

Chebucto News

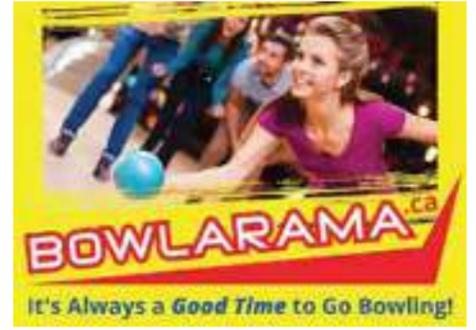
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Enjoying the outdoors at the Urban Farm Forest School

Running wild at the Urban Farm Forest School

Beginning in September of this year, the Urban Farm Museum Society of Spryfield will be opening the first urban community model forest school for Halifax on the farm's acreage. Canada has seen a rapid growth of outdoor play and nature-based programs for children since the launch of Forest School Canada in the spring of 2012. They are modeled on similar schools found all over Europe. Although they are fairly new to Nova Scotia, forest schools are enjoying a great popularity with young children and their parents.

Sally Trower, presently the only qualified Forest School Canada Practitioner in Nova Scotia, is behind the

development of the forest school in Spryfield. Known to the families and children as Strawberry – the heart berry – it's clear that her passion lies in getting kids outdoors to enjoy green spaces. Co-founder of Wild Child Forest School which was launched in 2015 in Halifax, Trower is also working with several other forest schools across the East coast, and will be leader of the program at the Urban Farm.

"With the opening of the new forest school in woods around the Urban Farm, it is hoped that the forest school will help develop the Farm as a hub for local families, as well as drawing families from around Halifax" says Trower. "With this new forest school,

we're excited to have the chance to be growing food at the farm and accessing food from other local sources, as well as having the chance for kids to cook what they are growing, or learning about plant medicine and natural dyeing – all washed down with a healthy dose of outdoor play and away from their electronic devices!" Her own daughter was fortunate to have had the chance to experience forest schools when she lived in England, which is where Trower's passion comes from.

As forest school exposes children

to a greater sense of risk as they play outdoors, there's a high staff ratio. Forest schools offer children and their families a chance to develop a positive experience with the outdoors, come rain or shine, in a non competitive environment and where children have the opportunity to have a hands-on approach to learning. It can be chaotic, but it is always fun as children find freedom in learning to develop a close connection to the land in a fun and safe way. For more information on forest schools in Canada visit

(See Running wild on page 2)

Our refugee neighbours, one year later

by Beverley Clarkson

So did you try the Syrian pastries in the Spryfield Sunday Market yet? Last time, at a little centre table, there were stuffed grape leaves, incredible soft white rolls filled with sweet cream cheese called beehives, and my long-time favourite, baklava. The Syrian baklava seems to be nuttier with pistachios, not dripping with honey like ones we find here. Easier to eat. Delicious.

A year ago, refugee families came here with nothing. Sponsored by the government for one year, they are now on their own. In recent years, their lives have gone from their own peaceful and prosperous homes to the eruption of war, refugee camps for those lucky enough to escape, and after harrowing experiences most of us are lucky enough never to know, they were selected to come here.

They have found apartments, learned to manoeuvre around the city, figured out our customs and systems, got a grip on English, winter, schools, food, work, and they are working so

hard to build their future with us.

Jacqueline Umlah, a volunteer with the St. Paul's refugee project, still works with them and has forged close bonds with many families. They look to her to explain the local mysteries and get them started being real Canadians. She is impressed with how hard they work and what they have accomplished. "The biggest challenge for the grownups is their English but they're making great progress. The first ones are able to help explain for the newer arrivals and the classes are a comfortable gathering point for everyone now. The kids pick English up quickest, and I encourage everyone to watch cartoons because the parents pick up words with the children. And they are doing very well in school. They're fantastic; they help interpret."

"Some of the husbands have jobs now; mechanics, IT, driving, chefs. The women too, like learning to go to the market, costing out the effort for making and selling food; they sold out and cleared a profit the first time.

(See Refugee neighbours on page 2)

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Refugee neighbours

(continued from page 1)

Others have garden plots and are so happy to be growing some food.”

Some of the challenges go on. It would be great if we understood them better. For example, they get criticized for wearing black robes. They wear black to be invisible. But they are starting to feel safe, no one shooting at them, no bombs. I imagine that is very difficult to get past in life. When we see more in colours, we'll know they're doing well.

Jacqueline: “They are so hopeful for their children here. And they are participating in everything they can afford. I asked why they weren't using points cards; so many savings missed. They told me ‘they no work’. Activating their cards requires a lot of complicated issues, translations of technical language and rules, having

emails and ID accounts. Some stores have been great about helping everyone to get them working but we had to help start that up.”

Many refugees are still under enormous stress from home. Though struggling to be self sufficient here, many also want to send money to family left behind. It is very tricky because the other governments are not always helpful and may confiscate funds or chase away family members who might have found a temporary refuge. Heartbreaking fear for family continues.

They want to help us get to know them better. There is a fall dinner coming up, sponsored by ISANS and local politicians, where Syrian feasts will be replicated, at least somewhat. So many dishes; such small plates. Watch for an announcement of when

and where.

Jacqueline also announces that she has introduced them to a well known Canadian delicacy with great success. She brought some “Mr. Freeze” tubes for the children and found the adults enchanted. Next time, she took along a case with instructions for the adults to take them home to their freezers. She caught one father wide eyed and red handed out behind the car blissfully sucking the warm syrup right out of a tube. Well, be honest, we've all been there.

Jacqueline wanted to get the women to write down the recipes for some of these delicacies, and put out a cookbook. She got a blank stare. “We don't use recipes. We just know how to make them”. That's what tradition is, just like my Gram. Experience learned hands on. But maybe part of becoming Canadian means writing things down to share. Pretty sure she will get it sorted. I'd really like that recipe for beehives.

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Running wild

(continued from page 1)

www.forestschoolcanada.com.

Beginning September 12th, the pilot project will be running twice a week for ages 3-5 years, with additional after-school sessions through the Fall and Spring for a maximum of 10 children in each group. Parents can register their children by contacting urbanfarmspryfield@gmail.com.

Anyone interested in finding out more about the Urban Farm Forest School is welcome to come along to a family event on Tuesday August 15th, 5:30-7:30 pm, at the Urban Farm in Spryfield on Rockingstone Road. Check the website for details (www.urbanfarmspryfield.com).

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Saturday August 5, 12:00 noon - 3:00pm Ravenscraig Field (off Williams Lake Road)

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Sammy says



The community of Sambro will be hoppin' the weekend of August 11-13 during the 2017 Sou'Wester Days Festival. This is the biggest celebration of the year in the area, and each year attendance numbers grow as people come from far and wide.

As always, Rubber Duck Race tickets (\$5 each) and 50/50 tickets (\$2 each or 3 for \$5) will be available for purchase before and throughout the festival from Mishoo's Variety or SACA volunteers.

Printed copies of the full schedule of events will be available at several businesses around the Sambro Loop, including Mishoo's Variety and in the community tent.

There will be no washer toss tournament during the festival this year. Stay tuned for a date in the fall!

Starting in the week leading up, there will be a co-ed (age 16+) round robin baseball tournament at 6 p.m. and 7:30 p.m. on Tuesday, Wednesday and Thursday August 8-10 at the James McPhee Memorial Ball Field. The consolation game will be Sunday August 13 at 2 p.m. and the final game at 4 p.m.

Friday, August 11 from 6:30-9:00 p.m. join us for a family friendly Corn Boil and

Ceilidh sponsored by Jill Hann Royal LePage in the community tent by the Sambro Fire Station. Corn on the cob, hotdogs and refreshments are available for \$1 each. Please note this is a "dry" event and no alcohol will be served. There will also be a presentation of the brand new Sambro Spirit Awards recognizing long term dedication and involvement within the community.

