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Chebucto News

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NEWS RELEASE

HRM urged to save lake “before it disappears”

Photos by Robin Whyte



A lake promoted as a key part of a \$6 million wilderness park in HRM is disappearing.

When the Shaw Wilderness Park was created, Williams Lake was highlighted as a vital feature that would give people a chance to swim, kayak or simply relax on the water's edge.

But Williams Lake is leaking water - to the tune of more than one million gallons a day. As a result, most swimming areas are difficult to reach, and

the once beautiful shoreline has been reduced to boulders or mudflats. The public access at the west end of the lake for kayaks and canoes is an inaccessible mudflat.

Now a group of residents and friends of Williams Lake are trying to make the future of the lake an action item for the new council after the October 17 election.

Margo Kerr, of the newly formed William's Lake Dam Association,

says: “We need to act and bring attention to this now, with time, energy, and dollars to restore water levels to maintain the park's greatest asset, which is the lake itself.”

The problem, according to Margo Kerr, is water draining out of the lake into the North West Arm under a dam.

In 2004, an engineering company assessed the dam and found that water was leaking under the dam at a “fairly (See HRM urged on page 3)

Save Williams Lake...fix the dam!!

by Cathy Vaughan of Williams Lake

Iris Shea and Heather Watts are appalled at the state of Williams Lake. Both are Heritage Researchers who have chronicled the stories of Williams Lake and the history of the area for many years.

“Our families picnicked on the shores of Williams Lake every summer when I was a child. I have never seen the water level so alarmingly low in the many years we have been coming to the lake,” said Iris Shea.

Both researchers discussed the numerous families who used Williams Lake for their weekly Sunday picnics and outings. People came from Purcell's Cove, Spryfield, Herring Cove, Armdale and Halifax peninsula to the shores of Williams Lake. Neighbourhood children learned to swim, paddle and fish on this lake. Kids could explore the woods with a sense of freedom. They learned the names of the trees, birds and which (See Save Williams Lake on page 2)

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Save Williams Lake

(continued from page 1)
berries they could eat.

Williams Lake was their main recreation centre for many years and many generations. "This lake belongs to today's generation of families. The city is the custodian of our lake. It needs to be preserved," said Heather Watts.

Water levels in the lake are down by 5 feet. Lack of rain fall, hot summers, evaporation and loss of the water shed areas coupled with a dam that is leaking resulted in a 5 foot drop in the lake levels. Millions of gallons of water leave Williams Lake daily.

Folks who love the lake need

to take action! Contact your local councillors to get the Williams Lake dam on their political agenda. You can sign an on-line petition to save the lake by going to Facebook.com Williams Lake Dam Association. Use the blue button "Sign Up" and fill in the petition. Your voice counts.

PHOTO: CATHY VAUGHAN



Heather Watts and Iris Shea at Williams Lake where their families used to picnic and swim. Water levels in Williams Lake are at an alarming low.

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have been the caretakers of lake since 1968. Murray Coolican, as President of the WLCC says, “The Park and Williams Lake are important ecological and recreation assets for HRM, and as owner of the Park we think HRM should lead the effort to repair the dam.”

Halifax Regional Municipality invested \$4million in the Shaw Wilderness Park. The federal and provincial governments each contributed \$1 million to this unique wilderness infrastructure asset. Community, corporate and individual donors added \$1.3 million.

“The lake is vital to the park,” says Margo Kerr. “Every summer, for a number of years, the water level of Williams Lake has been getting lower and lower. This summer, the lake is quite literally disappearing. We need to act - now.”

Contact:

Margo Kerr
Williams Lake Dam Association
59 Wyndrock Drive
Halifax, Nova Scotia
B3P 2N7
902-471-8358

or

Murray Coolican
President of the Williams Lake
Conservation Company
35 Birchview Dr.
902-329-5535

HRM urged

(continued from page 1)

high” rate and recommended that a new dam be built.

“The leakage under the dam is the single biggest impact to our lake

level. The lack of water inflow, lack of rainfall, builds in the watershed area, and evaporation are all issues, but Williams Lake would be like other lakes around here if water was not leaking out under the dam. Yes, our lake is shallow, but so is Frog Pond

for example, and its water level is not down by more than 5 feet. Let’s fix the one thing that we can fix...The Dam,” says Margo Kerr.

The Williams Lake Dam Association are working with The Williams Lake Conservation Company. WLCC

Photos by Robin Whyte



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DISCOVERING OUR PAST



Industries on Northwest Arm relied on water power from dam and stream at Williams Lake



A sketch of Letson's Grist Mill and dwelling house in 1818 by J.E. Woolford. Built on the Northwest Arm in 1799, water power created by the stream leading from the dam at Williams Lake was used to operate the grist mill. Photograph courtesy Nova Scotia Museum

by Iris Shea

In September of 1799 George McIntosh, Esquire, of Spryfield sold 450 acres of land, later referred to as the Mill Farm, to the Honourable William Cochrane, MLA, of Halifax for 50 pounds. McIntosh and Cochrane became partners and built a Grist Mill at the mouth of the Northwest Arm. Today the 450 acres includes the properties of the Royal Nova Scotia Yacht Squadron, the Saraguay Club, the Shaw Wilderness Park plus the dam and stream at Williams Lake.

Water power was necessary in the operation of that 1799 Grist Mill and a dam was built at the outlet of Williams Lake where the stream leads downhill to the Northwest Arm. The dammed stream created this water power and played an essential role in the operation of industries at the same site for the next 100 years. Further details of the Grist Mill and other industries may be seen in a publication called *Beyond the North West Arm*, a Local History of Williams' Lake, Halifax, Nova Scotia. Researched and written by Heather Watts for the Williams' Lake Conservation Company, the booklet was published in 1979 and in 1994. It is available at local libraries and there may be copies for sale from the Williams' Lake Conservation Company as part of their membership fee. Their website is <http://www.williamslakecc.org/>.

The dam continued to provide a

high level of water in the lake for recreational activities over the past 120 years. Residents of the City of Halifax, and the communities of Spryfield, Jollimore, Purcell's Cove, Herring Cove and beyond, enjoyed using Williams Lake for swimming, skating, fishing and boating. The level of water in Williams Lake depends on the condition of the dam. At this time there are problems with the dam. It leaks. Take a walk to the dam from the new parking lot opposite the Royal Nova Scotia Yacht Squadron on Purcell's Cove Road. The stream running down beside the new trail will reveal the amount of water that is leaving Williams Lake daily and rushing into the Northwest Arm. The Williams Lake Conservation Company and the Williams Lake Dam Committee need our help. Government money is required to build a new dam. Please urge your local Councillors, MLA and Member of Parliament to become involved in providing funding to build a new dam at Williams Lake.

One industry on Williams Lake I love to read about is from *The Sun and Advertiser*, 10 March 1865, *The Halifax Ice Company*: "A number of enterprising gentlemen some time since formed themselves into a Company and obtained an Act of Corporation under the above name, for the business of cutting and storing ice from William's Lake on a property leased from H. Lawson, Esquire,

Northwest Arm, Halifax Harbour.

The whole arrangements are planned in the most economic and judicious manner. About 200 feet from their wharf which will accommodate a vessel of 600 to 700 tons, a store-house has been built from which to William's Lake, a distance of 1200 feet, a Race has been erected so as to be raised according as the house is being fitted to the height of 21 feet, thereby saving any hoisting into the house. A small incline at the Lake end of the Race is made about five feet high, where the blocks of ice are drawn on to the Race.

On the Lake a number of men were employed, some marking off the ice with a marker drawn by a horse, making a cut of 2 and ½ inches then crossmarking into squares of 22 inches; others ploughing those cuts with seven and twelve inch ploughs, to the necessary depth. With a proper ice saw the outer cuts of a large piece of ploughed ice is separated from the main body and floated down to the Race, where it is barred off into pieces of four and five blocks, and directed into the incline at the end of the Race, and taken up by an iron clasp attached to a rope passing over a pulley above the end of the Race, and drawn by a horse on the bank of the lake.

