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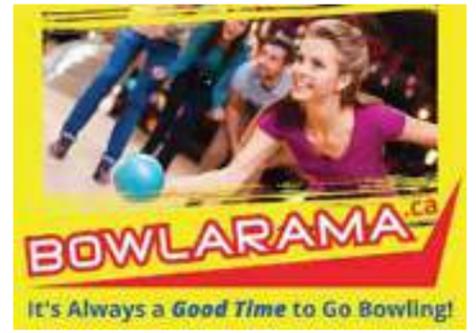
Vol.19 • No.1 • September 2017

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Sammy says: rainy weather doesn't dampen Sou'wester Days spirit



Spirit Award Winners From left to right: Danny Gray, Catherine Banks, and Skip Horton

Sambro Area Community Association's ("SACA's") 2017 Sou'Wester Days festival was another great success, despite the soggy weather. However, the Washer Toss tournament, Children's Carnival, Barbeque, Parade of Sail and Fireworks have all been postponed to a later date yet to be determined.

The weekend was full of winners as Steph Lynch won \$985 in the 50/50 Raffle, James Mundle won a Coors Light Bluetooth Cooler, Chris Schnare won a Coors Banquet Beer Fridge, and Chris Henneberry's #339 luck duck took home \$250 from the Rubber Duck Race.

SACA wants to sincerely thank its generous sponsors: Added Touch Towing, Archway Insurance, Atlantic Shark Association, Blunose Fisheries, Brendan Maguire MLA, Bubba Ray's Sports Bar, Circle K Harrietsfield, CME Sambro, Cowie

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We also wish to thank the many

community members who donated pop, eggs, juice, pancake mix, syrup and cakes, and who gave so generously of their time to help organize and run the various events. None of these events could happen without our dedicated volunteers and sponsors!

The Corn Boil and Ceilidh featured live music from a variety of local performers as well as buttered corn on the cob, barbequed hotdogs and refreshments. The first annual Sambro Spirit Awards were presented to Catherine Banks, Skip Horton and Danny Gray who have all shown long term dedication and involvement in community, family, friends and a true love of the rugged and natural beauty of our area.

Thank you to all 31 participants in this year's Parade as well as esteemed

judges Susan Henneberry, Genine McPhee Horton and Betty McPhee. The winners were Best Commercial: Spryfield Head Shoppe; Best Group: Paws with Laws; Best Homemade: Logan & Garret Henneberry; Most Sambro Spirit: Jacob Newcombe and Riley LeBlanc; Most Original: Vivian Horton & Theresa Kirk Gray. Honourable Mentions go to: Deagan Smith and Stetson Henneberry, Woody the Antique Fire Truck, Jayce Doucette, and the Liberal Party. Andy Fillmore graciously donated the Liberal Party's \$25 win back to the Sou'Wester Days festival. The Sambro Gives Back float was able to collect a pickup truck bed full of non-perishable food items plus \$5 cash for the Food Bank. Special thanks go to Natasha, Mitch and Josie Roscoe, Tabatha, Josh and

(See Sammy says on page 2)

It's harvest time again!

Harvest season is finally here and I have to say (I think I speak for A LOT of people) fall is my favorite season of the year! Fall is a time of abundance, vibrancy, decadence, heartiness and thankfulness. From the vibrantly colored leaves and flowers, hearty vegetables, and crisp fruit to the chunky knits, warm beverages and fresh baked treats, there is truly something for everyone to enjoy about this season! Fall also brings with it an abundance of family fun activities both indoors and outdoors. Bring the whole family to any or all of our four remaining markets of the season and check out our Farmers' bountiful variety of fruits and vegetables, seasonal crafts, handmade accessories,

baked goods, coffee, face painting and so much more all while enjoying live music from our buskers! It's the perfect opportunity to meet our farmers, ask questions and get to know the vendors from our community.

Also, join us on October 29th for our 2nd annual pumpkin carving competition! Last year we had many fantastic entries and our MLA Brendan Maguire announced the winner. You don't have to drive to the valley to get freshly picked apples, pumpkins, squash, eggs, etc. – you can get everything you need for a hearty fall meal just down the street at our market! If you are taking a trip out of the city however, you might want to take part

(See Harvest time on page 4)

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Rebecca Humphreys to direct first Fringe Festival show!



Spryfield resident Rebecca Humphreys will make her Fringe Festival debut this year by directing *In My Wildest Dreams*. The play, co-written by Marge Hemsworth and Charles Salmon will be shown at the Halifax Fringe Festival running from August 31st through September 10th. Humphreys, whose background includes studying drama at Oxford University, has worked on over 20 shows, both on stage and from the director's chair, and is looking forward to participating in the Fringe Festival.

In My Wildest Dreams is based on the true story of the real life friendship between Marge Fortune, a Halifax hairstylist (played by Kimberley Cody) and Nova Scotia Country legend Hank Snow (played by Rob Brown). Set in Halifax in 1956, Rebecca says the show is "about the tenacity of the human spirit and the power of love; the love of music, the love of family (especially the family we choose) and the love of Nova Scotia."

"Maintaining the integrity of the person's life and legacy while

still having artistic license to make choices that make theatrical sense" is Humphreys' biggest challenge directing *In My Wildest Dreams* – a show based on a true story and a living person. "No matter how well known he became, Hank Snow never forgot where he came from or what he had to go through to make his dreams come true. Through Marge's eyes we get a unique look at the man behind the music and learn a little bit about ourselves in the process."

For Humphreys, the most rewarding thing about directing is "seeing the actors discover the character and then watching the audience respond

to the story and the performances." However, Humphreys confesses that she can't decide which she likes better – performing or directing. "They are both fun for different reasons. I have not been on stage for a long time, so it might be fun to be in a show again sometime soon."

What she loves best about living in Spryfield is the people. Humphreys is probably best known in the community for her involvement with the Theatre Arts Guild (TAG). Most recently, she directed the sell-out run of *The Full Monty*. "That was a lot of fun" says Humphreys, "and VERY popular!" She also performed

in *Sylvia* and *Thirteen Hands* also at TAG. It's easy to see why TAG holds a special fondness for Humphreys. Her association with TAG goes back to 1996.

When she is not involved in theatre or working her day job, Humphreys can be found creating fabric bowls and other fibre art for the upcoming Christmas craft show season. She lives in Spryfield with her husband Ian and their two dogs Chloe and Luka. "They never let me sleep in" jokes Humphreys.

For more information on "*In My Wildest Dreams*" visit: www.hanksnowtheplay.com

September a busy month at City Church

Lead Pastor, Gerald V. Kendrick, says, "City Church, located at 276 Herring Cove Road, enters September with clear directions for a new Fall Season. Regularly scheduled services are on Sunday at 10:30 AM and 6:00 PM.

Two key events will function together on the September 16th and 17th weekend. First the church will continue its history of participation in the Spryfield Harvest Festival activities.

On Saturday – September 16th - the City Church parking lot will become the site of the opening ceremonies of the Spryfield Harvest Festival followed by the annual Family Fun Day starting at 2 PM.

