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Chebucto News

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Alyssa Gilkie meets Justin Bieber.. The Make A Wish Foundation and its sponsors help make a dream come true

Alyssa meets "the Biebe"

by Lorrie Boylen

Have you ever dreamed about rappelling down the side of a tall building? Facing your fears? Getting a bird's eye view of the city? How about doing all that while raising money to grant the wishes of children with life-threatening medical conditions? If you'd like to channel your inner hero then strap on your superhero cape for Rope for Hope's 6th annual event on Friday, June 22, 2018 at the Westin Nova Scotia. Each participant who registers must raise \$1,500 for Make-A-Wish. The organization provides some "how to" tools to assist participants in achieving this fundraising goal.

The Hope for Rope event for the Make A Wish Foundation will be taking place in Halifax on June 22

Nicole Gilkie, one of this year's event organizers, knows firsthand about the important work the Make-A-Wish Foundation does. Her daughter Alyssa was diagnosed with Von Hippel Lindou Syndrome (VHL), which is a rare genetic disorder causing tumour growth in blood-rich organs and tissues of the body. Regular screening is needed and when a problem is recognised, surgery is needed. Alyssa underwent emergency brain surgery in 2015.

At that time, Nicole was given a pamphlet about the Make-A-Wish foundation which talked about how the power of a wish can change a child's outlook on life as well as give hope, strength, and joy to a child faced with fear, uncertainty, pain, and exhaustion. She submitted an application and fairly quickly learned that

Alyssa was approved.

Wish Grantors came to their home to talk to Alyssa and explain with great care the process and the importance of making the most of her wish and getting the exact one she wanted. The organization encourages children to wish for three things in order of importance to them. During this planning process, something magical happens as they are encouraged to dream their biggest dreams and wish their wildest wish. They begin to forget about being sick, attending doctor's appointments, tests and treatments.

Alyssa's #1 wish was to meet Justin Bieber in person and attend one of his concerts. Within a month of her making her wish, she was asked to attend an event at the Halifax Shopping Centre, where she received the red carpet treatment with balloons, gifts and cupcakes. The shopping centre was sponsoring her wish, and she was told she would be travelling to Quebec City to attend a Justin Bieber concert.

(See Alyssa meets on page 2)

Easter at St. Paul's United Church

by Carolyn Mont

One of the many things I like about living in the northern hemisphere is the changing seasons. If I had to pick a favourite, I think it would be spring, mainly because it is a time of awakening, of new growth, and of rebirth.

That change of seasons is also found in churches. Most churches

(See Easter on page 2)

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Red Week at JL Ilsley



James Lee and Claire Robertson play balloon darts during Red Week

by Ciara Harris

Red Week is a series of events held in support of the Stephen Lewis Foundation, which raises money and awareness for HIV/AIDS organizations in Africa. At Ilsley, Red Week consists of a number of lunch hour activities, awareness posters and announcements, and participation in the HRSB-wide Acts for AIDS talent competition.

The lunch hour activities are fun and exciting, but they also bring students together to focus on a serious message. From February 12th – 16th, Ilsley students participated in such goofy games as “hot tomato,” the hot sauce challenge, and balloon darts,

but they also learned about how the Stephen Lewis Foundation supports grassroots organizations in the 15 African nations worst affected by the global AIDS epidemic.

Ilsley was very well represented at the Acts for AIDS talent competition. As always, Max Bellefontaine and his electric guitar brought the house down. Also, the band that won the competition, called The Illustrious, has an Ilsley student as a member: drummer Ryley Couse.

Claire Robertson, head of Ilsley’s External Affairs committee, is to be commended on her efforts to bring students together to support this worthy cause.



Bendu Kamara, Sytaizah Miller and Julia Saunders celebrate Red Week



Aliyah Thompson and friends during the balloon darts event



Zachary Russell throws a balloon dart



Sam Julien tries his hand at balloon darts

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DISCOVERING OUR PAST

Spectacle Island in Purcell's Cove played a major role in Halifax fishery

by Iris Shea

A recent advertisement on a local Real Estate website offered Spectacle Island for sale at a price of \$299,000, "an opportunity to own your own private island, minutes from the city". This island may be seen as you drive through Purcell's Cove, not far offshore. The name "Spectacle Island" is the popular name today, based on the fact that it looks like a pair of eye glasses. The island has a long history that dates back to the founding of Halifax, providing fish to the residents of Halifax.

In 1752 this 10 acre island at the mouth of the Northwest Arm, in addition to another 300 acres on the mainland, was granted to William Russell. At that time the island was called Russell's Island and was considered to be "ideally located for the Mackerel and Herring Fishery". William Russell, Esquire, placed an advertisement in the Halifax Gazette, October 13, 1765, "To be sold or leased an island called Russell's Island at the entrance to the Northwest Arm, with 300 acres of land close behind it, well known to be very advantageous for the Mackerel and Cod Fishery. Apply to John Margerum on the Parade". In 1774 a man by the name of Nathan Nathans occupied the island and ran a Mackerel and Herring Fishery from it. Peter Martin, who settled in Halifax in 1749 and whose descendants still live on his original Crown Land Grant in Ketch Harbour, was granted a license in 1772 to occupy and build a wharf in Halifax "where formerly stood the Old Fish Market...and erect thereon fish Stalls or Sheds 2x6 feet square each in the front of said grounds next to the street which shall be and is expressly reserved for the use of any Fisherman who may be inclined to occupy the same in the Selling of their Fresh Fish to the Inhabitants and others in the Township of Halifax." The location of this wharf on the Halifax waterfront was directly in front of Bedford Row. This convenient location certainly provided an opportunity for fishermen on Russell's Island to sell their fish in Halifax. In 1804 a group of Halifax merchants leased Russell's island as a place to dry their fish for the market in Halifax.

William Russell died before 1801,



Spectacle Island in Purcell's Cove, about 1912. Photo courtesy Mainland South Heritage Society

leaving his land, including the island, to his daughter, Maria Georgina Pernette, wife of Michael Pernette of LaHave, NS. The island became known as Pernette's Island. Maria Pernette died in December 1805 in LaHave. Her death announcement in the NS Royal Gazette, 19 December 1805, stated she was the daughter of the late William Russell, Esquire, Barrack-Master at Cape Breton.