Saturday, August 12 from 10:00 am-12:00 noon will be the Community Parade Sponsored by the Spryfield Head Shoppe. Included is the Sambro Gives Back float which will collect non-perishable items for the Food Bank. The parade starts at Atlantic View Dr. in Sambro Head and ends at the Sambro Fire Station. You can expect traffic delays between 10 a.m.-

12 noon from Atlantic View along Ketch Harbour Road to Old Sambro Road and then to West Pennant Road. Prizes will be awarded in the Community Tent immediately following the parade.

From 12:00 noon-3:00 pm there will be a Barbeque, Cake Walk and Family Carnival sponsored by Blue-nose Seafood at the Ball Field.

From 2:00-8:00 pm Kyle's Tailgate Party Sponsored by the family of the Late Kyle MacKay will be at the Community Tent. Live Music will be provided by Lime Rickey. Please note: **MUST BE AGE 19 YEARS OR OLDER.** Your \$5 admission includes a chance to win a door prize. Beer and coolers will be sold for \$4 each. This year the Tailgate Party hours are extended, and there will be no dance on Saturday evening.

Sunday, August 13 from 9-11 a.m. SACA will host a Breakfast at the Community Tent. On the menu are scrambled eggs, pancakes, sausage with juice or tea/coffee. The cost is \$6 for adults \$3 for youth age 5-12 years and kids under 5 eat for free.

At 10:00 a.m. St. James United Church will host a Service of the Sea Church Service.

At 12:30 pm there will be a Blessing of the Fleet at the Sambro Government Wharf, weather permitting.

At 3:00 pm the popular Rubber Duck Race Sponsored by Mishoo's will take place at Grand Lake. Be sure to get your duck ticket in advance!

From 3:00-6:00 pm there will be a Fish Chowder and Strawberry Shortcake Supper at St. James United Church Hall. The cost is \$12 adults, \$6 children and takeout will be available

From 8:00-10:00 pm the Parade

of Sail Sponsored by Midnight Magic Fisheries will take place off Crystal Crescent Beach. Everyone is encouraged to decorate their boats with fun and festive lights. 2 prizes will be awarded. Please respect the distance required to be off shore in order for the fireworks to be safely presented.

At 9:45 pm the spectacular Closing Fireworks Display Sponsored by James Gray Fisheries will take place at Crystal Crescent Beach Provincial Park. Admission is free but voluntary cash donations will be gratefully accepted outside the beach gates on Sambro Creek Road. Please note vehicles must exit the park promptly at the conclusion of the fireworks.

Please join us for what we hope will be the best Sou'Wester Festival to date!

Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.

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DISCOVERING OUR PAST

Dentith Road in Spryfield named for Reverend A.F.J. Dentith (1864-1939)

by Iris Shea

There are some who may remember Reverend Arthur Francis John Dentith, the Anglican minister who served the parishes of Spryfield, Harrietsfield and Terrance Bay for many years. He was born November 19, 1864 at Boulogne Sur Mer, France, the eldest son of British parents, William Dentith and Isabella Catherine Gibbons. Rev. Dentith died March 1, 1939 and was buried in Spryfield (Emmanuel) Cemetery beside his wife, the former Flora Pattison. She was the daughter of Charles and Harriet Pattison and was born in Coventry, England.

Rev. Dentith began training as a doctor in England but developed a hearing problem as the result of a train accident and was unable to continue his medical studies. In 1890 he immigrated to Marquette, Manitoba, and shortly after, in 1891, his parents and two younger brothers, Robert and Charles, emigrated from England and settled in Marquette. In 1901 Mr. Dentith came to Halifax where he began his studies for the ministry.

Arthur and Flora Dentith had one son, Hubert, born in 1901 in Marquette, and a daughter Isabella Catherine, born in 1903 following their arrival in Halifax. In 1906 Reverend Dentith was ordained a priest of the Anglican Church of Canada at St. John's Anglican Church in Halifax and served in Harrietsfield and Spryfield for a brief period. That same year, 1906, his young daughter died, and according to the Emmanuel Church records, she was buried in Harrietsfield. In 1908 Reverend Dentith went to the parishes of Liscomb, Ecum Secum and surrounding areas for the next four years. Constance Ruth Dentith, their youngest child, was born in Liscomb October 3, 1908 and baptized at St. Luke's Church, Liscomb, November 15, 1908.

In 1912 the Dentith family returned to Spryfield where the minister served the Anglican parishioners of Spryfield, Harrietsfield and Terrance Bay. He occasionally travelled to St. Augustine's Church in Jollimore. With his medical knowledge he was called upon to treat certain medical conditions. He went to Terence Bay every second week for religious service and to distribute medicine which was



Photo, about 1924, courtesy Mainland South Heritage Society. Reverend Dentith standing behind his wife, Flora (seated), with their son, Hubert, and daughter, Constance.

often given free of charge. Young Sam Nicholson of Spryfield was hired to drive Reverend Dentith's horse and buggy when the rector conducted services in the different parishes.

In March 1924 Reverend Dentith formed the first scout troop in Spryfield and was scoutmaster for eleven years. In 1925 his wife, Flora, died. His son, Hubert, took up residence in Montreal, attended McGill University, married and settled there. In 1935, the year Reverend Dentith retired from active ministry, he was presented with the gold medal of merit by Chief Scout Lord Baden Powell during Baden Powell's visit to Halifax.

Retirement was not without controversy. Frank Covert (1908-1987) was a young lawyer in Halifax 1935 and reported in his diary that his classmate from McGill, the son of Reverend Arthur Dentith, wrote to say his father was having trouble with the bishop, John Hackenley, and would Covert see what could be done. Reverend Dentith had been told by the bishop to turn over his books, his rectory and everything else to the new incumbent. Dentith wanted an audit and a receipt before he would comply. Frank Covert wrote in his diary "that the older gentleman had an excellent reputation and had been honoured by the King for his work with Boy Scouts. The moment I saw him I knew I would

hear the truth, the whole truth, and nothing but the truth". The bishop, according to Covert, had not reckoned with the rector's stubbornness and called a meeting of the parishioners at which he berated Dentith for engaging a lawyer, saying "No innocent man needed a lawyer". When Covert stood up at the meeting to speak, the bishop yelled "Sit down". Covert refused and demanded the bishop withdraw the remark. Covert turned to the parishioners and asked if there was anyone who doubted the integrity of Reverend Dentith. The parishioners began clapping and soon all had joined in. Covert then delivered a lecture to the bishop, telling him that Dentith would turn over the property when he received an audit and a receipt. One of the parishioners was heard to yell "That's only fair and just". Frank Covert ended his diary entry with "The bishop, in a fit of anger, adjourned the meeting. Reverend Dentith got his way". The diary of Frank Covert was published by McGill Press in 2004 under the title "Frank Manning Covert: Fifty years in the practice of law". It was edited by Barry Cahill.

Reverend Dentith lived another four years following retirement. He was survived by his son Hubert in Montreal and his daughter, Connie, wife of Daniel B. Nicholson of Spryfield. His only granddaughter, Flora

Nicholson, was a school teacher and was vice-principal of J.L. Ilsley High School when it opened in 1971.

The following words are part of an editorial in the Halifax Mail, March 2, 1939, regarding Reverend Dentith: "He was a Christian minister who thought first of duty and nothing of material rewards. He trod the paths of humanity, he gave the best he had to give in the service of his fellow man and his name and the memory of his devoted career are enshrined in the hearts of the thousands whom he loved and to whom he ministered so faithfully and so well."

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LOCAL OBITUARIES

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Ronald Roy "Jeep" Hallett

Age 71, of Spryfield, passed away Tuesday June 13, 2017, at home with his family by his side. Born in Halifax, he was a son of the late Frank and Irene (Drysdale) Hallett.

Jeep retired as a Longshoreman. He enjoyed watching racing, playing baseball, fishing and going for drives. He was dearly loved and a big presence in our lives. He is survived by his loving wife, Heather Hallett (Kline); children of his first marriage Sheri, Shauna, Ron (Jody), Kristy (Mike), and Jay; grandchildren Tyler, Brittany, Brianna, Jaelyn (Willy), Riley, Layla, Nyla, Rayan, and Tarek; great grandchildren, Logan and one on the way; sisters Carolyn, Frankie, Valerie, and Leigh; brothers Robert and Sam. He was predeceased by sisters Geraldine, Donna and Deborah.