And then on Sunday, September 17th – City Church will be the location of the annual evening Harvest Festival Sunday Gospel Concert at 7:00 PM. The inspirational concert

will feature local Christian church choirs, plus well known vocalist performers from the area. Admission is FREE!

Earlier on Sunday morning - September 17 - City Church will present a special "National Back To Church Sunday" service at 10:30 AM. Pastor Kendrick says that the morning gathering offers a casual, friendly atmosphere, featuring a relevant message, upbeat music and other special features. It will provide a challenge for Christians to rethink their faith and belief in a life filled with faith and purpose. The Sunday morning 10:30 AM service also will provide an opportunity to learn about the variety of activities at City Church. The church offers nursery and children Sunday ministry activities. It will conclude with light lunch refreshments. For more information call 902-479-2489.

Another ministry of City Church is the operation of a popular Christian radio station called Life Radio on the FM dial at 94.7fm. This inspirational music radio station can also be heard on the internet at liferadio947fm.com, available 24 hours a day.

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DISCOVERING OUR PAST

The legacy of Charles W. Fairbanks, civil engineer, inventor and contractor

by Iris V. Shea

Charles Fairbank, civil engineer, inventor and contractor for Halifax Waterworks from 1844 to 1848, petitioned the City of Halifax in May 1874 for compensation for his role in bringing fresh clean water from Long Lake in Spryfield to the residents of Halifax. Fairbanks was the engineer who designed and built Long Lake dam and the pipeline that carried the water to Halifax, by gravity, from Long Lake in Spryfield.

In his petition to Halifax City Council, dated May of 1874, Fairbanks wrote a scathing report of those men on City Council who were skeptical of his plan, treating him with such rudeness and claiming that water would not run uphill. Aldermen Andrew McKinley was in favour of Fairbanks plan and, eventually, James B. Uniacke came on board. On 22 July 1844, the Halifax Water Company was formed. William Black and Samuel Cunard, well known Halifax merchants, were the first to contribute financially to Fairbanks plan.

In his petition to Halifax City Council, Charles Fairbanks described the work of his mechanics, local men by the name of Gooley, McKnight, Whitehead, McNab, John McDonald, Brennan, and his true and trusty assistant, William McKay. William Kline was his second assistant and in charge since the Works commenced. There were casualties, many of whom died of their injuries while others were slightly injured.

Fairbanks wrote of the many valuable instruments he made, such as the drill hammers made of cast steel; a material, he said, that was not used before but now no other is used for the same work. Another of his inventions, the improved form of wooden wedges to join water pipes, became of great value. The men were always paid in cash. Fairbanks was proud that the work was done for the least cost under his orders. He went on to say, "The work is never done well by contract and the cost is greatly increased. Endless lawsuits are the result of the contract system." The cost of the Works built and designed by Fairbanks was, in all, £19,182, 12 shillings, three pence. The pipe cost £7,587, 16 shillings, six pence. The end result, in 1848, was 10,000,000 gallons of water.

Fairbanks described his "hour of agony" when the water reservoir had



Hubert Dentith of Spryfield at Long Lake Dam, about 1920. Photo courtesy Mainland South Heritage Society.

reached the outlet of the west weir in the big dam. In Fairbanks' own words, not without humour, "the work was new, no engineer could say that it might not break. I knew if it failed I must fall with it. On the 4th of December, 1847, the rain fell in torrents, the wind blew a gale. There was a great mess of timber in Long Lake. The danger was that the timber would close the outlet, if so all would go. I remained on the dam for hours, the water ebbed. The danger was over so I had no opportunity to die in the debris of the dam or to mix my bones with those of many others."

In 1874 Fairbanks criticized the original directors of the Waterworks, pointing out that the dam is now much neglected and needs repairs. The drain or canal from the main reservoir into Chain Lakes was never completed because those directors would not believe him... that the extra water gained by the greater depth of the canal would eventually be required. Those directors, according to Fairbanks, discharged the men who were ordered by Fairbanks to finish this important outlet. Fairbanks wrote, "A large pipe has since been installed at great cost and muscle skill, you pay for stupidity and many times over."

Fairbanks, in his claim for compensation from City Council, stated that council owed him money for work ordered and done. The Water Company did not pay him. They gave him £854 towards his expenses. In the presence

of Council, a resolution was moved by Edward Starr to pay him but still he got nothing. He was told to wait for better times. Henry Cogswell, William Black and many of his other friends provided him with money but he had never received any pay or reward up to the writing of this petition. He pointed out that "the water has improved your city, induced factories and as you all know made you what you are today. It was and is a great blessing and I have a right to be proud of my efforts. I now demand your aid and in the name of science and humanity I ask the citizens of Halifax one and all through their council to reward me in my old days for the neglect accorded me in my youth."

In May 1874, at the time of this petition, Charles Fairbanks was 53 years of age. He lived another 11 years without any compensation from the City of Halifax. Following his death on 11 January 1885, a lengthy obituary in the Morning Chronicle reported that Charles W. Fairbanks, in completing the Waterworks, "had worked more for the glory than pay. Indeed he seems to have entirely forgotten the question of remuneration, so did the Company. Besides, the Fairbanks were wealthy people in those days." Also in the obituary was the information that the city recognized its obligation to Mr. Fairbanks and presented him with a testimonial in the Works: "That C.W. Fairbanks, C.E., by his unassisted talent and industry, originated the plan of the Halifax Water Works."

Today, the dam at the head of Long Lake in Spryfield, considered to be the

most important part of Fairbanks' plan, has been raised in height more than once since it was opened by Fairbanks on that stormy day in December 1847. It has stood the test of time and is part of the legacy of Charles W. Fairbanks from 170 years ago. More information on the history of the Waterworks project may be seen in two written articles on a reader board near the parking lot for Long Lake Trail, just off Northwest Arm Drive.

Harvest time

(continued from page 1)

in Open Farm Day. This year, on September 17th, many Nova Scotian farms will be welcoming the public to a "backstage pass to meet your farmer"! Learn where your farm fresh produce is coming from, how it's grown and meet the people who plant, care for and pick the food you are bringing home to your family. Check out the website www.meetyourfarmer.ca for a list of participating farms.

Want to stay local? No problem, the Spryfield Village Harvest Festival will be happening from September 15-17th and features a family fun day, live concerts, events and on September 16th, the Spryfield Urban Farm will open up to the public for their harvest fair!

Don't forget to follow us on Facebook, Twitter and Instagram @SpryfieldMarket and share your photos of the market, your market finds or even a picture of the meal you create with your fresh fall ingredients by using the hashtag #spryfieldmarket.



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Travelling with your dog

submitted by the Spryfield Animal Hospital

Travelling with your dog can be a lot of fun – for both the dog and the dog owner! However, travelling with pets does require a little research and preparation that should be done well before trip departure, especially if you plan on crossing the border into the United States.

What to bring

Even if you are staying in Canada, you should always carry your dog's most up-to-date vaccination records with you. If you are visiting another country, make sure you have the necessary vaccinations for the country you will be visiting, and if you are not sure what those are be sure to ask your veterinarian well in advance of the trip.

You should also bring a "doggy first aid kit" that contains tweezers to remove ticks, styptic powder to stop toenail bleeding, eye wash to flush wounds, gauze bandages, adhesive tape, scissors and antiseptic moist wipes.

