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 November 2017

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MacIntosh Run Trail System first part now open



The trails are designed and built for (and by) hikers, bikers, runners and snowshoers

The McIntosh Run Watershed Association (MRWA) has opened the first section of singletrack trails in the McIntosh Run Trail System.

MRWA volunteers cut the ribbon officially opening the first 2 km of trails on Sept. 25th at the Norawarren Drive Park in Herring Cove. The McIntosh Run Trail System, when finished, will be over 25 km of single-track trails for non-motorized recreation on public land between Spryfield and Herring Cove, authorized by the Province and HRM, with funding from private and public sources. The system will connect Spryfield to Herring Cove through a combination of building new trails and adopting and upgrading existing informal trails. The trails are designed and built for (and by) hikers, bikers, runners and snowshoers.

MRWA volunteers are building and maintaining the trails ac-

ording to standards that have been applied successfully worldwide for shared non-motorized single-track trails. "We aim to draw a diversity of people into the wild areas surrounding the McIntosh Run, and to make it fun so that kids of all ages will want to come back again and again," says MRWA president Kaarin Tae.

The McIntosh Run flows from Long Lake, through Spryfield, across the "Backlands" and into the ocean at Herring Cove. The McIntosh Run Watershed Association (MRWA) was founded in 1994 to protect the river and its watershed. "We promote awareness and stewardship of the river and the watershed by facilitating sustainable public access to the wild lands surrounding the river," Tae explained. "This trail network will allow the public to experience and appreciate this beautiful natural landscape first hand."

The trail opening is the result of hard work by many hands. So far, over 90 volunteers have worked on the trail putting in over 2000 hours of labour.

"It's been a lot of fun to build the trails with so many great volunteers. We have some super retirees who

come out every time, and parents sometimes bring their kids, and everyone is excited to build the trails and use the trails" Tae beamed.

The trail network will be the first of its kind in Nova Scotia; a single-track recreational trail for hiking,

(See MacIntosh Run on page 2)

Sammy says

Well, better late than never! Since portions of the Sou'Wester Days festival in August were cancelled due to rain, the Sambro Area Community Association ("SACA") did a reboot on September 30th. This time Mother Nature cooperated weather-wise, and the three scheduled events went ahead.

16 teams participated in the Washer Toss tournament, which nabbed Earl MacLean and Blair Mitchell 1st place, while Sandra and Freddie Salter took home the 2nd place prize. Phil Payne won \$172.50 in the 50/50 draw. Congratulations!

Families had a ball at the Children's Carnival and this year the added Cake Walk activity was a resounding success. Did someone say CAKE?!?! More, please!

Harold Henneberry's boat won the Parade of Lights leading up to the fireworks at Crystal Crescent Beach. Thanks for decorating your boat! It looked great from the shoreline. The



night was clear and crisp, and the fireworks were amazing as always.

Save the date of Saturday, December 9th when, at 10 a.m., SACA will be hosting a family Christmas event at St. James United Church in Sambro. Details are still being worked out, so watch this space! Rumours of a special guest in a red suit with a penchant for cookies are running rampant.

SACA will be selling tickets for \$2 each or 3 for \$5 for a Christmas draw. First prize will be lobster donated by Victor Gray, with second prize of a

(See Sammy on page 2)



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MacIntosh Run



The ribbon cutting ceremony took place on September 25 for the first 2 kms completed

(continued from page 1)

running, biking, and snowshoeing on provincial and HRM lands with formal permission granted by both landowners.

To learn more about the project visit the McIntosh Run Watershed Association's website:

(www.mcintoshrun.ca) or Facebook page (www.facebook.com/mcintoshrunwatershedassociation)

Sammy

(continued from page 1)

polar fleece blanket. The draw will be Wednesday, December 20, 2017 at Mishoo's store in Sambro. Tickets are available at Mishoo's or through SACA members.

All funds raised are helping Sambro realize its dream of having its own community centre, which will mean more events on a regular basis which are less weather dependent.

Sammy Sambro is SACA's mischievous mascot. You can follow this cheeky chimp on Twitter and Facebook.

Do you have something to say?

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Daniel Slade, Spryfield's friendliest citizen



Have you ever noticed this young man walking along Pinegrove Drive? Maybe he has waved to you or even held the door open for you as you entered the sub shop? If you have, you have probably smiled and waved back and wondered, briefly, who he was.

Wonder no more.

Meet Daniel Slade. Slade is 26 years old and is a life-long resident of Spryfield. He grew up in the Greystone area, going to Rockingstone Heights and then J.L. Ilsley High School.

When he was young, Slade was very quiet and shy. However, his time at J.L. proved to be a turning point for him as his teachers and other staff continued to encourage him to be the best he could be.

From the age of two, Slade has loved trains, Thomas the Tank Engine in particular. His thirst for train knowledge was rewarded when he became an Honourary Ambassador for Thomas the Tank Engine; an honour of which he is very proud. His love of the show presents itself in his art. Slade's drawings of Thomas and the railroad are very detailed, showcasing his deep knowledge of the show.

When Slade was 10, he was diagnosed with a kidney disorder which has required him to take steroids. To keep the weight gain that is associated with steroid use under control, he joined Slim Gyms. For the past 5 years, he has been made to feel at home by the staff and fellow members of this gym.

If you were at the Santa Claus Parade in Spryfield last year, you may remember seeing Slade riding on Councillor Steve Adams' float. "That," says Slade "was one of the biggest things to happen in my life, ever."

So the next time you see Daniel Slade waving to you on Pinegrove Drive, wave back or give a quick toot on the horn. Let him know you are saying hi too. And if you are lucky enough to be at the sub shop when he is there, say hi to him for me.

Daniel Slade, proud Ambassador for Thomas the Tank Engine.

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DISCOVERING OUR PAST

The Roche family, with its roots in Ireland, settled in Spryfield in 1847

by Iris Shea

Edward Roche worked hard to create a productive farm out of his 300 acres of land on the east side of the Herring Cove Road. He was born not far from Mallow, County Cork, Ireland, in 1806. Edward and his sister, Margaret, set sail from Ireland for Quebec on May 21, 1841, a voyage which took eight weeks. Ten days later they boarded a schooner for Halifax where their two brothers, David and Thomas, had previously settled. A diary written by Edward Roche's eldest son, Thomas, provides a history of the Roche family in Ireland and in Spryfield. The diary is now in possession of a Roche descendant.

Over a period of six years (1841 to 1847) Edward Roche worked as a coachman for several prominent Halifax businessmen, namely Provincial Treasurer Charles Wallace, Church of England Archdeacon John Robert Willis, land surveyor John Wallace and Halifax/Dartmouth merchant William Lawson. Edward purchased his land in Spryfield from William Gardiner in about 1845 but did not live on his land until after his marriage in 1847. His wife, Elizabeth Connors, was a native of Ventry Bay, County Kerry, Ireland, according to her son's diary.

In his diary Thomas Roche described his father's Spryfield land as the "forest primeval". To build his house his father cleared the trees and stones from it and dug many drains for drying the land. "He made a fair living by hard labor on the land and by repairing roads with money granted by the government of the Province of Nova Scotia".

Edward Roche died in Spryfield on February 3, 1897 at the age of 91 years. His wife, Elizabeth, was listed in the 1901 Ferguson's Cove census, Spryfield District, as a widow, living with her son Richard and his family. She died November 10, 1906 at the age of 91 years. Both Edward and Elizabeth were buried in Holy Cross Cemetery, Halifax, NS.

Five children were born in Spryfield to Edward and Ellen Roche. Their eldest son, Thomas, was born 25 July 1848. In addition to writing an account of his family's history, Thomas kept a ledger of his activities, including purchases and expenditures. An entry in



Roche Farmhouse, Herring Cove Road, 1890s. Edward Roche (1806-1897) is seen, seated in front of his house. Courtesy Mainland South Heritage Society and Roche family.

his ledger for November 1896 shows that Thomas took a trip to Boston, New York and Providence, Rhode Island. In preparation for the trip he had a suit "made to order" for which he paid \$16. He spent \$65 "visiting the States". In New York he saw the Brooklyn Bridge, took a "horse car" to General Grant's Tomb, and visited F. Scallion. His trip started on November 17th and he arrived home on November 29th. For many years Thomas Roche served as Overseer of Roads for Spryfield. He never married and died September 23, 1940 on the family farm in Spryfield, aged 92 years. He was buried in the old Roman Catholic Cemetery in Herring Cove.

