positive feedback and have decided to make "The Spryfield Days Festival" an annual event.

On behalf of the Spryfield Business Commission and the Long Lake Provincial Park Association I would like to thank all of our Stakeholder Partners, our many Sponsors, all of our many Volunteers, Councillor Adams and Councillor Cleary for their tremendous support and you the community for coming out and enjoying the Festival! Proceeds raised from the Festival will go to helping the Long Lake Provincial Park Association maintain the Park (the Association does not receive any funding from the Provincial government to maintain the Park) and a portion will go to the Spryfield Business Commission's J. L. Ilsley High School Scholarship Fund. Funds raised from the Motorcycle Show and Shine silent auction organized by Sobey's and the ARMUNN (Veteran's) Riding Club were donated to the J. L. Ilsley High School Football Team.

Thank you one and all!

### Spryfield Business Commission Annual General Meeting and Awards Night

At the recent Spryfield Business Commission AGM and Awards Night, Paul Lavers, who was born and raised in Spryfield and became a very successful businessman, gave back to his community of Spryfield by making a \$25,000.00 donation to the Long

Lake Provincial Park Association. Mr. Lavers gave a very powerful key note address to the sold out crowd in attendance on the difficulties he experienced on his way to that success. He attributed part of that success to Cecil and Eric Caines who provided him with his first office space at no charge until he started generating revenue. Mr. Lavers said, "It is much more important to be a friend to other new business people than a mentor. New business people want someone they can talk to and will listen to; not someone who wants to tell them how to do things." Thank you Paul for your very generous donation. It will go a long way with the upkeep of the Park!



Left to right: Bruce Holland, Spryfield Business Commission Executive Director, Donna Fleming, Long Lake Park Association, President, Paul Lavers, Proud Spryfielder and Eric Caines, Long Lake Park Association Treasurer.

### Newsletter

The Spryfield Business Commission is committed to keeping our members and the community informed of our activities and events. In addition to this regular Chebucto News column we invite you to join our regular monthly Mailchimp E-mail Newsletter. Please let me know if you would like to join the newsletter distribution list. You can reach me at [sdbc@eastlink.ca](mailto:sdbc@eastlink.ca) or by phone at 902-452-7472. Many thanks, Bruce Holland!

**Wishing you a Safe and Happy Summer!**

## Weekly Green Cart Collection



For the months of July, August, and September, green carts will be collected **every week** throughout the Halifax Regional Municipality.

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Memorial**Chebucto News****Sports Page**

## Rising stars on the Karate circuit, John and Saad bring home medals

Atlantic Karate Club students John Gonzales and Saad Eldlio competed at the 16th Yarmouth Karate Challenge Cup on June 2nd. Gonzales won gold in advanced male kata 10-11 and silver in intermediate male kumite 10-11. Eldlio won silver in advanced male kata 10-11, silver in advanced male kumite 10-11, and silver in the special division of King Of The Ring Male 12-15. Eldlio was also awarded Karate Nova Scotia's Bright Future Male Athlete Of The Year Award. The annual event hosts competitors from NS, NB, and PEI.

## J. L. Ilesley High School Football Team recipients of generous donation from the A'RMUNN (Veterans) Riding Club



by Bruce Holland

When the A'RMUNN (Veterans) Riding Club decided to help out with the Spryfield Days Festival Motorcycle Show and Shine, they also decided they would help out the J. L. Ilesley Judges Football Team by holding a silent auction and donating the funds raised to the Team.

Many of the Riding Club's mem-

bers are from the Spryfield area so when the Motorcycle Show and Shine coordinator and manager of Sobeys Spryfield, Chris Macaulay, asked them to be a part of it they jumped at the chance.

Club President, Darrelyn Jennings, said "We have been looking around for a way to give back to our community and when Chris asked us to get

involved in the Spryfield Days Motorcycle Show and Shine it didn't take us long to say yes. We had so much fun and the event was more than we could ask for!"

Held on a beautiful Sunday afternoon in the Spryfield Sobeys parking lot, approximately 100 bikes turned up and hundreds of folks strolled around looking at the bikes. The Rid-

ing Club raised \$1100.00 from the silent auction they held at the event and the Spryfield Business Commission also raised close to \$400.00 dollars from its fundraising BBQ to add to its J. L. Ilesley High School Annual Bursary Fund.

