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Chebucto News

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October 2018

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Herring Cove singer-songwriter Maura Whitman to perform at Nova Scotia Music Week



Photo Credit - Chelle Wooten Photography

by Emily Thompson, Freelance Writer, Herring Cove

Herring Cove singer-songwriter, Maura Whitman, has been selected to perform at the upcoming Nova Scotia Music Week (NSMW) happening November 1st to 4th in Truro. For over 20 years now, this public festival and conference has celebrated Nova Scotia music, while providing local artists like Whitman the opportunity to debut new material and connect with industry professionals.

"It's truly an honour to be selected to attend and perform at the 2018 Nova Scotia Music Week," said Whitman. "I'm excited to showcase my new music and look forward to connecting with other artists and profes-

sionals in the industry."

2018 has certainly been a whirlwind of activity for 17 year-old Whitman, with this upcoming performance at NSMW representing another major step in her musical journey. This past year also saw Whitman featured as part of the 2017 Top 100 Chart for East Coast Music, in addition to the release of her fourth original single and video "Extraordinary". But for this grade 12 student, being given the chance to attend Grammy Award-winner Gordie Sampson's Songwriting Camp this past summer was a dream come true. Held at the Keltic Lodge in Ingonish, select artists participated in an intensive songwriting program over the course of four

days alongside Sampson and other major players in the music industry, closing with a concert featuring all attendees.

"Life changing doesn't even begin to describe the experience I had with this talented group of people at the Gordie Sampson Songwriting Camp," said Whitman. "I'm extremely grateful to have been given the opportunity to develop incredible relationships with people who share the same passion for music that I do."

The exposure Whitman received from participating in this prestigious songwriting camp led to further opportunities, including a recent performance at The Carleton in Halifax

alongside Brad Roberts, lead singer of Canadian band Crash Test Dummies.

This fall will see Whitman continuing regular performances at a variety of local music venues and fundraising events, including Ovarian Cancer Canada's Lady Ball, a charity held particularly close to her heart. Whitman is also currently focusing on producing new material and further developing her live showcase with musicians debuting her upcoming song releases.

For more information on Maura Whitman and to see a list of upcoming appearances, visit www.maurawhitman.com.

We all strive for success

by Carolyn Mont

As we undertake something new, often we stop to ask ourselves, "How will we judge success?" I guess part of that is in recognizing what our goals are. This applies to the Soup's On at St. Paul's United Church. When we took on this program five years ago, we hoped to see people from the community enjoying a free meal and a pleasant time with friends; both old and new. On our first day, we had 6 people join us. That certainly wasn't a failure even though we had lots of soup and sandwiches left over. We hold Soup's On on Tuesdays and our Food Bank on Wednesdays. That first week, there was lots of food to share with the Food Bank clients on the Wednesday...a success.

This fall, when we opened our doors to the new season of Soup's On

(we don't meet in the summer because the space is used for Camp Paul, our day camp), we had 60 people come for lunch and to greet friends they may not have seen since the spring. Those numbers have continued. Now that's something we consider a suc-



Music at the Harvest Festival

cess. Soup's On is always on Tuesdays, the day that Metro Transit is free for seniors. Our staff and volunteers
(See Success on page 2)

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Success

(continued from page 1)

work hard to put together a healthy meal and to make all who come through our door happy. Feel free to drop in any Tuesday at noon.

On Wednesday, September 12, we were very happy to see that the day was fine, even though it looked in the morning like it might rain. Much as our gardeners at our community garden, the John Umlah Community Garden, would have liked some rain, that was the day we held our Harvest Dinner and Silent Auction in our garden. This was the best such event we have ever had, with almost 100 people coming for a delicious meal of stew, apple crisp, tea and coffee. The vegetables for the stew all came from our garden. Individuals and businesses from the community donated lovely

items for the Silent Auction, and we had music supplied by members of the church congregation, Darcy Gillis, Jim McKay, David Jacobs and Glenn McQuinn.

Both of the above events are programs of St. Paul's Family Resources Institute (FRI), which is the community ministry of our church. The meals are cooked in our kitchen on our commercial stove, which was second hand when we purchased it almost 30 years ago. Credit must be given to those people who know how to cook on this stove and to the very skilled individuals who have kept it working for all those years. Now that's success! Soup's On is one of the free services we offer to all who come but, of course, there are expenses that go along with it. The Harvest Stew cost \$10.00 and there will be other fundraisers throughout the year.

Sunday School starts on October

7. The children, and Sunday School teacher Darcy Gillis, are looking forward to that. For those children who are too young to go to Sunday School, we have set aside an area in our sanctuary for them (and their parents if they feel more comfortable there) where we have several rocking chairs, a table and some activities for the children. It is sometimes just more pleasant to sit and rock your baby than to sit in the pews.

Upcoming events at St. Paul's United Church:

Sunday, October 7, Sunday School starts, 11:00am

October 19, Fish cakes and Beans, 4:00-6:00, \$10.00, pre ordered and take out only

Wednesday, October 24, Messy Church, 5:00 pm-6:30, starting with supper (free), story time, music and worship

Thursday, November 1, Hal Bruce Concert, 7:00pm, \$20.00, payable at the door

Saturday, November 3, Turkey Dinner 5:00, cost is \$15.00 and must have advance tickets (Kathy at 902-479-1467)

Like us on Facebook to see what is coming next at St. Paul's United Church.

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Sammy says: This year's Sambro Sou'Wester Days saw fair skies and happy faces!



Due to technical difficulties, Sammy's article did not make the September issue. We apologize for any disappointment this may have caused our readers

The \$50 prize winning parade entries were: Best Commercial - Spryfield Head Shoppe; Best Group - Paws with Laws; Best Homemade - Josie Roscoe; Most Sambro Spirit - Theresa and Vivian; Most Original - Sambro Air Force. The \$25 honourable mention prizes went to: Mishoo's, Jill Hann, Halifax NDP and Logan and Garret Henneberry and Parker Miller. Thank you to parade judges Genine Horton, Betty McPhee and Patsy Gray.

Congratulations to Aronda Garrison, who won \$939 in the 50/50 draw, and Kent Fox whose duck brought him \$500 in the Rubber Duck Race. The lucky winners of the prize baskets were: Anna Cranston, Becky Henneberry, Ashley Gage, Gus Reyno, Trina Miller, Tim Wentzell, Angela Kendrick, Ellie Gray, Jenny Garrison,

Richelle Oakley, Joanne Darrah, Peter Gray, Tammy Gray, Helen Gilkie, Jenny Gray and Nancy Marryatt

The washer toss championship was won by Kevin Fougere and Greg Desmond, who took home \$260 and a beer mug each. Jason Oakley and Randy Irons were awarded the second place prize of \$70, while \$40 went to the third place team of Dan Misener and Chad Irons. One of the winners even donated half of his winnings back to Sou'Wester Days! Brandon Slaunwhite was the lucky \$250 winner of the washer toss 50/50 draw.

Jason Oakley's Blue Team won the baseball tournament championship. MVP awards went to John Norman of Team Blue, Felicia Randall of Team Yellow, Todd Henneberry of Team Orange, and Brent Gray of Team Green. This year's All Things Sambro award in memory of Kyle MacKay went to MJ Harnish, while the winner of the Most Sportsmanship award in memory of Kyle Henneberry was Puddin Talbot.

The Parade of Sail was spectacular, and Carter Henneberry, Hally Henneberry, and Grant Garrison each won a \$50 NSLC gift card for their decorated boats.

Congratulations to these three deserving recipients of the second annual Sambro Spirit Awards!