The transfer of blocks to the Race is rapid being at the rate of 400 to 500 per hour...and as many as 60 blocks are occasionally sent over the 1200

feet in 1 and ½ minutes...about six tons. The ice is sent into the house in a very easy manner. One man sits on the leading block and works a brake to prevent too great a velocity, and by which he can stop it altogether as soon as it runs into the house; or on any part of the Race if required. The Race conveys the ice into the centre of the building, where there is a sort of turn table, from which, on small rails, the blocks are sent to the points required.

The storehouse holds about 6500 tons and is now nearly filled, in a most compact order, with tier upon tier of good clear ice. The Company will have a Race from the house to the end of the wharf by which means it will be put on board ship without delay with tackles or being exposed to the sun for any length of time, as the ice can be supplied from the house as required, and worked day and night, if necessary.

With such excellent facilities the company cannot fail to store and ship their ice at a remarkably cheap rate. B.W. Salter, Esquire, is President and W. Chisholm, Esquire, Secretary Treasurer. The company owes much of the success of the operation to the skillful management of G.H. DeWolfe, Windsor."

Miles and Chittick purchased the property from Henry Lawson in 1881 and took over the operation of the ice business on William's Lake for another 10 years before relocating it to Dartmouth.

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Spryfield Lions Rink Covid restrictions

This year will be a challenge for all in the hockey industry as hockey arenas learn to deal with the covid restrictions, and the Lion's rink, home to the Spryfield Attack, is no exception. Attendance is being limited to 50 fans per game, on a first come-first served basis. Teams will be limited to 23 people consisting of 20 skaters and 3 coaches. The concession stands will be closed and there will be no food

or beverages permitted at the games. Masks, of course, are mandatory at all times. No standing in the seats or by the boards will be allowed. Everyone will be required to enter only through the front door and exit only through the doors between the bleachers. For updates on changes related to covid, please check the Lion's arena website at spryfieldlionsrink.com

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Happenings at the Urban Farm

by Ann Hart and Joshua Barss
Donham

The annual Fall Harvest Fair at the Spryfield Urban Farm was on a warm sunny late September Saturday. Friends, members, and neighbors came to enjoy the gardens, field and woods hidden away on the hill behind Rockingstone and Ardwell Roads. We had music and homemade food for the crowd. Crafts, teas, baked goods, produce, and flowers were for sale. The family scavenger hunt was a highlight with children and parents searching for, and finding, the items on the list. No one got to the second page of the list meant for parents! Many families now know what a dahlia, echinacea, and a winter squash look like.

The last monarchs finally emerged the week of the fair. Several local area Facebook group members recorded new monarchs as late as mid-October. It is the generation that flies south to Mexico after fattening up with the flower nectar in our area. The migrating monarchs stop in Cape May, New Jersey on their way south and are

counted by Audubon volunteers there. They travel between storms and arrive at several mountain retreats in southern Mexico where they winter over.

The milkweed plants, home to the monarch caterpillars through the summer, have dropped most of their leaves, and their stark dry stalks support seed pods that are splitting open, surrendering seeds with their tuft of silk to the wind. Most of the plants have seeded now. Yet, despite several frosts, there are still hardy flowers like calendula and chrysanthemums blooming in the garden. Among the wild flowers, bright yellow Canadian hawkweed blossoms line the woods path, and asters, purple and white, continue to provide pollen and nectar to bees.

Migrating birds are still showing up at the farm. The waves of warblers of early fall have been replaced by flocks of raucous grackles, large blackbirds with striking iridescent blue and purple shoulders and head, working their noisy way through the shrubs. A dainty hermit thrush showed

up for one day in the woods behind the shed. The permanent residents, birds that stay on through the winter rather than migrate, have the run of the farm; a group of black-capped chickadees makes a continuous circuit of the farm feeding in the trees; crows stop by to inspect the plots to see if anything has been left for them; and when walking on the woods path one often hears the nasal call of a nut-hatch.

Most of the apple trees stand bare, but there is one tree in the lower field with apples still on the branches and littering the ground beneath. Even so, the deer are not seen often at the farm lately. It is their breeding season and during the “rut”, as it is called, the bucks stake out territories to which they try and attract the does, chasing off other males. Female deer can breed at six or seven months old, so those female fawns that visited the garden this year may show up in Spring with fawns of their own. Garlic planting and plot cleaning are the last tasks at the farm. We collect seed pods from flowers and some remaining vegetables. Dried stalks are cut but many are left to shelter insects and animals through the winter. The



Harvest Fair Mascot by Ann Hart

compost bins overflow; soil and water are mixed in with the vegetation to keep the decomposing alive. Then, water barrels and loose equipment are stored in the shed. Plots are covered with straw to protect the soil from leaching. Time to sleep. Urban Farm Museum Society of Spryfield 211-339 Herring Cove Road, Halifax, NS B3R 1V5 urbanfarmspryfield@gmail.com <https://www.facebook.com/groups/117594394923932/>

Decisions made!

by Carolyn Mont

Last month I wrote about the number of decisions that have to be made at St. Paul's United Church. Some of those decisions have been made and the most important one is that we decided to open for worship on Sunday, October 18. Of course, this is not to say that we haven't been having worship but in this time of the Covid Pandemic, the building was closed and Rev. Anne Hoganson conducted service on line, using our Facebook page and Youtube.

For the in person worship, the safety protocols dictated by the provincial government and the United Church of Canada are strictly adhered to. That means that those wishing to attend must preregister, use hand sanitizer upon entering, wear a mask while in the building and follow physical distancing rules. They must also give contact information in case it is needed for contact tracing. There will be no singing but if you would like to hear some wonderful piano music by Skippy Mardon, as well as a stirring sermon by Rev. Anne, call Susan at 902-479-0918 by the Friday of the week you wish to attend church. The reason for calling ahead is that we certainly do not want to turn people away because, with the physical distancing, there would be no room for them. The services are still being recorded so you can watch the recorded service by liking us on Facebook.

Another decision that has been made is to purchase a new stove for our kitchen. Since we prepare a lot of meals at St. Paul's United, we need a commercial stove. We've been saving money for this for a long time and are finally in a position to make this purchase. The stove has been ordered and we are now waiting for delivery and installation. This is very exciting for us as our old stove is really very old

and requires special treatment every time it is used.

In early October our Cultural Connections Festival 2020 went online on our Facebook page. You can also access it by Googling Cultural Connections Festival 2020. There you will see photos of our last year's festival, which was live, interspersed with videos of our current festival. One of the main reasons for this festival is to celebrate the various cultures and faith groups that are in our greater community and we would be delighted if you visited our page.

Some of you who drive past our church at 173 Old Sambro Rd. may have noticed the sign for one of our Christmas fundraisers, our Christmas wreaths. These beautiful, large, fresh wreaths are made especially for us and they always sell out. They come with a big bow but you get to add your own decorations if you wish to do so. They sell for \$22.00 and must be ordered in advance from Valerie at 902-456-3568. They are available for pick up on Sunday, November 29 at 12:00 in the church parking lot.

Last Christmas, we put memorial lights around the sanctuary. Members of the congregation had made donations in memory of loved ones, friends and families and the names of those memorialized loved ones were included in our Christmas Eve bulletin. Because this was so well received, we decided that this year we would install the lights on one of the trees in our churchyard so the greater community could enjoy our Memorial Tree. We will also create an opportunity for members of the community to have their loved ones memorialized with our Memorial Tree by including their name in our Christmas Eve bulletin. There will be a charge of \$5.00 per light bulb. If you wish to be part of this, call Carolyn at 902-477-0187.