Dale Douglas Chase

Age 72, Spryfield, passed away with family by his side June 15, 2017. He was a son of the late Lester and Viola Chase (Keddy).

Dale was a truck driver for many years; he also had a love for cars and dogs, especially Shar-Peis. He was an avid country music listener; he especially loved listening to Dolly Parton and stomping Tom.

Dale is survived by his wife of 51 years Sandra Chase; son, William Chase, Herring Cove; daughters, Penny (Ian) Chaffey, NL; Margaret Chase (Derek Rowter), Halifax; stepbrother, John "Jackie" Morrison, Halifax; grandson, Dale Allen, Halifax; step grandchildren, Meagan and Ryan Chaffey, Newfoundland. He was predeceased by his son, Carmichael and brother, Junior Chase.

Cinda Vivian Fenton (Corcoran)

December 13, 1940- June 26, 2017 Age 76. We are deeply saddened to announce that Cinda passed, with her loved ones by her side at home. She is survived by her husband Douglas and three children, David, Anatheia (grandchildren Lauren and Julia), and Jeremy; brother Rob and sister Dale.

Cinda was born in Elmira, New York to Leonard and Vivian Corcoran. She spent many happy childhood years there with her brother and sister and beloved horse, Brigitte, before moving to Ft. Lauderdale, Florida in 1952. Her life-long love of being in the sun started there; swimming, water-skiing and boating with her friends. She graduated high school in 1959, and attended the University of Wisconsin and Brenau College in Georgia, earning a B.A. Degree in English. As a teacher in Atlanta, Cinda took great pride in making an impact on the lives of her students. In 1965, while visiting Nova Scotia with her parents and brother for the summer, she attended classes at Dalhousie University and met Doug; it was love at first sight for both. They dated, and after a long-distance courtship, were married in 1966. Together for 51 years, they made Halifax their permanent home and Cinda became Canadian at heart. She continued teaching, spending a year at Herring Cove School. Cinda always felt a spiritual connection to the earth and all its creatures, and instilled that love of nature in her family. As a wife and mother, she created a home encouraging discussion and debate, and that good manners and grammar could take you anywhere you wanted to go in life. She loved her family dearly, and tried to make even the challenging times filled with good memories. One of her favorite places was York Redoubt, where she made great

acquaintances with her fellow dog walkers. Cinda touched many people throughout her life, often welcoming them in and taking up the cause of others. She valued honesty and integrity. She will be fondly remembered for her hearty laugh, her wonderful hugs, and for her words of encouragement and praise to family, friends, and everyone she came in contact with. In lieu of flowers, the family asks that a donation be made to the Nova Scotia SPCA.

Rodney H. Deschamp JR.

52, Spryfield, passed away at home on July 1, 2017. Born in Shelburne on March 4 1965, he was a son of the late Ruth Jacklyn and Rodney Deschamp Sr.

Rodney is survived by brothers, Gordon (Twly) and David; sister, Donna Fells (Michael); several nieces and nephews. He was predeceased by brother, Kenny. In Rodney's transition to a happier place his legacy of love lives on in the hearts of special friends, Bettyann "Sis" and Janice.

M. Caroline Gallant

Age 82 of Spryfield and Belle Cote, Cape Breton, passed away quietly at the Halifax Infirmary, QEII on Tuesday, July 4, 2017, with her family by her side. Caroline was the only child of the late Nellie and Joseph Leblanc Belle Cote.

She was a long-time member of St. Michael's Church and the CWL. There was nothing she liked more than to go out dancing, listening to a tune on the fiddle or a good game of cards with friends and family. Her last thoughts were of her family, friends and going home to Belle Cote.

Caroline will be sorely missed by her loving husband of 57 years, John; daughters Camilla and Cecilia; sons Joe (New Hampshire) and Jim; grandchildren Alicia, Zack and Ryan; great grandson Jaxon; and many friends.

Through her lengthy illness Caroline stayed at home cared for primarily by John until very near the end. The family would like to thank VON, Northwood Homecare and the nurses of 8.4 and the ER at the QEII for their help easing Caroline's last days.

Angelo Emmanuel Jr. Musolino

Age 72, Halifax, passed away peacefully July 5, 2017 at Parkstone Enhanced Care, with his family by his side. Born in Spryfield, he was a son of the late Angelo Sr. and Alvina (Smith) Musolino.

He will be sadly missed by his children Shawn (Sonia), Cathy (Kevin), Janine (Richard); siblings, Doreen Archibald (Don), Eugene (Sandra), Gary (Paula), Randall (Barb), Darrell (Susan), Michelle; five grandchildren; two great grandchildren and sister-in-law, Janice. He was predeceased by step father, John Musolino and niece, Laura Newman.

In lieu of flowers, donations may be made to the Canadian Cancer Society or a charity of one's choice.

The family would like to thank the staff of Parkstone Enhanced Care for all they did for dad, especially on his last days.

Thomas Henry Baker

62, Spryfield, passed away peacefully on July 5, 2017 in the Halifax Infirmary QEII, after a short battle with cancer. Born in Halifax on December 14, 1954, he was a son of the late Owen James and Laura Cremins (Asprey) Baker.

Tom resided at Arborstone Enhanced Care nursing home for the past 11 plus

years. This was his home where he was loved and cared for by all the nursing care staff and residents that will miss him as much as his own family. He was a kind, gentle spirit, always had a smile, and loved to entertain kids as he would speak like Donald Duck. Tom always loved to make you smile and always showed respect. His favourite song was Farewell to Nova Scotia.

He is survived by siblings, Doris (Halil), Montreal, Joanne (Gary), London, Ontario, Alma (Kim), Halifax, John (Tracey) Baker, Sparwood, BC, Catherine (Ross) Parker, London, Ontario, Tim (Dawn) Baker, Ontario; several nieces and nephews; lots of aunts and uncles and first, second and third cousins. Tom was predeceased by his brother, James Ivan Baker and nephew, Tom Baker. Also by many Aunts and Uncles; grandparents Asprey and Baker; several cousins.

If you wish to make a donation in memory of Tom, please do so to the Arborstone Residents Council, 126 Purcells Cove Road, Halifax, NS B3P1B5.

Beverley Ninos

Age 83, Spryfield, passed peacefully while sleeping on Sunday, July 9, 2017. Born in Halifax, Bev was educated in Halifax schools and completed her education at Miss Murphy's Business College, her career started in the 1950s in Truro with a local insurance agency. She was a trail-blazer in Nova Scotia for women within Property & Casualty Insurance Industry. In Her career she became an Independent Claims Adjuster, a Claims Manager for a National Insurer, retiring from the Industry she served so well as a Company Branch Manager. Bev was President of Insurance Institute of Nova Scotia, Nova Scotia Insurance Women's Assoc, a member of the Maritime Independent Adjusters Assoc, Nova Scotia Chapter and the Canadian Insurance Claims Managers Assoc of N.S. She was involved in forming the Society of Fellows, Atlantic Chapter, and was on the Board of Judgment Recovery (N.S.) Ltd. In 1978 she was also named Canadian Insurance Woman of the Year and enjoyed being a part of the insurance theatrical group. Bev was an avid gardener, very proud of her lovely rose garden and a great home cook where friends and family were openly welcomed. She will be remembered by many as a mentor and loyal friend. She is survived by her sons Stelios "Donald" Ninos and Dino Michael Ninos; grandchildren Troy Donald, Amber Nicole, and Lara Ann; sisters Joanne Soper Smith and Frankie Phillips; niece Tammy Askins and nephew William Soper. In lieu of flowers donations in memory can be made to the Lung Association of Nova Scotia.

Robert George "Bob" Richards

Age 81, Spryfield, passed away July 16, 2017 at the Halifax Infirmary, QEII. Born in Halifax, he was a son of the late Frederick and Gertrude Richards.

Bob was the longest driving taxi driver in Halifax, 50 years.

