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Vol.20 • No.11
August 2019

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Volunteering for over 50 years



Mary Pellerine, left, and her good friend Donna Foley serve at the Strawberry Shortcake Party at the Urban Farm during the recent Spryfield Days

by Isaac MacEachen

In 1964, Mary Pellerine and her new husband Eldon moved from downtown Halifax to a three-bedroom bungalow on Tartan Avenue in Spryfield, where they raised their two sons. As the boys grew, Mary and Eldon were kept busy travelling to rinks, baseball fields and swimming pools. Even at this stage of her life she was volunteering for her sons' sports

teams, selling tickets, organizing barbeques, and collecting bottles so that as many youngsters in the area as possible could participate in hockey and lacrosse. Eldon joined the local Lions' Club so Mary became a member of the Lionesses, a support group helping in the raising of funds for the community-minded club.

As a member of St. Michael's Catholic faith community, Mary was

always very much involved. Shortly after coming to the area she became a Eucharistic Minister, assisting Father Donald Boudreau in distributing Communion at weekend services. Fifty-five years later she is still serving in this ministry. As a member of the Catholic Women's League at St. Michael's, she has held executive positions during most of her 45 years in this organization. She contributed

to, and worked at, all CWL money-raising events over the years. For an equally long time she has also been a member of the parish team responsible for counting our weekly church collection. Mary has, for the last 15 years, organized the annual St. Michael's Parish roast beef dinner. This involves buying and picking up foodstuffs, heading a team of parishioners preparing and cooking all vegetables, setting up, selling tickets and cleaning up after the meal served to more than 300 people. For the last 20 years Mary has organized the Flea Market room at St. Michael's Annual Fall Fair. At least two weeks of work goes into readying for this event as hundreds of donated items must be collected, sorted, priced and displayed.

As the Social Convenor of the CWL group, she is responsible for running the kitchen at many of the parish events including funerals, after-mass socials, and fundraising events at the hall. On Monday evenings throughout the year the Knights of Columbus host a card game in St. Michael's hall and Mary helps out by operating the kitchen, going so far as to bring in home-baked goods to serve to the hungry card players. For the last two years, the fund-raising committee at St. Michael's has been running a bingo game on Friday evening. Mary is on this team as well and again operates the kitchen/canteen so that participants can enjoy snacks and baked goods throughout the evening. For this event she will often bring in her homemade cookies, squares, and cinnamon rolls. Last year St. Michael's Father David appealed for regular altar servers at the Saturday evening mass at the church. Mary Pellerine and Dorothy Baker stepped up to faithfully assist their priest at

(See Volunteering on page 2)

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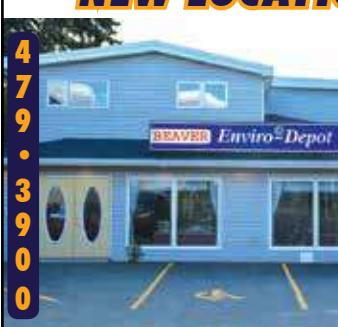
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The Theatre Arts Guild (TAG) has the honour of being Canada's oldest, continually running, community theatre. Started in 1931 through the merger of the Little Theatre Movement and the Halifax Dramatic and Musical Club, this Guild has performed its share of amazing plays. Their very first show in 1931 was The Dover Road, by none other than A.A. Milne. This performance was held at the old Garrick Theatre since the group did not have a permanent home at the time.

Before settling in Jollimore, TAG performed at many venues around the city, including St. Patrick's High School and the Capitol Theatre. In 1966, the Guild was able to finally have a permanent venue for their productions when they acquired an old church hall located at 6 Parkhill Road, which they named The Pond Playhouse.

TAG's season runs from September through July each year, with 5 shows being presented, ranging from comedies to musicals to mysteries and dramas. The first show of the fall season will be The Ladies Foursome, which was written by Norm Foster. Elaine Casey will be directing and Michele Moore will be the producer. The show follows three women who gather for a round of golf in honour of a recently deceased friend. They are soon joined by a fourth player, who knew the deceased as well. During the round of golf, many secrets and confessions are shared amongst the group, bringing hilarity and warm hearted moments for all in attendance. Tickets go on sale on August 23rd and may be purchased through TicketAt-

lantic, the Superstore, or at the Pond Playhouse right before a performance. Ticket prices are very reasonable with non-members paying \$18 a ticket, and members, students, seniors tickets priced at \$15. Keep in mind that tickets purchased at the Pond itself must be cash or cheque.

For those of you who are interested in becoming a member of TAG, they have an incentive for you! Join or renew your membership by September 3rd and you will be automatically entered into a draw for Season Tickets for their 2019-2020 performance year. Membership is only \$15 per year and offers you the opportunity to be a part of an amazing group of people. Along with discounted tickets, membership allows you to participate in the productions.

If you are a member and interested in joining the TAG thespians, they are holding auditions for *The Wizard of... Oz?* on August 19th and 20th.

As well as the ongoing membership drive by TAG, the Pond Playhouse is looking for donations to assist with the enlargement and upkeep of their parking lot. The total cost for resurfacing and enlarging this space is \$50K. The end result will be a parking lot that is much safer, and easier to use, for their patrons, volunteers, production crews, and actors. Please consider making a tax deductible donation to help the Pond Playhouse serve the community for years to come.

TAG and the Pond Playhouse can be found online at <https://tagtheatre.com>. Their phone number is 902-477-2662 and their email address is info@tagtheatre.com

Volunteering

(continued from page 1)
this mass.

Outside of St. Michael's Mary is involved with other volunteer organizations as well. Each Monday afternoon Mary goes downtown to the office of Birthright to monitor the phones for three hours, answering calls from young mothers in a crisis situation. Most Tuesdays she helps count the weekly 50/50 ticket sales for the local Rotary Club's "Toonies for Change" program. Recently you might have seen Mary dishing out mouthwatering desserts at the strawberry festival at the Urban Farm as part of Spryfield Days. She told me that she cooked four pans of biscuits that morning to take to the afternoon event. Since she retired from her job at St. Mary's University in 2001, Mary has been an active member of the Urban Farm Committee, often serving on the executive. She maintained a garden plot at this site up until this year. Every Tuesday and Thursday she attends exercise class at the community centre as a way to keep limber and toned so that she can perform her many volunteer activities on the other days of the week. Sadly Mary lost her husband, Eldon, in September of 2018 after 55 years together. "My volunteer work has certainly eased the loneliness I feel every day. I find comfort in being with people and, if I can help them in any way, it means that much more." A huge heartfelt thanks goes out to Mary for her many years of support to our community.

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Letters should not exceed 200 words and must include the writer's full name and telephone number. Letters are subject to editing and are printed at the discretion of the publisher.

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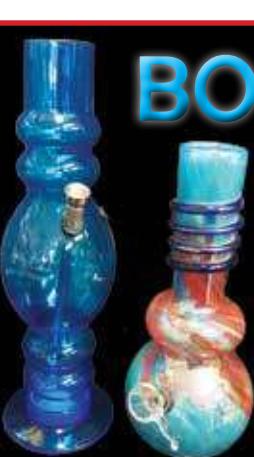
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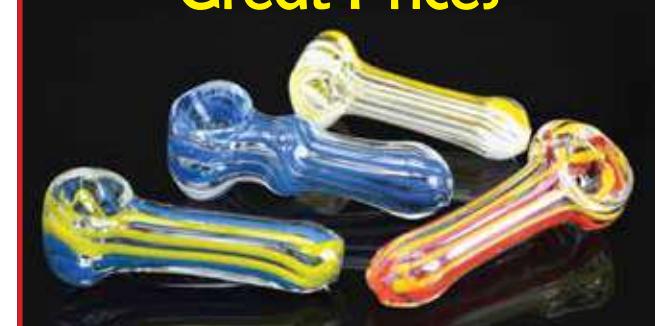
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This is a bunch of garbage!



by Carolyn Mont

There are a number of churches around the Loop and many of them are visible from the street. St. Paul's United Church, located at the busy corner of Old Sambro Rd, Rockingstone Rd. and Sussex St., is hard to see clearly because it is behind a number of trees. Perhaps that is why it has been subject to illegal dumping. This begs the questions, "What is illegal dumping? Who is doing the dumping? What is being dumped in a church yard?" I wish I had answers to those questions.

At St. Paul's, like most churches, we struggle to pay our bills. We offer a number of free services to the community through our community ministry, St. Paul's Family Resources Institute (FRI). These include free income tax services to low income

people, a weekly Food Bank, and free lunch on Tuesday from September to June. The church also provides free water to those people in Harrietsfield who do not have clean drinking water, and pastoral care to residents of local nursing homes. In order to cover these costs, we host a number fund-raisers through the year. Of course, we also have to maintain our building and pay staff.