The second child of Edward and Elizabeth, Edward, Jr., was born July 17, 1851 and died January 16, 1871, aged 19 years. David Roche, the third child, was born April 23, 1853. All three of these boys attended school in Spryfield and were taught by Spryfield's first school teacher, Elizabeth Sutherland. David moved to Halifax as a young man where he became a master painter and well-known stained glass artist. He owned and operated a popular stained glass and painting business. He married Annie Walsh of Dartmouth in September 1879 and had four sons and three daughters. David died September 14, 1908 at the age of 55 years. His wife

Annie died September 11, 1928 at the age of 73 years. Both are buried in Mt. Olivet Cemetery. Their daughter, Louisa Cecelia, was Sister Mary Casinier of the Sisters of Charity at Mount St. Vincent and resided in Wellesley Hills, MA, in 1929.

Bridget, the fourth child of Edward and Elizabeth Roche, was born August 31, 1856 and married Edward Hartnett on July 12, 1882. She died March 4, 1894 and was buried in the family plot in Holy Cross Cemetery.

Richard Roche, the youngest son of Edward and Elizabeth, was born

November 23, 1857. He married February 6, 1899, Theresa Cecelia Doyle, daughter of John and Sarah (Brunt) Doyle of Harrietsfield. According to the diary of Thomas Roche, his brother, Richard, died Dec 19, 1913 at the Halifax Infirmary and was buried from 87 Dresden Row on Sunday Dec 21, 1913 in the family plot in Holy Cross Cemetery. Richard's widow, Theresa, died November 8, 1952 in Spryfield and was buried in Holy Cross Cemetery. Their sons, Edward and Frank (Francis Richard) Roche, continued to run the family farm in Spryfield. Edward was a carpenter and, like his Uncle Thomas, he was active in his community, serving as Overseer of Roads and representing Spryfield on the Board of Health. He died January 3, 1950 at the age of 42 years and was buried in Herring Cove. Frank, during the 1920s and 1930s, operated Roche's Dairy from the farm in Spryfield. He served as County Councillor for Spryfield and died 16 Jan. 1965, aged 54 years. He was buried in Gate of Heaven cemetery.

Three generations of the Roche family contributed to Spryfield's economy. Roche's Pond, which bordered the family farm, bears this family's name. Recently, a playground and park opened on the Herring Cove Road and, although the sign says "Roach's Pond Park Playground", it is named for the Roche family who farmed the land in this area of the Herring Cove Road for 100 years.

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Letters to the Editor

Dear Editor:

I read with great interest your piece on the JL Ilsley Judges football team 10th anniversary. Taking nothing away from the Coaches, Mothers and players for their accomplishments, they were not the first football team at JL.

In 1986 Constable Jeff Foran, Principal Puma, and myself Constable Jim Hoskins, were able to field the very first High School Football team at JL Ilsley High School and we competed in the High School league.

That team was the forerunner for teams to follow, which they did.

It would be a shame not to recognize the young men who played their hearts out for their school and also went on to successful life achievements.

They have the unique memory

and title of playing on the very first team

Jim Hoskins

Dear Editor:

I read with interest the article in the October 2017 Chebucto News, Discovering Our Past, which discussed honouring 24 local veterans from the area with banners displayed on Herring Cove Road. One of the veterans mentioned is my uncle, Robert Lawrence Yeadon who was killed on April 29, 1944 when his ship, the Athabaskan, was torpedoed in the English Channel near France. As mentioned in the article, he is buried on Ile d’Batz, France. In August of this year, my sister and I went to France and visited Robert’s grave. It was a moving experience and we were pleased that he is buried in such a beautiful place. His grave,

along with those of the other two Athabaskan crew members buried there, is immaculately kept thanks to the kindness of the local people. Ile d’Batz is a short ferry ride from the mainland village of Roscoff which we reached by train from Paris. Roscoff can also be accessed by ferry from Plymouth, England.

Our father who was only 15 when Robert was killed, talked often

of his brother who gave his young life in the war effort. The effect on the family cannot be understated, from Robert’s parents and grandparents, siblings and community all felt the pain of a young life lost. I look forward to seeing the banners which will be displayed thanks to the efforts of the Mainland South Heritage Society.

Cynthia (Yeadon) Tompkins

There’s no free lunch... except at St. Paul’s United Church

by Carolyn Mont

Over the past few years, I have written about what goes on at St. Paul’s United Church in Spryfield. This is a very busy church, with a variety of ongoing activities. Some of these are Soup’s On- a free lunch for all comers every Tuesday at noon, and Food Bank every Wednesday—clients must pre-register. We continue to provide free water for the people of Harrietsfield who have been having long standing concerns with water quality. At Christmas, we provide Christmas hampers to over 200 families.

As a community of faith, we gather every Sunday morning at 11:00 for our regular Service of Worship. Sunday School meets at the same time, with the children leaving the service part way to meet with the Sunday School teachers. As well, our minister, Rev. Anne Horganson and several of our members lead bi-monthly worship services in local nursing homes.

There is also a wide variety of music opportunities available to anyone who wishes to take part. In addition to our regular choir and bell choir, we have added the Worship Band to our music team in recent years. At various times through the year, these groups contribute to the music for Sunday Worship. This fall we have added a Community Drum Circle, which is not a performance group, but a time to share rhythm and connect on a deeper level. We also seek to learn and grow in faith through a variety of small group study sessions offered periodically throughout the year. These sessions may focus on spiritual practice, social justice issues, biblical stories, interfaith relationships and other themes.

All of these opportunities are open to the community, not just church members. There is no obligation to “join” in order to take part in any of our activities. They are free to anyone who wishes to take part.

Certainly, there are costs associated with all of the programs men-

tioned, whether it is staff salaries, building maintenance, heating costs, snow removal, food, piano tuning... The list goes on. This brings us to another area of fellowship and that is fundraising.

In order to continue offering all of these opportunities, members of the congregation must do a lot of fundraising. This is certainly a fellowship opportunity and the workers enjoy what they are doing. It does, however, have another very important purpose and that is to raise money to keep the church going and to allow us to continue the good work that goes on there. This is one way the community can help us, by supporting our fundraising activities.

We also welcome donations to our food bank. Food comes in from Feed Nova Scotia but often has to be supplemented by donations of food or money.

Christmas Wreaths: These are 14 inch balsam wreaths with a bow. The cost is \$20.00 and orders must be in to Valerie Keddy (902-477-9834 by November 5.

United Church Women at Scotia Square: The members of the UCW will be hosting their annual Christmas Craft Sale at Scotia Square on Thursday, November 16. The ladies have been working on their crafts for the past year and their freshly baked goods are second to none.

East Coast Carollers: Enjoy a wonderful evening of Christmas music on December 7 at 7:00pm. Tickets will be \$10.00.

Paint Nite: This is a repeat of a very successful evening last year. You don’t have to have ever touched a paint brush in order to have a wonderful time. The cost is \$40.00 and it will be held on Nov.10 at 7:00pm. The painting will be a Christmas theme.