You should also ensure your dog is wearing a tag with an emergency phone number attached to his or her collar. Make sure the tag has current contact information and is securely attached. Be sure to bring your dog's leash with you as they will more than likely be expected to be leashed at all times. Also make sure your pet's

microchip information is up current.

What you need to know

Although seat belts for dogs are not mandatory in Canada, it is recommended, and it is law in many U.S. states.

If you are travelling to the U.S. you must bring proof of rabies vaccination with you, as you will most likely be asked to produce proof of vaccination, especially upon returning to Canada.

You should also research what kinds of pet food and treats you can and cannot bring with you across the border. Certain dog foods are not permitted across the border and can be confiscated. If you are unsure of what food can be used to supplement your dog's diet while travelling, consult your veterinarian.

Don't forget

Don't forget the toys! Familiar smells and chew toys will help calm even the most anxious pet. You should also remember to pack their favourite blanket or pillow for bedtime.

If you are staying at a pet-friendly hotel, make sure to contact the hotel and confirm that they know you are bringing your pet and ask them about any restrictions. You can also contact them about where the closest walking trail or dog parks are.

And lastly, remember to give your dog plenty of exercise prior to leaving for a long trip. Let them run and play

so that they will easily settle down for the journey. With a little research,

planning and preparation, a trip with your dog can be fun and memorable!



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LOCAL OBITUARIES

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Keith Melvin Sarty

63, Spryfield, passed away peacefully on Saturday, July 22, 2017 in the Halifax Infirmery, QEII, with family by his side. Born in Halifax, he was a son of the late Douglas and Mary Louise (Slaunwhite) Sarty.

Keith was a very loving and compassionate person. He will be greatly missed by all who knew and loved him.

He is survived by his partner Marina Askew, Spryfield; daughters Stephanie, of Spryfield and Michelle, of Kamloops, BC; grandchildren Liam, Alexander, and Lilly; brothers Richard, of Middle Sackville and David, of Vancouver, BC. He was predeceased by sister Betty O'Malley.

Special thanks to the staff at the QEII 5.1 ICU for their compassionate care and support.

John R. "Jack" Stone

70, Spryfield, passed away peacefully on July 27, 2017 in Melville Lodge. Arrangements are under the care of J. Albert Walker Funeral Home (2005) Ltd. In keeping with Jack's wishes, there will be no visitation or service.

William "Bill" J. Keeping

52, Spryfield, passed away on July 29, 2017 at the Halifax Infirmery, QEII. He is survived by his mother Margie Doucette and father Earl Keeping Sr.; brothers Earl Jr., Fall River, and Wayne, Halifax; sister Beverley, Londonderry.

Michael John Kersey

passed away peacefully at his home in Sambro on July 30, 2017. Born in Vancouver on July 4, 1958, he was a son of Elizabeth Kersey and the late William Kersey.

Mike was employed in the glass industry for many years, the later of which at Halifax Glass Company. Mike had a strong work ethic and deep loyalty to family and friends. He was fastidious and was always there to help – no questions asked.

Mike is survived by his son Marshal; brother Glen, and sisters Shelley and Nancy (Steve). He is also survived by nieces Shelby and Emily and nephew Jackson. He was predeceased by his brother Patrick.

He enjoyed the company of many friends. Special mention is made of Robert Corbett and Peter Martin. Their help and presence were much appreciated during this very sad time. He took great pride in his community and loved the generosity and kindness of his neighbours. Mike described all his friends as "top drawer". Mike loved the ocean and was always delighted at having spent a day on the water with his best friends or his son, Marshal. His recap of the day would inevitably include interesting details or facts about a particular fish or bird he saw during his trip. His deep and abiding love for his son Marshal was obvious. There was nothing he would not do for his son.

In Memory of Mike, please perform an act of kindness to someone in need.

He will be dearly missed and always in our hearts.

Rosemarie F. MacKay

51, Harrietsfield, passed away peacefully on August 1, 2017 at the VG Site, QEII, with family by her side. Born in Halifax, she was a daughter of Mary LaPierre and the late Eugene LaPierre.

Rose enjoyed spending the days gardening and sunny days at the beach. She will be missed by all who knew and loved her.

She is survived by sons Tim (Jenna Gorko) and Jesse Langille; grandchildren Raina-lea and Roman Langille; brother Raymond McNeil (Lisa); half sister Tamatha Mitchell;

fiancé Dan Harper; nieces Kendra and Carly McNeil; special cousin Shawn Wiginton; best friend Heather MacGillvary.

Donations in Rose's memory may be made to the Liver Cancer Foundation.

M. Lillian Coombs

97, Spryfield. It is with sad hearts that we announce the passing of our Mother and Grandmother, Lillian at the Halifax Infirmery QEII on August 2, 2017. Born in Terrenceville, Newfoundland on July 12, 1920, she was a daughter of the late John and Bridget (Rideout) Myles.

She is survived by her children Mike (Jan), Mary Alice, both of Spryfield, Kathleen Bryden (Kevin), Middle Cornwall, and Theresa (Glenn Pearce), Williamswood; grandchildren Tammy, Cory, Christopher (Lisa), and Ashley (Robert); great grandchildren Blake, Caleb and Carter. She was predeceased by her husband of 48 years, Michael Stanley Coombs; grandson, Michael Thomas Coombs.

The family wishes to thank Dr. Hadley and the nursing staff on 8.4 of the QEII for all of the care and compassion shown.

Donations in memory may be made to the QEII Foundation.

Ruth E. Cassidy

87, of Spryfield, passed away peacefully on August 8, 2017. Born in Barryville, N.B. Ruth was a daughter of the late Merle Hachey and Mary Grace (Ross) Hachey.

Ruth was employed with the George Eddy Company Ltd. for several years in Bathurst, N.B., married Bernie Cassidy and moved to Halifax. She was a lifetime member of the Catholic Women's League and enjoyed volunteering with Hope Cottage, Hand and Hand, Camp Hill Hospital (Vets), and the Catechetical Program at St. Michael's Parish in Halifax for many years.

Ruth is survived by her husband of 62 years Bernie; sons David (Janet), Burlington, Ont; Brian (Marlene), Ripley, Ont; Blair (Penny), Halifax; grandchildren Sheila, Julie, Sarah, Lauren, Hannah, Emily, and Courtney; sister Eleanor Olscamp (John), Moncton, N.B. She was predeceased by her stepfather, Jack McGraw; brothers Hanford, Ross, and George Hachey.

We would like to express our heartfelt thanks to all for the outpouring of love, support, and prayers. Thanks to Dr. Kailie Sutherland and Staff from the Spryfield Medical Centre for their kindness and to David Landry and Nurse Algee from the QEII Renal Clinic Division of Nephrology for their valued information and kindness during our visits.

In lieu of flowers, donations may be made to St. Michael's Church or a charity of one's choice.

