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Chebucto News

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Trick or Eat a success!



JL Students' Council Executive Members (left to right) Breagh Langille, Jessica Norman, and Anna Jericho at the JL Ilsley Trick or Eat Campaign"



by Jessica Norman

The coronavirus pandemic has prevented many things this year, but was unable to hinder the spirit of volunteerism for a group of JL Ilsley students this Halloween. Led by this year's organizer, Jessica Norman, a dedicated group of twenty three student volunteers set out to the sidewalks on the evening of October 31st, ready and excited to participate in JL's annual Trick or Eat Food Drive.

Trick Or Eat is an annual fundraising event in which students collect food donations in a door-to-door fashion. All student participants wore non-medical face coverings, and all food donations were collected in a contactless manner. The dispersion of the small groups allowed for a wide radius of homes to be included in the event, with almost every home in the area offering generous donations. Many students went as far as to don creative Halloween costumes, including various pop culture references. In spite of complications due to the virus, this year's event proved just as fruitful as previous iterations. Collected in smaller teams of volunteers, the final yield was four car-loads of non-perishable food donations. All proceeds were taken to the Chebucto Family Centre directly after the event, and were left to quarantine over the weekend.

In reflection, the JL Ilsley Students' Council is incredibly proud of the great success this event turned out to be. Each and every participating student would like to offer their greatest thanks to all those who supported this wonderful Halloween initiative. In a year of unfortunate disappointments, this event was a shining success for the JL Ilsley community, and will be remembered by participants for years to come.

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“Toonies For Change is back”

Toonies for Change (TfC), the weekly 50/50 draw operated by the Rotary Club of Halifax North West, had to interrupt its weekly draws in mid-March amid COVID-19 restrictions. The handling of hundreds of Toonies and the gathering of several people without social distancing made it impossible to comply with new Provincial regulations enacted to prevent the spread of the deadly virus. The interruption caused considerable frustration on the part of the Rotary service club since the loss of revenue meant that TfC could no longer support the worthy charities and not-for-profits in Spryfield and the local areas.

Meanwhile, the TfC team looked at options by which weekly draws could be re-launched. The team applied for and was granted a licence to operate the draw online. The first online draw will be held on 8 December.

Online operations will obviate the need for cash transactions and weekly gathering of several volunteers since players will claim their profiles and prepay for the weekly draws with the use of a secure online payment application, by credit or debit card. Unfortunately, the online approach will preclude registered players without email addresses from playing, but the convenience of playing online from the comfort of home should attract greater player participation. Also, new players can join the draw by going to the www.tooniesforchange.com website. The process involves “manual” registration, after which the new player can log on to the online platform, claim their profile, and play.

The Provincial licence, as before,

requires players to maintain Nova Scotia residence. However, the online licence does not allow weekly prizes to roll over. The draw will guarantee a winner every week. In the past the larger prizes generated by rollovers have attracted greater participation rates, but the TfC team has heard anecdotally from several players who prefer forced weekly draws in order to “spread the wealth” among more players. That said, as a result of several rollovers prior to the interruption, the

Sammy says

Last month I wrote about the Sambro Ketch Harbour Elementary School’s (“SKHES”) quest for a new playground and greenspace.

The Sambro Area Community Association (“SACA”) held a 50/50 draw which raised a jackpot of \$5,100, and donated their half the funds to the school.

The school’s Christmas wreath fundraiser will bring in over \$2,000.

The Sambro Island Lighthouse Heritage Society (“SILHS”) is raffling off a print, with the proceeds to go to the school.

Photographer and SKHES alumnus and Geoffrey Howard self-published a photobook entitled “Sambro: The Ocean Playground’s Ocean Playground”, with images of Sambro and the surrounding area. He’ll be donating \$5 from the sale of each book to the school for their playground fund. Books are \$20 each and are in limited supply. Contact Geoffrey.Howard@dal.ca or phone 902-210-5280. You can see his work on Instagram @geo.

first online draw is for over \$6000.

The Rotary Club of Halifax North West wishes to thank the volunteers, vendors and beneficiaries for their tremendous support throughout the first 6 years of Toonies for Change, and hope the re-launch through an online platform will continue the great legacy of their support to the local community.

More information is available at www.tooniesforchange.com.



fry.photo or his website at www.geofryphoto.com.

Local businessman Douglas Coll and his wife Brooke Hatton-Call have put out the call to find other like-minded local business people to make a tax deductible donation to ensure the school can get started on their plans as soon as possible.

At this point, the aim is to break ground in the spring. Want to help the school create a safe, inclusive space with a donation of money, materials or time, just call 902-868-2717 or email ses@hrce.ca.

Sammy Sambro is SACA’s mischievous mascot. You can follow him on Twitter, Instagram and Facebook.

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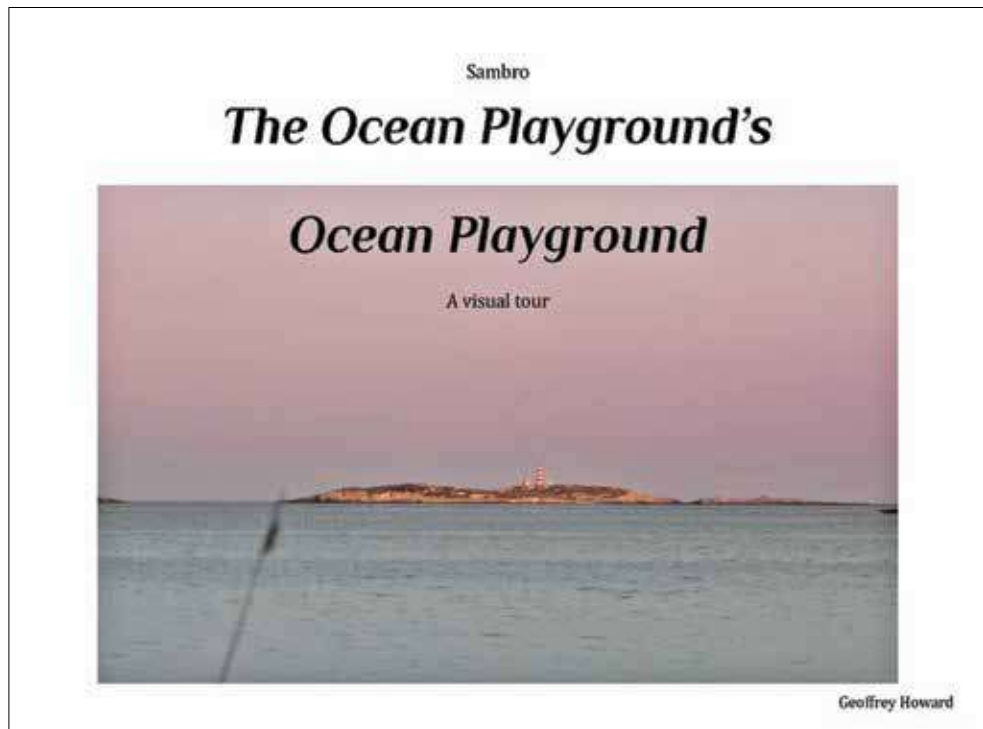
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Local photographer publishes book of Sambro images just in time for Christmas giving



by Lorrie Boylen

Are you looking for a great Christmas gift with a local flavour? 21 year old photographer Geoffrey Howard's self-published photobook entitled "Sambro: The Ocean Playground's Ocean Playground" could be just what you're looking for, with 40-50 images which capture the essence and true natural beauty of the community. They're available for just \$20 each, with \$5 from each book being donated to the Sambro Ketch Harbour Elementary School's new playground.

Geoffrey has lived in West Pennant his whole life. He's in his fourth and final year of Marketing at Dalhousie

University. He works as the visual editor for the oldest campus newspaper in North America, the Dalhousie Gazette, and operates his photography business on the side. His interest in photography began in 2016 when he was considering buying a new phone and made the life changing decision to buy a camera instead.

The book was a more recent idea that came to him as he was meditating. He's been documenting Sambro through photos for the past 4 years without a set theme or purpose other than creating beautiful photos. Now this project has a theme and purpose behind it.

Geoffrey was a student at Sambro School for 7 years. He has great memories of playing on that playground. When he noticed a post on Facebook that the Sambro Area Community Association (SACA) raised \$5,100 and donated their share of the 50/50 fundraiser to the school for the new playground, it really resonated with him and lined up perfectly with the idea for the book.

Geoffrey has fond memories of Sambro School, the wonderful friends and some favourite teachers that he met there.

Last year he did a photography fundraiser where he donated over \$700, half the revenue from his photo-

shoots, to the Leukemia & Lymphoma Society of Canada.

He's studied many photographers and what makes their work so great. It was important to Geoffrey that the photos complement each other when the pages of the book are open.