Thank you to everyone who came out to support this worthy event!

# Requests for crosswalks increasing but criteria must be met

by Stephen Adams, HRM Councillor, District 11

Our staff have been busy over the past few months repairing and maintaining playgrounds and fields throughout our community. I have had requests to have our facilities at Graves-Oakley, Hartlen Field, the Ketch Harbour playground and Harrietsfield School, (to name a few) assessed and ensure that the appropriate maintenance was carried out. The requested work has now been completed.

I took the opportunity to visit other sites to assess the need for upgrades. I will provide updates within the next few months.

If you see an unsafe situation at one of our fields or playgrounds, please contact 3-1-1 and send the reference number to me. Social media is not an effective way to address these issues.

The repairs to our rink are moving along, and my last update with staff shows that we are on schedule. This is being closely monitored to ensure the ice is ready for the upcoming season.

With the warmer weather and increased pedestrian traffic, there is an increase in requests for crosswalks. These requests are especially common for Herring Cove Road by the foot bridge at Captain William Spry, Dentith Road and near Schnare Street on Old Sambro Road. These locations have been assessed in the past, and

fall short with regard to the required pedestrian volumes.

The popularity of Long Lake Park has played a big role in the increased requests at the Schnare Street location. (As such, this will be reassessed accordingly).

This is probably one of the most frustrating issues with which Councillors are faced. All crosswalk requests must go through our Traffic Authority, and must satisfy established vehicular and pedestrian volumes. Generally speaking, the traffic volumes are easily attained; however, we fall short with regard to pedestrian volumes. I spoke of these criteria and the process in the July 2017 edition of The Chebucto News. The following is a summary which will help clarify the process.

"The HRM Traffic Authority has adopted the nationally recognized Transportation Association of Canada

(TAC) warrants for marked crosswalk installations. The TAC Pedestrian Crossing Control Guide was developed to promote uniformity across the country for pedestrian crossings. This assessment looks at a number of criteria for a given location, including traffic volumes, pedestrian volumes, as well as a number of safety considerations.

The pedestrian volume warrant requires an average of 15 pedestrians per hour for 7 consecutive hours. This is a total of 105 pedestrians for a 7 hour period. It must be emphasized that crosswalks are not installed as a form of traffic calming, or to address issues around excessive vehicle speeds on a roadway. If a crosswalk was installed at a location not satisfying the criteria, our Traffic Authority could be held liable."

Spryfield Days was held on July 14 and 15, and was a phenomenal

success. Under the direction of The Spryfield Business Commission and Long Lake Provincial Park, there were approximately 16 events for all to enjoy. Barbecues, live music, a Show 'n Shine and the first annual Fun Duct Tape Boat Race were all part of this exciting weekend. The boat races were extremely popular, with 15 entries. This event is destined to grow. Predictions of it doubling in size next year were not uncommon.

Again, I would like to thank Peter Polley of Polycorp, for his support in bringing our park to where it is today. Peter's dedication to its success and financial contributions have not gone unnoticed. Speaking of financial support, Paul Lavers, a successful business person and former Spryfield resident, made a very generous contribution of \$25,000 to Long Lake. This will go a long way in helping with ongoing operations. Thank you, Paul!

## Health care, housing and summertime celebrations

by Brendan Maguire, MLA for Halifax Atlantic

### Health Care Update:

#### More medical residencies

Ten more medical residents will be able to receive their family medicine training here in Nova Scotia starting in July 2019. The hope is that the medical residents will stay in the province after they finish their training. The communities where these medical residents are training will receive family medicine health care while these residents are training. With the new positions, Dalhousie University will now have 68 family medicine placements in the Maritimes every year, the most in Dalhousie's history. Of those, 42 will be in Nova Scotia.

#### Nova Scotia Government hires 4 orthopedic surgeons to speed up hip and knee replacements:

The new surgeons will perform surgeries in Halifax, Dartmouth, Kentville, New Glasgow and Sydney. \$16 million will be invested over the next two years to reduce wait time and have all surgeries performed within the Canadian benchmark, which is 182 days.

#### More Registered Nurses working as Nurse Practitioners:

Government announced a new incentive program to help more registered nurses become nurse practitioners; in exchange they will work in underserved communities when they are done their studies.

