



Chebucto News

Vol.20 • No.9
May 2019

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Caring and Sharing at Central Spryfield Elementary



Spryfield – Three elementary school children turned a profitable find into a generous donation on Friday, April 12 after finding a \$100 bill on their school playground at Central Spryfield Elementary. While learning about the environment and participating in an outdoor clean-up, grade one student, Samuel Agbola, and his grade five partners, Andreea Cercel and Brayden Painting, were excited to find the large amount of money buried in leaves

and trash. The three students brought their find to the school office just in case the owner was looking for their lost treasure. After waiting a week, the money remained unclaimed. School Administration rewarded each student \$10 for turning in such a large amount of money, and the three students voted to donate the remaining \$70 to the IWK. The Central Spryfield Elementary School family is very proud of Brayden, Samuel and Andreea!!

Why I love Farmers Markets, and why you should too

by Patti Clark
Market Manager

Spryfield Community Market Society
Spryfield Farmer's Market opens for the season on May 26

When I first started selling crafts at Farmers Markets I felt like I had stepped back into my youth, hearing

farmers describe with great pride how they had tried a new crop this year or implemented a new cultivation technique, and even how they had dealt with the black bear that was raiding the blueberries. Most importantly I saw people making the connection

(See Farmers Markets on page 2)



Dennis Findlay, president of the Forever Young Seniors Club, wishes to announce the winner of their "Gift Card Picture Frame 2019", valued at \$300.00.

The winner is **Linda Ellingwood**.

The Forever Young Senior's Club wishes to thank the people of Halifax Mainland South and surrounding areas for supporting their fundraising endeavour.

They wish to especially thank Mike Macintyre, manager of the Spryfield No Frills for allowing their club members to sell tickets at his store's main entrance again this year. Thank you Mike.

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Farmers Markets

(continued from page 1)

between what they were eating and where it came from. I saw people who understood that food is medicine, and the best source for it is local. Farmer's markets help develop the knowledge that using food and goods from local sources strengthens the community as a whole.

This year I am embarking on the formidable challenge of reinventing myself as the market manager of the Spryfield Farmers Market. I am taking the knowledge that I gleaned from growing up in a farming community, mixed with a sprinkle of the insights around strong communities influencing the health and wellness of individuals, which I acquired during my 30 year career as a mental health nurse, to build a thriving market. Everyone involved with the Spryfield Farmers Market is dedicated to creating a

vibrant inclusive meeting place for Spryfield and adjacent communities. Come see for yourselves what a small group of dedicated people can do.

If you make it, bake it, or grow it, apply to be a vendor. If you are a musician, apply to be a busker, and if you want to be a volunteer, we would love your help with everything from set up to organizing special events. Visit our website (www.spryfieldmarket.ca) or find us on Facebook, Instagram, and Twitter to become involved.

Our first market is on Sunday May 26th from 12pm (noon) to 3pm at St Paul's United Church Hall, located at 173 Old Sambro Road. The market will run bi-weekly till Oct 27. Our new location offers a grade-level entrance, outdoor green space and convenient parking.

See you at the market!

Chebucto News

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Mailing Address: P.O. Box 20141
Halifax N.S. B3P 1L1

Circulation:

12,500 copies
Agent: Canada Post
Printer: Transcontinental Printing
Delivered free-of-charge to households in; Armdale, Bald Rock, Ferguson's Cove, Harrietsfield, Herring Cove, Jollimore, Ketch Harbour, The Pennants, Purcell's Cove, Portuguese Cove, Sambro, Spryfield, Williamswood

Letters to the Editor / Editorial Inquiries:

Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.
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chebuctoeditor@gmail.com

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Copies of Chebucto News are available at Spryfield WaterN Wine and Danielsons General Store, while they last.

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Do you like to write?



Chebucto News is looking for a reporter to cover events around our community.

If you have an interest in writing, the time to cover and report on at least one event or topic a month, and are interested in this volunteer position, please email the editor:
chebuctoeditor@gmail.com.



May 2019

Dear Friends,
I am delighted to share with you some exciting updates from the Spryfield Business Commission!

The Spryfield Business Commission is pleased to partner with Canadian Tire Spryfield, CUA, Mike's No-Frills, and the Spryfield Mall, along with the Halifax Regional Police Department to present a Children's Bike Rodeo during Bike Week. The event will take place in the parking lot of the Spryfield Mall, from 10:30 a.m. – 12 noon, on Saturday, June 1, 2019 (rain date the following Saturday, June 8, 2019, same time). There will be a free BBQ at the end of the Rodeo along with some prize giveaways. Please e-mail me at the e-mail address below to register your child for this event.

On the same day, June 1st, 2019, (rain date June 8th, 2019) in the afternoon, as part of Oceans Week, the Spryfield Business Commission will be partnering with the Royal Bank Spryfield and Mike's No-Frills again, to conduct a clean-up at Crystal Crescent Beach. The clean-up will start at 3:00 p.m. and end with a BBQ at 4:30 p.m. Everyone is welcome to come out and join us for this event.

Many thanks to the wonderful Spryfield Businesses who support our many activities and events throughout the year!

The 2nd Annual "Spryfield Days Festival", will take place on the week-

end of July 13th & 14th. If you are interested in getting involved in the Spryfield Days Festival, either by sponsoring an event or volunteering to help out, please let me know at your earliest opportunity. We will be providing further details on this event in the June edition of the Chebucto News.

There are no new updates on the Rural Bus Project since last month. The business plan has been completed, submitted and accepted by the Nova Scotia Department of Municipal Affairs. We are currently working with Councilor Adams and MLA Maguire to work through the grant applications to start the pilot in the Fall. We will be reaching out to community leaders and the general public over the next couple of months to ensure what we are proposing is what is wanted and to make sure the public supports it. Please let me know if you are interested in serving on the Advisory Committee.

Finally, the Spryfield Business Commission's Annual General Meeting, Dinner and Awards Night has been set for Thursday, June 13th, 2019, 6:00 p.m. at Chocolate Lake Hotel. This event has been so successful and so much fun that we have once again outgrown the venue we were in and have found it necessary to move to a larger space. Don't be disappointed, get your tickets now!

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Annual Scout cleanup

Our annual cleanup spearheaded by 3rd Spryfield Scout Troop will be held this year on Sunday the 26th of May 2019. Our Scout Troop has been doing this community service for over 10 years which involves about 3km of the Old Sambro Road starting at the “4 Way Stop” by St. Paul’s United Church and continuing South to the Fish Brook Bridge just beyond the Irving Service Station. Members of the public who want to participate can let Dan Drabble (ddrabble88@gmail.com, 902-477-2657) know in advance of their intention to participate. On the day of the event they should arrive at St. Paul’s lower parking lot by 8:30am for an 8:45am start, wearing sturdy boots or shoes, long sleeves & pant legs, and gloves. The Scouts will provide high-visibility vests and trash bags. Any amount of time to help will be appreciated. Pizza will be served upon completion of the cleanup. How many Volunteers can you identify in this 2014 ‘Clean UP Crew’ photo?





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DISCOVERING OUR PAST

National Heritage designation for Melville Island and Deadman's Island

by Iris V. Shea

On Memorial Day, 2016, a plaque was erected on Deadman's Island to commemorate the National Heritage designation of Melville Island and Deadman's Island by Parks Canada. Memorial Day is an American holiday to honour those servicemen who were killed in war. In Canada the only known Memorial Day service is held, annually, on Deadman's Island in Halifax, Nova Scotia, where American servicemen from the War of 1812 are buried.