Bob is survived by daughter Catherine Ritcey; brothers Gerald (Rebina) and Jack; sisters Marlene MacDonald, and Shirley Smith, all of Halifax, Verna, Winnipeg, Man.; grandson Donald. He was predeceased by his wife, Maureen and several siblings.

Keith Melvin Sarty

63, Spryfield, passed away peacefully on Saturday, July 22, 2017 in the Halifax Infirmary, QEII, with family by his side. Born in Halifax, he was a son of the late Douglas and Mary Louise (Slaunwhite)

Sarty.

Keith was a very loving and compassionate person. He will be greatly missed by all who knew and loved him.

He is survived by his partner, Marina Askew, Spryfield; daughters Stephanie, of Spryfield and Michelle, of Kamloops, BC; grandchildren Liam, Alexander and Lilly; brothers Richard, of Middle Sackville and David, of Vancouver, BC. He was predeceased by sister, Betty O'Malley.

Special thanks to the staff at the QEII 5.1 ICU, for their compassionate care and support.

Ruth T. Scott (Kidston)

Today we are saddened at the death of Ruth Theora (Kidston) Scott of Williamswood, Nova Scotia. Ruth was a graduate of Nova Scotia Teachers College, Truro and taught grade three at Elizabeth Sutherland Elementary School, Halifax. After having her family she taught at Halifax Christian Academy for twelve years. She was the daughter of the late William Kidston and Vera (Schnare) Kidston of Harrietsfield, NS. Ruth leaves behind her loving husband Nathan and sons Adrian (Susan) Scott, Oakville, Ontario; Shawn (Angela) Scott, Halifax; and Trevor, Calgary, Alberta. She has four grandchildren: Jack and Amy Scott, Oakville, and Alexa and Lacey Scott, Halifax. Ruth precedes her brother Doug and sister-in-law Berniece, Harrietsfield. We wish to thank the wonderful doctors and nurses of the Cancer Centre of the QEII and the VG hospital. Donations can be made to the Cancer Society or Gospel Light Baptist Church, Harrietsfield.

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From farm to table—without waste: Spryfield and District Community Market

Submitted by *The Spryfield Community Market Society*

Using reusable bags, growing our own food, and turning old items into something new are just a few of the Green habits that our fast paced society are trying to reclaim. But finding the time and energy for all of this can prove challenging. Have no fear, the bi-weekly Spryfield and District Community Market has lots of vendors that make going Green as easy as counting to four.

1. Odds and Herbs: Shane Gerits, a vegetarian farmer from Sheffield Mills, wanted to show the world that animals were not essential for a human's diet. Moreover, he wanted to prove that a plant-based diet could be grown without animal byproducts. After two years of providing Spryfield with his delicious fruits and vegetables, he decided to increase the challenge and eliminate single use plastics. By turning his collection of old T-Shirts into reusable bags, he was able to provide his customers with a unique, convenient package for his products while giving old clothes a second life and purpose.

2. Valley Millworks: When it comes to turning a fast growing hardwood tree into a reusable item, tradition is what drives Todd Ambrose Foster. His poplar crates and serving

trays are variants of what withstood decades of heavy use on the farm. The materials are milled by a saw his family has been using on their farm for three generations. Grown with the same love for tradition, his family farm also offers a variety of fruits and berries available at his stand.

3. C+H Crafts: One simple tool, a ball of yarn and a ton of creativity is what got Carrie Ellis into the Farmers Market world. Her creative outlet led her to develop a line of crocheted home essentials and fashion accessories made with homemade yarn! Recycled from used T- Shirts and just about any other fabric, her crafts are

created by cutting the material into strips, balling it up and turning it into her own design.

4.7th Chakra Design: When the Spryfield Market started looking for someone to make bags for some advertising, Patti Clark saw an opportunity to test a pie-in-the-sky dream she had been nursing for a while; manufacturing her own reusable bags. She is currently a one-person-shop, but has a dream of starting up a small manufacturing business. These cotton canvas bags allow people to bring merchandise home while reducing their carbon footprint. Her bags are currently individually hand painted



but if her project moves forward she will be exploring screen printing.

For more details about the Spryfield and District Community Market including the complete list of vendors and schedule please check @spryfieldmarket on Facebook or visit www.spryfieldmarket.ca.

A much welcomed parking lot

by *Lorrie Boylan (Writer, Administrative Professional and CBC Radio's Community Contact for Sambro)*

Those visiting the James McPhee Memorial Ball Field will notice a change for the better this year. In past years it has been tricky to find parking, and on evenings when there were sports events going on at the field, cars were lined up on both side of the road. It was difficult for regular traffic to drive through there, let alone fire trucks in case of an emergency. Add to this cyclists and walkers going to and from the field, especially young children

who, in their excitement, don't always pay attention as much as they should, and it was a recipe for disaster.

Three and a half years ago local resident Skip Horton began the long arduous task of cutting through the red tape in order to get a parking lot. This year, with the help of Councillor Steve Adams and MLA Brendan Maguire, his dream finally became a reality. Congratulations, gentlemen, on a job well done!

Also of note at the ball field is a container which the Sambro Area Community Association ("SACA")

is using for storage of items needed for Sou'Wester Days and other events that the group hosts. Up until now the items were stored in basements, garages and sheds of various folks around the community. Having everything in one place at the site where Sou'Wester Days takes place will simplify things for everyone involved.

East Coast Mural Co. was retained to paint a mural on the side of the container and Adam Cook did a great job of capturing the spirit and intent of the space. Next time you are driving by, be sure to check it out for yourself!

ROUTE 402 SAMBRO

**EFFECTIVE
AUGUST 21ST, 2017**

**ROUTE 402 SAMBRO
WILL BE DISCONTINUED.**

Due to the low ridership levels, Route 402 will be discontinued.

Some people impacted by the discontinuation of this route may consider Route 20 Herring Cove and Route 14 Leiblin Park as an alternative transit option.

You can view a full map of Halifax Transit routes and timetables online at halifax.ca/transit

If you have any questions about this or any other transit service change, please visit halifax.ca/transit or call **311**

Halifax Celtic Festival returns for their fifth year

Celtic tradition holds that the harvest season brings all members of the Celtic community together in celebration. The Celts commemorated this bountiful time by sharing food, music, arts, cultural traditions and language. Passed down through generations, the harvest season is still widely celebrated by Celtic communities across the globe.

This September, a Celtic harvest celebration will take place at the Halifax Forum.

Rooted in tradition, the Celtic Cultural Society of Nova Scotia preserves, promotes and supports Celtic traditions, like the harvest celebration. Their free annual showcase, the Halifax Celtic Festival, brings together Nova Scotia's diverse Celtic community to appreciate and share their culture.

"In honour of the festival's fifth anniversary, we adopted the Celtic harvest theme," explained Rick Grant, president of the Celtic Cultural Society of Nova Scotia.

The five day celebration is hosted from Sept. 13 through 17, with their major events hosted at the Halifax Forum Multipurpose Centre. Local Celtic musicians and dancers take the main stage with toe-tapping tunes, while vendors and businesses display their merchandise, art or historical pieces. Kids cheer for the Celtic games and activities while their parents enjoy the authentic Celtic cuisine.

Beyond the main activities at the Forum, the Halifax Celtic Festival

hosts a variety of events around HRM, such as their educational speaking session, Giving Celtic Context, at The Old Triangle Irish Alehouse.

"Youth initiatives and involvement is a major focus for this year's festival," said Grant. "Our goal is to spark the interest of the younger generation and encourage them to carry on the celebration of their Celtic roots."

Youth events include a junior high

school band concert hosted at the Woodlawn United Church, and a variety of youth dance and piping group performances at the Halifax Forum. Their major athletic event connects teams from all over the province to compete head-to-head in the Youth 7s Rugby Tournament.

"We are so pleased to collaborate with the Spryfield Business Commission for this year's rugby tournament

at Grave's Oakley," said Grant.

The festival grows larger with each passing year, drawing over two thousand people to the variety of cultural events.