Lillian Muriel Pettipas

99, Terence Bay, passed away peacefully on August 11, 2017 at home surrounded by her loving family and friends. She enjoyed a good game of 45's along with bingo and she especially loved to sing. Lillian is survived by her daughter, Linda Pettipas and grandson, Curtis Pettipas, both of Terence Bay. She is also survived by her nieces, Nancy (Dave) Gosse, Centerville, Judy (Karl) Rafuse-Slaunwhite and Delores (Bob) Smith, both of Terence Bay. She was predeceased by her husband, James "Ned" Pettipas; parents, Mary and William Slaunwhite; sister, Marjorie Drew; brother, Neil Slaunwhite; granddaughter, Christa Pettipas and son in law, Garnet Slaunwhite. The family would like to thank Leona Schlay, Judy Young, Myrna Hudder, Judy Little and Carolyn Jollimore for their daily support towards Linda and Curtis in their time of loss. Arrangements are under the care of J. Albert Walker funeral home (2005) Ltd. A celebration of Lillian's life will be held at St. Paul's Anglican Church in Terence Bay on Wednesday August 16, 2017 at 2pm Rev. Cheryl Rafuse officiating. Family flowers only.

Kevin F. Rafuse

Kevin Francis Rafuse - age 48, passed away peacefully on August 14, 2017, surrounded by family and friends. Born in Halifax on February 5, 1969, he was a son of the late Garnet and Peggy (Bowers) Rafuse.

Kevin loved being outdoors, fishing, gardening, going to his brother's camp having huge bonfires, and music. He was self taught on his guitars. He was a handy man and a problem solver. He worked as a scaffolder for many years. Kevin was an amazing husband, father and friend. He will be missed by many.

Kevin will lovingly be remembered by his wife Lisa; sons Gentry (Jade) and Devin Rafuse; daughter Alexa Fleming-Rafuse (Connor); step grandchild Bella; brother Tony Rafuse; sisters Cindy Priske (Jeff) and Theresa Rafuse; mother in law Donna Fleming; brothers in law Kenny, Kevin, Benny and Chris Fleming; sisters in law Anne Fleming, Tanya Eddy; nephews Adam (Sarah), Cody, Tyler, Logan, Darren and Lucien; nieces Ashten (Kevin), Samantha, Melissa, Sarah and Dakota; great nieces and nephew Aria, Brooklyn and Kayden; Life-long friends Ricky Tanner and Brent Collins. He was predeceased by his sister Chris Rafuse; nephew Anthony Rafuse; father in law Ben Fleming.

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Spryfield

HARVEST FESTIVAL

September 14th - September 17th



Festival Schedule

discoverspryfield.ca

Please call Donna Flemming at (902) 430-3833 or visit www.discoverspryfield.ca or Facebook @ Spryfield Harvest Festival for more information.

Thursday September 14, 2017

Harvest Stew with Chef Scott from Sobeys (\$10)

4pm-6pm St. Paul's United Church, 173 Old Sambro Road

Friday September 15, 2017

Free Family Skate
Book Reading with Linda Atkins
Karaoke

5pm-7pm Spryfield Lions Rink, 111 Drysdale Road
6pm-8pm Blooming Café, 355 Herring Cove Road
6pm-8pm Chebucto Connections, 531 Herring Cove Road

Saturday September 16, 2017

Harvest Market (For tables contact Gina at 476-9413, \$10)
Vendor/Business Expo (For tables contact Bruce at 452-7472, \$20)
Harvest Festival Official Opening
Long Lake Kayaking with Susan
Family Fun Day
Live Music with Dennis Brown
Spryfield Film Fest - Short Films about Spryfield
Harvest Dance with Mark Cameron

9am-12:30pm City Church, 276 Herring Cove Road
9am-12pm Sobeys Parking Lot, 279 Herring Cove Road
1pm-3pm Urban Farm, Rockingstone Road
1pm-4pm Long Lake Provincial Park, Dam at the end of Dentith Road
2pm-5pm City Church, 276 Herring Cove Road
6pm-8pm Blooming Café, 355 Herring Cove Road
7pm-9:30pm Urban Farm, Rockingstone Road
9am-1pm Spryfield Lions Rink, 111 Drysdale Road

Sunday, September 17, 2017

Celtic Rugby Under 19 Tournament
Harvest Worship Service
Antique Car Show & Bar-B-Q
Spryfield Historic Walk with Allan Marryatt
Let's Paint (Info at www.bloomingcafe.net)
Gospel Music Concert

9am-5pm Graves Oakley Field, Leiblin Drive
11am-12pm City Church, 276 Herring Cove Road
1pm-4pm Canadian Tire Parking Lot, 16 Dentith Road
1pm Captain William Spry Centre, 16 Sussex Street
3pm-6pm Blooming Café, 355 Herring Cove Road
7pm-8:30pm City Church, 276 Herring Cove Road

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Oceans 11 art project at IIsley

by Ciara Harris and Sabine Fels

This past semester, the students of Mr. Franklin VanBlarcom's Oceans 11 class worked with ceramic artist Sarah Cheetham on a piece representing North Atlantic bathymetry. Oceans 11 is a science course at J.L.IIsley High School that introduces the significance of oceans, how they were created, and their influence on planet earth. Throughout the creation of this project, students learned about the underwater terrain of the Mid Atlantic Ridge by studying the ocean floor through a variety of technologies. They learned that in the same way topographic maps represent the three-dimensional features of overland terrain, bathymetric maps illustrate the land that lies underwater. After moving the Oceans 11 class into IIsley's pottery studio, their task was to re-create the land that lies under water by carving into tiles of soft porcelain clay and building up raised features in a 'bas relief' technique.

After firing the ceramic tiles in the school's kiln, the next task was to show the variations of the sea floor relief as well as main land through colour. Students custom created these colors, using a collection of raw ochre and iron oxides. The colors were collected from a number of local sources and collaborators. Geologist and CBRN Navy Lieutenant Jeff Seburn led a weekend expedition into an abandoned iron ore mine in Nova Scotia's Londonderry district where some of the red iron oxides were scraped from the rock walls of an old mine shaft. The strong yellow, blue and green hues were achieved by combining acrylic medium

with historic pigments brought back from a specialty store in New York City by the artist Tom Forrestall. The finishing touches for the map were handmade porcelain creations of real - as well as imagined - underwater life, which were enhanced by careful applications of metallic acrylics. The beautiful wooden frame was custom made for us by the local carpenter and collaborator Tim Amon.

Arts Express Coordinator Sabine Fels explains the deep personal connection that some students felt while working on this project. "Many of our students come from neighbouring fishing communities and have a deep appreciation of the ocean." For example, Cody Gray chose to include a lobster claw on his tile, to honor his family's legacy as lobster fishermen in Sambro.

The Oceans 11 students who participated in this project were: Andrew Asprey, Max Bellefontaine, Emily Currie, Liam Donovan, Cole Fripps, Cody Gray, Jacob Haines, Mohammed Helwani, Jonah Manuel, Grace McLean, Lindsay Mitchell, Heureuse Nsonya, Cassey Prime, Kenzie Sampson, Haley Saunders, Austin Sisco, Brianna Slate, Hillary Smith, Cassandra Sullivan, and Jamie Weaver.

The Bedford Institute of Oceanography has accepted our donation of this beautiful piece of art. The IIsley Fine Arts department would like to thank everyone who participated in this exciting project, and to express their gratitude to ArtsSmarts Nova Scotia and the HRSB's Arts Express program for their generous financial support.