I am not writing to complain about those costs, it is all money well-spent. However, at the end of the month, there is no overage to speak of, which is why I am so very disheartened to see the garbage being left in our church parking lot.

We currently have a sofa that someone dropped beside our dumpster. The company that collects our refuse will only pick up what is in

the dumpster so we had to lift that heavy sofa and put it on the top of the dumpster. Unfortunately, the dumpster is overflowing because someone else brought a lot of construction waste and loaded our dumpster with that. There was also a lot of packing cardboard that volunteers took out of the dumpster and took home to put out at the curb with their recycling. We now can't close the lid and some of the waste (who knows what it is) is in bags and is attracting crows. That means that staff and volunteers have to clean that up, try to stuff it in the dumpster and make it ready for the monthly pick up. Yes, that is correct. We get our garbage picked up once a month, not once a week. Remember, we have to pay for that at the same time we are struggling to cover our expenses.

In the accompanying photo, you may also notice a green bin. That is not ours and it is full of something obnoxious that has to be dealt with. It is also significant that this unsightly mess is beside our parking lot where the Spryfield Market sets up their outdoor stalls.

Well, we now know what one aspect of illegal dumping is and we sort of know what is being dumped in our church yard. What we don't know is who is doing it. Whoever you are, please be aware that you can put your couch at the end of your driveway on garbage day and the city will pick it up at no charge. Cardboard can go to your curb to be recycled. It is not necessary for you to go to the trouble of loading in your vehicle and taking it to us.

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DISCOVERING OUR PAST

St. James Church in Herring Cove 141 years old

by Iris V. Shea

Sunday worship began in St. James Anglican Church in Herring Cove in 1878 with Rev. G.F. Maynard as the first minister. This historic church was originally part of Falkland Parish. Located on Harrigan Road off Village Road, the church was built on land donated by members of the Harrigan family, namely Frederick Harrigan and his wife Mary, and John Harrigan and his wife Ellen. The fee paid for the land by the Colonial and Continental Church Society was one dollar. The land, according to its written description at the time (September 1876), began on the southern boundary of William Hayes land, running 69 feet along Harrigan's boundary on the west, 37 feet in an easterly direction to the road, and 69 feet in a northerly direction, bounded by the wall on Charles Thomas's property.

William Critchlow Harris, who went on to become one of the most respected architects in the country, drew up the architectural plans for the church. Harris, an eighteen year-old apprentice with the Halifax architectural firm of Stirling and Dewar in 1873, was entrusted with the design of the Church of England in Herring Cove. In "Gothic Dreams" by Robert Tuck, the author quoted correspondence between William Harris and his parish priest in Charlottetown, Prince Edward Island... "I have just been drawing a set of plans for a little church in Herring Cove for Mr. Breading. I suppose the one you are going to erect will be something of the same kind, very cheap and as plain as possible." (Harris was referring to Rev. James Breading, a prominent Church of England minister at the time). The talented architect went on to design many churches throughout Canada. Other examples of his work may be seen today in St. James Church, Mahone Bay, and All Saints Church, Springhill.

St. James Church cemetery predates the church. The gravestones provide information on some of the earliest burials, members of the Darrach and Brown families: 17 year old Elizabeth Darrach in 1853; 76 year old Archibald Darrach in 1870; 70 year old George Brown, Sr. in 1871; 42 year old William Brown in 1873; and 42 year-old Thomas Darrach in

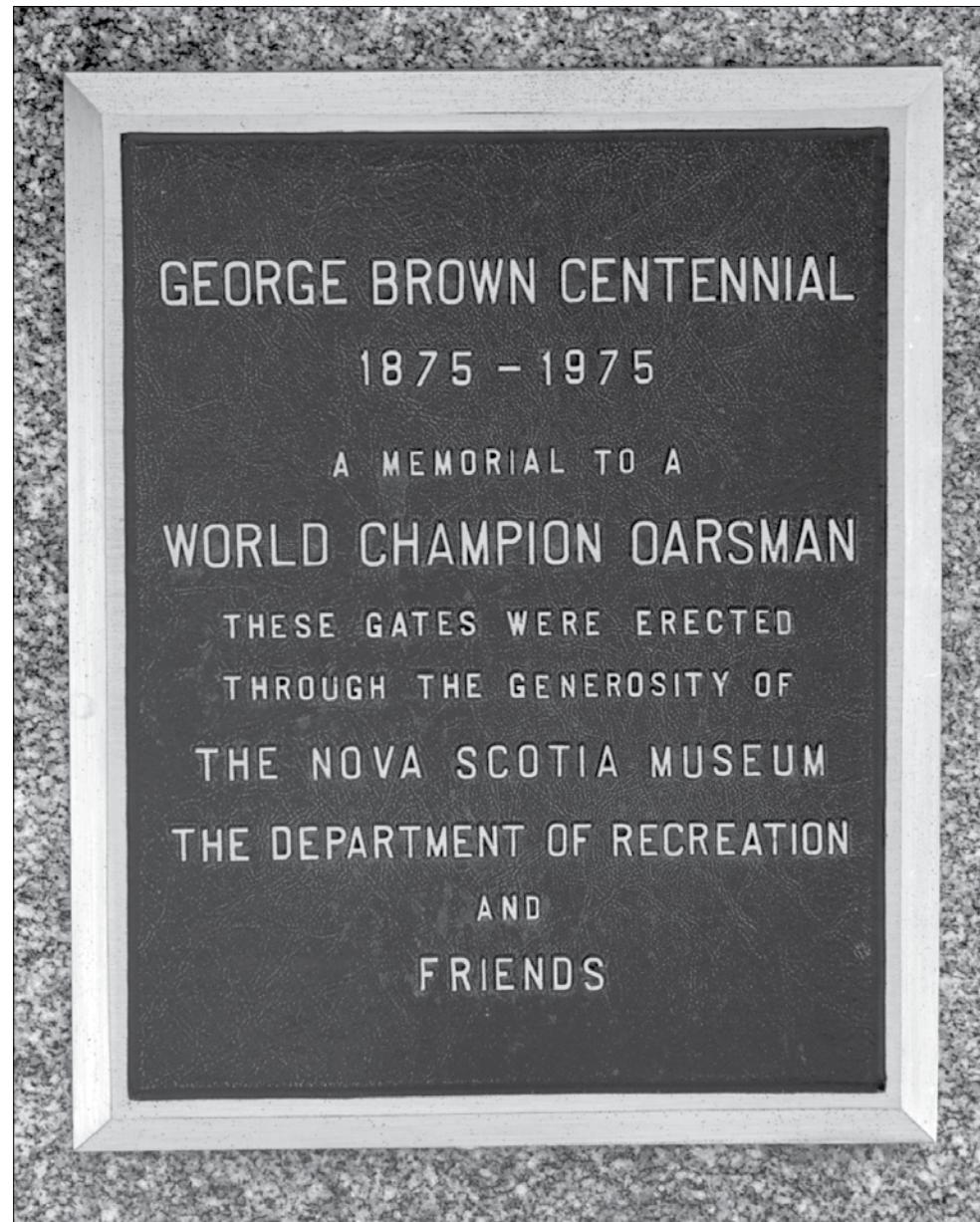


Photo of Memorial Gate at St. James Anglican Cemetery, Herring Cove, 2018. Courtesy Robert DeViller

1877. The cemetery is also the burial place for world champion oarsman George Brown who died on 8 July 1875 at the age of 36 years. Newspapers reported on his declining health, said to be caused by "pressure on the brain, supposedly a tumor." Close to 1000 people attended his funeral. Businesses, homes and most of the vessels in the port of Halifax flew their flags at half-mast in his honour. The funeral procession started in Halifax and the body was taken to Herring Cove by boat. Special transportation was arranged for the mourners to attend the funeral in Herring Cove where George Brown was laid to rest in St. James Church cemetery.

One year after a special ceremony on the 50th anniversary of George Brown's death, St. James Anglican Church honoured him again. On Sunday, 11 July 1926, leaders and lovers of aquatic sports from Halifax joined

with citizens and relatives of the late George Brown to witness the unveiling of a beautiful memorial pulpit installed in the church. The brass plate affixed to the memorial pulpit bears the following: "To the Glory of God and in memory of George Brown. Born Herring Cove Feb. 7th 1839, Died July 8th 1875. This Pulpit is Dedicated by the Congregation, relatives and friends. I have fought the good fight, Resurgam". The unveiling of the pulpit was done by his cousin, John Brown. Oliver Glazebrook, bass-baritone and a great-nephew of George Brown, was the soloist.