The Lionheart Society was recognized for organizing the annual Shay and MacKay Fishing Derby; creating and awarding a J.L. Ilsley scholarship; fundraising for various charities; and

for their steadfast commitment to creating a wheelchair accessible picnic area and fishing park at Grand Lake.

Paul and Doris McGrath (posthumously), and Kerry Ann and Dave Gibson of the Dock and Dory Marina were remembered for organizing local events such as a dart league, dances, jam sessions, talent shows, comedic entertainment, and for organizing the early Sambro Sou'Wester Days.

Frankie Reyno of Reyno Fisheries was rewarded for his generous sponsorship of local fundraisers, church, school, hockey and community events; for donating the use of machinery to clean up the community; for providing opportunities for disadvantaged individuals to grow

and improve their lives; and the many other things he does that we are not even aware of.

This festival could not happen without the financial support of our sponsors: Amos & Andy Fisheries, Archway Insurance, AshMeg Seafoods, Bluenose Seafood, Clyde Paul and Associates, CME (Canadian Maritime Engineering), Cowie Metalworks, Fraser Automotive Ltd., Garrison Industrial Lubricants, Gilbert Construction, Halifax West Commercial Fisherman's Association, Harrietsfield Auto Service, Harrietsfield Irving, James M Gray Fisheries, JC Autoworks, Jill Hann, Lawtons Spryfield, Lumbermart, Midnight Magic

(See Sammy says on page 4)

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DISCOVERING OUR PAST

Portuguese Cove families trace their roots back to early settlers

by Iris Shea

A recent post to the Mainland South Heritage Society Facebook page contained a 1976 interview by Bud Kingsbury. Thanks to Mr. Kingsbury's granddaughter for sharing this most informative interview. The person he interviewed was his mother-in-law, 91-year-old Edith White. Mrs. White, the former Edith O'Neil, had grown up in Portuguese Cove on land owned by her Munroe ancestors. She had a great sense of the history of that community, recalling the names of the landowners in Portuguese Cove and the surrounding area, many of them descendants of the original settlers to Portuguese Cove. Sadler, Munro, Purcell, O'Neill, Martin, Quan and Pettipas were among the surnames she recalled.

Looking at early documents for Portuguese Cove, most of those same surnames mentioned by Mrs. White occupied the area for more than 150 years; the Purcells for over 200 years. The 1827 census showed 20 families living in Portuguese Cove, many of them with between five to ten cultivated acres of land which produced potatoes, hay and grain. Five families each had a horse, many had pigs and "horned cattle". The population of 170 was made up of 96 children. The residents of Portuguese Cove recognized the value of education for their children by supporting a school as early as 1828. Minutes of Halifax County School Board referred to classes being held that year at Portuguese Cove. Thomas Flinn was the school teacher for the winter term from December 1, 1830 to June 9, 1831. There were 28 students in his class. One half of his salary of 40 pounds was paid by the parents and the other half came from a provincial subsidy.

The 1836 school record included the following information for the School District of Portuguese Cove with many of the same surnames as in the 1827 census record. School attendance was from 31 May to 31 November 1836; Trustees were Edward Bowers and Michael Fitzgerald. The teacher, James Noonan, received an annual salary of 36 pounds, and his lodging was valued at 7 shillings per week. The students, their ages, and the name of the head parent in 1836 are listed here, spelled as recorded in the school record:



Photograph, Portuguese Cove School House, courtesy Mainland South Heritage Society. Built to house the Fisherman's Club or Society in the 1870s, it was converted to a public school in that community in 1884, demolished in 1937

Fitzgerald James, age 11, parent Michael; Pursil Elizabeth, age 12, parent John; Purcil Sally, age 11, parent John; Pursil Susanna, age 6, parent John; Bowers, Bridget, age 12, parent Edward; Bowers Andrew, age 8, parent Edward; Bowers Mathew, age 12, parent Edward; Neil Rebecca, age 11, parent Richard; Neil Ferguson, age 8, parent Timothy; Martin Joseph, age 11, parent Joseph; Martin Charles, age 9, parent Joseph; Martin Mary, age 7, parent Joseph; Munroe Rebecca, age 13, parent John; Quan Simon, age 9, parent John; Holland Thomas, age 9, parent James; Holland Jeremiah, age 7, parent James; Harrington Cornelius, age 9, parent Philip; Harrington Ann, age 7, parent Philip; Sadler Mary, age 11, parent Mrs. Sadler; Sadler Edward, age not given, parent Mrs. Sadler; Fitzgerald Michael, age not given, parent John; Pursil Maurice, age 9, parent John Sr.; Purcil Charles, age 8, parent John Sr.; Purcil Ellen, age 7, parent John Sr.; Burke Ellen, age 9, parent John; Burke James, age 7, parent John; Burke Edward, age not given, parent Edward; Burke Gilbert, age not given, parent Edward.

Mary Johnston, the teacher in 1840, received a salary of 50 Pounds; Robert Oakes, the teacher in 1847, described the schoolhouse as "comfortable for the winter". There were 11 male students and 13 female students that year. Parents paid for

"fuel, a stove pipe and repairs to the schoolhouse." By 1865 a new school house was being considered and the Inspector of Schools approved a grant of \$1000 to the trustees upon completion. The Portuguese Cove School District was on the "Poor and Scattered" list, meaning the area needed government subsidies to pay for the school's upkeep. By 1871, however, the subsidy was no longer necessary since residents were able to support their own school.

In 1884 the School Inspector reported that Portuguese Cove "has at last taken steps to securing a house adequate to the wants of the section that can register 60 to 70 students". The 1901 census indicated the location of that schoolhouse was between George Purcell's house and that of Sarah Burke. The building was originally the Fishermen's Club, according to local history, built sometime in the 1870s and converted to a school in 1884. It was torn down in 1937.

Mrs. White, born in about 1885, recalled attending school in Portuguese Cove when there were 69 students being taught by one teacher. In the interview she mentioned children from Bear Cove and Halibut Bay by the name of Johnson and Scallion who also attended the Portuguese Cove school. Others came from Duncan's Cove. Oral histories, such as this interview passed down in the Kingsbury family, are so valuable; recording a

way of life that no longer exists. Mrs. White was 99 years old when she died. Mr. Kingsbury died in 2012 at the age of 73 years.

Sammy says:

(continued from page 3)

Fisheries, Mishoo's Convenience, New Century Signs, Oceanview Fisheries, Olymel, PA Yeoman Marine Services, Reyno Fisheries, Settle's Auto Repair, Shane William Construction, Sobey's Spryfield, Spryfield Head Shoppe and Taycar Electric.

Thanks to the event coordinators who make the magic happen: The Sambro Island Lighthouse Heritage Society ("SILHS") for the lighthouse tours, Paddy Gray for the blessing of the fleet, Aronda Garrison and Barb Reyno for the fish cake and bean supper, Bill McPhee for the baseball tournament, Tara Sampson for the talent at the ceilidh, Natasha Roscoe for the parade, Angie Flemming for the children's carnival, barbeque and cake walk, Leslie Harnish for the fireworks, Brandy Reyno for the washer toss, and Kim McKay for the family movie night, corn boil, tailgate party, breakfast and rubber duck race.

Hugely appreciated are the many individuals who donated goods, food, beverages and prizes for the basket draws. Every little donation helps, as this offsets the costs of the festival, which means more money can be put back into the Sambro community centre fund.