Books are in limited supply. Preferred payment methods are cash or e-transfer. Contact Geoffrey.Howard@dal.ca or phone 902-210-5280. Check him out on Instagram @geo.fry.photo or his website at www.geofryphoto.com.

(Lorrie Boylen is a Freelance Writer, Administrative and Communications Professional and CBC Radio's Community Contact for Sambro)

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DISCOVERING OUR PAST

Yeadon Quarries of Spryfield

by Iris V. Shea

Remnants of the Yeadon granite quarries in Spryfield may be seen today where Old Sambro Road intersects with Dunbrack Street and along both sides of Dunbrack Street to Cowie Hill Road and beyond. Other Yeadon quarries were located at Colpitt Lake and off Williams Lake Road.

William Yeadon, Sr. (1827-1849) was the son of John and Elizabeth Yeadon. Born in Rawdon, Hants County, he spent his teenage years in Harrietsfield, NS. Following his marriage to Elizabeth Drysdale of Brookside, and the birth of their three daughters at Brookside Farm, William moved his family to Rawdon, Hants County, where two sons, John George and William Drysdale, were born. In 1833 William brought his young family to Spryfield where two more sons, James Charles and George Greaves, were born. He purchased 771 acres of land from the estate of George McIntosh, Esquire, part of Captain Williams Spry's land in Spryfield.

Yeadon built his log house on the Herring Cove Road, close to Lawson's Mill Road (now Williams Lake Road). In the Nova Scotian, 27 June 1839, Joseph Howe wrote of his excursion to St. Margaret's Bay. He travelled the fastest overland route that was available, taking him up the hill beyond the North West Arm, "a little on this side of Yeadon's, the only settler who ventured to rear his log house between the Head of the Arm and McIntosh Bridge". Howe and his entourage travelled twenty miles on horseback between the Head of the Arm and St. Margaret's Bay, "passing a small lake to the left surrounded by shrubbery, and Williams Lake to the right with its broken rocky islands...Descending into the valley we pass McIntosh Run". William and Elizabeth Yeadon are buried on their own land, now the Yeadon Cemetery on the Herring Cove Road, a family burial ground since 1849.

In 1848, William and Elizabeth (Drysdale) Yeadon gave part of their Spryfield land to their son, William Drysdale Yeadon, who developed an interest in quarrying and stonecutting at an early age. The Drysdales, William's maternal Scottish ancestors, were master stonecutters. William Drysdale Yeadon (1827-1909), married Mary Ann Umlah of Greenhead, near Goodwood, Halifax County. Census records show that William D. Yeadon operated a thriving granite quarry in Spryfield before 1861. By 1871, with a fixed capital valued at \$1000 and a floating capital of \$100, he employed nine workers, including a blacksmith and tinsmith. He bought and sold shares in gold mines on the Eastern Shore of Nova Scotia and in Hants County.

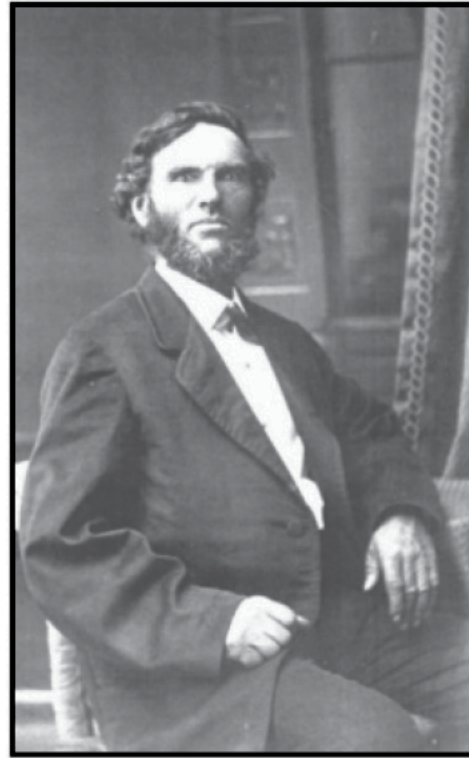
Several years before his death in 1909, he divided his Spryfield quarry land among his three eldest sons, Amos, Andrew and Isaac, each son operating his own quarry. William and Mary Ann Yeadon are buried in the Yeadon Cemetery on the Herring Cove Road.

Amos Yeadon (1856-1925), eldest son of William and Mary Ann, was a "contractor of granite" according to the 1891

census for North West Arm District. He and his wife, Lalia Bashford, lived on the corner of the Herring Cove Road and Williams Lake Road. Both are buried in the Yeadon Cemetery. Their daughter, Ida Mae, a school teacher in Spryfield, married Otis Marryatt of Harrietsfield. Two of Amos's sons, William Andrew and James Alfred, continued to quarry the stone on their father's land long after their father died in 1925. Aubrey, Harry and Donald Yeadon, sons of James Alfred, were considered three of the finest stonecutters around. During the Depression years, when work was scarce, they went to Quebec to cut building stone. Aubrey became a first class letter cutter, teaching his younger brother, Edison, the art of engraving monuments, working, mainly, in Ontario.

Andrew Yeadon (1857-1923), 2nd son of William and Mary Ann, was a blacksmith and stone cutter who lived on Quinpool Road in Halifax, NS. As a Blacksmith his expertise was in demand as he travelled to various goldmines throughout the province. In 1910 his Spryfield quarry, with two derricks in place, employed eight men and produced 4000-5000 tons of course-grained, grey granite valued at 40 cents per cubic foot in Halifax. Andrew and his wife, Annie Louise Merlin of Harrietsfield, are buried in the Yeadon Cemetery in Spryfield.

Isaac Yeadon (1866-1919), 3rd son of William and Mary Ann, was given 23 and ½ acres of his father's quarry land in Spryfield with the understanding that "he have the privilege of cutting stone



Photograph courtesy Mainland South Heritage Society.
William Drysdale Yeadon, 1827-1909, one of Spryfield's earliest entrepreneurs

and removing it from the quarry but he may not have the power to make over the quarries to any other party for the purpose of removing stone". Isaac's quarry was located where Dunbrack Street meets Old Sambro Road. He usually employed five or six men using hand derricks. Of the three Yeadon quarries, the stone cut from this area was finer and capable of producing blocks of granite measuring 10 feet long and three feet wide. At one time Isaac owned and worked his share in a goldmine in Sheet Harbour. He and his first

wife, Barbara MacDonald, are buried in the Yeadon Cemetery in Spryfield.

The stone from all three Yeadon quarries was not of superior quality, according to the report by William Parks in 1912 and 1914, because of black knots. See <http://archive.org/details/reportonbuilding02park> This disfigurement resulted in no pieces of considerable size being obtained. Bouy stone of various tonnages was produced from these three quarries. The roughly squared blocks of stone were transported to Halifax by a team of horses and a "flat" wagon. Stone from the Yeadon quarries may be seen today in the Parade wall on Barrington Street, in customs house and in monuments and storefronts in Halifax. Meticulous drawings by James Alfred Yeadon of the granite bases he produced for monuments all over the province were saved by his descendants.

The last contract for the Yeadon quarries was completed in Isaac Yeadon's quarry in 1954 by his son George (Bud) Yeadon and grandson Bruce Yeadon. Bruce and Edison Yeadon recalled the hand-hewn tools used by their fathers, both blacksmiths. The tools were forged from recycled steel they obtained from the coiled springs in old cars. Although government contracts were intermittent, the Yeadon quarries supported Spryfield's local economy for close to 100 years., providing work for members of the Brunt, Drysdale, Fisher, Marriott, Nicholson, Oakley, Slauenwhite and Umlah families, and four generations of Yeadons.

Shoppers Drug Mart® supporting The Shoebox Project for Women to provide holiday gifts for homeless women

2020 brings a new way for community members to contribute

Every year, the Shoebox Project encourages the public to fill a shoebox with small gift items that can help make life just a bit better for women who are homeless or at-risk of homelessness. Each Shoebox is filled with items that can enhance self-esteem and reduce feelings of isolation for women in crisis, from self-care items to makeup and candy treats.

For women who have been displaced from their homes and estranged from their families, the holidays can be a particularly challenging time. Often, women feel disconnected from society, invisible and alone. A Shoebox gift is a powerful reminder for a woman that she has not been forgotten and that she remains a valued member of her community.

This holiday season, to help limit the spread of COVID-19, The Shoebox Project for Women is asking for donations instead of shoeboxes, and Shoppers Drug Mart is helping to raise those donations. When you donate to the LOVE YOU by Shoppers Drug Mart™ program between November 13 to December 24, 2020, 100% of your donation will go to The Shoebox Proj-

ect for Women helping women who are impacted by homelessness this holiday season. Donations can be made online only at <https://www1.shoppersdrugmart.ca/en/love-you/shoebox>.