Last Monarch by Taylor Chinenero

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Claude Martin Gray

October 30, 1940 – September 29, 2020. At almost the age of 80, Claude passed away at home on September 29, 2020. Claude was born in West Pennant to his loving parents, Lillian Irene and Joseph Carlton Gray. Claude will always be remembered as the “man behind the counter” at Brenton Gray’s Boatyard where he worked for 52 years. His great sense of humour was appreciated by everyone who ever worked with him, especially his nephew, Joe, with whom he shared a special bond. In his earlier years, Claude worked on an oil rig up north for a short time and also went swordfishing. He loved to hunt and fish with his friends and family. He was a loving husband and father who took great care of his family and was always there for guidance. He was quite a handyman and took pride in fixing things for his friends and family. Claude, you are deeply loved and will be forever missed. Claude leaves behind to mourn his wife of 55 years, Linda (Gilkie); children, Claude Jr. “Billy”; Heather; grandchildren Morgan, Haley, Madison and Connor; sisters, Margaret and Shirley; sister-in-law, Patsy; one niece and many nephews and his best friend Wayne. Claude was predeceased by brother, Melvin; sister, Madeline;

and brothers-in-law, Harold Miller, Don McGrath and Brenton Gray. In lieu of flowers, donations in memory of Claude may be made to St. James United Church in Sambro. To leave condolences for the family, visit his tribute wall at www.walkerfh.com

John Edward Brown

Age 92, Halifax, passed away peacefully on October 3, 2020, at the V.G. Site QEII. Born in Halifax, he was a son of the late Edward and Elizabeth (Drysdale) Brown. He is survived by sisters, Rose Johnson, Virginia Borden (Reginald), June Perugini; brothers, Gordon, Murdock, Wayne (Susan) and numerous nieces and nephews. He was predeceased by his wife Eunice and beloved long time life partner and sisters, Avis and Mable in infancy; brothers, Angus, George, Clifford, Vincent and Obie. To leave condolences for the family, visit his tribute wall at www.walkerfh.com

Robert Parker Drysdale

Age 71 of Halifax, passed away peacefully, surrounded by family at the Halifax Infirmary on October 9, 2020. Born in Halifax, he was a son of the late Charles and Hannah (Stewart) Drysdale. He is survived by brothers, Charles and Mark; sisters, Gloria and Phyllis; sons, Robert (Sharon) and Shawn (Lisa); daughter, Tanya; step-daughters, Tracy (James), and Dawn (Neal); grandchildren, Avery, Brianna, Caymin, Carrie, Hunter, Riley, Leandra, Damian, Tristan, and Adrian, Jacob, Zach. He is predeceased by loving wife, Rose; and sister, Gail

Kenneth William Martin

With heavy hearts, we announce the passing of Kenneth William Martin, of Halifax, age 80. He died peacefully at home surrounded by those who were dearest to him. Kenneth exited this world in the same manner as he lived - with a clear mind and distinct sense of purpose. He was the son of Doris (Levy) and Stephen Martin of Murray Place, Halifax.

The family spent summers in Ketch Harbour and, because he loved it so, he raised his family there. He began his career as an electrician, but his true calling was as a Lieutenant with the Halifax City Fire Department. During his 32 years with the department, he was a founding member of the Honour Guard and devoted his time to the burn unit as an organizer and executive member of the Firefighter’s Burn Treatment Society. He also focused on delivering education in the study of hazardous materials, as a member of The Dangerous Goods Committee, and instructor for Survival Systems.

Ken had a strong sense of justice and a belief in the rights of his brother firefighters and served both as vice president and president of IAFF, Local 268. Because he believed in giving back to his community, Ken was a founding member the Herring Cove

Volunteer Fire Department and served as a school trustee. Some of Ken’s happiest moments were spent on the sea or in the woods at Third Pond, especially in the company of his special boating buddies David Gray and Ian Creaser, who both know what it is to love the outdoors.

He was larger than life and wore his beliefs with pride. He leaves a hole in the lives of his family: loving partner Laurie Burnett, his three proud daughters, Sherida (Mark Flemming), Elizabeth (Dave Burgess), Kerin

Sammy says



Four years ago, the Sambro Ketch Harbour Elementary School began investigating replacing some equipment on their playground as much of it was old and beginning to get unsafe. At the time, there was a slide, swings, merry-go around and a few other pieces, with an undeveloped field.

The school organized a committee to look at enhancement of the equipment and development of the green space. Nothing was mobility accessible and the school wanted the entire community to be able to enjoy the space.

They needed approval from both Halifax Regional Centre for Education (HRCE) and Halifax Regional Municipality (HRM), who were concerned about who would pay for it, liability, and maintenance.

During this time their slide was deemed unsafe, after two calls to the fire department to come free a leg and then a finger that was stuck. The slide was removed and not replaced. The school was advised by HRM that the playground would only be replaced once all the pieces have expired. There were a few pieces that had been put in by the parents that were not going to expire, so they appeared to be at an impasse.

The school’s committee then decided to change focus away from the equipment area for now, and make a plan for the green space. All the children brainstormed to create a playground that would include pieces that were creative and inclusive. All voices of all ages were heard and taken into account, and their designs were

(Scott Purcell), the mother of the girls, Sandra Martin, his grandchildren, David Yeadon, Alex, Kate, and Wyatt Purcell, and his great granddaughter Eva Yeadon.

The family would like to thank the care team (doctors Anne-Marie and Sam and nurses Nikki and Claire) for their compassion during this trying time. A special thank you goes to Dr. Eddie Kinley, who was both his long-term physician and dear friend. A celebration of Ken’s life will be conducted at a later date.

ranked by what they wanted most in their playground.

The committee looked at all designs and responses and created a list of the top 10. Principal Catherine Bouliane requested the thoughts and comments of all school parents, SAC members, teachers and staff regarding what they wanted in a playground. She sent the top ten and requested that they rank and comment. The top choices were slides, a quiet area, a music stage area because the children love to perform, a tunnel, climbing structure, and an outdoor play kitchen.

Cobequid Consultants was retained to assist with the design and implementation. They were chosen because they have insurance for volunteers, and the school would like to host a community build day, where people could come help with the build, through donations and/or labor.

HRM and HRCE finally agreed after two years that the school could go forward with its plans, as long as the school maintained it. The school’s PTA agreed to add the maintenance into their budget.

The school has been applying for grants, but when Covid-19 hit, fundraising and grants stopped.

The province has agreed to kick in one-third of the cost if the school raises the other two-thirds, and the project has to be done in three phases. The total cost is \$170,000, before donations and labor in kind.

Currently the school is working towards the \$58,000 for Phase 1, which will be a hill with a double slide, a climbing ladder, and seating.

Councillor Steve Adams donated some money and the province is kicking in \$19,300, but the school has to come up with the rest of the money.

The Sambro Area Community Association (SACA) donated their October 50/50 winnings to the school towards this project. As of the publication deadline of this paper, the draw is ongoing and the amount raised is not known.

This school is the treasure at the heart of our community. Let’s help them make a safe, inclusive space for all of us to enjoy. To make a donation of money, materials or time, please call 902-868-2717 or email ses@hrce.ca. They’d love to have your support! *Sammy Sambro is SACA’s mischievous mascot. You can follow him on Twitter, Instagram and Facebook.*



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New centre on the horizon for Herring Cove

by the Herring Cove Community Association

Did you know there is a new community centre being developed at the old fire hall in Herring Cove? Take a trip up Latter Pond Lane sometime, and you will be able to see some of the work that's been going on. The old bays for the trucks are gone – demolished and removed. If you peek in the windows, you will see the inside has been taken right back to the studs.

