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Chebucto News

Vol.21 • No.5
 January 2020

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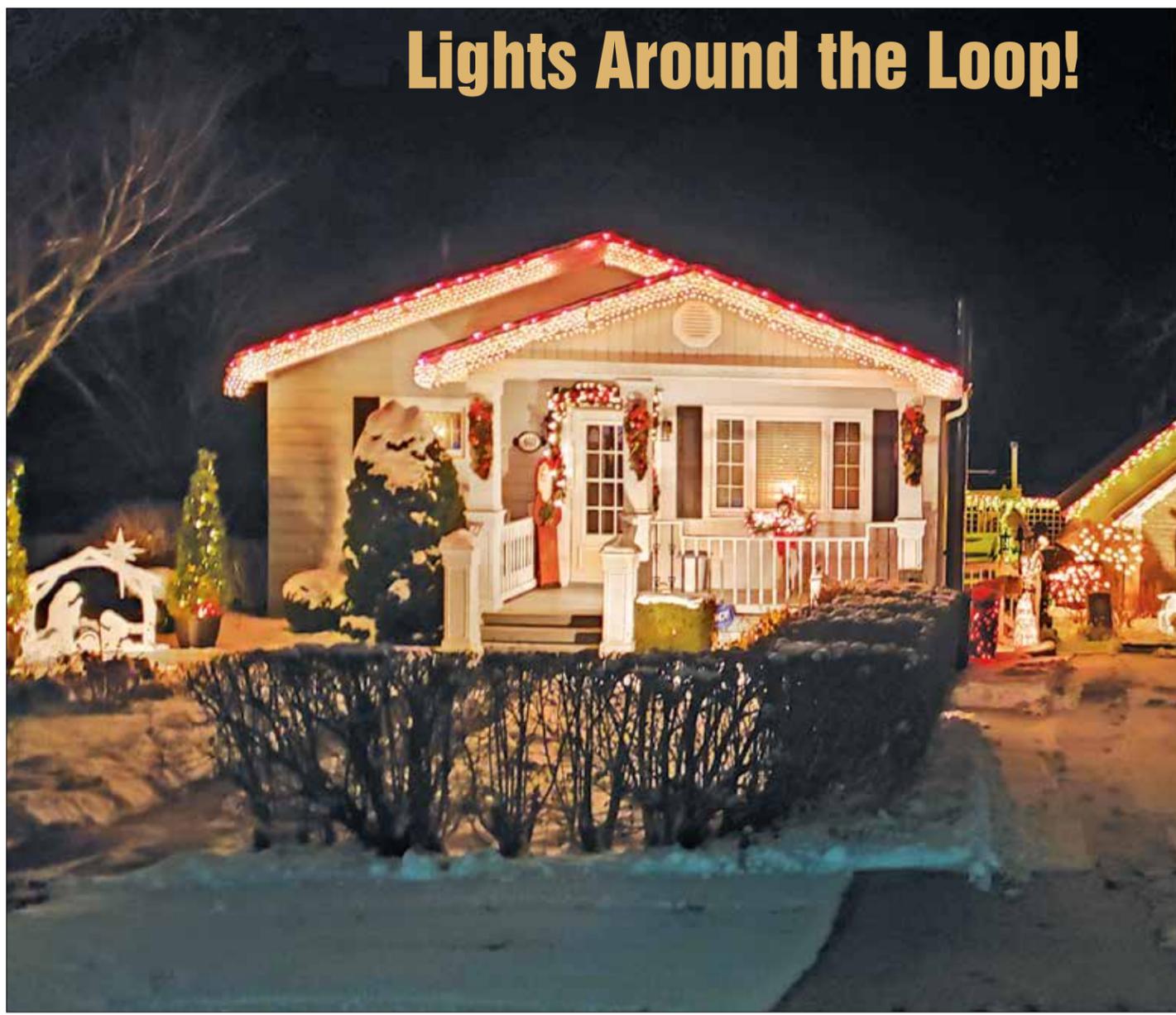

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Lights Around the Loop!

One of this year's winning light displays in the Sambro Loop area was this beautiful property. More photos on page 9. Photo by Brendan Maguire.

The New Year at St. Paul's United Church

by Carolyn Mont
 As we begin not just a new year but a new decade, we look both back at what we have done in the past year and forward to what new and exciting things are facing us. This is true in churches as much as it is in our private lives.
 At St. Paul's United Church in Spryfield, December is always a busy and joyful month. In fact, the many aspects of joy, culminating in the birth of Christ, was the theme Rev. Anne Hoganson chose for our church services throughout the month. Aside from celebrating joyous time of year in the Christian calendar, this was also the 300th anniversary of the well loved Christmas carol, Joy to the World. We go forward with joy into the new year as we get back into our regular routine. Our Sunday worship is at 11:00am but we gather by 10:30 to meet friends old and new for tea and Fair Trade coffee.

Our worship services are always inspiring but we also have a community ministry at St. Paul's United. That is our Family Resources Institute (FRI), led by our Community Ministry Director Kristen Hollery and the Food Bank Coordinator, Rena Eldershaw. December is definitely their busiest time of year as they prepare
(See New Year on page 2)

Changes Coming...

As many of you know, Transcontinental Printing discontinued the *Star Metro* in December. That paper, as well as the *Chebucto News*, were both printed at their plant in Borden P.E.I. which is being shut down this month. As a result, we have had to find a new printer. So,

beginning with the February issue of the paper, the *Chebucto News* will be printed by a new printer who is yet to be determined. As a result, the physical appearance of the paper will change slightly as it will no longer be printed on brilliant white paper; it will be printed on a less bleached,

slightly darker paper. Also, over the past 10 years the cost of distributing the paper has risen significantly so our distribution method will change from Canada Post to the Saltwire Flyer distribution service in February as well. Our commitment to our community and our commitment to cover positive community stories and events will remain unchanged!

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New Year

(continued from page 1)

large hampers of food for about 200 clients. That includes not just Kristen, Rena and the FRI board but a huge group of dedicated volunteers. They actually start in November, organizing shelves to see what comes in from Feed Nova Scotia and local donations of food. As they get closer to the time to fill the hampers, they have to decide what has to be bought in order for the hampers to have an equal amount of food. Then it takes several long days to fill them in an orderly fashion and finally a day to disperse them. Many of the clients do not have cars and these Christmas hampers are just too big to carry to and from the bus so more volunteers are on hand to drive people home.

Congratulations are also due to the staff, board and volunteers of FRI as they received recognition from the Spryfield Business Commission. Two awards were presented to them, one for the Volunteer Organization of the Year 2019 and also Honourable Mention for participation in the 2019 Santa Claus Parade. It should be noted that FRI has participated in the Santa Claus Parade for many years and were delighted with this recognition.

I mentioned the FRI board above and it is worth noting that this is different from the Unified Board of the church. Because the Family Resources Institute is a community ministry of the church, the board is made up of at least 50% members of the congregation but then the rest of the members are members of the community. It is not necessary that these community members belong to the United Church of Canada, or any church, for that matter. What is important is that they live in the greater community around the Loop, know the community and have a passion for helping. The programs of FRI change with changes in the community and with available funding. One of our biggest program at the moment is Soups On, a free lunch of soup, sandwich, tea, coffee and dessert. This is at noon on Tuesdays and will resume again at noon on Tuesday, January 7. This is a great opportunity for anyone to come and see what we do here at St. Paul's FRI. If you think you would be interested in serving on the board of FRI, please call Donna Martin, Board chair, at 902-477-5822.



Forever Young Gift Card winner announced

Sue Morriscey, president of the "Forever Young Seniors Club", in cooperation with Santa wish to announce the winner of their Gift Card Picture Frame Christmas 2019 valued at \$300.00.

The winner is Mckenzie Walsh. Here in the picture accepting the prize for Mckenzie is Judy Walsh.

The Forever Young Senior's Club

wishes to thank the people of Halifax Mainland South and surrounding areas for supporting their fundraising efforts.

The Club wishes to especially thank Mike Macintyre, manager of the Spryfield No Frills, for allowing their club members to sell tickets at his store's main entrance again this year. Thank you Mike.

Chebucto News

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Check out our January Specials on the back cover!