Your donation of \$10, \$25, \$50 or any amount will go even further this holiday season, as the LOVE YOU by Shoppers Drug Mart™ program is matching all donations up to a maximum of \$50,000*. You can make a donation by debit/credit card or with PC Optimum™ points.

Shoppers Drug Mart has partnered with the Shoebox Project for Women since 2016. "This small gesture of kindness has an immediate and positive impact on the women who receive it, and Shoppers Drug Mart is proud to continue to support the Shoebox Project for Women especially during this trying time," said Cory Martin, Shoppers Drug Mart district manager for Nova Scotia. "The Shoebox Project helps to bring people together and works to give a human face to the issues of poverty and homelessness. Whatever we can do to help make the holiday season a little brighter for women who are struggling

is now more important than ever."

Shoppers Drug Mart's support of the Shoebox Project for Women follows the successful LOVE YOU by Shoppers Drug Mart™ program fall fundraising campaign that took place in stores in October helping to put women's health first. This year the campaign supported local women's shelters across Canada, which have faced extraordinary challenges during the pandemic. In the Halifax area, Shoppers Drug Mart locations donated \$27,625 to Bryony House, thanks to the generosity of store customers and staff.

*From November 13 to December 24, 2020, the LOVE YOU by Shoppers Drug Mart™ program will match any customer donations received up to a maximum of \$50,000 Canadian dollars. Both the monetary value of PC Optimum™ points donated combined with cash donations received will count towards the \$50,000 matching amount.

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Maura Whitman is moving on in her newest single "I Don't Need You"

by Nicole Ariana

"I Don't Need You" is the newest single from Maura Whitman, an up-and-coming artist and songwriter from Herring Cove. A follow-up to her debut single "Roulette" and featured on Karate Kactus' "Wildfire", (each garnering over 100K streams on Spotify), "I Don't Need You" is an energetic and empowering song about knowing your worth and potential. Produced by Corey Lerie (Neon Dreams, Ria Mae, Port Cities), "I Don't Need You" was written about realizing that the person you wanted to be with just isn't for you, and that you are much better off without someone who wastes your time with games. With her powerhouse pop vocals, Whitman sings, "anything I want, I can make it come true, I know it hurts to hear, but I don't need you," reminding the person who hurt her that she is going to be just fine without his love.

2020 has been a difficult year for singers/songwriters and musicians due to the ongoing COVID-19 pandemic. Whitman had to leave Acadia University abruptly in the spring, as well as deal with several cancellations of scheduled performances, showcases, and festivals.

Some of these events included performances at Neon Dreams' concerts and working with Myles Goodwyn and his band April Wine. "Finally getting back into the studio this summer was like coming home," says Whitman.

At the young age of 19, Maura has had the opportunity to share the stage with many notable names in the industry including Neon

Dreams, Gordie Sampson, Brad Roberts (Crash Test Dummies), Breagh MacKinnon (Port Cities), Serena Ryder and, most recently, Loud Luxury. Her stage presence, unprecedented and captivating, is quickly proving that age is just a number.

Invited as one of Nova Scotia's most promising young songwriters to take part in the prestigious Gordie Sampson Songwriting Camp gave her an opportunity to collaborate with some of North America's most sought after songwriters and producers including Grammy Award winner Gordie Sampson.

"I Don't Need You" is available on Apple Music and Spotify Website: maurawhitman.com and on Instagram: <https://www.instagram.com/maurawhitman/>



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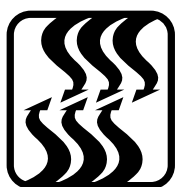
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Protect | 

IS YOUR PET PROTECTED FOR WINTER?

by Local Spryfield Animal Care Experts

Even though dogs and cats are covered in fur, they can feel cold and uncomfortable during the winter. These safety tips will help your pet stay safe and warm this winter season.

GET EXTRA PROTECTION

Most dogs love playing outside in the winter. Their fur coats offer some protection, but many breeds are not meant to be outside in sub-zero temperatures, especially breeds with short hair. A coat will help. Look for one with a waterproof shell and a cozy fleece inner layer.

As cats can suffer from hypothermia or frostbite, a cat that is used to going outdoors should be kept indoors more during the winter and particularly on cold days. If your cat is going outdoors, you can provide extra food during the winter so he can bulk-up to fight the cold. However, check with your vet before changing your cat's diet. Also, provide an outdoor shelter that offers protection from the wind and snow.

WATCH OUT FOR SALT

Even the heartiest sled dogs wear boots in the winter, and an urban dog needs them even more as salt used to de-ice sidewalks cause dogs' paws to dry out, crack and bleed. Applying a paw protector before your dog goes outside will provide a moisturizing wax barrier between your dog's paws and the elements. Also be sure to always wipe excess salt off your dog's paws when they come back in the house.

In addition to hurting your pet's paws, salt contains potentially dangerous chemicals, such as chlorine, which pets may inadvertently lick off their paws. Opt for a pet-safe de-icing product, which uses a biodegradable formula instead of harmful chemicals, to melt the ice outside your home.

MAKE SURE YOUR PET IS VISIBLE

Winter brings long, dark nights so a reflective collar attachment or leash are an absolute necessity. You can get them for both cats and dogs ensuring that they are visible late at night or early morning.

GROOM YOUR PET MORE FREQUENTLY

Dry winter air, both outside and in your home, will dry out your pet's coat, causing painful matting and itchy, flaky skin. Regular brushing, shampooing and trimming prevent these problems from occurring and will keep their coat healthier.

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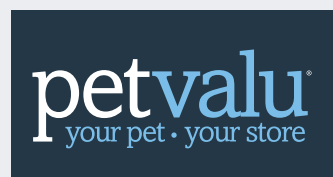
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Holiday food drive at No Frills and Atlantic Superstore runs to December 24

Providing food to those in need can be difficult at the best of times and with COVID-19, that task became much more challenging. Food Banks Canada says that COVID-19 has had a devastating impact on the food bank system for many reasons – from more people needing to access food banks, to fewer food donations coming in, and fewer food bank staff and volunteers available to work.

Yet food banks across Canada continue to be leaders in their communities in providing food to those who live with food insecurity. Loblaw is proud to partner with Food Banks Canada and local food banks across the country to support their critical work.

In Halifax, local Atlantic Superstore and No Frills stores will hold their annual in-store Holiday Food Drive again this year, from November 26 to December 24. All Atlantic Superstore locations in the Halifax area are supporting Feed Nova Scotia, while No Frills in Spryfield is supporting the Salvation Army in Spryfield. One hundred per cent of food and funds donated at the local stores will go directly to these organizations to support community members in need.

Mike MacIntyre, owner of Mike's No Frills in Spryfield, encourages everyone who can to make a donation to the food drive. "Every year we are so proud of the community support we see from our customers



Mark Boudreau, Loblaw and Karen Theriault, Feed Nova Scotia (2019) pictured here promoting the annual Loblaw holiday food drive

and colleagues, and this year it's more important than ever that we come together to help alleviate some of the stress and worry that many in our community are feeling right now," said MacIntyre.

Mark Boudreau, Director of Corporate Affairs with Loblaw Atlantic,

agreed. "Our company's purpose is to help Canadians Live Life Well, and we don't want anyone going hungry, whether during the holidays or any other time of the year. In my experience, no one is more generous or community-minded than Atlantic Canadians, so we know the community

will come through," noted Boudreau.

Community members can contribute by adding extra non-perishable food items to their cart during their next grocery shop and dropping them into the food collection bin in store, or by making a cash donation at the checkout – it's that easy!

Rezoning land is critical for Williams Lake survival

by Cathy Vaughan, Williams Lake Conservation Company

Late in 2019, a large parcel of land bordering the Shaw Wilderness Park at the west end of Williams Lake went on the real estate market. The parcel consisted of three pieces of land owned by

the Church of Christ, based in Edmonton. It was listed for \$4.5 million.

The largest piece is 100 acres (40 hectares) and zoned Urban Reserve (UR). The other two pieces total 36 acres (14 hectares) and are zoned Residential Development District (RDD).

The UR designation would allow one house to be built whereas the RDD designation would allow duplexes with no requirement that HRM Council approve a dense development of this sort.

Councillor Shawn Cleary of District 9 introduced a motion to the

Halifax and West Community Council on June 17 requesting that HRM staff prepare a report on a change in the zoning of the 36 acres from RDD to UR. The motion was unanimously passed by the Community Council and appears below:

"To recognize how inappropriate development is in this area, a large portion of one these properties is currently zoned Urban Reserve. Given the location on Williams Lake and the proximity to the newly created municipal Shaw Wilderness Park, the development of these lands put at risk the substantial investment that Halifax and the Nature Conservancy of Canada just made in creating a sustainable recreation facility. It also puts the water quality in Williams Lake at greater risk, which would further degrade the recreational value and biodiversity of Williams Lake and the Shaw Wilderness Park, as demonstrated in the Green Network Plan."