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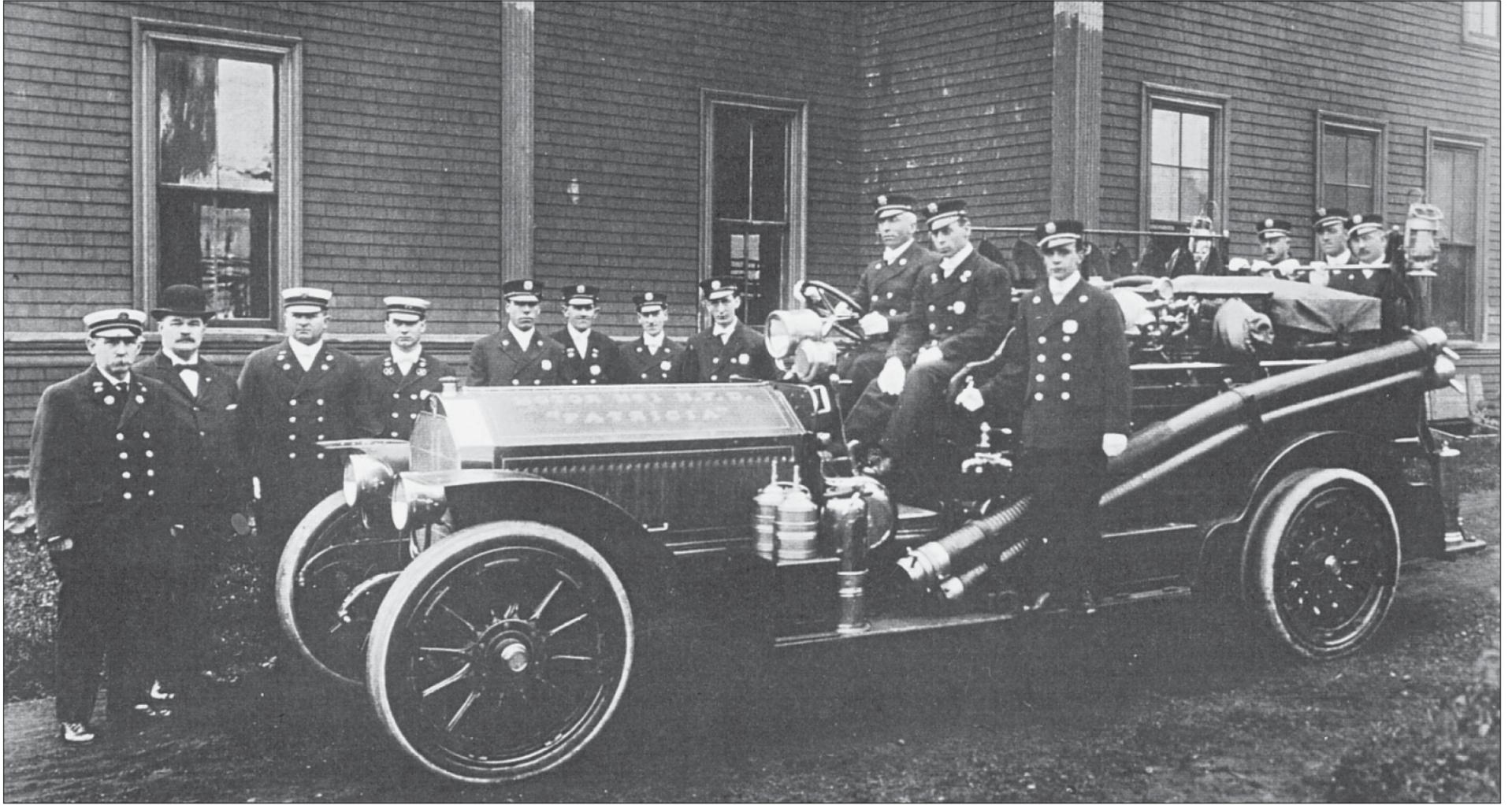
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by Don Snider, Retired Captain
Halifax and Halifax Regional Fire

In 1917, Halifax Fire had a complement of 122 personnel; 36 permanent and 86 part-time. They had only two engine-powered vehicles: a motorized pumper, a 1913 American La-France named 'Patricia', and a 1911 McLaughlin two-seater roadster (Fire Chief's car). All other steamers, hose wagons, and utilities were horse drawn.

On the morning of December 6th 1917, fire crews at eight Fire Stations around the city were checking equipment and carrying out their normal duties. A telephone call came through from Pier 6 area (Irving Shipbuilding location) that a fire was burning on the Pier. That call was made at approximately 8:50 am. Halifax fire fighters were accustomed to being called to douse fires at the pier as the coals from ships were dumped on the wharves and often ignited the wood decks. The pumper, Patricia, manned by Captain William Broderick, Captain Maltus, fire fighters Walter Hennessey, Frank Killeen, Frank Leahy and driver fire fighter William Wells headed for Pier 6.

(Captain Maltus filled in for a fire fighter who was not feeling well and remained at the Station) Chief Condon and Deputy Chief Brunt responded in the Chief's car.

Alarm box 83 was pulled from Campbell Road (now Barrington St) which activated additional fire fighters. From Station 4, Isleville Street, fire fighter John Duggan responded with the horse-drawn hose wagon, fire fighter John Spruin from the Brunswick St. Station No 3 responded as well with a horse-drawn wagon.

On arrival crews began to hook up hose lines to a hydrant – when suddenly the entire area exploded into "Ground Zero". The two vehicles and hose wagons were tossed around like toys, instantly causing seven deaths.

The Role of Halifax Fire Department and the Halifax Explosion



Fire fighter Leahy died several weeks later and fire fighter Spruin was killed while responding from Brunswick Street. (He was struck with flying metal from the explosion). In total nine fire fighters died, which made this the largest number of fire fighters killed in one incident in Canada.

Fire fighter Billy Wells, the lone survivor at the site, was found with half the steering wheel in his hand. He was dazed, his clothes were torn off, he was suffering from major injuries, but still, he checking to see if his fellow fire fighters were alive. Fire fighter Duggan and the horse were never found but the horse collar was found near the Halifax Forum on Almon Street.

This year being the 100th anniversary of the Explosion, the annual commemoration service will be much larger. The Service is held at Fire Station No 4, Lady Hammond Road, Halifax at approximately 11:00 am. In 1992 we erected a monument honouring the nine members killed.

The City Service is held at 9:06 on Fort Needham and we have always held our Service later so it would not interfere with theirs. Many from that service attend our Service as well. (They come down from the cold hill and warm up in the Fire Station with us.)

All are welcome

The City of Boston Fire Department has been sent a special invitation to attend this year's memorial, as it is the 100th anniversary of the Explosion. Boston, for those who may be unaware, was one of the first sources of major help to Halifax on that fateful day.

The Fallen Firefighter Monument in Ottawa this year in September was hosted by the Halifax Regional Fire & Emergency Department. Members of the Department Honour Guard, Pipe and Drum Band, and Senior Officers are attended.

ATTENTION Professional Development



FREE Courses Offered

SOCIAL MEDIA II – DIGITAL MARKETING

Instructor: Zoran Jokic. Every Tuesday morning from 9 am – 12 noon for 12 consecutive weeks starting Tuesday, November 21st, 2017.

Location: Captain William Spry Community Centre
Course content will include, but is not limited to:

- Facebook Advertising
- Social Media Contests, rules and best practices
- Scheduling programs for saving time on social media
- Strategy building
- Hashtag Strategies
- Do-it-yourself graphic design for social media and much more.

INTRODUCTION TO SMALL BUSINESS FINANCIAL MANAGEMENT

Instructor: Victoria Shaw, Every Wednesday morning, 9 am – 12 noon for 12 consecutive weeks starting Wednesday, November 22nd, 2017.

Location: Captain William Spry Community Centre
Course content will include, but is not limited to:

- Budgeting and Cash Flow
- Understanding Financial Statements
- Performing Basic Financial Calculations
- Managing Accounts Payables/Receivables
- Current Best Practices and Much More!



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NEWS & VIEWS

from the desk of Bruce Holland

Rural Bus Service Moving Forward!

Another step toward to having a new Rural Flexible Bus Service for the Ketch Harbour Sambro Spryfield Loop was a big success! Stakeholders came together in October to give their input into what the Bus Service should look like. Now it is your turn to have your say! Please join us on Monday, November 20th, 2017 from 7:00 pm – 8:30 pm at the Captain William Spry Community Centre to express your opinions on what the new Bus Service should look like.

Morning Mixer

This month's morning mixer will be graciously hosted by Wyatt Redmond at Beaver Enviro Depot, 251 Herring Cove Road on Thursday, November 9th, 2017 from 8 am – 9 am. In addition to hosting our networking event, Wyatt will be hosting events throughout the day to celebrate his second year at his new location and to celebrate his 38th anniversary of being in business. Please come out and help us to celebrate these significant achievements!

44th Annual Spryfield Santa Claus Parade

Santa Claus is coming to town! This year's Spryfield Santa Claus Parade will be held on Sunday, November 26th starting at 2 p.m. Applications went out to all past participants in October. If you haven't received one but would like to participate, please e-mail me and I'll send you one.