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Setting the record straight for The Urban Farm Museum Society of Spryfield

by Janet Kidston

I have lived here since the 1940s. I know the land well. In the year 2000 I gave the Urban Farm a license to use 3.5 acres of my land for a teaching garden, and became a Board member. There is a 2.2 acre parcel of land in behind 9 Heather St, running past 17 Heather St downhill to the old Kidston Road. This acreage was once part of the Kidston Farm established in 1822 where, in the upper section, sheep were kept surrounded by several stone walls. In 1940 my father John Kidston enlisted in the Air Force to take part in World War II. Before he left, he gave the 2.2 acres to his best friend Roland Theakston for \$1.00, for him to build a house for his new bride Elizabeth. They built their house at 21 Kidston Road, leaving the upper part as a forest. I have an original survey plan from 1970, so I am very familiar where all the survey stakes are located.

When Roland and Elizabeth Theakston passed on, their son Rollie settled the estate. The land was sold to John Buchanan. After a number of years John sold it to Ralph Medjuck, who originally had plans to build duplexes there on a cul-de-sac. In 2005 our Urban Farm President visited Mr. Medjuck, told him all about the Urban Farm and asked if he would consider donating this piece of land, for we knew by then he could not get access from HRM along Kidston Rd. Our

President kept Mr. Medjuck informed of what the Urban Farm did with teaching programs and events for the community, taking him our newsletter and keeping in touch. Mr Medjuck became very interested in our Urban Farm.

Finally, after 11 years, Mr. Medjuck said he would give us the land, but only if we signed an agreement never to sell, give away or divide any of the land. We agreed by taking this kind offer to our Board at the time and we all signed in agreement a motion that we would abide by his offer. We had an agreement drawn up by our lawyer, viewed and counter signed by Mr Medjuck's lawyer.

All surrounding neighbors were aware of this donation and we received many letters of support, along with our Councillor, MLA, and Member of Parliament. We were thrilled we got so much support.

In the summer of 2018, we were required to have the land surveyed and we informed our Heather St. neighbors that a surveyor would be on our land and theirs, to establish the property line.

We were shocked to learn from the surveyor and HRM, the extent of a large encroachment by one of the property owners on Heather St.

The Urban Farm is hoping after reading this article, you might consider giving us a letter of support, in keeping the parcel of land in one piece as we agreed to in the signed agree-

ment between the Urban Farm and Mr. Ralph Medjuck. It would be much appreciated and can be sent to us at: 211-339 Herring Cove Road, Halifax, B3R 1V5

The Urban Farm is indeed a very special place on an old family owned piece of farmland. We have many people who consider it their happy place with the deer, children and Monarch butterflies flitting about the Farm. We welcome any and all visitors.

If you wish to visit our Facebook page, go to the Urban Farm Museum Society of Spryfield and you will see a link to follow, where you will find the latest pictures and information about what we are doing.



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DISCOVERING OUR PAST

I.O.D.E. Chapter played important role in Spryfield

by Iris V. Shea

Mainland South Heritage Society will be celebrating its 26th annual Heritage Tea and Display on February 15, 2020. The main theme of this year's display is Recreation and Leisure. Included in the display will be information and photographs of the many volunteer organizations in which residents participated.

One volunteer organization which involved women from Spryfield was the I.O.D.E. Several years ago I received a scrapbook of newspaper clippings, a photograph album, and minutes of meetings from Josephine Blackburn (now deceased) who was a former member and secretary of the local chapter of the I.O.D.E. (Imperial Order Daughters of the Empire). The chapter no longer exists but it was felt that the material represented an important part of Spryfield's history and should be preserved.

In 1964 several women from the Spryfield area formed an active I.O.D.E. chapter. The new chapter, named General William Spry, held its bestowal ceremony at the I.O.D.E. rooms on Quinpool Road, October 5th, 1964. The majority of members, according to their addresses, lived in the Thornhill Subdivision. Charter members were Mrs. Frank Stewart, Regent; Mrs. R.M. Heath, 1st Vice-Regent; Mrs. A.P. Brown, 2nd Vice-Regent; Mrs. G.L. Purcell, Secretary; Mrs. J.W. Maher, Treasurer; Mrs. R.E. Theakston, Education Secretary; Mrs. N.L. Drabble, Echoes Secretary; Mrs. M. McCarthy, Services at Home and Abroad; Mrs. C. O'Laughlin, Standard Bearer; Mrs. W.J. Wicks, Councillor.

Other members who joined in 1965, copied as written in the min-



The photograph accompanying this article is from their bestowal ceremony, October 5, 1964. The women are identified as: Front Row: Mrs. C. O'Laughlin, Standard Bearer; Mrs. F. Stewart, Regent; Mrs. R. Heath, First Vice-Regent; Mrs. G. Purcell, Secretary; Mrs. W. Wicks, Telephone Committee. Back Row: Mrs. A. Brown, 2nd Vice-Regent; Mrs. M. McCarthy, Services at Home and Abroad; Mrs. R. Theakston, Educational Secretary; Mrs. W. Maher, Treasurer; Mrs. N. Drabble, "Echoes" Secretary. Photograph courtesy Josephine Blackburn, photographer unknown. I.O.D.E. Bestowal Ceremony, October 5, 1964.

utes, were Mrs. W.E. Britain, Mrs. R.E. Martell, Mrs. Gerald Brannen, Miss Joan Latimer, Mrs. Ida Warren, Mrs. Ruth Margeson, Mrs. N.R. Himmelman, Mrs. Genevieve Payne, Janet Barrett, Mabel Murphy, Sandra Oakley, Audrey Boutilier, Isabel Oxner and Norma Roberts. Between the years 1966 and 1972, another 19 names were listed as new members of the chapter. The minutes donated by Mrs. Blackburn ended in 1972 but the General William Spry Chapter may have continued beyond that year. New officers, appointed for 1971-72, were Mrs. L.B. Hue, Regent, Mrs. Allan Brown, 1st Vice-Regent; Mrs. James Calnen, 2nd Vice-Regent; Mrs. Gerald Blackburn, Secretary; Mrs. Ralph D. Walker, Treasurer; Mrs. Frank W. Stewart, Education Secretary; Mrs. Cyril Grant, Echoes Secretary and Services Home and Abroad; and Mrs.

Norman Drabble, Standard Bearer.

Monthly meetings were held at the homes of members. The annual fee was five dollars, raised to \$5.50 in 1968. The chapter raised money through various projects, funding a history prize to a grade 12 student at BC Silver High School and making an annual donation of books to the school library. At Christmas, a box of toys, clothes, food and other items were given to a needy family in the Spryfield area. Mrs. R.M. Heath, first Vice-Regent of the chapter, contributed to the provincial centennial fund by collecting 50 cents per year from each member until 1967. Penny auctions, bake sales, and handcraft sales were part of their fundraising efforts.

In 1967, the chapter agreed to pay the fare plus \$20 pocket money to send a student from Pinegrove Junior High School to Expo (the World's

Fair) in Montreal. The I.O.D.E. bursary at BC Silver High School was won that year by student Roderick Fowler who was accepted at Dalhousie University. Two students tied for the annual history prize that year. In 1968, the Bursary Certificate was presented to Shirley Larkin and the history prize to Wendy Anand, both students at BC Silver High School.

The minutes noted that several individual members contributed to projects of their own, such as escorting students to the Atlantic Winter Fair and setting up an Arts and Crafts Group for children at Central and West Spryfield Schools. Support of the Holly Drive Girl Guide Company was also mentioned.

One event, the Spring Hat Show at St. Michael's Church Hall, was so successful that it became an annual event. A Bridge Party held at Moosehead Breweries in Dartmouth raised \$118 for the chapter.

In 1971, J.L. Ilesley High School opened and a Bursary of \$100 was awarded to Miss Judy Lewis and a book to Miss Rebecca Jamieson for highest standing in history. A National Geographic subscription was given to BC Silver Junior High School, and I.O.D.E. member Marg Cochrane donated a World Globe to G.K. Butler School. Pat Stewart and Yvonne Grant donated their time one morning a week in helping the principal with small groups of children. At Christmas time the chapter donated "a good used washer, turkey with all the trimmings for a good dinner, and good used clothing" to a needy family in Harrietsfield. They also donated \$25 to the Rehab Centre, \$25 to a needy girl in the local area, and \$10 to the YWCA.