The Williams Lake Conservation Company fully supports this proposed zoning change. Submissions have been made to HRM staff detailing the need to prevent development on these pieces of land. It is expected that the report will be tabled with the Community Council in the near future.

Although these lands have recently been pulled from the market, we feel it is imperative that council continue to move forward in working to change the land designations.



Map: Dr. Melanie Dobson; Red Line: Three parcels of land on Williams Lake watershed; White Line: Shaw Wilderness Park; Blue Mark: Williams Lake dam

Happenings at the Urban Farm in Spryfield

by Patricia MacLean, President

It has been a year like no other for everyone in our province and beyond as we struggled to control the Covid19 virus. Thankfully we were allowed to plant our vegetable gardens at the Urban Farm in Spryfield in May, although we were restricted to 5 gardeners at a time, who wore masks and social distanced at all times. By midsummer, always keeping the health restrictions firmly in mind, we were permitted to have more gardeners at the farm. We were also given permission to participate in events such as the Strawberry Shortcake Social as part of a mini Spryfield Days, and the annual Harvest Fair, both with a limited number of guests.

All were successful due to dedicated Farm Committee members, volunteers and the community who continued to support our UFMSS. “Thank you” to everyone who heeded all the restrictions and willingly provided their contact information.

We sincerely appreciated the generous donations from new and returning members and the community support given through the “No Frills” campaign. Service Canada funded the salaries of two short-term garden assistants whose efforts, combined with our experienced gardeners, resulted in very successful market garden sales for the season.

All Come Grow With Us programs for children and youth were cancelled, as well as visits to the

farm by day camps, schools, and organizations. Funding from the Rotary Club of Halifax Northwest “Toonies for Change” enabled us to hire a Program Coordinator who is now planning 2021 spring and summer farm programs for the children and youth in local schools and community organizations.

Our board would especially like to thank Chebucto News for including monthly articles about the “Happenings at the Urban Farm”. This has given us a great opportunity to share stories about the wildlife, birds and Monarch butterflies in addition to vegetable and flower gardens at the farm. Special thanks to Ann and Joshua for sharing their knowledge and writing skills.

As we look forward to 2021, we hope Covid19 restrictions will be eased enough so that we can celebrate the founding of our Urban Farm Museum Society of Spryfield 25 years ago on April 18, 1996. More information will follow in the new year and we encourage anyone who was a previous member to contact us to share their memories of past years.

Membership dues for 2021 can be mailed to us at 211-339 Herring Cove Road, Halifax, N.S. B3R 1V5. The cost remains the same - Seniors

and Students \$5.00, Individuals \$10.00, Families \$15.00 and Groups \$25.00. Charitable receipts will be issued for membership dues and all donations over \$10.00. Membership forms will be mailed with our annual newsletter or you can download the form from our Facebook page, or have them emailed to you by emailing urbanfarmspryfield@gmail.com or by phoning 902-497-3683 (Pat).

We would like to acknowledge the recent concern of a few parents who do not wish to have their children’s photos published on our Facebook, Website or in the annual newsletter. All parents of children in any of our UFMSS programs or local schools are asked to sign photo permission release forms, but it is still possible to accidentally include a photo of a child unknown to us at one of our public events. Please feel free to ask any photographer not to take photos of your child if this is your preference.

I would like to take this opportunity to sincerely thank all our board members, Farm Committee members and volunteers, summer staff, and all in our community who have supported our UFMSS during the past year. We wish you all a very Merry Christmas and a safe, Happy and Healthy 2021.



UFMS quilt over the gate of one of the entrances to the Urban Farm. It is the old Kidston Road which originally continued from the present Kidston Road through what is now McIntosh Park, past our 2 farm entrances to Rockingstone Road. Photo credit Pat MacLean



*Merry Christmas, Happy Holidays,
and Best Wishes for the New Year!*

Joyeux Noël, joyeuses fêtes, et meilleurs
vœux pour la nouvelle année!

Lena

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True common wealth

by Nick Ross, Jollimore, HRM
Reprinted with permission from the Williams Lake Conservation Company Newsletter, November 2020

My family and I grew up in Armdale often on the edge of poverty. For many reasons we never felt the full sting of that vulnerability. Loving neighbours and reserves of forest and lakes that are free to all can protect, and restore, people as well as the land.

I did not have to be rich to go anytime I wanted to hike and swim at Williams Lake. And as I would hike to my favourite swimming spot I would always see other people at other spots doing the same thing and taking advantage of a great luxury that was there free for all of us.

I would see young families, senior citizens and neighbours of every description. When the disadvantaged youth the elderly and new families lose all contact with nature, life becomes so much harder for them. They often have to live in the neighbourhoods that are absolutely urban with high population density and no green spaces.

How many youthful bad decisions have been avoided, and how many families at their wits end have spent an afternoon at the lake and had it stave off disaster and allowing them to come away with renewed strength to carry on, or change their lives forever?

We have a mixed economic neighbourhood surrounding Williams Lake. We still have a culture that welcomes everyone to the wild. Just as we are all taking precautions and making sacrifices during this pandemic to protect the most vulnerable from harm, so too are we building a charitable reserve

within the Shaw Wilderness Park.

A rich country like ours should show its wealth in its character and in its compassion. We have done just that by preserving Williams Lake for all.

When I am at Williams Lake now, I am inspired by its beauty but I am also moved by our legacy of caring. You feel warmth in the water and the sun shining through the woods. You feel the warmth of love in our stew-

ardship and kindness to each other.

Williams Lake is and has always been a sanctuary for wilderness and our community. The Shaw Wilderness Park we all now enjoy is a testament to its worth, not just as a wilderness sanctuary, but as a sanctuary for our peace of mind.

No one would dispute that these are difficult times affecting everybody. We are all measuring our reserves of the energy we need to push back against the normal uncertainties and now the uncertainty and menace of the pandemic. Let's look, for a moment, at how important our urban park is to people and families whose reserves are slim and who are very taxed under normal circumstances.

Thank you Williams Lake, the wilderness park and all who support it. Solace and hope still lives there and are waiting to restore you. I believe this is what we've all accomplished together and keep in trust, now and for the future.



Nick Ross and his friends spent summers swimming at the Williams Lake dam, shown in the background. Photo: Cathy Vaughan, October, 2020



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My philosophy is, you're never too old to do something.

- Rosie





NEWS & VIEWS

from the desk of
Bruce Holland



We've seen our COVID-19 numbers go up here in Nova Scotia. Together with the onset of cold and flu season, it's more important than ever to remain vigilant in our health practices. You can check current public health information at www.canada.ca/coronavirus, provincial COVID information at <https://novascotia.ca/CoronaVirus/> and programs for individuals and businesses at <https://www.canada.ca/en/department-finance/economic-response-plan.html>

NEW COUNCILLOR
Congratulations to our new Councillor, Patty Cuttell. The SBC looks forward to working with you over the coming years.

HAPPY HOLIDAYS
The Staff and Board Members of the Spryfield Business Commission would like to wish each and every one of you a very safe, happy, and healthy holiday season. This year has been a struggle in so many ways and we hope that 2021 will be easier on all of us. Now that our holiday season is in full swing, please remember to shop and support local businesses, and maintain safe health protocols.

WORKPLACE EDUCATION
In partnership with the Department of Labour and Advance Education, we will be offering two new training programs in January, WordPress and Human Resource Management Essentials, provided instructors can be secured. Please watch our Facebook page for updates.

SANTA CLAUS PARADE 2020
HRM was not able to issue a parade permit this year due to COVID-19 restrictions. We worked with them to come up with an alternative plan, and hatched the Santa Community Cruise. Santa and Mrs. Claus will be driving through various neighbourhoods on the weekend of November 28 and 29, waving to families and keeping the spirit and magic of Christmas alive. Watch our Facebook page for more details.

CBDC BLUE WATER
CBDC Blue Water provides support and advice to local businesses, and we're proud to

be one of their satellite offices. Contact Senior Business Development Officer Alayne Jackson at 902-889-7523 or email alayne.jackson@cbdc.ca to find out how they can help you.

RURAL BUS SERVICE UPDATE
Now that we have a new Councillor, the SBC Board of Directors will meet with Councillor Cuttell to see how she would like to proceed with this program.

NEW MEMBER
Welcome new Associate Member Vistan Photography, offering professional quality at an affordable price and serving HRM and surrounding areas. They provide a wide range of services for commercial and individual clients including landscape photography, head shots, family portraits, commercial and corporate marketing, events, and more. For more information, go to <https://vistanphotography.com>

MEET OUR SBC MEMBERS
We'd love for you to get to know our members and associate members better. This month we're featuring Dan Doherty. Dan is Past Chairman of the SBC, owner of the Chebucto News, Water 'N' Wine, and a real estate agent with Exit Realty Metro. To read the full feature, go to @SpryfieldBusinessCommission on Facebook.