The Nurse Practitioner Education Incentive will cost \$1.2 million over 2 years and will cover the salaries of up to 10 registered nurses.

Nurse practitioners can perform many duties families doctors do including write prescriptions, order tests

and offer diagnostic services. This program will allow more individuals access to front line care.

#### Housing Announcement:

Last month I was happy to be part of an announcement in regards to public and affordable housing.

At the event we announced 1500 new rent supplements for individuals and families, including 300 specifically for people experiencing chronic homelessness.

The 1500 supplements will double the rent supplements available through housing Nova Scotia and get more people in safe affordable housing.

Also announced was a pilot program around portable rent supplements. This will attach supplements to a person/family, not a property, allowing for more choice when it comes to housing.

The announcement will have a huge impact on individuals and families. It will allow low income individuals and families to be able to use more of their money for food and other essential items while having a safe, affordable roof over their head.

#### Chronic Homelessness:

This month the Department of Community Services introduced a new Personal Items Allowance, to support people temporarily living in homeless shelters and transition houses. The allowance, which will be implemented in October, will provide \$101 every month to help buy essential items, including those for personal hygiene.

#### Government expanding home upgrade rebates:

More Nova Scotia homeowners are now able to save money on their

(See Health care on page 13)

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# The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

As we move into the tail end of summer, I'm glad to have joined in on so many great community events across our neighbourhoods. From Spryfield Days and Canada Day celebrations, to my own MLA Family Fun Day and BBQ in Fairmount, it's been lovely to connect with residents across Armdale. But summer isn't over yet, and there's lots going on in August to look forward to.

For the Natal Day weekend, I hope you'll join me at Sir Sanford Fleming Park for the annual Dingle Beach Natal Day Party from 1:00-4:00pm on Monday, August 6. There will be music, games, and a live cirque show for the kids. As always, a free shuttle service will run from John W. MacLeod Elementary School and the Frog Pond parking lots. The whole weekend is packed full with events, so be sure to check out [www.natalday.org](http://www.natalday.org) and plan for an exciting weekend.

On August 18, Halifax will again host the Mosaic Festival downtown at 1521 Lower Water Street. I'm very much looking forward to taking part, and hope you will join us for a full day of music, dance, and vendors celebrating the rich traditions of our city's many cultural communities. Gates will open at 10:00am and the festival will run until 9:00pm. I encourage you to check out their Facebook event page to learn more.

Last month, I hosted another of my regular MLA Tim's Talks at the Osborne Street Tim Hortons. These are always a lovely, informal way to connect with constituents, and I was pleased to be joined by Armdale's new HRP Community Response Officer, Constable Gilles Boudreau. Be sure to watch my Facebook page, as I plan to host another Tim's Talk this month too.

Over the summer, the province has made a number of important announcements concerning improved health care services. One such announcement was the launch, last month, of the Nurse Practitioner Education Incentive. This new program will cover the salaries of up to 10 registered nurses while they attend Dalhousie University's two-year Master of Nursing nurse practitioner program full-time. In return, recipi-

ents will commit to work in one of several designated communities for five years. Nurse practitioners play a vital role in our primary health care teams, and adding more of them will help us expand access to care for those who need it.

Nova Scotia has also recently hired four orthopedic surgeons to improve care and help more patients to receive hip and knee replacements. The province has made progress in reducing wait times for these important procedures, and these hires should further improve our ability to deliver surgeries. I was pleased to see that one of the surgeons will be starting at the QEII Health Sciences Centre by September.

The province has also selected sites for the new family medicine residency spaces at Dalhousie University. This is an important step in Nova Scotia's plan to recruit and train more physicians, and I'm pleased to see progress being made on this front. It was also encouraging to see that the Patient Incentive Attachment Trust continues to help reduce the number of patients on the provincial Need A Family Practice Registry. Since April 1st, 319 doctors have taken on a total of 2,893 new patients. Nova Scotians in need of a family physician can add themselves to the registry by calling 811 or visiting [needafamilypractice.nshealth.ca](http://needafamilypractice.nshealth.ca).