This year's Memorial Day service is scheduled for Monday, May 27th. It is open to the public as well as invited dignitaries. Members of the American Consulate in Halifax organize the event and attend the service along with representatives from the American and Canadian Armed Forces. It is suggested that the public begin arriving at 10:45 AM for the 11 AM service which lasts about 30 minutes. A band from Stadacona or a visiting American band will provide music. Seating for the ceremony is provided.

The Memorial Day ceremonies on Deadman's Island began in 2005 but it was a public meeting in 1998 at the Armdale Yacht Club that started it all. The crowd packed the large room to hear a proposal from a developer who hoped to build a 60-unit condominium on Deadman's Island. The residents of Melville Cove knew there were bodies buried there. Over a period of many years they had heard the stories and had seen evidence of human bones.

Members of the Mainland South Heritage Society and the Northwest Arm Heritage Association began their research which would help save Deadman's Island from any development. The Nova Scotia Archives had recently acquired the British Admiralty Records on microfilm. The detailed records contained, in addition to French and Spanish names, the names of over 8000 American prisoners of war, captured by British forces on land and at sea, and brought to Melville Island prison during the War of 1812. Listed, also, were the names of those prisoners who died while in captivity on Melville Island. Michèle Raymond spent countless hours transcribing their names from the microfilm. Heather Watts and Iris Shea collected enough information to write a book, *Deadman's: Melville Island and Its*



Photo by Iris Shea, Entrance to Deadman's Island Park, Memorial Day 2012

Burial Ground. The information gathered from those records, along with prisoners' diaries and journals, gave us the power to pursue this further.

Credit must be given to Bruce Towers of Prospect, CT, who started an email campaign on our behalf. The first to respond was the president of the War of 1812 Society of Ohio, R. Scott Baker, who contacted our mayor and council and sent the story to the local media. Guy MacLean, who took on the role of president of the Northwest Arm Heritage Association,

became our spokesperson and was interviewed by local and American media. Keeping the story alive was a very busy time for him. The proposal to destroy this historic burial ground took on a life of its own and the developer withdrew his plans.

In 2000 Halifax Regional Municipality purchased Deadman's Island from its owner for \$200,000 and created Deadman's Island Park. In May 2005 the United States Department of Veterans Affairs placed a bronze and granite monument on the island

to honour the 195 Americans who died on Melville Island or nearby. Most were buried on Target Hill, now known as Deadman's Island.

The interpretive signs on Deadman's Island were placed there in 2006 by Halifax Regional Municipality. Another sign on Pinehaven Drive, at the entrance to this park, was placed there by the National Society of Daughters of the War of 1812 to honour the 200th anniversary of that war. Our thanks go to former Halifax Regional Municipality Councillor, Linda Mosher, who continued to push for the 2016 National Heritage designation, and to Parks Canada for recognizing the historic significance of Melville Island and Deadman's Island.

If you have never visited Deadman's Island, go to Pinehaven Drive in Melville Cove, off the Purcell's Cove Road. Signs will guide you. It is a steep downhill walk to the island so comfortable walking shoes are advised. Be prepared for a slow uphill climb on your return to Pinehaven Drive. No transportation is available beyond Pinehaven Drive but extra parking is available on Ramsgate Drive on the other side of the Purcell's Cove Road. A visit to historic Deadman's Island is well worth the effort at any time.

The Spryfield Farm Theatre releases free movie lineup for the Summer season!

Late last summer, the Spryfield Community Association built an outdoor movie theatre on the grounds of the Spryfield Urban Farm, just off Rockingstone Road. We are now excited to announce that with help from Halifax Libraries, TD Parks People and HRM, we are launching the 2019 summer movie lineup!

All of the movies that we show at the outdoor theatre are free! We provide lawn chairs, and a portable bathroom for our guests, as well as free snacks!

Join us for a chilling "Weekend of Horror" on July 12-13, including the original 1968 zombie classic "Night of the Living Dead", as well as the acclaimed 2008 vampire film "Let the Right One In".

If scary isn't your style, check out our "Summer Solstice" selections for July 19-20, including a local film "Six Primrose", shot at the Dartmouth North Community Food Centre, and "Endless Summer" a classic 1966 surf documentary guaranteed to make you want to buy a board and hit the waves!

If you prefer Sci-Fi, join us for "Robots Taking Over" the weekend of September 6-7! Schwarzenegger is baaaack for "Terminator 2-Judgment Day", as well as the first dystopian techno-future film ever, the 1927 film "Metropolis".

Our Finale Weekend is an all-ages event on September 20th-21st including great kids films "Hunt for the Wilderpeople" and "Swallows and

Amazons." Bring your sleeping bags for a cozy movie night with the whole family!

More information about the Spryfield Community Association and the Farm Theatre can be found at www.myspryfield.org!



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What makes a church family?

by Carolyn Mont

If you are not a regular churchgoer, you may think that everything happens at church happens on Sunday morning. For most churches, that is not the case. Worship is, of course, a main focus but there are many other activities that take place throughout the week, broadening the life of the church. Through participation in various aspects of church life, a church family is created. This was really brought home to me when, on Sunday, March 24, we hosted a Memorial Hymn Sing at St. Paul's United Church in Spryfield.

I had never been to such an event and, really, I hadn't given much thought to the concept even though we had had them before at St. Paul's

United. I spoke to some members of our congregation who had attended our previous Memorial Hymn Sings and they assured me that it would be worth attending. They were so right. Basically what happens is this. A selection of hymns, which will be sung that evening, is chosen. Usually, people then indicate which hymns they wish to dedicate in memory of a loved one who has passed away. An alternative might be to choose to dedicate it in celebration of a living person or an event. The list is then distributed to those attending. For me, this was not the most touching part; I was moved by the reading of those names by Rev. Anne, our minister. So many of those names were of people I had known as a child or people who had

been members of our church longer than I had. It was somehow comforting to recognize those who are no longer with us physically but remain in our hearts.

On Sunday, May 5, our minister, Reverend Anne Hoganson, will be sharing her memories of her recent Holy Land Pilgrimage to Palestine and Israel. The general public is welcome to attend.

St. Paul's Family Resources Institute (FRI) offers a summer day camp, Camp Paul, for children ages 5-12. This is very reasonably priced to suit

most families. The weekly cost is \$75.00 per child and we also accept some day attendees at \$20.00 a day.

The congregation is in the midst of preparing for our Dinner and Theatre. There will be two show times, Friday, June 7 and Saturday, June 8. Dinner of ham and scalloped potatoes will be downstairs at 6pm and the musical comedy, called Say Ah, begins at 7:00pm. The cost for both is \$25.00 but attendance for the play alone is \$10.00. Tickets may be reserved by calling Valerie Connors at 902-423-2441 or calling the church office on Mondays or Thursdays at 902-477-3937.

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Parkhill United Church (5 Kirk Rd, Jollimore)
 Regular Services: Sunday: 9:30 am

St. James United Church (3811 Old Sambro Rd, Sambro)
 Regular Service: Sunday: 10 am Choir Practice 11:15am Worship and Sunday School

Emmanuel Anglican Church (322 Herring Cove Rd.)
 Regular Service: Every Sunday, 8am Quiet service 10am Lively service

St Michael Catholic Church (6 St Michaels Ave, Spryfield)
 Saturday: 4 pm
 Sunday 11 am

St Paul Catholic Church (137 Hebridean Dr., Herring Cove)
 Sunday: 9 am

St. Paul's United (173 Old Sambro Road)
 Regular Service:
 Sunday, 9:50, Prayer Circle meets
 Sunday 11:00, Sunday worship and Sunday School
 Messy Church:
 Third Wednesday of the month, 5:00 pm. Supper, then Bible stories and children's crafts.