"We celebrate the many Celtic nations, but as one family," said Grant. "Come start your own family tradition; join us for the harvest."

For more information on events and scheduling, please visit www.halifaxcelticfest.ca.

Community bus update

by Bruce Holland

As many of you know the Metro Transit bus serving the Ketch Harbour Sambro Loop is being eliminated on the 21st of August. In April, Councillor Adams approached me to ask if the Spryfield Business Commission (SBC) would consider exploring the possibility of developing a Community (Flexible) Bus Service to take the place of the service being eliminated. Councillor Adams asked the SBC because the Provincial and Municipal Programs that are available to support such a service will only fund non-profit groups and the SBC is a non-profit organization. The SBC Board of Directors felt this service is important to the community and agreed to take this project on.

The SBC made an application to the N. S. Department of Municipal Affairs, Nova Scotia – Transit Research Incentive Program (NS-TRIP), for a

grant to conduct a Feasibility Study and create a Business Plan for the potential new bus service, which is required under the program. It is also a requirement of the program that the study and the plan be done by an independent consultant. The timeline proposed to complete the Feasibility Study and Business Plan was no later than February 15th, 2018, as required under the program.

SBC believes that both the Feasibility Study and Business Plan could be finalized well before the February 15, 2018 date. Much of the information NS-TRIP requires is available, as it was compiled prior to the creation of the current bus route.

As of this writing, there have been two meetings, one with the Sambro Area Community Association and one with the Ketch Harbour Area Community Association on the new bus service. We have also received

positive input and feedback from the community at large. Additional public meetings will be scheduled as part of the Feasibility Study.

We are pleased to report that the grant request of \$8,000.00 for the Feasibility Study was approved, however the grant request of \$8,000.00 for the Business Plan could not be approved as the grant program had exhausted its current fiscal budget.

The SBC is required to make a contribution as well and is prepared to contribute a total in-kind and financial contribution of \$6000.00 to the project.

We are proceeding with the Request for Proposals to Conduct the Feasibility Study and have appealed to our MLA Brendan Maguire to see if there is any possibility that the funds for the Business Plan can be found so that both the Feasibility Study and

(See Bus update on page 8)



BBQ Saturday August 12th 1-4pm OPEN HOUSE

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Summer at St. Paul's Family Resources Centre

by Carolyn Mont

One of the many things I love about Spryfield is that the service providers work together to support each other and to try to not duplicate services. We see this community ethic regularly at St. Paul's United Church in Spryfield.

St. Paul's Family Resources Institute (FRI) is our Community Ministry and it is a busy place this summer. There is construction happening at our community garden behind the church. To the best of our knowledge, this is the oldest community garden in NS and we have over 40 gardeners. Some of the gardeners come from outside the greater Spryfield area, some live in the community, some are church members, and some are not.

The gardeners are often on site after the church is closed for the day so one of the needs this garden has is for a toilet. We have been renting a portable outhouse but that is extremely expensive. When our Community Ministry Director, Kristen Hollery, was discussing costs with Tracey Boyer of the United Way, Tracey told her of a new program the United Way is looking into, the collaboration of United Way with the Dalhousie School of Architecture. This conversation was the beginning of a very exciting program at our community garden.

Students in the Dal School of Architecture and from Nova Scotia

College of Art and Design University (NSCAD) are participating in a 2 week course, a free lab credit course. Normally, for a full term, students would attend classes 2-3 times a week for months, but with this Free Lab program, they work all day for 2 weeks.

The students and their professor, John Pece, and United Way's Tracey Boyer met with members of the FRI board and the Unified Board of St. Paul's Church to explain the program and how they could help out with our need for a composting toilet. Then, the project began.

From the point of view of Dal, this is a course with goals the students have to meet. From the point of view of the church boards and the gardeners, it is the solution to a problem. They met with the board members and the gardeners (the clients) and are based, for this two week project, at the church. They are on site, where they have chosen the best possible location for the facility, and then they come back to the clients with a proposal. They understand other needs of the gardeners such as a spot to wash harvested vegetables and a covered spot to get out of the sun or rain for lunch breaks. They have come up with new ideas for the site and are now in the process of costing materials. All of the work, including construction, will be done by the students and it must be done in 2 weeks, with the ribbon cut-

ting on July 28. This is funded in part by Dalhousie School of Architecture, the Harry Kitz Fund, United Way, St. Paul's FRI, and local businesses helping with in kind donations- Lumber Mart and Elmsdale Lumber. Feel free to come to our garden and have look.

The gardeners are planning a fundraising dinner spaghetti dinner at the church on Monday August 21 from 5 to 7pm.. The cost is \$10.00 for adults and \$5.00 for children.

Other summer programs at FRI have been busy as well. Camp Paul, our summer day camp for children aged 5 to 12, is going strong. The children are off site on Wednesdays because the space is used for our Food Bank. These off site excursions are to museums, the Halifax waterfront, the Oval, Citadel Hill and libraries. They also regularly walk to Kidston's Lake for swimming.

Food Banks have a difficult time due to slower donations in the summer. At FRI, Dalhousie Nursing students attend our food bank and interact with clients. They saw the approaching need and decided to organize a food drive. Donations were organized and on June 25, the donated food was passed from the Spry Centre up the hill to the church by volunteers. At the intersection of Old Sambro Rd., Rockingstone Rd. and Sussex St. police were on hand to control traffic as the food was delivered to the food bank.

Our summer Nordic Walking program is well under way. We have a group of about 20 people, with average attendance on the walk being 10-12 people. This is another example of the supportive community that is Spryfield. St. Paul's FRI doesn't have poles but HRM Parks and Recreation at the Captain Spry Community Centre does. They lend them to us and we can offer this free program. Some of the walks we have done so far this year include Frog Pond to Deadman's Island, Lake View Park, York Redoubt, the Rockingstone, Macintosh Run Trail and a walking tour of Halifax.

Bus update

(continued from page 7)

the Business Plan can be completed in this fiscal year so we can apply for funding to start a pilot bus service at the start of the 2018 fiscal year, likely in May of 2018.

We wish we could shorten the process and if we do not get both the Feasibility Study and the Business Plan done in this fiscal year it will be another full year before we can start the pilot. We will keep you updated on our progress as we have more information to report.

Please feel free to e-mail me at sdbc@eastlink.ca with any suggestions, questions or input you may have.



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THE HARVEST APPROACHES

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Halifax Celtic Festival

Sept. 13 - 17
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www.halifaxcelticfest.ca

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- Youth Ensembles: Our Traditions**
Woodlawn United Church
- Giving Celtic Context**
Old Triangle Pub
- Kitchen Party** - Halifax Forum
- Family Day** - Halifax Forum
- Salute to Canada 150**
Halifax Forum
- Youth 7s Rugby Tournament**
Grave's Oakley

TEMPORARY RELOCATION DURING RENOVATIONS

Clyde A. Paul & Associates will be temporarily moving locations due to renovations to our current site at 349 Herring Cove Road.

Our new location will be at **531 Herring Cove Road**, located at the rear of the Duel Properties building. Directions will be in place at our current location as well as clear signs at the new location.

Our moving date will be August 18.

Please contact our office if you have any questions or concerns at **902-477-2518**.

We apologize for any inconvenience.

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August Specials!

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St. Margaret's Bay Road construction will be a real pain

by Shawn Cleary, HRM Councillor, District 9

Halifax is spending tens of millions of dollars paving roads this summer. There's no denying our roads need it. In fact, we could spend tens of millions more and still not address every thoroughfare and residential street that could use a little TLC or, in some cases, a complete rebuild.

One of the biggest road construction projects on the go in District 9 this summer is on the St. Margaret's Bay Road, from Douglas to Fenerty. There will be upgraded utilities under the road (gas and water), as well as new asphalt, sidewalks, and crosswalk. Indeed, the work is so big and complex, it will require an 11 week full closure. Only local residents and customers of the local businesses will have access. The city has set up several detours, which can be found on the project website Halifax has set up to stay up to date on the work, bus rerouting, etc.: <https://www.halifax.ca/about-halifax/regional-community-planning/construction-projects/st-margarets-bay-road-construction>.