The province also recently announced more support for Nova Scotians looking to find a good home at a price they can afford. Housing Nova Scotia is investing \$18 million to create up to 1,500 new affordable housing opportunities through rent supplements over the next three years. More than a third of the rent supplements will be available for use in the Halifax region, with about 160 available this year. Over the past three years, Housing Nova Scotia has reduced the public housing waitlist by 25 per cent. These new rent supplements will help to further reduce the waitlist by 30 per cent over the next three years.

Finally, as we approach the beginning of a new school year, the province is taking steps to establish the Provincial Advisory Council on Education. This advisory body will directly advise the Minister of Educa-

tion on education-related matters, and will be composed of 12 individuals who represent Nova Scotia's diversity and distinct regions and bring their deep knowledge and commitment to students to the table. I encourage interested residents to visit [novascotia.ca/abc](http://novascotia.ca/abc) to learn more about these

## Health care

*(continued from page 12)*  
energy bills, and fight climate change by installing energy efficient upgrades in their homes.

The programs are expanding to include oil and other non-electrically heated homes. Homeowners completing multiple upgrades could receive a rebate of \$1,000 or more and save hundreds of dollars on their energy bills every year.

For more information visit [www.energycyns.ca](http://www.energycyns.ca)

### Ketch Harbour Canada Day Celebration:

I would like to take a moment to thank the members of the Ketch Harbour Rate Payers Association and all the people in Ketch Harbour for another great Canada Day Parade and Family event. Rena, Oliver, Rufina, Isla and I look forward to it every year.

Speaking of Ketch Harbour I wanted to congratulate the Ketch Harbour Rate Payers Association on receiving funding from the province which will go toward upgrades to their community centre. As usual KHARA impressed with their application and hard work!

### Crystal Crescent Update:

As you may have seen, there were a few traffic issues at Crystal Crescent this month. I spoke to the Department of Transportation and the Department of Natural Resources and we had no parking signs installed on the road leading to the beach. Also I spoke to the local police and they monitored the situation and were on hand to give out warnings and tickets to those parking illegally. I also asked that the Department work with the community to find a solution to the issue;

positions, and to consider applying to serve.

As always, constituents can contact my office at (902) 455-1610 or [info@lenadiab.ca](mailto:info@lenadiab.ca). I thank you for your continued support, and hope you enjoy the rest of your summer.

that may include a separate exit to the beach or expanded parking lots.

### Provincial grant for the Spryfield Legion:

I am proud to announce that our very own Spryfield Legion has been approved to receive a Provincial grant from Community Cultures and Heritage!

The grant will be used to upgrade the furnace and heating system. Thank you to all the men and women at the Spryfield Legion, you really do fantastic work in our community!

### In the Loop Annual Summer Celebration:

The 5th annual In the Loop Summer Celebration will take place August 25th from 12pm - 3pm at the soccer field off of Williams Lake Road. There will be games, prizes, face painting, BBQ, bouncy castle, live bands and ice cream. As usual everything is FREE and we encourage all of you to come out for some end of summer fun!

### Leiblin Park Days:

I want to take a moment to recognize Sara Hann for organizing Leiblin Park Days, which took place July 6th.

There was lots of food and laughs and even though the weather did not cooperate everyone had a blast. We all look forward to next year and a little less rain.

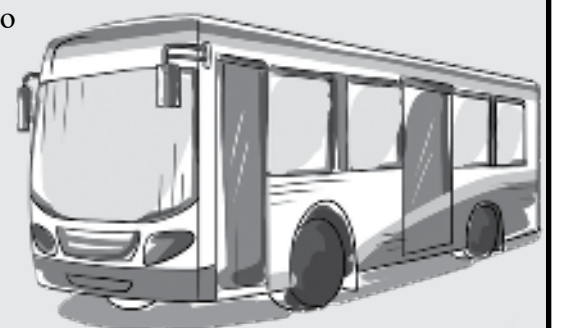
I hope all of you are having a fantastic summer

To the entire 2SLGBTQIA+ community Happy Gay Pride  
Proud to be your MLA  
Brendan Maguire

## SBC announces rural bus service update

The Spryfield Business Commission's application to the Provincial Department of Municipal Affairs to proceed with developing a business plan for the Ketch Harbour/Sambro/Spryfield Loop Rural Bus Service has been approved and Councillor Adams has agreed to help with the co-funding needed to match the Provincial Funds to do the Business Plan. As a result of Councillor Adams' assistance we have now issued a Request for Proposals (RFP) as required by the Province. The Feasibility Study shows there is an operating deficit to

run the service even after all the available Provincial and Municipal Grants are applied for and the Business Plan will explore ways to overcome that deficit to make the Bus Service possible. Watch this newspaper for future meetings and updates on the progress of the Business Plan.