St Peter's Catholic Church (195 Ketch Harbour Road)
 Saturday 6 pm

Ed. note: send in your service details by May 16 for inclusion in our June issue.

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Barbara Rose Robertson

93 of Spryfield, passed away March 18, 2019 at Melville Lodge. She was a daughter of the late Frank and Ethel (Adam) Robertson. Barbara was born in Seattle but received her education in Shelburne, Nova Scotia, and is a graduate of Acadia and Columbia universities. She was retired from the staff of the Nova Scotia Museum, where she was curator of exhibits and editor of The Occasional. Photography was one of her enduring pursuits, and her photographs have been published in several books and periodicals. She had written a weekly column and articles on aspects of Nova Scotia heritage for the Halifax Chronicle-Herald/Mail-Star, prepared Research Reports for the Nova Scotia Museum of Industry, and written book reviews for the Journal of Forest History. She was a graduate of the Toronto Publishing Workshop 1990. Barbara was awarded a Canada Council Grant from Explorations Program in 1973, was a Prize winner in the 1985 WFNS Atlantic Writing Competition, and was nominated for the Canadian Historical Associations Certificate of Merit Award in Regional History in 1988. She and a friend were currently writing a history of local merchants. Also, Barbara took her BSC at Acadia University. She had an internship in Dietetics in New York

City. She worked as a Dietitian in Public Health at Camp Hill Veteran's Memorial Building before her work at the Nova Scotia Museum. She played drums orchestra in Bedford, NS until she was 89 years old. She is survived by cousin, James McAlpine, Shelburne; long time friend, Mary Blackford, Halifax.

Velma Lillian Beazley

Age 95, Sambro, passed away peacefully March 22, 2019 in Arborstone Enhanced Care. Born in East Pennant on July 4, 1923, she was a daughter of the late Alexander "Sandy" and Hannah (Young) Schnare. Velma lived life to its fullest and always enjoyed the outdoors. She loved to fish, hunt, tend to her flower garden, blueberry picking, sitting outside and reading Archie comics. Later, she became the caretaker at St. James United Church, Sambro, for many years and was also a member of the choir. She had great stories to tell with a twinkle in her eye. She is survived by her son Eric Journeay (Bernice); grandchildren, Julie and Douglas; brother Royce (Irene) Schnare, special great niece Jackie (Doug) Garrison and many other nieces and nephews. She was predeceased by her husband Lloyd Beazley; son, Earl Beazley; brothers: Arthur, Oliver, Leslie, Weldon, Earl; sisters: Loretta, Rhoda, Vera, Nettie. Many thanks to the wonderful care she received from everyone who worked at Arborstone, especially the 3rd floor. Donations may be made in Memory of Velma to St. James United Church, Sambro.

Darrell Gregory Cleveland

Herring Cove. It is with heavy hearts we announce the unexpected death of Darrell Gregory Cleveland on March 27, 2019 at the VG Site, QEII surrounded by his family following a brief illness with cancer. Darrell was the youngest son of the late Gerald 'Ace' and Marjorie (Cook) Cleveland. He was an active member of St. Peter and St. Paul Roman Catholic Parish in Herring Cove. He was very well known in the food industry having worked at IGA, Kraft General Foods, Sarsfield/Ready Bake Foods, Weston Bakeries, Gordon Food Service, and his own company Focus Food Brokers. Over the years he made many life long friendships in the business. Darrell earned his Black Belt in Chito-Ryu Karate. His real passion was playing the drums especially with fellow band members Marc Piccinin and Peter Myatt. He always put his family first and was a loving husband; proud and supportive father to his three children and delighted 'Papa' to his five grandchildren. Darrell is survived by his loving wife of 40 years, Sheila (Moore), sons, Sheldon (Heather Stamper), Ryan (Sara) and their children, Chiara, Leo and Rebecca; daughter, Lauren (Tyler) McMahon and their children, Jaxson and Carter. Also survived by brothers-in-law, Gordon (Marlene) Moore, Michael (Kristina) Moore; sisters-in-law, Linda Reid, Janet (Terry) Moore and Linda Cleveland; several nieces

and nephews and special niece, Lisa (Tim) Peacock. He was predeceased by brother, Barrie Cleveland.

Edith Frances Jones

61, Ketch Harbour, NS, passed away on April 8, 2019 at the VG Site, QEII, Halifax, NS. Born in Halifax, she was a daughter of the late James E. and Shirley M. (Flemming) Martin. Edie had a zest for life, and celebrated life everyday. She was a positive and spiritual woman who lived life to the fullest. She loved cooking, music and dancing, and was often found encouraging others to join in. Prior to her illness, she worked with Hearing Institute as a receptionist, and always enjoyed that interaction with clients. Her smile was infectious, when she smiled, the whole world smiled with her. She enjoyed everything about nature, butterflies and flowers especially. Through her love of the outdoors, she spent much time enjoying the simple pleasures life has to offer. She will be fondly remembered for her love of people, all children, and in particular, her special nieces and nephews. Edie is survived by her loving and dedicated husband of 35 years, Daniel John Jones, her siblings, Marjie and brother in law, Paddy, James Martin (Cathy), Peter Martin, and Patsy and brother in law, Barry Oakley; her nieces and nephews, Sherry, Angie, Madalin, Tara, Mathias, Dustin, Chad, Jason, as well as great-nieces and nephews. At this time we would like to express our deepest gratitude to the friends, family, caregivers and medical staff that have made Edie's post-stroke years as comfortable as they were. Your help is greatly appreciated.

Gordon Edward Heaney

68, Herring Cove. It is with heavy hearts that we announce the passing of our beloved husband, father and poppy, Gordon Edward Heaney on April 10th, 2019. Born on June 11th, 1950, Gordie was the son of the late Frank "Carmin" and Gladys Heaney of Spryfield. For over 20 years Gordie was a faithful employee of Canadian Tire. Many have said Gordie had a love for his own language and if he was not found telling a joke he could be found bickering with Janet. A deep belly giggle could always be heard whenever Gordie was in a room. All who knew him knew he was a gentle soul with a heart of gold. Although he

left this earth suddenly, he was able to give the gift of life, making him a genuine real-life hero. Gordie will forever be remembered by his loving wife of 40 years Janet (Roswell). He was a devoted father to Chad (Charmaine) and Amanda (Keith), as well as a cherished Pop to Peyton, Allan, Colby and Everly. He is also survived by his sister, Elaine (Richard) Cullen. In lieu of flowers the family asks that donations be made to the heart and stroke foundation of Canada.

Eileen Mildred Marriott

Age 92, Spryfield. It is with broken hearts that we announce Eileen's passing on Sunday, April 14, 2019 in Melville Lodge. Born January 26, 1927 in Halifax, N.S. She was the daughter of the late Florence Nightingale. She was predeceased by husband of 74 years Clifford Marriott; grandson, Willy Marriott; grand-daughter Chelsie Probert; great-granddaughter, Cassandra Marriott; and five siblings. Her life was lovingly devoted to her 14 children, many grandchildren, great-grandchildren and great-great grandchildren. She was so very much loved and adored by her daughters-in-law. Eileen will be greatly missed by her children, Tim (Fronie), Kenny (Eleanor), Linda, Evelyn (John), Leo (Bonnie), Tommy, Kevin (Jessie, Billy (leah), Ruby (Colin), Donnie (Susan), Crystal (Marcel), Michael (Denise), Tony (Deborah), and Jerry (Kathy); brother, Bill, sisters Margaret and Violet; as well as many grandchildren, great grandchildren and great-great grandchildren. Eileen loved visiting with her children, family and friends. She always looked forward to the special treats everyone would bring her. She was a social butterfly who enjoyed talking about her children and family to everyone and laughter was a big part of who she was with never a negative word to say. Eileen loved doing crafts and arranging her beloved family pictures in frames, sewing, listening to music. Eileen loved butterflies which always brought her comfort for the ones gone before her. She will be in her husband Cliffords loving arms once again whom she dearly missed and loved ones gone too soon. Let our memories comfort us as we grieve the loss of a beautiful lady who had a big heart. In lieu of flowers, please make donations to the Heart and Stroke Foundation.