Top: "North Atlantic Bathymetry" – Ceramic Art by Mr. VanBlarcom's Oceans 11 Class; Bottom: Cody Gray's Tile ("North Atlantic Bathymetry" – Mr. VanBlarcom's Oceans 11 Class)



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Harvest stew, apple crisp, silent auction, harvest worship service

by Carolyn Mont

September is harvest season and a very busy one in Spryfield. At St. Paul's United Church, our community gardeners are getting ready for harvest and thinking of preparing their plots for the next season. Before that happens, however, the garden will be on display for those who come to our harvest meal in the garden. On Thursday, September 14, to celebrate the beginning of the Annual Spryfield Harvest Festival, we will be hosting harvest stew, on

our new garden deck. This stew will be prepared by the Sobey's Chef and guests can tour the garden, take part in our Silent Auction and then make their way to the dessert table where they will be served tea or coffee and apple crisp prepared by the board of the St. Paul's Family Resources Centre (FRC). There will also be music provided by our church organist, Skippy Mardon. This multitalented musician will be playing either the fiddle or the accordion. The cost for this is \$10.00 for adults and

\$5.00 for children.

Our new deck is part of the new construction done by students of the Dalhousie University School of Architecture, in cooperation with the United Way. They offered to build us a composting toilet but in talking with the gardeners, they realized that a deck with a pergola, and a vegetable washing station would also be much appreciated. Of course, taking on this extra construction meant that they couldn't meet their planned time frame of 2 weeks. In speaking with the professor supervising the project, John Pece, I asked if this extended time constituted a flaw in the program. He assured me that since it was part of their learning, as architects and builders, the students learned a valuable lesson with respect to offering more than promised; time would have to be adjusted. Indeed, many of the students continued to work through their vacation to complete the project. We would all be very pleased to have you join us for this event and see the new structure.

We have had a wonderful season at



our community garden. The gardens are held by individuals who plant both flowers and vegetables and are looking beautiful at this time of year. Each plot is as different as each gardener is. It is truly a community garden with the gardeners supporting each other and learning from each other.

Harvest Festival Weekend continues at St. Paul's United Church when we host the Harvest Festival Worship Service on Sunday, September 17. Worship begins at 11:00 am. We welcome all to come to celebrate and enjoy the service of thanks for the harvest.



NEWS
& VIEWS

"Mr. D" Comes to Spryfield

During the week of August 14th – 18th the Spryfield Lions Rink was transformed into the "Duggan Memorial Arena" for the taping of a few scenes of the "Mr. D" comedy TV show. The rink was a-buzz for several weeks with activity to install and prepare the ice surface for the show and then to do the actual set up for the production and filming itself.

The Spryfield Business Commission was pleased to assist and provide advice during the negotiations for the use of the Lions Rink and we are pleased that an agreement was reached for its use.



Having the production move to Spryfield, even for that short a period of time, has meant an influx of additional revenue to local shops and stores; whether it was for a bottle of pop, a case of water or fresh produce from the local grocery store, it is all additional revenue to local businesses.

The Mr. D series has been running for seven years and actually maintains a set production and storage shop in Spryfield. Many of the show's production staff actually live in Spryfield.

Join Us for Upcoming Activities!

The Spryfield Harvest Festival will take place from September 14th -17th, 2017. Please see the full schedule of events and activities in this edition of the Chebucto News.

This year the Spryfield Business Commission is also sponsoring the Halifax Celtic Festival, and Under 19 Rugby Tournament at Graves Oakley Field in Leiblin Park. As part of hosting the tournament we will be having a fundraising BBQ. The funds raised from the BBQ will be used to establish a Spryfield Business Commission Bursary for a graduating J. L. Ilsley student. The Rugby Tournament takes place on Sunday, September 17th, from 9 am – 4 pm. If you are interested in joining the Business Commission in sponsoring this event or in volunteering to help out with either of these events please let me know by e-mailing me at sdbc@eadtlink.ca.

Newsletter

The Spryfield Business Commission is committed to keeping our members and the community informed of our activities and events. In addition to this regular Chebucto News column we invite you to join our regular monthly Mailchimp E-mail Newsletter. Please let me know if you would like to join the newsletter distribution list. You can reach me at sdbc@eastlink.ca or by phone at 902-452-7472.

Lúnasdal - Lúnasa
Gŵyl Awst
THE HARVEST
APPROACHES

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Festival**

Sept. 13 - 17

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Woodlawn United Church

Giving Celtic Context

Old Triangle Pub

Kitchen Party - Halifax Forum

Family Day - Halifax Forum

Salute to Canada 150

Halifax Forum

Youth 7s Rugby Tournament

Grave's Oakley

www.halifaxcelticfest.ca

Reg Horner
Memorial**Chebucto News Sports Pages**

Halifax teenager to represent Canada at Taekwondo Championships



In the middle of her club's training space (called a dojang in Korean), 14 year old Carrington Carroll is just finishing up an intensive session of full-contact sparring. Sweat dripping from her face, she sheds her chest protector (hogo) and sits down for a chat about her recent accomplishments as a taekwondo athlete. Carrington, affectionately called 'CC' by her close friends and family, is in her last year as a cadet category (ages 12-14) competitor. A 7-Time Canadian Youth and Cadet Champion, she recently won gold in the under 47 kilograms female division at the Taekwondo Canada National Championships, and secured her selection to represent Canada at the 2017 Pan-Am Junior and Cadet Championships being held this August in San Juan, Costa Rica. This win also secured the 3rd Degree Black Belt a place with the Team Canada for the 2017 WT Cadet World Championships being held in Egypt this fall. Unfortunately, Taekwondo Canada will not be sending a team because Egypt is classified as a high security risk nation by the Canadian Government, and subject to a travel ban. Understandably, CC is extremely disappointed as this was her last chance to participate in the WT Cadet World Championships. She becomes a Junior-level competitor in January, 2018.

This Honor Roll Grade 9 student at Cunard Junior High School began taekwondo training when she was just 3 years old. Eleven years later Carrington retains her enthusiasm and dedication for the sport. "I love to kick things and to fight! Fighting gives me so much enjoyment. I'm always a bit nervous before stepping

into the ring, but this becomes excitement after the match begins." Over the last 12 months CC has won gold at the 2016 Canadian National Championships and 2016 Costa Rico Open, and silver at the 2016 US Open, in addition to gold at the 2017 Canadian National Championships. The youngest of three siblings, her older brothers, Jackson and Hunter, are also accomplished taekwondo athletes. In fact, Carrington is quick to describe how much she looks up to her brothers and their competitive accomplishments. "I have always wanted to be just like them, and to compete with the success they've had. So, I love to be in the sport, to train hard with them, and to fight, just like they do! We've shared goals and shared experiences and support each other."