Pernette's Island, the cove beside it and the 300 acres behind it were sold in 1828 by the heirs of Maria Georgina Pernette to Samuel Purcell and his wife, Mary. The price paid by the Purcells was 200 pounds. At that time Samuel and Mary Purcell's family consisted of five adult sons and three adult daughters. The Purcell family had relocated from Portuguese Cove where Samuel was born, the son of Samuel Purcell and Catherine Withrow. Mary, Samuel's wife, was the daughter of Benjamin Vergie of Portuguese Cove.

In subsequent deeds, from 1830 to 1845, Samuel and Mary Purcell divided their land among their five sons. Their eldest son, John, and eldest daughter, Hannah Cartile, remained in Portuguese Cove and were given land there in 1830 and 1831, respectively, part of Samuel Purcell's inheritance

from his father. The island became known as Purcell's Island and the cove near the island was known as Purcell's Cove. In 1845 Samuel and Mary Purcell divided the island into five equal shares, one of which was kept by Samuel and Mary. Each of their four youngest sons, Joseph, Benjamin, James and Samuel, received a share of the island. The cove and 300 acres on the mainland were similarly divided, with each of the four sons receiving one share and the fifth share being kept by Samuel and Mary. Church records for the Purcell family in later years often gave their address as Island Cove.

Mary Vergie Purcell's death was recorded in the Nova Scotian, 15 Sept. 1851, "died Saturday" in her 89th year. Samuel Purcell was buried 17 April 1855, age 86, as recorded at St. Paul's Church, Halifax. Their grave-stones may be seen in the cemetery at Ferguson's Cove.

The island received some attention again in Samuel's last will and testament. His four sons would share the island and the cove. Should any of them die, their share would be passed on to their survivors. Their widows would share in the profits from the mackerel caught in the cove. The last son who survived could do what he

wished with the island. Samuel's will was written 14 November 1847 and witnessed by J.W. Turner. The inventory of his estate was valued at 250 pounds, all of which was to be equally shared by the same four sons.

Purcell's Island became known as Spectacle Island by the people of Halifax who often travelled by boat to the island for picnics. The Lear family of Fairmount in Armdale enjoyed rowing to Spectacle Island for picnics. The name Purcell's Island continued to be used by residents of Purcell's Cove well after 1950. I remember attending a St. Augustine's Church Sunday School picnic on Purcell's Island in the early 1950s. We travelled from the Dingle to and from the island in Mr. Joe Boutilier's ferry boat. By this time, fishing from the island was mainly recreational as the island's owners found work in Halifax and elsewhere.

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The African Community Investment Cooperative of Canada Ltd - ACICC - is a not-for-profit social enterprise that seeks economic justice through skill development, business incubation and community-building by and for persons with established economic barriers. To achieve this goal, ACICC works by focusing on four key areas that relate to skill assessment: development and training; entrepreneurial development and business incubation; loans and investments; and community building.

In line with this mandate, ACICC organizes a monthly international market on the last Sunday of every month from 11am to 3pm. The market is to support and provide more exposure to those that sell products from their home; provide opportunities to buy things that are different by newcomers and immigrants; hang out and enjoy food and music from different cultures; support the idea of a social enterprise; and generate a true sense of belonging for newcomers who are trying to become entrepreneurs.

Services includes onsite clothing alterations, live product demonstrations, taste-testing of food products, foot care, beauty makeovers, henna tattoos and more.

People can come for Mouth-Watering Jamaican Patties/Festivals/

Jerk Chicken; Philippino Delicacies; African Soups and Sauces; Specialty Tea brands; Essential oils and Aromatherapies; Islamic Accessories & Fashion Essentials; and more. Services and businesses are different for every market. We currently have 15 vendors at \$10 per table.

The plan is to support the businesses until they can graduate from a monthly market to a business incubation program. Through the business incubation program, ACICC would provide daily management and operation to those businesses and members of co-op under mutually agreed terms and conditions.

Along with the international market, member businesses that might be interested in using the center as a business space for permanent daily operation would register to become

co-op members, pay membership rate of 1\$0 per day for the space. Under the business incubation program, they would not need to come to sell their products daily. As a small business co-operative, ACICC would hire a manager to manage the businesses daily and to account to business owners; 20 vendors are needed for this program. The goal of the business incubation program is to reduce risks and overhead cost of starting a business for home-based entrepreneurs, newcomers, and immigrants who are trying to begin their entrepreneurial journey.

Some of the services that we offer to our members include a commercial kitchen for rent to those operating catering businesses; café space for rent to those selling baked products; wall space for those who have arts and crafts for displays; food handling

training; sewing classes; alteration and clothing repair sessions; marketing; and small shop and display space for jewelries and fashion accessories. We also provide skill training to support the growth and development of member businesses in partnership with other organizations.

We hope to see our member businesses grow from being incubates to expanding into their own space.

Please visit our monthly international market, or sign up to become a vendor or a member. Membership is open to everyone with established economic barriers- women, seniors, youths, newcomers, immigrants, persons with disabilities and marginalized groups. We encourage persons who are interested in being part of the program to contact ACICC. www.acicc.ca, email: info@acicc.ca, Tel 902 476 9779.



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THE GLAZE REPORT

Government is accepting the spirit and intent of the recommendations in Dr. Avis Glaze's report, "Raise the Bar: A Coherent and Responsive Education Administrative System for Nova Scotia."

Will people without education degrees be hired as principals and vice-principals to manage schools?

- NO. Principals and vice-principals are educational leaders in our schools and will continue to be. Dr. Glaze also acknowledges that principals should not have to spend time on building maintenance issues. We agree and will act to make sure principals can focus on instructional leadership.

Will principals and vice-principals be prevented from forming another union?

- Both can choose to form a professional association. This association could advance issues such as working conditions, professional development and compensation.

Will the Glaze Report have a positive impact on parents and students?

- This report recognizes that every school is unique and that parents, teachers and administrators need to be able to respond to their community's needs.
- It recommends that School Advisory Councils have more say and a stronger voice.
- School Advisory Councils will receive funding to help them make decisions to support local priorities.

Teachers and principals know the educational needs of students:

- We want to give teachers more say in what they teach to our children.
- Teachers and principals will help decide what instructional material they use in classrooms.
- Principals will have more independence to run their schools and manage their staff in the best interests of students.
- Teachers and administrators will now have a direct line with the Department of Education to voice their concerns.

If we want more of our students to succeed, we need to take action today. A better future for our children means we need to come together now. Our students' success depends on us working together to build stronger classrooms.