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In February of 1994 David MacDonald left the Halifax Herald and started Dial-A-Tire and began a fulfilling career as a business owner. Initially he provided a mobile tire service working in people's driveways or on the roadside providing emergency services to his customers. Over the next 10 years David built up a good customer base and in February of 2004 he leased the property at 537 Herring Cove Road and moved his operation there. After six months in this new location David became so busy that he discontinued the mobile business and got into wholesaling tires and then eventually into retailing directly to the public. And naturally enough the public wanted the tires installed, balanced and wheel alignments so being the savvy business man that he is David grew his business and gave the public what they wanted. His continued investment in his business paid off and he soon had a staff of four working full time.

David outgrew 537 Herring Cove Road and was able to work out a deal to acquire the old Irving Station at 308 Herring Cove Road and become his own landlord which suited him just fine. He now has four bays, five employees and offers a complete range of automotive services to the public as well as importing and wholesaling tires to other automotive shops. Being an importer also gives David the ability to offer fantastic everyday prices on his tires and he "Will Not Be Under-sold" on any in-stock tires.

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For Your Continuing Support of Local Businesses!



GRAND OPENING

SPRYFIELD/ARMDALE
15 SHOREHAM LANE (off Herring Cove Road)

THE FITNESS ROOM.CA



GRAND OPENING MAY 4th & 5th

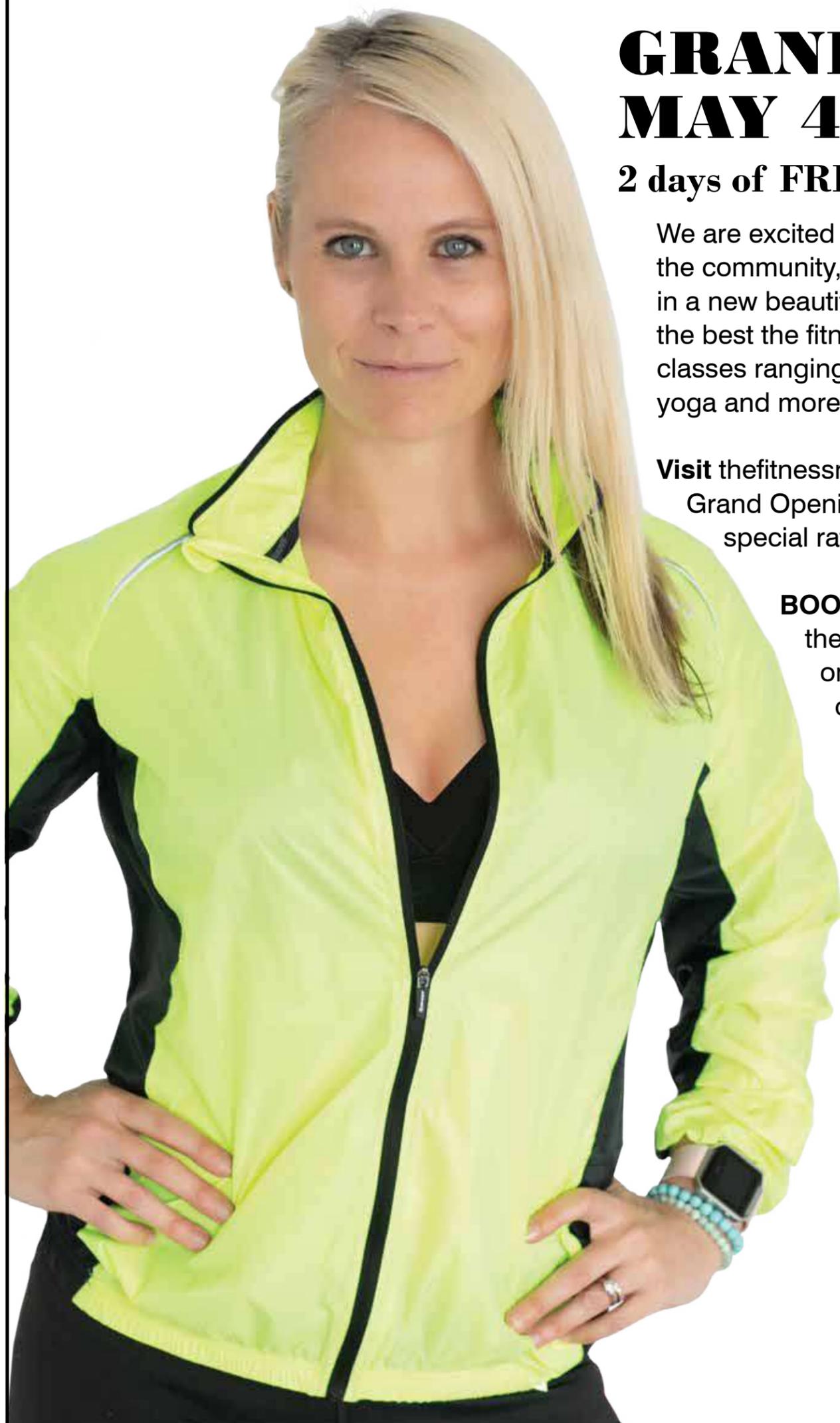
2 days of FREE classes

We are excited to bring The Fitness Room to the community, offering boutique style classes in a new beautiful and bright space. We bring the best the fitness world has to offer with classes ranging from spin and pilates, to barre, yoga and more, something for everyone!

Visit thefitnessroom.ca for details about our Grand Opening: 2 days of **free classes**, special rates and giveaways.

BOOK ONLINE! Check out thefitnessroom.ca for information on our classes and to book online.

**SPIN
PILATES
BARRE
YOGA
& MORE**





Sammy says

The snow has melted and warmer temperatures are finally upon us! The insects are humming and we begin to notice things like the fragrance of nature as everything bursts to life. On the darker side of things, we also notice all the accumulated garbage that has blown around over the winter. This is the perfect time to clean up, before plant life grows up enough to hinder efforts.

Every year, Clean Nova Scotia promotes The Great Nova Scotia Cleanup. They can supply garbage bags and gloves to community clean-up crews, and will provide a contact to make arrangements for pickup of

trash afterwards. Go to www.CleanNS.ca for more details.

If you're not into group activities, please do your part and clean up your own property, as well as the roadside and ditch areas nearby. Let's keep our waterways and wildlife safe by doing our part to clean up the environment.

Another sure sign of spring is Sambro Elementary School's Spring Fair on Saturday June 1st from 11 a.m. to 2 p.m. It's the PTA's biggest fundraiser of

the year. This favourite family event includes cake walk, raffles, bake sale, plant sale, a bouncy castle, barbeque and games, as well as some new surprises for this year. There's something for everyone, so come on out and support the school, reconnect with some old friends and make some new ones.

The school will gratefully accept any donations, including monetary contributions, raffle items, cakes, baked goods, plants, bottled water, soft drinks, juice, napkins and condiments. You can email SambroPTA@gmail.com or phone the school at 902-868-2717.

Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.

COMMUNITY EVENTS

(continued from page 14)

422-7648 or 490-5715. You can get your GED!

• **Women's Choir Seeking New Members:** Do you like to sing? Looking for an easy going outlet for musical stimulation? Then join the Sorella Singers choir! You don't have to read music, but do need to sing in tune. Practice: Tuesday evenings, 7:15-8:45pm, location: Melville Cove area. For more information or to ask about trying us out for a week, call director Shirley at 902-405-8333.

• **Lion's Rink** offers a seniors' public skate Tuesdays and Thursdays 10am to noon, \$2 admission.

• **Nursing History Nova Scotia** meets every third Wednesday of the month at 1 pm. Tel: Edie @ 902-435-1475 for more information and details if this is of interest to you.

• **Community Connections 55+** welcomes you to a monthly get-together the 3rd Tuesday of the month, 1:00 to 2:30 pm at the Spryfield Legion, to do a different activity each month and socialize with others.

• **IWK Kermesse Art Show and Sale**, takes place May 22-30. Over 100 local artists will be donating their paintings to this Art Show and Sale. Proceeds will support the Auxiliary's contributions

toward providing care and comfort to patients and families at the IWK. The Show and Sale takes place at the Chase Gallery in the NS Archives Building at 6016 University Ave. The Opening Reception is on Wednesday, May 22 from 7-9 (everyone welcome). The Show continues on Thursday, May 23rd through Saturday, May 30th. Admission is free. Please come out and support a good cause.

• **Mainland South Heritage Society presents Keep Halifax Wild.** Craig Smith, Project Manager for Nature Conservancy of Canada will speak at their AGM on the various wilderness projects in the Mainland South area, including the 379 acres of natural wilderness at Williams Lake. May 30, at 7 pm at Captain William Spry Community Centre, Sussex Street. All welcome.

• **Giant Book Sale** May 4th: 9 am – 5:30 pm. May 5th: 9am to 3pm. In support of Women for Music Free parking. No admission charge. www.womenformusic.com Maritime Hall, Halifax Forum, 2901 Windsor St., Halifax B3K 5E5

• **Note: Church Service notifications are listed separately on page 5.**



Check our Facebook page for late arriving events and changes or updates to listed events

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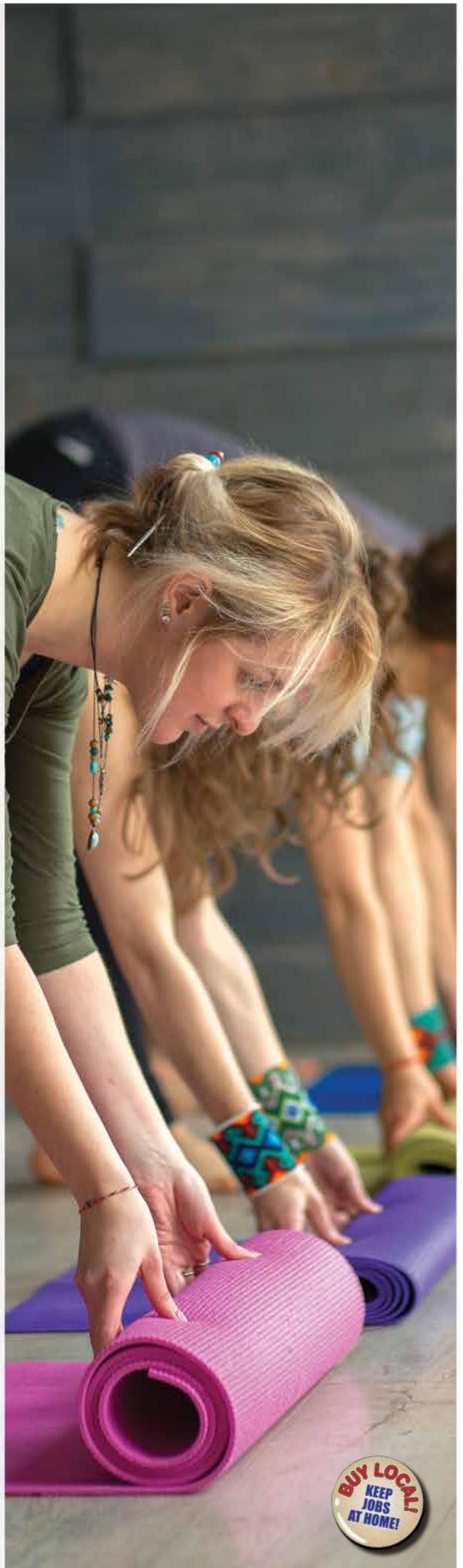
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Spryfield Shopping Mall

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**Reg Horner
Memorial**

Chebucto News

Sports Page

Stéphane Piccini—World Class Athlete



Stéphane displays his Bronze medal at the Special Olympics World Games.

I am living across the street from a world-class athlete. Each morning I look out my window and see Stéphane Piccinin coming out of his house and beginning his daily run up our steep hill on Arvida Avenue in Thornhill Park, Spryfield. I know that he is preparing for his next running competition.

On March 23rd, Stéphane returned from Abu Dhabi, in the United Arab Emirates, where he participated in the Special Olympics World Games as a member of Canada's team of 49 athletes. Approximately 7000 athletes from almost 200 different countries attended this event.

Stéphane represented Canada in several Track and Field events. In his first event on March 17th, the 1500 meter race, Stéphane won a bronze medal, running in a time of 4 minutes, 27 seconds. In his second event, the 800 meter race, he finished with a time of 2 minutes, 9 seconds; just one second behind the bronze medal winner. In his final event, the 4x400 relay race Stéphane and his team finished 5th with a time of 4 minutes, 27 seconds. Among his friends and teammates in Abu Dhabi he became known as "the Halifax Bullet".

"I really enjoyed the travelling and meeting all the other athletes," Stéphane told me. "The food was delicious, especially the lamb and rice. But it was nice to get back home."

Stéphane has been competing at a very high level in running for the last 10 years. At the Special Olympics National Games this past summer in Antigonish, he won gold medals in the 800 and 3000 metre races, and a silver medal in the 1500 metre race. In the 2018 Provincial Special Olympic Games at St. Mary's University, Stéphane won gold in both the 1500 metre and the 3000 metre events. Here in Halifax at the 2018 Bluenose Marathon he had the second fastest time of all runners in the 5 km race.

Stéphane grew up in this area, attending Sambro Elementary, Herring Cove Junior High and J.L. Ilsley High School. He currently trains in Halifax under the coaching of Peter McCormick. He lives at home with his mom Mary Thérèse and dad Marc, and his good friend and training companion, Cyrus the family dog.

Four years ago, Stéphane's brother Helgi Piccinin, a filmmaker, was so

impressed by his determination to show the world that people with special needs could also win medals that he began filming his brother's quest from the provincial games in Antigonish all the way to the World Games in Abu Dhabi. The feature documentary called "Champions" (www.gochampions.ca) will be released next year in 2020.

So, in the months to come, if you see Stéphane running speedily

through the streets of Spryfield, give him a high-five and cheer him on as he prepares for his next big challenge. Perhaps we will be seeing him at the next World Championships Games in Berlin, Germany in 2023.

Congratulations, Stéphane. We in the Spryfield area are so proud of what you have already accomplished and we are looking forward to your continued success in the future.



Stéphane on the podium at the Special Olympics World Games in Abu Dhabi.



Stéphane with his brother Helge (left) and Philippe Miquel as they work on their documentary in Abu Dhabi.