Another ceremony took place in Herring Cove at St. James Church on the 100th anniversary of George Brown's death. Two granite pillars now grace the entrance of St. James Cemetery. Inscribed in the plaque on one of the pillars is "George Brown Centennial, 1875-1975. A Memorial

to George Brown, a World Champion Oarsman. These gates were erected through the generosity of The Nova Scotia Museum, The Department of Recreation, and Friends."

The cemetery was the burial site for several other well-known Herring Cove residents: Lt. Col. William King (1863-1952), a native of Clifton, Bedfordshire, England, and a former member of the Imperial Army; Richard Nagle (1916-1990), International Dory Champion; Colin Baker (1910-1992), former County Councillor; Captain Claude Darrach (1903-2000), crewman on the first Nova Scotia Bluenose. Clergy buried here were: Rev. H. Deering (1904-1966), Rev. F. Rice (1874-1973) and Rev. David Lee (1928-2000).

In 2003, Anglicans of Herring Cove celebrated the 125th anniversary of their church. Rev. Ron Appleton, rector, conducted the special service on Sunday, September 28th at 3PM and the Bishop, Rt. Rev. Fred J. Hiltz, gave the sermon. In addition to the parishioners from St. James, the congregations of St. Augustine's in Jollimore, St. Philip's in Purcell's Cove, and St. David's in Portuguese Cove, participated in the celebration. Anniversary cookbooks, mugs, and calendars containing church photographs were available for purchase. Dedicated parishioners, in preparation for the anniversary celebration, made

(See St. James Chuch on page 5)

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St. James Church

(continued from page 4)

improvements to the church and to the church hall. The church exterior was pressure washed and given a new coat of paint; the bell, out of service for several years due to a corroded support, was repaired; siding replaced the shingles on the church hall. Inside the hall, gypsum was applied to the walls and painted, and the windows were replaced and lowered, providing a commanding view of Herring Cove. This year, 2019, parishioners of St. James Anglican Church in Herring Cove are celebrating 141 years of continuous service in their historic building.

*** Thank you to Barrie MacLeod for providing the following information on the present day Venetian Night that takes place on the Northwest Arm. Barrie's Note: "While the Arm-

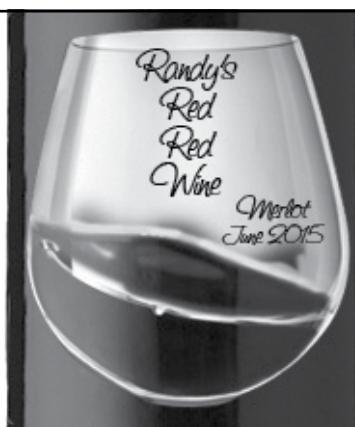
dale Yacht Club held a Venetian Night in the 1950s the Royal Nova Scotia Yacht Squadron has been parading lighted boats around the North West Arm for the last 20 years or so on the Friday night of Labour Day weekend. Properties on the Arm are also decorated." The date for this year's Venetian Night is August 31st. ***



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AUGUST Religious Services Directory

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St. Augustine's Anglican Church (2010 Purcell's Cove Rd)
Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road)
Sunday Prayer Time: 10:00 am
Sunday Family Service: 10:30 am
Nursery & Children's Ministry 10:30 am

Spryfield Christian Community Church (91 Thornhill Dr)
Church services Sunday 11-12 am

Oromo Gospel Church
Sunday worship service: 3 pm
Tuesday prayer: 10 am.

Parkhill United Church (5 Kirk Rd, Jollimore)
No summer services. 9:30 am service to return on Sept. 8th.

St. James United Church (3811 Old Sambro Rd, Sambro)
Regular Service: Sunday: 10 am
Service of the Sea on August 11th at 10 am

Emmanuel Anglican Church (322 Herring Cove Rd.)
Regular Service: Every Sunday, 8am Quiet service 10am Lively service

St. Michael Catholic Church (6 St Michaels Ave, Spryfield)
Saturday: 4 pm
Sunday 11 am

St. Paul Catholic Church (137 Hebridean Dr., Herring Cove)
Sunday: 9 am

St. Paul's United (173 Old Sambro Road)
Regular Service:
Sunday, 9:50, Prayer Circle meets
Sunday 11:00, Sunday worship and Sunday School

St. Peter's Catholic Church (195 Ketch Harbour Road)
Saturday 6 pm
Ed. note: send in your service details by August 14 for inclusion in our September issue.

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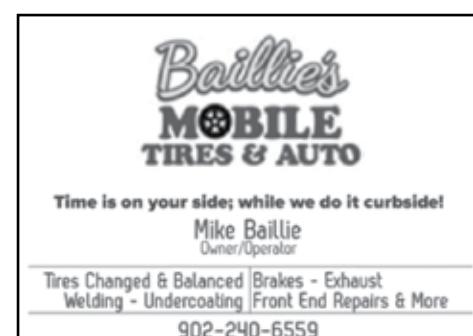
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LOCAL OBITUARIES

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Betty Mary Zwicker

It is with sadness but gratitude for a life well lived, that we announce the death of our mother on Friday, June 14, 2019 at the Halifax Infirmary at the age of 93. She died peacefully surrounded by her family. She arrived in Canada in 1946 as an English war bride to join her husband, Edwin at the young age of 20. What a life she made here with our Dad. She was a woman ahead of her time. She returned to employment outside the home when her daughters were young and enjoyed many fulfilling years as a registered lab technician at the Halifax Children's Hospital, the Grace Maternity Hospital and Fisheries and Oceans Canada. She was recognized for her contributions to the aquaculture industry in Atlantic Canada. Mum was an avid tennis player and a long time member of the Waegwoltic Club. She received an honorary lifetime membership in recognition of her outstanding contribution to the club. She organized and ran the Saturday afternoon tennis teas for many years and played tennis until she was 86 years old. She was a long time member of the Halifax Concert Band, playing flute with them for more than 40 years and was their treasurer for many years. Her love of music was evident also in her support of the symphony



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and other cultural events including the Metropolitan Opera performances. After her retirement in 1991, she began a busy life as a volunteer at the IWK, the Nova Scotia Art Gallery, the Nova Scotia Museum of Natural History and as the treasurer of Elder Learners at SMU. However she always made time to support her daughters and her 6 grandchildren. She and Dad spent many hours at sport venues cheering on their grandchildren. Mum moved to Parkland at the Gardens in 2015 and her "family" expanded to include many new friends. We thank them for their friendship and support especially as her illness progressed. We wish to also thank the staff at the VG hematology clinic, in particular Dr. Hasagawa and nurse Sandra Sullivan, as well as the wonderful staff at the medical day unit for their compassionate care of Mum over the last three years. Mum is survived by her daughters Sheila Quackenbush, Valerie, Diane (Hubert Maier); her brother Fred Emery (Marianne) grandchildren Michael Quackenbush (Elysha Hanniman), Katherine Quackenbush (Mike Morrow), Lauriel LeBlanc (Andy Stoeffel), Madeleine LeBlanc, Belinda Maier (Jim Smardon), Thomas Maier (Erica Brenton) and four great grandchildren Nate and John Quackenbush, Douglas and Tessa Morrow, and many nieces and nephews. She was predeceased by her husband Edwin, her sisters Freda and Sheila, her son in law Douglas Quackenbush. Cremation has taken place under the care of J. Albert Walker Funeral Home (2005) Ltd. Funeral service was held on Tuesday, June 25 at 1 pm at the Cathedral Church of all Saints, Cathedral Lane, Halifax. Family flowers only. Please consider a donation to the QE II Hematology clinic, the Leukemia and Lymphoma society, or the charity of your choice. Online condolences may be made by visiting : www.walkerfh.comMum was a vibrant personality who made friends everywhere she went. She was an inspiration and role model. We will miss her.

George Frederick Buck

Age 88, Harrietsfield, passed away June 23, 2019 at the Halifax Infirmary, QEII. Born in Canboro, Ont., he was a son of the late Cecil and Laura (Colbeck) Buck. He is survived by his wife, Isobel (Lymburner); daughter, Nancy Koidl; granddaughters, Kirsten and Mackenzie Koidl; sisters, Eileen High; May Passmore; brother, John and several nieces and nephews. He was predeceased by sisters, Beulah Everett and Marie Lambart. Donations in memory may be made to the Nova Scotia Heart and Stroke Fund.