Everything that was damaged beyond repair is gone and a new, exciting phase is beginning. We are working with Solterre Design, an architecture firm with expertise in developing green buildings.

At this early stage, we want to know what you think our community centre should be. Do you want exercise space? An outdoor spot for kids? A venue to rent for events? Or maybe just a place to hang out with friends?

We have sent out surveys, asked for ideas on our Facebook group, and

had casual conversations with people in the area. If you would like to add your voice to our plan, we would love to hear from you!

Although the building is still a work in progress, that is not stopping us from planning some fun events. In

September we held an outdoor movie night at the Herring Cove Jr. High field. Over 75 people gathered (socially distanced, of course) to watch Toy Story 4. If you missed it, don't worry; we are already looking forward to planning some more movie nights

in the spring.

In the meantime, like our page and join our group on Facebook to stay current. (Find the link to the Facebook page on the Chebucto News' Facebook page.)

No Remembrance Day service at Spryfield Legion this year

The Earl Francis Spryfield Memorial Legion, Branch 152, will not be conducting its annual Remembrance Day ceremony on November 11, 2020.

COVID-19 restrictions have made it too difficult to host the event which usually attracts hundreds to the legion cenotaph. The importance of recognizing Remembrance Day and honoring veterans is still a priority and Branch 152 hopes to do this without creating an additional risk to public health.

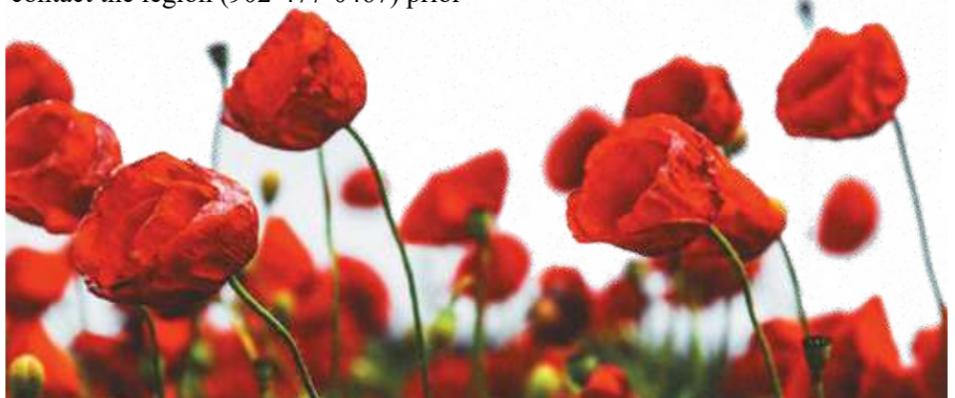
Wreaths which are purchased in advance by schools, organizations, and families will be laid by Legion members early on the 11th; however, those who purchase a wreath and wish to lay it at the cenotaph in person, may come to the legion between the hours of 12 noon and 5 pm to get, and lay, their wreath while maintaining social distancing.

Those who wish to do this should contact the legion (902-477-0467) prior

to Remembrance Day to ensure that a wreath is prepared and ready for them.

This year the general public is being encouraged to make donations to the Legion Poppy Trust Fund as another way of honoring the memory of loved ones. All donations and wreath purchases will be acknowledged.

The legion will be open on Remembrance Day from 12 noon until midnight for members and guests.





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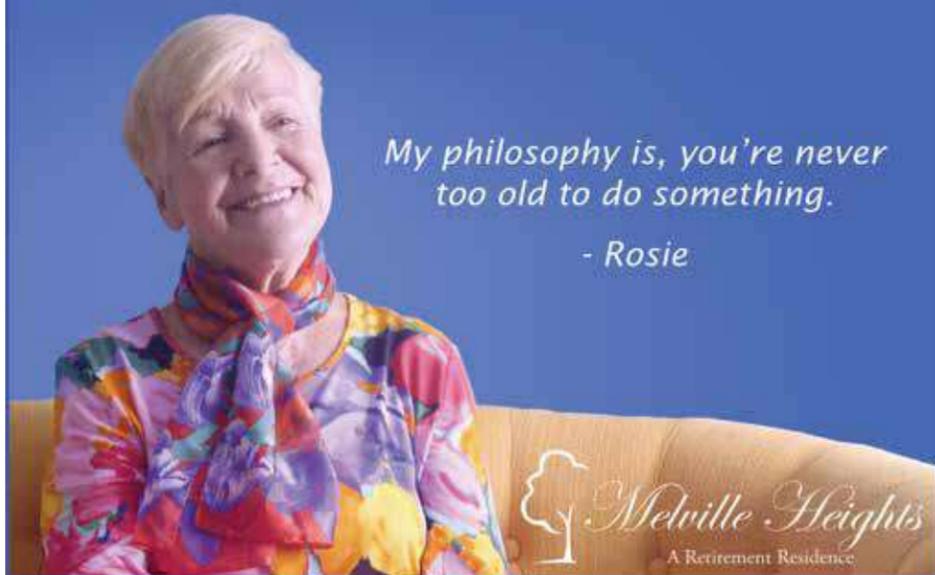
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NEWS & VIEWS

from the desk of
Clyde Paul



FALL CLASSIC/ANTIQUÉ CAR SHOW
Our recent Car Show, co-hosted with Armmun Teaghlac Cead Veterans Riding Clan, raised over \$1,700 for the St. Paul's Family Resource Food Bank, over \$875 towards the Eric Caines Memorial Scholarship Fund, and Armmun donated over \$3,200 for the J.L. Ilsley Judges Football Team on their own. Thank you to the Spryfield Mall, Spryfield Canadian Tire, Mike's No Frills, and all the volunteers, participants and spectators for making this such a successful event.

BUSINESS AWARDS
At our recent awards night, we were pleased to honour the following businesses: Volunteer Organization of the Year: Halifax Northwest Rotary Club, David Devine, President; Volunteer of the Year: Gina Gray; New Business of the Year: IronMatrix, Sonny Wilson & Leanne McDow; Small Business of the Year: Spryfield Subway, Jennifer Slaunwhite; Business of the Year: FH Developments, Faisal Al-Hammadi; Jason Doherty Memorial Business Person of the Year: Ben Garvey, Egnuity Inc.

BOARD OF DIRECTORS
We'd like to thank our outgoing board members Alice Morris and Kurt Ryan for their dedicated years of service.
Welcome to new board members Rick Dempsey, Anna Townsend, Kate Dunsworth Casey, Marshall Smith and Donna Flemming, who join our returning board members Nadine Garrison, Clyde Paul, Wyatt Redmond, Scott Reinhardt, Dina Shay, Irene Swindells, Mike Caron, Members at Large Councillor Steve Adams and Councillor Shawn Cleary, and immediate Past-Chair Dan Doherty.

COUNCILLOR STEVEN ADAMS
The Spryfield Business Commission hosted a Roast and Toast dinner honouring retiring Councillor Steve Adams. There were lots of laughs and memories of this great man who

has done so much for our community. Enjoy your very well earned retirement, Steve!

WORKPLACE EDUCATION
SBC supports local businesses by partnering with the Department of Labour and Advanced Education to offer free training programs on a variety of topics. Currently these are offered online, but when it's safe to do so, we'll switch back to in classroom training.

CBDC BLUE WATER
Does your business require some advice? CBDC Blue Water can assist! Contact Senior Business Development Officer Alayne Jackson at 902-889-7523 or email alayne.jackson@cbdc.ca.

RURAL BUS SERVICE UPDATE
The SBC Board of Directors will be re-evaluating the Rural Bus Service in light of the effects that COVID-19 has had on the funding for the project and will report any developments in the future.