The huge inconvenience will have equally large payoffs for residents. The road desperately needs repaving but more importantly, there will finally be real concrete sidewalks on

both of the street and a new upgraded crosswalk with push-button activated flashing lights to increase the safety of pedestrians on such a busy road.

Frog Pond Boardwalk Gets Badly Needed Repairs

At the end of July, major repair and rehabilitation of several wooden boardwalk structures started around Frog Pond. The work will run all through the month of August. If you've walked the trail the last couple of years, you would have seen a marked deterioration of the boardwalks and footbridges.

You may have noticed signs up around the park notifying the public of the work. The signage will change during the project, depending on which section of the trail is under construction. The contractor doing the work will try to minimize the impact to trail users through efficient work planning and scheduling.

The inconvenience should be relatively minor on this project and the outcome will be great boardwalks and footbridges.

Natal Day Beach Party at the Dingle on August 7

The 10th Annual Natal Day Beach Party at the Dingle will take place on

August 7th from 1:00 p.m. until 4:00 p.m. There will music by Pineo & Loeb, Scout Camp kids show, bouncy castles, kids games, face painting, art activities, Mermaids, and more.

A shuttle bus service will be

provided from the Frog Pond and JW MacLeod parking lots.

Bring your beach blankets, hats, and sunscreen and Halifax will supply the fun!

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2017
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Aug 20
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Spryfield
Business Commission

**NEWS
& VIEWS**

SBC Annual General Meeting and Awards Night – a fabulous evening of fun networking!

Over 100 Members and Friends of the Spryfield Business Commission (SBC) recently attended our AGM and AWARDS Night at the Armdale Yacht Club (AYC). Both the AYC and the Clubs Executive Chef, Andy Thomson, are Associate Members of the SBC and everyone enjoyed a delicious meal and a fabulous night of laughter while getting updated on the SBC's yearly activities. Outgoing Chairman Dan Doherty thanked the Members of the Board of Directors for their volunteer service and introduced the new Board for 2017-2018. Current Board Member, Clyde Paul, will assume the role of Chairman as Dan steps down and becomes Past-chair, Kurt Ryan will be our new Vice-Chair, Irene Swindells will stay on as Secretary and Eric Caines will stay on and serve as Treasurer. Long serving member, Alice Morris, will stay on as a member-at-large, while Wyatt Redmond and Chris Macaulay, who joined the board during the year, will stay on as members-at-large. New to the board is Nadine Garrison, member-at-large.

This year's award recipients are:

- Business of the Year – Spryfield Shoppers Drug Mart
- Small Business of the Year – Spryfield Bowlaroma
- New Business of the Year – Station Six Food and Drink
- Volunteer Organization of the Year – Pathways to Education
- Volunteer of the Year – Constable Ryan Morash – Halifax Police Dept.
- Jason Doherty Memorial Business Person of the Year Award – Co-winners: Joanne Darrah, Spryfield Head Shoppe and Darlene Crowell, RBC

Many thanks to all who attended for making this a successful event!

Volunteers Needed

The Spryfield Harvest Festival organizers are seeking volunteers for this year's Festival which takes place from September 15th -17th.

This year the SBC is sponsoring the Halifax Celtic Festival Under 19 Rugby Tournament at Graves Oakley Field in Leiblin Park. As part of hosting the tournament we will be having a fundraising BBQ. The funds raised from the BBQ will be used to establish an SBC Bursary for a graduating J. L. Ilsley student. The Rugby Tournament takes place on Sunday, September 17th from 9 am – 4 pm. If you are interested in helping out with either of these events please let me know by e-mailing me at sdbc@eastlink.ca.

Many Thanks!

As part of the business Commissions beautification program (which includes the hanging baskets along the Herring Cove road, flowers in local flower boxes and several local flower gardens) we ask our local landscapers to help plant and maintain the flower boxes. We would like to thank Landworks Property Services, Blade Landscaping, Duel Property management and Green Roots Landscaping and Councillor's Stephen Adams and Shawn Cleary (for your financial contributions) to making our Business District and the community as a whole a beautiful place to live, work and play!

Newsletter

The SBC is committed to keeping our members and the community informed of our activities and events. In addition to this regular Chebucto News column we invite you to join our regular monthly Mailchimp E-mail Newsletter. Please let me know if you would like to join the newsletter distribution list.

Bruce Holland,
SBC Executive Director

ATTENTION Professional Development



Spryfield
Business Commission

FREE Courses Offered

SOCIAL MEDIA II – DIGITAL MARKETING

Instructor: Anita Kirkbride. Every Tuesday morning, 9 am – 12:30 pm, for 11 consecutive weeks starting Tuesday, August 15th, 2017.

Location is at the Captain Spry Community Centre.

Course content will include, but is not limited to:

- Facebook Advertising
- Social Media Contests, rules and best practices
- Scheduling programs for saving time on social media
- Strategy building
- Hashtag Strategies
- Do-it-yourself graphic design for social media and much more.

SAGE 50 ACCOUNTING (FORMERLY SIMPLY ACCOUNTING)

Instructor: Vicki Shaw. Every Wednesday morning, 9 am – 12:30 pm, for 11 consecutive weeks starting Wednesday, August 16th, 2017.

Location is at the Captain Spry Community Centre.

Course content will include, but is not limited to:

- Posting common day-to-day transactions
- How to manage HST and input tax credits
- How to run and interpret reports
- Current best practices and much more.

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Reg Horner Memorial *Chebucto News* **Sports Pages**



Molly Priest to compete at WFNBTAs in Lillehammer

edited by Dylan Ramsay summer editing assistant

8-year-old Molly Priest has spent the last 4 years training in Spryfield for the club Nova Scotia Baton, with her coach Tania Heighton.

On July 7 Molly competed at the CNBTA world trials in the age group 7-9 in Ontario. As a top three finisher, Molly will represent team Canada at the 2018 WFNBTAs worlds in Lillehammer Norway. Her family is very proud of her and she is very excited for this huge opportunity to be representing not only her country but her community as well. She will be in Norway for the competition from March 28 until April 1. There will be lots of fundraising between now and then, so if you have the chance to help, any donation would be much appreciated. We would like to wish her the very best, and will be rooting for her. GO MOLLY!!



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More than usual community improvement activity happening this summer

by Stephen Adams, HRM Councillor, District 11

Looking over the past years, this summer has had to be the busiest for improvements to our community. The Herring Cove Road has undergone extensive preparation work for the planned micro-surfacing which should be completed by mid-August.

The work on Rockingstone Road has begun, which includes plaining of the existing asphalt and asphalt overlay, as well as repairs to the curb and gutter. By the time you have read this article, the crews should be cleaning up. Layton Road will also get some paving done, with work extending from Herring Cove Road to Penny Lane.

The construction along Leiblin has been extensive and is moving along. It has caused many disruptions in traffic flow and especially transit service. I appreciate that this is inconvenient and has caused hardships for many, but I am confident that the finished project will be outstanding. As an aside, I have asked our staff for additional improvements and am awaiting on their responses.

Over the past few months, I have met with interested residents regarding the future of the Herring Cove Recreation Centre. We had an onsite meeting to look at the condition of the hall, get an idea of what work would be required, and decide if it was a project that could be done within a reasonable budget. There were a number of concerns raised which we could not answer. After this meeting, local resident Chris Sabine and I met with our building inspectors to look at the hall in more depth. We are confident that the structure is sound, and would provide a solid base for our centre. We will be forming a committee to develop a business plan so that it can come under community ownership.

Earlier this year, I had arranged to have a radar box purchased, so that areas with speeding cars could be monitored, and actual radar be set up, if warranted. Unfortunately, someone felt it would be a great target for rock throwing. The box was damaged, and needed repair. I got this box to make our communities safer. They are expensive and also expensive to repair. Sadly, if this vandalism continues, we

will reach a point whereby the box will be unable to be repaired, and our programme will cease. If that happens, we all lose.