Lastly, a huge thanks goes to each and every one of the dedicated volunteers who gave up their time to help out in countless ways. This could not happen without you! Special kudos go to the Spryfield Business Commission for their bartending, the Sambro Fire Department for their ongoing assistance and going above and beyond the call of duty, the Chebucto News for helping promote the festival, Steve Adams and Brendan Maguire for their event support, Lorrie Boylen for media and communications, and of course the entire SACA committee for their hard work all year long. You all rock!

I'm already looking forward to next year!

Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.



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Spryfield Farmers' Market passing the torch

It is with a heavy heart that I write this month's article for the Spryfield Farmer's Market.

My partner and I started the market on our own dime three years ago, so that the Spryfield District and area folks would have their very own place to come and enjoy their Sunday afternoons. It was a place to regularly buy fresh Nova Scotia grown produce; and seek out local crafts and gift ideas; enjoy awesome freshly cooked foods; sip coffee; and just sit for awhile to enjoy the music and the company of friends. We gathered up vendors and volunteers from all corners of the province to help make it all work – and it did.

We set out to prove what people working together for a community could accomplish. With the collective efforts of our all-volunteer force, which joined with us to make this happen, we were able to bring something important forward for all to enjoy. Spryfield now has a social gathering place on Sundays to call its own.

Three years is a long time to be a volunteer. But the time has come to move on. Marian is expanding her business and volunteer work to other venues, and I am soon to be busy at the helm of Nova Scotia's newest political party - The Independents

Coalition.

Those many busy summer and fall weekends were dedicated to providing the market with most of our spare time, leaving little time for our own personal ventures. After much discussion we have decided to take the step of passing the mantle to another promising group of volunteers.

Working at the Spryfield Farmers Market has given us an appreciation for what wonderful things being a volunteer does for a community. Our NGO helped spawn and grow some local small businesses, which went on to do bigger things in the grocery and crafting worlds. We also have seen a lot of happy faces come through the front door. That especially made it all worth it.

The power of community should never be underestimated. Every person's efforts count, especially when they gather together to accomplish good things.

To that end we would like to thank all of you who made contributions of their time, big and small. The Lions club, Julia, Steve Adams, Robert, Mike, Carrie, Melissa, Lena, Patti, Yvonne, Jim, Wallace and Kim, Brendan, Mary-Francis, Kelly, Matt, Kim, Jen, Carolyn, Marilyn, Andrew, David, Kimberly, Vanessa, Karen, Brian, Bruce, Darlene, Carol,

and of special note Mr. Dan Doherty. Our many musicians deserve special thanks for making our market unique; Dennis, Sarah, Jeff, Marjorie, Gary, and the other Gary, Lily and the Crow, Macade, Mark and of course Brian. Plus all of our many farmers, crafters, bakers, cooks, brewers, artists, creators of things and all those who

traveled from around the province to make the market great – a list too long to easily print.

Please welcome our new management team as they take the Farmers Market forward into 2019. We look forward to seeing you one last time on Sunday October 14.

Thank you everyone. It was worth it.

What's your dream for the new high school?

That's what the Spryfield Community Association is asking local folks. Nova Scotia needs to be budget-conscious, which means our new school ought to serve several functions; such as a rooftop garden or mental health services, for example.

We believe that people affected by decisions should be involved in making the decisions. We want to bring the community together to create our school together. That means bringing lots of different viewpoints into conversations about how our new high school can benefit the whole community, and what the community can do for the school.

We will be casting a wide net to hear from many different people, such as students and teachers; parent

groups and family resource centres; local businesses and organizations; and long-time residents and newcomers. Come and have a say at our community meeting on Wednesday, October 24, 7:00 pm at Captain William Spry Community Centre.

The Association thinks it is important that the provincial government hear from the community early on in the planning process, and make sure that community involvement doesn't get left until after major decisions have been made about our school.

Spryfield and area needs to have a strong voice in matters affecting our daily lives. Spryfield Community Association helps to strengthen that voice. For more information, check out www.myspryfield.org.

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St. James Anglican Church
 (2668 Joseph Howe Drive at the Armdale Rotary):
 Worship Services:
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 Sunday: 10:00 am Choral Eucharist (BCP)
 Wednesday: 10:00 am Holy Eucharist – Chapel (BCP)
 Fellowship and coffee following service.
 Wednesday: 11:00 am Bible Study
 All are welcome!
 Second Wednesday of each month: 7:00 pm Mother's Union – Townsend Room in church hall
 Please note: Sunday School, Christian Meditation and Coffee Hour are on hiatus until September.

Spryfield Christian Community Church
 (91 Thornhill Drive):
 Church services
 Sunday 11-12 am
 Bible Studies Sunday 6-8pm
 Oromo Gospel Church: Sunday worship service: 3 pm
 Tuesday prayer: 10 am.

City Church
 (276 Herring Cove Road)
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 Sunday 6 pm: Bible Study will resume in September
 Nursery & Children's Ministry 10:30 am
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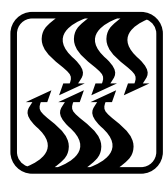
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Smoking in Halifax

Recreational cannabis becomes legal on Oct. 17. Prior to this date, the **Halifax Regional Municipality** is enacting by-law amendments.

- Smoking and vaping of any substance will be prohibited on all municipal property. This includes streets, sidewalks, parks, and trails.
- Designated smoking areas on municipal property will be clearly marked through smoking-permitted signs (facsimile shown).
- Smoking on private property is governed by the property owner.
- Any smoking must adhere to the Province of Nova Scotia's Smoke-free Places Act.



For more information visit halifax.ca

HALIFAX

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Joanne Juliette "Sue" Gault

Of Spryfield, passed away on Thursday August 23, 2018. Sue was the oldest daughter of the late Donald and Georgette (Turgeon) Tanney, both of Timmins Ontario. She was the oldest of three brothers and two sisters.

She is predeceased by her brother, Robert Tanney in 2016. She is survived by her husband, Steve Gault; her siblings, Brian and Betty Tanney, Mark Tanney, Colleen De Carlis and Beverly McNely. Son, Raymond Charbonneau and sister, Carole McNaughton; also many nieces and nephews and great nieces and nephews. Her battle with liver cancer had its ups and downs, but she never gave up or gave in. She was a positive person and tried to do as much good in this world as she could. Sue was an active Algonquin and Ojibwa Aboriginal in both her daily life and beliefs. Her Aboriginal Card Readings gave her great peace in helping someone in need or teaching the ways of the people.

Ruth Virginia Zinck

Of Herring Cove/Portuguese Cove. On August 23, 2018, at age 85, our precious mother, grandmother, great grandmother and great-great grandmother, with family by her side, went home to be with our Heavenly Father. Born in Halifax, Ruth was a daughter of the late and much loved Weldon and Hazel (Verge) Swinehammer.

At the age of sixteen, Ruth worked at Simpsons until she married and unself-

ishly, dedicated herself to her family of ten children. Through her example, she taught them to appreciate the good times in their lives and to face the challenging ones with strength and courage. Ruth loved to sing. Back in the day, she and her sister Myrtle would perform at the Kent Theatre in Spryfield. She also performed with "The Ramblen Seven", a local country band. As time passed, she expanded her artistic talent by writing poems and songs of which were later recorded by her children, receiving airplay on radio station, Seaside FM. Ruth made the world a better place by putting others ahead of herself. She spent many happy hours knitting dolls and bonnets for distressed children and newborns at the IWK, hats and mittens for the sea merchants and painting beautiful works of art on canvass. She was a member of the Northwood Players where she performed with her sister Frances; an avid bowler with the Spryfield Bowling League and with her wit and humor, never turned down a good game of Skip-Bo or Cribbage. She also loved her second family; her friends at the Margaret Latter Manor in Herring cove, where she resided for the past 13 years. Ruth cherished our Heavenly Father and was so thankful for the blessings He blessed her and her family with.