Spryfield Community Association Invite Ideas

On December 6, 1917, a devastating explosion tore through the heart of the city and led to an historic outpouring of compassion and community-building. A century and a day later, Wake Up Halifax is an opportunity for all of us to come together once again. The Spryfield Community Association is seeking ideas from the general public with regards to hosting an event in our community to remember this historic day. Please let us know by return e-mail if your community organization has an idea for a volunteer project in our community. For more information visit the following link: <https://www.unitedway-halifax.ca/campaign/wake-up-halifax-a-day-of-action.html>

Wake Up Halifax is a special city-wide day of action that will see at least 100 volunteer projects happening across the Halifax Regional Municipality in one day, proving once again that Nova Scotians are people who show up for each other. Together, let's make December 7, 2017 a day to remember!

Newsletter

The Spryfield Business Commission is committed to keeping our members and the community informed of our activities and events. In addition to this regular Chebucto News column we invite you to join our regular monthly Mailchimp E-mail Newsletter. Please let me know if you would like to join the newsletter distribution list. You can reach me at sdbc@eastlink.ca or by phone at 902-452-7472.

Spryfield Santa Claus Parade



**Sunday,
November 26th, 2017
starting at 2pm**
*Travelling along Herring Cove Rd,
from Punch Bowl Drive to the
Spryfield Mall on Dentith Rd.*

2017 Spryfield Santa Claus Parade Sponsors

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LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Katherine C. Higgins

Age 79 of Harrietsfield, passed from this world into Glory on Monday, September 18, 2017. Born in Halifax, she was a daughter of the late W. Gerald and Clara (Moreau) Brown. Katherine was an avid and skilled wood carver and folk artist. She enjoyed gardening, collecting antiques and dabbled in poetry.

She is survived by her husband of 57 years, Terry; daughter, Corinne Higgins-Snair (Philip), Halifax; sons, Blair (Linda) Harrietsfield, and Scott (Elisa), Upper La Have; grandchildren, Ray Higgins and Olivia Snair; brothers, Gerald, Gary, Rodney and Kevin; sisters, Doreen and Donna; several nieces and nephews. She was predeceased by sisters, Helen (in infancy), Maureen and Clara; brothers, Ronald, Daniel, Donald and Michael.

In lieu of flowers, donations can be made to the kids help phone, or children's charity of choice.

Michael Bernard Slaunwhite

71, Spryfield, passed away on October 5, 2017 at the QEII Halifax Infirmery. He was born on September 11, 1946 to the late Robert and Evelyn (Ryan) Slaunwhite of Terrence Bay. Sam was known for his love of music. He will be missed by all who knew and loved him. He is survived by his wife,

Helen Asprey; children, Lois (Jamie) Pelrine, Laurie (Jerome) Walsh, Linda (Larry) Chaulk, Todd (Tanya) Slaunwhite, and Michael Slaunwhite; stepchildren, Joy (Wilfred) Gerrior, Kathy (Ross) David, Darlene (Dave) Hounsell, Tari (Jeff), and Joseph Gabriel; sisters, Kathleen (Allan), Peggy (Richard), Hilda (Roy), Gloria, Paulette (Wayne); favorite nephew, Paul Keefe; many grandchildren, step-grandchildren, nieces and nephews. He was predeceased by stepdaughter,

Debbi Wells; brother, Robert; sisters, Angel and Debra Anne. Special thank you to Paula MacKay for all her help in this trying time. Donations in Sam's memory can be made to The Heart and Stroke Foundation.

Donna Marie Baker (LeBlanc)

Age 78, Spryfield, passed away with her husband by her side on October 8, 2017 at the Halifax Infirmery, QEII. Born in Port Maitland, she was a daughter of the late Vincent and Marion (Goudy) LeBlanc.

Donna enjoyed spending time with her family whom she loved dearly and enjoyed baking and sharing the goods with family and friends. Donna

touched countless lives, leaving behind many family members and close friends that loved her completely. She is survived by her husband, Frank; her children Carole, Dawn (Greg), David, Timmy (Dawn), Joan (David); 16 grandchildren; 23 great grandchildren and one on the way; 3 great great grandchildren; siblings, Sally (Fred), Beryl (Linda), Carol, Harriet (Malcolm), Freddie (Joan) and numerous nieces and nephews whom she loved like her own children. She was predeceased by sister, Gertrude; son-in-law Andrew and four nephews.

Donations in memory may be made to the Heart and Stroke Foundation of Nova Scotia.

COMMUNITY EVENTS

(continued from page 14)

- Church services Sunday 11-12 am
- Bible Studies Sunday 6pm -8pm.
- Oromo Gospel Church: Sunday worship service: 3 pm Tuesday prayer: 10 am.
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am
- Nov. 4th. Craft show. 9am to 2pm.
- Nov. 5th. Remembrance Day Service 11am to 12pm.

Other Events and Notices:

• **Hand in Hand** (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.

• **Girl Guides of Canada** Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.

• **Harrietsfield Williamswood Residents:** For those of you in the Harrietsfield/Williamswood area who fill water jugs at the St. Paul's United Church outside tap, please note the following change: Now that the weather is getting colder, we have to turn off the outside tap. Water is now available inside from Tuesday through Friday between 9am and 3pm. Please email weneedsafe-water@gmail.com with questions or to arrange an alternate pick up time.

• **3rd Spryfield Cub Pack** (ages 8 to 10) **and Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.

• Every Tuesday, St. Paul's Resource Centre offers their **Soup's On Program** from 12pm to 1:30pm. This is a great opportunity to socialize with new friends, catch up with old friends, and just get out of the house for a little while. All are welcome to partake in this free lunch program.

• The **55+ seniors group** have a monthly drop in at the ACICC at 341 Herring Cove Rd. We meet the third Wednesday of every month. Contact for the group is: erinxcdesmond@gmail.com or 902-452-0876

• **Women's Choir Seeking New Members.** Do you like to sing? Looking for

an easy going outlet for musical stimulation? Then join the Sorella Singers choir! You don't have to read music, but do need to sing in tune. Soprano and alto voices welcome. Practice: Tuesday evenings, 7:15-8:45pm, location: Melville Cove area. For more information or to ask about trying us out for a week, call director Shirley at 902-405-8333.

• Each November, the Cunard Junior High PTA hosts a **Christmas Craft Fair** to raise funds for much-needed educational support materials. This year, the 30th Annual Craft Fair will be held on Saturday, November 25, 2017 from 9 AM to 1:30 PM, and we welcome you to take part again, or perhaps for the first time. • Craft Fair location: Cunard Junior High School, 121 Williams Lake Road, Halifax. • Crafter setup: Friday, November 24, 2016, 6 PM - 8 PM. • Craft Fair hours: Saturday, November 25, 2016, 9 AM - 1:30 PM. Should you have any questions/inquiries, please email Table Rental Coordinator; Brenda Rooney bdrooney@icloud.com

• Sambro Ketch Harbour Elementary School PTA will be hosting their **First Annual Christmas Coffee House and Craft Sale**. November 4th. 12pm to 3pm. \$7 per adult, \$4 for children 5 to 12, children under 5 free. Should you only want access to the crafts, admission is only \$2. If you are a crafter, we are accepting bookings for craft tables. Please contact the school @ 902-868-2717 or Angie Flemming – angflemming@eastlink.ca

• **Hike Nova Scotia and Trips By Transit** present a guided hike in Herring Cove Provincial Park, Herring Cove on November 11 at 12 pm. Meet at the Halifax Common. Qualify to win a trail prize. See www.hikenovascotia.ca for details.