If you have any questions, please email askeducation@novascotia.ca.

Sammy says



The puck drops at 8am on March 10th at the Spryfield Lions Rink to mark the 3rd Annual Dave Hart Memorial Hockey Tournament. Dave Hart passed away in April 2015 at the young age of 29. This annual tournament is a chance for his former workmates and teammates to get together to play the game he loved so much, and to share some laughs and memories of a great sportsman and prankster who always had a twinkle in his eye.

The tournament is sponsored by Unifor Local 1, Irving Shipyards, Blunose Seafoods, Sambro Fisheries Ltd, and the lobster fishermen of Sambro Fisheries. Last year's tournament raised over \$5,000 for the Chebucto Minor Hockey Association.

Dave's family was very touched when Unifor Local 1 approached them with the idea of holding the tournament; an idea which was backed by Irving Shipyard President Kevin McCoy. Thanks to Brendan Maguire, Steve Adams, and the Lions Rink

staff for assisting with the ice arrangements.

This year, interest and participation has grown and the roster has expanded to 6 teams. Some Irving employees who don't play hockey come out to volunteer their time to help the day run smoothly. Admission is free, so come on out to check out the games, cheer on your favourite players, and spend some time with friends. There will be a 50/50 draw during the tournament, and a hospitality room with pizza and a cash bar.

Dave's father Donny Hart recently took part in the #LiveWellChallenge, and donated \$500 to the family in Pubnico who tragically lost their children in a house fire, and \$500 to mental health research in Dave's memory. Kudos to all the Sambro men who have taken part in this challenge!

New venue, better market!

It has been a busy winter, behind the scenes for the Spryfield Farmer's Market, as we have been working hard preparing for this season's opening. Unfortunately, last year's location is not an option for us this year, due to maintenance and other repairs that were scheduled for the summer months. Throughout the winter, we went in search of a new building that would suit the needs of the market. Accessibility was our top priority. We knew we needed a place that was easily accessible for all of our patrons, was close to a bus route, and capable of handling the steadily increasing number of patrons we were seeing at last year's markets. We finally found

As of the date of submission of this article, it has raised over \$838,000 for a number of worthy causes, which is so heartwarming in January and February when charities usually feel the pinch as folks try to get caught up on their bills post-Christmas.

I have an update on the Khalaf family, a Syrian refugee family who arrived in 2015. They have been trying to bring their remaining two adult daughters, Nour and Rabeca and their families, to Canada, with the help of a tireless group of community members from Spryfield and around the Sambro Loop. Last month following an interview at the Canadian Embassy in Amman, Jordan, they were approved. After health checks and orientation they will be on their way to Canada, arriving sometime between April and June. You can bet there were tear-

filled joyful celebrations among the family and friends at this long-awaited news.

To assist with the many expenses and preparations needed for their arrival, a fundraising concert will be held on Saturday, March 10 at 7:00 p.m. at St. James United Church, 3811 Old Sambro Road in Sambro. Tickets are available on Eventbrite.ca under "A Concert For the Khalafs: Take Two." Admission is \$25 for adults, \$10 for youth ages 13-16 and \$5 for children 12 and under. It sounds like a great evening featuring music by Ian Janes, Thom Swift, Bill Stevenson, Tom Easley, Geoff Arsenault, Jamie Alcorn and Betty Belmore.

Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.

all of that in one of our local churches.

We are pleased to announce that beginning on May 13th, we will be operating our market out of Emmanuel Anglican Church Hall (322 Herring Cove Road). Along with a new venue, we have new operating hours; 1pm to 5pm. The market will still run every second Sunday, right up until mid October.

One of the things we are most excited about with this new venue is the stage. With so many new performers joining us this year, as well as many of our favourites from last year returning,

we are pleased to offer them a fantastic stage upon which to perform. Ideally, there will be at least three different performers on the stage for each market.

So mark your calendars for May 13th! Bring the family and enjoy fresh farm-grown veggies, specialty foods produced locally, talented local artists selling knitted items, sewn items, pottery, jewelry and more! Arrive with empty bags and leave with full ones! Catch up with your neighbours and tap your feet to some local musicians.

We can hardly wait! Hope to see you there.

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Noella Michelle Donnelly

Herring Cove. It is with heavy hearts and great sadness that the family of Noella Michelle Donnelly announce her sudden passing on January 17, 2018 at the age of 39. Noella, or Michelle as many knew her, was born in Halifax on September 8, 1978 and lived there until her passing. She attended Halifax West High School after which she attended Mount Saint Vincent University attaining a Bachelor of Science. She went onto work for Capital Health starting as a food service worker, and an inpatient unit clerk on the 9th floor of the VG until its closing, finally settling into the Nova Scotia Cancer Centre. Noella will be remembered as a loving and devoted wife, mother, sister and daughter. She will be lovingly remembered by her husband, Greg Prime and son, Hayden; father, William "Billy" Donnelly; brother, James (Heather); niece, Ruby and nephew, Jack; brother, Steven and niece, Isabella. She was predeceased by her mother, Anne-Marie Boucher (1954-2005).

Lily Audrey Kline

86, Spryfield, passed away peacefully on Saturday, January 20, 2018 in Melville Lodge. Born in Halifax, she was a daughter of the late Charles and Clara (Shaw) McClair. She will lovingly be remembered by her

sons, Thomas "Tom" (Kathy), Gary (Yvette) and Kenneth (Nancy); daughter, Heather Cameron and daughter-in-law, Kim Kline (Doug MacIsaac); several grandchildren and great grandchildren; 8 siblings. She was predeceased by her husband, Donald; son, Michael; 2 great grandchildren; 3 siblings. Special thanks to the staff of Melville Lodge for the compassionate care and support given to our dear mother. Donations in Audrey's memory may be made to the Heart and Stroke Foundation.

Chesley Gilkie

Age 56, Aylesford, formerly of Sambro, passed away peacefully with his family by his side, at home on Sunday, January 21, 2018. Chesley spent half of his life as a fisherman in the community of Sambro before residing in Aylesford. He was Service Manager for 23 years with VanOostrums Farm Equipment Ltd. He had a great love of life, enjoyed being out in his yard, country classics and a drink of rum by his bonfire. He is survived by his daughter, Tara Gilkie, Blackfalds AB; sisters, Trudy Trites (Chris), Maxine Griffin (Chris) and Annette Flemming (Dennis); brother, Curtis (Lorrie Boylen); numerous nieces and nephews. He was predeceased by his parents, Brenton and Betty Gilkie; brother, Grant Gilkie and chosen brother, Arthur. We would like to thank the VanOostrum family, the nurses of Med A Valley Regional Hospital, VON Nursing and VON Home Care, as well to the many others who made it possible for Chesley to live out his final days in comfort at home. Last but not least, thank you to his exceptional neighbours who were there for him and our family through this difficult time. Donations in Chesley's memory may be made to the Canadian Cancer Society.