Ruth is survived by her children; Deborah (Tom), Wayne (Darlene), Judy (Barry) Fred (Susan), Steven (Lisa) Kevin (Rhonda) Donna (Stanley) Wendy (Ken) Doug (Sylvie) and Gord (Cathy); sisters, Frances Peach, Halifax; June pigeon, Quebec; twenty-six grandchildren, twenty-five great-grandchildren, many nieces and nephews. She was predeceased by her husband, (Wellington) "Sonny" Zinck; brothers, Russell Swinehammer and Earl Swinehammer; sisters, Beverly Poole, Myrtle Costello, Evelyn Rockwell, Lorraine Knight, and Vera Johnston; Granddaughter; Kristin Zinck, and son-in-law; Glenn Baker.

The Zinck family extends their greatest thanks to unit 8.3 nurses, Lyndsay, Laura, Fred, Beth, Marianne, and Carla, Queen Elizabeth II Infirmmary, Halifax, for their compassionate care and to the palliative care team, Bonnie, Dave and Joe. Also, the family extends their utmost gratitude to the team at Seaside-FM for the beautiful and heartfelt tribute to our mother, aired on August 24, 2018, presented by Frank Cameron. Thank you for honoring our mother.

In memory of Ruth Zinck, Donations may be made, online to www.seasidefm.com (click on Donate), or by cheque, payable to, 105.9 SEASIDE-FM Radio, P.O. Box 196, Eastern Passage, N.S. B3T 1M5.

Jean Lorraine Forhan

Age 96 of Spryfield passed away peacefully August 23, 2018 surrounded by her loving family at Northwood's Ivany Place. She was a daughter of the late Robert and Matilda (Harnish) Double-day. Over the years Jean loved to be outdoors especially going out fishing or attending to her garden. She also had a passion for dancing, you could always find her and her husband John dancing. She is survived by her son, Robert (Peggy/Mary); daughter, Dale (Donald); grandchildren Cheryl, Scott, Sandi, Troy and Shaun; brothers, Carl and Clarence; sisters, Geraldine, Eleanor, Lorraine

and Carol. She was predeceased by her loving husband John Forhan; baby John in infancy; grandson Robert; brother Clifford; baby sibling in infancy; sisters Doris, Margaret, Eileen and Betty.

Julia Florence Cole

66, Spryfield, passed away on August 15, 2018 in the VG Site, QEII, with her family by her side.

Julia was a caring, hardworking, loveable person. She always put her family first. She was always there for her grandkids, she spoiled and loved them very much. She will be dearly missed by all who knew and loved her.

She is survived by her daughter, Elizabeth Cole; granddaughters, Hailey and Rachel. She was predeceased by her husband, William "Bill"; son, William Jr.

Clifford Stanley Smith

aged 86, Sambro, passed away peacefully on Thursday, August 30, 2018 in the Halifax Infirmmary, QEII. Born in Sambro, he was a son of the late Simeon and Stella (Hart) Smith.

Clifford was a fisherman and lived in Sambro all his life. He is survived by brother, William, Sambro; sister, Ethel Smith, Spryfield, Lois Bergeron (Albert), Spryfield and Bessie Dunning, Ohio, USA; many nieces, nephews, cousins and friends. He was predeceased by sisters, Gladys Nickerson and Mary Smith; brother, Cecil.

The family would like to express special thanks to Dr. K. Sutherland, the doctors, nurses and staff of 8th floor QEII.

Donations in memory may be made to the Diabetes Association or to a charity of one's choice.

Margaret Rose Flemming

Age 71 of Spryfield, passed away September 5, 2018 surrounded by loving family. She was a daughter of the late Parker and Margaret (Wilkie) Dempsey. Margaret had many hobbies such as knitting, plastic canvassing, gardening and cooking She loved her beloved dog Hazel and going for long drives in the car. She also loved playing darts and was apart of the Harrietsfield Dart Club. She was survived by her loving partner of 28 years Eldon Kirk; daughter Angela (Peter Gray) Flemming; grandsons Jacob and Issac Gray; brothers, Allan (June) Dempsey and Barry (Pat) Dempsey and nieces and nephews. She is predeceased by her late husband Richard Flemming; son Tony; daughters Pamala Anne and Mary Margaret. A special thanks to Red Cross, Palliative Care especially Cindy Bell, VON and Closing the Gap Home Care Largely Anitha Thomas for being so amazing with mom, Trish Murphy and Brenda Butler. Thank you all so much. In leu of flowers donations can be made to one's choice. Condolences can be made to the family by visiting www.walkerfh.com

Harry Allen Murphy

Age 82 of Spryfield, passed away surrounded by family September 5, 2018. He was a son of the late Harry and Emily (Adams) Murphy. He loved country music especially Howey Shepard. He was a volunteer firefighter for many years, he loved to give back to his community. He also enjoyed WWF wrestling and looking at the Christmas lights. He is survived by his partner Mary Boom-hour; sons, Ronnie Meakins and Bobby Burns; daughters; Gloria Poan, Sharon Campbell and Stepdaughter Kathy (Bill) Ridgley and Linda Duplessie; grandchil-

dren; Mike (Kim), Anthony (Heather), Cadney (April) Chan (Miriam) Jeronimo (Amanda), Johnny (Geneva), Dominique (Paul), Reggie and Kyrell; many great grandchildren; brothers, Vincent (Jean) Murphy and Gerald (Debbie) Murphy; sisters, Greta Walters, Mary Sullivan, Carol Bonin, Donna (Dennis) Richardson and Dorthy (Ken) Henderson and many nieces and nephews. He was predeceased by his late wife Jenny Murphy; brother Malcolm; sisters, Violet, Marjorie, rose and Lillian.

Rita Constance Gates

96, Halifax, formerly of Herring Cove, passed away on September 12, 2018 at St. Vincent's Guest House, Halifax, NS. She was the daughter of the late William and Mary (Richardson) Brophy. Rita was the last surviving member of her immediate family. She was a faithful parishioner of St. Paul's Roman Catholic Church, Herring Cove. She is survived by daughters, Rita Dominique, Waterloo, PQ, Mary Probert (William), Timberlea, and Linda Penny (Stewart Judd), Lower Sackville, her son, David (Lily), Lower Sackville, a half sister, Marie Reid (Robert), Ontario, 7 grandchildren, 3 great-grandchildren, as well as several nieces and nephews. She was predeceased by her husband, Morris, daughter, Helen Kimber, sisters, Eileen, Edna, Helena, Genevieve, Mildred, Bertha, and Thelma, brother, William, nephew, William, step sisters, Dorothy and Edith, and step brothers, Graham and Eric. The family wishes to thank Dr. Hugh Matheson and the Staff of Spryfield Medical for their care, as well a special thank you to the staff and volunteers on 2nd Floor, St. Vincent's Guest Home, for the care and attention given to Rita. Mom will be remembered by her endless amount of energy well into her 90's. In lieu of flowers, the family would appreciate donations to St. Vincent's Guest Home, or to the Canadian Cancer Society.