Four new Atlantic Champions for Spryfield Judo Kai

2019 Atlantic Canadian Judo Championship Coaches Report



Friends and competitors. Photo credit Carol Lavoie.

by Sensei Mike Lavoie

For our third year Spryfield Judo Kai bought a tough team of fighters to the Atlantic Judo Championships and fight they did!

This year the tournament was again held in Summerside PEI and was again a ton of fun!

The first day started off fast and furious with lots of talented fighters taking to the mats. As can happen at this age, many of our young fighters were in the same brackets and had to

compete against each other. Logan Wheeliker, Kadin Areny and Isaac Filmore were in a division of six people and were given simple instructions: take over the podium. All three beat their first challengers and were then faced with each other. Between them they came up with their plan: fight to win and put on a good show. There was no doubt they meant it; all three fought their hearts out and it showed. This time Kadin came out with Gold, Isaac with Silver and

Logan took home Bronze.

Ella Thoms was faced with her most experienced competition to date and fought like a tiger, coming away with a Bronze medal.

Logan Cook took to the mats and, as always, showed his calm and cool ways, fighting some solid fights and coming away with 3rd place.

Kandace Verge was faced with a very powerful opponent and managed to keep out of the horrible "hug zone", winning her first fight, but was eventually overwhelmed, coming away with a hard earned Silver medal and a new respect for technique over size.

Then came the Spryfield Judo Kai Masters team. Tim Cranston was in a division with a Black Belt from France and brought all he had to the mat. After two furious battles Tim came away with second place and the respect of the French team!

Mark Hill and Chris Cormier made up a division with Chris coming away with Gold and Mark with a second place finish.

Representing the club were LTAD Judokas Livie Thoms and John Wheeliker. They tore up the mats with their fun and energy!

Halifax Judo Academy For Lina and Lara this was their first time competing and, although they were nervous, they were very brave! Each came away with a Bronze medal

(See Judo Kai on page 12)

Sports writer wanted



The *Chebucto News* needs a new reporter to cover sports events in Spryfield!

If you have an interest in writing, the time to cover and report on at least one event a month, and are interested in this **volunteer position**, please email the editor at chebuctoeditor@gmail.com.

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WE CARE

Improvements coming to the 500 Block on Herring Cove Road

by Stephen Adams, HRM Councillor, District 11

On Tuesday, April 16, we approved our Operating and Capital budgets. We have a lot of new projects coming to our area. Here is an outline of some of them.

In last month's article, I mentioned improvements for the 500 Block of Herring Cove Road. This is an exciting project, which will serve a number of purposes.

The details are extensive. On my 27+ years on Council, this is one of the projects of which I am most proud. These improvements, in their entirety, are scheduled to be completed this year. Please keep in mind that unforeseen circumstances may arise which could impact on the scheduling of the project. Further updates on the construction schedule will be provided as the design of the project progresses.

These improvements will extend from Lynnett on the east side to Greystone on the west side and will measure approximately a half of a kilometre from end to end. There are new sidewalks planned for both sides of Herring Cove Road, along with bike lanes, as per our Integrated Mobility Plan. There will be a 1 metre hatched area between the vehicular and bike lane, which will offer somewhat of a buffer for bicycles. There will also be new concrete curbs and gutters. To complete the project, new asphalt will ensure a smooth ride for all to enjoy. Should we have the room available, new sod and trees will also be part of this. And, a new storm sewer system is also budgeted.

The last aspect of this project is the installation of an overhead, flashing light at the crosswalk near The Cove Market. These are also known as RA-5s. These are the same pedestrian signals that are at Sylvia and Central School.

As you can appreciate, a project with so many components to it will not only take some time to complete, but will cause some traffic delays. However, I am very confident that once this is done, the end result will be very impressive.

As an extension of this major work, the section of Herring Cove Road to Sarah Drive will be crack sealed, along with Abram's Way, Angler Drive, Glen Baker Drive, Hartlen Avenue, Ketch Harbour Road from Hebridean to Village Road, Norawarren Drive, Reginald Court, and Swivel Court.

In Herring Cove, both Iris Avenue and Lockwood Avenue will be repaved.

Funding has also been set aside to help improve our playgrounds and sport courts. At a minimum, Connaught Battery Park and the Old Dalhousie School Site will have the playgrounds replaced with new structures. There will be a new playground installed in Governors' Brook, on the existing green space between Titanium and Onyx. Our staff applied for

provincial grant, and were successful in securing enough funding to help pay for a third of this project. The Rockingstone Heights School Park will also have improvements, as the sport court will be reconstructed.

As you drive by 374 Herring Cove Road, you may notice the Spryfield Boxing Academy. This locally operated club gives the opportunity for our youth, ranging in age from 5 years old to 21 years old, an avenue to learn how to box. This also helps them gain confidence, physical fitness, emotional well-being and discipline. They are open from 6am until about 8am, and then from 3pm until about 10:30 or so. If you have a chance, drop by and see what they are all about. You will be impressed with their enthusiasm. They also have an anti-bullying program and a women's self defense class.

On May 4th, at the Spryfield Lions Recreation Centre, the club is holding a fundraiser to help with their expenses.

Judo Kai

(continued from page 11)

and a huge smile! Tacari Howe, and Umae Arifov both fought well and won Silver. Usman Arifov had an active day, fighting hard and winning Bronze!

Day 2
Jared Fredericks had two amazing battles with an experienced Brown belt and came away with second place, putting the heavyweights on notice!

Noah Hardy has worked very hard to become the amazing young fighter he is and you can see his resolve and determination in his Judo, coming away with a third place finish.

Abbi McCoullough was the smallest in her division but kept moving, even getting an armbar finish! Gold for Abbi!

Chris Brisson, JC Gravel and Mark Hill fought it out finishing with JC Gold, Chris Silver and Mark Bronze.

Every time our team is represented at any local or regional tournament I am always incredibly proud and impressed by our fighters, coaches, support and parents; our TEAM. From day one we

es. Doors open at 6:00, with boxing starting at 7:00. For further information, please contact Jordan Clarke at (514) 238-9606. They will be hosting other fundraisers, as well.

It is abundantly clear that they are trying their very best to succeed. You can help them by supporting their fundraisers, dropping by the club or offering some financial assistance. Every little bit helps.

Now that the snow has cleared, we can count on a few things. Potholes will abound, especially after the freeze/thaw cycles we endured this past winter. As well, there will be damage to curbs and lawns from plows. For repairs, please contact 3-1-1. Although it is popular to post these concerns on Facebook, 3-1-1 is the best approach. And send the reference number to me at adamss@halifax.

Next month, I will have updates for you on our projects, and further information on our budget.

have realized that our success can't be guaranteed by any one person, only by working together can we really do our best for our sport, our kids, our community and ourselves. SJK was represented by the following Judoka:

Tim Cranston, Abbi McCoullough, Chris Cormier, Mark Hill, Chris Brisson, JC Gravel, Kandace Verge, Ella Thoms, Logan Wheeliker, Isaac Filmore, Kadin Areny, Jared Fredericks, Noah Hardy, Logan Cook, Livie Thoms, and John Wheeliker.

SJK was represented in the Referee Pool by Sean Hardy and Chuck Cormier.

SJK coaches were: Mike Lavoie, and Abbi McCoullough, with Carol Lavoie as the floor coordinator,

SJK coaches also took the chair for Halifax Judo Academy with the following Judoka; Lina Scheffler, Lara Binod, Tacari Howe, Usman Arifov, and Umar Arifov

Great job everyone.
Spryfield Judo Kai; [instagram spry_judo](https://www.instagram.com/spry_judo); www.spryfieldjudokai.com



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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

Happy May everyone! I want to start by wishing a very happy Mother's Day to all the mothers, grandmothers, and great grandmothers who do so much for our families and communities. Be sure to check my Facebook page this month for details on Mother's Day brunches and dining options in our community.