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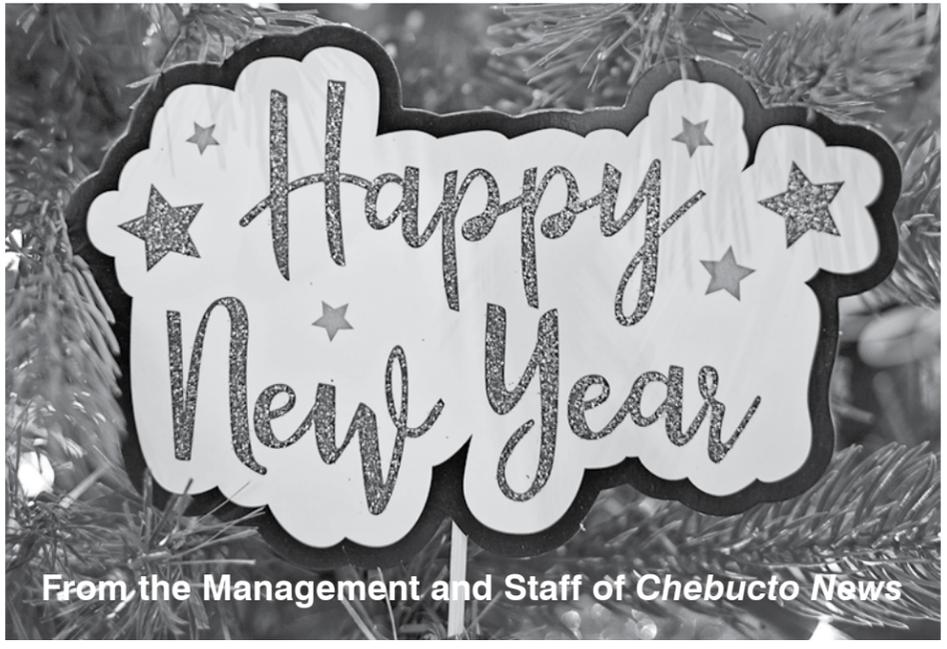
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St. Augustine's Anglican Church (2010 Purcell's Cove Rd)
Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road)
Sunday Prayer Time: 10:00 am
Sunday Family Service: 10:30 am
Nursery & Children's Ministry 10:30 am
Wednesday Night Prayer: 7:30 PM

Spryfield Christian Community Church (91 Thornhill Dr)
Church services Sunday 11-12 am

Oromo Gospel Church
Sunday worship service: 3 pm
Tuesday prayer: 10 am.

Parkhill United Church (5 Kirk Rd, Jollimore)
Sunday Service at 9:30 am

St. James United Church (3811 Old Sambro Rd, Sambro)
Sunday Choir Practice at 10 am; Service at 11:15 am

Emmanuel Anglican Church (322 Herring Cove Rd.)
Every Sunday: 8:00am traditional service.
10:00am contemporary service with choir and fellowship time
Bible study will follow the fellowship time every Sunday in January.
Theme: Epiphany: How God makes himself known to us.
We are an affirming church. Everyone is welcome at any of our services.

St. Michael Catholic Church (6 St Michaels Ave, Spryfield)
Saturday: 5 pm
Sunday 11 am

St. Paul Catholic Church (137 Hebridean Dr., Herring Cove)
Sunday: 9 am

St. Paul's United Church (173 Old Sambro Road)
Regular Service:
Sunday, 9:50, Prayer Circle meets
Sunday 11:00, Sunday worship and Sunday School

St. Peter's Catholic Church (195 Ketch Harbour Road)
Saturday 6 pm

Salvation Army (328 Herring Cove Rd)
Regular Sunday worship at 11:00am. Preceded by a prayer meeting at 10:30am

Send in your service details by January 15 for February's issue.

Send us your comments!
Write to: chebuctoeditor@gmail.com

Quarter Note Singer's Coffee House *Story and photos by Sam Ramsay*



There was food, company, and song at the Captain William Spry Centre for the Quarter Note Singers' Coffee House on December 5th. The event consisted of a variety of ensemble and solo performances from the singers, as well as a guest appearance by the Hydrostoners Ukulele group. The songs ranged from upbeat and peppy, with "I've got the World on a String" to slower songs like "Ave Maria". There was also a performance of "Let it Go", for the Disney fans in the group, and a nod to local music with "We

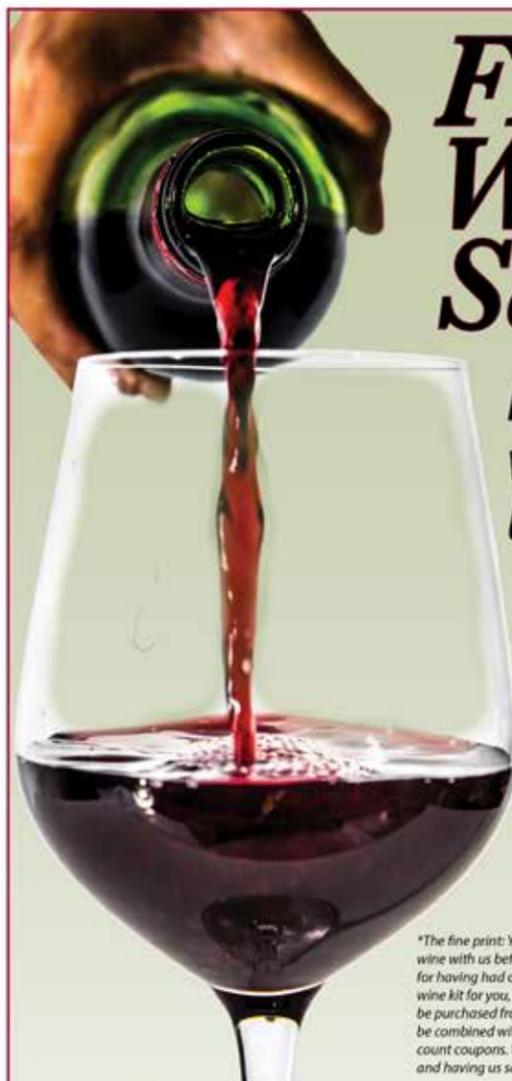
Rise Again". Food and drink were provided, and a Christmasy backdrop added to the festive atmosphere. The Quarter Note Singers have been performing for almost fifteen years, and host performances in December and June. The group welcomes new members regardless of their level of experience, and there is no audition required to join. Next time you're in the mood for some music, whether as a singer or a listener, consider checking them out!

Above: The Quarter Note Singers performing as a group
 Above left: A variety of solo acts punctuated the ensemble performances
 Below left: A variety of foods were available for visitors to enjoy
 Below: The director of the Quarter Note Singers introduces the next performance





The Hydrostoners ukulele group also performed at the event



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THINK BEFORE YOU PARK

When and where you park during the winter can have a big impact on clearing.

The municipality is stepping up winter parking enforcement in areas around hospitals and schools, bus routes and problem streets for emergency vehicles and clearing equipment. Plan ahead. Walk, carpool, take the bus or make arrangements for off-street parking when the overnight parking ban is in effect or there is bad weather in the forecast.

Learn more at: halifax.ca/snow

HALIFAX

Stay safe on our lakes this winter

PHOTO: SIMON MATZINGER/PEXELS

January in Nova Scotia is a great time to enjoy winter sports, many of which take place on a lake. Ice skating, hockey, cross country skiing, snowmobiling, and ice fishing are all fantastic ways of enjoying our lakes this winter. But, where there is ice, there can be danger. Keeping these simple things in mind can help keep you and your family safe this winter as you enjoy our local lakes.

Ice thickness is probably the most important thing to know before venturing out on the ice. Throughout the winter, Halifax tracks the ice thickness at many of the lakes around the municipality. Go to <https://www.halifax.ca/recreation/programs-activities/skating/ice-thickness> to find out when your favourite lake is safe to venture out on. If you want to check it yourself, here are some guidelines to thickness safety. If the ice is less than 8cm thick, avoid going out on it. It isn't safe. Once it has reached 10cm, it is safe enough for skating, skiing, walking, or ice fishing. If you are thinking about snowmobiling, the ice needs to be at least 12cm thick. That thickness is good for a single snowmobile or ATV. Anything larger should be kept onshore until the ice is much thicker. A minimum of 20cm is required before a small vehicle can be safely driven across the lake. Keep in mind that ice thickness is not a uniform thing. It may be 10cm thick in

one spot, but only 6 or 7 in another.