Eldon Joseph Pellerine

Age 80 of Halifax; It is with great sadness that we announce the sudden passing of Eldon on September 16, 2018 after a brief battle with cancer. Born in Larry's River on December 11th, 1937, he was the youngest son of the late David and Mary Jane (Pettipas) Pellerine. Eldon retired from the Halifax School Board and then worked as an usher at the Metro Centre until he retired in March, 2018. He loved to read the newspaper cover to cover especially the sports section, a diehard fan of the Canadiens, the Blue Jays and the Mooseheads. Eldon was very particular about his personal appearance whether mowing the grass or attending a gala event. He was a former member of the Spryfield Lions Club and a member of Council Knights of Columbus 5017. He was an active member of St. Michael's Parish for over 50 years having served as Eucharistic Minister, Usher, and in other activities. He is survived by his wife of 55 years, Mary (MacEachen), sons Stephen (Janet), Beaver Bank, and Blaine, Ardoise, granddaughter Samantha, the apple of Grampie's eye, one brother Charlie (Eileen) Cole Harbour, niece Charlene and nephew Graham, cousins and numerous relatives by marriage. Besides his parents Eldon was predeceased by his brother, Vincent. A special thank you to the nurses on 7.3, Halifax Infirmmary for their care. In lieu of flower donations can be made to St. Michael's Church Building Fund or a charity of your choice.

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Halloween safety

The day that paranormal creatures invade city streets is near. As your little ones prepare their costumes to trick or treat their way through the night, the Canadian Red Cross has prepared a quick list of 10 tips to make sure everyone gets home safely. You may not need to fear vampires and ghosts knocking on your door, but fire hazards, scrapes and getting lost are potential concerns.

1. Give your kids a map of their trick or treat route so they can find their way home. Mark the homes of nearby friends and relatives in case they need assistance on their journey. Younger children should be chaperoned by an adult.

2. Instruct children to walk on the sidewalk not the street, even princesses and fairies have to watch out for motorists!

3. Prepare for the dark with lighter coloured clothing and reflective surfaces. What better way to decorate a sword or a cape, than with magical glowing tape?

4. Avoid any type of flame by substituting candles with glow sticks. Wigs and costumes are highly flammable and glow sticks are perfect for illuminating Jack-o-lanterns.

5. Remind your kids to stick with groups of at least four or five - after all, even legendary heroes are stronger as a team (like the Avengers and X-Men!)

6. Tell them to only visit residences with a porch light on and not to enter a stranger's home. Politely accept candy and promptly leave.

7. Costumes are meant to embellish not to hide. Keep hems short to avoid tripping and don't let masks block the eyes.

8. Whether you have one eye, two eyes, three eyes or four, always look both ways before crossing the street.

9. Both mystical creatures and children need to let parents check their candy before eating to remove any



potential hazards.

10. A flashlight is akin to a protective light saber of sorts and makes

nighttime travelling safer (it also helps you spot a ghost or goblin trying to plan a surprise attack!).

Following these tips on October 31 will help ensure your family has a fun and safe night of trick or treating!

To support Canadian Red Cross programs and services that keep Canadians safe year round consider making a donation. By supporting the Canadian Red Cross today, we will be ready to help Canadians whatever the season.

Reprinted from <http://www.redcross.ca/about-us/red-cross-stories/2012/top-10-halloween-safety-tips-for-families>

Chic or not, hike series gets you moving

Hiking is "the peak of chic" according to the title of a recent article in a popular UK newspaper. The folks at Hike NS have long known this to be the case (insert eye-rolling emoji here), but argue that you don't have to be a trendy celebrity or fashionista to hit the trails.

"Hiking really is for everyone," says Janet Barlow, Hike NS Executive Director. "Our partners have lined up a great selection of guided hikes clear across the province this fall. There are various trail lengths and levels of difficulty to try. No matter what your experience level, there's something for you."

Hike NS and 30 host organizations partnered up to offer the guided hike

series from September to November. There are 58 guided hikes scheduled province-wide. Hikes are led by local folks and participants qualify to win trail prizes. Most hikes are free or low-cost and some require pre-registration.

The full schedule with registration details and directions is found at www.hikenovascotia.ca. Hikes are listed by date and region (Halifax, South Shore, Valley, Fundy, Highland and Cape Breton). Hike NS thanks its local partners for organizing the hikes on the ground as well as MEC, Goose Lane Editions and the NS Department of Communities, Culture and Heritage for their support.

Feeling like you'd like to upgrade your outdoorsy skills for the fall hiking season? Hike NS has you covered with a slate of courses and workshops that teach nature activities to use with kids, how to be a hike leader, navigation and Nordic Walking.

Hike NS encourages and promotes a growing hiking culture throughout the province, striving to be the voice for those who hike, walk and snowshoe.

For more information on these events or Hike Nova Scotia contact: Janet Barlow, Hike Nova Scotia (902) 932-6902 info@hikenovascotia.ca, www.hikenovascotia.ca.



OPEN HOUSE


October 13th, 2018 | 11 a.m. - 2 p.m.

349 Herring Cove Road

Bring family and friends for a BBQ and treats, music, prizes, face painting, games and more!



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from the desk of Bruce Holland

We've moved, just down the hall!
The Spryfield Business Commission offices have moved just down the hall from our previous location. Our address is the same (Royal Bank Building, 339 Herring Cove Road, Suite 211), as is our phone number (902-406-7444), but our e-mail addresses have changed. To reach Bruce Holland, Executive Director, please e-mail bruce@discoverspryfield.ca to reach Darlene Burbridge, Office Manager, please e-mail darlene@discoverspryfield.ca.

The main reason for our move was to create an on site Training Centre/Community Room. The Business Commission has been partnering with the Department of Labour and Advanced Education for over three years and the training programs have become very popular with over 300 people taking advantage of learning new skills during that time.

The space can be used by our member businesses and community stakeholders for meetings, training and other opportunities that may arise. Currently, in addition to our training courses being held in the space, the Spryfield Young Filmmakers are using it, as are numerous other groups and organizations for meetings. Please contact us if you need a space to meet.

We will hold an Open House for our Members, Stakeholders and the General Public to come and see our new facilities in the near future. The date and time will be announced soon.

Rural Bus Service update
In August, the Spryfield Business Commission issued a Request for Proposals to develop a Business Plan for the Ketch Harbour/Sambro/Spryfield Loop

Rural Bus Service. Several consultants submitted proposals and those proposals have since been evaluated by the Business Commission and a consultant has been chosen to produce the Business Plan. Watch this newspaper for future meetings and updates on the progress of the Business Plan.

Events
The Spryfield Business Commission and our many Business Members are pleased to present the 45th Annual Spryfield Santa Claus Parade, Sunday, November 25th, 2:00 p.m. To sponsor the Parade, obtain an application to go in the Parade, or to volunteer to help with the Parade, please e-mail me at bruce@discoverspryfield.ca.

The Spryfield Business Commission's Annual Festive Lobster Dinner is scheduled for Wednesday, December 5th, 2018 at the Armdale Yacht Club, 6- 9 p.m. This is the 5th year for the Festive Dinner and it has sold out early in the past few years. Please get your tickets early.

Newsletter
The Spryfield Business Commission is committed to keeping our members and the community informed of our activities and events. In addition to this regular Chebucto News column we invite you to join our regular monthly Mailchimp E-mail Newsletter. Please let me know if you would like to join the newsletter distribution list. You can reach me at bruce@discoverspryfield.ca or by phone at 902-452-7472. Many thanks, Bruce Holland!

Wishing all of our Students a successful school year!