SCHOLARSHIP
We're accepting donations for the Eric Caines Memorial scholarship. Please contact admin@discoverspryfield.ca if you'd like to make a difference in the life of a J.L. Ilsley High School grad.
Please e-mail our Executive Director, Bruce Holland, at bruce@discoverspryfield.ca with any questions, comments or ideas.

Take good care!
Bruce Holland, Executive Director

Our Olympic Hero is now a Movie Star



Stephane Celebrates with Helgi after the film is finished

by Isaac MacEachen

Last summer I reported in this paper about a young man who had accomplished a great deal in the sport of long distance running. Along with 7000 other athletes he had participated in the Special Olympics World Games in Dubai. Not only did he return home with a bronze medal in the 1500 meter race but he also acquired the nickname “The Halifax Bullet” from his running buddies over there.

Yes, my neighbour, Stéphane Piccinin, now 27 years old, is still very much involved in his sport of long distance running. Every day, rain or shine, I see him running up our steep hill on Arvida Avenue as he heads off on another 10 kilometre run. Due to Covid restrictions there have been few competitive events held in the area since last summer but this does not impede Stéphane from setting goals for himself as he trains hard to get ready for the summer of 2021, when competitive running events might again fill up his calendar.

But the big news that I wish to convey to you is that Stéphane is now a star of the movies. A film detailing his pursuit of the Olympic dream last year has been captured in a documentary film entitled “Champions”. This 1 hour and 30 minute film chronicles the training and preparation Stéphane, and his good friend and world class runner from Quebec, Audrey Vincent, put into the years leading up to the World Games in March of last year.

Stéphane’s brother, Helgi Piccinin, a film-maker who now lives in Montreal, directed this very interesting story that gives us a unique inside look at these two very special athletes. Helgi spent three years accompanying these two runners as they trained hard and competed in local and national events, always with their eye on competing in the World Special Olympics. His film reveals not only the determined effort of these athletes but also a brief look at their personal lives as well. Some of the verbal interactions between Helgi and his brother included in the film are not only very revealing but also extremely insightful. Stéphane, who by nature is not a great conversationalist, becomes quite “chatty” and comical in a few scenes. While talking about how he enjoys playing basketball in his driveway, he offers, “I might be able to do a slam-dunk by jumping out my upstairs window”.

This past September during the Atlantic Film Festival (now known as FIN) which was held virtually due to the pandemic, “Champions” was one of many films that were celebrated. Each evening during the first week of the event this film was available to livestream on the Atlantic Festival’s website. Over the fall “Champions” has been showcased in other film

festivals across Canada and has been well received by the Canadian film community. It is scheduled to have one showing at Cineplex Parklane Halifax on Sunday, Dec. 13 at 1:30 pm. You can view the 45 minute version of the film online at CBC Gem in month of December <https://gem.cbc.ca/> For more information go to <https://f3m.ca/en/film/champions/>

So, folks, when you now see the Halifax Bullet speeding around the Spryfield area, a serious look of exertion on his newly-bearded face, give him a wave or an encouraging shout. Our Stéphane is not only an Olympic star, but he is also a movie hero.

Congratulations to Helgi for bringing this great film to our screens and to Stéphane for being a great ambassador for Halifax, Nova Scotia and Canada.

A busy but different Christmas at St. Paul’s United

by Carolyn Mont

With the invasion of Covid 19, many organizations and individuals have been forced to learn by trial and error. It is often a challenge to learn what sites are open and when they are open. At St. Paul’s United Church we have learned to adjust as we go forward. Last month, I had written that we were opening for in person Sunday worship services. We did that for about a month but with the current cases of Covid rising slightly we decided to go back to online worship. We will reassess that at our January Unified Board meeting.

Another aspect of our church that has been somewhat impacted by Covid 19 is our offer of water to the people in Harrietsfield who do not have access to clean water in their homes. In the spring, summer and fall, we leave our outdoor tap on so they can access free water at any time. However, when winter rolls around, we can’t leave that tap turned on for fear of its freezing, so people have to come during office hours. With Covid, the church is largely closed but Kristen Hollery, our Community Ministry Director will be on site on Wednesdays, Thursdays and on Friday mornings.

Our community ministry, the Family Resources Institute (FRI), is run by a volunteer board with one paid full time staff member and one paid part-time staff member. When people think of FRI, they often think of the food bank but there are many diverse programs under its mandate. Some are Soup’s On, a free lunch program offered to all who come on Tuesdays at noon; a free income tax service for people with low incomes; our community garden; and Brain Food Friday (a program where we provide food for students at JL Ilesley who may not have access to food when the school is closed on weekends). If you would be interested in being a member of this board, contact the Board Chair, Donna Martin, at 902-477-5822 by Friday, January 15.

Please note that Soup’s On has its last lunch of the year on December 8th, and will return on January 12th. Currently, this is a takeout lunch only.

FRI is always extra busy at Christmas. They usually pack and give out 200 Christmas hampers to individuals and families. As well as food, they have a toy store where donated new toys are made available to families. This year, due to Covid 19, the

process will be different, of course. The method of giving the hampers will mostly be parking lot pick up but since many of these people don’t have cars, we offer them drives. If you are in need of assistance with food, please call Rena at 902-477-5090.

If you would like to be of assistance with this Christmas program, we are in need of canned soup, pasta, juice and Kraft dinner. These food items, as well as toys, mittens, and hats will be accepted with thanks. The give out is on Wednesday, December 16 but Monday and Tuesday of that week is extremely busy getting all of those items organized and packed. If you can help with this, or can help with drives, please call Kristen at 902-479-1015. Because the office is not staffed full time, please leave a message and someone will get back to you.

Last year at St. Paul’s United Church, as a fundraiser, we decorated our sanctuary with Christmas lights in memory of our loved ones. This year, we have decided to share this

with the community and to light one of the trees in our church yard. The cost is \$5.00 to have a light dedicated for each individual memorialized. The names of those memorialized will be printed in our Christmas bulletin. Due to Covid 19, our Christmas Eve Service will be on line this year. The bulletin will be emailed to members of the congregation who have email. Those who are not members of the congregation will also be sent an electronic copy of the bulletin.

If you are interested in taking part in this, you can put an envelope with the following information in the mail slot of the church at 173 Old Sambro Rd.: your name, the name(s) of those you wish to be remembered, your address, phone number and email address. Please include payment. Alternatively, you can call Carolyn at 902-477-0187 for drop off or pick up.

Please note: The Turkey Dinner scheduled for December 5 has been cancelled due to the current Covid restrictions.

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Spryfield Attack scoring roundup

**Spryfield
ATTACK****Sat. October 24th:**

The Attack's first road game of the regular season saw them in Eastern Shore, facing off against the Thunder. With a final score of 6 to 3, the Attack started the season off on a positive note. #3 Nasrallah scored two goals and one assist, #10 Nickerson, and #15 Delano each scored two goals. Credited with one assist apiece were #21 Crouse, #12 Letterick, and #9 McDonald. Starting the season in nets was #30 Justin Hubley who saw 32 shots on net and stopped all but three.

Sat. October 31st:

Season Home Opener, Saturday, October 31st had the Attack take on the Sackville Knights. The Attack took their first home game win of the regular season with a final score of 9 to 6. With three goals, #12 Letterick saw a hat trick for Halloween. #9 McDonald scored once and was credited with two assists. #15 Delano scored twice. #10 Nickerson, #21 Crouse, and #11 Forsythe each scored one goal and

one assist. Also scoring assist for this game were #17 MacIsaac with two, and #14 Cluett, #3 Nasrallah, #8 Donnelly, #7 Duerr-Farrell, and #25 Hall with one each. #35 Fallows was between the creases and stopped 26 out of 32 shots.

Sat. November 7th:

This was an exciting shootout match, at home, between the Attack and the Chester Castaways. In the end, the Attack were victorious in a 5-4 win over the Castaways. Scoring was evenly spread between #12 Letterick, #17 MacIsaac, #77 MacDonald, and #23 Wyatt. #3 Nasrallah and #25 Hall were each credited with two assists, while #14 Cluett, #9 McDonald, and #8 Donnelly had one assist apiece. The shootout points were scored by #10 Nickerson and Nasrallah. In nets, stopping an incredible 40 shots was #1 Mike Payne.

Sat. November 14th:

The Attack faced off, for the second time this season, against the Sackville Vegas Knights at the Spryfield arena. With a final score of 6 to 1, the Attack

came out on top with the win. #3 Nasrallah and #25 Hall each scored one goal and one assist. Single goals were also scored by #14 Cluett, #15 Delano, #21 Crouse, and #7 Duerr-Farrell. With three assists for the night, #22 Bezanson seemed to be exactly where he was needed. #10 Nickerson and #12 Letterick were each credited with one assist for the game. The net minder for the game was #30 Hubley, who turned back 28 of 29 shots from the Knights.