It is always good to take the previous week's weather into account before venturing out, as well. Snow acts as an insulator, which will warm the ice and weaken it, so if you have an area you like to frequent, clearing it as soon as possible after a snow event is a good idea. Contrary to popular



belief, cold snaps are not good for ice. They actually weaken it. If the ice is cloudy, it is likely to have soft spots that will make it more dangerous. Only venture out on clear, thick ice.

When planning a trip to your local lake this winter, it is always a good idea to have a few extra things with you, just in case. Warm blankets, an extra hat and mitts (not gloves), as well as an extra pair of socks are good to have on hand. If you are snowmobiling, a waterproof suit or PDF is

a good idea. A throw rope that you know how to use can mean the difference between life and death if someone falls through a thin spot on the ice. And, finally, an ice pick. One that is small enough to fit into your pocket so it will be within reach if necessary. Should someone break through the ice, getting them warm and dry as

spread yourself out across the surface of the ice, the less likely you are to break it further. Roll yourself away from the break until you are sure you are back on thick ice.

Should someone else fall through, you will need to stay calm and think the situation over. Do not run up to the hole, as you will increase the chances of falling through yourself. Find something you can throw to the submerged person, preferably a proper throw rope. If you don't have a throw rope, improvise. A set of jumper cables, a ski, a good sized branch, can all be a lifeline to safety. If you are unable to rescue the person immediately, call 911.

Once you have rescued the person, getting them dry and warm is vital. Once a person falls through the ice, they have about 10 minutes to get out and start warming up before hypothermia starts to take hold. Getting them out of their wet clothes should be the first priority. A good winter hat on their head will help their body conserve heat; as will mitts and dry socks. The extremities are the first to develop frostbite in this situation. Wrap them in blankets and get them to a vehicle as soon as possible.

With just a little preparation and some knowledge, our local lakes can be a fantastic, and inexpensive, place to get some exercise and have some fun with friends and family this winter.



NEWS & VIEWS

from the desk of
Bruce Holland

HAPPY NEW YEAR
The Spryfield Business Commission wishes you all a very happy new year, full of peace and prosperity. We look forward to helping strengthen and grow our business community in 2020.

WORKPLACE EDUCATION
The SBC is proud to offer two Workplace Education Programs this winter, in partnership with the Department of Labour and Advanced Education:
- **WordPress II**
Starting Tuesday, January 14th, 2020, 9:00 am – 12:30 pm and running for 11 weeks, join instructor Jeff Brown at the Spryfield Business Commission Training Centre, located at the Royal Bank Building, 339 Herring Cove Road, Suite 211. The learning outcomes include, but are not limited to, mastering Gutenberg and theme functionality, developing strategies for page and post building to improve position in search, understanding working with Google, working with video to influence visitors to your site, and much more.
- **Digital Marketing II**
Instructor: Zoran Jokic.
Starting Wednesday, January 22nd, 2020, 1:00 pm – 4:30 pm and running for 11 weeks, join instructor Zoran Jokic at the Spryfield Business Commission Training Centre, Royal Bank Building, 339 Herring Cove Road, Suite 211. The learning outcomes include, but are not limited to, defining a Social Media Strategy that works for your business, Facebook campaigns that work, Facebook Business Manager, Hubspot to record your leads, Linked In Ads, Hootsuite to manage your social media effort, and much more.
These free 40 hour courses are available to anyone who is employed, self-employed, or a business owner. Contact Bruce at 902-452-7472 today to reserve your spot. You can also let us know what programs you'd

like to see offered in future!

CBDC BLUE WATER
CBDC Blue Water's Business Development Officer continues to be in the offices of the Spryfield Business Commission every Thursday from 9:30 a.m. to 3:30 p.m. CBDC helps small businesses obtain financial assistance, technical assistance, business counselling, development and training. Book your appointment with Alayne Jackson by phoning 902-889-7523.

RURAL BUS SERVICE UPDATE
As the result of our application being approved by the Province to go ahead with a "Pre-implementation Project" a public meeting was held on Thursday, December 12th at 7 pm at the Ketch Harbour Community Hall. The proposed Business Plan was presented and reviewed by those in attendance. There was lots of discussion and for the most part the plan seemed to be well received.
The pre-implementation project allows us to issue a "Request for Proposals" (RFP) to companies who may be interested in contracting with us to run the bus. The RFP will be issued in the new year so we can get prices from the private sector to run the bus. After the pre-implementation project is complete we can then apply for the funding to actually put the bus on the road.
We still need members of the general public to sit on a steering committee that will eventually take over the management/operation of the Rural Bus from the Spryfield Business Commission. If this is something that interests you, please give me a call or send me an e-mail.
We will continue to share the progress on this project as it unfolds.
As this new year unfolds, we look forward to helping strengthen and grow our business community.





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Hosted By:

Erin Jennings
Owner & Managing Director
J. Albert Walker Funeral Home

Teresa Lockwood
Pre Planning & Final Expense Specialist
Assurant Life of Canada/Purple Shield

Ann Ragbir, MBA, CFP
Investment & Wealth Advisor
RBC Dominion Securities

DATE:
Sunday January 26th, 2020

TIME:
1:00 p.m. – 2:30 p.m.
Refreshments & hors-d'oeuvres included

LOCATION:
Chocolate Lake Hotel, Lakeview Ballroom
250 St. Margaret's Bay Road, Halifax, NS

RSVP:
Attendance is complimentary, but seating is limited. Please call 902 421 4017 or alternatively email jawalker149@gmail.com to reserve your seats.





Lights Around the Loop Christmas 2019

Photos by Brendan Maguire



LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Albert McNaught Webster

Age 91 of Halifax, passed away at his home in Spryfield on Wednesday, December 4, 2019. It is with broken hearts that we say goodbye to our precious father. He has been the foundation of our family throughout his life, and we will suffer his loss for the remainder of ours. Bert was born in Halifax to the late Albert and Clara Webster, on February 29, 1928, making him a leap year baby. Having only 22 actual birthdays gave him one more excuse to remain young at heart. He was always a go-getter and never slowed down. We were proud to say that our father was a firefighter. He worked for DND at Halifax Dockyard until he retired to the Pin-Hi Golf Course where he spent some of his favorite hours. Dad put his heart and soul into maintaining our MacQuilkin homestead in Chimney Corner, Cape Breton, a true legacy to his children and an expression of his love for his wife, Jean, who cherished her Scottish heritage. It became a place for the two of them to enjoy their summers, until her death in 2007. He has left behind generations of children, grandchildren and great grandchildren, who have all been touched by his loving and generous heart. He was a role model for each and every one of us. Bert was a brother to Frances MacDonald,

Wendall, Mary and Laurie, all deceased. He married Jean (MacQuilkin) in 1952, and they raised eight children in their home that they built in 1956: Adele, Robert (Susan), Janine Seymour, David (Jean), Tom, Joanne Laird, deceased, Tim (Darlene), and Howard, deceased. He welcomed 14 grandchildren and was delighted as he met each of his 17 great grandchildren. To place words of comfort and condolence, you may visit www.walkerfh.com

Raymond Edward Wilkie

(December 1931 – December 2019), It is with great sadness that we announce the death of Raymond Edward Wilkie. Raymond was the son of the late Gerald and Gladys Wilkie. He was the devoted and loving husband of Mary for 66 years; the fun and loving Dad to his six children Robert (Teresa), Randall (Pamela), Philip (Jennifer), Susan (Robert), Bruce, Paul (Karen) and daughter-in-law Shelly. He was a much loved Granddad to Mary-Clare (Christian), Patrick, Sarah, Gregory (Suzanne), Selena (Clint), Samantha (Nick), Ian, Alana, Brian, Matthew, Julia, Suzanne, Nicholas, Vincent (Vanna), and Samantha (Geoff), and great-grandfather to Tremaine, Terrell, Asiah, and Grayson. Raymond was a tease even when life was challenging, and his warm sense of humour was a wonderful gift to all who knew him. He is survived by many nieces and nephews; sisters and brothers-in-law, many of whom were a full part of his life. Raymond was the last surviving member of his family, and was predeceased by brother Gerald, sister Shirley, and loving daughter-in-law Laura. Raymond was involved in his church, serving his parish of Emmanuel several times as Warden and Chair of various committees. In the community, he was a leader for many years with the Scouting movement, volunteered with Meals on Wheels, and the Salvation Army, and found time to serve in the Reserve Army. Raymond spent many years involved in the Masonic Order, recently receiving his 60-year membership pin from the Keith Lodge Worshipful Master. He was also a member of the Scottish Rite and a 33rd degree Mason. Raymond was a lover of nature and an avid woodsman; with a passion for trout fishing with his father, family and friends. Over the years, Peter's Lake and Pitch Pine Lake became his favourite fishing spots. Another joy of his was taking his family camping, and when the children were older, going to the cottage he built at Molega Lake. He and Mary loved having family and friends join them at their retreat. During quiet times he loved nothing better than to read a good book. He was especially passionate about history. Raymond began his career as an electrician with Carter and Smith working in the trade for 18 years, and then teaching for 24 years at NS Institute of Technology. He was a much loved and respected teacher,