Beverly Ann Hann

Spryfield. We heard our mom say "this is a whole new ballgame now". Our mom did not care for baseball, as it wasn't sports she was talking about, she was talking about her plan. Our mom was sick, but not ready to leave, she was only 69. Her name is Beverly Ann Hann (Marriott) and she is our Mom. She was the best Mom, she taught us to be kind and caring to everyone but to take no s**t. Mom would give anything and everything for her family and others, and she did. Mom was born and raised in Kline Heights on November 26th 1948 and very proud of it. Mom was never a follower, she always did her own thing. Our mom loved cribbage and won many tournaments. She loved nothing more than to have all of her six children and grandchildren together. Our mom liked the simple things, as her favorite flower is a daisy. Mom took pride in her appearance, and make no mistake, she knew quality. Our mom was not a fake person and had no time for people who were.

She was a comedian not a politician, mom made us all laugh so hard every single day. Mom would always tell us the truth even if it hurt. She held lots of titles, being a wife and mother was the most important. She met our father Robert James Hann in 1985; they married two weeks after meeting; they were a perfect match 33 years together, 6 children, 15 grandchildren, and 1 great grandchild later. Mom was blessed by her loving husband Robert James Hann, her children Tina (Ronnie Misener), Sandy (Sean) Watson, Tony, Tracey (Shawn Henneberry) Hann, Troy Hann, Amanda (Kyle Cochrane) Hann, grandchildren Tad (Bing) Hudder, Taryn (Adam) Hudder, Shannon (Jesse) Hudder, Alyssa, Tiffany, Tyler, Delsyn, Hanna, Jake, Michelle, Anthony, Alicia, Kaylee, Joshua, Jonathan, Kayleigh; sister Marion (Stan) Gaw; brothers Ronnie & Paul (Joanne) Marriott, many nieces and nephews and her best friend Lynn MacDonald who loved her dearly. Predeceased by parents Margaret & James Marriott; sisters Joan, Virginia & Phyllis; brothers Kenneth, Clyde & Walter.

Elizabeth Rose "Betty" Caines

Spryfield. It is with great sadness that we announce the passing of Betty Caines, at the age 77. She passed away on January 31, 2018 at the Palliative care unit at the Victoria General Hospital with her family at her side. She was a daughter of the late Douglas Smith and Mary (Neary) Smith. In her early years, Betty worked at Sears. She loved animals, spending time with her family, gardening and was an incredible cook. She also loved to go on long drives and took an avid interest in the world around her. She is survived by her daughter, Kelly (Scott), Kellowna BC; sons, Darren (Nora), Sambro Head, and Darrell, Halifax; her pride and joy, her two granddaughters, Hillary and Samantha. She is also survived by her brother, Ron

Smith (Noreen). She was predeceased by her husband, George; brothers, David, Butch, Les, Donnie, Lawson and Clyde; sisters, Marion, Lillian, Marg, Viola, and infant Dee Dee. The family would like to thank all the Nurses and staff, who work in 7A Palliative Care Unit at the Victoria General Hospital, for the loving care you provided to our mother. In lieu of flowers, please make donations to the Palliative Care Unit, VG Hospital or the Nova Scotia Society for the Prevention of Cruelty to Animals.

Michael Joseph Henneberry

Feb 15, 1941- Feb 5, 2018. It is with sad hearts that we announce the passing of Michael Henneberry, age 76, with his family by his side. He was a loving husband, father, poppy and a friend to many. He lived his life in Spryfield, where he coached and played hockey and baseball. He worked for Canada Post for 30 years and was commonly called "Mike the mailman". He loved spending time on Tancook Island with family and friends. He was always there to lend a helping hand. He has left a huge hole in our hearts and will be deeply missed! Mike was predeceased by his parents Joseph and Matilda, brother Albert, sister Sarah, daughter Michelle, and toddler son Ricky. He is survived by his loving wife of 57 years, Grace; daughter, Pam (Joey) Baker; sons, Craig (Wanda) and Shawn (Tracey); grandchildren, Rhonda (Michael) Stevens, Samantha (Kirk) Baker, Alyssa (Mathew), Tyler Hann, Tyler, Hayden, Alexis Grace; great grandchild Jay Stevens; sisters, Margaret, Elizabeth (Keith) Hearn, Madonna (Danny) Kunzli; brothers, Gordon (Wendy), Eric (Maggie), Junior (Louise), Pat (Judy), David "Dino". In lieu of flowers, donations may be made to the Alzheimer's society. The family extends a special thanks to the staff of Melville lodge, and a heartfelt thank you to Tracey Hann.

Meet Ilsley's Brazilian International students

by Ciara Harris

This year, JL Ilsley High School has welcomed more International students than ever before. These young people are members of the NSISP, or the Nova Scotia International Student Program, and they join us from countries all over the world. There is a large contingent of Brazilian students attending Ilsley this year, and they are enjoying their Nova Scotian experience, despite the cold weather.

Laiza Gamba explains that there are a number of differences between Canadian and Brazilian schools. "Brazilian schools don't let you choose your courses. You must study everything. Also, school starts earlier in Brazil, and is very strict." Karen Heimer adds that in Brazilian high school, students are not semestered, and carry 12 subjects at a time. Yan Baker finds that Canadian high school is easier than what he's accustomed to

in Brazil.

These students have really embraced the spirit of JL, and have gotten involved in a number of extracurricular activities. Julia Nobrega performs in the Coffee Houses and Talent Shows, and Karen Heimer volunteers as an environmental educator with Mysterious Encounters Earth, and also plays basketball. Beyond that, they have participated in a number of community activities, such as hockey games, fishing excursions, and trips to the pumpkin patch.