Carrington has trained in taekwondo mainly with her coach Ms. Katy Pyke at their club, HP Atlantic, on Purcell's Cove Road. "My coach is like a second mom for me. I find it inspiring that I have a female coach, and to see women do so well in sports." Carrington gives back to her community, instructs young children, donates her time to Halifax Camps, and describes her experience with taekwondo training as "bringing out my best self, and as always trying to be my best in training, in school, and as a person." Carrington Carroll is one of Canada's leading young taekwondo athletes. Her immediate goals are to achieve a podium finish at the Pan-Am Junior and Cadet Championships, as well as at the 2017 Commonwealth Taekwondo Championships, the 2017 Canada Open, and the 2017 Pan-Am 2nd Presidents Cup. She also admits to looking forward to earning selec-

tion to the Team Canada competing at the 2018 World Taekwondo Junior Championships. For further infor-

mation about taekwondo and Nova Scotia's clubs is available at: <http://www.maritimetaekwondo.com>.



Atlantic Karate Club's Saad Eldilo competed in the Atlantic Open Karate Championships on August 5th in Saint John, NB and was a force to be reckoned with. Saad, pictured with his coach Sensei Ray Dodge, won bronze in advanced kata and silver in advanced kumite after a very close match. The tournament, officially sanctioned by Karate Canada, brought together competitors from across the country.



The Atlantic Karate Club was the winner of the 2017 Michael S. Delaney Memorial Cup. The Cup, hosted yearly among NS Chito-Ryu clubs, is in honour of the late Sensei Delaney, former Chief Instructor of the AKC and former Technical Director of NS Chito-Ryu. The AKC, located on the top floor of the Chocolate Lake Centre, is currently accepting new students to learn the art of Chito-Ryu Karate-Do. Photo credit Glenn Euloth.

Many improvements will be appreciated when construction ends

by Stephen Adams, HRM Councillor, District 11

To say that our communities underwent a lot of construction over the past few months would be an understatement. Herring Cove Road has been resurfaced from Old Sambro Road to Sylvia Avenue. By the time you read this article, the new lines will be painted. Rockingstone Road is well underway with its work and should be completed or substantially completed as of the first week of September. Layton Road will also have resurfacing done in August and part of September.

The work on Leiblin Drive continues to progress; albeit more slowly than we would like. The new concrete sidewalks look fantastic. Once the landscaping is complete, the finished work will be quite nice. Some concerns have been raised regarding what appears to be unfinished work. Should this not be completed, I will have it addressed.

In addition to this work, a new tennis court, pickleball court and basketball court will be installed at the existing sport court site. New fencing on acrylic surfaces and newly painted lines will all be part of this project.

The closure of St. Margaret's Bay Road has caused significant inconvenience for many residents of our district. Those in the Prospect Road

area would detour down the Bi-Hi or through the J. Albert Walker Connector, to Osborne, Withrod, and then to Herring Cove Road. I contacted our staff to make them aware of the "pinch points". Our traffic engineers have assessed the situation and they have made changes to the traffic signal timings at the St Margaret's Bay Rd / Albert Walker Connector intersection as well as at the Joseph Howe Drive / Hwy 102 Ramp intersection to accommodate the detour and change in traffic patterns. Now that those changes have been made, staff will be going out again to make additional observations at the roundabout and the Herring Cove / Withrod intersection.

Within a week of the detour, another detour of Northwest Arm Drive was implemented. This complicated the detour route, as only one lane was available in each direction. Although this appeared to be an issue of poor planning (right hand knowing what the left hand is doing, and some other

not-so-polite comparisons were sent to me) the explanation given was that the traffic control company was too aggressive with their pylons. There weren't supposed to be lane drops. This was rectified once I spoke with the Deputy Minister. The work in that area will be to repair the concrete bridges.

On August 15th and 16th, a taping of Mr. D. was done at the Spryfield Lions Rink. What an impressive display of co-ordination and professionalism for these two days; over 100 support staff and actors supported our community, and by all accounts were pleased with our rink. Let's hope they return.

As I end this article, it is with disappointment. As of August 21st, the Sambro Loop Route #402 has been cancelled. It was an uphill battle from the outset, but we endured, and did our best to keep it on the road.

I truly appreciate the efforts of our original committee members. Gary

MacLeod, Dan and Sharon Isnor, Stephen Coates and Sandra Whitehead. And to those who continued to help keep the bus, I thank you.

I have been asked why I did not ask for Council to rescind the motion that cancelled our bus. Only a vote which was decided in the affirmative can be rescinded. As for a motion of reconsideration, only a member who voted on the prevailing side (i.e. one of those opposed) could have this rescinded. I exhausted every procedural and logical avenue I know.

I would encourage residents who have concerns or questions, to contact me via email, at adamss@halifax.ca. Given the many facets of Facebook, I may miss some messages sent. As well, it is easier to get responses from our staff, if you utilize email.

As school is about to begin, please be aware of the students throughout our communities. They will certainly be excited, and may not pay attention to cars.

Update from your Member of Parliament

by Andy Fillmore, MP for Halifax

Hello, Halifax!

Well, the summer has come to its close, the kids are back to school, and you've used up all your vacation time. But fret not – there's still plenty to be excited about. Here are three important updates you may have missed while you were at the beach this August.

1. Archaeological lab in HRM will stay open!

In 2012, the previous government decided it would merge 6 existing archaeological labs into one giant facility in Quebec. That plan included shutting down an archaeological lab right here in HRM which houses significant archeological and historic objects from Atlantic Canada.

Many constituents reached out to my office and others to express their concern about this decision. They were worried it would mean a loss of jobs, and the transport of important Acadian and Mi'kmaq artifacts out of our region.

Well, MPs from Atlantic Canada heard your voices loud and clear, and we brought those concerns to the Minister responsible Parks Canada, Catherine McKenna. I'm happy to report that Minister McKenna has chosen to reverse the previous government's decision. The archeology lab will remain open, and our important artifacts will remain in HRM!

2. Another successful year for Canada Summer Jobs Program

Canada Summer Jobs is a federal program that provides funding to help non-for-profit organizations, public sector employers, and small businesses create summer job opportunities for students during the summer months between school years.

Since forming government, we

have doubled the number of Canada Summer Jobs for students. That means our young people have a better shot at gaining important work experience and building skills that will serve them well in their future careers.

In Halifax, we funded 403 jobs, for a total of 115 338 hours of work – an investment of \$1,258,572. And that's just this summer. I met with a number of the organizations and students participating in this year's program and I can tell you it has made a real difference for both.

Did you miss out on this year's Canada Summer Jobs Program? Make up for it next year – if you are thinking about applying, contact my office and we'll be happy to give you a hand with the application process.

3. Nova Scotia leads by example in reconciliation

I've often said that I believe Canada's reconciliation with Indigenous peoples is a hands-on activity. It

involves each of us taking a piece of it and carrying it forward, as difficult as it may be.

Last month, for the second time, Nova Scotia led by example in this regard. In Wolfville, Nova Scotia MPs and Nova Scotia First Nations Chiefs met for our second annual MPs-Chiefs summit – the only of its kind in Canada.

The summit is an opportunity NS MPs and First Nations Chiefs to meet and develop priorities in a spirit of renewed collaboration and as we work together towards a true nation-to-nation relationship. AFN National Chief Perry Bellegarde and the Hon. Jody Wilson-Raybould, Minister of Justice and Attorney General of Canada, participated in this year's summit.