• Free Learn to **Nordic Pole Walk Clinic**. Monday, November 6th, 10 am –11:30 am at the Chebucto/Spryfield Community Wellness Centre, 16 Dentith Road, Halifax

To register email Bill@NordicWalkingNovaScotia.ca or phone 902 454 2267 and leave your name, phone number and # of persons attending with you. You will only receive a return phone call if the class is filled. Dress appropriately for the weather, with proper shoes. - Thursday, November 2, 2017 1-3 pm **Women for Music Society** meeting with guest artist Nina Scott-Stoddart, mezzo-soprano and director of the Summer Opera Festival. Refreshments, tea, coffee

and social. No charge. New members welcome. Maritime Conservatory of Performing Arts, 6199 Chebucto Road, Halifax. www.womenformusic.com

• **Christmas Art Show and Sale At the Blooming Cafe** to promote local artist Sat. Nov.25 at 6 mp and Sun.Nov.26 at 2:30 pm

• **Paint Party Night** Sunday, Nov.19 @ 3:00 pm Blooming Cafe 355 Herring Cove Road. Fee includes a meal and dessert. One Complimentary glass of wine. Space is limited so book early Register by calling 902-407-8835

Check our Facebook page for late arriving events and changes or updates to listed events



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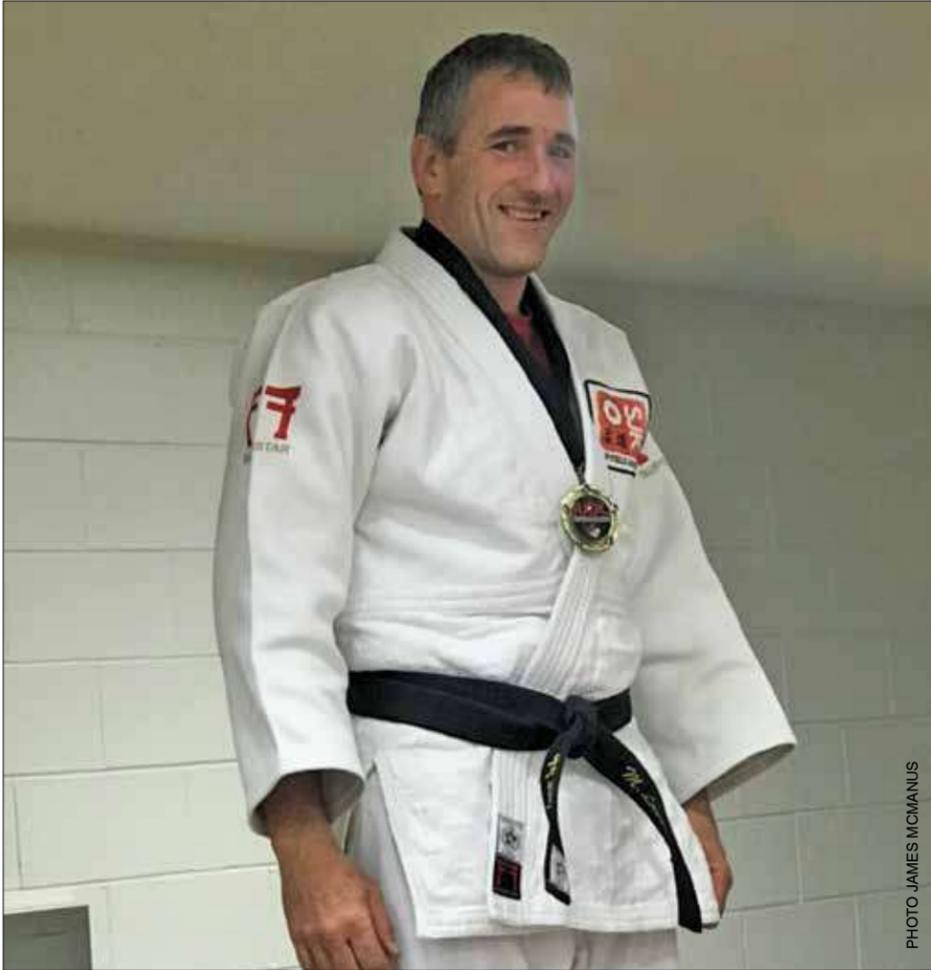


PHOTO JAMES MCMANUS

by Benny DeVine

Mike Lavoie is the Sensei at the Spryfield Judo Kai. Lavoie competed at the Eastern Canadian Judo Championships in Edmunston, New Brunswick on October 7th.

It was in the 45 - 49 years old - 90kg division where Mike won the Gold Medal.

"This was the first tournament of the season and it is my intention

to compete alongside of my team at Spryfield Judo Kai throughout the season in an attempt to bring out more of our "older" fighters in the Masters and Veterans age groups".

Mike currently teaches Judo to over 50 people on Tuesday and Thursday evening in Spryfield at St Paul's Church. For more information check out the Spryfield Judo Kai Facebook page.

Emmanuel Anglican has a new Minister

Emmanuel Anglican Church is celebrating because they now have a new minister. Rev. Michelle Bull was appointed as the permanent minister of Emmanuel in mid-August and the church had an official welcome, a Celebration of New Ministry service, on October 4. The church welcomed Anglicans from all over HRM and other Christians from Spryfield, including Rev. Anne Hoganson of St. Paul's United and Rev. Pauline Coffin from Spryfield Christian Community Church, to share in the celebration.

The October 4 service included an official installation of Rev. Michelle as the Rector of the Church. But the new rector explained that this service is not all about her. "I had a ministry before I came here," she said, "and so did Emmanuel Church, which was founded in 1853. What is new is that we are now going to be working together, pooling our resources and talents to carry out what God is calling us to do in Spryfield." To represent this, everyone in the church was invited to bring up symbols of their different ministries and Rev. Michelle did the same.

As the new minister, she brought the Bible to symbolize her preaching and teaching work, communion ves-

sels to symbolize celebrating communion, a compass for leadership and a silly hat to show her intention to have fun with the community. Allen Johnson, chair of the Property Committee, brought a plunger with red and green duct tape. The Women's groups brought a tea cup and knitted finger puppets for the IWK, banners that they make for newly baptised children, and a knitted prayer shawl. A basket of food symbolized the work of the Emmanuel Food Bank and a

highly flowered hat represented the Spring Tea. Rev. Michelle's husband, Rev. Charles Bull, brought a teddy bear to indicate his support.

The evening was capped off with a reception showcasing the baking talents of many people.

Rev. Michelle was ordained last year and served last fall and winter at St. Peter's, Eastern Passage, as an assistant pastor. Prior to that she worked as a volunteer in her church and community; mostly doing youth

work and work with other churches. She is really looking forward to getting to know Emmanuel Church and the Community of Spryfield.

Everyone is welcome to Sunday services. There is a traditional communion service at 8:00 a.m. and a contemporary communion service with music and Sunday School at 10:00 a.m., followed by a fellowship time. The church is located at 322 Herring Cove Rd.

Farmers Market wraps for the second year

After 14 markets in 2017, our local farmers market has closed for the winter, reopening in May 2018. The farmers, bakers, brewers, tea purveyors, crafters and providers of ethnic foods and spices would like to thank all of the patrons and volunteers who made it possible. We welcomed many visitors, and developed a loyal following who stopped by often just to say hi, meet for coffee or listen to music.

All of our farmers travel in to Spryfield from Hants, Kings, and Lunenburg counties, starting out as early as 4:00am packing vehicles. Our ethnic foods and crafts are generally prepared and created within Halifax county and even within

our Spryfield and surrounding communities.

In particular we would like to thank our musicians who faithfully gave of their time simply to play. Thanks also, to the Lion's Club members who staffed a community table and organized the facility to receive vendors and visitors.

We would like to acknowledge Brendan Maguire, MLA for Halifax Atlantic, and Steve Adams, District 11 Councilor, for their time and support when called upon. Thank you too for the many mentions on social media and through your respective newsletters.

Thank you too, dear followers, for liking, sharing and retweeting us

through various channels. The Facebook page in particular has developed into its own community and we love to read your questions and comments. If we didn't see you this year, perhaps you would consider adding us to your Sunday schedule next spring.

We are grateful to the Spryfield Business Commission and City Church for allowing us to place Herring Cove Road signage on their respective properties. As always, Dan Doherty of The Chebucto News, provided us with column space and affordable advertising monthly. We offer all our sincerest thanks and look forward to reopening mid-May 2018.



Attack Schedule for 2017-18

These are all home games and start at 8:00 pm.

Nov. 11 vs. Cumberland/Colchester Colts

Nov. 18 vs East Hants Ryson Construction Penguins

Dec. 2 vs Avon River Rats

January 6 vs. Cumberland/Colchester Colts

January 13 vs. Cumberland Colchester Colts

January 20 vs Avon River Rats

January 27 vs. Eastern Shore Thunder

February 3 vs. Avon River Rats

There are a few games remaining to be scheduled. Fans can go to spryfieldattack.com for schedule updates and game hi-lites or our league web page nsrjhl.com

Come Out and Support Your Local Junior Hockey Team

Small business federal tax rate to lower 1.5%

by Andy Fillmore, MP for Halifax

Here are four updates from your federal representative in Ottawa.