These students live with host families in Spryfield, Purcell's Cove and Herring Cove, and have been enjoying their time in our community. Laiza Gamba says that she will tell people back home in Brazil that Nova Scotians are "very kind and polite," Eduardo Costa says he will tell his family that Nova Scotians are "very" (See *International on page 11*)

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Reg Horner Memorial *Chebucto News* **Sports Page**



Armview Storm U13 girls win Gold Medal in their first tournament of year

Back row left to right: Ron Girard, Luchi Cohen, Victoria Berkman, Bronwyn O'Hearn, Jett Devine, Emily Saunders, Eva Girard, Rebecca DeCoste. Front row left to right: Gracie Driscoll, Megan Roy, Jayden Kendziora, Hannah Casey, Leah Chevelie. Missing: Paul Hunt, Lauren Dickie and Clara Walsh

Elizabeth Sutherland School girls basketball team (2017-2018) finish the season with only one loss

The team is shown here, from left to right: Back Row: Coach Rachel Trites, Sarah Goldberg, Julia Thompson, Hana Mehadzic, Alex Godsoe, Breanna Gionet, Braxton King, Sarah Taylor, Mya Cameron, Asst. Coach Caitlin Chisholm. Front Row: Rachel Cormier, Ella Kline, Emma Cameron, Keisha Lambert



International

(continued from page 10)
well educated”, Karen Heimer will tell her family that she survived the “extremely cold weather” and Yan Baker will tell everyone he meets that “Canada is the best country.”

If you are interested in learning more about the Nova Scotia International Student program or about becoming a host family, you can contact Terry Spearns, Homestay Coordinator at 902-233-6598 or tspearns@hrsb.ca.

**Something to say?
Send a letter!**
chebuctoeditor@gmail.com

Updates from Ottawa by Andy Fillmore, MP for Halifax

1. Tax Season

As our long Nova Scotia winter begins to wind down, we begin to notice the days getting longer, the weather getting (slightly) warmer, and we find that tax season is once again upon us.

As we all know, having our taxes done on time is important; not just to avoid any late penalties, but also to avoid any delays in receiving benefits, such as the GST credit, OAS, GIS, and the Canada Child Benefit.

Our government wants to make filing your return easier and simpler, and so this year, the Canada Revenue Agency is introducing two important service improvements for Canadians.

First, the CRA is automatically mailing paper tax forms and guides to anyone who filed their taxes by paper the previous year. For this tax year, 1.9 million Canadians will benefit from this improvement, a large portion being seniors and those without consistent access to the Internet. The packages should all be delivered by February 26, so if you haven't received the paper tax forms by now and would like to file your taxes using paper forms, you can order them by calling 1-855-330-3305 or you can pick them up at Canada Post and Service Canada locations.

Second, the CRA is introducing the "File My Return" service, which lets eligible Canadians file their income tax and benefit returns by providing some personal information and answering a series of short questions through a dedicated, automated phone service, making tax-filing easier and simpler. Approximately 950,000 eligible Canadians with low income or a fixed income that is unchanged from year-to-year will receive personal letters inviting them to use File my Return. File my Return uses information the CRA has on record plus answers the user gives during their automated phone call to complete and file income tax and benefit returns. It allows all the deductions, benefits and credits the user is eligible for.

In addition to these services, I will again be hosting a weekly tax clinic this year at my office during tax season. Starting Wednesday March 7th and every Wednesday until May, the tax clinic will run from 4:30pm

until 6:30pm at my office on Brunswick St.

To participate, you must have a tax situation that is not unusually complex and meet certain income criteria: for one person, you're eligible if you have a total income of up to \$30,000; for one person who is supporting one or more dependents, you are eligible with total income up to \$35,000, plus \$2,500 per dependant; for couples, you are eligible with a combined income up to \$40,000, plus \$2,500 per dependent. Our volunteers will only be able to complete 2017 returns; no prior years.

There is no need to book an appointment, as we'll be doing it on a first-come-first-serve basis. If other family members would like their income taxes completed, they must be present as well. Be sure to bring ID, Social Insurance Number (SIN), and last year's notice of assessment, if you have it.

We look forward to seeing you!

2. HMCS Sackville Repairs

Earlier this year, our government was proud to announce that \$3.5 million is being committed to repairing the HMCS Sackville, Canada's oldest warship and National Historic Site.

The Sackville is the last remaining Flower-class Corvette, commissioned on December 30, 1941, and served proudly through to the end of the Second World War.

She has been under the care of the Canadian Naval Memorial Trust since 1983, and these extensive repairs will ensure that this important part of Canadian history will continue to live on.

That's all for this month. Share your views on this or anything else at any time - call my office at 902-426-8691 or email me to set up a meeting at andy.fillmore@parl.gc.ca. Or, just stop by my office at Rm 808, 1888 Brunswick Street, Halifax.

Until next time...

Halifax's Mobile Food Market receives national recognition and a silver medal in IPAC/Deloitte Public Sector Leadership Awards by Stephen Adams, HRM Councillor, District 11

On Monday, February 5, Halifax's Mobile Food Market received national recognition, winning silver in the IPAC/Deloitte Public Sector Leadership Awards for its innovative, collaborative approach to addressing food insecurity.

The Mobile Food Market, which originated out of the Mayor Mike Savage's "Conversation on Healthy, Livable Communities," is a shared project of Halifax Regional Municipality, Public Health (Nova Scotia Health Authority), Partners for Care, the Ecology Action Centre, United Way Halifax, the Atlantic Superstore, and Elmridge Farm Ltd.

The mobile market has captured the public's imagination, growing from an idea to a welcome part of the weekend when communities come together to meet the bus, pick up healthy food, and spend time with friends and neighbours.

The market relies on a Halifax Transit bus to bring fresh, healthy, and affordable fruits and vegetables to communities throughout the municipality. When it first began, the bus stopped at the Spryfield Lions Rink. Last year, I requested that

Harrietsfield be included and now there is a stop in Harrietsfield and 3 in Spryfield. During the winter, to avoid idling a bus, produce packs are delivered directly to centres in our communities.

Tricia Cochrane, Vice President of Integrated Health Services Primary Health Care and Population Health, sums this up as a team effort, saying, "This initiative would not have had the same results and level of engagement without so many partners joining forces."

What started out as an initiative to provide food for residents has grown to include health promotion, active living, literacy, and social inclusion. Community members can now sign up for a library card or take out a library cookbook on market days, and HRM Recreation staff coordinate with market days to bring the HRM Rec Van full of games and activities to the communities.

Over the past month, we have been discussing our capital and operating budgets. In order to avoid some of the delays encountered last year with paving and sewer work, our staff will be issuing tenders earlier in the year.