Last month we wrapped up a productive spring sitting of the legislature, passing the province's fourth consecutive balanced budget while moving forward with investments in health care infrastructure and services. We also debated and passed a number of important bills on topics ranging from coastline protection, short-term Airbnb-style rentals, and investment in small and medium-sized businesses.

One bill from our last session stands out: the new Human Organ and Tissue Donation Act. This policy change means Nova Scotia will move from an opt-in system of organ donation to an opt-out system where all Nova Scotians are potential donors. It's important to emphasize that all Nova Scotians still get to choose whether or not they will donate. Those under 19 and those without decision-making capacity will be exempt, and will only be considered donors if a parent, guardian or substitute decision-maker opts them in. Organs will only be taken from a potential donor if there is a medical suitability, and they will not be harvested and cannot be stored. I encourage you to watch my speech on this topic on Facebook, and to reach out if you have questions. The province will be taking the next 12-18 months to educate the public about this change, and I'm here to help in that regard.

As we move into the warmer months, it's important to educate ourselves about the risks associated with being outdoors. In particular, Nova Scotians should be mindful of ticks and the diseases they can carry. Just last month I had the opportunity to hear from Dr. Gaynor Watson-Creed and Dr. Todd Hachette on the topic of ticks and Lyme disease, and I want to share some of what I learned with

you:

- Nova Scotia has a Tick Borne Diseases Response Plan that is updated annually by the Nova Scotia Zoonotic Diseases Technical Working Group.

- Blacklegged ticks were first identified in Nova Scotia in 2003 and have established populations in certain areas across the province. They are the primary source of pathogens that cause human disease.

- Blacklegged ticks are more common in forested areas. The widespread American dog ticks that often bite Nova Scotians are a nuisance, but not a public health threat.

- Provincial government departments work closely with our public health agencies on tick surveillance and public education and a Lyme disease estimated risk areas map is available to the public.

- You can reduce your risk of exposure to ticks by walking on well-travelled paths, wearing insect repellent, and covering your skin when outside.

- If a tick is identified and removed from the skin within 24 hours, the risk of disease is quite low.

- Attached ticks should be removed with tweezers, and hot baths or showers are encouraged within two hours of returning from the outdoors. Drying your clothes at high heat can also kill remaining ticks.

- Purchasing permethrin treated clothing may also be effective in preventing tick bites.

If you are looking for additional resources on managing the risks associated with tick borne diseases, please visit novascotia.ca/ticksafety/.

Finally, May means the start of festival season and the return of our local markets. From May 30-June 2, you're invited to take in the 13th annual Lebanese Cedar Festival at their new location at 111 Clayton Park Drive. Admission is free and all the best of Lebanese food, music, and dance will be on display. Sunday, May 26, is also the first market day of the season for the Spryfield Farmers Market. Be sure to stop by 173 Old Sambro Road between 12:00-3:00pm and pick up all your local favourites.

Remember you can always reach my office at info@lenadiab.ca or (902) 455-1610. Follow my Facebook page @LenaDiabNS and subscribe

to my e-newsletter by visiting <https://bit.ly/2MEbAyC>. Thank you for your continued support.

New passenger ferry across the Northwest Arm

by Brendan Maguire, MLA for Halifax Atlantic

Healthcare update:

The first hospice in Nova Scotia, Hospice Halifax, officially opened its doors this past month. The 10-bed hospice residence will provide end-of-life care for Nova Scotians living with a terminal illness. The new facility will welcome its first patients and families next week.

This wonderful facility will have a positive impact on so many Nova Scotian patients and families. Congratulations to everyone involved with making this hospice a reality

Organ donation, opt out system.

This past month, government, introduced the Human Organ and Tissue Donation Act, changing our donor system from opt in to opt out or presumed consent. Under a presumed consent system, anyone who does not opt out of donating their organs will be considered a potential donor. About 90 per cent of Canadians say they support organ and tissue donation, but less than 20 per cent have actually made plans to donate. Family members will still have final say and can deny donations and it is very simple to opt out if you choose. Nova Scotia is the first jurisdiction in Canada to have an opt out system. This new system will save lives, something we should all be proud of.

Did you know?

Since 2015 active, working Nurse Practitioners in Nova Scotia have gone from 30 to a little over 200.

Nurse Practitioners play an important role in our health care.

Statistics show NS is punching well above their weight Canada wide, when it comes to active, working Nurse Practitioners.

Important regulation and policy update:

As of April 1st the regulations around cabins and cottages have changed for the better.

Pre April, if building a cottage/cabin it had to fall under the same regulations and policies as a home. This made it impossible to receive permits to build cottages off grid, in areas without power and septic, and limited build size. A large portion of cottages in Nova Scotia were actually illegal and without permits.

The ability to go "off grid", the use of composting toilets, and reducing the red tape around cottages and cabins became a personal mission of mine. For more information on how these changes may affect you, please feel free to contact me.

I want to thank barrister Theresa Graham from Wickwire Holm for all her input and advice during this, as well as the department of Municipal Affairs, the Department of Environment, and the Nova Scotia Fire Chief for all their hard work on this to make

it a reality.

For all of the changes, go to *Pre Primary expansion*

This past month the Department of Education announced the expansion of Pre Primary.

As of next year, Elizabeth Sutherland and Harrietsfield Elementary, will be offering Pre Primary, which means we are one of the few areas where every single elementary school in our community now offers Pre Primary!

Thank you to the Department of Education for realizing the importance of this program to our communities and all of Nova Scotia.

Tick season

Spring means warmer temperatures in Nova Scotia, which means everyone is encouraged to do tick checks on themselves, their children, and pets after spending time outdoors. For more information, including how to reduce contact with ticks and tips on safe removal and disposal, visit: <https://novascotia.ca/ticksafety/>

Unifor MWF Local 1 steps up

I would like to offer a huge heartfelt thank you to all the men and women of Unifor MWF local 1 for their work raising money at the annual Dave Hart Memorial tournament. Because of their generosity a cheque for over \$13,000 was presented on behalf of the Hart Family of Sambro to Chebucto Minor Hockey. This money will help make hockey more accessible to those who would normally struggle with the cost of hockey!

Northwest Arm passenger ferry

The new passenger ferry will connect from the Dingle to Jubilee Road helping to reduce traffic congestion. Single trips will be \$4 per passenger and weekly passes are \$40. The weekly pass will guarantee you a seat on your preferred departures, so you do not risk arriving to a full boat.

This route will depart 3-6 times per hour, based on demand, running from 6am to 9:30am, and from 3:30pm till 6pm. The boat will carry up to 10 passengers at a time, and 4 bikes. To purchase a weekly or monthly pass, please contact by phone at 902-425-1930

JL Ilsley update:

The tender for a request for proposals on the design and build of our new high school, has been released to the public for bidding.

The closing date for bids is May 9th

The next steps will be the public consultation and design of the school, then shovels in the ground!

Our school is moving forward!