1. Reducing the small business tax rate

In October, our government announced that it will reduce the small business tax rate from 10.5% to 9%. We had previously lowered it from 11% to 10.5% in Budget 2016. This tax cut will mean small businesses will save up to \$7500 a year on their taxes.

Small businesses are a key driver of Canada's economy. That's why our government is committed to comprehensive and effective support to help small businesses grow, invest, and create good, well-paying jobs for the middle class.

2. HMCS Kootenay and the Bonaventure Memorial

In Nova Scotia and in the City of Halifax, October 23rd is HMCS Kootenay Day.

The HMCS Kootenay was a Restigouche-class destroyer in the Royal Canadian Navy. Forty-eight years ago in 1969, the Kootenay was passing through the English Channel, headed home to Canada after exercises in the United Kingdom.

At 8:10am that morning, the Kootenay was ordered to perform a routine full-power trial. Sadly, the trial ended in tragedy. At 8:21am, a mechanical failure caused an explosion in the engine's starboard gearbox. The resulting fire and smoke claimed the lives of nine crew and seriously injured another 53.

The tragic incident remains the worst peacetime accident in the history of the Royal Canadian Navy.

In October, I paid tribute to those who died, and the loved ones left behind, in an address to the House of Commons, where I encouraged my colleagues to never forget that we enjoy all the privileges of being Canadians because of the courage and sacrifice of men and women like the crewmembers of HMCS Kootenay.

The 9 members of the HMCS Kootenay who died on that tragic day are commemorated on the Bonaventure Monument, which is located in Point Pleasant Park and includes the anchor of the HMCS Bonaventure, Canada's last aircraft carrier. It is dedicated to all those who died while serving in the Canadian Navy during peacetime.

Since meeting with a group of concerned citizens, I've made the preservation of this important Halifax monument one of my priorities as MP.

3. Investing in Canada's Creative Economy

In September, our government released its new strategy for a "Creative Canada." Through this strategy, we will enact policies that help our creators and cultural entrepreneurs

address the challenges of today's digital reality to ensure that Canada's voices are heard loud and strong on the world stage.

This is the first ever federal strategy to grow our creative economy both at home and abroad, building on our government's historic ongoing investment of \$1.9 billion dollars in the creative sector – the largest investment of any G7 nation.

Creative Canada has three pillars: (1) Our government will invest in our creators & cultural entrepreneurs; (2) We will promote discovery and distribution of content globally and; (3) We will work to revitalize public broadcasting and support local news.

We've also signed an historic

agreement with Netflix: the online streaming service will be establishing a new production company here in Canada and will invest at least half a billion dollars in Netflix original productions made here in Canada in both official languages.

And no – there will be not be any new Netflix tax.

4. Introducing Canada's new Chief Science Advisor

Prime Minister Trudeau has named as Canada's new Chief Science Advisor, Dr. Mona Nemer. She is a prominent Canadian health researcher who was a leading academic executive at the University of Ottawa.

Dr. Nemer will provide impartial scientific advice to the Prime Min-

ister and the Minister of Science, so that our government can make the best informed decisions about our health and environment, our climate, economy and communities. Canada hasn't had a Chief Science Advisor since 2008 when the position was cut by PM Stephen Harper.

That's all for this month. Share your views on this or anything else at any time - call my office at 902 426 8691 or email me to set up a meeting at andy.fillmore@parl.gc.ca. Or, just stop by my office at Rm 808, 1888 Brunswick Street, Halifax.

Until next time,
Andy Fillmore
Member of Parliament for
Halifax

First responders now have job-related PTSD recognized

by Brendan Maguire, MLA for Halifax Atlantic

Temporary Move

The most common question I have received this month has been, "What is happening to your office?"

As most of you may know, the building at 349 Herring Cove Road has been under construction for some time now. This month we temporarily moved out of the building. Renovations to our office made it difficult to continue to provide the one-on-one services the community has gotten used to. For now we will be working out of the Capt William Spry Centre, Tuesdays and Thursdays. We will still be available, Monday to Friday via phone at 902-444-0147 and of course via email and social media. We should be moving back in January and I thank you all for your patience during this time.

Halloween Party

Sunday October 22nd, the Captain William Spry Centre was overrun by ghouls, ghosts, power rangers, Darth Vaders, princesses, zombies, and more as we held our annual Halloween Party. I want to thank all of the volunteers who came out to help. I would truly not be able to have these types of community events without your energy and effort! Thank you to all the families and kids (over 200) who showed up on a sunny Sunday afternoon to play and have fun. As I stood there with my own family, listening to the laughter, watching the kids play and the community coming together, it dawned on me as it often does during these events, this is what makes this job so special: the people!

JL Ilsley Football Fundraiser

I want to take a moment to recognize Coach Hart, Marsha Toulany Saoud, the student athletes, Heather and Kevin Leblanc, and all of the volunteers for once again organizing a very successful Football fundraiser. Bubba Rays was filled with purple and pride as item after item was auctioned off in support of our students. It is always a great event and the wings are fantastic! GO JUDGES!

Bill #7 PTSD Bill

This month saw the passing of Bill 7, the PTSD bill. This bill means that our first responders will no longer have to prove their PTSD is due to their job, it will now be presumed. The bill includes correctional officers, fight fighters, nurses, continuing care workers, 911 operators, paramedics, police officers, and front line workers. The bill also gives government the ability to add more occupations to this list in the future through speedy regulation. I personally want to give a shout out and a big thank you to all of our front line workers and first responders. The hard work, dedication, and courage you show is second

to none.

Bill #8 Pre-Primary Education Act

This session our government passed the Pre-primary Education Act which will allow us to provide free, play based pre-primary education to four year olds. Evidence shows that children who are able to access pre-primary education do better in school. This is particularly true for our most vulnerable kids. I'm happy to say that this September close to 900 Nova Scotia families have enrolled in pre-primary locations. We know families are anxiously waiting for more pre-primary spaces to open. More spaces will be opened over the course of the next four years until all families have access to this program. This bill assures that every four year old, no matter the economic situation they are born into, is given equal access to pre-primary and an equal opportunity to grow and succeed.

Please contact me anytime
Email: Brendan@brendanmaguire.ca
Office number (902) 444-0147
or add me to Facebook

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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

November is upon us, and I want to extend my sincere gratitude to all of our veterans and military families. We recognize your courage, sacrifice and patriotism all year long, but especially so as we get closer to Remembrance Day. This year, many ceremonies will take place throughout the city. In Spryfield, the Legion will be holding its annual Remembrance Day Parade at 11:00am. The march will begin at Shoppers Drug Mart on Herring Cove Road, and conclude at the Legion on Sussex Street where a commemorative ceremony will take place. I hope you'll be able to join us for the laying of the wreaths. There will also be a parade and ceremony at Grand Parade at 10:30am as part of the city's Annual Remembrance Day Service, including a 21 Gun Salute from Citadel Hill and the observed moment of silence. I encourage you to take part in a ceremony in your community.

Last month, for the first time, Nova Scotia Office of Immigration staff partnered with the Nova Scotia Health Authority at an international job fair to attract more physicians to work and live in Nova Scotia. Immigration is one option to recruit skilled workers, including physicians, and I was pleased as the Minister to send staff to the British Medical Journal Careers Fair in London to provide potential recruits with information on the immigration process. Nova Scotia has a lot to offer internationally-trained physicians, and I look forward to future collaboration with our recruitment partners.

In other provincial news, the province has hired Avis Glaze, an internationally recognized expert, to review its education administrative model. The review will look at how public schools are administered, including elected school boards and their central office administration, along with administration at the Department of Education. Ms. Glaze has extensive experience in system and school improvement, having worked with educators in almost 50 countries. Her findings and recommendations will be released later this year.

Also on the education front, con-

sultations on the future high school to replace J. L. Ilsley continued last month with a public meeting with SAC members from feeder schools. Under consideration is the grade configuration for the new school, which could see a grade 9-12 or 10-12 configuration. The effect either configuration would have on feeder schools would of course have to be considered. I'm looking forward to further community meetings and more details on the design process.

With the passing of Budget 2017-18 during this fall sitting, a number of important tax changes and investments will go forward. Nova Scotians will see the largest income tax cuts in our recent history as Government increases the basic personal allowance for those earning less than \$75,000. An additional 1,800 small businesses will also benefit as the small business tax threshold increases to \$500,000 from \$350,000, allowing them to re-invest and hire. Additionally, patients' wait times will be reduced as Government invests \$6.4 million to undertake more orthopedic surgeries, create a central booking system, and provide freedom to patients to choose where they get their procedures done.