Pending Council approval of our capital budget, the following streets are scheduled for paving renewal: Woodcrest Avenue, Francis Court, Ursula Court, Holly Drive, Marie Avenue and Fotherby Avenue. Residents living on these streets will have received a notice by the time you read this article. It should be noted that this is only a partial list of the work tentatively scheduled to be done. There are other streets that are scheduled to be upgraded and other projects to be completed. As they are approved, I will let everyone know.

I have had a number of emails and calls regarding the removal of the bus shelter on Dentith Road. Last summer, the sidewalk on Dentith Rd. was completely removed and replaced. This also necessitated the removal of the existing bus shelter. A new pad was poured in place by the contractor but unfortunately was done incorrectly and had to be taken out. Transit cannot place a shelter at this location until the new concrete pad has been installed. As concrete can't be poured over the winter, the anticipated time for the shelter replacement will be early spring.

We have the largest selection of darts, dart boards and dart supplies in Spryfield



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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

With Shubenacadie Sam not seeing his shadow last month, I'd like to wish all Nova Scotians a happy early Spring! I've been busy in advance of the return of the legislature, and I'm happy to share some updates with you.

Last month I hosted a Mental Health Information Session at St. John the Baptist Church. I'd like to thank all our expert presenters and attendees, and provide you with a brief synopsis of what we heard:

- St. John Ambulance underlined the importance of discussing mental health issues openly, and how our mental and physical health are intertwined. They discussed the addition of Mental Health First Aid as a component to all of their First Aid training, and highlighted their popular Therapy Dog Program.

- The Mental Health Mobile Crisis Team explained the confidential, anonymous telephone crisis support they provide, as well as their HRM Mobile Response service—a partnership between mental health professionals and our local police officers. Their team stressed that a “crisis” is self-defined, and it's never the wrong time to reach out for help.

- The Mental Health Foundation of Nova Scotia joined us to discuss their fundraising and the important funding they provide to mental health initiatives big and small. It was fascinating to hear our presenter discuss their experience with therapeutic recreation programs and funding for transformative literacy programs for inmates.

- Kids Help Phone highlighted how they serve our youth through phone, online chat, and text options. Presenters noted the organization's Walk So Kids Can Talk fundraiser taking place in May, and encouraged everyone to consider volunteering with the organization as they expand their crisis text line pilot this year.

- Finally, our local SchoolsPlus representatives discussed their growing team of specialists, clinicians, and outreach workers working in our schools. They work to support our kids, and it was great to hear about their approach to breaking down “silos” between existing service providers.

I'm grateful to the organizations that came out for sharing their expertise. If you would like more information on any of these services and organizations, please reach out to my office.

On the physical health side, I am pleased to share my announcement of a new physician recruitment immigration stream to bring more family doctors and specialists to Nova Scotia. This will simplify the process for internationally trained physicians so they can move to our province and work for the NSHA and IWK; thereby continuing to support the health care needs of Nova Scotians while growing our economy and population. I'm happy to say we've already approved our first physician recruit.

On education, the province is accepting the recommendations made in the Glaze Report for a new, effective, and efficient model that supports a cohesive and student-centered education system. This report was an independent review of the governance and administrative structure currently in place. These recommendations will further strengthen education for Nova Scotia students, including greater access to teaching support specialists (by removing them from administration and putting them into classrooms), stronger local voices for parents through SACs, more flexibility on learning materials and texts for teachers, and prioritizing extracurricular activities. I want to stress that the Glaze Report recommendations should not be confused with the separate and important work of the Council to Improve Classroom Conditions and the Commission on Inclusive Education – both of which are ongoing. The Council met for three days in February and discussed items including the assessment policy, report cards and how to use their remaining funding. Additionally, the Commission's final report is due by the end of this month, and we're looking forward to working with educators on these important issues. I encourage you to visit ednet.ns.ca/adminreview to review the Glaze Report's recommendations and find answers to many of the questions that have arisen.

Also on the education file, I was pleased to see the recent announcement of the province's near doubling of support for school breakfast and healthy eating programs. Providing children with nutritious breakfasts and snacks is crucial to their ability to learn, and I'm glad that this funding will soon allow breakfast programs to expand to all of our schools.

Lastly, the province is supporting young graduates through two recently announced initiatives. Nova Scotia's Loan Forgiveness Program has been expanded, and now allows students

who graduate after Aug. 1, 2017 and who complete their studies in five years or less to have their entire provincial student loan eliminated. A new Innovate to Opportunity program has also been launched to connect recent graduates with advanced degrees to employers in the innovation and export sectors. Connecting young people to the workforce is an important priority, and I know this new incentive will help our graduates start their careers in Nova Scotia.

I thank you for your continued support.

New JL Ilesley school site final report expected this month

by Brendan Maguire, MLA for Halifax Atlantic

JL Ilesley update:

I know a lot of people are wondering what is happening with the new high school. I recently sent an email off to the Department of Education and the Department of Transportation for an update, below is their response.

“We have started drafting the final site investigation report.

Draft Phase II Environmental assessment report received for the existing JL Ilesley site and is currently in review

Traffic Impact Study reports received for existing JL Ilesley site and McIntosh Estates sites and are in review

Concept plan and property requirements sent to development team for McIntosh Estates site.

We are targeting March for the final report”

So as you can see sites are being tested and the Department will have a final report during the month of March. When I receive that report I will share it with all of you. I want to make sure everyone is informed and kept up to date during this process.

Nova Scotia to hire a new Environmental Prosecutor

Minister of Environment Iain Rankin announced this month that environmental offenses in Nova Scotia will soon be specifically handled by a new prosecutor. The government of Nova Scotia has announced that a dedicated prosecutor will help the government “better hold people and companies accountable when they break the law,” Environment Minister Iain Rankin said in a statement Wednesday. The new prosecutor will handle cases related to public health, the environment act, natural resources, fisheries and aquaculture.

This is a big step forward in protecting our environment and holding offenders accountable. I personally have pushed for a stand-alone prosecutor and I applaud the Minister's action on this.

Duncans Cove Trail

This month I, along with students from the Dalhousie College of Sustainability, held a public information session on the use and sustainability of the Duncans Cove trail system.

As most of us know the trails are a beautiful spot to go for a hike. Over the years traffic on the trail has increased which has caused issues around parking; impact on the local environment; and privacy issues.