David J Spearns

Age 68, Mississauga. With heavy hearts we announce the death of J. David Spearns on June 18, 2019 at the Trillium Health Partners Mississauga Hospital surrounded by his family, following a long courageous

battle with "the beast" (cancer). David was born January 26, 1951 and was the eldest of nine children of the late John and Theresa (Poirier) Spearns of Herring Cove, NS. David was an extremely hard worker and strove for perfection. He was very well known in the IT industry. His work took him to Mississauga from Nova Scotia in 1979. He worked until 2014 when his battle started. Since his forced retirement, and between treatments, you could find him teaching seniors all the tricks of the computer trade or in his basement sending out his Daily Chuckle or Not A Chuckle e-mails. He had many friends whom he kept in contact through his computer all over the world. David enjoyed sports, all genres of music (mostly Reggae!), travels and his pool ("how many Ps or Ts in the pool today?"). His priority was his family; he was a loving husband and proud and supportive father to his children (and his grand-pups Max the wonder dog, Ava and Miss Ellie), brother-in-law and his siblings. It was important to him to have contact with them daily. He is survived by his wife Irene (Denys); daughter, Christine (John) Campbell; son, Michael J (Millie) Spearns, brother-in-law, Arnold Denys, brothers; Michael (Pam), Dan (Robin), Greg (Pat), John (Sarah), sisters; Mary (Wade) Antonowicz, Judy (Carlos) Garcia, Kathy (Walter) Conrad, Terry Spearns and many nieces and nephews.

Loreto V Lacopia

Age 77 of Halifax passed away peacefully on July 1st 2019 at 5:30 p.m. surrounded by his family after fighting an incredible battle of Alzheimer's & Dementia for the past few years. He was a son of the late Francisco and Falisa Lacopia. He is survived by his loving wife, Enriqueta "Tita" Lacopia; son, Anthony "Tony" Lacopia; daughter, Leslie (James) Briggs; sisters, Delia Lacopia and Julianita Lacopia (Tony Hilarin); many nieces and nephews. He was predeceased by brother, Nuneriano Babilona. In lieu of flowers donations can be made in Loreto's memory to St. Michaels Parish.

Ledger H Roach

92, It is with great sadness that we announce the passing of a loving father and grandfather. Ledger passed away surrounded by his children in Halifax on June 30th 2019. Born in New Waterford Cape Breton June 22nd 1927. He was the son of the late Hubert and Franny (Ruelland) Roach. Ledger as a young man worked in the coal mines in Cape Breton and later went on to sail the world. When returning home, he met his common law wife Catherine Ryan-Slaunwhite (Roach) Also known as Betty. He loved a good baseball game and would never turn down a day with family, especially his grand children.

Ledger is survived by 7 of his 8 children, daughter, Catherine Wood (Stephen) of Springfield Nova Scotia, Brenda Brown (Gary) of Harrietsfield, Wendy Neil (Steve) of Harrietsfield; son, Ledger Roach (Jonah) of British

Columbia, Gregory Roach (Denise) of Halifax, son, John Slaunwhite (Mary Jane) of Spryfield, son, Alvin Slaunwhite (Charity) of Harrietsfield.

He will also be very missed by his 16 grand children and 19 great grand children. He was predeceased by his daughter Carol Roach.

James St Clair Fredericks

April 30, 1943 - July 15 2019

Dad passed away peacefully surrounded by his children, sister Gwenyth and his brother John, while listening to his favourite music and enjoying his favourite drink, Crown Royal.

He is survived by his children Twyla (Curt), Rob (Christina), Michelle (Lee), Russ (Tina) and Julie, As well as 9 grandchildren and 4 great grandchildren with another on the way. He was predeceased by his loving wife of over 50 years, Catherine, and his granddaughter Lolita. He also leaves behind many life-long friends.

Dad was always a hard worker. Not only did mom and dad raise their own children, for 27 years they were foster parents to many. After retirement, besides driving mom crazy, he could be found in his garage with friends working on cars and having a few.

Special thanks to Saint Vincent's Nursing Home 6th floor for their exceptional care of dad. Thank you for treating him like family.

Thank you dad for instilling family values....Love You Too

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SPRYFIELD DAYS FESTIVAL

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The Honourable
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Hally Henneberry



SPRYFIELD DAYS FESTIVAL:

Well, it's a wrap on the 2nd Annual Spryfield Days Festival! The weather cooperated and we had a great turnout. J. Albert Walker Memorial Sports field was our new location for many of Saturday's events, which provided ample parking and a large space to run multiple simultaneous activities.

Saturday morning started with a Fun Run, which saw about 30 people at Long Lake Park. This was followed by an Outdoor Fitness Class, Outdoor Yoga Class, and a Judo Kai demonstration. The Family Fun Day was well attended, as children enjoyed the free bouncy castles, train rides, face painting and cotton candy. Volunteers served up hot dogs, hamburgers and beverages in support of the Spryfield Business Commission's J.L. Ilsley Scholarship Fund, while patrons were entertained by live music and a hot dog eating contest.

The Fun-DUCT-Raiser Duct Tape Boat Race at Long Lake Park saw a lot of excitement during the various competition heats, with the following awards: Creativity: Herring Cove Fire Department; People's Choice: Mia Maria; Titanic Award: Lil' Windsor; Singles Category 1st place: Long Lake Adventure Co finishing at 2 minutes and 31 seconds and 2nd place: Leaky Boat at 3 minutes and 42 seconds. In the Doubles Category 1st place: Northern Seamless Gutters at 2 minutes and 38 seconds; 2nd place: We're Bananas at 4 minutes and 9 seconds. Open Division: 1st place: SMU Engineering at 1 minute and 40 seconds and 2nd place: That Sinking Feeling at 2 minutes and 16 seconds. A special thanks goes out to all those who took the time to construct a boat for the race, the spectators who cheered them on, and to those who donated. A total of \$1723.45 was raised for the Long Lake Provincial Park Association.

Live entertainment and adult beverages were served up right until the spectacular Fireworks display which capped off Saturday night. Thank you FX Fireworks for the beautiful fireworks

show, and thank you to Municipal and Provincial staff who were so supportive in assisting with the necessary approvals.

On Sunday there was a Tailgate Talent Show, Fundraising Barbeque, Ticket Auction, 50/50 Draw, and a Motorcycle Show and Shine with awards. Best American Bike was won by Jab; Best Metric Bike and Best Sport Bike were awarded to Wayne Meisner; Best British Bike: Rusty Larkin; Best Paint and Best Overall were both won by Bruce Spicer. The Loudest Pipes competition was taken home by Mike White. Ashley F won \$230 in the 50/50 Draw, which she donated back to J.L. Ilsley Judges football team. Members of the Judges were helping out at the event, which raised a grand total of \$1,546.00.

A great time was had by all at the Strawberry Shortcake Social, and Monarch Butterfly Presentation and Children's Craft. As well, Sunday evening's Gospel Concert was inspiring and uplifting.

Events like this can't happen without the dedicated hard work of organizers, volunteers, sponsors, supporters, and attendees. Thank you ALL for a fabulous weekend! We look forward to next year's festival.

RURAL BUS:

The grant application to Metro Transit for the Ketch Harbour/Sambro/Spryfield Rural Bus has been submitted and has been approved and we are awaiting approval from the Provincial Grant application, which we expect to have in early August. We hope to have a pilot project up and running by the fall. Over the next few months, we'll be reaching out to community members and the general public to ensure everyone is on board. I'd love to hear from anyone interested in serving on an Advisory Committee.

NEW COURSES:

The Spryfield Business Commission, in conjunction with the Department of Labour and Advanced Education, are pleased to offer two new programs starting in late August: Excel and Social Media. Please contact me at the email or phone number below for further details on these valuable free programs.

Bruce Holland,
Executive Director, Spryfield Business Commission
bruce@discoverspryfield.ca
902-452-7472

NEWS & VIEWS

from the desk of Bruce Holland



Summertime fun in Spryfield



PHOTO: MIKE HARVEY



The community of Spryfield can really pull together a fun summer, evidenced by the support and turnout for Spryfield Days on July 13 & 14, and the In The loop Barbecue on July 21. Sponsors, supporters and community members all work together to make **SPRYFIELD STRONG!!!**



Sammy says

Once again, my favourite time of year is upon us! Sambro Sou'Wester Days are August 6-11 this year and you can check out the full schedule of events in this edition of the paper.

This year there will be two features at the Family Movie Night: How to Train Your Dragon 2 and Fast and the Furious. Admission is by freewill donation and/or a non-perishable donation to the Food Bank. Non-alcoholic drinks and popcorn will be available for purchase for \$1 each. Bring a lawn chair and settle in for a fun night out for the whole family!