Many of our colleagues from other regions of the country have told us they view our summit as a model for meaningful direct engagement

(See Update on page 13)

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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

As summer turns to fall and families fall back into their routines, I want to take this opportunity to wish every success to all the students starting or returning to their studies. I hope this eventful summer has been fun for you all, and you're ready to tackle the academic year with a clear and focused mind.

Between the numerous festivals and celebrations, I was privileged to be able to attend the send-off ceremony for the HMCS Charlottetown as she departed last month for a six-month deployment to the Mediterranean. I had the chance to wish the crew members safe travels, and thank their families for the sacrifices they make in order for their loved ones to serve. I know the crew will be in good hands with Commander Jeff Hutt presiding over their mission.

Over the summer I've also had many fantastic opportunities to immerse myself in my new role as Ministre des Affaires acadiennes de la Francophonie. One of the great pleasures of this role is the opportunity to visit our Acadian and Francophone communities and get better acquainted with the people, places, and events that make up the rich French face of Nova Scotia. Since June, I've participated in the Festival Stella at École du Carrefour in Dartmouth, as well as the Festival Acadien de Clare, where I helped unveil the Acadian Odyssey Monument at the West Pubnico Musée des Acadiens. This enormously important moment marked the 250th anniversary of the return of the deported Acadian people to Acadie, and I was honoured to take part in the ceremony alongside our first Acadian Lieutenant Governor.

In my travels, I also had the chance to sit for interviews with CIFA 101.4FM and Le Courrier de la Nouvelle-Écosse, attend the Meteghan Quilt Expo, visit the Musée du Thon in Wedgeport, attend the Conseil Communautaire du Grand-Havre's National Acadian Day celebrations in Halifax, and to pay a visit to Université Sainte-Anne. I also took part in Grand Pré 2017. The celebration of peace and friendship between the

Mi'kmaq and Acadian communities was a very special occasion this year, marking the 400-year history of the enduring bond between the two peoples and their cultures. These communities share an inspiring connection, and their story is one that all Nova Scotians should celebrate.

I hope many of you were able to take in some of the excitement of last month's Canada Games. It was an amazing year for Nova Scotia, and we performed very well against the 12 other provinces and territories, securing the third-best medal count in our province's history. I want to applaud all medal winners on Team Nova Scotia, and congratulate each and every athlete who trained hard and put their all into their sport. A special mention is due to Cameron Shaw of Armdale for the gold medal win he achieved with teammate Justin Timmins in Double Handed 29er Male Sailing. Way to go, Cameron!

I'd also like to remind you of two great fall staples that are quickly approaching: From September 14-17, the Spryfield Harvest Festival will be back for their fifth year of festivities. You can expect a host of family events, including teas, dinners, karaoke, kayaking, concerts and performances, and the much-loved antique car show. The Fairmount community will also be holding this year's Springvale Under the Stars outdoor movie night on September 20 on the Springvale Field. It's always a well-attended event, and I encourage you and your family to come out for snacks and entertainment as we raise money for improvements to the neighbourhood field.

Finally, I'd like to remind our local non-profit organizations that the Chebucto West Community Health Board's Wellness Funds application is now available. If your group has a great idea for a community project that addresses one (or many) of the social determinants of health, I encourage you to contact me for more information.

Remember that constituents can always reach me at (902) 455-1610 or info@lenadiab.ca. You can also like

my Facebook page to stay up to date with the latest news, subscribe to my e-newsletter, or learn more about upcoming events. As always, please do reach out to my office if your group or

family has a special occasion coming up, or if you'd like to request a Please Slow Down lawn sign for our busier streets. Thank you very much for your continued support.

Legion donates bursaries

The Royal Canadian Spryfield Legion, Branch 152 donated \$11,800 as Bursaries to 15 students from the Spryfield area. 14 students were from J.L. Ilesley High School and one went to a 2nd year post graduate student.

Furthermore, 6 students were spon-

sored for the 2017 Leadership Training Camp at a cost of \$900: Brendan Kay, James Lee, Clara Harris, Shaylin Gillis, Claire Robertson and Jenna Blake.

Congratulations to all!



From left to right: President Terry Bobbitt, Abigail Siddlle, Anna Wash, Bronwynn Edwards, Eryn Fiske, Hannah Peters, Jade Borden-Lee, Jordan Scoville, Katelyn Harnish, Madelene Young, Rylee McGee, Sierra MacNeil, Josh Webb, Michael Murphy, Victoria Moore (absent) & Jaddus Poirier Service Officer

Update

(continued from page 12) between MPs and Indigenous leaders.

Among the topics discussed at the summit was the Government of Canada's ongoing review of the laws and policies that relate to Indigenous Peoples.

That's all for this month. Share your views on this or anything else at any time - call my office at 902 426 8691 or email me to set up a meeting at andy.fillmore@parl.gc.ca. Or, just stop by my office at Rm 808, 1888 Brunswick Street, Halifax.

Until next time,
Andy Fillmore
Member of Parliament for Halifax

"We are sorry that MLA Brendan Maguire's column was not received in time for publication this month.

It will be available on line at www.chebuctonews.com"

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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR SEPTEMBER

Captain William Spry Library Events: ADULTS

- Sept. 8th. 2:30pm: **Herb and Spice Workshop with Chef Scott** A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture.
 - Sept. 17th. 2:30pm: **A Walking Guide to the Old St. Margarets Bay Road** with author Wayne Rogers and the Five Bridges Wilderness Heritage Trust volunteers.
 - Sept. 27th. 7:15pm. **Fly Fishing 101** with Dave Johnson. (Program Room)
 - Sept. 29th. 2:30pm: It's a Tea Time with Sommelier Margot Bureaux
 - Thursdays, 1pm to 4pm. Bridge club meets. Experience necessary
- ### PRESCHOOLERS
- Sept. 29th at 10:30am. **Munchkins with Nova Scotia Symphony at Culture Days** Ages 0-5
 - Tuesdays from 10:30 to 11:30am. **Family Drop-in** Ages 0-5
 - Fridays from 10:30 to 11am. **Storytime** Ages 0-5
 - Sept. 16th and 30th from 11am to 11:45am. **Puppet Show**

YOUTH

- Sept. 27th. 5pm to 6pm. **Creating Comics Workshop for Kids, Part 1/3** Ages 8-12 Led by graphic novelist and artist Alex Forbes. (Program Room)
- Thursdays from 6pm to 8pm. **Teen Zone** Ages 12-18
- Sept. 14th: 6pm to 8pm **Welcome Back Pizza Party** Ages 12-18. Space is limited so make sure you book your spot so you don't miss out! A Tastes Like Home program supported by the Province of Nova Scotia in partnership with the Department of Communities, Culture. (Program Room)
- Sept. 28th: 6pm to 8pm **Creating Comics Workshop, Part 1/3** with Alex Forbes Ages 12-18 (program room)

Chebucto Community Health Team (16 Dentith Rd) Events:

- Sept. 25th: Discover Your Personal Strengths. 1:30pm to 3:30pm at the Wellness Centre.
- Sept. 18th: Introduction to Take Charge of your Stress. 1:30pm to 3:30pm at the Wellness Centre
- Sept. 20th and 27th: Renovate Your Relationship. 6pm to 8pm at the Wellness Centre
- Fourteen Week Preschool Parenting Program begins Sept. 21st at the Chebucto Family Centre. (child care available)
- **PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield, and around the Sambro Loop. Please call 902-460-4560, go to www.communityhealthteams.ca or drop-in to register.**

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- Sept. 11th. Seniors' Dance. Chain and Anchor Band. 12:30 to 4pm. Light lunch served.
- Sept. 4th: DJ with Cheryl. 2pm to 6pm. \$5 per person

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Community Centre Association (2 Indigo Walk). Call Mon. Pick up Tues. 7:30am to 12pm. Call 902-431-8087 between 9:30am and 12pm on Mondays.