NEW MEMBER
We are pleased to welcome Pet Valu to the Spryfield Mall, beside the Dollarama. Their projected opening date is November 13. They're currently hiring 4-5 sales associates, as well as a groomer. Apply at: <https://www.petvalu.com/ca/careers>.
Our new member Serpent Brewing is open for curbside pickup at the back of the Spryfield Mall in the former Frenchys location, near Aumbience Yoga. Order your brews at: <https://serpentbrewing.com>. Enjoy free local delivery with an order over \$50.
Should you have any questions, comments or ideas, please e-mail them to our Executive Director, Bruce Holland, at bruce@discoverspryfield.ca.
Take good care!
Clyde A. Paul, Chairman

Look for Spryfield Farmers' Market online Kitchen Party in mid-November!

One of my favorite things about the Spryfield Farmers Market has always been the lively and welcoming atmosphere! The vendors are great; amazing food, veggies, baked goods, and crafts. But there was also that extra something else, that sense of community and togetherness that caused people to spend time at the market for more than just shopping. When the pandemic started, not only did

we need to change gears in regards to how we connected our vendors with customers, we also wanted to find a way to sustain that feeling of social connectivity. Thanks to the wonders of technology the online market social was launched! Every other Sunday throughout the summer we gathered on zoom to discuss the market, talk with vendors, welcome special guests, and of course, live music!



Although we were not able to have musicians and vendors together in the traditional sense this market season, it was important to provide a venue for local musicians to play and share their music with the community. I would like to take the opportunity to introduce some of the musicians who help make the market what it is and who participated in this summer's online social market.

Gizelle de Guzman first joined us on a call to recruit volunteers for the new format of an online market with curbside pickup. She happily shared some of her story and offered to play if we needed musicians, regardless of the format. A short while later, she was able to join us for our first online market social and wow, were we blown away! Gizelle has a deep-rooted passion for songwriting and storytelling with lyrics that reflect the many obstacles that she had faced during her upbringing. Her ability to be vulnerable and open left us in tears a few times this summer and we are grateful that she took the time to share her talent and her stories. You can find her music at <http://gizelledeguzman.com/>

Once Gizelle signed on as a performer, she spread the word amongst her musical friends and put us in touch with local artist Keats Conlon! From the first time we heard Keats play we couldn't help but smile and bob along to the upbeat and bright tunes. Her musical style doesn't fit into any traditional box; it's a playful

blend of folk, alternative, pop, indie, and acoustic. We were even treated to a few songs played on the ukulele! She has a couple of CDs out as well as some great videos ('Cute' is so... cute!). Check her out at <http://keatsconlon.com/>

One of our veteran musicians joined in on the online fun this summer as well. Jeff Neil Brown has been playing at the Spryfield Farmers Market since its inception. He always plays with his heart on his sleeve and seamlessly blends classic rocks songs with his original compositions. His music is raw and honest and deep and we are always the better for having listened to his performances, and he plays a mean harmonica too! If you would like to hear some of Jeff's creations, visit <https://www.reverbnation.com/jeffneilbrown>

Halifax is known for such a great music scene and we feel truly fortunate to be able to have so many great local musicians as part of the Spryfield Farmers Market Family! We are going to have an online Kitchen Party to celebrate the winding down of the market season and to say thanks to all the supporters, vendors, and volunteers who made this year's market possible. Make sure to check our website, spryfieldmarket.ca, and follow us on social media for more information on the upcoming show in mid-November!

Carrie Ellis
Board Member
Spryfield Farmers Market

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Reg Horner Memorial *Chebucto News* **Sports Page**

Leiblin Park home to many avid pickle ball players

by Rebecca MacEachern

If you have visited Spryfield's Leiblin Park in the last few years then chances are that you have come across groups of people engaged in what has been described as North America's fastest growing sport, pickleball.

Rose Poirer is a member of one of those core pickleball groups and she has gotten her share of weird and questioning looks from people hearing the name for the first time.

"People say, and I probably wondered the same thing when I first heard the name, is there a pickle involved or something?" said Poirer during a recent interview.

The origins of the game may be debatable but one popular theory is that it was created by two brothers in Florida who named the sport after one of their beloved dogs, Pickle. It is believed that the sport was introduced to Canada by snowbirds who played the sport during their winters in Florida.

Pickleball, a combination of tennis, badminton, and table tennis, is played over a net on a 20 by 44-foot court. Paddles that look like oversized ping pong paddles, are used along with a ball that's similar to a Wiffle ball. The rules and scoring can seem a little strange and confusing at first but, like the game itself, it doesn't take long to get the hang of it.



Playing pickle ball at Leiblin Park. Photo courtesy of Rose Poirer

"Anybody can learn to play. Sometimes the scoring can take a while to understand, but there is always someone to help you out," says Poirer.

Several years ago, Poirer was looking for something to replace badminton which she could no longer play due to surgery. Being a former badminton player gave her a bit of an advantage in learning the game.

"You can often tell the players who

have played badminton or squash, and being a badminton player really helped me with learning the game," says Poirer, "but you don't have to have played a racquet sport to learn pickleball."

These days, pickleball is being played with such great gusto on outdoor courts, and in sports and community centres throughout HRM that it can sometimes be difficult to book

a court. Halifax Recreation also offers pickleball sessions during the Fall and Winter. It was at one of these sessions last year that Jennifer Wallace got her first taste of the game and she has been playing pretty regularly ever since.

Wallace spent part of this summer playing with a regular group at Leiblin Park. She credits the twice-weekly games with providing a break from the constant worry about Covid-19.

"It really helped to put the Pandemic at the back of your mind and it was so wonderful to get out of the house and be outside," says Wallace, during a recent phone interview.

There are many factors that make pickleball such a popular sport with all ages, but especially with those people looking for a sport that isn't so hard on the body. As Wallace points out, pickleball is not wholly dependent on running which may account for its popularity with some people.

"It is good on your knees and ankles and is very much about eye-hand co-ordination," says Wallace. "It's also fun and a great way to meet people."

*****Registration for Fall Pickle Ball at various community centres through Halifax Recreation is over but keep an eye out for the registration dates for the Winter sessions*****

Developmental Pickup Hockey for those 40 and older in the works in Spryfield

Reprinted from the March 2020 issue. After having to close due to Covid, this group is back in action and looking for members.

When newly retired Ronald Bulmer felt an urge to play some pickup hockey during the day, he never dreamed he would be starting a whole new endeavor. After emailing the Spryfield rink, he discovered there was no seniors' pickup hockey currently available. However, rink board chairman, Peter Mowat, was intrigued and offered to help him make it happen.

There is an all-ages daytime pickup program at the arena, so Bulmer checked it out. He found a great group of people with a variety of skill levels, who were generous with the puck. However, he felt that a program where the players' skill levels were more in-line with each other would be an asset. From here, he spoke with a friend who had over 20 years of experience with running pickup sessions for people 40 and over. At this age, the skill set seems to even out, so that was the age limit they decided upon for their program.

Neither of the two wanted to see everyone's skill level stagnate, so the next thing they discussed was how to develop everyone's skills while

on the ice. Sessions are great, but a player only controls the puck for a short period of time. Bulmer's friend invited him to a skill building session in Bedford, run by Jaro Sevcik. There, he was able to practice passing, puck handling, and shooting. Hi says it felt great to practice all of these skills, and he knew he needed to make this a part of his program. After talking with Sevcik, it was decided that every fourth session would be a skills building session and he would be the

coach.

Developmental Pickup Hockey is what they are calling this program. The sessions are open to all genders 40 years and older. These sessions are more about recreation than competition and all skill levels are welcome. The game is played with full gear, but no intentional body contact or slap shots.

The plan is for the sessions to run on Fridays between 10am and 4pm, working around current rentals and

starting when they have enough players signed up to make it financially viable. Bulmer is hoping for 20 players plus goalies. Regular players would pay \$10 per session, while spares would be charged \$15. Goalies play for free, as is the tradition in pickup hockey. If you are 40 or older and are interested in putting your stick back on the ice, contact Ronald Bulmer at 902-497-2068 or email him at ronaldbulmer@gmail.com

Spryfield Attack are back!