The Corn Boil and Ceilidh on Friday night will feature delicious corn on the cob, hotdogs and non-alcoholic beverages available for \$1 each. The evening will feature live local musical entertainment, as well as the presentation of the Third Annual Sambro Spirit Award. Come out to see who will be honoured this year.

The Sambro Island Lighthouse Heritage Society are offering boat



tours out to historic Sambro Island again this year, weather permitting. Come out and learn the rich history of this fascinating piece of our past.

Our Community Parade on Saturday morning draws quite a crowd, with traffic delays between 10 am-12 noon from Atlantic View along the Ketch Harbour Road to Old Sambro

Road and then to West Pennant Road. Plan your travels accordingly to keep everyone safe. Awards and prizes will be handed out in the community tent immediately following the parade.

A Barbeque will be set up in the Ball field, with a Washer Toss Tournament and a Family Carnival featuring games and a bouncy castle.

The Adult Tailgate Party will feature live music from Lime Rickey. Patrons MUST be 19

years or older to gain entrance. The \$6 admission bracelet gives patrons the opportunity to win some great door prizes. Pizza slices will be available for purchase later in the afternoon.

Some returning favourites include the Adult Co-Ed Baseball Games, Community Breakfast, Service of the Sea at St. James Church, Blessing of

the Fleet, Cake Walk, Rubber Duck Race, and Fish Cake Supper with Beans, Brown Rolls and Strawberry Shortcake.

You can purchase your 50/50 tickets or numbered Rubber Duck tickets from Mishoo's store in Sambro or from SACA volunteers for \$5 each. All funds raised go towards Sou'Wester Days and our future community centre.

If you plan on watching the fireworks from your boat, why not decorate it with festive lights for the Parade of Sail off Crystal Crescent Beach? Judges will award prizes. Please note that boats must respect the distance required to be off shore in order for the fireworks to be safely presented.

Admission to the Closing Fireworks at Crystal Crescent Beach is by freewill donation. Please note that all vehicles must exit the park promptly at the conclusion.

See you all at the festival!

Sammy Sambro is SACA's mischievous mascot. You can follow him on Twitter and Facebook.

SAMBRO SOU'WESTER DAYS Schedule - August 6 - 11, 2019

Tuesday, August 6

6:00 pm & 7:30 pm Community Baseball Games @ Ball Field

Wednesday, August 7

6:00 pm & 7:30 pm Community Baseball Games @ Ball Field

Thursday, August 8

6:00 pm & 7:30 pm Community Baseball Games @ Ball Field

7:00-11:00 pm Family Movie Night @Community Tent. Early Show:How To Train Your Dragon 2. Later Show:The Fast & The Furious. Admission by freewill donation of cash and/or non-perishable items for the Food Bank.Popcorn & non-alcoholic beverages \$1 each.

Friday, August 9

6:30-8:30 pm All Ages Corn Boil and Ceilidh Sponsored by Jill Hann Royal LePage @Community Tent. Corn on the cob, hotdogs and non-alcoholic beverages available for \$1 each.Presentation of the Sambro Spirit Awards and local musical entertainment.



Saturday, August 10

8:30 am-4:30 pm Sambro Island Lighthouse Boat Tours @ Government Wharf presented by SILHS. Adults \$40/Children 5-16 \$20/Children under 5 free (must be accompanied by adult over 18 years of age)

10:00 am-11:30 am Community Parade Sponsored by the Spryfield Head Shoppe. From Atlantic View Dr. in Sambro Head to Sambro Fire Station. Expect traffic delays between 10 am-12 noon from Atlantic View along Ketch Harbour Road to Old Sambro Road and then to West Pennant Road. Prizes will be awarded @ Community Tent following at 11:30 am.

12:00-2:30 pm BBQ with hot dogs, hamburgers and beverages @Ball Field

12:00-2:00 pm Family Carnival sponsored by Bluenose Seafood Inc. with bouncy castle and games@ Ball Field

12:00 noon Washer Toss Tournament sponsored by Clyde A. Paul & Associates@ Ball Field\$20 per 2 person team

2:00-8:00 pm Kyle's Tailgate Party Sponsored by the family of the Late Kyle MacKay, Live Music by Lime Rickey @Community Tent. **MUST BE 19 YEARS OR OLDER.** \$6 admission includes chance to win door prizes. Beer & coolers \$5

Sunday, August 11

9:00-11:00am Community Breakfast sponsored by Oceanview Fisheries @ Community Tent. Scrambled eggs, pancakes, sausage with juice or tea/coffee.Adults \$6/Youth 5-12 years \$3/Kids under 5 free.

10:00 am Service of the Sea Church Service @ St. James United Church

12:30 pm Blessing of the Fleet @ Sambro Government Wharf, Weather permitting. Arrive at the wharf for 12 noon.

2:00 pm Consolation Baseball Game @ Ball Field

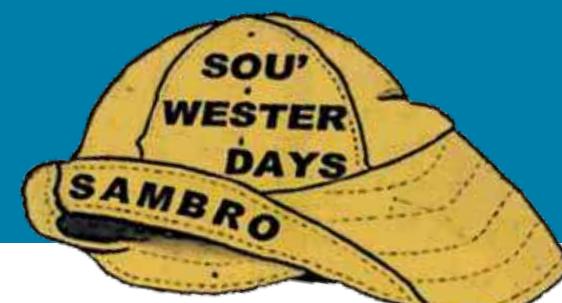
1:00-3 pm Cake Walk @ Community Tent

3:00-3:30 pm Rubber Duck Race Sponsored by Mishoo's Store @ Grand Lake. Numbered ducks may be purchased in advance from Mishoo's store in Sambro or SACA volunteers for \$5 each. Win up to \$500!

3:00-6:00 pm Fish Cake Supper with Beans, Brown Rolls and Strawberry Shortcake@St. James United Church Adults \$15/Child \$8

4:00 pm Final Championship Baseball Game@ Ball Field

8:00-9:45 pm Parade of Sail Sponsored by Midnight Magic Fisheries off Crystal Crescent Beach.Decorate your boats with festive lights for a chance to win a prize. Boats must



respect the distance required to be off shore in order for the fireworks to be safely presented.

9:45 pm Closing Fireworks Display Sponsored by James Gray Fisheries @ Crystal Crescent Beach Provincial Park. Freewill admission gratefully accepted outside the beach gates on Sambro Creek Road. Please note vehicles must exit the park promptly at the conclusion of the fireworks. Raindate: August 18th.

Rubber Duck Race Tickets \$5 each and 50/50 Tickets \$2 each or 3 for \$5 available before and during festival from Mishoo's or SACA volunteers

Event Locations:

Mishoo's Variety Store and Takeout ("Mishoo's") 1 West Pennant Road, Sambro
James McPhee Memorial Ball Field ("Ball Field"), 133 West Pennant Road, Sambro
Community Tent beside the Sambro Fire Station ("Community Tent"), 160 West Pennant Road, Sambro
Government Wharf, Government Road, Sambro
St. James United Church, 3811 Old Sambro Road, Sambro
Grand Lake, Williamswood
Crystal Crescent Beach, Sambro Creek

* Exact Change and Small Bills Appreciated *

**Reg Horner
Memorial**

Chebucto News Sports Page

Announcing the 2019 Nova Scotia/Nunavut Legion Track and Field Team

by Head Coach, Steve Morley

With the Royal Canadian Legion National Youth Track and Field Championships fast approaching in August in Sydney, NS, athletes across the province showed their very best in running, throwing and jumping this past weekend at the Athletics NS Legion Team Trials and Open Meet. The event, held in Stellarton at Pioneer Coal Athletics Facility, brought together over 225 track and field athletes of all ages. Those competing in the U16 and U18 Categories chased standards to be named to the 2019 Nova Scotia/Nunavut Legion Track and Field Team. Williams-

wood's own, Jack Langille and Ezra Eastwood, beat out their competition to become part of this amazing team.

"What started as a group of individuals throwing, jumping, sprinting, and running will come together in Sydney and form a team, with friendships created that will last a lifetime. The athletes don't do this by themselves. Many hours have been spent by parents, coaches, and volunteers to help make them strong enough to be named to this team in 2019. It doesn't stop there. Since the games will be hosted in Nova Scotia, we expect to see many athletes represent their clubs next month. The

Royal Canadian Legion is our partner in shaping the future of the athletes who will be representing the Nova Scotia/Nunavut Legion Command this summer in Cape Breton. Each year, the Legion raises thousands of dollars to put on one of the best competitive opportunities for Canadian Youth in the sport of track and field. We wouldn't have an event without them. I look to the Royal Canadian Legion and the athletes with equal pride for their dedication they put forth each summer. It is my hope that we can forge the bonds of friendship, among athletes and legionnaires alike."