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**Join me this month for:**

- July 15 (2:30-6:30pm) – Community BBQ at Stanley Park Sports Field
- July 18 (10:00-11:30am) – MLA Tim's Talk at Osborne St. Tim Hortons
- July 28 (12:00pm-4:00pm) – MLA Family Fun Day at Springvale Field  
*Rain Date: July 29*



# The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to [chebuctoeditor@gmail.com](mailto:chebuctoeditor@gmail.com). Check our Facebook page for updates & late arrivals

## COMMUNITY EVENTS FOR AUGUST

### Chebucto Community Health Team (16 Dentith Road) Events:

To register call 902-460-4560 or go to [www.CommunityHealthTeams.ca](http://www.CommunityHealthTeams.ca)

- Be Good to Your Gut: Wednesday, August 8th 10:00-11:30 Community Wellness Centre, Spryfield
- Affordable Fitness: Monday, August 13th 2:00-4:00 Community Wellness Centre, Spryfield \*\*Please note: A participant physical activity screen is required. Please drop in or call 902-460-4560 ext. #2 no later than August 6th to fill out the form
- Personal Wellness Profile: Wednesday, August 22nd, 8:30-11:30 Community Wellness Centre, Spryfield
- First Things First: Time Management: Thursday, August 23rd 2:00-4:00 Community Wellness Centre, Spryfield
- Understand Pain: Wednesday, August 29th 2:00-4:00 Community Wellness Centre, Spryfield

### Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- Seniors Dance: Monday, August 27th. 12:30pm to 4pm. Chain and Anchor Band. Light lunch served. \$4 per person
- Chase the Ace: Every Wednesday. 4:30 to 6:45. In partnership with Young at Heart Club. Open to the public
- Labour Day Dance, September 3rd. 2pm to 6pm. DJ Lloyd Lynch. \$5 per person.

### Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Community Centre Association (2 Indigo Walk). Call Mon. Pick up Tues. 7:30am to 12pm. Call 902-431-8087 between 9:30am and 12pm on Mondays

### Free meals for those in need:

- **Mondays:**
  - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
  - Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring Cove Rd)
- **Tuesdays:**
  - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
- **Wednesdays:**
  - 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required.
- **Thursdays:**
  - Hot Breakfast 9am to 10am Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)
- **Fridays:**
  - Continental Breakfast 9am to 10am. Salvation Army- Spryfield Family Resource

Centre (328 Herring Cove Rd)

### Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Registration is now open for September classes of Tai Jitsu. Contact Natasha at 902-293-7427
- 5:20 – 6:00 – Lil Samaria (ages 5 – 7 Wednesday)
- 6:00 – 7:00 – Juniors (ages 8 – 12 Wed and Thurs)
- 7:00 – 8:00 – Adults (ages 13 & up Wed and Thurs)
- 7:00 – 8:00 – Women Only (Wed & Thurs)
- Girls Guides of Canada is also open for registration
- Sparks and Brownies every Monday night
- Pathfinders/Rangers every Tuesday night
- Girlguides.ca to register

### Quarter Note Singers (Captain Spry Centre) Events:

- Thursday nights from 7pm until 9pm. Singers Wanted! We are a mixed adult community choir that has been making music for over a decade at the Cap't William Spry Community Centre. Singers of all levels are welcome; there are no auditions. For more info please call Steve Trussoni at 902-477-2664

### Rotary Club of Halifax North West (Smitty's Restaurant at 362 Lacewood Drive in Clayton Park.) Events:

- Retired? Bored? Check out our club! We are known for the Toonies for Change 50/50 draw in Spryfield, which benefits eight charities in the Spryfield area, but we also support other local causes as well as international projects. To meet great community-minded people and to get involved, join us for lunch any Tuesday at 1200 noon. For more information call Roger Chiasson (902-445-5905) or go to [www.rotaryclubhalifaxnw.ca](http://www.rotaryclubhalifaxnw.ca)

### Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878
- Spryfield Lions also collect hearing aids, CPAC machines and glasses for refurbishment and distribution.

### Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

- Regular meeting will be held at the Spry Centre on August 13th at 7pm. All welcome to attend
- Evening in the Garden will be held August 14th at 7pm at the Farm.

### Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.
- Chase the Ace: Every Wednesday. 4:30 to 6:45. In partnership with Spryfield Legion 152. Open to the public

### St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106

### St. James United Church (3811 Old Sambro Road) Events:

- Fish Cakes and Beans Supper with strawberry shortcake on Sunday, Aug 12 from 3:00pm to 6:00pm. Adult portion \$12, children's portion \$6. Everyone Welcome

### St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- Bingo! August 10th and 24th. Doors open at 5:30pm. Mini game starts at 6:30pm and regular games begin at 7pm. 50/50 draw, canteen, and more!
- Playgroup every Tuesday morning at 9am.

### St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- For those of you in the Harrietsfield/Williamswood area who fill water jugs at our outside tap, the outdoor tap is now on 24 hours a day for your convenience.

### Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Rev. Pauline Coffin at 902-477-4099 email:[sccc@gmail.ca](mailto:sccc@gmail.ca) facebook :Spryfield Christian Community
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am

### Other Events and Notices:

- **Hand in Hand** (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.

- **Girl Guides of Canada Registration** is now ongoing! Interested girls and aspiring leaders can go to [www.girlguides.ca](http://www.girlguides.ca) for more information. Or call 423-3735.

- **Harrietsfield Williamswood Residents:** For those of you in the Harrietsfield/Williamswood area who fill water jugs at the St. Paul's United Church outside tap, The outside tap is now on 24 hours a day for your convenience.

- **3rd Spryfield Cub Pack** (ages 8 to

10) and **Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit [www.scouts.ca](http://www.scouts.ca).

- Join **Chebucto Family Centre** at Freeman's Fairview every Thursday from 6-8 pm for Chase the Ace! The jackpot currently stands at \$970. More details online at [www.facebook.com/ChebuctoFamilyCentre](http://www.facebook.com/ChebuctoFamilyCentre)

- **Chebucto Family Centre** is seeking board members who are passionate about community and families. More details and posting are available on their website, [www.HomeOfTheGuardianAngel.ca/board-of-directors](http://www.HomeOfTheGuardianAngel.ca/board-of-directors)

### Spryfield Traveling Outdoor Cinema!

Check [movies.myspryfield.org](http://movies.myspryfield.org) for movie titles and show times. Brought to you by Spryfield Community Association.

- August 16: 505 Purcell's Cove Road
- August 24: The Greystone
- August 31: Roach's Field, Herring Cove Road
- September 7: Cunard Field, Williams Lake Road
- September 14, 15, 16: Urban Farm, Rockingstone Road, Spryfield

### Adventure Day in the future Halifax

**Wilderness Park** with the Nature Conservancy of Canada, August 18th 1:00 – 4:30PM, meeting at Alabaster Wy and Drysdale Rd, for more details or to register contact Meredith: (902)706 2232 or [Meredith.Baldwin@NatureConservancy.ca](mailto:Meredith.Baldwin@NatureConservancy.ca). Participants will get to try out kayaking and canoeing, hiking & swimming, or mountain biking in the future Wilderness Park!

**Art in the Wilderness** with the Nature Conservancy of Canada, August 26th 1:00 – 4:30PM, meeting at Alabaster Wy and Drysdale Rd., for more details or to register contact Meredith: (902) 706 2232 or [Meredith.Baldwin@natureconservancy.ca](mailto:Meredith.Baldwin@natureconservancy.ca). Participants will get to paint with Renee Forrestall, try out wilderness photography, or make handmade nature ornaments with kind krafts.

### Alumni Reunion, Nova Scotia Teachers College

• The Alumni Association of the Nova Scotia Teachers College invites graduates, faculty, and spouses to the 48th Annual Reunion. August 17th. – 19th., 2018 At the Best Western Glengarry Motel, Truro, NS For further information and to register, please access the website [www.nsteacherscollege.ca](http://www.nsteacherscollege.ca)

• **Note: Church Service notifications are listed separately on page 5.**

Check our Facebook page for late arriving events and changes or updates to listed events





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