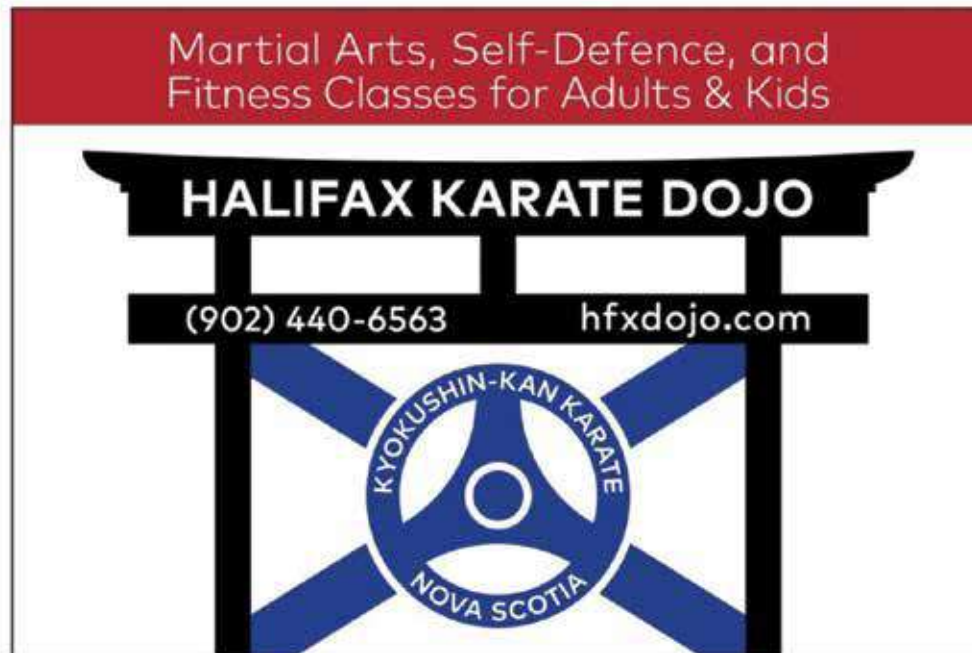
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Our team in the Atlantic Canada championship



Zanthia Berube took a third place in all Japan tournament



Another picture of our team at the Atlantic Canada Championships

Shihan Moji (Mojtaba Talebzadeh)

5 degree blackbelt, certified Shihan, Branch Chief of Nova Scotia Kyokushin-Kan Karate

Shihan Moji has Lived and practiced Kyokushin Karate in Japan for 10 years. He has over 30 years of experience in Martial Arts and teaching.

Come join our club for healthy activity or to competitively learn a traditional Japanese Karate.

Our club will provide a place for kids and adults to learn discipline, gain self-confidence, gain flexibility, learn team work and leadership, become in a better shape and learn self defense.

We offer a great kids' program and we work with you to make sure you get the results that you are looking for. Come and Join our club and support healthy activities in the community. Karate, Kickboxing and Yoga classes available.

**Join us for our
Open House and
Grand Opening
Saturday October
20th at 11 am.**

Watch a great Karate Demonstration performed by our members. Special Offers when you come to our studio.



New fire station will be better than we originally planned

by Stephen Adams, HRM Councillor, District 11

As you may have read in past articles, we approved 4 million dollars for a new fire station for Williamswood in 2016. Earlier this year, Community Council approved the rezoning of the lands for the station and our staff negotiated a purchase and sale agreement. When we first began with this process, the estimate for the completion of this project was November 2018. However, some of the circumstances regarding construction have changed.

To ensure we build the best possible station, HRM has engaged the services of Design/Engineering consultants to develop and prepare the new Design-Build Request for Proposals. This RFP will include the technical specifications, schematic floor plan and site plan. This will ensure that the new station will offer the very best in safety for our firefighters and will allow them to provide the best protection possible for our communities. This new station will not only serve the needs of our community when it is completed, but will serve the needs of our communities well into the future.

Once completed, the costing and budgets will be reviewed and the RFP document will be issued. It is anticipated that the contract will be awarded in April 2019, for completion in De-

cember 2019.

I apologize for this delay. I appreciate that this is disappointing. However, the new design and new station will be better than we originally planned. I will be sending a letter to residents from Harrietsfield around loop to Duncan's Cove to ensure as many residents as possible are notified.

To say that the "One Heck of a Kitchen Party" in Herring Cove, and the other events for Herring Cove Days were a success would be an understatement, at best. Without the sponsors and their help, it would have been a difficult task. The financial assistance of Jill Hann, Matt Conrad and Lori Hennessey is greatly appreciated. As well, the HCCA committee was outstanding. They are same small group that have been able to bring the former rec centre into the ownership of the community. Janice Rafuse-Crowe's organizational skills shone through and Chris Sabine's

band selection and work with the bar and other aspects of the events was impressive, as always. The number of volunteers in the bright green shirts was outstanding. However, I would be remiss if I did not call out Leanne Smith and George Fancy for their tireless efforts to ensure this event, and others associated with the rec centre were successful. I had the pleasure of working with them, as they obtained demolition and building permits; worked early morning hours and into the late evening (after working their regular jobs all day), and an entire long weekend to navigate through the required processes. They are not ones to ask for, nor expect, recognition, and perhaps this note may have them a bit upset with me; however, extensive work deserves to be recognized. Thank you, again, to all involved. Herring Cove Days was a huge success.

As of the writing of this article, a few more projects have started, with

others finishing-up. The extensive Woodcrest Avenue paving and water main renewal is moving along, and should be completed by mid-October. The improvements at the NW Arm Drive and Old Sambro Road intersection should be completed by the time you read this. The Catamaran Road water main renewal is scheduled to be finished by the end of October. And the chip sealing of Whalen Ave., McIntosh Street and Autumn Drive will all be finished by mid-October. We have lots of improvements in our communities.

In closing, welcome back to all students. For those of you who have gone on to post-secondary education, your possibilities are endless. You will gain new friendships (some of which will last a lifetime), and face new challenges. For those of you who are going to new schools, embrace the excitement. I wish you all the best in the coming year.

School busing issues being reviewed by Minister of Education

by Brendan Maguire, MLA for Halifax Atlantic

Education update

As the new school year starts, parents, students, staff, and teachers have a lot on their plates as they prepare for the year ahead. One of the last things they should have to worry about is safe and punctual transportation to and from school. This past month I have received many mails and phone calls about buses; being late, not showing up, and even a school bus accident on the Old Sambro Road.

Let me first address the accident, I would like to thank all of the first responders, the community, the bus driver and all involved for responding so quickly, professional and making sure our children were safe and properly taken care of.

A special thanks for Herring Cove Jr. High Principal Sean MacDonald and his staff for reacting so quickly and taking care of our children in a very scary and vulnerable time.

As for the ongoing issues with busing, please send all of your concerns to me via email brendan@brendanmaguire.ca or send me a message on Facebook. I have been sending all of these concerns to the Halifax Regional Centre for Education and to the Minister himself. I will continue to follow up with you and the appropriate staff until the issue is addressed.

Lastly, the Minister of Education has announced a review of busing and he expects a quick turnaround. I will take your concerns to him personally to make sure your voices are heard during this review.

Health Care Update

Province adding 15 new specialty residency seats.

The province is adding 15 new specialist residency seats to the Dalhousie

University, bringing the total number at the university to 65.

The new spaces include:
 emergency medicine (two spaces)
 core internal medicine (two spaces)
 general internal medicine (two spaces)
 child and adolescent psychiatry (two spaces)
 neurology
 obstetrics and gynecology
 critical care
 geriatric psychiatry
 palliative medicine
 ear, nose and throat
 dermatology

The new spaces will be in place next July. The province is willing to spend \$1.5 million a year on the new seats.