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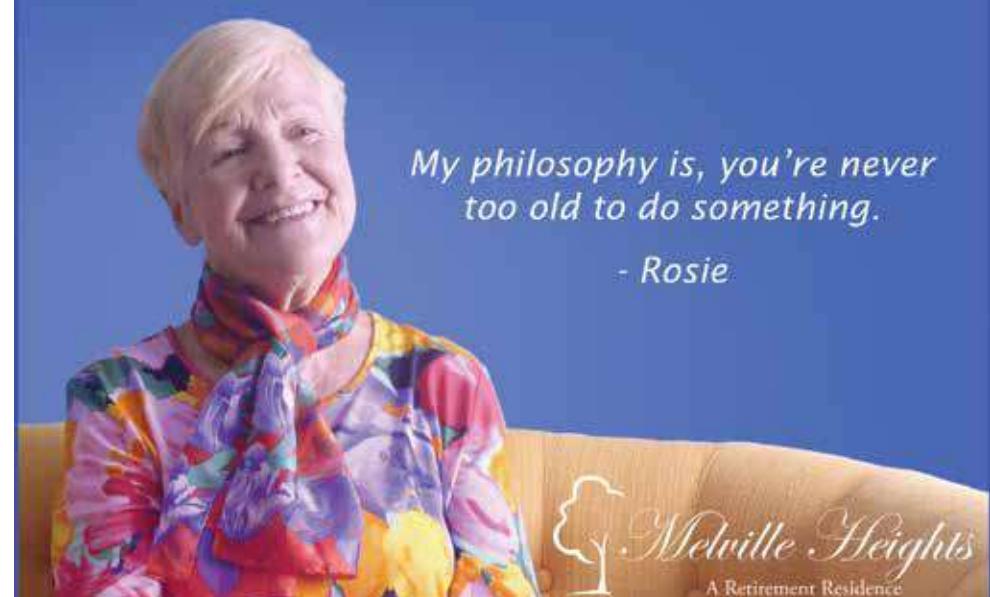
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My philosophy is, you're never too old to do something.

- Rosie

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Removal of ball diamonds on Commons not at discussion stage yet /not supported by Councillor Adams

by Stephen Adams, HRM Councillor, District 11

As of the middle of July, Councillors have had a high volume of calls, emails and texts regarding the removal of 5 ball diamonds from the Halifax Commons. Some of the tag lines and headlines in our local media weren't overly accurate, so that some residents were led to believe that this decision had been made. Council is not close to a decision. In fact, this item has yet to come to the Council floor.

The process to look at the Commons began about 2 years ago. There has been some public input and engagement. Our staff is seeking to gain additional information from residents. Please visit our website at Halifax.ca to get further information.

This is a draft report, which continues to evolve as residents offer their suggestions. As those of you who know me, I was involved in ball since the '70's, as a coach, player and executive member. The Commons is Halifax's heart of ball and other sports. To remove diamonds is simply unacceptable, and not something I will support.

This will come to Council later in the year.

We enjoyed another successful Spryfield Days in July, with something for everyone. From the BBQs to the Business Expo, to the train rides and bouncy castles, the motorcycle show 'n shine and Urban Farm Strawberry Shortcake social, it was quite a weekend. The fireworks were impressive, and the Duct Tape boat races were as entertaining as ever.

These events are the result of a lot of dedication and hard work by volunteers and sponsors. Typically, these events take months to prepare. I wouldn't be surprised if next year's Spryfield Days is in the planning stages.

Thank you to our amazing volunteers and generous sponsors. Without you, we wouldn't have our event.

For those who walk along Leiblin Drive, you may have noticed that the plaque commemorating Rhonda Graves and Stephen Oakley was missing. Not to worry. The plaque was removed to undergo a little refreshing and clean-up. By the time you read this, it should be back. In addition to this, we will look at adding a few benches in the vicinity of the memorial, along with some flowers and shrubs. Through the generosity of the organizers for the Leiblin Park reunion, some additional funds have been made available.

You most likely have also noticed the area which was smoothed out near the horseshoe pits. This will be hydroseeded.

As you approach the intersection at Dentith Road and Herring Cove Road, you have probably noticed the colourful Pride crosswalks. Some had raised concern about the 'exorbitant' costs to provide these. In fact, the total cost for these crosswalks, painted at select

intersections in HRM, including HST, was less than \$13,000; such a small cost to recognize diversity.

As an aside, there were concerns raised that we should have filled potholes with this money. If we had not painted these crosswalks, it would have made no difference in the number of potholes that would have been filled.

I continue to get Facebook messages and posts to 'report' unsightly properties. I understand that this is a popular method in which to discuss properties which need upkeep; however, it is far from effective.

Should you wish to report an unsightly property or other municipal issues, 3-1-1 is your best option. If you

would like me to follow-up on your behalf, please email the reference number to me at adamss@halifax.ca. I will ensure it is acted upon.

The work on the CN Bridge on Quinpool Road is on schedule. I understand the frustration with the detours and also the appearance that no work is being done at certain times. In speaking with our staff, I'm told that work is being done under the bridge as well, so the workers may not be in sight.

As August approaches, excitement is building for Sou' Wester Days, which kicks off on August 6, with the first ball game of the round-robin tournament. Throughout the week, there are many events, which are too numer-

able to list. However, there are some that are personal favourites of mine.

The parade will be on Saturday, starting at 10:00. There is a barbecue, carnival and an all-time Sambro favourite, the washer toss tournament. Although the games are entertaining, they pale in comparison to the friendly trash-talking by long-time friends. There is the Blessing of the Fleet, fish cake supper and the world class fireworks. The championship ball game will be on Sunday at 4:00. For a complete schedule, visit the Sambro Sou' Wester Days Facebook page.

Plans for the new crosswalk on Old Sambro Road at Schnare Street are well-underway. I will update everyone once we get closer to the start-up date.

Update from Ottawa

by Andy Fillmore, MP for Halifax

Hello, Halifax!

Summer is well underway now but there's no slowing down in my office as we continue to make progress on the issues that count to folks in Halifax. Here are two important issues your federal government has been working on lately.

First, we're moving forward on national pharmacare.

Canadians are proud of our publicly-funded, universal healthcare system, which is based on an individual's needs, and not their ability to pay. However, we know that there is room for improvement to ensure that Canadians are provided with the affordable, accessible, and quality healthcare services they deserve.

No Canadian should have to choose between paying for prescription drugs and putting food on the table, yet many are still forced to make this impossible decision. An estimated one million Canadians are forced to cut back on food or heating in order to afford prescription medications. While the Conservatives may not feel that Canadians are paying too much for their prescription drugs, our government recognizes that there is more to do.

Our government was grateful to accept the final report from Dr. Hoskins and the Advisory Council on the Implementation of National Pharmacare. We know this issue is one that is very important for Canadians, and this report is an important step in laying the foundation for a national pharmacare program.

Such a program would require close collaboration between federal, provincial, and territorial governments. We want to work with these partners on the best way to achieve universal pharmacare, as one part of a national plan to strengthen medicare. So stay tuned, there's more to come!

In other news, we've also made important improvements to air passenger rights.

Canadians have a love for travel-

ling and during the summer season, many of us will spend time in airports heading to visit loved ones, or explore new destinations. Travelling by plane can be expensive for families, and we heard from Canadians that they were frustrated with a lack of clear and accessible information from airlines.

This month, new Air Passenger Rights come into force, setting out clear and fair rules to protect Canadians travelling by air this summer and in the future.

Beginning immediately, airlines must live up to the commitments they made with travellers and treat passengers fairly.

There are now uniform rules for airlines to provide: clear communication about passengers' rights and compensation; fair compensation for overbooked flights; better treatment during tarmac delays; and fair compensation for lost or damaged baggage.

Unlike the Harper Conservatives who offered no clear, consistent rights for Canadian travellers, our government is making sure Canadian air travellers know their rights, regardless of the air carrier they fly with. These new rules will give air travellers the treatment they pay for and deserve

so everyone can travel with peace of mind.

And that's it for this month's update! Share your views on these updates, or anything else at any time - call my office at 902 426 8691 or email me to set up a meeting at andy.fillmore@parl.gc.ca. Or, just stop by my office at Rm 808, 1888 Brunswick Street, Halifax.