October 31st sees the Attack return to the ice for their first game of the season. Having won an exhibition game against the Chester Castaways with a score of 6 to 1, the Attack are ready to take on the Sackville Knights at the Spryfield Lion's Rink. Game time is 8pm.

Due to Covid restrictions, the Attack are going to try to record all home games for viewing on their website spryfieldattackhockey.com

See Lion's Rink article in this issue for Covid restrictions at the games.

November Schedule is as follows:

- | November 7th @ 8pm against the Chester Castaways at the Spryfield Lion's Rink
- | November 14th @8pm against the Sackville Knights at the Spryfield Lion's Rink
- | November 21st @ 8pm against the East Hants Ryson Construction Penguins at the Spryfield Lion's Rink
- | and November 22nd @ 2:30pm against the Chester Castaways at the Eleanor Pew Morris Arena.

Why we must remember

The current pandemic has had a major impact on our society, resulting in the cancellation of many events which bring together a large group of people. This year's Remembrance Day observations are greatly impacted, but we cannot as a society forget the sacrifices made to protect our rights and freedoms. With this in mind, Chebucto News has decided to reprint an article which ran two years ago. The message is relevant, inspiring and more than ever, deserves to be heard.

This edited version was reprinted with permission by Veterans Affairs Canada. For more information and sources, visit www.veterans.gc.ca

Every year on November 11, Canadians pause in a silent moment of remembrance for the men and women who have served, and continue to serve our country during times of war, conflict and peace. We honour those who fought for Canada in the First World War (1914-1918), the Second World War (1939-1945), and the Korean War (1950-1953), as well as those who have served since then. More than 2.3 million Canadians have served our country in this way, and more than 118,000 have died. They gave their lives and their futures so that we may live in peace.

Why Remember? We **must** remember. If we do not, the sacrifice of those one hundred thousand Canadian lives will be meaningless. They died for us, for their homes and families and friends, for a collection of traditions they cherished and a future they believed in; they died for Canada. The meaning of their sacrifice rests with our collective national consciousness; our future is their monument.

These wars touched the lives of Canadians of all ages, all races, all social classes. Fathers, sons, daughters, sweethearts: they were killed in action, they were wounded, and thousands who returned were forced to live the rest of their lives with the physical and mental scars of war. The people who stayed in Canada also served—in factories, in voluntary service organizations, wherever they were needed.

Yet for many of us, war is a phenomenon seen through the lens of a television camera or a journalist's account of fighting in distant parts of the world. Our closest physical and emotional experience may be the discovery of wartime memorabilia in a family attic. But even items such as photographs, uniform badges, medals, and diaries can seem vague and unconnected to the life of their owner. For those of us born during peacetime, all wars seem far removed from our daily lives.

We often take for granted our Canadian values and institutions, our freedom to participate in cultural and political events, and our right to live under a government of our choice. The Canadians who went off to war in distant lands went in the belief that the values and beliefs enjoyed by Canadians were being threatened. They truly

believed that “Without freedom there can be no ensuring peace and without peace no enduring freedom.”

By remembering their service and their sacrifice, we recognize the tradition of freedom these men and women fought to preserve. They believed that their actions in the present would make a significant difference for the future, but it is up to us to ensure that their dream of peace is realized. On Remembrance Day, we acknowledge the courage and sacrifice of those who served their country and acknowledge our responsibility to work for the peace they fought hard to achieve.

During times of war, individual acts of heroism occur frequently; only a few are ever recorded and receive official recognition. By remembering all who have served, we recognize their willingly-endured hardships and fears, taken upon themselves so that we could live in peace.

How Do We Remember? On November 11, especially, but also throughout the year, we have the opportunity to remember the efforts of these special Canadians. In remembering, we pay homage to those who respond to their country's needs. On November 11, we pause for two minutes of silent tribute, and we attend commemorative ceremonies in memory of our war dead.

Following the First World War, a French woman, Madame E. Guérin suggested to British Field-Marshal Earl Haig that women and children in devastated areas of France could produce poppies for sale to support wounded Veterans. The first of these poppies were distributed in Canada in November of 1921, and the tradition has continued ever since, both here and in many parts of the world.

Poppies are worn as the symbol of remembrance, a reminder of the blood-red flower that still grows on the former battlefields of France and Belgium. During the terrible bloodshed of the second Battle of Ypres in the spring of 1915, Lieutenant-Colonel John McCrae, a doctor serving with the Royal Canadian Army Medical Corps, wrote of these flowers which lived on among the graves of dead soldiers:

*In Flanders Fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
—John McCrae*

The flowers and the larks serve as reminders of nature's ability to withstand the destructive elements of war by men, a symbol of hope in a period of human despair. In Canada, traditionally the poppies which we wear were made by disabled Veterans. They are reminders of those who died while fighting for peace: we wear them as reminders of the horrors of conflict and the preciousness of the peace they fought hard to achieve.

The two minutes of silence provide another significant way of remembering wartime while thinking of peace. Two minutes are scarcely enough time for thought and reflection. As we pause and bow our heads, we remember those brave men and women who courageously volunteered for the cause of freedom and peace.

For those who lived through these wars, remembering means thinking of comrades. It evokes memories of men and women who never returned home. Those born after the wars might picture the youthful soldiers who eagerly joined up from high schools, businesses and farms across the country, only to meet death while fighting against the enemy. They may imagine the anguish of a man leaving a new wife, a young family, an elderly mother. The important thing for all of us to remember is that they fought to preserve a way of life, Canadian values, and the freedom we enjoy today and often take for granted. Remember that the silence is to honour their sacrifice and memory.

There are memorials to commemorate the service of Canadian troops in Canada and overseas. The National War Memorial in Ottawa was originally designed to recognize those who served in the First World War. It has been rededicated to symbolize the sacrifice made by Canadians in the Second World War, in Korea, and in subsequent peacekeeping missions. The National War Memorial symbolizes the unstinting and courageous way Canadians give their service when values they believe in are threatened. Advancing together through a large archway are figures representing the hundreds of thousands of Canadians who have answered the call to serve; at the top of the arch are two figures, emblems of peace and freedom.

The Tomb of the Unknown Soldier is located next to the National War Memorial and contains the remains of an unknown Canadian First World War soldier who was exhumed from a cemetery near Vimy Ridge. The Tomb and its Unknown Soldier represents all Canadians, whether they be navy, army, air force or merchant marine, who died or may die for their country in all conflicts—past, present, and future.

The Books of Remembrance which lie in the Memorial Chamber of the Peace Tower are another record of the wars. In addition, most cities and towns across the country have dedicated a monument, a building, or a room to their native sons and daughters who gave their lives. These commemorative locations are an enduring record of the losses suffered by communities as Canadians went forward to fight for what they believed was right.

One day every year, we pay special homage to those who died in service to their country. We remember these brave men and women for their courage and their devotion to ideals. We wear poppies, attend ceremonies, and visit memorials. For one brief moment of our life, we remember why we must work for peace every day of the year.

Thank you, Spryfield!

**by Stephen Adams,
outgoing HRM Councillor,
District 11**

This will be my final Chebucto News column as your Councillor.

Please join me in congratulating Patty Cuttell on her victory on October 17th. I will help in any way I can with the transition and brief her on projects in progress and issues in and around our area. This will be a difficult job, with many challenges to come. I would ask that you support her in the transition, and during the next four years. We will all be better for it.

As well, don't forget the other 11 candidates who put their name forward for consideration. I admire their courage and initiative. It takes a special kind of person to run for office. Campaigns are filled with long days, missed meals, less time with friends and family and challenges which we likely will never know. Let them know you are thinking of them.