and former students that he met over the years would thank him for what he had done to prepare them for their careers. Raymond was also a 'jack of all trades' building two houses, and a family cottage. He loved the challenge of upgrading and renovating his own home as well as helping his children with theirs. All of them learned these skills thanks to his fine example. Raymond was a dedicated sports fan, cheering for the Toronto Maple Leafs and Blue Jays, regardless of their standing. He loved bowling, golf, badminton, dancing, and skating, and he and Mary skated and danced into their late years. The family wish to thank Dr. Howard Conter, Dr. Dana Farina, and Dr. David Bell for their excellent care over the years, and the Palliative Care Team, especially Meghan and Dr. Kruger-Naud, for their help and home care. We especially want to thank Hospice Halifax and their marvelous staff who took such great care of Raymond during his final months. Memorial donations can be made to Emmanuel Anglican Church, Spryfield, Souls Harbour Rescue Mission, or Hospice Halifax. Words of comfort and condolence can

be sent to the family by visiting www.walkerfh.com.

Daniel William MacDonald

Age 87, Spryfield, passed away peacefully on December 16, 2019 surrounded by his loving family at the QEII Halifax Infirmity site. Mr. MacDonald was a teacher and vice principal with the HRSB for 35 years. He is survived by his loving wife of 62 years, Margaret "Virginia" MacDonald; son, Paul (Andrea) MacDonald; daughter, Jane (Scott) Stevens; grandchildren, Jordan Ash, Nadine MacDonald; twin granddaughters, Jennifer and Nicole MacDonald; sister-in-law, Colette MacDonald; brothers-in-law, Gerald (Barbara) MacDonald, Clyde Macdonald; several nieces and nephews. Predeceased by his parents, John and Margaret MacDonald; brothers, Ranald, Leo; sisters, Margie, Rosie. In lieu of flowers donations in Mr. MacDonald's memory can be sent to Clyde Macdonald, secretary treasurer of the Sunny Brae War Memorial Society, at 140 Temperance St., New Glasgow, B2H 3A7. Messages of condolence may be left on her tribute wall by visiting www.walkerfh.com.



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Chebucto News

Sports Page

Meet your Spryfield Attack hockey team's top scoring players, Captain and Alternate Captain



#10 Captain Dylan Brown, 21, calls Sackville his hometown and has been with the Attack since the 2017-2018 season.

Previously, he was a member of the Sackville Flyers' Hockey team. He plays both right wing and defense for the Attack. As of the end of 2019, his stats are 13 goals, and 21 assists for a total of 34 points in 17 games. Dylan leads the league in scoring. He has also drawn 44 penalty minutes so far this season.



#4 Alternate Captain Connor LeBlanc, 20, comes from Spryfield and plays right defense for the

Attack. His current stats are 1 goal and 3 assists in 10 games. He is familiar with the penalty box having spent 58 minutes of his 10 games sitting in it.



#14 Michael Murphy, 21, of Spryfield plays forward for the Attack. Prior to joining the Attack in 2017, he played for the

Metro Jaguars. Currently, he is the second place player for this team with 18 goals, and 7 assists for a total of 25 points in 16 games. Murphy has managed to rack up 73 penalty minutes in his 16 games this season.



#22 Tyler Bezanson, 20, originally from Sackville, plays defense these days for the Attack. After 15 games this season, his

stats are 14 goals, and 10 assists for a total of 24 points. With only 24 penalty minutes, it is obvious he is more interested in scoring goal than sitting in the penalty box.



#20 Alex King, 20, calls Hammonds Plains his hometown. Formerly a member of the Liverpool Privateers, this Forward is a

welcome new addition to the Attack. In 15 games, he has scored 7 goals and 15 assists for a total of 22 points.

A future candidate for the Lady Byng award, he has only spent a total of 20 minutes in the penalty box.



#17 Michael McDonald, 19, is another new addition to the roster, having spent his previous ice time with the

Citadel High School team. He has played 16 games with the Attack so far and has earned a total of 19 points spread between 7 goals and 12 assists. Michael leads all rookies in the league in scoring. With only 4 penalty minutes, it is obvious his focus is on scoring.



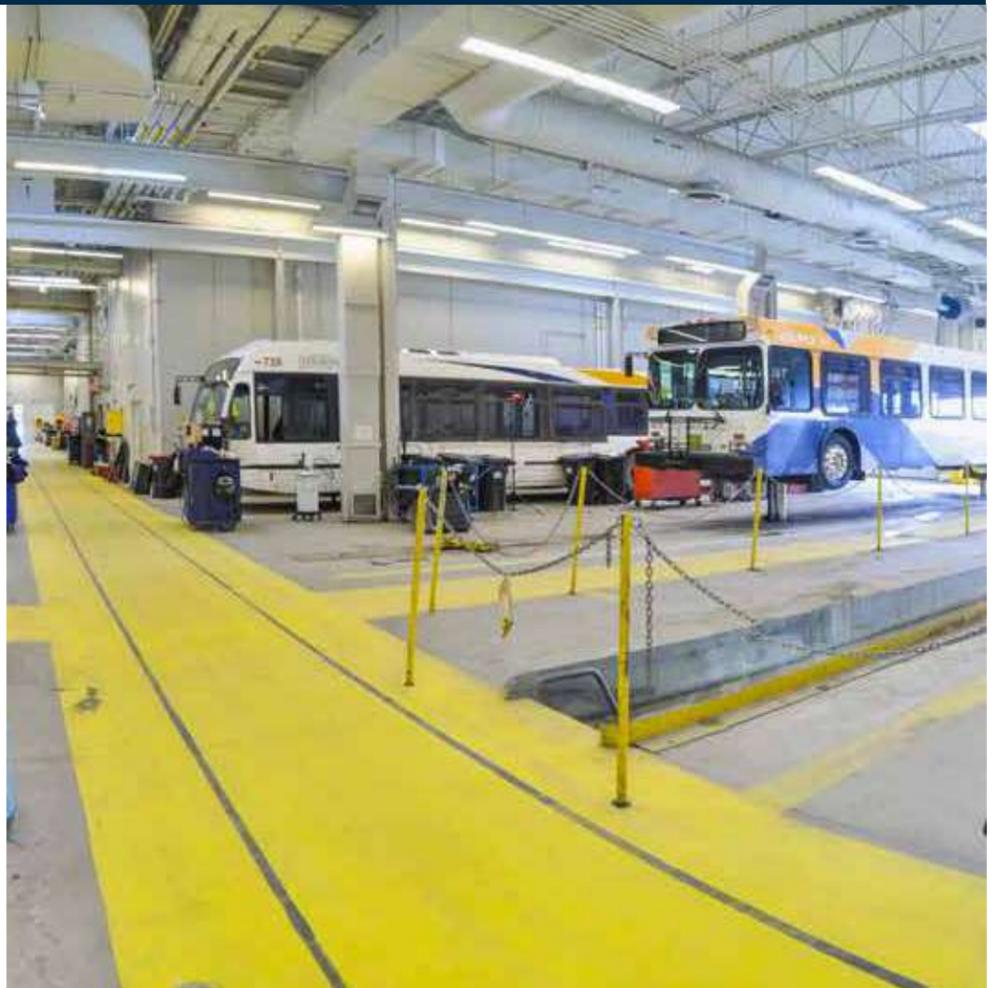
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WE CARE

Shannon Park will not host proposed stadium

by Stephen Adams, HRM Councillor, District 11

On December 10, Council approved a motion to authorize the CAO to negotiate an agreement to provide for a one-time contribution of \$20M towards the cost of construction of a community stadium to be payable upon substantial completion of construction. This contribution is contingent on a number of conditions. (This has been sent to the province for their consideration. If the province agrees with the request(s) of the group, this will come back to Council in 2020 for a final decision.)