With the days getting colder, I want to remind you of the province's Heating Assistance Rebate Program. Government has expanded eligibility for this program, so more families will be able to save money on their home heating costs. Rebates of up to \$200.00 are available, and applications are available both online and through my constituency office.

Remember also that flu season is in full swing, and vaccinations are available free of charge at community pharmacies across the province. My office will be hosting a free pop-up flu shot clinic with local pharmacists on November 2 from 5:00-7:00pm. I encourage you and your family to get vaccinated early and to encourage others to do the same.

A number of great community events are coming up this month: On November 14th at 2:00pm, Neptune Theatre School and Eastern Front Theatre will be performing Lul-

laby: Inside the Halifax Explosion at Melville Heights. In the Ballroom, the audience will experience a dramatic, emotional, and educational show on this 100th anniversary of the historic tragedy. Tickets are \$15.00, and can be purchased by calling the front desk at (902) 477-3313. The 44th Annual Spryfield Santa Claus Parade is also taking place this month. I hope you and your family will join us on Sun-

day, November 26, at 2:00pm, rain or shine, for this early and beloved dose of holiday cheer. Stay tuned to Facebook for more details on the route and marshaling area.

Constituents can always contact me at (902) 455-1610 or info@lenadiab.ca with comments, questions, and concerns. I thank you for your continued support.

Local Transit Tax eliminated from Sambro Loop residents' tax bills

by Stephen Adams, HRM Councillor, District 11

It was a packed house for the public information meeting held at the William Spry Centre to discuss the Purcell's Cove Backlands and the possible acquisition by the city. Residents lined up to offer their opinions and support for this purchase. I didn't hear one resident, of the 175+ who attended, suggest anything contrary to moving forward with this plan. Questions were raised with regard to the dam at Williams Lake, parking concerns, trail widths, the long-term protection of the 379 acres, and the oval. Yes, even the oval got mentioned.

Our staff will compile the information presented, and develop a staff report to be brought to Council. As well, there will be a public hearing to consider the acquisition of the conservation easement by the Nature Conservancy of Canada (NCC). The last component of this process will rest with NCC. They must raise \$2.5 million dollars, as part of the purchase and sale agreement with HRM.

This is an exciting initiative which is coming to fruition after years of hard work and determination by residents, community groups, the Shaw Group, NCC, and our staff. As our timelines and milestones unfold, I will keep everyone updated.

I have had a few calls and messages from some residents who live

around The Sambro Loop regarding the recently delivered property tax bills. As I had written in previous articles, the cancellation of our bus, Route 402, resulted in the elimination of the Local Transit Tax from your tax bill. To put this into monetary terms, there is a reduction of \$102 for every \$100,000 of assessment on your property. However, there is also a Regional Transportation Tax which all residents, (except for those in the far-reaching areas near Musquodoboit), pay as part of their bill. This tax, which equates to approximately \$49.00 for \$100,000 of assessment, remains on your bill.

On January 24 of this year, Council discussed the extension of the mobile food market to service communities throughout HRM. During our discussions, I asked that Harrietsfield be included in the scheduling, to allow residents in the area to be served. I am pleased that produce packs will be available at the Harrietsfield/Williamswood Community Centre on November 8th, November 22nd, December 6th and December 20th. These packs are \$10.00 and must be pre-ordered by calling (902) 423-6162 ext.4228 or you can email foodfirst@ywcahalifax.ca. I would like to thank Kelly Gomes in our MLA's office, who coordinated the distribution of these packs, while we were upgrading our community centre.

Honourable
Lena Metlege Diab
MLA-Députée Halifax Armdale
(902) 455-1610 ♦ info@lenadiab.ca
1 Craigmere Drive, Suite 101 ♦ @LenaDiabNS on Facebook

Lest We Forget

N'oublions Jamais

Free Pop-up Flu Shot Clinic with local Pharmacists
Thursday, November 2, 5:00-7:00pm at my constituency office

COUNCILLOR SHAWN CLEARY
District 9
Halifax West Armdale

t. 902.490.4090
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HALIFAX halifax.ca 311

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR NOVEMBER

Captain William Spry Library Events:

- Family Drop-ins Ages 0-5 Tuesdays / 10:30 am
- Storytime Ages 3-5 Fridays/10:30 am
- Puppet Show Saturday, November 25 / 11 am
- Pre-teen Drop-In Ages 8-12 Wednesdays / 5-6 pm
- Teen Zone Ages 12+ Thursdays/ 6-8 pm
- TAG Café Presents: The Mad Hatter's Tea Party! Wednesday, November 8 | 7 p.m

Adult Programming:

- Holiday Green Screen Photo Booth Party: Registration required. Friday, November 10 | 2:30pm
- The Consequences of Untreated Hearing Loss? Registration required. Friday, November 17 | 2:30 p.m
- Canada's Storyteller: A Tribute to Stuart McLean: Registration required. Friday, November 24 | 2:30 p.m.
- Discovering Your Roots Through the Art of Sculpture. Registration required. Sunday, November 26 | 3 p.m
- The Halifax Explosion in Fiction: Sunday, December 3 | 2:30 - 4 p.m

Chebucto Community Health Team (16 Dentith Rd) Events:

- Wellness Profile on Nov. 1st, 15th, and 29th. Get your cholesterol, blood pressure, blood sugar and much more checked!
- Fat, Sugar, and Salt. The real story. Nov. 14th 6pm to 8pm.
- **PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield, and around the Sambro Loop. Please call 902-460-4560, go to www.communityhealthteams.ca or drop-in to register.**

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- Seniors' Dance. Nov, 6th. 12:30pm to 4pm. Light lunch served. \$4 per person. Music by Chain and Anchor Band.
- Nov. 11th. Remembrance Day: Dance from 2pm to 6pm and 9pm to 1am. DJ Rob Stewart. No cover charge.
- Crib Nov. 17th. 7pm. \$5 per person. Open to the public.
- Nov. 24th. 9pm to 1am. Karaoke with Cheryl. \$5 per person

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Community Centre Asso-

ciation (2 Indigo Walk). Call Mon. Pick up Tues. 7:30am to 12pm. Call 902-431-8087 between 9:30am and 12pm on Mondays

Free meals for those in need:

- **Mondays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring cove Rd)
- **Tuesdays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Soup's On Program 12pm to 1:30pm at St. Paul's Family Resource Institute (173 Old Sambro Rd)
- **Wednesdays:**
 - 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required.
- **Thursdays:**
 - Hot Breakfast 9am to 10am Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)
- **Fridays:**
 - Continental Breakfast 9am to 10am. Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd) Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:
 - Parent/Tot play group meets Nov. 8th and 22nd. \$5/family.
 - Tai Jitsu every Wed. and Thurs.
 - Drop and Shop. Nov. 25th. 1pm to 4pm. \$10 per family. Fun and games while you shop. Call Tanya at 902-471-2397
 - Christmas Craft Fair. Nov. 12th. 9am to 1pm. \$25/table. Call Tanya at 902-471-2397

Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

- Board meeting is November 20, 2017. 7pm-8:30pm at the Captain William Spry Centre
- Quarter Note Singers (Captain Spry Centre) Events:
 - Thursday nights from 7pm until 9pm. Singers Wanted! We are a mixed adult community choir that has been making music for over a decade at the Cap't William Spry Community Centre. Singers of all levels are welcome; there are no auditions. For more info please call Steve Trussoni at 902-477-2664

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your commu-

nity. For additional information, please call 902-475-1878

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
 - Darts every Thursday at 7pm.
- Emmanuel Church Hall Events (322 Herring Cove Road) Events:
- Christmas Bazaar Saturday, December 2, 10am to 2pm Crafts, baked goods, jewellery, lunch and more. Everyone welcome.