Sat. November 21st:

The Attack hosted the East Hants Ryson Penguins at the Lion's Rink. This game ended in the first loss the Attack have seen this year as the Penguins won with a score of 6 to 3. #3 Nasrallah scored one goal and one assist for the Attack, while #25 Hall and #12 Letterick scored one goal apiece. Two assists each were credited to #4 LeBlanc and #15 Delano,

while Bezanson scored one assist. #35 Fallows saw almost 5 minutes in nets and #30 Hubley watched the crease for the other 55 minutes, stopping 36 of 42 shots. It was clear that a lack of discipline was the downfall for the home team.

Sun. November 22nd:

The team were on the road where they faced off against the Chester Castaways. This game was close for the first two periods. However, Spryfield exploded with 4 goals in the third, coming away with a 6-1 victory, and taking sole possession of first place. With one goal and two assists each, #25 Hall, #3 Nasrallah, and #10 Nickerson just could not be stopped. Rounding out the scoring with one goal and one assist apiece were #20 Sampson, #77 MacDonald. #14 Cluett would also increase the team's score with one goal. Two assists were credited to #15 Delano, while #12 Letterick scored one assist. In nets for this comeback game was #30 Hubley, who was outstanding, stopping 36 of 37 shots from the Castaways.

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Some of the allowed uses include office, studio, retail and service industries.

The space is located on the second floor a building and has recently been renovated.

Please call Dan at 902-478-4023 to arrange a viewing.

December Schedule

This schedule is subject to change based on Covid restrictions in place at game time. Please always check before heading out.

NSRJHL 2020-21 Game # 4715873

Sackville Knights (Visitor) @ Spryfield Attack (Home)
Date: Sat Dec 12, 2020 @ 8:00 pm - 10:30 pm
Location: Spryfield Lions Rink

NSRJHL 2020-21 Game # 4715874

Spryfield Attack (Visitor) @ Chester Castaways (Home)
Date: Sun Dec 13, 2020 @ 3:00 pm - 5:30 pm
Location: Eleanor Pew Morris Arena

NSRJHL 2020-21 Game # 4715904

Spryfield Attack (Visitor) @ East Hants Ryson Construction Penguins (Home)
Date: Fri Dec 18, 2020 @ 7:00 pm - 9:30 pm
Location: East Hants Sportsplex

NSRJHL 2020-21 Game # 4715877

Spryfield Attack (Visitor) @ Eastern Shore Thunder (Home)
Date: Sat Dec 19, 2020 @ 7:00 pm - 9:30 pm
Location: Eastern Shore Community Centre

NSRJHL 2020-21 Game # 4715900

Spryfield Attack (Visitor) @ Sackville Knights (Home)
Date: Mon Dec 21, 2020 @ 7:00 pm - 9:30 pm
Location: Sackville Arena

Covid Restrictions are still in place at the Spryfield Lions Rink:**Fan attendance restrictions:**

- Only 50 spectators will be permitted in the arena on a first come basis.
- No food or drinks allowed
- Masks are mandatory; NO EXCEPTIONS
- No standing in the seats or by the boards
- Enter through the front/main doors
- Exit through doors between the bleachers

Team restrictions:

- Maximum of 23 people; 20 skaters and 3 coaches

LOCAL OBITUARIES

Courtesy of J. Albert Walker Funeral Homes Ltd. 902-477-5601

Theresa Beverly Bobbitt

Our angel passed away peacefully surrounded by loving family on October 27, 2020 at the age of 79. She was the daughter of the late Jack and Theresa (Sherlock) Morris. She was predeceased by her sister, Joan Therrien; brothers, Jackie, Wayne, and Glen. She will be deeply missed by her loving husband of 61 years, Terry; brother, Bryan Morris (Gail); daughters, Joan Alexander, Tanya Szarko (James), Terri-Ann Scarfe (Tom), Belinda Heighton, Marcie Harnish, Marla Therrien (Tony); her 14 grandchildren, T.J. and Cal Heighton, Thomas and Trent Scarfe, Jason and Rena Alexander, Christopher Matchem, Nathaniel and Genevieve Therrien, Mallory Billard-Harnish, Madicynn and Mya Harnish, Jamie and Julianne Szarko; 7 great grandchildren, Royce Alexander, Chase and Cienna Matchem, Jordyn, Thomas and Troy Scarfe, Alec Heighton; neighbours and dear friends, Ricky Martell and Darryl Kenney. Throughout her life, Bev worked full time along with raising her 6 daughters. In her younger years she enjoyed bowling, cross country skiing, darts and her weekly bingo with her Mom. To leave condolences for the family, visit her tribute wall at www.walkerfh.com

Paula Marlene Daurie

1953-2020. Halifax, age 67, passed away on October 29th, 2020, on the day of her Mother's Birth date, in Melville Gardens Nursing Home. Paula was born April 15th, 1953 in Halifax, the daughter of the late John Henry Cann and Anna Louise Veinotte. Her early years were spent living at 7 Pine Haven Drive in Halifax, where the wooded backyard was her playground. Around 1970, when Paula was a teenager, the family moved to 12 Inverness Avenue in the Fleming Heights area of Halifax. Her married years were also spent in the Fleming Heights area, when she resided on Mabou Avenue from 1983 through 2012, until the onset of her illness. Paula was a graduate of the Convent of the Sacred Heart High School in Halifax. She later attended several Halifax Universities. Paula's working career began at Simpsons-Sears Limited, Sears Canada. She later played a role with her father's businesses, specifically Birchill Estates and Sackville Homes & Trailer Sales Limited. Paula was an adherent of Calvin Presbyterian Church, where her father was instrumental in the establishment of the church on Ashburn Avenue. She served as a Sunday School teacher at Calvin. She was instrumental in organizing the safe arrival program at John W Macleod Elementary School. She also volunteered with the Girl Guides and later on as a Beaver Leader in the scouting movement, where she was affectionately known as "Bubbles". Paula had a heart as large as the universe, and always put others' needs ahead of her own, demonstrated by consecutively being primary caregiver to three elderly family members. Her big beautiful brown eyes always seemed like giant pools of compassion to me, and I greatly benefited from this seemingly endless source of compassion. She had an affinity for young children as they always seemed to naturally gravitate towards her. I always thought the perfect job for Paula would have been as an elementary school teacher. Paula excelled in the age-old arts of motherhood. She was an excellent cook and baker as well as an accomplished seamstress, always making the children's clothes and their Halloween costumes. Unfortunately, Paula was diagnosed with early-onset Alzheimer's Disease in December 2009, at the age of 56. She fought a long and dignified battle against this insidious disease, far exceeding her projected life expectancy. Throughout the course of her struggle with the disease, her beautiful personality and demeanour never changed nor wavered. Paula had a love of English television programs: "Are You Being Served?", "Keeping Up Appearances" and "Coronation Street". During the early stages of her illness Paula also enjoyed programs such as "Brothers & Sisters", "Gilmore Girls" and

"Heartland". She also enjoyed "Santa Barbara" as well as any old musicals, especially with dance. But most of all, above all else, Paula loved her family most, which included her beloved dogs "Oreo" and "Memphis". Paula will forever be deeply missed by her surviving family. Paula is survived by her loving husband of 35 years Kenneth Daurie, Halifax; daughters, Sandra Blakely Lacey (Randy), Port Hope ON; Katherine Laing (Raymond), Lantz NS; sons, Joshua and Matthew, both of Halifax. She is also survived by her two beautiful and amazing granddaughters; Mya and Isabelle (Izzy) Laing. Surviving siblings are Phil Cann (Catherine), Saint John NB; Shauna Foster, Fort Erie ON; Mary-Louise Gomes, New Jersey and Duncan Cann (Dawn), Halifax. Also surviving is special cousin; Sandie Hebb (Michael) and sister in-law; Liz Cann both of Halifax. There are also many nieces, nephews and cousins. Paula was predeceased by her parents John Henry Cann (2000), Anna-Louise (Veinotte) Cann (2003) as well as her close aunt, Mary Catherine Veinotte (2006). The family would like to thank the staff of Melville Gardens for their tender and loving care of Paula, over her four year stay there. Also, the staff involved with Paula's care during her four year stay at Willow Hall of the Mount Hope Complex. Donations may be made to the Alzheimer's Association of Nova Scotia or a charity of choice. Condolences can be left on her tribute page at www.walkerfh.com.