Over the past year, I've had time to reflect on how our communities have changed. What started out as Ward 7, has evolved into District 11. Our electoral district has grown from about 8,000 residents, which encompassed much of Spryfield, to an area of over 30 communities and approximately 25,000 residents. From amalgamation in the 1996, to the reduction of districts in 2012, I've represented an area which was about 7 minutes from one end to the other, to one which is about an hour's drive from one end to another.

I am truly humbled that you have put your trust in me. Having had an opportunity to represent our many communities has been a distinct honour. I have done and seen things most can only dream about. I had the pleasure to meet countless special people over the years; of which many became friends. For that, I am blessed.

I have done my very best to bring forward positive changes to our many communities. Whether it be new playgrounds, parks, sports fields and courts, community enhancement and beautification, new fire stations, new community centers, the extension of sewer and water services to Herring Cove, new paving, community and school signage, or other improvements, I have tried to make our communities better for all to enjoy.

And I wouldn't trade any of it for the world. I have absolutely no regrets and am very proud of my record.

Thank you all from the bottom of my heart.

The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

I invite you all to celebrate Remembrance Day on the 11th of November and pay tribute to the countless men and women who have served our country, and, at times, have paid the ultimate price in defence of our freedom and our values. Though we may not be gathering in the same way this year, I know all Nova Scotians will join me in paying their respects and showing their appreciation. At this time of year, I always remember my 2016 trip to the Dutch city of Bergen Op Zoom in the Netherlands, where I visited the grave of Canadian Lieutenant Edward Francis Arab. Lieutenant Arab was a successful lawyer in Halifax and volunteered to serve in the Canadian Infantry in Belgium. He was also the first president (1938) of the Canadian Lebanon Society of Halifax—an organization I proudly served for 7 terms—and a cousin of my parents. He was killed on October 25, 1944 at the age of 29. He will be celebrated this coming February during Nova Scotia Heritage Day.

Nova Scotia completed the roll-out of our pre-primary program and bussing for pre-primary students last month. Every four-year-old now has access to pre-primary, a free, universal early learning program. The program helps our young ones adjust to a classroom-like setting and socialize while learning through play. By making pre-primary available to all four-year-olds, Nova Scotia is evening the playing field and helping all our students succeed.

October also saw progress in our scaling up of Nova Scotia's capacity to perform fast COVID-19 tests. For Nova Scotians with internet access, the online COVID-19 self-assessment tool has cut the wait time for screening down to 10 minutes. If the online assessment determines that a person requires a test, they will be called within 24 to 48 hours to book an appointment. The IWK has also expanded its primary assessment centre to double its capacity and increase the speed of testing for children, while also beginning to administer gargle tests for children ages four to 18. The province is also expanding assessment centres, adding staff, lengthening opening hours, and increasing lab capacity in Halifax. Finally, online booking for testing appointments will also soon be established.

In other coronavirus news, Nova Scotians are now able to receive COVID-19 exposure alerts directly to their smartphones when using Health Canada's free COVID Alert App. The app is one tool that will help keep our communities safe and healthy. It can be downloaded through the Apple or Google Play app stores. When installed, the app communicates using Bluetooth with

nearby phones which also have the app installed. An app user who tests positive for COVID-19 is given a unique code by the Nova Scotia Health Authority to input into COVID Alert. Any other user with the app, whose phone was within two metres for at least 15 minutes of the infected person's phone, will be notified that they may have been exposed to COVID 19. The app will give the user guidance and more information about what to do next. Importantly, the app does not collect personal or health information and does not know or track the location, name, or contacts of any user.

As a final COVID-19 update, testing for essential work or travel purposes is being expanded. Nova

More provincial land protected

by Brendan Maguire, MLA for Halifax Atlantic

A new city councilor for District 11

Congratulations to Patty Cuttell on becoming our new councilor. Unlike elections in the past, we had to wait until midafternoon the next day to get the results. Patty won by 28 votes, in one of the narrowest of margins in recent memory. I reached out to her and congratulated her on a hard fought, issued based campaign. I look forward to working side by side with her.

A lot of great people put their name forward to represent our community. Elections are not easy; they take a lot of volunteers, effort, and time away from your loved ones. To each and every one of you, thank you for putting your name forward and for everything you do for our communities.

What an exciting time for all of us!

Government protects more land

As one final act as Natural Resources Minister, Iain Rankin helped push through more protected provincial land. A huge shout out to current Minister Gordon Wilson on a job well done! Great to see government step up and protect more land for the present and the future! The following sites are now designated as protected areas:

Expansions:

- Silver River Wilderness Area, Digby County
- Ship Harbour Long Lake Wilderness Area, Halifax Regional Municipality
- Terence Bay Wilderness Area, Halifax Regional Municipality
- River Denys Nature Reserve, Inverness County

New sites:

- Katewe'katik (previously McGowan Lake), Annapolis County
- Peppered Moon Nature Reserve, Queens County
- Pu'tlaque'katik (previously

Scotia Health has reached an agreement with PRAXES Medical Group to support COVID-19 testing for people who require proof that they do not have the COVID-19 virus for work or travel. PRAXES is now offering COVID-19 testing at a cost of \$250 plus HST. These tests will only be provided for urgent, work-related travel that requires a negative COVID-19 test before departure; students or migrant workers who require a negative COVID-19 test before returning to their home countries; or travel to visit a vulnerable, ill or elderly relative, attend a funeral or for other events on compassionate grounds when required by other provinces or countries. To request this service please contact praxes.ca/covidtest. Note that test results will be available within 36 to

60 hours, depending on the number of tests being processed by Nova Scotia Health's laboratory.

Finally, I'd like to thank everyone who reached out to me with encouraging words about a potential run for the Premiership. Although, I decided not to enter the race at this time, I am firmly committed to serving the people of Armdale and Nova Scotia and will continue to put my whole heart into doing the work necessary to move this province forward and build back better. I'm also deeply grateful to be taking on the role of Minister of Labour and Advanced Education, in addition to my two other portfolios; immigration and Acadian Affairs and Francophonie.

Thank you for your continued support.

- Shingle Lake and Pleasant River), Lunenburg and Queens Counties
- St. Margarets Bay Islands Nature Reserve, Halifax Regional Municipality
- Barra Forest Provincial Park, Victoria County
- St. Marys River Provincial Park, Guysborough and Pictou counties

Spryfield gets a brewery!

This past month Serpent Brewery opened at the Spryfield mall. The brewery is located in the back of the mall and is a great addition to our community.

Their beer is described on their website as "Serpent Brewing brews Belgian inspired ales in the heart of Spryfield, NS. Like our logo, brewing with Belgian ingredients is a harnessing of nature's chaotic element with years of practice."

I am looking forward to trying them out!

As the fall and winter bears down on us, days get shorter and the warm weather disappears, I want to remind everyone that these changes often have a negative impact on people's mental health. If you are struggling, please reach out to friends, loved ones or mental health professionals. If you know someone who suffers from mental health issues, please check in on them; especially people you haven't heard from in a while. I live with anxiety and depression, so I know firsthand how difficult it can be and how much it helps to hear from people that they care and our thinking about you. Stay healthy and stay safe.

A huge thank you to all the volunteers and people who donated to our community Thanksgiving dinner. We were able to supply 50 people in our community with a hot Thanksgiving meal!

Happy 50th anniversary to Doug

and Jackie Garrison, two of the nicest people you will ever meet!

This past month Isla Rose Maguire turned 4. Time flies and I am so proud to be your dad. I love you with all my heart and soul.