We are working with this group of students to find a community based solution; one I can take to the Department of Natural Resources to help address the issues facing our local community. The students' recommendations will be in my hand by the end of March or the end of April and I am looking forward to moving forward on them

Annual Heritage Day Family Bowling Day

I want to thank everyone who joined us for our annual FREE bowling and pizza day, February 19th at the Spryfield Bowlarama.

It is always great to get our community out for some family fun. A big thank you to all of the volunteers who helped make it another successful year.

Local Mobile Food Market wins 2018 IPAC/Deloitte Public Sector Leadership Award

This month, the Halifax's Mobile Food Market received national recognition, winning silver in the IPAC/Deloitte Public Sector Leadership Awards for its innovative, collaborative approach to addressing food insecurity.

The market relies on a Halifax Transit bus to bring fresh, healthy, and affordable fruits and vegetables to five communities throughout the municipality. During the winter, to avoid an idling bus, produce packs are delivered directly to recreation centres in the communities.

I would like to give a special shout out to Julia Kemp and the staff at the YWCA for all their hard work to make this project such a big success; also to HRM and the province for investing in this idea and realizing the importance of bringing healthy and affordable food to our communities.

Please contact me anytime:
Email: Brendan@brendanmaguire.ca
Office number: (902) 444-0147
or add me to Facebook

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Honourable
Lena Metlege Diab
MLA-Députée Halifax Armdale

Contact my office at:
(902) 455-1610
info@lenadiab.ca
1 Craigmore Drive, Suite 101
Halifax, Nova Scotia, B3N 0C6

For community updates, follow @LenaDiabNS on Facebook!

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR MARCH

Captain William Spry Library Events:

- March 2nd: 2:30pm What's Your Cocktail? Blending of Essential Oils with aromatherapist Theresa Kersey. In partnership with the Enigma Physical, Emotional, and Mental Health Studio. Registration required.
- March 7th. 7pm: Add a Little "Spring" to Your Home with Maddex Interiors' Nicole Mensour. Registration required
- March 9th: 2:30pm Literary Cafe: Short Stories. Join actor Lorne Abramson and musical duo Elena and Azin Mehrjou for this one of a kind Friday afternoon. Registration required.
- March 14th. 7pm: Your Wellness Series: Put a Lid on Your Stress with psychologist Carol M. Shirley In partnership with the Enigma Physical, Emotional, and Mental Health Studio Registration required
- March 28th. 7pm: Atlantic Master Gardeners. Planning a Colourful Flower Garden. In partnership with the Atlantic Master Gardeners Association. Registration required.
- MARCH BREAK SPECIALS:
 - Sunday, March 11th. 3 - 4 p.m. Easter Egg Painting, A Family Workshop. Registration required.
 - Tuesday, March 13th. 11 a.m. Prepare to Be Amazed! Magic with Tim Gavel Registration required.
 - Wednesday, March 14th. 5 p.m. Paranormal Art Explorations with artist Drew McSherry Ages 8+ Registration required.
 - Thursday, March 15th. 11 a.m: 3D Colouring fun Ages 3+ Registration required.
 - Friday, March 16th. 11 a.m. Green Extravaganza A St. Patrick's Day Special All ages Registration required.
 - Saturday, March 17th. 11 a.m Puppet Show.
 - Saturday, March 31st. 11 a.m Spring Fest

Chebucto Community Health Team (16 Dentith Rd) Events:

- Wednesday, March 21st. 8:30-11:30 Personal Wellness Profile. Community Wellness Centre Spryfield
- Wednesday, March 28th. 2:00- 4:00 Food Fads: Fact or Fiction? Community Wellness Centre Spryfield
- To register call 902-460-4560 or go to www.CommunityHealthTeams.ca

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- March 16th: 7pm. Cribbage. \$5 per person. Public welcome.
- March 17th. St. Patrick's Day Dance. 9pm to 1am. \$10 per person. Band Lime Ricky. Doors open at 8pm.
- March 19th. Seniors Dance. 12:30pm to 4pm. Chain and Anchor Band. Light lunch served. \$4 per person
- March 31st. Karaoke with Cheryl. 9pm to 1am. \$5 per person. Doors open at 8pm

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Community Centre Association (2 Indigo Walk). Call Mon. Pick up Tues. 7:30am to 12pm. Call 902-431-8087 between 9:30am and 12pm on Mondays

Free meals for those in need:

- **Mondays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring cove Rd)
- **Tuesdays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Soup's On Program 12pm to 1:30pm at St. Paul's Family Resource Institute (173 Old Sambro Rd)
- **Wednesdays:**
 - 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required.
- **Thursdays:**
 - Hot Breakfast 9am to 10am Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)
- **Fridays:**
 - Continental Breakfast 9am to 10am. Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)

Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Parent – Tot Playgroup: March 7, 21, and 28 10:00 – 11:30, \$5.00 includes drink and a snack
- Annual Easter Egg Hunt: March 25 10:00 – 12:00, must pre-register. \$5.00 per family, phone Natasha 902-293-7427
- Spring Craft Show: April 22nd 10:00 – 2:00, \$25.00 per table. To book a table contact Natasha 902-293-7427

Quarter Note Singers (Captain Spry Centre) Events:

- Thursday nights from 7pm until 9pm. Singers Wanted! We are a mixed adult community choir that has been making music for over a decade at the Cap't William Spry Community Centre. Singers of all levels are welcome; there are no auditions. For more info please call Steve Trussoni at 902-477-2664

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878
- Spryfield Lions also collect hearing aids, CPAC machines and glasses for refurbishment and distribution.

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.