Until next time,
Andy Fillmore
Member of Parliament for Halifax



**Check out our
Specials for
August on our
back cover!**



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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

To all residents and families, Happy Natal Day long weekend! As we celebrate the city's 124th Natal Day I want to invite you to join me and the Friends of Armdale Society for a free community picnic and BBQ on Friday, August 2 at 4:00pm at the Dingle. We'll have food, refreshments, and good company too. For a full schedule of all the Natal Day Festival activities happening this weekend, including the parade on Monday, August 5 at 10:30am, check out www.natalday.org.

In August, festival season continues: Until August 5, you can catch the Halifax Busker Festival down on the waterfront. Come see some of the top street performers as they showcase their unique talents and skills with acrobatics, music, visual arts, comedy, fire shows, and so much more. From August 9-11, you're invited to take in India Fest 2019 at the Halifax Forum. With traditional dance and music, flavourful dishes and delicacies, and Indian vendors and artisans, there will be a lot to look forward as we celebrate the rich culture of Indian Nova Scotians. From August 30 to September 1, join the Mosaic Festival of Arts and Culture on the Halifax waterfront. Featuring a premiere film festival, a vibrant multicultural parade, and numerous concerts, vendors, and performers, the festival promises a 3-day celebration of the culture and diversity in our region. I encourage you to visit mosaicfestival.ca to learn more, and hope to see you out in the community over the rest of the summer.

August is also a busy month for me as the Minister of Acadian Affairs and Francophonie, as August 15 marks the celebration of National Acadian Day. This special day for the Acadian people coincides with the Feast of the Assumption of the Blessed Virgin Mary, which is an interesting and consciously chosen observance. I'm looking forward to taking part in the day's activities to pay tribute to the cultural vitality and enduring heritage of the Acadian people in Nova Scotia and across the Maritimes. Aux Acadiens et Acadiennes de toute la prov-

ince, je vous souhaite une bonne fête nationale des Acadiens!

Recently Nova Scotia tracked some impressive job numbers among a key demographic: In June, our province's youth unemployment rate fell to 9.8%, the lowest youth unemployment rate since the start of the monthly Labour Force Survey in 1976. This is excellent news for our economy and for our young people, who need work opportunities in order to put down roots here. Programs like Graduate to Opportunity, Innovate to Opportunity, START, and the Student Summer Skills Incentive (SKILL) all play a role in supporting youth employment, and I'm happy to see progress being made on connecting our young people with meaningful work.

Last month, the province announced the next steps for the new Community Outpatient Centre being built in Bayer's Lake. A request for proposals has now been issued for the QEII New Generation Project, which will allow the three companies vying to win the contract for the new Outpatient Centre to develop their bids. The bidders will now start preparing their proposals. The deadline for submissions is February 2020, and the successful bidder is expected to be announced in spring 2020. The Outpatient Centre will provide space for primary care services, physiotherapy, blood collection, dialysis, diagnostic imaging, and follow-up care, among many other services that don't require a hospital stay. For updates on this project, and the entire QEII New Generation Project, visit healthredevelopment.novascotia.ca.

Through Nova Scotia's Property Tax Rebate for Seniors, low-income seniors are able to afford to stay in their homes longer with up to \$800 in relief on their municipal tax bill. This year, the province has made two changes to the program to strengthen that support: Seniors who moved out of their home in the previous year will now be eligible for the rebate, and seniors who receive it can choose to be automatically considered for the

2019-20 Heating Assistance Rebate Program in the fall. Applications for the program are now open, and constituents who would like a paper application or need assistance apply-

ing are welcome to contact my office at (902) 455-1610.

Thank you for your continued support. I hope everyone enjoys the rest of the summer.

Contract to design and build new High School awarded

by Brendan Maguire, MLA for Halifax Atlantic

This past month, I was proud to stand next to our Federal and Municipal partners and announce funding for water and sewer to Herring Cove. The project phase 2b will provide water and sewer to John Bracket Drive, Shore Road, and surrounding areas.

I want to recognize a few people without whom this would never have happened.

First and foremost, Councillor Stephen Adams. From the moment I was first elected this was something that Steve has brought up time and time again. He was constantly looking for solutions for the people of Herring Cove, and he never gave up. Thank you, Steve, for your dedication and hard work.

Thank you, MP Andy Fillmore, for bringing us all together and helping make this a reality. Without your government's Federal Infrastructure Program this would never have happened.

I am so proud to be able to work with such great leaders and even more amazing communities.

Over the last 5 years our local communities have received unprecedented funding; a new high school, paving, money for parks, programs, investment in healthcare, investments in our youth, clean ups and now water and wastewater.

None of this would be possible without all us working together and bringing all voices to the table.

Ravenscraig Field was filled with laughter and cheers for the 6th annual In the Loop Family fun day.

There were bouncy castles, a BBQ, ice cream, music, and games for kids of all ages.

I can personally tell you it was a hot afternoon so the water and ice cream were crowd pleasures.

I want to thank Andy Fillmore, Stephen Adams, David Dodge of JC

Autoworks, Beavs Plumbing, Now we're cookin', The Orb Factory, Lori Hennessey of Royal LePage Anchorage, Allstate Matt Conrad and all the donors and volunteers for all of your help and support.

Join us on August 1st at Long Lake for another Long Lake Walk+talk with the Healthy Minds Around the Loop Association. The mental health talk will be given by none other than my good friend Mr. Stop the Violence Quentrel Provo. This will be a great one; I hope to see you all there.

BIG NEWS on our New High School; the contract for the design and build of our new school has been award to Marco Maritimes Limited and Harvey Architecture.

JL Ilsley is the first major project from TIR that is using the collaborative design build process.

This process brings together architects, engineers, contractors and subcontractors early in the process so they can work together throughout the entire design and build of the school.

The next steps will be public consultations and design of the new school. After the designs have been completed and approved, construction can begin.. The school is still scheduled to open September 2021.

We are moving forward!

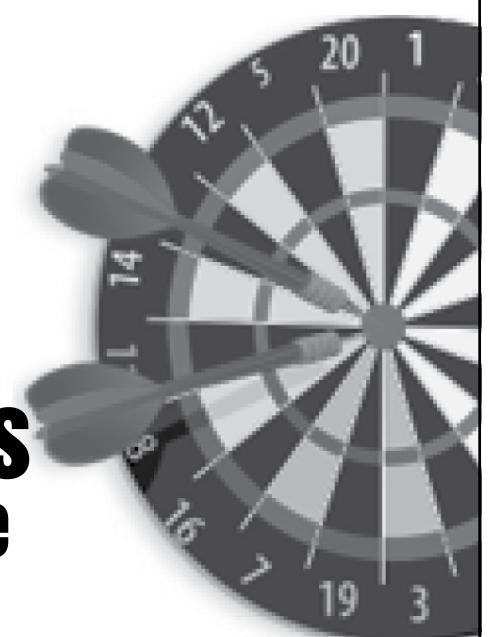
A would like to take a moment to give a big shout out to all the Nova Scotia Power employees who got us through last month's big lightening storm. You worked through tough conditions to restore power in a timely manner. Thank you

Lastly I hope you are all enjoying you summer and that you are able to get out and enjoy everything our beautiful communities have to offer. We are truly blessed to live in what I consider the best communities in Nova Scotia!

I am so proud to be your MLA.

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MLA Summer Picnic

Friday, August 2, 4:00pm

at the Dingle Gazebo

Join us for food, refreshments, and fun! All are welcome.

Armdale • Fleming Heights • Cowie Hill • Fairmount • Kline Heights • Regatta Point
Melville Cove • Stanley Park • Long Lake Village



The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR AUGUST

Captain William Spry Public Library Events:

- Family Drop in, Friday's 10:30-11:30am, ages 0-5
- School Aged Programs: Tuesdays 2:30-3:30pm, ages 5-12 Registration required
- All Ages Program: Pop-Up Crystal Crescent Beach, Wednesday August 7, 2:30-3:30pm (rain date August 14th)
- Adults: Hypnotherapy with Verity Vale, Wednesday August 7, 6:30-8 pm and Canning & Dehydration, Friday, August 23, 2:30 -4:30 pm

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday at 1pm. Doors open at 12pm
- Chase the Ace: every Wednesday. 5 to 7pm. In partnership with Young at Heart Club. Open to the public.

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Food Bank; Call in Monday and Tuesday, 902-477-5090. Pick up at 9 Cranberry Court, Wednesday at 1:30

Free meals for those in need:

- Mondays:
 - Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring Cove Rd)
- Wednesdays:
 - 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required.