As your Councillor, I have had the opportunity to recognize extraordi-

Improved child benefits to families who need it the most

by Andy Fillmore, MP for Halifax

Hello everyone, and happy August!

It was just about one year ago that our government's Canada Child Benefit (CCB) began arriving in the mailboxes of Canadian families across the nation, including many here in Halifax.

As you might recall, in the 2015 campaign, one of our key promises was the introduction of an improved child benefit for families who need it most – and upon forming government, it's one of the first things our government did.

Compared to the previous benefit under the former government, our CCB is tax free. It's bigger – with 9 out of 10 families receive more than they did before. It'll lift 300,000 kids out of poverty. And unlike the previous benefit, our money goes to the families who need it most, meaning no more cheques to millionaires.

One year after it arrived in mailboxes in Halifax, the CCB has already had a transformative effect on our economy and our communities. A recent study showed that it has just about single handedly lowered the living wage in our city – that is the amount one has to make per hour to afford basic necessities.

In fact, in Halifax, over 9,630 children benefit from the CCB every month – at a total investment of \$3,766,000 per month, with an average monthly payment of \$650. I've heard many stories from families about how the CCB has helped them with the high costs of raising their kids – and that's what makes me so proud of our government for this progressive measure.

Speaking of families – are you looking for free, fun, family-friendly activi-

nary individuals throughout our many communities. At the July 13, 2017 Regional Council meeting, I had the privilege to bring forward a notice of motion to recognize, and hopefully in the future honour, a very special man.

I have formally asked that the new fire station in Williamswood be named the Chris Boyle Memorial Fire Station. I will keep everyone informed as we go through the naming process.

ties this summer? Here are some ideas.

The brand new Discovery Centre is free on Wednesday nights. The Art Gallery of Nova Scotia is free on Thursday nights from 5-9pm. Saint Mary's Boat Club offers free canoeing on the arm, 11am until 7pm on Saturdays and Sundays. Sir Sandford Fleming Park, or the Dingle, has a brand new playground. Roller skating at the oval takes place at 11am on weekdays, and there's no fee to rent roller-skates. It's story time in the Halifax Public Gardens at 10:30am Tuesdays and Thursdays thanks to Wozzles Book Store and Uncommon Grounds. Our Seaport, Brewery, and Forum farmers' markets are all open all summer long. Entry to Citadel Hill National Historic Site is free all summer long too, as part of Canada 150 – and every national park across Canada is free as well! And there's always a ton of free, family programming happening at the Halifax Central Library.

If you're a senior in Halifax, there's also plenty to do.

You can catch a game of walking soccer at the BMO Centre. It's a sport program that provides people 55 and over with a comfortable, non-competitive, environment to participate in safe physical activity at all skill levels.

One of my favourite things to do in downtown Halifax during the summer is to pack a lunch and head to the Grand Parade for Tunes at Noon, on Wednesdays, Thursdays and Fridays from 12-1 – free, lively outdoor concerts featuring local artists, sponsored

by the Downtown Halifax Business Commission.

Halifax Bridge World, a local bridge club, holds games almost every day! Keep your card game sharp and check them out for more information!

Keep an eye out for events like BBQs, dances - and even karaoke night - at our local Legion Halls and at the Spencer House Seniors Centre!

Shakespeare by the Sea at Point Pleasant Park has indoor and outdoor shows running all summer! Check out the full schedule to pick one of the amazing plays that interest you!

The Army Museum up at Halifax Citadel is another great option for history buffs out there, with a treasure trove of artifacts and amazing war stories. What a great way to remember and honour our veterans.

These are just a few ideas to make the most of your summer in Halifax. I'll see you out there!

Stay in touch with Andy online on Twitter, Facebook and Instagram at @AndyFillmoreHFX



Check out our ad on page 9 for our August Specials!



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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

I hope everyone is enjoying a pleasant and relaxing summer. I've been keeping busy with my work, but also making time to take part in the festivals and events going on in our city and community.

Over the past few weeks, I've had the pleasure of attending some wonderful occasions. I was proud to march in the 30th Annual Halifax Pride Parade this year with a great group of friends and supporters. The energy, passion, and of course rainbow colours, were on full display, and it was great to have the Prime Minister join us in celebrating the increasingly inclusive and diverse city we've built together over the last three decades. I also had the chance to attend the Marblehead to Halifax Ocean Race Ceremony at the Royal Nova Scotia Yacht Squadron, where I was honoured to help present the Provincial Tray. In July, I hosted another one of my MLA Summer Tim's Talks at the Osborne Street Tim Hortons, and enjoyed chatting with residents over coffee. Thank you to everyone who came by and shared their thoughts and priorities with me.

In my ministerial roles, I've also been hard at work. I had the opportunity to meet with federal Ministers Brison (Treasury Board) and Hussen (Immigration), and had a very productive exchange on our shared priorities for Atlantic growth and immigrant attraction. I know we share a strong commitment to making the most of the Atlantic Immigration Pilot, and I'm looking forward to continuing to promote the program amongst our business community in Nova Scotia. I also had two unique opportunities last month: I joined members of the 333 Prospect Communities at the airport as we welcomed a happy group of newcomers to Nova Scotia, and attended the Stay in Nova Scotia Graduation ceremony where I had the pleasure of congratulating our international students on their success, and encouraged them to put down roots in our wonderful province. I was also thrilled to join in my first Bastille Day as Minister of Acadian Affairs and the Francophonie alongside our newly in-

stalled Acadian Lieutenant Governor and Alliance Francaise.

Last month the J. L. Ilesley Site Selection Committee chose its three recommended sites for our new high school. The three sites are 1) The current site of J. L. Ilesley High, 2) The MacIntosh Estates land, and 3) The Leiblin Drive land adjacent to Graves-Oakley Park. The decision now rests with the Minister of Education. At a link available on my Facebook page you can find a helpful summary of the J. L. Ilesley Site Selection process to date, read about the feedback that the committee received, and find both maps and a helpful list of pros and cons for the sites.

July also saw the announcement of government's first stage of free pre-primary for four year olds in Nova Scotia. 43 schools across the province will offer this play-based programming for four year olds starting in September. This is the first stage of a

Three sites in running for new high school location

by Brendan Maguire, MLA for Halifax Atlantic

Edited by summer assistant editor Dylan Ramsay

JL Ilesley site:

Many people have been asking me for an update on the new high school.

At the beginning of July, the JL Ilesley site selection committee submitted three sites for approval to the Halifax Regional School Board: Graves Oakley area, Macintosh Run, and a site adjacent to the current school. The school board will review the sites and then send them to the department of education with a recommendation from the three for the new site. Once this process is complete, there will be public consultation regarding the design of the school. I will keep everyone up to date via my monthly article and social media.

Spryfield Blood Clinic

Here's a quick update on the Spryfield Blood Clinic. The design phase has been completed, and the last update I received from the Depart-

ment of Health is that it is on track to be opened in the fall.

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Sambro Loop bus

As most of you know the municipal Sambro bus will be coming to an end during the month of August. Although this is a municipal issue, it is also a community issue. I know that our councilor has worked hard to keep this bus route going, but to no avail. Last year, the province and the feds supported municipal transit with millions of dollars to help expand and sustain it. We need to work together to find a solution for our communities. Now is not the time to play politics, nor point fingers, as this will not lead to a solution, and honestly achieves nothing. Let's all work with the councilor and municipality to find

a solution and to continue to help our communities move forward.

a solution and to continue to help our communities move forward.

a solution and to continue to help our communities move forward.

In The Loop BBQ

The annual In The Loop BBQ has been moved to August 5th from 12pm to 3pm at the RavensCraig Field off Williams Lake Road. There will be FREE BBQ, a bouncy castle, games for the kids, and lots more. Join us for a great time.

Thank you all for your continued support and I look forward to working with and for each and every one of you.

Humbled to be your MLA,
Brendan Maguire

Contact me anytime
Brendan@brendanmaguire.ca
902 444 0147
349 Herring Cove Road Suite C



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MLA Halifax Armdale

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Join me this month:
In the Loop Community BBQ
RavensCraig Field, Aug. 5, 12:00-3:00pm
Dingle Natal Day Party
Aug. 7, 1:00-4:00pm
Stay tuned to my Facebook page for
upcoming trail walks and Tim's Talks!