Free meals for those in need:

- **Mondays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring Cove Rd)
- **Tuesdays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Soup's On Program 12pm to 1:30pm at St. Paul's Family Resource Institute (173 Old Sambro Rd)
- **Wednesdays:**
 - 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required.
- **Thursdays:**
 - Hot Breakfast 9am to 10am Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)
- **Fridays:**
 - Continental Breakfast 9am to 10am. Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)

Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Sept. 3 Tai Jitsu begins again Wed/Thursdays
- Sept. 16 Community Yard Sale and BBQ • \$10/Table Call 902-471-2397 to book
- Sept. 18 Sparks/Brownie – Girlguides.ca
- Sept. 19 Pathfinders/Rangers – Girlguides.ca
- Sept. 20 Parent Tot Drop In Program \$5/ family
- Sept. 21 Preteen Dance 6:30-8:30pm \$3/ child grades 3-6 (No Hats Allowed)
- Nov 13th Christmas Craft Fair - \$25/Table Call 902-471-2397 to book

Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

- Monthly meeting will be held at 7pm on Sept. 11th. At the Captain Spry Centre. All Welcome

Quarter Note Singers (Captain Spry Centre) Events:

- Thursday nights from 7pm until 9pm. Singers Wanted! We are a mixed adult community choir that has been making music for over a decade at the Cap't William Spry Community Centre. Singers of all levels are welcome; there are no auditions. For more info please call Steve Trussoni at 902-477-2664

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd

and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.

Parkhill United Church Jollimore (5 Kirk Road) Events:

- Fall Sale! September 30th. 9am to 1pm. Bake sale, tag sale, plants, refreshments, and more.

St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106
- Worship Services:
 - Sunday: 08:30 am Holy Eucharist (BCP)
 - Sunday: 10:00 am Choral Eucharist and Sunday School (BCP and BAS alternation) Coffee hour following service.
 - Wednesday: 10:00 am Holy Eucharist – Chapel (BCP) Fellowship and coffee following service.
 - Wednesday: 11:00 am Bible Study
 - Wednesday: 5:00 pm Christian Meditation – Narthex. All are welcome!
- Second Wednesday of each month: 7:00 pm Mother's Union – Townsend Room in church hall

St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- BINGO! Sept. 8th, 15th, 22nd, 29th. Doors open 5:30. Bonanza game starts at 6 p.m. Mini bingo starts at 6:30 p.m. Regular games start at 7 p.m. 15 regular games, 5 special games, postage stamp, toonie pot, 50/50 draw ...Canteen: pop, water, chips, bars, Tea, coffee, (cookies, squares)
- October 13th and 14th. Fall Fair. Games, flea market, bingo, cake walk, face painting, canteen, & much more
- October 22nd. 2pm. Country Music Hall of Fame! \$7 per person
- Halloween Dance. Oct. 28th. 8pm to 12am. \$10 per person.
- New Year's Eve Dance. Rock N Roll Band. \$20 per person. Call 902-477-3530
- St Paul's & St Micheal's parishes are hosting an Alpha this fall. Alpha SPASM. The Come and See Dinner is Thursday September 28th, at 6:30 PM at the ACICC café, 334 Herring Cove Rd. Register at sanderc@eastlink.ca...We especially want to welcome any newcomers to our area. Come join us for a nice night out and meet your neighbors.

St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- St Paul's & St Micheal's parishes are hosting an Alpha this fall. Alpha SPASM. The Come and See Dinner is Thursday September 28th, at 6:30 PM at the ACICC café, 334 Herring Cove Rd. Register at sanderc@eastlink.ca. We especially want to welcome any new comers to our area. Come join us

for a nice night out and meet your neighbors.

- For those of you in the Harrietsfield/Williamswood area who fill water jugs at our outside tap it is on 24 hours a day for your convenience.

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Judy at 902-479-0772
- Church services Sunday 11-12 am
- Oromo Gospel Church: Sunday worship service: 3 pm Tuesday prayer: 10 am.
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am
- September 9: workshop from 1-4 pm.: Exegesis of our community with Rev. Dr. Elias Mutale

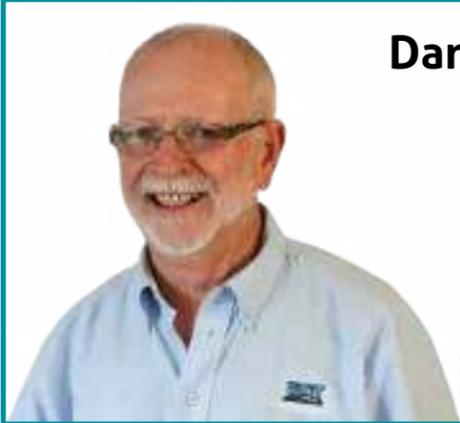
Other Events and Notices:

- **Hand in Hand** (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.
- **Girl Guides of Canada** Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.
- **Harrietsfield Williamswood Residents:** For those of you in the Harrietsfield/Williamswood area who fill water jugs at the St. Paul's United Church outside tap, please note that the tap is on 24 hours a day for your convenience.
- **3rd Spryfield Cub Pack** (ages 8 to 10) **and Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.
- Every Tuesday, St. Paul's Resource Centre offers their **Soup's On Program** from 12pm to 1:30pm. This is a great opportunity to socialize with new friends, catch up with old friends, and just get out of the house for a little while. All are welcome to partake in this free lunch program.
- **Express Basketball** Registration: Tuesday September 5th at the Spryfield Wave Pool. 6pm to 8pm. Ages 5 to 15. Fully Supported Jumpstart applications accepted.
- The future is calling! The Halifax Community Learning Network offers **FREE tutoring and GED classes for adults** at the Captain William Spry Community Centre. If you wish to learn in a relaxed and friendly setting and work toward the GED high school equivalency test, please call 422-7648 or 490-5715. You can get your GED!
- **Atlantic Youth Bowling** Registration (Ages 5 to 19)@ Spryfield Bowlarama Saturday, September 9th from 10 AM to 2 PM
- **Zumba Fundraiser** With BobKat Fitness Friday, October 6th 6:30pm-8pm Cunard Jr. High School 121 Williams Lake Road \$10 Proceeds to Feed Nova Scotia

Check our Facebook page for late arriving events and changes or updates to listed events



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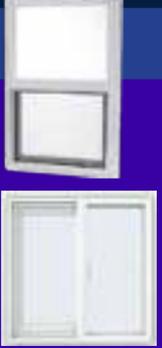
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