This is a one-time payment of \$20 million. The contribution will be paid upon substantial completion of the stadium. That means that no up-front money will be spent. The stadium group will not be given any prepayment of money, so that in order to collect, a facility must be in place. This money is available in the Strategic Capital Reserve, which has a balance of approximately \$39 million. Staff has been clear in all discussions that HRM will not take any financial, construction and/or operational risks, nor will we have any ownership stake, debt guarantees or participation in any additional capital or operating costs. In addition to these conditions, HRM will have a say on the stadium site. To be clear, Shannon Park will not host the stadium.

As well, the stadium will generate property tax of approximately \$8.7M -\$28.7M over a 10-20 year period.

Much has been said that this will adversely affect existing projects. On two separate occasions, in open Council, I asked our CAO, Jacques Dube, what would be the impact on our capital projects. The answer, in both cases, was, "There will be no adverse effect". This payment will not have any negative impact on our day-to-day operations. Snow removal (which has been suspect, to date), road maintenance, and other operational activities will not be impacted.

Other concerns raised were, "Wouldn't this \$20 million be better spent on health care, housing, the doctor shortage, ER closures or nursing homes?" HRM does not fund any of these initiatives. As such, there would be no impact, positive or negative.

With December, comes the overnight parking ban. The parking ban is in effect from December 15 until March 31. When enforced, you are prohibited from parking on the street from 1:00 am to 6:00 am. There has been some confusion with regard to the wording. Perhaps the following will offer some clarity:

On a daily basis, when the weather is good, it is legal to park overnight on the streets and roads. However, when a significant weather event is in the forecast, HRM will enforce the ban. Notifications are generally available via our local radio stations, and some residents share this on social media. If you would like to get direct notifications, please go to halifax.ca and

search under parking ban. You can sign up there.

There is a caveat to our ban. Regardless of the status of an overnight winter parking ban, or whether you have received a notification, vehicles can be towed any time during the day or night, any day of the year, if they are interfering with snow-clearing operations, as per Section 139 of the Nova Scotia Motor Vehicle Act. This means that if there is a storm during the day, and a vehicle is impeding snow removal, you could get a ticket.

The necessary repairs have been completed on the bridge at Powers Drive and it is now open to traffic.

Earlier in the Fall, I met on site with our Recreation staff at Hartlen playground. We discussed some possible improvements and agreed to follow-up. In early January, we will hold an additional on-site meeting to discuss logistics and improvements.

On November 10, 3 parcels of land behind Governor's Brook and abutting Colpitt Lake Road was listed for sale. Concerns have been raised as to what may happen with respect to additional development, if this land is sold. I am waiting on additional details from our staff; however, here is what I have to date.

The 100 acre parcel is Urban Reserve (UR), which means that only one house would be permitted to be built on the lot. No additional building would be allowed. This zoning may

be revisited by Council in 2013, to determine if any changes may be considered. The 27 acre parcel is zoned UR and Residential Development District (RDD). RDD allows for both R-1 and R-2 uses, which are considered through a development agreement. This process utilizes extensive public input and a public hearing to approve any changes. This can take anywhere from 2-5 years. The 9.75 acre parcel has a preliminary plan available. However, our staff have not been able to locate any applications for development.

Additional perspective may be helpful. From a builder's and developer's perspective, Governors' Brook has been very successful. These lands are in the general vicinity, and would very likely share the same success. If there was any potential for these lands, they would certainly be developed; or would be in the process to consider development.

In the run of a week, I get messages in all forms. Emails, phone calls, texts, Facebook posts, Facebook messages and private Facebook messages. Due to the volume of various messages, at times it can be difficult to ensure that I see them all. This best way to address issues is to call 3-1-1 and send me the reference number. Email is also a good way to communicate. My email address is adamss@halifax.ca

I wish everyone the very best 2020 has to offer.

COMMUNITY EVENTS

(continued from page 14)

- **Nursing History Nova Scotia** meets every third Wednesday of the month at 1 pm. Tel: Edie @ 902-435-1475 for more information and details if this is of interest to you.

- **Community Connections 55+** welcomes you to a monthly get-together the 3rd Tuesday of the month, 1:00 to 2:30 pm at the Spryfield Legion, to do a different activity each month and socialize with others.

- **Urban Farm Museum Society of Spryfield** Our next Board meeting will be on January 13, 2020 at 7pm Come and join us at the Captain William Spry Centre to find out about the upcoming season.

Note: Church Service notifications are listed separately on page 5.



Check our Facebook page for late arriving events and changes or updates to listed events



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The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

Happy New Year to everyone! I hope the holidays have offered a chance for you to rest and reset for 2020. I wish you all the best, and look forward to continuing to work hard to represent the people of Halifax Armdale and to help move our province forward.

I want to also extend my thanks to everyone who hosted or helped out with a holiday event this year. I was truly fortunate to get to take part in so many Christmas and holiday celebrations this year, and each one was special in its own way. From Christmas socials and dinners at the Melville residences and the New Players Choral Society's Christmas Show at St. Agnes, to Arborstone's Residents' Council Craft and Bake Sale and the Filipino Canadian Heritage Society's volunteer choir performance at Sir John Thompson Manor, there was so much holiday joy being spread by members of our community. I was very impressed by this year's production of 'Twas The Night Before Christmas by the residents of Melville Heights, as well as all the kids at Chebucto Heights Elementary School who put on a wonderful show entitled Season of Lights. As a reminder, the school is currently selling tickets on a gorgeous handmade blanket to raise funds for their garden. Tickets are on sale until March, and can be purchased by contacting the school.

Last month I was happy to join the Doctors Nova Scotia Healthy Tomorrow Foundation's AGM at the Canada Games Centre where we marked the 16th year of their marquee program, the Kids Run Club. Kids Run Club was started in 2004 as a free, school-based running program, and now reaches over 16,000 kids at 223 schools across the province. From day one, Springvale Elementary has taken part, with PE teacher John McGowan and, more recently, Primary teacher Lee Anne Webber working hard to get a great many kids involved. It was my pleasure to present a congratulatory certificate to John and Lee Anne, and to congratulate the Springvale school community for their ongoing success in the NSHA's Youth Running Series School Challenge. The

province recognizes the importance of initiatives like these, and I was pleased to see \$150,000 being granted by Nova Scotia to the Kids Run Club program so it can continue to expand and benefit our kids.

In other health-related news, several announcements over the last month promise to improve the care received by Nova Scotians. On access to prescriptions, the province is making \$9 million in investments to empower pharmacists to address the health needs of Nova Scotians. Through two new agreements with our pharmacists, the province will cover the costs of prescribing more medication and refilling certain prescriptions, while also moving to cover the fees charged to patients when accessing these services through a pharmacist. These changes will allow Nova Scotians greater access to birth control, and medication for urinary tract infections and shingles, as well as asthma inhalers and blood pressure medications. Our 1,300 pharmacists are vital members of our health care teams, and expanding the scope of their work is good for all Nova Scotians.

On long-term care, the province is also investing to better make use of existing facilities. At Melville Gardens in Armdale, the province is investing \$1.3 million to convert 30 unused residential care beds into nursing home beds. Demand for residential care beds has been decreasing as residents opt to stay in their own homes longer, so this conversion will allow a better use of our resources in support of older Nova Scotians. It is expected that the rooms will be ready for new residents early this year, after necessary enhancements are completed.

When it comes to health care infrastructure serving HRM, we've also had some good news recently with the official opening of the Gilfoy Wing of the Dartmouth General Hospital. This is a major milestone for the hospital, marking the completion of the new three-storey expansion. The new hospital wing includes eight new operating rooms, new clinical space with more exam and procedure rooms,

and a new space with state-of-the-art equipment for cleaning and sterilizing medical instruments.

Finally, we all know that Nova Scotia's 1,207 paramedics play a critical role in our health care system. That's why I was pleased to see the province announce a \$2.7 million investment to buy new power stretchers and power loaders for 62 of our ambulances. This will allow patients

to be lifted into ambulances with the push of a button, making it more comfortable for them and easier and safer for paramedics. Being a paramedic is a physically demanding job, and this investment recognizes that our health care professionals require proper supports to do their job safely.