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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR AUGUST

Chebucto Community Health Team (16 Dentith Rd) Events:

- Wellness Profile: August 9th and 23rd. 8:30am to 11:30am.
- Wednesday, August 2nd through Wednesday, August 23rd. Craving Change. 4 week program. 1:30pm to 3:30 pm
- August 14th. Building Better Health Goals. 1:30pm to 2:30pm

PLEASE NOTE: People eligible for the programs are anyone who lives, works or has a family doctor in the communities of Clayton Park, Fairview, Rockingham Larry Uteck, Fairmount, Springvale, Armdale, Purcell's Cove, Spryfield, and around the Sambro Loop. Please call 902-460-4560, go to www.communityhealthteams.ca or drop-in to register.

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- August 21st. Seniors' Dance. Music by Chain and Anchor Band. \$4 per person. Light lunch served

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Community Centre Association (2 Indigo Walk). Call Mon. Pick up Tues. 7:30am to 12pm. Call 902-431-8087 between 9:30am and 12pm on Mondays

Free meals for those in need:

- **Mondays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring cove Rd)
- **Tuesdays:**
 - Continental Breakfast at Salvation Army (328 Herring Cove Rd) from 9am to 10am.
 - Soup's On Program 12pm to 1:30pm at St. Paul's Family Resource Institute (173 Old Sambro Rd)
- **Wednesdays:**
 - 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required.
- **Thursdays:**
 - Hot Breakfast 9am to 10am Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)

• Fridays:

- Continental Breakfast 9am to 10am. Salvation Army- Spryfield Family Resource Centre (328 Herring Cove Rd)
- Harrietsfield/Williamstown Community Centre (1138 Old Sambro Road) Events:**
 - Hall is available for rentals all summer long. Call Natasha at 902-293-7427
 - September 13th: Tai Jitsu begins again. Wed and Thurs
 - September 16th. Community Yard Sale and BBQ
 - September 20th: Parent/Tot drop in resumes
 - September 21st: Pre-Teen Dance. 6:30 to 8:30. \$3 per child. Grades 3 to 6. No Hats allowed.

Urban Farm Museum Society of Spryfield (Captain Spry Centre and Farm at Ardwell and Rockingstone) Events:

- August 8th. 5:30pm to 7:30pm. Evening in the Garden. There will be music, and crafts, and an opportunity to learn about Monarch butterflies and butterfly gardens.
- August 23, 4-6 pm: Afternoon Tea. Come enjoy fresh mint and herbal teas from the Urban Farm, with treats and a relaxing afternoon in the shade.
- August 15, 5:30-8 pm FAMILY NIGHT- an intro to our new Urban Farm Forest School (suitable for ages 3+)
- The next monthly meeting of the Urban Farm Museum Society of Spryfield will be on Monday, August, 14th at 7 pm at Captain William Spry Centre. For more information email urbanfarmspryfield@gmail.com

Quarter Note Singers (Captain Spry Centre) Events:

- Thursday nights from 7pm until 9pm. Singers Wanted! We are a mixed adult community choir that has been making music for over a decade at the Cap't William Spry Community Centre. Singers of all levels are welcome; there are no auditions. For more info please call Steve Trussoni at 902-477-2664

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.

St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106
- From July 2nd until September 3rd St. James will be having one service only at 9:30 am with alternating BCP and BAS services. We will resume the 8:30 am and 10:00 am schedule on September 10th. Sunday School is now closed for the summer and will resume on September 24th. The St. James Annual Garden Party will take place on July 30th following the 9:30 am service. All are welcome. Come and join us for lovely refreshments and fellowship.

St. James United Church (3811 Old Sambro Road) Events:

- August 13th: 3pm to 6pm. Fish Chowder Supper. . Adult portion \$12 and children's portion \$6. Everyone Welcome

St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- BINGO! August 11th and 25th. Doors open 5:30. Bonanza game starts at 6 p.m. Mini bingo starts at 6:30 p.m. Regular games start at 7 p.m. 15 regular games , 5 special games, postage stamp, toonie pot ,50/50 draw ...Canteen : pop ,water , chips , bars, Tea , coffee, (cookies , squares)
- Save the Date! October 13th and 14th. Fall Fair. More details to come.
- October 22nd 2pm. Country Music Hall of Fame!

St. Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 or Jackie at 477-3776 to have them picked up
- For those of you in the Harrietsfield/Williamstown area who fill water jugs at our outside tap, please note that the outside tap has now been turned on and you are free to fill your water jugs at your convenience.

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Judy at 902-479-0772
- Church services Sunday 11-12 am
- Oromo Gospel Church: Sunday worship service: 3 pm Tuesday prayer: 10 am.
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am
- September 9: workshop from 1-4

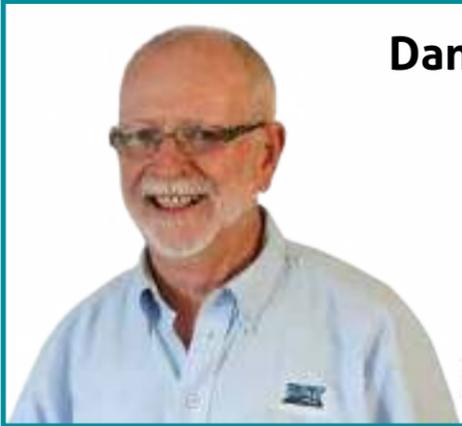
pm.: Exegesis of our community with Rev. Dr. Elias Mutale

Other Events and Notices:

- **Hand in Hand** (440 Herring Cove Road) which is operated by the St. Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.
- **Girl Guides of Canada** Registration is now ongoing! Interested girls and aspiring leaders can go to www.girlguides.ca for more information. Or call 423-3735.
- **Harrietsfield Williamstown Residents:** For those of you in the Harrietsfield/Williamstown area who fill water jugs at the St. Paul's United Church outside tap, please note the following change: the outside tap has now been turned on and you are free to fill your water jugs at your convenience.
- **3rd Spryfield Cub Pack** (ages 8 to 10) and **Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.
- Every Tuesday, St. Paul's Resource Centre offers their **Soup's On Program** from 12pm to 1:30pm. This is a great opportunity to socialize with new friends, catch up with old friends, and just get out of the house for a little while. All are welcome to partake in this free lunch program.
- **Natal Day Party at the Dingle:** Mainland South Heritage Society invites you to drop in to the Adventure Earth Centre at Fleming Park on Natal Day, Monday, August 7th from 11 am to 2 pm. Enjoy free cake and coffee and browse through our display of old photographs.
- **JL Hsley Class of '87 30th reunion!** Save the date: Saturday, August 19th 2017. The Armview Restaurant, 9:00 PM. Alumni '84-'89 welcome. Email: jlreunion30@gmail.com or check out FB reunion page on FB for more info on additional events.



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39 Arvida

RECENT UPGRADES!! The owners have just removed all carpet on the main level, and refinished the beautiful birch hardwood floors! The kitchen flooring has also been replaced and the entire house has been freshly painted throughout, in a neutral modern palette! Don't miss out on this wonderful opportunity to live in a great community in a well established family neighbourhood in Thornhill Park, Spryfield. With lovely city views, this well constructed and maintained 3 bedroom home is just waiting for the right family to move in and start their memories! Some more upgrades within the last 15 years have been a furnace, oil tank, hot water tank, exterior doors, most windows, roof shingles, electrical service upgrade and as recent of 2014 the chimney was repointed. There is a fenced backyard, great for children and although the basement is unfinished, it has a walk out with regular height ceilings, and most importantly it is DRY! Whether you're visiting the local Farmer's Market, exercising at the Captain William Spry Community Centre, playing at the Wave Pool, exploring or walking the many nature trails, there is something here for everyone. Living here also provides close proximity to all major highways, Bayers Lake, the Downtown area, plus many surrounding scenic coastal drives!

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