Emmanuel Church Hall Events (322 Herring Cove Road) Events:

- Services during Lent and Holy Week
 - Wednesdays Feb.28, March 7, March 14, & March 21. Communion Services at 10:00 AM, Followed by Bible Study.
 - Holy Week Services...Palm Sunday March 25 8:00 & 10:00am Holy Communion
 - Monday Mar.26, 7:00pm The Great Litany

- Tuesday Mar.27, 7:00pm The Stations of the Cross
- Wednesday Mar.28, 10:00am Healing Service & Eucharist
- Maundy Thursday Mar.29, 5:30pm, Holy Communion with Dinner and foot washing in the hall
- Good Friday Mar.30, 10:30am Ecumenical Service at Emmanuel. 1:30 pm, Anglican Good Friday Liturgy
- Holy Saturday Mar.31, 8:00pm The Great Vigil of Easter
- Easter Sunday April 1, 8:00 & 10:00am Holy Communion

St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106
- Worship Services:
 - Sunday: 08:30 am Holy Eucharist (BCP)
 - Sunday: 10:00 am Choral Eucharist and Sunday School (BCP and BAS alternation) Coffee hour following service.
 - Wednesday: 10:00 am Holy Eucharist – Chapel (BCP) Fellowship and coffee following service.
 - Wednesday: 11:00 am Bible Study
 - Wednesday: 5:00 pm Christian Meditation – Narthex. All are welcome!
- Second Wednesday of each month: 7:00 pm Mother's Union – Townsend Room in church hall

St. James United Church (3811 Old Sambro Road) Events:

- "A TASTE OF SAMBRO BESIDE THE SEA - Lobster Dinner and Down Home Hospitality". We'll serve our famous and delicious Lobster Dinner with a side of down home entertainment from a large chorus and local area musicians. Performances on May 4th and 5th at 6:30 pm, May 6th at 4:30 pm and a Mother's Day Dinner (without music) on May 13th at 4:30 pm. Tickets can be purchased at St. James United Church on March 4th from 1-3 pm or online at <http://sambrodinnertheatre.eventbrite.com>
- Saturday, March 10 at 7:00 p.m. a Fundraising Concert for the Khalaf Family at St. James United Church, 3811 Old Sambro Road in Sambro. Featuring music by Ian Janes, Thom Swift, Bill Stevenson, Tom Easley, Geoff Arsenault, Jamie Alcorn and Betty Belmore. Tickets are available on Eventbrite.ca under "A Concert For the Khalafs: Take Two." \$25 for adults, \$10 for youth ages 13-16 and \$5 for children 12 and under.
- March 17th: 12pm to 1pm. Soup Lunch. Cost is by donation.

St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- BINGO! March. 2nd, 9th, 16th, and 23rd. Doors open 5:30. Bonanza game starts at 6 p.m. Mini bingo starts at 6:30 p.m. Regular games start at 7 p.m. 15 regular games, 5 special games, postage stamp, Toonie pot is up to \$4022.00, 50/50 draw ...Canteen: pop, water, chips, bars, Tea, coffee, (cookies, squares)
- Playgroup starts at 9am every Tuesday.
- March 18th: 12pm to 2pm. CWL Spring Luncheon and Sale: Homemade Soups, Gingerbread with Lemon Sauce, Hot dogs, Cookies, Tea and Coffee. Adults - \$8.00 Children - \$4.00 Further information call 902-4751207.

St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- For those of you in the Harrietsfield/Williamswood area who fill water jugs at our outside tap, please note the following change: Now that the weather is getting colder, we have to turn off the outside tap. Water is now available inside from Tuesday through Friday between 9am and 3pm. Please email weneedsafewater@gmail.com with questions or to arrange an alternate pick up time.
- Easter Services
- March 25, Palm Sunday, 11:00 am
- March 29, Maundy Thursday, 7:00pm
- March 30, Good Friday, 7:00pm
- April 1, Easter Sunday, 6:45am, at the Dingle
- 11:00 am, at St. Paul's

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community Room available for shared costs for birthday parties, board meetings etc. our facility includes a good size kitchen, 2 washrooms and storage available. Wheel chair accessibility and plenty of parking. Contact: Judy @ 902-479-0772 or email spryfieldchurch@hotmail.com
- Church services Sunday 11-12 am
- Bible Studies Sunday 6 - pm.
- World Day Of Prayer March 2 at 6:30 pm
- Ecumenical Good Friday Service. Emmanuel Anglican Church 10:30 am.

Other Events and Notices:

- Hand in Hand (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.
- **Girl Guides of Canada** Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.
- **Harrietsfield Williamswood Residents:** For those of you in the Harrietsfield/Williamswood area who fill water jugs at the St. Paul's United Church outside tap, please note the following change: Now that the weather is getting colder, we have to turn off the outside tap. Water is now available inside from Tuesday through Friday between 9am and 3pm. Please email weneedsafewater@gmail.com with questions or to arrange an alternate pick up time.
- **3rd Spryfield Cub Pack** (ages 8 to 10) **and Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.
- Every Tuesday, St. Paul's Resource Centre offers their **Soup's On Program** from 12pm to 1:30pm. This is a great opportunity to socialize with new friends, catch up with old friends, and just get out of the house for a little while. All are welcome to partake in this free lunch program.
- Saturday, March 10 at 8 a.m. **3rd Annual Dave Hart Memorial Hockey Tournament** at the Spryfield Lions Rink. Free admission. 50/50 draw, pizza and cash bar



Check our Facebook page for late arriving events and changes or updates to listed events



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Sharon Kenney REALTOR®
 902-483-7325
 Sharon@alreadyhome.ca
 www.alreadyhome.ca





50 Fieldstone St. \$349,900

This 4 bedroom 4 bathroom home was built in 2004 and is located within walking distance to a supervised beach at Rockingstone Lake. This home is on a dead end street and is just a 5 minute walk to the P-9 Elizabeth Sutherland School which is also the junior high for French Immersion. Just across from the school is the Urban Farm Museum from which it is another 5 minute walk to the William Spry Centre which has a wave pool, fitness centre and library. The main level of the home consists of a formal dining room, living room, kitchen with centre island and Silestone countertops and a separate eating area with French doors to a enclosed screen room on the back deck. Main level also has a powder room and laundry. Ceramic tile from front entrance to and in kitchen with laminate flooring in living and dining rooms. The upper level consists of a four piece bathroom, three large bedrooms with a walk in closet and ensuite in the master bedroom with a jacuzzi tub and stand up shower. All floors on this level are birch hardwood. The lower level is finished in laminate and carpet and has 1 finished bedroom, a 4 piece bathroom, rec-room and a playroom with a walkout to the backyard. The rec-room has a pellet stove which keeps heating costs down and there is storage for additional pellets under the stairwell. Backyard has a chain link fence for the kids and/or dogs. The house is hot water base board heat and set up for backup generator which is stored in the detached 20' x 26' garage which is wired and heated. Driveway can hold up to 3 cars.



Dan Doherty
 902-478-4023
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MEET CALEN, OUR NEW MANAGER IN SPRYFIELD!



Calen has been on the LumberMart team since 2014. He's worked with us in Sales, Installations & Management. Calen lives in the community with his wife & daughter. We are very happy to have Calen joining us in Spryfield. He's looking forward to meeting all of our great customers again & to help get those projects done!

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