St. James Anglican Church in Herring Cove (1 Harrigan's Road) Events:

- Friday, November 3 at 7:00pm in St. James Church hall. You will Paint a 16 x 20 Christmas themed picture with help from an experienced instructor from Empty Nest Designs. Tickets are \$40 and registration is preferred. A canteen will be available. To register, please call (902) 440-5039 or (902) 477-5535.
- Annual Christmas Turkey Supper and Social on Saturday November 25, 2017 starting with a bake table at 2pm. The supper will run from 4:00-6:00pm and the Social will begin at 7:30pm. For more information, please call 902-477-0398 or 902-477-1051

St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106
- Worship Services:
 - Sunday: 08:30 am Holy Eucharist (BCP)
 - Sunday: 10:00 am Choral Eucharist and Sunday School (BCP and BAS alternation) Coffee hour following service.
 - Wednesday: 10:00 am Holy Eucharist – Chapel (BCP) Fellowship and coffee following service.
 - Wednesday: 11:00 am Bible Study
 - Wednesday: 5:00 pm Christian Meditation – Narthex. All are welcome!
- Second Wednesday of each month: 7:00 pm Mother's Union – Townsend Room in church hall

St. James United Church (3811 Old Sambro Road) Events:

- Nov. 17th. Soup's On! 12 noon to 1p.m. Chili, Rolls, Dessert, Beverage. Alternate date TBA. Cost: Freewill Donation. Every third Friday of the month.
- Nov. 11th. Special Community Service at the Cenotaph behind Sambro Elementary School. 11:00 a.m.
- Nov. 18th. 1pm to 3pm. Gingerbread Tea and Chinese Auction. Lots of Fun for Everyone!
- Nov. 26th. Fishermen's Service 7 p.m.
- Dec. 1st. Christmas Tree lighting, including carol singing and hot chocolate!
- Dec. 10th. Down Home Christmas music and entertainment event at 6:30 p.m. All welcome.

St. Michael's Church (14 St. Michael's

Avenue, Spryfield) Events:

- BINGO! Nov. 3rd, 10th, 17th, 24th. Doors open 5:30. Bonanza game starts at 6 p.m. Mini bingo starts at 6:30 p.m. Regular games start at 7 p.m. 15 regular games, 5 special games, postage stamp, toonie pot, 50/50 draw ...Canteen: pop, water, chips, bars, Tea, coffee, (cookies, squares)

St. Peter's/St. Paul's Church (151 Hebridean Dr) events:

- Dec. 2nd. 11am to 1:30pm. Christmas lunch and bake sale. Adults \$8. Youth \$4. Children under 5 Free. Lunch includes Hamburger soup or Chicken soup, tea biscuit, juice, coffee, tea and dessert.

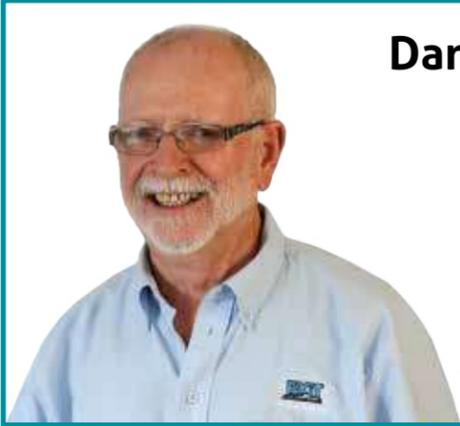
St Paul's United Church (173 Old Sambro Road) Events:

- Choir Practice- every Monday evening at 7:30, under the direction of Skippy Mardon. Newcomers are welcome.
- UCW (United Church Women)- On the second Tuesday of every month, at 7:00. All are invited to attend.
- Bell Choir- Every Wed. evening at 6:45 the Bell Choir practices under the guidance of June Bates. June assures us that you don't have to read music to play the bells.
- Community Drum Circle- On the fourth Tuesday of each month at 7:00. Please feel invited to come and experience both the creation of group rhythms and a sense of community. If you don't have a drum, we have a few shakers available and no experience is necessary.
- Worship Band- Thursday evening at 7:00. This is a group of people who enjoy getting together to play music.
- Paint Nite- Paint a Christmas themed work of art and enjoy a great evening of fun. Nov. 10, 7:00 pm, cost \$40.00.
- East Coast Carollers- Enjoy an evening of wonderful Christmas music. December 7, 7:00 pm, cost \$10.00.
- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- For those of you in the Harrietsfield/Williamswood area who fill water jugs at our outside tap, please note the following change: Now that the weather is getting colder, we have to turn off the outside tap. Water is now available inside from Tuesday through Friday between 9am and 3pm. Please email weneedsafewater@gmail.com with questions or to arrange an alternate pick up time.

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Judy at 902-479-0772

(See Community Events on page 10)



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LOCAL LISTINGS!



58 Bonavista \$119,900

Incredible value at this price...Oh and I have to mention the VIEW you will enjoy while relaxing on your large deck!! Level backyard with your own shed for convenience and storage. Once inside you will find this home very bright and spacious, and just waiting for a new family! The added comfort, value and savings that come with having a heat pump can't be beat! Beautiful large open concept in the main living area and cathedral ceilings provide lots of space and natural light. Lovely kitchen with peninsular island makes cooking a family affair. The master bedroom is a dream, with a walk in closet and ensuite, and two other generous sized bedrooms are located at the opposite end, completing this well designed home. A great family neighbourhood close to all amenities and within walking distance to Elementary School! Call for your viewing today!



42 Ashcroft \$54,900

"WHY PAY RENT? This freshly painted home with large yard is move in ready with many upgrades; New roof on house and shed, hot water tank, several windows and screens, kitchen counter and some cabinets, flooring in the kitchen, front room, and bathroom, kitchen and bathroom faucets, front door and many more. Comes partially furnished if desired. The shed is a unique bonus that is more of an external room. It is wired with programmable heating, insulated and sound-proofed. Formerly used for audio recording, it could be used for an artist's den, man cave, office, wood working shop, children's play area or whatever your creativity aspires. With all the upgrades this home has been restored to nearly-new condition. It is a true value setting itself above anything else comparable in this price range."



1 Lynnett \$174,900

You won't want to miss this opportunity especially if you have a hobby that requires garage space or want a little help with your mortgage or even if you have a family member you want to keep close. The house is a three bedroom with lots of space and it has an attached studio apartment with its own electric meter. The home is in very good shape and has been well cared for by long time owners. There is also a large wired double garage that will give you room for all your toys and a place to work as well. The home is walking distance to all schools, the Spry Centre, walking trails etc. and within steps of the transit stop. There is a lot of value here so don't miss out on this great opportunity!



29 Ivylea \$164,900

EQUITY BUILDER! PRICED TO SELL! Priced below assessed value this solid well built 3 bedroom home is very live-able in its present condition but is in need of updating and is therefore priced accordingly.

Located in a very family friendly neighbourhood close to all amenities and with access to great schools this home won't last long. This home has a nice eat in kitchen, large living room, 3 bedrooms and bath on the main floor and a huge rec-room in the basement.



37 Brunt Rd \$174,900

PRICED TO SELL: This 3 bedroom bungalow, which is just a short walk from Harrietsfield Elementary School and Rec Centre, has just been freshly painted and is move in ready. Located on a dead end street with little traffic the R2 zoned 13,000+ sqft lot has all kinds of space for an avid gardener to have a ball while the car enthusiast will be delighted with the 24 x 24 ft garage that is wired and heated. Located in a family friendly area this home provides a safe place to raise a family while giving you a chance to build equity.



2304 Old Sambro Rd \$199,999

Gardener's Delight! This great split entry home in Williamswood, sitting on a 16,000 sq.ft. landscaped lot, is a dream for the avid gardener. This R2 zoned home has 2 bedrooms and a full bath on the main level and a 1 bedroom in-law suite in the walkout basement. Both units have beautiful Angle Stone fireplaces and large living rooms. In the past 10 years the owner has completed many upgrades some of which includes new insulation in the walls and attic (R50 in the attic) a new fiberglass oil tank, sump pump and reverse osmosis system.



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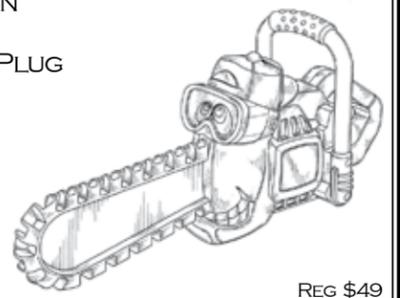


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	10x12 \$1447
	10x16 \$1717
	12x12 \$1647
	12x14 \$1827
	12x16 \$1977
DELUXE	8x8 \$837
	8x10 \$997
	8x12 \$1077
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