Terrence James Drysdale

49 of Halifax. It is with heavy hearts that the family of Terry Drysdale announce his passing which occurred on Saturday, November 7, 2020 at the QEII-Halifax Infirmary. Born on August 22, 1971, he was the son of the late Ralph and Deborah (Alchorn) Drysdale. Terry was a long-time employee of St. Mary's University. He was a huge Boston Bruins and Miami Dolphins fan. Terry will be dearly missed by his nephews: AJ and Stephen and niece Beth, along with aunts, uncles and members of his extended family. Besides his parents, Terry was predeceased by his sister Kelly Ingraham.. To leave condolences for the family, visit his tribute wall at www.walkerfh.com

Ina Jean Corkum

Estey's Bridge NB, died peacefully on Nov. 6, 2020 at the Dr. Everett Chalmers Regional Hospital. She was the beloved wife of the late Emery Corkum. Ina was born in Springfield, Antigonish Co. She was the daughter of the late Henry and Catherine (Rose) MacGregor. She is survived by sons Byron and Barry (Grace); and daughter Catherine Stewart (Charles); sister Dama and brother Arthur, grandsons John and Grant as well as many nieces and nephews. She was predeceased by siblings Christina, Rose, Mary, John and infant sister Ann. Ina was a faithful member of Calvary United Baptist Church in Spryfield and was very active there

until her health declined. For many years she enjoyed bowling and playing golf. She also enjoyed reading novels, solving word searches and cryptoquotes, and playing Scrabble. She faithfully read Scripture every day, and looked forward to reading Our Daily Bread. Donations in Ina's memory may be made to Devon Park Baptist Church or to a charity of your choice. To leave condolences for the family, visit her tribute wall at www.walkerfh.com

Lynn Marie MacLean

Age 76, Herring Cove, passed away in her home suddenly on November 11, 2020. Born in Halifax, she was the daughter of John and Sophia Brackett. Lynn is survived by children, Robert "Rob", Alan and Dayna; granddaughter, Hali and brother, Barry Brackett. She was predeceased by her husband Bradley; brothers, Timmy and John. We wish we had more time with you, and perhaps that during the time we had we had spent more of it together. We wish that so much of your life had not been lost to illness, that things could have been different for you, and for us. While we know you are at peace and your struggle is over, there is pain and sadness. But even though you're gone, you have left the legacy of your love and exuberance. Rest in peace Mom. To leave condolences for the family, visit her tribute wall at www.walkerfh.com



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WE CARE

The Armdale Report

by the Honourable Lena Metlege Diab, MLA for Halifax Armdale

As we approach the end of 2020, I want to take this opportunity to wish each and every Nova Scotian a Merry Christmas, Happy Holidays, and all the best in 2021. This past year has been challenging for many of us in Nova Scotia and around the world. The pandemic continues to impact our lives, restricting our movements and who we can visit. We must continue to be cautious and follow public health's safety protocols. These protocols are important so we can get to a point in time where we can be together face-to-face once more. That will be a joyous time. I am hopeful that this Christmas will offer a moment for quiet reflection on the many wonderful people and positive things we have in our lives. I know, personally, the time spent with family and loved ones will take on a special significance this year.

With COVID-19 spreading in our communities, the province announced additional restrictions on November 20 to protect the health and safety of Nova Scotians. To slow the spread, new restrictions were placed on gathering limits and social circles in HRM and Hants County, and new measures were introduced for bars and restaurants, including mandatory collection of patron contact information for contact-tracing purposes. The province also announced asymptomatic testing for Halifax bar staff and a measured tightening of restrictions on long-term care facilities and their residents. As our epidemiology and response to the virus are evolving rapidly, I strongly encourage you to regularly visit novascotia.ca/coronavirus/ and my Facebook page for updates.

I'm pleased to share that the province is making progress on its goal of becoming accessible to people with disabilities by 2030. Last month, I was happy to see the announcement of a nearly \$1 million investment in this year's Community ACCESS-Ability grants that will support projects across the province that improve accessibility in buildings and public spaces. Locally, I was proud to share the good news with two grant recipients: Bethany United Church and the YMCA. Bethany United will receive \$10,000 to install new accessible doors on their community hall, while the YMCA is receiving \$50,000 to install a pool pod in their facility. Ensuring that all Nova Scotians get to benefit from, and enjoy, community facilities and businesses is key to building a more inclusive province, and I'm looking forward to future investments through this program.

In health care news, November saw the province replace an aging MRI scanner at the IWK and complete important renovations to the health centre's MRI suite. This new suite will serve both pediatric and adult patients and ensure their safety and privacy during their exams. The renovations also include a dedicated area for anesthesia that will improve patient experience and flow, and reduce wait times. This equipment is critical

in delivering the best possible care to the women, children, and youth of this province, and is just one of many improvements we've made that will help transform the way health care is delivered in Nova Scotia.

Ensuring young people from all backgrounds have an opportunity to connect with meaningful work in our province has always been a priority of mine. That's why I've been proud to

Update from Halifax Atlantic

by Brendan Maguire, MLA for Halifax Atlantic

COVID 19 UPDATE

As of November 23rd there have been changes to restrictions in the HRM area due to spiking Covid-19 numbers.

- Restaurants must collect contact information for all table service (dine-in) patrons. Contact information needs to include date and time of visit, name and phone number and must be kept for 4 weeks from date of visit for contact tracing purposes.

- Liquor licensed (drinking) establishments must collect contact information for all table service patrons. Contact information needs to include date and time of visit, name and phone number and must be kept for 4 weeks from date of visit for contact tracing purposes.

- Residents of long-term care facilities can only leave the facility for medical and dental appointments.

- A designated caregiver can take a resident of a long-term care facility for a sightseeing car ride, but they can't have additional passengers in the car or stop along the way. Off-site sightseeing trips for residents of long-term care facilities using facility vehicles can continue, but there can't be stops along the way.

- Additional gathering limit restrictions and protective measures are in place for some Halifax and Hants County locations from 23 November 2020 to 21 December 2020.

- All gathering numbers have been reduced by 50%

- Max 5 in close group

- Only 5 people allowed in your home with your family.

Mount Saint Vincent University is the first University in Atlantic Canada to launch a tuition waiver program specifically for former youth in care. The MSVU Post-Care Tuition Waiver Program will cover 100% of participating students' tuition and compulsory fees. A pilot phase of the program will start in January 2021, with a full program launch planned for September 2021.

An MSVU navigator will be available to participating students to help them navigate their MSVU experience – from completing the tuition waiver program application to completing their degree. The navigator will ensure students are supported and connected with the resources they need.

To be eligible, a student must have been in the foster care system for at

least one year as a child/youth and meet the admission criteria for their chosen program. Students straight from high school and mature students are eligible, appreciating that not everyone's journey to university is a linear one. Additionally, students must be in or entering their first degree and not currently part of the NS Department of Community Services' Educational Bursary Program for Children in Care.

For more information about the MSVU Post-Care Tuition Waiver Program, please contact Gloria Johnston at MSVU at 902-457-6674 or PC-TWP@msvu.

NOVASCOTIAMAKERS.CA LAUNCHED

This past month, local artists Peter Eastwood and his wife Sarah Eastwood launched novascotiamakers.ca, a new online marketplace to help Nova Scotia artists, crafters and makers sell their creations during the COVID-19 pandemic. Peter and Sarah are local potters and creative entrepreneurs, and are well-connected with the provincial creative scene. By developing novascotiamakers.ca, they're giving local artisans the ability to create their own store to sell their products online in a virtual marketplace. The website is an easy-to-access platform with no sign-up or monthly fees, simplifying the onboarding process for artists and creators. Everyone is invited to follow the progress of Nova Scotia Makers at novascotiamakers.ca. Congratulations Peter and Sarah on bringing Nova Scotia Makers to life!

A GREAT LOCAL GIFT

Starting this past month, Serpent Brewing started selling T-Shirts and Hoodies, which can be shipped nationwide.

Head to <http://www.serpentbrewing.com> to order yours just in time for Christmas.

LIGHT UP THE LOOP

It's the time of year again to show our Christmas lights. In the Loop will be having our second annual contest. To enter your display or a display that you love, please add the address to the event page and we will take a picture tour. Members of this page will get to vote on their favorites. Must be a home in the Sambro Loop.

announce a number of new initiatives for our youth to benefit from in my new role as Minister of Labour and Advanced Education. In November, I announced a \$1.3 million investment to support 350 Nova Scotia youth who are currently underrepresented in the workforce. The funding provides free training and other assistance to prepare them for jobs in the information technology sector. The program will be employer-driven and delivered by NPower, and will support young African Nova Scotians, Indigenous

people, newcomers, and youth living with disabilities. Youth interested in learning more about program eligibility criteria and applications can visit npowercanada.ca/junior-it-analyst-program/ and find the admissions phone and email contact for the program.

In closing, to the people of Halifax Armdale and all Nova Scotians, thank you for the kindness, love, and support you've shown me as an MLA since 2013. I hope the season is bright for everyone.

REMEMBRANCE DAY

This year's Remembrance Day was a little different. Sadly due to Covid-19 there was no parade and no large crowds to remember and lay wreaths. Every year I look forward to standing shoulder to shoulder with hundreds of people in our community as we remember all that the men and women past, present and future have done for us.