Dr. Tim Holland, president of Doctors Nova Scotia, said the announcement "is a big benefit to the patients of Nova Scotia."

"Residents bring a lot of fresh views to the community, it's a great way for physicians to keep up to date on the latest developments in medicine, plus it does offload some of the work for those physicians," he said. Nova Scotia Government bans conversion therapy

This month, your government introduced a bill to ban the use of conversion therapy – a discriminatory and harmful practice that attempts to change the sexual orientation or gender identity of young Nova Scotians who identify as 2SLGBTIQ+.

Nova Scotians have made great strides to ensure our province is a safe and inclusive place for everyone. We do not condone sexual orientation or gender identity change efforts, or the concept that anyone from the 2SLGBTIQ+ community requires treatment because of their sexual orientation or
(See School busing on page 13)

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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

I would like to first express my deep thanks to all those in the community who reached out to me over the past few weeks with their condolences on the passing of my dear father Steven Wadih Metlege. My family and I very much appreciate your sympathies during this difficult time.

With autumn now in the air, I also want to wish a very happy Thanksgiving to all the families, friends, and community members who will be coming together to break bread and count their blessings this week. I hope the season is good to you, and that you enjoy many moments surrounded by your loved ones.

A number of events have taken place recently that I'd like to share with you:

In September, I had the exciting opportunity to announce new clean, renewable, solar energy projects coming to Halifax. Through the province's Solar Electricity for Community Buildings Program, three local organizations have been approved to install solar electricity panels, including the Hope for Wildlife Society, Knox United Church, and the Halifax Regional Water Commission. I was particularly glad to see these projects going forward, as solar energy is (and will continue to be) an important component of Nova Scotia's cleaner energy future.

I also had the honour of attending a special ceremony at Mount Olivet Cemetery alongside His Beatitude Bechara Boutros Cardinal Rai, Maronite Patriarch of Antioch and All the East. The proceedings centered around the planting of a cedar tree on the cemetery grounds to commemorate the Lebanese victims of the Titanic tragedy. As many likely know, victims of that tragedy are buried at Mount Olivet, as well as other cemeteries here in Halifax. I want to thank the Honourary Consulates of Lebanon for Halifax and Vancouver, as well as the International Lebanese Titanic Committee for sponsoring this moving tribute.

In an illuminating change of pace, I participated in the Pharmacy Association of Nova Scotia's Take-Your-MLA-to-Work Day in September. It was very informative to join Phar-

macy Manager Vena Anderson and her team at the Spryfield Crowell's Guardian to learn more about how their team helps patients navigate their own health needs. Pharmacists play a crucial role in our health care system, and I appreciated the opportunity to experience their hard work firsthand.

Last month also saw the launch of the Nature Conservancy of Canada's fundraising campaign for the proposed Halifax Wilderness Park at Williams Lake. Together, the NCC, the city, and the Shaw Group are working to secure 379 acres of natural, rugged wilderness for Halifax's newest natural destination. The lands are home to plants and animals that are uncommon in Nova Scotia, and virtually non-existent elsewhere in North America, and they offer a unique setting for Nova Scotians to enjoy the great outdoors. I was proud to see the province contribute \$1 million in funding towards the campaign, and encourage those who can, to make a donation towards the park fund at keephalifaxwild.ca.

Recently, the province also announced new support for the performing arts. With the help of a \$10 million contribution, Dalhousie University will expand and rejuvenate the Dalhousie Arts Centre. The Centre plays a vital role as a cultural hub in our province, supporting our diversity and heritage, while bringing our communities together and helping to grow our economy. I was pleased to see this project moving forward, and I know it will be a great benefit to students, performers and patrons for years to come.

I'd also like to take the chance to provide you with an update on the health front:

In September, the province announced the addition of 15 new spaces in Dalhousie University's specialist residency program. This \$1.5 million investment brings the number of provincially funded specialist spaces to 65, and provides specialists with more opportunities to get the training they need. Residents will spend one to five years training in their specialty by doing rotations in various locations across the province. This is an important step, and it will help meet the immediate health-care needs of Nova Scotians while ensuring a stable

supply of physicians in communities across the province now and in the future.

Additionally, a new \$2.8 million annual investment will be used to fund nine new specialist positions in the province. Recruitment is currently underway, and the Nova Scotia Health Authority (NSHA) and the IWK Health Centre are working to fill positions in critical care, internal

medicine, and pediatrics. By adding more specialist physicians to the health-care system, we can address needs in certain areas, while improving access and reducing wait times for Nova Scotians.

Remember that you can always reach my constituency office at (902) 455-1610 or info@lenadiab.ca with any questions, comments, or concerns. I thank you for your continued support.

School busing

(continued from page 12)
gender identity.

Members of the 2SLGBTIQ+ community, in particular youth, can be very vulnerable and we need to make sure we encourage them to be themselves and also protect them.

Nova Scotia on the right fiscal path

This past month, Nova Scotia received its highest-ever credit rating from Standard and Poor's bond-rating agency.

The agency cited strong fiscal management as it upgraded the province's long-term credit rating from A+ to AA- with a stable outlook.

In the agency's credit report, it notes that the province is expected to outperform MOST Canadian provinces in the next two years, with strong management practices translating into solid budget outcomes.

The province's debt-to-revenue ratio is also expected to be the LOWEST in the country.

Second Annual Herring Cove Days

A huge thank you to Matt Conrad, Lori Hennessey and Jill Hann for coming together and making Herring Cove days a success. This is the second year in a row we have done this and it keeps getting bigger and better. It is always a pleasure to work with you.

Also a massive shout out to Chris Sabine, George Fancy, Janice Rafuse-Crowe, Leanne Smith, and the entire Herring Cove Association crew for making the 1st Annual Kitchen Party such a huge success and fun time.

This is exactly what Herring Cove needs; I can't wait for next year
Recognizing amazing people in our community

A huge thank you Debbie and Darrell Clark and all the volunteers of the Herring Cove Shark Soccer Club, for creating a fantastic summer experience for all our children.

The community appreciates all of you.

This month, the Federal government announced they will be creating the Veterans NDI 100 Service Card.

Over the last few years Spryfield's very own Gus Cameron has made it his personal mission to have this card reinstated as a way to continue to honor our veterans.

Gus started a petition, rallied our veterans and even went to parliament to speak to our Federal MPs.

Great job Gus and thank you for always supporting your fellow veterans!

A huge round of applause to Crysta, Abe and crew from the Spryfield Community Association for their newest project, the Urban Farm Outdoor Movie Theater. Thank you to everyone from the association for making this idea a reality and to HRM for funding it through their Place Making Program.


A shout out Catherine MacPhee and her continued contribution to our community, especially in her role as President of the Urban Farm Association.

Thank each and every one of you for all you do for our community.

Last but not least, this past month I was proud to announce that the Provincial Government will be contributing \$1 Million toward the purchase and conservation of the Purcells Cove Backlands. This project was one that was extremely personal and important, to not just me, but countless people in our community and all levels of government. A big thank you to Councillor Steve Adams, MP Andy Fillmore, The Nature Conservancy of Canada and of course the Backlands Coalition and the entire community for making this a reality and not just thinking of the now, but also our future.