I want to conclude by thanking you for your continued support, and wishing you the best in 2020.

Community pulls together to assist fire victims

by Brendan Maguire, MLA for Halifax Atlantic

Health care update:

This month, Government is committing 9 million dollars to cover the costs of making several services available through pharmacies across Nova Scotia, thus making them easier to access, including: birth control, UTI and shingles treatment, asthma inhalers and blood pressure medicines. Currently, patients are required to pay a fee when pharmacists provide these services. Come the new year, the government will be covering the cost, allowing more people to access these services.

This is great news for people in our communities.

Hurricane Dorian Relief Funds:

December 19, Government announced that it will open a Disaster Financial Assistance Program on Jan. 8, to help those who sustained property damage from Hurricane Dorian. The program will help individuals, small businesses, and not-for-profit organizations who have uninsurable claims, and municipalities with uninsured losses. The estimated damage cost to communities across Nova Scotia was \$11 million. Details on the program and where to apply will be provided on Jan. 8, at <https://beta.novascotia.ca/government/emergency-management-office>.

Spencer Ave Apartment fire update:

As most of you know there was a fire in a residential apartment building on Spencer Ave in Spryfield in December. I just wanted to take a minute to thank everyone who helped out in the aftermath, and let you all know how the residents are doing now.

When the fire broke out, The Red Cross arrived on site quickly to help with the essentials and Metro Transit provided a bus for the residents of the apartment building, to help keep them warm. Cristal Lea and Cluadette Ann Townsend-Conrad went above and beyond by providing coffee from McDonalds and sandwiches from Subway for the residents. Working with Community Services we were able to put the residents up in hotels, and food and other items were made available.

Housing Nova Scotia was also brought in to help find new apartments for the individuals impacted. At the time of this article being written most were in new homes or were on their way to settling in to their new homes.

I am proud of how quickly the community and government reacted to support these individuals. All of them have my personal cell phone and I

have been in contact with them almost daily to make sure they get what they need to get back on their feet.

Harriestfield C&D site update:

As I type this, the leachate is being pumped out of the cell and cleaned. This is a process that is going to take many months to complete. All buildings and structures will be removed from the site and a tender for this will go out in the new year. A pest control company has been hired to be on site during the entire project. Upon completion, trees will be planted to green and reforest the area. The project is on schedule for a summer 2020 completion date.

Potable Water:

This past month Government announced that it will be providing drinking water to 324 public schools in January, until lead testing in all schools can be completed. These include 284 schools not yet tested for lead and 40 schools which have been tested and require drinking water.

Health Canada recently lowered the acceptable level of lead in drinking water and introduced new testing guidelines. The guidelines indicate the testing can only be done in warmer weather. Testing began in Nova Scotia schools in fall 2019 and will resume in spring 2020, with the goal of having all schools tested by the end of the current school year.

This past month the Spryfield Urban Farm recognized individuals who helped make the farm a reality.

I would also like to extend my thanks to these wonderful people by recognizing them here: Janet, Mary, Donna, Marjorie, Pat, Michele Raymond and of course Stephen Adams. Thank you, also, to the hundreds of volunteers who make the Urban Farm a gem of our community.

A big shout out goes to Harper and Chloe Hunt who dropped by the office last month to donate some toys for kids in our community. Catherine and Billy Hunt, you have raised two exceptional young ladies.

Finally, a quick reminder that the winter parking ban goes into effect every year from Dec. 15 to March 31. When it is enforced, the ban goes from 1 a.m. to 6 a.m. and requires people to find off-street parking for their vehicles.

Happy 2020 and I hope this year is better than the last!

See you out there

Proud to be your MLA

Brendan Maguire



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All the Best in 2020!

Meilleurs vœux pour la
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Armdale ♦ Fleming Heights ♦ Cowie Hill ♦ Fairmount ♦ Kline Heights ♦ Regatta Point
Melville Cove ♦ Stanley Park ♦ Long Lake Village

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR JANUARY

Community Health Team (16 Dentith Rd) events:

Free Health Programs for January:

- Take Charge of Your Stress – 4 week program: Thursdays, January 9 – 30 from 10:00am-Noon at the Community Wellness Centre, Spryfield
- Personal Wellness Profile: Wednesday, January 29 from 8:30-11:30am at the Community Wellness Centre, Spryfield
- Discovering Your Best Weight – 4 week program Wednesdays, January 15 to February 5 from 2:00-4:00pm at the Community Wellness Centre, Spryfield To register, call 902-460-4560 or go to www.communityhealthteams.ca

Earl Francis Spryfield Memorial Legion (7 Sussex Street) Events:

- Bingo every Sunday 1pm. Doors open 12pm
- Chase the Ace: every Wednesday. 5 to 7pm. In partnership with Young at Heart Club. Open to the public.

Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd) Call Wed. Pick up Thurs between 9:30am and 10:30am. 902-477-1954
- St. Paul's Family Resource Institute (173 Old Sambro Rd). Call Mon/Tues. Pick up Wed between 10am and 12pm. 902-477-5090.
- Greystone Food Bank; Call in Monday and Tuesday, 902-477-5090. Pick up at 9 Cranberry Court, Wednesday at 1:30

Free meals for those in need:

- **Mondays:** – Mobile Soup Kitchen 7pm Bread of Life Ministries (McIntosh St. & 500 Block of Herring Cove Rd)
- **Wednesdays:** – 2nd Wednesday of the month, Spry Café 5:30pm at the Chebucto Family Centre (3 Sylvia Ave). Call 902-479-3031 ext 302. Registration required.
- Salvation Army offers continental breakfast during the week and a full breakfast on Thursday mornings.

Harrietsfield/Williamstown Community Centre (1138 Old Sambro Road) Events:

- We are currently looking for volunteers. If you are able to volunteer for a couple of hours a month at our various events please contact Natasha at 902-293-7427
- For any rentals for private events contact Natasha at 902-293-7427
- Sparks, Brownies Monday nights

Quarter Note Singers (Captain Spry Centre) Events:

- JOIN THE CHOIR! You'll Be Glad You Did! The Quarter Note Singers is a mixed adult community choir that has been making music for over a decade at the Capt. William Spry Community Centre. Singers of all levels are welcome; there is no audition. Please contact Mary Jo

Mackintosh at 902-423-5636 for more info.

Rotary Club of Halifax North West (Smitty's Restaurant at 362 Lacewood Drive in Clayton Park.) Events:

- Retired? Bored? Check out our club! We are known for the Toonies for Change 50/50 draw in Spryfield, which benefits eight charities in the Spryfield area, but we also support other local causes as well as international projects. To meet great community-minded people and to get involved, join us for lunch any Tuesday at 1200 noon. For more information call Roger Chiasson (902-445-5905) or go to www.rotary-clubhalifaxnw.ca

Spryfield Lions Club (111 Drysdale Road) Events:

- Every Wednesday at 1pm. BINGO! In the rec centre. Come have fun, make friends and support a great organization.
- Spryfield Lions Club meet every 2nd and 4th Tuesday of the month, 7 pm at the upstairs den of the Spryfield Lions Rink. 111 Drysdale Road. Anyone interested is encouraged to sit in on a meeting, meet some great people and see how you can help your community. For additional information, please call 902-475-1878
- Spryfield Lions also collect hearing aids, CPAC machines and glasses for refurbishment and distribution. Items can be dropped off at regular bi-monthly meetings or our weekly bingo at the Rec Centre.

Pond Playhouse (6 Parkill Rd, Spryfield) events:

- TAG will be presenting Dracula – The Bloody Truth beginning March 19th and running until April 4th. Check out their website for all the details.
- Trivia Night @ TAG Saturday, January 18, 2020, 7:00 pm
- Pay What You Can (suggested donation of \$10.00 per person)
- Back by popular demand! Join us in the TAG lobby for an evening of trivia and friendly competition. Three rounds of Trivia. Form a team of 4 to 6 people or join a team on the night of the event. (Maximum of 30 people). There will be a cash bar and light refreshments. Please sign up by emailing us at president@tagtheatre.com no later than January 15, 2020.