Lots of love

I am so proud to be your MLA
Brendan Maguire

Personal cell (902) 499 5500

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WE CARE

South by Day Winter Craft Faire

Local arts and crafts **Spryfield Lions Rink Rec Centre, December 6, 10-2**

To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR NOVEMBER

Food Banks:

Harrietsfield Williamswood Community Centre events:

- Centre is currently open for small rentals with Covid restrictions in place.
- Currently hiring for part time cleaner. If interested please contact Natasha at 902-293-7427

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Our Food Bank will continue to operate as long as possible. Please call 902-477-1954 and leave a message if you need some assistance.
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled

Free meals for those in need:

- Salvation Army offers take out breakfast
- St. Paul's Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup's On, is still operational but as takeout only

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station

Life 94.7 FM

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

- Emmanuel Food Bank is open. Please call 902-477-1954 to reserve a food box. Pick up is Thursday mornings, 9:30-10:30 only.
- We are cautiously resuming activities, with Covid protocols in place. Everything is subject to change without notice so please call or email to confirm or check our webpage for updates.

Our website: emmanuelanglicanchurch.net

Salvation Army (328 Herring Cove Rd) Events:

- Breakfast to-go bags: 9:30-10:30am Monday to Friday
- Family Services by phone call 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226
- Our hours are reduced from 9:30-12:00pm

St. James United Church (3811 Old Sambro Road, Sambro) Events:

To safeguard our community from the spread of Covid-19, and in response to the suggestion by the Royal Canadian Legion that people stay home, there will be no Remembrance Day Service at the Cenotaph in Sambro this year. Instead at 10:50 am on November 11th a pre-recorded Remembrance Day ceremony

will be shared on the Facebook pages of St. James and other groups in our community.

St. Paul's United Church (173 Old Sambro Road) Events:

- Public access to the outdoor tap will begin in early May. We request that users follow hand washing/sanitizing procedures and social distancing when accessing this water.

- **Hike Nova Scotia's** fall schedule of courses and webinars across the province is now available. In-person courses include:

- Field Leader - Hiking: Sept. Nov. 14-15
- Field Leader - Winter: date to be announced

Webinars include:

- Intro to Hiking: Nov. 18
- Wildlife Encounters & Safety: date to be announced

Dates, locations and costs vary, depending upon the course or webinar. COVID-19 public health guidelines will be followed for in-person courses, which include indoor and outdoor sessions.

Developmental Pickup Hockey

Looking for players 40+ years old. Spryfield Lions Rink Fridays 12-1pm. Starts Friday, Oct 16. Skills sessions first week, next 3 weeks pickup. We call it Developmental Pickup Hockey. Skills to increase puck time on your stick and improve your game. Pickup at a bit

slower pace.

Let me know if you're interested. 902-497-2068 or ronaldbulmer@gmail.com

Spryfield Legion/Forever Young Seniors Club Chase the Ace is starting up again after shut down for Covid-19.

Ticket sales at the bar start October 28 2020 during legion open hours.

The first draw will be conducted 2 November. Purchased tickets at the time of our Covid-19 shutdown will be honoured at our 2 November draw.

Thank you for the community's support.

Improve your reading, writing and math skills, work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let's get learning together!

South by Day Winter Craft Faire:

December 6, 10-2. Shop local arts and crafts in a socially distanced market. FREE admission. Masks mandatory. Spryfield Lions Rink Rec Centre 111 Drysdale Road.



Chebucto news looks forward to returning to a robust community events page when the current crisis ends. In the meantime, we will endeavour to keep you informed. Check our Facebook page for late arriving events and changes or updates to listed events.

Religious Services Directory for November

****To have your church/synagogue/mosque added to our directory, please contact the editor: chebuctoeditor@gmail.com by October 16 for November's issue****

PLEASE NOTE THAT DUE TO COVID-19, MANY OF THESE SERVICES MAY BE POSTPONED OR CANCELLED.

CALL AHEAD TO CHECK WITH YOUR CHURCH.

St. Augustine's Anglican Church (2010 Purcell's Cove Rd)

Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road)

Sunday Prayer Time: 10:00 am; Sunday Family Service: 10:30 am; Nursery & Children's Ministry 10:30 am; Wednesday Night Prayer: 7:30 PM

Spryfield Christian Community Church (91 Thornhill Dr)

Church services Sunday 11-12 am

Oromo Gospel Church

Sunday worship service: 3 pm and Tuesday prayer: 10 am.

Emmanuel Anglican Church (322 Herring Cove Rd.)

8:00 am a quiet, contemplative, traditional service of Holy Communion

10:00 am a lively, contemporary service of Holy Communion with music.

On Nov. 1 we celebrate the feast of All Saints and our Altar of Roses memorial service.

Nov. 8 is Remembrance Sunday.

Nov. 22 is the Reign of Christ and our parish anniversary service. Check our website for details.

Nov. 29 is the first Sunday of Advent and a family service.

We are an affirming church. Everyone is welcome to our worship. However, we are following Covid protocols, so please wear a mask, maintain distancing, wash your hands, and, of course, if you are sick, please stay home. We are livestreaming our 10:00am worship on our Facebook page and website.

Open Door Community Church (11 Aldergrove Drive)

Church services - Sunday 10:30 - 11:30 AM.

Standard Covid-19 protocols in effect (wear a mask, hand sanitizer is provided, seats are arranged for physical distancing, etc)

www.opendoorhalifax.ca

St. Paul's United Church (173 Old Sambro Road)

Rev. Anne Hoganson does the church service alone and posts it on our Facebook page. She is available if you wish to speak with her, at 902-237-3318.

See Carolyn Mont's article in this paper for updates on our church services.

Stella Maris Church

St Michael's Catholic Church

(6 St Michael's Ave, Spryfield) Due to COVID-19 and the re-opening of churches please note that the only mass for Stella Maris Parish is Sunday at 10:30 AM Please note parishioners must register by going to our website at www.stellamarishalifax.com and clicking on the registration link or calling the parish office at 902 477-3530. (You must call in every week in order for us to track attendance). Before attending Mass, it is mandatory that you answer the NS Covid-19 Screening questionnaire found on the website, but do not bring it with you. If you answer yes to any of the questions, you are not permitted to enter the church and should remain at home. Masks are mandatory. If you have mobility issues, please arrive shortly after 10am when the doors open and identify yourself to an

usher. You will be escorted to the next available seat. More instructions will be provided before Mass.

Please note: There is also a Wednesday Evening Mass at 7:00PM at Stella Maris Parish -St. Michael's Church.

There is Rosary at 6:40pm followed by Mass on FB (Stella Maris Parish) Monday, Tuesday, Thursday and Friday.

Salvation Army (328 Herring Cove Rd)

Regular Sunday worship at 11:00am. Preceded by a prayer meeting at 10:30am

The Sambro-Jollimore Pastoral Charge (Parish):

St. James United Church: 3811 Old Sambro Rd, Sambro
Parkhill United Church: 5 Kirk Rd, Jollimore

Sambro-Jollimore Pastoral Charge In-person Sunday Services:

Parkhill United Church, 5 Kirk Rd, Jollimore at 9:30 am

St. James United Church, 3811 Old Sambro Rd, Sambro at 11:15 am.

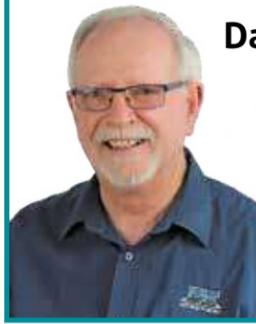
For those not able to attend in person, a service will be offered on St. James' Facebook Page.

Information on our website at <https://www.sambrojollimorepc.com>

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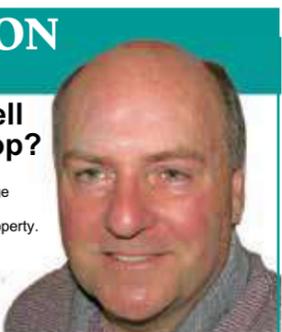
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