Have a safe and happy Halloween

Proud to be your MLA
Brendan Maguire (902) 444 0147
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349 Herring Cove Road




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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR OCTOBER

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- Seniors Dance: Monday, October 29th. 12:30pm to 4pm. Chain and Anchor Band. Light lunch served. \$4 per person
- Chase the Ace: Every Wednesday. 4:30 to 6:45. In partnership with Young at Heart Club. Open to the public
- Halloween Dance Oct. 26th 9pm to 1am. \$10 per person. Prizes. Music by band Shaker

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Community Centre Association (2 Indigo Walk). Call Mon. Pick up Tues. 7:30am to 12pm. Call 902-431-8087 between 9:30am and 12pm on Mondays

Free meals for those in need:

- **Mondays:**
 - Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring Cove Rd)
- **Wednesdays:**
 - 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required. Centre (328 Herring Cove Rd)

Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Registration is now open for September classes of Tai Jitsu. Contact Natasha at 902-293-7427
- 5:20 – 6:00 – Lil Samurai (ages 5 – 7 Wednesday)
- 6:00 – 7:00 – Juniors (ages 8 – 12 Wed and Thurs)
- 7:00 – 8:00 – Adults (ages 13 & up Wed and Thurs)
- 7:00 – 8:00 – Women Only (Wed & Thurs)
- Girls Guides of Canada is also open for registration
- Sparks and Brownies every Monday night
- Pathfinders/Rangers every Tuesday night
- Girlguides.ca to register
 - Christmas craft show. Nov. 18th 9am to 1pm. Tables are \$25. Contact Natasha at 902-293-7427 to book
 - Halloween pre-teen Dance (grade 3 to 6) Oct, 18th from 6:30 to 8. \$3 per person. NO MASKS. NO HATS.
 - Ugly Sweater Pre-Teen Dance (grade 3 to 6) Nov. 27th. 6:30 to *. \$3 per person.
 - Volunteers needed. Contact Natasha for more information. 902-293-7427

Quarter Note Singers (Captain Spry Centre) Events:

- JOIN THE CHOIR! You'll Be Glad You Did! The Quarter Note Singers is a mixed adult community choir that has been making music for over a decade at the Cap't. William Spry Community Centre. Singers of all levels are welcome; there is no audition. Please contact Mary Jo Mackintosh at 902-423-5636 for more info.

Rotary Club of Halifax North West (Smitty's Restaurant at 362 Lacewood Drive in Clayton Park.) Events:

- Retired? Bored? Check out our club! We are known for the Toonies for Change 50/50 draw in Spryfield, which benefits eight charities in the Spryfield area, but we also support other local causes as well as international projects. To meet great community-minded people and to get involved, join us for lunch any Tuesday at 1200 noon. For more information call Roger Chiasson (902-445-5905) or go to www.rotaryclubhalifaxnw.ca

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878
- Spryfield Lions also collect hearing aids, CPAC machines and glasses for refurbishment and distribution.

Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

- Regular meeting will be held at the Spry Centre on October 15th at 7pm. All welcome to attend

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.
- Chase the Ace: Every Wednesday. 4:30 to 6:45. In partnership with Spryfield Legion 152. Open to the public

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

- "I Dream of a Genie" dinner theatre Doors Open 5:30pm- Oct. 19, Oct. 20, Oct. 26 Doors open 3:30pm-Oct. 21, Oct. 27 Tickets-(\$30) call (902) 477-7870 or (902) 479-3963

Park Hill United (5 Kirk Road, Jolli-more) events:

- Indoor Yard sale. Oct. 27th from 9am to noon.

St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent.

Please contact Sarah-Jane at 902 477-4106

St. James United Church (3811 Old Sambro Road) Events:

- Swordfish supper. Oct. 13th from 4pm to 6pm. Adult portion \$13. Child portion \$7. Everyone welcome!

St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- Bingo! October 5th, 19th and 26th. Doors open at 5:30pm. Mini game starts at 6:30pm and regular games begin at 7pm. 50/50 draw, canteen, and more!
- Playgroup every Tuesday morning at 9am.
- Sunday school starts Oct. 14th at 10am
- Fall Fair. October 12th and 13th.
- Halloween Dance, Oct. 27th. 8:30pm to 11:30pm. Prizes and light lunch. Tickets \$5
- New Year's Dance. December 31st. Music by Chain and Anchor Band. Tickets \$15. 9pm to 12:30am. Pot luck light lunch.

St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- For those of you in the Harrietsfield/Williamswood area who fill water jugs at our outside tap, the outdoor tap is now on 24 hours a day for your convenience.

St Peter and St Paul Catholic Church (137 Hebridian Dr.) events:

- Angel Festival. Oct. 20th from 12pm to 3pm at the St. Peter's site (1095 Ketch Harabour Rd). All welcome. Scarecrow angels, games, food and book sale.

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Rev. Pauline Coffin at 902-477-4099 email: sccc@gmail.ca facebook :Spryfield Christian Community
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am
- November 10th, Christmas Market from 9am to 3pm
- November 11th, Remembrance Day Service from 11am to 12pm

Other Events and Notices:

- **Hand in Hand** (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.

- **Girl Guides of Canada Registration** is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.

• Harrietsfield Williamswood Residents:

For those of you in the Harrietsfield/Williamswood area who fill water jugs at the St. Paul's United Church outside tap, The outside tap is now on 24 hours a day for your convenience.

- **3rd Spryfield Cub Pack** (ages 8 to 10) and **Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.

- Join **Chebucto Family Centre** at Freeman's Fairview every Thursday from 6-8 pm for Chase the Ace! The jackpot currently stands at \$970. More details online at www.facebook.com/ChebuctoFamilyCentre

- **Chebucto Family Centre** is seeking board members who are passionate about community and families. More details and posting are available on their website, www.HomeOfTheGuardianAngel.ca/board-of-directors

- **Women for Music Society** meeting, Oct. 4, 1-3pm, with special guest Adrian Hoffman - musician, composer, educator, Symphony NS lecturer - will be our guest. Refreshments, tea, and social. No admission-charge. New members welcome. Maritime Conservatory of Performing Arts, 6199 Chebucto Road, Halifax, B3L 1K7. www.womenformusic.com.

- The future is calling! **The Halifax Community Learning Network** offers FREE tutoring and GED classes for adults at the Captain William Spry Community Centre.

If you wish to learn in a relaxed and friendly setting and work toward the GED high school equivalency test, please call 422-7648 or 490-5715. You can get your GED!

- **Hobsons Lake Trail Hike:** Oct. 13 Hike Nova Scotia and the Chebucto Hiking Club present a guided hike on the Hobsons Lake Trail in Halifax on October 13 at 9:45 am. Qualify to win a trail prize. See www.hikenovascotia.ca for details.

- **Women's Choir Seeking New Members:** Do you like to sing? Looking for an easy going outlet for musical stimulation? Then join theSorella Singers choir! You don't have to read music, but do need to sing in tune. Practice: Tuesday evenings, 7:15-8:45pm, location: Melville Cove area. For more information or to ask about trying us out for a week, call director Shirley at 902-405-8333.

- **Note: Church Service notifications are listed separately on page 5.**

Check our Facebook page for late arriving events and changes or updates to listed events





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Sharon Kenney REALTOR®
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173 Abrams Way

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47 Hartlen Avenue

This large carpet free, pet free, smoke free 4 bedroom semi is a rare find. It is located on a quiet street within walking distance to shopping, parks, public transit, restaurants and The Captain Spry wave pool and library. The main floor has a generous eat in kitchen, a dining room, living room and a half bath. The upper level has a large master bedroom, 3 more good sized bedrooms and a full bath. The basement has a good sized rec-room, laundry area and part of the built in garage has been sectioned off and used alternately as a den and a bedroom. The furnace was replaced in May of 2018, the oil tank is 2 years old and the roof was re-shingled 5 years ago. Call now to arrange a private viewing of this home.



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