Forever Young Seniors' Club (212 Herring Cove Rd):

- Crib every Thursday at 1:30pm
- Darts every Thursday at 7pm.
- Chase the Ace: Every Wednesday. 5pm to 7pm. In partnership with Spryfield Legion 152. Open to the public

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

902 477-1783, website emmanuelanglicanchurch.net

- Prayer Group meets on Thursday, January 9 and 23, at 1:00 pm in the church basement (Use the side door). All are welcome to join us.
- Our hall is available for rentals. Call 902-477-1783 and leave a message.
- Food Bank is open every week. Please call ahead at 902-477-1954 to arrange for help.

Salvation Army (328 Herring Cove Rd) Events:

- Tuesday afternoons at 2:00 pm we have a time of prayer and cell group ministry.
- Sewing Club is on Mondays 9 am to 1 pm.
- Kid's Club is every Thursday at 3:30 pm until 4:30 pm
- Baby Song is Wednesday at 9:30-1100 am.
- Ladies Fellowship is on the 2nd Thursday of the Month at 2:00pm

St. James Anglican Church (2668 Joseph Howe Drive – at the Armdale Rotary) events:

- Meeting space is available for rent. Please contact Sarah-Jane at 902 477-4106

St. James United Church, Sambro (3811 Old Sambro Road) Events:

- Fri Jan 17th at 12noon. Soup Lunch. Cost by donation.

St. Michael's Church (14 St. Michael's Avenue, Spryfield) Events:

- Bingo! Every Friday in January. Doors open at 5:30pm. Mini game starts at 6:30pm and regular games begin at 7pm. 50/50 draw, canteen, and more!
- Playgroup every Tuesday morning at 9am.

St Paul's United Church (173 Old Sambro Road) Events:

- Recycling on the 3rd Saturday of the month. Drop off between 10am and 1pm. Or, call Elaine at 477-2376 to have them picked up
- Residents will be able to fill up water jugs inside the church kitchen Tues to Fri 9 to 3pm.

Spryfield Christian Community Church (91 Thornhill Drive) Events:

- Community room is available for rent on Tuesday and Wednesday evenings and daytime Monday through Friday! Includes access to kitchen, bathrooms, storage, and parking. Please contact Rev. Pauline Coffin at 902-477-4099 email: sccc@gmail.ca, facebook: Spryfield Christian Community
- Chimo Taekwondo Club. Training: Monday, Thursday @ 6:30 Saturday @10:30 am

Other Events and Notices:

- Hand in Hand (440 Herring Cove Road)

which is operated by the St Vincent de Paul Society: Monday to Friday 9:30am to 4:30pm. Saturday 10am to 5pm and Closed on Sundays.

- **Girl Guides of Canada** We are in desperate need of leaders. If you can give of your time and have an interest in seeing girls succeed in life, please contact us at NS-HarboursideAC@girlguides.ca. Toll Free Phone: 1-800-565-8111. Office in Halifax: 902-423-3735 Website to Volunteer: www.girlguides.ca/volunteernow

• Harrietsfield Williamstown Residents:

For those Harrietsfield residents who get water at St. Paul's, note the change in time. When the cold weather sets in the outside tap will be turned off at St. Paul's Church. Residents will be able to fill up water jugs inside the church kitchen Tues to Fri 9 to 3pm.

- **3rd Spryfield Cub Pack** (ages 8 to 10) and **Scout Troop** (ages 11 to 14) are looking for new members! We meet at 7pm every Wednesday night at St. Paul's United Church on Old Sambro Road. Contact Robyn Parsons (902-477-1090) or Dan Drabble (902-477-2657) for more info or visit www.scouts.ca.

- Join **Chebucto Family Centre** at Freeman's Fairview every Thursday from 6-8 pm for Chase the Ace! More details online at www.facebook.com/ChebuctoFamilyCentre

- **Chebucto Family Centre** is seeking board members who are passionate about community and families. More details and posting are available on their website, www.HomeOfTheGuardianAngel.ca/board-of-directors

- The future is calling! **The Halifax Community Learning Network** offers FREE tutoring and GED classes for adults at the Captain William Spry Community Centre.

If you wish to learn in a relaxed and friendly setting and work toward the GED high school equivalency test, please call 422-7648 or 490-5715. You can get your GED!

- **Women's Choir Seeking New Members:** Do you like to sing? Looking for an easy going outlet for musical stimulation? Then join the Sorella Singers choir! You don't have to read music, but do need to sing in tune. Practice: Tuesday evenings, 7:15-8:45pm, location: Melville Cove area. For more information or to ask about trying us out for a week, call director Shirley at 902-405-8333.

- **Lion's Rink** offers a seniors' public skate Tuesdays and Thursdays 10am to noon, \$2 admission.

(See Community Events on page 12)

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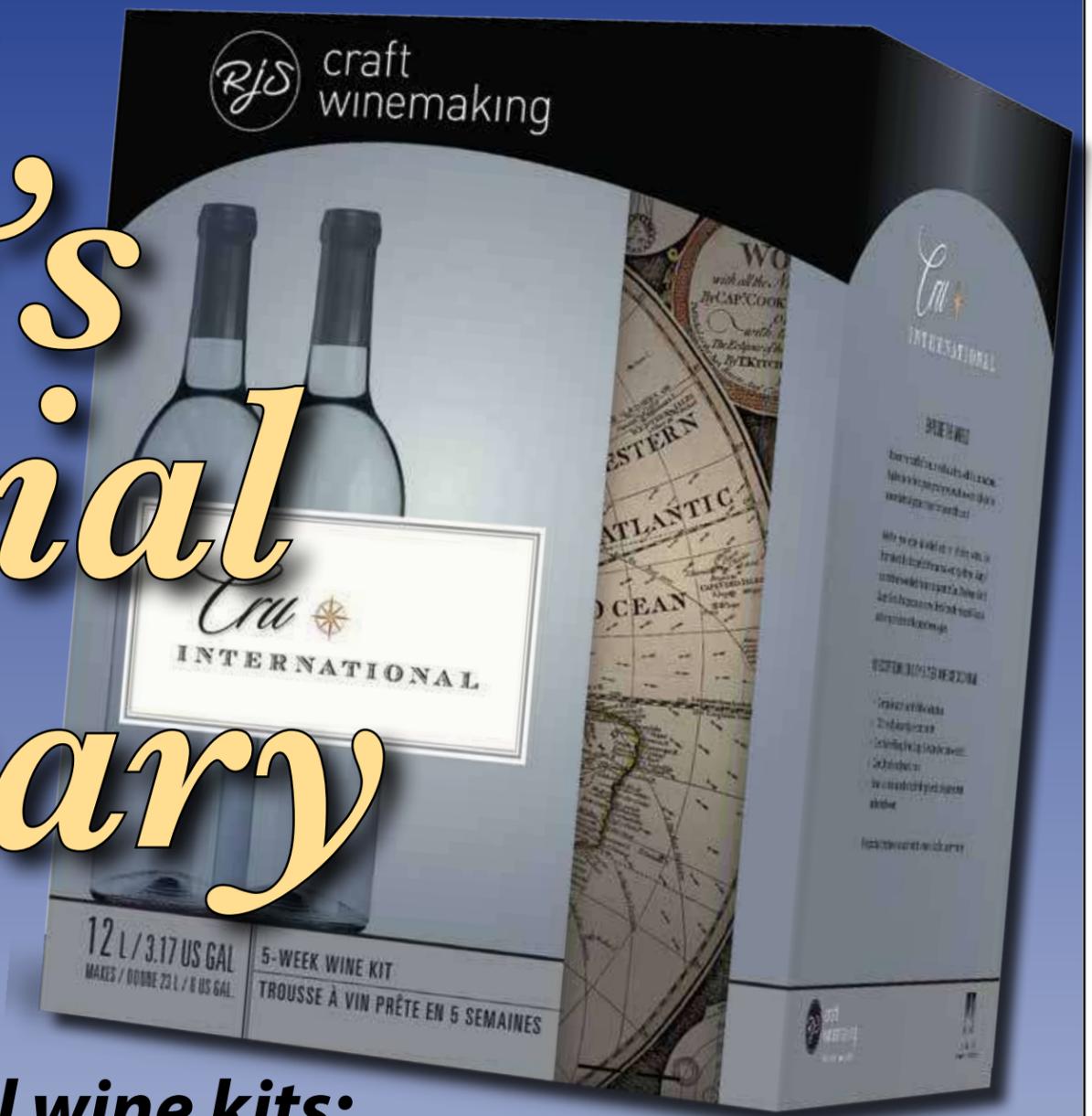
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