Harrietsfield/Williamswood Community Centre (1138 Old Sambro Road) Events:

- Wed/Thurs Tai Jitsu accepting new students ages 7-12 yrs
- We are currently looking for volunteers. If you are able to volunteer for a couple of hours a month at our various events please contact Natasha at 902-293-7427

Quarter Note Singers (Captain Spry Centre) Events:

- JOIN THE CHOIR! You'll Be Glad You Did! The Quarter Note Singers is a mixed adult community choir that has been making music for over a decade at the Cap't. William Spry Community Centre. Singers of all levels are welcome; there is no audition. Please contact Mary Jo Mackintosh at 902-423-5636 for more info.

Rotary Club of Halifax North West (Smitty's Restaurant at 362 Lacewood Drive in Clayton Park.) Events:

- Retired? Bored? Check out our club! We are known for the Toonies for Change

50/50 draw in Spryfield, which benefits eight charities in the Spryfield area, but we also support other local causes as well as international projects. To meet great community-minded people and to get involved, join us for lunch any Tuesday at 1200 noon. For more information call Roger Chiasson (902-445-5905) or go to www.rotaryclubhalifaxnw.ca

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878
- Spryfield Lions also collect hearing aids, CPAC machines and glasses for refurbishment and distribution. Items can be dropped off at regular bi-monthly meetings or our weekly bingo at the Rec Centre.

Urban Farm Events:

- Monthly meeting will be held August 12th at 7pm. At the Capt. William Spry Centre. All welcome

Young at Heart Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.
- Chase the Ace: Every Wednesday. 5pm to 7pm. In partnership with Spryfield Legion 152. Open to the public

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

- 902 477-1783, website emmanuelanglicanchurch.net
- YMCA Older Adult Fitness Class - "Forever Strong" Monday, Wednesday, Friday 10:00-11:00 AM Annual registration fee \$10 Drop in fee/ class \$4
 - Food Bank, ongoing. Please call before Thursday, 902-477-1954
 - Hall for rent, Call, 902-477-1783.

Parkhill United Church Events:

- Parkhill United Church Fall Sale, corner of Parkhill and Kirk Roads will be held on Saturday, 28 September from 9 a.m. to 1 p.m., featuring home baked goods, household items, books, jewelry, antiques and collectables, refreshments and much more.

St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106

St. James United Church (3811 Old Sambro Road) Events:

- 902-868-2791 church office office.sambrojollimorepc@gmail.com
- Blessing of the Fleet at Government Wharf at 12:30

- Vacation Bible School for children ages 5 to 12. 9am to 12pm Aug. 26, 27, 28, 29
- Fish Cakes and Baked Beans on Sunday, Aug 11 from 3:00pm to 6:00pm. Adult portion \$15 and childrens portion \$8. Everyone Welcome

St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- Bingo! Friday August 9th and 23rd. Doors open at 5:30pm. Mini game starts at 6:30pm and regular games begin at 7pm. 50/50 draw, canteen, and more!
- Playgroup every Tuesday morning at 9am.

St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 to have them picked up
- Outdoor water tap is now on 24 hours a day.

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Rev. Pauline Coffin at 902-477-4099 email:sccc@gmail.ca facebook :Spryfield Christian Community
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am

Other Events and Notices:

- **Hand in Hand** (440 Herring Cove Road) which is operated by the St Vincent de Paul Society: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.

- **Girl Guides of Canada** We are in desperate need of leaders. If you can give of your time and have an interest in seeing girls succeed in life, please contact us at NS-HarboursideAC@girlguides.ca Toll Free Phone: 1-800-565-8111 Office in Halifax: 902-423-3735 Website to Volunteer: www.girlguides.ca/volunteernow

- **Harrietsfield Williamswood Residents:** For those Harrietsfield residents who get water at St. Paul's, note the change in time. The outdoor tap is now on 24 hours a day.

- **3rd Spryfield Cub Pack** (ages 8 to 10) and **Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.

- Join **Chebucto Family Centre** at Free-man's Fairview every Thursday from 6-8 pm for Chase the Ace! More details online

at www.facebook.com/ChebuctoFamily-Centre

- **Chebucto Family Centre** is seeking board members who are passionate about community and families. More details and posting are available on their website, www.HomeOfTheGuardianAngel.ca/ board-of-directors

- The future is calling! **The Halifax Community Learning Network** offers FREE tutoring and GED classes for adults at the Captain William Spry Community Centre.

If you wish to learn in a relaxed and friendly setting and work toward the GED high school equivalency test, please call 422-7648 or 490-5715. You can get your GED!

- **Women's Choir Seeking New Members:** Do you like to sing? Looking for an easy going outlet for musical stimulation? Then join the Sorella Singers choir! You don't have to read music, but do need to sing in tune. Practice: Tuesday evenings, 7:15-8:45pm, location: Melville Cove area. For more information or to ask about trying us out for a week, call director Shirley at 902-405-8333.

- **Lion's Rink** offers a seniors' public skate Tuesdays and Thursdays 10am to noon, \$2 admission.

- **Nursing History Nova Scotia** meets every third Wednesday of the month at 1 pm. Tel: Edie @ 902-435-1475 for more information and details if this is of interest to you.

- **Community Connections 55+** welcomes you to a monthly get-together the 3rd Tuesday of the month, 1:00 to 2:30 pm at the Spryfield Legion, to do a different activity each month and socialize with others.

- **BC Silver High School** alumni will be having a **50th reunion** for the 1969 graduating class. Students from all BC Silver High School years are welcome to attend. Reunion will be on September 6th at the Sackville Legion. A Meet & Greet, Dinner and Dance are planned. Check our web site at: www.bcsilver.com for registration, updates and information on all our alumni events. Or call 902-471-0257 for more information.

- **Spryfield Farmer's Market**, Sunday August 4th and 18th from noon to 3pm At the St. Paul's United Church Community Hall 173 Old Sambro Road. Free parking and Accessible venue. For details check us on Facebook or visit our website at www.spryfieldmarket.ca

- **Note: Church Service notifications are listed separately on page 5.**



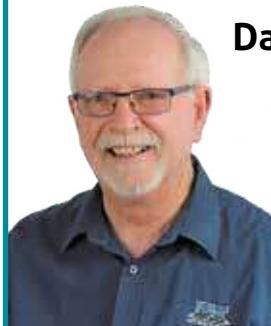
Check our Facebook page for late arriving events and changes or updates to listed events



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Karyn Hammond REALTOR®

902-209-9831

karyn@exitmetro.ca



10 Ivylea Crescent

\$259,900

First time on the market! This well-maintained bungalow is located in much sought after Leiblin Park which is a very family friendly neighbourhood with access to great schools. The eat-in kitchen dining area has been beautifully renovated with light wood cabinets and a new backsplash. The large bright living room has patio doors to a bright sunny side deck where you will want to enjoy your morning coffee or tea. The master bedroom and one other bedroom are on the main floor as well a nicely renovated 3-piece bathroom. There are hardwood floors under the carpets on the main floor living room, hallways and bedrooms. The basement has a huge rec room with a bar area and a third bedroom as well as a laundry area and half bath. The roof was re-shingled in 2014. Come have a look at this great home today.



2790 Old Sambro Rd

\$299,900

Welcome to this charming raised bungalow in the Community of Williamswood! Country living just minutes from the City. The property measures 1.28 acres and is very private with lots of tree coverage and beautifully landscaped. Main floor consists of a large, bright eat in kitchen with lots of cabinetry, counter space, additional eat in nook for two and a built-in recycling station. A fabulous sunroom off the kitchen nook provides all-natural light. Living room, master bedroom, second bedroom and a full bath complete this level. Lower level has two sizeable bedrooms, a full bath, large rec room that boasts a cozy pellet stove and a separate laundry/storage room. Ceramic, tile and engineered hardwood throughout and roof was re-shingled in 2010. Property has a detached double garage, wired and insulated complete with a finished attic floor with lighting. Garage has a Selkirk chimney for a future heating system. Property also has two sheds, one recently completed as a workshop for the hobbyist AND it is minutes from one of HRM's most beautiful beaches – Crystal Crescent.



Dan Doherty
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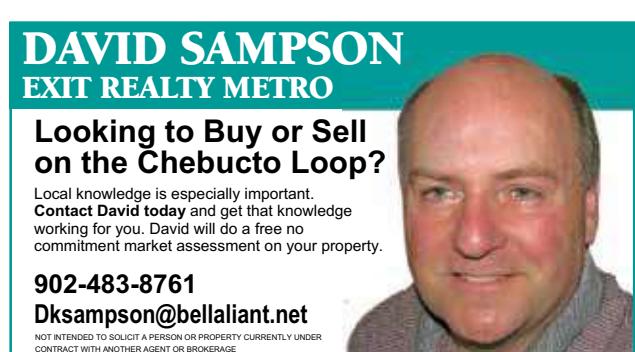
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