This year I was able to lay a wreath and I brought Oliver, Rufina, and Isla. We got to take a moment to talk about what Remembrance Day is all about and why it is so important.

I was especially touched when my daughter said to me "Daddy I think Remembrance Day is more important than even Christmas"

Lest We Forget

From Rena, Oliver, Rufina, Isla and myself have a safe and happy holiday season, lots of love

Please contact me anytime
Email: Brendan@brendanmaguire.ca

Office number: (902) 444 0147
Cell: (902) 499 5500

or add me to Facebook
Brendan Maguire

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The Legion thanks you



The Earl Francis Spryfield Memorial Legion, Branch 152, sends it thanks to the Spryfield community and surrounding areas for their generous donations to this year's Poppy Campaign.

Despite restrictions brought on by COVID-19 concerns, the citizens, businesses, schools, and associations in the area responded well and this year's campaign was quite successful.

As previously noted, money raised during each campaign is held in trust and is used primarily to assist veterans, their families, and descendants.

Branch 152 commends the community for its ongoing support of the Poppy Campaign.

The Jason Doherty Memorial COMMUNITY EVENTS PAGE



To have your Community Event listed call or fax us at 477-NEWS or send e-mail to chebuctoeditor@gmail.com. Check our Facebook page for updates & late arrivals

COMMUNITY EVENTS FOR DECEMBER Food Banks:

- Emmanuel Anglican Church (322 Herring Cove Rd)

The Food bank will be open as usual, except there will be no pick up December 24 or 31. If you would like a food hamper, please call 902-477-1954 by Wednesday for a pick up Thursday morning. If you would like a Christmas hamper, please leave a message with your phone number. Hampers can be picked up on the 17th. Please respect our volunteers by wearing a mask and maintaining physical distancing.

- St. Paul's Family Resource Institute (173 Old Sambro Rd). Food Bank clients call the Food Bank line, 902-477-5090, on Monday and leave a message. Those messages are answered on Tuesday and then the food orders are filled

Free meals for those in need:

- Salvation Army offers take out breakfast
- St. Paul's Family Resource Institute (173 Old Sambro Rd) Our Tuesday lunch program, Soup's On, is still operational but as takeout only

Chebucto Family Centre (3 Sylvia Ave) events:

- Wednesday December 16th: take-out turkey dinner. Pre-registration is re-

quired, Call 902-479-3031 Ext 302 to be put on the list and receive a pickup time.

- Coffee 2 Go, Monday December 14th 10am-12pm. No registration required.
- Lunch 2 Go, a free take away lunch, on December 2nd and 9th - No registration required
- We will be closed for the holidays starting December 23rd and reopening Monday, January 4th.

Spryfield Lions Club events:

Regularly scheduled meetings on the 2nd and fourth Tuesday evenings, 7 pm at the Lions Rink Den. We are encouraging anyone who might be interested in attending to call ahead so we can ensure COVID health code regulations are met - 902-479-2917. We will also be starting up our bingos in the future but need more time to work out details. We want to thank the community for their support and wish everyone the best of health.

City Church (276 Herring Cove Road) events:

- City Church Telephone #: 902-479-248 c.citychurch@ns.sympatico.ca www.citychurchhalifax.ca
- City Church Christian Radio Station Life 94.7 FM

Emmanuel Anglican Church Hall (322 Herring Cove Rd.) events:

Emmanuel Anglican Church (322 Herring Cove Rd.) Emmanuel Church has suspended in person services until further notice, in compliance with government directives and to keep everyone safe. We will be live-streaming our worship at 10:00 am every Sunday and the service can be found on our Facebook page or our website. Please check those sites for news of when we will be re-opening.

Compassion and Hope service will be livestreamed on Sunday, December 20, at 7:00 pm.

Christmas Eve we will livestream The Christmas Story and Blessing of the Creche and also our usual Christmas Eve service, time TBA.

We are an affirming church. Everyone is welcome to our worship. However, we are following Covid protocols, so please wear a mask, maintain distancing, wash your hands, and, of course, if you are sick, please stay home. We are livestreaming our 10:00am worship on our Facebook page and website.

Open Door Community Church (11 Aldergrove Drive) Church services - Sunday 10:30 - 11:30 AM.

Due to updated mandates, we are

- Emmanuel Food Bank is open. Please call 902-477-1954 to reserve a food box. Pick up is Thursday mornings, 9:30-10:30 only.
- We are cautiously resuming activities, with Covid protocols in place. Everything is subject to change without notice so please call or email to confirm or check our webpage for updates.

Our website: emmanuelanglicanchurch.net

Salvation Army (328 Herring Cove Rd) Events:

- Breakfast to-go bags: 9:30-10:30am Monday to Friday
- Family Services by phone call 902-477-5393 ext 0.
- Immigration Support by limited appointments call 902-477-5393 ext. 226
- Our hours are reduced from 9:30-12:00pm

St. Paul's United Church (173 Old Sambro Road) Events:

With Covid, the church is largely closed but Kristen Hollery, our Community Ministry Director will be on site on Wednesdays, Thursdays and on Friday morning and can assist those who rely on the church for clean drinking water. Please note: Turkey dinner scheduled for Dec 5th has been cancelled.

Developmental Pickup Hockey

Looking for players 40+ years old. Spryfield Lions Rink Fridays 12-1pm. Starts Friday, Oct 16. Skills sessions first week, next 3 weeks pickup. We call it Developmental Pickup Hockey. Skills to increase puck time on your stick and improve your game. Pickup at a bit slower pace.

Let me know if you're interested. 902-497-2068 or ronaldbulmer@gmail.com

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work toward the GED in person or from home. The Halifax Community Learning Network is here to help! We offer free adult learning programs in several locations. COVID protocols are in place for your safety. Call 902-422-7648 for more information. Let's get learning together!

South by Day Winter Craft Faire: The Faire, scheduled for December 6, 10-2. has been cancelled.



Chebucto news looks forward to returning to a robust community events page when the current crisis ends. In the meantime, we will endeavour to keep you informed. Check our Facebook page for late arriving events and changes or updates to listed events.

Religious Services Directory for December

****To have your church/synagogue/mosque added to our directory, please contact the editor: chebuctoeditor@gmail.com by December 9 for January's issue****

PLEASE NOTE THAT DUE TO COVID-19, MANY OF THESE SERVICES MAY BE POSTPONED OR CANCELLED.

CALL AHEAD TO CHECK WITH YOUR CHURCH.

St. Augustine's Anglican Church

(2010 Purcell's Cove Rd)
Service of Holy Communion every Sunday at 10 am

City Church (276 Herring Cove Road)

Sunday Prayer Time: 10:00 am;
Sunday Family Service: 10:30 am;
Nursery & Children's Ministry 10:30 am; Wednesday Night Prayer: 7:30 PM

Spryfield Christian Community Church (91 Thornhill Dr)

Church services Sunday 11-12 am

Oromo Gospel Church

Sunday worship service: 3 pm and Tuesday prayer: 10 am.

returning to online services only. Join us weekly at www.opendoorhalifax.ca

St. Paul's United Church (173 Old Sambro Road)

Rev. Anne Hoganson does the church service alone and posts it on our Facebook page. She is available if you wish to speak with her, at 902-237-3318.

We now have a paid Zoom account and members of the congregation will be able to be a bit more involved in the worship service. As had previously happened, the service will be posted on our Facebook page for those who couldn't join the 11:00 am service. If you would like to be part of that service but are not a member of the congregation, or if you are a member but we don't have your email address, please call the church at 902-477-3937 to be added to our list.

Stella Maris Church at St Michael's Catholic Church

All welcome, wherever you are on your faith journey! Saturday 4:00 pm and Sundays 10:30 am. Registration required at www.stellamarishalifax.com and all COVID protocols must be followed.

Salvation Army (328 Herring Cove Rd)

Regular Sunday worship at 11:00am. Preceded by a prayer meeting at 10:30am

The Sambro-Jollimore Pastoral Charge (Parish):

St. James United Church: 3811 Old Sambro Rd, Sambro
Parkhill United Church: 5 Kirk Rd, Jollimore

In-person services are suspended effective November 29. The St. James Sunday Service will be live-streamed at 11:15 am on St. James Facebook Page. Check our website for changes: www.sambrojollimorepc.com

Advent/Christmas Schedule of Services
Advent 1: Nov 29: Hanging of the Greens
Advent 2: Dec 6: Advent White Gift Service
Advent 3: Dec 13: Advent Service of Joy

Advent 4: Dec 20: Advent Communion Service
Christmas Eve: Dec 24: (If permitted) Outside Caroling Service in the Church Parking Lot:

4 pm Parkhill / 6 pm St. James / 7 pm pre-recorded service on St James Facebook

1st after Christmas: Dec 27: Service of Lessons and Carols

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