See you out there

Proud to be your MLA
Brendan Maguire (902) 444 0147
Brendan@brendanmaguire.ca
349 Herring Cove Road



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The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR MAY

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- Chase the Ace: every Wednesday. 5 to 7pm. In partnership with Young at Heart Club. Open to the public.
- Seniors Dance, May 6th from 12:30 to 4pm. Light lunch served. \$5pp. Music by Junes Tunes
- Crib, Friday May 3rd. 7pm. \$5 per person
- May 4th. DJ Dance with Tiffany. 9pm to 1am. \$5 per person
- Merchandise Bingo May 10th. 7pm. Doors open at 6pm

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Food Bank; Call in Monday and Tuesday, 902-477-5090. Pick up at 9 Cranberry Court, Wednesday at 1:30

Free meals for those in need:

- **Mondays:**
– Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring Cove Rd)
- **Wednesdays:**
– 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required. Centre (328 Herring Cove Rd)

Harrietsfield/Williamstown Community Centre (1138 Old Sambro Road) Events:

- Monday sparks/brownies
- Tuesday guides/pathfinders
- Wed/Thurs Tai Jitsu accepting new students ages 7-12 yrs
- Preteen dance May 14th. Grade 2s welcome to attend this last dance of the year.
- Annual AGM May 27th. 6:30 pm Contact Natasha @ 902-293-7427 for Rentals (birthday/special occasion/ bingo/etc)
- We are currently looking for volunteers. If you are able to volunteer for a couple of hours a month at our various events please contact Natasha at 902-293-7427

Quarter Note Singers (Captain Spry Centre) Events:

- JOIN THE CHOIR! You'll Be Glad You Did! The Quarter Note Singers is a mixed adult community choir that has been making music for over a decade at the Cap't. William Spry Community Centre. Singers of all levels are welcome; there is no audition. Please contact Mary Jo Mackintosh at 902-423-5636 for more info.

Rotary Club of Halifax North West (Smitty's Restaurant at 362 Lacewood

Drive in Clayton Park.) Events:

- Retired? Bored? Check out our club! We are known for the Toonies for Change 50/50 draw in Spryfield, which benefits eight charities in the Spryfield area, but we also support other local causes as well as international projects. To meet great community-minded people and to get involved, join us for lunch any Tuesday at 1200 noon. For more information call Roger Chiasson (902-445-5905) or go to www.rotaryclubhalifaxnw.ca

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878
- Spryfield Lions also collect hearing aids, CPAC machines and glasses for refurbishment and distribution. Items can be dropped off at regular bi-monthly meetings or our weekly bingo at the Rec Centre.

Spryfield Farmers' Market – 173 Old Sambro Rd events:

- Join us on Sunday May 5th, from 12pm (noon) to 3pm, for a volunteer lunch and some light work in preparation for the first 2019 Market. All skills level welcome. Sign up on our website: www.spryfieldmarket.ca/volunteer
- Market Opening Sunday May 26th, 12pm to 3pm. Come find a variety of vendors and connect with our vibrant community.
- Do you craft? Do you bake? Do you make? We are now accepting vendor applications! Visit our website at www.spryfieldmarket.ca

Urban Farm Events:

- Please come out and join us on Monday, May 6th for the Urban Farm Museum Society of Spryfield's Board Meeting. It is held at the Captain William Spry Centre at 7:00pm
- The "Come Grow With Us" Family Gardening program at the Urban Farm (corner of Ardwell and Rockingstone Rd) will begin Tuesday, May 14th at 6pm. Registration at Seedy Saturday on May 11th. 10am - noon at the Capt. Wm. Spry Community Centre.. For further information, please call Pat at 902-497-3683 or email jamac@ns.sympatico.ca
- The Urban Farm Museum Society of Spryfield invites you celebrate Spring at our annual Seedy Saturday Plant Sale on May 11 from 9-12 at the Cap't Spry Rec Centre.

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm

- Darts every Thursday at 7pm.
- Chase the Ace: Every Wednesday. 5pm to 7pm. In partnership with Spryfield Legion 152. Open to the public

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

- 902 477-1783, website emmanuelanglicanchurch.net
- YMCA Older Adult Fitness Class - "Forever Strong" Monday, Wednesday, Friday 10:00-11:00 AM Annual registration fee \$10 Drop in fee/ class \$4
- Prayer Group, Thursday, May 9th and 23rd, 1:00 pm in the church basement.

St. James Anglican Church (2668

Joseph Howe Drive – at the Armdale

Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106

St. James Anglican Church (1 Harrigan Rd) Events:

- "Doors Open", May 11, 2019 | 11am to 3pm. Fun activities for all ages, Tours, Special Mother's Day activities, BBQ (Weather Permitting), and more. Call for more details (902) 237 1349 or email stjamesanglicanhc@gmail.com.

St. James United Church (3811 Old Sambro Road) Events:

- 902-868-2791 church office office.sambrojollimorepc@gmail.com
- Soup Lunch Fri March 15th, 12 noon-1 pm Cost by donation
- Sunday School every week at 11:15am

St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- Bingo! Every Friday in May. Doors open at 5:30pm. Mini game starts at 6:30pm and regular games begin at 7pm. 50/50 draw, canteen, and more!
- Hematology Cycle-Paths present Merchandise Bingo May 4th at 1pm Prizes, fun and camaraderie. Help us ride for the cure. Nova Scotia ride for cancer
- Singalong Memories Concert Featuring Blaine Henshaw Sunday May 5th at 2:30 p.m. Tickets \$12.00 in advance For tickets call church office 902-477-3530 Tuesday to Friday 10am- 2pm Or call 902- 477-7118 tickets at door \$15.00
- Piano Recital Saturday May 11 at 7p.m. featuring Grayson Hann with Olivia Hann singing. Free Will offering. Refreshments will be provided.
- Playgroup every Tuesday morning at 9am.

St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 to have them picked up
- For those Harrietsfield residents who get water at St. Paul's, note the change in time. The indoor tap is available from Monday to Thursday and by chance on Friday, from 9am to 3pm.
- Soup's On: A free lunch of soup and

sandwiches is available every Tuesday from 12:00 to 1:30. This is a good opportunity to meet people in your neighbourhood. All are welcome.

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Rev. Pauline Coffin at 902-477-4099 email:sccc@gmail.ca facebook :Spryfield Christian Community
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am

Other Events and Notices:

• **Hand in Hand** (440 Herring Cove Road) which is operated by the St Vincent de Paul Society, has new operating hours: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.

• **Girl Guides of Canada** We are in desperate need of leaders. If you can give of your time and have an interest in seeing girls succeed in life, please contact us at NS-HarboursideAC@girlguides.ca Toll Free Phone: 1-800-565-8111 Office in Halifax: 902-423-3735 Website to Volunteer: www.girlguides.ca/volunteernow

• **Harrietsfield Williamstown Residents:** For those Harrietsfield residents who get water at St. Paul's, note the change in time. The indoor tap is available from Monday to Thursday and by chance on Friday, from 9am to 3pm.

• **3rd Spryfield Cub Pack** (ages 8 to 10) and **Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.

• Join **Chebucto Family Centre** at Freeman's Fairview every Thursday from 6-8 pm for Chase the Ace! More details online at www.facebook.com/ChebuctoFamily-Centre

• **Chebucto Family Centre** is seeking board members who are passionate about community and families. More details and posting are available on their website, www.HomeOfTheGuardianAngel.ca/board-of-directors

• The future is calling! **The Halifax Community Learning Network** offers FREE tutoring and GED classes for adults at the Captain William Spry Community Centre.

If you wish to learn in a relaxed and friendly setting and work toward the GED high school equivalency test, please call
(See Community Events on page 9)

www.DanDoherty.ca



Dan Doherty REALTOR®

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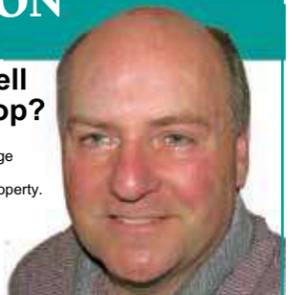
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